



## Have you Heard?

Your child can participate on WIC up to the age of 5!

### North Carolina WIC provides:

- Healthy foods • Eating tips
- Breastfeeding support • Health care referrals

*To schedule an appointment, contact your local WIC Clinic:*

## Happy 1<sup>st</sup> Birthday from WIC!



Department of Health and Human Services  
Division of Public Health • Nutrition Services Branch  
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