MIKOŁAJ ZIMNY

Date of birth: 31.03.1994

Nationality: Polish

E-mail: zimny.mikolaj@gmail.com



2018

EDUCATION

Medical University of Silesia in Katowice, Faculty of Medicine2013 – presentJuliusz Słowacki High School in Chorzów2010 – 2013

HONORS & AWARDS

Stephen W. Kuffler Research Scholarship 2018, Budapest

2nd Prize for the Oral Presentation Award at the 26th International Medical Students Conference, Cracow 2018

1st Prize for the Oral Presentation Award at the XIII International Pirogov Scientific Medical Conference of Students and Young Scientists, Moscow 2018

3rd Prize for the Oral Presentation Award at the Polish Scientific Conference Neurotrip 4 - Intracranial Tumors, Warsaw 2018

Chancellor's Scholarship for the Best Students, Katowice 2017

1st Prize for the Oral Presentation Award at the International Medical Congress of Silesia 2017, Katowice 2017

RESEARCH & WORK EXPERIENCE

Clinical, hemodynamic and morphometric risk factors for aneurysm on MCA, the Provincial Specialist Hospital no. 5 in Sosnowiec 2018 – present

The role of neuroimaging in children and adolescents with headaches, the Independent Public Clinical Hospital no. 6 of the Medical University of Silesia in Katowice 2016 – present

Clinical, hemodynamic and morphometric risk factors for aneurysm on ACoA, the Provincial Specialist Hospital no. 5 in Sosnowiec 2016 – 2018

Meningiomas in children, the Independent Public Clinical Hospital no. 6 of the Medical University of Silesia in Katowice 2017

PUBLICATIONS & PRESENTATIONS

Marta Sobkowiak, Wojciech Wolański, Edyta Kawlewska, Marek Gzik, Kamil Joszko, <u>Mikołaj Zimny</u>, Wojciech Kaspera. 2018. Simulation of blood flow in arteries for different flow rates. *Modelownie Inżynierskie* – in publication

Marek Mandera, <u>Mikołaj Zimny</u>, Anna Karolina Malec, Daniel Bula, Michał Bałuszyński. 2017. Cavernous malformation of left basal ganglia region in a 12-year-old boy – case report. *Oruen – The CNS Journal*, 3 (1), p. 48-51.

Ilona Kopyta, <u>Mikołaj Zimny</u>. 2015. Significant risk factors in the etiology of arterial ischemic stroke in children. *Oruen – The CNS Journal*, 1 (1), p. 6-10.

Ilona Kopyta, Beata Sarecka-Hujar, <u>Mikołaj Zimny</u>. 2015. Arterial ischemic stroke in children – current views on etiopathogenesis and treatment. *Standardy Medyczne Pediatria*, 12 (4), p. 594-601.

Ilona Kopyta, <u>Mikołaj Zimny</u>, Beata Sarecka-Hujar. 2015. The role of biochemical risk factors in the etiology of AIS in children and adults. *International Journal of Neurosciences*, 125 (12), p. 875-884.

<u>Mikołaj Zimny</u>. Computational Fluid Dynamic Simulation of Middle Cerebral Artery Bifuraction Based on Computed Tomography Angiography and Doppler Sonography Image Data. XIII International Pirogov Scientific Medical Conference of Students and Young Scientists, Moscow, 2018

<u>Mikołaj Zimny</u>. Computational fluid dynamic simulation of middle cerebral artery bifurcation based on computed tomography angiography and Doppler sonography image data. 13th Warsaw International Medical Congress for Young Scientists, Warsaw, 2017

<u>Mikołaj Zimny</u>. Computational fluid dynamic simulation of middle cerebral artery bifurcation based on computed tomography angiography and Doppler sonography image data. 25th International Medical Students Conference, Cracow, 2017

<u>Mikołaj Zimny</u>. Computational fluid dynamic simulation of middle cerebral artery bifurcation based on computed tomography angiography and Doppler sonography image data. 12th Bialystok International Medical Congress for Young Scientists, Białystok, 2017

<u>Mikołaj Zimny</u>, Artur Borkowski, Piotr Heba, Mariusz Kucharczyk, Małgorzata Bastrzyk, Paweł Jarski. Effectiveness of invasive treatment in patients with ruptured intracranial aneurysms. 11th Bialystok International Medical Congress, Białystok, 2016

<u>Mikołaj Zimny</u>, Paweł Jarski, Artur Borkowski, Piotr Heba, Mariusz Kucharczyk, Małgorzata Bastrzyk. Ruptured intracranial aneurysms – presentation of anatomic morphology, clinical results and early complications in patients treated with endovascular coiling and neurosurgical clipping. 24th International Medical Students' Conference, Cracow, 2016

RESEARCH INTEREST

Intracranial aneurysms (IAs) are acquired vascular abnormalities that develop in 2-5% of the population. Most aneurysms are small and carry a 0.7% annual risk of subarachnoid hemorrhage (SAH). The incidence of SAH is estimated at 10-15/100.000 annually. Despite the progress in the endovascular and microsurgical treatment, consequences of SAH are often catastrophic. Mortality of patients hospitalized due to SAH reaches up to 40%. According to current knowledge, the hemodynamic factors play a key role in aneurysm formation.

Based on the experience gained so far in the field of blood flow analysis using computer simulations I would like to extend my research by including a group of patients with intracranial aneurysm located on the middle cerebral artery (MCA). MCA, same as anterior communicating artery, is highly predisposed to develop aneurysms near its bifurcation. The innovative element I would like to introduce will be the use of fluid-structure interactions (FSI) techniques during the simulations, which would allow me to explicitly model conditions and forces acting on the arterial walls during the cardiac cycle. Therefore, during my research I will hypothesize the influence of hemodynamic and morphometric factors on the formation and rupture of brain aneurysms located on the division of the MCA.

I am honored to receive this research scholarship awarded by the Stephen W. Kuffler Research Foundation which will enable me to pursue my desire of discovering new risk factors for intracranial aneurysms. Moreover, I do believe that our findings will provide a revealing insight into the prevention of cerebrovascular diseases and life-threatening conditions like subarachnoid hemorrhage.