



RUGBY  
WORLD CUP  
SEVENS  
SOUTH AFRICA 2022

# Women's team profiles and biographies



## AUSTRALIA

**Head coach:** Tim Walsh

**Co-captains:** Demi Hayes and Charlotte Caslick

**RWC Sevens record:** 2009 – Champions / 2013 – Plate winners (fifth) / 2018 – Third

**2022 seeding:** 1

### Did you know...?

- Australia played in the first ever women's Rugby World Cup Sevens match in 2009, beating China 50-12 in Dubai
- Cheryl Soon captained Australia to the inaugural women's title in 2009 after Shelly Matcham scored the sudden-death try in extra-time to beat New Zealand 15-10
- Australia arrive in Cape Town as the 2022 Series champions, having finished on the podium in all six rounds with victories in Dubai (2), Seville and Langford
- They also won the Commonwealth Games title in July, completing the set of Olympic, Commonwealth, RWC Sevens and Series success
- Australia are bidding to be the first to win the World Series, Commonwealth Games and RWC Sevens in the same calendar year
- Three players return from RWC Sevens 2018 in Charlotte Caslick, Sharni Williams and Demi Hayes

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Tim Walsh (head coach)	10/04/79 (43)			17	339	26	<ul style="list-style-type: none"> <li>- Coached Australia women to bronze at RWC Sevens 2018</li> <li>- Since his reappointment as Australia women's coach on 10 December, he has led them to Commonwealth Games gold and a third World Series title</li> <li>- Had coached Australia men from April 2018 to December 2021, including at Tokyo 2020 Olympic Games and to silver in Dubai on 2022 Series</li> <li>- Before Malaga in January 2022, his last Series event as women's coach was the 2018 Sydney Sevens when Australia became first women's team to win a title on home soil and the first (men's or women's) to not concede a single point in a Series event</li> </ul>

								<ul style="list-style-type: none"> <li>- Won Olympic gold as women's head coach at Rio 2016</li> <li>- One of only two coaches to guide two different teams to Olympic qualification (Sean Horan, NZL and CHN women, the other)</li> <li>- Won Commonwealth Games silver in 2018 before taking over men's team</li> <li>- Coached Australia women from 2013-18</li> <li>- HSBC World Rugby Women's Sevens Series 2015-16, 2018 and 2022 winner</li> <li>- Former Australia sevens player</li> <li>- Great nephew of former Wallaby captain Dr Richard (Dick) Tooth</li> </ul>
1	Lily Dick	26/12/99 (22)	168	62	11	75	15	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Named Player of the Final in Langford round after scoring the winning try</li> <li>- Made Australia debut on Series in Dubai in 2018</li> </ul>
2	Sharni Williams	02/03/88 (34)	165	79	40	559	59	<ul style="list-style-type: none"> <li>- Captained Australia to bronze medal at RWC Sevens 2018</li> <li>- Also played at RWC Sevens 2013 in Russia</li> <li>- Named in Australia's squad for Rugby World Cup 2021 next month (15s)</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Co-captained Australia to silver medal at Commonwealth Games 2018 on home soil</li> <li>- Co-captained Australia to silver medal at Tokyo 2020 and gold medal at Rio 2016</li> <li>- Three-time World Rugby Sevens Series title winner (2015-16, 2018 and 2022)</li> <li>- Most-capped Australian player in Series history</li> <li>- Joint most-capped player in Series history alongside Sarah Hirini (NZL) and Bianca Farella (CAN)</li> <li>- Made Australia debut on Series in Dubai in 2012</li> <li>- Captained Australia at women's Rugby World Cup 2017 (15s)</li> <li>- Played 12 tests for Australia (15s)</li> <li>- Former car mechanic</li> </ul>
3	Faith Nathan	27/07/00 (22)	164	62	10	180	36	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Named in Dream Team for 2022 Series</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> </ul>

								<ul style="list-style-type: none"> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Australia debut on Series in Dubai in 2019</li> </ul>
4	Dominique du Toit	19/05/97 (25)	167	56	21	260	44	<ul style="list-style-type: none"> <li>- First RWC Sevens, having missed 2018 tournament with a broken collarbone and watched in San Francisco as a fan</li> <li>- Three-time HSBC World Rugby Women's Sevens Series champion</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Silver medallist at Commonwealth Games 2018</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Unused travelling reserve for Rio 2016 after being gold medallist at the Youth Olympic Games 2014</li> <li>- Made Australia debut on Series in Atlanta in 2016</li> </ul>
5	Teagan Levi	14/08/03 (19)	173	66	3	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Made Australia debut on Series in Dubai in November 2021 alongside sister Maddison</li> </ul>
6	Alysia Lefau-Fakaosilea	05/11/00 (21)	174	74	5	20	4	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Nominated for Rookie of the Year for 2022 Series</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Australia debut on Series in Dubai on 2022 Series (R1)</li> <li>- Made test debut for Australia at 18, playing twice against Japan and twice against New Zealand in 2019 (15s)</li> <li>- Niece of Wallaby Will Skelton (21 tests 2014-16 and 2021)</li> </ul>
7	Charlotte Caslick (co-captain)	09/03/95 (27)	170	64	39	642	128	<ul style="list-style-type: none"> <li>- Bronze medallist at RWC Sevens 2018</li> <li>- Played at RWC Sevens 2013</li> <li>- Named in Dream Team for 2022 Series, having been voted into Dream Teams for four of the six rounds by fans</li> <li>- Named DHL Impact Player for the 2022 Series</li> <li>- Three-time World Rugby Sevens Series title winner (2015-16, 2018 and 2022)</li> <li>- Appointed as co-captain alongside Demi Hayes in March 2022</li> </ul>

								<ul style="list-style-type: none"> <li>- Co-captained Australia to gold medal at Commonwealth Games 2022</li> <li>- Silver medallist at Commonwealth Games 2018</li> <li>- Gold medallist at Rio 2016 Olympic Games</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- World Rugby Women's Sevens Player of Year 2016</li> <li>- Fourth Australian woman to reach 100 Series tries in Dubai in November 2021 (after Emilee Cherry, Ellia Green and Emma Tonegato)</li> <li>- Made Australia debut on Series in Amsterdam in 2013</li> <li>- Brother Sam played for Australia in two Series events in 2016-17</li> </ul>
8	Madison Ashby	22/01/01 (21)	165	60	10	75	15	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Named in Dream Team for 2022 Series</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Australia debut on Series in Glendale in 2018</li> </ul>
9	Tia Hinds	11/05/02 (20)	174	68	5	115	5	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Australia debut on Series in Dubai in November 2021 (R1)</li> <li>- Switched to rugby sevens after watching Rio 2016 success</li> </ul>
10	Sariah Paki	12/10/01 (20)	172	65	16	50	10	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Australia debut on Series in Dubai in 2018</li> </ul>
11	Demi Hayes (co-captain)	25/05/98 (24)	172	63	18	140	28	<ul style="list-style-type: none"> <li>- Bronze medallist at RWC Sevens 2018</li> <li>- Appointed captain for 2022 Series and co-captain with Charlotte Caslick from March 2022</li> <li>- Three-time World Rugby Sevens Series title winner (2015-16, 2018 and 2022)</li> <li>- Co-captained Australia to gold medal at Commonwealth Games 2022</li> <li>- Silver medallist at Commonwealth Games on home soil in 2018</li> </ul>

								<ul style="list-style-type: none"> <li>- Gold medallist at Commonwealth Youth Games 2015</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made debut for Australia on Series in Langford in 2016</li> </ul>
12	Maddison Levi	27/04/02 (20)	183	67	6	130	26	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Named in Dream Team for 2022 Series</li> <li>- Named Rookie of the Year for 2022 Series</li> <li>- World Rugby Sevens Series title winner in 2022</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Made Australia debut on Series in Dubai in November 2021 alongside sister Teagan</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Put her AFLW dreams on hold to chase Olympic gold – has clause in contract with Suns that allows her to take break to focus on Olympics, Commonwealth Games and RWC Sevens</li> <li>- Went to watch Australia train and shown gold medal by Ellia Green</li> </ul>

*Info correct at time of going to publication*



## BRAZIL

**Head coach:** Will Broderick

**Captain:** Luiza Campos

**Nickname:** As Yaras

**RWC Sevens record:** 2009 – Bowl finalists / 2013 – Bowl quarter-finalists / 2018 – 13th

**2022 seeding:** 10

### Did you know...?

- Brazil qualified for RWC Sevens 2022 by winning the Sudamérica Rugby qualifier
- Brazil finished 11th in the 2022 Series but retained their core status for 2023 following the withdrawal of Russia in line with their suspension from World Rugby membership and from participating in all international competitions
- Five players return from RWC Sevens 2018 in Luiza Campos, Leila dos Santos Silva, Aline Ribero, Bianca Silva and Marcelle Souza

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Will Broderick (head coach)	17/09/92 (29)						<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Coached Brazil to RWC Sevens 2022 qualification in November</li> <li>- Coached Brazil at the Tokyo 2020 Olympic Games – his first global tournament as head coach</li> <li>- Made Series debut as head coach in Dubai in November 2021, leading them to their best ever finish of sixth in round one of 2022 Series</li> <li>- Played six tests for Brazil in 2017-18 as scrum-half (15s)</li> <li>- Performance coach for Brazil at World Rugby U20 Trophy 2019 (15s)</li> </ul>
1	Mariana Nicolau	16/11/97 (24)	160	70	17	40	8	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November</li> <li>- Played at Tokyo 2020 Olympic Games</li> </ul>

## Women's team profiles and biographies

**SOUTH AFRICA 2022**

								<ul style="list-style-type: none"> <li>- Made Brazil debut on Series in Langford in 2016</li> <li>- Introduced to rugby in 2012 through social project at Sao Jose RC</li> </ul>
2	Luiza Campos (captain)	30/07/90 (32)	165	68	29	46	8	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2013 and 2018</li> <li>- Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Brazil debut on Series in Dubai in 2012</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Started playing rugby in 2010 after girl in a skate park in Porto Alegre invited her to a practice</li> </ul>
3	Larissa Carvalho	31/05/03 (19)	168	67	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for Brazil on World Series</li> </ul>
4	Leila dos Santos Silva	23/10/96 (25)	160	56	10	15	3	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Brazil debut on Series in Clermont-Ferrand in 2017</li> </ul>
5	Thalia da Silva Costa	30/05/97 (24)	153	54	12	185	37	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Brazil debut on Series in Langford in 2019</li> <li>- Twin sister Thalita da Silva Costa has also played sevens for Brazil</li> </ul>
6	Isadora Lopez de Souza	03/08/97 (24)	167	63	5	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Brazil debut on Series in Langford in 2018</li> </ul>
7	Aline Ribera Furtado	02/10/95 (26)	162	59	8	0	0	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made Brazil debut on Series in Langford in 2017</li> <li>- Started playing rugby in 2013 at University in Sao Paulo</li> </ul>
8	Maria Fioravanti Costa	06/10/93 (28)	169	66	6	7	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November</li> <li>- Played at Tokyo 2020 Olympic Games</li> </ul>



								- Made Brazil debut on Series in Dubai (R1) in 2021
9	Gabriela Lima	18/08/03 (19)	171	65	6	75	15	- First RWC Sevens - Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November - Made Brazil debut on Series in Dubai (R1) in 2021
10	Andressa Alves	09/12/00 (21)	167	61	8	15	3	- First RWC Sevens - Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November - Made Brazil debut on Series in Glendale in 2019
11	Bianca Silva	22/07/98 (24)	174	63	20	195	39	- Played at RWC Sevens 2018 - Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November - Brazil's top try-scorer in Series history - Played at Tokyo 2020 Olympic Games and was Brazil's top try-scorer with three of their five tries in total - <a href="#">One of the Unstoppables in World Rugby's 'Women in Rugby' 'Try and Stop Us' campaign in May 2019</a> - Made Brazil debut on Series in 2015 in Dubai - Started playing rugby aged 11 through the Rugby Para Todos (Rugby for all) social project in Paraisópolis
12	Marcelle Souza	22/07/96 (26)	177	76	7	15	3	- Played at RWC Sevens 2018 - Helped Brazil qualify for RWC Sevens 2022 as winners of the Sudamérica Rugby Sevens in Uruguay in November - Made Brazil debut on Series in Langford in 2019 - Former athlete in modern heptathlon, becoming interested in rugby after Rio 2016 Olympic Games - Played one test v Colombia in August 2019 (15s)

Info correct at time of going to publication



## CANADA

**Head coach:** Jack Hanratty

**Captain:** Breanne Nicholas

**RWC Sevens record:** 2009 – Plate finalists (sixth) / 2013 – Runners-up / 2018 – Seventh

**2022 seeding:** 5

### Did you know...?

- Canada qualified for RWC Sevens 2022 by winning the Rugby Americas North regional qualifier
- Canada were runners-up at RWC Sevens 2013 in Moscow, losing 29-12 to New Zealand in the final
- Canada finished seventh on the 2022 Series with fifth place on home soil in Langford their best result
- Three of Canada's squad played at RWC Sevens 2018 in Pamphinette Buisa, Breanne Nicholas and Olivia Apps

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Jack Hanratty (head coach)	09/05/89 (33)						- First RWC Sevens - Confirmed as permanent head coach in August, having been in an interim head coach role since October 2021 and stepped down as assistant coach for Canada 15s team as a result - Acted as assistant coach for Fast Four invitational events in September 2021 - Previously Canada women's 15s assistant coach, head coach of U20 women's 15s team and Rugby Canada Academy Coach
1	Florence Symonds	20/05/02 (20)	188	75	1	15	3	- First RWC Sevens - Made Canada debut on Series in Langford in 2022 - Helped Canada win RAN Sevens Qualifier in Bahamas to qualify for RWC Sevens 2022
2	Krissy Scurfield	15/06/03 (19)	168	66	4	40	8	- First RWC Sevens - Played at Commonwealth Games 2022

								- Made Canada debut on Series in Dubai (R1) in November 2021
3	Pamphinette Buisa	28/12/96 (25)	180	84	13	35	7	- Played at RWC Sevens 2018 - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Langford in 2018 - Played seven tests for Canada from 2017 and 2021-22, including three in the World Rugby Pacific Four Series in June 2022 (15s) - Named as a non-travelling reserve for RWC 2021 (15s) - Studying Political Science with minor in Social Justice - Helped create the Vancouver Island Steps Up community relief fund, which raised more than CAN\$15,000 to help local people struggling with COVID-19
4	Breanne Nicholas (captain)	20/02/94 (28)	163	65	25	236	20	- Played at RWC Sevens 2018 - Played at Commonwealth Games 2018 and 2022 - Taken over captaincy following retirement of Ghislaine Landry – named co-captain with Olivia Apps for this tournament - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Sao Paulo in 2016
5	Nakisa Levale	12/03/97 (25)	177	75	6	30	6	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai (R1) in 2021 - Made test debut v USA in World Rugby Pacific Four Series on 1 November (15s) - Younger sister Tausani played for Canada in Dubai and Sydney on 2018 Series
6	Emma Chown	17/12/95 (26)	173	73	13	35	7	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai in 2017
7	Chloe Daniels	27/04/03 (19)	174	68	4	12	2	- First RWC Sevens - Played at Commonwealth Games 2022 - Last played on 2022 Series in Seville in January - Made Canada debut on Series in Dubai (R1) in 2021
8	Olivia de Couvreur	22/02/00 (22)	177	79	6	35	7	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai (R1) in November 2021

## Women's team profiles and biographies

**SOUTH AFRICA 2022**

								- Bronze medallist at Youth Olympic Games in 2018
9	Olivia Apps	01/12/98 (23)	165	70	11	73	7	- Played at RWC Sevens 2018 - <a href="#">WATCH: Her story in the Remarkables series</a> - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in 2018 in Sydney
10	Fancy Bermudez	27/05/02 (20)	162	75	6	5	1	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai (R1) in 2021 - Been part of Rugby Canada Development Academy
11	Piper Logan	13/07/01 (21)	152	60	0	0	0	- First RWC Sevens - Played at Commonwealth Games 2022 - Yet to play for Canada on World Series
12	Keyara Wardley	27/01/00 (22)	167	67	7	60	12	- First RWC Sevens - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Bronze medallist at Youth Olympic Games 2018 in Buenos Aires - Made Canada debut on Series in Kitakyushu in 2019 - 14 years of tap dancing before turning to rugby

*Info correct at time of going to publication*

## CHINA

**Head coach:** Osea Kolinisau

**Captain:** Liu Xiaoqian

**RWC Sevens record:** 2009 – Bowl winners / 2013 – Bowl semi-finalists / 2018 – 12th

**2022 seeding:** 12

### Did you know...?

- China qualified for RWC Sevens 2022 by finishing as runners-up to Japan in the Asia Rugby Sevens Series in November 2021
- China reached the semi-finals of the World Rugby Sevens Challenger Series 2022 in Chile in August, defeat to Poland ending their hopes of a return to the World Rugby Sevens Series as a core team
- China have four players from RWC Sevens 2018 in their squad in Ruan Hong Ting, Yan Meiling, Chen Keyi and Liu Xiaoqian

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Lu Zhuan (head coach)	18/11/83 (38)						- First RWC Sevens - Assisted by Fiji's Rio 2016 Olympic winning captain Osea Kolinisau, who was head coach when China reached the semi-finals of the World Rugby Sevens Challenger Series 2022 in Chile in August - Head coach of China on World Series previously in 2018 and 2019
1	Ruan Hong Ting	06/10/95 (26)	180	73	6	20	4	- Played at RWC Sevens 2018 - Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023 - Played at Tokyo 2020 Olympic Games - Made China debut on Series in Glendale in 2018
2	Yan Meiling	14/01/97 (25)	163	70	7			- Played at RWC Sevens 2018 - Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023

								<ul style="list-style-type: none"> <li>- Played at Tokyo 2020 Olympic Games with China finishing seventh</li> <li>- Bronze medallist at Youth Olympic Games 2014</li> <li>- Last played on Series in Biarritz in 2019</li> <li>- Made China debut on Series in Kitakyushu in 2018</li> <li>- Captained China to silver medal at Asian Games 2018</li> </ul>
3	Wang Xiao	12/10/98 (23)	180	75	2	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Made China debut on Series in Sydney in 2019</li> <li>- Played four tests for China at centre in 2019 (15s)</li> </ul>
4	Zhao Ying	07/01/97 (25)	164	63	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for China on World Series</li> <li>- Played in Series qualifier in Hong Kong in 2017</li> </ul>
5	Lyu Hewen	01/08/96 (26)	168	57	2	15	3	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made China debut on Series in Langford in 2019</li> </ul>
6	Sun Yue	31/12/99 (22)	170	68	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Yet to play for China on World Series</li> </ul>
7	Chen Keyi	23/07/95 (25)	171	69	16			<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2013 and 2018</li> <li>- Captained China in World Rugby Sevens Challenger Series 2022, finished third to miss out on core team place for 2023</li> <li>- Played at Tokyo 2020 Olympic Games with China finishing seventh</li> <li>- First invitational team player to make a Dream Team, in Kitakyushu in 2018</li> <li>- Made China debut on Series in Guangzhou, China, in 2013</li> <li>- Silver medallist at Asian Games 2018</li> </ul>
8	Zhou Yan	05/06/98 (24)	170	70	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Yet to play for China on World Series</li> </ul>
9	Xu Xiaoyan	29/01/98 (22)	167	65	1			<ul style="list-style-type: none"> <li>- First RWC Sevens</li> </ul>

								<ul style="list-style-type: none"> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Played at Tokyo 2020 Olympic Games with China finishing seventh</li> <li>- Made China debut on Series in Hamilton in 2020</li> </ul>
10	Gu Yaoyao	22/11/95 (26)	168	67	5	34	4	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Played at Tokyo 2020 Olympic Games with China finishing seventh</li> <li>- Made China debut on Series in Dubai in 2018</li> </ul>
11	Liu Xiaoqian (captain)	16/02/96 (23)	160	59	6			<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where China finished third to miss out on core team place for 2023</li> <li>- Played at Tokyo 2020 Olympic Games with China finishing seventh</li> <li>- Bronze medallist at Youth Olympic Games 2014</li> <li>- Made China debut on Series in Kitakyushu in 2018</li> <li>- Silver medallist at Asian Games 2018</li> </ul>
12	Yang Danxu	07/07/99 (23)	166	67	1	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made China debut on Series in Biarritz in 2019</li> </ul>

*Info correct at time of going to publication*



## COLOMBIA

**Head coach:** Sebastian Mejia

**Captain:** Camilla Lopera

**Nickname:** Las Tucanes

**RWC Sevens record:** Will make debut at South Africa 2022

**2022 seeding:** 15

### Did you know...?

- Colombia qualified for RWC Sevens 2022 by finishing second in the Sudamérica Rugby qualifier
- Colombia played at the Rio 2016 Olympic Games, finishing 12th
- They have played one round of the World Rugby Sevens Series, in Atlanta in 2015-16
- Colombia played at the recent World Rugby Sevens Challenger Series 2022 in Chile, finishing eight

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Sebastian Mejia (head coach)</i>	<i>30/09/89 (32)</i>						<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Coached Colombia at the World Rugby Sevens Challenger Series 2022 in Santiago, Chile, in August</li> <li>- Former Colombia sevens and 15s captain</li> <li>- Played 27 tests for Colombia from 2010-18</li> </ul>
1	Maribel Mestra	13/07/01 (21)	168	62	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Yet to play for Colombia on World Series</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> </ul>



								- Made test debut against Brazil in March 2020 in second row (15s)
2	Carmen Ibarra	24/08/00 (22)	176	73	0	0	0	- First RWC Sevens - Yet to play for Colombia on World Series - Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020 - Played at the Youth Olympic Games 2018 in Buenos Aires - Bronze medallist at the Pan American Games 2019 - Started playing rugby at age of 11
3	Marcela Osorio	15/06/00 (22)	163	58	0	0	0	- First RWC Sevens - Yet to play for Colombia on World Series - Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020 - Played at the Youth Olympic Games 2018 in Buenos Aires - Started playing rugby at age of 15
4	Daniela Alzate	20/12/98 (23)	163	60	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth - Yet to play for Colombia on World Series - Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020 - Bronze medallist at the Pan American Games 2019 - Made test debut against Brazil in March 2020 off the bench (15s) - Started playing rugby at age of 12
5	Valentina Alvarez	04/04/00 (22)	170	71	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth - Yet to play for Colombia on World Series - Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020 - Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s) - Made test debut against Brazil in Colombia's first recognised test in August 2019 (15s)
6	Valeria Muñoz	28/10/01 (20)	170	68	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth

								<ul style="list-style-type: none"> <li>- Yet to play for Colombia on World Series</li> <li>- Played at the Youth Olympic Games 2018 in Buenos Aires</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> <li>- Made test debut in RWC 2021 qualifier v Kenya in August 2021 (15s)</li> <li>- Started playing rugby at age of 16</li> </ul>
7	Maria Isabel Arzuaga	15/04/98 (24)	175	78	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Captained Colombia in World Rugby Sevens Challenger Series 2022 where they finished eighth</li> <li>- Yet to play for Colombia on World Series</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> <li>- Scored 13 points in win v Kazakhstan in semi-final and only points v Scotland (15s)</li> <li>- Had scored all 16 points in 16-15 win over Kenya in August 2021 that saw Colombia reach the RWC 2021 Final Qualification Tournament</li> <li>- Bronze medallist at the Pan American Games 2019</li> <li>- Made test debut against Brazil in Colombia's first recognised test in August 2019 (15s) - Started playing rugby at age of 18</li> </ul>
8	Sara Florez	12/07/96 (26)	157	50	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Yet to play for Colombia on World Series</li> <li>- Played in World Series qualifier in 2017</li> </ul>
9	Camilla Lopera (captain)	18/04/95 (27)	155	55	1	11	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Only player in squad with World Series experience, having made her debut in Atlanta in 2016</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Played at Rio 2016 Olympic Games</li> </ul>

								<ul style="list-style-type: none"> <li>- Bronze medallist at the Pan American Games 2019</li> <li>- Played at Pan American Games in 2015 in Toronto</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> <li>- Made test debut against Brazil in Colombia's first recognised test in August 2019 at fly-half (15s)</li> <li>- Started playing rugby at age of 18</li> </ul>
10	Laura Mejia	09/08/00 (22)	173	58	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Yet to play for Colombia on World Series</li> <li>- Played at the Youth Olympic Games 2018 in Buenos Aires</li> <li>- Bronze medallist at the Pan American Games 2019</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> <li>- Made test debut against Brazil in Colombia's first recognised test in August 2019 at fly-half, scoring a try in the 28-7 victory (15s)</li> </ul>
11	Juliana Soto	20/05/99 (23)	169	58	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Yet to play for Colombia on World Series</li> <li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li> <li>- Younger sister Leidy Soto has also played sevens and 15s for Colombia</li> </ul>
12	Valentina Tapias	27/05/01 (21)	172	61	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series 2022 where Colombia finished eighth</li> <li>- Played at World Rugby Sevens Repechage in Monaco for Tokyo 2020</li> <li>- Yet to play for Colombia on World Series</li> <li>- Captained Colombia at the Youth Olympic Games 2018 in Buenos Aires</li> <li>- Bronze medallist at the Pan American Games 2019</li> </ul>

									<ul style="list-style-type: none"><li>- Played in RWC 2021 Final Qualification Tournament in 2022 where Colombia lost 59-3 to Scotland to miss out on New Zealand (15s)</li><li>- Made test debut against Brazil in March 2020 at scrum-half (15s)</li><li>- Started playing rugby at age of 15</li></ul>
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*Info correct at time of going to publication*



## ENGLAND

**Head coach:** James Rodwell

**Co-captains:** Abbie Brown and Megan Jones

**RWC Sevens record:** 2009 – Plate winners / 2013 – Plate runners-up / 2018 – Challenge Final winners (ninth)

**2022 seeding:** 8

### Did you know...?

- England qualified for RWC Sevens 2022 via the European qualifier in Bucharest, Romania in July
- Of the squad, only Abbie Brown and Amy Wilson Hardy have played in a Rugby World Cup Sevens before

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	James Rodwell (head coach)	23/08/84 (38)			93	500	100	<ul style="list-style-type: none"> <li>- First RWC Sevens as coach</li> <li>- Silver medallist with England as player at RWC Sevens 2013 and 2018</li> <li>- Also played at RWC Sevens 2009</li> <li>- Appointed women's head coach on 13 December, 2021</li> <li>- Had been acting men's head coach for four rounds of 2022 Series while Simon Amor was with England in Six Nations as 15s attack coach</li> <li>- Retired from playing at end of 2019 Series as most-capped player in Series history (93 events) and scoring 100 tries</li> <li>- Silver medallist with Great Britain at Rio 2016 Olympic Games</li> <li>- Bronze medallist at Commonwealth Games 2018 on Gold Coast</li> <li>- Played at Commonwealth Games in 2010 and 2014</li> <li>- Made England debut on Series in Edinburgh in 2008</li> </ul>
1	Jade Shekells	28/09/96 (25)	165	74	2	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Langford in 2022</li> </ul>

2	Abbie Brown (co-captain)	10/04/96 (26)	176	71	28 (26 ENG, 2 GBR)	232	46	<ul style="list-style-type: none"> <li>- Second RWC Sevens, having captained England to ninth place at RWC Sevens 2018</li> <li>- Co-captained Great Britain at the Tokyo 2020 Olympic Games</li> <li>- Captained England to bronze medal at Commonwealth Games in 2018, also played in 2022</li> <li>- Played for Great Britain in first two rounds of 2022 Series and England for remainder</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Captained England since 2016-17 Series</li> <li>- Made England debut on Series in Sao Paulo in 2016</li> <li>- Signed up as community response volunteer during COVID-19 lockdown</li> <li>- Played five tests for England in 2015 Women's Six Nations (15s)</li> </ul>
3	Alicia Maude	17/05/02 (20)	161	65	6 (4 ENG, 2 GBR)	19	3	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Malaga in 2022, having played for Great Britain in Dubai rounds</li> </ul>
4	Grace Crompton	30/10/01 (20)	170	64	5 (3 ENG, 2 GBR)	45	9	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Malaga in 2022, having played for Great Britain in the opening rounds in Dubai</li> </ul>
5	Heather Cowell	23/01/96 (26)	169	67	5 (3 ENG, 2 GBR)	45	9	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Malaga in 2022, having played for Great Britain in the opening rounds in Dubai</li> <li>- Made England test debut in November on wing against Canada, marking occasion with a two-try haul in 51-12 victory (15s)</li> <li>- Also started and scored in 89-0 win v USA in November (15s)</li> </ul>
6	Lauren Torley	02/09/99 (23)	172	67	2	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Langford in 2022</li> </ul>

## Women's team profiles and biographies

**SOUTH AFRICA 2022**

7	Emma Uren	01/10/97 (24)	167	68	14 (12 ENG, 2 GBR)	151	29	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played for Great Britain in first two rounds of 2022 Series and England thereafter</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Glendale in 2018</li> <li>- Nominated for Rookie of the Year for 2019 World Series</li> <li>- Half Swedish</li> </ul>
8	Celia Quansah	25/10/95 (26)	175	82	8	95	19	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Glendale in 2018</li> <li>- Her partner Megan Jones is also in the squad</li> <li>- Represented England in heptathlon and won long jump at 2011 School Games</li> <li>- Only made switch to rugby aged 21</li> <li>- Sister Jenny competed for Great Britain in gymnastics</li> </ul>
9	Isla Norman-Bell	21/02/00 (22)	160	57	4	38	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022</li> <li>- Made England debut on Series in Malaga in 2022</li> </ul>
10	Megan Jones (co-captain)	23/10/96 (25)	165	69	16 (14 ENG, 2 GBR)	168	16	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Bronze medallist at Commonwealth Games in 2018, also played in 2022</li> <li>- Co-captained Great Britain at the Tokyo 2020 Olympic Games</li> <li>- Made England debut on Series in Kitakyushu in April 2017</li> <li>- Her partner Celia Quansah is also in the squad</li> <li>- Played 12 tests for England from 2015-17 and 2020-21 (15s)</li> <li>- Rugby World Cup 2017 runner-up with England (15s)</li> </ul>
11	Ellie Boatman	13/05/97 (25)	165	64	6 (3 ENG, 2 GBR)	75	15	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Commonwealth Games 2022, scoring a team-high seven tries</li> <li>- Made England debut on Series in Malaga in 2022 after playing first two rounds for Great Britain</li> </ul>

12	Amy Wilson Hardy	13/09/91 (30)	168	70	35 (33 ENG, 2 GBR)	235	47	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Most-capped player for England in Series history</li> <li>- Played for Great Britain in first two rounds of 2022 Series and England thereafter</li> <li>- Played for Great Britain at Rio 2016 Olympic Games</li> <li>- Bronze medallist at Commonwealth Games in 2018, also played in 2022</li> <li>- Made England debut on Series in Dubai in 2013</li> <li>- Women's Rugby World Cup 2017 runner-up with England (15s)</li> <li>- Played 10 tests for England from 2013-17 (15s)</li> <li>- Started playing rugby as prop at U15 level before moving to wing</li> </ul>
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*Info correct at time of going to publication*





## FIJI

**Head coach:** Saiasi Fuli

**Captain:** Rusila Nagasau

**Nickname:** Fijiana

**RWC Sevens record:** 2009 – DNP / 2013 – Bowl finalists / 2018 – 11th

**2022 seeding:** 6

### Did you know...?

- Fiji qualified for RWC Sevens 2022 via results in the Oceania Rugby Sevens Championship in 2019 and the World Rugby Sevens Series 2020 after it was not possible to host the regional qualifier this year due to COVID-19 restrictions
- Fiji won their first Commonwealth Games medal at Birmingham 2022 with silver, losing to Australia in the gold medal match
- This followed on the back of their most successful World Series – reaching their first Cup finals in Dubai – and their historic bronze at the Tokyo 2020 Olympic Games
- Four of Fiji's squad played at RWC Sevens 2018 in Raijeli Daveau, Rusila Nagasau, Ana Maria Naimasi and Viniana Riwai

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Saiasi Fuli (head coach)	16/03/78 (44)			7			<ul style="list-style-type: none"> <li>- First RWC Sevens as Fiji coach</li> <li>- Appointed in December 2018 with Sydney 2019 his first Series event as head coach</li> <li>- Coached Fiji to historic bronze medal at Tokyo 2020 Olympic Games</li> <li>- Coached Fiji to first medals in Series history in opening rounds of the 2022 Series in Dubai</li> <li>- Coached Fiji to third place in 2022 Series, their best ever placing</li> <li>- Coached Fiji to silver medal at Commonwealth Games 2022</li> <li>- Oversaw men's team in first two rounds of 2022 Series before appointment of Ben Gollings</li> </ul>

								<ul style="list-style-type: none"> <li>- Assistant coach of Fiji Drua, who won Australia's NRC title in 2018 (15s)</li> <li>- Played seven series events for Fiji across 2001-02 and 2004-05 seasons</li> <li>- Played at Commonwealth Games in 2002</li> <li>- Played one test for Fiji in 2004 (15s)</li> <li>- Assistant coach of Fiji for World Rugby U20 Championship in 2013 (15s)</li> </ul>
1	Vasiti Solikoviti	02/08/93 (29)	176	75	17	70	14	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Silver medallist at Commonwealth Games 2022, also played in 2018</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Made Fiji debut on Series in Dubai in 2017</li> </ul>
2	Adi vani Buleki	23/10/00 (21)	176	79	4	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Silver medallist at Commonwealth Games 2022</li> <li>- Made Fiji debut on Series in Dubai (R1) in November 2021</li> </ul>
3	Raijieli Daveua	30/05/92 (30)	172	73	19	180	36	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018, scoring five tries</li> <li>- Silver medallist at Commonwealth Games 2022</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Named Fijiana Sevens Player of the Year in February 2021</li> <li>- Made Fiji debut on Series in Dubai in 2016 and was named 2016-17 Series Rookie of the Year</li> <li>- Stepped away from rugby to try to make the Fiji netball team for 2018 Commonwealth Games but missed out on selection</li> <li>- Dual international as also played netball for Fiji</li> </ul>
4	Rusila Nagasau (captain)	04/08/87 (35)	171	73	34	183	23	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2013 and 2018</li> <li>- Captained Fiji to an historic bronze medal at Tokyo 2020 Olympic Games – the first Olympic medal won by Fijian women</li> <li>- Carried the Fiji flag at the Opening Ceremony in Tokyo</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Captained Fiji to silver medal at Commonwealth Games 2022, having also played in 2018 Games</li> <li>- Captained Fiji to first ever Cup finals on Series in Dubai in 2021</li> <li>- Joint most-capped Fiji player in Series history with Ana Maria Roqica</li> <li>- Made Fiji debut on Series in Dubai in 2013</li> </ul>

								<ul style="list-style-type: none"> <li>- Co-captained Fijiana 15s team in November 2019 in 41-13 win over Samoa that secured their place at Rugby World Cup 2021 in New Zealand – first time qualified for RWC in 15s</li> </ul>
5	Verenaisi Bari	07/09/99 (23)	175	75	2	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- <b>Turned 23 on Wednesday of tournament week in Cape Town</b></li> <li>- Silver medallist at Commonwealth Games 2022</li> <li>- Made Fiji debut on Series in Langford in 2022</li> </ul>
6	Reapi Ulunisau	02/11/94 (27)	162	58	4	104	18	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Named in Dream Team for 2022 Series</li> <li>- Nominated for Rookie of the Year for 2022 Series</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Tokyo 2020 was her first global tournament with Fiji but she was one of stars of the tournament, finishing at top try and point scorer with eight/40</li> <li>- First player (male or female) to score four tries in an Olympic match v Brazil</li> <li>- Nominated for World Rugby Women's Sevens Player of the Year 2021</li> <li>- Silver medallist at Commonwealth Games 2022</li> <li>- Made Fiji debut on Series in Dubai (R1) in November 2021</li> </ul>
7	Lavenia Cavuru	28/06/94 (28)	168	64	7	72	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Silver medallist at Commonwealth Games 2022, also played in 2018</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Returned to Series action in Dubai, having last played in Kitakyushu in 2018</li> <li>- Made Fiji debut on Series in Clermont-Ferrand in 2017</li> <li>- Played twice for Fijiana 15s in November 2019, including twice against Samoa and scored 16 points in the crucial win that secured their place at Rugby World Cup 2021 for the first time (15s)</li> </ul>
8	Ana Maria Naimasi	21/02/94 (28)	165	67	26	273	51	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Silver medallist at Commonwealth Games 2022, also played in 2018</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Second Fijian to reach 50 tries on Series</li> <li>- Made Fiji debut on Series in Dubai in 2016</li> </ul>
9	Viniana Riwai	06/06/91 (31)	167	72	24	193	19	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2013 and 2018</li> <li>- Silver medallist at Commonwealth Games 2022, also played in 2018</li> </ul>

								<ul style="list-style-type: none"> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Made Fiji debut on Series in China in 2013</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Played football (soccer) for 15 years and played for Fiji at Pacific Games before switching to rugby</li> </ul>
10	Seseneli Donu	03/03/94 (28)	175	75	5	55	11	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Silver medallist at Commonwealth Games 2022</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Made Fiji debut on Series in Dubai (R1) in November 2021</li> </ul>
11	Alowesi Nakoci	18/08/91 (31)	169	68	8	105	21	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Nominated for World Rugby Women's Sevens Player of the Year 2021 in association with HSBC</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Made Fiji debut on Series in Las Vegas in 2017</li> <li>- Played twice for Fijiana 15s in November 2019, including the 41-13 win over Samoa that secured their place at Rugby World Cup 2021 for the first time.</li> <li>- Scored two tries in that decisive win over Samoa (15s)</li> </ul>
12	Lavenia Tinai	07/09/90 (32)	168	77	28	296	36	<ul style="list-style-type: none"> <li>- <b>Turned 32 on Wednesday of tournament week in Cape Town</b></li> <li>- First RWC Sevens</li> <li>- Silver medallist at Commonwealth Games 2022, also played in 2018</li> <li>- Bronze medallist at Tokyo 2020 Olympic Games</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Made Fiji debut on Series in Dubai in 2013</li> <li>- Played for Fijiana 15s in 41-13 win over Samoa in 2019 that secured their place at Rugby World Cup 2021 for the first time, scoring try in win just as she had done in pool meeting between sides earlier in tournament (15s)</li> </ul>

Info correct at time of going to publication



## FRANCE

**Head coach:** David Courteix

**Captain:** Jade Ulutule

**Nickname:** Les Bleues Sevens

**RWC Sevens record:** 2009 – Plate semi-finalists / 2013 – Bowl semi-finalists / 2018 – Runners-up

**2022 seeding:** 3

### Did you know...?

- France qualified for RWC Sevens 2022 as one of the semi-finalists in the last edition in 2018
- Three of that team will play in Cape Town in Chloé Pelle, Camille Grassineau and Carla Neisen, while Jade Ulutule played in 2013
- They come into RWC Sevens on the back of their best finish in a World Series with second place, beating their previous best of third in 2018

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	David Courteix (head coach)	30/05/72 (50)						<ul style="list-style-type: none"> <li>- Second RWC Sevens as coach</li> <li>- Named Coach of the Tournament at RWC Sevens 2018 where France won the silver medal</li> <li>- Coached France to silver medal at Tokyo 2020 Olympic Games as the only coach in women's event returning for a second Games</li> <li>- Coached France at Rio 2016 Olympic Games</li> <li>- Guided France to best finish on HSBC World Rugby Sevens Series with second in 2022</li> <li>- Sixth year as France women's sevens coach</li> </ul>
1	Séraphine Okemba	03/12/95 (26)	178	75	19	220	44	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Voted into the Dream Team for 2022 Series</li> <li>- Silver medallist at Tokyo 2020 Olympic Games, scoring five tries</li> </ul>

								<ul style="list-style-type: none"> <li>- Top try-scorer in World Rugby Sevens Repechage in Monaco with 10 tries as France qualified for Tokyo 2020</li> <li>- Made France debut on Series in Kitakyushu in 2017</li> </ul>
2	Iän Jason	18/01/97 (25)	165	51	6	35	7	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made France debut on Series in Dubai (R1) in November 2021</li> <li>- Played 10 tests for France from 2017-19, scoring three tries in the 2019 Women's Six Nations (15s)</li> </ul>
3	Chloé Pelle	14/11/89 (32)	162	70	38	270	54	<ul style="list-style-type: none"> <li>- Third RWC Sevens (2013, 2018)</li> <li>- Silver medallist at RWC Sevens 2018</li> <li>- Silver medallist at Tokyo 2020 Olympic Games</li> <li>- Became the fourth France player after Camille Grassineau, Fanny Horta and Shannon Izar to score 50 Series tries in Seville in 2022</li> <li>- Most-capped France player in Series history</li> <li>- Made France debut on Series in Amsterdam in 2013</li> <li>- Bronze medallist at women's Rugby World Cup 2017 (15s)</li> <li>- Women's Six Nations Grand Slam winner in 2018 (15s)</li> <li>- Played 19 tests for France from 2013-20 (15s)</li> </ul>
4	Lou Noël	25/11/00 (21)	165	67	5	35	7	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Father Mickaël Noël played for France at RWC Sevens 1997 as well as five Series events from 1999-2001</li> <li>- Silver medallist at Youth Olympic Games 2018</li> <li>- Made France debut on Series in Dubai (R1) in November 2021</li> </ul>
5	Jade Ulutule (captain)	12/10/92 (29)	164	64	21	479	53	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2013</li> <li>- Top point scorer on 2022 Series with 226</li> <li>- Silver medallist at Tokyo 2020 Olympic Games</li> <li>- Made France debut on Series in Amsterdam in 2013</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Bronze medallist at women's Rugby World Cup 2017 (15s)</li> <li>- Women's Six Nations Grand Slam winner in 2018 (15s)</li> <li>- Played 19 tests for France from 2013-21, most recently in the Women's Six Nations final loss to England in April (15s)</li> </ul>

6	Joanna Grisez	05/10/96 (25)	172	69	12	195	39	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped France qualify for Tokyo 2020, but ruled out of Olympic squad through injury</li> <li>- Made France debut on Series in Sydney in 2019</li> </ul>
7	Alycia Christiaaens	12/01/01 (21)	165	52	1	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Silver medallist at Youth Olympic Games 2018</li> <li>- Made France debut on Series in Toulouse in 2022</li> </ul>
8	Camille Grassineau	10/09/90 (30)	168	59	35	355	71	<ul style="list-style-type: none"> <li>- <b>Celebrates her 31st birthday on day two in Cape Town</b></li> <li>- Third RWC Sevens (2013, 2018)</li> <li>- Silver medallist at RWC Sevens 2018</li> <li>- Silver medallist at Tokyo 2020 Olympic Games</li> <li>- France's all-time top try scorer in Series history</li> <li>- Became first France player to score 50 tries on Series in Langford in 2019</li> <li>- Made France debut on Series in Amsterdam in 2013</li> <li>- Played at Rio 2016 Olympic Games – scoring first ever sevens Olympic try</li> <li>- Bronze medallist at women's Rugby World Cup 2017 (15s)</li> </ul>
9	Carla Neisen	08/03/96 (26)	163	70	20	120	24	<ul style="list-style-type: none"> <li>- Silver medallist at RWC Sevens 2018</li> <li>- Silver medallist at Tokyo 2020 Olympic Games</li> <li>- Made France debut on Series in Dubai in 2016</li> <li>- Played in Women's Six Nations 2021 at centre, including in final loss to England (15s)</li> <li>- Played for France in first-ever win over New Zealand in November 2018 (15s)</li> <li>- Bronze medallist at women's Rugby World Cup 2017 (15s)</li> <li>- Women's Six Nations Grand Slam winner in 2018 (15s)</li> </ul>
10	Yolaine Yengo	24/04/93 (29)	161	61	10	79	11	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made France debut on Series in Glendale in 2019</li> <li>- Born in New Caledonia</li> </ul>
11	Lilou Graciet	26/02/04 (18)	166	71	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for France on World Series</li> </ul>
12	Lili Dezou	08/07/04 (18)	169	65	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for France on World Series</li> </ul>

Info correct at time of going to publication

## IRELAND

**Head coach:** Aiden McNulty

**Captain:** Lucy Mulhall

**RWC Sevens record:** 2009 – DNP / 2013 – Plate semi-finalists / 2018 – Sixth

**2022 seeding:** 7

### Did you know...?

- Ireland qualified for RWC Sevens 2022 through the Rugby Europe regional qualifier in Bucharest in July
- Five players in the squad played at RWC Sevens 2018 in Stacey Flood, Ameer-Leigh Murphy Crowe, Kathy Baker, Lucy Mulhall and Eve Higgins
- Ireland reached their first ever Cup final on the World Series in Seville in 2022, losing to Australia
- They also won the bronze medal in Langford to finish in their best-ever position of fourth

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Aiden McNulty (Head coach)	21/10/87 (34)						- First RWC Sevens - Appointed head coach in November 2021 - Was Elite Performance Development Officer at Ulster Rugby from 2019
1	Erin King	21/10/03 (18)			6	10	2	- First RWC Sevens - Made Ireland debut on Series in Dubai (R1) in November 2021 - Stood out for Leinster in U18 Women's Interprovincial Championship
2	Katie Heffernan	08/09/98 (24)	165	67	14	30	6	- First RWC Sevens - <b>Turned 24 on eve of RWC Sevens 2022</b> - Returned on 2022 Series having last played in Dubai on 2020 Series - Made Ireland debut on Series in Langford in 2017 - Won All-Ireland U16 Camogie medal in 2012 with Westmeath



3	Stacey Flood	05/08/96 (26)	172	69	28	160	32	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Made Ireland debut on Series in Dubai in 2015</li> <li>- Spent time in Australia in 2017, playing for Bond University in the Aon University Sevens Series</li> <li>- Elder sister Kim played sevens and 15s for Ireland</li> <li>- Played 10 tests for Ireland from 2021-22, including three matches in the Women's Six Nations 2022 at centre (15s)</li> <li>- Made test debut in Women's Six Nations 2021 against Wales (15s)</li> <li>- Played Gaelic football in Dublin before switching to rugby</li> </ul>
4	Brittany Hogan	19/09/98 (23)	169	72	15	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Ireland debut on Series in Dubai in 2018</li> <li>- Played 10 tests for Ireland from 2020-22, including three matches in the Women's Six Nations 2022 (15s)</li> <li>- Made her test debut in Women's Six Nations 2020 against Italy (15s)</li> </ul>
5	Amee-Leigh Murphy Crowe	26/04/95 (27)	168	64	34	670	134	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Named in Dream Team for 2019 and 2022 Series</li> <li>- Gilbert Top Try-scorer on 2019 (35) and 2022 (36) Series – the first northern hemisphere player to claim the accolade</li> <li>- Most-capped Ireland player on World Series</li> <li>- First Irish player to score 100 Series tries, a feat achieved in Dubai in November 2021</li> <li>- Has captained Ireland in absence of regular captain Lucy Mulhall</li> <li>- Made Ireland debut on Series in Guangzhou in 2014</li> <li>- Played nine tests for Ireland from 2021-22, including three matches in the Women's Six Nations 2022 at centre (15s)</li> <li>- Made her test debut in Women's Six Nations 2021 against France (15s)</li> </ul>
6	Kathy Baker	23/06/98 (23)	169	68	12	15	3	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Last played on Series in Seville in January 2022</li> <li>- Made Ireland debut on Series in Kitakyushu in 2018</li> <li>- Played in Aon University Sevens 2018 for Bond University as part of development placement</li> <li>- Grandfather played for Ireland (15s)</li> </ul>

7	Béibhinn Parsons	30/11/01 (20)	168	72	6	90	18	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Ireland debut on Series in Sydney in 2019 – her only event until playing five rounds of the 2022 Series</li> <li>- Scored eight tries in 18 tests for Ireland from 2018-22 (15s)</li> <li>- Made test debut in November 2018, coming off bench against USA and England, at age of 16 – becoming Ireland's youngest ever senior rugby international (15s)</li> </ul>
8	Megan Burns	09/04/00 (22)	168	61	13	40	8	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Ireland debut on Series in Kitakyushu in 2019</li> </ul>
9	Lucy Mulhall (captain)	29/09/93 (28)	163	61	28	533	34	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Became 18th player in Series history to score 500 points in Langford</li> <li>- Made Ireland debut on Series in Dubai in 2015 – captaining Ireland in every tournament played</li> <li>- First cousin Anna Doyle has also played sevens for Ireland</li> <li>- Played five tests for Ireland from 2021-22, including three matches in the Women's Six Nations 2022 Italy (15s)</li> <li>- Played Gaelic football for Ireland before switching to rugby sevens in 2015</li> </ul>
10	Eve Higgins	23/06/99 (23)	173	70	22	241	41	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Made Ireland debut on Series in Dubai in 2017</li> <li>- Played in Aon University Sevens 2018 for Bond University as part of development placement</li> <li>- Played nine tests for Ireland from 2021-22, including three matches in the Women's Six Nations 2022 (15s)</li> <li>- Made her test debut in Women's Six Nations 2021 against Wales (15s)</li> </ul>
11	Kate Farrell McCabe	04/01/00 (22)	167	57	6	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Ireland debut on Series in Dubai (R1) in November 2021</li> </ul>
12	Emily Lane	10/01/99 (23)	164	60	13	20	4	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Ireland debut on Series in Sydney in 2019</li> <li>- Captained Ireland U18 Sevens team in 2017</li> <li>- Played six tests for Ireland in 2021, having made her debut in the Women's Six Nations against Wales (15s)</li> </ul>

Info correct at time of going to publication

## JAPAN

**Head coach:** Takashi Suzuki

**Captain:** Yume Hirano

**Nickname:** Sakura Sevens

**RWC Sevens record:** 2009 – Bowl quarter-finalists / 2013 – Bowl quarter-finalists / 2018 – Challenge Final runners-up (10th)

**2022 seeding:** 11

### Did you know...?

- Japan qualified for RWC Sevens 2022 by winning the Asia Rugby qualifier
- Four players in the squad played at RWC Sevens 2018 in Chiharu Nakamura, Fumiko Otake, Yume Hirano and Yume Okuroda
- Japan regained core team status for the World Rugby Sevens Series 2022 after winning the Challenger Series in Chile in August – all 12 players from that tournament are named for RWC Sevens 2022

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Takashi Suzuki (head coach)	18/01/81 (41)						<ul style="list-style-type: none"> <li>- Coached Japan to victory at the World Rugby Sevens Challenger Series in Chile in August 2022 to secure core status on 2022 World Series</li> <li>- Coached Japan to RWC Sevens 2022 qualification after winning the Asian qualifier in November 2021</li> <li>- Confirmed as head coach in December 2021, having been acting as interim coach</li> <li>- Former assistant coach of Japan men's sevens team</li> <li>- Coached Japan men's team at the 30th Summer Universidade 2019</li> </ul>
1	Chiharu Nakamura	25/04/88 (34)	162	64	20	132	20	<ul style="list-style-type: none"> <li>- Third RWC Sevens</li> <li>- Captained Japan at RWC Sevens 2013 and 2018</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> </ul>

								<ul style="list-style-type: none"> <li>- Japan's most-capped player, top points and try-scorer in Series history</li> <li>- Played at Rio 2016 Olympic Games, unused travelling reserve for Tokyo 2020 after coach opted for youth</li> <li>- Captained Japan to first ever Asian Games gold in 2018</li> <li>- Made Japan debut on Series in Houston in 2013</li> <li>- First played for Sakura Sevens in 2011</li> <li>- Played basketball for 12 years but wanted to try a contact sport after leaving university and picked rugby</li> <li>- Helped set up Nanairo PRISM FUKUOKA, a new women's team with ties to local university to also help players plan for life after playing ... acts as player/coach</li> <li>- Played test rugby for Japan in 2012-13 (15s)</li> </ul>
2	Marin Kajiki	20/09/99 (22)	164	68	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Played at Tokyo 2020 Olympic Games on home soil, finishing 12th</li> <li>- Made Japan debut on Series in Langford in 2022</li> </ul>
3	Chiaki Saegusa	21/03/97 (25)	167	68	1	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made sevens debut for Japan in Asia Rugby Sevens Series event which the Sakura Sevens won to qualify for RWC Sevens 2022</li> <li>- Made Japan debut on Series in Langford in 2022</li> </ul>
4	Fumiko Otake	02/02/99 (23)	170	67	7	35	7	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Made Japan debut on Series in Sydney in 2018</li> <li>- Had only been playing rugby then for 18 months, ran with the ball in a basketball session and was recommended to try playing rugby</li> <li>- Gold medallist at Asian Games in 2018</li> <li>- Her father is Nigerian</li> </ul>
5	Sakura Mizutani	13/12/03 (18)	166	65	1	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> </ul>



								<ul style="list-style-type: none"> <li>- Made Japan debut on Series in Langford in 2022</li> <li>- Moved to New Zealand midway through junior high school, working on rugby and English at Hamilton Girls High School</li> </ul>
6	Yume Hirano (captain)	15/03/00 (22)	160	60	10	79	14	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Played at Tokyo 2020 Olympic Games on home soil, finishing 12th</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Last played on World Series in Dubai in December 2019</li> <li>- Made Japan debut on Series in Kitakyushu in 2017</li> <li>- Gold medallist at Asian Games in 2018</li> </ul>
7	Yume Okuroda	06/07/94 (26)	154	63	9	119	7	<ul style="list-style-type: none"> <li>- Third RWC Sevens</li> <li>- Played at RWC Sevens 2013 and 2018</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Gold medallist at Asian Games 2018</li> <li>- Made Japan debut on Series in Guangzhou, China, in 2013</li> </ul>
8	Mei Ohtani	28/05/00 (21)	162	61	1	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Played at Tokyo 2020 Olympic Games on home soil, finishing 12th</li> <li>- Made Japan debut on Series in Langford in 2022</li> </ul>
9	Mifuyu Koide	21/12/95 (25)	165	58	9	42	8	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Played at Rio 2016 and Tokyo 2020 Olympic Games</li> <li>- Made Japan debut on Series in Atlanta in 2014</li> </ul>
10	Hana Nagata	19/05/00 (22)	168	60	4	38	4	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Played at Tokyo 2020 Olympic Games on home soil, finishing 12th</li> <li>- Made Japan debut on series in Glendale in October 2019</li> </ul>

11	Wakaba Hara	06/01/00 (21)	156	56	2	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season</li> <li>- Japan's top try-scorer in the Challenger Series in Chile with 10, one less than Poland's Malgorzata Koldej</li> <li>- Played at Tokyo 2020 Olympic Games on home soil, finishing 12th</li> <li>- Made Japan debut on Series in Sydney in 2020</li> </ul>
12	Michiyo Suda	25/02/03 (19)	156	59	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Helped Japan win the World Rugby Sevens Challenger Series 2022 in August to secure return to World Series as core team for 2023 season, scoring six tries</li> <li>- Yet to play for Japan on World Series</li> </ul>

*Info correct at time of going to publication*



## MADASGASCAR

**Head coach:** Eric Randrianarison

**Captain:** Sarindra Sahondramalala

**Nickname:** Ladies Makis Sevens

**RWC Sevens record:** Make their debut at South Africa 2022

**2022 seeding:** 16

### Did you know...?

- Madagascar qualified for RWC Sevens 2022 as runners-up to South Africa in the Rugby Africa Women's Sevens 2022

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Eric Randrianarison (head coach)</i>	<i>16/11/69 (52)</i>						<i>- First RWC Sevens - Coached Madagascar at World Rugby Sevens Repechage for Tokyo 2020 Olympic Games - Former Madagascar men's 15s head coach</i>
1	Sarindra Sahondramalala (captain)	04/03/93 (29)	168	72	0	0	0	- First RWC Sevens - Yet to play on World Series for Madagascar - Played in World Rugby Sevens Repechage for Rio 2016 and Tokyo 2020 Olympic Games - Played in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s) - Also played v South Africa and Uganda, a 15-15 draw (15s)
2	Claudia Rasoarimalala	07/08/85 (37)	163	64	0	0	0	- First RWC Sevens - Yet to play on World Series for Madagascar - Played in World Rugby Sevens Repechage for Rio 2016 and Tokyo 2020 Olympic Games

								<ul style="list-style-type: none"> <li>- Played on wing in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa and Uganda, a 15-15 draw (15s)</li> </ul>
3	Delphine Raharimalala	30/04/94 (28)	167	63	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played as flanker in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa and Uganda, a 15-15 draw (15s)</li> </ul>
4	Felana Rakotoarison	21/01/93 (29)	170	78	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played in World Rugby Sevens Repechage for Rio 2016</li> </ul>
5	Joela Mirasoa Fenohasina	01/03/95 (27)	155	57	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa in same tournament (15s)</li> </ul>
6	Zoanah Fanantenana	10/02/03 (19)	158	60	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played twice as scrum-half against Kenya in Rugby Africa Women's Cup 2021 (15s)</li> </ul>
7	Ericka Razakaniaina	26/03/04 (18)	165	72	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> </ul>
8	Maria Bodonandrianina	16/03/97 (25)	167	60	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played in World Rugby Sevens Repechage for Rio 2016 and Tokyo 2020 Olympic Games</li> <li>- Played against South Africa and Uganda in Rugby Africa Women's Cup 2019 – Madagascar's first international tournament and a RWC 2021 qualifier (15s)</li> </ul>
9	Ginah Raharimalala	08/05/97 (25)	159	58	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> </ul>



								<ul style="list-style-type: none"> <li>- Played in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa and Uganda, a 15-15 draw (15s)</li> </ul>
10	Jinah Kelly Razanamahefa	26/05/00 (22)	154	53	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played on wing in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa and Uganda, a 15-15 draw (15s)</li> </ul>
11	Veronique Rasoanekena	17/06/97 (25)	159	63	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played in World Rugby Sevens Repechage for Tokyo 2020 Olympic Games</li> <li>- Played as centre in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier – scoring a try (15s)</li> <li>- Also played v Uganda, a 15-15 draw (15s)</li> <li>- Scored a hat-trick to help Madagascar claim their first test victory – against Kenya in the Rugby Africa Women's Cup 2021 (15s)</li> <li>- Also scored a try in second meeting with Kenya in Rugby Africa Women's Cup 2021 for record of five tries in four tests (15s)</li> </ul>
12	Monica Rasoloniaina	14/04/00 (22)	170	67	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play on World Series for Madagascar</li> <li>- Played in Madagascar's first ever international match, v Kenya in Rugby Africa Women's Cup 2019, an RWC 2021 qualifier (15s)</li> <li>- Also played v South Africa and Uganda, scoring try in a 15-15 draw against the latter (15s)</li> <li>- Played twice as second-row against Kenya in Rugby Africa Women's Cup 2021 (15s)</li> </ul>

*Info correct at time of going to publication*



## NEW ZEALAND

**Head coach:** Cory Sweeney

**Captain:** Sarah Hirini

**Nickname:** Black Ferns Sevens

**RWC Sevens record:** 2009 – Runners-up / 2013 – Champions / 2018 – Champions

**2022 seeding:** 2

### Did you know...?

- New Zealand qualified for RWC Sevens 2022 automatically as one of the 2018 semi-finalists
- They are bidding to become the first to win three successive Rugby World Cups – a feat the New Zealand men's team could also achieve in Cape Town. Sarah Hirini, Kelly Brazier and Portia Woodman have featured in both RWC Sevens success – while four others from their San Francisco 2018 winning team will be in Cape Town in Stacey Fluhler, Niall Williams, Michaela Blyde and Tenika Willison
- New Zealand have reached every RWC Sevens final, losing to 15-10 to Australia in extra-time in 2009 and winning the title back-to-back in 2013 and 2018
- New Zealand have completed the set of World Series, RWC Sevens, Olympic Games and Commonwealth Games titles

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Cory Sweeney (head coach)							- Confirmed as sole head coach in August 2021 after Allan Bunting stepped down from co-coach role - Coached New Zealand to Commonwealth Games 2022 gold medal in July - Named New Zealand Coach of the Year 2019, 2020 and 2021 with Allan Bunting as Black Ferns Sevens coaches - Stepped up from assistant coach in Kitakyushu with Allan Bunting granted leave, in charge for final three tournaments of the 2019 Series - Assistant coach since Rio 2016 before being named co-coach for 2020 Series

1	Risi Pouri-Lane	28/05/00 (22)	164	63	7	98	6	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022. Called into squad before 2018 gold medal match as an injury replacement but sat unused on bench</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Captained gold medal-winning side at Youth Olympic Games 2018</li> <li>- Only New Zealander to win gold at both Youth Olympic Games and Olympic Games</li> <li>- Represented New Zealand in judo (at Oceania Championships) and touch at age-grade level</li> <li>- Made New Zealand debut on Series in Dubai in 2018</li> <li>- Won two HSBC World Rugby Sevens Series titles</li> <li>- Sister Keilamarita played for Samoa in Olympic repechage for Rio 2016</li> </ul>
2	Shiray Kaka	26/03/95 (27)	168	68	14	150	30	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Won three HSBC World Rugby Women's Sevens Series titles</li> <li>- Made New Zealand debut on Series in Dubai in 2013</li> </ul>
3	Stacey Fluhler	03/11/95 (26)	173	73	17	260	52	<ul style="list-style-type: none"> <li>- Second RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2018</li> <li>- Won a Rugby World Cup in both sevens (2018) and 15s (2017)</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022</li> <li>- <a href="#">One of the Unstoppables in World Rugby's 'Women in Rugby' 'Try and Stop Us' campaign in May 2019</a></li> <li>- Named #13 in the World Rugby Women's 15s Dream Team of the Year in December 2021</li> <li>- Top try scorer on the abbreviated 2020 Series with 31</li> <li>- Named in Dream Team and Impact Player for the 2020 Series</li> <li>- Three-time HSBC World Rugby Sevens Series title winner</li> <li>- Made New Zealand debut on Series in Atlanta in 2016</li> </ul>
4	Niall Williams	21/04/88 (34)	174	76	27	205	41	<ul style="list-style-type: none"> <li>- Second RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2018</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022</li> </ul>

								<ul style="list-style-type: none"> <li>- Missed Tokyo 2020 Olympic Games due to a serious neck injury and only returned in Toulouse in May 2022</li> <li>- Made New Zealand debut on Series in Dubai in 2015</li> <li>- Won three HSBC World Rugby Sevens Series titles</li> <li>- Sister of former All Black and two-time RWC winner Sonny Bill Williams</li> </ul>
5	Sarah Hirini (captain)	09/12/92 (29)	177	76	40	350	70	<ul style="list-style-type: none"> <li>- Third RWC Sevens</li> <li>- Captained New Zealand to RWC Sevens 2018 victory and named Player of the Tournament (UL Mark of Excellence winner)</li> <li>- Gold medallist at RWC Sevens 2013</li> <li>- Won Rugby World Cups in both sevens (2013 and 2018) and 15s (2017)</li> <li>- Will become the first Black Ferns Sevens player to play in 50 international tournaments</li> <li>- Captained New Zealand to gold medal at Commonwealth Games 2018</li> <li>- Captained New Zealand to gold medal at Tokyo 2020 Olympic Games</li> <li>- Silver medallist at Rio 2016 Olympic Games</li> <li>- Six-time HSBC World Rugby Sevens Series title winner</li> <li>- Joint most-capped player in Series history alongside Sharni Williams (AUS) and Bianca Farella (CAN)</li> <li>- Nominated for World Rugby Women's Sevens Player of the Year three times – 2018, 2019 and 2021</li> <li>- Made New Zealand debut on Series in Dubai in inaugural event in 2012 and appointed captain for start of 2014-15 Series</li> <li>- Named Kelvin R Tremain Memorial Player of the Year 2021 – second female to receive the accolade after fellow Black Fern Kendra Cocksedge</li> <li>- Named Tom French Memorial Maori Player of the Year 2019 and 2021 – first female to receive the award</li> <li>- Has missed as many tournaments in 2022 as she had done in Series history before the pandemic with four. Played first 24 tournaments before missing last two of 2016-17 Series to prepare for RWC 2017 and then Dubai and Cape Town on 2020 Series due to injury</li> <li>- Made a Member of the New Zealand Order of Merit in Queen's Birthday Honours list for services to rugby</li> </ul>



6	Michaela Blyde	29/12/95 (26)	165	65	29	755	151	<ul style="list-style-type: none"> <li>- Second RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2018 and top try scorer with nine</li> <li>- Named Player of the Final at RWC Sevens 2018 after hat-trick against France</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022, finishing as top point (55) and try (11) scorer at Birmingham 2022</li> <li>- Gold medallist at Tokyo 2020 Olympic Games, scoring seven tries</li> <li>- Third highest try-scorer in Series history with 151</li> <li>- Named World Rugby Women's Sevens Player of the Year in both 2017 and 2018</li> <li>- Five-time HSBC World Rugby Sevens Series title winner</li> <li>- Made New Zealand debut on Series in Atlanta in 2014</li> <li>- Named Impact Player for 2016-17 and 2018 Series</li> </ul>
7	Jasmin Felix-Hotham	02/07/00 (22)	172	67	3	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Gold medallist at Commonwealth Games 2022</li> <li>- Made New Zealand debut on Series in Sydney in 2020 ... a week earlier in Hamilton had dressed as a beekeeper in stands cheering team on to the title</li> <li>- Won one HSBC World Rugby Sevens Series title</li> <li>- Was due to captain New Zealand at Youth Olympic Games in 2018 but was injured weeks out from event in Argentina and required shoulder reconstruction</li> </ul>
8	Kelly Brazier	28/10/89 (32)	173	68	33	531	89	<ul style="list-style-type: none"> <li>- Third RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2013 and 2018</li> <li>- Won two Rugby World Cups in sevens and two in 15s (2010 and 2017)</li> <li>- Gold medallist at Commonwealth Games 2018 – scored winning try after six minutes of extra-time in gold medal match v Australia – and 2022</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Silver medallist at Rio 2016 Olympic Games</li> <li>- Six-time HSBC World Rugby Sevens Series title winner</li> <li>- Made New Zealand debut on Series in Houston in 2013</li> </ul>
9	Tenika Willison	07/12/97 (24)	167	69	11	76	4	<ul style="list-style-type: none"> <li>- Second RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2018</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Won three HSBC World Rugby Women's Sevens Series titles</li> <li>- Made New Zealand debut on Series in Dubai in 2016</li> </ul>

10	Jorja Miller	08/02/04 (18)	167	71	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for New Zealand on World Series</li> </ul>
11	Portia Woodman	12/07/91 (31)	172	75	31	1,025	205	<ul style="list-style-type: none"> <li>- Third RWC Sevens</li> <li>- Gold medallist at RWC Sevens 2013 and 2018</li> <li>- Finished as top try-scorer at RWC Sevens 2013 with 12</li> <li>- Top try-scorer in RWC Sevens history with 18</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022, being the top point (40) and try (8) scorer on Gold Coast in 2018</li> <li>- Won Rugby World Cups in both sevens (2013 and 2018) and 15s (2017)</li> <li>- Finished as top try-scorer at RWC 2017 with 13 (15s)</li> <li>- Record try-scorer in Women's Series history, scoring her 200th try in Langford in 2022</li> <li>- Langford was her first Series event since Glendale in October 2018 after rupturing her Achilles tendon later that year</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Silver medallist at Rio 2016 Olympic Games</li> <li>- World Rugby Women's Sevens Player of the Year 2015</li> <li>- World Rugby Women's 15s Player of the Year 2017 – only player to win both sevens and 15s awards</li> <li>- Named World Rugby Women's Sevens Player of the Decade in December 2020 by fans, also named in World Rugby Women's 15s Dream Team</li> <li>- Made New Zealand debut on Series in Dubai in inaugural event in 2012</li> <li>- Four-time HSBC World Rugby Women's Sevens Series title winner</li> <li>- Scored a record five tries in a Series match twice (v USA in Atlanta and France in Sao Paulo in 2015)</li> <li>- Former netballer</li> </ul>
12	Alena Saili	13/12/98 (23)	180	75	3	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Gold medallist at Commonwealth Games 2018 and 2022</li> <li>- Gold medallist at Tokyo 2020 Olympic Games</li> <li>- Won three HSBC World Rugby Sevens Series titles</li> <li>- Made New Zealand debut on Series in Sydney in 2017</li> </ul>

Info correct at time of going to publication



## POLAND

**Head coach:** Janusz Urbanowicz

**Captain:** Karolina Jaszczyn

**RWC Sevens record:** Make debut at South Africa 2022

**2022 seeding:** 13

### Did you know...?

- Poland qualified for RWC Sevens 2022 via the European qualifier in Romania, Bucharest, in July
- Poland missed out on a core team place on the 2023 Series after losing 17-0 to Japan in the final of the World Rugby Sevens Challenger Series in Santiago, Chile, in August
- Poland made their World Rugby Sevens Series debut in 2022, playing in Malaga and Seville rounds with a Cup quarter-final appearance on debut

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Janusz Urbanowicz (head coach)	01/04/66 (56)						- First RWC Sevens - Coached Poland to runners-up in the World Rugby Sevens Challenger Series 2022 - Led Poland to the Rugby Europe Women's Sevens Championship 2022 title and qualification for RWC Sevens 2022 - Head coach when Poland played in the World Series qualifier in 2018 and 2019
1	Ilona Zaisliuc	10/10/97 (24)	172	72	0	0	0	- First RWC Sevens - Only change to squad that reached final of World Rugby Sevens Challenger Series in Chile in August - Yet to play for Poland on World Series
2	Julianna Schuster	17/05/97 (25)	158	56	0	0	0	- First RWC Sevens

								<ul style="list-style-type: none"> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Scored five tries in Challenger Series, including hat-trick v Papua New Guinea in pool stage</li> <li>- Yet to play for Poland on World Series</li> </ul>
3	Tamara Czumer-Iwin	16/01/91 (31)	173	65	1	5	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Made Poland debut on Series in Seville in 2022</li> </ul>
4	Małgorzata Kotdej	12/11/90 (31)	171	63	2	45	9	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Top try-scorer in Challenger Series event with 11 – including four against both Argentina and Papua New Guinea in the pool stage and two in semi-final against China</li> <li>- Made Poland debut on Series in Malaga in 2022, scoring five tries</li> <li>- Scored Poland's first ever Series try, v USA in Malaga</li> <li>- Scored a hat-trick as Poland beat Canada 17-14 to record their first Series win</li> <li>- Voted into Malaga Dream Team by fans – the first player from an invitational team to make Dream Team since China's Chen Keyi in Kitakyushu in 2018</li> <li>- Started playing rugby at age of 28, playing in Copenhagen Scandinavian Open Sevens in 2018</li> </ul>
5	Marta Morus	09/08/03 (19)	176	60	2	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Made Poland debut on Series in Malaga in 2022</li> </ul>



6	Katarzyna Paszczyk	26/04/93 (289)	166	67	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Scored six tries in Challenger Series</li> <li>- Yet to play for Poland on World Series</li> </ul>
7	Anna Klichowska	25/03/93 (29)	178	72	2	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Scored four tries in Challenger Series</li> <li>- Made Poland debut on Series in Malaga in 2022</li> <li>- Played in World Series qualifiers in 2018 and 2019</li> <li>- Started playing rugby in Wroclav at age of 21</li> </ul>
8	Karolina Jaszczyszyn (captain)	06/06/88 (23)	165	62	1	14	2	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Made Poland debut on Series in Seville in 2022</li> <li>- Played in World Series qualifiers in 2018 and 2019</li> <li>- Started playing rugby in Gdansk aged 21 in 2009</li> </ul>
9	Hanna Maliszewska	19/04/92 (29)	169	62	2	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> <li>- Made Poland debut on Series in Malaga in 2022</li> <li>- Played in World Series qualifiers in 2018 and 2019</li> <li>- Started playing rugby aged 21 in Gdansk</li> </ul>
10	Julia Druzgała	28/04/04 (17)	172	62	2	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023</li> </ul>

								- Made Poland debut on Series in Malaga in 2022
11	Natalia Pamięta	28/08/99 (22)	174	71	2	11	1	- First RWC Sevens - Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023 - Made Poland debut on Series in Malaga in 2022 - Played in World Series qualifiers in 2018 and 2019 - Started playing rugby against 18 in Poznan
12	Sylvia Witkowska	14/04/96 (25)	174	71	2	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series in Chile in August where Poland reached the final, losing 17-0 to Japan to miss out on a core team place on World Series in 2023 - Scored three tries in Challenger Series – all against Papua New Guinea in pool match - Made Poland debut on Series in Malaga in 2022 - Played in World Series qualifiers in 2019 - Started playing rugby aged 14 in Sochaczew

*Info correct at time of going to publication*



## SOUTH AFRICA

**Head coach:** Paul Delpont

**Co-captains:** Mathrin Simmers and Sizophila Solontsi

**Nickname:** Imbokodo Sevens

**RWC Sevens record:** 2009 – Semi-finalists / 2013 – Bowl quarter-finalists / 2018 – 14th

**2022 seeding:** 14

### Did you know...?

- South Africa qualified for RWC Sevens 2022 as the host nation
- South Africa won the Rugby Africa Women's Sevens 2022 title, beating Madagascar in the final
- Four of South Africa's squad played at RWC Sevens 2018 in Zintle Mpupha, Eloise Webb, Mathrin Simmers and Nadine Roos

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Paul Delpont (head coach)				30	229	45	<ul style="list-style-type: none"> <li>- Played for South Africa at RWC Sevens 2009</li> <li>- Coached South Africa at RWC Sevens 2018</li> <li>- Coached South Africa at Commonwealth Games in 2018 and 2022, having played in 2010</li> <li>- Made South Africa debut on Series in Dubai in 2003</li> <li>- Last tournament on Series was Glasgow at end of 2012-13 series</li> <li>- Won World Series with South Africa in 2008-09</li> <li>- Played for South Africa at U21 level (15s)</li> </ul>
1	Lerato Makua	07/12/99 (22)	174	70	1	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made South Africa debut on Series in Toulouse in 2022</li> <li>- Played seven tests for South Africa from 2021-22 – including RWC 2021 warm-up matches against Japan and Spain in July and August (2)</li> <li>- Made test debut v Wales in November 2021 (15s)</li> </ul>

								- Also played against Barbarians Women in November 2021 (15s)
2	Unathi Elis Mali	03/12/89 (32)	172	72	1	0	0	- First RWC Sevens - Called into squad on eve of tournament, replacing Asisipho Plaatjies - Played at Commonwealth Games 2022 - Made South Africa debut on Series in Dubai in 2017
3	Ayanda Malinga	23/06/88 (33)	167	68	1	10	2	- First RWC Sevens - Made South Africa debut on Series in Toulouse in 2022 - Played eight tests for South Africa, two in 2019 and 2021 and four in 2022 (15s) - Scored seven tries in 2022, including braces in wins over Japan and Spain in RWC 2021 warm-up matches (15s) - Has record of 10 tries in eight tests (15s) - Scored tries v Uganda and Madagascar (2) in Rugby Africa Women's Cup in 2019, helping South Africa qualify for RWC 2021 (15s) - Scored try in non-cap match v Barbarians Women last November (15s)
4	Zintle Mpupha	25/12/93 (27)	161	69	5	30	6	- Played at RWC Sevens 2018 - Released by Premier 15s club Exeter Chiefs to play in Toulouse, where South Africa were the invitational team - Made South Africa debut on Series in Amsterdam in 2014 - Played at Commonwealth Games 2018 - Scored 15 tries in as many tests for South Africa from 2018-22 (15s) - Played six tests in 2022, scoring five tries in the Rugby Africa Women's Cup in June (15s) - Started all three matches of RWC 2021 African regional qualifier on home soil in August at centre, scoring four tries, which South Africa won (15s) - Scored four tries against Kenya in 66-0 victory in August 2021 (15s)
5	Marlize de Bruin	11/11/94 (27)	168	70	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series in Chile in August - Yet to play for South Africa on World Series
6	Felicia Jacobs	07/04/98 (24)	148	44	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series in Chile in August - Played at Commonwealth Games 2022, scoring a hat-trick v Sri Lanka - Yet to play for South Africa on World Series

								- Played five tests for South Africa from 2018-21, scoring try v Kenya (15s)
7	Eloise Webb	05/03/96 (26)	165	64	4	0	2	- Played at RWC Sevens 2018 - Played in Toulouse in May where South Africa were the invitational team - Made South Africa debut on Series in Dubai in 2016 - Played at Commonwealth Games in 2018 - Played provincial netball and cricket - Scored hat-trick on test debut v Uganda in RWC 2021 qualifier in August 2019 (15s) - Played four tests in 2021, two v Kenya and away in France and Wales (15s)
8	Sizophila Solontsi (co-captain)	09/03/92 (30)	166	76	2	0	0	- First RWC Sevens - Played in Toulouse in May where South Africa were the invitational team - Made South Africa debut on Series in Cape Town in December 2019 - Played 13 tests for South Africa from 2019-22, scoring two tries in a 66-0 victory over Kenya in 2021 and again in 108-0 win over Zimbabwe in 2022 (15s) - Played in RWC 2021 warm-up matches against Japan and Spain (twice) (15s)
9	Nadine Roos	09/05/96 (26)	164	62	4	57	9	- Played at RWC Sevens 2018 - Played in Toulouse in May where South Africa were the invitational team - Made South Africa debut on Series in Dubai in 2016 - Played at Commonwealth Games in 2018 - Played in all six of South Africa's tests in 2022, scoring tries v Zimbabwe, Namibia (2) and Spain (twice) (15s) - Made test debut in November 2021, playing v France and Wales as winger (15s) - Raised by her grandmother after being abandoned by her mother as a young child
10	Mathrin Simmers (co-captain)	03/03/88 (34)	162	64	13	30	6	- Third RWC Sevens - Played at RWC Sevens 2013 and 2018 - Played in World Rugby Sevens Challenger Series in Chile in August - Played at Commonwealth Games in 2018 and 2022 - Played in Toulouse in May where South Africa were the invitational team - Made South Africa debut on Series in the inaugural event in Dubai in 2012 - Played five tests for South Africa, three in 2013 and two in 2019 (15s)



11	Simamkele Namba	03/10/98 (23)	152	72	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for South Africa on World Series</li> <li>- Made South Africa test debut against Wales in November 2021 (15s)</li> <li>- Played five tests in 2022, scoring four tries against Namibia in the Rugby Africa Women's Cup 2022 in June (15s)</li> <li>- Also scored tries v Japan and Spain in RWC 2021 warm-up matches in July and August (15s)</li> </ul>
12	Nolwazi Hlabangane	07/06/95 (27)	160	60	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for South Africa on World Series</li> <li>- Played in World Rugby Sevens Challenger Series in Chile in August</li> </ul>

*Info correct at time of going to publication*



## SPAIN

**Head coach:** Pedro de Matias

**Captain:** Amaia Erbina

**Nickname:** Las Leonas

**RWC Sevens record:** 2009 – Plate semi-finalists / 2013 – Fourth / 2018 – Fifth

**2022 seeding:** 9

### Did you know...?

- Spain qualified for RWC Sevens 2022 via the European regional qualifier in Bucharest, Romania, in July
- Spain reached the semi-finals of RWC Sevens 2013 in Moscow, finishing fourth
- Three of Spain's squad played at RWC Sevens 2018 in Amaia Erbina, Olivia Fresneda and Iera Echebarria

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Pedro de Matias (head coach)</i>							- First RWC Sevens - Third season as Spain head coach
1	Eva Aguirre	22/01/95 (27)	173	65	11	40	8	- First RWC Sevens - Made Spain debut on Series in Sydney in 2018 - Played three matches in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand (15s) - Played nine tests for Spain from 2018-21 (15s)
2	Beatriz Dominguez Sanchez	09/01/95 (27)	167	63	14	57	11	- First RWC Sevens - Made Spain debut on Series in Glendale in 2018

								<ul style="list-style-type: none"> <li>- Played three matches in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand (15s)</li> <li>- Played seven tests for Spain from 2019-21 as winger. Played two non-cap matches in 2017 (15s)</li> </ul>
3	Amaia Erbina (captain)	13/03/97 (25)	171	68	30	120	24	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Became fifth Spanish player to play in 30 Series tournaments in Toulouse</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Played at Nanjing 2014 Youth Olympic Games</li> <li>- Made Spain debut on Series in Atlanta in 2015</li> <li>- Older sister of Lide Erbina, the Rookie of the Year in 2019 Series</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Scored 10 tries in 23 tests for Spain as centre or winger from 2015-21 (15s)</li> <li>- Played three matches in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand. Scored try in loss to Scotland (15s)</li> </ul>
4	Maria Calvo	16/02/99 (23)	173	73	5	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut on Series in Dubai (R1) in November 2021</li> <li>- Played 19 tests for Spain from 2018-22 (15s)</li> <li>- Played in both matches on two-test tour to South Africa in August, captaining the second match (15s)</li> <li>- Played three matches as flanker in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand next year (15s)</li> </ul>
5	Bruna Elias	20/01/02 (20)	164	63	3	15	3	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut on Series in Malaga in 2022</li> <li>- Played two tests for Spain in 2022 in Rugby Europe Women's Championship (15s)</li> </ul>
6	Maria García	15/04/00 (22)	168	57	15	10	22	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played three matches in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand. Scored try in loss to Scotland (15s)</li> </ul>



								<ul style="list-style-type: none"> <li>- Made Spain debut on Series in Glendale in 2018</li> <li>- Played 12 tests for Spain from 2018-21, scoring six tries (15s)</li> </ul>
7	Paula Requena	05/02/97 (25)	170	75	11	45	9	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut on Series in Kitakyushu in 2019</li> <li>- Played one match in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand (15s)</li> <li>- Played six tests for Spain from 2008-21 as winger (15s)</li> </ul>
8	Olivia Fresneda	04/01/99 (23)	168	58	23	45	9	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Made Spain debut on Series in Dubai in 2016</li> <li>- Played 11 tests for Spain as flanker from 2018-22 (15s)</li> <li>- Played three matches as flanker in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand (15s)</li> </ul>
9	Ingrid Algar	18/02/98 (24)	167	67	13	63	9	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut on Series in Glendale in 2018</li> <li>- Played seven tests for Spain from 2018-19, winning all of them and scoring three tries (15s)</li> </ul>
10	Marta Cantabrana Gil	14/01/02 (20)	165	58	2	5	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut in Langford on Series in 2022</li> </ul>
11	Iera Echebarria	20/10/92 (29)	162	58	36	140	28	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Made Spain debut on Series in Amsterdam in 2014</li> <li>- Played at Rio 2016 Olympic Games</li> <li>- Played three matches in RWC 2021 Europe Qualifier in September where Spain beat Ireland but finished fourth to miss out on the tournament in New Zealand (15s)</li> <li>- Played at women's Rugby World Cup 2014 and 2017 (15s)</li> <li>- Played 24 tests for Spain as winger/full-back from 2014-21, scoring 12 tries (15s)</li> </ul>
12	Amalia Argudo	24/01/00 (22)	165	52	6	32	4	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made Spain debut on Series in Dubai (R1) in November 2021</li> </ul>



## USA

**Head coach:** Emilie Bydwell

**Captain:** Lauren Doyle

**Nickname:** Women's Sevens Eagles

**RWC Sevens record:** 2009 – Semi-finalists / 2013 – Third / 2018 – Fourth

**2022 seeding:** 4

### Did you know...?

- USA qualified for RWC Sevens 2022 automatically as one of the 2018 semi-finalists
- USA have always reached the semi-finals on the RWC Sevens stage but are yet to progress to the final
- Seven of USA's squad played at RWC Sevens 2018 in Cheta Emba, Ilona Maher, Nicole Heavirland, Lauren Doyle, Naya Tapper, Joanne Fa'avesi and Kris Thomas

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Emilie Bydwell (head coach)	31/08/85 (37)			3	10	2	<ul style="list-style-type: none"> <li>- First RWC Sevens as coach</li> <li>- Played at RWC Sevens 2013, scoring try in bronze medal victory over Spain</li> <li>- Appointed as USA Women's Sevens head coach in November 2021</li> <li>- Acted as head coach at the Fast Four tournaments in September 2021 following Chris Brown's decision to step down following the Tokyo 2020 Olympic Games to pursue new professional opportunities</li> <li>- First female head coach of a core team since Japan's Keiko Asami on the 2015-16 Series</li> <li>- First female head coach to win a Cup title on Series</li> <li>- Coached team to silver medal at 2019 Pan American Games</li> </ul>

								<ul style="list-style-type: none"> <li>- Coached USA Falcons and U18 women sevens teams for four years – five members of European Championship silver medal winning team in 2016 now in USA Sevens residency programme</li> <li>- Oversaw development of USA Women's Sevens Academy in inaugural year of 2021 – six players will make Series debuts in Dubai (R1)</li> <li>- USA Rugby Director of Women's High Performance since 2017 but will step away from the role now</li> <li>- Played three rounds of the inaugural World Series in 2012-13</li> <li>- Scored a try in USA's first-ever Series match v France in Dubai on 30 November, 2012</li> <li>- Played 21 tests for USA from 2008-2014, including two Rugby World Cups in 2010 and 2014 (15s)</li> <li>- First USA Women's Eagle named head coach of a national team since the late Kathy Flores, her former coach</li> </ul>
1	Cheta Emba	16/07/93 (28)	182	80	22	160	32	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Played at Tokyo 2020 Olympic Games after being an unused travelling reserve for Rio 2016</li> <li>- Made USA debut on Series in Dubai in 2016</li> <li>- Silver medallist at Pan American Games in 2019</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Former soccer goalkeeper, played for Harvard, winning three Ivy League championships in four years</li> <li>- Took up rugby during college</li> <li>- Studied molecular cellular biology at Harvard</li> </ul>
2	Ilona Maher	12/08/96 (25)	177	90	17	195	39	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made test debut off bench against Canada in World Rugby Pacific Four Series on 1 November (15s)</li> <li>- Started second Pacific Four Series match v Canada on 5 November before returning to sevens programme for Dubai</li> <li>- Made USA debut on Series in Paris in 2018</li> <li>- Played basketball, field hockey and soccer at college</li> </ul>



## Women's team profiles and biographies

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3	Kayla Canett	29/04/98 (24)	160	63	14	46	6	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made USA debut on Series in Dubai in 2016</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Played 10 tests for USA from 2017-21 (15s)</li> </ul>
4	Nicole Heavirland	25/02/95 (27)	165	65	28	387	23	<ul style="list-style-type: none"> <li>- Captained USA at RWC Sevens 2018 on home soil</li> <li>- Played at Tokyo 2020 Olympic Games after being an unused travelling reserve for Rio 2016</li> <li>- Made USA debut on Series in Atlanta in 2016</li> <li>- Appointed captain for final round of 2016-17 Series – was co-captain in 2019 Series with Lauren Doyle</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Started playing rugby at age of 15</li> </ul>
5	Samantha Sullivan	22/05/98 (24)	163	65	0	0	0	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Yet to play for USA on World Series</li> <li>- Made test debut for USA in June, against Canada in the World Rugby Pacific Four Series 2022 (15s)</li> </ul>
6	Lauren Doyle (captain)	23/02/91 (31)	170	65	34	337	67	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Became second USA player to reach 30 Series events in Sydney in 2020</li> <li>- Played at Rio 2016 and Tokyo 2020 Olympic Games</li> <li>- Silver medallist at Pan American Games in 2015</li> <li>- Co-captain of USA for 2019 Series, including first ever Cup title in Biarritz, and again in 2022</li> <li>- Made USA debut on Series in Dubai in 2012</li> </ul>
7	Naya Tapper	03/08/94 (28)	175	79	25	500	100	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Top try-scorer in Series history for USA</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Made USA debut on Series in Sao Paulo in 2016</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Played 12 tests for USA from 2016-17, scoring five tries (15s)</li> <li>- All-American athlete before switching to rugby</li> </ul>

8	Jaz Gray	23/02/93 (29)	160	62	6	90	18	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made USA debut on Series in Dubai (R1) in November 2021</li> </ul>
9	Joanne Fa'avesi	05/02/92 (30)	170	63	23	65	13	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Unused travelling reserve for Tokyo 2020 Olympic Games, having played at Rio 2016</li> <li>- Made USA debut on Series in Dubai in 2014</li> <li>- Served her country as member of USA Army world-class athlete programme</li> <li>- Silver medallist at Pan American Games in 2015</li> <li>- Played for USA against Canada in opening Pacific Four Series loss on 1 November and against England in 89-0 defeat on 21 November (15s)</li> <li>- Has played five tests for USA from 2016-17 and 2021 and is yet to taste victory (15s)</li> <li>- Youngest of seven children</li> </ul>
10	Alena Olsen	12/06/95 (26)	163	63	9	39	1	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Made USA debut on Series in Glendale in 2018</li> </ul>
11	Kris Thomas	01/07/93 (29)	173	70	32	425	85	<ul style="list-style-type: none"> <li>- Played at RWC Sevens 2018</li> <li>- Became third USA player to reach 30 Series tournaments in Seville in 2022</li> <li>- Co-captained USA at Tokyo 2020 Olympic Games</li> <li>- Made USA debut on Series in Sao Paulo in 2015</li> <li>- Played 11 tests for USA from 2017-19, scoring five tries (15s)</li> <li>- Played at women's Rugby World Cup 2017 (15s)</li> <li>- Former track and basketball player in high school, started to play rugby in freshman year at University of Central Florida</li> </ul>
12	Kristi Kirshe	14/10/94 (27)	160	65	13	195	39	<ul style="list-style-type: none"> <li>- First RWC Sevens</li> <li>- Played at Tokyo 2020 Olympic Games</li> <li>- Named in Dream Team for the 2020 Series</li> <li>- Nominated for World Rugby Rookie of the Year 2019</li> <li>- Made USA debut on Series in Sydney in 2019, scoring five tries</li> <li>- Former soccer player, tried rugby after graduating and had only been playing rugby for a year when made USA debut</li> </ul>

Info correct at time of going to publication

