



# Swimming

## World Record progression

### Men

#### 400m Individual Medley

Nr	Name	NOC	Result	Date	Location
<b>40</b>	<b>Michael PHELPS</b>	<b>USA</b>	<b>4:10.73</b>	<b>06 Apr 2003</b>	<b>Indianapolis, IN, USA</b>
39	Michael PHELPS	USA	4:11.09	15 Aug 2002	Fort Lauderdale, FL, USA
38	Tom DOLAN	USA	4:11.76	17 Sep 2000	Sydney, AUS
37	Tom DOLAN	USA	4:12.30	11 Sep 1994	Rome, ITA
36	Tamás DARNYI	HUN	4:12.36	13 Jan 1991	Perth, AUS
35	Tamás DARNYI	HUN	4:14.75	21 Sep 1988	Seoul, KOR
34	Tamás DARNYI	HUN	4:15.42	19 Aug 1987	Strasbourg, FRA
33	Dave WHARTON	USA	4:16.12	14 Aug 1987	Brisbane, AUS
32	Alex BAUMANN	CAN	4:17.41	30 Jul 1984	Los Angeles, CA, USA
31	Alex BAUMANN	CAN	4:17.53	17 Jun 1984	Etobicoke, CAN
30	Jens-Peter BERNDT	GDR	4:19.61	23 May 1984	Magdeburg, GDR
29	Ricardo PRADO	BRA	4:19.78	08 Aug 1982	Guayaquil, ECU
28	Jesse VASSALLO	USA	4:20.05	28 Aug 1978	West Berlin, FRG
27	Jesse VASSALLO	USA	4:23.39	04 Aug 1978	Woodlands, USA
26	Rod STRACHAN	USA	4:23.68	25 Jul 1976	Montreal, CAN
25	Zoltán VERRASZTO	HUN	4:26.00	02 Apr 1976	Long Beach, CA, USA
24	András HARGITAY	HUN	4:28.89	20 Aug 1974	Vienna, AUT
23	Gary HALL	USA	4:30.81	03 Aug 1972	Chicago, IL, USA
22	Gary HALL	USA	4:31.0	21 Aug 1970	Los Angeles, CA, USA
21	Gary HALL	USA	4:33.9	15 Aug 1969	Louisville, KY, USA
20	Gary HALL	USA	4:38.7	11 Jul 1969	Santa Clara, CA, USA
19	Charles HICKCOX	USA	4:39.0	30 Aug 1968	Long Beach, CA, USA
18	Charles HICKCOX	USA	4:43.3	30 Aug 1968	Long Beach, CA, USA
17	Gary HALL	USA	4:43.4	20 Jul 1968	Los Angeles, CA, USA
16	Greg BUCKINGHAM	USA	4:45.1	06 Jul 1968	Santa Clara, CA, USA
15	Andrei DUNAEV	URS	4:45.3	03 Apr 1968	Tallinn, URS
14	Dick ROTH	USA	4:45.4	14 Oct 1964	Tokyo, JPN
13	Dick ROTH	USA	4:48.6	31 Jul 1964	Los Altos, CA, USA
12	Gerhard HETZ	FRG	4:50.2	12 Oct 1963	Tokyo, JPN
11	Ted STICKLES	USA	4:51.0	12 Jul 1962	Louisville, KY, USA
10	Ted STICKLES	USA	4:51.4	30 Jun 1962	Chicago, IL, USA
9	Gerhard HETZ	FRG	4:53.8	24 May 1962	Moscow, URS
8	Ted STICKLES	USA	4:55.6	18 Aug 1961	Los Angeles, CA, USA
7	Ted STICKLES	USA	5:04.3	01 Jul 1961	Chicago, IL, USA
6	Dennis ROUNSAVILLE	USA	5:04.5	22 Jul 1960	Toledo, OH, USA
5	George HARRISON	USA	5:05.3	24 Jun 1960	Los Angeles, CA, USA
4	George HARRISON	USA	5:07.8	24 Jun 1960	Los Angeles, CA, USA
3	Ian BLACK	GBR	5:08.8	06 Jun 1959	Cardiff, WAL
2	Vladimir STRUSHANOV	URS	5:12.9	20 Oct 1957	Moscow, URS
1	Gary HEINRICH	USA	5:15.6	27 Aug 1957	Philadelphia, PA, USA

*Current record displayed in bold*

*Only performances that have equalled the current record are included in the progression lists.*