



Israel North Benchpress Championship 15-May-2010

WPC- Powerlifting Israel

Place	Name	Surname	Date of Birth	Age	Gender	Weight	Weight category	Age category	First Entrance	Second Entrance	Third Entrance	Fourth
1	Ariela	Amitay	11/19/1964	45.5	F	50.4	52 Master 45-49		65	67.5	72.5	
1	Ariela	Amitay	11/19/1964	45.5	F	50.4	52 Open		65	67.5	72.5	
1	Valeriy	Falko	12/6/1995	14.4	M	48.7	52 Teenage 13-15		30	35	40	
1	Oleg	Ivanyukov	8/16/1980	29.8	M	55.8	56 Open		80	85	90	
1	Anna	Falko	6/14/1974	35.9	F	55.4	56 Open		45	50		
1	Eyal	Robas	2/7/1979	31.3	M	58.9	60 Open		90	90	100	
1	Iris	Shekhter	11/1/1978	31.6	F	59.8	60 Open		110	115	120	125
2	Muaiad	Awad	1/26/1995	15.3	M	59	60 Teenage 13-15		60	70	75	
1	Amit	Shitrit	6/13/1995	14.9	M	59.7	60 Teenage 13-15		70	75	80	
1	Hassen	Nassar	10/27/1993	16.6	M	60	60 Teenage 16-17		70	75	77.5	
1	Michael	Falgron	11/8/1979	30.5	M	66.9	67.5 Open		90	100	110	
1	Aram	Liad	11/6/1995	14.5	M	64.5	67.5 Teenage 13-15		60	65	70	75
2	Husein	Hajar	4/29/1989	21.1	M	69	75 Juniors 20-23		100	107.5	110	
1	Saleh	Asleh	5/9/1990	20.0	M	70.8	75 Juniors 20-23		105	110	112.5	
1	Igor	Kashuba	3/28/1958	52.2	M	73.7	75 Masters 50-54		100	110	115	
3	Igor	Kashuba	3/28/1958	52.2	M	73.7	75 Open		100	110	115	
1	Alexander	Kosov	11/28/1985	24.5	M	74.5	75 Open		182.5	190	190	
2	Fadi	Farhat	10/18/1983	26.6	M	75	75 Open		160	170	180	
2	Ward	Yassin	12/14/1995	14.4	M	71.2	75 Teenage 13-15		85	90	95	
1	Mustaffa	Auad	5/20/1995	15.0	M	73.9	75 Teenage 13-15		85	90	97.5	
3	Razi	Farhat	7/14/1993	16.8	M	70	75 Teenage 16-17		70	80	80	
2	Yosif	Shamani	7/18/1993	16.8	M	73.6	75 Teenage 16-17		115	120	125	
1	Yosif	Hason	9/30/1992	17.6	M	75	75 Teenage 16-17		120	125	135	
1	Aiman	Diab	4/15/1992	18.1	M	72.4	75 Teenage 18-19		95	100	105	
3	Rasem	Gazal	8/30/1988	21.7	M	80	82.5 Juniors 20-23		120	127.5	135	
2	Tamer	Nassar	1/29/1989	21.3	M	82	82.5 Juniors 20-23		135	145	160	
1	Adham	Halil	7/16/1989	20.8	M	82.5	82.5 Juniors 20-23		160	170	180	
2	Dudi	Eilat	10/16/1965	44.6	M	82	82.5 Masters 40-44		100	110	115	
1	Sergey	Zhivaev	6/28/1969	40.9	M	80.8	82.5 Masters 40-44		160	160	165	
1	Gila	Barnett	11/28/1953	56.5	F	82.5	82.5 Masters 55-59		40	42.5	45	
1	Zvi	Kfir	10/22/1951	58.6	M	82.5	82.5 Masters 55-59		90	90	100	
1	Erahmiel	Erenshtein	12/29/1933	76.4	M	75.3	82.5 Masters 75-79		80	85	87.5	
3	Gal	Adeto	10/22/1975	34.6	M	79.5	82.5 Open		150	155	160	
2	Pavel	Tilis	12/31/1978	31.4	M	79	82.5 Open		170	175	180	
1	Tamir	Hason	11/29/1985	24.5	M	82.5	82.5 Open		190	200	205	
2	Mahmud	Yasin	8/10/1995	14.8	M	81	82.5 Teenage 13-15		85	90	95	
1	Hen	Zonnenraih	3/18/1995	15.2	M	76.8	82.5 Teenage 13-15		80	90	100	
1	Moataz	Lahwani	2/27/1993	17.2	M	76	82.5 Teenage 16-17		115	120	125	
2	Maor	Shuminov	4/4/1991	19.1	M	82.5	82.5 Teenage 18-19		110	120	125	
1	Magde	Mnasra	9/29/1991	18.6	M	82.2	82.5 Teenage 18-19		120	125	127.5	
2	Mutna	Yasin	12/10/1989	20.4	M	92	100 Juniors 20-23		150	160	170	
1	Tomer	Israel	5/12/1989	21.0	M	93.7	100 Juniors 20-23		225	230	235	
1	Valery	Tomilov	3/1/1965	45.2	M	90	90 Masters 45-49		172.5	190	200	
2	Valery	Tomilov	3/1/1965	45.2	M	90	90 Open		172.5	190	200	
1	Tamir	Yakobi	8/17/1981	28.8	M	90	90 Open		220	227.5	235	
	Oren	Artci	9/6/1970	39.7	M	90	90 Open		255	265	265	
3	David	Chudnovski	9/26/1976	33.7	M	94.4	100 Open		140	160	170	
2	Yossi	Kalmanovict	12/1/1980	29.5	M	95.4	100 Open		165	170	180	
1	Efim	Ogorodniko	6/26/1980	29.9	M	91	100 Open		190	190	197.5	
1	Yagel	Shurki	8/19/1994	15.7	M	98.8	100 Teenage 13-15		110	120	130	
2	Abdalla	Bakriya	4/26/1994	16.1	M	89	90 Teenage 16-17		110	117.5	127.5	
1	Mohamma	Ali	8/27/1993	16.7	M	86.1	90 Teenage 16-17		117.5	125	127.5	130
2	Gil	Zonnenraih	9/26/1992	17.6	M	98.4	100 Teenage 16-17		80	90	95	
1	Alam	Hajazi	12/6/1993	16.4	M	91	100 Teenage 16-17		110	120	130	142.5
1	Aleksey (Le	Zaydlin	8/1/1986	23.8	M	118	125 Juniors		230	240	250	260
1	Asid	Matar	6/25/1989	20.9	M	110	110 Juniors 20-23		220	230	235	240
1	Sergey	Piniachev	7/17/1963	46.9	M	119	125 Masters 45-49		237.5	245	250	262.5
1	Sergey	Mishenko	10/6/1956	53.6	M	110	110 Masters 50-54		160	175	185	
2	Amar	Hejaze	6/5/1981	29.0	M	102.5	110 Open		140	160	170	
1	Asid	Matar	6/25/1989	20.9	M	110	110 Open		220	230	235	240
2	Sharon	Matar	11/12/1979	30.5	M	125	125 Open		225	237.5	250	
1	Sergey	Piniachev	7/17/1963	46.9	M	119	125 Open		237.5	245	250	262.5