


- There are now 3.2 million Canadians between 12-19 years old.
- At the end of 2003, teenagers earned on average $\$ 156$ per week and $80 \%$ earned it by working.
- On average, teenage girls spent $\$ 120$ per week, the majority on clothes and beauty products.
... and no more effective means than What's HERS and What's HIS!
- Magazine advertising produces a higher return on investment than other media studied. (Source: MPA)
- Consumers trust and believe the advertising in magazines more than in other media.
- Magazines are the medium most tailored to readers' interests and provide the most relevant information.

What's HERS entertains with the latest teen trends, health tips and star buzz in addition to offering real, thought-provoking articles that inform and inspire the fascinating young women of tomorrow... just as they keep inspiring us.

- Engages readers with provocative and relevant content written in a conversational manner about personal, peer, community and global issues.
- Entertains with exclusive interviews with the biggest stars of TV, movie and music plus fun diversions and interactive quizzes.
- Educates on the latest from the style culture: health, beauty and fashion.
- Encourages readers to be the best they can be with inspiring, first-person stories from real Canadian teens just like them along with new DIY ideas, opportunities and things to try.
- Empowers teens' own unique sense of self, so they're ready to take on the world when the time comes.



## REGULARS

herStart
herSay
herStyle

Table of Contents
Letters \& Submissions (readers' poetry, questions)
New products
Fashion, health \& beauty; contests/giveaways
herSpace Diversions
Gossip \& Hollywood; quizzes; streeter polls; DIY things to try
herSked Pull-out monthly calendar
herSpotlight Movie/Music/TV star interviews
herStory First-person profile of a real Canadian teen's accomplishment

## FEATURES

1-3 articles of "substance," not entertainment-related (i.e. social issues, college/career, relationships/lifestyle, current events).

## ISSUE <br> THEME

Fall 'O4.
Make the most of the year ahead Release: September 10th

Holiday 'O4. Seasonal celebrating; gift giving Release: November 19th

Spring ' 05
. Movie \& music blockbusters Release: February 22nd

School's Out '05
Summertime fun Release: April 29th

Back to School 'O5.<br>Trendwatching Release: August 5th (retail distribution)



## Regulars

Giv'Er
Streeters/Polls/Roundtable/Stats/Calendars
Will it Suck?
Teens cut through the hype of upcoming movies, games, CDs and give their real opinion.

## ChickMagnet

Tab A/Slot B
Level 4
The Hookup
The girl we're drawn to this month... and what a guy can learn from her.

How-to's.
The latest in gaming releases and cool tech stuff!
Gadgets, games, styling products, contests/giveaways.

Busted/Ambushed! Readers send in candid shots of their pals, and we critique them.

## Features

1-3 articles of "substance," not entertainment-related (i.e. social issues, college/career, relationships/lifestyle, current events).



## Here it is in B1ack and White.

## Reader Comments:

"Each page has its own personality and vibrant colours. The information in the articles are quite diverse."

- S.M., reader
"You guys have covered a lot of issues concerning youth today. Keep up the good work!"
- J.P, reader
"The more Canadian talent that you showcase the better. I totally love what you're doing regarding Canadian music artists."
- S.5., reader


## Teacher Comments:

"It's been used to stimulate discussion and debate. Our students look forward to each new issue."

- W.P., Onoway, AB
"The media classes love the movie articles, like best teen movies, best scary movies!"


## - A.G., Scarborough, ON

"The articles are geared so well to youth. Many teachers use class sets. Great product!!"

## - B.S., Fredericton, NB

"Excellent, interesting, pertinent."

- S.S., Arichat, NS


What's Hers and What's His, along with our youth marketing company What Promotions, can help you zero-in on your target.

Thanks to our strategic alliances with dynamic retailers, a digital and interactive marketing leader and other youth targeted associations, we can deliver an integrated campaign that will reach young Canadians how, where and when they want to be reached.

## Our Partners and Services include:

- In-store promotions and sampling programs through our entertainment and fashion retailers, including Stitches, Sirens and Urban Planet retail locations totaling 200 stores across Canada.
- In-school promotions and pre-approved sampling programs to schools across Canada.
- Sampling and event marketing at video dance parties across Canada.
- SMS (Text Messaging) and Web campaigns.
- Partnership with Cable in the Classroom and their 27 affiliate networks. Some of these networks include MuchMusic, Musique Plus, YTV, The Discovery Channel, The Learning Channel and TSN to name but a few.
- Partnership with national entertainment company with a youth-targeted TV and radio network across Canada.
- What Promotions creates, designs and implements promotional and sampling programs in-school and through retail partners.
- We offer full turn-key services provided from concept to creative to execution!


## PROMOTIONS

1) Client: 20th Century Fox Entertainment Campaign: First Daughter for a Day Contest Readers wrote, emailed or visited Stitches/ Sirens/Urban Planet stores for a chance to win a fabulous shopping spree and other fantastic prizes.

## 2) Client: Elections Canada

 Campaign: Your Vote, Your Voice Teachers and students were challenged to find a creative way to share their thoughts about voting and encourage their peers to get involved in Canada's electoral process.
## 3) Client: Rogers AT\&T Wireless

Campaign: Me and My ID Students were invited to submit an original creation (poem, painting, essay, video, etc.) that reflected their own identity for a chance to win a $\$ 10,000$ scholarship.

## 4) Client: PepsiCo Inc.

Campaign: Pepsi Kicks Back with Nickelback Readers wrote, called and mailed their entries in for an amazing opportunity to see Canada's \#1 rock band in concert.

## INTERACTIVE WEB PROMOTIONS

## Client: University of Lethbridge

Campaigns: Go Figure and Go Figure 2 Students deciphered intricate computer-math codes to become eligible to win a computer science scholarship.


Client: CanWest Global/AIICanadianSport.ca
Campaign: Hoopz
Hundreds of high schools played a virtual basketball game via a high-tech Web site.



Magazine advertising produces a higher return on investment than other media studied. (Source: MPA)

There are NOW 3.2 million Canadians between 12-19 years old.

- In-School and Retail Sampling
- Pre-approved sampling program reaching nearly 500,000 youth
- Participating schools complete a Sample Product Survey
- Samples distributed in class by the school representative
- Can sample individual units or multi-packs
- Can distribute product brochures, stickers, coupons, etc. with samples
- Sampling programs are delivered on a national or regional basis
- Contest overlay option available

Your imagination is the only limit when it comes to planning and executing an effective in-school and /or retail sampling program. We have successfully delivered and distributed a wide range of products in Canadian high schools and retailers, from chewing gum and canned pasta \& meatballs (yes!) to feminine hygiene products and retail discount cards.

## OTHER SAMPLING VENUES

## Retail Fashion

With our retail partners, What Promotions can do sampling, contests and other promotional activity. In store. P.O.P. includes posters, danglers, counter cards, tear-off ballot pads and more!

## Retail Music

Promotional opportunities include but are not limited to in-store sampling, promotions, contests, P.O.P., etc.

## Event Marketing

What promotions can deliver your product samples and promotional materials directly to youth at teen-friendly events and/or at schools.

## Canadian Student Leadership Conference (CSLC)

The CSLC is an annual convention, attracting student leaders to discuss school and societal cultures, world opportunities and leadership qualities. As a sponsor of the conference, What staff can do sampling at the conference on your client's behalf.


## CIRCULATION: 180,000

Regional advertising available in select areas; rates upon request. - Black and White rates less $15 \% \bullet$ Business Reply Cards, Inserts, Outserts, Sampling and Polybagging - Rates available upon request.

| AD SIZE | $\mathbf{1}$ | $\mathbf{X} \mathbf{X}$ | $5 \mathbf{X}$ |
| :--- | ---: | ---: | ---: |
| DPS | $\$ 17,490.00$ | $\$ 15,740.00$ | $\$ 13,990.00$ |
| 1/2 DPS | $\$ 11,375.00$ | $\$ 10,240.00$ | $\$ 9,100.00$ |
| FULL | $\$ 9,750.00$ | $\$ 8,775.00$ | $\$ 7,800.00$ |
| 2/3 PAGE | $\$ 8,340.00$ | $\$ 7,505.00$ | $\$ 6,670.00$ |
| 1/2 PAGE | $\$ 6,380.00$ | $\$ 5,740.00$ | $\$ 5,105.00$ |
| 1/3 PAGE | $\$ 4,350.00$ | $\$ 3,915.00$ | $\$ 3,480.00$ |
| IFC/IBC | $\$ 10,920.00$ | $\$ 9,830.00$ | $\$ 8,735.00$ |
| 0BC | $\$ 12,440.00$ | $\$ 11,195.00$ | $\$ 9,950.00$ |


| AD SIZE | 1 X | 3 X | $5 \times$ | $161+\operatorname{Son}^{2}$ |
| :---: | :---: | :---: | :---: | :---: |
| DPS | \$11,220.00 | \$9,995.00 | \$8,975.00 |  |
| 1/2 DPS | \$7,275.00 | \$6,545.00 | \$5,820.00 | CIRCULATION: |
| FULL | \$6,255.00 | \$5,630.00 | \$4,995.00 | 100,000 |
| 2/3 PAGE | \$5,225.00 | \$4,695.00 | \$4,180.00 |  |
| 1/2 PAGE | \$4,030.00 | \$3,625.00 | \$3,225.00 | Regional advertising available in select areas; rates upon request. |
| 1/3 PAGE | \$2,990.00 | \$2,690.00 | \$2,390.00 |  |
| IFC/IBC | \$6,970.00 | \$6,270.00 | \$5,575.00 | Polvagasing Upor requesest |
| OBC | \$7,615.00 | \$6,855.00 | \$5,995.00 |  |

## COMBO RATES



## CIRCULATION: <br> 280,000

Regional advertising available in select areas; rates upon request Black and White rates - less 15\%

- Business Reply Cards, Inserts, Outserts, Sampling and Polybagging - Rates available upon request.

| AD SIZE | 1X | 3X | 5X |
| :--- | ---: | ---: | ---: |
| DPS | $\$ 25,550.00$ | $\$ 22,895.00$ | $\$ 20,435.00$ |
| 1/2 DPS | $\$ 16,595.00$ | $\$ 14,940.00$ | $\$ 13,275.00$ |
| FULL | $\$ 14,245.00$ | $\$ 12,810.00$ | $\$ 11,385.00$ |
| 2/3 PAGE | $\$ 11,990.00$ | $\$ 10,855.00$ | $\$ 9,655.00$ |
| 1/2 PAGE | $\$ 9,265.00$ | $\$ 8,335.00$ | $\$ 7,410.00$ |
| 1/3 PAGE | $\$ 6,530.00$ | $\$ 5,875.00$ | $\$ 5,225.00$ |
| IFC/IBC | $\$ 15,920.00$ | $\$ 14,330.00$ | $\$ 12,735.00$ |
| OBC | $\$ 17,845.00$ | $\$ 15,995.00$ | $\$ 14,190.00$ |




Accepted File Formats: We accept PDF files for advertising submissions. Careful attention must be paid to the proper creation of PDF files to ensure that they will reproduce correctly.

## FILE FORMATS

WHAT'S HERS and WHAT'S HIS
magazines use the CTP (computer to plate) process, A.K.A. direct to plate.

MECHANICALS
Printed sheet fed offset; saddle stitched TRIM SIZE: $7.875^{\prime \prime} \times 10.75^{\prime \prime}$ (+ $.125^{\prime \prime}$ bleed) TYPE SAFETY: $1 / 4^{\prime \prime}$ in on all sides
LINE SCREEN: 120 lpi
COLOUR: 4 colour process (CMYK)
PLATFORM: Macintosh

- PDF files should be sent on a CD-ROM
- All High-resolution images and fonts must be embedded when the PDF file is saved
- Only use Type 1 Fonts - No TrueType fonts or Font Substitutions
- Images must be SWOP (CMYK or Grayscale) TIFF or EPS between 230 and 400 dpi.
- Total area density should not exceed SWOP 300\% TAC
- No RGB or JPEG Images. Do not nest EPS file into other EPS files. Do not embed ICC Profiles within images
- All required image trapping must be included in the file(s)
- Right Reading, Portrait Mode, 100\% Size, No Rotations
- Standard Trim, Bleed and Center Marks in all separations, 1/4" outside Trim (No marks included in the "live" image area)
- Include maximum dimensions, including all Marks, Color Bars, and Agency info: Trim Size (single page): 7.875" x 10.75" (add .125" bleed)
- Also include a printed proof (colour preferred) which represents the final digital file
- Naming Conventions: Please keep your file names to 9 characters or less whenever possible, do not use extra characters. (ie: !@\#\$\%^\&*)

| DPS | $153 / 4^{\prime \prime} \times 103 / 4^{\prime \prime}$ |
| :--- | :--- |
| 1/2 DPS | $153 / 4^{\prime \prime} \times 51 / 4^{\prime \prime}$ |
| Full Page | $77 / 8^{\prime \prime} \times 103 / 4^{\prime \prime}$ |
| $2 / 3$ Page | $411 / 16^{\prime \prime} \times 103 / 4^{\prime \prime}$ (vertical) <br> $77 / 8^{\prime \prime} \times 7^{\prime \prime}$ (horizontal) |
| 1/2 Page | $313 / 16^{\prime \prime} \times 103 / 4^{\prime \prime}$ (vertical) <br> $77 / 8^{\prime \prime} \times 51 / 4^{\prime \prime}$ (horizontal) |
| $1 / 3$ Page | $27 / 16^{\prime \prime} \times 103 / 4^{\prime \prime}$ (vertical) <br> $\quad 47 / 8^{\prime \prime} \times 47 / 8^{\prime \prime}$ (square) No bleed required |

*PLEASE ADD 1/8" BLEED AROUND YOUR MATERIAL, EXCEPT WHERE NOTED.


Please forward all advertising material (digital data, colour proofs, instructions etc.)
to:
Production Manager What Publishers Inc. 108-93 Lombard Avenue Winnipeg, Manitoba R3B 3B1



