

2016 NVGAG MEDICAL CLEARANCE INSTRUCTIONS FOR ATHLETES

You must receive medical clearance by your Primary Care Provider

Reminder: We will not provide routine medical care, replacement medications, replacement equipment or replacement supplies for pre-existing conditions. Athletes must bring enough medication and medical supplies to last through the entire event. Any medication or medical supplies provided on site will be charged back to the Athlete's medical facility. Narcotic prescriptions will not be filled. Note: The NVGAG involves significant walking within venues. Therefore, athletes should bring their own mobility equipment (i.e. - walker, cane, wheelchair), if needed, as these will not be provided by the Games.

The Detroit VA Health Care System has inpatient services. Should an Athlete have a medical situation that requires attention or treatment in an Emergency Room or local hospital, please inform a coach or local organizing committee staff member who will notify the local VA medical staff.

Athletes using oxygen must have their sponsoring VA Medical Center coordinate oxygen services, including supplies, with a local oxygen provider in Detroit.

Limited medical assistance will be provided 24 hours a day at the host site hotel. There will also be a medical suite available during event hours at the Cobo Convention Center. First aid and medical stabilization at all NVGAG events and activities will also be provided.

Please have your Primary Care Provider complete the enclosed Medical Application (VAF 0926e). Athletes and/or coaches can mail a copy of completed Medical Applications to:

Adam Stephens, LOC Coordinator
2016 National Veterans Golden Age Games
Detroit VA Health Care System
4646 John R Street
Detroit, MI 48201

The Medical Application can also be emailed by VA personnel ONLY, via encryption, to:
adam.stephens@va.gov.

This form must be received by the 2016 NVGAG host VA Medical Center no later than March 4, 2016 . NO ONE WILL BE ALLOWED TO COMPETE WITHOUT THE COMPLETED MEDICAL FORM ON FILE.



Department of Veterans Affairs

ATHLETES MEDICAL INFORMATION**A PHYSICIAN, NURSE PRACTITIONER OR PHYSICIAN ASSISTANT MUST FILL OUT AND SIGN THIS FORM**

PRIVACY ACT: VA is asking you to provide the information on this form under USC, Chapter 5, Section 521 and Chapter 17, Section 1710. VA may disclose the information that you put on this form as permitted by law. VA may make a "routine use" disclosure of the information as outlined in the Privacy Act systems of records notices identified as 121VA19 "National Patient Databases - VA". Providing the requested information is voluntary. However, you will not be able to participate in the event without furnishing this information.

RESPONDENT BURDEN: The Paperwork Reduction Act of 1995 requires us to notify you that this information collection is in accordance with the clearance requirements of Section 3507 of the Paperwork Reduction Act of 1995. We may not conduct or sponsor, and you are not required to respond to, a collection of information unless it displays a valid OMB number. We anticipate that the time expended by all individuals who must complete this application will average 20 minutes. This includes the time it will take to read instructions, gather the necessary facts and fill out the forms.

Dear Provider,

The Veteran patient plans to participate in various athletic events and/or games which may be strenuous and/or dangerous depending on his/her condition. Additionally, should the Veteran require personal ADL assistance, please understand this will not be provided by the Detroit VA Health Care System and would be a reason for not attending unless he/she is accompanied by a caregiver.

DATE	VA MEDICAL CENTER NAME	WHAT IS YOUR VA STATUS <input type="checkbox"/> INPATIENT <input type="checkbox"/> OUTPATIENT
NAME (Last, First, MI)		ADDRESS (Street, City, State, Zip Code)
SOCIAL SECURITY NO. (Last 4 digits only)	DATE OF BIRTH	AGE

PLEASE CHECK ANY KNOWN MEDICAL CONDITIONS BELOW

PROBLEM LIST (Active Problems)

- | | | | |
|---|--------------------------------------|--|--|
| <input type="checkbox"/> ASTHMA | <input type="checkbox"/> CHEST PAINS | <input type="checkbox"/> INDIGESTION | <input type="checkbox"/> LUNG DISEASE |
| <input type="checkbox"/> BLADDER/BOWEL PROBLEMS | <input type="checkbox"/> DIABETES | <input type="checkbox"/> JOINT PAIN | <input type="checkbox"/> OSTEOPOROSIS |
| <input type="checkbox"/> CHEST DISCOMFORT WHEN EXERCISING | <input type="checkbox"/> HERNIA | <input type="checkbox"/> LOW BACK PAIN | <input type="checkbox"/> SHORTNESS OF BREATH |

LIST ALL ACTIVE MEDICATIONS

DOES THE VETERAN HAVE DRUG ALLERGIES (If Yes, please list)

-
- YES
-
- NO

Visually impaired athletes must meet the following visual criteria for legal blindness in order to compete in the Visually Impaired separate division for Bowling, Horseshoes and Shuffleboard:

- Visual acuity of 20/200 in the better seeing eye with best correction, OR
- Visual field loss of 20 degrees or less.

This information must be verified and documented below by a Visual Impairment Services Team (VIST) Coordinator, an eye care specialist or a medical provider.

THE VETERAN MEETS THE VISUALLY IMPAIRED CRITERIA: <input type="checkbox"/> YES <input type="checkbox"/> NO	VISUAL CLEARANCE SIGNATURE
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PLEASE ADVISE VETERAN OF THEIR RESPONSIBILITY FOR BRINGING ENOUGH MEDICATION FOR THE TRIP AND THE WEEK.**THE DETROIT VA HEALTH CARE SYSTEM WILL NOT PROVIDE NARCOTIC REFILLS FOR ANY REASON.**

The cost of any medical expenses and/or medications will be charged back to the Veteran's medical facility.

All Veterans are responsible for providing their own Durable Medical Equipment (DME) during the Games. This will **NOT** be provided by the Detroit VA Health Care System.

AS A PRIMARY CARE PROVIDER, I AM CLEARING THIS VETERAN TO PARTICIPATE IN THE BELOW CHECKED HIGH RISK EVENTS (Check all that apply):

- | | | | |
|--|--|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> BADMINTON | <input type="checkbox"/> BOWLING | <input type="checkbox"/> PICKLE BALL | <input type="checkbox"/> SWIMMING |
| <input type="checkbox"/> BASKETBALL (3-ON-3) | <input type="checkbox"/> CYCLING | <input type="checkbox"/> RACQUETBALL | <input type="checkbox"/> TRACK |
| <input type="checkbox"/> BLIND DISC GOLF | <input type="checkbox"/> FIELD (DISCUS, JAVELIN, SHOT PUT) | <input type="checkbox"/> ROWING | |

PROVIDER'S NAME (Please print)	<input type="checkbox"/> MD <input type="checkbox"/> PA <input type="checkbox"/> NP	DATE	PROVIDER'S CITY, STATE
PROVIDER'S SIGNATURE	PROVIDER TELEPHONE NUMBER (July 10 to July 14, 2016)	PROVIDER PAGER NUMBER (July 10 to July 14 2016)	