



Team Guide

TRIATHLON



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About

About the Team Guides

The *Team Guides* provide details about each sport competition at the TORONTO 2015 Pan American Games, as well as operational information that may be of interest to teams. Each guide includes:

- An introduction to Toronto and the Games.
- Sport-specific information such as competition format and schedule, training and procedures.
- Operational information on accreditation, ticketing, transportation, accommodation, medical services and doping control.
- Venue maps and a daily competition and training schedule for all sports.

While this information is accurate as of the date of publication, details may change. NOCs should consult their TO2015 extranet ([Cosmos](#)) for important updates.

About Toronto

Toronto, the largest city in Canada and the capital of the province of Ontario, celebrated its 180th anniversary in March 2014. Located on the picturesque shoreline of Lake Ontario, Toronto is Canada's most populous region and just over an hour's drive from the American border.

- At 112 metres (367 feet) above sea level, Toronto's altitude offers ideal conditions for high-performance athletes.
- Toronto features warm but moderate summer temperatures, with an average of fewer than five days in July with temperatures above 30°C (86°F).
- The average monthly rainfall for July is only 67 millimetres. Typically, one in three days will offer some precipitation, but only one day in nine will have rainfall greater than 5 millimetres.
- Toronto is the third largest financial centre in North America.
- *The Economist* ranks Toronto as the fifth "most liveable" city in the world, based on factors including stability, health care, culture, environment, education and infrastructure.
- With a population of 2.6 million people, Toronto is Canada's largest city and the fifth largest in North America.
- Toronto's surrounding region is home to 8.1 million people, all living within an hour's drive of the Games area.
- Approximately 20 per cent of the region's population was born in the Caribbean, Central America, South America, the United States or Mexico.

About the TORONTO 2015 Pan American Games

In brief

Sports: 36

Disciplines: 52

Medal events: 364

Athletes: 6,135

Competition venues: 29

Competition days: 20

Athletes' Village opening: July 5, 2015

Opening Ceremony: July 10, 2015

Closing Ceremony: July 26, 2015

Competition venues

CIBC Pan Am Park

CIBC Pan Am Park, located on downtown Toronto's waterfront, will be home to five competition venues and 15 sport disciplines.

- Chevrolet Beach Volleyball Centre: volleyball — beach volleyball
- Exhibition Centre: volleyball – indoor volleyball; handball; racquetball; roller sports – figure skating; squash
- Exhibition Stadium: rugby sevens
- Ontario Place West Channel: aquatics – open water swimming; athletics – marathon and race walk; cycling – road cycling; triathlon; waterski & wakeboard
- Toronto Coliseum: gymnastics – artistic gymnastics; gymnastics – rhythmic gymnastics; gymnastics – trampoline

Toronto

In addition to CIBC Pan Am Park, the city of Toronto will be the site of nine venues covering 12 sport disciplines.

- Canadian Tennis Centre: tennis
- Centennial Park Pan Am BMX Centre: cycling – BMX
- CIBC Pan Am/Parapan Am Aquatics Centre and Field House: aquatics – diving; aquatics – swimming; aquatics – synchronized swimming; fencing; modern pentathlon; roller sports – speed skating
- CIBC Pan Am/Parapan Am Athletics Stadium: athletics – track and field
- Pan Am Bowling Centre: bowling
- Pan Am/Parapan Am Fields: field hockey
- Royal Canadian Yacht Club: sailing
- Ryerson Athletic Centre: basketball
- Varsity Stadium: archery

North of Toronto

- OLG Caledon Pan Am Equestrian Park (Caledon): equestrian – eventing, dressage and jumping
- Hardwood Mountain Bike Park (Oro-Medonte): cycling – mountain bike
- Minden Wild Water Preserve (Minden): canoe/kayak – slalom
- Pan Am Cross-Country Centre (Caledon): equestrian – eventing (cross-country)
- Pan Am Shooting Centre (Cookstown): shooting

East of Toronto

- Angus Glen Golf Club (Markham): golf
- Atos Markham Pan Am/Parapan Am Centre (Markham): aquatics – water polo; badminton; table tennis
- Oshawa Sports Centre (Oshawa): boxing, weightlifting
- President's Choice Ajax Pan Am Ballpark (Ajax): baseball; softball

West of Toronto

- CIBC Hamilton Pan Am Soccer Stadium (Hamilton): football
- Cisco Milton Pan Am/Parapan Am Velodrome (Milton): cycling – track cycling
- Mississauga Sports Centre (Mississauga): judo; karate; taekwondo; wrestling
- Milton Time Trial Course: cycling – road cycling (individual time trial)
- Royal Canadian Henley Rowing Course (St. Catharines): rowing
- Welland Pan Am Flatwater Centre (Welland): canoe/kayak – sprint

Welcome



On behalf of the TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015), I am delighted to introduce this *Team Guide* for the TORONTO 2015 Pan American Games. I would like to thank everyone — PASO, NOCs and our stakeholders and partners — for their support and advice, and for working with us to ensure that everything is in place for the teams and the athletes at Games time.

Our mission — ignite the spirit through a celebration of sport and culture — is built on the foundation of our values: joy, purpose, accountability, collaboration and results. At the heart of this is ensuring that the TORONTO 2015 Games are sport focused and athlete centered.

We are dedicated to providing a first-rate field of play and delivering an outstanding experience for all athletes. We are also committed to providing athletes and teams with the best possible conditions at our competition venues for them to perform at their peak, which includes a combination of transformational new facilities and iconic existing locations. The training facilities will be of similar high standard and will be conveniently located within easy reach of the Athletes' Village and satellite accommodation locations, allowing athletes to prepare properly for their competition. Our accommodation locations will each provide a secure, comfortable base and a unique sense of community. And all of our venues will be connected by a comprehensive and reliable transport service.

This guide contains important information on a number of subjects:

- Key dates and personnel, including contact details.
- Information on competition format and rules.
- Guidance on all competition and training procedures.
- Details on venue facilities and services, including transport information and maps.
- Summary information on subjects that affect all sports, such as accreditation, security and medical services.

We hope this guide helps you in your preparations and your activities at Games time. If you need any further information, please contact a member of the sport competition management team.

The TORONTO 2015 Games will provide an opportunity to celebrate and strengthen the goals of fair play and diversity, foster lifelong friendships, promote accessibility and inclusion, and encourage all of us, on and off the field, to practice good sportsmanship. TO2015 promises to deliver an exciting and memorable summer of world-class competition.

We look forward to welcoming you to Toronto in July.

Bob O'Doherty
Senior vice-president, sport and venues
TO2015

Competition Information

The triathlon competition at the TORONTO 2015 Pan American Games will be held on July 11 and 12 at the Ontario Place West Channel.

A total of 70 athletes (35 men, 35 women) will take part in the triathlon competition.

Events

| Men's Event (1) | Women's Event (1) |
|-----------------|-------------------|
|-----------------|-------------------|

Key Dates

| | |
|---------------|---|
| June 15, 2015 | TO2015 entry by name deadline (midnight, ET) |
| July 5, 2015 | CIBC Pan Am/Parapan Am Athletes' Village official opening |
| July 6, 2015 | Training begins |
| July 8, 2015 | Coaches' briefing |
| July 9, 2015 | Technical meeting (athlete briefing) |
| July 10, 2015 | Athlete bike check-in |
| July 10, 2015 | Pan Am Games Opening Ceremony |
| July 11, 2015 | Women's competition |
| July 12, 2015 | Men's competition |
| July 26, 2015 | Pan Am Games Closing Ceremony |
| July 29, 2015 | CIBC Pan Am/Parapan Am Athletes' Village closes |

Key Personnel

| | | |
|---|---|--|
| Technical delegates | Leslie Buchanan (CAN) Felix Molina (MEX) | leslie.buchanan@triathlon.org felix_mol@yahoo.com |
| Continental Federation president | Antonio Alarco Guerrero | antonio.alarco@corplv.com |
| TO2015 sport manager | Richard Price | richard.price@toronto2015.org |
| TO2015 Sport Organizing Committee chair | Jeff Chong | triathlon@toronto2015.org |

Format

The triathlon competition format will be according to the competition rules of the International Triathlon Union (ITU). Competitors will swim 1,500 metres, cycle 40 kilometres and run 10 kilometres. The transition will be a standard elite layout with individual bike racks.

Rules, Clothing and Equipment

The rules, clothing and equipment for the triathlon competition will be held in accordance with the conditions outlined in the following documents that will be in force at Games time:

- ITU *Competition Rules* available at triathlon.org
- ITU *Uniform Rules* available at triathlon.org
- *Pan American Sports Organization (PASO) Regulations*
- *TORONTO 2015 Sport Equipment and Competition Uniform Guidelines*

PASO Late Athlete Replacement Policy for the TORONTO 2015 Pan Am Games

Sport entries information for all sports must be completed and received by the TORONTO 2015 Pan American/Parapan American Games Organizing Committee (TO2015) Sport Entries department before midnight (ET) on June 15, 2015. In exceptional cases, where there are urgent medical issues or otherwise and on a case-by-case basis, the Pan American Sports Organization (PASO), International Federations (IFs) and Pan American Sport Confederations may permit a permanent substitution of one athlete with another in the same sport, discipline and event, even after the above date.

An athlete can replace another registered athlete if and only if:

- i. The National Olympic Committee (NOC) of the replacement athlete had applied for accreditation for the said athlete prior to the March 27, 2015, accreditation application deadline.
- ii. No doping control issues are pending concerning the replacement athlete.
- iii. The replacement athlete is entitled and qualified to take part in the XVII Pan American Games Toronto 2015 as stipulated in the *TORONTO 2015 Qualification System* for the sport in concern.

When those conditions are met, the following actions must be undertaken:

- a. The NOC must complete an Athlete Replacement Form for the athlete being replaced and the replacement athlete, endorsed by the chef de mission or deputy chef de mission.
- b. The replacement athlete and relevant NOC must complete the Eligibility Conditions Form and, when required, the Sport Entry Form [1].
- c. The accreditation card of the athlete being replaced must be submitted to a TO2015 Accreditation Centre and cancelled so that the accreditation entitlements may be transferred to the substitute (subject to the approval of PASO as referred to above).
- d. Athletes accredited with a "P" category have already fulfilled requirements (i), (ii), (iii) and (b). NOCs only need to submit an Athlete Replacement Form.
- e. The accreditation card of the replacement athlete will be issued at the TO2015 Accreditation Centre in the CIBC Pan Am/Parapan Am Athletes' Village.

Note:

Athlete replacements may normally be considered up to 24 hours prior to the time of the technical meeting for the sport concerned or at a later time as determined by PASO and the relevant IF.

All documentation [2] and queries regarding the policy should be addressed to the TORONTO 2015 Sport Entries department at entries@toronto2015.org or in person at the CIBC Pan Am/Parapan Am Athletes' Village (at games time). The Sport Entries department will forward a copy of the documentation to the Accreditation Team and PASO.

In exceptional circumstances, the above-noted policy is subject to review by PASO.

[1] A hard copy (paper) version of the Sport Entry Form must be requested from the Sport Entries

department.

[2] Including supportive documentation for the replacement claim (such as medical certificates) in English.

International Technical Officials

Technical officials and jury members have been appointed according to ITU and PASO rules and regulations.

| International Technical Official Role | Name | Country |
|---------------------------------------|------------------------|-----------|
| Assistant Run | Carlos Fernandez | Argentina |
| Chief of Vehicular | Gustavo Svane | Argentina |
| Assistant Run | Adrian Sinklair | Barbados |
| Chief Lap Auditor | Patty Petty | Bermuda |
| Assistant Transition | Ellen Saraiva | Brazil |
| Assistant Swim | Roberto Menescal | Brazil |
| Chief of Run | David Markham | Canada |
| Chief of Finish Area | Keith Iwasaki | Canada |
| Chief of Event Control Centre | Kelly Mahoney | Canada |
| Mount/Dismount Line | Fernando Suarez Perez | Chile |
| Assistant Registration | Gustavo Ordonez | Colombia |
| Assistant Cycle | John Sarmiento | Colombia |
| Assistant Penalty Box | Mercedes Garcia | Ecuador |
| Chief Penalty Box | Ingrid Lanceiro Xicay | Guatemala |
| Chief of Aid Stations | Leslie Poujol Brown | Honduras |
| Assistant Swim | Alan Beckford | Jamaica |
| Assistant Cycle | Esteban Benitez | Mexico |
| Assistant Swim | Quilo Gonzalez Cinthia | Mexico |
| Race Referee | Ivette Bourette | Panama |

| | | |
|-------------------------|-------------------------|---------------------|
| Assistant Transition | Cesar Valdizan Garcia | Peru |
| Assistant Finish Area | Milagros Palacios Milon | Peru |
| Chief of Start Area | Winston Crooke | St. Kitts and Nevis |
| Chief of Wheel Stations | Jason Gooding | Trinidad and Tobago |
| Chief of Swim | Scott Weinheimer | USA |
| Mount/Dismount Line | Stevee Espling | USA |
| Chief of Swim Exit | Julio Segovia | Venezuela |
| Medical Delegate | Humberto Aguilar | Mexico |

| National Technical Official Role | Name |
|----------------------------------|-----------------------|
| Chief of Transition | Andrew Armstrong |
| Assistant Run | Andrew Dacanay |
| Assistant Lap Auditor | Hugh Brown |
| Chief of Technology | Janice Turner |
| Assistant Registration | Linda Nagle |
| Chief of Registration | Marie-Claude Gregoire |
| Assistant Aid Station | Michael Chui |
| Assistant Wheel Station | Troyce Beglaw |
| Chief Race Official | Ulf Schuetze |
| Chief of Cycle | Yan Therrien |

Protests and Appeals

Protests and appeals will be carried out in agreement with the ITU *Competition Rules*, Chapter 12, page 45-48, 17-12-2014.

Medals and Diplomas

Gold, silver and bronze medals will be awarded in each event of the triathlon competition. In accordance with *PASO Regulations*, top-eight diplomas will also be awarded in each event.

Sport Information

Sport information desks

Sport information desks will be located at all competition venues and at the sport information centre in the CIBC Pan Am/Parapan Am Athletes' Village. These desks will provide a variety of services to teams, including:

- General sport information through sport publications and discussions with sport-specific staff.
- Distribution of draw/start lists, results and other competition information, including schedule updates when required.
- Training schedule information and, for selected sports, assistance with booking and changing training sessions.

The sport information centre's hours of operation will be as follows:

| Dates | Hours of Operation |
|-----------------|--------------------|
| July 2–4, 2015 | 08:00–20:00 |
| July 5–25, 2015 | 07:00–23:00 |
| July 26, 2015 | 07:00–17:00 |

Competition and Training Schedule

| Times | Gender | Detail | Location |
|---------------|--------|----------------------------|--|
| July 6 | | | |
| 14:00–16:00 | Both | Training | Etobicoke Olympium |
| 19:45–21:00 | Both | Training | CIBC Pan Am/Parapan Am Aquatics Centre and Field House |
| July 7 | | | |
| 12:00–16:30 | Both | Training (athletics) | Birchmount Stadium |
| 14:00–15:30 | Both | Training | Etobicoke Olympium |
| July 8 | | | |
| 10:00–11:00 | Both | Familiarization (cycling) | Ontario Place West Channel |
| 11:00–12:00 | Both | Familiarization (swimming) | Ontario Place West Channel |
| 13:00–16:30 | Both | Training (athletics) | Birchmount Stadium |
| 14:00–15:30 | Both | Training (swimming) | Etobicoke Olympium |

| July 9 | | | |
|-------------|-------|------------------------------|----------------------------|
| 08:00–18:30 | Both | Training (swimming) | Donald D. Summerville Pool |
| 10:00–11:00 | Both | Familiarization (cycling) | Ontario Place West Channel |
| 11:00–12:00 | Both | Familiarization (swimming) | Ontario Place West Channel |
| 13:00–16:30 | Both | Training (athletics) | Birchmount Stadium |
| July 10 | | | |
| 08:00–14:00 | Both | Training (swimming) | Donald D. Summerville Pool |
| 10:00–12:00 | Both | Bike check-in | Ontario Place West Channel |
| 11:00–14:00 | Both | Training (athletics) | Birchmount Stadium |
| July 11 | | | |
| 08:00–18:30 | Both | Assigned training (swimming) | Donald D. Summerville Pool |
| 08:30–11:30 | Women | Triathlon final | Ontario Place West Channel |
| 12:00–14:00 | Both | Training (athletics) | Birchmount Stadium |
| July 12 | | | |
| 08:30–11:30 | Men | Triathlon final | Ontario Place West Channel |

Competition Days

| July 11 and 12 | Activity | Time |
|----------------|---------------------------------------|-------|
| | First athlete arrives on venue | 05:45 |
| | Athletes' lounge check-in opens | 06:00 |
| | Bike and run course opens for warm-up | 07:00 |
| | Individual transition check-in opens | 07:00 |
| | Swim course opens for warm-up | 07:15 |
| | Athletes' lounge check-in closes | 07:30 |

| | |
|------------------------------------|-------|
| Warm-up ends | 08:00 |
| Athletes lined up for introduction | 08:15 |
| Athletes' introduction | 08:28 |
| Race start | 08:35 |
| Medal Ceremony | 10:45 |

Pre-Competition Procedures

Course familiarization and briefings

Familiarization sessions are designed to allow all athletes to conduct a training session on the field of play under competition conditions. Familiarization will take place on July 8 and 9, for both the bike and swim courses, and is open to both men and women.

Date: July 8

Bike course: 10:00–11:00

Swim course: 11:00–12:00

Team officials'/coaches' briefing 12:00–13:00

Venue: Ontario Place West Channel

Date: July 9, 2015

Bike course: 10:00–11:00

Swim course: 11:00–12:00

Athletes' briefing 12:00–13:00

Venue: Ontario Place West Channel

The athletes' lounge will be open from 09:00 to 13:00 on familiarization days.

Coaches' briefing

The coaches'/team officials' briefing will take place at Ontario Place West Channel from 12:00 to 13:00 on Wednesday, July 8.

Technical meeting

The technical meeting (athletes' briefing) will take place at Ontario Place West Channel from 12:00 to 13:00 on Thursday, July 9.

The technical delegates and triathlon sport manager will lead the technical meeting, which will be conducted in English and, if required, Spanish.

The main agenda will be as follows:

- welcome and introductions
- competition jury
- schedules and timetables
- check-in and procedures
- the course
- post-race procedures
- weather forecasts
- pontoon draw

All technical officials must attend the athletes' briefings.

Pontoon draw

The draws for the pontoon positions for the men's and women's triathlons will be conducted by ITU officials at the end of the athletes' briefing.

The 10 best-ranked athletes entered will choose their pontoon start positions by telling the designated international technical official. The international technical official will record and confirm the chosen pontoon start position. If the pontoon start position has previously been chosen by any of the better-ranked athletes, the international technical official will ask the athlete to select another pontoon start position. This procedure will continue until the international technical official can confirm a pontoon start position to the athlete.

As soon as the 10 best-ranked athletes have selected their pontoon start positions, the chosen positions will be displayed on the screen, without showing which pontoon start position has been assigned to which of the 10 best-ranked athletes.

The remaining athletes will then publicly draw their pontoon start positions. Athletes will be called in every 20 seconds to select their start positions. Information about each position drawn will be displayed immediately on the screen. Once the last athlete has publicly drawn his/her pontoon start position, the first 10 choices will be publicly displayed.

Race package

Athletes will pick up their race package at the technical meeting. The package will contain the following:

- bike number
- helmet stickers (3)
- body decals

Athlete bike check-in

Date: July 10

Bike check-in: 10:00–1200

Venue: Ontario Place West Channel

Bikes must be checked in at the venue on July 10 between 10:00 and 12:00. They must be checked in by an

athlete or team official and left overnight in the bike storage at the venue. Bikes do not need to be checked in for familiarization days, but will be checked (by officials) along with athlete's uniform.

Bikes will be available for collection from bike storage beginning at 05:30 on competition days.

Athlete check-in

On arrival at the athletes' lounge, athletes will have their uniforms checked by the technical officials and will then receive their swim cap and timing chip. Athletes must wear their timing chips around their ankles. All equipment, bags and clothing will need to be submitted in order to be checked for compliance. After their event, athletes will have their timing chips removed before they enter the main recovery area.

Transition area check-in

The transition area will be open to athletes to rack their bikes beginning at 07:00.

Warm-up

Athletes may start their warm-up on a section of the bike and run course beginning at 07:00. The swim course will open for warm-up at 07:15.

Call room procedure

Athletes must assemble at the call room at 08:15, 20 minutes before the start of their event. Athletes will then be asked to leave the call room and approach the start pontoon in order for the announcement to spectators of their name, country and race number.

At this time, any extra clothing and towels must be removed and placed in each athlete's numbered box. In the event of extreme weather conditions, athletes may remove their warm-up clothing before entering the start pontoon, and may hand it to their coaches at the coaches' area next to the pontoon or to a member of the start team.

Any official NOC uniforms left at the start area must be returned to the athletes' lounge immediately after the start in the event that they will be required for the Medal Ceremony.

Athlete introductions

After the technical officials' presentation, the announcer will introduce each athlete according to the introduction schedule provided by competition management and sport presentation. Each athlete will be introduced in turn by race number, name and country. When introduced, athletes must take up their designated numbered position on the start pontoon.

The platform will be numbered one to 35, with number one on the right-hand side facing the swim course.

| Time before competition | Procedure |
|-------------------------|--|
| 0:09:00 | Technical officials' presentation |
| 0:07:00 | Athlete introduction — parade to start pontoon |
| 0:02:00 | Athlete introduction finished — all athletes behind the line |
| 0:00:30 | Hands of the starter |
| 0:00:00 | Race commences |

Competition Procedures

Start procedure

Athletes must proceed directly to their designated positions on the pontoon and must stay there when they arrive. When all athletes have reached their designated positions, the announcer will state, "You are now in the hand of the starter," and athletes must then step forward when the starter says "on your marks". A horn will then signal the start of competition.

In the case of a false start, the starter will issue repeated short blasts on the start horn. If athletes fail to hear the false start signal, lifeguards will promptly block the swim course. Athletes must leave the water using the exit ramp at the back of the pontoon and must return to their designated positions. The competition will be restarted as soon as possible under the control of the ITU race referee.

In the event of a valid start with early starters, if someone starts before the horn and everyone else starts with the horn, the athlete who false-started will receive a time penalty of 15 seconds in T1.

Swim course

The swim will consist of a two-lap course with a 1,000-metre first lap, followed by a second 500-metre lap. After the first lap, athletes will exit the water via ramp, up onto the start pontoon before diving back into water for the second lap.

Athletes will exit the water at the end of the swim via a dedicated ramp, and pass underneath the grandstand to reach the transition area.

Transition (T1)

Athletes will make a 90-degree left turn prior to entering the transition area. Each bike will be racked in a single stand along both sides of the transition area, and each athlete will be provided with a numbered box into which all swim equipment must be placed.

Every athlete may only get on their bike once they have crossed the green mount line at the exit of transition.

Bike course

The bike course will be six laps of an out-and-back loop, with a short climb and descent on each lap. At the end of every lap, athletes will pass through the transition.

Transition (T2)

At the end of the six-lap bike course, athletes will get off their bikes prior to the dismount line and lead their bikes to their designated bike stand. Athletes will then exit the transition area in the same direction to start the run.

Run course

The run will consist of four laps of 2.5 kilometres each on the same course as the bike. After a 500-metre out section, athletes will make a U-turn before heading back through transition and then over the short climb and descent.

On the final lap of the run, athletes will move into the finish lane after the short descent, 250 metres before the finish line.

Aid stations

There will be three aid stations located on the run course at approximately 800-metre intervals. Only water bottles will be available at these stations, and will be unsealed just prior to distribution. The water bottles will

be under constant supervision and will only be opened just prior to distribution. Each aid station will be staffed with 10 volunteers and one technical official.

Wheel stations

The bike course will feature a team and neutral wheel station, both of which will be passed twice on each lap.

Penalty Box

Failure to comply with the ITU *Competition Rules* may result in an athlete being given a time penalty by a technical official. The athlete would then be required to serve this penalty in the penalty box.

The penalty box will be managed by technical officials. Athletes will be notified of any penalty through the display of their race number on the board at the penalty box. It is the athlete's responsibility to present themselves to the technical official in the box in order to serve the time penalty during one of the run laps, prior to the finish.

Procedures for Withdrawn Athletes

Pre-competition

If an athlete withdraws from the competition after the start list has been produced and distributed, but no later than 30 minutes before competition is due to start, TO2015 will produce a new start list which, after being approved by the ITU technical delegate, will be distributed according to the distribution rules.

Immediately before event

If an athlete withdraws from the competition 30 minutes before the competition's scheduled start time, the start list will not be updated and the athlete will be listed as DNS (did not start) on the results outputs.

Athletes failing to complete the swim before the leaders complete the first lap of the bike

Any athlete who has not completed the swim leg or cleared the T1 transition before the bike leader's return through the transition area will have effectively been lapped and will be held outside transition by a technical official. The athlete's bike will be removed from the transition area to allow for the bike leaders to pass cleanly through transition, and will then be sent to the bike storage area. At an appropriate time, the withdrawn athlete will be escorted off the field of play to the athletes' lounge.

Athletes lapped during the bike leg

Any athlete who is lapped during the bike leg will be removed from the field of play as soon as possible in order to avoid any confusion with placing and to prevent him/her providing drafting assistance to other team members. Technical officials who identify a lapped athlete will communicate to the athlete that they have been withdrawn from the race. The athlete must not ride in a pack or with any other athlete, and must retire at the next nearest wheel station. Lapped athletes and their bikes will be picked up at the end of the race and returned to the athletes' lounge.

Athletes who retire due to injury, exhaustion or bike malfunction

Any athlete who retires due to injury, exhaustion or bike malfunction will be held at the nearest wheel station, the nearest aid station or the athletes' lounge, and must not re-enter the field of play. If necessary, medical services staff will be informed in order to offer first aid treatment to the athlete. Athletes who do not require any special medical treatment will be picked up at the end of the event and returned to the athletes' lounge. Officials will handle any equipment and make sure it is returned to the athletes' lounge.

One team official per NOC will be allocated a pass that allows them access to the athlete medical room. The passes will be distributed at the team leaders' and coaches' briefing.

First runner/last biker scenario

Athletes on the bike course who have not reached the point at which the run course joins with the bike course (just east of the transition area) will be met by an official and withdrawn from the race to allow for the lead runners to make their way safely onto the course.

Post-Competition Procedures

Crossing the finish line

Upon crossing the finish line, athletes will be requested to move away from the finish area as soon as possible to leave the area clear for subsequent athletes.

Photo-finish cameras will be used to determine the winner in the event of a close finish. The time shown on timing chips will not be used to determine finishing order. After the event, all athletes must leave the finish area as soon as possible.

First recovery

Athletes requiring additional time to recover or medical attention will be able to use the first recovery tent located shortly after the finish area. Technical officials will be responsible for assisting the athletes' movement from the finish line past the photo gantry, through the mixed zone and into the main recovery area, which will offer ice baths for athletes as well as a full range of refreshments, fruit and snacks. Technical officials will manage the recovery area and all refreshments after the finish.

Doping control

Athletes selected for doping control will be notified in person and escorted to the doping control station by an anti-doping chaperone as soon as practical after they have finished competing. It will be the responsibility of the athlete to remain under continuous observation of the anti-doping chaperone after notification.

All NOCs, athletes and athlete support personnel, including medical practitioners, should review and be familiar with the *PASO Anti-Doping Rules*, which are based on the World Anti-Doping Code that came into effect January 1, 2015.

Mixed zone

TO2015 Press Operations will run the competition venues' mixed zones, where the press will seek to interview athletes (and in some instances, coaches) as they leave the field of play. All athletes must pass through the mixed zone and will be encouraged to speak with broadcasters and the press.

Athletes will first pass through the broadcast area of the mixed zone before reaching the press area.

Every attempt will be made to ensure that broadcast interviews will be limited to a reasonable length of time per athlete to ensure the athlete has time to talk to the press before exiting the mixed zone.

Coaches for team and combat sports who are normally positioned on the field of play will be requested to pass through the mixed zone for interview possibilities.

Media availability

TO2015 Press Operations will organize and run post-event media availability sessions. NOCs may request to host their own media availability sessions in the venues before the competition begins. NOCs must book these through the Venue Media Centre help desk.

Formal language interpretation services will not be available in the mixed zones or at the media availability sessions in the Venue Media Centres. Medallists will be available for interviews after completing a

competition session and after Medal Ceremonies. Coaches and/or other athletes may also be available, depending on the circumstances.

Results distribution

Printed results will be available for collection by NOCs from sport information desks at the competition venues and the sport information centre in the Athletes' Village. Results for all sports will also be available at TORONTO2015.org.

Medal Ceremonies

Medal Ceremonies will take place in-venue immediately following the completion of a final competition, where applicable. The Medal Ceremony will include the presentation of bronze, silver and gold medals to third, second and first place athletes, respectively. The Medal Ceremony will include the raising of the appropriate flags and the playing of the national anthem for the gold medallist.

Medal Ceremonies will be conducted in English, French and Spanish. Medals will be presented by members of the PASO Executive Committee, International Olympic Committee members, International Federation and Continental Federation presidents or government dignitaries.

In accordance with *PASO Regulations*, all athletes will attend their Medal Ceremony dressed in NOC track suits or approved competition uniforms. Athletes will not be permitted to step on to the podium if they are displaying flags, slogans, unapproved brands or commercial statements of any kind.

Competition Venue Information

Ontario Place West Channel is located along the man-made channel of Lake Ontario and Lake Shore Boulevard. The picturesque waterfront course is located four kilometres west of downtown Toronto. Ontario Place West Channel will also be the site of triathlon, open water swimming, road cycling, and waterski & wakeboard competitions during the TORONTO 2015 Pan Am Games.

Field of Play

The field of play spans either side of the main Ontario Place West Channel venue. The swim takes place in an enclosed channel of Lake Ontario, offering a safe and wave-free swim. The swim course will be secured by lifeguards on paddle boards and in kayaks. The bike and run will take place on Lake Shore Boulevard, and will use all six lanes for a fast out-and-back course. There is one short, steep climb at the end of each lap for both the bike and run. The course will be closed and fully protected, and will follow ITU standards for athlete safety.

Facilities for Athletes

The competition venue will include the following for athletes:

- athlete washrooms
- men's and women's change rooms
- outdoor showers
- athletes' lounge
- catering services
- bike mechanics
- bike storage facilities
- sport information desk located in the athletes' lounge
- medical facilities
- A doping control station

- pre-start tent
- recovery tent

Venue accreditation help office

A venue accreditation help office will provide issue resolution, validation of pre-valid accreditation cards and re-issuing of lost/stolen accreditation cards. The office will be located in the CIBC Pan Am Park.

Weather

| Average Hourly Air Temperature | |
|--------------------------------|--------------------------------|
| Hour (ET) | Average Hourly Air Temperature |
| 01:00 | 18.9°C |
| 02:00 | 18.5°C |
| 03:00 | 18.2°C |
| 04:00 | 17.9°C |
| 05:00 | 17.7°C |
| 06:00 | 17.4°C |
| 07:00 | 18.1°C |
| 08:00 | 19.0°C |
| 09:00 | 19.8°C |
| 10:00 | 20.6°C |
| 11:00 | 21.3°C |
| 12:00 | 21.9°C |
| 13:00 | 22.5°C |
| 14:00 | 22.8°C |
| 15:00 | 23.1°C |
| 16:00 | 23.2°C |
| 17:00 | 23.1°C |
| 18:00 | 22.9°C |
| 19:00 | 22.4°C |
| 20:00 | 21.9°C |
| 21:00 | 21.2°C |
| 22:00 | 20.7°C |
| 23:00 | 20.1°C |
| 24:00 | 19.3°C |

| | |
|---|--------|
| Average daily maximum temperature | 25.5°C |
| Average number of days with maximum higher than 30°C | 3.1 |
| Average number of days with rainfall equal to or greater than 10 mm | 2.2 |

(All figures are for the month of July at the Toronto Island/City Centre Airport from 1981 to 2010. Source: Environment Canada)

| Historic Surface Water Temperature on July 1 | | |
|--|--------|--------|
| 2012 | 2013 | 2014 |
| 22.7°C | 20.0°C | 19.3°C |

Training Venue Information

The triathlon competition and familiarization sessions for the TORONTO 2015 Pan American Games will take place at the Ontario Place West Channel.

Training will take place at the following locations:

- CIBC Pan Am/Parapan Am Aquatics Centre and Field House
- Donald. D Summerville Pool
- Etobicoke Olympium
- Birchmount Stadium (400-metre track)

Pool training will be shared with open water swimming athletes. Pool times will be assigned in advance of arriving in Toronto.

Training on the track will be open both to triathlon and athletics athletes.

Facilities

The CIBC Pan Am/Parapan Am Aquatics Centre and Field House is located at the University of Toronto, Scarborough campus in Toronto, Ontario. This brand new high-performance facility includes two internationally sanctioned 10-lane, 50-metre pools, a 25-metre long pool and a diving tank.

The Etobicoke Olympium is a multi-use facility that focuses on meeting the sport and recreation needs of the community, as well as developing and promoting amateur competitive sports. As an aquatics training venue (for swimming and water polo), the Etobicoke Olympium has undergone renovations for the Games.

Donald D. Summerville Outdoor Olympic Pool complex is located on the beach at Woodbine Park. This facility features a 50-metre Olympic-sized pool.

Birchmount Stadium, located in the heart of Scarborough, will host training for both athletics and triathlon.

Venue Access

A validated accreditation pass with the applicable sport code must be shown in order for an athlete or team official to access the venues for training.

Bike Mechanic Support

The bike mechanic station will be positioned next to the athletes' lounge area. The bike mechanic station will be a free-of-charge service for athletes.

| Date | Time |
|---------|-------------|
| July 8 | 09:00–13:00 |
| July 9 | 09:00–13:00 |
| July 10 | 09:00–12:00 |
| July 11 | 05:30–11:00 |
| July 12 | 05:30–11:00 |

Delegation Arrival

Official port of entry

Toronto Pearson International Airport (YYZ) will serve as the official port of entry and departure for the TORONTO 2015 Pan Am Games. As Canada's busiest airport, Toronto Pearson International Airport provides two terminals (1 and 3) that, combined, serve more than 36 million passengers a year. Each terminal provides services to domestic, international and U.S. flights (including pre-clearance for U.S. Customs).

Upon arrival at Toronto Pearson International Airport, NOC delegations will have access to designated passport-control lanes, welcome booth services, wayfinding assistance, accreditation validation services and transportation to official TO2015 accommodations.

NOCs should note that TO2015 will provide transportation services to and from Toronto Pearson International Airport only. Transportation from any other ports of entry (such as the Billy Bishop Toronto City Airport or Union Station for rail passengers) will be at the responsibility and cost of the respective NOC.

Operational hours at Toronto Pearson International Airport

Representatives from TO2015 will be available to assist NOC delegations based on their arrival information provided in advance through the arrivals and departures system (ADS). General operating hours will be from 06:00 to 23:00 daily; however, services will be extended for all anticipated flight arrivals outside this window. For this reason, it is paramount that delegations submit their flight information through the ADS.

International arrivals to Toronto

To facilitate entry into Canada, the Canada Border Services Agency (CBSA) will provide designated Games lanes for NOC delegations upon their arrival at Toronto Pearson International Airport, at both Terminal 1 and Terminal 3. Lanes will be marked by TORONTO 2015 signage.

NOC delegates who would normally require a visa to enter Canada may travel with a valid passport and their pre-valid card, which will act as a temporary resident visa and official entry document into the country. This facilitated visa process will be in effect for the Pan Am Games, from May 10, 2015, to August 26, 2015, at 23:59, for a period of stay no longer than six months from first entry.

It is vital that NOC delegates carry their pre-valid card with them for arrival, and have their accreditation on them for departure, as failure to do so may result in refusal of entry to Canada or refusal of access to facilitated services upon departure. Please note that all NOC delegates who are not Canadian nationals must hold a passport that is valid until at least January 26, 2016.

Upon arrival at Toronto Pearson International Airport, delegates will be guided to the designated CBSA lanes to undergo the primary inspection process, which will include:

- document and visa verification
- admissibility of persons and goods
- determination as to whether a referral to Immigration is required

Declaration cards must be completed prior to primary inspection. All goods, currency and/or monetary instruments brought into Canada must be declared; failure to do so may result in monetary penalties, confiscation of goods and/or criminal prosecution.

If further examination of documents or goods is required, delegates will be referred to the appropriate area for examination, as needed. The CBSA will also provide automated border kiosks in both terminals for the

use of NOC delegates with Canadian passports, and Nexus kiosks for the use of NOC delegates with U.S. passports.

Self-drive

NOC delegates travelling to Toronto via ground transportation will be required to show all documents at the land border crossing. Individuals will be asked to have all documents in hand and ready for presentation at the primary inspection point prior to arriving at the Customs booth.

NOC delegates arriving at the CIBC Pan Am/Parapan Am Athletes' Village in their own vehicle will be directed to a temporary parking area located south of the Welcome Centre. After bringing their luggage into the Welcome Centre, NOC delegates will then have to move their vehicle to another location. If there is no parking available near the Welcome Centre, NOC delegates will be responsible for parking their vehicles in another location outside the Village's perimeter and paying any applicable parking fees.

NOC delegates arriving on their own at any of the satellite accommodation locations will be required to let TO2015 know of their arrival in advance through the ADS. Upon arrival at the satellite accommodation, vehicles will be directed to a designated parking lot where NOC delegates can off-load their baggage and carry it to the main entrance. Vehicles will be required to exit the area immediately after drop-off.

Domestic arrivals to Toronto

Delegates arriving in Toronto from another location in Canada will be directed to the domestic baggage claim area in either Terminal 1 or Terminal 3. NOCs should note that some delegates connecting through a Canadian airport, prior to flying into Toronto, may be required to clear customs at their first port of entry, following the regular process for all incoming passengers. Designated Games lanes for customs clearance will only be available at Toronto Pearson International Airport.

Accreditation validation facilities

Upon arrival in Toronto, each delegation member can have his/her accreditation validated (provided their respective delegation registration meeting [DRM] has been completed) at Toronto Pearson International Airport in Terminals 1 and 3 (international arrivals only) or at one of the Accreditation Centres located across Toronto. Following validation, the delegation member will be directed to the Games transportation system. After departing the airport, a delegation member without a Pan Am identity and accreditation card (PIAC) must visit an Accreditation Centre to get his/her card printed and validated.

Delegation members must present their passport and/or official identification document used for accreditation registration in order to complete the validation process at an Accreditation Centre.

| Accreditation Centres | | |
|--|-----------------------|--------------------|
| Accreditation Centre | Dates of Operation | Hours of Operation |
| Main Media Centre | June 25–July 26, 2015 | 08:00 to 21:00 |
| CIBC Pan Am/Parapan Am Athletes' Village | June 22–July 29, 2015 | See Table A below |
| Games Family hotel | July 4–26, 2015 | 07:00–19:00 |
| Toronto Pearson International Airport | June 30–July 26, 2015 | 05:15–23:00 |

Table A

| Games Period | Dates of Operation | Hours of Operation |
|---------------------------------|--------------------|--------------------|
| Pre-Games | June 22–30, 2015 | 09:00–18:00 |
| Pre-opening period | July 1–4, 2015 | 09:00–18:00 |
| Opening period and Pan Am Games | July 5–26, 2015 | 08:00–21:00 |
| Closing period | July 27–29, 2015 | 09:00–18:00 |

Satellite Accommodation

| Location | Dates of Operation | Hours of Operation |
|---|---------------------------|--------------------|
| Rowing & Canoe/Kayak – Sprint Satellite Accommodation at Brock University (PVB) | July 5–6, 2015 | 08:00–20:00 |
| Shooting & Equestrian Satellite Accommodation at Nottawasaga Resort (PVN) | July 5, 7–9, 11, 16, 2015 | 08:00–20:00 |
| Mountain Bike Satellite Accommodation at Horseshoe Valley Resort (PVH) | July 7–8, 2015 | 08:00–20:00 |
| Canoe/Kayak – Slalom Satellite Accommodation at Pinestone Resort (PVM) | July 12–13, 2015 | 08:00–20:00 |
| Football Satellite Accommodation at McMaster University (PVF) | July 5–6, 2015 | 08:00–20:00 |

Baggage claim

Upon arrival at Toronto Pearson International Airport, NOCs will be responsible for claiming and tagging their accompanying baggage (standard and over-sized) and ensuring that they have both the correct number of bags and that all bags are in good condition before leaving the airport. Oversize baggage can be picked up in a controlled location, identified by TORONTO 2015 signage, beside the baggage carousels.

Transportation services

Following the baggage claim process, wayfinding signage and TO2015 representatives will direct delegates to loading zones, where shuttles will then transport them to their accommodation or the Games Family hotel, in accordance with the information provided on the ADS.

Whenever possible, all accompanying baggage will be transported on the same bus as the athletes and officials. If additional capacity is required, separate baggage-only trucks will be used to supplement the bus storage.

All baggage and equipment will be transferred to the Athletes' Village or satellite accommodation, except for firearms, ammunition and laser pistols, which will be transported directly to the armoury.

Arrival at the CIBC Pan Am/Parapan Am Athletes' Village

Starting July 5 at 08:00, and upon successful completion of the DRM, all athletes and team officials residing in the Village will be able to access the Welcome Centre. At this time, TO2015 will provide assistance with the off-loading of luggage and equipment from the buses and trucks. Athletes and officials will be responsible for the movement of their own luggage off the buses if these items have been carried into the seating areas.

Arrival at satellite accommodation locations

Upon arrival at the satellite accommodation, the assigned NOC representative will check in at the accommodation desk. TO2015 will provide off-loading of luggage and equipment from the bus or truck to the front entrance of the accommodation building. Athletes and officials will be responsible for claiming their bags from the front entrance and bringing them to their rooms. Validated accreditation with applicable access must be worn in order to enter the residential zone at each satellite accommodation.

Accommodation at the CIBC Pan Am/Parapan Am Athletes' Village

The CIBC Pan Am/Parapan Am Athletes' Village will be located in east downtown Toronto in the Lower Don Lands, adjacent to the Don River. This area of Toronto is currently undergoing extensive regeneration, with many new developments existing harmoniously alongside heritage neighbourhoods and districts.

The Athletes' Village will be conveniently located within a few blocks of the Toronto city centre and close to public transportation. Following the Games, the Village will be one of the Games' lasting legacies with a mixed-use neighbourhood with affordable housing, new condominiums, a YMCA and a dormitory for George Brown College students.

Key dates of operation

| Date | Event |
|----------|--|
| July 1–4 | Pre-opening access to CIBC Pan Am/Parapan Am Athletes' Village |
| July 5 | Opening of the CIBC Pan Am/Parapan Am Athletes' Village |
| July 10 | Opening Ceremony of the TORONTO 2015 Pan Am Games |
| July 26 | Closing Ceremony of the TORONTO 2015 Pan Am Games |
| July 29 | Closing of the CIBC Pan Am/Parapan Am Athletes' Village |

Site orientation

The Athletes' Village will consist of three distinct zones: the Village Plaza, residential zone and operations zone. The Village Plaza will contain the retail facilities and ceremonial facilities available to residents and guests, while the residential zone will be a restricted area for residents and guests with an "R" on their PIAC. The residential zone will contain five accommodation lots, recreation, dining, medical facilities, parklands and access to transportation links to competition and training venues.

The operations zone will include the workforce entry, logistics warehouse, facilities services area, support services operations centre, waste transfer area and NOC container freight storage.

The Welcome Centre will be the entry point for first-time arrivals. The taxi drop-off and pick-up area will be located adjacent to it. The Village Plaza entry point will be located off Trinity Street for dedicated

access to the Guest Pass Centre and Village Media Centre.

Residences

Athletes and NOC team officials will be accommodated in newly constructed permanent buildings, ranging in height from nine to 15 storeys. The buildings will contain a combination of apartments for three, four, five, six, nine or 10 beds.

All bedrooms will be equipped with furniture to provide a comfortable stay for residents, in accordance with past Games practices. In-suite finishes will include coated flooring in bedrooms and social spaces, tiled floors in bathrooms, and window coverings and shelf space in bedrooms. Corridors within the residential blocks will be carpeted. Public and NOC office spaces will have a combination of carpet and sealed concrete floor finishes.

Social spaces furniture will include tables and comfortable seating. All suites will have free Wi-Fi access.

Each resident will be provided with two bath-sized towels, which will be changed every two days. Bed linen will be changed every four days. Towel and linen exchanges will also be possible through the resident centres.

Resident services

There will be five resident centres located throughout the Athletes' Village. The five centres will operate from 07:00 to 23:00 and one will be open 24 hours a day. The resident centres will cater to the accommodation needs of the NOCs and Village residents. Each resident centre will provide hotel-like front desk service, which will assist with the resolution of issues relating to Village accommodation services, as outlined below:

| | |
|--------------------------------|---|
| Accommodation-related requests | Housekeeping requests and maintenance issues will be serviced by the resident centres and handled by trained TO2015 staff. Both requests and issues will be documented and followed up by the relevant functional areas (Housekeeping, Maintenance, Logistics, etc.). |
| Concierge service | Each resident centre will also work as a concierge service desk. Resident centre staff and volunteers will be trained to provide residents with helpful information about the Village, Toronto and areas of interest. |
| Lost/replacement key | Replacement of a lost or damaged key will cost CAD\$30 per key set. |
| Internet access | Wi-Fi access will be available at each resident centre. |
| Lounge and meeting facilities | All resident centres will have comfortable lounge facilities and televisions with Games feeds, which will be available to all residents. |
| Beverages | Vending machines with a variety of beverages will be available free of charge to residents. |
| Personal towel exchange | Residents will be able to exchange used towels for clean towels. |

Ice supply

NOCs can access free ice at each resident centre.

Laundry service

Free 24-hour self-service laundry facilities will be provided for all Athletes' Village residents. They will be located in each residential block, in close proximity to the resident centre. Staff at each resident centre will be able to offer assistance to residents, as required. Each resident centre will provide laundry detergent free of charge.

Teams requiring washing, dry cleaning and pressing of team uniforms, team strips, judo suits and other similar non-regular items will be able to use the drop-and-collect, pay-on demand service in the Village Plaza at a charge to the NOC.

Multi-faith centre

The multi-faith centre will provide a place for worship and meditation for all faiths. The centre will be managed by TO2015 and supported by an experienced group of faith advisors. The centre will also provide general counselling support and links to other religions and faiths with local places of worship.

Dining services

Athletes (Aa) and team officials (Ac, Ao) will have unlimited access to the main dining hall. People entering the dining hall will have their accreditation checked to ensure they are entitled to eat there or, alternatively, they will be required to present a single meal voucher.

Main dining hall

The main dining hall will be located adjacent to the transport mall in the residential zone and will operate on a 24-hour basis, broken down into four meal periods:

| | |
|-----------|-------------|
| Breakfast | 05:30–11:00 |
| Lunch | 11:00–17:00 |
| Dinner | 17:00–22:00 |
| Overnight | 22:00–05:30 |

Menus will be rotated every day, through a six-day cycle. Various self- and assisted-serve food stations will showcase the diverse nature of Toronto's culinary scene and will cover a wide spectrum of dietary needs.

Alternative dining options

Additional dining options will be offered to Village residents with dining privileges, including an outdoor casual dining/BBQ area, stations at resident centres and a Village Plaza café.

NOC Services Centre

The NOC Services Centre will be located in the Athletes' Village residential zone, situated centrally to facilitate communication and coordinate issue resolution between TO2015 and the NOCs. Services available at the front desk will include mail distribution, reservation of bookable meeting rooms, and the distribution of participation certificates and medal boxes. Arrivals and departures, transport, logistics and Rate Card will also have desks in the NOC Services Centre.

Polyclinic

The Polyclinic will be open daily from 07:00 to 23:00 from July 1 to August 17, 2015, but will be closed July 30 and August 1. The Polyclinic will offer a full range of health care services and professionals.

Transportation services

The transport mall will be located south of the residential zone, near the main dining hall. Athletes and team officials will be able to access shuttle buses from the transport mall to all competition and training venues beginning July 5, 2015. Athletes in water polo and synchronized swimming events held prior to the Opening Ceremony will be able to access transportation as of July 2.

Due to the compact footprint of the Village, there will be no internal transport shuttle for residents.

NOC parking

Parking for NOC-dedicated vehicles will be located next to the transport mall, on the south side of the Village, and will be accessible through a dedicated pedestrian screening area. There will be no provision for the parking of vehicles without a valid vehicle access and parking permit (VAPP).

Resident entertainment and recreation

Various lounges and a games room will be available to Village residents. These lounges will feature Wi-Fi and televisions.

Fitness centre

The fitness centre will feature recreational sport facilities for general use. It should be noted that all sport-specific training facilities will be located outside of the Village. The fitness centre will include an internal running track and an indoor pool for general fitness activities. In addition, the centre will have a large selection of cardiovascular equipment and free weights, and space for stretching, warming up and cooling down.

There will also be plenty of safe places for running within the Village, including an 18-acre park with paved trails, located east of the accommodation blocks and within the security perimeter.

The Fitness Centre will operate 24 hours a day, but will only be supervised between 06:00 and 23:00, except when temporarily closed for cleaning or maintenance. The pool will be open from 06:00 to 22:00.

Village Plaza

The Village Plaza will be comprised of a number of retail outlets and services. TO2015 will design this area as a significant Village focal point to attract both residents and visitors alike. The Plaza will act as a place where athletes, guests and media can interact.

The Plaza will include a user-pay café, which can also act as a casual meeting place. All Team Welcome Ceremonies will take place in the Village Plaza. Plaza services will operate from 09:00 to 21:00 as of July 5.

Retail services in the Village Plaza

Retail services will be provided in the Village Plaza for the convenience of Village residents and guests. Services provided will be on a user-pay basis and will include banking, dry cleaning, a hair salon, general store, photo kiosk and ticket office.

Team Welcome Ceremonies

Team Welcome Ceremonies will take place at the Village Plaza from July 6 to 9. Each delegation will be invited to participate in a ceremony that will welcome them to Toronto. The ceremony will include an official welcome, the raising of the national flags and the playing of anthems, ceremonial exchanges and cultural entertainment.

Each ceremony will last approximately 30 minutes.

Smoking and alcohol policy

In accordance with *PASO Regulations*, the Athletes' Village will be a non-smoking venue. It is strictly forbidden to smoke in any building or on any balcony in the Village or satellite accommodation. A limited number of clearly marked outdoor smoking areas will be available throughout the Athletes' Village and satellite accommodation.

Catering at Competition and Training Venues

Competition venues

Food and beverage services will be provided for accredited athletes and team officials in athlete lounges at the competition venues. Access to this service will be managed by sport/venue team volunteers, and will be provided during competition and official training at the venue.

Each competition venue's athlete lounge will feature, at minimum, a refreshment station with beverages and snacks. The hours of service will vary by venue, but the refreshment station will open 90 minutes before the competition and training start time and will close one hour after the end of competition.

Training venues

A refreshment station with beverages and snacks will be available at training venues. A cold, boxed meal will be available at venues where athletes are required to be present for a minimum of five hours.

TO2015 will supply the initial expected meal quantities to the catering team for both competition and training venues. Upon arrival, team leaders will be able to adjust these numbers at the sport information desk at each competition venue. Team leaders must communicate any changes to the athlete venue meal numbers three days in advance.

Venue Access

"P" accreditation and training venue pass (TVP) accreditation venue access

In order to cater to each NOC's need for additional support with their athletes' preparations, PASO has confirmed the use of additional accreditation subcategories within the NOC category, in accordance with the *Pan American Sports Organization Accreditation Users' Guide*. Those subcategories are as follows:

1. "P" accreditation
 - a. alternate athletes
 - b. personal coaches and training partners

2. "TVP" accreditation

These subcategories are not part of the NOC's delegation and therefore will have restricted access rights. They will not be entitled to dining privileges at the Athletes' Village.

For more information, please refer to the *Pan American Sports Organization Accreditation Users' Guide* and the *NOC Accreditation Manual*.

Athlete equipment transfer

TO2015 Logistics will operate a scheduled service for the transfer of athlete sport equipment between the CIBC Pan Am/Parapan Am Athletes' Village, satellite accommodation and the competition and training venues during the operating period. This service is intended to assist NOCs with the transport of sport equipment that cannot fit on the supplied transport shuttles.

TO2015 Logistics will notify all delegations of where the athlete equipment drop-off and collection locations will be, in advance of competition events. Logistics will use a tagging system to track shipments to ensure athletes receive their correct equipment.

The athlete equipment transfer schedules will be available from the logistics desk and sport information desks at the NOC Services Centre at the Athletes' Village and from the sport information desks at the respective venues.

Medical Services

Medical services during the TORONTO 2015 Pan Am Games will be provided at all competition and training venues, and non-competition venues such as the CIBC Pan Am/Parapan Am Athletes' Village, satellite accommodation locations, Games Family hotel and the Cisco International Broadcast Centre and Main Press Centre.

Athlete and spectator services will be stocked with appropriate equipment, supplies and medication and will be staffed by experienced medical personnel. Ambulances, staffed by paramedics, will be stationed at all competition venues and some non-competition venues, such as the Athletes' Village.

Competition and training venues

Emergency services and sport medicine for ill and injured athletes, team officials and all accredited individuals will be available at each competition and training venue. These services will be provided by physicians and therapists and will be available for two hours before competition (or one hour before warm-up) and for one hour post-competition.

Field-of-play response

Athletes injured on the field of play during competition or training will be evaluated on-site. If necessary, they will be evacuated from the field of play and transported to the athlete medical room, Polyclinic or hospital, as appropriate. Field-of-play response will abide by the respective International Federation rules.

Spectator medical services

Medical services will be provided at competition venues for spectators, Games family members, press, broadcast, marketing partners, contractors and workforce by St. John Ambulance, and supported by emergency medical services and Games' medical services.

Anti-doping

The TORONTO 2015 Pan Am Games will have the most sophisticated and comprehensive anti-doping program in the history of the Pan Am Games. The anti-doping program will collect an unprecedented number of samples, execute the first-ever comprehensive blood collection program and collect the highest-ever percentage of out-of competition tests.

For more information, please visit TORONTO2015.org/anti-doping.

Transportation

Transportation system for athletes and team officials (TA)

The TA bus system will provide the following transportation services for accredited athletes and team officials, including their accompanying baggage and sport equipment:

- Arrival and departure services between Toronto Pearson International Airport and TORONTO 2015 accommodation locations.
- Training and competition services between TORONTO 2015 accommodation locations and competition and training venues.
- Ceremonies services.
- Connectivity between the CIBC Pan Am/Parapan Am Athletes' Village and satellite accommodation locations.

TA system loading and unloading

TA services will use load zones in the Athletes' Village transport mall, except for the following services that will operate from the Welcome Centre:

- arrival/departure services
- inter-Village connection service

TA load zones will not be located within the secure perimeter; however, all load zones will be as close as possible to the athlete venue entry points.

Where there is capacity, different-discipline athletes will be able to share the TA service with competing athletes. Load zone attendants will be stationed at each load zone and will help facilitate the loading and unloading process to ensure it is done in a safe and efficient manner, while ensuring maximum vehicle occupancy. Competing athletes are given priority over all other clients with TA access.

Vehicle types

A mixture of highway motorcoaches, transit buses and mini-buses driven by contracted drivers will transport NOC clients.

Training and competition venue services

Regular transportation training services will be scheduled with a 60-minute frequency to transfer athletes to and from designated training venues. Leaving the Athletes' Village from the transport mall, the service will enable athletes and team officials to be at the venue one hour prior to training and leave up to one hour after training. The service will begin in accordance with the training schedule, to a maximum of five days prior to the first day of competition, and will continue until the closing day of each sport's individual training session.

| Athletes' Village Transport Mall to Competition and Training Venues | | | | |
|---|------------|---------------|--|---------------|
| Sport (Discipline) | Venue Code | Service Dates | Hours of Service | Frequency |
| Aquatics – diving | PAC | July 5–13 | 07:00–22:00 (July 5–8) 06:30–22:00 (July 9) 06:00–16:30 (July 10) 06:00–23:00 (July 11) 06:30–23:00 (July 12–13) | 15–30 minutes |

| | | | | |
|--|-----|------------|--|--------------------|
| Aquatics – open water swimming (competition) | OPW | July 7–12 | 13:30–17:00 (July 7) 09:00–16:30 (July 8–9) 09:30–13:30 (July 10) 05:30–19:00 (July 11–12) | 30 minutes |
| Aquatics – open water swimming (training) | ETO | July 7–8 | 13:30–16:00 | 60 minutes |
| Aquatics – open water swimming (training) | PAC | July 6–8 | 07:00–22:00 | 30 minutes |
| Aquatics – open water swimming (training) | DDS | July 9–11 | 07:30–19:00 (July 9) 07:30–14:30 (July 10) 07:30–19:00 (July 11) | 30 minutes |
| Aquatics – swimming (competition) | PAC | July 10–18 | 06:00–16:30 (July 10) 06:00–23:00 (July 11) 06:30–23:00 (July 12–18) | 15 minutes |
| Aquatics – swimming (training) | ETO | July 9–12 | 12:30–17:00 (July 9) 07:30–09:30 (July 10) 12:30–16:30 (July 11) 08:30–21:30 (July 12) | 60 minutes |
| Aquatics – swimming (training) | DDS | July 9–11 | 07:30–18:30 (July 9) 07:30–14:30 (July 10) 07:30–18:30 (July 11) | 30 minutes |
| Aquatics – synchronized swimming | PAC | July 4–11 | 07:00–21:45 (July 4) 07:00–22:00 (July 5–8) 06:30–22:00 (July 9) 06:00–16:30 (July 10) 06:00–23:00 (July 11) | 15-30 minutes |
| Aquatics – water polo (competition) | MAR | July 2–15 | 08:30–21:15 (July 2–6) 06:30–21:30 (July 7–9) 07:30–12:15 (July 10) 06:30–21:30 (July 11) 07:30–21:30 (July 12–13) 07:30–22:00 (July 14) 07:30–22:00 (July 15) | Pre-booked service |
| Aquatics – water polo (training) | ETO | July 2–15 | 08:30–21:15 (July 2–6) 07:30–21:45 (July 7–8) 07:30–22:15 (July 9 & 11) 09:00–13:45 (July 10) 08:30–21:45 (July 12–14) 08:30–11:15 (July 15) | Pre-booked service |
| Archery | VAR | July 9–18 | 07:30–17:30 (July 9 & 11–12) 07:30–14:00 (July 10) 07:30–14:00 (July 13) 07:30–18:00 (July 14–17) | 30–60 minutes |

| | | | | |
|---|-----|------------|---|-----------------------|
| Athletics – marathon (competition) | OPW | July 17–25 | 07:30–15:30 (July 18) 10:15–13:45 (July 17) 05:15–12:45 (July 18) 08:45–13:00 (July 24) 04:30–21:45 (July 25) | Scheduled departures |
| Athletics – race walk (competition) | OPW | July 17–26 | 10:15–13:45 (July 17) 05:15–12:45 (July 19) 04:30–12:45 (July 26) | Scheduled departures |
| Athletics – track and field (competition) | YOR | July 16–25 | 07:30–20:30 (July 16–20) 07:30–23:00 (July 21–24) 16:00–24:30 (July 25) | 15 minutes |
| Athletics (training) | BST | July 13–25 | 07:30–13:30 (July 13–15) 07:30–17:00 (July 16–24) 07:30–12:30 (July 25) | 60 minutes |
| Badminton | MAR | July 6–16 | 08:30–22:00 (July 6–9) 07:00–14:00 (July 10) 07:00–21:30 (July 11) 07:00–22:30 (July 12) 08:00–22:30 (July 13–14) 09:00–22:30 (July 15) 09:00–21:30 (July 16) | 30–60 minutes |
| Baseball (competition) | AJX | July 6–26 | 11:00–22:30 (July 6–9) 07:15–14:00 (July 10) 08:30–23:00 (July 11–17) 09:40–23:00 (July 18) 09:40–23:30 (July 19) 11:30–23:00 (July 20–24) 08:55–23:00 (July 25) 08:40–16:30 (July 26) | Pre-booked service |
| Baseball (training) | UTS | July 15–19 | 09:00–21:00 | Pre-booked service |
| Basketball | RYA | July 11–25 | 09:30–15:00 (July 11–12) 09:30–15:15 (July 13) 09:30–16:15 (July 14–15) 09:00–24:15 (July 16–19 & 21–24) 08:30–24:15 (July 20) 09:00–22:30 (July 25) | Pre-booked service |
| Bowling | PLB | July 19–25 | 10:30–17:30 (July 19–21) 08:30–20:00 (July 22–23) 08:30–20:30 (July 24) 08:30–16:30 (July 25) | 30 minutes/60 minutes |
| Boxing | OBX | July 18–25 | 17:00–23:30 (July 18–19) 12:00–24:00 (July 20–21) 17:00–23:30 (July 22–24) | 30 minutes |

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|--|-----|------------|--|-----------------------|
| Cycling – BMX | CEB | July 8–11 | 16:00–22:30 (July 24–25) 11:30–19:00 (July 08) 08:45–16:30 (July 09) 08:45–14:00 (July 10) 11:45–17:30 (July 11) | Scheduled departures |
| Cycling – road cycling (road race) | OPW | July 24–25 | 08:45–13:00 (July 24) 04:30–21:45 (July 25) | Scheduled departures |
| Cycling – road cycling (individual time trial) | MRT | July 21–22 | 18:00–20:45 (July 21) 09:00–14:45 (July 22) | Scheduled departures |
| Cycling – track cycling | MIV | July 11–19 | 08:00–20:00 (July 11–15) 07:30–20:30 (July 16) 07:30–22:00 (July 17) 07:30–21:30 (July 18–19) | 30 minutes/60 minutes |
| Fencing | PAC | July 15–25 | 06:30–23:00 (July 15–19) 07:00–2:00 (July 20–22) 06:30–22:30 (July 23–25) | 15-30 minutes |
| Field hockey | PAF | July 8–25 | 07:00–20:30 (July 08–12) 07:30–22:00 (July 13–25) | Pre-booked service |
| Golf | AGN | July 14–19 | 06:30–20:30 (July 14–18) 06:30–19:00 (July 19) | 30–60 minutes |
| Gymnastics – artistic gymnastics | TCO | July 6–15 | 06:00–02:00 (July 6–9 & 11–15) 06:00–14:00 (July 10) | 15 minutes |
| Gymnastics – rhythmic gymnastics (competition) | TCO | July 16–20 | 06:00–02:00 | 15 minutes |
| Gymnastics – rhythmic gymnastics (training) | ETO | July 12–15 | 08:30–21:30 | 60 minutes |
| Gymnastics – trampoline | TCO | July 13–19 | 06:00–02:00 | 15 minutes |
| Handball | EXC | July 12–25 | 07:30–22:30 (July 12–15) 07:30–23:30 (July 16–21) 07:30–24:00 (July 22–23) 08:00–24:00 (July 24–25) | Pre-booked service |
| Judo | MIS | July 6–14 | 08:30–20:00 (July 6–9) 08:30–14:00 (July 10) 10:00–23:00 (July 11–13) 09:00–23:30 (July 14) | 30 minutes/60 minutes |
| Karate | MIS | July 18–25 | 09:00–24:30 (July 18) 09:00–23:00 (July 19–25) | 15 minutes |

| | | | | |
|--------------------------------|-----|------------|---|-----------------------|
| Modern pentathlon | PAC | July 13–19 | 06:30–23:00 | 15 minutes |
| Racquetball | EXC | July 17–26 | 06:00–02:00 (July 17–21) 07:00–01:00 (July 22–25) 07:00–18:30 (July 26) | 15 minutes |
| Roller sports – figure skating | EXC | July 7–12 | 07:00–01:00 (July 7) 06:00–02:00 (July 8–9, 11–12) 06:00–14:00 (July 10) | 15 minutes |
| Roller sports – speed skating | PAC | July 9–13 | 06:30–22:00 (July 9) 06:00–16:30 (July 10) 06:00–23:00 (July 11) 06:30–23:00 (July 12–13) | 15 minutes |
| Rugby sevens (competition) | EPS | July 10–12 | 08:00–14:00 (July 10) 08:30–22:00 (July 11–12) | Pre-booked service |
| Rugby sevens (training) | FLF | July 6–9 | 08:00–19:30 | Pre-booked service |
| Sailing | RCY | July 8–19 | 07:30–09:30 (July 8–9 & 11–19) 15:30–20:00 (July 8–9 & 11–19) 07:30–14:00 (July 10) | 15–30 minutes |
| Softball (competition) | AJX | July 7–26 | 11:00–20:00 (July 7) 11:00–17:30 (July 8–9) 08:00–14:00 (July 10) 11:00–20:00 (July 11) 11:00–22:00 (July 12–16) 13:30–22:00 (July 17 & 24) 09:00–18:00 (July 18) 11:00–22:00 (July 19–23) 14:00–20:00 (July 25) 08:00–14:00 (July 26) | Pre-booked service |
| Softball (training) | LAM | July 14–18 | 08:30–21:30 | Pre-booked service |
| Squash | EXC | July 7–17 | 07:00–25:00 (July 7) 06:00–02:00 (July 8–9, 11–17) 06:00–14:00 (July 10) | 15 minutes |
| Table tennis (competition) | MAR | July 19–25 | 07:30–23:00 (July 19–24) 07:30–22:00 (July 25) | 30 minutes |
| Table tennis (training) | BCS | July 14–25 | 08:00–22:30 (July 14) 09:00–22:30 (July 15) 09:00–21:30 (July 16) 09:00–21:00 (July 17–18) 07:30–23:00 (July 19–24) 07:30–22:00 (July 25) | 30 minutes/60 minutes |
| Taekwondo | MIS | July 14–22 | 09:00–23:30 (July 14) 09:00–24:30 (July 15–18) 09:00–23:00 (July 19–22) | 15 minutes |

| | | | | |
|--|-----|------------|---|--------------------|
| Tennis | CTC | July 6–16 | 08:30–19:00 (July 6–8) 08:30–21:00 (July 9) 07:30–15:00 (July 10) 07:30–22:00 (July 11–12) 08:30–23:00 (July 13–15) 10:30–22:30 (July 16) | 15 minutes |
| Triathlon (competition) | OPW | July 8–12 | 09:00–16:30 (July 8–9) 05:30–19:00 (July 11–12) | 30 minutes |
| Triathlon (training) | BST | July 6–11 | 11:30–17:00 (July 6–7 & 11) 12:30–17:00 (July 8–9) 10:30–14:00 (July 10) | 60 minutes |
| Triathlon (training) | PAC | July 6–8 | 07:00–22:00 | 30 minutes |
| Triathlon (training) | DDS | July 9–11 | 07:30–19:00 (July 9) 07:30–14:30 (July 10) 07:30–19:00 (July 11) | 30 minutes |
| Volleyball – beach volleyball | PBV | July 8–21 | 06:00–02:00 (July 8–9, 11–21) 06:00–14:00 (July 10) | 15 minutes |
| Volleyball – indoor volleyball (competition) | EXC | July 13–26 | 08:30–22:00 (July 13–14) 12:00–24:00 (July 16–24) 13:25–24:00 (July 25) 08:55–19:00 (July 26) | Pre-booked service |
| Volleyball – indoor volleyball (training) | GOL | July 11–25 | 10:30–17:00 (July 11) 09:00–22:00 (July 12) 10:30–17:30 (July 13–14) 09:00–22:00 (July 15) 07:30–22:30 (July 16–21) 07:30–22:00 (July 22–23) 07:30–15:30 (July 24) 07:30–13:00 (July 25) | Pre-booked service |
| Waterski & wakeboard | OPW | July 15–23 | 08:30–18:30 (July 15–16) 08:30–18:30 (July 17) 10:30–21:00 (July 18) 12:00–16:00 (July 19) 08:00–17:30 (July 20–21) 08:00–19:30 (July 22) 08:00–18:00 (July 23) | 30–60 minutes |
| Weightlifting | OBX | July 6–15 | 08:30–22:00 (July 6–9) 08:00–14:00 (July 10) 10:00–23:00 (July 11–15) | 30–60 minutes |
| Wrestling | MIS | July 10–18 | 08:30–14:00 (July 10) 10:00–23:00 (July 11v13) 09:00–23:30 (July 14) 09:00–24:30 (July 15–18) | 15 minutes |

Team sport vehicles

Each team will be allocated one team bus with driver(s) to operate on a pre-arranged schedule for use during the training and competition period and cease upon return to the Athletes' Village (or Football Satellite Accommodation) after the team's final competition. Team sports for which a bus will be provided include:

Team Sports with Team Bus Allocations

Aquatics – water polo

Baseball

Basketball

Field hockey

Football

Handball

Rugby sevens

Softball

Volleyball – indoor volleyball

These buses will be available to support training and competition movements only. Team buses will be equipped with a vehicle access and parking permit (VAPP), which will allow access to the Athletes' Village or football satellite accommodation and the respective sport training and competition venues as well as the GRN.

Any change or cancellation of service must be made at the transport desk of the CIBC Pan Am/Parapan Am Athletes' Village no later than 15:00 the day before travel.

CIBC Pan Am/Parapan Am Athletes' Village connection with satellite accommodation

A transportation service will connect the CIBC Pan Am/Parapan Am Athletes' Village with each of the five satellite accommodation locations. This will allow athletes and team officials to travel between the athletes' Village and the satellite accommodation to connect to services departing from the athlete transport mall at the Athletes' Village.

Ceremonies

For the Opening Ceremony on July 10 and the Closing Ceremony on July 26, athletes and team officials will be transferred between the CIBC Pan Am/Parapan Am Athletes' Village and the Pan Am Ceremonies Venue.

Athletes and team officials residing in satellite accommodation locations will be transported from their respective accommodation to the Athletes' Village by 15:00 in order to join their teams prior to departure for the Pan Am Ceremonies Venue. All non-ceremony transport services will end at 14:00 on ceremony days to allow for preparations. Some exceptions will be made for competitions events that end beyond this time.

NOC-dedicated vehicles

Each NOC will be provided with a number of dedicated vehicles based on its delegation size. The number of dedicated vehicles allocated to each NOC will be confirmed during the DRM.

This allocation will include the T1 service vehicles assigned to each NOC's chef de mission.

NOC delegations with road cycling teams

Each NOC competing in road cycling, including the time trial, will receive one additional sedan-type vehicle equipped with a roof rack (four-bicycle capacity). NOCs with competing athletes in road cycling should prioritize the allocated vehicle for cycling training and must make this available for competition operations.

The vehicle will be equipped with a road event VAPP allowing access and parking at all cycling training and competition venues as well as the Athletes' Village.

Vehicle access and parking permits

NOC-dedicated vehicles will be equipped with a VAPP that will allow access to, and parking at, the Athletes' Village, satellite accommodation and all competition and training venues. VAPPs will also allow access to a drop-off and pick-up load zone at The Westin Harbour Castle hotel and the Main Media Centre.

Parking

Where parking at TORONTO 2015 competition venues exists, it will be extremely limited and will be on a first-come, first served basis. Athletes and team officials will be strongly encouraged to use the TA system as the most efficient way to travel to and from the venues. TO2015 cannot guarantee parking spaces to all NOCs, with the exception of the Athletes' Village.

Public Transportation

Travel within Toronto

The Toronto Transit Commission (TTC) is the main transport agency that operates in the city of Toronto.

All GO Train and rail services will be available to connect clients to some of the outlying venues.

Travel to other Host Municipalities

Other Transit agencies:

- My Way
- York Region Transit/VIVA
- Niagara Transit
- Durham Region Transit
- Hamilton Street Railway
- Brampton Transit
- Milton Transit
- St. Catharines Transit
- Welland Transit

Ceremonies

Opening and Closing Ceremonies

The TORONTO 2015 Pan Am Games Opening Ceremony will be held in the heart of Toronto's city centre, near the shores of Lake Ontario, at the Pan Am Ceremonies Venue on Friday, July 10 at 20:00. The Closing Ceremony will be held at the Pan Am Ceremonies Venue on Sunday, July 26 at 20:00.

Both ceremonies will be broadcast live throughout Canada, with distribution planned internationally.

Medal Ceremonies

See "Medal Ceremonies" section in the Post-Competition procedures.

Victory Celebrations

Daily Victory Celebrations have been created to offer athletes an unforgettable night in celebration of their achievement.

Nathan Phillips Square will be Toronto's international gathering place, where the public can engage with and celebrate the Games daily. Three public stages will be filled with music, dance and spoken-word performances as well as large video screens that will air the various competitions and the Opening and Closing Ceremonies, all at no cost to the public. Each night will conclude with a spectacular fireworks display.

The Celebrations will take place nightly from 19:00 to 19:30, from July 11 to 25.

Security

Security at competition and training venues

Entry to all competition venues will be controlled by electronic access control and all accreditation passes will be checked for validity and venue privileges.

Entry to training venues will be monitored and controlled by security personnel at perimeter checkpoints for the inspection of appropriate accreditation passes.

Security at athlete accommodation locations

A number of security measures will be taken to ensure a safe and secure environment for athletes and officials. The Athletes' Village and satellite accommodation locations will be outfitted with security features that may include the following: security fencing and barriers, security lighting, X-ray security screening, walk-through magnetometers, wands, CCTV, and police and private security.

Entry to the Athletes' Village and satellite accommodation will be controlled by electronic access control and will check for accreditation passes.

Emergency communications

Within venues, emergency response personnel will be available for athletes and team officials. For assistance, contact any security, police or TO2015 personnel.

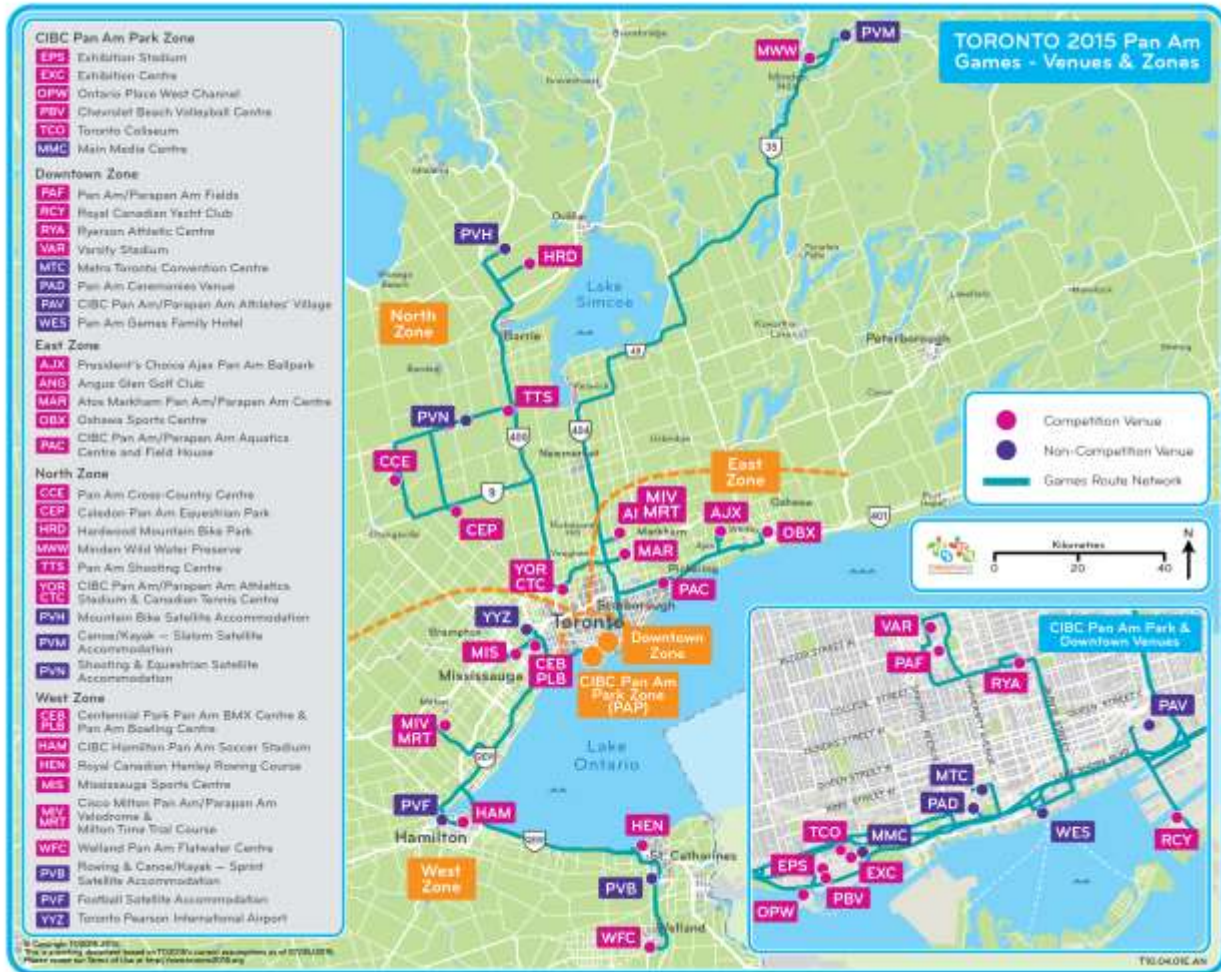
Outside venues, emergency personnel — fire, ambulance, police, can be reached by dialing 9-1-1.

INFO 2015

INFO 2015, the official Games-time internet-based information system for the Games Family, will provide key information not available to the public, such as conference schedules, transport arrangements and flash quotes. Access to INFO 2015 will be over the internet by navigating to a password-protected section of the TORONTO 2015 website.

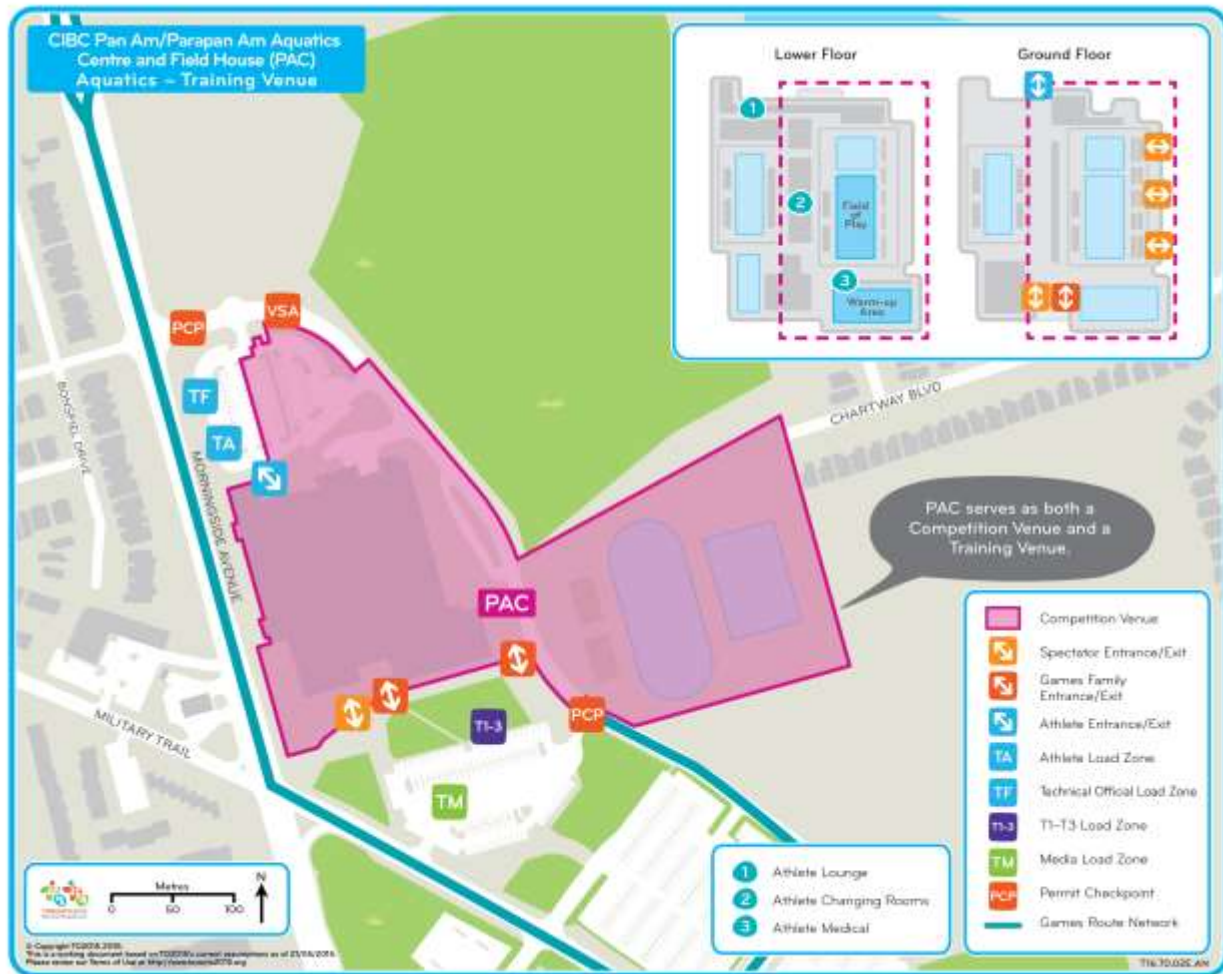
A large amount of results and medal information will be made publicly available at TORONTO2015.org.

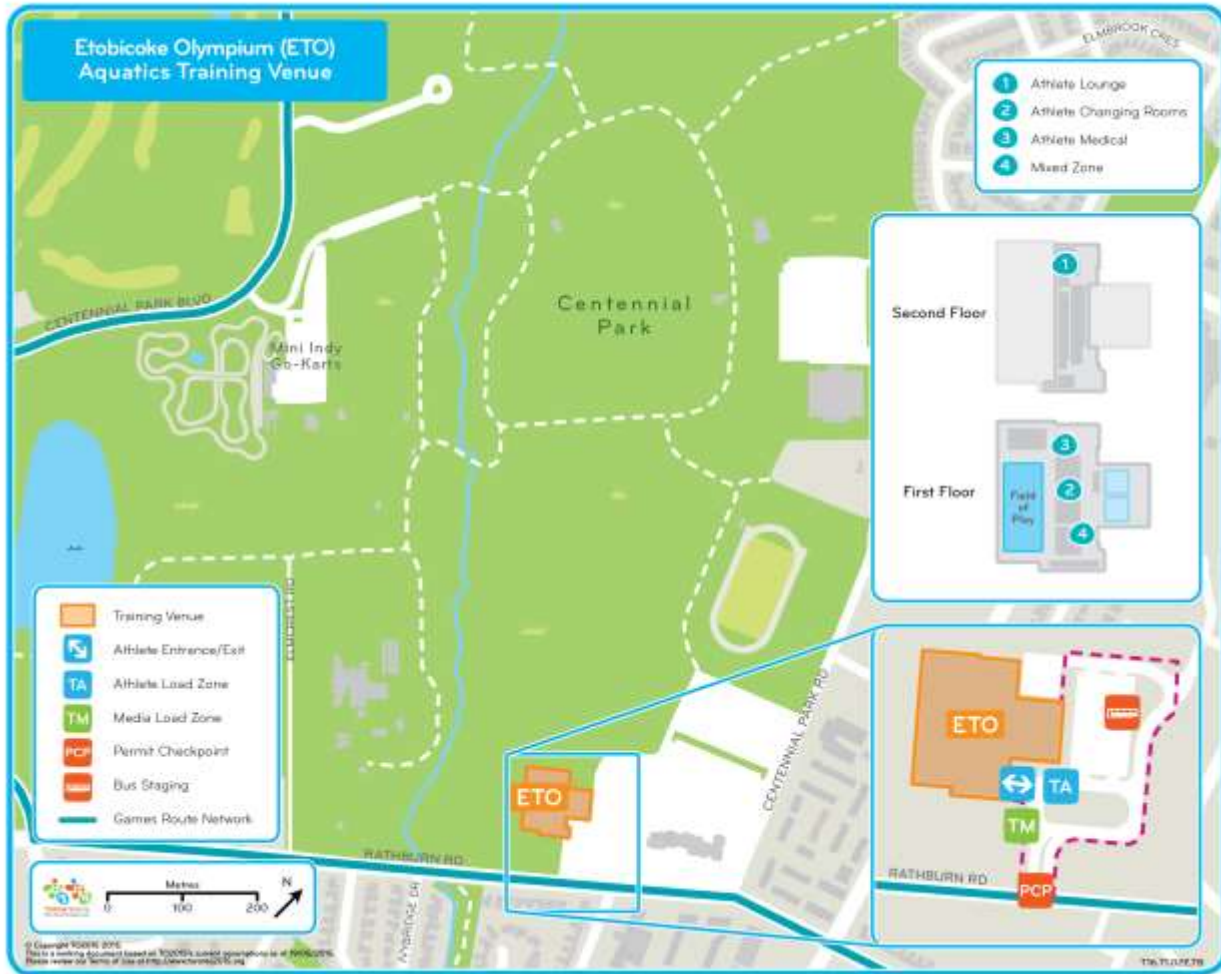
Maps

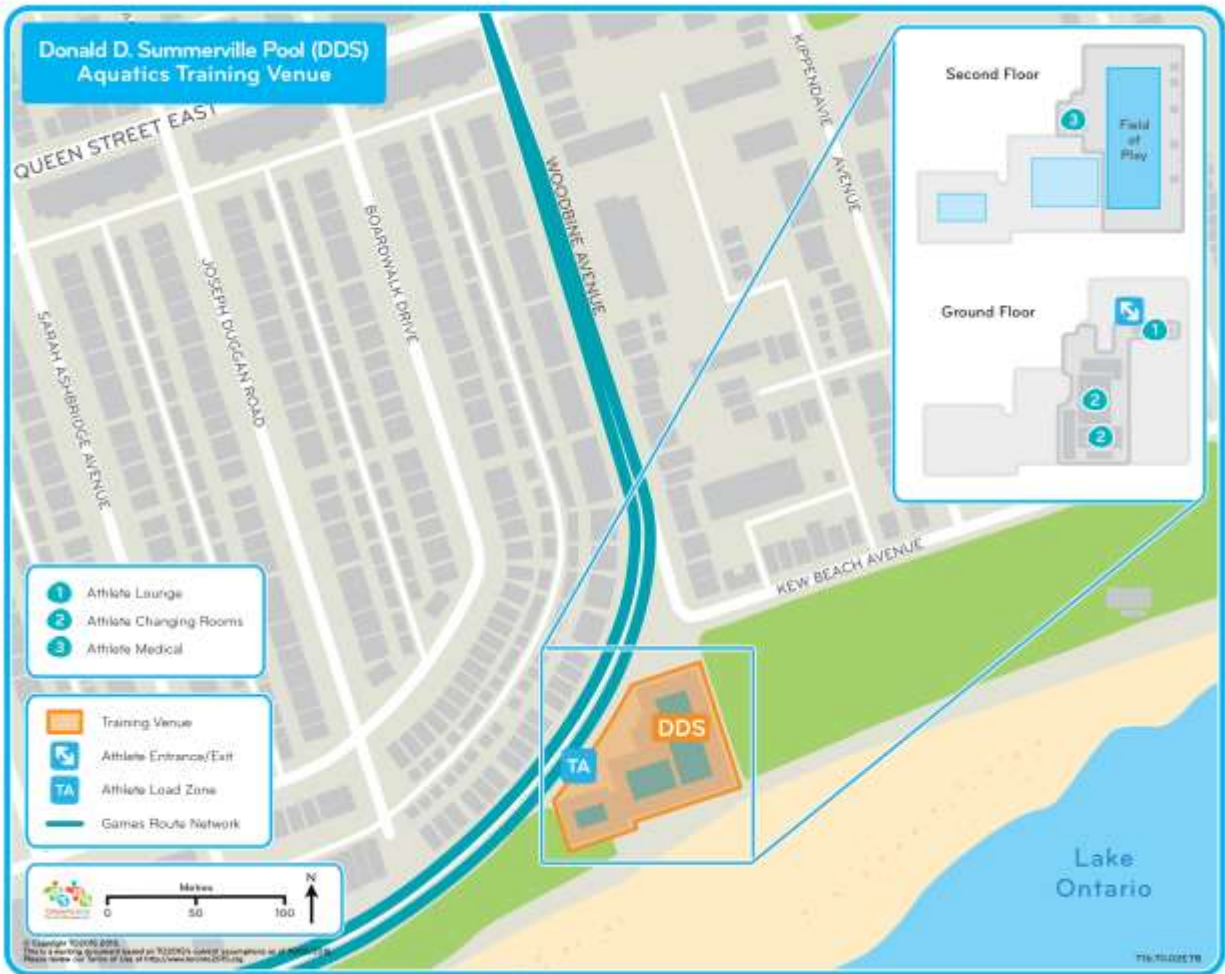


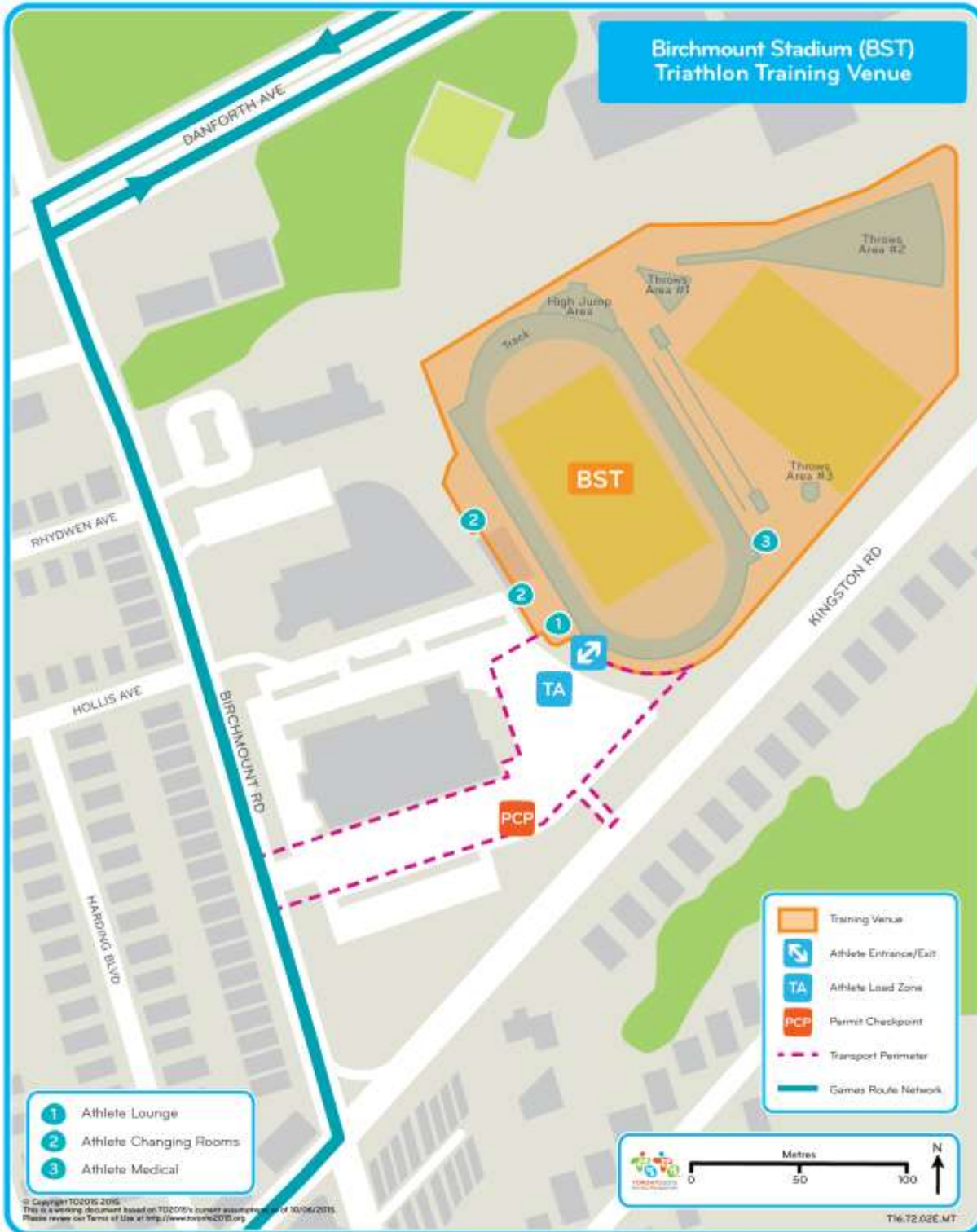












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