



ICR

INTERNATIONAL
CARE & RELIEF

making a difference



"As ICR moves into its twenty-third year, the challenges facing the world's poorest people seem increasingly daunting. However, by helping these communities to make sometimes small, yet significant changes to their daily lives, ICR works towards a world where everyone has the opportunity to realise their potential and influence decisions that affect them.

Millions of people still live in abject poverty. AIDS has emerged as one of the developing world's greatest threats, whilst lack of clean water

still endangers the health of over a billion people.

Yet, last year, more people supported ICR than ever before with over 8,000 making their first charitable donation to ICR. This enabled 25,000 people in Africa to have safe drinking water and assisted over 50,000 affected by war and natural disasters.

The stories in this year's Annual Review are just a glimpse of the daily victories that you are helping to bring about through ICR, with which I remain proud to be associated as a Patron."

Diana Rigg



1999 into 2000 has been an exciting time for ICR as we look forward to developing new projects in new countries, and assess those already in operation. Read about the changes in the lives of thousands of young people such as Chatree in Thailand and Nabuat in Uganda.

making a difference in 1999/2000...



Anne Aslett from the Elton John AIDS Foundation plants a tree to open a new health centre funded by ICR in Kenya

'This school exists to move towards better quality education so as to shape the future of a child to live as an accepted member in the community.' Mission Statement - Kiryandongo School, Uganda.
education & training – page 3

'AIDS is within us...with the teachers, the farmers and the travellers. It is not something strange with the town dwellers. It is right in the village.'
Namu Geteria - Kenya
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'We used to send the children more than a kilometre to collect water. They would miss lessons, fall and get hurt... You know, they get no certificates in water carrying.' Headmaster - Kidda School, Uganda
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'An ox can plough a field four times as quickly as it takes a man or woman.' David Mugawe – Uganda
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'I would like to go back home – but it is not safe. And my house, it is all gone. It is just walls.' Memet – Kosovo Refugee.
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Heather Naylor, ICR Head of Programmes visits a cattle-rearing project in Thailand

ICR is beginning to work with new schools in some of the poorest parts of Uganda. In 1999 David Mugawe – Uganda Country Director, met the local education officer to discuss how ICR could best work in the area with our Child Sponsorship and Adopt a School programme.

Initially two schools were selected, by discussion with district officials and community elders. David spoke to teachers to assess the needs of the school and the surrounding community, which would also benefit.

‘We listen to local people and respond to their needs.’
said David.



‘This school exists to move towards better quality education so as to shape the future of a child to live as an accepted member in the community.’

Mission Statement –
Kiryandongo School

Micro-credit is giving a new lease of life to family and community enterprise. Women like Harriet Naluwoza in Uganda (left) are benefiting from the small business loans linked to training. Her loan has enabled her to open a general store and her daughter helps at lunchtimes and after school. Harriet’s business success and the stability that it brings has encouraged her daughter to work hard at school and want to run her own enterprise when she is older.

ICR assists communities by advising on marketing and production techniques. Micro-credit gives so much more than new business opportunities. It enables communities to have a sense of ownership and control over their business and their lives.



ICR enables thousands of young people to attend school and vocational training, helping them break free from poverty. Building knowledge and confidence is one of our priorities.

education & training

Chatree looks thoughtful as he is asked if he likes school. 'I prefer football' he grins.

Chatree has been involved in ICR's child sponsorship programme since 1995 when he was only 6 years old. With the support of ICR and his family, his academic achievement has been greatly improved. Because of this, he now has a particular interest in science and he has ambitions to become a police officer when he is older.



ICR does more than provide essentials such as school uniform and learning materials. School is a perfect place for children to learn other skills to improve the lives of the local community. Chatree's school in Ban ChaoKhun has benefited in 1999 from a catfish farm being established. Ponds were dug and stocked and the

children learnt about how to get the most from their ponds. With his love of the outdoors, Chatree really enjoys this project. The fish provide nutritious meals and valuable income for the school and the children have gained an extra skill to help them when they leave.

There are over 1.5 million orphans in Uganda and two thirds of them have lost one or both of their parents to AIDS related diseases. Local people have come together to share the burden of a diminished workforce and to prevent communities falling deeper into poverty, which can force young people into prostitution. ICR is working with local groups to develop small business initiatives for young and old alike.



Nabuat (below) is only 14 years old, but her mother is sick and cannot afford to send her to school. ICR is funding vocational training centres so girls like Nabuat can learn a trade and support themselves and their families.

‘AIDS is within us, it is around with the communities and the people that we see. It is around with the teachers, the farmers and the travellers. It is not just something strange with the town dwellers. It is right in the village.’

Namu Gateria – ICR Kenya



For many people, finding the right words to talk about their illness is the vital first step to living positively with HIV. Although AIDS has spread through Africa at an alarming rate, rural communities are still without basic information. In 1999 ICR, in partnership with the Elton John AIDS Foundation, began funding training for 10 health professionals to work as counsellors with those infected by the virus.

In Laikipia District, in Kenya 20 local women are training to be Partners in Reproductive Health. Fariste

Nasumo, one of the trainees, told us:

‘We now speak at our women’s groups and have learnt how to use gloves and clean instruments to treat the mother and new-born baby.’

As a result of seminars and campaigns in the area, more people understand how to live alongside those with the virus and how to help them to live positively.

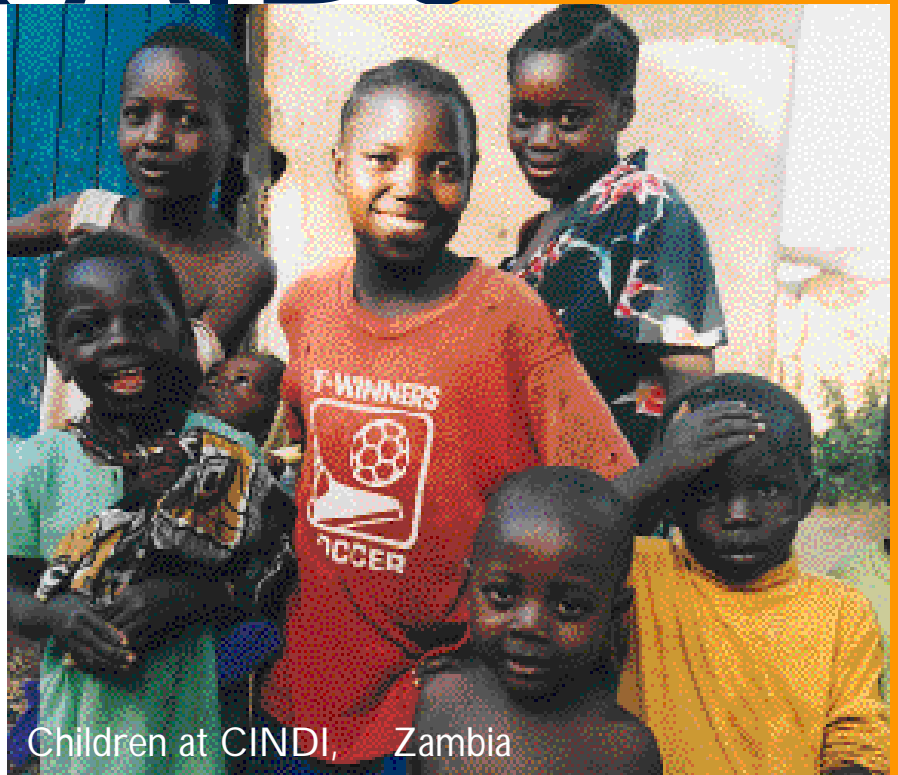
ICR takes a holistic approach to HIV & AIDS, as a medical, social and economic problem. We tackle issues such as prejudice and child bereavement – helping people to live positively.

HIV & AIDS

Only four months ago, eleven-year-old Anthony was a desperate child.

After the death of his mother, he found himself homeless, stealing food to eat with the other street children around the shantytowns of Ndola in Zambia. Child prostitution is rife in the shanty compounds around the town. 30% of the population here are thought to be HIV positive. 26% of all the children are orphans.

ICR found Anthony and offered him shelter and safety through CINDI (Children in Distress). This is a local Zambian project funded by ICR, which provides support to over 800 orphans and their carers, many of whom are struggling financially with their own children to look after. 'I would fight for food or money. I sniffed glue and stole what I could.' Anthony told CINDI worker, Phyllis



Children at CINDI, Zambia

Bwalya. 'I thought that I had no future.'

For three months Anthony was given medical attention, support and counselling to help him deal with his bereavement. Having flourished in CINDI's care, Anthony was able to finish his education and train for the

future. This year Anthony came top in his year group.

'We're so proud of him' Phyllis said. 'He brings his friends to our reading and maths classes now to show them what they could learn.'

Beatrice Wanjiuu, a thirty-five year old mother of four, stops to rest after collecting water from the river in a 20 litre plastic drum. Her return journey from home to river is four kilometres and she must repeat this journey five times a day on foot. Beatrice (below) is one of thousands of Kenyan women whose lives are a daily struggle to cope without basics such as clean water.

However, from April 2000, clean, fresh water will flow into Beatrice's home township of Rumuruti, bringing a vital boost to the local economy. This has been made possible through a partnership between Diageo, one of the world's largest brewers, Kenya Breweries and ICR which is the parent organisation of the local Kenyan group Partners for Progress.



'We used to send the children more than a kilometre to collect water. They would miss lessons, fall and get hurt... You know, they get no certificates in water carrying.'
Headmaster,
Kidda School,
Uganda

1998's Christmas Appeal brought more than presents and parties to the 500 children at Duplas Elementary School in a remote part of the Philippines.

In August 1999, the young students and their teachers enjoyed, for the very first time, their own clean water supply thanks to ICR's Child Sponsors. Ironically, staff from HBI, ICR's partners in the Philippines, trudged for two hours through rivers and mud to get to the village – the rainy season makes the roads impassable.

Mr Dasalla, the school's headteacher told us:



'For a remote area such as Duplas, this project will render enormous benefits, not only to the school, but to the whole community.'

The provision of safe, clean water is key to ICR's development work. Without clean water there is poor health, poor agriculture and no thriving economy.

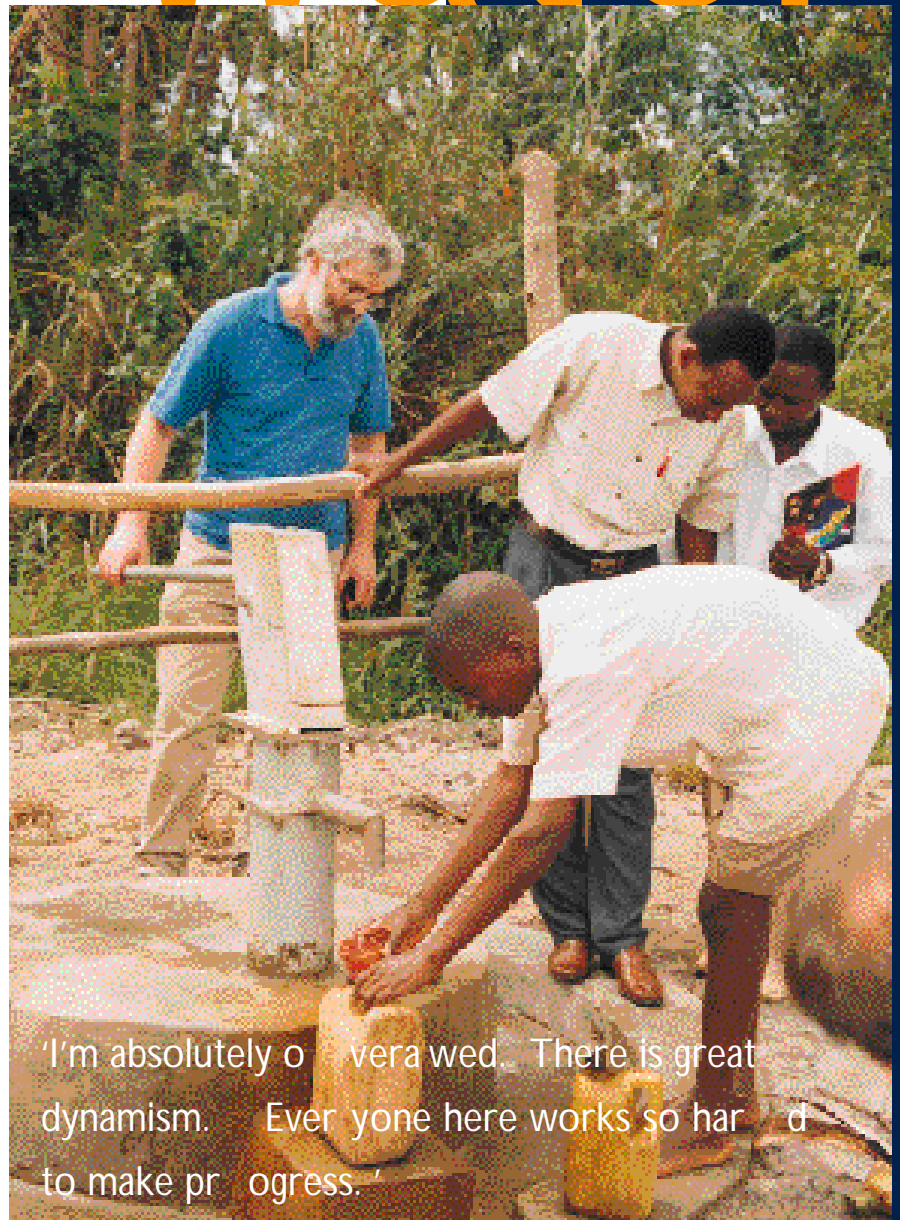
water

'Water is the absolute essential for life.'

Peter Simms (pictured right)

There was hush as Peter began to work the pump and Tanansi held a funnel waiting for the clean water to gush forth.

Fifteen-year-old Tanansi grinned as his container filled from Kibanda village's own water source...for the very first time. And he had much to smile about. No longer will the women and children of Kibanda in Uganda have to trudge daily to the nearest well to collect their water. This is one of 10 wells planned by ICR, built by local communities and funded by Peter and the residents of Frittenden village in Kent, UK. It's a perfect example of how communities so far apart can work in partnership with outstanding results. Peter visited Uganda to see for himself ICR's work in action. He said:



'I'm absolutely overwhelmed. There is great dynamism. Everyone here works so hard to make progress.'

‘An ox can plough an acre four times as quickly as it takes a man or woman.’

David Mugawe - ICR Uganda



After over a year of conflict, families finally began to move back into Kosovo in Summer 1999. Since then, ICR has been working with rural communities in two

municipalities in a tractor rehabilitation project. Machines are chosen by the village and then vouchers are awarded to the owners of the chosen equipment. Before the machines are repaired, owners contract to work part of their neighbour's land with their machine. The scheme is proving popular with farmers, and ICR's target of 505 tractors and 150 implements will be met in Spring 2000.

The very poorest families were provided with hoes and hand-tool sets more appropriate for their smaller plots of land.

After responding to South Sudan's appalling famine in 1998 with an emergency relief operation, ICR began a more sustained programme in Rumbek county, one of the poorest regions, in partnership with **ACROSS (Association of Christian Resource Organisations Serving Sudan)**.

The aim of the project is to enable 1000 households to become more resilient to drought. By the end of the first year of the project many improvements had been made.

Species of drought resistant crops were distributed to households, and communities were trained in crop management. At the request of the community, a fruit nursery was established in the area and seedlings given to interested families for them to grow for themselves. Fruit from a demonstration farm was sold at local markets and the proceeds were put back into the project. By marketing some of their produce, communities can make the demonstration farm financially viable and continue to improve conditions for themselves.



Paul Tuohy, ICR Head of Fundraising, in Kosovo

ICR's agricultural centres have become successful in their surrounding areas. By respecting traditions whilst embracing new ideas, techniques are being passed through generations.

agriculture

Now in its third year, the agricultural resource centre at Rakai in Uganda has become a centrepiece of the community. Using land loaned by the local church, it provides advice on traditional and innovative farming methods, as well as selling seedlings, fish and animals to stock farms.

One idea that has been very popular with the local farmers is the ox drawn plough. The land would usually be ploughed by hand, but an ox can plough an acre four times as quickly as it takes a man. ICR trained 21 entrepreneurs who took out a loan for their oxen and equipment, and at the end of 1999, these 21 had trained a further 27.



This is an excellent example of how ICR listens to the needs of local people and responds.

Skills can now be passed through communities and the resource centre provides assistance as required.

Around 2000 farmers and their families are directly benefiting from the centre's demonstrations, training seminars and small business loans.

1999 saw the conflict in Kosovo escalate to cause a mass exodus of refugees into neighbouring countries. As one of the first aid agencies in the area, ICR supported refugee camps in Macedonia, Montenegro and Albania.

Over 400 tonnes of aid were delivered at the height of the crisis, sorted into 'family packs' which contained enough food and supplies to maintain a family of six for one month.

As Kosovo families began to return in Summer 1999, ICR started its planned project to ensure that selected rural areas had sufficient agricultural equipment to sow and reap the next harvest.



'I want to go back home - but it is not safe. And my house, it is all gone. It is just walls.'

School teacher from Kosovo, April 1999

Twelve year old Hazel remembers August 1999 as if it were yesterday. After almost seven days of continuous rain in Sudipen, dams in the area were breached. The poorest people's homes were swept away, including those belonging to the 200 families involved in ICR's Child Sponsorship Programme.

ICR's sponsors were swift to react to the knowledge that the children were in distress and ICR was able to send funds immediately. Within seven days of the first fax from the



Philippines, a mobile clinic (pictured above) had been set up and was touring stricken areas, treating children and their families.

As a smaller charity, ICR can respond promptly to emergency situations. We work in close partnership with groups on the ground and always seek a long-term solution.

emergency aid

On 15 December 1999, after ten days of torrential rains, large swathes of coast around Caracas, capital city of Venezuela, were swept away. Landslides triggered and crashed down from

Avila and entire shantytowns were destroyed. Thousands were left dead or missing. Immediately, ICR's partners, who have been working with the poor of Caracas for over two years, contacted us in the UK.

After discussions with local groups and government, areas of greatest need were selected and families provided with food and temporary shelter.

During the months following the disaster, ICR funded the reconstruction of water and sanitation systems in the area.



Barrio Catuche:CESVI

In 2000 ICR is helping to rebuild a health centre in one of the most badly affected areas near Caracas. While construction work continues, we are also funding a temporary clinic on an adjacent site to provide continuity of care.



Estado de Miranda: CESVI

Adrian with a friend in Kosovo



Dear Friends,

1999 into 2000 has been a busy and exciting time for all of us at ICR. Our work with the poorest communities in the world continues and we are now investigating new areas where we can replicate the successful projects that have benefited so many thousands the world over.

Over the past year I visited ICR programmes in Kosovo, Uganda and Kenya and was overwhelmed by the energy and vision of ICR's field staff and the support of local groups who work at the heart of each project. By building the confidence and knowledge of these groups, we ensure that work in communities is continued to benefit generations to come.

Our overseas partners, InterAid Denmark, ICARE Australia, ICS Holland, HBI in The Philippines, ACROSS Sudan, and GVM and CESVI in Italy all show similar belief in our projects and I thank them for their continued support.

The theme of this annual review is Making a Difference and I believe that this year, it is more relevant than ever before. ICR has come through its own time of change and renewal over the last year, as our work has moved away from simply providing services. Today, ICR is helping communities build their own strength and confidence to tackle the underlying causes of poverty. We are striving to continuously improve the quality of our projects and our information to supporters. At the

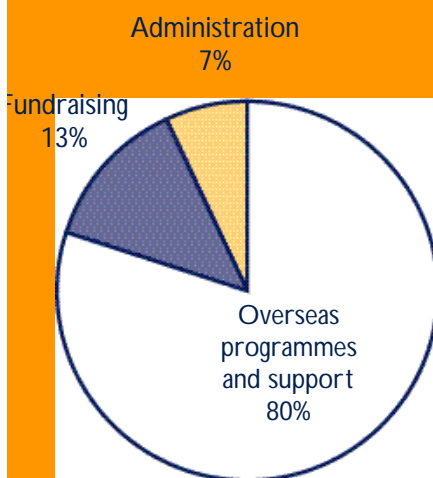
beginning of this new millennium, we stand as one of the most personal yet professional charities working in overseas development and relief.

God bless you all.

Adrian Hatch
Chief Executive

1999 has been a year of significant growth for ICR, enabling us, for the first time, to spend over £1 million on overseas projects. We've also prepared for the charity's expansion in the next five years.

finance

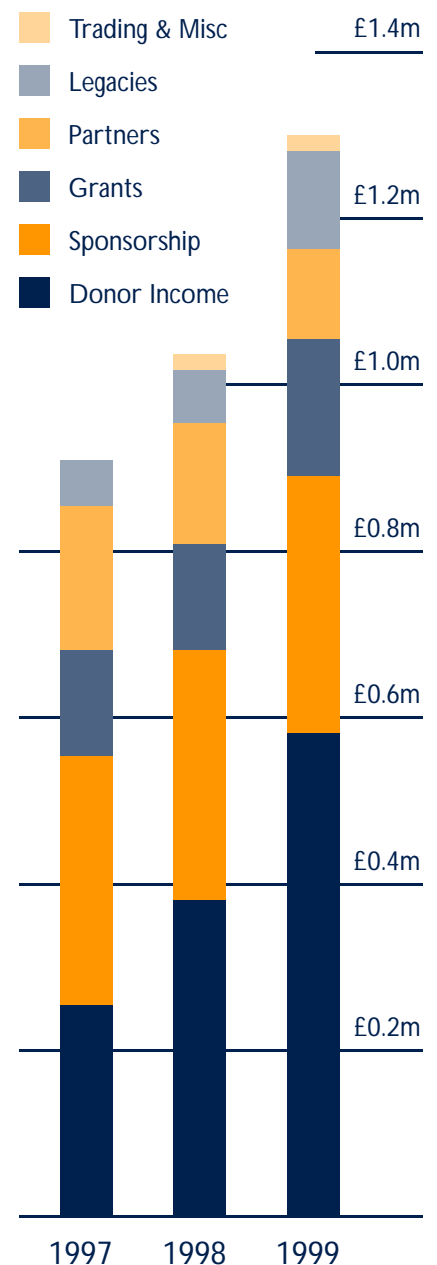


Expenditure:

ICR's total expenditure was £1.9million against income of £1.8million. Of this, 80% was used directly on overseas projects and support. Fundraising costs are a highly respectable 13% although this is expected to increase next year to reflect an investment for income growth over the next 5 years. Administration costs represent 7% and include the installation of a modern computer database. We hope to reduce this cost still further by encouraging more supporters to give by standing order in the future.

Income:

1998/1999 has been a record year for fundraising. Income from donors has increased by 30% and a wonderful legacy of over £100,000 made a huge impact to our overall income. The figures also reflect ICR's increasing ability to respond quickly to emergency relief efforts around the world. Child Sponsorship remained constant but a larger investment during 1999/2000 will increase income from this source in 2000/2001 by a projected 16%.



(Income figures not including EU Food Aid Programme)

Patrons :

The Rt.Revd.Dr. Michael Nazir-Ali, Bishop of Rochester

Dame Diana Rigg

Sir Simon Hornby

James Wilby

Beryl Delve-Sanders OBE



Schoolchildren and
Samburu women
taste clean borehole
water in Kenya

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