

Men's Half Marathon

97 Entrants



Starts: Sunday, July 10 (9:50)

	Age	(Days)	Born	SB	PB
15 KEMBOI Edwin Kipchirchir AUT	32y	16d	1984	-	-
Marathon pb: 2:12:58 -13. Kenyan-born, he gained Austrian citizenship on June 3, 2014. His Austrian wife Anja Prieler is also an athlete, they met in 2011 at a training camp in Austria Marathons (9): 30 Nairobi 2010, 8 Verona 2011, 1 Graz 2011, 4 Mainz 2012, 9 Rotterdam 2013, 22 Frankfurt 2013, 1 Salzburg 2014, 20 Dubai 2015, 32 WCH 2015					
16 KETEMA Lemawork AUT	30y	258d	1985	-	63:50 -14
Full name-Lemawork Ketema Weldearegaye Allegiance transferee from Ethiopia – has lived in Austria since June 11, 2013, acquired Austrian citizenship in February 2016 and cleared by IAAF to represent Austria from June 27, 2016 Marathon pb: 2:14:23 -15. Marathons (3): 1 Graz 2014, 2 Rio 2015, 18 Hamburg 2016 In 2016: 18 Hamburg Marathon					
17 PFEIL Valentin AUT	27y	354d	1988	64:16	64:16 -16
5000 pb: 14:03.58 -13. 3000SC pb: 8:50.91 -12. 11 WSG 5000 2015. At EXC: 2008-54u23, 2009-dnfu23, 2010-47u23, 2013-61. 1 Austrian 5000 2011 In 2016: 6 Barcelona Half Mar; 13 Vienna Marathon; 12 Attnang Road Mile; 1 Austrian 10,000; 1 Gmunden 5000; 4 Oordegem IFAM 5000 'B'					
18 KIPLAGAT Evans AZE	28y	123d	1988	62:50	59:56 -09
Full name-Evans Kiplagat Chebet Allegiance transferee from Kenya – has lived in Azerbaijan since April 20, 2015, acquired Azeri citizenship on April 26, 2016 and cleared by IAAF to compete for Azerbaijan from June 9, 2016 10,000 pb: 28:33.20 -14. 5000 pb: 13:50.78 -14. He was previously in the process of acquiring Russian nationalisation, having raced in the 2014 Russian Championships (5th at 5000m, 6th at 10,000m) In 2016: 10 Istanbul Half Mar					
19 BOUCHIKHI Soufiane BEL	26y	107d	1990	65:15	63:45 -15
2012 European under-23 Cross Country silver // 10,000 pb: 28:11.04 -16. 5000 pb: 13:33.09 -12 (13:40.41 -16). 7 EJC 10,000 2009; 15 ECH 5000 2014. At EXC: 2009 -39J, 2009-11J, 2012-2u23, 2013-28. Student of Industrial Technology at Eastern Kentucky University. His younger brother Lahsene Bouchikhi is also an international distance runner In 2016: 2 Carlsbad Half Mar; 1 Kessel-Lo 5000; 6 Nijmegen 5000; 8 Oordegem IFAM 5000; 8 Leiden 10,000; 7 Turku 5000					
20 NIKOLOV Iolo BUL	32y	153d	1984	66:52	66:52 -16
4x Bulgarian Steeplechase Champion // Marathon pb: 2:19:31 -13. 10,000 pb: 29:36.17 -13. 5000 pb: 14:18.63 -15. 3000SC pb: 8:45.71 -12 (9:01.67 -16). 57 World Half Mar 2012 (2014-91). At WXC: 2011-102, 2013-62. At EXC: 2011-59, 2012-41, 2013-66, 2014/2015-dnf. 1 Bulgarian 3000SC 2008/2009/2012/2016 & 5000 2011/2013 Marathons (4): 2 Sofia 2012, 3 Sofia 2013, 6 Podgorica 2013, dnf ECH 2014 He is the coach of Bulgarian steeplechase record holder Mitko Tsenov In 2016: 59 World Half Mar; 1 Bulgarian 10,000; 1 Sofia 3000SC; 4 Zenica 3000; 1 Bulgarian 3000SC (2 5000); dnf Balkan 5000					
21 DYMÁK Pavel CZE	28y	268d	1987	66:25	66:25 -16
2:28:032 Czech indoor 3000 2016 In 2016: 2 Czech indoor 3000; 21 Prague Half Mar; 6 Pardubice Half Mar; 17 Prague Marathon; 3 Kolín 3000					
22 HOMOLÁČ Jiří CZE	26y	132d	1990	63:50	63:50 -16
Marathon pb: 2:16:55 -16. 10,000 pb: 29:59.76 -14. 22 WSG Half Mar 2013. At EXC: 2009-64J, 2012-22u23 Marathons (9): 20 Prague 2012, 12 Prague 2013, 26 Frankfurt 2013, 15 Prague 2014, 27 Berlin 2014, 15 Prague 2015, 40 Berlin 2015, 21 Hamburg 2016, dnf Prague 2016 In 2016: 15 Prague Half Mar; 21 Hamburg Marathon; dnf Prague Marathon					
23 KOCOUREK Milan CZE	28y	213d	1987	64:23	64:23 -16
Winner of 14 Czech titles across distances and steeplechase events 1500 pb: 3:43.53 -10. 5000 pb: 14:08.34 -10. 10,000 pb: 29:06.21 -12. 3000SC pb: 8:44.23 -14. 11 ETCh 5000 2011 (12 800, he replaced the injured Jakub Holuša); ht EIC 1500 2015. At WXC: 2007-128, 2013-53. At EXC: 2006-18J, 2007-62u23, 2008-32u23, 2010-59, 2011-17, 2012-12, 2013-39, 2015-18. 1 Czech 1500 2010/2013, 5000 2008/2010/2011, 10,000 2014, 3000SC 2011/2012/2014. 1 Czech indoor 1500 1500 2011/2012/2013 & 3000 2012 In 2016: 18 Prague Half Mar; 10 Karlovy Vary Half Mar					
24 PAVLIŠTA Vít CZE	31y	107d	1985	65:09	65:09 -16
Marathon pb: 2:17:51 -15. 10,000 pb: 30:12.81 -14 (31:11.30 -16). 32 WSG Half Mar 2013; 14 European Mountain Running Champs 2014 (2015-38). 2 Czech 5000 2014 (3 3000SC) Marathons (5): 19 Prague 2012, 32 Frankfurt 2013, 14 Prague 2014, 14 Prague 2015, 58 Frankfurt 2015 In 2016: 19 Prague Half Mar; 4 Pardubice Half Mar; 20 ECP 10,000					
25 ULAD Abdi Hakin DEN	25y	23d	1991	62:58	62:24 -14
Twice Nordic Cross Country Champion // Marathon pb: 2:14:03 -16. 10,000 pb: 28:39.14 -14. 5000 pb: 13:56.64 -13. 3 under-23 ECH 10,000 2013; 34 World Half Mar 2014 (2012-44); 15 ECH 10,000 2014. At EXC: 2011-29u23, 2012-11u23, 2013-23u23, 2014-59, 2015-11. 1 Nordic XC 2012/2013. 1 Danish 5000 2015. Came to Denmark in 2002 at age 10 as a refugee from Somalia. Coach-Leo Madsen Marathons (2): 19 Frankfurt 2015, 11 Hamburg 2016 In 2016: 8 Egmond Aan Zee Half Mar; 10 The Hague Half Mar; 11 Hamburg Marathon He is selected for the Rio Olympic Marathon					

27	CASTILLEJO Carles ESP	37y	323d	1978	63:30	61:18 -13
Full name-Carles Castillejo Salvador Fifth in the 2010 & 2012 European 10,000m Marathon pb: 2:10:09 -11 (2:12:03 -16). 10,000 pb: 27:39.79 -08. 5000 pb: 13:11.50 -09. 3000 pb: 7:42.02 -04. 2 ECP 3000 2003; 4 WSG 5000 2003; ht OLY 5000 2004; 6 WSG 10,000 2005; 2 ECP 5000/10,000 2008; 23 OLY 10,000 2008; 2 ETCh 5000 2009; 15 WCH 10,000 2009; 5 ECH 10,000 2010/2012; 3 ECP 10,000 2012. 1 Spanish 5000 2004, 10,000 2009/2013 & XC 2012. At WXC: 2004-57 long, 2005-26 long, 2006-29 long, 2007-68, 2008-64, 2009-26, 2010-31, 2011-31, 2013-27. At EXC: 2006 -10, 2007-14, 2008-34, 2009-35, 2012-5. Coach-Juan Ramón Muñoz Marathons (5): 1 Castellón 2011, 24 OLY 2012, 1 San Sebastian 2013, 5 Barcelona 2015, dnf WCH 2015 In 2016: 1 Terrassa Half Mar; 12 Granollers Half Mar; 2 Seville Marathon He is selected for the Rio Olympic Marathon						
28	ESPAÑA Jesús ESP	37y	320d	1978	63:28	63:28 -16
Full name-Jesús España Cobo 2006 European Champion at 5000m & silver in 2010 Marathon pb: 2:11:58 -16. 3000 pb: 7:38.26 -06. 5000 pb: 13:04.73 -11 (14:25.03 -16). 10,000 pb: 28:26.27. 4 WIC 3000 2003; 2 ECP 5000 2003; 1 ECP 3000 2005; 1 ECH 5000 2006 (2002-11, 2010-2, 2012-20, 2014-11); 6 WCP 3000 2006; 3 EIC 3000 2002/2007/2009 (2015-4); 7 WCH 5000 2007 (2005-dq ht, 2009-10, 2011-12, 2015-ht); 14 OLY 5000 2008; 1 ETCh 3000 2009/2010 & 5000 2011/2015 (2 5000 2014/2015); 6 WIC 3000 2010. 1 Spanish 5000 2010. At WXC: 2001-111 short, 2003-58 short. At EXC: 2010-9 Marathon (1): 6 Seville 2016 In 2016: 8 Santa Pola Half Mar; 6 Seville Marathon (2:11:58 on his début, selected for Rio Olympic marathon); 6 Azkoitia Half Mar; 3 Alcobendas 5000 He is selected for the Rio Olympic Marathon						
29	FERNANDEZ Iván ESP	28y	26d	1988	64:45	64:45 -16
Marathon pb: 2:12:55 -16. 10,000 pb: 28:51.41 -14. 5000 pb: 13:36.64 -13. 3000 pb: 7:49.89 -13. ht World Youth 2000SC 2005; 5 under-23 ECH 10,000 2009. At WXC: 2006-69J. At EXC: 2005-54J, 2006-38J, 2007-36J, 2008-61u23, 2009-22u23, 2011-42u23, 2013-11, 2014-36. 1 Spanish under-23 5000 2008/2009/2010. Coach-Martin Fiz Marathons (2): 14 Hamburg 2015, 7 Hamburg 2016 In 2016: 9 Granollers Half Mar; 17 Lisbon Half Mar; 7 Hamburg Marathon; 6 Alcobendas 5000						
30	GUERRA Javier ESP	32y	239d	1983	62:22	62:22 -15/16
Full name-Javier Guerra Polo First European finisher in 2013 World Championship Marathon, then fourth iat 2014 European Championships Marathon pb: 2:09:33 -15 (2:11:01 -16). 5000 pb: 13:46.12 -07. 10,000 pb: 28:53.03 -09. 15 WJC 5000 2002; 7 WSG 5000 2009 (2007-12); 38 World Half Mar 2014. At WXC: 2001-89J, 2002-44J, 2005-dnf long, 2010-78. At EXC: 2001-9J, 2002-18J, 2005-45, 2008-15, 2009-30, 2010-40, 2011-5, 2012-8, 2013-42. Coach-Antonio Serrano Marathons (5): 1 La Coruña 2013, 15 WCH 2013, 4 ECH 2014, 7 London 2015 (first non-African), 9 Tokyo 2016 In 2016: 5 Santa Pola Half Mar; 9 Tokyo Marathon; 17 Prague Half Mar; 5 Madrid Half Mar He is selected for the Rio Olympic Marathon						
31	LAMDASSEM Ayad ESP	34y	269d	1981	63:29	61:22 -14
Formerly Moroccan, switched to Spain in 2007. Twice second at European Cross Country Championships Marathon pb: 2:09:28 -13. 10,000 pb: 27:45.58 -08. 5000 pb: 13:17.49 -06. 4 ECH 10,000 2010 (2012-6); 2 ECP 10,000 2012; 23 OLY 10,000 2012 (2008-24); 17 World Half Mar 2014 (2016-18). At WXC: 2000-114J (for Morocco), 2008-36 (for Spain), 2009-30, 2010-49, 2011-11. At EXC: 2008-4, 2009-5, 2010/2011-2, 2012-6, 2015-4. 1 Spanish 10,000 2007/2010 (1 XC 2007/2011). Coach-Antonio Cánovas Marathons (4): 23 Otsu 2012, 9 London 2013, dnf WCH 2013, 8 Fukuoka 2013 In 2016: 6 Amorebieta XC; 14 'Great' Edinburgh XC; 11 Seville XC; 8 Elgoibar XC; 1 Valladolid XC; 3 Valencia XC; 2 Spanish XC; 18 World Half Mar						
34	FOSTI Roman EST	33y	31d	1983	67:07	64:42 -15
Marathon pb: 2:17:54 -14. 1500 pb: 3:46.18 -11. 800 pb: 1:49.07 -05. sf WJC 800 2002; ht EIC 1500 2011; 73 World Half Mar 2014. At WXC: 2005-132 short. 1 Estonian 800 2004/2009 (1 indoor 2011); 1 Estonian 1500 2002 (1 indoor 800 2011 & 1500 2005); 1 Estonian 5000/10,000/Half Mar 2014 (1 Half Mar 2015) Marathons (7): 27 Paris 2013, 6 Tallinn 2013, 13 Seville 2014, 18 ECH 2014, 10 Tiberias 2015, 20 WCH 2015, 9 Shanghai 2015 In 2016: 14 Yangzhou Half Mar						
35	JÄRVENPÄÄ Jarkko FIN	29y	319d	1986	64:34	64:30 -13
5000 pb: 14:06.47 -12 (14:24.07 -16). 10,000 pb: 29:08.63 -12. 21 ECH 10,000 2012; 89 World Half Mar 2014. At EXC: 2008-68u23, 2012-60. 1 Finnish 5000 2015 In 2016: 29 Santa Pola Half Mar; 8 Finnish indoor 3000; 21 Venlo Half Mar; 2 Finnish Half Mar; 1 Pori Half Mar; 2 European Clubs Cup 'B' 5000						
36	BOMMIER Timothée FRA	29y	269d	1986	64:17	64:17 -16
Tenth at 2014 European Cross Country Championships // Marathon pb: 2:13:58 -16. 3000SC pb: 8:37.80 -09 (8:54.59 -16). 10,000 pb: 29:15.64 -14. 5000 pb: 13:51.64 -13. ht WJC 3000SC 2004; 7 EJC 3000SC 2005; 4 Francophone Games 3000SC 2009. At WXC: 2015-78. At EXC: 2004-73J, 2014-10. Coached-Marcel Cavatz & Xavier Verhee Marathons (2): 19 Paris 2015, 13 Paris 2016 In 2016: 13 Paris Marathon (1st non-Ethiopian/Kenyan); 7 Strasbourg Half Mar; 3 French Clubs 3000SC						
37	CHAHDHI Hassan FRA	27y	61d	1989	63:30	61:42 -15
Full name-Sidi Hassan Chadi 2010 European under-23 Cross Country Champion, then silver as a senior in 2012 10,000 pb: 29:06.25 -14. 5000 pb: 13:42.92 -14. 1 World Schools Games 3000 2006; 10 WJC 5000 2008; 16 under-23 ECH 5000 2009; 19 World Half Mar 2016. At WXC: 2007-61J, 2008-23J, 2011-23, 2015-dnf. At EXC: 2007-8J, 2008-3J, 2009-2u23, 2010-1u23, 2011-3, 2012-2, 2013-5, 2014-39. 1 French indoor 3000 2015; 1 French XC 2015. Born-Cluses (south-eastern France) Marathon (1): 14 Rotterdam 2016 In 2016: 2 Nice 10K; 6 French indoor 3000; 3 French XC; 19 World Half Mar; 14 Rotterdam Marathon						
38	COURCIERES Romain FRA	29y	106d	1987	65:02	65:02 -16
Marathon pb: 2:17:27 -16. 10,000 pb: 29:23.73 -14. 3 European Clubs Cup XC 2016; 62 World Half Mar 2016. Coach-Yannick Kerloch Marathon (1): 3 Annecy 2016 In 2016: 3 European Clubs Cup XC; 13 Barcelona Half Mar; 10 French XC; 62 World Half Mar; 3 Annecy Marathon						
39	DURAND Yohan FRA	31y	54d	1985	-	63:46 -15
Fourth in 2012 European 5000m // Marathon pb: 2:14:00 -15. 5000 pb: 13:17.90 -12. 3000 pb: 7:46.46 -11. 1500 pb: 3:38.12 -11. 2 under-23 ECH 1500 2007 (4 5000); 4 ETCh 3000 2010; 7 EIC 3000 2011; 7 ETCh 5000 2011; ht WIC 3000 2012; 4 ECH 5000 2012; 5 ETCh 3000 2014. At WXC: 2004-61J, 2009-101. At EXC: 2004-17J, 2006 -27u23, 2013-39, 2015-8 Marathons (2): 15 Paris 2015, dnf Berlin 2015 In 2016: 1 Nice 10K						

40	THEURI James FRA	37y	250d	1978	-	60:54 -05
<p>Allegiance transferee from Kenya – Full name-James Kibocha Theuri (aka Theury), cleared by the IAAF to compete for France from March 17, 2006 Marathon pb: 2:10:39 -09 (2:17:25 -16). 10,000 pb: 28:15.57 -08. 19 World 20K 2006; 23 World Half Mar 2009 (2008-24, 2014-31). At WXC: 2006-69, 2007-25. At EXC: 2008-18. Was a member of the French Foreign Legion team. Served one-year doping ban in 2014/2015 Marathons (16): 16 Paris 2005, 12 New York 2005, 1 Mont St. Michel 2006, 6 Florence 2006, 4 La Rochelle 2007, 21 Paris 2008, 14 Paris 2009, 41 WCH 2009, dnf ECH 2010, 13 Paris 2011, 33 Berlin 2011, 23 Dubai 2012, 24 Paris 2012, 10 Rotterdam 2014, 8 Marrakech 2016, 6 Santiago de Chile 2016. Also paced Paris 2010 In 2016: 8 Nice 10K; 8 Marrakech Marathon; 6 Santiago de Chile Marathon; 2 Aix-en-Provence 3000</p>						
41	BOND Matt GBR	33y	355d	1982	64:38	64:29 -12
<p>Marathon pb: 2:15:32 -16. 10,000 pb: 29:08.69 -12. 5000 pb: 13:51.03 -12. 10 UK 10,000 2012 (third Briton). Former Triathlete. Taught English in Budapest for two years to 2008, Was at Adams State University (Alamosa, Colorado) for two years to 2012. Coach-Norman Poole Marathon (1) 17 London 2016 In 2016: 12 Santa Pola Half Mar; 18 English 'National' XC; 2 Knighton 20M; 3 Cardiff Half Mar (he was third in the mass race held in conjunction with the World Championships); 17 London Marathon</p>						
43	HAWKINS Callum GBR	24y	14d	1992	62:36	62:36 -16
<p>First non-African finisher in 2016 London Marathon, from where both he and his older brother Derek were selected by Britain for the Rio Olympic Marathon Marathon pb: 2:10:52 -16. 10,000 pb: 28:49.57 -14. 5000 pb: 14:03.37i -12, 14:06.57 -15. 1 European Youth Olympic Festival 3000 2009; 20 COM 10,000 2014; 15 World Half Mar 2016. At WXC: 2010-47J. At EXC: 2009-19J, 2013-7u23, 2014-5u23. Coach/father-Richard Hawkins, also advised by Steve Jones His older brother Derek was ninth (first Briton) in the 2014 Commonwealth Games Marathon; another brother Scott (born 1990) was 7th in the 2004 AAA under-17 1500m (now retired) Based-Paisley, studying Mechanical Engineering at the University of West Scotland Marathons (2): 12 Frankfurt 2015, 8 London 2016 In 2016: 4 'Great' Edinburgh XC; 1 British Universities XC; 10 Paris Half Mar (pb 62:39); 15 World Half Mar (2nd Briton home after Mo Farah, team 4th); 8 London Marathon</p>						
44	HAWKINS Derek GBR	27y	69d	1989	63:53	63:53 -16
<p>First British finisher at 2013 London & 2014 Commonwealth Games Marathons Marathon pb: 2:12:57 -16. 10K pb: 29:41 -12. 1 Scottish 10,000 2013. At WXC: 2011-89. 1 London "mini" Marathon 2004 for age 13/14 boys. At EXC: 2010-48u23, 2011 -26u23. 1 Scottish XC 2009/2011/2012. Lives-Paisley. Coach/father Robert Hawkins (formerly coach by Lawrie Spence), also advised by Steve Jones Marathons (4): 18 Frankfurt 2012, 12 London 2013 (first Briton), 9 COM 2014, 14 London 2016 His younger brothers were / are both athletes: Scott (born 1990) was 7th in the 2004 AAA under-17 1500m Callum (born 1992) 2:12:17 marathoner, ran for Scotland for the 2014 Commonwealth Games 10,000m In 2016: 9 Ostia Half Mar (pb); 1 Cardiff Half Mar (he won the mass race held in conjunction with the World Championships); 14 London Marathon (3rd Briton, both he and his brother Callum are selected for the Rio Olympic Marathon)</p>						
45	HAY Jonny GBR	24y	145d	1992	64:53	64:09 -14
<p>2016 English 'National' Cross Country Champion // Marathon pb: 2:23:52 -16. 10,000 pb: 30:29.07 -14. 5000 pb: 13:57.16 -11. 1500 pb: 3:42.13 -14. ht World Youth 1500 2009; 3 EJC 5000 2011. 1 English under-23 1500 2012; 1 British Universities 5000 2013/2014; 1 English 'National' XC 2016. At WXC: 2009-90J, 2010-62J, 2011-39J, 2015-84. At EXC: 2009-23J, 2010-14J, 2011-8J, 2013-12u23, 2014-4u23, 2015-56. Was at Birmingham University. Coach-Mick Woods Marathon (1): 42 London 2016 In 2016: 7 Antrim XC; 1 South of England XC; 1 Bramley 20M (1:42:43 or 2:14:30 pace); 1 English 'National' XC; 2 Bath Half Mar; 42 London Marathon</p>						
46	MERRIEN Lee GBR	37y	72d	1979	64:07	64:07 -16
<p>First Briton in the 2011 & 2012 London Marathons. Guernsey record holder in seven events Marathon pb: 2:13:41 -12 (2:16:42 -16). 10,000 pb: 29:23.05 -08. 5000 pb: 13:57.66 -07. Mile pb: 3:59.18 -05. 1500 pb: 3:40.79 -05. 800 pb: 1:49.97 -05. ht COM 1500 2002/2006; 1 Island Games 1500 2003/2005/2007/2009 (1 5000 2007/2009); 14 COM 10,000 2010 (15 5000). At WXC: 2009-90. At EXC: 2008-22. Married Teresa Matthews in 2005, their children Thomas (7) & Jessica (4). He has his own running coaching business in Guernsey. Coach-Gavin Smith (formerly John Nuttall) Marathons (8): 12 London 2010; 8 ECH 2010, 13 London 2011, 21 WCH 2011, 16 London 2012, 30 OLY 2012, 26 Berlin 2015, 19 London 2016 Not originally selected for London 2012 as he did not achieve UKA's standard of 2:12, but was added to the team on appeal In 2016: 1 Hampshire XC; 4 Chichester 10K; 1 St Peter Port 10M; 14 New York Half Mar (pb); 19 London Marathon</p>						
47	TEWELDE Tsegai GBR	26y	211d	1989	64:46	63:34 -15
<p>Full name-Tsegai Tewelde Takleslasie Allegiance transferee from Eritrea – he has lived in Britain since 2008, acquired British citizenship on December 6, 2014 and was cleared by the IAAF to compete for Britain from March 3, 2016 Marathon pb: 2:12:23 -15. 10K pb: 29:07 -09. 5000 pb: 14:23.63 -09. 1500 pb: 3:42.10 -06. 5 WJC 1500 2006. At WXC: 2007-17J, 2008-19J (for Eritrea). 1 Scottish short course XC 2009; 1 Glasgow 'Great' Scottish 10K 2009; 4 'Great' Scottish Half Mar 2015. Coach-John MacKay Stayed in Scotland after the 2008 World Cross Country Championships in Edinburgh Marathon (1): 12 London 2016 (brave 64:46 first half, then 67:37) In 2016: 12 London Marathon (gained auto section for Rio by being 2nd British finisher, and with the Olympic qualifying standard)</p>						
49	FLÜGEL Julian GER	30y	80d	1986	64:17	64:17 -16
<p>Marathon pb: 2:13:57 -15 (2:17:10 -16). 10,000 pb: 29:36.37 -11. 5000 pb: 13:54.66 -13. At EXC: 2011-38, 2013-44. 2 German 10,000 2011 Marathons (6): 14 Hamburg 2014, 16 Frankfurt 2014, 16 Hamburg 2015, 19 Berlin 2015, 44 Frankfurt 2015, 22 Hamburg 2016 In 2016: 7 Barcelona Half Mar; 12 Paderborn 10K; 20 Berlin Half Mar; 22 Hamburg Marathon</p>						
50	GABIUS Arne GER	35y	107d	1981	62:45	62:09 -14
<p>2012 European silver at 5000m. At Frankfurt 2015 with 2:08:33 broke the German record for the marathon which had stood to Jörg Peter (GDR) since 1988 Marathon pb: 2:08:33 -15. 10,000 pb: 27:43.93 -15. 5000 pb: 13:12.50 -13. 3000 pb: 7:35.43 -12. 1500 pb: 3:41.17 -14. 4 ECP 3000 2005 (2006-6); 9 EIC 3000 2007; 2 ECP 5000 2007; ht WCH 5000 2009/2013; 7 ETCh 3000 2010; 2 ECH 5000 2012 (2006-dnq, 2010-12. 2014-7); 8 WIC 3000 2012 (2008-12); ht OLY 5000 2012; 1 ETCh 5000 2014 (2011-10, 2013-6); 17 WCH 10,000 2015 (his last track race). 1 German 5000 2007/2009/2010/2011/2013. At EXC: 2005-48. Coach-Renato Canova (previously coached by Dieter Baumann) Marathons (3): 9 Frankfurt 2014, 4 Frankfurt 2015, dnf London 2016 In 2016: 2 Paderborn 10K; 4 Berlin Half Mar; dnf London Marathon (spasms and stitch); 5 'Great' Manchester 10K He is selected for the Rio Olympic Marathon</p>						
51	NERKAMP Jens GER	26y	311d	1989	64:06	64:06 -16
<p>10,000 pb: 29:16.77 -14 (30:04.36 -16). 5000 pb: 14:07.28 -15 (14:13.25 -16). 4 German 5000 2015 (2016-6) In 2016: 9 Paderborn 10K; 11 Berlin Half Mar; 7 Celle 10,000; 17 Oordegem IFAM 5000 'B'; 8 Osterode 1500; 7 German 5000</p>						

52	PFEIFFER Hendrik GER	23y	111d	1993	64:06	63:42 -15
Marathon pb: 2:13:11 -16. 10,000 pb: 29:16.14 -14. 5000 pb: 14:04.56 -14. 12 under-23 ECH 10,000 2013. At EXC: 2011-22J, 2013-52u23, 2014-17u23, 2015-35u23 In 2016: 3 Apeldoorn 8K; 10 Berlin Half Mar; 3 Düsseldorf Marathon He is selected for the Rio Olympic Marathon						
53	PFLIEGER Philipp GER	28y	356d	1987	64:58	63:51 -15
Marathon pb: 2:12:50 -15. 10,000 pb: 28:40.39 -14 (30:11.41 -16). 15 ECH 5000 2012; 17 ECP 10,000 2013. At EXC: 2007-54u23, 2013-14. 1 German 10,000 2012 Marathon (1): 16 Berlin 2015 In 2016: 6 Regensburg 10,000; 16 Berlin Half Mar He is selected for the Rio Olympic Marathon						
54	GELAOUZOS Konstadinos GRE	25y	228d	1990	68:01	68:01 -16
Marathon pb: 2:21:55 -16. 12 ETCh 3000 2013. 1 Greek indoor 3000 2013/2014 (2015/2016-2) Marathon (1): 14 Düsseldorf 2016 In 2016: 2 Greek indoor 3000; 1 Náfplio Half Mar; 1 Greek Half Mar; 14 Düsseldorf Marathon						
55	JÓZSA Gábor HUN	32y	323d	1983	66:35	66:35 -16
Twice winner of Budapest Marathon // Marathon pb: 2:16:53 -16. 10,000 pb: 30:03.68 -14 (30:46.51 -16). 5000 pb: 14:18.67 -12 (14:37.1 -16). At EXC: 2012-77. 1 Hungarian indoor 3000 2013 & 1 Hungarian 10,000 2013 Marathons (8): 2 Budapest 2011, 1 Siófok 2012, 1 Budapest 2012, 15 Xiamen 2013, 21 Rotterdam 2013, 1 Budapest 2013, 31 Frankfurt 2015, 19 Hamburg 2016 In 2012: 3 Hungarian 10,000; 1 Siófok Marathon; 4 Hungarian XC (European Championships test race)						
56	CIOBANU Sergiu IRL	32y	331d	1983	66:30	64:48 -12
(Sergiu pronounced like Sir-Jew) Twice winner of Cork Marathon // Marathon pb: 2:15:14 -15. 10,000 pb: 30:11.47 -10. At EXC: 2005-87, 2015-52. Allegiance transferee from Moldova – based in Ireland since 2006, gained Irish citizenship on January 23, 2015 and cleared by IAAF to represent Ireland from July 7, 2015. Coach-Jerry Kiernan Marathons (14): 3 Belfast 2009, 15 Dublin 2009, 1 Cork 2010; 12 Dublin 2010, 1 Cork 2011, 14 Dublin 2011, 13 Rotterdam 2012, 2 Cork 2012, 16 Dublin 2012, 47 WCH 2013, 3 Dublin 2013, 15 Hamburg 2014, 5 Dublin 2014, 24 Berlin 2015 In 2016: 50 World Half Mar; 3 Dublin 5M						
57	CLOHISEY Mick IRL	30y	175d	1986	64:25	64:25 -16
Marathon pb: 2:15:11 -16. 10,000 pb: 29:24.36 -16. 5000 pb: 14:23.24 -08. At WXC: 2008-135. At EXC: 2005-68J, 2006-46u23, 2007-53u23, 2008-37u23, 2009-52, 2013-56, 2014-44, 2015-37 Marathons (3): 18 Rotterdam 2015, 29 Berlin 2015, 9 Seville 2016 In 2016: 1 Waterford Half Mar; 1 Dublin 5M (Jan 31); 9 Seville Marathon; 2 'Great' Ireland 10K; 2 Dublin 5M (May 15); 6 UK 10,000; 3 Irish 10,000 He is selected for the Rio Olympic Marathon						
58	HANRAHAN Mark IRL	31y	122d	1985	65:09	65:09 -16
Marathon pb: 2:19:52 -16. 10,000 pb: 29:33.80 -14 (29:40.03 -16). 5000 pb: 13:58.03 -14. 1500 pb: 3:46.31 -12. 3000 pb: 8:01.50 -08. At EXC: 2004-56J, 2006-62u23, 2011-49, 2014-53. 1 Irish under-23 1500 2007; 2 Irish 1500 2008; 3 Irish indoor 3000 2013. Sixth in 2014 'Great' Ireland 10K Marathons (2): 55 Berlin 2015, 34 Rotterdam 2016 In 2016: 2 Waterford Half Mar; 21 Barcelona Half Mar; 1 Cork 10M; 34 Rotterdam Marathon; 12 UK 10,000						
59	MURRAY Gary IRL	36y	157d	1980	66:12	64:40 -15
2006 Irish Champion at 5000m // Marathon pb: 2:21:09 -15. 10,000 pb: 29:36.03 -05. 5000 pb: 13:44.62 -05. 1500 pb: 3:41.02 -08. dnf World Half Mar 2009. 1 Irish 1500 2005 & 5000 2006. At WXC: 99-96J, 2003-108 short, 2005-dnf long. At EXC: 98-41J, 99-8J, 2004-64, 2005-12, 2006-38, 2007-26, 2008-36 Marathon: 54 Berlin 2015 In 2016: 5 Reading Half Mar						
60	POLLOCK Paul IRL	30y	12d	1986	63:46	62:10 -14
Marathon pb: 2:15:38 -15. 10,000 pb: 28:32.18 -14. 5000 pb: 14:07.89 -14. 19 COM 10,000 2014; 14 World Half Mar 2016 (2012-34). 1 Northern Ireland 1500 2005/2007 & XC 2011. At WXC: 2005-116J. At EXC: 2005-46J, 2008-57u23, 2011-25, 2013-26, 2014-23, 2015-45. Older brother Noel Pollock (3:44.56 1500m in 2005) is now Sports Medicine Doctor for UK Athletics. Coach-Andy Hobdell Marathons (4): 9 Dublin 2012, 13 London 2013, 21 WCH 2013, 30 Berlin 2015 In 2016: 1 Chichester 10K; 1 Wokingham Half Mar; 14 World Half Mar (first European-born finisher) He is selected for the Rio Olympic Marathon						
61	SEAWARD Kevin IRL	30y	277d	1985	65:23	65:08 -15
2002 Irish Junior Champion at 5000m // Marathon pb: 2:14:52 -15. 10,000 pb: 30:29.30 -11. 5000 pb: 14:19.05 -15. At EXC: 2012-107J. 1 Northern Ireland junior 5000 2002 Marathons (3): 3 Manchester 2014, 28 ECH 2014, 21 Berlin 2015 In 2016: 5 Chichester 10K; 5 Manchester 'Trafford' 10K; 42 World Half Mar He is selected for the Rio Olympic Marathon						
64	GETAHUN Yimer ISR	24y	8d	1992	67:08	66:16 -15
5000 pb: 14:31.44 -16. 1500 pb: 3:42.40 -13 (3:45.83 -16). 800 pb: 1:51.08 -13. ht World Youth 1500 2009; 7 under-23 ECH 1500 2013. At WXC: 2010-99J, 2011-81J. At EXC: 2013-74u23. 1 Israeli 1500 2013/2016. Emigrated from Ethiopia in 2001 In 2016: 4 Tel Aviv 10,000; 1 Tel Aviv Half Mar; 1 Israeli 1500 (4 5000)						
65	GUADIE Ageze ISR	26y	299d	1989	-	67:04 -15
10,000 pb: 30:14.40 -12. Marathon pb: 2:18:54 -16 (27 Rotterdam). 21 under-23 ECH 10,000 2011 In 2016: 27 Rotterdam Marathon						
66	TEFERI Maru ISR	24y	140d	1992	-	66:16 -15
Marathon pb: 2:18:19 -16. 10,000 pb: 8:22.38 -15. 17 under-23 ECH 10,000 2013. Emigrated from Ethiopia in 2006 Marathons (2): 47 Berlin 2015, 23 Rotterdam 2016 In 2016: 23 Rotterdam Marathon						

67	WUVE Berihun ISR	34y	122d	1982	-	64:37 -14
(aka Weve Brihun, Weva Brihun, Brihon Voba, Brihun Wuve etc) // Marathon pb: 2:17:17 -11 (2:19:50 -16). 10,000 pb: 28:55.78 -14. 5000 pb: 13:52.21 -11 (14:31.67 -16). 66 World Half Mar 2014. 1 Israeli 5000 2007/2008. Emigrated from Ethiopia in 2000. Coach-Ayele Setegne (also an international marathoner) Marathons (12): 23 Paris 2010, 34 ECH 2010, 21 Tiberias 2011, 15 Rotterdam 2011, 36 Berlin 2011, 20 Tiberias 2012, 26 Tiberias 2013, 18 Rotterdam 2013, 10 Tiberias 2014, 41 ECH 2014, 13 Tiberias 2015, 33 Rotterdam 2016 In 2016: 33 Rotterdam Marathon; 5 Israeli 5000						
68	CHEVRIER Xavier ITA	26y	112d	1990	63:43	63:43 -16
Former World Junior Mountain Running Champion // 1 World Junior Mountain Running Champs 2009; 2 European Junior Mountain Running Champs 2009; 4 European Mountain Running Champs 2013 (2015-6); 7 World Mountain Running Champs 2015. At EXC: 2009-52J. His uncle Attilio Lombard was an Olympic skier In 2016: 9 San Vittore Olona XC; 8 Ostia Half Mar						
69	D'ONOFRIO Daniele ITA	22y	272d	1993	63:29	63:29 -16
10,000 pb: 29:01.93 -16. 5000 pb: 14:05.36 -16. 10 WJC 10,000 2012; 9 under-23 ECH 10,000 2015 (11 5000); 14 ECP 10,000 2016. At EXC: 2013-55u23, 2014-44u23 In 2016: 1 Rome 8K; 1 Naples Half Mar; 4 Fucecchio Half Mar; 10 Milan "Stramilano" Half Mar; 6 Tuscan 10,000; 6 Orvieto 5000; 14 ECP 10,000						
71	LA ROSA Stefano ITA	30y	288d	1985	64:05	62:15 -12
2011 World Student Games bronze at 5000m // 10,000 pb: 28:13.62 -12 (28:42.25 -16). 5000 pb: 13:23.58 -12 (13:42.31 -16). 16 WJC 5000 2004; 7 ETCh 1500 2009; 2 Mediterranean Games 5000 2009; 6 ETCh 3000 2010 (2014-7); 10 ECH 5000 2010; 10 EIC 3000 2011; 4 WSG 5000 2011; 11 ECH 5000 2012 (12 10,000); 8 ECH 10,000 2014; 9 ETCh 3000 2015; 25 World Half Mar 2016; 5 ECP 10,000 2016. 1 Italian 10,000 2008/2009 (1 5000 2009/2013). At WXC: 2003-51J, 2004-dnfJ, 2008-dnf. At EXC: 2003-38J, 2004-18J, 2006-10u23, 2007-5u23, 2008-16, 2009-15, 2010-dnf, 2011-13, 2012-dnf, 2014-8. 1 Italian 10,000 2008 & 5000 2010/2011/2012. Born-Grosseto Marathons (2): 1 Treviso 2015, 12 Amsterdam 2015 In 2016: 7 San Giorgio Legnano XC; 4 Verona Half Mar; 3 Italian XC; 25 World Half Mar; 2 Oderzo 9.9K; 2 Orvieto 5000; 5 ECP 10,000						
72	MEUCCI Daniele ITA	30y	273d	1985	62:55	61:06 -13
2014 European Marathon Champion // Marathon pb: 2:11:08 -14. 10,000 pb: 27:32.86 -12. 5000 pb: 13:19.00 -12. 3000 pb: 7:41.74 -12. dnf WJC 10,000 2004; 10 ECH 10,000 2006; 3 under-23 ECH 10,000 2007; 3 ETCh 3000 2009 (2013-9); ht WCH 5000 2009; 18 World Half Mar 2009; 5 ETCh 5000 2010; 3 ECH 10,000 2010 (6 5000); 7 IAAF Continental Cup 3000 2010; 2 ECH 10,000 2012 (5 5000); 24 OLY 10,000 2012 (ht 5000); 19 WCH 10,000 2013; 27 World Half Mar 2014; 6 ECH 10,000 2014; 1 ECP 10,000 2016. 1 Italian 5000 2007 10,000 2006/2007 (1 5000 2008). 1 Italian indoor 3000 2008/2009. At WXC: 2008-99. At EXC: 2004-48J, 2008-12, 2009-9, 2012-3, 2013-dnf. Born-Pisa. Coach-Luigi Principato. He is a graduate in Automatic Engineering from the University of Pisa, having prepared a thesis on robotics Marathons (5): 11 Rome 2010, 10 New York 2013, 1 ECH 2014, 2 Otsu 2015, 8 WCH 2015 (despite a pit stop which cost him 90 seconds and a possible medal) In 2016: 2 Barcelona Half Mar; 7 Italian XC; 9 New York Half Mar; 1 Oderzo 9.9K; 1 ECP 10,000						
73	PERTILE Ruggero ITA	41y	333d	1974	63:29	62:17 -07
Fourth at 2015 World Championships at age 41 // Marathon pb: 2:09:53 -09 (2:12:17 -16). 10,000 pb: 28:56.63 -05. 1 Mediterranean Games Half Mar 2013 At EXC: 2011 -43. Born-Padua. Coach-Massimo Magnani Marathons (28): 12 Venice 99, 21 Padua 2000, dnf Florence 2001, 5 Milan 2002, 4 Padua 2003, 23 WCH 2003, 1 Rome 2004, 3 Carpi 2004, 8 Otsu 2005, 35 WCH 2005, 1 Padua 2006, dnf ECH 2006, 7 Boston 2007, 6 New York 2007, dnf Beppu-Oita 2008, 15 OLY 2008, 2 Turin 2009, 4 ECH 2010, 1 Turin 2010, 2 Milan 2011, 7 WCH 2011, 12 Otsu 2011, 10 OLY 2012, 1 Palmanova 2013, 7 ECH 2014, 5 Rome 2015, 4 WCH 2015, 1 Padua 2016 In 2016: 6 Coamo Half Mar; 5 Fucecchio Half Mar; 6 Prato Half Mar; 1 Padua Marathon						
74	VIŠKERS Janis LAT	27y	99d	1989	67:34	67:34 -15
Marathon pb: 2:20:02 -15 (2:27:07 -16). 5000 pb: 14:29.99 -13 (14:44.85 -16). 15 WSG Half Mar 13; 63 World Half Mar 2016. At EXC: 2010-72u23, 2011-56u23, 2012-73, 2013-54. 1 Latvian indoor 3000 2013; 1 Latvian 3000 2013; 1 Latvian 5000/Half Mar 2015 Marathons (3): 14 Vienna 2014, 41 Frankfurt 2015, 8 Riga 2016 In 2016: 2 Latvian indoor 3000						
75	TSCHOPP Marcel LIE	42y	70d	1974	70:48	67:51 -08
Liechtensteiner record holder at marathon & half marathon. He was Liechtenstein's flag bearer at the 2008 Olympics Marathon pb: 2:23:55 -11. 72 World Half Mar 2005 (2004-75, 2009-88, 2014-105); 80 Berlin 2006; 22 London 2007; 47 WCH 2007; 16 Zürich 2008; 74 OLY 2008, 39 ECH 2010, 33 Chicago 2011, 75 OLY 2012, 79 Berlin 2015 He is also an international orienteer and works as a Doctor in the Department of Rheumatology at St Gallen hospital In 2016: 74 World Half Mar						
76	KANČYS Remigijus LTU	28y	355d	1987	66:36	66:36 -16
Marathon pb: 2:15:34 -15. 5000 pb: 14:27.89 -15. 2 Lithuanian 5000 2015 Marathons (2): 1 Vilnius 2014, 28 Berlin 2015 In 2016: 13 Warsaw Half Mar						
77	PRODIUS Roman MDA	35y	86d	1981	63:37	63:37 -16
Marathon pb: 2:12:31 -10. At EXC: 2005-79. 1 Moldovan 5000 2009 & 10,000 2006 Marathons (15): 2 Novi Sad 2006, 4 Bucharest 2008, 4 Kavarna 2009, 3 Podgorica 2009, 5 Limassol 2010, dnf Linz 2010, 2 Mainz 2010, 5 Limassol 2010, 8 Porto 2011, 5 Mainz 2012, dnf OLY 2012, 5 Mainz 2013, 45 WCH 2013, 8 Vienna 2015, 31 WCH 2015 In 2016: 7 Ostia Half Mar; 4 Korschenbroich 10K; 4 Oderzo 9.9K; 11 Oelde 10K						
78	BUTTER Michel NED	30y	244d	1985	70:48	62:25 -13
Third on the Dutch marathon all-time list after Kamiel Maase (2:08:21) and Gerard Nijboer (2:09:01) who was Olympic silver medallist in Moscow 1980 Marathon pb: 2:09:58 -12. 10,000 pb: 28:52.58 -09. 5000 pb: 13:37.33 -09. 3000 pb: 7:59.80 -09. 2 under-23 ECH 10,000 2007; 1 Dutch 10,000 2013. At WXC: 2004-84J. At EXC: 2003-67J, 2004-70J, 2005-65J, 2006-15u23, 2007-16u23, 2008-9, 2010-16, 2012-25, 2015-17. Graduate of Sport Management from the Johan Cruyff Academy in Amsterdam Marathons (7): 1 Utrecht 2011, 15 Amsterdam 2011; 7 Boston 2012; 12 Amsterdam 2012, 10 Rotterdam 2013, 12 Rotterdam 2015, 11 Amsterdam 2015 In 2016: 10 Egmond Aan Zee Half Mar; 3 Kerkrade XC; 3 Schoorl 10K; 5 Dutch 5000						
79	CHOUKOU Khalid NED	30y	106d	1986	63:30	61:53 -13
Marathon pb: 2:10:52 -14. 10,000 pb: 28:26.82 -12. 5000 pb: 13:39.33 -09. 1 Dutch XC 2011 & 10,000 2012. At WXC: 2005-95J. At EXC: 2005-11J, 2006-9u23, 2010-33, 2011-7, 2012-21, 2013-19, 2015-dnf. Born-Morocco. ex-Thai boxer. Served two-year doping suspension to June 2009 Marathons (2): 7 Rotterdam 2014, 14 Amsterdam 2015 In 2016: 6 Egmond Aan Zee Half Mar; 2 Kerkrade XC; 4 Schoorl 10K; 12 Brunssum 10K; 1 Leiden Half Mar; 13 Leiden 10,000						

80	NAGEEYE Abdi NED	27y	127d	1989	62:08	62:08 -16
Marathon pb: 2:10:24 -15 (2:18:05 -16). 10,000 pb: 28:21.29 -13. 5000 pb: 13:38.86 -12. 3000 pb: 7:57.07 -09. 4 under-23 ECH 5000 2009 (11 1500). At EXC: 2007-24J, 2008-12J, 2009-7u23, 2010-33u23. 1 Dutch XC 2009. Born-Somalia Marathons (4): 3 Enschede 2014, 9 Rotterdam 2015, 8 Amsterdam 2015, 8 Boston 2016 In 2016: 4 Egmond Aan Zee Half Mar; 7 The Hague Half Mar; 8 Boston Marathon						
81	VAN NUNEN Bart NED	20y	286d	1995	63:53	63:53 -16
10,000 pb: 28:59.90 -15. 5000 pb: 14:11.01 -16. 5 EJC 5000 2013; 12 WJC 10,000 2014; 4 under-23 ECH 10,000 2015. At EXC: 2013-36J, 2014-43J, 2015-40u23 In 2016: 8 Schoorl 10K; 7 Berlin Half Mar; dnf Nijmegen 5000; 13 Oordegem IFAM 5000 'B'						
82	WIGGERS Tom NED	28y	331d	1987	63:56	63:40 -13
10,000 pb: 28:33.74 -14. 5000 pb: 13:38.35 -14 (14:08.87 -16). 1500 pb: 3:41.55 -10. ht WJC 1500 2006; 8 ETCh 5000 2014; dnf ECH 10,000 2014. At EXC: 2004-83J, 2005-73J, 2006-37J, 2008-22u23, 2009-19u23. Superstition, always competes in black socks. Coach-Guido Hartensveld In 2016: 15 Egmond Aan Zee Half Mar; 5 Breda XC; 12 The Hague Half Mar; 1 Dutch XC; 6 Vught 3000; 29 Oordegem IFAM 5000; dnf Leiden 10,000						
83	FLØYSTAD Hans Kristian NOR	27y	95d	1989	65:32	65:32 -16
2012 Norwegian Champion at 5000m // 10,000 pb: 29:34.71 -16. 5000 pb: 14:04.56 -16. 3000 pb: 8:01.58i -13 -12, 8:04.27 -12. 1500 pb: 3:40.61 -12. ht EIC 3000 2013. 1 Norwegian 1500 2011 & 5000 2012. At WXC: 2011-100. At EXC: 2010-44u23, 2011-32u23, 2012-48, 2014-38, 2015-34 In 2016: 8 European Clubs Cup XC; 16 Barcelona Half Mar; 3 Norwegian indoor 3000; 5 Oslo 10K; 5 Oordegem IFAM 5000 'C'; 7 Jessheim 1500; 10 Oslo Diamond National 1500; 24 Leiden 10,000						
84	GRAMSTAD Eirik NOR	31y	285d	1984	68:21	68:21 -16
10K pb: 29:48 -12 (30:18 -16). 10,000 pb: 30:17.60 -16. 5000 pb: 14:10.18 -14 (14:18.31 -15). At EXC: 2012-39. 2 Norwegian XC 2013 In 2016: 1 Holmestrand Half Mar; 11 Oslo 10K; 3 Jessheim 1500 'B'; 2 Kristiansand 10,000						
85	GRØNNEVIG Ørjan NOR	25y	143d	1991	-	65:02 -15
10,000 pb: 29:33.14 -16. 5000 pb: 14:10.87 -12. At EXC: 2010-52J, 2011-48u23, 2012-9u23, 2013-6u23, 2015-71. 1 Norwegian XC 2012 & 5000/10,000 2013 In 2016: 4 Oslo 10K; 10 UK 10,000						
86	HAMMER Jonas Lurås NOR	25y	119d	1991	66:25	66:25 -16
3000SC pb: 9:12.10 -10. 1 Nordic junior 3000SC 2010 In 2016: 22 The Hague Half Mar; 19 Oslo 10K						
87	PERSEN Asbjørn Ellefsen NOR	29y	49d	1987	64:14	63:56 -14
Marathon pb: 2:16:30 -15. 10,000 pb: 29:47.03 -12. 5000 pb: 13:55.56 -13. 1 Nordic Challenge 10,000 2012; 11 ETCh 5000 2013; 31 World Half Mar 2016 (2014-59). At EXC: 2012-31 Marathons (2): 4 Düsseldorf 2015, 20 Frankfurt 2015 In 2016: 6 European Clubs Cup XC; 13 The Hague Half Mar; 31 World Half Mar; 3 Oslo 10K; 7 Hamar 3000; 5 Oslo Boysen 5000						
88	VEDVIK Marius Øyre NOR	24y	110d	1992	66:19	64:14 -15
10,000 pb: 28:48.97 -14. 5000 pb: 13:45.21 -15 (14:10.79 -16). 14 ECH 10,000 2014. 1 Nordic under-23 5000 2014; 1 Norwegian 5000 2014. At EXC: 2011-69J, 2012-59u23, 2013-68u23, 2014-32u23, 2015-35 In 2016: 6 Jesolo Half Mar; 25 Leiden 10,000; 7 Oslo Boysen 5000						
89	CHABOWSKI Marcin POL	30y	40d	1986	64:55	62:26 -11
2005 European Junior Champion at Steeplechase He tried to win the 2014 European title from the front and had a 65 second after halfway, but then was caught at dropped out exhausted Marathon pb: 2:10:07 -12. 10,000 pb: 28:27.59 -09. 3000SC pb: 8:25.90 -08. 5 World Youth 2000SC 2003; 9 WJC 3000SC 2004; 1 EJC 3000SC 2005; 5 under-23 ECH 3000SC 2007; 6 ECP 5000 2008; 5 ECP 10,000 2010; 11 ECH 1,000 2010. At WXC: 2004-30J. At EXC: 2005-8J, 2008-12u23. 1 Polish 10,000 2008/2009. Professional soldier at the Polish Naval Headquarters in Gdynia Marathons (7): 6 Warsaw 2011, 4 Düsseldorf 2012, 5 Łódź 2014, dnf ECH 2014, 8 Eindhoven 2014, 2 Mungyeong 2015, dnf London 2016 He was one of the "withdrawn" athletes from the 'Devil Take The Hindmost' 5000m at the 2009 European Team Championships which was won by Mohamed Farah GBR In 2016: dnf London Marathon; 1 Tarnów Half Mar						
90	KULKA Szymon POL	23y	15d	1993	63:39	63:39 -16
Former European Junior Cross Country Champion // 10,000 pb: 29:46.74 -14. 5000 pb: 13:59.42 -14. 3000SC pb: 8:49.46 -12. 3 EJC 10,000 2011 (dnf 5000); ht WJC 3000SC 2012; 7 under-23 ECH 5000 2013. At WXC: 2011-58J. At EXC: 2012-1J, 2015-12u23. 1 Polish under-23 10,000 2014 In 2016: 3 Wiazowna Half Mar; 8 Warsaw Half Mar; 2 Warsaw 5K						
91	BARATA Samuel POR	22y	353d	1993	64:41	64:41 -16
5000 pb: 13:56.43 -16. 10,000 pb: 29:26.96 -15. 17 WJC 10,000 2012; dnf under-23 ECH 10,000 2015. At EXC: 2011-dnfJ, 2012-94J, 2014-46u23, 2014-46u23 In 2016: dnf European Clubs Cup XC; 16 Lisbon Half Mar; 1 Oordegem IFAM 5000 'C'; 15 Huelva 5000; 3 Portuguese 5000						
92	MOREIRA José POR	36y	62d	1980	64:47	64:00 -10
Ninth in 2009 World Championship Marathon // 10,000 pb: 29:21.63 -14. 5000 pb: 14:27.27 -07 Marathons (11): 5 San Sebastian 2008; 4 Hamburg 2009, 9 WCH 2009, 3 Seville 2010, 42 ECH 2010, 18 Vienna 2011, 5 Porto 2013, 39 ECH 2014, 13 Prague 2015, 12 Valencia 2015, 6 Kraków 2016 In 2016: 18 Lisbon Half Mar; 6 Kraków Marathon						
93	PINTO Rui POR	23y	230d	1992	-	64:14 -15
2010 European Junior Cross Country bronze // 5000 pb: 14:08.20 -13 (14:24.85 -16). 1500 pb: 3:45.32 -11. 9 World Youth 1500 2009; 1 European Youth 1500 2009; 12 under-23 ECH 5000 2013. At WXC: 2010-46J, 2011-52J. At EXC: 2009-6J, 2010-3J, 2011-6J, 2012-33u23. 1 Portuguese 5000 2014/2015 In 2016: 19 European Clubs Cup XC; 3 European Clubs Cup 5000						
94	RIBEIRO Pedro POR	35y	104d	1981	-	65:20 -07
5x Portuguese Steeplechase Champion // Marathon pb: 2:20:46 -16. 10,000 pb: 29:36.98 -14. 3000SC pb: 8:32.20 -06. 8 WSG 3000SC 2003; ht ECH 3000SC 2010. At WXC: 2004-99 short. At EXC: 2004-72, 2008-51, 2011-46, 2014-54. 1 Portuguese 3000SC 2004/2006/2008/2009/2010. Placed fourth in the 2007 Empire State Building "Run-Up", scaling 1576 steps in 11:24. Husband/coach of Sara Moreira Marathons: paced Prague 2015 (helping wife), 38 Hamburg 2016 In 2016: 19 Lisbon Half Mar; 8 Iberian Trophy 10,000						

95	SILVA Rui Pedro POR	35y	62d	1981	-	62:36	-09
Fifth at 2006 European Cross Country Championships // Marathon pb: 2:12:15 -12. 10,000 pb: 28:01.63 -09 (28:31.16 -12). 5000 pb: 13:44.23 -05. 34 OLY 10,000 2008; 5 ETCh 5000 2009; 6 ECP 10,000 2012; 8 ECH 10,000 2012. 1 Portuguese 5000 2005/2009 & 10,000 2008. At WXC: 2000-112J, 2003-76 short, 2004-66 short, 2005-71 short, 2006-85 short, 2007-dnf, 2009-dnf. At EXC: 98-74J, 2000-4J, 2005-44, 2006-5, 2007-34, 2013-51. Coach-João Campos Marathons (5): 16 Vienna 2012, dnf OLY 2012, 3 Porto 2013, dnf ECH 2014, 15 Hamburg 2015 In 2016: dnf European Clubs Cup XC							
96	IONESCU Marius ROU	31y	200d	1984	-	63:20	-10
2003 European Junior Champion at 10,000m & silver at 5000m // Marathon pb: 2:13:19 -15. 10,000 pb: 28:54.83 -10. 5000 pb: 13:54.21 -10. 3 under-23 ECH 10,000 2005; 1 Balkan Games 5000 2005; ht EIC 3000 2007; 16 WSG 10,000 2007; 21 ECH 10,000 2010; 57 World Half Mar 2014. At WXC: 2003-61J. At EXC: 2002-12J, 2003-5J, 2004-39, 2008-44. 1 Romanian 10,000 2004/2006/2007/2008/2009/2010/2014 (1 5000 2008/2009/2010, 1 10,000 2011). He is a member of British club Altrincham & District AC Marathons (10): 14 Rotterdam 2011, 12 WCH 2011 (he was the only male athlete from Romania at the entire championships), 26 OLY 2012, 5 Hamburg 2013, 26 WCH 2013, 1 Chester 2013, dnf ECH 2014, 1 Düsseldorf 2015, dnf WCH 2015, 2 Düsseldorf 2016 In 2016: 1 Alphen aan den Rijn 20K; 2 Düsseldorf Marathon; 9 Oderzo							
97	KOSMAČ Anton SLO	39y	204d	1976	-	64:57	-10
Marathon pb: 2:16:23 -11. 5000 pb: 14:47.26 -07. At EXC: 99-54, 2002-80, 2010-58, 2011-58, 2012-71, 2013-71. 1 Slovenian 5000 2008 Marathons (17): 2 Ferrara 2007, 11 Milan 2010, 32 ECH 2010, 11 Turin 2010, 59 ECH 2010, 7 Milan 2011, 40 WCH 2011, 8 Linz 2012, 10 Ljubljana 2012, 7 Milan 2013, 9 Ljubljana 2013, 2 Radenci 2014, 1 Ulm 2014, 10 Ljubljana 2014, 9 Milan 2015, 9 Milan 2015, 5 Zagreb 2015							
98	ABRAHAM Tadesse SUI	33y	329d	1982	61:29	60:42	-15
Alligiance transferee from Eritrea – has lived in Switzerland since March 30, 2004, gained Swiss citizenship on June 10, 2014 and cleared by the IAAF to compete for Switzerland from July 19, 2014. In the process of his transfer it became clear that he was born in 1982 and not 1986 as he presented when he competed as a junior for Eritrea at the World Cross Country Championships in 2003 and 2004. He has therefore been disqualified from those events for age manipulation Marathon pb: 2:06:40 -16. 10,000 pb: 28:41.37 -15. At WXC: 2003-dqJ (originally 16th), 2004-J (originally 58th). 1 Swiss 10,000 2014. Marathons (12): 1 Zürich 2009, 2 Gongju 2009, 3 Otsu 2010, 7 Berlin 2010, 5 Toronto 2011, 7 Daegu 2012, 1 Zürich 2013, 7 Honolulu 2013, 9 ECH 2014, 10 Seoul 2015. 19 WCH 2015, 4 Seoul 2016 In 2016: 4 Seoul Marathon; 2 Lucerne 8.71K; 5 Berne 10M; 3 Lugano Half Mar He is selected for the Rio Olympic Marathon							
99	BERNI Marcel SUI	28y	31d	1988	66:53	66:29	-15
Marathon pb: 2:25:11 -15. 10,000 pb: 29:56.12 -12 (29:56.66 -16). 5000 pb: 14:18.87 -15 (14:34.56 -16). At EXC: 2010-70u23, 2012-70. 39 World Student Games Half Mar 2013 Marathon: 73 Berlin 2015 In 2016: 29 Barcelona Half Mar; 28 Berlin Half Mar; 10 Karlsruhe 5000; 4 Swiss 10,000							
100	KEMPF Andreas SUI	28y	51d	1988	65:24	65:24	-16
10,000 pb: 31:16.93 -16. 5000 pb: 14:02.60 -15 (14:29.43 -16). 13 World Military 5000 2015. At EXC: 2010-86u23. 2 Swiss 5000 2013/2014/2015 In 2016: 23 Barcelona Half Mar; 19 Berlin Half Mar; 3 Berne 4.7K; 7 Karlsruhe 5000; 6 Swiss 10,000							
101	KREIENBÜHL Christian SUI	35y	31d	1981	64:21	64:21	-16
Marathon pb: 2:13:57 -15. 10,000 pb: 29:44.57 -13. 14 World Military Games 10,000 2011 Marathons (8): 11 Zurich 2011, 11 Zurich 2012, 18 Berlin 2012, 7 Zurich 2013, 34 WCH 2013, 23 ECH 2014, 20 London 2015, 18 Berlin 2015 In 2016: 10 Barcelona Half Mar; 15 Berlin Half Mar He is selected for the Rio Olympic Marathon							
102	LEHMANN Adrian SUI	26y	213d	1989	64:29	64:29	-16
Marathon pb: 2:17:25 -15 (2:19:17 -16). 1 Swiss 10,000 2015. At EXC: 2011-62u23, 2012-45, 2014-28, 2015-46 Marathons (4): 24 Berlin 2013, 46 ECH 2014, 12 Zürich 2015, 4 Zürich 2016 In 2016: 12 Berlin Half Mar; 4 Zürich Marathon; 2 Swiss 10,000							
103	LYON Julien SUI	26y	204d	1989	-	65:36	-15
Marathon pb: 2:16:17 -16. 10,000 pb: 29:42.76 -16. 21 WSG Half Mar 2015. 2 Swiss 10,000 2015 Marathon (1): 3 Zürich 2016 In 2016: 2 Swiss indoor 3000; 10 Kerzers 15K; 3 Zürich Marathon; 5 Lucerne 8.71K; 3 Swiss 10,000							
104	EKVALL Mikael SWE	27y	19d	1989	65:01	62:29	-14
Swedish record holder at half marathon // 10,000 pb: 28:31.65 -15. 5000 pb: 13:51.70 -14. 15 WJC 10,000 2008; 6 under-23 ECH 10,000 2009; 40 World Half Mar 2014; 16 ECH 10,000 2014; 6 ETCh 5000 2015 (2014-9). At EXC: 2008-48J, 2010-38u23, 2011-27u23, 2014-26. 1 SWE v FIN 10,000 2013; 1 Swedish XC 2013 In 2016: 4 Hobart 10K; dnf Melbourne Challenge 5000; 15 Carlsbad 5K; 9 Stanford Jordan 10,000 'B'; 14 Gothenburg Half Mar; 2 Swedish 10K							
105	MOHAMED Mustafa SWE	37y	128d	1979	64:19	63:12	-12
World & Olympic steeplechase finalist; fourth in Osaka 2007 where he was the first non-Kenyan Marathon pb: 2:12:28 -12 (2:20:01 -16). 10,000 pb: 28:40.71 -12. 5000 pb: 13:32.08 -07. 3000SC pb: 8:05.75 -07. 2 EJC 10,000 97; 8 WJC 3000SC 98; 4 ECH 3000SC 2006 (2010-ht); 4 WCH 3000SC 2007 (2003-ht, 2005-10, 2009-14); 10 OLY 3000SC 2008 (2004-13); 1 ETCh 3000SC 2009. At WXC: 98-53J, 2007-28. At EXC: 97-3J, 98-6J, 2000-73, 2002-59, 2003-20, 2004-22, 2005-14, 2006-3, 2007-2, 2008-3. 1 Swedish 2002/2003/2008 (1 5000 2007). Former footballer, mother-Somalian; stepfather-Swedish who was aid worker in Somalia. Born-Mogadishu. Coach-Ulf Friberg Marathons (5): 9 Hamburg 2012, 4 Stockholm 2013, 22 WCH 2013, 25 ECH 2014, 6 Stockholm 2016 He was controversially not selected by Sweden for the London 2012 Olympic marathon despite running 2:12 with negative splits that year on his début in Hamburg In 2016: 8 Barcelona Half Mar; 6 Stockholm Marathon							
106	NILSSON David SWE	29y	82d	1987	-	64:11	-15
Marathon pb: 2:17:19 -15. 10,000 pb: 29:06.79 -15. 5000 pb: 13:57.50 -15. 13 European Youth 2000SC 2003; 12 WSG 10,000 2013 (26 Half Mar). At EXC: 2015-10. Was at Jacksonville State University. Coach/father-Carl-Gustaf Nilsson Older sister Ida Nilsson was 2005 US Collegiate Champion at 3000m Steeplechase in 2004 & indoor 5000 in 2005; older sister Johanna won US Collegiate titles indoors & out before her death in 1983; Younger brother Marcus is an 8104 point decathlete and was 2010 world junior bronze medallist. Their parents were distance runners Marathons (9): 10 Stockholm 2011, 11 Castellon 2011, 9 Stockholm 2012, 4 Pisa 2012, 11 Stockholm 2013, 11 Stockholm 2014, dnf ECH 2014, 16 Rotterdam 2015, 36 WCH 2015 In 2016: 28 'Great' Edinburgh XC; 1 Huddinge 3000; 6 Kerkrade XC; 5 Boston Terrier 5000; 7 New York Armory 3000; 5 Ghent IFAM 2000; 3 Diekirch XC; 1 Huddinge 10,000; 2 Manchester 'Trafford' 10K; 7 Laredo 10K							

107	UHRBOM Fredrik SWE	38y	328d	1977	66:36	65:20 -10
Full name-Carl Fredrik Lennart Uhrbom // 5000 pb: 14:01.45 -08. 10,000 pb: 29:30.28 -08 (30:17.41 -16). Marathon pb: 2:21:44 -11. At EXC: 2007-45. 4 Nordic 10,000 2011. 2 Swedish 5000 2008 & 10,000 2011. 3 Swedish indoor 3000 2005/2007/2010 Marathons (4): 10 Seville 2009, 13 Castellón 2011, 5 Stockholm 2012, 31 Dubai 2014 In 2016: 17 Manchester 'Trafford' 10K; 14 Laredo 10K; 26 Berlin Half Mar; 7 Allerød 10,000; 18 Gothenburg Half Mar; paced Sollentuna 5000						
108	AGRALI Yavuz TUR	24y	88d	1992	-	66:44 -16
Marathon pb: 2:17:15 -16 Marathons (3): 14 Istanbul 2014, 37 Frankfurt 2015, 18 Rotterdam 2016 In 2016: 18 Rotterdam Marathon						
109	ARIKAN Polat Kemboi TUR	25y	207d	1990	-	61:22 -14
Alligiance transferee from Kenya – Formerly Paul Kipkosgei Kemboi. Became a Turkish citizen on June 9, 2011 and under IAAF competition ruling, was not due to be eligible to compete for Turkey until June 2013. On February 27, 2012 the IAAF Council agreed to end the waiting period for him (and ilham Tanui Özbilen), enabling them to enter the 2012 World Indoor Championships 10,000 pb: 27:38.81 -12)27:59.59 -16). 5000 pb: 13:05.98 -11 (13:40.97 -16). 3000 pb: 7:42.31 -12 (7:52.09 -16). ht WIC 3000 2012; 1 ECP 10,000 2012; 1 ECH 10,000 2012 (3 5000); 9 OLY 10,000 2012 (ht 5000); 10 EIC 3000 2013; 1 Mediterranean Games 10,000 2013; dnf WCH 10,000 2013; 16 World Half Mar 2014; 4 ECH 10,000 2014. At EXC: 2013-2 (in spite of a heavy fall over the one obstacle on the course); 2014-1, 2015-dnf He set his pb at 10,000m for ninth at the London Olympics, where he was the second European finisher (after Mo Farah) In 2016: 1 Turkish 10,000; 1 Turkish Clubs 3000; 2 European Clubs Cup 5000						
110	GIRMALEGESE Mert TUR	28y	219d	1987	-	63:36 -08
TRANSFEREE – formerly Girma Shilemis (aka Shimelis Mala) ETH, then he changed his name to Selim Bayrak TUR after gaining Turkish citizenship on February 8, 2008. Then he decided again change his name again, to Mert Girmalegese (aka Girmalegese) a mixture of Ethiopian and Turkish Turkish record holder at 3000m, 5000m & 10,000m Marathon pb: 2:14:15 -16. 10,000 pb: 27:29.33 -08. 5000 pb: 13:26.14 -08. 3000 pb: 7:55.12 -03. 3 World Youth 3000 2003 (for Ethiopia). 1 ECP 10,000 2008; 11 OLY 10,000 2008 (first European finisher); 5 EIC 3000 2009 (2011-9); 1 under-23 ECH 10,000 2009 (9 5000); 9 ECH 5000 2010; 8 IAAF Continental Cup 5000 2010; 97 World Half Mar 2014. At EXC: 2008-3u23, 2009-13u23 Marathons (5): 6 Tempe 2008, 11 Istanbul 2014, 7 Istanbul 2015, 7 Seville 2016, 15 Rotterdam 2016 In 2016: 7 Seville Marathon; 15 Rotterdam Marathon; 17 ECP 10,000						
111	KAYA Serkan TUR	32y	180d	1984	-	65:09 -12
Marathon pb: 2:17:27 -15 (2:17:49 -16). 105 World Mountain Running Trophy 2007 Marathons (2): 28 Frankfurt 2015, 20 Rotterdam 2016 In 2016: 20 Rotterdam Marathon						
112	MUSLU Ercan TUR	27y	217d	1988	-	66:25 -11
13 World Mountain Running Champs 2011; 27 European Mountain Running Champs 2014. At EXC: 2005-82J, 2006-45J, 2007-20J Marathons (7): 12 Düsseldorf 2011, 6 Kavarna 2011, 9 Istanbul 2013, dnf ECH 2014, 23 Hamburg 2015, 17 Rotterdam 2016, 19 Dubai 2016 In 2016: 19 Dubai Marathon; 17 Rotterdam Marathon						
113	ÖZBİLEN Kaan Kigen TUR	30y	173d	1986	-	59:58 -11
Alligiance transferee from Kenya – full original name-Mike Kipruto Kigen. Has lived in Turkey since March 23, 2005, gained Kenyan citizenship on June 24, 2015 and cleared by IAAF to represent Turkey from June 24, 2015 Marathon pb: 2:06:10 -16. 10,000 pb: 27:03.49 -12. 3000 pb: 7:35.87 -06. 2 African Champs 5000/10,000 2006; 2 WCP 5000 2006. At WXC: 2006-5 long (team gold). 1 Kenyan 5000 2006; 2 'Great' North Run 2014 (ight behind Mo Farah). Wife-Violet Chebet, their daughter Shantel born June 29, 2009 Marathon (7): 8 Dubai 2013, 11 Chicago 2013, 7 Paris 2014, 2 Frankfurt 2014, 4 Paris 2015, 3 Amsterdam 2015, 3 Seoul 2010. Also paced London 2013 In theory his 2:06:10 from the 2016 Seoul Marathon could stand as a European record, as he'd been a Turkish citizen for eight months In 2016: 3 Seoul Marathon; 1 Turkish Clubs 5000						
114	LASHYN Dmytro UKR	28y	140d	1988	64:47	62:52 -15
2007 European Junior Champion & 2009 European under-23 bronze at 10,000m 10,000 pb: 28:37.11 -16. 5000 pb: 13:56.60 -09. 1 EJC 10,000 2007 (3 5000); 3 under-23 ECH 10,000 2009; 4 ECP 10,000 2016. At EXC: 2005-67J, 2006-6J, 2007-3J, 2009-71J, 2012-12, 2014-33, 2015-39. 15 'Great' North Run 2009; 1 Ukrainian 10,000 2015 In 2016: 69 World Half Mar; 1 Ukrainian 10,000; 7 Karlovy Vary Half Mar; 4 ECP 10,000; 1 Caen Half Mar						
115	MATVIYCHUK Oleksandr UKR	32y	120d	1984	63:51	63:51 -16
3x winner of Moscow Marathon // Marathon pb: 2:12:54 -12. 7 EJC 10,000 2003. At EXC: 2002-26J, 2014-32. Younger brother of Vasyl Matviychuk (1 EJC 10,000 2001 & EJ XC 2001) Marathons (12): 3 Bila Tserkva 2009, 1 Moscow 2010, 15 Prague 2011, 1 Moscow 2011, 1 Pyongyang 2012, dnf Omsk 2012, 5 Moscow 2012, 2 Pyongyang 2013, 1 Moscow 2013, 7 Istanbul 2014, 4 Mainz 2015, 3 Moscow 2015 In 2016: 4 Wiazowna Half Mar; 4 Polish 10K						
116	ROMANENKO Roman UKR	28y	158d	1988	65:04	64:31 -14
Marathon pb: 2:13:08 -15 (2:16:13 -16). 10,000 pb: 28:28.54 -12. 19 ECH 10,000 2012. At EXC: 2010-29u23, 2013-36 Marathons (3): 1 Bila Tserkva 2014, 4 Bila Tserkva 2015, 11 Vienna 2016 In 2016: 10 Granollers Half Mar; 11 Vienna Marathon; 2 Ukrainian Half Mar; 8 'Great' Manchester 10K; 5 Polish 10K; 16 Oelde 10K						
117	RUSS Igor UKR	27y	301d	1988	67:43	64:35 -15
Marathon pb: 2:12:45 -15 (2:16:42 -16). 10,000 pb: 30:18.80 -12 Marathons (5): 1 Kharkiv 2014, 24 ECH 2014, 10 Łódź 2015, 3 Bila Tserkva 2015, 6 Santa Monica 2016 In 2016: 6 Santa Monica Marathon; 7 Ukrainian Half Mar						
118	RUSYUK Yuriy UKR	29y	65d	1987	64:12	64:12 -16
Marathons (5): 4 Bila Tserkva 2009, 4 Bila Tserkva 2013, 2 Bila Tserkva 2014, 7 Poznan 2015, 1 Mainz 2016 In 2016: 4 Poznan 10K; 2 Kiev Half Mar; 1 Ukrainian Half Mar; 1 Mainz Marathon						
119	SALO Taras UKR	35y	148d	1981	64:42	64:42 -16
Prolific marathoner, particularly in Poland // Marathon pb: 2:15:58 -09 (2:18:05 -16). 52 World Mountain Running Trophy 2007 Marathons (15): 9 Wrocław 2005, 6 Wrocław 2006, 1 Wrocław 2007, 7 Kosice 2007, 2 Kraków 2009, 3 Wrocław 2009, 12 Gyeongju 2009, 17 Prague 2010, 4 Palermo 2010, 20 Prague 2011, 8 Bila Tserkva 2011, 2 Kraków 2014, 8 Zagreb 2014, 1 Kraków 2015, 4 Kraków 2016 In 2016: 3 Zywiec Half Mar; 1 Kiev Half Mar; 4 Kraków Marathon						

WORLD ALL-TIME LIST

1.....58:23.....Zersenay Tadese ERI.....	2010
2.....58:33.....Samuel Wanjiru KEN.....	2007
3.....58:41.....Bernard Koech KEN.....	2013
4.....58:44a.....Solomon Yego KEN.....	2016
5.....58:46.....Mathew Kisorio KEN.....	2011
6.....58:47.....Atsedu Tsegay ETH.....	2012
=7...58:48.....Sammy Kitwara KEN.....	2011
.....58:48.....Abraham Cheroben KEN.....	2014
9.....58:52.....Patrick Makau KEN.....	2009
=10.58:54.....Stephen Kibet KEN.....	2012
.....58:54.....Geoffrey Kamworor KEN.....	2013

2016 EUROPEAN LIST

1.....59:59.....Mohamed Farah GBR
2.....60:16.....Ali Kaya TUR
3.....61:29.....Tadesse Abraham SUI
4.....62:08.....Abdi Nageeye NED
5.....62:19.....Sondre Nordstad Moen NOR
6.....62:22.....Javier Guerra ESP
7.....62:36.....Callum Hawkins GBR
8.....62:45.....Arne Gabius GER
9.....62:46.....Paul Pollock IRL
10..62:55.....Daniele Meucci ITA