

March 5-26

## **Adult Winter Schedule 2016**

#### Level 3: Intermediate

Level 3 is for the player who is comfortable sustaining a rally at a slower pace and has some directional control. Emphasis will be placed on increasing power and control through technique, drills and games. Strategy for competing at the 3.0 level will be covered.

A3 Sunday 12:30-2:00PM USTA/Club 2.5-3.0 Limit 6 Students - 1 Court Instructor: Jim Robison Member Guest Drop-In \$180.00 \$28.00\* January 3-31 \$120.00 February 7-28 \$96.00 \$144.00 \$28.00\* \$108.00 \$28.00\* March 6-20(Skip 27th) \$72.00 New 2016 sales tax not included.

A3 Monday 6:00-7:00PM USTA/Club 2.5-3.0 Limit 12 Students - 2 Courts			
Instructor: Bill Bartlett			
	Member	Guest	Drop-In
January 4-25	\$68.00	\$116.00	\$20.00*
February 1-29	\$85.00	\$145.00	\$20.00*
March 7-28	\$68.00	\$116.00	\$20.00*
New 2016 sales tax not included.			

#### Level 4: Advanced Intermediate

Level 4 is for the player who has several years of experience, and has the ability to hit the ball with power and direction but may lack some consistency. Advanced techniques and strategies will be covered.

A4 Saturday 8:00-9:00AM USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Bill Bartlett Member Guest Drop-In \$85.00 \$145.00 \$20.00\* January 2-30 \$20.00\* February 6-27 \$68.00 \$116.00 \$68.00 \$116.00 \$20.00\* New 2016 sales tax not included.

A4 Sunday 3:30-5:00PM	
USTA/Club 3.0-3.5	
imit 12 Students - 2 Courts	
Instructor: Jim Robison	

	Member	Guest	Drop-In	
January 3-31	\$120.00	\$180.00	\$28.00*	
February 7-28	\$96.00	\$144.00	\$28.00*	
March 6-20(Skip 27th)	\$72.00	\$108.00	\$28.00*	
New 2016 sales tax not included.				

Limit

A4 Monday 5:00-6:00PM USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Bill Bartlett Member Guest Drop-In \$20.00\* January 4-25 \$68.00 \$116.00

February 1-29 \$85.00 \$145.00 \$20.00\* March 7-28 \$68.00 \$116.00 \$20.00\* New 2016 sales tax not included.

A4 Tuesday 6:30-8:00PM USTA/Club 3.0-3.5 Limit 6 Students - 1 Courts Instructor: Allan Overland Member Guest Drop-In \$96.00 \$144.00 \$28.00\* January 5-26 February 2-23 \$96 00 \$144 00 \$28 00\* March 1-29 \$120.00 \$180.00 \$28.00\* New 2016 sales tax not included.

A4 Wednesday 12:00-1:30 USTA/Club 3.0-3.5 Limit 12 Students - 2 Courts Instructor: Bill Bartlett Member Guest Drop-In \$144.00 \$28.00\* January 6-27 \$96.00 \$108.00 \$28.00\* February 3-24(Skip 17) \$72.00 March 2-30 \$120.00 \$180.00 \$28 00\* New 2016 sales tax not included.



A4 Friday 6:30-8:00PM USTA/Club 3.0-3.5 Limit 6 Students - 1 Courts Instructor: Bill Bartlett Member Guest Dron-In

January 8-29(Skip 1st)	\$96.00	\$144.00	\$28.00*
February 5-26	\$96.00	\$144.00	\$28.00*
March 4-25	\$96.00	\$144.00	\$28.00*
New	2016 sal	es tax not	included.

#### Level 5: Advanced

Level 5 is for the serious tournament and league player who wants to refine his or her shots and get into top physical and play-making shape. Wimbledon Workout includes tournament strategies as well as strenuous drills. Games Only Sundays is an intensive class that focuses entirely on competitive games.

#### Wimbledon Workout Friday 6:30-8:00PM USTA 3.5+ Limit 6 Students - 1 Ct Instructor: Allan Overland

New 2016 sales tax not included.				
March 4-25	\$96.00	\$144.00	\$28.00*	
February 5-26	\$96.00	\$144.00	\$28.00*	
January 8-29(Skip 1st)	\$96.00	\$144.00	\$28.00*	
	Member	Guest	Drop-In	

Wimbledon Workout Saturday 1:00-2:30PM USTA 3.5+ Limit 6 Students - 1 Ct Instructor: Allan Overland

	instructor:	Allan C	verian
	Member	Guest	Drop-In
January 2-30	\$120.00	\$180.00	\$28.00*
February 6-27	\$96.00	\$144.00	\$28.00*

March 5-26

\$96.00 \$144.00 \$28.00\* New 2016 sales tax not included.

\*Guests add \$5 (plus tax) to "10 & Under Tennis" drop-in fees and \$12 (plus tax) to all other class drop-in fees.

Late Cancellation Fees: To avoid a late cancellation fee, notify the Front Desk at least 48 hours in advance if you wish to cancel out of a class, otherwise the drop-in fee will be charged.

### Level 1: Beginner

Level 1 is for the player with limited or no experience and is just learning how to keep the ball in play. Emphasis will be placed on basic stroke production and court positioning. Drills and games will be utilized to reinforce the topics covered.

A1 Monday 7:00-8:00PM USTA/Club 1.0-2.0 Limit 6 Students - 1 Court Instructor: Jim Robison Member Guest Drop-In \$116.00 \$20.00\* January 4-25 \$68.00 February 1-29 \$85.00 \$145.00 \$20.00\* March 7-28 \$68.00 \$116.00 \$20.00\* New 2016 sales tax not included.

#### Level 2: Advanced **Beginner**

Level 2 is for the player who has had some experience and is capable of sustaining a short rally. Stroke technique, court coverage and strategy will be covered through drills/games.

#### A2 Monday 6:00-7:00PM USTA/Club 2.0-2.5 Limit 6 Students - 1 Court Instructor: Jim Robison Member Guest Drop-In \$68.00 \$116.00 \$20.00\* \$20.00\* \$85.00 \$145.00 \$116.00 \$20.00\* \$68.00

New 2016 sales tax not included.

A2 Tuesday/Thursday 8:00-9:30PM USTA/Club 2.0-3.0 Limit 6 Students - 1 Court Instructor: Daniel Cotton Member Guest Drop-In \$28.00\* January 5-28 \$192.00 \$288.00 \$288.00 \$28.00\* February 2-25 \$192.00 \$240.00 \$360.00 \$28.00\*

New 2016 sales tax not included.

March 1-31

January 4-25

February 1-29

March 7-28

Games Only Sundays 12:30-2:00PM USTA/Club 3.5+ Limit 6 Students - 1 Ct Instructor: Daniel Cotton Member Guest Drop-In January 3-31 \$120.00 \$180.00 \$28.00\* February 7-28 \$96.00 \$144.00 \$28.00\* \$108.00 \$28.00\* March 6-20(Skip 27th) \$72.00 New 2016 sales tax not included.

#### Levels 2.5/3.0 & Up: Monday Workouts

These workouts are geared to get you in tennis-ready condition through fun and energetic drills.

Monday Morning Workout 9:30-11:00AM USTA/Club 2.5 & Up Limit 6 Students - 1 Court Instructor: Bill Bartlett Member Guest Drop-In January 4-25 \$96.00 \$144.00 \$28.00\* \$120.00 \$28.00\* February 1-29 \$180.00 March 7-28 \$96.00 \$144.00 \$28.00\* New 2016 sales tax not included.

 
 Monday Night Workout 7:00-8:00PM USTA/Club 3.0 & Up

 Limit 6 Students - 1 Court

 Instructor: Bill Bartlett

 Member Guest Drop-In

 January 4-25
 \$68.00
 \$116.00
 \$20.00\*

 February 1-29
 \$85.00
 \$145.00
 \$20.00\*

February 1-29 March 7-28

New 2016 sales tax not included.

\$68.00

\$116.00 \$20.00\*

#### Saturday Socials 6:30-9:00PM - \$8.00/person

Get to know the pros, other members, and play lots of fun tennis including drills and games. BETC provides all the snacks and beverages. Complimentary Club Member Ratings also available. Sign up at the Front Desk. January 30, Price and theme TBD March 26, Price and theme TBD

### All Levels: USTA Team Coaching

Invite up to eight team members to participate in *USTA Team Coaching.* Gain valuable technique and strategy tips during match play experience. Ages 18 and older welcome.

USTA Team Coaching Saturdays 2:00-3:30PM Limit 8 Team Members - 2 Courts Coach: Jim Robison Contact Jim Robison directly to schedule your team's exclusive session, jim@betconline.net. \$80.00 total for 8 players on two courts (add an extra \$12/guest) (\$10/member - \$22/guest)\* New 2016 sales tax not included. Note: Per player price increases when there are fewer than 4 players on each court. Limit of 8 students.

#### Adult USTA High Performance One-Day Saturday Clinics

Each one-day clinic will focus on providing players with cutting edge technique on ground strokes, volleys, overheads and serves. Pros Allan Overland and JJ Jackson are two of just a handful of coaches in the region who are certified USTA High Performance professionals and will bring this world-class training to each clinic.

Adult High Performance Clinic 2.5-3.0 Saturday 9:30AM-12:30PM Limit 12 students - 3 Courts Date March 5 \$49.00 \$61.00 New 2016 sales tax not included.

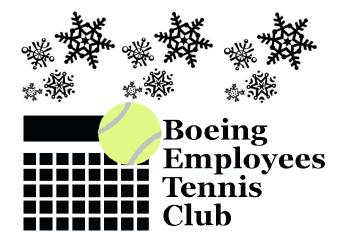
Adult High Performance Clinic 3.5-4.0 Saturday 9:30AM-12:30PM Limit 12 Students - 3 Courts Date March 19 \$49.00 \$61.00 New 2016 sales tax not included.



#### Cardio Tennis All Levels Ages 13 and Up

(Other ages allowed with instructor permission.) Cardio Tennis is a nationally recognized program that has been around for over 10 years. BETC's accredited program is open to all levels and incorporates fitness, music, special cardio tennis balls, and socializing to make a fun and energetic experience. The purpose of the games-based class is to work players into their optimum target heart rate. Players will experience a workout like singles, fun like doubles, and lots of teamwork. Coach Daniel Cotton is Cardio Tennis Accredited.

Cardio Tennis Saturdays 2:30-3:30PM Limit 10 Students - 1 Court Instructor: Daniel Cotton				
	Member	Guest	Drop-In	
January 2-30	\$75.00	\$135.00	\$17.00*	
February 6-27	\$60.00	\$108.00	\$17.00*	
March 5-26	\$60.00	\$108.00	\$17.00*	
New 2016 sales tax not included.				



6727 S 199th PI - Kent, WA 98032 (253) 872-5545 - betconline.net

# **ADULT Classes** Winter 2016

January - March 2016 (Revised 1/5/16)

New 2016 tax not included in pricing.

#### **Online Class Registration**

Opens the 20th of each month at noon. Boeing.gotennissource.com Contact BETC if you need to set up your online account. **Pre-registration Emails** Sent the 15th of each month to currently enrolled members.

\*Guests add \$5 (plus tax) to "10 & Under Tennis" drop-in fees and \$12 (plus tax) to all other class drop-in fees.

Late Cancellation Fees: To avoid a late cancellation fee, notify the Front Desk at least 48 hours in advance if you wish to cancel out of a class, otherwise the drop-in fee will be charged.