



TÎM CYMRU **MEDIA GUIDE**



WELCOME



MARK **JONES**

HEAD COACH

Being part of the U20 World Rugby Championship is going to be a huge honour for both the management and players of the Welsh team.

The eyes of the world are going to be on us and it's such an exciting opportunity for the players, management and us as a Welsh nation to show the world what we have to offer at this level.

We want to go to South Africa and showcase Welsh talent on the international stage and illustrate how much we have grown as a group since the U2O Six Nations.

I have no doubt it will be an exciting championship as the teams gather from around the world for the first time since 2019.

The global pandemic certainly made its presence felt on the rugby fields around the world and no less so in Wales. We endured a 'hard' lockdown which means some of our players nearly lost two years of their playing careers. This championship will be the first opportunity for our players to experience a 'World Cup'

away from home for any length of time.

A big part of your growth as a rugby player is to be able to go away and play in nice countries, sometimes culturally challenging countries and I suppose South Africa is both of those things.

You'll get a real mix of challenges on and off the field. The guys will get to see a great city, they'll get to see a real diverse culture and how they conduct themselves on and off the field, how they behave as professionals will give a good indicator of their growth moving forward.

CONTACTS

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2023

The World Rugby U20 Championship returns in 2023 for the first time since the pandemic. South Africa will host the 12-team U20 Championship from 24 June to 14 July.

POOL A

Japan (12)

France (1) **Wales** (6) New Zealand (7)

POOL B

Australia (2) England (5) Ireland (8) Fiji (11)

POOL C

South Africa (3) Argentina (4) **Italy** (9) Georgia (10)

VENUES

All games will be played at these three venues: Paarl Gymnasium, Paarl

Danie Craven Stadium, Stellenbosch Athlone Sports Stadium, Cape Town







FIXTURES

16:00

MARGII DAWA, PDIDAWA, TIITW

MATCH DAY 1: SATURDAY 24 JUNE Kick-off 14:00 France v Japan Danie Craven 16:30 Australia v Fiji Danie Craven 19:00 South Africa v Georgia Danie Craven 11:00 Paarl Gymnasium Argentina v Italy 13:30 England v Ireland Paarl Gymnasium

Wales v New Zealand

MATCH DAY 2: THURSDAY 29 JUNE						
No.	Kick-off	Group	Match	Venue		
7	11:00	В	Australia v Ireland	Paarl Gymnasium		
8	13:30	А	France v New Zealand	Paarl Gymnasium		
9	16:00	С	South Africa v Italy	Paarl Gymnasium		
10	14:00	A	Wales v Japan	Danie Craven		
11	16:30	С	Argentina v Georgia	Danie Craven		
12	19:00	В	England v Fiji	Danie Craven		

MAICH DAY 3: FRIDAY 14 JULY					
No.	Kick-off	Group	Match	Venue	
13	14:00	В	Australia v England	Athlone Stadium	
14	16:30	Α	France v Wales	Athlone Stadium	
15	19:00	С	South Africa v Argentina	Athlone Stadium	
16	11:00	С	Italy v Georgia	Paarl Gymnasium	
17	13:30	В	Ireland v Fiji	Paarl Gymnasium	
18	16:00	А	New Zealand v Japan	Paarl Gymnasium	

MATCH DAY 4: SUNDAY 9 JULY	Click here for full schedule ->
MATCH DAY 5: FRIDAY 14TH JULY	Click here for full schedule →

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MANAGEMENT TEAM



MARK
JONES
HEAD COACH

Former Wales international wing Mark Jones was named Wales Under 20 interim head coach in May 2023 after Byron Hayward tendered his resignation as Lead Pathway coach.

Jones has a vast pedigree as a former player with

the Scarlets and Wales before beginning his coaching career which has seen stints at Scarlets, Rotherham Titans, RGC, Namibia, Crusaders and Worcester Warriors.

In 2013 he supported Rob Howley as interim attack coach during the championship winning Six Nations campaign and also accompanied Robin McBryde on the 2013 tour of Japan.



MARK **BREEZE**

SET-PIECE COACH

The former hooker played club rugby for Cardiff Blues, Ospreys, London Welsh, Aberavon and Aberavon Quins.

He captained Wales at U16 level playing as a flanker, but nearly all his senior career was as a hooker.

He joined the coaching staff of Aberavon in August 2017. He is also employed by the WRU as a coach and referee development officer for the Ospreys region.



CRAIG **EVERETT**

DEFENCE COACH

After a playing career where he played for Aberavon, Newport, Carmarthen Quins, Cardiff, Worcester Warriors and Llanelli, Everett started his coaching journey with Cardiff Rugby Academy.

In 2020 he was part of the Cardiff Blues coaching team which won the U18 regional crown for the first time in four years. He is currently academy skills coach with Cardiff Rugby and is also forwards/skills coach with Cardiff RFC. He was part of the Blue and Black coaching staff which won the WRU Premiership Cup in the 2023 final at Principality Stadium against Newport.



RICHIE **PUGH**

ASSISTANT COACH

The former flanker was capped once for Wales on a try-scoring debut against USA in 2005. He was also part of the Wales sevens team who won the Melrose Cup at the 2009 Rugby World Cup Sevens tournament in Dubai.

Having formerly been an assistant coach for Wales

Women (forwards), Richie took up a role as assistant coach to Gareth Williams for the Wales Sevens squad on his return from the Rio Olympic Games where he was assistant coach to Simon Middleton for the women's GB sevens team.

Pugh spent just over two years as an assistant coach with Ospreys before returning to the WRU in November 2021 as head of sevens. He joined the Wales U20 men's coaching team prior to the 2023 U20 World Championship.





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TEAM COLOURS











ALT

FORWARDS

Josh MORSE

Dylan KELLEHER-GRIFFITHS

Lewis **LLOYD**

Sam **SCARFE**

Lewis MORGAN

Louis **FLETCHER**

Ellis FACKRELL

Kian **HIRE**

Liam **EDWARDS**

Evan **HILL**

Mackenzie **MARTIN**

Jonny **GREEN**

Ryan WOODMAN

Morgan MORSE

Lucas **DE LA RUA**

Seb **DRISCOLL**

Gwilym **EVANS**

BACKS

Archie **HUGHES**

Harri **WILLIAMS**

Che **HOPE**

Dan **EDWARDS**

Harri **WILDE**

Bryn **BRADLEY**

Joe **WESTWOOD**

Tom FLORENCE

Louie **HENNESSEY**

Harri **HOUSTON**

Huw **ANDERSON**

Llien **MORGAN**

Cameron **WINNETT**







HUW **ANDERSON**

DOB

24th Sept 2004

Birthplace

Lima, Peru

PositionFull back

Club/RegionDragons

Diagons

Height 1.78m (5' 10")

Weight 85kg (13st 4lbs) A former Caerphilly Youth player, the 18-year-old had an impressive season with Pontypool in the Welsh championship where he made 13 appearances and scored seven tries in the process from full back.

In May 2023 he signed his first Dragons academy contract alongside fellow Welsh U20 representatives Dylan Kellerher-Griffiths and Sam Scarfe.



BRYN BRADLEY

DOB

17th Apr 2003

Birthplace

Kingston-upon-Thames

Position

Centre

Club/Region

Harlequins

Height

1.91 m (6' 3")

Weight 103.18 kg (16st 3lbs)

Caps: 8

The Harlequins centre is a dual international with Wales, having previously represented his country at rugby league at U16 level.

He studied at Epsom College from September 2019 to June 2021 before signing with Harlequins in July 2021. He is currently studying a Business Management degree alongside rugby at Surrey University. Bryn is the younger brother of Gwilym who played for Wales U20 as a flanker.







DAN **EDWARDS**

DOB

7th May 2003

BirthplacePort Talbot

Position Fly half

Club/RegionOspreys

Height 1.78 m (5' 10")

Weight 83.18 kg (13st 1lbs)

Caps: 12

A product of Cwmafan RFC, Edwards is a highly rated Ospreys outside half who has played for Aberavon and Swansea in the Indigo Premiership.

He ended the season at Aberavon in 2022 with the Young Player of the Year award as well as the gong for the Most Improved Player.

A former schoolboy player at Ysgol Ystalyfera, he played for the Swansea Valley U15 team in the Dewar Shield. He combines his playing time with coaching duties with Aberavon Schools U15.

Now one of the senior members of the Wales U2O squad, his goalkicking has proved an invaluable asset, with the fly half boasting the best success rate in the 2023 Six nations championship.



TOM **FLORENCE**

DOB

19th Mar 2003

Birthplace Bridgend

Position Centre

Ospreys

Club/Region

Height 1.88 m (6' 2")

Weight 95 kg (14st 11lbs)

Caps: 7

Along side scrum half Harri Williams, Florence has playied in three Six Nations championship.

An accomplished ball player with plenty of pace, he can play either in the midfield or on the wing.

He began his playing pathway at Bridgend Sports as a seven-year-old and then moved to Bridgend Athletic five years later.

He attended Llangynwyd Comprehensive in Maesteg before moving to Brynteg. He is currently studying Sports Science at Swansea University, and was part of the victorious Varsity side that defeated Cardiff University in the annual university derby.

He made his Ospreys debut against the Sharks in Durban in November 2022 and also plays in the Indigo Prem for Swansea.







LOUIE **HENNESEY**

DOB

29th Mar 2004

Birthplace Cardiff

Position Centre

Club/RegionBath Rugby

Height 1.91 m (6' 3")

Weight 105 kg (16st 6lbs)

Other Honours Wales U18 Bath midfielder Hennessey arrived at the Rec from Cardiff Rugby having earned a reputation for his natural skillset and clinical finishing at youth level.

The centre enjoyed a successful 2021 at Hartpury College, helping his side to 10 wins from 10 in the ACE League and featured for Wales Under-18s for the first time in the 2022 U18 Six Nations Festival.

He balances his studies at the University of Bath alongside his playing career.



CHE **HOPE**

DOB

10th Jan 2003

Birthplace Hollybush

Position

Scrum half

Club/Region Dragons

Height 1.78 m (5' 10")

Weight 75.91 kg (11st 10lbs)

Caps: 3

The swift serving scrum half began playing as a six year old when joining Blackwood RFC.

He has played for the Dragons through the age grade system and is currently a senior academy player at the Welsh region.

He spent the last season playing for Newport in the Indigo Premiership, where his side reached the final of the Welsh Premiership Cup, but suffered defeat against Cardiff at Principality Stadium.



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HARRI HOUSTON

DOB

27th Nov 2003

Birthplace

Swansea

Position Winger

Club/Region

Ospreys

Height

1.78 m (5' 10")

Weight 81.82 kg (12st 10lbs)

Caps: 11

Started his playing career at Loughor RFC, playing through the Swansea school system before being picked up by the Ospreys at U16.

The free scoring winger has spent the last two seasons playing for Swansea in the Indigo Premiership.



ARCHIE **HUGHES**

DOB

14th Feb 2003

Birthplace Tenby

Position

Scrum half

Club/Region Scarlets

Height

1.73 m (5' 8")

Weight

73.18 kg (11st 6lbs)

Caps: 6

Highly rated Tenby product
Hughes joined the Scarlets
Academy in 2021 as an
S-year-old.
He made his senior
Scarlets debut agai:
Nottingham in Dwa
Pee'ls first game as

He has been in the Scarlets development pathway since his Dewar Shield U15 selection for Mynydd Mawr and Dinefwr Schools and has gone on to play representative regional rugby for Scarlets U16s and U18s. He made his senior Scarlets debut against Nottingham in Dwayne Pee'ls first game as coach in September 2021, and scored twice as a replacement on debut.







LLIEN **MORGAN**

DOB

28th Oct 2003

Birthplace Swansea

Position Winger

Club/Region

Ospreys **Height**

1.8 m (5' 11")

Weight 85 kg (13st 4lbs)

Caps: 4

The fleet footed winger comes from an athletics background. He starred for Neath Harriers and was Wales U20 champion in the 200m with a time of 21.9sec and ran the 100m in 10.9sec. He was also Wales U17 long jump champion.

He began playing as a six-year-old at Cwmtyrch before joining Abercrave U12s. He has played for Ospreys at U16 and U18s and signed an academy contract with the region in August 2022.

He is currently studying Sports Science and Exercise at Swansea University.

He scored two tries on his Wales U20 debut against Ireland in North Wales in the opening round of the U20 Six Nations championship.



JOE **WESTWOOD**

DOB

10th Jul 2003

Birthplace Blackwood

Position Centre

Club/RegionDragons

Height 1.91 m (6' 3")

Weight 99.09 kg (15st 7lbs)

Caps: 6

Westwood began his formative years at Blackwood RFC. He was added to the Dragons academy in 2021 after impressing in age-grade rugby.

He is the grandson of Newbridge legend Keith and son of Jonathan, who played for Newport, Neath, Cardiff, Ebbw Vale, Aberavon and Cross Keys in the 1990s. Joe has played for Ebbw Vale in the Indigo Premiership, but this season featured for Newport in the Indigo Premiership.

He has halted his studies at Cardiff Met to concentrate on his rugby career.







HARRI WILDE

DOB

15th May 2005

Birthplace Pontypridd

Position

Fly half

Club/RegionCardiff Rugby

Height 1.8 m (5' 10")

Weight 84kg (13st 2lbs)

Other Honours Wales U18

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Wilde is one of five uncapped players named in the Wales squad ahead of the World Rugby U20 Championship in South Africa later this month.

The Ysgol Glantaf outside half played a key role for the club's U18 side last season and is rewarded for his form with a place in Mark Jones' 30-player squad.

He has previously played for Wales U18.



HARRI WILLIAMS

DOB

5th Apr 2003

Birthplace Colchester

Position

Scrum half

Club/Region Scarlets

Height 1.73 m (5' 8")

Weight 78.18 kg (12st 3lbs)

Caps: 7

Williams, who grew up in Essex, but whose father is from Pontardawe in the Swansea Valley, played tennis, county cricket, academy football and rugby at the prestigious St. Joseph's College in Ipswich.

He was good enough on a tennis court to be ranked No.1 in Essex at the age of 10 and No.3 in Britain, but decided to focus on other sports due to his size.

After being in the Colchester United academy for three years he left football for rugby. Williams went to St. Joseph's on a sports scholarship and it was whilst playing in their prestigious National Schools Rugby Festival that he was spotted by the Scarlets and signed for them as a 16-year-old.

He is currently studying marketing at Swansea University and signed for English championship side Ampthill just prior to departure for the 2023 U20 World Rugby Championship in South Africa.







CAMERON WINNETT

DOB

7th Jan 2003

Birthplace Llantrisant

Position Full back

Club/RegionCardiff Rugby

Height 1.78 m (5' 10")

Weight 84.09 kg (13st 3lbs)

Caps: 14

Cameron is a former Coleg y Cymoedd pupil, having started out at Treorchy RFC before playing for Rhondda Schools, Cardiff Blues U16 North and Cardiff Blues U18.

He made a try-scoring debut as an 18-year-old for Cardiff Rugby in the dramatic Heineken Champions Cup clash against Harlequins when the entire first team squad were forced into quarantine.











SEB DRISCOLL

DOB

10th Sept 2003

Birthplace Redhill

Position

Scrum half

Club/RegionScarlets

Height

1.86m (6' 1")

Weight 100kg (15st 7lbs) Driscoll began his rugby playing career at local club Old Reigatians as a four year old. He stayed with them until 15 years of age while attending Whitgift School in Surrey.

He joined Harlequins in the U16s and has played alongside fellow Welsh U20 player, Jonny Green for the London side over the past couple of seasons. He also joins Bryn Bradley as one of three Quins in the Welsh U20 World Rugby championship squad.

In his early days he was a goal-kicking centre before switching to the side of the scrum. He was captain of the First XV when in sixth form at school and is currently studying history at Exeter University.

He qualifies for Wales through his Welsh father and is a single figure handicap golfer.







LIAM **EDWARDS**

DOB3rd Nov 2003

Birthplace Swansea

Position Second Row

Club/RegionOspreys

Height 1.98 m (6' 6")

Weight 126.82 kg (19st 11lbs)

Caps: 5

First started playing for his local club Morriston, near Swansea as a 10-year-old. Prior to that football was his first love.

Initially missed out on schools selection as a 15-year-old but his desire and hunger saw him rise through the ranks to feature for the Ospreys age grades where his size and work around the field saw him selected for Wales



GWILYM **EVANS**

DOB 25th May 2003

Birthplace Cardiff

Position Flanker

Height 1.83 m (6' 0")

Weight 9 3.64 kg (14st 8lbs)

Caps: 2

Gwilym Evans is a former 1st XV captain at Ysgol Glantaf who played for Cardiff Schools and Cardiff Blues U16 South, as well as representing Wales Rugby League U16s having captained Glantaf RL to the Year 7 Champion Schools title at Wembley in 2015.

The openside flanker combines his rugby with α place at Cardiff University.



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ELLIS FACKRELL

DOB 6th Nov 2003

Birthplace Llantrisant

Position Prop

Club/RegionOspreys

Height 1.85 m (6' 1")

Weight 115.91 kg (18st 3lbs)

Caps: 6

The Ospreys front row began life as a footballer, specialising between the posts as a goal-keeper.

He first started rugby relatively late, when joining Pontypridd at Under 15s. He also played for Treorchy and went through Cardiff Blues U16s and U18s before signing with the Ospreys in 2021.

He has spent the last two seasons learning his trade with Swansea in the Indigo Prem and follows cousins Ethan Fackrell and Garyn Smith who have previously also represented Wales U2Os.



LOUIS FLETCHER

DOB 27th Feb 2003

Birthplace Birkenhead

PositionTighthead prop

Club/Region Ospreys

Height 1.83 m (6' 0")

Weight 117.5 kg (18st 5lbs)

Ex-Sale academy product Louis Fletcher is a rare individual as he can play right across the front row – although he is concentrating currently as a tighhead prop with Swansea Uni and the Ospreys.

He began playing as a four-year-old for Caldy before moving to Kirkham Grammar School. The keen nature lover plays for Swansea University in the BUCS where he is in his second year of studying physical geography.







JONNY **GREEN**

DOB

16th Mar 2004

Birthplace

Haywards Heath

Position

Second Row

Club/Region Harlequins

Height

2.01 m (6' 7")

Weight

115.91 kg (18st 3lbs)

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Other Honours Wales U18

Caps: 4

Green attended Seaford College from prep school and showed leadership qualities from the outset. He was Seaford 1st XV captain and a Year 13 student when signing a full-time two-year professional contract with Harlequins in 2022.

At the time of signing for Harlequins he had already represented their U18 team for three years – two of which where he was captain..

He represented Wales in 2022 in the U18 Six Nations tournament and was chosen in the 'Team of Tournament' as one of the outstanding players.

Harlequins this season in the Premiership Rugby Cup and scored his first try against London Irish at The Stoop.

Playing rugby at a high level goes back a long way on both sides of Jonny's family, with his father playing for England U16, U18, U23 and his mother's father and brother both playing.



EVAN **HILL**

DOB

14th Nov 2004

Birthplace

Neath Port Talbot

Position

Second row

Club/RegionOspreys

Height

1.99m (6' 1")

Weight

107.5kg (18st 3lbs)

First started playing as an eight year old at Baglan.

He is due to complete his BTEC in Sports coaching with Landarcy College and signed his academy contract with the Ospreys just two months before the 2023 U20 World Rugby Championship.

He has already tasted international rugby having played for Wales U19s against Italy and England earlier this season.







KIAN **HIRE**

DOB

14th Nov 2004

Birthplace Bridgend

Position Second Row

Club/RegionOspreys

Height 1.99 (6' 5")

Weight 108.4kg (17st 1lbs)

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Other Honours Wales U18 The apprentice electrician began his playing career as a centre at Pontarddulais Comprehensive School.

Whilst playing for Loughor RFC, schoolboy rugby with Gower College and the Ospreys academy, he has previously played in the back row before moving to the front row.

He is currently an Ospreys academy prospect and played for Wales U18s in France in 2022.

He was also a tidy footballer – he was a striker for Llanelli Football Academy until Year 7.

He lists former Wales prop Paul James as someone he looked up to coming through the ranks – ironically James is now his coach at the Ospreys.



DYLAN **KELLEHER-GRIFFITHS**

DOB

28th Jun 2003

Birthplace Newport

Position

Loosehead prop

Club/Region

Dragons **Height**

1.8m (5' 11")

Weight 111.82kg (17st 7lbs)

Cαps: 5

At the end of a successful club campaign with Pontypool, the young loosehead prop was rewarded with a senior academy contract with the Dragons.

Kelleher-Griffiths first learned his trade at St Peter's and featured twice for Pontypool in the 2021/22 season before securing a more prominent role for the following campaign. He was part of the side which earned promotion to the Indigo Premiership after Pontypool won the Welsh Championship and was a replacement in the 2023 Championship final when Pooler defeated Ystrad Rhonnda at Principality Stadium.







LEWIS **LLOYD**

DOB

20th Jul 2003

Birthplace Llantrisant

Position Hooker

Club/Region

Ospreys

Height 1.8 m (5' 11")

Weight 91.82 kg (14st 5lbs)

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Cap: 1

Began rugby as a three year- old at his local club, Treorchy. He played in the same Rhondda Schools side as Welsh teammates Cameron Winnett and Ellis Fackrell in the Dewar Shield (the pinnacle competition for Schools U15s in Wales).

Coming through the ranks he has played for Cardiff North, Bridgend College and Neath College. He signed for the Ospreys academy in 2021. He currently plays off four in golf and played for Wales as a 14-year-old.



MACKENZIE **MARTIN**

DOB

26th Oct 2003

Birthplace Ely

Position

Back Row

Club/RegionCardiff Rugby

Height 1.96 m (6' 5")

Weight 115.91 kg (18st 3lbs)

Caps: 7

Cardiff academy forward Mackenzie Martin received his first call-up into the Wales Under 20 squad ahead of the 2022 U20 Six Nations Summer Series in Italy.

The physical back five forward was influential in Cardiff and Vale College's title win earlier in the season and also represented the Rags in their Premiership-winning campaign.







LEWIS **MORGAN**

DOB

1st Aug 2003

Birthplace Carmarthen

Position Hooker

Club/Region Scarlets

Height 1.78 m (5' 10")

Weight 108.18 kg (17st Olbs)

Caps: 3

Lewis has been a standout player since he came into the Scarlets' U16s programme. He joined their acadamy in 2020.

A former pupil of Ysgol
Dyffryn Taf, Lewis played
his junior rugby with
Tenby RFC. He enjoyed
an excellent season with
Coleg Sir Gar and Scarlets
U18s and was rewarded
with a place in the Wales
U18s squad. He has
previously captained Coleg
Sir Gar.



JOSH MORSE

DOB

15th Oct 2004

Birthplace Carmarthen

Position

Loosehead prop

Club/Region Scarlets

Height 1.8 m (5' 11")

Weight 114.09 kg (17st 11lbs)

Caps: 2

The Welsh speaker from farming stock in Llandovery played for his local sid until reaching Youth. He was permitted to Ammanford and also played for Llandeilo when 18 years of age.

A Coleg Sir Gar student, hr is currently undertaking a Sports Coaching and Development course alongside his playing duties with the Scarlets.

He has followed his aunty on the athletics front. Angharad Bennett represented Wales at shot putt. In his early teen years, Morse was a talented athlete in his own right. He ran the 100m and 200m relay for his school while he competed for Carmarthen Harriers and Dyfed County in javelin, shot putt and discuss.

His grandfather Adrian Lloyd featured for Lllanelli in the 1960s and Morse is proud that he got a mention in Scarlets legend Phil Bennett's book.







MORGAN MORSE

DOB

18th Jan 2005

Birthplace Swansea

PositionNo 8

Club/RegionOspreys

Height

1.8 m (5' 11")

Weight 101.82 kg (16st Olbs)

Other Honours Wales U18

Caps: 10

The Dulais Valley Youth product was selected for Wales U2O a week after celebrating his 17th birthday. He scored on his Wales debut as a second half replacement against Scotland in the second round of the 2022 Six Nations in Parc Eirias.

He is a pupil at Ysgol Gyfun Ystalyfera.



LUCAS **DE LA RUA**

DOB

13th Sep 2004

Birthplace Cardiff

Position

Flanker

Club/RegionCardiff Rugby

Height 1.88 m (6' 2")

Weight 95.91 kg (15st 1lbs)

Caps: 3

The versatile De La Rua is comfortable playing either on the side of the scrum or on the back of it at No 8. He represented Wales at

No 8 at Under 18 level and made his his Wales U2O debut as a replacement against England. He scored on his first start for Wales two weeks later on the flank against Italy in Treviso.



W/V





SAM **SCARFE**

DOB

23rd Aug 2003

Birthplace Caerphilly

Position Hooker

Club/Region Dragons

Height 1.8 m (5' 11")

Weight 100.91 kg (15st 10lbs)

Caps: 4

Scarfe came through the club ranks with Penallta and currently plays in the Welsh Championship with Pontypool. He figured prominently for Pooler in the Wesh Championship this season where the Gwent outfi claimed the league and cup double to earn promotion to the Welsh Premiership.

He scored on his Wales U20 debut against Ireland in the opening round of the 2023 Six Nations championship at Stadiwm CSM.



RYAN **WOODMAN** (CAPT)

DOB

2nd Feb 2004

Birthplace Newport

PositionSecond Row

Club/Region Dragons

Height 1.96 m (6' 5")

Weight 106.82 kg (16st 9lbs)

Caps: 12

The Dragons utility forward made his Wales U2O debut as a 17-year-old against Scotland in Parc Eirias in the second round of the 2022 U2O Six Nations.

The Caldicot product signed his first Dragons Academy contract in June 2021 alongside fellow Wales U2O representatives Oli Andrew and Joe Westwood. He played in the second row in his first campaign but transitioned to his favoured back

row position for the U20 Summer Series in 2022 where Wales reached the final against South Africa.

An injury to Benji Williams' meant Woodman confirmed his versatility when he played No 8 in the decisive win over Italy that booked the youngster his first shot at silverware against South Africa in Treviso.





