



## Heathfield High School Special Interest Volleyball Newsletter



Friday 21<sup>st</sup> August 2009

### STATE CUP 2009

What a fantastic effort from all our players. Great to see the excitement and joy when the winning school was announced at Marion. Heathfield was once again the State Cup champions of South Australia.

*State Cup Player Quote: "It was great fun sitting with the squad supporting the Open Honour Boys in their grand final against Brighton I was so proud to be from Heathfield"*

Only Heathfield and Brighton have won the State Cup with Heathfield winning 12 titles and Brighton 4.

### Coaches and Managers:

Thanks also to the coaches and managers who also helped. The positive feedback we received from the players regarding our coaches and managers was great.



*State Cup Player Quote: "Our coach was great. They were cool and collected, gave us great advice and made it all fun. When I leave school, I hope I can coach a team."*

### PLAYERS LEADERSHIP AND COACHES MEETINGS:

The year level captains and the squad captains have met to discuss the State Cup and the plans for training heading towards Melbourne.

The coaches and managers will meet on Sunday to discuss the same issues. Although everybody wants to train now we propose having a few weeks off to give both the coaches and players a rest. We will start a block of 3

weeks training Monday 7<sup>th</sup> September (Week 8) and will train till the end of term (3 weeks). We will then have two blocks of training in term 4 with week 5 being a rest week.

*State Cup Player Quote: "The worst thing was when I found I had played the whole match with my pants back to front."..... (Yr 9 girl)*



Open Honour Girls winners

### NATIONAL UNDER 16's:

Last week, 6 of our Under 16 players were representing South Australia in the National Under 16's in Sydney.

The captain of the girls' team was Georgie Rowe with ex Heathfield player Hannah Lowrie as vice captain. Other players from Heathfield are Bridget Hazebroek, Grace Love and Shelly Rutgers.

The boys' Vice Captain is Matt Costanzo with Malachi Murch and Aaron Caferella representing us in Sydney.

Both teams at the time of writing have made the Grand Finals with the boys 1 set all. The girls play after the boys.

*State Cup Player Quote: "The determination of the yr 8 girls was great. You could see they wanted the ball and they gave it everything"*

### STATE CUP CANTEEN:

Thanks to many special parents we made nearly \$3,000 from the State Cup canteen run at the sports centre. Special thanks must go to Helen Zakelj, who once again volunteered her time to coordinate the weekend. We were once again very pleasantly surprised with the number of parents helping us on the canteen, or by dropping off food and drinks.



### HOW GOOD WAS THAT?

When ex Heathfield and National player Fleur Holmes was introducing me as the Heathfield coach to her Western Australian National Volleyball league team (when they trained at Heathfield), one of the players said, "is that the school that has the fantastic parents support."

Wow....., It was great to say "it certainly is."

### REFEREES COURSE:

All of the year 8's have completed their Level 1 (Regional) referees course. They have all passed the exam and will be qualified soon

*State Cup Player Quote: Everybody knows who we were when we entered the gym. It made me feel so proud."*

### AUSTRALIAN SCHOOLS CUP:

We are just around 100 days to Melbourne and the pulses are starting to quicken up a bit.

Final teams will be selected on Sunday night. Letter # 3 to parents will be out next month. The good news is that all our honour teams have qualified for the nationals giving us a crack at the title once again.

Please keep up to date with all the information. The school's volleyball web site. <http://www.hhs.sa.edu.au/siv/> and, the Australian Volleyball Federation's web site. <http://www.avf.org.au>

The player/parent handbook will be out 2<sup>nd</sup> November. All payments should be completed by 30<sup>th</sup> October.

### BEACH VOLLEYBALL:

5 Years ago Heathfield dominated Australian Junior Beach Volleyball with 5 out of the 6 national junior players representatives coming from Heathfield and playing in world titles in Spain, Greece, Italy and Holland. Currently Heathfield players Sam Boehm and Heike Jensen are on the world beach tour playing as professionals representing Australia.



In recent years Brighton kids have taken beach volleyball much more seriously than Heathfield kids and this has helped Brighton greatly. Having the State trainings at Brighton also helped but with our fantastic courts this will all change to our advantage.

This year we hope to have special Heathfield beach volleyball squads training with the best beach coaches available with the aim to get our kids ready for state and national competition and, into state beach teams.

The national beach championships are in Adelaide this year 18<sup>th</sup> – 20<sup>th</sup> January 2010 at Glenelg. We plan to have both players and supporters there urging our kids on in this fantastic national/international event.

### SIV Parent Committee:

The chair of this committee Paul Dalby and Helen Zakelj the secretary are currently meeting with the school administration to clarify ongoing funding considerations for the Special Interest Volleyball program going into the future. The committee meets on a needs basis only and, is the support arm of the SIV program. If you would like to help on this committee, please contact Sascha at the school or on his mobile. (0433 384 961)

### QUIZ NIGHT TICKETS:

These are available from Sascha now. You make all the money.



## Important Dates:

- Quiz Night tickets go on sale..... Friday 1<sup>st</sup> August
- National Under 16 titles – Sydney.....16<sup>th</sup> – 21<sup>st</sup> August
- Coaches/Managers Meeting.....Sunday 30<sup>th</sup> August
- Junior League Finals.....Friday 18<sup>th</sup> September
- Volleyball Quiz Night.....Friday 7<sup>th</sup> October
- Year 8/9 State finals.....Friday 30<sup>th</sup> October
- VSA Beach, Round 1.....Sunday 29<sup>th</sup> November
- Australian Schools Cup (Melbourne).....5<sup>th</sup> -12<sup>th</sup> December