

Advantage Advisor

VOLUME 1, ISSUE 5

WINTER 2016

SPECIAL POINTS OF INTEREST:

- **Mother Nurture Breast Feeding Classes** have started! Call Erica at 313-416-6253 for more info!
- **Reading and Wellness** is now the distributing books to children that come in for check-ups at the **Waller Health Center, Thea Bowman Community Health Center, and Advantage Family Health Center!**

INSIDE THIS ISSUE:

AHC Innovator of the Month 2

Residency Projects 2

Homeless Persons' Memorial Service 3

Employee Happenings 2

Dental Section 3

Genoa Grand Opening 3

Mother Nurture Graduation 3

WSU Pharmacy Students 3

AHC Patient's Section 4

Announcements 5

AHC Welcomes New Leadership

AHC would like to welcome its new leadership: Executive Director, Richard Oldacre, and Medical Director, Dr. Teresa Holtrop,

Richard Oldacre, pictured top right, was the former Chief Operating Officer of the Wellness Plan Medical Centers, where he established two Dental Centers, two Ob/Gyn practices, an Urgent Care Center, and an Internal Medicine Residency in partnership with Trinity Health. He has 20 years of progressive experience in healthcare administration, operations, strategic planning, finance, business development, and information technology. Mr. Oldacre is a seasoned executive with a successful record of accomplishments as a leader in business, hospitals, and executive consulting.

Teresa Holtrop MD, pictured bottom right, comes to AHC from Children's Hospital of MI where she worked for

24 years in the General Pediatrics and Adolescent Medicine Division and ran the CATCH Pediatric Mobile Team for 16 years. She is medical director of the Wayne Children's Healthcare Access Program where she focuses on Quality Improvement, and she is also the President-Elect of the MI Chapter of the American Academy of Pediatrics. She has a strong focus on approaching clients holistically by linking them to more than just medical services in order to improve their social determinants of health.

"The goal is to lead AHC to success in a highly competitive healthcare market. We want to take what AHC is good at and expand upon it," says Mr. Oldacre.

AHC looks forward to Mr. Oldacre's and Dr. Holtrop's leadership and vision for the organization!



Above: AHC Executive Director, Richard Oldacre
Below: AHC Medical Director, Dr. Teresa Holtrop



Advantage Health Centers opens at St. Frances Cabrini Clinic

Advantage Health Centers and the St. Frances Cabrini Clinic of Detroit kicked off December 2015 with a partnership to have an AHC physician see patients ongoing at Cabrini twice a month.

This partnership developed after many years of collaboration between our organizations, and it helps both of us focus on our strengths. Free clinics focus their resources on patients that do not have health insurance from either missing an open-enrollment period or not being able to afford the health insurance plans offered to them. However, some of their clients do have insurance, and the

clinic has to make a difficult decision: use resources that could be used for those without insurance on the patient that is insured or refer the insured client to another clinic. With this partnership, insured patients coming to Cabrini can see an AHC doctor instead of being referred out.

"I think this collaboration is going to grow and blossom into something positive. Our shared patients are pleased that they can continue to stay at Cabrini while being able to access their insurance" says Candace Hall, AHC/Cabrini

Site Manager.

AHC looks forward to this new relationship and will be present at Cabrini the first and third Thursday of every month.



Above: AHC and Cabrini Clinic Leadership hold a ribbon cutting ceremony to kick-off the new partnership

Advantage Health Centers Innovators



Above: Family Medicine Residents and Preceptors with Detroit Tigers

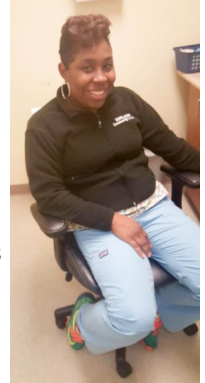


Caira Tucker: Paid-Time-Off revamp

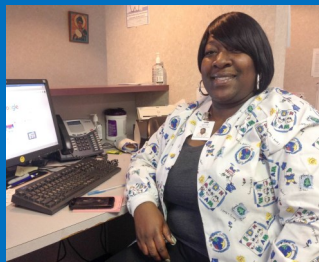
All Advantage Health Centers' Staff will receive a bank of Paid Time Off at the beginning of each year! Previously, employees slowly earned time off every pay period, but this was not as accommodating to employees with families that may need to take more time off sooner.

Marniece Myers: Conflict Resolution Training

Advantage Health Centers is hiring a company to help us all learn to communicate with each other more effectively. This training will help all AHC Staff to improve their working relationships as well as their personal relationships.



Above: Some of the many 2000 applicants for the 6 Family Medicine Spots



Above: One of AHC's new Medical Administrative Assistants: Karen

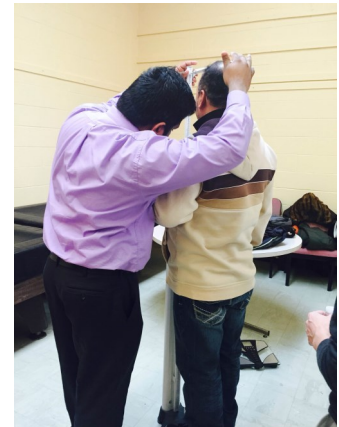
Below: One of AHC's new Medical Assistants: Lisa Pace



Family Medicine Residency

Resident Projects/Happenings:

- The Family Medicine Residency Program received more than 2000 applications!
- Two of our family medicine residents, Dr. Sahar and Dr. Sharma, will be graduating in early February.
- Dr. King and Dr. N. Patel have become our two chief medical residents.
- The family medicine residents conducted health screenings at the Centro Multicultural La Familia in January. The Detroit Tigers also made an appearance to give advice and be role models to kids and family in the Hispanic community!



Dr. Philip conducting a health screening

Promotions and Welcome New Hires!

New Hires:

- Richard Oldacre, AHC Executive Director
- Dr. Teresa Holdtrop, AHC Medical Director
- Wanda Daley, Medical Administrative Assistant
- Geneva Lucas, Medical Assistant
- Karen Shorter, Medical Administrative Assistant
- Dr. Maricela Castillo-MacKenzie, Preceptor
- Debra Walker, Medical Assistant
- Lisa Pace, Medical Assistant



Geneva Lucas, Medical Assistant at the Thea Bowman Community Health Center

Homeless Person's Memorial Day Service Raises Awareness for Avoidable Tragedy



Participants look on as the Michigan Veteran's Foundation provides a color guard presentation for the ceremony

On the longest night of the year, community members and several Metro Detroit service organizations met Friday, December 21st at the Cathedral Church of St. Paul to remember those homeless individuals who died during the past year, for lack of housing.

Rev. Scott Hunter presided over the Memorial Service with Joseph Ferguson, AHC's previous Executive Director, and guest speakers: James Carrey and Dr. Staci

Hirsch. Participants recited the names of those homeless who have passed away over the previous year, and lit candles in their honor.

After the service, volunteers from around the community served a hot meal, provided by the Dorsey Culinary Academy, and distributed donated warming gifts and hygiene kits to all that attended. Over 250 people

attended the event, setting a new participation record for the second consecutive year and raising even more awareness for this preventable tragedy.



Portable Dental Expands



AHC's Dental Partner, Deliver Dental Solutions, has added one more health center to its roster: Advantage Family Health Center. Currently, dental services will be offered at TBCHC on Tuesdays, AFHC and BCHC on every other Thursdays. Full dental services are offered Monday-Friday at the Waller Health and Dental Center. Pictured left is the Portable Dental Team!

Genoa Pharmacy Grand Opening



Genoa Pharmacy kicked off their official Grand Opening with a ribbon cutting ceremony in February. The Pharmacy is located in the lobby of the Thea Bowman Community Health Center. It of-

fers: prescription fills, medication delivery options, convenient adherence packaging for managing multiple medications, and assistance with insurance and prior authorizations.

WSU Pharmacy Students

The 2016 winter semester for the Wayne State University Pharmacy students is off to a full swing. The students visit the Advantage Waller Health Center five days a week and get an opportunity to interview our patients to learn more about the nature of their visit. We discuss patient diagnosis, prescribed medication, and evaluation of recommended treatment. The students also perform volunteer tasks in the back office to help with the medication distribution process.



Mother Nurture

Mother Nurture at TBCHC is happy to announce its first cycle of Nourish graduates! Six moms completed the six week series of classes on breastfeeding. Moms were able to include their support partners in the sessions which ended last December.



The graduates received a gift basket including nursing covers, diapers, milk storage, and books for their new additions! Dads also received T-shirts to show their support of breastfeeding moms.

Advantage Health Centers Patient's Section

Patient Success Stories and Testimonials



When Malaysia and Mariah began Nourish class both were only two weeks from their due dates.

Both first-time moms and their partners were committed to learning everything possible to get breastfeeding off to a strong start.

In late November, both families welcomed their new bundles of joy! We're happy to say that both moms completed the Nourish class.

Currently, Mariah is still nursing bouncing baby boy, Ezra, who is now 2 months old. Malaysia and baby girl, La'Vaya, are enjoying all the bonding that comes along with breastfeeding. Mother Nurture continues to support these families at their weekly groups.



Gamaliel has not had health insurance for over 20 years and was able to sign up for a plan through the Health Insurance Marketplace that fit his health needs and budget. "Working with Daniel was a great experience. It went smoothly, he was able to answer all of my questions, and I was able to sign up for a plan that fit my needs. I now have health insurance; the first time for years."



Community Resources



Accounting Aid Society

The Accounting Aid Society assists middle to low-income households with local, state, and federal tax filings and credits, including Earned Income Tax Credits, Homestead Property Tax Credits, Home Heating Credits and Child Tax Credits. Eligibility for the free tax services is based on these annual household income limits: \$54,000 or less for families, or \$35,000 or less for individuals. Call (313) 556-1920 to see if you can receive tax assistance today!

AHC Senior Breakfast Series

Are you confused about your Medicare Benefits? Join us for a FREE BREAKFAST and a presentation by the Medicaid/Medicare Assistance Program to learn more!

Wednesday, March 30th, 8:00am at the Thea Bowman Community Health Center (15400 W. McNichols, Detroit, MI, 48235). **Must be 64 or older, space is limited and a RSVP is required. Call 313-416-4979 to reserve your spot today!**

Need help paying your DTE Bills?

The new Low Income Self-Sufficiency Program can help you avoid shutoffs while in the program, establish an affordable monthly payment, and eliminate late payment charges. Financial coaches are available to help you sign up! Call Lauren Glapa (313-236-8283) or Myleena Reed (313-236-8287) for more information and eligibility requirements.



Walter is diabetic and found it difficult to move around. Under the care of AHC physicians, Walter is now able to walk around much easier and has been able to monitor and control his blood sugar levels. "I do not know where I would be without my doctor or without everyone here at AHC".

"When I came to AHC, I had health issues without any insurance. During that time, I was unemployed and my health was getting worse. A friend of mine referred me to Brenda Miller at AHC. Ms. Miller processed a Healthy Michigan Plan application for me, and I was approved. After about six months when I got a job, the State of Michigan cancelled the Healthy Michigan Plan coverage because I was making too much money. Although I was only making minimum wage, the State of Michigan put me on a Spend-Down Plan. This did not work for me because of my health issues. Ms. Miller suggested I try the Marketplace Insurance, and in December 2015 I was approved with the Marketplace Insurance.

I am very grateful to Ms. Miller and AHC for helping me to find the right insurance and the right doctor." -Nathaniel





Phone: 313-835-5990 - Call to make an appointment!

Fax: 313-835-5920

E-mail: dzemke@advantagehealthcenters.org

www.facebook.com/AHCDetroit - Like us!

www.twitter.com/AHCDetroit - Follow us!

www.instagram.com/AHCDetroit - Follow us!

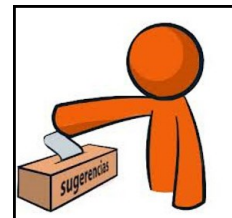
www.google.com/+AdvantageHealthCentersDetroit - Follow us!

Detroit Health Care for the Homeless DBA Advantage Health Centers (AHC) is a not – for – profit (501c3) organization operating as a Federally Qualified Health Center (FQHC). Since 1986, AHC has operated with the Section 330(h) designation as a Health Care for the Homeless project. It is the second oldest such homeless health care center in the nation. In 2003, AHC added the additional status as a community health center. We provide comprehensive medical care to the insured and under-insured in the Metro Detroit community, but specialize in serving the vulnerable and underserved populations including the homeless. We provide internal medicine, family medicine, obstetrics, gynecology, pediatrics, dental services, behavior health, laboratory, outreach, and social work services. We have six practice locations: the Waller Health Center, Waller Dental, the Children's Health Center, the Children's Dental Center, Advantage Family Health Center, and the Thea Bowman Community Health Center. We are always accepting new patients at all of our locations.

Corporate Office, 2nd Floor, Suite 400
15400 West McNichols Avenue
Detroit, MI, 48208

Announcements

Employee of the Month:



The Thea Bowman Community Health Center is implementing an Employee of the Month Program. Employees will nominate a fellow worker based on the merits of their work e.g. good attitude, works well with others, contributes to the facility in a meaningful way, etc. Once per month, we will collect all of the entries, and the person with the most votes wins! The winner will receive a \$25 gift card, a certificate of achievement, and his/her photo will be posted on the TBCHC Employee of the Month Wall.

Congratulations to Roxanne McDuffie at Advantage Family Health Center. Her choir opened for The Whispers February 11 2016 at the Motor City Sound Board stage to a sold out show.



Birthdays

December

- Dr. Cynthera McNeill
- Lawanda Alford
- Christie Ellington
- Lisa Halliburgh
- Karen Shorter

January

- Francine Hardison
- Dr. Teresa Holtrop
- Yolanda McCloud
- Bianca Arnold
- Tanisha Nelson
- Amelia Hamm
- Nikkey Richardson
- Crystal Bell

February

- Jamie Jackson
- Lisa Pace
- Desiree McLain
- Kelly Norwood
- Alma Myers
- Nedra Smith
- Joi Cooper
- Latoya Floyd
- Daniel Zemke



AHC receives 1700 book donation from Molina Healthcare

Advantage Health Centers would like to give a big thank you to Molina Healthcare for their 1700 book donation from their Michigan Reads Book grant. The donation will be put to our Reading and Wellness program that gives a book to every child that comes to the Thea Bowman Community Health Center, Advantage Family Health Center, and the Waller Health and Dental Center for a wellness check



The Bell Clinic held a Healthy Heart Event! We registered over 60 patients and conducted over 40 health screenings!