

NATURE VALLEY



REDISCOVER NATURE DAY

Sunday, September 20

Today, less than 10% of kids are spending time in nature



It's time for families to rediscover nature. On **Sunday, September 20**, Nature Valley and Take Me Outside challenge your family to spend at least one hour enjoying the great outdoors.

SHARE AND WIN

IT'S EASY TO ENTER:

RSVP To Rediscover Nature Day

Snap a photo of your family enjoying the great outdoors

Post your photo to  or  using both hashtags #MyBanff and #RediscoverNature

You could WIN

A trip to Banff National Park to experience Banff and Lake Louise with your family

OR

One of 10 Nature Valley Rediscover Nature Kits

Contest runs September 9-30, 2015

Visit www.takemeoutside.ca/rediscovernature for contest rules and regulations

