# Native Plants and Birds...

What's the Connection?



Martha Gach, PhD WCCD Webinar March 12, 2021





**OUR MISSION** 

Protecting the nature of Massachusetts for people and for wildlife.

FIND A PLACE TO EXPLORE

Select a Wildlife Sanctuary

OR

Search by Location

FIND A PLACE











BMB Entrance and Education Center Amass Audubon





Common buckeye
Verbena moth + 8 more

### Why do birds need 'native' plants?

Gardens as ecosystems

Native > exotic >> invasive

Ecological value of natives

Bird-friendly gardening

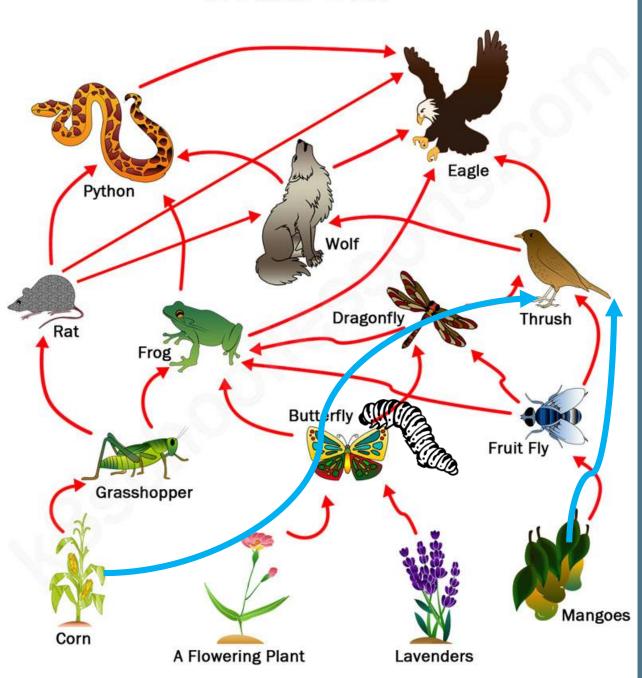
#### A Food Web Eagle Python Dragonfly Thrush Rat Frog Butterfly Fruit Fly Grasshopper Corn A Flowering Plant Lavenders

#### Gardens as Ecosystems

Find the birds...
What are they eating?

(What aren't they pictured as eating?)

#### A Food Web



#### Gardens as Ecosystems

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What are they eating?

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#### Garden as Ecosystem

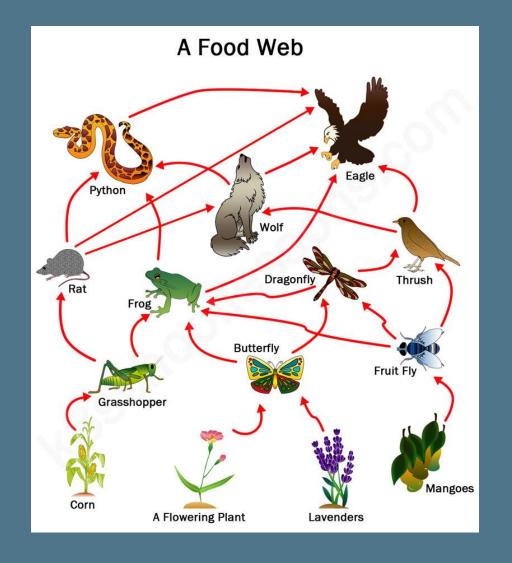
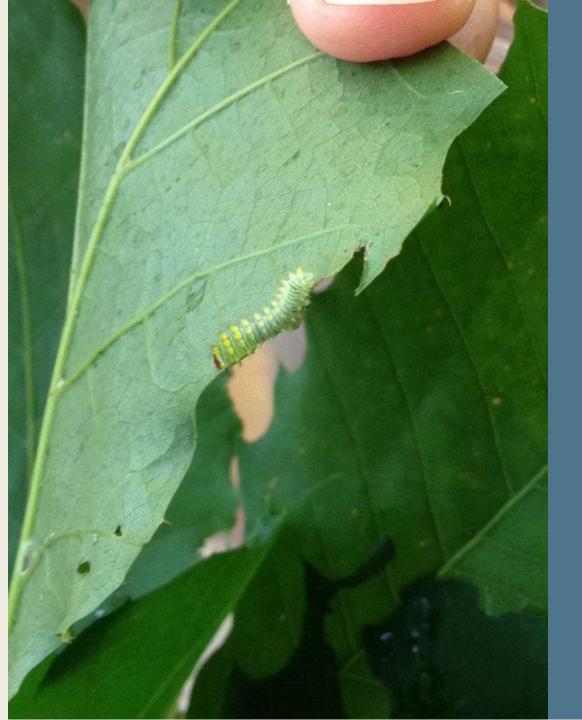




photo by Sarah Jansen



### Garden as Ecosystem





#### What's 'native'?

Plants that...

- grow naturally in your area.
- have evolved in place 10,000's years.
- thrive in local soils, rainfalls, weather, climate.



#### Some Native Plants

Oenothera biennis (Evening primrose) with primrose moths (Schinia florida)



#### Virginia creeper

- 28 moths & butterflies
- Virginia creeper clearwing\*
- Virginia creeper sphinx



Whitney Cranshaw,,CSU Bugwood.org





#### White Baneberry

- Aka Doll's eyes
- Actaea pachypoda
- Hosts 2 moths, 1 butterfly (summer azure)





#### Exotic

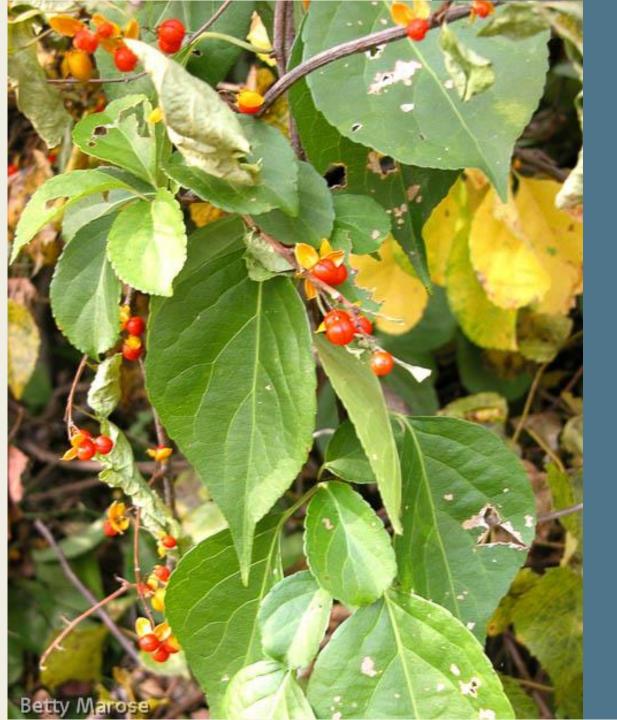
- From other regions, country, or continent
- Supports only pollinators
- Some well-behaved, some escapes...



#### Invasive

- Comes from another region, country, or continent
- Lacking predators, invades habitat
- Creates monocultures

Japanese knotweed



#### Asiatic Bittersweet

Invasive

#### Burning Bush



Invasive



Purple Loosestrife

Invasive





University of Delaware

How many caterpillars for a baby chickadee?

- 1 chickadee family needs
   6000 caterpillars
- Caterpillar load
   Oak vs Bradford pear
- Doug Tallamy, "Nature's Best Hope"

- Provide food for pollinators
- pollen and nectar, seasonal



Spicebush & native bee



Provide seasonal pollen and nectar

Asclepias tuberosa (butterfly weed) with Coral hairstreak b'fly & native bees

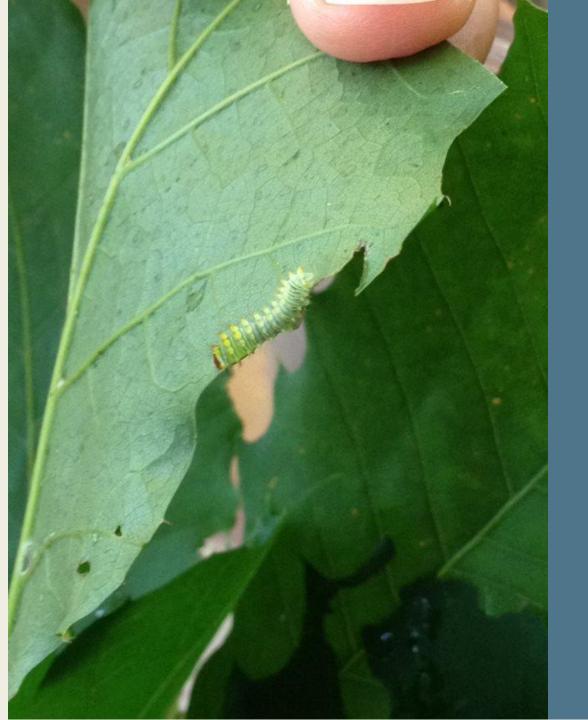
Mid-late summer



- Provide food for larval insects (bird food)
- Great Spangled Fritillary on common milkweed
- GSF caterpillar on violets



Tom Murra

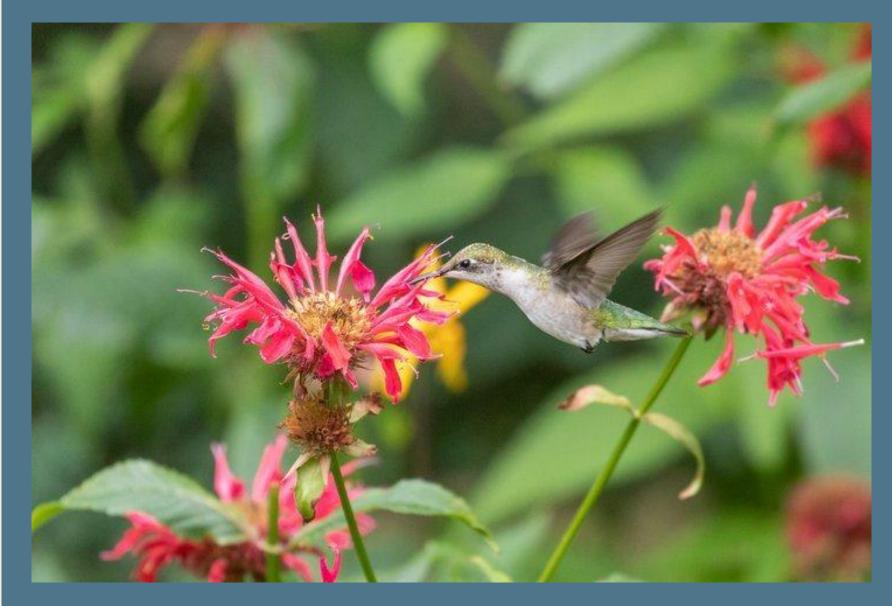


- Grow bird food
- Caterpillar on oak
- Many insects are specialists & need natives.





- grow food for larval insects (bird food)
- Galls on cherry leaves





Another kind of food ...

#### Native Plants provide nest materials



Hummingbird nest lined with cinnamon fern fuzz

Youtube



Nest materials or food?

Chickadee on cattail



Grow bird food

American Goldfinch on Echinacea



## Diversity ... grows bird food in many seasons

- Anaphalis, aka pearly everlasting
- American Lady butterflies + 7
- Fall bloom



Fred Goodwin



Frank Model



#### Seasonal Food Sources

Silky dogwood, Cornus amomum



Seasonal Food
Sources

Goldfinch on Birch

#### What about cultivars?



Echinacea purpurea



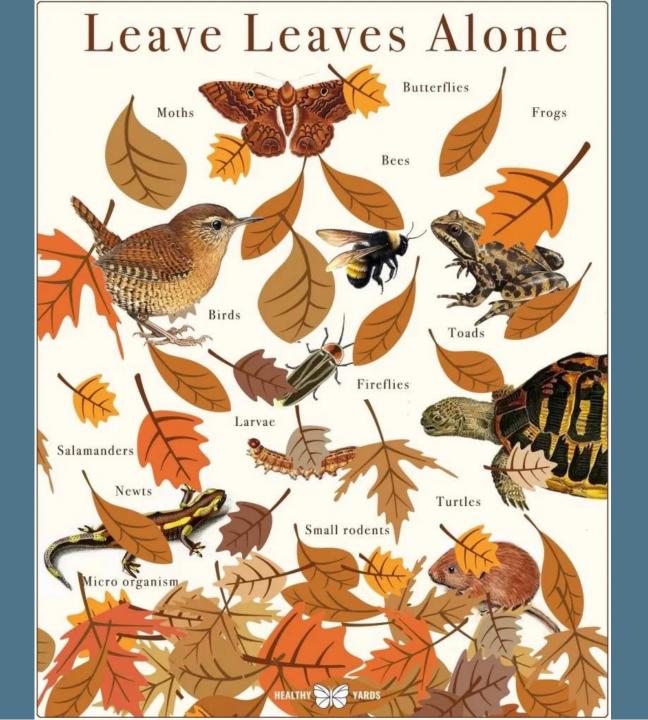
**Double Scoop Cranberry** 

## How can our spaces support birds?



Be a little messy Plant native

No chemicals Leave bare spots







# Leave seeds & stems

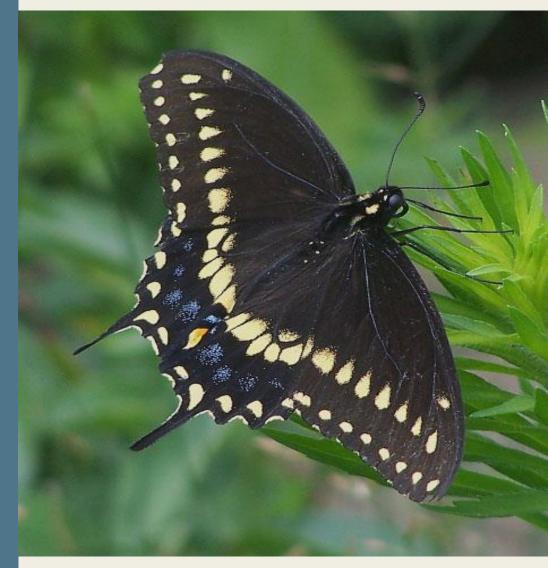


# 70% native plants



# Vegetable Gardens

- Black Swallowtail
- dill, parsley, carrot
- Massachusetts State B'fly



Frank Model

## A Few Choice Natives

- Blueberry
- Spicebush
- Winterberry
- Cornus (various dogwoods, not Kousa)
- Wild Bergamot
- Joe-pye
- Swamp milkweed, butterfly weed
- Asters
- Native grasses and sedges





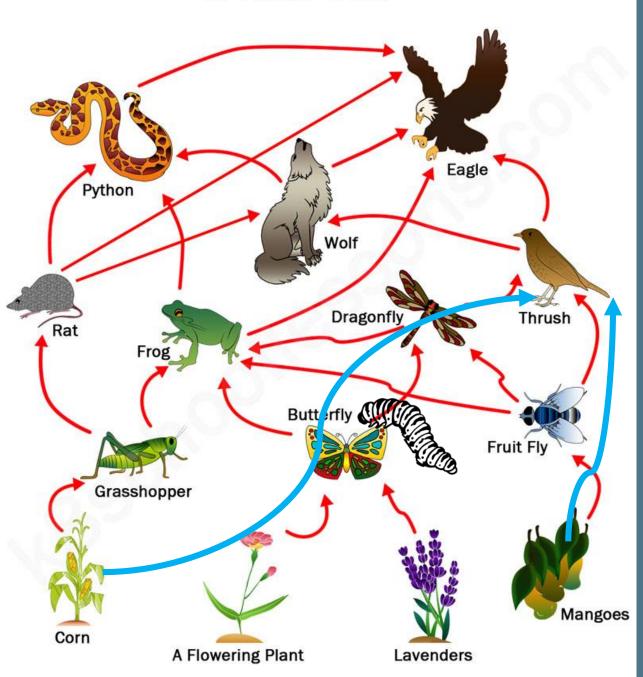


Common buckeye
Verbena moth + 8 more

# Why do birds need 'native' plants?

- Gardens as ecosystems
- Native > exotic >> invasive
- Ecological value of natives
- Bird-friendly gardening

#### A Food Web



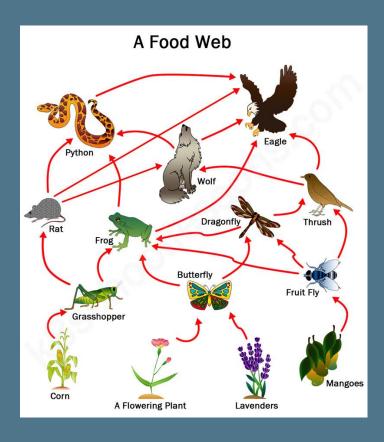
## Gardens as Ecosystems

Supporting birds helps all creatures.

Consider all seasons.

Consider all life stages.





# Garden as Ecosystem

### Resources

**Native Plant Finder** www.nwf.org/NativePlantFinder/Plants

#### Mass Audubon (pollinators)

www.massaudubon.org/learn/naturewildlife/help-pollinators-thrive/plant-apollinator-garden

#### Tallamy books:

- Nature's Best Hope
- **Bringing Nature Home**





W Discover native plants, ranked by the number of butterfly and moth species that use them as host plants for their caterpillars.

#### FLOWERS AND GRASSES



goldenrod Solidago Asterales



strawberry Fragaria Rosales



sunflower Helianthus Asterales



deer vetch, trefoil Lotus Fabales



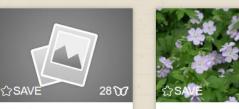
joe-pye weed, thoroughwort, do ... Eupatorium Asterales



violet Viola Violales



lupine Lupinus Fabales



geranium Geranium Geraniales

