



Standard  
Process Inc.

# BONE UP<sub>on</sub> Skeletal Health

Many people, especially women, take their skeletal system and bones for granted.

The body's

skeleton which is made up of over 200 bones, protects vital organs, provides a rigid framework that gives shape and support to the body, and gives us the ability to move. Without correct nutrition, your bones and skeleton are at risk.

Maintaining strong bones can be simple and the best offense when one wants to keep a healthy lifestyle. Eat a diet rich in calcium, exercise, avoid smoking and drinking alcoholic beverages, avoid heavy lifting, and eat well-balanced meals. Support your bones and skeleton with healthy nutrition now, so they can support you later in life.

Keep your bones and skeletal system strong by taking the whole food supplements known for their ability to support healthy bone conditions - Standard Process Nutritional Supplements.

**Bio-Dent®** *Bones and teeth, despite their apparent static nature, contain dynamic and active tissue - not only requiring minerals such as calcium, phosphorus, and manganese; but also proteins, amino acids, and enzymes. Bio-Dent supplies these important nutritional compounds to help support the health of bones and teeth. The calcium found in Bio-Dent can help protect against bone loss and support bone health.\**

**BioSt®** *BioSt contains veal bone PMG™ extract that contains the concentrated components of cell chromosomes. The antigenic properties of veal bone PMG™ extract promote healthy cellular division, growth, repair, and function. Veal bone PMG™ extract also appears to neutralize circulating antibodies, thereby contributing to the maintenance of cellular health. The nutrients found in BioSt can help support bone health at the cellular level - important for women of all ages.\**

**Calcifood®** *Calcifood provides a rich, whole-food source of calcium along with its complimentary and synergistic proteins, amino acids, and enzymes, formulated to enhance calcium metabolism and absorption, naturally. The veal bone in Calcifood contributes multiple vital nutrients to help keep bones healthy. Calcium cannot be absorbed properly and used by the body efficiently unless other vital minerals and nutrients essential for calcium metabolism are present. Calcifood contains whole food co-factors that provide vitamins, minerals, amino acids, and enzymes, enabling the calcium to be readily absorbed and used by the body. The calcium found in Calcifood is completely bioavailable - making it a perfect choice to support bone health and protect from bone loss.\**



1200 West Royal Lee Drive • P.O. Box 904  
Palmyra, WI 53156-0904

*For more information call*  
1-800-848-5061

**Ostarplex®** *Alfalfa contains vitamin complexes A, B1, B2, B3, B6, C, and K. Mineral complexes including calcium, copper, iron, manganese, magnesium, phosphorus, potassium, zinc, chlorine, sulfur, sodium, silicon, and some trace minerals are also found in alfalfa. Alfalfa proteins supply enzymes and such essential amino acids as arginine, lysine, threonine, and tryptophan. Both pantothenic and folic acids are also found in alfalfa. Numerous studies point to the importance of these vital nutrients in maintaining strong skeletal tissue. These nutrients are especially important during years of decreased estrogen production.\**

**Ostrophin PMG®** *Veal bone PMG™ extract helps maintain the bones in a good state of health and supports healthy bone function. Ostrophin PMG contains veal bone PMG™ extract, the concentrated components of cell chromosomes. Protomorphogen™ extracts contain unique nucleoprotein-mineral extracts to support bone health at the cellular level. The antigenic properties of veal bone PMG™ extract promote healthy cellular division, growth, repair, and function. The calcium found in Ostrophin PMG helps support healthy bone density.\**

**Rumaplex®** *Rumaplex is a special combination supplement formulated to support the bone-joint complex and related structures that are subject to repetitive use and marked by chronic, systemic responses to repetitive use. The calcium in Rumaplex helps protect against bone loss and support bone health.\**

\*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.