



RUGBY
WORLD CUP
SEVENS
SOUTH AFRICA 2022

Men's team profiles and biographies



ARGENTINA

Head coach: Santiago Gómez Cora

Captain: Gastón Revol

Nickname: Los Pumas Sevens

RWC Sevens record: 1993 – Plate finalists / 1997 – Plate quarter-finalists / 2001 – Semi-finalists / 2005 – Quarter-finalists / 2009 – Runners-up / 2013 – Plate semi-finalists / 2018 – Fifth

2022 seeding: 4

Did you know...?

- Argentina qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- Four players return from RWC Sevens 2018 in German Schulz, Gastón Revol, Matias Osadczuk and Luciano González
- Their best RWC Sevens finish is runners-up to Wales in Dubai in 2009
- Argentina hosted RWC Sevens 2001 in Mar del Plata
- Argentina finished fourth on the HSBC World Rugby Sevens Series 2022 – their highest position in the standings since finishing third in 2003-04
- Argentina ended a 13-year wait for a third Cup title by beating Fiji in Singapore, adding to titles in Los Angeles in 2004 and San Diego in 2009
- Argentina won the bronze medal at the Tokyo 2020 Olympic Games

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Santiago Gómez Cora (head coach)	25/07/78 (44)			63	1,178	230	<ul style="list-style-type: none"> - Played at RWC Sevens 2005 and 2009, scoring five tries in total - Second RWC Sevens as coach , having led - Appointed Argentina coach in 2013 after previously coaching women's team - Has been involved in all three of Argentina's Cup titles on the Series, as a player in 2004 and 2009 and as coach in 2022 - Former Argentina Sevens player, featuring on Series from 2000-10 - First player to score 200 Series tries

								- Former all-time leading try-scorer in Series history (joint-fourth now with 230)
1	Rodrigo Isgro	24/03/99 (23)	185	95	11	95	19	- First RWC Sevens - Bronze medallist at Tokyo 2020 Olympic Games - Made Argentina debut on Series in Hamilton in 2020
2	Santiago Vera Feld	29/03/01 (21)	181	82	8	35	5	- First RWC Sevens - Made Argentina debut on Series in Dubai (R1) in November 2021 - Played for Argentina in U20 International Series in South Africa in 2021 (15s) - Played for Argentina XV in the World Rugby Americas Pacific Challenge in October 2021 (15s)
3	Germán Schulz	05/02/94 (28)	188	95	52	410	82	- Played at RWC Sevens 2018 - Became fifth Argentinian to play 50 Series tournaments in Toulouse, joining Gastón Revol, Santiago Gomez Cora, Franco Sabato and Nicolas Bruzzone - Bronze medallist at Tokyo 2020 Olympic Games - Made Argentina debut on Series in Las Vegas in 2014 - Played at Rio 2016 Olympic Games - Played three tests for Argentina in 2013 (2) and 2017 (15s) - Former Argentina U20 player (15s)
4	Joaquin de la Vega	26/05/98 (24)	193	100	12	75	15	- First RWC Sevens - Made Argentina debut on Series in Las Vegas in 2019 - Younger brother Felipe made his Series debut in Singapore in 2022 - Captained Argentina at World Rugby U20 Championship in 2018 (15s) - Older brother Tomas played 12 tests for Argentina from 2011-14 as well as at Argentina XV and U20 levels (15s)
5	Agustín Fraga	06/03/02 (20)	192	98	7	35	7	- First RWC Sevens - Made Argentina debut on Series in Malaga in 2022
6	Franco Rossetto	02/03/04 (18)	185	81	1	15	3	- First RWC Sevens - Made Argentina debut on World Series in Los Angeles in 2022
7	Alejo Lavayen	05/05/00 (22)	180	80	1	28	2	- First RWC Sevens - Made Argentina debut on World Series in Los Angeles in 2022

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8	Gastón Revól (captain)	26/11/86 (35)	170	76	89	975	59	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 and 2018 - Assumed captaincy after Santiago Alvarez suffered ACL injury in training - Bronze medallist at Tokyo 2020 Olympic Games, red carded in quarter-final and missed rest of tournament - Argentina's most-capped player and the fourth highest overall - Made Argentina debut on Series in London in 2009 - Has kicked the most penalties in Series history with six - Captained Argentina at Rio 2016 Olympic Games
9	Matias Osadczuk	22/04/97 (25)	191	96	27	375	75	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Bronze medallist at Tokyo 2020 Olympic Games - Scored his 50th Series try in Dubai in 2019 - Made Argentina debut on Series in Dubai in 2016 - Named 2016-17 Series Rookie of the Year - Played for Argentina XV in all five matches of their Americas Rugby Championship 2019 winning campaign (15s) - Played at World Rugby U20 Championship in 2016 (15s)
10	Tobías Wade	06/08/99 (23)	183	81	5	127	7	<ul style="list-style-type: none"> - First RWC Sevens - Made Argentina debut on Series in Singapore in 2022
11	Luciano González	10/04/97 (25)	185	85	38	449	89	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Named in 2022 Series Dream Team - Bronze medallist at Tokyo 2020 Olympic Games - Made Argentina debut on Series in Wellington in 2017
12	Marcos Moneta	07/03/00 (22)	185	75	11	265	53	<ul style="list-style-type: none"> - First RWC Sevens - Named World Rugby Men's Sevens Player of the Year 2021 - Received the Olimpia de Plata award as best player in Argentina, beating Los Pumas captain Julian Montoya and Marcos Kremer – the first sevens player to receive the award - Named in 2022 Series Dream Team - Scored his 50th Series try in London, becoming the 16th Argentinian to reach the milestone - Bronze medallist at Tokyo 2020 Olympic Games and top try-scorer with six - Gold medallist at the Youth Olympic Games 2018 Buenos Aires

AUSTRALIA

Head coach: John Manenti

Captain: Nick Malouf

RWC Sevens record: 1993 – Runners-up / 1997 – Quarter-finalists / 2001 – Runners-up / 2005 – Semi-finalists / 2009 – Plate finalists / 2013 – Quarter-finalists / 2018 – Challenge Final runners-up (10th)

2022 seeding: 2

Did you know...?

- Australia qualified for RWC Sevens 2022 through their finishing position in the World Rugby Sevens Series 2020 and Oceania Rugby Sevens Championship 2019 after COVID restrictions prevented the Oceania regional qualifier from taking place in 2022
- Australia won their first-ever World Rugby Sevens Series title in 2022, finishing two points clear of South Africa
- Australia ended a four-year wait for a Cup title with victory in London – their last success having come on home soil in Sydney in 2018
- Maurice Longbottom and Henry Hutchison are the only players to have played in a RWC Sevens for Australia, both in 2018

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	John Manenti (head coach)	29/03/71 (51)						<ul style="list-style-type: none"> - First RWC Sevens as head coach - Coached Australia's men to their first-ever World Series title in 2022 - Appointed Australia men's sevens coach on 10 December, swapping roles with Tim Walsh - Coached Australia women from April 2018 (after Commonwealth Games) until December 2021 - Coached Australia women to fifth at Tokyo 2020 Olympic Games - Assistant coach when Australia women won gold at Rio 2016 - Australia women's sevens assistant coach 2016-18 - Former Australia sevens forwards coach (2015-16)

								<ul style="list-style-type: none"> - Former Australia women's 15s head coach (2009-10) and Australia U20 assistant coach (2009) - Head coach of Western Sydney Rams in 2017 and Eastwood from 2010-15 and 2018
1	Henry Hutchinson	12/02/97 (25)	180	85	40	530	106	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Became the fourth Australian to reach 100 on Series in Vancouver (after Lewis Holland, Ed Jenkins and Peter Miller) - Named Rugby Australia Men's Sevens Player of the Year 2021 - Captained side in Malaga and Seville in absence of Nick Malouf - One of seven full-time members of Australia men's sevens programme for 2022 Series - Played at Tokyo 2020 Olympic Games - Played at Commonwealth Games 2022 - Made Australia debut on Series in Cape Town in 2015 - Named Rookie of the Year for 2015-16 Series - Played at World Rugby U20 Championship 2017 (15s)
2	Billy Meakes	23/02/91 (31)	184	92	4	10	2	<ul style="list-style-type: none"> - First RWC Sevens - The opening round of 2022 Series in Dubai was his first event for 3,639 days - Made Australia debut on Series in Port Elizabeth in December 2011 - Won Major League Rugby title in 2021 alongside Matt Giteau and Adam Ashley-Cooper at LA Giltinis - On loan to Australian Sevens programme from the Giltinis - Played 61 Super Rugby games with Force and Rebels - Played at centre for Australia in non-cap match against Barbarians in October 2017 (15s) - Played for the Barbarians against Brazil and Wales in 2019 (15s) - Played in World Rugby U20 Championship 2011 (15s)
3	Corey Toole	07/03/00 (22)	178	85	9	215	43	<ul style="list-style-type: none"> - First RWC Sevens - Named in the 2022 Series Dream Team - Finished top of the 2022 Series DHL Performance Tracker with 467 points - Second highest try-scorer on 2022 Series (43) and made the most offloads (48) - Played at Commonwealth Games 2022 - Made Australia debut on Series in Dubai (R1) in November 2021

								- Brumbies Academy player
4	Dietrich Roache	06/07/01 (21)	182	92	9	343	23	- First RWC Sevens - Top points-scorer on 2022 Series (343) - Played at Commonwealth Games 2022 - Made Australia debut on Series in Dubai (R1) in November 2021 - One of seven full-time members of Australia men's sevens programme for 2022 Series - Played at Tokyo 2020 Olympic Games - Started playing Rugby League before transitioning to union in 2019
5	James Turner	29/08/98 (24)	187	95	1	10	2	- First RWC Sevens - Made Australia debut on Series in Los Angeles in 2022
6	Henry Paterson	26/02/97 (25)	190	95	8	70	14	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Australia debut on Series in Dubai (R1) in 2021 - One of seven full-time members of Australia men's sevens programme for 2022 Series
7	Josh Turner	23/09/95 (26)	180	85	15	187	37	- First RWC Sevens - Played at Commonwealth Games 2022 - One of seven full-time members of Australia men's sevens programme for 2022 Series - Played at Tokyo 2020 Olympic Games - Made Australia debut on Series in Dubai in 2019
8	Matt Gonzalez	01/06/94 (28)	176	85	5	60	12	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Australia debut on Series in Singapore in 2022
9	Stuart Dunbar	02/04/92 (30)	178	85	9	21	3	- First RWC Sevens - Made Australia debut on Series in Los Angeles in 2020
10	Nick Malouf (captain)	19/03/93 (29)	190	95	47	315	63	- First RWC Sevens - Captained Australia to first-ever Series title in 2022 - Named in the 2022 Series Dream Team - Captained Australia at Commonwealth Games 2022 - Captained Australia at Tokyo 2020 Olympic Games

								<ul style="list-style-type: none"> - One of seven full-time members of Australia men's sevens programme for 2022 Series - Made Super Rugby AU debut for Waratahs v Brumbies in July 2021 - Named Australia's captain in January 2020 - Made Australia debut on Series in Dubai in 2012 - Played at Rio 2016 Olympic Games
11	Maurice Longbottom	30/01/95 (27)	168	85	28	470	75	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at Tokyo 2020 Olympic Games - Played at Commonwealth Games 2018 and 2022 - One of seven full-time members of Australia men's sevens programme for 2022 Series - Made Australia debut on Series in Dubai in 2017
12	Nathan Lawson	23/01/99 (23)	188	94	6	50	10	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Australia debut on Series in Malaga in 2022 - One of seven full-time members of Australia men's sevens programme for 2022 Series

Info correct at time of going to publication



CANADA

Head coach: Henry Paul

Captain: Phil Berna

RWC Sevens record: 1993 – Bowl semi-finalists / 1997 – Bowl quarter-finalists / 2001 – Quarter-finalists / 2005 – Pool stages / 2009 – Plate quarter-finalists / 2013 – Plate winners / 2018 – 12th

2022 seeding: 10

Did you know...?

- Canada qualified for RWC Sevens 2022 after winning the Rugby Americas North qualifier in April, defeating Jamaica in the final in Nassau
- Canada reached the Cup quarter-finals only once on the 2022 Series, in Malaga, and finished 14th overall
- No player in Canada's squad has played in a previous RWC Sevens
- Canada made their Olympic debut in Tokyo 2020, finishing eighth

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Henry Paul (Head coach)	10/02/74 (48)			14	117	19	<ul style="list-style-type: none"> - Played for England at RWC Sevens 2005 - Appointed interim head coach in May 2020 after Damian McGrath released from contract by Rugby Canada - Coached Canada on Olympic debut at Tokyo 2020 and at Commonwealth Games 2022 - Assistant coach of Canada 15s team - Played 14 Series events for England from 2002-06 - Played for England at 2002 and 2006 Commonwealth Games - Backs coach for Russia at Rugby World Cup 2011 (15s) - Was head coach for India in 2017 (15s) - Played six tests for England from 2002-04 (15s)

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								<ul style="list-style-type: none"> - Also played for England XV and England Saxons (15s) - Born in Tokoroa, New Zealand
1	Anton Ngongo	22/07/97 (25)	188	95	9	50	10	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Series debut v Germany in Vancouver in September 2021
2	Jake Thiel	02/06/97 (25)	192	107	26	95	19	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Captained Canada for first time on Series in Dubai (R1) this season - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Sydney in 2018 - Father Jon Thiel played 44 tests for Canada and in three Rugby World Cups in 1999, 2003 and 2007 (15s) - Mother Jen Ross played for Canada at RWC 1994 (15s) - Twin brother Josh has also played for Canada at U18 and U20 level, including at World Rugby U20 Trophy in 2017 (15s) - Played at World Rugby U20 Trophy (15s)
3	Thomas Isherwood	23/08/00 (22)	180	87	9	51	9	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on Series in Edmonton in 2021
4	Phil Berna (captain)	07/04/96 (26)	187	94	35	165	33	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made Canada debut on Series in Wellington in 2016 - Silver medallist at Pan American Games 2019 in Lima - Played at World Rugby U20 Trophy in 2015 (15s)
5	Alex Russell	22/06/96 (26)	186	94	9	75	15	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Vancouver in 2021
6	Josiah Morra	07/02/98 (24)	180	85	20	125	25	<ul style="list-style-type: none"> - First RWC Sevens - Played in the 2022 Commonwealth Games - Made Canada debut on World Series in Cape Town in 2016
7	Brock Webster	21/08/00 (22)	180	82	8	60	10	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022

								<ul style="list-style-type: none"> - Made Canada debut on Series in Sydney in 2019, only event until Dubai this season - Made test debut in RWC 2023 qualifier v USA in September 2021, scoring a try (15s) - Played in eight straight tests since his debut, including against Belgium and Spain in July (15s) - Played at World Rugby U20 Trophy 2019 (15s)
8	Matt Oworu	29/07/00 (22)	185	109	8	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series v Germany in Vancouver in 2021
9	D'Shawn Bowen	12/09/96 (25)	175	90	5	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai (R1) in November 2021
10	Lachlan Kratz	27/03/00 (22)	181	81	6	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Dubai (R1) in November 2021 - Made test debut v England in July 2021 as centre (15s) - Played at World Rugby U20 Trophy in 2018 and 2019, scoring hat-trick v Hong Kong in latter tournament (15s)
11	Elias Ergas	28/01/98 (24)	179	95	10	50	10	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on Series in Vancouver in 2021 - Played at World Rugby U20 Trophy in 2018, scoring try v Romania (15s)
12	Ciaran Breen	19/04/01 (21)	181	90	3	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Canada debut on Series in Vancouver in 2021

Info correct at time of going to publication

CHILE

Head coach: Edmundo Olfos

Captain: Joaquin Huici

Nickname: Los Condores Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – Bowl winners / 2005 – DNP / 2009 – DNP / 2013 – DNP / 2018 – Bowl final winners (17th)

2022 seeding: 17

Did you know...?

- Chile qualified for RWC Sevens 2022 after reaching the final of the Sudamérica Rugby Sevens 2021
- Chile won the bronze medal at the World Rugby Sevens Challenger Series on home soil in August 2022
- Felipe Brangier is the only member of Chile's squad to have played in a previous RWC Sevens, as captain in 2018

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Edmundo Olfos	03/01/76 (46)			2	25	5	<ul style="list-style-type: none"> - Coached Chile at RWC Sevens 2018 - Played for Chile at RWC Sevens 2001 - Coached Chile at World Rugby Olympic Repechage 2020 and to third place in World Rugby Sevens Challenger Series 2022 - Formally appointed Chile sevens coach in 2017 - Made Series debut in Santiago on 2001-02 Series - Also played in Los Angeles on 2003-04 Series - Played 13 tests for Chile from 2001-06 as flanker/number eight (15s) - Retired from playing in 2007 and joined Chile Rugby on staff of sevens programme and collaborated with 15s and U20 programmes as well - Assistant coach for Chile at World Rugby U20 Trophy 2012
1	Felipe Brangier	05/11/88 (33)	190	95	6			<ul style="list-style-type: none"> - Captained Chile at RWC Sevens 2018, scoring tries v Tonga and Uganda - Played in Sudamérica Rugby qualifier that secured place in Repechage

								<ul style="list-style-type: none"> - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played in both rounds of the 2021 Series - Made Chile debut on Series in Las Vegas in 2009-10 – as captain - Also captained Chile in Las Vegas and Vancouver on 2016-17 Series and Las Vegas on 2019 Series - Captain for Series qualifier in 2016, 2017, 2018 and 2019 - Captain at two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Pan American Games in Lima in 2019 - Captained Chile at World Rugby Sevens Repechage for Rio 2016 Olympic Games
2	Luca Strabucchi	15/05/99 (23)	181	83	2			<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Made Chile debut on World Series in Vancouver in 2021 - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in the World Rugby Olympic Repechage for Tokyo 2020 - Played in the first leg of RWC 2023 Americas 2 qualifier v USA (15s) - Played for Chile A in the World Rugby Americas Pacific Challenge 2021 (15s)
3	Clemente Armstrong	29/05/01 (21)	181	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Played in World Rugby Sevens Challenger Series in 2022 on home soil
4	Benjamin Videla	24/04/01 (21)	181	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played for Chile A in the World Rugby Americas Pacific Challenge 2021 (15s)
5	Diego Warnken	20/08/01 (21)	174	82	2	64	10	<ul style="list-style-type: none"> - First RWC Sevens - Scored in the win over Brazil in the Sudamérica Rugby Sevens in November 2021 that secured Chile's place at RWC Sevens 2022 - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Made Chile debut on Series in Vancouver in 2021 - Played in World Rugby Olympic Repechage for Tokyo 2020 - Played for Chile A in the World Rugby Americas Pacific Challenge 2021 (15s)

6	Vicente Urbina	09/01/01 (21)	181	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Scored in the win over Brazil in the Sudamérica Rugby Sevens in November 2021 that secured Chile's place at RWC Sevens 2022
7	Vicente Tredinick	21/02/00 (22)	176	80	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played in World Rugby Olympic Repechage for Tokyo 2020 - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Pan American Games in Lima in 2019
8	Ernesto Tchimino	23/03/01 (21)	181	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Scored the decisive try in the win over Brazil in the Sudamérica Rugby Sevens in November 2021 that secured Chile's place at RWC Sevens 2022 - Yet to play for Chile on World Series - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played for Chile A in the World Rugby Americas Pacific Challenge 2021 (15s)
9	Cristobal Game	09/07/02 (20)	188	92	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played in World Rugby Olympic Repechage for Tokyo 2020
10	Joaquin Huici (captain)	01/02/95 (27)	180	90	4			<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Made debut on Series in Las Vegas in 2016-17 - Captained Chile in the World Rugby Olympic Repechage for Tokyo 2020; his first major tournament in the role - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played for Chile XV v Argentina XV in Sudamericano Cuatro Naciones in October 2020 (15s)
11	Julio Blanc	06/07/95 (27)	173	80	6			<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series in 2022 on home soil - Played in World Rugby Olympic Repechage for Tokyo 2020 - Made debut on Series in Las Vegas in 2016-17

								<ul style="list-style-type: none"> - Played in Pan American Games in Lima in 2019 - Played in the Superliga Americana de Rugby (SLAR) with Chilean franchise Selknam (15s) - Played seven tests on wing in 2019, making debut v USA in the Americas Rugby Championship (15s)
12	Lucca Aveli	23/08/97 (25)	181	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Chile on World Series - Played in the Superliga Americana de Rugby (SLAR) with Chilean franchise Selknam (15s) - Played eight tests for Chile, the last v Portugal in November 2019 (15s) - Played for Chile U20s in World Rugby U20 Trophy 2017 (15s)

Info correct at time of going to publication



ENGLAND

Head coach: Tony Roques

Captain: Alex Davis

RWC Sevens record: 1993 – Champions / 1997 – Quarter-finalists / 2001 – Quarter-finalists / 2005 – / 2009 – Quarter-finalists / 2013 – Runners-up / 2018 – Runners-up

2022 seeding: 8

Did you know...?

- England qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- England were the inaugural winners of the Melrose Cup in 1993 and have been runners-up in the last two tournaments, losing 33-12 to New Zealand in the 2018 final in San Francisco
- This will be their last tournament as England with Great Britain to join the World Series from 2023
- Only two players in the squad have RWC Sevens experience, current captain Alex Davis and his predecessor Tom Mitchell

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Tony Roques (Head coach)	07/09/78 (44)			27 (ENG)	150	30	<ul style="list-style-type: none"> - Turns 42 two days before RWC Sevens 2022 starts - Appointed England head coach in December having coached Great Britain men's sevens at Tokyo 2020 Olympic Games, on the 2021 Series and first two rounds of 2022 Series in Dubai - Coached Great Britain to fourth place at Tokyo 2020 Olympic Games - Played 27 events for England on Series from 2001-07 - Played for England at RWC Sevens 2005 - Played for England at Commonwealth Games 2002 - Acted as England head coach for two events in 2018 in Hong Kong and Singapore while Simon Amor was at Commonwealth Games

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1	Jamie Adamson	09/11/99 (22)	188	95	7	25	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Made Series debut for England in Malaga in 2022
2	Ethan Waddleton	23/11/96 (25)	178	89	30	40	8	<ul style="list-style-type: none"> - First RWC Sevens - Played first tournament since 2020 Series in last round of 2022 season in Los Angeles - Played for Great Britain at Tokyo 2020 Olympic Games - Made England debut on Series in Wellington in 2016 - Bronze medallist at Commonwealth Games 2018 on Gold Coast
3	Alex Davis (captain)	03/10/92 (29)	180	92	33 (29 ENG, 4 GBR)	252	50	<ul style="list-style-type: none"> - Silver medallist at RWC Sevens 2018 - Named captain for the 2022 season - Played at Commonwealth Games 2022 on home soil in Birmingham - Played for Great Britain in both Dubai rounds - Played for Great Britain at Tokyo 2020 Olympic Games - Made GB squad for Rio 2016 but withdrew with ankle injury - Made England debut on Series in Gold Coast in 2014 - Bronze medallist at Commonwealth Games 2018 on Gold Coast - Won World University Sevens Championship 2014 title with GB Students - Played cricket for Gloucestershire
4	Jamie Barden	10/09/99 (22)	182	85	16 (12 ENG, 4 GBR)	52	10	<ul style="list-style-type: none"> - First RWC Sevens - Turns 23 on day two of the Cape Town tournament - Played at Commonwealth Games 2022 on home soil in Birmingham - Played for Great Britain in both Dubai rounds - Made England debut on Series in Sydney in 2019
5	Api Bavadra	12/06/00 (22)	183	96	6	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Made first appearance of 2022 Series in Singapore, having last played in Paris in 2019 - Made England debut on Series in Paris in 2019
6	Tom Mitchell	22/07/89 (33)	175	83	64	1,595	135	<ul style="list-style-type: none"> - Silver medallist at RWC Sevens 2013 and 2018 - Returned to Series in Los Angeles for first time since Vancouver in 2020 - Captained Great Britain to fourth at Tokyo 2020 Olympic Games

								<ul style="list-style-type: none"> - Fifth player to score 1,500 points in series history and third Englishman (after Gollings and Norton) - Made England debut on Series in Wellington in 2012 - Captained England on Series for first time in Las Vegas in 2014 - Silver medallist with Great Britain at Rio 2016 Olympic Games - Bronze medallist at Commonwealth Games 2018 on Gold Coast - Helped Oxford to beat Cambridge in 2011 Varsity Match at Twickenham (15s) - Led GB Students to World University Sevens Championship 2012 title
7	Calum Randle	18/01/00 (22)	184	80	10 (7 ENG, 1 FRA, 2 GBR)	55	13	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - England became the third team he has played for on the Series in Malaga after France (1 event) and Great Britain (2 events) - Made Great Britain debut on Series in Vancouver in 2021 - Made France debut on Series in Cape Town in 2019 - Born in England but moved to France with family in his teens
8	Tom Bowen	31/01/93 (29)	175	83	59 (55 ENG, 4 GBR)	570	114	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Played 50th Series tournament for England in Malaga, having reached it while playing for Great Britain in Vancouver on 2021 Series (49 ENG, 1 GBR)
9	Freddie Roddick	18/01/99 (23)	174	84	11 (7 ENG, 4 GBR)	162	15	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Made Series debut for England in Malaga in 2022, having played for Great Britain in both Dubai rounds - Made Great Britain debut on World Series in Vancouver in 2021 - Awarded core contract status with England for 2022
10	Tom Emery	02/07/98 (24)	177	82	10 (8 ENG, 2 GBR)	93	16	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Made first appearance on 2022 Series in Toulouse, having last played in Edmonton in 2021 (for Great Britain) and Vancouver in 2020 (for England) - Made England debut on Series in London in 2019
11	Charlton Kerr	06/10/97 (24)	190	102	22	140	8	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham

								- Made England debut on Series in Las Vegas in 2017
12	Will Homer	24/10/95 (26)	183	87	7	14	70	- First RWC Sevens - Played at Commonwealth Games 2022 on home soil in Birmingham - Made England debut on Series in Malaga in 2022 - Awarded core contract status with England for 2022 - Played for seven different clubs at 15s by the age of 26 (Bath, Cornish Pirates, Bristol, Leeds, Jersey, Scarlets, Richmond)

Info correct at time of going to publication



FIJI

Head coach: Ben Gollings

Captain: Waisea Nacuqu

RWC Sevens record: 1993 – Semi-finalists / 1997 – Champions / 2001 – Semi-finalists / 2005 – Champions / 2009 – Quarter-finalists / 2013 – Bronze medallists / 2018 – Fourth

2022 seeding: 3

Did you know...?

- Fiji qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- Fiji were RWC Sevens winners in 1997 and 2005, both in Hong Kong
- Fiji are the second-highest points (1,351) and try scorers (209) in RWC Sevens history behind New Zealand
- Two players return from RWC Sevens 2018 in Sevuloni Mocenacagi and Jerry Tuwai
- Fiji won the silver medal at Commonwealth Games 2022, losing 31-7 to South Africa in the final
- Fiji claimed a second Olympic gold medal in Tokyo in July, successfully defending their country's first-ever Olympic medal won in Rio

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Ben Gollings (head coach)	13/05/80 (42)			69	2,652	220	<ul style="list-style-type: none"> - First RWC Sevens as coach - Played for England at RWC Sevens 2005 and 2009 - Appointed Fiji head coach in December, arrived in Fiji on 9 January after birth of his son Ethan in Queensland (had to quarantine then) - Third Brit to coach Fiji after Ben Ryan and Gareth Baber - Played for England from 2000-11 on Series - All-time leading point-scorer with 2,652 and sixth highest try-scorer with 220 - Played at Commonwealth Games 2002, 2006 and 2010, winning silver in 2006 in Melbourne

Men's team profiles and biographies

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								<ul style="list-style-type: none"> - Former China women's sevens coach, appointed in 2015 to oversee men's and women's programmes and coached women at Repechage for Rio 2016 - Also coached Sri Lanka Sevens and oversaw 15s programme. Had worked as consultant with them in 2021 around Asian Series - Worked with Singapore in advisory role for sevens programme and development
1	Josua Vakurunabili	12/04/94 (28)	195	96	32	305	61	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Tokyo 2020 Olympic Games - Silver medallist at Commonwealth Games 2018 and 2022 - Made Fiji debut on Series in London in 2017 - Is a Fiji Corrections Service Officer
2	Joseva Talacolo	01/04/97 (25)	196	95	5	75	15	<ul style="list-style-type: none"> - First RWC Sevens - Made Fiji debut on Series in Dubai (R1) in November 2021
3	Jeremaia Matana	14/07/98 (24)	187	86	6	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Commonwealth Games 2022 - Returned in London after missing Toulouse round - Made Fiji debut on Series in Dubai (R1) in November 2021
4	Sevuloni Mocenacagi	29/06/90 (32)	194	100	39	315	63	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Voted into HSBC Dream Team in R9 by fans - Silver medallist at Commonwealth Games 2022 - Missed Tokyo 2020 Olympics - Returned to Fiji Sevens squad in Toulouse in R7 after lengthy suspension
5	Iosefo Masi	09/05/98 (23)	190	88	1	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Fiji debut on Series in Los Angeles in August 2022
6	Elia Canakaivata	12/07/96 (26)	189	86	6	59	11	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Commonwealth Games 2022 - Made Fiji debut on Series in Dubai (R1) in November 2021
7	Pilipo Bukayaro	18/03/99 (23)	170	74	5	55	11	<ul style="list-style-type: none"> - First RWC Sevens - Made Fiji Series debut in Singapore in 2022
8	Waisea Nacuqu (captain)	24/05/93 (29)	170	82	41	891	113	<ul style="list-style-type: none"> - First RWC Sevens - Named in the 2022 Series Dream Team - Captained Fiji to silver medal at Commonwealth Games 2022 - Became the sixth Fijian to score 100 Series tries in Vancouver in 2022

								<ul style="list-style-type: none"> - Gold medallist at Tokyo 2020 Olympic Games - Made Fiji debut on Series on Gold Coast in 2013
9	Jerry Tuwai	23/03/89 (33)	170	79	57	694	138	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2022 - Gold medallist at Tokyo 2020 Olympic Games and Rio 2016 Olympic Games – only player to win both events, latter as captain - Fiji's all-time leading try-scorer on Series, surpassing Nasoni Rokobiau (125) in Hamilton in 2020 - Became second Fijian player to play 50 Series events after Osea Kolinisau (62) in Cape Town on 2020 Series - Named World Rugby Men's Sevens Player of the Year 2019 at World Rugby Awards in Tokyo - Third year in a row nominated for prestigious award - Captained Fiji to silver medal at Commonwealth Games 2018 - Only player to be part of Fiji's five successive Hong Kong titles - Made Fiji debut on Series in Gold Coast in 2014
10	Filipe Sauturaga	19/06/94 (28)	182	79	5	49	9	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Commonwealth Games 2022 - Made Fiji debut on Series in Dubai (R1) in November 2021
11	Kaminieli Rasaku	12/07/99 (23)	184	94	7	155	23	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Commonwealth Games 2022 - Made Fiji debut on Series in Dubai (R1) in November 2021 - Played in the World Rugby U20 Championship 2019, scoring tries against Wales (2) and Scotland (1) (15s)
12	Vuiviawa Naduvalo	23/05/96 (26)	185	78	5	140	28	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Commonwealth Games 2022 - Made Fiji debut on Series in Singapore in 2022, scoring 10 tries

Info correct at time of going to publication

FRANCE

Head coach: Jérôme Daret

Captain: Paulin Riva

RWC Sevens record: 1993 – Bowl semi-finalists / 1997 – Quarter-finalists / 2001 – Bowl quarter-finalists / 2005 – Quarter-finalists / 2009 – Plate quarter-finalists / 2013 – Quarter-finalists / 2018 – Eighth

2022 seeding: 7

Did you know...?

- France qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- France have reached the quarter-finals on three occasions but have never made it through to the last four
- France were joint-top try-scorers at RWC Sevens 2018 alongside Samoa, scoring 20 tries in five matches
- Five players return from RWC Sevens 2018 in Jonathan Laugel, Tavite Veredamu, Stephen Perez-Edo Martin, Paulin Riva and Jean Pascal Barraque
- France finished seventh overall on the World Rugby Sevens Series 2022, with the bronze medal finish in Toulouse their only time on the podium
- France missed out on qualification for the Tokyo 2020 Olympic Games after losing 28-19 to Ireland in the World Rugby Sevens Repechage Qualifier Final

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Jérôme Daret	26/12/74 (47)			11	85	15	- First RWC Sevens as coach - Fourth season as France Sevens coach - Played for France in first three years of Series (1999-2002)
1	Jonathan Laugel	30/01/93 (29)	194	102	78	250	50	- Played at RWC Sevens 2013 - Became 12th France player to reach 50 tries on Series with opening try v Wales in Los Angeles in August 2022 - Became France's most-capped player in Series history in Dubai (R2) in 2022, moving clear of Manoel Dall'Igna

								<ul style="list-style-type: none"> - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Played at Rio 2016 Olympic Games - Made France debut on Series in Wellington in 2012 - Played in World Rugby U20 Championship in 2012 (15s)
2	Nisie Huyard	23/05/94 (28)	188	90	12	90	18	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on Series in Hong Kong in 2018
3	Tavite Veredamu	01/09/89 (33)	192	105	19	250	50	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Became 13th France player to reach 50 tries on Series against Wales in Los Angeles in August - Returned in Los Angeles, having last played in Vancouver in 2020 - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Named in Dream Team for the 2020 Series - Named DHL Impact Player for 2020 Series with 229 points - Made France debut on Series in Dubai in 2018
4	William Iraguha	27/06/97 (25)	174	78	13	81	9	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on Series in Singapore in 2019 - Played four matches on the wing for France in U20 Six Nations in 2017 (15s)
5	Stephen Perez-Edo Martin	01/08/94 (28)	174	79	58	573	81	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played in six rounds of the 2022 World Series - Played in World Rugby Olympic Repechage for Tokyo 2020 - Played in Rio 2016 Olympic Games - Made France debut on Series in Wellington in 2013 - Former France U20s
6	Paulin Riva (captain)	20/04/94 (28)	186	90	31	486	46	<ul style="list-style-type: none"> - Played in RWC Sevens 2018 - Made France debut on Series in Dubai in 2017 - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Former France U20s player (15s)
7	Nelson Épee	20/02/01 (21)	172	75	8	190	38	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on Series in Dubai (R1) in November 2021 - Played in U20 Six Nations in 2021 as winger, scoring hat-trick in loss to England and one against Italy (15s)

								- Plays for Toulouse in 15s
8	Pierre Mignot	13/04/96 (26)	188	96	17	65	13	- First RWC Sevens - Made France debut on Series in London in 2018 - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Played in U20 Six Nations in 2016 (15s)
9	Aaron Grandidier	18/05/00 (22)	186	90	7	75	15	- First RWC Sevens - Made France debut on Series in Malaga in 2022 - Plays for Brive in 15s
10	Jean Pascal Barraque	24/04/91 (31)	182	86	35	801	76	- Played at RWC Sevens 2018 - Returned in Los Angeles for first Series appearance since 2020 tournament at same venue - Made test debut for France in November 2020 as centre (15s) - Captained in World Rugby Sevens Repechage in Monaco in June 2020 - Captained France for first time on Series in Vancouver in 2019 - Made France debut on Series in Las Vegas in 2012 - Played at World Rugby U20 Championship in 2011 (15s)
11	Joachim Trouabal	18/08/00 (22)	183	78	9	135	27	- First RWC Sevens - Made France debut on Series in Cape Town in December 2018
12	Esteban Capilla	05/01/03 (19)	197	97	3	0	0	- First RWC Sevens - Made debut for France on Series in Seville in 2022 - Played flanker in the U20 Six Nations in 2022 (15s) - Plays for Bayonne in 15s

Info correct at time of going to publication

GERMANY

Head coach: Philip Snyman

Captain: Carlos Soteras Merz

RWC Sevens record: Will make debut at South Africa 2022

2022 seeding: 16

Did you know...?

- Germany qualified for RWC Sevens 2022 as one of the top four ranked teams at the European qualifier in Romania in July
- Germany have played nine tournaments on the World Series; Vancouver in 2021 was their first appearance since the 2008-09 season in London
- Germany played in two rounds of the 2022 Series – in Malaga and Seville – as an invitational team and finished joint-11th on each occasion
- Germany have twice reached the World Rugby Sevens Series Qualifier final in bid to earn a core team place on World Seires, losing to Spain in 2017 and Japan in 2018. This year they finished fourth in the World Rugby Sevens Challenger Series

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Philip Snyman (head coach)</i>				62	371	68	<ul style="list-style-type: none"> - Bronze medallist at RWC Sevens 2018 with South Africa - Worked with Germany as interim coach since beginning of June - Led them to RWC Sevens 2022 qualification via the Rugby Europe qualifier in Bucharest in July - Former South Africa Sevens captain - Led South Africa to two World Rugby Sevens Series titles - Made South Africa debut on Series in 2008
1	Max Calitz	17/07/93	194	103	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Germany on the World Series - Played in the World Rugby Seven Challenger Series 2022 - Played in World Rugby Olympic Repechage for Tokyo 2020

2	Bastian van der Bosch	03/09/91 (31)	172	78	3	62	6	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Seven Challenger Series 2022 - Made Germany debut on Series in Vancouver in 2021, finishing as top scorer with 51 points - Previously known as Bastian Himmer, he got married last year and took his wife's surname - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Series qualifiers in 2016, 2017, 2018 and 2019 - Played at World Rugby Sevens Repechage for Rio 2016 - Played eight tests from 2010-17 (15s)
3	Chris Umeh	09/05/01 (31)	195	102	4	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Made Germany debut on Series in Vancouver in 2021 - Played in the World Rugby Seven Challenger Series 2022
4	Niklas Koch	15/12/97 (24)	176	87	2	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Seven Challenger Series 2022 - Made Germany debut on Series in Vancouver in 2021 - Played in the HSBC World Rugby Sevens Series Qualifier 2019
5	Samuel Rainger	27/03/91 (31)	180	82	4	20	4	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Seven Challenger Series 2022 - Made Germany debut on the Series in Vancouver 2021 - Played in World Rugby Olympic Repechage for Tokyo 2020 - Played in the HSBC World Rugby Sevens Series Qualifiers in 2017 and 2019
6	Fabian Heimpel	21/08/90 (32)	179	86	3	3	63	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Seven Challenger Series 2022 - Kicked final play conversion to earn Germany a 12-12 draw with Australia on day one in Malaga - Made Germany debut on Series in Edmonton in 2021 - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Series qualifiers in 2016, 2017, 2018 and 2019 - Played at World Rugby Sevens Repechage for Rio 2016 - Played 11 tests for Germany from 2010-17 (15s)

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7	Carlos Soteras Merz (captain)	26/10/90 (31)	181	89	4	40	8	<ul style="list-style-type: none"> - First RWC Sevens - Made Germany debut on Series in Vancouver in 2021 - Played in the World Rugby Seven Challenger Series 2022 - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Series qualifiers in 2016, 2017 and 2018 - Played 19 tests for Germany from 2011-19 (15s)
8	Ben Ellermann	12/02/98 (24)			3	30	6	<ul style="list-style-type: none"> - First RWC Sevens - Made Germany debut on Series in Vancouver in 2021
9	Anjo Buckman	01/03/89 (33)	192	100	3	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Seven Challenger Series 2022 - Made Germany debut on Series in Vancouver in 2021 - Played in two rounds of the World Rugby Sevens Challenger Series in 2020 - Played in World Rugby Olympic Repechage for Rio 2016 - Played in World Rugby Sevens Series qualifiers 2016-19
10	Philip Gleitze	10/04/00 (22)	180	83	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Germany on the World Series - Unused replacement for Germany (15s) in a Rugby Europe Trophy match v Poland in 2021 - Former Germany U18 captain - Has been playing rugby for Berlin since he was six
11	Jack Hunt	20/07/00 (22)	190	96	2	40	8	<ul style="list-style-type: none"> - First RWC Sevens - Made Germany debut on Series in Malaga in 2022 - Played in the World Rugby Seven Challenger Series 2022
12	Tim Lichtenberg	02/02/97 (25)	180	87	4	45	9	<ul style="list-style-type: none"> - First RWC Sevens - Made Germany debut on Series in Vancouver in 2021 - Scored last-gasp try as Germany drew 12-12 with Australia on day one in Malaga - Played in the World Rugby Seven Challenger Series 2022 - Played in two rounds of World Rugby Sevens Challenger Series in 2020 - Played in Series qualifiers in 2017, 2018 and 2019 - Played one test for Germany in 2017 (15s)

Men's team profiles and biographies

SOUTH AFRICA 2022

Info correct at time of going to publication

HONG KONG

Head coach: Paul John

Captain: Seb Brien and Russell Webb

RWC Sevens record: 1993 – Pool stages / 1997 – Plate finalists / 2001 – Bowl quarter-finalists / 2005 – Bowl quarter-finalists / 2009 – Bowl semi-finalists / 2013 – Bowl quarter-finalists / 2018 – Bowl final runners-up (18th)

2022 seeding: 15

Did you know...?

- Hong Kong qualified for RWC Sevens 2022 via the Asia Rugby Sevens Series last November. Reaching the semi-finals was enough to confirm their place in Cape Town, but Hong Kong went on to win the tournament, defeating Korea 33-7 in the final
- Hong Kong have twice hosted RWC Sevens, in 1997 and 2005
- Six players return from RWC Sevens 2018 in Alessandro Nardoni, Michael Coverdale, Cado Lee, Max Denmark, Hugo Stiles and Yiu Kam Shing
- Hong Kong finished fifth at the World Rugby Sevens Challenger Series 2022 in August
- Hong Kong last appeared on the World Series in Edmonton in September 2021, their 31st tournament

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	<i>Paul John</i>	<i>25/01/1970 (52)</i>						<ul style="list-style-type: none"> - Fourth RWC Sevens as coach - Coached Wales to RWC Sevens title in 2009 - Coached Wales at RWC Sevens 2013 - Coached Hong Kong at RWC Sevens 2018 - Sixth year as Hong Kong coach - Played 10 tests for Wales between 2014-18 (15s)
1	Alessandro Nardoni	03/10/1996 (25)	183	99				<ul style="list-style-type: none"> - Played at RWC Sevens 2018, scoring a try v Jamaica - Played in World Rugby Olympic Sevens Repechage for Tokyo 2020 - Born in Italy

2	Michael Coverdale	12/03/1995 (27)	184	93				<ul style="list-style-type: none"> - Played at RWC Sevens 2018, scoring a try v Jamaica - Made Hong Kong debut on Series in Tokyo in 2015 - Played in World Rugby Sevens Repechage for Rio 2016 and Tokyo 2020 - Gold medallist at Asian Games in rugby sevens in 2018 - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Played in Series qualifier in 2015, 2016, 2017, 2018 and 2019 - Played test rugby from 2011-18 (15s) - Started playing rugby aged 12 while in UK at Ashville College - Born in Hong Kong
3	Callum McCullough	12/01/1993 (29)	193	100				<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August, scoring a try v Zimbabwe - Made Hong Kong debut on Series in Vancouver in 2021 - Played four tests in Asia Rugby Championship 2019, scoring tries v Malaysia and Korea (2) (15s)
4	Pierce Mackinlay-West	07/12/1997 (24)	183	88				<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August - Made Hong Kong debut on Series in Vancouver in 2021 - Started playing rugby aged four at Blackrock College RFC in Dublin - Born in Ireland
5	Harry Sayers	19/09/1996 (25)	189.5	94				<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022, scoring tries v Uganda, Zimbabwe and Jamaica - Made Hong Kong debut on Series in Singapore in 2019 - Played five tests as winger in 2019, scoring six tries including a hat-trick v Malaysia in the Asia Rugby Championship (15s)
6	Cado Lee	27/12/1991 (30)	170	77				<ul style="list-style-type: none"> - Played at RWC Sevens in 2018 - Played in World Rugby Sevens Challenger Series 2022, scoring a try v Zimbabwe - Played in World Rugby Sevens Repechage for Rio 2016 and Tokyo 2020 - Gold medallist at Asian Games in rugby sevens in 2018 - Played two rounds of the World Rugby Sevens Challenger Series 2020

								<ul style="list-style-type: none"> - Made Hong Kong debut on Series in Hong Kong in 2013 - Played in Series qualifier in 2015, 2016, 2017, 2018 and 2019 - Played test rugby from 2011-18 (15s) - Started playing rugby aged 12 while in UK at Ashville College - Born in Hong Kong
7	Liam Doherty	06/01/00 (22)			0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Hong Kong on World Series - Played for Hong Kong in World Rugby U20 Trophy 2018 - Born in South Africa
8	Max Denmark	11/08/1999 (23)	189	101				<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Joint second top try-scorer in World Rugby Sevens Challenger Series 2022 in August with six, including a hat-trick v Zimbabwe - Played in Vancouver and Edmonton rounds of the 2021 Series, including a hat-trick v Mexico in the latter event - Made Hong Kong debut on Series in Vancouver in 2021 - Played at World Rugby Sevens Repechage for Tokyo 2020 - Played in World Series qualifier in 2018 - Played in the World Rugby Sevens Challenger Series 2020 in Montevideo - Played eight tests from 2017-18, all bar one part of the RWC 2019 qualification process (15s) - Played in the World Rugby U20 Trophy 2017 (15s) - Started playing rugby at age of eight
9	Hugo Stiles	17/08/1986 (36)	170	73				<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played in World Rugby Sevens Challenger Series 2022 in August - Made Hong Kong debut on Series in Tokyo in 2015 - Played in the World Rugby Sevens Challenger Series 2020 in Montevideo - Played one test for Hong Kong v Kenya in 2016 (15s) - Played in the World Rugby U20 Trophy 2014-16 (15s) - Born in UK
10	Russell Webb (co-captain)	30/12/1993 (28)	170	73	3			<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August, scoring tries v Zimbabwe and Georgia

								<ul style="list-style-type: none"> - Played at World Rugby Sevens Repechage for Tokyo 2020 - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Made Hong Kong debut on Series in Singapore in 2019 - Played in World Series qualifier in 2018 and 2019 - Started playing rugby at age of eight at Hong Kong Football Club - Born in Hong Kong
11	Seb Brien (co-captain)	20/08/1994 (28)	175	85				<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August, scoring a try v Jamaica - Made Hong Kong debut on Series in Singapore in 2019 - Played in the World Rugby Sevens Challenger Series 2020 in Montevideo - Played in World Series qualifier in 2018 and 2019 - Played three tests on wing in 2019 (15s) - Played in the World Rugby U20 Trophy 2014 (15s) - Born in the UK
12	Salom Yiu Kam-shing	04/02/1988 (34)	183	85.5				<ul style="list-style-type: none"> - Played at RWC Sevens 2013 and 2018 - Played in World Rugby Sevens Challenger Series 2022 in August, scoring tries v Jamaica and Zimbabwe - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Made Hong Kong debut on Series in Hong Kong in 2010 - Also played in Hong Kong in 2011, 2012 and 2013, Tokyo in 2012 and 2015 and Singapore in 2017 and 2019 - Played in World Rugby Olympic Repechage for Tokyo 2020 and for Rio 2016 - Played in Series qualifier in 2015, 2016, 2017, 2018 and 2019 - Played test rugby from 2009-18 (15s) - Born in Guangdong, China

Info correct at time of going to publication



IRELAND

Head coach: James Topping

Captain: Billy Dardis

RWC Sevens record: 1993 – Semi-finalists / 1997 – Bowl semi-finalists / 2001 – Bowl semi-finalists / 2005 – Plate quarter-finalists / 2009 – Bowl finalists / 2013 – DNP / 2018 – Challenge Final winners (Ninth)

2022 seeding: 9

Did you know...?

- Ireland qualified for RWC Sevens 2022 as one of the four highest ranked teams at the European qualifier in Budapest in July
- Five players return from RWC Sevens 2018 in Harry McNulty, Bryan Mollen, Billy Dardis, Jordan Conroy and Terry Kennedy
- Ireland finished the World Rugby Sevens Series 2022 as the top northern hemisphere nation in a best-ever fifth place
- Ireland secured the silver medal in Toulouse and two other top-four finishes on the 2022 Series, and reached all but one of the Cup quarter-finals
- This improved on their 10th place finish in the COVID-19 curtailed debut season in 2020 and sixth in the truncated 2021 Series

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	James Topping	18/12/74 (47)						<ul style="list-style-type: none"> - Played at RWC Sevens 2001 - Coached Ireland in two rounds of 2021 Series and in 2022 - Former Ireland, Ulster and Ballymena winger - Played eight tests from 1996-2003 - Won the European Cup with Ulster in 1999 - Elite Player Development Officer with Ulster Rugby - Played three Series events across 1999/2000 and 2000/01 - Made Ireland debut on Series in Hong Kong in 2000
1	Jack Kelly	26/10/97 (24)	183	90	17	110	22	<ul style="list-style-type: none"> - First RWC Sevens - Played at Tokyo 2020 Olympic Games - Played in the World Rugby Sevens Repechage victory in Monaco

								<ul style="list-style-type: none"> - Made Ireland debut on Series in London in 2019 - Played at World Rugby U20 Championship in 2017 (15s)
2	Andrew Smith	21/07/00 (22)	183	90	8	45	9	<ul style="list-style-type: none"> - First RWC Sevens - Made Ireland debut on Series in Dubai (R2) in December 2021 - Leinster Academy winger
3	Harry McNulty	05/03/93 (29)	185	98	15	55	11	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at Tokyo 2020 Olympic Games - Made Ireland debut on Series in London in 2018 - Made Ireland Sevens debut in Rugby Europe Conference in 2015 and has played in every senior event nation has played in since
4	Bryan Mollen	25/09/95 (26)	187	94	17	60	12	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Captained Ireland in Vancouver and Edmonton and did so again in Malaga and Seville in absence of Billy Dardis - Played at Tokyo 2020 Olympic Games - Made Ireland debut on Series in London in 2018
5	Chay Mullins	23/01/02 (20)	193	94	5	20	4	<ul style="list-style-type: none"> - First RWC Sevens - Made Ireland debut on Series in Singapore in 2022 - Bristol-born he is part of IQ programme (Irish Qualified) - On books of Bristol Bears Academy - Played four matches as Ireland won U20 Six Nations Grand Slam in 2022, scoring tries v Wales (2) and Italy (15s) - Played in U20 Six Nations in 2021 as winger (15s)
6	Billy Dardis (captain)	31/01/95 (27)	179	83	18	253	7	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Captained Ireland at Tokyo 2020 Olympic Games - Captained Ireland to victory in the World Rugby Sevens Repechage in June 2021 to earn final spot in Tokyo - Captained Ireland to series qualifier success in Hong Kong in 2019 - Made Ireland debut on Series in London in 2018 - Third season as Ireland Sevens captain - Has been there from the start of Ireland's journey from the bottom-tier of Rugby Europe sevens

7	Jordan Conroy	10/03/94 (28)	189	78	16	370	74	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Ireland's joint highest try-scorer in Series history with Terry Kennedy - Became the first Irish player to score 50 tries on Series in Edmonton on 2021 Series - Played at Tokyo 2020 Olympic Games - Named in Dream Team for the 2020 Series, finishing also as top try-scorer with 30 - First player to score five tries in a match (v Scotland in Dubai) on men's series since Kevin Swiryn in Hong Kong in March 2010 - Made Ireland debut on Series in London in 2018 - Started playing rugby at age of 19 - Spent his early childhood in Germany
8	Hugo Lennox	06/03/99 (23)	177	73	14	63	7	<ul style="list-style-type: none"> - First RWC Sevens - Played at Tokyo 2020 Olympic Games - Played in the World Rugby Sevens Repechage victory in Monaco - Made Ireland debut on Series in London in 2019 - Made his Ireland Sevens debut on the Rugby Europe Sevens Grand Prix Series in Lodz in 2018
9	Mark Roche	25/01/93 (29)	172	85	18	195	11	<ul style="list-style-type: none"> - First RWC Sevens - Played at Tokyo 2020 Olympic Games - Played in the World Rugby Sevens Repechage victory in Monaco - Made Ireland debut on Series in London in 2018 - Younger brother Tom has played for Ireland on 2022 Series - Played for Ireland at U18, U20 and Ireland Clubs' XV - Played at World Rugby U20 Championship in 2013 (15s)
10	Terry Kennedy	04/07/96 (26)	183	84	18	370	74	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Named in 2022 Series Dream Team, finishing as top try scorer with 50 - Became second Ireland player to score 50 tries on Series after Jordan Conroy (56) - Finished second in the DHL Performance Tracker standings for 2022 Series - Ireland's joint highest try-scorer in Series history with Jordan Conroy - Played at Tokyo 2020 Olympic Games

								<ul style="list-style-type: none"> - Played in the World Rugby Sevens Repechage victory in Monaco, scoring nine tries - Made Ireland debut on Series in London in 2018 - Runner-up at World Rugby U20 Championship 2016 (15s) - Father Terry played for Ireland, winning 13 caps from 1978-81 (15s)
11	Sean Cribbin	20/08/98 (24)	180	85	7	39	3	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Olympic Repechage for Tokyo 2020 - Made Ireland debut on Series in Paris in 2018
12	Matthew McDonald	04/03/98 (24)			3	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Ireland debut on Series in Singapore in 2022

Info correct at time of going to publication



JAMAICA

Head coach: Hughton Campbell

Co-Captains: Cameron Melville and Tyler Bush

Nickname: Croc Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – DNP / 2005 – DNP / 2009 – DNP / 2013 – DNP / 2018 – 24th

2022 seeding: 21

Did you know...?

- Jamaica qualified for RWC Sevens 2022 after finishing runners-up to Canada in the Rugby Americas North Super Sevens in Nassau in April
- Jamaica finished 24th on their debut at Rugby World Cup Sevens 2018, losing 33-21 to Zimbabwe in the Bowl placing play-offs
- Only three players return from that team in Rhodri Adamson, Tyler Bush and Ashley Smith
- Jamaica finished 10th at the World Rugby Sevens Challenger Series 2022 in August
- Jamaica finished 13th at the Commonwealth Games in July, following victories over Sri Lanka and Malaysia in their two placings games
- Jamaica made their World Series debut in Vancouver in September 2021. They are not the first Caribbean nation to play on the men's Series as Trinidad and Tobago (Los Angeles in 2003-04 Series) and Guyana (Las Vegas in 2010 and 2011) have previously played events in North America

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Hughton Campbell	12/06/84 (38)						- Coached Jamaica at the 2022 Commonwealth Games in July - Has been part of management team in Jamaica's four tournaments on the Series across 2021 and 2022
1	Jack Rampton	06/05/01 (21)	194	99				- First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August, scoring a try v Tonga and Lithuania - Made World Series debut in Vancouver in September 2021, scoring maiden Series try v Chile - Also played in Edmonton in 2021 Series

								<ul style="list-style-type: none"> - Played in Malaga on 2022 Series - Sister Jazz plays for the Jamaica sevens women's team and his mother ran 400m for Great Britain
2	Cameron Melville (co-captain)	19/01/01 (21)	181	90	2	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August - Made World Series debut in Malaga in January 2022 - Also played in the Seville round, scoring his maiden Series try v Japan - Twin brother Ollie is a Scotland U20 international and played England U18 (15s)
3	Oscar Clayton	11/11/98 (23)	181	90	2	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August - Made World Series debut in Malaga in January - Also played in Seville, scoring his maiden Series try v Canada - Born in Brussels
4	Ronaldeni Fraser	10/08/02 (20)	152	63	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Jamaica on World Series - Played in World Rugby Sevens Challenger Series 2022 in August - Played in Commonwealth Games in 2022 - Born in Kingston
5	Rhodri Adamson	29/10/93 (28)	184	90	1	2	0	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 when Jamaica made their debut - Played at 2018 and 2022 Commonwealth Games - Made Jamaica debut on Series in Malaga in 2022 - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Played in one round of World Rugby Sevens Challenger Series 2020 in Vina del Mar - Played in World Series qualifier in 2017 - Started playing rugby at age of eight at Winchester Rugby Club – bribed with a Gameboy to start as wanted to be a footballer - Born in SE London, UK
6	Fabian Turner	05/10/91 (30)	187	87	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Commonwealth Games debut in Birmingham in 2022 - Played in World Rugby Sevens Challenger Series 2022 in August - Made Jamaica debut on Series in Vancouver in 2021

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7	Tyler Bush (co-captain)	13/05/96 (26)	187	90	2	10	2	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 when Jamaica made their debut - Played at Commonwealth Games in 2018 and 2022 - Made Jamaica debut on Series in Malaga in 2022; also played in Seville - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Started playing rugby at age of 10 with Ealing Trailfinders
8	Gareth Stoppani	11/04/90 (32)	181	85	2	22	4	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games in 2018 and 2022 - Made Jamaica debut on Series in Malaga in 2022 - Played in World Rugby Sevens Repechage in Monaco in June 2020
9	Ashley Smith	18/06/91 (31)	188	91	4	5	1	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 when Jamaica made debut - Played at Commonwealth Games in 2018 and 2022 - Made Jamaica debut on Series in Vancouver in 2021 - Played in World Rugby Sevens Repechage in June 2021
10	Anthony Bingham	12/06/84 (38)	167	72	2	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games in 2018 - Made Jamaica debut on Series in Malaga in 2022 - Played in World Rugby Sevens Repechage in Monaco in June 2020 - Played in two rounds of the World Rugby Sevens Challenger Series in 2020 - Played in HSBC World Rugby Sevens Series Qualifier 2017
11	Ryan Denvir	13/03/01 (21)	182	89	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 in August, scoring a try v PNG - Yet to play for Jamaica on World Series - Born in Chertsey, Surrey, UK
12	Omar Dixon	09/12/90 (31)	184	90	1	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games in Birmingham in 2022 - Made Jamaica debut on Series in Malaga in 2022 - Played in World Series qualifier in 2017, 2018 and 2019

Info correct at time of going to publication

KENYA

Head coach: Damian McGrath

Captain: Nelson Oyoo

Nickname: Shujaa Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – Bowl semi-finalists / 2005 – Bowl semi-finalists / 2009 – Semi-finalists / 2013 – Fourth / 2018 – 16th

2022 seeding: 13

Did you know...?

- Kenya qualified for RWC Sevens 2022 by finishing third at the Rugby Africa Sevens
- Kenya's best finish at a RWC Sevens was in 2009 when they reached the semi-finals, losing 12-0 to Argentina
- Six players return from RWC Sevens 2018 in Jeff Oluoch, Herman Humwa, Nelson Oyoo, Samuel Oliech, Collins Injera and Willy Ambaka
- Kenya finished joint-seventh at the Commonwealth Games in 2022
- Kenya finished ninth at Tokyo 2020 after beating Japan and Ireland in the pool stages – bettering their 11th place finish at Rio 2016

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Damian McGrath (head coach)	02/08/58 (64)						<ul style="list-style-type: none"> - Appointed Kenya head coach on 11 May with contract through to Paris 2024 Olympic Games, replacing Innocent Simiyu - Kenya are the fourth team he has coached on the World Series after Canada, Samoa and Germany - Coached Germany in Edmonton and Vancouver on 2021 Series, having been head coach since October 2019 - Coached Germany to World Rugby Sevens Challenger Series victory in Vina del Mar in 2020 - Coached Samoa in 2015-16, leading them to Cup title in Paris

								<ul style="list-style-type: none"> - Coached Canada from 2016-19, guiding them to their only title in Singapore in 2017 - Part of England sevens coaching setup from 2001-06, acting as assistant coach to Mike Friday - Has coached in both rugby union (15s and sevens) and Rugby League
1	Edmund Anya	15/05/98 (22)	185	102	9	25	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played in Dubai rounds on 2022 Series, having last played in Vancouver in 2019 - Made Kenya debut on Series in Las Vegas in 2019 - Played two tests for Kenya in 2018 as part of RWC 2019 qualification process (15s)
2	Johnstone Olindi	04/11/99 (22)	177	68	20	181	23	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made Kenya debut on Series in Dubai in 2018
3	Kevin Wekesa	07/08/00 (22)	185	98	6	35	7	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022
4	Vincent Onyala	10/12/96 (25)	180	89	18	227	45	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made Kenya debut on Series in Cape Town in 2018 - Played two matches in Rugby Africa Cup 2022 in July as Kenya lost in final to confirm place in Final Qualification Tournament for RWC 2023 (15s)
5	Billy Odhiambo	07/11/93 (28)	187	91	59	507	101	<ul style="list-style-type: none"> - First RWC Sevens - Became the fourth Kenyan to score 100 tries on Series (behind Collins Injera (279), Humphrey Kayange (159) and Willy Ambaka (129) with his try v England in Los Angeles - Played at Rio 2016 and Tokyo 2020 Olympic Games - Made Kenya debut on Series in Port Elizabeth in 2012 - Played at Commonwealth Games in 2014, 2018 and 2022 - Nicknamed "Billy the Kid"

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6	Jeff Oluoch	02/04/95 (27)	177	96	29	220	44	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at Tokyo 2020 Olympic Games - Made Kenya debut on Series in Dubai in 2015 - Played at Commonwealth Games in 2018 - Avid dancer who owns a dance crew in Nairobi
7	Anthony Omondi	26/03/95 (27)	175	89	9	100	6	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Kenya debut on Series in Dubai (R1) in November 2021
8	Herman Humwa	08/11/95 (26)	183	102	22	65	13	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Played at Nanjing 2014 Youth Olympic Games - Made Kenya debut on Series in Dubai in 2017
9	Nelson Oyoo (captain)	26/06/94 (28)	178	93	47	295	59	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Took over captaincy following Andrew Amonde's retirement post Tokyo Olympic Games - Played at Tokyo 2020 Olympic Games - Made Kenya debut on Series in Dubai in 2015 - Played at Commonwealth Games in 2018 and 2022 - Played one test in RWC 2019 repechage in November 2018 (15s)
10	Samuel Oliech	15/12/93 (28)	175	87	25	405	33	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Made first appearance of 2022 Series in Los Angeles, having last played in Vancouver in 2020 - Made Kenya debut on Series in Las Vegas in 2016 - Played at Commonwealth Games in 2018 - Played at Rio 2016 Olympic Games - Capped at test level by Kenya (15s)
11	Collins Injera	18/10/86 (35)	180	92	83	1,443	279	<ul style="list-style-type: none"> - Played at RWC Sevens 2009, 2013 and 2018 – first Kenyan to play in three tournaments - Played at Tokyo 2020 and Rio 2016 Olympic Games - This is his first tournament appearance for Kenya since Tokyo - Kenya's most-capped player and leading try-scorer in Series history

								<ul style="list-style-type: none"> - Second highest try-scorer in Series history (279) behind Dan Norton - Made Kenya debut on Series in Hong Kong in 2007 - Played alongside brother Humphrey Kayange for many years on Series - Played at 2010, 2014 and 2018 Commonwealth Games - Played 13 tests for Kenya from 2006-09, in 2014 and 2018 (15s) - Named in Kenya's squad for RWC 2019 repechage in Nov 2018 (15s)
12	Willy Ambaka	14/05/90 (32)	189	103	53	660	132	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 and 2018 - Played in Commonwealth Games in 2018 and 2022 - Los Angeles was first tournament on 2022 Series - Played at Rio 2016 and Tokyo 2020 Olympic Games - Made Kenya debut on Series in Hong Kong in 2011 - One of few players in squad with professional rugby experience in FRA, NZL and RSA - Made test debut for Kenya in RWC 2019 qualifiers in August 2018 (15s) - Named in Kenya's squad for RWC 2019 repechage in November 2018 and played v Canada on 11 November (15s)

Info correct at time of going to publication



KOREA

Head coach: Charles Louw

Captain: Wanyong Park

RWC Sevens record: 1993 – Plate semi-finalists / 1997 – Cup quarter-finals / 2001 – Plate quarter-finals / 2005 – Bowl quarter-finals / 2009 – DNP / 2013 – DNP / 2018 - DNP

2022 seeding: 19

Did you know...?

- Korea qualified for RWC Sevens 2022 by finishing runners-up to Hong Kong in the Asia Rugby Sevens Series in November last year
- Korea are appearing at their first Rugby World Cup Sevens since 2005, having competed in the first four tournaments but none since until Cape Town
- Korea finished 12th at the World Rugby Sevens Challenger Series in Santiago in August

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Charles Louw (head coach)							- Coaches Korea 15s and sevens team - Head coach for Asia Rugby Championship 2022 matches against Malaysia and Korea, a tournament which formed part of RWC 2023 qualification process (15s)
1	Seongdeok Choi	31/05/99 (23)	185	102	0	0	0	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Yet to play for Korea on World Series - Played test rugby for Korea in 2019 (15s)
2	Jinkyu Lee	04/07/94 (28)	182	97	1	0	0	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Made Korea debut on Series in Hong Kong in 2018 - Played test rugby for Korea in 2018 (15s)
3	Chanju Kim	28/03/02 (20)			0	0	0	- First RWC Sevens - Yet to play for Korea on World Series

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								- Plays for Korea University
4	Yongheung Chang	12/11/93 (28)	175	81	0	0	0	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Yet to play for Korea on World Series - Played in World Rugby Sevens Series qualifier 2015 - Nine tests for Korea, 2015-22 (15s)
5	Jaehyeok Yu	28/02/93 (29)			0	0	0	- First RWC Sevens - Yet to play for Korea on World Series - Played four tests for Korea in 2017 (15s)
6	Hyunsoo Kim	08/11/88 (33)	181	98	4	25	5	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Made Korea debut on Series in Hong Kong in 2010 - Played in the World Rugby U20 Trophy in 2008 (15s)
7	Yeonsik Jeong	08/05/93 (29)	182	76	1	0	0	- First RWC Sevens - Made Korea debut on World Series in Hong Kong in 2017 - Played at the Tokyo 2020 Olympic Games, scoring tries v New Zealand and Japan - Played in the World Rugby Olympics Repechage for Rio 2016 - Played 11 tests for Korea, 2014-22 (15s)
8	Yohan Kim	01/01/93 (29)	187	97	0	0	0	- First RWC Sevens - Yet to play for Korea on World Series - Played three tests at flanker for Korea, 2019-22 (15s)
9	Wanyong Park (captain)	02/06/84 (38)	170	73	5	35	5	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Made Korea debut on Series in Hong Kong in 2008 - Played in the next three Hong Kong tournaments before gap to Los Angeles in 2020
10	Namuk Kim	05/02/90 (32)	179	95	2	0	0	- First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Made Korea debut on Series in Hong Kong in 2016 - Played 16 tests for Korea from 2014-19 (15s)

11	Gwangmin Kim	02/04/88 (32)	177	82	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at the Tokyo 2020 Olympic Games - Yet to play for Korea on World Series - Played 17 tests for Korea from 2012 onwards, scoring four tries in his last four appearances (15s) - Played in the World Rugby U20 Trophy in 2008 (15s)
12	Jeongmin Jang	10/11/94 (27)	175	77	2	27	5	<ul style="list-style-type: none"> - First RWC Sevens - Played in Tokyo Olympic Games, scoring a try v Japan - Scored winning try with final play to snatch a 12-7 win over China in the semi-finals in Tokyo Olympic qualifier - Made Korea debut on Series in Hong Kong in 2018 - Played in Olympic Games repechage in 2016 - Played five tests for Korea from 2018- (15s)

Info correct at time of going to publication



NEW ZEALAND

Head coach: Clark Laidlaw

Co-Captains: Sam Dickson and Sione Molia

Nickname: All Blacks Sevens

RWC Sevens record: 1993 – Quarter-finalists / 1997 – Semi-finalists / 2001 – Champions / 2005 – Runners-up / 2009 – Quarter-finalists / 2013 – Champions / 2018 – Champions

2022 seeding: 5

Did you know...?

- New Zealand qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- New Zealand are the only nation to successfully defend the Melrose Cup, having gone back-to-back in 2013 and 2018. They – along with the New Zealand women – are bidding to become the first to win three in a row
- New Zealand are the most successful team in RWC Sevens history with three titles, in 2001, 2013 and 2018
- New Zealand have scored more RWC Sevens points (1,357) and tries (213) than any other team
- New Zealand won the bronze medal at Commonwealth Games 2022 in July
- New Zealand failed to qualify for the Cup quarter-finals for the first time in Series history in Toulouse in 2022
- New Zealand have scored the most points (29,859) and tries (4,751) in Series history

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Clark Laidlaw (head coach)	16/07/97 (45)						- Sixth season as head coach, starting role in June 2017 - Previously All Blacks Sevens skills coach and video analyst - Former Scotland Sevens player, appearing on Series between 2001-06 - Played for Scotland at RWC Sevens 2005
1	Scott Curry	17/05/88 (34)	194	96	54	620	120	- Gold medallist at RWC Sevens 2018 - Bronze medallist at Commonwealth Games 2022 - Gold medallist at Commonwealth Games 2018

								<ul style="list-style-type: none"> - Silver medallist at Commonwealth Games 2014 - Co-captained New Zealand to silver medal at Tokyo 2020 Olympic Games - Made New Zealand debut on Series in Dubai in 2010 - Played at Rio 2016 Olympic Games
2	Amanaki Nicole	08/02/92 (30)	190	99	11	65	13	<ul style="list-style-type: none"> - First RWC Sevens - Made first appearance of 2022 Series in Toulouse, having last played in Vancouver in 2020 - Silver medallist at Tokyo 2020 Olympic Games - Made New Zealand debut on Series in Hong Kong in 2018
3	Tone Ng Shiu	26/05/94 (28)	189	98	30	180	36	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Commonwealth Games 2022 - Silver medallist at Tokyo 2020 Olympic Games - Named New Zealand Rugby Sevens Player of the Year in 2018/19, having appeared in all 60 matches that season - Made New Zealand debut on Series in Wellington in 2017
4	Akuila Rokolisoa	26/07/95 (27)	178	82	1	284	34	<ul style="list-style-type: none"> - Gold medallist at RWC Sevens 2018 - Scored a try in the final of RWC Sevens 2018 v England - Made New Zealand debut on Series in Hong Kong in 2018 - Gold medallist at Commonwealth Games 2018 - Bronze medallist at Commonwealth Games 2022
5	Lewis Ormond	05/02/94 (28)	194	92	12	112	22	<ul style="list-style-type: none"> - First RWC Sevens - Made return to Series in Los Angeles over five years after his last appearance in London in 2017 - Had spells playing for Southland and in France in between - Played at Rio 2016 Olympic Games
6	Ngarohi McGarvey-Black	20/05/96 (26)	186	90	16	267	29	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Commonwealth Games 2022 - Made first appearance of 2022 Series in Vancouver, having last played in Los Angeles in 2020 - Silver medallist at Tokyo 2020 Olympic Games - Nominated for Richard Crawshaw Memorial All Blacks Sevens Player of the Year in 2020 and 2021

								- Made New Zealand debut on Series in Las Vegas in 2018
7	Sam Dickson (co-captain)	28/10/89 (32)	190	99	58	464	92	<ul style="list-style-type: none"> - Gold medallist at RWC Sevens 2013 - Took over captaincy with Tim Mikkelson (injury) and Scott Curry (playing in Japan) unavailable - Missed Tokyo 2020 Olympic Games after suffering hamstring injury in training a week before tournament - Played his 50th event in Cape Town in 2019 – sixth New Zealand player to reach the milestone - Made New Zealand debut on Series in Dubai in 2012 - Gold medallist at Commonwealth Games in 2018 - Bronze medallist at Commonwealth Games 2022 - Played at Rio 2016 Olympic Games
8	Caleb Tangitau	19/03/03 (19)	188	90	5	100	20	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Commonwealth Games 2022 - Made New Zealand debut on Series in Singapore in 2022 - Signed with All Blacks Sevens programme at start of 2022
9	Regan Ware	07/08/94 (28)	188	89	41	532	106	<ul style="list-style-type: none"> - Gold medallist at RWC Sevens 2018 - Became the 12th player to score 100 Series tries for New Zealand in Singapore - Silver medallist at Tokyo 2020 Olympic Games - Bronze medallist at Commonwealth Games 2022 - Gold medallist at Commonwealth Games in 2018 - Played at Rio 2016 Olympic Games - Made New Zealand debut on Series in Dubai in 2015 - Played for Māori All Blacks v USA in November 2018 (15s)
10	Kurt Baker	07/10/88 (33)	1.86	93	45	835	129	<ul style="list-style-type: none"> - Gold medallist at RWC Sevens 2013 and 2018 - Made New Zealand debut on Series in Dubai in 2008 - Gold medallist at Commonwealth Games in 2010 and 2018 - Signed new All Blacks Sevens contract in November 2018 until 2020
11	Moses Leo	11/08/97 (25)	195	95	3	40	8	<ul style="list-style-type: none"> - First RWC Sevens - Scored the winning try in the Cup final in Los Angeles in August - Made New Zealand debut on Series in Singapore - Bronze medallist at Commonwealth Games 2022

12	Sione Molia (co-captain)	05/09/93 (29)	189	92	39	335	67	<ul style="list-style-type: none"> - Turned 29 on Monday of Cape Town tournament week - Gold medallist at RWC Sevens 2018 - Scored two tries in final of RWC Sevens 2018 v England - Made first appearance of 2022 Series in Toulouse having missed Singapore and Vancouver to remain in New Zealand for birth of his first child - Silver medallist at Tokyo 2020 Olympic Games - Made New Zealand debut on Series in Las Vegas in 2016 - Gold medallist at Commonwealth Games in 2018 - Bronze medallist at Commonwealth Games 2022 - Played at Rio 2016 Olympic Games
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PORTUGAL

Head coach: Federico Sousa

Captain: Rodrigo Freudenthal

RWC Sevens record: 1993 – DNP / 1997 – Bowl quarter-finalists / 2001 – Bowl runners-up / 2005 – Plate runners-up / 2009 – Plate semi-finalists / 2013 – Plate quarter-finalists / 2018 – DNP

2022 seeding: 24

Did you know...?

- Portugal qualified for RWC Sevens 2022 as one of the four highest ranked sides at the European qualifier in Budapest in July
- Portugal featured in one of only seven draws in RWC Sevens history when they drew 19-19 with Wales in the opening match in 2001
- Only Duarte Moreira in the squad has previously played in a RWC Sevens, albeit back in 2013
- Portugal were crowned European champions in eight of the first 10 years of the Rugby Europe competition but haven't picked up a title since 2011

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Federico Sousa (coach)	18/08/78 (44)			16			<ul style="list-style-type: none"> - Played at RWC Sevens 2001 and 2005 - Played 16 rounds between the 2000-01 and 2006-07 Series - Coached Portugal on both rounds of the World Rugby Sevens Challenger Series in 2020 - Played 46 tests for Portugal from 2000-07 (15s) - Played for Portugal on their Rugby World Cup debut in 2007 (15s) - Coached Portugal national team in 2013-14, having previously held an assistant coach role (15s)
1	Duarte Moreira	09/10/88 (33)	184	95	28			<ul style="list-style-type: none"> - Played in RWC Sevens 2013 - Played in two rounds of the World Rugby Sevens Challenger Series in 2020 - Made debut for Portugal on Series in Hong Kong in 2009 - Two tests for Portugal in 2013 and 2016 (15s)

2	Vasco Ribeiro	13/10/97 (24)	183	89	11	30	6	<ul style="list-style-type: none"> - First RWC Sevens - Made debut for Portugal on Series in Dubai in 2015 - Played 13 tests for Portugal from 2016-19 (15s) - Played in World Rugby U20 Trophy in 2015 and 2017 (15s)
3	Joao Afra Rosa	01/12/02 (19)	188	96	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Portugal on World Series - Plays for Lusitanos in Rugby Europe Super Cup
4	Nuno Sousa Guedes	21/11/94 (27)	176	84	25	207	31	<ul style="list-style-type: none"> - First RWC Sevens - Played in Montevideo round of World Rugby Sevens Challenger Series 2020 - Made Portugal debut on Series in Dubai in 2012 - Played 28 tests for Portugal from 2016-22 (15s) - Played at World Rugby U20 Trophy in 2013 (15s)
5	Jose Santos	03/04/01 (21)	175	85	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Portugal on World Series - Played in two rounds of World Rugby Sevens Challenger Series 2020 - Silver medallist with Portugal U20s at World Rugby U20 Trophy 2019
6	Jose Vilar Gomes	19/03/02 (20)	186	93	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Portugal on World Series
7	Rodrigo Freudenthal (captain)	17/12/97 (23)	184	80	1	1	5	<ul style="list-style-type: none"> - First RWC Sevens - Played in two rounds of World Rugby Sevens Challenger Series 2020 - Made Portugal debut on Series in Hong Kong in 2019 - Played eight tests for Portugal from 2018-19 (15s) - Played at World Rugby U20 Trophy in 2017 (15s)
8	Diogo Sarmiento	21/10/98 (23)	181	92	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in the Rugby Europe RWC Sevens 2022 qualification tournament in Budapest in July - Yet to play for Portugal on World Series
9	Manuel Vareiro	14/01/05 (17)	180	82	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Portugal on World Series - Standout performer in the Rugby Europe RWC Sevens 2022 qualification tournament in Budapest in July - Played for Portugal U18s in sevens

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10	Diogo Rodrigues	04/03/01 (21)	182	93	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Portugal on World Series - Played in the Rugby Europe RWC Sevens 2022 qualification tournament in Budapest in July - Plays for Lusitanos in Rugby Europe Super Cup
11	Joao Vaz Antunes	17/05/95 (27)	178	87	5	20	4	<ul style="list-style-type: none"> - First RWC Sevens - Made Portugal debut on Series in Port Elizabeth in 2014 - Last played on Series in Cape Town in 2015 - Played at World Rugby U20 Trophy in 2015 (15s)
12	Fabio Conceição	02/08/96 (26)	182	93	5	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Made Portugal debut on Series in Wellington in 2016 - Played two tests for Portugal from 2017-18 (15s)

Info correct at time of going to publication

SAMOA

Head coach: Muliagatele Brian Lima

Co-captains: Vaovasa Afa Su'a, Vaa Apelu Maliko, Melani Matavao

Nickname: Manu Samoa Sevens

RWC Sevens record: 1993 – Quarter-finalists / 1997 – Semi-finalists / 2001 – Quarter-finalists / 2005 – Plate winners / 2009 – Semi-finalists / 2013 – Plate finalists / 2018 – 13th

2022 seeding: 11

Did you know...?

- Samoa qualified for RWC Sevens 2022 through their finishing position in the World Rugby Sevens Series 2020 and Oceania Rugby Sevens Championship 2019 after COVID restrictions prevented the Oceania regional qualifier from taking place in 2022
- Samoa have only failed to reach the Cup quarter-finals of a Rugby World Cup Sevens twice (2005 and 2013)
- Samoa were joint-top try-scorers at RWC Sevens 2018 alongside France, scoring 20 tries in five matches
- There are no survivors from that RWC Sevens 2018 squad in Cape Town
- Samoa finished fifth at the 2022 Commonwealth Games
- Samoa reached the Cup semi-finals in the final four rounds of the World Rugby Sevens Series 2022

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Muliagatele Brian Lima	25/01/72 (50)			6	22	4	<ul style="list-style-type: none"> - First RWC Sevens as coach - Played for Samoa at three RWC Sevens in 1993, 1997 and 2005 - Appointed in August 2020 after Gordon Tietjens did not look to renew contract when expired - Made Samoa debut on Series in Paris in 2000 - Also played one round in 2002-03 Series (HKG) and four in 2004-05 (DUB, GEO, WEL, LA)

								<ul style="list-style-type: none"> - Played in five Rugby World Cups from 1991-2007 – at time of his debut he was youngest player in RWC history at 19 years and 255 days (15s) - Played 65 tests for Samoa from 1991-2007, scoring 31 tries (15s) - Also played two tests for Pacific Islanders in 2004 (15s) - Still Samoa's most-capped player (65 tests) and record try scorer (31) (15s) - Inducted into World Rugby Hall of Fame in 2011 - Nicknamed 'The Chiropractor' as a player due to his shuddering tackles - Former Samoa A head coach (2012-13 and 2018-19)
1	Vaovasa Afa Su'a (co-captain)	11/10/91 (30)	177	93	5	25	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Singapore in 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020 - Played for Samoa A in World Rugby Pacific Challenge 2015 and 2016 (15s)
2	Vaa Apelu Maliko (co-captain)	10/11/98 (23)	181	89	12	180	36	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020 - Made Samoa debut on Series in Singapore in 2018
3	Uaina Sione	03/01/96 (26)	183	87	9	85	17	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Hamilton in 2020
4	Motu Opetai	20/06/01 (21)	182	91	5	15	3	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Singapore in 2022
5	Levi Milford	18/09/01 (20)	190	99	1	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Samoa debut on Series in Los Angeles - Played at Commonwealth Games 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020
6	Paul Eti Slater	12/09/93 (28)	182	90	1	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Olympic Repechage for Tokyo 2020 - Made Samoa debut on Series in London in 2015 (sole event)

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7	Melani Matavao (co-captain)	19/11/95 (26)	172	80	12	204	15	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020 - Made Samoa debut on Series in Las Vegas in 2019 - Played at Rugby World Cup 2019 (15s) - Played 11 tests for Samoa from 2017-19 (15s) - Scored four tries in two matches against Germany in RWC 2019 qualifier play-off in 2018 (15s) - Played at World Rugby U20 Championship in 2015 (15s)
8	Neueli Leitufia	24/10/01 (20)	167	65	3	12	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Toulouse in 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020
9	Malo Luteru	10/08/01 (21)	172	75	1	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Samoa debut on Series in Los Angeles in 2022 - Was in Dubai when his mother rang to tell him his father had passed away, his father's last words to him were "go and follow your dreams, and pursue your talent from God"
10	Paul Scanlan	09/08/96 (26)	171	76	14	136	24	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020 - Made Samoa debut on Series in Hong Kong in 2019 - Played for Samoa A in 2017-18 (15s)
11	Owen Niue	06/04/00 (22)	180	85	5	52	10	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Singapore in 2022 - Played for Samoa A in World Rugby Pacific Challenge 2020 (15s)
12	Steve Onosai	19/09/01 (20)	175	86	5	97	19	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Samoa debut on Series in Singapore in 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020

Info correct at time of going to publication

SCOTLAND

Head coach: Ciaran Beattie

Captain: Jamie Farndale

RWC Sevens record: 1993 – Bowl finalist / 1997 – Plate semi-finalist / 2001 – DNP / 2005 – Quarter-finalist / 2009 – Plate winners / 2013 – Plate semi-finalist / 2018 – Seventh

2022 seeding: 12

Did you know...?

- Scotland qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- Scotland hosted the inaugural RWC Sevens in 1993
- Scotland finished sixth at the 2022 Commonwealth Games
- Scotland finished 13th on the 2022 Series, having made just one Cup quarter-final – in Seville
- Los Angeles was Scotland's last tournament on the Series with Great Britain to feature from 2023 onwards
- Scotland's only two Cup titles in Series history have come at Twickenham, winning the London Sevens in 2016 and 2017

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Ciaran Beattie (head coach)	23/02/86 (36)			6	28	4	- First RWC Sevens - Second series as head coach after taking charge before 2020 Series - Played for Scotland Sevens in six tournaments in 2005-05 - Made Scotland debut on Series in Dubai in 2005 - Played at Commonwealth Games in 2006 - Scotland U20 video analyst in 2014
1	Freddie Owsley	06/01/97 (25)	193	90	2	0	0	- First RWC Sevens - Made Scotland debut on Series in Toulouse in 2022 - Plays for Edinburgh Rugby

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2	Matt Davidson	06/11/99 (22)	180	92	7	22	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Scotland debut on Series in Malaga in 2022 - Named in core Scotland Sevens squad for 2022 - Played at World Rugby U20 Championship 2019 as full-back, scoring try in loss to Fiji that saw them relegated from top tier for first time (15s) - Also played in U20 Six Nations that year (15s) - FOSROC 6 player with Ayrshire Bulls
3	Callum Young	28/12/97 (24)	186	95	2	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Los Angeles was first World Series tournament since his debut in 2020 - Made Scotland debut on Series in Vancouver in 2020 - Named in core Scotland Sevens squad for 2022
4	Kaleem Barreto	19/12/98 (23)	174	81	9	102	12	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Named in core Scotland Sevens squad for 2022 - Made Scotland debut on Series in London in 2019 - Played in 2018 U20 Six Nations as scrum-half (15s) - FOSROC 6 player with Boroughmuir Bears
5	Harvey Elms	02/06/95 (27)	181	89	27	228	38	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at the Commonwealth Games 2022 - Made Scotland debut on Series in Dubai 2017 - Named in core Scotland Sevens squad for 2022
6	Paddy Kelly	18/10/95 (26)	186	95	15 (11 SCO, 4 GBR)	45	9	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Played for Great Britain in both Dubai rounds - Made Scotland debut on Series in Hamilton in 2020 - Played in World Rugby U20 Championship 2015 as centre (15s) - Winner of the Macphail Scholarship in 2016 - Plays for Glasgow Warriors
7	Jamie Farndale (captain)	21/02/94 (28)	184	97	54 (50 SCO, 4 GBR)	680	136	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played his 50th Series tournament for Scotland in Los Angeles - Played at Commonwealth Games 2022

								<ul style="list-style-type: none"> - Named Scotland captain for the 2022 campaign, having previously held the role in the 2019 Series - Played for Great Britain in both Dubai rounds on 2022 Series - Had left sevens programme to play 15s for Edinburgh but returned in Los Angeles on 2020 Series - Made Scotland debut on Series in London in 2015 - Played in three World Rugby U20 Championships (2012-14) - Previously represented Scotland in Home Unions competition in pentathlon
8	Fin Callaghan	15/08/01 (21)	183	92	3	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on Series in Malaga in 2022 - Played in Six Nations U20s Championship in 2021 (15s)
9	Reiss Cullen	10/05/96 (26)	173	82	6	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on Series in Malaga in 2022
10	Femi Sofolarin	22/01/00 (22)	183	93	11 (8 SCO, 3 ENG)	60	12	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made first appearance of 2022 Series in Singapore, having last played in Hamilton in 2020 - Named in core Scotland Sevens squad for 2022 – will combine playing duties with Scotland with studying at Newcastle University - Made Scotland debut on Series in Dubai in 2019 but has played for England in 2019 Series (able to switch to Scotland as not captured by England Sevens appearances being under age of 20) - Born in USA but has a Scottish grandmother - Made his England debut on Series in Singapore in 2019 - Capped by Scotland at U18 level in Six Nations Festival (15s) - Played for Crystal Palace Academy before starting secondary school (football)
11	Lee Jones	28/06/88 (34)	180	92	30	290	58	<ul style="list-style-type: none"> - First RWC Sevens - Before Malaga round of 2022 Series had last played in Hong Kong in 2018 - Named in core Scotland Sevens squad for 2022 - Played at Commonwealth Games 2010, 2014, 2018 and 2022 - Played 10 tests for Scotland across 2012 and 2017-18 (15s) - Played at World Rugby U20 Championship in 2008 (15s)

12	Aaron Purewal	02/02/98 (24)	188	79	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Scotland on World Series - Played for Rugby League for Whitehaven in 2021 - Former Scotland U19 international (15s) - Played for Boroughmuir and GHA in Scotland and Richmond in England (15s) - Studied Journalism at Edinburgh Napier University
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Info correct at time of going to publication



SOUTH AFRICA

Head coach: Neil Powell

Captain: Siviwe Soyizwapi

Nickname: Blitzboks

RWC Sevens record: 1993 – Quarter-finalists / 1997 – Runners-up / 2001 – Quarter-finalists / 2005 – Quarter-finalists / 2009 – Quarter-finalists / 2013 – Quarter-finalists / 2018 – Third

2022 seeding: 1

Did you know...?

- South Africa qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- South Africa won the Commonwealth Games in July after a 31-7 win over Fiji in the gold medal match
- South Africa finished second to Australia on the World Rugby Sevens Series, having begun with four successive Cup titles
- The Blitzboks established a 36-match winning run during the 2022 Series; it ended with defeat to the USA in their final pool game in Singapore. This is the second longest winning streak in men's Series history after New Zealand's 47 from 2007-08

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Neil Powell	28/06/78 (44)						<ul style="list-style-type: none"> - Coached South Africa to bronze medal at RWC Sevens 2018 - Played for South Africa at RWC Sevens 2009 - This will be his last tournament as coach before moving into 15s as director of rugby for the Sharks - Appointed South Africa Sevens coach in 2013 - Coached South Africa to back-to-back Series titles in 2016-17 and 2018 and a third in 2021 - Coached South Africa to gold medal at Commonwealth Games 2014 and 2022 - Coached South Africa at Commonwealth Games in 2018 - Coached South Africa to bronze medal at Rio 2016 Olympic Games

								<ul style="list-style-type: none"> - Coached South Africa to fifth at Tokyo 2020, although only in attendance for final match due to COVID - Played for South Africa on Series from 2001-12
1	Sakoyisa Makata	10/09/98 (23)	178	90	16	60	12	<ul style="list-style-type: none"> - Turns 24 on the Saturday of Cape Town tournament week - First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Made South Africa debut on Series in Las Vegas in 2019 - Was with SA Rugby Sevens Academy for two years, co-captaining them in Dubai invitational and Sudamerica Sevens Series in 2018 - Scouted into SA Academy after impressing in 2016 Craven Week
2	Christie Grobbelaar	25/05/00 (22)	192	95	8	70	14	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Made South Africa debut on Series in Vancouver in 2021 - A graduate of SA Rugby Sevens Academy
3	Impi Visser	30/05/95 (27)	188	90	21	115	23	<ul style="list-style-type: none"> - First RWC Sevens - Played at Tokyo 2020 Olympic Games - Made South Africa debut on Series in Dubai in 2018 - Scaled Kilimanjaro in 2019 - Qualified mechanical engineer
4	Shaun Williams	13/04/98 (24)	174	78	7	80	12	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Made South Africa debut on Series in Vancouver in 2021
5	Angelo Davids	01/06/99 (23)	172	85	9	160	32	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Made first appearance of 2022 Series in London, having last played in Vancouver in 2021 due to a fractured hand - First player to hit double figures for a single tournament in Canada and the first to score 10 in a Series event since France's Terry Bouhraoua in Cape Town in 2017 - Played at Tokyo 2020 Olympic Games - Made South Africa debut on Series in Hong Kong in 2019

								- Played at World Rugby U20 Championship 2019 (15s)
6	JC Pretorius	29/01/98 (24)	186	92	20	225	45	- First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Played at Tokyo 2020 Olympic Games - Named in Dream Team for the 2020 Series - Made South Africa debut on Series in Sydney in 2019
7	Ronald Brown	02/09/95 (27)	175	75	8	285	27	- First RWC Sevens - Gold medallist at Commonwealth Games in 2022 - Named SA Rugby Springbok Sevens Player of the Year 2021 - Nominated for SA Sport Awards Newcomer of the Year in March 2022 - Scored hat-trick in Dubai (R1) final, only the second Blitzboks player to do so in a Cup final and first since Steven Mark Hunt in Edinburgh in 2011 against Australia, amid a haul of 25 points - Played at Tokyo 2020 Olympic Games - Made South Africa debut on Series in Vancouver in 2021 - Recovered from Hodgkin's Lymphoma to resume his rugby career - Product of SA Rugby Sevens Academy
8	Selvyn Davids	26/03/94 (28)	175	80	27	564	69	- Bronze medallist at RWC Sevens 2018 - Gold medallist at Commonwealth Games in 2022 - Played at Tokyo 2020 Olympic Games - Nominated for SA Rugby Springbok Sevens Player of the Year 2021 - Made South Africa debut on Series in Hong Kong in 2017 - Joined SA Rugby Sevens Academy in 2016
9	Mfundo Ndhlovu	05/04/97 (25)	180	85	10	60	12	- RWC sevens debut - Gold medallist at Commonwealth Games in 2022, scoring a try in the gold medal match v Fiji - Made South Africa debut on Series in Hong Kong in 2018
10	Cecil Afrika	03/03/88 (34)	175	80	66	1,462	179	- Played at RWC Sevens 2013 - South Africa's all-time leading points scorer in Series history with 1,462 points - Announced retirement from international sevens in June 2020 but has played for Monaco in the professional Extensio Super Sevens league in France in recent months

								<ul style="list-style-type: none"> - Received call from Neil Powell last month asking if he was available to join squad following a raft of injuries - Won two World Rugby Sevens Series in 2016-17 and 2018 - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at 2014 Commonwealth Games, having also played in 2010 and 2018 - Named World Rugby Men's Sevens Player of the Year in 2011 - Made South Africa debut on Series in 2009 in Dubai with Powell as a team-mate
11	Siviwe Soyizwapi (captain)	07/12/92 (29)	178	88	40	670	134	<ul style="list-style-type: none"> - Bronze medallist at RWC Sevens 2018, scoring a try in play-off v Fiji - Joint-top try-scorer at RWC Sevens 2018 with six, along with New Zealand's Joe Ravouvou - Gold medallist at Commonwealth Games 2022 - Nominated for SA Rugby Springbok Sevens Player of the Year 2021 - Scored his 100th try in Edmonton in 2021, the seventh South African player to reach the milestone in Series history - Captained South Africa to fifth place at Tokyo 2020 Olympic Games - Named captain for 2020 Series after taking on role for final four tournaments of 2019 Series after Philip Snyman was injured - Made South Africa debut on Series in Hong Kong in 2016 - Played at Commonwealth Games in 2018 - Came through the SA Rugby Sevens Academy - Has played Super Rugby for Southern Kings (15s)
12	Muller du Plessis	25/06/99 (23)	183	85	20	315	63	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Commonwealth Games 2022 - Scored 11 tries in Edmonton round of 2021 Series, finishing the truncated Series as top scorer with 13 - Made South Africa debut on Series in Las Vegas in 2018 - Played at World Rugby U20 Championship in 2018 (15s)

Info correct at time of going to publication

TONGA

Head coach: Tevita Tuifua

Captain: Sione Tupou

RWC Sevens record: 1993 – Quarter-finalists / 1997 – Plate Winners / 2001 – DNP / 2005 – Bowl semi-finalists / 2009 – Plate semi-finalists / 2013 – Plate quarter-finalists / 2018 – 22nd

2022 seeding: 20

Did you know...?

- Tonga qualified for RWC Sevens 2022 through their finishing position in the HSBC World Rugby Sevens Series 2020 and Oceania Rugby Sevens Championship 2019
- Tonga are ever-presents on the Rugby World Cup Sevens stage, having competed in every tournament since the competition's inception in 1993
- Tonga finished seventh at the World Rugby Sevens Challenger Series 2022 in Santiago, Chile in August
- Tonga finished joint-11th at the Commonwealth Games in Birmingham in July

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Tevita Tuifua (head coach)	15/10/75 (46)			12			<ul style="list-style-type: none"> - Coached Tonga at the Commonwealth Games in July 2022 - Played at Commonwealth Games in 2006 - Played 12 events on World Rugby Sevens Series from 2002-03 to 2006-7 - Made Tonga debut on Series in Brisbane in 2002-03 - Coached Tonga in two World Rugby Sevens Series events in 2019 and on the World Rugby Sevens Challenger Series in 2020 - Played 10 tests for Tonga from 2003-07 (15s) - Played at RWC 2003 and 2007 (15s) - Assistant coach for Tonga at RWC 2015 (15s) - Also represented Tonga in Rugby League

1	Sione Tupou (captain)	25/05/94 (28)	190	100	2	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games in 2022 - Tonga's flagbearer at the Commonwealth Games 2022 in Birmingham, the city where he completed his church mission in his younger days - Played at World Rugby Sevens Challenger Series in August, scoring four tries - Made Series debut in Hamilton in 2019 - Played back row for Tonga A in the World Rugby Americas Pacific Challenge (2017-18) and World Rugby Pacific Challenge in 2019 (15s)
2	Niukula Osika	31/01/97 (25)	190	110	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series, scoring three tries - Played at Commonwealth Games in 2022, scoring try v Uganda - Yet to play on World Series - Played in both rounds of the World Rugby Sevens Challenger Series in 2020 in Vina del Mar and Montevideo - One of the first players from Botany College to play international rugby, another being New Zealand's Tone Ng Shiu - Has played sevens for Auckland in New Zealand
3	Samson Fualalo	21/07/95 (27)	182	102	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Sevens Challenger Series in August - Played at Commonwealth Games in 2022, scoring a try v Zambia - Yet to play on World Series - Went to University in Japan on a scholarship and was part of Japan Sevens programme but left before playing for them - Played in the World Rugby U20 Trophy in 2015 (15s)
4	Samisoni Asi	12/10/89 (32)	169	95	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Sevens Challenger Series in August - Played at Commonwealth Games in 2022, scoring two tries - Yet to play on World Series
5	Isileli Aholelei	28/11/98 (23)	170	86	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Tonga on World Series

								- Plays for Auckland University and has represented New Zealand Universities
6	Latuselu Vailea	24/09/92 (29)	180	93	2	57	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, scoring try v Uganda - Played at Commonwealth Games in 2022, scoring try v Malaysia - Made Tonga debut on Series on Gold Coast (AUS) in 2013 - Not played on Series since Wellington round of 2013-14 Series - Has played professionally in France - Younger brother plays for the NZ Warriors - Played in both rounds of the World Rugby Sevens Challenger Series in 2020 in Vina del Mar and Montevideo - Played for Tonga in the World Rugby Pacific Rugby Cup in 2013 (15s)
7	Edward Sunia	03/10/90 (31)	185	100	2	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, scoring tries v Zimbabwe and Uganda - Played at Commonwealth Games in 2022, scoring a try v Zambia - Made Tonga debut on Series in Hamilton in 2019 - Vice captain - Been part of Tonga Sevens squad since 2018
8	Amanaki Veamatahau	22/05/96 (26)	186	100	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at the World Rugby Sevens Challenger Series in August, scoring a try v Hong Kong - Played at Commonwealth Games in 2022 - Yet to play on World Series - Been part of the Tasman development programme in New Zealand
9	John Ika	10/04/92 (30)	169	88	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, including a hat-trick against Zimbabwe - Played at Commonwealth Games in 2022, red carded in his second match v South Africa and suspended for rest of tournament - Yet to play on World Series

								<ul style="list-style-type: none"> - From one of the outer islands in Tonga, Vavau - Based at the Māori Agricultural College in the Hawke's Bay area of New Zealand and played for the region's representative side this season - Played for Tonga A in the World Rugby Pacific Challenge 2017 and World Rugby Americas Pacific Challenge in 2017 and 2018 (15s)
10	Atieli Pakalani	02/08/89 (33)	183	88	6 (2 TGA, 4 AUS)	52	8	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, kicking 20 points - Played at Commonwealth Games in 2022, scoring 20 points through two tries and five conversions - Previously played for Australia, making his Series debut in Tokyo in 2014 - Played four events for Australia on the 2013-14 Series - Played for Tonga in Olympic repechage for Rio 2016, enabling him to switch to nation of his birth - Made Tonga debut on Series in Hamilton in 2019 - The most experienced player in the squad and vice captain - Came to New Zealand at age of 14 and went on to represent Auckland and NSW Waratahs in Super Rugby - Had a spell with Leicester Tigers in England in 2017 - Joined Uruguayan Súper Liga Americana de Rugby team Peñarol in 2020 - Played at Rugby World Cup 2019 (15s) - Played 13 tests for Tonga from 2017-19 (15s) - Played in the World Rugby U20 Championship in 2009 (15s)
11	Rodney Tongotea	18/02/99 (23)	185	100	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in Santiago in August, scoring try v Jamaica - Played at Commonwealth Games in 2022, scoring a try v Zambia - Yet to play on World Series - Has represented the Counties Manukau representative side - Played in both rounds of the World Rugby Sevens Challenger Series in 2020 in Vina del Mar and Montevideo - Played in the World Rugby U20 Trophy in Brazil in 2019 (15s)

12	John Tapueluelu	07/04/96 (26)	180	95	2	25	5	<ul style="list-style-type: none"> - Played for Tonga A in the World Rugby Pacific Challenge in 2019 (15s) - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, scoring tries v Jamaica, Hong Kong and Uruguay - Played at Commonwealth Games in 2022 - Made Tonga debut on Series in Hamilton in 2019 - Played in both rounds of the World Rugby Sevens Challenger Series in 2020 in Vina del Mar and Montevideo - Has played for Otago Sevens and development sides in the last few years - Has played for the New Zealand Schools Rugby League side after going to college in New Zealand - Played one test for Tonga, a Rugby World Cup 2023 qualifier against the Cook Islands last July (15s)
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Info correct at time of going to publication



UGANDA

Head coach: Tolbert Onyango

Captain: Micheal Okorach

Nickname: Rugby Cranes Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – DNP / 2005 – DNP / 2009 – DNP / 2013 – DNP / 2018 – 19th

2022 seeding: 22

Did you know...?

- Uganda qualified for RWC Sevens 2022 via their victory over Zimbabwe in the final of the Rugby Africa Men's Sevens in May
- The Rugby Cranes Sevens finished 19th on their Rugby World Cup Sevens debut in San Francisco in 2018
- Six players return from RWC Sevens 2018 in Philip Wokorach, Micheal Okorach, Desire Ayera, Aaron Ofoyrwoth, Adrian Kasito and Timothy Kisiga
- Uganda finished 10th at the Commonwealth Games in Birmingham in July, losing 31-17 to England in the ninth-place play-off
- A 12-12 draw in the pool stages against semi-finalists Australia was the highlight of their campaign
- Uganda started the World Rugby Sevens Challenger Series in Santiago in August with a victory against eventual champions Uruguay but had to settle for a sixth-place finish

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	<i>Tolbert Onyango</i>	<i>07/10/72 (49)</i>							- Coached Uganda for RWC Sevens debut in 2018 - Head coach of Uganda Sevens since 2014 - Head coach for Uganda for one test v Zambia in 2001 - Played two tests for Kenya in 1997 as scrum-half (15s) - Known as 'Toolbox'
1	Alex Aturinda	26/11/97 (24)	180	85	Pirates RFC, Kampala	0	0	0	- First RWC Sevens - Played at World Rugby Sevens Challenger Series 2022 in August - Played at Commonwealth Games 2022

									- Yet to play on World Series
2	Ivan Otema	17/05/99 (23)	186	87	Heathens, Kampala	0	0	0	- First RWC Sevens - Played at World Rugby Sevens Challenger Series in August - Played at Commonwealth Games 2022 - Yet to play on World Series - Won Rugby Africa Sevens Championship title in 2022
3	Ian Munyani	27/10/97 (24)	194	96	Kobs Rugby Club, Kampala	0	0	0	- First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, scoring three tries - Played at Commonwealth Games 2022 - Yet to play on World Series - Won Rugby Africa Sevens Championship title in 2022 - Played in World Rugby Sevens Repechage for Tokyo 2020 in Monaco - Played test rugby from 2018-19 (15s) - Works as a statistician
4	William Nkore	07/05/97 (25)	174	79	Pirates RFC, Kampala	0	0	0	- First RWC Sevens - Played at World Rugby Sevens Challenger Series 2022 in August - Played at Commonwealth Games 2022 - Yet to play on World Series - Played two rounds of the World Rugby Sevens Challenger Series 2020
5	Philip Wokorach	31/12/93 (28)	187	95	Vaclause (France)	3	75	9	- Played at RWC Sevens 2018 when Uganda made their debut, scoring four tries - Has been on the losing side v RWC Sevens 2022 opponents Samoa three times (twice in 2016 and again in 2018) - Top points scorer (56) at the World Rugby Sevens Challenger Series in August, with six tries (including a hat-trick v Uruguay) and 13 conversions

									<ul style="list-style-type: none"> - Top points scorer at his fourth Commonwealth Games appearance in Birmingham in July, having played in 2010, 2014 and 2018 - Played in three Rugby Africa Sevens Championships, winning the title in 2016, 2017 and 2022 - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Made Uganda debut on Series in Dubai in 2016 - Played test rugby from 2016-22 (15s) - Played in Rugby Africa Cup 2022, part of the qualifying process for Rugby World Cup 2023 (15s) - Nicknamed 'The Poet'
6	Micheal Okorach (captain)	14/08/90 (32)	186	98	Heathens Rugby Club, Kampala	4	5	1	<ul style="list-style-type: none"> - Captained Uganda on their RWC Sevens debut in 2018 - Played at World Rugby Sevens Challenger Series in August, scoring four tries - Made his fourth Commonwealth Games appearance in Birmingham in July, having played in 2010, 2014 and 2018 - Captain for two rounds of World Rugby Sevens Challenger Series 2020 - Captained Uganda at World Rugby Sevens Repechage for Tokyo 2020 - Made Uganda debut on Series in Dubai in 2016 - Also played in Cape Town on 2016-17 Series and Dubai and Cape Town on 2018 Series - Played more than 30 international sevens tournaments for Uganda since his debut in 2009 - Played test rugby from 2010-19 (15s)
7	Norbert Okeny	30/10/98 (23)	180	80	Heathens Rugby Club, Kampala	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August - Played at Commonwealth Games 2022 - Yet to play on World Series - Won Rugby Africa Sevens Championship title in 2022



									<ul style="list-style-type: none"> - Played in World Rugby Sevens Repechage for Tokyo 2020 in Monaco - Played two rounds of the World Rugby Sevens Challenger Series 2020 - ICT student
8	Desire Ayera	09/01/99 (23)	177	95	Pirates Rugby Club, Kampala	1	0	0	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Made second Commonwealth Games appearance in Birmingham in July, scoring a try in 12-12 draw v Australia - Won Rugby Africa Sevens Championship title in 2022 - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Made Uganda debut on Series in Dubai in 2017 - Played test rugby in 2019 (15s) - An accountant by profession
9	Aaron Ofoyrwoth	07/10/97 (24)	180	76	Heathens Rugby Club, Kampala	2	14	0	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at World Rugby Sevens Challenger Series in August, scoring two tries - Scored five tries in Birmingham in July in his second Commonwealth Games - Made Uganda debut on Series in Dubai in 2017 - Played two rounds of the World Rugby Sevens Challenger Series 2020 - Played in World Rugby Sevens Repechage for Tokyo 2020 in Monaco - Played test rugby from 2017-19 (15s)
10	Adrian Kasito	30/10/95 (26)	175	74	Kobs Rugby Club, Kampala	3	10	2	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at World Rugby Sevens Challenger Series in August, scoring try v Tonga - Played in second Commonwealth Games in Birmingham in July, scoring tries v Tonga and Jamaica - Played two rounds of the World Rugby Sevens Challenger Series 2020

									<ul style="list-style-type: none"> - Played in three Rugby Africa Sevens Championships, winning the title in 2016, 2017 and 2022 – the latter securing their place at Birmingham 2022 - Played 11 tests from 2018-21 (15s) - Works as a statistician
11	Timothy Kisiga	02/12/96 (25)	182	79	Pirates RFC, Kampala	0	0	0	<ul style="list-style-type: none"> - Played at RWC Sevens 2018, scoring four tries - Played at World Rugby Sevens Challenger Series in August, scoring tries v Germany and Tonga - Played in second Commonwealth Games in Birmingham in July, scoring try v England - Yet to play on World Series - Made his Uganda sevens debut in 2017 - Played in World Rugby Sevens Repechage for Tokyo 2020 in Monaco - Won Rugby Africa Sevens Championship title in 2022
12	Karim Arinaitwe	23/07/99 (23)	182	74	Kobs RFC, Kampala	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August - Scored try v England in ninth place play-off at his first Commonwealth Games in Birmingham in July - Yet to play on World Series - Won Rugby Africa Sevens Championship title in 2022

Info correct at time of going to publication

URUGUAY

Head coach: Ivo Digonjic

Captain: Diego Ardao

Nickname: Los Teros Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – DNP / 2005 – Bowl quarter-finalists / 2009 – Bowl semi-finalists / 2013 – Bowl semi-finalists / 2018 – 20th

2022 seeding: 18

Did you know...?

- Uruguay qualified for RWC Sevens 2022 as semi-finalists in the Sudamerica Rugby Sevens in Costa Rica in November 2021
- Los Teros Sevens went on to defeat Chile 21-0 in the final
- Uruguay won promotion to the HSBC World Rugby Sevens Series 2023 after winning World Rugby Sevens Challenger Series 2022 in Santiago in August with a 19-5 victory over Georgia

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	Ivo Dugonjic (head coach)	12/06/85 (37)				1	0	0	- First RWC Sevens as head coach - Coached Uruguay to victory at the World Rugby Sevens Challenger Series 2022 to secure core status for first time on World Series in 2023 - Also coached Uruguay on World Rugby Sevens Challenger Series in 2020 - Played one Series event for Uruguay in Hong Kong in 2009 - Played 18 tests for Uruguay from 2004-10 (15s)
1	Carlos Deus	05/07/01 (21)	189	90	Peñarol	0	0	0	- First RWC Sevens - Played in World Rugby Sevens Challenger Series 2022 success - Yet to play for Uruguay on World Series - Played three tests for Uruguay in 2022 (15s) - Represented Uruguay A and U20s (15s)

Men's team profiles and biographies

SOUTH AFRICA 2022

2	Marcos Pastore	01/04/97 (25)	179	86	Old Boys	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby Sevens Challenger Series 2020 and victory in 2022 - Yet to play for Uruguay on World Series - Represented Uruguay XV and at U20 level (15s)
3	Tomas Etcheverry	30/09/01 (20)	173	79	Peñarol	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series - Played three tests for Uruguay in 2022 (15s) - Represented Uruguay A and U20s
4	Tomas Inciarte	22/10/96 (25)	176	80	Peñarol	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series - Played in World Rugby Sevens Challenger Series 2022 success - Played in World Rugby Sevens Repechage for Rio 2016
5	Valentin Grille	14/05/98 (24)	178	78	Old Christians	0	0	0	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Yet to play for Uruguay on World Series - Played in World Rugby Sevens Challenger Series 2020 and 2022 success, scoring try in the final v Georgia - Played for Uruguay U20 in 2017-18 (15s)
6	Diego Ardao (captain)	04/08/95 (27)	177	84	Old Christians	2	20	4	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played in World Rugby Sevens Challenger Series 2022 - Played in World Rugby Sevens Series qualifier in 2018 and 2019 - Made Uruguay debut on Series in Las Vegas in 2018 - Also played a week later in Vancouver - Played for Uruguay U20s 2014-15 (15s)
7	Mateo Vinals	07/10/98 (23)	175	70	Carrasco Polo	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series - Played in World Rugby Sevens Challenger Series 2020 - Played three tests for Uruguay in 2021-22 (15s) - Played for Uruguay A and U20s (15s) - Played for Sudamerica XV (15s)
8	Baltazar Amaya	26/05/99 (23)	183	83	Peñarol	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series

									<ul style="list-style-type: none"> - Played in World Rugby Sevens Challenger Series 2020 and in 2022 success - Played four tests for Uruguay in 2021-22 (15s) - Played for Uruguay A, Uruguay XV and U20s (15s)
9	Guillermo Lijtenstein	14/09/90 (31)	167	77	Trebol	6	31	3	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 and 2018 - Played in World Rugby Sevens Challenger Series 2020 and in 2022 success - Played at World Rugby Sevens Series qualifiers in 2015, 2017, 2018 - Made Uruguay debut on Series in Las Vegas in 2011 - Last Series tournament was Vancouver in 2018 - Played 33 tests for Uruguay from 2011-20 (15s) - Played for Uruguay A, Uruguay XV and U20s (15s)
10	Felipe Etcheverry	23/06/96 (26)	172	71	Peñarol	2	7	1	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played in World Rugby Sevens Challenger Series 2020 and in 2022 success, scoring try in final v Georgia - Played in World Rugby Sevens Series qualifiers in 2018 and 2019 - Made Uruguay debut on Series in Las Vegas in 2018 - Also played a week later in Vancouver - Played in World Rugby Sevens Repechage for Rio 2016 - Played 15 tests for Uruguay from 2019-22 (15s) - Played for Uruguay XV and Uruguay U20s (15s)
11	Koba Brazionis	07/10/98 (23)	176	79	Ceibos	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series - Played in World Rugby Sevens Challenger Series 2020 and in 2022 success - Played for Uruguay A (15s)
12	James Mc Cubbin	27/05/98 (22)	187	91	Old Christians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Uruguay on World Series - Played in World Rugby Sevens Challenger Series 2020 - Played in World Rugby Sevens Series qualifier in 2019 - Played for Uruguay U20 (15s)

Info correct at time of going to publication

USA

Head coach: Mike Friday

Captain: Stephen Tomasin

Nickname: Men's Sevens Eagles

RWC Sevens record: 1993 – Pool stages / 1997 – Bowl winner / 2001 – Plate quarter-finalists / 2005 – Bowl quarter-finalists / 2009 – Plate quarter-finalists / 2013 – Plate quarter-finalists / 2018 – Sixth

2022 seeding: 6

Did you know...?

- USA qualified for RWC Sevens 2022 automatically by virtue of reaching the quarter-finals in 2018
- USA finished sixth on the World Rugby Sevens Series 2022

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Mike Friday (head coach)	25/04/72 (51)						<ul style="list-style-type: none"> - Coached USA to sixth place at RWC Sevens 2018 on home soil - Coached Kenya to semi-finals at RWC Sevens 2013 - Coached England to semi-finals at RWC Sevens 2005 - Played for England at RWC Sevens 2001 and three Series events from 2000-01 - Named CapGemini Coach of the Series for 2019 after leading USA to most successful season in their history - Appointed USA Sevens coach in July 2014 - USA are third national sevens team he has coached on Series after England and Kenya - Coached USA at Rio 2016 Olympic Games and Tokyo 2020 - England Sevens coach from 2002-06
1	Aaron Cummings	01/07/97 (25)	195	90	2	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on Series in Malaga in 2022

Men's team profiles and biographies

SOUTH AFRICA 2022

2	Gavan D'Amore	02/11/92 (29)	200	86	9	27	5	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on World Series in Vancouver in 2021
3	David Still	23/08/98 (24)	200	95	8	52	10	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on Series in Vancouver in 2021 - Only started playing rugby just over a year ago
4	Maceo Brown	01/09/95 (27)	185	86	21	60	12	<ul style="list-style-type: none"> - First RWC Sevens - Played at Tokyo 2020 Olympic Games - Made USA debut on Series in Dubai in 2018
5	Ben Broselle	23/05/99 (23)	195	90	11	35	7	<ul style="list-style-type: none"> - First RWC Sevens - Made first appearance of 2022 Series in Singapore, having last played in Vancouver in 2020 - Made USA debut on Series in Las Vegas in 2019 - Played for USA Falcons development team in Sudamerica Rugby Sevens Series in 2019
6	Maka Unufe	28/09/91 (30)	181	96	44	362	72	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 and 2018 - Made first appearance of 2022 Series in Los Angeles, having last played in Vancouver in 2020 - Had a spell playing for Houston Sabercats in Major League Rugby (15s) - Made USA debut on Series in Wellington in 2012 - Played at Rio 2016 Olympic Games - Made USA Sevens debut in Pan-Am Games 2011
7	Cody Melphy	05/04/93 (29)	175	86	8	67	5	<ul style="list-style-type: none"> - First RWC Sevens - Made first appearance of 2022 Series in Los Angeles, having last played in Vancouver in 2021 - Played at Tokyo 2020 Olympic Games, having been called into squad as 13th player after Ben Pinkelman withdrew with a back injury - Made USA debut on Series in Las Vegas in 2018
8	Malacchi Esdale	04/05/95 (27)	195	86	7	95	19	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on Series in Vancouver in 2021 - An unused travelling reserve for Tokyo 2020 Olympic Games

9	Stephen Tomasin (captain)	25/09/94 (27)	180	86	44	850	108	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Captains the side in the absence of the injured Kevon Williams - Became fourth USA player to reach 100 Series tries in Seville in 2022 (after Carlin Isles, Perry Baker and Zack Test) - Played at Tokyo 2020 Olympic Games - Nominated for World Rugby Men's Sevens Player of the Year 2019 - Made USA debut on Series in Gold Coast 2013 - Played three tests for USA in 2016 (15s)
10	Naima Fuala'au	17/06/98 (24)	180	85	15	64	6	<ul style="list-style-type: none"> - First RWC Sevens - An unused travelling reserve for Tokyo 2020 Olympic Games - Made USA debut on Series in London in 2017 - Bronze medallist at the Pan American Games in 2019
11	Perry Baker	29/06/86 (36)	185	80	56	1,142	228	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played his 50th Series tournament in Malaga on 2022 Series - Played at Tokyo 2020 and Rio 2016 Olympic Games - Became second USA player (behind Isles in same tournament) and eighth in history to score 200 Series tries in Los Angeles in 2020 - USA's highest all-time top try scorer on Series on 228, overtaking Carlin Isles in Singapore - Named World Rugby Men's Sevens Player of the Year in 2017 and 2018 - Made USA debut on Series in Gold Coast in 2014 - Top scorer in 2016-17 Series with 52 tries
12	Lucas Lacamp	04/06/01 (21)	180	88	7	147	23	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on Series in Dubai (R1) on 2022 Series - Played for Hong Kong in World Rugby U20 Trophy in 2019 (15s)

Info correct at time of going to publication

WALES

Head coach: Richie Pugh

Captain: Luke Treharne

RWC Sevens record: 1993 – Plate semi-finalists / 1997 – Plate quarter-finalists / 2001 – Plate semi-finalists / 2005 – DNP / 2009 – Champions / 2013 – Cup quarter-finalists / 2018 – 12th

2022 seeding: 14

Did you know...?

- Wales qualified for RWC Sevens 2022 as one of the top four sides at the European qualifier in Bucharest in July
- Wales coach Richie Pugh was a member of the Wales team that stunned the world by winning RWC Sevens 2009 as 80-1 outsiders
- Wales finished joint-11th in the Commonwealth Games in Birmingham in July
- Wales finished 15th on the World Rugby Sevens Series 2022, their last as a nation with Great Britain to feature from 2023 onwards

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Series Events	Series Points	Series Tries	Notes
	Richie Pugh (head coach)	10/08/83 (39)			32	180	36	<ul style="list-style-type: none"> - First RWC Sevens as coach - RWC Sevens 2009 winner with Wales - Appointed Welsh Rugby Union Head of Sevens in November 2021, overseeing men's and women's sevens teams - Has previously coached both teams before, including men on 2019 Series - Returned to WRU after spell as contact skills coach at Ospreys - Assistant coach of GB women's team at Rio 2016 - Played 32 Series events for Wales from 2005-13 - Coached Wales at Commonwealth Games 2022 - Played at Commonwealth Games in 2006 and 2010 - Capped by Wales in sevens and 15s (1 cap v USA in 2005)

Men's team profiles and biographies

SOUTH AFRICA 2022

1	Luke Treharne (captain)	18/01/93 (29)	173	82	51 (47 WAL, 4 GBR)	711	69	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Played at Commonwealth Games 2022 - Played his 50th Series tournament in London (WAL 45, GBR 4) - Played for Great Britain in both Dubai rounds on 2022 Series and two rounds of 2021 Series - First captained Wales on the Series in December 2015 - Made Wales debut on Series in Gold Coast in 2014 - A qualified doctor - Won World Student Games in 2012 with GB Students
2	Iestyn Rees	05/10/99 (22)	191	108	1	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Made Wales debut on Series in Los Angeles in 2022 - Played in the World Rugby U20 Championship and U20 Six Nations in 2019 (15s)
3	Morgan Sieniawski	11/01/97 (25)	178	97	9	25	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Wales debut on Series in Dubai in 2019 - Played at World Rugby U20 Championship in 2016 as flanker (15s) - Also played in U20 Six Nations in 2016 and 2017 (15s)
4	Chris Smith	21/08/94 (28)	195	100	3	5	1	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Wales debut on Series in Singapore in 2022 - Plays for Bishop's Stortford in the English National Leagues
5	Tom Brown	12/12/98 (23)	186	96	7	25	5	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022 - Made Wales debut on Series in Malaga in 2022
6	Owen Jenkins	20/07/93 (29)	183	87	44	287	57	<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Malaga round of 2022 Series was his first appearance since Paris round in 2019 - Made Wales debut on Series in London in 2013 - Played at Commonwealth Games 2018 and 2022 - Runner-up at World Rugby U20 Championship 2013 (15s)
7	Callum Carson	13/03/99 (23)	177	87	5	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Played at Commonwealth Games 2022

								- Made Wales debut Series in Los Angeles in 2020 - Played for Wales in U20 Six Nations in 2018 (15s)
8	Iwan Pyrs Jones	06/05/03 (19)	183	87	5	20	4	- First RWC Sevens - Made Wales debut on Series in Singapore in 2022 - Born in Port au Prince, Haiti
9	Morgan Williams	28/12/95 (26)	189	88	27(23 WAL, 4 GBR)	206	40	- First RWC Sevens - Played for Great Britain in both Dubai rounds on 2022 Series - Played at Commonwealth Games 2018 and 2022 - Made Wales debut on Series in Singapore in 2016
10	Cole Swannack	16/10/98 (23)	182	87	7	25	5	- First RWC Sevens - Made Wales debut on Series in Malaga in 2022
11	Kane Teear-Bourge	17/11/98 (23)	170	75	1	0	0	- First RWC Sevens - Made Wales debut on Series in Los Angeles in 2022 - Royal Navy winger
12	Ewan Rosser	16/12/00 (21)	179	86	7	35	7	- First RWC Sevens - Played at Commonwealth Games 2022 - Made Wales debut on Series in Malaga in 2022 - Played in U20 Six Nations in 2020 (15s)

Info correct at time of going to publication

ZIMBABWE

Head coach: Graham Caulback

Captain: Kudzai Mashawi

RWC Sevens record: 1993 – DNP / 1997 – Bowl quarter-finalists / 2001 – Bowl quarter-finalists / 2005 – DNP / 2009 – Bowl winners / 2013 – Plate quarter-finalists / 2018 – 23rd

2022 seeding: 23

Did you know...?

- Zimbabwe qualified for RWC Sevens 2022 after finishing as runners-up to Uganda at the Rugby Africa Men's Sevens in Uganda in April
- The Cheetahs lost 28-0 in the final against the hosts Uganda but their second-place finish was enough to qualify
- After missing the inaugural tournament, Zimbabwe have appeared at every Rugby World Cup Sevens since

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Series Events	Series Points	Series Tries	Notes
	Graham Kaulback (head coach)	16/08/90 (32)				13			- First RWC Sevens - Played in 13 World Series tournaments for Zimbabwe from 2009-15 - Played three tests for Zimbabwe as a utility back in 2012 (15s) - His father, Peter Kaulback, played on the wing for Zimbabwe at the inaugural Rugby World Cup in 1987 and scored a try v France (15s)
1	Tapiwa Malenga	19/09/97 (24)	178	85	Spartans RFC, Botswana	0	0	0	- First RWC Sevens - Yet to play for Zimbabwe on World Series - Played in the World Rugby Sevens Challenger Series in August
2	Kudzai Mashawi (captain)	07/01/93 (29)	178	94	Harare Sports Club	1	0	0	- First RWC Sevens

									<ul style="list-style-type: none"> - Captained Zimbabwe in the World Rugby Sevens Challenger Series in August - Played in the World Rugby Sevens Repechage for Tokyo 2020 - Made Zimbabwe debut on Series in Dubai in 2018
3	Keegan Cooke	20/06/88 (34)	188	85		0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Zimbabwe on World Series - Called into team after Vuyani Dhlomo suffered an ankle injury at the World Rugby Sevens Challenger Series in August
4	Ryan Musumhi	30/07/97 (25)	168	75	Old Georgians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played at World Rugby Sevens Challenger Series in August, scoring tries v Hong Kong, Jamaica and Tonga - Yet to play for Zimbabwe on World Series - Played in the World Rugby Sevens Repechage for Tokyo 2020
5	Godfrey Magaramombe	01/08/98 (24)	189	93	Old Georgians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Played in the World Rugby Sevens Challenger Series in August, scoring tries v Tonga, Jamaica and Hong Kong - Zimbabwe's top points-scorer at the event with 23 points - Yet to play for Zimbabwe on World Series - Played in the World Rugby Sevens Repechage for Tokyo 2020
6	Shingirai Katsvere	10/05/97 (25)	180	92	Old Georgians	2	10	2	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Zimbabwe on World Series - Made Zimbabwe debut on Series in Dubai in 2019 - Also played in Cape Town on 2019 Series - Played in the World Rugby Sevens Repechage for Tokyo 2020 - Played 14 tests Zimbabwe from 2018-22 (15s) - Played at World Rugby U20 Trophy in 2016 (15s)
7	Jerry Jaravaza	05/03/98 (24)	165	80	Old Georgians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Zimbabwe on World Series - Played five tests for Zimbabwe 2018-19 (15s)
8	Munopa Muneta	08/06/98 (24)	189	87	Old Georgians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Twin brother Munesu is also in squad

									<ul style="list-style-type: none"> - Yet to play for Zimbabwe on World Series - Played in the World Rugby Sevens Challenger Series in August, scoring a try v Jamaica - Played in the World Rugby Sevens Repechage for Tokyo 2020
9	Carlos Matematema	20/11/01 (20)	178	78	Old Georgians	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Member of the Cheetahs squad that secured qualification for RWC Sevens 2022 at the Rugby Africa Sevens - Yet to play for Zimbabwe on World Series - Has an elder brother called Courage
10	Sam Phiri	05/08/98 (24)	188	98	Juvenia Kraków, Poland	0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Zimbabwe on World Series - Played at World Rugby Sevens Repechage for Tokyo 2020 - Played in the World Rugby Trophy 2016 (15s)
11	Nigel Tinarwo	03/01/00 (22)	171	78		0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Yet to play for Zimbabwe on World Series - Played at World Rugby Sevens Challenger Series in August, scoring a hat-trick of tries v Jamaica and a try v Tonga
12	Munesu Muneta	08/06/98 (24)	189	86		0	0	0	<ul style="list-style-type: none"> - First RWC Sevens - Twin brother Munopa is also in squad - Yet to play for Zimbabwe on World Series - Played in the World Rugby Sevens Challenger Series in August, scoring a try v Tonga - Played in the World Rugby Sevens Repechage for Tokyo 2020

Info correct at time of going to publication