



**% Global prevalence of adult obesity(BMI  $\geq$  30 kg/m<sup>2</sup>): country rankings 2012**  
 Ranking based on Females

	Country	Year of Data Collection	Males	Females
1	Tonga	1998-2000	46.6	70.3
2	Samoa	1995	32.9	63
3	Nauru	2004	55.7	60.5
4	Kuwait	2006	36.4	47.9
5	Niue	1987	15	46
6	Qatar	2003	34.6	45.3
7	French Polynesia	1995	36.3	44.3
8	Saudi Arabia	1995-2000	26.4	44
9	Palestine	n/a	23.9	42.5
10	Cook Island	1998	40.6	
11	Egypt	2008	18.2	39.5
12	Panama	2000	27.9	36.1
13	USA	2009/10	35.5	35.8
14	Paraguay	1991-92	22.9	35.7
15	Mexico	2006	24.2	34.5
16	Seychelles	2004	14.7	34.2
17	Bahrain	1998-9	23.3	34.1
18	UAE	2000	17.1	31.4
19	Marshall Islands	2003[6]	21	31
20	Barbados	1991	10	31
21	Turkey (Urban)	2001-2	16.5	29.4
22	Chile	2003	19.6	29.3
23	Jordan	2009		28.7
24	St Lucia	1991-94	8.4	28.7
25	Scotland	2010	26.6	28.1
26	Bahamas	1988-89	13.9	28
27	South Africa	2003	8.8	27.4
28	Guyana	2000	14.3	26.9
29	Venezuela	1999-2001	25	26.4
30	England	2010	26	26
31	New Zealand	2006/7	24.7	26
32	Israel	1999-2001	19.9	25.7
33	Greece	2001-3	27.9	25.6
34	Bosnia & Herzegovina	2002	17	25

35	Australia	2007/8	25.6	24
36	Jamaica	1999	7.6	23.9
37	Poland	2003-7	20.8	23.8
38	Oman	2000	16.7	23.8
39	Cyprus	1999-2000	26.6	23.7
40	Lesotho	2009		23.7
41	Canada	2007-9	27.6	23.5
42	Ireland (Northern)	2005-6	25	23
43	Croatia	2003	21.6	22.7
44	Tunisia	1997	6.7	22.7
45	Czech Republic	2008	23.9	22.3
46	Italy	1998	18	22
47	Morocco	2000	8.2	21.7
48	Russia	2000	10.3	21.6
49	Spain	2008/10	24.4	21.4
50	Algeria	2003	8.8	21.4
51	Ireland	2008-10	25.8	21.3
52	Germany	2005-7	20.5	21.1
53	Trinidad & Tobago	1999	10.7	21.1
54	Norway	1995-97	15.5	21
55	Fiji	1993	7	21
56	Austria	2005/6	23.3	20.8
57	Serbia (Republic of )	2000	14.3	20
58	Mauritius	1998	8	20
59	Vanuatu	1998	12.2	19.6
60	Cameroon (urban)	2003	6.5	19.5
61	Zimbabwe	2005/6	3.9	19.4
62	Bulgaria	2004	13.4	19.2
63	Mauritiana	2000/01		19.2
64	Iran	2005	9.1	19.2
65	Luxembourg	2007	21	19
66	Honduras	2005/6		18.8
67	Iceland	1991-6	17	18.3
68	Moldova	2005		18.2
69	Nicaragua	2001		18
70	Nicaragua	2001		18
71	Azerbaijan	2006	4.3	17.9
72	France	2006	16.1	17.6
73	Argentina (urban)	2003	19.5	17.5
74	Malaysia	2006	10.1	17.4
75	Bolivia	2008		17.4

76	Slovak Republic	2007	18.1	15.9
77	Armenia	2005		15.5
78	Colombia	2010		15.2
79	Congo (the)	2004	2.5	14.6
80	Peru (urban)	2007-8		14.6
81	Guatemala	1998/9		14
82	Brunei Darussalam[4]	1997-99	12.9	13.9
83	Portugal	2003-5	15	13.4
84	Maldives	2009		13.1
85	Brazil	2003	8.9	13.1
86	Kazakstan	1999		12.6
87	Mongolia	2005	7.2	12.5
88	Sao Tome & Principie	2008/9		12.2
89	Denmark	2005	11.8	11.8
90	Namibia	2006/7		11.7
91	Sweden (Goteborg)	2002	14.8	11
92	Morocco	2003/4		11
93	Kyrgystan	1993	4.2	10.7
94	Belgium	2002-4	10.7	10.2
95	Cuba	1998	7.1	10.2
96	Netherlands	1998-2002	10.4	10.1
97	Senegal	2005		10.1
98	Albania	2008/9	8.5	9.7
99	Singapore	2010	12.1	9.5
100	Ghana	2008		9.3
101	Sierra Leone	2008		9.3
102	Thailand	2004	4.7	9.1
103	Cameroon	2004		8.2
104	Gabon	2000		8.2
105	Turkmenistan	2000		7.8
106	Pakistan	1990-4	4	7.3
107	Kenya	2009		7.2
108	Uzbekistan	2002	5.4	7.1
109	Hong Kong	1995/6	5	7
110	Haiti	2005/6		6.3
111	Tanzania	2010		6.2
112	Nigeria	2008		6
113	Benin	2006		5.8
114	Liberia	2007		5.7
115	Mali	2006		5.2
116	Cote d'Ivoire	1998/9		4.7

117	Uganda	2006		4.6
118	Indonesia	2000/1	1.3	4.5
119	Comoros	1996		4.4
120	Philippines	1998	2.1	4.4
121	Yemen	1997		4
122	Mozambique	2003		3.9
123	Eritrea[3]	2004	3.7	3.7
124	China	2002	2.4	3.4
125	Japan	2000	2.3	3.4
126	Guinea	2005		3.2
127	Niger	2006		3.2
128	Korea (South)	1998	1.6	3
129	India	2005/6	1.3	2.8
130	Burkina Faso	2003		2.4
131	Democratic Republic of the Congo (the)	2007		2.4
132	Malawi	2004		2.4
133	Togo	1998		2.4
134	Zambia	2001/2		2.4
135	Bangladesh	2007		1.7
136	Chad	2004		1.5
137	Rwanda	2000		1.4
138	Madagascar	2008/9		1.2
139	Central African Republic	1994/95		1.1
140	Nepal	2006		1.1
141	Timor Leste	2009-10		0.8
142	Ethiopia	2005		0.7

Please note not all surveys are age standardised and due to varying methodologies are not always directly comparable. Prevalence's are based on the best available data for the country, in some circumstances the data may be based on sub national surveys. Sources and references are available from IASO [www.iaso.org](http://www.iaso.org). © International Association for the Study of Obesity, London – January 2012

[3] Results presented for total adults only.

[4] Data unpublished and unverified

[5] Survey size very small treat with caution

[6] Year of publication not year of survey