





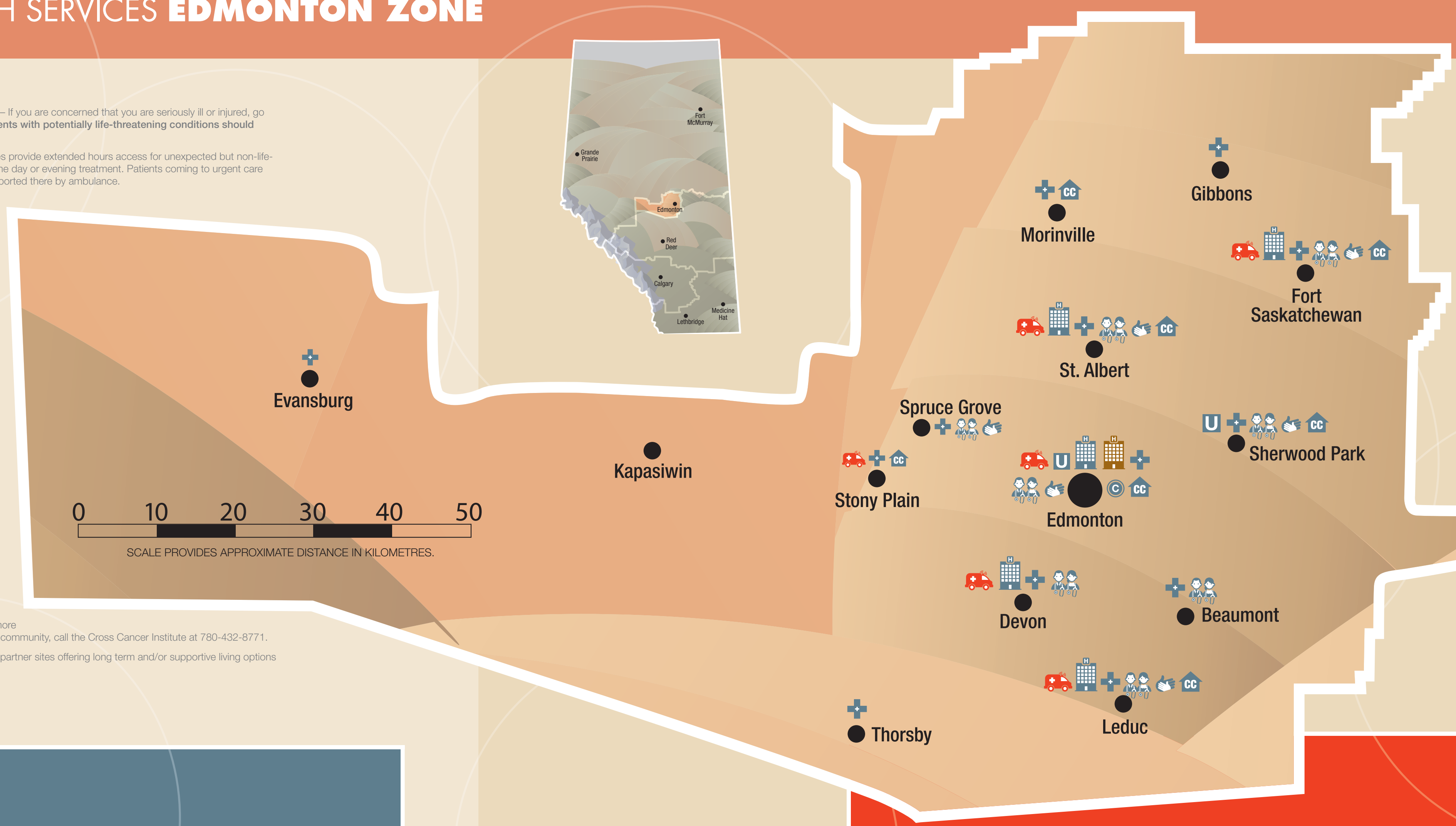




# ALBERTA HEALTH SERVICES EDMONTON ZONE

## LEGEND OF SERVICES

-  **Emergency Departments.** 24-hour care – If you are concerned that you are seriously ill or injured, go to the nearest emergency department. **Patients with potentially life-threatening conditions should immediately phone 911.**
- U** **Urgent Care Centres.** Urgent care centres provide extended hours access for unexpected but non-life-threatening health concerns that require same day or evening treatment. Patients coming to urgent care centres may arrive on their own, or be transported there by ambulance.
-  **Hospitals.** These are AHS and AHS partner facilities for treating urgent, complex or other health needs on an inpatient basis. Some sites may provide hospital care, continuing care or community health care from one site, called a Health Centre. (Partner facilities are denoted in **brown**.)
- +** **Community and Public Health Services.** These facilities provide a wide range of health services which may include prenatal, postpartum, health promotion/disease and injury prevention, bereavement services, communicable disease and school health, and many other community care, public health and wellness programs.
-  **Primary Care Networks.** Many family physicians in Alberta are part of a Primary Care Network (PCN) – a group of family doctors working together with a team of other health professionals such as nurses, dietitians and pharmacists to provide care to a defined group of patients.
-  **Addiction and/or Mental Health Services.** These facilities and programs are for the treatment and care of people with mental health or addiction challenges.
-  **Cancer Care Centres.** AHS offers a variety of programs, services and facilities that work with those affected by cancer, as well as provide programs to help Albertans reduce their risk of developing cancer. For more information on the services available in your community, call the Cross Cancer Institute at 780-432-8771.
-  **Continuing Care.** These are AHS or AHS partner sites offering long term and/or supportive living options in this community.



## OTHER HEALTH CARE OPTIONS

-  **Health Link Alberta.** A free, round-the-clock, telephone advice and health information service. Toll free: 1-866-408-LINK (5465).
-  **Family Doctors.** Your best option for medical care and continuity. They can diagnose and treat most medical issues, provide periodic health exams, supervise chronic illness and mental health issues, provide referrals to other medical consultants and specialists, if needed.  
Find a Family Doctor in Greater Edmonton Area: [www.edmontonareadocs.ca](http://www.edmontonareadocs.ca)
-  **Walk-In Clinics.** If you don't have a family doctor, some communities have walk-in clinics that often don't require an appointment. Walk-in clinics are staffed by family physicians. Many have extended hours into evenings and weekends, providing another option for after-hours care.
-  **Pharmacists.** Offer a wide range of services that can help you and your family maintain good health and avoid emergency situations.
-  **Specialized Programs and Services.** There are many other health care programs and services available for various health care needs, such as public and community health centres, cancer clinics, physiotherapy, and more. You can call Health Link at 1-866-408-LINK (5465) or your local community health centre to find out what's available in your area.
-  **X-ray and Diagnostic Imaging Clinics.** You may be sent to have procedures such as X-rays, MRIs and other types of scans done.
-  **Labs.** Labs are facilities where you may be sent to have blood, urine or other samples taken.
-  **MyHealth.Alberta.ca.** You can go to this single website for trustworthy health information and useful health tools.

## CONTINUING CARE

Continuing Care provides a range of health services to support the health and wellness of individuals, including home care, supportive living and long-term care. Access to continuing care services is available through Home Care Programs within communities. Our goal is to support seniors and adults with disabilities to remain in their own homes and communities for as long as their abilities allow. AHS is working to provide a variety of living options with different levels of health support to ensure that care is received in the right place, at the right time. To find out more about the options available in your community, call your local Home Care office or visit [www.albertahealthservices.ca/5198.asp](http://www.albertahealthservices.ca/5198.asp)



If you are experiencing a life-threatening emergency, **call 911** or go immediately to the nearest emergency department.

## HEALTH ADVISORY COUNCILS

Health Advisory Councils (HACs) are focused on one thing: listening to your thoughts and ideas on health care in Alberta. The Greater Edmonton Health Advisory Council is located in the Edmonton Zone. The council's role is to act as a channel for information and feedback, and provide advice to Alberta Health Services. For more information about the councils, please visit [www.albertahealthservices.ca/hac.asp](http://www.albertahealthservices.ca/hac.asp)

## FOUNDATIONS

Local health foundations and health care auxiliaries work in your communities, raising funds to improve health care delivery where you live. To support your local foundation, call **403-943-2949**, or visit [www.albertahealthservices.ca/give](http://www.albertahealthservices.ca/give)