

## **It happens to the nicest people** by Briar Whitehead

The Second National Conference of the Reforming Alliance: July 2005

*This session was intended to give an introduction to the causes of homosexuality, but was significantly changed by major last-minute rearrangement of material. Because it depends very heavily on Power Point visuals that needed to be explained it doesn't translate well onto a Webpage.*

### **In bare summary:**

I shared something of my own history as a person from about the age of 26 to about 40 who tended to get into emotionally dependent relationships with men old enough to be my father. I seemed powerless to stop these happening or to end them. They were serial, deeply ingrained over years, and life-dominating. I knew no way out. As a writer I began a biography of a former gay man, but was confronted with my own total lack of empathy and compassion. This was when God began my own healing process. As I researched homosexuality and its causes I found myself beginning to understand the causes of my own intense connections to certain sorts of men. The process took about 4 years. In it I discovered God to be the healer of a large male love deficit, and the person with same-sex attraction to be my brother and sister. We shared the same desperate drive to fill the hole up with a person uniquely suited to the shape of it – a particular sort of chemistry that the homosexual person knows all about but also doesn't understand. At some point I realized that the racy biography I had planned to write about a former gay man had been replaced by a book of considerably more depth and wisdom –as if God had said to me, “Now you know what you're talking about, write.” The book that I wrote was *Craving for Love, Relationship addiction, homosexuality and the God who heals*, an attempt to explain what causes homosexuality, and quite a bit about the healing process, while showing that many heterosexual problems have similar origins and recovery paths.

Using power point visuals I traced the general origins of homosexuality, fleshing them out with individual case histories I knew of. For a better appreciation of causes and cases read *Craving for Love*, and Dr N E Whitehead's book, *My Genes Made me do it – a scientific look at sexual orientation*.

**Our webpage:** [www.mygenes.co.nz](http://www.mygenes.co.nz)

I read a small parable I wrote called “The Pit”, from *Craving for Love*, which puts a few things in a nutshell.... ( to be attributed please if used anywhere.)

## THE PIT

*(Dedicated to those who struggle homosexually.)*

A man fell into a pit and couldn't get himself out.

Respectable people came along and said: "We don't associate with pit-dwellers."

An empathist came along and said: "I really feel for you in that pit."

A sociobiologist came along and said: "You were born in your pit:"

A psychiatrist came along and said: "It can be very destructive to remove people from pits they were born in."

A psychologist came along and said: "Accept your pit, that way you'll be happy."

A gay activist came along and said: "Fight for the right to stay in your pit:"

A politician came along and said: "Discrimination against pits is illegal."

A researcher came along and said: "What an interesting pit."

A religious fundamentalist came along and said: "You deserve your pit."

A religious liberal came along and said: "Your pit is God's beautiful gift to you."

A charismatic came along and said: "Just confess you're not in that pit."

His mother came along and said: "It's your father's fault you're in that pit."

His father came along and said: "It's your mother's fault you're in that pit."

His wife came along and said: "It's all my fault you're in that pit."

But Jesus, seeing the man, loved him, and reaching into the pit put his arms around him and pulled him out.

Please attribute to Briar Whitehead, pp 87-88 of the book *Craving for Love, Relationship addiction, homosexuality and the God who heals* Monarch Books, UK, 2003