

**COMMONWEALTH GAMES
BIRMINGHAM 2022:
WOMEN'S TEAM PROFILES
AND BIOGRAPHIES**



AUSTRALIA

Head coach: Tim Walsh

Co-captains: Demi Hayes and Charlotte Caslick

Commonwealth Games record: 2018 – Silver medallists

Commonwealth Games seeding: 2

World Rugby Sevens Series record: 2012-13 – Fifth / 2013-14 – Runners-up / 2014-15 – Third / 2015-16 – Champions / 2016-17 – Runners-up / 2018 – Champions / 2019 – Fourth / 2020 – Runners-up / 2021 – No Series due to pandemic / 2022 – Champions

Did you know...?

- Australia qualified for the Commonwealth Games via a top three finish in the World Rugby Sevens Series 2020
- Australia hosted the last Commonwealth Games on the Gold Coast in 2018, the first to feature a women's competition
- Australia won the silver medal, beaten by a sudden-death extra-time try in the gold medal match with New Zealand. Four members of that team return in Sharni Williams, Charlotte Caslick, Demi Hayes and Dominique du Toit
- Australia won a third World Rugby Sevens Series title in 2022 after winning four of the six rounds played

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Tim Walsh (Head coach)</i>	<i>10/04/79 (43)</i>			<i>17</i>	<i>339</i>	<i>26</i>	<ul style="list-style-type: none"> - Reappointed women's head coach on 10 December, 2021 – replacing John Manenti who takes over as men's head coach - Malaga was his first Series event since the 2018 Sydney Sevens when Australia became first women's team to win a title on home soil and the first (men's or women's) to not concede a single point in a Series event - Coached Australia men from April 2018 to December 2021, including at Tokyo 2020 Olympic Games and to silver in Dubai on 2022 Series - Won Olympic gold as women's head coach at Rio 2016 - Won Commonwealth Games silver on Gold Coast in his last event at women's coach - Coached Australia women at RWC Sevens 2018 - Coached Australia women from 2013-18 - HSBC World Rugby Women's Sevens Series 2015-16, 2018 and 2022 winner - Former Australia sevens player - Great nephew of former Wallaby captain Dr Richard (Dick) Tooth - One of only two coaches to guide two different teams to Olympic qualification (Sean Horan, NZL and CHN women, the other)

1	Lily Dick	26/12/99 (22)	168	62	11	75	15	<ul style="list-style-type: none"> - First Commonwealth Games - Named Player of the Final in Langford round after scoring the winning try - Dubai rounds were her first Series involvement since Biarritz in 2019 - Made Australia debut on Series in Dubai in 2018
2	Sharni Williams	02/03/88 (34)	165	79	40	559	59	<ul style="list-style-type: none"> - Co-captained Australia to silver medal at Commonwealth Games on home soil in 2018 - Joint most-capped player in Series history alongside Sarah Hirini (NZL) and Bianca Farella (CAN) - Voted into the Dream Team for three rounds of 2022 Series by fans - Reached 50 Series tries in Dubai in November 2021 - Co-captain at Tokyo 2020 Olympic Games - Rio 2016 Olympic Games gold-medal winning co-captain - Led Australia to second HSBC World Rugby Sevens Series title in 2018 - Three-time HSBC World Rugby Sevens Series title winner - Made Australia debut on Series in Dubai in 2012 - Bronze medallist at RWC Sevens 2018 - Captained Australia at women's Rugby World Cup 2017 (15s) - Played 12 tests for Australia (15s) - Former car mechanic
3	Faith Nathan	27/07/00 (22)	164	62	10	180	36	<ul style="list-style-type: none"> - First Commonwealth Games - Named in Dream Team for 2022 Series - Turned 22 on Wednesday of week leading into Birmingham 2022 - Named in Voted into the Dream Team for two rounds of 2022 Series by fans - Named Player of the Final for Dubai (R2) of 2022 Series - Played at Tokyo 2020 Olympic Games - Made Australia debut on Series in Dubai in 2019
4	Dominique du Toit	19/05/97 (25)	167	56	21	260	44	<ul style="list-style-type: none"> - Silver medallist at Commonwealth Games on home soil in 2018 - Named Player of the Final and voted into Dream Team by fans in Seville - Played at Tokyo 2020 Olympic Games - Unused travelling reserve for Rio 2016 after being gold medallist at the Youth Olympic Games 2014 - Three-time HSBC World Rugby Women's Sevens Series champion - Made Australia debut on Series in Atlanta in 2016
5	Jesse Southwell	12/02/05 (17)	167	67	2	19	1	<ul style="list-style-type: none"> - First Commonwealth Games - Made Australia debut on Series in Langford in 2022
6	Alysia Lefau-Fakaosilea	05/11/00 (21)	174	74	5	20	4	<ul style="list-style-type: none"> - First Commonwealth Games - Nominated for Rookie of the Year for 2022 Series - Missed final round of the World Series in Toulouse in May - Played at Tokyo 2020 Olympic Games

								<ul style="list-style-type: none"> - Made Australia debut on Series in Dubai on 2022 Series (R1) - Voted into the Dream Team for Malaga tournament by fans - Made test debut for Australia at 18, playing twice against Japan and twice against New Zealand in 2019 (15s) - Niece of Wallaby Will Skelton (21 tests 2014-16 and 2021) - Born in New Zealand but moved to Australia
7	Charlotte Caslick (co-captain)	09/03/95 (27)	170	64	39	642	128	<ul style="list-style-type: none"> - Silver medallist at Commonwealth Games on home soil in 2018 - Named in Dream Team for 2022 Series, having been voted into Dream Team by fans for four of the six rounds - Appointed as co-captain alongside Demi Hayes in March 2022 - Named Rugby Australia Women's Sevens Player of the Year 2021 - Became the fourth Australian women to reach 100 Series tries in Dubai in November 2021 (after Emilee Cherry, Ellia Green and Emma Tonegato) - Named Impact Player of the 2022 Series - Named Player of the Final and Impact Player in Dubai for R1 – only second time this has happened on the women's Series - Became first Australian to play in 30 events on Series in Langford in 2019 - Three-time HSBC World Rugby Women's Sevens Series champion - World Rugby Women's Sevens Player of Year 2016 - Made Australia debut on Series in Amsterdam in 2013 - Gold medallist at Rio 2016 Olympic Games - Played at Tokyo 2020 Olympic Games - Bronze medallist at RWC Sevens 2018 - Brother Sam played for Australia in two Series events in 2016-17
8	Madison Ashby	22/01/01 (21)	165	60	11	80	16	<ul style="list-style-type: none"> - First Commonwealth Games - Named in Dream Team for 2022 Series - Played at Tokyo 2020 Olympic Games - Made Australia debut on Series in Glendale in 2018
9	Tia Hinds	11/05/02 (20)	174	68	5	115	5	<ul style="list-style-type: none"> - First Commonwealth Games - Played at Tokyo 2020 Olympic Games - Made Australia debut on Series in Dubai in November 2021 (R1) - Switched to rugby sevens after watching Rio 2016 success
10	Sariah Paki	12/10/01 (20)	172	65	16	50	10	<ul style="list-style-type: none"> - First Commonwealth Games - Played at Tokyo 2020 Olympic Games - Made Australia debut on Series in Dubai in 2018 - Played in Oceania Rugby Sevens Championship success in November 2018
11	Demi Hayes (co-captain)	25/05/98 (24)	172	63	18	140	28	<ul style="list-style-type: none"> - Silver medallist at Commonwealth Games on home soil in 2018 - Gold medallist at Commonwealth Youth Games 2015

								<ul style="list-style-type: none"> - Appointed captain for 2022 Series and co-captain with Charlotte Caslick from March 2022 - Three-time HSBC World Rugby Women's Sevens Series champion - Played at Tokyo 2020 Olympic Games - Made debut for Australia on Series in Langford in 2016 - Bronze medallist at RWC Sevens 2018
12	Madison Levi	27/04/02 (20)	183	67	6	130	26	<ul style="list-style-type: none"> - First Commonwealth Games - Named Rookie of the Year and in the Dream Team for 2022 Series - Made Australia debut on Series in Dubai (R1) alongside sister Teagan - Played at Tokyo 2020 Olympic Games - Put her AFLW dreams on hold to chase Olympic gold – has clause in contract with Suns that allows her to take break to focus on Olympics, Commonwealth Games and RWC Sevens over next year - Went to watch Australia train and shown gold medal by Ellia Green
13	Teagan Levi	14/08/03 (18)	173	66	3	10	2	<ul style="list-style-type: none"> - First Commonwealth Games - Made Australia debut on Series in Dubai (R1) on 2022 Series alongside sister Maddison

CANADA

Head coach: Jack Hanratty

Co-captains: Breanne Nicholas and Olivia Apps

Commonwealth Games record: 2018 – Fourth

Commonwealth Games 2022 seeding:

World Series record: 2012-13 – Third / 2013-14 – Third / 2014-15 – Runners-up / 2015-16 – Third / 2016-17 – Third / 2018 – Fourth / 2019 – Third / 2020 – Third / 2021 – No Series due to pandemic / 2022 – Seventh

Did you know...?

- Canada qualified for the Commonwealth Games via a top three finish in the World Rugby Sevens Series 2020
- Canada finished fourth in the inaugural women's competition at the Commonwealth Games in 2018, losing 24-19 to England in the bronze medal match
- Only Bianca Farella and co-captain Breanne Nicholas remain from that 2018 squad

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	Jack Hanratty (Interim head coach)	09/05/89 (33)							<ul style="list-style-type: none"> - Appointed interim head coach in October initially through to end of 2021 - Extended for an additional eight months in February through to October 2022 – stepping down as assistant coach for Canada 15s team as a result - Acted as assistant coach for Fast Four events in September 2021 - Previously Canada women's 15s assistant coach, head coach of U20 women's 15s team and Rugby Canada Academy Coach - Continues in advisory role to Canadian Sports Centre Atlantic and Rugby Nova Scotia throughout time as interim head coach
1	Olivia de Couvreur	20/02/00 (22)	177	79		6	35	7	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in November 2021 - Played in Fast Four invitational events in Vancouver and Edmonton in September 2021 - Bronze medallist at Youth Olympic Games in 2018
2	Krissy Scurfield	15/06/03 (19)	168	66		4	40	8	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in November 2021
3	Pamphinette Buisa	28/12/96 (25)	180	84		13	35	7	<ul style="list-style-type: none"> - First Commonwealth Games - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Langford in 2018

									<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played seven tests for Canada from 2017 and 2021-22, including three in the World Rugby Pacific Four Series in June 2022 - Studying Political Science with minor in Social Justice - Helped create the Vancouver Island Steps Up community relief fund, which raised more than CAN\$15,000 to help local people struggling with COVID-19
4	Breanne Nicholas (co-captain)	20/02/94 (28)	163	65		25	236	20	<ul style="list-style-type: none"> - One of two survivors from the 2018 Commonwealth Games - Dubai were her first Series tournaments since Glendale in October 2019 - Taken over captaincy following retirement of Ghislaine Landry – named co-captain with Olivia Apps for this tournament - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Sao Paulo in 2016 - Played at RWC Sevens 2018
5	Nakisa Levale	12/03/97 (25)	177	75		6	30	6	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in 2021 - Played in Fast Four invitational events in Vancouver and Edmonton in September 2021 - Made test debut v USA in World Rugby Pacific Four Series on 1 November (15s) - Younger sister Tausani played for Canada in Dubai and Sydney on 2018 Series (15s)
6	Emma Chown	17/12/95 (26)	173	73		13	35	7	<ul style="list-style-type: none"> - First Commonwealth Games - Played in Fast Four invitational events in Vancouver and Edmonton in 2021 - Made Canada debut on Series in Dubai in 2017
7	Chloe Daniels	27/04/03 (19)	174	68		4	12	2	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in 2021 - Last played on 2022 Series in Seville in January - Played in Fast Four invitational events in Vancouver and Edmonton in September 2021
8	Bianca Farella	10/04/92 (30)	173	74		40	785	157	<ul style="list-style-type: none"> - One of two survivors from the 2018 Commonwealth Games - Canada's top try-scorer on the Gold Coast with three - Joint most-capped player in Series history alongside Sarah Hirini (NZL) and Sharni Williams (AUS) - Langford round of 2022 Series was first appearance since Tokyo 2020

									<ul style="list-style-type: none"> - Played at Tokyo 2020 Olympic Games - Became second player to score 150 tries on Series after Portia Woodman in Hamilton in 2020 - Canada's top try-scorer on 2018, 2019 and 2020 Series (17 in 2018, 34 in 2019 and 18 in 2020) - Made Canada debut on Series in the inaugural tournament in Dubai in 2012 - Bronze medallist at Rio 2016 Olympic Games - Silver medallist at RWC Sevens 2013 - Played at RWC Sevens 2018
9	Olivia Apps	01/12/98 (23)	165	70		11	73	7	<ul style="list-style-type: none"> - First Commonwealth Games - Silver medallist at Commonwealth Youth Games 2015 - WATCH: Her story in the Remarkables series - Played at Tokyo 2020 Olympic Games - Captained Canada at the Fast Four invitational tournaments in Vancouver and Edmonton in September 2021 - Made Canada debut on Series in 2018 in Sydney - Played at RWC Sevens 2018
10	Fancy Bermudez Chavez	27/05/02 (20)	162	75		6	5	1	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in 2021 - Played in Fast Four invitational events in Vancouver and Edmonton in September 2021 - Been part of Rugby Canada Development Academy - Twin brother Sony made his debut for the University of Alberta Golden Bears as wide receiver on day she played in Edmonton Fast Four
11	Piper Logan	13/07/01 (21)	152	60		0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to make her debut on the World Series
12	Keyara Wardley	27/01/00 (22)	167	67		7	60	12	<ul style="list-style-type: none"> - First Commonwealth Games - Played at Tokyo 2020 Olympic Games - Bronze medallist at Youth Olympic Games 2018 in Buenos Aires - Made Canada debut on Series in Kitakyushu in 2019 - 14 years of tap dancing before turning to rugby
13	Renee Gonzalez	14/07/98 (24)	167	75		4	15	3	<ul style="list-style-type: none"> - First Commonwealth Games - Made Canada debut on Series in Dubai (R1) in November 2021 - Played in Fast Four invitational events in Vancouver and Edmonton in September 2021

										<ul style="list-style-type: none">- Made test debut for Canada in World Rugby Pacific Four Series 2021 against USA, scoring a try to mark occasion (15s)- Played six tests, including two in World Rugby Pacific Four Series in New Zealand in June (15s)
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Information correct at time of publication.

ENGLAND

Head coach: James Rodwell

Co-captains: Abbie Brown and Megan Jones

Commonwealth Games record: 2018 – Bronze medallist

Commonwealth Games 2022 seeding: 5

World Series record: 2012-13 –Runners-up / 2013-14 – Fourth / 2014-15 – Fourth / 2015-16 – Fourth / 2016-17 – Eighth / 2018 – Eighth / 2019 – Sixth / 2020 – Eighth / 2021 – No Series due to pandemic / 2022 – Ninth

Did you know...?

- England qualified for the Commonwealth Games 2022 as the host nation
- England won the bronze medal in the inaugural women's competition on the Gold Coast in 2018, beating Canada 24-19

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	<i>James Rodwell</i>	<i>23/08/84 (37)</i>			<i>Head coach</i>	<i>93</i>	<i>500</i>	<i>100</i>	<ul style="list-style-type: none"> - Appointed women's head coach on 13 December, 2021 - Had been acting men's head coach in January 2020 for Hamilton, Sydney, Los Angeles and Vancouver rounds while Simon Amor was with England in Six Nations as 15s attack coach - Retired from playing at end of 2019 Series as most capped player in Series history (93 events) and scoring 100 tries - Took on role of player/coach in 2018-19 season, working across England men's and women's sevens programmes, focusing on aerials and lineouts - Became most capped player in Series history in Hamilton in 2019 with his 90th tournament, surpassing DJ Forbes (89) - Made England debut on Series in Edinburgh in 2008 - Silver medallist at RWC Sevens 2013 and 2018 - Bronze medallist at Commonwealth Games 2018 on Gold Coast - Played at Commonwealth Games in 2010 and 2014 - Played at RWC Sevens 2009 - Silver medallist with Great Britain at Rio 2016 Olympic Games - Sister Sarah has played lacrosse for England
1	Merryn Doidge	02/12/00 (21)	167	68		1	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on Series in Langford in 2022 - Unused replacement in test v France in April 2021 (15s)

2	Abbie Brown (co-captain)	10/04/96 (26)	176	71		28 (26 ENG, 2 GBR)	232	46	<ul style="list-style-type: none"> - Bronze medallist at Commonwealth Games in 2018 - Co-captained Great Britain at the Tokyo 2020 Olympic Games - Played for Great Britain in first two rounds of 2022 Series and England for remainder - Played at Rio 2016 Olympic Games - Signed up as community response volunteer during COVID-19 lockdown - Made England debut on Series in São Paulo in 2016 - Captained England for last four seasons - Played for England at RWC Sevens 2018 - Played five tests for England in 2015 Women's Six Nations (15s)
3	Alicia Maude	17/05/02 (20)	161	65		6 (4 ENG, 2 GBR)	19	3	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on Series in Malaga in 2022, having played for Great Britain in Dubai rounds
4	Grace Crompton	30/10/01 (20)	170	64		5 (3 ENG, 2 GBR)	45	9	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on Series in Malaga in 2022, having played for Great Britain in the opening rounds in Dubai
5	Heather Cowell	23/01/96 (26)	169	67		5 (3 ENG, 2 GBR)	45	9	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on Series in Malaga in 2022, having played for Great Britain in the opening rounds in Dubai - Made England test debut in November on wing against Canada, marking occasion with a two-try haul in 51-12 victory (15s) - Also started and scored in 89-0 win v USA in November (15s)
6	Lauren Torley	02/09/99 (22)	172	67		2	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on Series in Langford in 20222
7	Emma Uren	01/10/97 (24)	167	68		14 (12 ENG, 2 GBR)	151	29	<ul style="list-style-type: none"> - First Commonwealth Games - Played for Great Britain in first two rounds of 2022 Series and England thereafter - Played at Tokyo 2020 Olympic Games - Made England debut on Series in Glendale in 2018 - Nominated for Rookie of the Year for 2019 World Series - Half Swedish
8	Celia Quansah	25/10/95 (26)	175	82		8	95	19	<ul style="list-style-type: none"> - First Commonwealth Games - Made England debut on World Series in Glendale in 2018 - Her partner Megan Jones is in the squad for Birmingham 2022 - Represented England in heptathlon and won long jump at 2011 School Games - Only made switch to rugby aged 21

									- Sister Jenny competed for Great Britain in gymnastics
9	Isla Norman-Bell	21/02/00 (22)	160	57		4	38	2	- First Commonwealth Games - Made England debut on Series in Malaga in 2022
10	Megan Jones (co-captain)	23/10/96 (25)	165	69		16 (14 ENG, 2 GBR)	168	16	- Bronze medallist at Commonwealth Games in 2018 - Co-captained Great Britain at the Tokyo 2020 Olympic Games - Made England debut on Series in Kitakyushu in April 2017 - Her partner Celia Quansah is in the squad for Birmingham 2022 - Played 12 tests for England from 2015-17 and 2020-21 (15s) - Played in the Women's Six Nations 2021 (15s) - Rugby World Cup 2017 runner-up with England (15s)
11	Ellie Boatman	13/05/97 (25)	165	64		6 (3 ENG, 2 GBR)	75	15	- First Commonwealth Games - Made England debut on Series in Malaga in 2022 after playing first two rounds for Great Britain
12	Amy Wilson Hardy	13/09/91 (30)	168	70		35 (33 ENG, 2 GBR)	235	47	- Bronze medallist at Commonwealth Games in 2018 - Played for Great Britain in first two rounds of 2022 Series and England thereafter - First England player to reach 30 Series events in Hamilton in 2020 - Made England debut on Series in Dubai in 2013 - Played for Great Britain at Rio 2016 Olympic Games - Played for England at RWC Sevens 2018 - Women's Rugby World Cup 2017 runner-up with England (15s) - Started playing rugby as prop at U15 level before moving to wing
13	Jade Shekells	28/09/96 (25)	165	74		2	10	2	- First Commonwealth Games - Made England debut on Series in Langford in 2022

Information correct at time of publication.

FIJI

Head coach: Saiasi Fuli
 Captain: Rusila Nagasau
 Nickname: Fijiana

Commonwealth Games record: 2018 – Fifth
 Commonwealth Games 2022 seeding: 4

World Rugby Sevens Series record: 2012-13 – 15th (non-core team) / 2013-14 – 10th (non-core team) / 2014-15 – Eighth / 2015-16 – Eighth / 2016-17 – Fourth / 2018 – Ninth / 2019 – 10th / 2020 – Seventh / 2021 – No Series due to pandemic / 2022 – Third

Did you know...?

- Fiji qualified for the Commonwealth Games via the Oceania qualification process
- Fiji finished fifth on the Gold Coast after beating Kenya 40-5 in the fifth place play-off

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	<i>Saiasi Fuli</i>	<i>16/03/78 (44)</i>			<i>Head coach</i>	<i>7</i>			<ul style="list-style-type: none"> - First Commonwealth Games as Fiji coach - Appointed in December 2018 with Sydney 2019 his first Series event as head coach - Coached Fiji to historic bronze medal at Tokyo 2020 Olympic Games - Coached Fiji to first medals in Series history in opening rounds of the 2022 Series in Dubai - Coached Fiji to third place in 2022 Series, their best ever placing - Also oversaw men's team in first two rounds of 2022 Series before appointment of Ben Gollings - Assistant coach of Fiji Drua who won Australia's NRC title in 2018 (15s) - Played seven series events for Fiji across 2001-02 and 2004-05 seasons - Played at Commonwealth Games in 2002 - Played one test for Fiji in 2004 (15s) - Assistant coach of Fiji for World Rugby U20 Championship in 2013 (15s)
1	Vasiti Solikoviti	02/08/93 (28)	176	75		17	70	14	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Bronze medallist at Tokyo 2020 Olympic Games - Made Fiji debut on Series in Dubai in 2017
2	Adi vani Buleki	23/10/00 (21)	176	79		4	5	1	<ul style="list-style-type: none"> - First Commonwealth Games - Made Fiji debut on Series in Dubai (R1) in November 2021

3	Raijieli Daveua	30/05/92 (30)	172	73		19	180	36	<ul style="list-style-type: none"> - First Commonwealth Games - Stepped away from rugby to try to make the Fiji netball team for 2018 Commonwealth Games but missed out on selection - Bronze medallist at Tokyo 2020 Olympic Games - Named Fijiana Sevens Player of the Year in February 2021 - Made Fiji debut on Series in Dubai in 2016 and was named 2016-17 Series Rookie of the Year - Played at RWC Sevens 2018 - Dual international as also played netball for Fiji
4	Rusila Nagasau (captain)	04/08/87 (34)	171	73		34	183	23	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Captained Fiji to first ever Cup finals on Series in Dubai in November - Captained Fiji to an historic bronze medal at Tokyo 2020 Olympic Games – the first Olympic medal won by Fijian women - Carried the Fiji flag at the Opening Ceremony in Tokyo - Joint most-capped Fiji player in Series history with Ana Maria Roqica - Became second Fijian to play in 30 Series events after Roqica in Sydney in 2020 - Co-captained Fijiana 15s team in November in 41-13 win over Samoa that secured their place at Rugby World Cup 2021 in New Zealand – first time qualified for RWC in 15s - Made Fiji debut on Series in Dubai in 2013 - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games
5	Verenaisi Ditavutu	07/09/99 (22)	175	75		2	5	1	<ul style="list-style-type: none"> - First Commonwealth Games - Made Fiji debut on Series in Langford in 2022
6	Reapi Ulunisau	02/11/94 (27)	162	58		4	104	18	<ul style="list-style-type: none"> - First Commonwealth Games - Named in Dream Team for 2022 Series - Nominated for Rookie of the Year for 2022 Series - Nominated for World Rugby Women’s Sevens Player of the Year 2021 - Bronze medallist at Tokyo 2020 Olympic Games - Tokyo 2020 was her first global tournament with Fiji but she was one of stars of the tournament, finishing at top try and point scorer with eight/40 - First player (male or female) to score four tries in an Olympic match v Brazil - Made Fiji debut on Series in Dubai (R1) in November 2021
7	Lavenia Cavuru	28/06/94 (28)	168	64		7	72	2	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Bronze medallist at Tokyo 2020 Olympic Games - Dubai were her first Series tournaments since Kitakyushu in 2018

									<ul style="list-style-type: none"> - Made Fiji debut on Series in Clermont-Ferrand in 2017 - Played twice for Fijiana 15s in November 2019, including twice against Samoa and scored 16 points in the crucial win that secured their place at Rugby World Cup 2021 for the first time (15s)
8	Ana Maria Naimasi	21/02/94 (28)	165	67		26	273	51	<ul style="list-style-type: none"> - Second Commonwealth Games - Bronze medallist at Tokyo 2020 Olympic Games - Fiji's top try-scorer on 2018 series with 14 - Made Fiji debut on series in Dubai in 2016 - Played at RWC Sevens 2018
9	Viniana Riwai	06/06/91 (31)	167	73		24	193	19	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Bronze medallist at Tokyo 2020 Olympic Games - Made Fiji debut on Series in China in 2013 - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Played football (soccer) for 15 years and played for Fiji at Pacific Games before switching to rugby
10	Sesenieli Donu	03/03/94 (28)	175	75		5	55	11	<ul style="list-style-type: none"> - First Commonwealth Games - Bronze medallist at Tokyo 2020 Olympic Games - Made Fiji debut on Series in Dubai (R1) in November 2021
11	Laisani Moceisawana	28/06/98 (24)	176	71		0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play for Fiji on the World Series or in a global tournament
12	Ivamere Rokowati	15/04/01 (21)	174	70		0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play for Fiji on the World Series or in a global tournament - Played in a non-cap match for Fiji against the Black Ferns Development XV in the Oceania Rugby Women's Championship 2019 (15s)
13	Lavenia Tinai	07/09/90 (31)	168	77		28	296	36	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Not played on Series since Dubai rounds at start of 2022 Series - Bronze medallist at Tokyo 2020 Olympic Games - Played at Rio 2016 Olympic Games - Made Fiji debut on Series in Dubai in 2013 - Played for Fijiana 15s in 41-13 win over Samoa in 2019 that secured their place at Rugby World Cup 2021 for the first time, scoring try in win just as she had done in pool meeting between sides earlier in tournament (15s)

Information correct at time of publication.

NEW ZEALAND

Coach: Cory Sweeney

Captain: Sarah Hirini

Nickname: Black Ferns Sevens

Commonwealth Games record: 2018 – Champions

Commonwealth Games 2022 seeding: 1

World Rugby Sevens Series record: 2012-13 – Champions / 2013-14 – Champions / 2014-15 – Champions / 2015-16 – Runners-up / 2016-17 – Champions / 2018 – Runners-up / 2019 – Champions / 2020 – Champions / 2021 – No Series due to pandemic / 2022 – Fifth

Did you know...?

- New Zealand qualified for the Commonwealth Games via a top three finish in the World Rugby Sevens Series 2020
- Of the 20 World Series tournaments since Gold Coast 2018 (only 16 of which they played in), New Zealand have won 12 as well as RWC Sevens 2018 and Tokyo 2020

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	<i>Cory Sweeney</i>				<i>Head coach</i>				<ul style="list-style-type: none"> - Confirmed as sole head coach on 27 August after Allan Bunting stepped down from role - Named New Zealand Coach of the Year 2019, 2020 and 2021 with Allan Bunting as Black Ferns Sevens coaches - Stepped up from assistant coach in Kitakyushu with Allan Bunting granted leave, in charge for final three tournaments - Assistant coach since Rio 2016 before being named co-coach for 2020 Series
1	Risaleaana Pouri-Lane	28/05/00 (22)	164	63		7	98	6	<ul style="list-style-type: none"> - Second Commonwealth Games - Called into squad before 2018 gold medal match as an injury replacement but sat unused on the bench Gold medallist at Tokyo 2020 Olympic Games - Captained gold medal-winning side at Youth Olympic Games 2018 - Only New Zealander to win gold at both Youth Olympic Games and Olympic Games - Represented New Zealand in judo (at Oceania Championships) and touch at age-grade level - Made New Zealand debut on Series in Dubai in 2018 - Won two HSBC World Rugby Sevens Series titles

									- Sister Keilamarita played for Samoa in repechage for Rio 2016
2	Shiray Kaka	26/03/95 (27)	168	68		14	150	30	- First Commonwealth Games - Gold medallist at Tokyo 2020 Olympic Games - Made New Zealand debut on Series in Dubai in 2013 - Won three HSBC World Rugby Women's Sevens Series titles
3	Stacey Fluhler	03/11/95 (26)	173	73		17	260	52	- Gold medallist at Commonwealth Games 2018 - One of the Unstoppables in World Rugby's 'Women in Rugby' 'Try and Stop Us' campaign in May 2019 - Played for Chiefs Manawa in Super Rugby Aupiki in 2022 - Gold medallist at Tokyo 2020 Olympic Games - Named #13 in the World Rugby Women's 15s Dream Team of the Year in December 2021 - Named NZRPA Black Ferns Player of the Year 2021 - Top try scorer on the abbreviated 2020 Series with 31 - Named in Dream Team and Impact Player for the 2020 Series - Named Black Ferns Sevens Player of the Year for 2020 - Made New Zealand debut on Series in Atlanta in 2016 - Three-time HSBC World Rugby Sevens Series title winner - Gold medallist at RWC Sevens 2018 - Rugby World Cup 2017 winner (15s)
4	Niall Williams	21/04/88 (34)	174	76		27	205	41	- Gold medallist at Commonwealth Games 2018 - Missed Tokyo 2020 Olympic Games due to a serious neck injury and only returned in Toulouse in May 2022 - Made New Zealand debut on Series in Dubai in 2015 - Won three HSBC World Rugby Sevens Series titles - Gold medallist at RWC Sevens 2018 - Sister of former All Black Sonny Bill Williams
5	Sarah Hirini (captain)	09/12/92 (29)	177	76		40	350	70	- Captained New Zealand to gold medal at Commonwealth Games 2018 - Captained New Zealand to gold medal at Tokyo 2020 Olympic Games - Joint most-capped player in Series history alongside Sharni Williams (AUS) and Bianca Farella (CAN) - Nominated for World Rugby Women's Sevens Player of the Year three times – 2018, 2019 and 2021 - Named Black Ferns Sevens Player of the Year 2021 - Named Kelvin R Tremain Memorial Player of the Year 2021 – second female to receive the accolade after Kendra Cocksedge - Named Tom French Memorial Maori Player of the Year 2019 and 2021 – first female to receive the award

									<ul style="list-style-type: none"> - Has missed as many tournaments in 2022 as she had done in Series history before the pandemic with four. Played first 24 tournaments before missing last two of 2016-17 Series to prepare for RWC 2017 and then Dubai and Cape Town on 2020 Series due to injury - Made a Member of the New Zealand Order of Merit in Queen’s Birthday Honours list for services to rugby - Became first woman to play 200 matches on Series in Biarritz in 2019 - Named in Dream Team for 2019 Series - Made New Zealand debut on Series in Dubai in inaugural event in 2012 - Appointed captain for start of 2014-15 Series - Six-time HSBC World Rugby Sevens Series title winner - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games
6	Michaela Blyde	29/12/95 (26)	165	65		29	755	151	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Gold medallist at Tokyo 2020 Olympic Games - Third highest try-score in Series history with 151 - Named World Rugby Women’s Sevens Player of the Year in both 2017 and 2018 - Made New Zealand debut on Series in Atlanta in 2014 - Five-time HSBC World Rugby Sevens Series title winner - Impact Player for 2016-17 and 2018 Series - Named in Dream Team for 2018 Series - Gold medallist at RWC Sevens 2018 and top try-scorer with nine
7	Tyla Nathan-Wong	01/07/94 (28)	165	59		36	1,045	41	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Gold medallist at Tokyo 2020 Olympic Games - Second highest point scorer in Women’s Series history - Named in Dream Team for the 2020 Series - Named Black Ferns Sevens Player of the Year 2019 - Nominated for World Rugby Women’s Sevens Player of the Year 2019 - Made New Zealand debut on Series in inaugural event in Dubai in 2012 - Six-time HSBC World Rugby Sevens Series title winner - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games
8	Kelly Brazier	28/10/89 (32)	173	68		33	531	89	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 – scored winning try after six minutes of extra-time in gold medal match v Australia - Gold medallist at Tokyo 2020 Olympic Games - Nominated for Black Ferns Sevens Player of the Year in 2019 and 2020 - Made New Zealand debut on Series in Houston in 2013

									<ul style="list-style-type: none"> - Six-time HSBC World Rugby Sevens Series title winner - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games - Rugby World Cup 2010 and 2017 winner (15s) - Played for Chiefs Manawa in Super Rugby Aupiki in 2022
9	Tenika Willison	07/12/97 (24)	167	69		11	76	4	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Gold medallist at Tokyo 2020 Olympic Games - Made New Zealand debut on Series in Dubai in 2016 - Won three HSBC World Rugby Women's Sevens Series titles - Gold medallist at RWC Sevens 2018
10	Theresa Fitzpatrick	25/02/95 (27)	168	75		22	85	17	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Gold medallist at Tokyo 2020 Olympic Games - Named NZRPA Women's Sevens Player of the Year 2021 - Won three HSBC World Rugby Sevens Series titles - Made New Zealand debut on Series in Atlanta in 2016 - Gold medallist at RWC Sevens 2018 - Played for the Blues a in Super Rugby Aupiki in 2022 - Rugby World Cup 2017 winner (15s)
11	Portia Woodman	12/07/91 (31)	172	75		31	1,025	205	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Top try and point-scorer at Gold Coast 2018 with eight / 40 - Record try-scorer in Women's Series history, scoring her 200th try in Langford quarter-finals in 2022 - Langford was her first Series event since Glendale in October 2018 after rupturing her Achilles tendon later that year - Gold medallist at Tokyo 2020 Olympic Games - World Rugby Women's Sevens Player of the Year 2015 - World Rugby Women's 15s Player of the Year 2017 – only player to win both sevens and 15s awards - Named World Rugby Women's Sevens Player of the Decade in December 2020 by fans, also named in World Rugby Women's 15s Dream Team - Made New Zealand debut on Series in Dubai in inaugural event in 2012 - Four-time HSBC World Rugby Women's Sevens Series title winner - Named in Dream Team for 2018 Series - Top points and try-scorer on 2018 Series with 215 and 43 - Scored a record five tries in a Series match twice (v USA in Atlanta and France in Sao Paulo in 2015) - Gold medallist at RWC Sevens 2013 and 2018 - Top try-scorer at RWC Sevens 2013 with 12

									<ul style="list-style-type: none"> - Silver medallist at Rio 2016 Olympic Games - Rugby World Cup 2017 winner and top try-scorer with 13 (15s) - Played for Chiefs Manawa in Super Rugby Aupiki in 2022 - Former netballer
12	Alena Sali	13/12/98 (23)	180	75		19	160	32	<ul style="list-style-type: none"> - Gold medallist at Commonwealth Games 2018 - Gold medallist at Tokyo 2020 Olympic Games - Won three HSBC World Rugby Sevens Series titles - Made New Zealand debut on Series in Sydney in 2017
13	Jazmin Felix-Hotham	02/07/00 (22)	172	67		3	10	2	<ul style="list-style-type: none"> - First Commonwealth Games - Named NZRPA Women's Young Player of the Year 2021 - Made New Zealand debut on Series in Sydney in 2020 after being called upon as injury replacement ... a week earlier in Hamilton had dressed as a beekeeper in stands cheering on the team to title - Won one HSBC World Rugby Sevens Series title - Black Ferns Sevens player Shakira Baker used to be her maths teacher in Year 10 - Was due to captain New Zealand at Youth Olympic Games in 2018 but was injured weeks out from event in Argentina and required shoulder reconstruction

Information correct at time of publication.

SCOTLAND

Co-coaches: Scott Forrest

Captain: Helen Nelson

Commonwealth Games record: 2018 – Did not play

Commonwealth Games 2022 seeding: 6

World Rugby Sevens Series record: 2012-13 – Did not play / 2013-14 – Did not play / 2014-15 – Did not play / 2015-16 – Did not play / 2016-17 – Did not play / 2018 – Did not play / 2019 – 12th (non-core team) / 2020 – Did not play / 2021 – No Series due to pandemic / 2022 – 15th (non-core team)

Did you know...?

- Scotland qualified for the Commonwealth Games via the Europe qualification process

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	Scott Forrest	06/08/84 (37)			Head coach	28	100	20	<ul style="list-style-type: none"> - Coached Great Britain to fourth place at Tokyo 2020 Olympic Games - Coached Great Britain in first two rounds of 2022 Series - Joined Scottish Rugby as Scotland Women High Performance Manager and Sevens head coach in 2017 - Acted as interim head coach for Scotland men's team in London and Paris rounds in 2019 - Made Scotland debut on Series in Wellington in 2006 - Played for Scotland on Series from 2006-10 - Former Scotland Sevens captain - Played for Scotland at RWC Sevens 2009 - Played for Scotland at Commonwealth Games 2010 - Former Scotland U20 player (15s)
1	Lisa Thomson	07/09/97 (24)	167	79		4 (2 SCO, 2 GBR)	15	3	<ul style="list-style-type: none"> - First Commonwealth Games - Played for Great Britain in first two rounds of 2022 Series and also in Toulouse where Scotland were the invitational team - Played at Tokyo 2020 Olympic Games as one of two Scottish players in Team GB squad - Made Scotland debut on Series in Biarritz in 2019 - Started all five matches in Women's Six Nations 2022 (15s) - Scored try in win over Colombia in the RWC 2021 Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s)

									- Helped Scotland finish second in the RWC 2021 Europe Qualifier in September to reach Final Qualification Tournament (15s)
2	Eilidh Sinclair	06/07/95 (27)	160	65		1	0	0	- First Commonwealth Games - Made Scotland debut on Series in Biarritz in 2019 - Played 18 tests for Scotland from 2014-18 (15s)
3	Megan Gaffney	03/12/91 (30)	168	70		2	15	3	- First Commonwealth Games - Made Scotland debut on Series in Biarritz in 2019, scoring tries v England, Russia and Ireland - Played in Toulouse in May where Scotland were the invitational team - Played five matches in Women's Six Nations 2022, starting against England, Wales and France (15s) - Scored two tries in win over Colombia in the RWC 2021 Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s) - Helped Scotland finish second in the RWC 2021 Europe Qualifier in September to reach Final Qualification Tournament (15s) - Played 44 tests for Scotland from 2011-22, making test debut v Netherlands (15s)
4	Emma Orr	02/10/98 (23)	174	70		1	0	0	- First Commonwealth Games - Made Scotland debut on Series in Toulouse in 2022 - Made Scotland test debut in Women's Six Nations 2022, playing against Wales, France and Ireland (15s)
5	Shona Campbell	07/06/01 (21)	165	62		3 (1 SCO, 2 GBR)	20	4	- First Commonwealth Games - Made Scotland debut on Series in Toulouse in 2022 - Played for Great Britain in first two rounds of 2022 Series - Made Scotland test debut off bench v Japan in November 2021 (15s)
6	Chloe Rollie	26/06/95 (27)	160	59		2	5	1	- First Commonwealth Games - Made Scotland debut on Series in Biarritz in 2019 - Played in Toulouse in May where Scotland were the invitational team - Started four matches at full-back in Women's Six Nations, scoring tries v England and France (15s) - Scored last-gasp try against Ireland in RWC 2021 Europe Qualifier to tie the scores, allowing Sarah Law to kick conversion that kept Scotland in qualification hunt (15s) - Played subsequent match against Colombia in Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s) - Played 49 tests for Scotland from 2015-22 (15s)

7	Rhona Lloyd	17/10/96 (25)	175	70		2	55	11	<ul style="list-style-type: none"> - First Commonwealth Games - Made Scotland debut on Series in Biarritz in 2019, scoring tries v New Zealand, England (2), Russia, Fiji and Ireland - Played in Toulouse in May where Scotland were the invitational team - Played 38 tests for Scotland from 2016-22 (15s) - Started all five matches in Women's Six Nations 2022 on wing, scoring two tries v Wales (15s)
8	Helen Nelson (captain)	24/05/94 (27)	176	78		2	29	1	<ul style="list-style-type: none"> - First Commonwealth Games - Made Scotland debut on Series in Biarritz in 2019 as captain - Played in Toulouse in May where Scotland were the invitational team - Started all five matches in Women's Six Nations 2022 at fly-half or inside centre (15s) - Played 42 tests for Scotland from 2016-22 (15s) - Made Scotland test debut v France in 2016 Six Nations (15s) - A member of the Scotland Alpine Ski Team from 2009-12 - Studied Geophysics and Meteorology at Edinburgh University - Sister Bryony has previously been part of Scotland Sevens squad and brother Robbie has played for Scotland Club XV
9	Caity Mattinson	17/05/96 (26)	165	62		1	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made Scotland debut on Series in Toulouse in 2022 - Made Scotland debut v Colombia in Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s) - Played four matches in Women's Six Nations 2022 (15s) - Had previously played seven tests for England from 2017-18 before completing birthright transfer to Scotland (15s)
10	Meryl Smith	11/06/01 (21)	168	78		2	2	0	<ul style="list-style-type: none"> - First Commonwealth Games - Played in Toulouse in May where Scotland were the invitational team - Made Scotland test debut v England in Women's Six Nations 2022, also played v France (15s)
11	Elizabeth Musgrove	25/12/96 (25)	175	82		0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played 10 tests for Scotland from 2018-21 (15s)
12	Rachel McLachlan	26/02/99 (23)	163	69		1	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made Scotland debut on Series in Toulouse in 2022 - Played four matches in Women's Six Nations 2022, starting against England, Italy and Ireland

									<ul style="list-style-type: none"> - Also played v Colombia in Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s) - Played 28 tests for Scotland from 2018-22 (15s)
13	Evie Gallagher	22/08/00 (21)	167	81		0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played four matches in the Women's Six Nations 2022, scoring try v Ireland (15s) - Also played v Colombia in Final Qualification Tournament in February that saw Scotland qualify for a first Rugby World Cup since 2010 (15s) - Played 12 tests for Scotland from 2021-22 (15s)

Information correct at time of publication.

SOUTH AFRICA

Co-coaches: Paul Delpont

Captain: Asisipho Plaatjies

Nickname: Imbokodo Sevens

Commonwealth Games record: 2018 – Eighth

Commonwealth Games 2022 seeding: 7

World Rugby Sevens Series record: 2012-13 – Eighth (non-core team) / 2013-14 – 15th (non-core team) / 2014-15 – 12th / 2015-16 – DNP / 2016-17 – 12th (non-core team) / 2018 – 13th (non-core team) / 2019 – DNP / 2020 – 14th (non-core team) / 2021 – No Series due to pandemic / 2022 – 16th (non-core team)

Did you know...?

- South Africa qualified for the Commonwealth Games via the African qualification process, winning the Rugby Africa Women's Sevens in April 2022

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	<i>Paul Delpont</i>	<i>13/10/84 (37)</i>			<i>Head coach</i>	<i>30</i>	<i>229</i>	<i>45</i>	<ul style="list-style-type: none"> - Coached South Africa at RWC Sevens 2018 and Commonwealth Games 2018 - Made South Africa debut on Series in Dubai in 2003 - Last tournament as player on Series was Glasgow at end of 2012-13 series - Won World Series with South Africa in 2008-09 - Played at RWC Sevens 2009 - Played at Commonwealth Games 2010 - Played for South Africa at U21 level (15s)
1	Unathi Elis Mali	03/12/89 (32)	172	72		1	0	0	<ul style="list-style-type: none"> - Second Commonwealth Games appearance - Made South Africa debut on Series in Dubai in 2017
2	Asisipho Plaatjies (captain)	24/04/96 (26)	161	66		1	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made South Africa debut on Series in Toulouse in 2022
3	Kemiketso Baloyi	08/03/98 (24)				0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series
4	Donelle Snyders	08/04/01 (21)	160	58		1	0	0	<ul style="list-style-type: none"> - First Commonwealth Games - Made South Africa debut on Series in Toulouse in 2022 - Made test debut v Kenya in August 2021 (15s)
5	Luleka Tyibilika	11/09/93 (28)				0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series

									- Came into squad after Snehlanhla Shozi was ruled out through injury in June
6	Anacadi Minnaar	04/08/00 (21)				1	0	0	- First Commonwealth Games - Made South Africa debut on Series in Toulouse in 2022 - Played twice v Scotland in 2019 at fly-half (15s)
7	Nonththuko Shongwe	17/11/95 (26)				0			- First Commonwealth Games - Yet to play on World Series
8	Kyla de Vries	09/11/95 (26)				0			- First Commonwealth Games - Yet to play on World Series
9	Felicia Jacobs	07/04/98 (24)				0			- First Commonwealth Games - Yet to play on World Series - Played five tests for South Africa from 2018-21 (15s)
10	Mathrin Simmers	03/03/88 (34)	162	64		13	30	6	- Second Commonwealth Games appearance - Made South Africa debut on Series in the inaugural event in Dubai in 2012 - Played in Toulouse in May where South Africa were the invitational team - Played at RWC Sevens 2013 and 2018 - Played five tests for South Africa, three in 2013 and two in 2019 (15s)
11	Zandile Masuku	02/12/98 (23)				0			- First Commonwealth Games - Yet to play on World Series
12	Liske Lategan	25/11/98 (23)	171	69		2	10	2	- First Commonwealth Games - Made South Africa debut on Series in Cape Town in December 2019 - Played in Toulouse in May where South Africa were the invitational team
13	Bianca Augustyn	18/03/98 (24)				0			- First Commonwealth Games - Yet to play on World Series

Information correct at time of publication.

SRI LANKA

Coach: Saliya Kumara

Captain: Anusha Attanayaka

Commonwealth Games record: 2018 – Did not play

Commonwealth Games 2022 seeding: 8

World Rugby Sevens Series record: Yet to play on World Series

Did you know...?

- Sri Lanka qualified for the Commonwealth Games via the Asian qualification process
- They are the first Asian team to play in a women's Commonwealth Games rugby sevens competition
- The team have been training together since March 2022 with three outbound training sessions, including one at high altitude

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	Saliya Kumara	28/05/84 (38)			Head coach	5	9	1	<ul style="list-style-type: none"> - First Commonwealth Games as coach - Played for Sri Lanka in the 2006 Commonwealth Games - Coached Sri Lanka women's team since 2019 - Played five rounds of World Rugby Sevens Series, all in Hong Kong from 2006-09 and 2014 - Played seven tests for Sri Lanka from 2006-11 (15s) - A World Rugby Trainer and Educator
1	Dilini Kanchana	18/05/95 (27)	160	61	Army SC, Homagama	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2018, 2019 and 2021 - Played in Asia qualifier for Tokyo 2020 Olympic Games
2	Kumari Dilrukshi	18/01/93 (29)	153	54	Navy SC, Walisara	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2014, 2015, 2017, 2019 and 2021 - Played in the Asia qualifier for Rio 2016 - Competed in National Powerlifting Championship in 2018 and 2019 - Competed in Asian Powerlifting Championship in 2018 - Set an Asian deadlift record at the Asian Pacific Powerlifting Championship in Australia in 2019
3	Sandika Hemakumari				Navy SC, Walisara	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series

4	Shanika Madumali	04/04/90 (32)	155	44	Navy SC, Walisara	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2014, 2015, 2017 and 2019 - Played in the Asia qualifier for Rio 2016
5	Charani Liyange	05/07/91 (32)	154	54	Army SC, Homagama	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2016, 2017, 2018 and 2021
6	Anusha Attanayaka (captain)	27/06/90 (32)	164	58	CR & FC, Colombo	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019 and 2021 - Played in the Asia qualifier for Rio 2016
7	Dulani Pallikkondage	27/05/92 (30)	162	55	Army SC, Homagama	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2015, 2016, 2017, 2018, 2019 and 2021 - Played in the Asia qualifier for Rio 2016 and Tokyo 2020
8	Jeewanthi Gunawardhana	29/12/97 (24)	165	50	Air Force SC, Rathmalana	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series
9	Ayesha Perera	18/10/88 (24)	163	66	Army SC, Homagama	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2008, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019 and 2021
10	Kanchana Mahendran	12/01/98 (24)	159	72	CR & FC, Colombo	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - This will be her first tournament for Sri Lanka
11	Anushika Samaraweera	04/07/92 (30)	156	51	CR & FC, Colombo	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series in 2019 and 2021 - Played in Asia qualifier for Tokyo 2020
12	Nipuni Rasanjali	28/11/99 (22)	152	47	Navy SC, Walisara	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series at U18 level in 2016 - Played in Asia Rugby Sevens Series in 2019 and 2021 - Played in Asia qualifier for Tokyo 2020
13	Umayangana Thathsarani	21/12/00 (21)	154	48	Army SC, Homagama	0			<ul style="list-style-type: none"> - First Commonwealth Games - Yet to play on World Series - Played in Asia Rugby Sevens Series at U18 level in 2017 and 2018

