When adding an ending to base words that have short vowels and end in one consonant, you have to double the last consonant before adding the ending.

Examples: 

- shop → ped
- plan → ned
- swim → ming

If a base word ends with an e, and the ending starts with a vowel you have to drop the e before adding the ending.

Examples: 

- smile → smiled
- like → liking
- shine → shining