

EDITION 25, TERM 3, 2010

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northerlyaspects

CELEBRATING GEELONG'S NORTHERN SUBURBS

CORIO | CLOVERDALE | NORLANE | NORTH SHORE | ROSEWALL

SUSTAINABILITY & ENVIRONMENT

Local projects, ideas

GREEN IT GROW IT

Centres lead the way: Page 3

PLANT CHAMP

Wilma shares her passion: Page 5

YOUNG GARDENERS

Hands-on learning: Page 16

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IMPORTANT NUMBERS

Emergency (police, fire, ambulance) 000
Lifeline 13 11 14
Barwon Family Violence After Hours 1800 662 673
Kids Helpline 1800 551 800
Victorian Poisons Information Centre 13 11 26
Road Safety Hotline 5225 3297

Our cover: Corio resident Wilma Trew has discovered the magic of indigenous plants and wants to share it with her entire 3214 neighbourhood. Read about Wilma on PAGE 5.



EDITOR'S LETTER

Welcome to the Term Three edition of Northerly Aspects, where the editorial focus is on Sustainability and Environment.

In this edition you'll read about some of the people and programs in your area whose aim is to encourage everyone to take better care of the planet and in practical ways improve their own lives.

From gardening to activities for schools, exercise to volunteer opportunities, we hope you will find something happening that helps you connect with your neighbourhood. Your local community or neighbourhood centre is an ideal first point of contact for a wide range of activities – and a great place to meet your neighbours.

Jeanette Watt
Editor
On behalf of the editorial committee



LEN'S QUOTE

"True friends are like diamonds – they should be treasured."

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale and Rosewall neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.



SUSTAINABLE GARDENING IN CORIO

Green It Grow It is a partnership project between Cloverdale Community Centre and Rosewall Neighbourhood Centre with funding from the Sustainability Fund (Department of Sustainability and Environment).

The project aims to harvest, re-use and recycle the water collected from the two neighbourhood houses to create productive food precincts; provide opportunities for local residents to learn about sustainability, edible and water wise gardening, and become more resilient and self sufficient as a response to climate change and food security issues.

The two neighbourhood houses are working on developing designs for their gardens to provide greater food growing diversity in the Corio area. Rosewall's focus will be on producing food for their community café and cooking programs, developing an orchard and running food and garden based activities during the school holidays.

Cloverdale is adopting an experimental approach by making the nature strip and surrounding open space productive, providing raised beds for people with disabilities and developing bush tucker and habitat gardens.

Andrew Lucas from Transition Consulting is helping develop the site concepts and plans for the two houses

so that the centres develop gardens and infrastructure that are sustainable and appropriate.

Green It Grow It is managed by a Steering Group which is open to community members who are passionate about sustainability, community gardens, local food production and community development.

To find out more contact Bev at Rosewall on 5275-7409 or Sue at Cloverdale on 5275-4415.

Bev and Sue hope to have a Green It Grow It blog up soon, so stay tuned.



Green it. Grow it.

Sustainability Fund Managed by Sustainability Victoria



UPCOMING EVENTS | WHAT'S ON

Date	Event Name	Location	Time	Contact
Saturday, July 10	Noise Scavengers	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	TBA	5275-4415
Wednesday, July 21	Girls Express – after school hours activity for girls aged 10 to 14.	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	4-6pm	5275-4415
Monday, July 26	Committee of Management meeting	Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.	5.30pm	5275-7409
Wednesdays, July 28 and August 4 and 11.	Girls Express – after school hours activity for girls aged 10 to 14.	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	4-6pm	5275-4415
Thursday, August 12.	Gourmet Sandwiches and Coffee. Cost \$3.50.	Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.		5275-7409
Wednesday, August 18	Girls Express – after school hours activity for girls aged 10 to 14.	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	4-6pm	5275-4415
Monday, August 23	Committee of Management meeting	Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.	5.30pm	5275-7409
Wednesday, August 25	Girls Express – after school hours activity for girls aged 10 to 14.	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	4-6pm	5275-4415
Friday, August 27	Community Lunch. Cost \$5. Bookings essential.	Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.		5275-7409
September 1-8	Adults Learners Week	Activities at Cloverdale Community Centre, 167-169 Purnell Road, Corio; and Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.		5275-4415 (Cloverdale) 5275-7409 (Rosewall)
Wednesdays, September 1 and 8.	Girls Express – after school hours activity for girls aged 10 to 14.	Cloverdale Community Centre, 167-169 Purnell Road, Corio.	4-6pm	5275-4415
Monday, September 27	Committee of Management meeting	Rosewall Neighbourhood Centre, 36 Sharland Road, Corio.	5.30pm	5275-7409

LOOKING AHEAD

The next edition of Northerly Aspects will be distributed in September and will include the usual guide to what's happening in Geelong's northern suburbs, plus articles about people, activities and events in the area.

The theme for the next edition will be Learning for Life. We'll bring you articles about people and places, plus information about you can pick up some new skills or resume your education.

If you have any ideas for articles, you are invited to contact Northerly Aspects editor Jeanette Watt at Cloverdale Community Centre, phone 5275-4415 or 0409-368-576 or email info@northerlyaspects.org.au.

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WILMA'S GREEN CONNECTION

Wilma Trew has discovered the magic of indigenous plants – and she wants to share it with each of her neighbours in the 3214 postcode area.

Wilma has lived in the Corio-Norlane area since 1991, moving to her current address in 2007. It was then she read in *Northerly Aspects* about an event that, she says, changed her life.

Limeburners Link, an initiative of Greening Australia, Shell and the City of Greater Geelong, was advertising one of its regular activities. Wilma went along, then attended training days where she found her way onto the group's mailing list.

Wilma said Limeburners Link, as well as planting "thousands" of trees, provides community education about indigenous plants. It ignited in Wilma a desire for more knowledge and she later completed a Certificate I in Conservation Land Management.

"The Limeburners Link project came along at a time when I was looking to make a connection with my local community," Wilma said. "It has been the greatest source for my incidental learning."

After a lifetime of nurturing gardens and growing trees, Wilma said connecting with Limeburners Link had given her a new focus. She now volunteers with various groups several days each week, working on projects ranging from the You Yangs to the Point Henry Greening Australia Alcoa project.

A personal project is care of the Corio Community Park, where she discovered the impact of removing weeds in helping indigenous plants thrive. Wilma consults with City of Greater Geelong staff about her work in the park, which also includes planting indigenous groundcovers.



Having discovered a passion for indigenous plants, Wilma is keen to spread the word. She is also a woman of action and now propagates plants by the thousand to give away to other local residents. Visitors to Cloverdale Community Centre activities including the bush dance and Plant Meet and Eat received gifts of Wilma's plants.

"I figured that if I start giving plants to people in 3214 they would be revegetating for me," Wilma said. "If I have the time to do the propagating, I have all of 3214 at my disposal."

"Now I have a strong connection with what I want to do and I have the organisations backing me. Being involved in these projects is so rewarding if, like me, you have a gardening interest and want to know more."

- For more information about Limeburners Link call Danny Reddan on 0409-424-128.
- For information about the Alcoa/ Greening Australia unit contact Lyn Willcock by email, lwillcock@gavic.org.au.



PROBUS OFFERS SOCIAL HUB

Retired and semi-retired people looking for a social outlet are invited to join the Geelong Northern Combined Probus Club. The club meets monthly to socialise and hear guest speakers, with other chances to get together in general interest groups and enjoy outings.

Member Jake Postuma said the Probus club was started about eight years ago to give people in the area a place to meet and enjoy activities. Meetings are held on the third Tuesday of each month, from 10am until noon.

The gatherings include a normal business meeting, followed by morning tea, then a guest speaker. Other groups meet during the month for craft

activities, walks at various locations around Geelong and theatre outings. The club also organises bus trips to places of interest.

Jake said members could be involved in activities as much or as little as they wanted.

He said there was no age limit to membership and the group was always aware of the need to keep costs down. The joining fee is \$20 and the yearly membership fee is \$25. Members also pay \$1 a week to meet the cost of tea and coffee.

Jake said the club was a great place to make new friends and enjoy outings. He said transport could be organised

for people who find it hard to get to meetings.

The Geelong Northern Combined Probus Club meets at the Norlane Fire Station and the next meeting is on Tuesday, July 20. For information about joining, call Max O'Brien on 5278-3244.

The club is also interested in hearing from people who would like to volunteer as a guest speaker.



John Eren MP

State Member for Lara

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john.eren@parliament.vic.gov.au or visit me on Facebook**

RENTERS CAN MAKE A DIFFERENCE

If you live in a rented property you might think there's little you can contribute to earth's sustainability. There is a lot of advice around about installing rainwater tanks, better heating systems and solar panels, but not all renters have landlords willing to spend much money on improving their property's ecological footprint.

Environment Victoria has produced the Victorian Green Renters' Guide, which is full of sustainable living tips that show renters they can make a difference without spending a fortune.

The booklet takes a tour of your home, room by room, to find out what you're doing well and suggest some cheap and easy ways of doing some things better.

It reminds us that the biggest energy users in the home are, easily, heaters and air-conditioners, followed by hot water systems. The biggest water user

in the home is the bathroom, followed by the laundry and garden.

Remember that if you are making changes to your rental property you should talk to the landlord first. Get permission in writing and keep it.

According to the guide, the easiest way to cut your greenhouse gas emissions is to sign up for GreenPower. This means the electricity retailer buys electricity from renewable sources on your behalf and you are supporting the renewable energy industry instead of the coal industry. You can find out more at www.greenpower.gov.au.

Other simple things you can do around the home include:

- Make sure your fridge is away from heat sources like the oven and direct sunlight and that there's a gap for ventilation between the back of the fridge and the wall.

- Make sure the seals on your fridge are working. Replace them if necessary.
- Turn off your TV, DVD players etc at the wall when you're not using them. Appliances on stand-by energy use a lot of energy.
- Use low energy light globes. You don't need your landlord's permission.
- Turn off lights when you're not in the room.
- Use natural light where ever possible.



SAVE WATER AT HOME

A water conservation program to help residents save water inside the home has been extended following a successful trial in Geelong.

WaterSecure Home initially targeted 2,500 households in a 12-month pilot program.

Based on the success of the trial, the program is now open to all residential customers in Barwon Water's service area, including Geelong, Colac, the Surf Coast and the Bellarine Peninsula.

WaterSecure Home participants are visited by a licensed plumber who

conducts an inspection and installs water-saving devices, such as water-efficient showerheads, tap aerators or flow regulators.

"Although water restrictions focus on cutting outdoor water use, there are simple ways residents can make savings inside the home as well," Barwon Water Managing Director Michael Malouf said.

Mr Malouf said the inspection and retrofit could result in significant water and cost savings.

A WaterSecure Home assessment is valued at \$180.

However, Barwon Water is providing a \$100 subsidy for each assessment while residents may also be eligible for a \$50 water audit rebate from the Victorian Government. If this is the case, the assessment will cost residents \$30, which will be added to their next Barwon Water bill.

Pension, Concession and Department of Veteran Affairs cardholders are also eligible for assistance through the Alcoa Water Conservation Fund to cover the customer contribution of \$30.

To book, phone 1300-739-220.



GLENELG AVE ART PROJECT

We have completed many stencils and put together heaps of ideas to go onto the eight bollards which will be set up in the park, outside the community hall.

Volunteers from Baclinks will be helping us and so will some of the residents in Glenelg. We need to give a special thanks to Dorothy, who lets us in and out every second Thursday for Drop In.

The project will be completed soon and a yummy barbecue to celebrate.



Editorial Team

Articles for the Youth pages were put together by Kat, Mary, Abbey, Tenae, Marie and Emily.

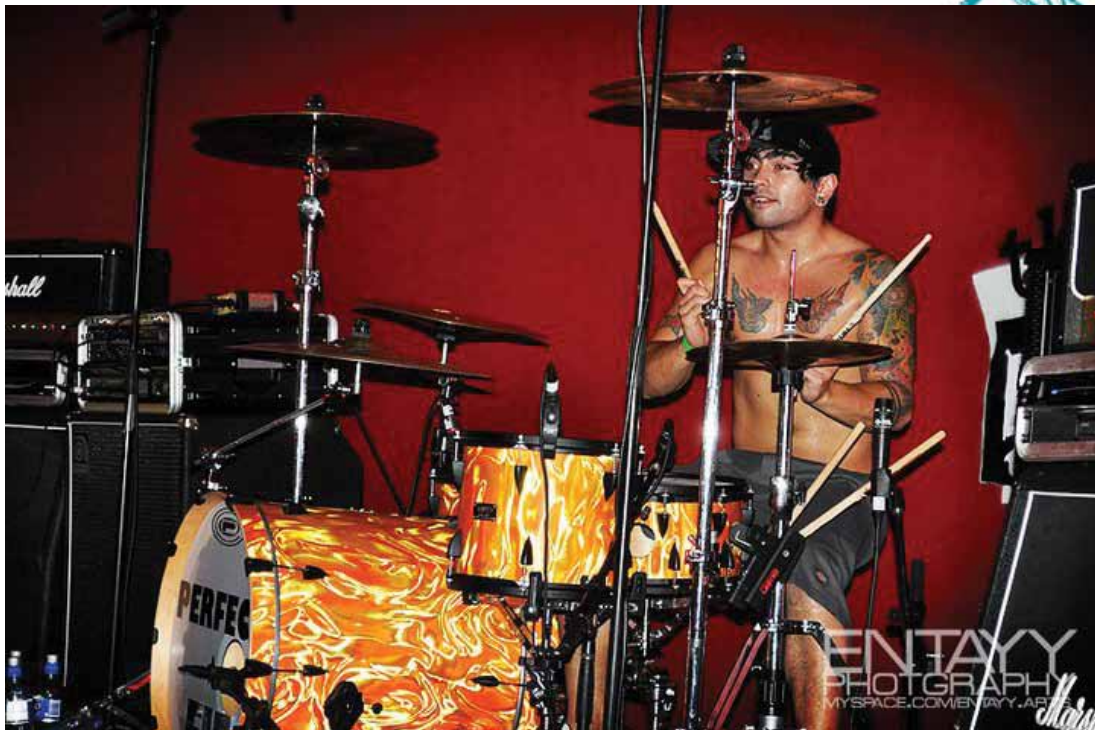


The f0rT (Fun, Opportunity, Recreation Transcend) is near McDonalds and behind KFC, on the corner of St Georges Road and Princes Hwy. We are in the old tourist information centre. The f0rT is a place where young people can enjoy a fun afternoon – playing Wii, games, pool table, table tennis and meet new people and make new friends. The f0rT is for anybody, aged 12-25 who wants to come and hang out in a fun and safe place.

There is heaps to do here and it is a safe place to hang out, there are a lot of nice people and you make lots of new friends, eat snacks too, it's just the BEST!

The f0rT is open from Monday to Friday, 4pm-6pm. Monday – Drop In; Tuesday – Fun fitness and Hip Hop Dance Lessons; Wednesday – Guitar Lessons (must book); Thursday – Music Jam Sessions; Friday – Drop In/Movie Night. We also have music gigs with a whole bunch of different bands, once a month. See our Facebook page.





THE FORT GIG

On May 29, the FoRT youth group had a music gig @The FoRT that we had been planning for about a month prior to the event. The bands that played were Perfect Fit, A Fallen Theory, These Bloodshed Eyes, That's all she wrote, Mind my hostage and Empires Fall. We charged \$10 entry and had a canteen as well. It went really good! And we had around 150 people come through the doors, we had really good feedback from everyone and I think they all enjoyed it. The fort is an old information centre at Stead Park, Corio converted to a youth centre.

Norlane Neighbourhood Watch

The young people at the fOrT would love to say a massive thank you to the members of Norlane Neighbourhood Watch for being so supportive of our new youth centre. On Monday's sometimes Rob pops in and just the other day he came for a visit and donated us a brand new stereo for our centre. We are going to invite all the members over soon for some afternoon tea to say thanks.



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This training is delivered with Victorian and Commonwealth Government funding. More information can be found at www.skills.vic.gov.au



www.creategeelong.com

ON STAGE WITH ABBA

How many primary aged children can say they have worked with and sang along side an international music act? Well 18 children from Corio Primary School can, and what a fantastic performance it was.

On May 20, the internationally acclaimed act ABBA Mania came to Geelong and performed at the prestigious Costa Hall.

ABBA Mania is a spectacular musical event recreating on stage the last ever live concert by the Swedish disco sensation ABBA in 1979. They bring back to life the 70s era with vibrant costumes, extravagant lighting and all the endearing memories of the band that took over the disco world.



Including over two hours of uplifting, dance-inducing hit songs, two of which the children at Corio Primary School sang – Fernando, ABBA's biggest selling single of all time and I Have A Dream.

Just before interval, the 17 girls and one boy, walked out on stage to be greeted with a thunderous applause. Their professional performance was amazing as their voices rang through

the theatre, entertaining the crowd who showed their appreciation by giving the children a standing ovation.

For five weeks, these children worked during their recess and lunchtimes with their Performing Arts teacher, Amanda Baulch, to produce two of the most amazing songs for the night.

A very professional performance from the children, beside an internationally acclaimed group resulted in a night that 18 Year 5/6 children from Corio Primary School will never forget!

Amanda Baulch
Corio Primary School

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SENIOR PATHWAYS TO SUCCESS

Planning for the right match

Careful planning and individual attention are keys to successfully getting people into the workforce – and that’s what MatchWorks aims to provide at its Corio office.

Site manager Fiona McIntyre said the Corio office staff are passionate about helping people living in the 3214 postcode area.

MatchWorks is a Job Services Australia

provider and helps a broad range of people who are looking for work. Clients are referred by Centrelink and work closely with consultants, meeting regularly to monitor progress and set individual goals.

“Every person who comes here is allocated an employment consultant to work with,” Fiona said. “Together they come up with an individual plan to secure ongoing, sustainable employment.”

“The first thing we do with someone looking for work is update their resume,” Fiona said. “They can also use our computers to search for jobs, do photocopying, use the phone to

call employers. We can help with applications, writing covering letters and advice on how to address the selection criteria of a job they may be interested in.”

Fiona said MatchWorks also has some funding available to provide extra training for people looking to enter (or re-enter) the workforce. “We can help people in all sorts of ways to get work, whether it’s uniforms, training or transport,” she said.

In a recent training program, MatchWorks held a week of activities for parents returning to work. The classes included information about what to wear to an interview, what to expect at an interview and also had employers talking about what they are looking for in the people they employ.

MatchWorks consultants also work with employers looking for staff. People who are registered with MatchWorks therefore have the chance of getting work before any vacancies are even advertised.

Fiona said the service at MatchWorks is confidential and includes follow-up contact once clients find work.

“There is a great ripple effect when someone gets a job,” Fiona said. Chances are it will have a huge positive effect for everyone, including the family. Our job is about motivating people to want to work – finding out what interests them and supporting them along the way.”



Matchworks Corio's Chris Bliss and Fiona McIntyre.

EDIBLE NATURE STRIP AT CLOVERDALE COMMUNITY CENTRE

If you're walking along Purnell Road, you may notice that the nature strip outside Cloverdale Community Centre has had a facelift, with borders built and mulch in place. What you may not realise is that the nature strip is an edible garden with potatoes beneath ready to sprout.

This garden bed was built by a team of volunteers from SCOPE and REAP as part of a series of Backyard Blitzes organised by Leisure Networks to support people with a disability to make community connections.

An added bonus of the day was the support and know-how offered by Katie Drummond-Gillett who is currently enrolled in a Masters in Urban Horticulture. Everyone involved learnt a great deal from Katie, who also built

the edible garden at Geelong Botanic Gardens.

Potatoes are a very good crop to improve/loosen the soil, according to Katie. The nature strip was as hard as rock, having had no water – not to mention the weeds. After the potatoes have been harvested, the soil will be more conducive for growing.

Centre manager Sue Hartigan invited the team of workers to return to harvest the potatoes when ready and has suggested a potato, cheese and coleslaw lunch for all. This morning provided another example of how people with a disability can make a huge contribution to our community and what can be achieved through volunteer efforts.

For more information, email sue@leisurenetworks.org or phone 5224-9933.



CHILDREN'S GROUP

Every Monday and Tuesday afternoon a little miracle happens. A group of children meet at Rosewall and Cloverdale Community Centres and for one hour, they shine like brilliant stars.

Children are a community's most precious treasure and without education they cannot achieve their potential.

Schools are good at providing their material education, where they learn to read and write. They learn about the world around them and they learn to use technology and care for our planet.

The classes we hold complement what they learn at home and help with their spiritual education. This helps them

develop a good character and high ideals and teaches them how to bring about harmony, justice and peace in their own neighbourhoods. They learn to be free of prejudice and treat each other with respect.

These classes are based on the teachings of Baha'u'llah, the founder of the Baha'i Faith and focus on the knowledge and love of God, and use stories, games, craft and singing to explain them.

Our community in Rosewall and Cloverdale is multicultural and all faiths and cultures are respected as we believe that all world religions have come from the same source, that is, God - and the purpose is to bring peace to earth,

and unite all mankind, like all the Messengers of God have promised.

The children love coming, the parents are kept informed and are always welcomed and the teachers all have a current Working With Children clearances that comes with a mandatory Police Check.

For more information, call the Rosewall or Cloverdale community centre. You can also find out more at www.bahai.org.au. You and your children are welcome to come along and see for yourself.

Brenda Humphries, teacher.

FUN WAY TO LEARN

Barwon Water Youth Ambassador Kelly Cartwright has launched a new online interactive game, Mission C02.

The game, created by the savewater!® Alliance and Swinburne University, features seven characters known as the "Carbon Tradies", who share tips on saving water and energy in the home and garden, reducing waste and choosing efficient transportation.

Kelly said Mission C02 was a great way for young people to learn about the important issues of water and energy conservation.

"The game makes learning about sustainability fun using a medium that students enjoy and understand," Kelly said.

Mission C02 can be played online at www.missionco2.com.



HELLO FROM ANYA . . .

My name is Anya and I was born in Slovenia, where I trained as a clerk and radio technician. I am mother of two, and proud grandmother of five gorgeous boys and the sixth grandchild on the way.

We migrated to Australia as young adults and I must say it was a culture shock and quite different from Europe. We fell in love with beautiful beaches and laid back life style. We loved travelling, however we stayed longer than we had anticipated.

Now I am studying Diploma of Welfare at the Gordon TAFE, I am doing my work placement at Cloverdale Community Centre. I enjoy meeting interesting people and I can put theory into practice (community development). I am co-

facilitating in setting up groups and I worked with Girls Express, where we did painting. Working closely with Sudanese women's group, it was nice to see these women forming new friendships and learning new skill.

Being migrant myself, I know how hard it can be to start again. I believe that further studies are always a good way of meeting people and helps self development. Community houses are the perfect way of bringing people together from all the walks of life, exchanging different cultures and learning from one another. Respect, love and help are a good ways to live a happy and fulfilling life.

Anya Melnyk
Diploma of Welfare student
Gordon TAFE

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NORTHERN WATER PLANT UPDATE



As part of the Northern Water Plant project's ongoing community engagement program, Barwon Water set up an information kiosk at Corio Shopping Centre.

This followed a request from the project's Community Reference Group, the Corio Norlane Development Advisory Board (CN DAB). The board represents residents, government and non-government organisations, schools and local businesses.

Information including schematic diagrams, the plant design, images from the pilot plant at Oyster Cove and the latest community information bulletin were on display.

Key messages at the kiosk included:

- The Northern Water Plant will treat sewage from homes and businesses in northern Geelong and trade waste from the Shell Geelong Refinery.
- The plant will produce Class A recycled water for re-use by the refinery and irrigation of sporting grounds at nearby Stead Park.
- Barwon Water is taking steps to ensure there is no odour from the plant. This includes enclosing the biological processes and extracting and treating air to remove odour.



Doreen Ryder, Corio Ward Councillor Kylie Fisher and Kerry, with daughter Lily, speak to project manager Peter Stapleton about the Northern Water Plant.

- The plant will save about 2000 million litres of drinking water a year currently used by the refinery. This is equivalent to 5 per cent of Geelong's total current annual water consumption, or water used in 10,000 homes.

Feedback about the project was positive, with the majority of visitors to the kiosk supporting the use of recycled water by industry. Most customers were interested in learning more about the project and any potential benefits it may have for them. Most were pleased that Stead Park would receive recycled water and the condition of the sporting grounds would improve as a result. Construction of the plant is scheduled to begin later this year, with

commissioning of the facility expected to be completed by mid-2012.

The Australian Government has committed \$20 million to the project and the State Government \$9.2 million. Barwon Water will contribute \$16.1 million while Shell will invest \$44.1 million.

For more information, email northernwaterplant@barwonwater.vic.gov.au or telephone 1300 656 007.

DIANA TO THE RESCUE

Norlane's Diana Wheeler knows what it's like to be getting older and struggling to get enough exercise. In addition, the former nurse has osteoarthritis throughout her body and was told by her doctor she would need hip and knee replacements.

Instead of accepting her fate, Diana turned to exercise. And now, with a personal training qualification, she is ready to share her knowledge and experience with others in the 55-plus age group.

"Getting older is no excuse to stopping exercise," Diana said. "Modifications can be tailored to accommodate any body and the chances are, if you're in your late 50s you are not getting enough exercise."

Diana recently qualified with a Certificate III and IV in Fitness, which means she can work in a gym or conduct her own personal training business. With a desire to help others in the Norlane-Corio area, she started Rainbow Rescue, offering personal training and remedial massage for "elderly aches".

Diana said training benefits include muscle strength and endurance, increased co-ordination, balance, joint mobility, flexibility, cardio/respiratory function and bone strength. It can also help reduce blood pressure, body fat levels, anxiety, depression and the risk of disease.

"The physical benefits might take longer as we age, but the benefits do come,"

Diana said. "No excuses, we just use a lower load and intensity."

Diana said she is happy to train people in a one-on-one or group situation. For more information, phone 0421-025-341.



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VEGETABLE GARDEN AT CORIO PRIMARY

Corio Primary School was thrilled to be granted \$6000 by the Go For Your Life - Healthy Start in Schools Grant program. The money has enabled the school community to clear and prepare nine beds for planting seasonal vegetables, herbs and fruit trees.

In April the school invited parents to a special Garden Party to mark the first planting and continue to use the area for special events of interest to their families. On June 24 Bunnings demonstrated the Safe Use of Power Tools and assisted a group of parents to construct a bench seat for the garden area.

The school's Wellbeing team currently uses the garden as a relaxing space for reflection and therapeutic group work. The Garden Club runs on Wednesdays at recess and the children and volunteers get the opportunity to get their hands and knees dirty. They are looking forward to their first harvest and plan to make a Big Soup to share.

Also, an in-house Market Stall is also on the cards for term three and Cookery for Beginners in term four, to encourage the students to prepare and eat fresh produce.



NORTH SHORE STATION TASKFORCE

The North Shore Station Taskforce is a partnership with community, agencies and government taking on the challenge to address the community's aspirations for improving the look, feel and design of the local station.

Breaking news! The Taskforce, with the City of Greater Geelong as project managers, have been granted an additional \$150,000 for landscape improvements at the station. This money has been granted by the Department of Transport to support the work undertaken by the Taskforce. Want to get involved? Please contact Cathy Walker at the City of Greater Geelong. Phone: 03 52758683 or email: cwalker1@geelongcity.vic.gov.au

The North Shore Stationers is a volunteer group from the local area who provide essential guidance to the Taskforce, keep the areas around the station clean, keep an eye on people movement and patterns of behaviour, provide a Meet and Greet Service to passengers arriving at North Shore from Adelaide. They will also manage the new bike lockers, community facilities and link the community to the proposed arts workshops and installations. The Stationers hold many clean up days and community barbecues at the Station and meet regularly at Norlane Community Centre.

The North Shore Stationers is supported by Keep Australia Beautiful. New volunteers are always welcome. Please contact Cathy Walker at the City of Greater Geelong, phone 5275-8683 or email: cwalker1@geelongcity.vic.gov.au



Wilma Trew is one of the Stationers who volunteer on the Adelaide (Overland) Train Meet & Greet Service, seen here waiting for arriving passengers who may require assistance with such things as phoning for taxis, directions on timetable information or Geelong tourism information..

Gambling in Geelong

Did you know that since June 2009, \$9.5 million dollars per month has been lost on poker machines in Geelong? The graph below shows that in some months more than \$10 million dollars are lost by people playing the pokies. There are 25 pokie venues within the City of Greater Geelong with eight of these being located in the northern suburbs (including two in Lara).

Whilst we know that most people play the pokies for fun, there is a small proportion of people who become 'hooked' by the machines with the sad hope that they will be able to recoup their losses. It has been estimated by

the Australian Productivity Commission into Gambling that 40% of losses on the pokie machines come from those who have a gambling problem. For people affected by problem gambling please call Gamblers Help at

Bethany Community Support on: (03) 52788122. For further general gaming information please call Steve Levakis at the City of Greater Geelong on 5272-4044 or email: slevakis@geelongcity.vic.gov.au.



IT'S NOT TOO LATE FOR SOME COLOUR

Winter is the time when our thoughts turn to spring floral displays and to the pruning of roses and fruit trees.

It's too late to plant flower seeds for spring flowering (unless you do so in a hot house or under glass) BUT you can still go to a nursery or your local hardware store and pick up some 'potted colour' which gives you the advantage of seeing what colour you are buying.

There is a lot of choice including poppies and polyanthus, pansies (which look really fantastic) and primulas. Select pots which have a few semi-advanced plants still in bud which will give you a longer flowering season.

Add some younger seedlings to be planted among the advanced ones. This will fill in the gaps and extend the flowering season even longer and can include snapdragons and dianthus, which are good cutting flowers, together with gypsophila which can be put at the back to add height to the layout. English daisies are also good for picking to brighten the house during those dreary winter days.

Bulbs are currently coming up for flower so make a note to buy earlier next year to ensure that you have a nice show of jonquils, daffodils (both full size and miniature), hyacinths and bluebells. You can still buy dormant bulbs such as hippeastrums – these make great picking flowers or grow them in a pot and bring the whole lot indoors for short periods, which gives you a dramatic focal point for your home.

Pruning is a very necessary job (one my husband hates – he prefers to do it with a chainsaw) to ensure that your roses and fruit trees perform to their best during the coming season.

I prefer to give my roses a light trim during late June which means if we get a late frost I have a bit of spare wood to cut off any tender young shoots which have been burnt by the frost.

Make sure that you clean out the centre of the bush so that light and air can penetrate through the foliage. A cluttered bush makes an ideal home for parasites to breed and can also cause die-back of some stems.

Check the balance and shape of any standard roses to ensure that they present a pleasing picture – nothing looks worse than a lop-sided standard plant. Go back over them at the end of July or early August to make sure you picked up any problems missed on the first pruning. I have noticed that the changing seasons are making all these little jobs due a little later in the year.

Fruit trees are a bit harder and must be done before any new shoots appear usually about the end of August – easy enough to prune if they are small but a totally different proposition if they are large.

Trim back to solid branches and remove any dead or damaged wood – clean out any excess or spindly timber in the centre to ensure that air and light can penetrate (this also helps if you need to spray for bugs of any sort).

I must admit that I get a professional in to prune my fruit trees as my age does not allow me climb around in a 10 foot high tree any more. Thank heavens for The Garden Grumer.

VOLUNTEERS NEEDED AT NORTH SHORE STATION

Imagine that you are an English tourist. You and your family catch the Overland train from Adelaide to Geelong. You disembark at North Shore Railway Station, the train leaves, but the taxi you have booked is not there. You begin to feel anxious. Then a volunteer welcomes you to Geelong and asks whether you need help.

The volunteer is from the Meet and Greet Service, part of North Shore Stationers, which assists passengers from the Overland when it arrives from Adelaide at the North Shore Railway Station each Monday, Wednesday and Friday.

Passengers ask for assistance in such things as where to catch another train, how to find a Geelong location, finding a taxi, or waiting with them for their lift. They also assist people waiting for the train, and sometimes the Overland staff ask for assistance in special situations.

We have a 'Meet and Greet' rucksack which contains things a volunteer might need such as timetables, sunburn cream, a mobile phone and brightly coloured vests and hats, and tourism information from Geelong Otway Tourism.

We need more volunteers - people able to approach passengers with a smile and at least a basic knowledge of Geelong. Some training is given, including safety at the station.

The train is due at 5.23 pm. Volunteers ring the train manager to find out the estimated time of arrival, and usually spend about 15 minutes at the station. We have had no security issues, the train arrives in daylight, there are people around, there is passive surveillance, and have had a police report on security at the station. We are insured through Keep Australia Beautiful, which has a policy of two volunteers working together.

If you would like more information on how to volunteer please call Coralie Jenkin, phone 5272-2228.

Coralie Jenkin
North Shore Stationers



NOT SO SECRET WOMEN'S BUSINESS

In Victoria about 61.5 per cent of women aged 18-69 have a regular pap test, but less than half the women in the Corio Norlane area have regular screening done. For some reason, most women in this area do not have the simple test that can prevent them developing cervical cancer.

Barwon Health Corio is looking for local women with an interest in women's health issues to participate in a discussion group looking at barriers for local women when accessing women's health services, in particular pap test services.

So, if you are a woman aged 18-69

living in the Corio Norlane Area, and you would like to help improve services for all local women, Barwon Health would love you to be involved.

Groups are intended for the following dates:

Norlane Neighbourhood House Friday, July 16.

Rosewall Neighbourhood Centre Friday, July 30.

If you are interested in being involved, please contact Holly Mitchell, Community Health Nurse, Barwon Health Corio on 5260-3800, or at Corio Community Health Centre, 2 Gellibrand Street Corio.



HELP FOR JOBSEEKERS

Up to 20 disadvantaged jobseekers will be assisted to find sustainable employment thanks to a new \$50,000 jobs program.

The Member for Lara, John Eren, announced the funding during a ceremony recognising the Corio Norlane Neighbourhood Renewal program.

"This initiative will provide industry training for disadvantaged young people in logistics skills and facilitate the employment of program graduates by working with a wide range of transport industries in Geelong," Mr Eren said.

"This is a win for young people with barriers to employment, a win for

the industries in the region which have skills shortages which will now be addressed and a win for the community which will benefit from the productivity of these young people."

Skills and Workforce Participation Minister Bronwyn Pike has approved funding for the Geelong project as part of a \$6.8 million program for 40 employment programs across the state under the banner of Victoriaworks for jobseekers with employment challenges.

"A key feature of the Victoriaworks program is the partnership between funded organisations, which will identify and prepare jobseekers, and local businesses, which will provide job opportunities," Mr Eren said.

HELP FOR CONSUMERS

Consumer Affairs Victoria wants the community to know that help is at hand when it comes to dealing with their rights as consumers.

As the State Government's consumer protection agency, Consumer Affairs Victoria offers free and independent advice on a wide range of issues. They include: real estate; renting and accommodation; shopping; scams; building and renovating; buying a car; computers, mobile phones and Internet; business licensing and regulation; business names; and incorporated associations.

Fact sheets are available from the Geelong office, at 65 Gheringhap Street. You can also phone 1300-558-181 or go to www.consumer.vic.gov.au for more information.

Corio Shopping Centre FREE Friday Night Frenzy activities are now on!

Come and enjoy late night shopping until 9pm and while you're here, why not grab dinner in the Food Court with the whole family?

With regulars the Jimmy Nicholas Trio as well as cultural displays, art and craft, magic shows, dancing and exhibitions, Friday Night Frenzy has something for everyone.

If you are part of a community group who would like to showcase their talents, or run an activity as part of Friday Night Frenzy, contact Jo Hewitt, Marketing Coordinator on 5275 3111.

Belinda, Active Shopper



Don't forget to check the Centre website for what's on this week.

**FREE FRIDAY
NIGHT ACTIVITIES**



www.corioshopping.com.au

Cnr Bacchus Marsh & Purnell Roads, Corio Ph. 5275 3111 Fax. 5275 8045

LOVE YOUR LOCAL



THANK YOU, PLEASE CONTINUE . . .

June 30 marked the end of the Corio Norlane Neighbourhood Renewal project. This project has been the catalyst for positive change in Corio Norlane over its eight years with many projects, programs and initiatives continuing into the future.

Neighbourhood Renewal is an eight-year State Government funded project aiming to create opportunities for residents to become involved in decision making and to have a say about what is happening in their neighbourhood.

On Wednesday, May 12 the Corio Norlane Neighbourhood Renewal Year 8 Report was launched at a function at Beckley Park. This report outlines the achievements of the project and the input that many residents; Local, State and Federal Government; agencies; organisations; and businesses have made to create a more vibrant community. A copy of the report or a shortened summary can be accessed at 61 Yooringa Avenue, Norlane.

On Wednesday, May 19 a Community Celebration was held at 61 Yooringa Ave, Evans Reserve for local residents to come and celebrate the completion of the project. Jumping castles, face painting, money box painting, circus performers and the reptile display kept residents busy.

The local Neighbourhood Renewal team would like to thank everyone who has been involved in the project over the last eight years. We are confident that the positive work in Corio Norlane will continue and that residents will continue to have a say about what goes on, what is needed and provide ideas on how to get there. It has been a privilege and a pleasure. Thank you, please continue...

It's not all over – it's only the beginning...

Just because the Corio Norlane Neighbourhood Renewal project is coming to an end, don't think the job is finished. Corio Norlane will continue to grow stronger with new opportunities and ever expanding possibilities.



YOU can be a part of it...

Corio Norlane Development Advisory Board (CN DAB)

Subcommittees

- Crime & Safety
- Education
- Health & Well Being
- Housing & Physical Environment
- Participation & Access

61 Yooringa Ave, Norlane 3214

Phone: 5278 5363

Fax: 5278 2070

Email enquiries@corionorlane.org.au

Web: www.corionorlane.org.au





Rosewall Neighbourhood Centre

36 Sharland Road (PO Box 120), Corio, VIC 3214. Phone 03 5275 7409

E-mail: rosenc@ncable.net.au Web: www.rosewallneighbourhoodcentre.com

Office hours: 9am-3pm Monday to Friday

HAPPY 30TH BIRTHDAY ROSEWALL

Rosewall Neighbourhood Centre recently celebrated its 30th Birthday with a Past and Present Volunteer Morning Tea and a welcome back to Rosewall barbecue.

A number of volunteers were recognised for their outstanding contribution to the centre. These were: Lesley Edwards – most of the 30 years and continuing; Sandra Waters – most of the 30 years and continuing; Dot Christian – 17 years; Helen Watson – 10 years and continuing; and Kathy Devlin – seven years and recently finished. Thank you to all volunteers past and present for your contributions to the Rosewall Neighbourhood Centre over the last 30 years.



Dates to remember:

- School Holiday Program: Tuesday, Wednesday and Thursday, July 6 to 8, 10am-noon.
- Committee of Management meeting: July 26 at 5.30pm.
- Gourmet Sandwiches and Coffee: Thursday, August 12. Cost \$3.50.
- Committee of Management Meeting: August 23 at 5.30pm.
- Community Lunch: Friday, August 27; \$5, bookings essential.
- Committee of Management Meeting: September 27 at 5.30pm.

School Holiday Activities- 'Recycling and Re-using'

Tuesday, Wednesday and Thursday, July 6-8.

Activities include;

- Camp-fire cooking
- Cubby-house making
- Making musical instruments
- Music and Dance workshop
- Excursion

Contact Karen B for further information. Bookings are essential as places are limited.



ROSEWALL PROGRAMS



For further course information call 03 5275 7409

COMPUTER COURSES



Introduction to Computers

No prior knowledge required. A maximum of 8 students.

When: 9.15–12.15pm.

Mondays from July 26 for 7 weeks.

Cost: \$90 Includes manual and USB.

Mac Self Help Group

BYO Mac computer and learn from others within this group.

When: Noon–3pm.

Fridays from July 16.

Cost: \$5 per week.

Intermediate Computers

Are you self taught or have you completed an introduction course? There is so much more you can learn.

When: 12.30–3.30pm.

Mondays from July 26 for 7 weeks.

Cost: \$90 Includes USB.

The Computer Help Club

Your drop in place when you have computer questions.

Get the most out of your computer and programs.

When: 10am–Noon.

Fridays from July 23.

Cost: \$5 per week.

Photos - Storing, Editing & Presentation

Previous computer experience required. Learn how use Picasso, PowerPoint and photo storage including online options.

When: 12.30–3.30pm.

Thursdays from July 29 for 7 weeks.

Cost: \$90.

Photo Editing

Your drop in place when you have questions on how to organise, correct and edit your digital photos.

When: 1–3pm Fridays from July 23.

Cost: \$5 per week.

EMPLOYMENT



Certificate 111 in Aged Care CHC30208

RTO - Ocean Grove Neighbourhood Centre

Learn the skills to provide care to residents in aged care facilities such as nursing homes, hostels and supported residential services. Includes;

- Level 2 First Aid
- Safe Food Handling

When: 9am –3pm.

Tuesdays and Wednesdays for 18 weeks from July 20.

Cost: \$530 Concession \$420.

Compulsory Information

Session Tuesday, July 13, 10–11am.

Introduction to Office Administration

This course will give you practical skills including;

- Customer service
- Reception
- Office equipment
- Computer skills
- Money handling

When: 9.30am–3pm.

Tuesdays and Wednesdays from July 27 for 6 weeks.

Cost: \$180 Concession \$90.

Includes manual and USB.

Introduction to Retail

Are you interested in working in retail?

This course will offer training in:

- Customer service
- Money handling
- Point of sale equipment
- Selling

When: 9.30am–3pm.

Wednesdays from July 28 for 7 weeks.

Cost: \$180 Concession \$90.

Employability skills

Are you interested in improving your skills including; customer service, communication, conflict resolution, self organisation, money handling and OH&S.

When: 9.30am–3pm.

Wednesdays from July 28 for 6 weeks.

Cost: \$140 Concession \$90.

GENERAL INTEREST

Pottery

Geelong Potters meet at the Centre.

New Members are welcome.

Materials are available for purchase.

When: 11am–3pm, Mondays from July 12.

Cost: \$2.

Sit & Stitch

A friendly group that meets weekly to work on their own projects and share ideas and inspiration.

When: 12.30–2.30pm, Tuesdays from July 13.

Cost: \$2 per week.

Patchwork

For beginner and intermediate students. An experienced tutor will help you. A material list is available.
When: 9.30–11.30am, Wednesdays from July 28 for 8 weeks.
Cost: \$55 plus materials.

Strength Training

A fun and relaxed class for all ages.
When: 8.30–9.30am, Tuesdays from July 13.
Cost: \$5 per week.

Strength Training For Older Adults

A class for older adults based on the no Falls program.
When: 9.30–10.30am, Tuesdays from July 13.
Cost: \$5 per week.

Tai Chi

A relaxed class for all ages and abilities.
When: 9.30–10.30am, Thursdays from July 15, for 8 weeks
Cost: \$5 per week.

Over 50's

This group meets together to share lunch, play games, go on outings and have lots of fun.
When: Noon–3pm, Fridays from July 16.
Cost: Gold coin donation.

HOSPITALITY

Café Skills

SITXOHS002
SITHFAB009
SITHFAB012
RTO - CREATE

Gain skills to work in the Hospitality industry. Includes:

- Follow Workplace Hygiene Procedures
- RSA
- Espresso Coffee
- Sandwich making

Including skills in customer service, communication, conflict resolution,

self organisation, money handling and OH&S.

When: 9.30am–3pm, Wednesdays, Thursdays and Fridays from July 28 for 5 weeks.
Cost: \$200 Concession \$90.

Responsible Service of Alcohol

SITHFAB009
RTO - CREATE

This course is accredited by Liquor Licensing Victoria.

When: 9.30am–12.30pm, Friday, August 13.
Cost: \$70.

Introduction to Commercial Cookery

Learn how to make;

- Fresh pasta (gnocchi, tortellini, fettuccini and ravioli)
- Flavoursome and aromatic stocks, soups and slow cooked meals,
- Hot and cold appetizers (Sushi rolls, spring rolls and savoury tarts)
- Sweet pastries, cakes and pizza dough.

Including skills in customer service, communication, conflict resolution, self organisation, money handling and OH&S.

When: 9.30am–3pm, Wednesdays and Fridays for 5 weeks.
Commencing Friday, July 23.
Cost: \$140 Concession \$90.

Follow Workplace Hygiene Procedures

SITXOHS002
RTO - CREATE

Are you interested in working in Hospitality? This qualification is required by law when working with food.

When: 9.30am–3pm, Friday, July 30 and Friday, August 6.
Cost: \$75.

Follow Workplace Hygiene Procedures

SITXOHS002
RTO - CREATE

Are you interested in working in Hospitality? This qualification is required by law when working with food.
When: 6–9pm, Mondays September 6 and 13.
Cost: \$75.

Prepare & serve espresso coffee

SITHFAB012
RTO - CREATE

Cappuccino, short black or café latte? Accredited training in coffee making using an espresso coffee machine.
When: 9.30am–3pm, Thursdays from July 29 for 2 weeks.
Cost: \$ 80.

PARENTS & CHILDREN

Bethany's Northern Suburbs Supported Playgroup

Fun activities organised by a qualified playgroup co-ordinator.

Parents, carers and grandparents with young children are welcome.

@ Rosewall Early Learning Centre

When: 9.30–11am, Thursdays during the school term.

Cost: \$2 and a piece of fruit to share.

When: 9–10.30am, Tuesdays during the school term.

Cost: \$2 and a piece of fruit to share.

Rosewall 3-year old Rostered Playgroup

When: Noon–2pm, Wednesdays during the school term

Cost: \$5 per week.

Registration fee: \$25/Concession \$15.

Ages: Three-year-olds.

BYO: Lunch or snack for child.

Early Learning Centre @ Rosewall Kindergarten Program

When: 9am–2pm Tuesday and Wednesday.

Cost: \$182 per term or free for concession card holders.

A nutritional two-course lunch is provided each day.





Cloverdale Community Centre

167-169 Purnell Road Corio, VIC 3214. Phone: 03 5275 4415

E-mail: cloverdale@datafast.net.au Web: www.cloverdalecommunitycentre.com

Office Hours: 9am-3:30pm Monday to Friday

ECO LIVING – GOING GREENER AT CLOVERDALE

Cloverdale's steps to reduce its environmental impact and to green and beautify our surrounds are well under way. The water tank has been installed, the raised garden beds built (by Diversitat's Horticultural Group), the nature strip transformed into a potato bed (by the Cloverdale Blitzers) and soon the Cloverdale Growers, our edible gardening group, will expand the area

under food production. The food we are growing is for all the community, so drop in and find out just how good home-grown herbs and veggies taste.

Other projects to inspire you to reduce your energy use and live more sustainably are in the pipeline, so stay tuned. And our latest news can be found on our Cloverdale blog:

somethinginterestingatcloverdale.blogspot.com



Plant, Meet & Eat

The third Plant Meet & Eat took place on May 29 at Cloverdale with African drumming, Bollywood dancing, Prof Bunsen, compost making demos, Wathaurong culture, henna tattooing, art workshops, free plants, homemade soup and damper and a host of stalls. Thank you to all participants and visitors and we hope to see you back next year.



CLP Sudanese Women's Project

Sewing, dressmaking, crochet, pattern making and a lot of laughter are the focus of our Community Learning Partnership with local Sudanese women

and textile artist Kathy Williams. Visitors are always welcome to drop in and the shoulder bags and skirts being made are truly beautiful. Call Sue or Chagai on 5275-4415 for more information.



Adult Learners' Week

1-8 September

Celebrate the value and diversity of life long learning by joining us for a free range of activities with a green/sustainability/recycling theme. Also on display will be an exhibition of paintings by the Cloverdale Craft Group. Call Cloverdale on 5275 4415 for more details closer to the date.

Cultural Groups at Cloverdale

Get creative with Cloverdale's cultural groups:
Cloverdale Singers – Tuesdays 1-2.30pm
Craft @ Cloverdale – Wednesdays 1-3pm
Creative Writing – Wednesdays 9.30am – noon for eight weeks

Girls Express

An after school hours activity program for girls aged 10 to 14.
Art, music, gardening, cooking and fun on offer in term 3.
Wednesdays 4-6pm 21 July-8 Sept



CLOVERDALE PROGRAMS



For further course information call 03 5275 4415

HEALTH AND WELL BEING

Yoga

Incorporate your body and soul in our multi-level class. Bring a mat, towel or blanket.

When: 7–8pm.

Thursdays from July 22.

Cost: \$68 (8 weeks)

Tutor: Safira

When: 12.30–3pm.

Wednesdays from July 21.

Cost: \$90 (\$50 concession fee plus \$40 amenities fee includes booklet) (8 weeks)

USB memory sticks are available for purchase.

Tutor: John Burgess

Cost: \$90 (\$50 concession).

Getting connected: Introduction to web 2.0 technologies



Become part of the world of online communities using the web. Share your interests and photos with through social networking sites such as Facebook, Ning or LinkedIn; share photos through Flickr, submit a slideshow to Slideshare; write opinions or post comments into a blog on Blogger or Wordpress.

When: Please phone for dates.

Cost: \$90 (\$50 concession).

COMPUTER COURSES

Computers for the Terrified



If you are 'terrified' of breaking your computer, this is for you.

Learn to use Windows, word processing, file management, internet and email.

When: 9.30am–noon.

Mondays from July 26.

Cost: \$90 (\$50 concession fee plus \$40 amenities fee includes booklet.) (8 weeks)

USB memory sticks are available for purchase from our Reception area.

Tutor: John Burgess

Intermediate Computers



For those who have completed the introductory courses.

Learn: Intermediate Word®, Creating Tables, Excel, PowerPoint advanced internet

When: 12.30–3pm.

Thursdays from July 15.

Cost: \$90 (\$50 concession fee plus \$40 amenities fee includes booklet) (10 weeks)

USB memory sticks are available for purchase.

Tutor: Maree Gabriel

EMPLOYMENT COURSES

Construction Induction



All onsite employees and subcontractors working on Victorian construction sites must have attended an approved OH&S Construction Induction course.

Call 5275-4415 for information and bookings.

Cost: \$177

Photo ID required

Beginner Computers



Use Windows, word processing, file management, internet and email.

When: 9.30am–noon.

Tuesdays from July 27.

Cost: \$90 (\$50 concession fee plus \$40 amenities fee includes booklet) (8 weeks)

USB memory sticks are available for purchase.

Tutor: Maree Gabriel

Refugees Online



Free public internet access and support for

newly-arrived refugees living in the northern suburbs. Develop confidence in using computers, learn email, social networking and blogging plus job search skills.

When: 2–3.30pm.

Every Monday, Wednesday and Friday during term time.

Traffic Management



Safely carry out the duties of a Traffic Controller at work sites. The CCF Traffic Management Card is registered on the national database. Call 5275-4415 for more information and bookings.

Cost: \$190

Photo ID required

Introduction to Computers



Learn to use Windows, word processing, file management, internet and email.

Computer Culture



For people whose first language is not English.

Learn computer basics including Word, email and the internet in an informal and friendly setting with English language support.

When: 6–8pm.

Monday and Thursday from July 12.

Confined Space Training



This nationally accredited unit of competency describes the skills and knowledge required to undertake safe working practices in a Confined Space. Call 5275-4415 for more information and bookings

Cost: \$150

Photo ID required

CREATIVE ARTS

Craft at Cloverdale

If you enjoy painting, needlework, quilting, paper making or any form of art or craft, this is the group for you. Meet other creative people and work individually or on group projects.

When: 1-3pm.

Wednesdays from July 14.

Cost: Gold coin per session.

Creative Writing

Be inspired! Be creative! Release your inner writer. Involve yourself in short story, novel and poetry workshops for adults. Discover opportunities for participation and publication in the writing industry. No experience necessary but enthusiasm is essential.

- Explore various writing styles
- Develop and enhance writing skills
- Raise confidence levels
- Improve literacy and grammar

When: 9.30am-noon

Wednesdays from July 14.

Cost: Gold coin per session.

Tutor: Maree Smith

HOSPITALITY

Food Handlers



Do you prepare food for friends, social groups or sports clubs? Learn food safety and hygiene procedures. A Statement of Attainment will be issued at the end of the course.

When: 9.30am-3pm

Saturday, August 21.

Cost: \$80

Tutor: Katrina Adams

ON-LINE COURSES

Courses are now available on-line. Internet access is essential along with an email address. These are simple, easy to use programs.

HLTFS207B – Food Safety for the Community and Health Service Industries (Child care, aged care, hospitals, meals on wheels)

SITHFAB009A— Responsible Service of Alcohol



SITXOHS002A—Food Handlers &

SITXFSA001A—Food Supervisors

(To complete the assessments for this unit, you must have access to a commercial/working kitchen)

Call 5275-4415 for more information

ECO LIVING

Cloverdale Growers



Learn how to grow your own food. Set up and grow vegetables, fruits and herbs. Take home what you produce!

When: 10am-2pm Fridays.

Tutor: Katie Gillett

Cost: Gold coin per session.

SOCIAL AND GENERAL INTEREST

Cloverdale Singers

Welcoming people passionate about singing and eager to learn new songs. Enjoy the pleasure of singing together. No experience necessary.

When: 1-2.30pm.

Tuesdays from July 13.

Singing leader: Lucy Jones.

Cost: Gold coin per session.

Cloverdale Community Playgroup

Do you have a toddler or pre-schooler? Would you like to chat with other parents or carers of young children? Then why not come along to our friendly playgroup?

When: 10am-noon.

Monday and Thursday from July 12.

Cost: \$5 annual registration per family. Gold coin per session.

Cloverdale Over 45s

A friendly social group for older adults who meet to enjoy outings, gardening, meals and craft sessions.

When: Noon-3pm

Wednesdays from July 14.

Cost: Varies per session.

Cloverdale Walking Group

Walking is an easy and accessible way to stay physically active. It is suitable for all, including mums with prams and people with pooches. Proudly supported by Heart Foundation Walking.

When: 1.30 to 2.30pm.

Thursdays from July 15.

FREE

Co-ordinator: Geraldine Zuniga-Brant

Birthday parties for children

Need a venue for your child's next birthday? Rooms and playground available for hire.

Call 5275-4415 for details.





Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.
E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

HEALTH & WELL-BEING

Norlane Community Fruit, Herb and Vegetable Garden

is self managed by residents of all ages, cultures and abilities. If you are interested in having your own vegetable patch to grow fresh healthy vegetables for your own use, contact Liz on 5275-8124.

What's cooking?

Community Cuisine is on Tuesdays and Wednesdays, 9am-5pm.
All Abilities group meets fortnightly, on Fridays 10am-Noon.

The Norlane Community Kitchen Group

meets fortnightly to plan and prepare nutritious low cost meals. For more information phone Kaye on 5274-1235 or 0439-175-207.

R U OK? Day will be celebrated on Thursday, September 16. We invite you to stop by the Centre for a cuppa and place a positive message on our wall hanging. We will unveil the hanging on September 16 at a morning tea. Watch this space for your invitation. For more information, contact Liz on 5275-8124.

Anger Management is a skills based program designed to assist young people to deal effectively with anger. Contact: Veronica on 5222-6690.

Free Counselling Service

Must be referred by your doctor. For more information contact Lyndy on 5229-1922.

The program provides services for youth, culturally diverse people and low income people and are available in the Norlane, Corio area for young people between 12 and 25 who are referred by their GP.

DADS IN DISTRESS is a dedicated support group of men whose immediate concern is to stem the present trend of male suicide due to the trauma of divorce or separation. Dads provides a safe forum for men to express grief with other men in similar situations and work on outcomes for a positive future. New members are welcome. Meetings held Wednesday 7.30-10.30pm. For more information log on at www.dadsindistress.asn.au or phone 1300-853-437.

NARCOTICS ANONYMOUS is a self help group which meets at the Centre on Monday 7-8pm. For more information contact Liz on 5275-8124.

Active Adults offers a range of exercise classes and other activities for older adults. Monday 10.30-1130 am.

Advanced Tai Chi is held on Tuesdays, 10-11.30am.

YOGA is held on Tuesdays, 1.30-3pm. For further details phone 5244-1130.

SELF HELP GROUPS

NEIGHBOURHOOD WATCH

meetings are held at the Centre every third Wednesday at 7.30pm, for interested local residents.

Ankle Biters Playgroup meets on Monday, 9.30-11am.

Busy Bees Playgroup meets on Tuesday 9.30-11am.

All Abilities Playgroup meets on Fridays, 1-3pm.

EDUCATION and TRAINING

Introducing Helen Long

(Community Learning and Earning Engagement Officer). Helen will provide individual support to residents interested in undertaking further education and/or employment. She will assist local residents to gain employment and training in areas of their choice. Helen's office is at Norlane Community Centre. For more information contact Helen on 5275-8124.



Certificate IV Logistics and Supply

Chain Principles provide candidates with hands on training to work in the logistics and supply chain industries. Parts of the training will take place at various industry partner sites including: Ford Motor Company, Alcoa, Shell, Linfox-Avalon Airport, Geelong Port, McColls Transport, Costa's Food Group, McHarry's Bus Lines, Incitec Pivot, Mantzaris Seafoods, Graincor, Godfrey Hirst, VIC Regional Channels, Josies Transport, Target, Cotton, Barwon Health, St John of God Hospital, Blue Circle Southern Cement. The modification of the standard course has been developed to provide men and women (both with and without industry experience) with the knowledge, skill and industry awareness that the logistics and supply chain profession and industries are looking for. For more information contact Helen on 5275-8124.

Language Literacy and Numeracy program

From July, Language Literacy and Numeracy will be available at Norlane Community Centre. This is an ideal program for:

- Jobseekers.
- Parents returning to work (confidence building etc).
- Non-English speakers.
- Those seeking a stepping stone to higher level qualifications i.e. Cert II & III.

Course will offer:

- Small class sizes to maximize learning.
- Flexible Program – can be for one term or one year, depending on your needs.
- Hours of attendance are between 10–20 hours per week.
- Approved program fully funded for registered jobseekers.
- Work at your own pace in a welcoming environment.

Contact Garry for further details on 0403-641-962.

Certificate II Security Operations

Contact Mathew on 9620-3207 or 0433-334-782.

TRAINING and CONSULTANCY

One day workshops for carers, counsellors, teachers, volunteers and youth workers. Areas covered includes communication and counselling, understanding mental health and working with young people. Inquiries: Contact Liz on 5275-8124.

ART & CRAFT

Would you like to paint in a friendly, comfortable self help group? Come and join us on Tuesday, 9am-1pm. Cost \$2.50.

CROCHET GROUP meets 1-3pm every Thursday. Beginners welcome. No tutors or teachers. The group exchange ideas and assist each other. For more information phone Liz on 5275-8124. Cost \$1.

CRAFT AND FRIENDSHIP meets 1-3pm every Friday. Beginners welcome. No tutors or teachers. The group exchange ideas and assist each other.

For more information phone Liz on 5275-8124. Cost \$1.

Home Instruction for Parents of Pre-school Youngsters is about having fun with your child while they learn, explore and discover. A mentor catches up with you weekly to help you work through the activities to assist with your child's development. Promote YOUR child's language skills, build self esteem and confidence – not only in learning, but in communicating and interacting with others. Tuesday, 12.30-3pm. For more information phone 5222-6911.

New Parent Infant Network assists parents who are experiencing significant difficulty caring for their

child/children. The program provides therapeutic group work, developmental and educational opportunities as well as focusing on strengthening the parent and child relationship whilst developing parenting skills. Wednesday, 10am-1pm. Inquiries 5278-8122.

Filipino/Australian Community Church meets every Sunday, 9am-Noon.

Access to Computers is free for one hour on Friday, unless computer classes are being held. There is a \$2 per hour fee at other times. Children under 16 must be accompanied by an adult.

Corio/ Norlane Development Advisory Board (CNNDAB) meets bi-monthly at NCC. The CN DAB aims to promote whole of government and community co-operation, participation and investment in reducing disadvantage and promoting sustainable social, physical, environmental and economic development in Corio and Norlane. The CN DAB specifically focus on reducing disadvantage by facilitating or encouraging activities that will contribute to:

- Lifting employment and learning opportunities and expand local economies;
- Enhancing housing and the physical environment;
- Improving safety and reduce crime;
- Promoting health and wellbeing;
- Increasing access to services and improve government responsiveness; and
- Increasing people's pride and civic participation in their community.

Inquiries: www.corionorlane.org.au or phone 5278-5363 .

TOOL POOL

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool and hire a lawn mower for \$5. Tuesdays and Fridays 9am-Noon. Inquiries to Liz on 5275-8124.

WHAT'S THAT NOISE?

Safety has the highest priority within Shell. At Geelong Refinery, we take a systematic approach to managing safety and preventing incidents that place our people, the Geelong community, our facilities and the environment at risk.

Refinery sirens are a vital way of ensuring our on-site personnel respond quickly and safely to an incident.

The sirens are not intended to notify the community that there is an incident. However, sirens are loud so they can be heard some distance outside our premises.

The refinery has three types of sirens:

- Minor - a single, constant siren that lasts for one minute. It

signifies an incident has occurred that affects one part of the refinery;

- Major - an alternating (up and down) siren that last for one minute. It signifies an incident has occurred that may affect another part of the refinery; and,
- All clear - a single, constant siren that lasts for 15 seconds.

The sirens are tested at 9am every Tuesday. A siren heard at any other time means an incident has occurred on-site that requires attention by refinery personnel.

The community does not need to take action when a siren sounds. If you hear a siren and would like more information, you can call Shell's Issues

and Emergencies hotline on 1800-651-818.

In the unlikely event the community needs to take action or be aware of any potential disruptions such as a road closure, the emergency services (such as the CFA) will make an announcement via 774 ABC Radio.



Shell Geelong Refinery sirens are a vital way of ensuring our on-site personnel respond quickly and safely to an incident

LIMEBURNERS LINK PROGRAM BIGGER AND BETTER IN 2010

One of Geelong's key environmental conservation programs, Limeburners Link, is bigger and better in 2010 thanks to the additional contribution of the Federal Government's Caring for Our Country funding.

An initiative of Shell, Greening Australia and the City of Greater Geelong, the program works with the local Geelong community to enhance the natural environment of Limeburners Bay.

A large part of efforts with Limeburners Link focuses on re-establishing native grasslands. Limeburners Bay, at the north-western end of Corio Bay, is a significant environmental site – however environmental pressures, such as the presence of weeds, are literally choking the life out of the area. The Limeburners Link initiative is

enhancing the site by reintroducing many of the grasses and herbs indigenous to the area. These grasslands also link up with an estuary on the shores of Port Phillip Bay that is home to a wide variety of sea-life and animals and is also a haven for a large number of migratory water birds.

During 2010, now that the planning on tackling the weed problems in the salt marsh has been completed,

the Limeburners Link crew have been kept busy slashing, hand weeding and spraying over the two hectare area just north of the Limeburners Bay Ramsar site. They have also been joined by volunteers and Wathaurong Cooperative Conservation and Land Management trainees.

Local schools including Corio West, Rollins and Lara Lake Primary have also been busy collecting, cleaning and sowing seeds and transplanting their seedlings for planting later this year.



Limeburners Link is bringing life back to Limeburners Lagoon, which is at the mouth of Hovells Creek, near Lara.



Geoff Gayner

Shell Geelong Refinery's Community Advisory Panel (CAP) is a key part of the refinery's community engagement program. Members have expertise in a range of areas including environment, health, education, human services, commerce and industry. The panel's role is to help monitor the refinery's Environment Improvement Plan (EIP) and provide advice in other strategic areas.

Joining as one of the CAP's original members in 2005, Geoff Gayner was recruited for his experience in environmental protection in the Geelong region.

He has been a member of the Geelong Environmental Council (GEC) for more than 30 years and has served on the committee for the past 12 years. The GEC is concerned with total issues of the environment, with particular emphasis on areas of significance to residents of Geelong and its environs.

Geoff has been involved in a wide variety of local environmental issues

and represents the GEC on Shell's CAP (and is a signatory to the refinery's Environment Improvement Plan) and the Reedy Lake Steering Committee.

Geoff has had many years experience working with industrial companies. He previously held positions, among others, on the Pivot CLG, Alcoa Community Liaison Group (CLG), Geelong Regional Wetlands Project, Limeburners Lagoon Advisory Committee and the Avalon Beach Advisory Committee. He also spent four years working on issues involving West Point Wilson Coode Island and Point Lillias and was involved in an Environmental Impact Statement (EIS) for BHP's proposed fertiliser plant in Heales Road, Lara.

With a keen interest in bird watching, Geoff is a member of Birds Australia and was a foundation member of the Geelong Field Naturalist Clubs Inc. He has an interest in natural history and has completed studies in bird life, orchids and brittle greenhood sites in the You Yangs, forming the Friends of the You Yangs after bushfires in 1985.

Geoff's CAP involvement is complemented by his active membership of the Limeburners Link project since its inception in 2006. Limeburners Link is an initiative of Shell, Greening Australia in Victoria and the City of Greater Geelong, working with the local community to enhance the natural environment of Limeburners Bay.

When asked about Geoff's involvement, Danny Reddan, Greening Australia's Limeburners Link community and training development co-ordinator, said: "Geoff's enthusiasm on the topic is infectious and the students and community participants in his company are soon scanning the water and sky to find something new."

Contacting the CAP
To contact the CAP, please write to:
Shell Community Advisory Panel
PO Box 4, Corio, VIC 3214
Emails: geelongrefinery-au@shell.com