

Cheerleading - The Next Big Thing

PERFORMANCE GUIDELINES

VICTORIAN CHEERLEADING CHAMPIONSHIPS 2003

- ★ **SCHOOLS CHAMPIONSHIPS – 1ST SEPTEMBER**
- ★ **VICTORIAN CHAMPIONSHIPS – 23RD NOVEMBER**



Cheerleading is developing quickly within Gymnastics Australia's General Gymnastics sport programme. 2003 sees the launch of Cheerleading as a competitive stream for Gymnastics Victoria.

Spirit, teamwork, dance and lots of fun are key factors in this growing sport. The 1st Victorian Cheerleading events have been specifically designed for teams of 10 or more participants ranging in ability and experience. Teams can consist of any gender mix. Three competition divisions will be offered during the 2003 Victorian Championships and two divisions at the Schools Championships.

DIVISIONS:

- ★ **HOT SHOTS** – designed for 1st timers who have not competed in any Cheerleading competition previously; basic skill level.
- ★ **ALL STARS** – designed for participants who have competed in a Cheerleading event previously and/or have a more developed skill level.
- ★ **OPEN** – designed for participants who have competed in a Cheerleading event previously and/or regularly perform at events (ie NBL, AFL, NRL, Soccer etc).

The Cheerleading events provide teams with the opportunity to perform in two different categories that showcase different skills.

CATEGORIES:

- ★ **DANCE, CHEER AND CHANT**
- ★ **TUMBLING, STUNTS AND DANCE**

See attached Rules and Code of Points for specific requirements for each category and competition requirements for Victorian Championships.

Individuals may only compete in one team throughout the event. Winning teams will be invited to attend the National Cheerleading Championships in Brisbane in January 2004.

WORKSHOPS:

Gymnastics Victoria are planning a series of workshops to help all coaches, teachers, athletes and judges to get started and develop their skills. Details overleaf.

FURTHER INFORMATION:

Contact Petrina Hutchinson at Gymnastics Victoria on 9214 6020 or by email: phutchinson@gymnastics.org.au

