

EUROPEAN CUP 10,000m

901. PROMOTION AND RIGHTS

- 901.1. The European Athletic Association (hereinafter European Athletics) shall promote a European Cup 10,000m every year.
- 901.2. All rights in and arising from the European Cup 10,000m are the exclusive property of European Athletics. These rights include but are not limited to rights of ownership, marketing, advertising, broadcasting, filming, televising and all or any other means of exploitation. No other entity may exercise any of these rights without the written consent of European Athletics.

902. PROGRAMME, STRUCTURE AND SCORING

- 902.1. The European Cup 10,000m shall be staged on 1 (one) day and in accordance with the applicable Competition, Advertising, Doping and other relevant Rules and Regulations of the International Association of Athletics Federations (IAAF).
- 902.2. The programme shall comprise the following events:

Men: 10,000 m Women: 10,000 m

- 902.3. Depending on the numbers of participants, each event may be divided into 2 (two) or more races considering as much information as possible about the performances of all athletes so that, normally, the best performers compete in the same race. In principle the distribution will be based on the best performances of the athletes since 1 January in the year preceding the date of the competition. Personal best performance and medals achieved at major events can be also considered by the Technical Delegate for the purpose of the distribution per race. The final distribution is under the discretion of the Technical Delegate.
- 902.4. All European Athletics Members Federations in good standing shall be entitled to enter athletes in the European Cup 10,000m.
- 902.5. Athletes entered in the European Cup 10,000m may participate as individuals and as members of teams representing European Athletics Member Federations.
- 902.6. No athlete aged less than 16 (sixteen) years on 31 December of the year of the competition may participate in the European Cup 10,000m.

TEAM ENTRIES AND SCORING

- 902.7. Each European Athletics Member Federation may enter 1 (one) team comprising a maximum of 6 (six) athletes in each event provided that each athlete has achieved the relevant qualifying standard (see 908.1.3).
 - In case a Member Federation participates with two athletes who have achieved the entry standard a third athlete may be allowed to take part without entry standard in order to complete a scoring team of 3.
- 902.8. The Men's and Women's events shall be scored separately.



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- 902.9. Each team's score shall be determined by the aggregate of the 3 (three) fastest times achieved by its athletes.
- 902.10. A team with fewer than 3 (three) finishing athletes shall not be counted in the teams' classification.
- 902.11. Teams shall be classified according to their scores, the team in each event having the lowest score being the winner, and so on.
- 902.12. A tie shall be decided in favour of the team whose last scoring athlete achieves the faster time.

INDIVIDUAL ENTRIES AND CLASSIFICATION

- 902.13. Each European Athletics Member Federation not entering a team in an event may enter athletes to participate as individuals provided that each athlete has achieved the relevant entry standard (see 908.1.3).
- 902.14. European Athletics Member Federations which have no athletes with entry standards may enter 1 (one) athlete in each event, even if he/she has not fulfilled the entry standards, provided that such European Athletics Member Federation has participated in the last edition of the European Athletics Team Championships.
- 902.15. A separate classification of all runners in each event shall be compiled and shall be a combined classification of all runners in each race (see 902.3).
- 902.16. The first three placed athletes (men & women) of the European Cup 10,000m will have the right to be entered in the next edition of the European Athletics Championships even if the entry standard was not achieved. The entry of such athlete will be up to his/her National Federation.

903. ENTRIES AND CONFIRMATION

- 903.1. Each European Athletics Member Federation may enter one team or, alternatively, individuals in each event.
- 903.2.1. No athlete may take part in the European Cup 10,000m unless entered by the European Athletics Member Federation which he/she is eligible to represent in accordance with the IAAF Rules
- 903.3. Preliminary Entries: Not later than 3 (three) months before the date of the European Cup 10,000m, each European Athletics Member Federation shall send to European Athletics (usually via the teams' on-line entry system) a preliminary list of entries, indicating its anticipated numbers of athletes per race and the numbers of accompanying officials.
- 903.4. Final Entries: Not later than 10 (ten) days before the date of the European Cup 10,000m, each European Athletics Member Federation shall send to European Athletics a final list of its entries, plus the names of accompanying officials. No subsequent changes may be made thereto without the consent of the European Athletics. Final Entry information shall be supplied in the manner to be prescribed by European Athletics (usually via the teams' on-line entry system) and shall include such details as required by European Athletics, including the names and best performances of each athlete.



903.5. Final Declarations: Confirmation of Final Entries and the Final Declaration of athletes to compete shall be made according to the procedures defined in the Team Manual.

904. APPLICATIONS TO STAGE THE EUROPEAN CUP 10,000m

904.1. Any European Athletics Member Federation may apply to stage the European Cup 10,000m provided that the proposed venue and city comply with the criteria established by European Athletics.

Prior to making the formal application, each potential bidder shall participate in the long term planning by indicating the interest in the annual questionnaire signed by the Member Federation President & General Secretary

European Athletics shall be entitled not to accept any unrealistic announcement or if it was not indicated in the long term planning questionnaire.

- 904.2. Each applicant shall complete the European Athletics official application forms and supply such information and undertakings as European Athletics shall require. The applications shall be completed in English and any application that is not fully and properly completed may be regarded as invalid.
- 904.3. The European Athletics Council shall announce the time- and deadlines for applications and these shall normally include:
 - i. Indication of interest in questionnaire of long term planning by 30 November, 3 (three) years before the year of the European Cup 10,000m which is the deadline to be considered as a candidate for bidding.
 - ii. Confirmation of candidature, with the name of the bid city, to be made by 30 September, 2 (two) years before the year of the European Cup 10,000m. The candidature form must be signed by the Member Federation and City.
 - iii. Formal application to be submitted within 2 (two) months of ii.
 - iv. Decision of the European Athletics Council within 6 (six) months of ii.
- 904.4. The written undertakings required to be submitted with the application shall normally include:
 - i. The bidding European Athletics Member Federation's undertaking to respect the applicable Rules and Regulations of the IAAF, European Athletics and other competent authorities and to enter into an organising contract with European Athletics.
 - ii. A guarantee(s) from the owner(s) that all official sites used for the event, including the stadium shall be free of all commercial and non commercial advertising, identifications and/or franchises.
 - iii. A letter of intent by a television broadcaster of the bidders' country to act as host broadcaster in accordance with the requirements of European Athletics.
 - iv. The undertakings in writing of relevant national, regional and other authorities that they support the application.
 - v. A detailed budget of income and expenditure for the event.



904.5. The European Athletics Council shall be entitled to amend or vary the above procedures if it is of the opinion that it is in the interests of the European Cup 10,000m.

905. TECHNICAL REQUIREMENTS OF THE VENUE

905.1. The European Cup 10,000m shall be staged in a stadium and city which are appropriate to the event. European Athletics may establish criteria by which the suitability of a proposed venue may be decided. The city shall be of an appropriate size and standing and the stadium shall have acceptable facilities and be fully equipped in conformity with the respective IAAF rules.

906. DOPING CONTROL

906.1. Doping control shall be conducted in accordance with the respective IAAF Rules and Guidelines and shall be carried out under the supervision of the European Athletics Doping Control Delegate.

907. THE ORGANISING CONTRACT

907.1 Immediately after the decision of the European Athletics Council to appoint an organiser, the appointed European Athletics Member Federation and city shall enter into an organising contract with European Athletics, such contract to establish the respective rights and obligations of the parties in relation to the European Cup 10,000m.

908. THE RIGHTS AND DUTIES OF THE EUROPEAN ATHLETICS

- 908.1. Notwithstanding the organising contract, European Athletics shall retain the overall care and responsibility of the European Cup 10,000m. In exercise of this role, the European Athletics Council shall:
- 908.1.1. Decide the dates, venue and the organiser.
- 908.1.2. Appoint Delegates and other persons (see 911.3).
- 908.1.3. Set qualifying standards for entry to the European Cup 10,000m. Such standards shall normally be established not later than 30 April in the year preceding that in which the respective European Cup 10,000m will be held, as follows:
- 908.1.3.1. The qualifying times shall be those equal to the 100th (one hundredth) in the European best lists in 10,000m, 5000m, 3000m Steeplechase, 10km, half marathon and marathon of the year 3 (three) years preceding that in which the respective European Cup 10,000m will be held and must be achieved in bona fide competition between the 1st January 2 (two) years preceding the year in which the European Cup 10,000m is held and the closing date for Final Entries.
- 908.1.3.2. Alternatively an athlete shall be qualified by having finished in the first 50 (fifty) in any one of the 3 (three) last IAAF World Cross Country Championships held prior to the closing date for Final Entries; or in the first 20 (twenty) in the Senior events of the European Cross Country Championships held in the year preceding the European Cup 10,000m; or in the first 10 (ten) in the Under 23 events of the European Cross Country Championships held in the year preceding the European Cup 10,000m.



- 908.1.4. The European Athletics Council shall be entitled to vary the qualifying conditions if it is the interests of the European Cup 10,000m so to do.
- 908.1.5. Approve the procedure for deciding the timetable of events.
- 908.1.6. Provide pacemakers in consultation with the Technical Delegate and the organiser of the European Cup 10,000m (at least 2 per each race).

909. THE RESPONSIBILITIES OF THE ORGANISER

909.1. The organiser shall be responsible for organising and staging the European Cup 10,000m in accordance with the organising contract and in compliance with the Rules and Regulations and directions of European Athletics.

910. FINANCIAL REGULATIONS

The Organiser

- 910.1. The financial rights and obligations of the organiser shall be set out in the organising contract. Subject thereto, the organiser shall be responsible for all costs of organising and staging the European Cup 10,000m but may retain the income from the sale of admission tickets, approved television and marketing rights, subventions and grants from national and/or local authorities.
- 910.2. For the avoidance of doubt, the organiser shall be responsible for the costs of the following persons:

Delegates appointed by European Athletics (see 911.3) (except for the Council Delegate); travel, accommodation and board at the event and accommodation and board at the site visits.

Staff and representatives of European Athletics specialist contractors and sponsors; according to the respective contracts.

European Athletics

- 910.3. European Athletics shall not be responsible for any costs other than those referred to in these regulations and/or the organising contract.
- 910.4. European Athletics may pay to the organiser a contribution to the costs of not more than 2 (two) days' accommodation and board of participating athletes (limited to a maximum of 3 (three) men and 3 (three) women per participating European Athletics Member Federation. No contribution shall be made in respect of athletes representing the host European Athletics Member Federation.
- 910.5. European Athletics shall be responsible for all direct laboratory costs connected with the doping control including laboratory costs but excluding tests specifically requested by Member Federations.
- 910.6. European Athletics shall be responsible for the travelling costs of Delegates appointed by European Athletics at the sites visits prior to the event and staff members travelling costs, accommodation and board when visiting the venue.



The Participating European Athletics Member Federations

- 910.7. European Athletics Member Federations shall be responsible for all costs (including travelling to and from the venue) incurred as a result of their participation in the European Cup 10,000m which exceed any contributions made by or through European Athletics in accordance with 910.4 above.
- 910.8. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.
- 910.9. European Athletics Member Federations are responsible for taking out their own insurance to cover illness or injury to any member of their party when travelling to and from and during the European Cup 10,000m.
- 910.10. Any European Athletics Member Federation which, having agreed to participate with a team or individuals, withdraws and does not inform European Athletics and the organiser at least 30 (thirty) days before the first day of the European Cup 10,000, shall pay to European Athletics as compensation for irrecoverable costs 10,000 (ten thousand) Swiss Francs in respect of each team so withdrawn or may be invoiced the no show hotel cost according to the preliminary entries. European Athletics remits this amount to the organiser.

911. THE EUROPEAN ATHLETICS OFFICIATING PERSONS

- 911.1. The President and Director General of European Athletics or their representative(s) shall have the overall responsibility for the care and supervision of the European Cup 10,000m.
- 911.2. European Athletics shall designate a member of its professional staff to be the Project Leader having the responsibility to coordinate the European Athletics Officiating Persons and other staff members and to direct the operational management of the event in cooperation with the organiser.
- 911.3. The European Athletics Council shall appoint the following Delegates and other persons to provide specialist advice and guidance to the organiser:
 - 1 Council Delegate;
 - 1 Technical Delegate;
 - 1 Doping Control Delegate;
 - 3 Jury of Appeal Members, together with a fourth replacement, to be appointed at the Technical Meeting.
- 911.4. As soon as possible after the decision to appoint an organiser European Athletics shall inform the organiser as to the names and roles of the European Athletics Officiating Persons and the organiser shall cooperate with and follow the reasonable and proper directions of such persons.

912. PROTOCOL, CEREMONIES, AWARDS

912.1. All matters concerning protocol, ceremonies, awards and related matters shall be decided by European Athletics which may, from time to time, establish guidelines.



Opening and Closing Ceremonies:

912.2. Subject to 912.1, the organiser shall propose opening and closing ceremonies of styles and content appropriate to the venue. These may include ceremonies and/or celebrations held either inside or outside the competition venue. Such proposals shall be subject to the approval of European Athletics and shall be appropriate to a European Cup 10,000m.

912.3. Victory Ceremonies:

- 912.3.1. The individual winner, second placed and third placed in each event shall each receive a medal to be provided by the organiser.
- 912.3.2. The winning team in each event shall receive and retain a trophy to be provided by European Athletics. The second and third teams shall each receive a plaque to be provided by European Athletics.
- 912.3.3. For the winning, second and third teams, the scoring members as well as non scoring members who completed the race shall receive medals to be provided by the organiser.
- 912.3.4. During the ceremony, the national anthem of the winner's country shall be played.
- 912.3.5. During the ceremony, the athletes must wear their official team uniforms.

Commemorative Souvenirs:

912.4. The organiser shall present all participating athletes and officials with a suitable commemorative souvenir.

913. INFORMATION, NAMES AND ABBREVIATIONS

- 913.1. All information shall be printed, displayed or announced in English.
- 913.2. The names and abbreviations of all European Athletics Member Federations shall, at all times, conform to those approved and decided by the IAAF.

914. FINAL PROVISIONS

- 914.1. All matters not provided for by these Regulations shall be decided by the European Athletics Council.
- 914.2. These Regulations are drawn up in English.
- 914.3. These Regulations may be amended by the European Athletics Council.