

# 2021 THE ISLAMIC SOLIDARITY GAMES MEN & WOMEN



**5th Islamic Solidarity Games**

**09-18 August 2022**

**Konya - TURKEY**

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## **HANDBOOK** ***Gymnastics***

## Document Definitions

<b>Title</b>	Sport Handbook-Gymnastic
<b>Abstract</b>	This document provides a summary of the requirements and technical guidelines for Gymnastics Competitions
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## Document Revision History

<b>Version</b>	<b>Date</b>	<b>Author</b>	<b>Summary of Changes</b>
1.0		TGF	First Draw
1.1		Sports Director	General Overview
1.2		ISSF	General Overview
1.4		FIG	Final Version

## Abbreviations and Terminology

<b>Title</b>	<b>Abbreviation</b>	<b>Notes</b>
Islamic Solidarity Sports Federation	ISSF	
Turkish Islamic Solidarity Games Organizing Committee	TISGOC	
5th Konya Islamic Solidarity Games	KONYA 2021	
National Olympic Committee	NOC	
Fédération Internationale de Gymnastique	FIG	

## **TECHNICAL RULES**

### **1. COMPETITION RULES AND REGULATIONS**

**1.1** The Gymnastics Competitions of the 5<sup>th</sup> Islamic Solidarity Games will be conducted in accordance with the latest rules of the Federation Internationale de Gymnastique (FIG).

- Statutes
- Code of Ethics
- Code of Conduct
- Code of Discipline
- Technical Regulations
- License Rules
- Code of Points, relevant Newsletters, and Helpdesk
- General Judges' Rules
- Specific Judges' Rules for Artistic Gymnastics, Rhythmic and Aerobic Gymnastics
- Medical Organization of FIG Competitions and Events
- Anti-Doping Rules
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Rules for Awards Ceremonies

### **2. COMPETITION MANAGEMENT**

**2.1** Competition, under the authority of the ISSF, will be organized by TISGOC, in conformity with FIG Rules and under the supervision of the technical delegate.

**2.2** Technical Delegates will be appointed by the FIG.

**2.3** Turkish Gymnastics Federation will support with the appointment of the national technical officials who shall be approved by the technical delegates.

#### **Judge's Requirements**

**2.4** All judges must have a current valid FIG brevet (XV cycle)

#### **2.5 Artistic Gymnastics Men and Women:**

**2.5.1** Two Judges' Panels for WAG and three for MAG, depending on the number of participants must be composed.

**2.5.2** Each Judges' Panel must be composed as follows: – two D judges – four E judges and one Supervisor. Line/time judges' function (where appropriate) will be carried out by NTO's with FIG Brevet IV at the minimum.

#### **2.6 Rhythmic Gymnastics:**

**2.6.1** One Judge's Panel will be involved in judging (at each competition session) consisting of Superior Jury (four officials), four Difficulty, four Artistry and four Execution judges.

**2.6.2** Line/time judges' function (where appropriate) will be carried out by NTO's with FIG Brevet IV at the minimum.

## **2.7 Aerobic Gymnastics:**

**2.7.1** Judge's panel will be composed as: four Superior Jury, one chair of the panel judge, two Difficulty judges, four Artistry judges, four Execution judges, two line judge and one time judge.

**2.7.2** Line/time judges' function (where appropriate) will be carried out by NTO's with FIG Brevet IV at the minimum.

## **3. VENUE AND SCHEDULE**

**3.1** Gymnastics competitions will be held between 10-11 August 2022 for Men's Artistic Gymnastics; 13-14 August 2022 for Rhythmic Gymnastics and Aerobic Gymnastics; 17-18 August 2022 for Women's Artistic Gymnastics at Konya Velodrome.

**3.2** Training schedules will be provided by the Organizing Committee according to the participating country.

## **4. TECHNICAL MEETING**

**4.1** The technical and orientation meeting will be held on 09 August 2022 for Men's Artistic Gymnastics, 12 August 2022 for Rhythmic Gymnastics and Aerobic Gymnastics and 16 August 2022 for Women's Artistic Gymnastics at Konya Velodrome.

Participating National Federations must attend the orientation meeting with maximum 2 members per delegation.

## **5. EVENTS AND PARTICIPATION**

**5.1** National Federation should be an affiliated member of FIG.

**5.2** Athletes must hold a nationality of the country from which is registered. Only individual passports shall be used as the official document of the athlete.

**5.3** Gymnasts must have an FIG license valid until the end of the event in their respective discipline.

**5.4** Men's Artistic Gymnastics & Women's Artistic Gymnastics;

**5.4.1** Countries are entitled to participate either with 1-2 individual gymnasts or with a team of 2-3 gymnasts provided that they register as a team by the registration deadline.

**5.4.2** In Artistic Gymnastics, male athletes must be 18 years of age and female athletes must be 16 years of age in the calendar year of the competition (2022).

**5.5** Aerobic Gymnastics;

**5.5.1** Countries are entitled to compete with 1-3 gymnasts in individually or with a team of 3-12 individual gymnasts in all categories.

**5.5.2** In Aerobic Gymnastics, athletes must be 18 years of age in the calendar year of the competition (2022).

**5.6** Rhythmic Gymnastics Individuals and Group;

**5.6.1** Countries are entitled to participate in the competition with 1 individual gymnast or a team consisting of 2-3 individual gymnasts

**5.6.2** In Rhythmic Gymnastics, athletes must be 16 years of age in the calendar year of the competition (2022).

## **6. COMPETITION FORMAT**

**6.1 Men's & Women's Artistic Gymnastics**

**6.1.1** Qualifications and Team Competition

The results of these competitions determine;

- Qualification for Apparatus Finals
- Winners of Team Competition

## **Competition Format:**

- If a country competes in the competition with 1-2 individual gymnast(s); the gymnast(s) must perform a routine on at least 1 apparatus. The gymnast(s) has the right to participate in the apparatus finals. Countries participating with 1 gymnast cannot participate in the team rankings.

-If a country competes with a team (of 2-3 gymnasts); the top two scores count on each apparatus for the Team Ranking results.

### **6.1.2 Apparatus Finals**

The results of these competitions determine;

-Winners of the Apparatus Finals.

Competition Format:

-Top 8 gymnasts are qualified for the Apparatus Finals. Only 2 gymnasts per country could participate in the Apparatus Finals.

## **6.2 Aerobic Gymnastics**

### **6.2.1 Qualifications and Team Competition**

The results of these competitions determine;

-Qualifiers for the Category Finals

-Winners of the Team Competition

Competition Format:

-Countries could participate with a total of 12 gymnasts in the categories of 1 individual men, 1 individual women, 2 pairs, 2 trios.

-If a country competes in only the categories; gymnasts are required to perform a routine on at least one category. Gymnasts have the right to compete in the Category Finals. Countries that do not compete on all categories cannot be placed in team rankings.

-Team Ranking results are determined by the addition of the best score in each of the 4 categories.

### **6.2.2 Category Finals**

The results of these competitions determine;

-The Winners of the Category Finals.

Competition Format:

-Top 8 gymnasts move to the Category Finals. A maximum of 2 gymnasts could compete in Category Finals per country.

## **6.3 Rhythmic Gymnastics**

### **6.3.1 Individual Qualifications and Team Competition**

The results of these competitions determine;

- Qualifiers of Apparatus Finals

- Winners of Team Competition

Competition Format:

-If a country competes with an individual gymnast; the gymnast must perform a routine on minimum 1 and maximum 4 apparatus. The gymnast has the right to compete in Apparatus Finals. Countries competing with an individual gymnast cannot be placed in team rankings.

-If the country competes with a team (of 2-3 gymnasts); the top two scores count on each apparatus for the Team Ranking results.

### **6.3.2 Group All Around Competition and Qualifications**

The results of these competitions determine;

Qualifiers of Apparatus Finals

Winners of Group All-Around Competition

### **Competition Format:**

-If a country competes with a group; the gymnasts must perform 2 routine with 2 apparatus (identical and mix apparatus). If country perform only 1 apparatus, it has the right to compete in Apparatus Finals, but cannot be placed in all-around rankings.

-All-around ranking established by addition of 2 scores at each apparatus.

### **6.3.3 Apparatus Finals**

The results of these competitions determine;

- The winner of Apparatus Finals

### **Competition Format:**

- For Individual and Group: Top 8 gymnasts on each apparatus move on to the Apparatus Finals.

- A maximum of 2 individual gymnasts could compete in Apparatus Finals per country.

- A maximum 1 group could compete in Apparatus Finals per country.

## **7. COMPETITION SCHEDULE(\*)**

09 August 2022	Podium Training for Men's Artistic Gymnastics
10 August 2022	Start of Men's Artistic Gymnastics Competitions
11 August 2022	End of Men's Artistic Gymnastics Competitions
12 August 2022	Podium Training for Rhythmic and Aerobic Gymnastics
13 August 2022	Start of Rhythmic and Aerobic Gymnastics Competitions
14 August 2022	End of Rhythmic and Aerobic Gymnastics Competitions
15 August 2022	Apparatus Setup for Women's Artistic Gymnastics
16 August 2022	Podium Training for Women's Artistic Gymnastics
17 August 2022	Start of Women's Artistic Gymnastics Competitions
18 August 2022	End of Women's Artistic Gymnastics Competitions

\*Detailed version of the competitions will be published later on.

## **8. EQUIPMENT**

### **8.1 Artistic Gymnastics Apparatus**

All the apparatus and mats used in Artistic Gymnastics events are manufactured by SPIETH Gymnastics and have a valid FIG License until the end of the respective ART competitions.

### **8.2 Aerobic Gymnastics Apparatus**

All the floors used in Aerobic Gymnastics competitions are manufactured by SPIETH Gymnastics have a valid FIG License until the end of the respective AER competitions.

### **8.3 Rhythmic Gymnastics Apparatus**

All the floors use in Rhythmic Gymnastics competitions are manufactured by SPIETH and have a valid FIG License until the end of the respective RG competitions.

## **9. APPAREL**

### **9.1 NOC Uniforms**

The official uniforms of the NOCs may include:

-Symbols of the country (name of the country, national flag, emblem, etc.)

-Emblem of the NOC

-Logo of the Konya 2021 Islamic Solidarity Games

-Emblem of the respective National Sport Federations (on competition kit only where permitted by the NOC)

## **10. MEDALS, CERTIFICATE AND AWARD CEREMONY**

**10.1** The award ceremonies will take place on the podium immediately after the competitions, or during the competition for AF, according to the schedule and will be held as follows:

- Qualifying Competition (team ranking): Gold, Silver and Bronze medalists on podium
- Apparatus Finals: Gold, Silver and Bronze medalists on podium

According to the FIG/TR, gymnasts have to wear the national tracksuit during the award ceremonies. Participation in the award ceremonies is compulsory. Gymnasts absent for unjustified reasons will be disqualified.

### **10.2 Medal Ceremonies**

All Medal Ceremonies at the Konya 2021 Islamic Solidarity Games will take place on or around the field of play.

**10.3** Athletes between the fourth and eighth places will be awarded certificates.