# STEVE LANGTON

# PUSH ATHLETE

#### **BIOGRAPHY**

Photo coming soon

Date of BirthApr. 15, 1983BirthplaceBoston, Mass.HometownMelrose, Mass.Height6'2" (1.88)Weight227 (103)

### ABOUT ME

Steve followed his father's footsteps by graduating from Northeastern University, where his father played football from 1975 to 1978. Graduating in 2005 with a degree in Business Management and Entrepreneurship, Steve currently works as a Land Development Project Manager, as a well as a Strength and Speed Coach. He likes the intensity and level of competition that the sport of bobsled brings to his life.

After watching the 2006 Olympic Games, Steve Langton filled out an athlete resume online and attended a summer recruitment camp in Lake Placid, NY. It didn't take long for Langton to push his way onto the team, making the World Cup team in his first competitive season as a bobsled athlete. Langton was a member of Northeastern University's track and field team as a sprinter and jumper, where he finished third in the 100-meter dash at the outdoor 2004 America East Championship. In his final season, Langton took third in the 55-meter dash and fourth in the long jump at the indoor 2005 America East Championship. Langton set his personal best in 2006, running a 10.58 in the 100-meters, and nailing a 23'8" in the long jump event.

### CAREER HIGHLIGHTS

Rookie bobsled season