

Trischa Zorn-Hudson
Most Decorated Paralympic Athlete
41 Gold, 9 Silver, and 5 Bronze Medals



Trischa Zorn-Hudson (born June 1, 1964) is a Paralympic medallist in swimming. She competed in seven Paralympic Games beginning in 1980 in Amsterdam, Holland through 2004 in Athens, Greece. Zorn-Hudson is the Most Decorated Athlete and holds multiple world records. She is a 2001 and 2003 World Champion, and competed on the Paralympic national swimming team for twenty years. Trischa qualified for three Olympic Swimming Trials and missing the 1980 Olympic Team by 1/100th in the 200m Backstroke. Trischa graduated from the University of Nebraska-Lincoln in 1987 with a B.S. in Education/Special Education. While at Nebraska, Trischa was on a Full Athletic Scholarship and was a four-time All American. Further, Trischa was named to the Big Eight All Academic Teams for three years. Trischa also has a Master's Degree in School Administration from Indiana University.

Trischa was a teacher for ten years in the Indianapolis Public Schools teaching Science and Social Studies. In 2002, she attended Indiana University School of Law-Indianapolis and Graduated in 2005. Currently she works as an Attorney for an Indianapolis Insurance Company.

Trischa has continued to be involved with competitive swimming by coaching the boys and girls high school swim teams at Noblesville High School in Noblesville, Indiana for the last five years.

Trischa is the Paralympic Summer Athlete Representative and serves on the Leadership team for the US Olympic Committee Athlete Advisory Council. She also volunteers and is a member of the Board of Directors for the United States Association for Blind Athletes, which bring sport and opportunities to the lives of blind and visually impaired individuals around the country. Further, Trischa serves as a member of the Board of Directors for the Cornea Research Foundation of America. In 2004, Trischa underwent eye surgery and was part of an FDA study. Trischa was the first recipient to receive artificial irises in both eyes for her eye condition Aniridia (lack of iris in both eyes).

As a motivational speaker Trischa has spoken at numerous corporations including The Hartford Insurance Company, Indiana University Foundation, and the Nebraska Alumni Association.

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