

## Mountain Biking in Muskoka - Trail Kit

When you're out riding the trails, often the last thing that crosses your mind is "what if I had a mechanical failure that left me with no bike to ride," or even, "what if it takes me longer to complete my ride and it gets dark." Often the secret to a successful ride is being able to return in one piece, with a working bike.

A few simple things like having water on hand and a small repair kit could go a long way to insuring your safe return from an adventure. Many people come to ride in Muskoka and Algonquin Park because they want to get away from civilization. Often they don't realize how rough the trails can be and that even a half-hour ride can put you further away from people than any place else. You need to think about all the "What if..." situations.

## Mountain biking trails in Muskoka:

- Algonquin Park Minnesing Mountain Bike Trail
- Algonquin Park Old Railway Bike Trail
- Buck Wallow Mountain Bike Trail (Map)
- Hardwood Hills Mountain Bike Trail
- Porcupine Ridge Mountain Bike Trail
- Sir Sam's downhill park





## Mountain Bike Trail Kit

- □ Water bottles / Camelbak (Hydration, 1-3 litres)
- granola or energy bars
- □ <u>Multi-tool</u>
- Bike tire pump
- tire levers
- □ Spare tube
- □ Small first aid kit
- 🗆 trail map
- □ <u>Head lamp</u>, if you're going to be out on the trail late