## Bahrain

Total population: 1318000
Income Group: High

## Age-standardized death rates*



Percentage of population living in urban areas: 88.7\%
Population proportion between ages 30 and 70 years: $49.1 \%$
Proportional mortality (\% of total deaths, all ages, both sexes)*


Total deaths: 2,800
NCDs are estimated to account for $78 \%$ of total deaths.

## Premature mortality due to NCDs*

The probability of dying between ages 30 and 70 years from the 4 main NCDs is $13 \%$.


| Adult risk factors |  |  |  |
| :--- | :---: | :---: | :---: |
|  | males | females | total |
| Current tobacco smoking (2011) | $35 \%$ | $8 \%$ | $25 \%$ |
| Total alcohol per capita consumption, in litres of pure alcohol (2010) | 2.7 | 1.0 | 2.1 |
| Raised blood pressure (2008) | $29.1 \%$ | $26.6 \%$ | $28.1 \%$ |
| Obesity (2008) | $29.5 \%$ | $38.0 \%$ | $32.9 \%$ |


| National systems response to NCDs |  |
| :--- | :--- |
| Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent | Yes |
| Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors | Yes |
| Has an operational policy, strategy or action plan to reduce the harmful use of alcohol | Yes |
| Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity | Yes |
| Has an operational policy, strategy or action plan to reduce the burden of tobacco use | Yes |
| Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets | Yes |
| Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach | No |
| Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets | No |
| Has a national, population-based cancer registry |  |

* The mortality estimates for this country have a high degree of uncertainty because they are not based
on any national NCD mortality data (see Explanatory Notes).

