



CORONAVIRUS 2019: Disinfection Instructions

Public Health
Environmental Health Services

Take steps to protect yourself and
your community from COVID-19

Coronavirus 2019 (COVID-19) is a respiratory disease caused by a novel (new) coronavirus that was first detected in China and has now been detected in almost 70 locations internationally, including the United States. The virus is typically spread by person-to-person contact and through respiratory droplets produced when an infected person coughs or sneezes.

Cleaning and Sanitizing Surfaces

Surfaces that are frequently touched should be cleaned and disinfected often using regular cleaning spray or wipes. Surfaces to clean and disinfect include, but are not limited to:

- Restroom Surfaces
- Kitchen Surfaces
- Doorknobs and Handles
- Recreation Equipment
- Light Switch Plates
- Phones
- Computer Keyboards
- Railings
- Workstations
- Tables and Chairs
- Wheelchairs and Walkers
- Remote Controls

Stopping the Spread of COVID-19

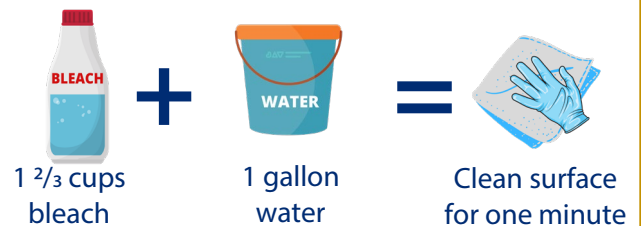
1. Handwashing is an important method to prevent the spread of COVID-19. Wash your hands thoroughly for at least 20 seconds using soap and warm water, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
2. Use an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands, when clean soap and water are not available.
3. Avoid close contact with people who are sick.
4. Avoid touching your eyes, nose, and mouth.
5. Stay home when you are sick.
6. Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
7. Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Steps for Effective Disinfection

When cleaning sprays or wipes are not available, an effective disinfectant cleaning solution may be made and used with a clean towel. Disinfectants include **chlorine bleach (with no additives/scents)** or are approved for use as noted on the product label.

- ✓ Chlorine disinfectants should only be used on solid (nonporous) surfaces or surfaces that will not be damaged.

A chlorine solution can be made by mixing:



Safely Handling Cleaning Products

- Always wear gloves and protective gear
- Do not mix different cleaning products
- Use disinfectant solutions in well-ventilated areas
- Keep cleaning products in a safe location
- Handle contaminated material as little as possible and with minimal agitation to reduce aerosols
- Throw away cleaning products in a properly sealed and secure trash container



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