

## START LIST

<b>WORLD RECORD</b>	<b>12:35.36</b>	<b>CHEPTEGEI Joshua</b>	UGA	Monaco (MON)	14 AUG 2020
<b>EUROPEAN RECORD</b>	<b>12:48.45</b>	<b>INGEBRIGTSEN Jakob</b>	NOR	Firenze (ITA)	10 JUN 2021
<b>CHAMPIONSHIP RECORD</b>	<b>13:10.15</b>	<b>BUCKNER Jack</b>	GBR	Stuttgart (GER)	31 AUG 1986

Order	Bib	Name	NAT Code	Date of Birth	PB	SB	European Ranking
1	299	NORDÅS Narve Gilje Norway	NOR	30 SEP 1998	13:15.82	13:15.82	9
2	223	OUKHELFEN Abdessamad Spain	ESP	18 DEC 1998	13:17.95	13:22.12	15
3	236	HAY Hugo France	FRA	28 MAR 1997	13:10.95	13:12.14	10
4	253	BIENENFELD Davor Aaron Germany	GER	25 SEP 1997	13:21.99	13:21.99	26
5	211	LILLESØ Joel Ibler Denmark	DEN	17 NOV 2003	13:29.58	13:29.58	24
6	295	INGEBRIGTSEN Jakob Norway	NOR	19 SEP 2000	12:48.45	13:02.03	1
7	208	SOMERS Michael Belgium	BEL	2 MAR 1995	13:29.03	13:29.03	23
8	221	MECHAAL Adel Spain	ESP	5 DEC 1990	13:06.02	13:06.02	2
9	256	MOHUMED Mohamed Germany	GER	24 MAR 1999	13:03.18	13:03.18	5
10	291	FOPPEN Mike Netherlands	NED	29 NOV 1996	13:13.06	13:20.34	4
11	267	FAY Brian Ireland	IRL	9 NOV 1998	13:16.52	13:16.52	19
12	247	DEVER Patrick Great Britain & Northern Ireland	GBR	5 SEP 1996	13:19.85	13:20.12	12
13	258	PARSONS Sam Germany	GER	18 JUN 1994	13:21.17	13:21.17	7
14	218	KATIR Mohamed Spain	ESP	17 FEB 1998	12:50.79	13:43.61	
15	243	BUTCHART Andrew Great Britain & Northern Ireland	GBR	14 OCT 1991	13:06.21	13:31.26	17
16	270	MCELHINNEY Darragh Ireland	IRL	9 NOV 2000	13:17.17	13:17.17	21
17	315	RAESS Jonas Switzerland	SUI	8 MAR 1994	13:07.95	13:07.95	
18	279	CRIPPA Yemaneberhan Italy	ITA	15 OCT 1996	13:02.26	13:04.95	6
19	230	BOUR Felix France	FRA	25 MAR 1994	13:15.66	13:15.66	38
20	317	ALMGREN Andreas Sweden	SWE	12 JUN 1995	13:29.26	13:54.38	14

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21	284	RIVA Pietro Italy	ITA	1 MAY 1997	13:28.96	13:28.96	20
22	205	KIMELI Isaac Belgium	BEL	9 MAR 1994	13:04.72	13:04.72	8
23	312	BIBIĆ Elzan Serbia	SRB	8 JAN 1999	13:24.42	13:24.42	18
24	242	ATKIN Sam Great Britain & Northern Ireland	GBR	14 MAR 1993	13:03.64	13:03.64	11
25	320	GLANS Jonas Sweden	SWE	26 JAN 1991	13:20.85	13:20.85	22

### All Time Best European Performers

12:48.45	INGEBRIGTSEN J	NOR	Firenze (ITA)	10 JUN 2021
12:49.71	MOURHIT M	BEL	Bruxelles (BEL)	25 AUG 2000
12:50.79	KATIR Mohamed	ESP	Firenze (ITA)	10 JUN 2021
12:53.11	FARAH Mo	GBR	Monaco (MON)	22 JUL 2011
12:54.70	BAUMANN Dieter	GER	Zürich (SUI)	13 AUG 1997
12:57.25	BEZABEH A	ESP	Oslo (NOR)	4 JUN 2010
13:00.31	KAYA Ali	TUR	Roma (ITA)	4 JUN 2015
13:00.41	MOORCROFT David	GBR	Oslo (NOR)	7 JUL 1982
13:01.64	SGHYR Ismail	FRA	Roma (ITA)	29 JUN 2001
13:02.15	ESSAÏD Mustapha	FRA	Bruxelles (BEL)	28 AUG 1998

### 2022 Best European Performers

13:02.03	INGEBRIGTSEN J	NOR	San Juan Capistrano, (USA)	6 MAY
13:03.18	MOHUMED M	GER	San Juan Capistrano, (USA)	6 MAY
13:04.72	KIMELI Isaac	BEL	Montreuil (FRA)	2 JUN
13:04.95	CRIPPA Y	ITA	Roma (ITA)	9 JUN
13:06.02	MECHAAL Adel	ESP	Oslo (NOR)	16 JUN
13:06.74	OUMAIZ Ouassim	ESP	Huelva (ESP)	25 MAY
13:08.75	GRESSIER Jimmy	FRA	Paris (FRA)	18 JUN
13:12.14	HAY Hugo	FRA	Montreuil (FRA)	2 JUN
13:15.31	ATKIN Sam	GBR	Eugene, OR (USA)	27 MAY
13:15.50	NIKITIN Vladimir	RUS	Cheboksary (RUS)	2 AUG

#### Legend:

**PB** Personal Best      **SB** Season Best