

Bike rental

Bike and Roll

(312) 729-1000 | bikechicago.com/rent-a-bike

Bike and Roll offers bike rentals at five locations in Chicago: Millennium Park, Navy Pier, North Avenue Beach, Foster Beach and Riverwalk. The rental fleet includes recreation bikes, transportation bikes, professional road bikes and kids' equipment. Besides bikes, Bike and Roll also offers specialty products such as Surry cycles, inline skates and Segways.

Bobby's Bike Hike

(312) 915-0995 | bobbysbikehike.com

Bobby's Bike Hike offers top-quality bicycle rentals in Chicago from multiple downtown locations. Bike rentals include helmets and maps. Reservation is fully refundable (minus a 10 percent processing fee on credit card purchases) if reservation is canceled at least three days (72 hours) prior to scheduled tour. Bobby's Bike Hike has three locations, which include downtown Chicago, Diversey Harbor/Lincoln Park and Hyde Park Art Center.

Chicago B-cycle

(773) 672-2000 | chicago.bcycle.com

With several locations along Lake Shore Drive and the Loop, you'll be able to find a B-cycle station easily. Look for them near hotels, museums, McCormick Place, parks and shopping centers. Chicago visitors can purchase a temporary pass with a credit card at any B-station, which is where you'll get your B-cycle. When you've finished riding, you can drop it off at any other station.

Chicago biking/walking trails

Chicago Lakefront biking and walking trail Length: 18 miles

This paved trail runs north to south (Hollywood Avenue to 71st Street) along the lakefront in Chicago. The trail offers spectacular views of the city and convenient access to many of the sites and attractions, including Navy Pier, Buckingham Fountain and Lincoln Park. Because of this, the trail can be extremely crowded at times with bikers, runners, inline skaters and walkers.

Grant Park biking and walking trail Length: 6.5 miles

This 319-acre jewel on the downtown lakefront is rich in Chicago history and features places for quiet solitude, mind-expanding experiences at world-class museums and the excitement of Soldier Field. Grant Park is also the center of 24 miles of uninterrupted parkland on Lake Michigan's shoreline.

The Loop walking trail Length: 3.4 miles

Chicago's vibrant downtown is the centerpiece for the Loop. Bordered by the Chicago River to the north and west, Lake Michigan to the east and Congress Parkway to the south, Chicago's Loop is the heart of the city, and should be ground zero for a walking tour of Chicago.