



Chronic Offender

Chronic Offender is recommended for drivers with multiple traffic violations and those with poor driving behaviors, chronic traffic offenses or those who have had their license suspended.

Course objectives

Chronic Offender, an 8-hour classroom course, assists participants in recognizing the risks of their current behaviors by identifying the underlying needs they are trying to meet with their dangerous driving behaviors and developing positive alternative strategies to fulfill those needs.

This highly interactive course centers on small group discussion and non-threatening/nonjudgmental activities between participants and instructor. The course structure accommodates courts and state government traffic safety and ticket diversion programs.

Course objectives include being able to:

Recognize that every behavior is a choice and identify the driving choices that led to mandatory class attendance

- ▶ Pinpoint the need or needs that lead to making poor driving decisions
- ► Identify consequences of current driving choices and teach the positive consequences of choosing correct driving behaviors
- ► Teach good decision-making when faced with challenges of peer pressure, risk taking, alcohol and drugs
- ► Determine alternative behavior choices and implement an action plan to change current driving behaviors

What participants will learn

Participants will be provided with the knowledge, skills and techniques to improve their driving-related choices, and avoid collisions and future violations. Learners are actively involved in evaluating their driving habits and making decisions and choices about their driving behaviors.

Chronic Offender COGNITIVE **BEHAVIOR-BASED ADVANCED COURSE FOR CHRONIC** TRAFFIC OFFENDERS **Defensive driving and** collision prevention techniques with embedded psychology principles to encourage individuals to drive more responsibly For more information on the NSC Chronic Offender Course, go to

To learn more about the course content, see reverse side.

Eliminating Preventable Deaths®

nsc.org/CO

Chronic Offender



For a detailed course overview of NSC Chronic Offender by session and lesson, go to:

nsc.org/CO

The course covers key topics and issues including:

- Current driving behaviors based on recent traffic violations or motor vehicle collisions
- Defensive driving and collision prevention techniques and traffic safety research
- ► Five basic human needs—survival, love and belonging, fun, freedom and power—that have the greatest influence on the participant's driving choices and behaviors
- Scenario based training based on actual events that participants must review, evaluate and determine alternative driving choices
- Choosing alternative behaviors associated with speeding, drag racing, failing to yield, right
 of way, road rage, aggressive, impaired and distracted driving
- Making a commitment to change one's driving behaviors
- ▶ The ability to develop a personal action plan for practicing good driving behavior

Getting Started with NSC Instructor Authorization

Become authorized to teach Chronic Offender through the NSC eLearning Instructor Authorization Course. You can complete the training at your convenience. It covers instructor facilitation methods and training techniques for teaching defensive driving. You'll learn how to teach this NSC Defensive Driving Course through scenario-based training depicting actual instructor-student interactions.

Learn more about NSC Instructor Authorization at nsc.org/teachddc

Authorization Course - Includes Instructor Manual, Multimedia Presentation, Student Course Guide and Certificate of Completion.

Your first year of DDC Instructor credential is included when you complete the Instructor Authorization Course.

For more information on the NSC Chronic Offender Course, visit: nsc.org/CO or call (800) 621-7619