## **Adult Spring Schedule 2016**

June 6-27

April 5-26

May 3-31

April 6-27

May 4-25

June 1-29

### Level 1: Beginner

Level 1 is for the player with limited or no experience and is just learning how to keep the ball in play. Emphasis will be placed on basic stroke production and court positioning. Drills and games will be utilized to reinforce the topics covered.

#### A1 Monday 7:00-8:00PM USTA/Club 1.0-2.0 Limit 6 Students - 1 Court Instructor: Jim Robison Member Guest Drop-In \$68.00+tax \$115.48+tax \$20.00\*+tax May 2-23(Skip 30) \$68.00+tax \$115.48+tax \$20.00\*+tax \$68.00+tax \$115.48+tax \$20.00\*+tax

April 4-25

June 6-27

April 4-25

June 6-27

### Level 2: Advanced Beginner

Level 2 is for the player who has had some experience and is capable of sustaining a short rally. Stroke technique, court coverage and strategy will be covered through drills/games.

#### A2 Monday 6:00-7:00PM USTA/Club 2.0-2.5 Limit 6 Students - 1 Court Instructor: Jim Robison Member Guest Drop-In \$68.00+tax \$115.48+tax \$20.00\*+tax \$68.00+tax \$115.48+tax \$20.00\*+tax May 2-23(Skip 30) \$68.00+tax \$115.48+tax \$20.00\*+tax

#### A2 Tuesday/Thursday 8:00-9:30PM USTA/Club 2.0-3.0 Limit 6 Students - 1 Court Instructor: Daniel Cotton

	Member	Guest	Drop-In
April 5-28	\$192.00+tax	\$286.96+tax	\$28.00*+tax
May 3-31	\$216.00+tax	\$322.83+tax	\$28.00*+tax
June 2-30	\$216.00+tax	\$322.83+tax	\$28.00*+tax

### Level 3: Intermediate

Level 3 is for the player who is comfortable sustaining a rally at a slower pace and has some directional control. Emphasis will be placed on increasing power and control through technique, drills and games. Strategy for competing at the 3.0 level will be covered.

A3 Sunday 12:30-2:00PM USTA/Club 2.5-3.0 Limit 6 Students - 1 Court Instructor: Jim Robison			
	Member	Guest	Drop-In
April 3-24	\$96.00+tax	\$143.48+tax	\$28.00*+tax
May 1-22(Skip 29) June 5-26		\$143.48+tax \$143.48+tax	

#### A3 Monday 6:00-7:00PM USTA/Club 2.5-3.0 Limit 12 Students - 2 Courts Instructor: Bill Bartlett Member Guest Drop-In \$68.00+tax \$115.48+tax \$20.00\*+tax May 2-23(Skip 30) \$68.00+tax \$115.48+tax \$20.00\*+tax \$68.00+tax \$115.48+tax \$20.00\*+tax

April 4-25

June 6-27

### Level 4: Advanced Intermediate

Level 4 is for the player who has several years of experience, and has the ability to hit the ball with power and direction but may lack some consistency. Advanced techniques and strategies will be covered.

A4 Saturday 8:00-9:00AM USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Bill Bartlett			
April 2-30 May 7-21(Skip 28) June 4-25	\$51.00+tax	Guest \$144.35+tax \$86.61+tax \$115.48+tax	\$20.00*+tax \$20.00*+tax

#### A4 Sunday 3:30-5:00PM USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Jim Robison Member Guest Drop-In

\$96.00+tax \$143.48+tax \$28.00\*+tax April 3-24 May 1-22(Skip 29) \$96.00+tax \$143.48+tax \$28.00\*+tax June 5-26 \$96.00+tax \$143.48+tax \$28.00\*+tax

#### A4 Monday 5:00-6:00PM USTA/Club 3.0-3.5

Limit 12 Students - 2 Courts Instructor: Bill Bartlett Member Guest Drop-In \$68.00+tax \$115.48+tax \$20.00\*+tax April 4-25 May 2-23(Skip 30) \$68.00+tax \$115.48+tax \$20.00\*+tax

#### A4 Tuesday 6:30-8:00PM USTA/Club 3.0-3.5

\$68.00+tax \$115.48+tax \$20.00\*+tax

Limit 6 Students - 1 Courts

Instructor: Allan Overland				
Member	Guest	Drop-In		
\$96.00+tax	\$143.48+tax	\$28.00*+tax		
\$120 00+tax	\$179 35+tax	\$28 00*+tax		

	A4 Wednesc	lay 12:0	0-1:30
June 7-28	1	\$143.48+tax	,

#### USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Bill Bartlett

Member	Guest	Drop-In
\$96.00+tax	\$143.48+tax	\$28.00*+tax
\$96.00+tax	\$143.48+tax	\$28.00*+tax
\$120.00+tax	\$179.35+tax	\$28.00*+tax

### A4 Friday 6:30-8:00PM USTA/Club 3.0-3.5 Limit 6 Students - 1 Courts Instructor: Bill Bartlett

	Member	Guest	Drop-In
April 1-29	\$120.00+tax	\$179.35+tax	\$28.00*+tax
May 6-27	\$96.00+tax	\$143.48+tax	\$28.00*+tax
June 3-24	\$96.00+tax	\$143.48+tax	\$28.00*+tax

### Level 5: Advanced

Level 5 is for the serious tournament and league player who wants to refine his or her shots and get into top physical and play-making shape. Wimbledon Workout includes tournament strategies as well as strenuous drills. Games Only Sundays is an intensive class that focuses entirely on competitive games.

Wimbledon Workout Friday 6:30-8:00PM					
	USTA 3.5+				
	Limit 6 St		-		
	Instructor: A	Allan Ov	verland		
	Member	Guest	Drop-In		
April 1-29	\$120.00+tax	\$179.35+tax	\$28.00*+tax		
May 6-27	\$96.00+tax	\$143.48+tax	\$28.00*+tax		
June 3-24	\$96.00+tax	\$143.48+tax	\$28.00*+tax		

### Wimbledon Workout Saturday 1:00-2:30PM **USTA 3.5+** Limit 6 Students - 1 Ct

### Instructor: Allan Overland

	Member	Guest	Drop-In
April 2-30	\$120.00+tax	\$179.35+tax	\$28.00*+tax
May 7-21(Skip 28)	\$72.00+tax	\$107.48+tax	\$28.00*+tax
June 4-25	\$96.00+tax	\$143.48+tax	\$28.00*+tax

#### Games Only Sundays 12:30-2:00PM USTA/Club 3.5+ Limit 6 Students - 1 Ct

### Instructor: Daniel Cotton

ins	tructor:	Daniel	Jotton
	Member	Guest	Drop-In
April 3-24	\$96.00+tax	\$143.48+tax	\$28.00*+tax
May 1-22(Skip 29)	\$96.00+tax	\$143.48+tax	\$28.00*+tax
June 5-26	\$96.00+tax	\$143.48+tax	\$28.00*+tax

\*Guests add \$5 to "10 & Under Tennis" drop-in fees and \$13 to all other class drop-in fees.

Late Cancellation Fees: To avoid a late cancellation fee, notify the Front Desk at least 48 hours in advance if you wish to cancel out of a class, otherwise the drop-in fee will be charged.

### Levels 2.5/3.0 & Up: Monday Workouts

These workouts are geared to get you in tennis-ready condition through fun and energetic drills.

 
 Monday Morning Workout 9:30-11:00AM USTA/Club 2.5 & Up Limit 6 Students - 1 Court Instructor: Bill Bartlett

 Member
 Guest
 Drop-In

 April 4-25
 \$96.00+tax
 \$143.48+tax
 \$28.00\*+tax

 May 2-23(Skip 30)
 \$96.00+tax
 \$143.48+tax
 \$28.00\*+tax

 June 6-27
 \$96.00+tax
 \$143.48+tax
 \$28.00\*+tax

> Monday Night Workout 7:00-8:00PM USTA/Club 3.0 & Up Limit 6 Students - 1 Court Instructor: Bill Bartlett Member Guest Drop-In

April 4-25 May 2-23(Skip 30) June 6-27

 \$68.00+tax
 \$115.48+tax
 \$20.00\*+tax

 Skip 30)
 \$68.00+tax
 \$115.48+tax
 \$20.00\*+tax

 \$68.00+tax
 \$115.48+tax
 \$20.00\*+tax

 \$68.00+tax
 \$115.48+tax
 \$20.00\*+tax

### All Levels: USTA Practice w/Coaching

Invite up to eight team members to participate in USTA Team Practice w/Coaching. Gain valuable technique and strategy tips during match play experience. Ages 18 and older welcome.

> USTA Practice w/Coaching Saturdays 2:00-3:30PM Limit 8 Team Members - 2 Courts Coach: Jim Robison

Contact Jim Robison directly to schedule your team's exclusive session, jim@betconline.net. \$80.00 total for 8 players on two courts (add an extra \$12/guest + tax) (\$10/member - \$23/guest)\* +tax Note: Per player price increases when there are fewer than 4 players on each court. Limit of 8 students.



### Cardio Tennis All Levels Ages 13 and Up

(Other ages allowed with instructor permission.) Cardio Tennis is a nationally recognized program that has been around for over 10 years. BETC's accredited program is open to all levels and incorporates fitness, music, special cardio tennis balls, and socializing to make a fun and energetic experience. The purpose of the games-based class is to work players into their optimum target heartrate. Workouts will feature fun singles and doubles games, and lots of teamwork. Coach Daniel Cotton is Cardio Tennis Accredited.

 Cardio Tennis Saturdays 2:30-3:30PM

 Limit 10 Students - 1 Court

 Instructor: Daniel Cotton

 Mapril 2-30 (Skip 23)
 Member
 Guest
 Drop-In

 \$45.00+tax
 \$107.48+tax
 \$17.00\*+tax

 June 4-25
 \$60.00+tax
 \$107.48+tax
 \$17.00\*+tax

### Saturday Member Socials 6:30-9:00PM

Get to know the pros, other members, and play lots of fun tennis including drills and games. BETC provides all the snacks and beverages. Club Member Ratings also available. Contact the Front Desk to sign up. Saturday, March 26th Cardio Tennis Social\$10.00/person.

Other Dates, prices and themes TBD

# ADULT Classes Spring 2016 April - June 2016

(Revised 3/14/16)

**Online Class Registration** Opens the 20th of each month at noon.

### Guest Online Class Registration Opens 7 days prior to the date the month-long class begins.

### **Member Pre-Registration Emails** Sent the 15th of each month to current month-long students (members only).

Registration Website Boeing.gotennissource.com Contact BETC if you need to set up an online account.



6727 S 199th PI Kent, WA 98032 (253) 872-5545 - betconline.net

\*Guests add \$5.00 to "10 & Under Tennis" drop-in fees and \$13 to all other class drop-in fees.

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