

# TEMPLE BETH EL

An Egalitarian Conservative Synagogue

*A member of the  
United Synagogue of Conservative Judaism*

www.tbe.org



Volume 31 Issue 3

April 2005 - Adar II/Nisan 5765



## Professor Jonathan Sarna

Scholar-in-Residence

April 8 - 9, 2005

### 350 Years of American Judaism

Temple Beth El is honored to welcome Dr. Jonathan Sarna, author and renowned historian of American Judaism and winner of this year's National Jewish Book Award. Dr. Sarna is one of America's foremost commentators on American Jewish history, religion, and life. Sarna is the most exciting and sought after speaker on the timeliest topic for American Jewry, the 350<sup>th</sup> anniversary of Jews in America.

Over the course of the weekend Dr. Sarna will address the following topics:

**Friday, April 8<sup>th</sup> at the conclusion of the 7:30 p.m. service:  
"350 Years of Judaism"**

**Saturday, April 9<sup>th</sup> at the 9:30 a.m. service:  
"How Matzoh Became Square: The Case of Manischewitz"**

**Saturday evening at 6:00 p.m. Havdalah service:  
"George Washington Schlepped Here: The First President and the Jews of Newport"**

**Sunday, April 10<sup>th</sup> at 9:00 a.m.:  
"Unity and Continuity: Looking Back and Looking Ahead."**

This important weekend event is part of Temple Beth El's Scholar-in-Residence series, sponsored by Penny and Michael Horowitz in loving memory of Bessie Silver and Millie Reiss, with generous assistance from community partners, The Jewish Community Endowment Foundation and The Jewish Historical Society of Lower Fairfield.



This year, give Bubbe and yourself a break!

It's time for Temple Beth El's Third Annual Community Seder!

On the second night of Pesach - Sunday, April 24<sup>th</sup> at 6:45 p.m.

See Insert...



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**Our staff is most eager to assist you with your needs.**

**Office hours are:**

**Monday — Thursday, 9:00 a.m. - 5:00 p.m.**

**Friday, 9:00 a.m. - 2:00 p.m.**

**Phone: (203) 322-6901 Fax: (203) 322-0532**

Joshua Hammerman, Rabbi (rabbi@tbe.org) .....	ext. 307
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## Ten Jewish Sensibilities



Just as we (ideally) bring in our cars and teeth for semi-annual checkups, the calendar provides a semi-annual booster shot for our Jewish identities. Passover and the High Holy Days are complementary in that the former focuses our attention on Jewish peoplehood – with the key activities taking place around the table at home, while the latter focuses more on universal themes, with the key activities taking place at the synagogue. But in each case we are challenged to figure out just what being Jewish means to us and how it speaks to our day to day existence.

In a recent issue of Sh'ma, Judaic scholar Vanessa Ochs compiles a list of ten Jewish sensibilities, particularly Jewish ways of thinking that can – and often do – guide our actions. This list characterizes how Jews live out their ideals, loosely (but not always) corresponding with prescriptions of Torah and Halacha. I print them here, in the hopes that his list might spark discussion around your seder table, as the generations gather once again:

**1) Making Distinctions: Havdalah**

Making distinctions matters to us. They may be temporal – such as making a distinction between special times and everyday times. We take calendars seriously: we honor vacation time, family time, and birthdays. While we celebrate the blessings of everyday life, we understand that special occasions have a holy dimension that we mark. Some distinctions are personal and create new situations, like marriage ceremonies or graduations.

**2) Honor: Kavod**

We are aware that we do not live in a social vacuum and that our actions have consequences. We want to be respected. Thus, we aspire to act in ways that will bring honor to ourselves, to our families, and to the communities we belong to. We want to be worthy of honor after we have passed on and our deeds and choices are remembered.

**3) Turning: Teshuvah**

We believe it is possible to reflect upon one's life, turn it around, and experience forgiveness from others while also feeling a sense of renewal for ourselves. We are works-in-progress, and self-improvement is always possible. We give ourselves and others opportunities to change.

**4) Dignity; Being in the Image of God: Tzelem Elohim**

We seek ways to conduct ourselves and to treat others with the greatest of respect in order to preserve our own dignity and the dignity of each individual and to prevent humiliation. We are aware that dignity is possible only when one is free and self-sustaining. We care about education because having knowledge enhances one's self-respect and ability to live in a dignified manner. We might care about appearances, knowing that dressing appropriately enhances one's self-respect and honors others. We are likely to engage in political, charitable, and volunteer activities (such as mentoring the underprivileged, working for civil rights, or building housing for the homeless) that increase the dignity of others.

**5) Saving a Life: Pikuach Nefesh**

We believe that as long as one is healthy there is reason to celebrate. We toast, "L'Chaim!" "To life!" We do not take health, the number one blessing, for granted, and we feel

*Continued on page 13...*

**Friday, April 1 - Kabbalat Shabbat 6:30 p.m.**

Tot Shabbat 6:45 p.m.

**Shabbat, April 2 - Services 9:00 a.m.**

*Jacob Cohen, Bar Mitzvah*

Mincha/Ma'ariv Service 5:30 p.m.

*Matthew Benjamin, Bar Mitzvah*

**Friday, April 8 - Family Friday Night 7:30 p.m.**

**Professor Jonathan Sarna, Scholar-in-Residence**

Tot Shabbat (for Scholar-in-Residence) 7:30 p.m.

**Shabbat, April 9 - Services 9:00 a.m.**

*Douglas Kempner, Bar Mitzvah*

**Professor Jonathan Sarna, Scholar-in-Residence**

Mincha/Ma'ariv Service 6:00 p.m.

**Professor Jonathan Sarna addresses us**

*Todd Piskin, Bar Mitzvah*

**Friday, April 15 - Kabbalat Shabbat 6:30 p.m.**

Tot Shabbat 6:45 p.m.

**Shabbat, April 16 - Services 9:00 a.m.**

*Michelle Goldstein, Bat Mitzvah*

**Thursday, April 21 - Services 7:30 a.m.**

**Siyum for the First Born**

**Friday, April 22 - Kabbalat Shabbat 6:30 p.m.**

Tot Shabbat 6:45 p.m.

**Shabbat, April 23 - Services 9:30 a.m.**

**EREV PASSOVER**

**FIRST SEDER 6:45 p.m.**

**Sunday, April 24 - Passover, First Day**

Services 9:30 a.m.

**TBE SECOND ANNUAL PASSOVER SEDER 6:30 p.m.**

**Monday, April 25 - Passover, Second Day**

Services 9:30 a.m.

**Friday, April 29 - Kabbalat Shabbat 6:30 p.m.**

**Shabbat, April 30 - Services 9:30 a.m.**

**Passover, Seventh Day**

**Annual Teen Shabbat**

**11<sup>th</sup> ANNUAL ELDERS DAY SHABBAT & LUNCHEON**

**Honoring Vivien & Arthur Smith**

\*Jr. Congregation at 10:30 a.m. on Shabbat & Festival mornings.

# ADULT EDUCATION

## LEARNING AND LATTE

at Border's Book Store  
High Ridge Road, Stamford, Connecticut



Meets monthly on the second Tuesday evening of the month.  
7:30 p.m. - 8:30 p.m.

### SEEKING THE SACRED: MANY PATHS TO A MEANINGFUL LIFE

with

Rabbi Joshua Hammerman - Temple Beth El  
Rev. Douglas McArthur - First United Methodist Church  
Dr. Behjat Syed - Stamford Islamic Center

April 12, 2005

### The Changing Role of Women in Religion

This monthly multi-faith "conversation" is the only opportunity in this area where Christian, Jewish and Moslem religious leaders come together with participants to discuss what we all share: our faith, our questions, our common humanity. This series is now in



its third year and this past year's sessions included a passionate discussion of "The Passion" as well as conversations on Gay Marriage, the December holidays and the rituals of death and mourning.

### ROSNER MINYAN MAKER

[HTTP://WWW.TBE.ORG/MINYAN/INDEX.PHP](http://www.tbe.org/minyan/index.php)

PICK A DAY – OR PICK SEVERAL – AND JOIN US FOR MORNING MINYAN. CHECK OUR MINYAN CALENDAR OFTEN TO SEE WHICH DAYS NEED THE MOST HELP. IF THE DAY IS COLORED RED THAT MEANS THERE IS A YAHRTZEIT SCHEDULED FOR THAT DAY.

ALSO, FEEL FREE TO E-MAIL [RABBI@TBE.ORG](mailto:RABBI@TBE.ORG) TO ENSURE A GUARANTEED MINYAN FOR THAT DAY, INDICATING THE DATE OF THE YAHRTZEIT AND WHETHER IT WOULD BE OK TO USE YOUR NAME IN MAKING THAT REQUEST.

A special THANK YOU to Samantha and David Bernstein for donating two high chairs to TBE. Many of our little ones have enjoyed Shabbat meals and Kiddush in them!



Samantha and David also donated a changing table which has been installed in the ladies' room for the comfort of our young congregants!

TODAH RABAH!

## A Note from the Cantor

As Purim ends, I start to focus on our next major holiday, PASSOVER. On Thursday evening, April 14<sup>th</sup>, I will, again, help to lead the Women's Passover Celebration at the JCC. This evening is developed by the women of the Stamford Jewish Community and is a meaningful and joyous evening of poetry, readings, music, and prayer. Please call the JCC for detailed information.



Once again, at Temple Beth El this year, Rabbi Hammerman and I will lead our Second Seder on Sunday evening, April 24<sup>th</sup>. Last year we were filled to capacity as we celebrated, young and old, our Exodus from Egypt! Thank you to Darice Bailer for chairing this event.

THESE ARE A FEW OF OUR PASSOVER THINGS  
(To the tune of: "These are a Few of My Favorite Things")

Cleaning and cooking and so many dishes  
Out with the chametz, no pasta, no knishes  
Fish that's gefilled, horseradish that stings  
These are a few of our Passover things.

Matzah and Karpas and chopped up charoset  
Shankbones and kiddush and Yiddish neuroses  
Tante who kvetches and uncle who sings  
These are a few of our Passover things

CHORUS:  
When the plagues strike  
When the lice bite  
When we're feeling sad  
We simply remember our Passover things  
And then we don't feel so bad

Motzi and maror and trouble with Pharoahs  
Famines and locusts and slaves with wheelbarrows  
Matazah balls floating and eggshells that cling  
These are a few of our Passover things.

CHORUS  
Chag Sameach!

Cantor Deborah Jacobson

### Junior Choir

meets on Sundays from 10:30 a.m. - 11:15 a.m.

For Grades 4 thru 12.

Contact Cantor Jacobson at [cantor@tbe.org](mailto:cantor@tbe.org) or 322-6901, ext. 303 or for an audition appointment.



If you are interested in joining our fabulous and fun Adult Choir, contact Cantor Jacobson at [cantor@tbe.org](mailto:cantor@tbe.org) or 322-6901, ext. 303.



### The Harry Bennett Cancer Walk Sunday, June 5, 2005



Mark your calendars and join the Temple Beth El Walk Team!! We look forward to your participation for this wonderful cause. More details to follow soon.

## B'Naï Mitzvah



**April 2 (morning)**  
**Jacob Cohen**  
son of Malerie and Jeffrey  
brother of Benjamin  
attends BCDS  
Mitzvah Project: Lower Fairfield County  
Food Bank "Mitzvah" Party

**April 2 (evening)**

**Matthew Benjamin**  
son of Nancy & Brad  
brother of Alexander  
attends Scofield Magnet Middle School  
Mitzvah Project: Organizing a food drive  
at school for the Lower Fairfield County  
Food Bank



**April 9 (morning)**

**Douglas Kempner**  
son of Betsy and Peter  
brother of Robert  
attends Turn of River Middle School  
Mitzvah Project: Volunteers at JCC after  
school program



**April 9 (evening)**

**Todd Piskin**  
son of Michele and Scott  
brother of Jason and Julie  
attends Rippowam Middle School  
Mitzvah Project: friendship Circle, JCC  
Teen Tzedakah Program



**April 10 (morning)**

**Lindsey Simon**  
daughter of Karen & Greg  
sister of Jeremy & Emily  
attends Bi-Cultural Day School  
Mitzvah Project: Sunami relief



**April 16 (morning)**

**Michelle Goldstein**  
daughter of Sharon & Bruce  
sister of Lauryn  
attends Rippowam High School  
Mitzvah Project: Stuffed animal and toy  
drive for the Children's Hospital at Yale  
New Haven.



## From the desk of BRIAN ROGOL...

Last year, for the April bulletin, I created my very own Oscar nominations for volunteers at Temple Beth El and hoped that others would hear the call and participate in their own way to keep Beth El vibrant, exciting and welcoming.

Right now, there are two extremely active committees that are working on vital projects, both of which will be completed by the time this bulletin is in your mailbox. In order for Beth El to continue to be all that it can be, plus some, it is critical that these two groups achieve success. Success does not come easily and it has required sacrifices and hard work on the part of both of the committees.

The first committee that I would like to recognize is the Dinner Dance Committee, chaired by our Vice President of Fundraising, Rich Plutzer. The dinner dance is our largest fundraiser of the year. Without it, the Temple would not be able to provide all of the programming, activity and staff that we have. In addition, it provides an opportunity for the congregation to honor people who have done so much over the past decades- Frank Rosner, Eileen H. Rosner and Judy and Meryl Aronin. These four people have been the epitome of tireless volunteerism, doing whatever was asked (as well as not asked) to make Beth El the place that it is. They are excellent role models and we can learn much from their commitment and enthusiasm. The Dinner Dance Committee has been working very hard for the past two months and I would like to thank our chair, Rich Plutzer who has worked tirelessly to make sure this event would be a resounding success. I also want to thank committee members Gail G. Trell, Phoebe Greenberg, Susan Leiterstein, Rhonda Ginsberg, Ellen Gordon, Rosalea Fisher, Chick and Stephanie Finder, Marlyn Agatstein, Joyce Slayton, Sally Cohen, Mara Hammerman, Linda Simon, Meira Rosenberg, Peter Kempner, Carol Kalter and Peter Weissman for their efforts to make the evening wonderful. Also a special thank you to Alan Kalter who has, again, agreed to be the MC for the evening.

Another committee that is in the throes of its endeavors is the Cantorial Search Committee, chaired by Denise Greenman. The formation of this committee was necessitated by the decision by our current Cantor to pursue other opportunities at the end of her current contract. The Temple needed to act quickly in order to get our application into the Cantorial Assembly, the job placement agency for the Conservative Movement. This committee has been meeting twice a week since January 1<sup>st</sup> and putting many additional hours on the phone interviewing candidates and attending auditions. This mission has truly been a labor of love, with personal commitments taking a back seat to the objectives of the committee. The congregation owes its gratitude to the chair Denise, as well as committee members Robin Frederick, David Hirshfield, David Robinov, Steve Leiterstein, Steve Osmon, Jeannie Kasindorf, Marc Schneider, and Doug Karp who have worked so hard to ensure we have found the best candidate for Temple Beth El. By the time this bulletin comes out, the congregation will have had the opportunity to meet the finalists and the Board of Trustees' decision on which candidate to hire will be complete, or nearly complete.

With the above volunteers serving as models, all of us should do our part to help make our membership at Temple Beth El more meaningful, not only for our own families but the entire community.

*Brian Rogol*

## THE HAZZAN'S VOICE

When dealing with senior groups, I often challenge their minds as to how much they know about various Jewish subjects. My source, at times, is "The Jewish Quiz Book," by Barbara Spector.



Pesach is a time for questioning. Isn't the main section of the seder spent on answering those "Four Questions?" So, let's see how well you singularly or, as a family, deal with the following questions. The answers are found on page 18 of this bulletin. If time allows, make this quiz part of your seder.

1) In what year did Maxwell House Coffee begin distributing Haggadot?

- a) 1934    b) 1948    c) 1955    d) 1962

2) According to folk tradition, a person who eats one of the items on the seder plate, that day after the seder, will have his or her wishes fulfilled. What is the lucky food?

- a) the shank bone    b) the haroset    c) the roasted egg  
d) the bitter herb

3) True or False: All fermented food is prohibited during Pesach.

4) True or False: If there are no children present at a seder, no one has to ask the Four Questions.

5) Which of the following items is not included in the category of kitniyot, (foods that are not eaten by Ashkenazic Jews) on Pesach?

- a) corn    b) peas    c) beans    d) garlic

6) True or False: It is a violation of Jewish law to feed hametz to one's pets during Pesach.

7) Which item on the seder plate was introduced first, the roasted egg or the karpas?

8) Which of the following items is not eaten at the seder because it commemorates the paschal lamb, which was forbidden to be eaten outside of Jerusalem?

- a) karpas    b) haroset    c) maror    d) zeroah

9) A mixture of flour and water that takes more than \_\_\_\_\_ minutes to bake is assumed to have become leavened and is not kosher for Passover.

- a) 3    b) 7    c) 18    d) 30

10) What did the ancient Hebrews do with the leftovers of the paschal lamb?

11) When the first seder occurs on a Saturday, when is the search for hametz conducted?

- a) Thursday night  
b) Friday afternoon  
c) Saturday evening, just before the seder  
d) Sunday before the seder

12) Why are bread crumbs hidden around the home before the search for hametz?

## Today Rabah!

Temple Beth El wishes to express deep gratitude to Sisterhood and the Gift Shop for graciously donating new havdalah sets to the Temple. They are absolutely beautiful and we look forward to using them at our mincha havdalah services.



Today Rabah to Susan & Martin Clarke for all of their assistance.

### Rabbi Goldman Remembered Through Kulanu Essay Contest

The Rabbi Alex Goldman Scholarship Fund is pleased to announce the first Annual Rabbi Goldman Memorial Essay Contest for *Kulanu* 10-12<sup>th</sup> grade students. The contest is planned for Spring 2005. The winning essay will be published in the *New Jewish Voice* and read at the *Kulanu* graduation ceremony on June 1, 2005. Scholarship will be awarded to winner. Entries will be reviewed by a jury of community leaders and educators. Further contest details and essay topics will be announced in January 2005.



The Rabbi Alex Goldman Scholarship Fund was established to strengthen the Jewish identity of our teens by providing opportunities to enhance their skills in Judaic studies or writing on Jewish topics. The Rabbi Goldman Memorial Essay Contest is a tribute to Rabbi Goldman who was a historian and avid writer, authoring over 20 books all with Jewish themes.

Past presidents who served during Rabbi Goldman's tenure established the Rabbi Alex J. Goldman Scholarship Fund as a memorial tribute. Edith Goldman, the rabbi's wife, endorses this program. Anyone wishing to contribute may make their check payable to either Temple Beth El or the Jewish Community Endowment Fund, (JCEF), and mark the contribution for the "Rabbi Alex Goldman Scholarship Fund." JCEF will manage all monies received.

For more information, please contact Gina Lewald-Fass, *Kulanu* Director 203-321-1373 ext. 115 or [gina@ujf.org](mailto:gina@ujf.org).

*Kulanu* is a community-wide Jewish education program that engages post-Bar/Bat Mitzvah teens in learning and social connection through weekly classes and innovative programming. *Kulanu* is a program of the CCJE of the United Jewish Federation of Greater Stamford, New Canaan and Darien.

### NOW AVAILABLE... BASKETS FOR THE BIMAH

If you want to add to your Bar/Bat Mitzvah celebration by providing baskets of food for the homeless or toys and games for kids in need, we now have baskets (choice of three different styles/colors) you can use.



Please call Roberta Aronovitch, ext. 304, for details.

Continued on page 15...

*It's more than just lox and bagels...*

Do you like to ask questions?  
Do always want to learn more?



Why do we have *musaf*?  
What do you mean the "oil" story  
of Chanukah never happened?  
Can women wrap *tefillin*?...should they?  
...anything goes!

*Join Rabbi Selilah Kalev for a new  
discussion group...a modern take on  
"Ask the Rabbi"*

*A stimulating evening  
of learning and conversation*

**Beginning April 12<sup>th</sup> at 7:30 pm**

Each class will be based on the questions that those who are present bring. The conversation can run far and wide, from custom to law, basic to complicated...its up to you! Just email your questions a week a head of time, or bring them up as we go...

We will meet each second Tuesday of the month, nosh will be provided... (no long term commitment required!)

"Tall, blonde, blue-eyed Rabbi looking for individuals interested in exploring their heritage in a spiritually engaging manner. Must love learning, have a questioning mind and be willing to explore new ideas."

One of the most incredible aspects of my job is the opportunity to sit with others and study. It truly doesn't matter what form the study takes, whether it is basic facts or detail oriented Talmud study...it matters only that we are sharing our time and our insight. Judaism is full of life, of passions and of intelligence. It would take many lifetimes to get through even a fraction of all that there is to learn.

So, while the beginning of this article may have seemed a bit facetious, it is true that I am looking for those of you interested in engaging in study, whatever it might be. I have had the pleasure of speaking with many of you in the halls, kitchen, or lobby, on the way here or there, as we met in passing, I have proffered an invitation...to meet with you individually or in a group, to learn Torah, Hebrew or whatever else...

Our tradition teaches that Rabbi Hillel said, when asked to teach the meaning of Judaism while standing on one foot, "Do not do unto others what you would not like done to you - the rest is commentary. Now go and learn!" Well, it is time to learn. Choose your bliss, your interest or your passion, explore your curiosity, your challenges, or your fascination and take me at my word: my door is always open. I would love to sit with you - the children are our future, but we still have today.

*Rabbi Selilah Kalev*

**KAHAL Shabbat - YOU ARE WANTED**

Kahal Shabbat is open to all to lead as well as to participate in the service. For those who want to explore a role in leading a part of the service or to discuss what is involved, please contact either of the co-chairs of the Ritual Committee without any commitment.

Service parts may be customized to fit your needs. We will provide assistance and no introductory course requirements are necessary. Let the office know of your interest in obtaining more information.



**This Boat Won't Float... Without you.**

Just like Noah's Ark, our Religious School is only as good as the labor and love that we put into it.

Help us paint our walls, improve our furniture, add shades to our downstairs classrooms...and much, much, more!



Honor a loved one or friend, and give us a hand by dedicating an animal or plaque on the beautiful Noah's Ark hanging in our school.

\$1000 for each Animal

\$250 for each plaque

**NEWS FLASH!**

Shopping for a Religious School for this Fall?  
Check out our new "Taste of TBE" offer  
for Kindergarten, first and second grades  
and...sample our excellent school!



**PAY SCHOOL TUITION ONLY!**

No need to join for the first year!

No membership dues!

No strings attached!

We just want you to try us out.

We hope you'll like us!

For registration and more information, contact the  
Education office @ 322-6901 x 306  
or [education@tbe.org](mailto:education@tbe.org).



F.Y.I.

*We thank you for hosting Tot Shabbat!*

Suzanne & Craig Olin & Family  
Michelle & Steven Bramwit & Family  
Sophie & Barry Vlessing & Family



**THANK YOU** to **Steve Meyer** for providing our very own Tot Shabbat Books and to **Darice Bailer** for all her efforts!

*We thank you for sponsoring Kiddush!*

Nancy & Brad Benjamin  
Malerie & Jeffrey Cohen  
Sharon & Bruce Goldstein  
Ellen & Bruce Gordon  
Betsy & Peter Kempner  
Michele & Scott Piskin  
Karen & Greg Simon



*A special THANK YOU  
to Grecia and Ron Gross  
for donating new, large print, weekday  
prayer books for our morning minyans*



### TORAH FUND

Instead of sending greetings from Hallmark, why not send a beautiful Torah Fund card? You can help celebrate a simcha, extend get-well wishes and send someone special a *mazel tov*. I like to keep them "on hand" for the convenience of having them in my own home.

#### What is Torah Fund?

It is a project of Women's League for Conservative Judaism to benefit the Jewish Theological Seminary in NYC. Our Temple has already profited from this wonderful organization. Rabbi Hammerman, Cantor Jacobson and Hazzan Rabinowitz had their training at the Seminary.

#### How much are the cards?

\$3 a piece or 7 cards for \$20.

#### Who do I contact?

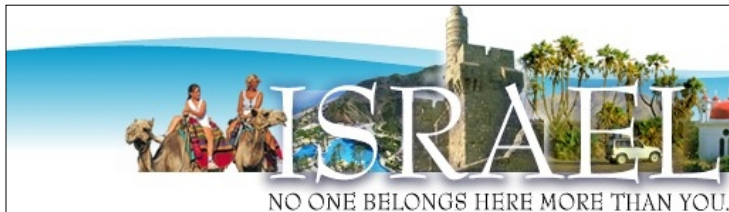
Karen Hainbach at (203) 322-8842.

I will make this transaction as easy as possible for you! I can meet you at the Temple at a time that is convenient for both of us. I can drop them in your mailbox when you send me your check. Remember, if you write a check, you may use that donation as a tax deduction.

I look forward to hearing from you soon.

Best regards,  
**Karen Hainbach Vice President of Torah Fund**

TBE Sisterhood



### **Temple Beth El Israel Family Adventure**

**Led by Rabbi Joshua and Mara Hammerman**

**August 7-August 22, 2005**

**This unforgettable journey will have something for everyone:**

- ☆ **Full children's program with youth counselor**
- ☆ **A glorious Shabbat in Jerusalem**
- ☆ **Archeological dig in the Judean Hills**
- ☆ **Relax at a five-star Dead Sea Spa, then ascend Masada**
- ☆ **Guest speakers and meaningful encounters with Israelis from a wide variety of backgrounds**
- ☆ **Western Wall Tunnels, ancient and modern Jerusalem**
- ☆ **Bar/Bat Mitzvah affirmation service and celebration**
- ☆ **Wilderness Experience in the Negev**
- ☆ **Exploring Tel Aviv and the mystical city of Safed**
- ☆ **Visit to our sister city of Afula**
- ☆ **Visit to an army base**
- ☆ **Boat ride on the Kinneret and Kayaking on the Jordan**

**For further information, including pricing and a full itinerary, go to the trip's web site at:**

<http://www.tbe.org/site/sog/TBEIsraelAdventure2005htm>

### **PLEASE HELP A FELLOW CONGREGANT THROUGH Temple Beth El's JOB BANK!**

One kind of "mitzvah" is giving a person something to eat. Helping a person to find a job so that he can provide his own food is even a greater mitzvah.

Many Temple Beth El members are looking for jobs. We want to help. We are prepared to advertise "jobs wanted" and "positions available" in the monthly Bulletin, Shabbat-O-Gram and on the TBE website.

If you are interested in participating, please send no more than a five-sentence description (longer descriptions will be shortened at the discretion of the Editor) of your skills or the job you are looking for, or of a position you have available, via e-mail to [rabbibtbe.org](mailto:rabbibtbe.org). You may also include a more detailed three-paragraph resume or description for posting on our website.

If you know of any job possibilities that fit one of more of the résumés at any time, please call Rabbi Hammerman. He will relay your phone number to the appropriate party so they can follow-up with you directly if they choose.

A similar program is being done at Temple Sinai. We plan to join together with them so that your ad will get exposure in their newsletter as well.





# April 2005 *Wishing you a sweet and kosher Passover!* Adar II/Nisan 5765

Weekday Minyan: 7:30 A.M.

Sunday Minyan: 9:00 A.M.

Jr. Congregation on Shabbat & Festivals 10:30 A.M.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Professor Jonathan Sarna</b> Scholar-in-Residence April 8-9, 2005 350 Years of American Judaism			 <b>Sisterhood Annual Fashion Show &amp; Gift Boutique</b> Wednesday, April 13 <sup>th</sup> 7:00 p.m.			
3 Sisterhood Board Meeting 9:00 am B'nai Mitzvah Tutorial Program 10:00 am Jr. Choir Rehearsal 10:30 am Beth El Seniors Luncheon 1:00 pm 23 Adar II	4 24 Adar II	5 Board of Trustees Meeting 7:30 pm 25 Adar II	6 Kulanu 7:00 pm 26 Adar II	7 High Holy Days Committee Meeting 7:30 pm 27 Adar II	8 Candles 7:08 pm Family Friday Night Service 7:30 pm <b>Jonathan Sarna Scholar-in-Residence</b> Tot Shabbat 7:30 pm 28 Adar II	9 Tazila Shabbat HaChodesh Services 9:30 am Douglas Kempner Bar Mitzvah Jonathan Sarna Scholar-in-Residence Mincha/Ma'ariv 6:00 pm Jonathan Sarna speaks Todd Piskin, Bar Mitzvah 29 Adar II
10 <b>Lindsey Simon</b> Bat Mitzvah 10:00 am B'nai Mitzvah Tutorial Program 10:00 a.m.	11 2 Nisan	12 Ask The Rabbi with Rabbi Seillah Kalev 7:30 pm Learning & Latte At Border's Bookstore 7:30 pm 3 Nisan	13 <b>Sisterhood Fashion Show &amp; Gift Boutique</b> 7:00 pm Kulanu 7:00 pm 4 Nisan	14 Executive Committee Meeting 7:30 pm 5 Nisan	15 Candles 7:15 pm Kabbalat Shabbat 6:30 pm Tot Shabbat 6:45 pm 6 Nisan	16 Metzora Services 9:30 am <b>Michelle Goldstein</b> Bat Mitzvah 7 Nisan
17 NO RELIGIOUS SCHOOL 8 Nisan	18 9 Nisan	19 NO RELIGIOUS SCHOOL Women of the Book 7:30 pm 10 Nisan	20 11 Nisan	21 NO RELIGIOUS SCHOOL Search for Hametz 12 Nisan	22 Candles 7:23 pm Siyum for First Born 8:00 pm Burning of Hametz Kabbalat Shabbat 6:30 pm Tot Shabbat 6:45 pm 13 Nisan	23 Acharei Mot Services 9:30 am EREV PASSOVER Candles 8:28 pm <b>FIRST SEDER</b> 14 Nisan
24 NO RELIGIOUS SCHOOL <b>Passover - 1<sup>st</sup> Day</b> Services 9:30 am Candles 7:23 pm <b>TBE SECOND ANNUAL PASSOVER SEDER</b> 6:45 pm 15 Nisan	25 <b>Passover - 2<sup>nd</sup> Day</b> Services 9:30 am 16 Nisan	26 NO RELIGIOUS SCHOOL Ritual Committee Meeting 7:30 pm 17 Nisan	27 18 Nisan	28 NO RELIGIOUS SCHOOL Executive Committee Meeting 6:00 pm 19 Nisan	29 Candles 7:30 pm Kabbalat Shabbat 6:30 pm 20 Nisan	30 <b>PASSOVER 7<sup>th</sup> Day</b> Services 9:30 am <b>Annual Teen Shabbat Elders Day Shabbat and Luncheon</b> Honoring Vivien & Arthur Smith Candles 8:35 pm 21 Nisan

## CALENDAR OF SERVICES AND EVENTS

**We recognize those who attended our daily minyan.  
January and February 2005**

Roberta Aronovitch  
Bonnie Bacher  
Danielle Bachar  
Jim Benjamin  
Jerry Berkman  
Samantha & David Bernstein  
Steffi & Larry Bloch  
Mel Blumenthal  
Beth Boyer  
Jules Brachfeld  
Don Brenner  
Wil Brewer  
Martin Clarke  
Jeff Cohen  
Lewis Cohen  
Sharon Cohen  
Sherry S. Cohen  
Judy Dalgin  
Charles Donen  
Susan Eitelberg  
Robin Evans  
Phil Farin  
Rosaline Feinstein  
Chick Finder  
Barbara & Phil Finn  
Richard Fisher  
Amy Fishkow  
Maxine Freilich  
Dan Gale  
Gary Geller  
Paul Ginsberg  
Gerry Ginsburg  
Ruth Ginsburg  
Leo Gold  
Barbara & Marvin Gold  
Bruce Gordon  
John Graubard  
Denise Greenman  
Sue & Art Greenwald  
Rabbi Joshua Hammerman  
Karen Hainbach  
Rose Hendizadeh  
Joe Heyison  
David Hirshfield  
Liz Hirtenstein  
Burt Hoffman  
Darlene Hornstein  
Les & Herb Horowitz  
Cantor Deborah Jacobson  
Alan Jaffe  
Alan Kalter  
Carol Kalter  
Jeannie Kasindorf  
Sam Kravitz

Allan Lang  
Seymour Lapin  
Mark Lapine  
Steven Leiterstein  
Gary Lessen  
Rachelle Lipschultz  
Ilene Madwed  
Abe Manela  
Jake Manela  
Wendy Miles  
Ellie Mirne  
Stuart Nekritz  
Craig Olin  
Phyllis Osterman  
Jeff Paseltiner  
Roz & Alec Perlson  
Ellen Peterson  
Kathryn Poch  
Charlene & Lee Raymond  
Jerry Rose  
Robert Rosenthal  
Eileen H. Rosner  
Frank Rosner  
Arnold Rozany  
Jim Rothkopf  
Meredith Rubin  
Ilene Savransky  
Carol Schwartz  
Marge Shameer  
Evelyn Shapiro  
Jami Shapiro  
Lauren Shapiro  
Neil Sherman  
Beth Silver  
Emily Simon  
Jeremy Simon  
Karen Simon  
Linda Simon  
Lindsey Simon  
Joyce Slayton  
Geraldine & Nathan Snyder  
Peter Snyder  
Herb Soroca  
Marty Steinmetz  
Claire Stuken  
Ari Tannenbaum  
Jill Teich  
John Tomsky  
Gail G. Trell  
Harvey Walzer  
Beth Weinberg  
Harriet & Sy Weinstein  
Peter Weissman  
Mark Zweibel

**TREE OF LIFE**

For those of you who have admired our very beautiful "Tree of Life" sculpture that adorns our Temple lobby, please be aware that there are many more leaves available for your own personal inscriptions.



You may wish to purchase a "leaf" in order to celebrate a happy occasion, honor or memorialize a loved one, or present a gift to an individual.

**The following categories are still available:**

- Triple Chai .....\$5,400
- Guardians of the Temple .....\$1,000
- Silver Leaves - Gold Border .....\$ 750
- Silver Leaves .....\$ 250

If you would like any further information, please contact Joyce Turner, (914) 764-4805, or the Temple office at 322-6901.

*Mazel Tov to...*

- Darlene & Larry Hornstein on the birth of their first grandchild, Sean Martin born to Michele & Lloyd Taylor.
- Linda & Joe Rothman on the birth of their first grandchild, Kayla Pearl, born to Michelle & Adam Wilen.
- Linda & Ben Fine on the birth of a grandchild, Sawyer Riley, born to Carolyn & Scott Neyer.

**Would you like to have your own, very special *Todah Rabah* box in our bulletin? Call Roberta Aronovitch at 322-6901, ext. 304.**

**Is your Bar/Bat Mitzvah six months away?**

Visit our Gift Shop to view our large selection of invitation books. Make an appointment with Penny Horowitz (10+ years of experience in the invitation business) and she will guide you through the ordering process. We have all the popular books to choose from: C'est Papier, Encore, Jansson, Checkerboard and more! And we have the BEST DISCOUNTS!

We also have Havdalah candles, Sunkist Fruit Gems sold in bulk, tallaim and yarmulkes for guys and girls and gifts. You can order your yarmulkes from us, too.

We are a one stop shop for your simcha!

Call Penny Horowitz at 322-4869 for an appointment.

**Why not "join the club?" There is lots of room and we will welcome you with open prayer books!**

**Monday - Friday 7:30 a.m. and Sunday 9:00 a.m.**

# SISTERHOOD COOKBOOK COMMITTEE

## Calling All Cooks – We Want Your Recipes!

The Sisterhood is very excited about creating a kosher *cookbook* that will have recipes from Temple Beth El members and friends. We hope to make this a keepsake that you can treasure and use for a very long time because it will be full of wonderful recipes for everyday use and holidays. We are also including special sections that have blessings and helpful cooking tips. All profits will be donated to the kitchen renovation project.

To help us make this a special cookbook, we are asking you to submit recipes that you would like to share with the congregation. We are looking for all types of recipes including traditional and contemporary dishes (including appetizers, side dishes, entrees, vegetable/vegetarian dishes, desserts and beverages) and holiday dishes. We would also like to include a family/kids cooking section with “kid friendly” recipes that parents and children can enjoy making together.

The committee’s goal is to have the cookbook available for sale at the beginning of December 2005 in time for Chanukah. We will soon be sending instructions on how to submit recipes in the mail and via e-mail.

Thank you so much for your consideration. The team is very excited to create this cookbook for the Temple Beth El Family.

Sincerely,

Beth Silver  
Sisterhood Cookbook Committee  
967-8852



## Helen Golin Judaica Gift Shop

Are you going to a party? Some suggestions for hostess gifts: Wine bottle or wine glass coasters, small jeweled boxes, pretty serving dishes, decorative dreidels

**REMEMBER, EVERYTHING IS DISCOUNTED  
20% OFF RETAIL PRICES!!!**

Summer hours: By appointment.  
Please call Mia Weinstein at 595-0528.



## REMINDER!!!

The next Temple Bulletin will cover activities for  
**MAY 2005**

The deadline for this issue is:  
**April 1, 2005**

## A SPECIAL THANK YOU

Temple Beth El thanks Gail Gruber Trell & Stephen Trell for the leaves, and the engraving, on the Tree of Life that adorn our lobby. For many years they have donated a myriad of signs for the High Holy Days, for the interior of our building and for our parking lot.

Todah Rabah to Gail and Steve for graciously provided these lovely touches to the Temple!

## Instructions:

- o Write in pen or use word processing (attach additional sheets if needed).
- o Submit kosher recipes only (e.g. no milk or meat in same recipe).
- o Submit original recipes, previously unpublished in other community cookbooks.
- o Include timesaving tips (e.g. use of food processor, bread maker). Try to keep instructions simple.
- o Questions?? Please contact Rebecca Lehrfeld @ 322-7700 or [cookbook@tbe.org](mailto:cookbook@tbe.org)
- o Thank you!!

<b>Recipe Name:</b>		
<b>Submitted by:</b>	<b>Phone</b>	<b>email</b>

**INGREDIENTS:** List all ingredients in order of use. Include container sizes, e.g. 16 oz. Pkg., 3 cups, 24 oz. can. Include timesaving and helpful hints.

**DIRECTIONS:** Please be as specific as possible. Use names of ingredients in directions, e.g. “combine flour and sugar” instead of combine 1<sup>st</sup> two ingredients. Please write directions in paragraph form.

<b>Prep Time:</b>	<b>Cooking Time</b>	<b>#Serves</b>	<b>Oven Temp</b>	<b>Pan Size</b>
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**NOTATION:** You may include a notation about the recipe of up to two sentences such as its history, country of origin, dedication to a person or family member.

Mail to: Temple Beth El, c/o Sisterhood, 350 Roxbury Road, Stamford, CT 06902 or e-mail to [cookbook@tbe.org](mailto:cookbook@tbe.org).

Please submit recipes ASAP! The deadline is here!

## SISTERHOOD SPEAKS


April 13<sup>th</sup> promises to be a very exciting evening at Temple Beth El!! Our annual **FASHION SHOW**, sponsored by Foxes, will be a traditional delight for all who attend and lots of fun for those who are participating. This year our hard working committee is bringing something new and thrilling to the evening: **SHOPPING!!** We are planning on having approximately 10 vendors, ranging from kitchen ware, books, and gift items for your shopping convenience. Between the merchandise and the wide selection of raffle items available, this will be an evening you won't want to miss! Don't forget your checkbooks!!! Special thanks to Barbara Cohen and Laura Gallant for organizing such a wonderful spring program for our enjoyment.

More thanks go out to all those who helped **Sisterhood's March Madness** programming success. **Darice Bailer** started us off with a wonderful and delicious **Shabbat Across America**, **Susan Plutzer** was at the helm of the **Women's Health Series**, and **Karen Hainbach** closed the month with the riveting **Torah Fund Event** featuring Cantor Deborah Jacobson and Rabbi Selliah Kalev at the home of **Penny Horowitz**.

I enjoyed seeing so many of you at TBE during the month of March. Thank you for making a special month so memorable for me for so many reasons.

*Ellen Gordon*

## WOMEN OF THE BOOK

We have many wonderful programs planned for this year. The books and the videos are riveting, thought-provoking and humorous. You will leave our meetings shouting, "MORE, MORE!" 

Please join us for any or all of the following programs:

**April 19, 2005:** Video *Let's Face It: Women Explore Their Aging Faces*:



"Seven women, ages 48 to 63 speak openly, honestly and with wry humor on the reality of the sags and bags, wrinkles and lines that show up on their faces." "...In their ongoing conversations each woman realizes how her self-image is shaped by early family judgments and by the unrelenting messages from a culture that honors youth as the epitome of beauty."

**May 17, 2005:** *An Hour in Paradise* by Joan Leegant


This book consists of ten "outstandingly original and prize-winning stories." The stories take place in locations as varied as Jerusalem, Queens, Hollywood and Florida and deal with subjects as varied as drug dealing, AIDS, and mysticism.

**June 21, 2005:** Planning Session

**Reminder:** The Sisterhood Food Drive is an ongoing project. Please drop off non-perishables in the Temple's upper lobby.

Today Rabah to those who prepare our Congregational Luncheon following our monthly Shabbat morning "Kahal Service."


*Stuart Nekritz, Sherry and Ken Cohen, and Les and Herb Horowitz*

If you would like to sponsor a Congregational Luncheon, please contact Roberta Aronovitch at 322-6901, ext. 304 or [execdir@tbe.org](mailto:execdir@tbe.org). 

Sisterhood thanks BETTY BAER...

...once again, for running the Passover Food Sale!

The proceeds of this fundraiser help Sisterhood to support our Religious School. The food will be provided by Abel Caterers.

All orders must be submitted to Betty by April 13, 2005. If you have questions about placing an order, please call Betty at 324-7972. If you did not receive an order form, please call the Temple office at 322-6901. 

### *Our Panel of Caterers*

#### *Abel Caterers*

Neil Abel  
70 Bradley Road, Woodbridge, CT 06525  
(203) 389-2300

WE WELCOME OUR NEWEST CATERER:

#### *Kosher Gourmet*

1035 Newfield Avenue, Stamford, CT 06905  
(203) 329-0294  
[koshergourmet@sbcglobal.net](mailto:koshergourmet@sbcglobal.net)

#### *Main Event Caterers*

Joey Bodner - Eddie Izso - Marty Bodner  
38 West Forest Avenue, Englewood, NJ  
(201) 894-8710  
3708 Riverdale Avenue, Riverdale, NY 10463  
(718) 601-6246 or  
[Office@MECaterers.com](mailto:Office@MECaterers.com)

#### *Margery Gussak Catering*

Margery Gussak  
540D North Main Street, Manchester, CT 06040  
(860) 643-0640

#### *Regal Caterers*

Peter Stone & Peter Schneider  
1979 Marcus Avenue, Lake Success, NY 11042  
(516) 326-2156

**TBE TEENS!**

**SAVE THIS DATE!!!**

**Annual Teen Service**

**Shabbat, April 30, 2005**  
**(7<sup>th</sup> Day of Passover)**

**Services begin at 9:30 a.m.**

**Watch your mail for details!**



*ON ONE FOOT continued from page 3...*

the miraculous nature of every recovery. We understand that life is fragile and go to extremes to save a life.

**6) Being a Really Good Person: "Be a Mensch"**

We aspire to be a mensch, someone who acts with compassion toward others. In ourselves and in others, we value the human qualities of being attentive, empathetic, and discrete, and of making sacrifices when necessary. We try to be good friends and neighbors. A mensch's broad reserve of compassion extends toward all Jews, wherever they live, and toward all people, particularly the vulnerable.

**7) Keeping the Peace: Shalom Bayit**

Certain decisions or gestures are made not only because they are appropriate but also because they serve to keep the peace, settle differences, keep a family together, and create harmony instead of divisiveness.

**8) Repairing the World: Tikkun Olam**

We hold that each person should find ways to make the world a better and more just place. This stance of compassionate engagement occurs in simple individual ways as well as on larger platforms. We use our money and talents to make a difference. Engaging in world repair, we may feel as if we are "doing a mitzvah," doing something that we are divinely ordained to do even though it is our choice. We feel that doing good works justifies our having been put on this earth. If we have been fortunate, we feel responsible to "give back."

**9) Maintaining Hope: Yesh Tikvah**

We try to hang on to hope and resist despair. In romance, we believe we will meet our beshert, our intended one. We dream expansively and even set off on uncertain journeys with feelings of promise on the horizon. At the same time, we accept that some things seem fated not to be. When a door closes, we face reality and move on to new possibilities.

**10) Memory of One's Ancestors: Z'chut Avot**

We feel connected to the people who came before us. We draw insight and wisdom from the experiences of our ancestors and seek to honor them with our actions. And we expect the same of our children. Thus, we honor our ancestors by transmitting the sensibilities that characterized their ideas and actions onto the next generation.

I look forward to seeing many of you here at our second seder on the 24<sup>th</sup>. Mara, Ethan, Daniel and I wish you and your family a joyous and sweet Pesach.

**Rabbi Joshua Hammerman**



*FOLLOW THE YELLOW BRICK ROAD*

March 7, 2005

Dearest Temple Beth El Family,

Thank you for all of your energy, effort, care and love to ensure that the evening of March 5<sup>th</sup> was so heart-warming!

We all adore that you danced with us, sang to us, took our pictures, and shared in our joy, our delight, and our celebration! We extend our thanks for your contributions to the journal. Our special thanks to those people who served on the Dinner Dance Committee; we know this was a labor of love!

We had a most SPLENDIFEROUS time, and we are touched and elated to have been so honored by you, our Temple Beth El Family!!! To quote the famous and fabulous Frank Rosner, "You are known by the company you keep!!!" And indeed that is true: we used our hearts, our brains and our courage to come all the way from Kansas and Newark to find a home at Temple Beth El!

You are TOTOLY OZ-SOME ,and we hope to continue to be worthy of this honor!

With Love From Each One of Us To Each One Of You,

*Eileen, Frank, Judy & Meryl*

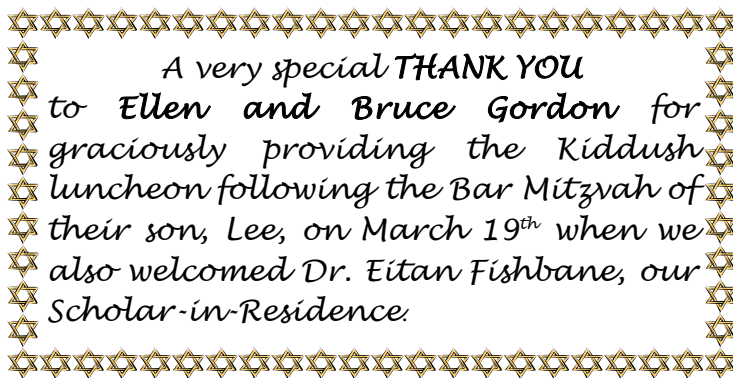
*BETH EL CARES*

**OVER 120 VOLUNTEER HOURS** were given to help a Jewish Family Service client pack and unpack her belongings as she moved to a new home. We thank the following people who packed, schlepped, cleaned, hung pictures, set up a stereo system...and went above and beyond the call of duty!

- Marlyn Agatstein**
- Art Greenwald**
- Alison Greenwald**
- Sharon Goldstein**
- Sam Kravitz**
- Eileen Rosner**
- Linda Simon**

We appreciate everyone's help-it was a great mitzvah.

*Sue Greenwald and Cheryl Wolff*


  
 A very special **THANK YOU**
  
 to **Ellen and Bruce Gordon** for
   
 graciously providing the Kiddush
   
 luncheon following the Bar Mitzvah of
   
 their son, **Lee**, on March 19<sup>th</sup> when we
   
 also welcomed **Dr. Eitan Fishbane**, our
   
 Scholar-in-Residence.

**WE NEED HANDS!**

If you are available to help with Temple mailings in the mornings, **WE NEED YOUR HELP!** We start at 8:00 a.m. and usually finish by 9:30 a.m. If you can stay for 30, 60 or 90 minutes it would be greatly appreciated.

Contact Frank Rosner at 348-0104 to be on his "call list."

[www.tbe.org](http://www.tbe.org)

Check our web site for new photos of the Locks of Love and Dinner Dance, as well as Passover information and Hametz selling forms.

## Eleventh Annual Elders Day Celebration

### Honoring Vivien and Arthur White Shabbat/Pesach, April 30, 2005

Each year Temple Beth El congregants honor our seniors who, by personal example, have been positive role models for the younger generations. There are many seniors who deserve to be honored for their exemplary efforts to support both our synagogue and our community. However, a few stand head and shoulders above the others for their unique contributions, and we will present them with the Distinguished Elders Award on Shabbat/Pesach, April 30, 2005. This year, we will honor Vivien and Arthur White.

Many people recognize Arthur as the distinguished gentleman who sits in the front row virtually every Shabbat morning. He is invariably the first congregant to show up, which is just the first indication of his energy. Soon he is enthusiastically clapping his hands as we sing songs that celebrate Shabbat, and then he is often called upon for the Kohen aliyah, which he does with grace and perfection. Vivien is not always with him at services, but if you knew how much she has done for her family and for the community, you will understand why she needs a complete day of rest!

The Whites had a denominationally mixed marriage. Arthur worshipped at the Orthodox Congregation Beth Hamidrash Hagodol in Boston, and Vivien worshipped at the Reform Temple Sholom in Chicago. They moved to Stamford after several visits to Vivien's college roommate. They tried other shuls before they joined Beth El, which offered them as it does now a good mix of tradition and modernity. Their son, Joe, became a Bar Mitzvah in 1974, and Arthur became active on the Board of Trustees. Joe carried on his parents' love for Judaism. Daniel, the Whites' eldest grandson, became a Bar Mitzvah in Austin, Texas. Benjamin, their second grandson, is now studying for his Bar Mitzvah next year, and Sarah, their granddaughter will be called to the Torah in 2011.

Vivien and Arthur were visionaries before the word came into current usage. Vivien, trained as a biochemist, worked as a researcher at the Harvard Medical School and Interchemical Corp. in New York. Arthur was a founder of the prestigious research and consulting firm, Yankelovich, Skelly & White, where he still serves as Vice Chairman.

Throughout the years they gave back to the community. Vivien has been a tireless volunteer and advocate for the PTA, for education budgets, for inner-city pre-school and after-school programs, and for renewing a lunch program for disadvantaged children. She has been a long-time member of the State Arts Commission, the New England Foundation for the Arts, and the Stamford Cultural Development Corporation. (Note to the President of Harvard University: Women can excel in science, mathematics, the arts, and have a strong, happy marriage and loving family.)

Arthur has served on various boards and commissions on the local, state, and national levels. His interests include the Stamford Planning Board, Housing Site Committee, the Connecticut Housing Finance Authority (which he served as Chairman), the National Economic Policy Advisory Board and Federal Prison Industries Commission. He is also the founder of Jobs for the Future and Reading is Fundamental.

We, at Temple Beth El, think that honoring the Whites is fundamental. Please join us on Elders Day Sabbath services on April 30<sup>th</sup> at 9:30 a.m. and wish a hearty *mazel tov* to this incredible, inspirational couple. Elders Day is not just for seniors, but for all generations. As you will see from the

tribute booklet, the contributions by the Religious School students make this a special Beth El event.

#### *Previous Distinguished Elders Award Recipients*

Mollie and Jack Malin (1997)  
Hyacinthe Hoffman and Dr. Bernard Nemoitin (1998)  
Frank Rosner (1999) — David Gruber (2000)  
Harry Bennett (2001) — Norma & Milton Mann (2002)  
Claire & Jack Steinberg (2003) — Leslie & Herb Horowitz (2004)

JOIN US FOR  
THE ANNUAL  
SISTERHOOD FASHION SHOW

WEDNESDAY, APRIL 13<sup>TH</sup>  
AT 7:00 P.M.

FEATURING  
THE LATEST FASHIONS FROM:

FOX'S!

THIS YEAR WE WILL ALSO HAVE  
A GIFT BOUTIQUE!

DON'T MISS THE EVENT OF THE SEASON!



### **PARENTS!**

**DOES YOUR HIGH SCHOOL  
or COLLEGE STUDENT STRUGGLE  
TO WRITE A PAPER?**

**ARE YOU ALREADY WORRYING ABOUT  
SAT and COLLEGE APPLICATION  
ESSAYS?**

**If so, *Step Write Up*  
to better writing!**

FOR A REASONABLE FEE, A SEASONED JOURNALIST AND EXPERIENCED EDITOR WILL CRITIQUE WRITING ASSIGNMENTS, DIAGNOSE PROBLEMS AND POINT OUT COMMON PITFALLS. I WILL TEACH YOUR STUDENT HOW TO BECOME BETTER WRITERS SO THEY LITERALLY "WRITE" ME OUT OF THEIR LIVES.

CALL NOW AT (203) 461-8312  
OR VISIT [WWW.STEPWRITEUP.COM](http://WWW.STEPWRITEUP.COM)

*Member of the Stamford Jewish Community*



13) Why is a feather used to sweep away the crumbs in the search for hametz?

14) According to the commentaries on the Haggadah, the baby goat in the song "Had Gadya" symbolizes what?

- a) G-d
- b) The Jewish people
- c) Moses
- d) The firstborn son

15) True or False: In order for the seder to be valid under Jewish law, the exact wording of the Four Questions as given in the Haggadah must be used.

16) The first independent printed Haggadah was issued in 1482. In what country was it published?

- a) Italy
- b) Spain
- c) England
- d) Morocco

17) Which book of the Bible mentions Pharaoh's chariot in its first chapter and is read in the synagogue on Pesach?

- a) Daniel
- b) Job
- c) The Song of Songs
- d) Ecclesiastes

18) Which one of the following cannot be koshered for Pesach?

- a) china
- b) an oven
- c) silverware
- d) glass

19) The traditional melody of one of the final songs at the seder is often used to chant some of the prayers in the synagogue on Pesach.

- a) Ki Lo Naeh
- b) Adir Hu
- c) Echad mi Yodeiah
- d) Chad Gadya

20) Pesach morning services at Temple Beth El begin at what time?

- a) 8:30 AM
- b) 9:00 AM
- c) 9:30 AM
- d) 10:00 AM

Anyone asking the Rabbi, Hazzan or Educational Director for the answers should disqualify him or herself!

*Hatzlacha!* Success in pursuing the answers.

Sandy joins me in wishing y'all a happy, healthy and Kosher Pesach.

*Hazzan Sidney G. Robinowitz*

קרל החזן



(Answers may be found on page 18.)

## MEN'S CLUB

### Men's Club Scholarship Applications

Applications for two Temple Beth El Men's Club scholarships are available at all high school guidance offices and in the Temple office.

Two scholarships are awarded annually by the Men's Club: The Edward J. Kaplin Memorial Scholarship is a four-year scholarship for any area of undergraduate studies and the Eve Kaplin Memorial Scholarship is a one-year grant for college freshman in the area of fine or performing arts. Both are available to all Jewish students in the greater Stamford community. Candidate selection for these scholarships is based on financial need, character, citizenship and academic achievement. The Eve Kaplin Memorial Scholarship also requires demonstrated talent as a key criterion.

A single application form is being used for both of these scholarships. Please let your graduating students and their friends know that these scholarships are available.

If you have any questions about these Men's Club scholarships, contact Marty Israel at 329-9516.



United Jewish Federation of Greater Stamford,  
New Canaan and Darien, Community Commission  
on Jewish Education, in cooperation with the  
Board of Rabbis presents:

*Yom HaShoah*

*Community Holocaust Remembrance  
Program*

*Humankind in the Face of Inhumanity*

Wednesday, May 4, 2005  
7:00 p.m.  
at Temple Beth El

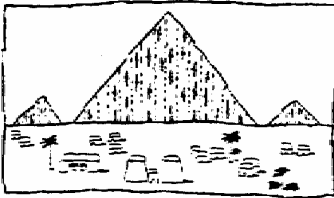
For more information please call  
Dana Horowitz, UJF Community Project Manager,  
321-1373, ext. 108.

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# PASSOVER PREPARATIONS: **A GUIDE FOR THE PERPLEXED**

by Rabbi Joshua Hammerman

## **I. What is Hametz?**

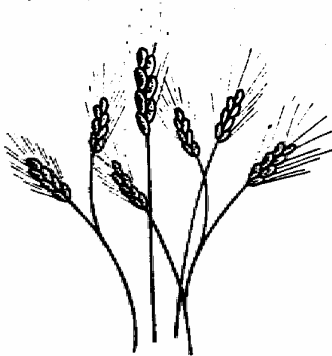


The basic rule which underlies the dietary laws of Passover is that during this holiday a Jew must not eat, own or derive benefit from Hametz. Hametz refers to the five species of grain - wheat, barley, spelt, rye and oats - which have been subjected to a leavening process. In their unleavened states, these same five grains can be used to make Matzah. The word "Hametz" itself refers to fermenting or souring. Dough (flour and moisture) can rise by just sitting (sour dough) or by a leavening agent being added.

Hametz includes not only bread, crackers and macaroni, but items formed of fermented grain used in other ways -such as beer, whiskey and grain vinegar.

The elaborate cleaning ("Kashering") process, involving putting away "regular" foods and dishes, renouncing ownership of leaven, and buying special foods, are all steps to ensure that no Hametz is found in places where it might be used. Any presence of Hametz, however minute, is forbidden on Passover. The rabbis made an exception to this very strict rule: If an accidental mixture took place before Pesach began, it can be considered negated if Hametz is less than 1/60 of the whole mixture. This is why it is safer to purchase various foods (e.g. milk) before the holiday begins. If you buy milk before Passover, no special "Hechsher" (certification of Kashrut) is necessary, but if such items are bought during the holiday, they do require a "Hechsher." (Shopping for most things before Pesach will also increase the number of items you can economize on).

## **II. What about legumes?**



In our definition of Hametz, rice, millet, corn, peas and beans weren't mentioned ("Kitniyot," in Hebrew). All agree that these are not Hametz. Sephardic Jews generally follow the practices of the Talmud and Shulchan Arukh (16th century law code) permitting these items on Passover. Ashkenazim (European Jews) followed the custom of prohibiting these items, either because of fear of "contamination" (e.g. rice might have grain mixed in) or confusion (e.g. because beans can be ground into a flour-like substance, it might be confused with grain flour). Custom plays an important role in Jewish life, but one should be aware that there is a significant difference between eating soda crackers (100% Hametz) and soy beans. Many Ashkenazic Jews eat string beans because the kernel has not been formed, and there are differences of opinion regarding peanuts and a variety of seeds (sunflower, safflower, cottonseed, etc. Chocolate used to be a problem for Ashkenazim, because lecithin, used as an emulsifier, comes from soybeans. Today, most Israeli chocolate factories use a substitute emulsifier, from rapeseed, for Passover, and can label their chocolate l'lo hashash kitniyot (without suspicion of Kitniyot).



### III. How do you get rid of Hametz?

- A. Eat it up before Passover.
- B. Give it away to a non-Jew.
- C. Renounce ownership by selling it - this is usually done by making a rabbi your agent, signing a document, allowing him to sell it to a non-Jew for a token down-payment. After the holiday, when the purchaser discovers that he really doesn't want all the leftover graham crackers in your closet, he normally sells it back and the down-payment is returned. This is legal fiction, but it solves the problem of what to do when you have too much Hametz to merely give away.

ALL HAMETZ SHOULD BE TAKEN CARE OF BY ABOUT 10 A.M. ON APRIL 5.

### IV. Why go through all this bother?



Ultimately, as with all rituals, the meaning you derive from it is a very personal matter and often it cannot be explained rationally. Here are some possibilities:

- The cleaning out of Hametz symbolizes the cleaning out of the old ways of slavery as our ancestors had to do to leave Egypt. It can symbolize our desire to cleanse ourselves of our "evil inclinations," the "Hametz of the heart."
- It is a "spring cleaning," a chance to air out our houses, and ourselves, after the long winter's hibernation. In the spring, we are spiritually and physically reborn. In this sense, the themes of Passover and Easter are very similar.
- The more effort we put into preparing for a holiday, the more intense are our feelings and memories associated with it. This is why Passover has maintained such a powerful hold on even the most assimilated of Jews, while other celebrations have fallen from favor. We all have vivid memories of childhood Passovers, and they are so vivid because of all the work that went into the preparation. On Passover, we simultaneously recall the infancy of our people and of ourselves. We are transported both to Egypt and to wherever we grew up. But such a moving experience does not come for free: we must earn it the old fashioned way - by removing leaven.

### V. When do we start eating Matzah?

Matzah can be eaten all year round. But we should avoid it for 24 hours before the first Seder so that its taste is fresh. It probably is a good idea not to eat much of anything during the afternoon before the first Seder. Some don't eat Matzah for two weeks prior to the holiday.

### VI. How do I clean my house for Passover?

Areas where eating takes place should be cleaned thoroughly. Also, check places like briefcases, purses, desks and coat pockets, if you occasionally put food there. Offices, lockers in school, and automobiles should also be cleaned. There is no need to go overboard with this, however. The house can still be Kosher for Passover, even if every window isn't washed and the bathtub isn't scrubbed.

## VII. What about (oy,gevalt) the kitchen?



Shelves, counters, tables and drawers should be well cleaned. They can be Kasher'd by pouring boiling water over them. An easier solution (and less messy) is to cover them with shelf paper or just tape them shut if you don't need them. The refrigerator should be defrosted and cleaned (no shelf paper is necessary here). To "Kasher" a stove - clean it well with commercial cleanser, do not use it for 24 hours, then heat it to maximum temperature for one hour. If you plan to use the broiling pan, cover it with heavy foil. For a self-cleaning oven, run it through one self-clean cycle.

Electric burners should be treated in a similar manner: clean, don't use for 24 hours and then heat until they are red-hot for at least five minutes.

For gas burners, either heat them to the hottest possible temperature for 15 minutes or immerse the burners in a pot of boiling water.

For a microwave oven, place a utensil with boiling water inside until thick steam fills it.

### **Kitchen Utensils:**

Launder dishtowels and cloth tablecloths.

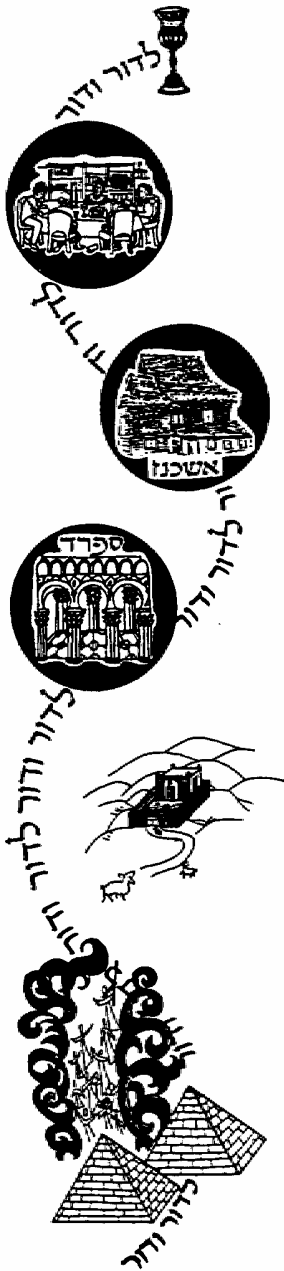
In general, items are "Kasher'd" according to how they are used: Ovens and oven racks require high heat, pots and silverware require immersion in boiling water. Items used only for cold may be "Kasher'd" by rinsing. Dishwashers should be run through one cycle with soap after laying idle for 24 hours.

### **Items which cannot be made Kosher (in any practical way):**

- meat spits
- Metal baking pans
- earthen ware
- toaster ovens
- porcelain
- items that will be damaged by hot water
- items which cannot be cleaned (e.g. graters, pots and pans with burned-on food)
- silverware and cooking utensils of more than one piece (e.g. knives with wooden handles; Hametz can be stuck in the crack).

### **Items which can be Kasher'd:**

- metal pots, frying pans, (including those glazed or enameled, Teflon is questionable).
- one piece wooden utensils
- one piece silverware
- glass (no boiling necessary, for dishes and glasses, just a thorough scouring).
- Pyrex, Duralex and Corelle ware
- China: if it hasn't been used in a year, it is Kosher if scoured and cleansed with hot water.
- Hard plastic
- Nylon
- Bakelite
- Rubber that can be immersed in boiling water briefly



**POINTERS:**

1. Don't forget to also immerse the lids of jars and containers.
2. Use a big pot for boiling, dip items with tongs or tied to a string, while the water is actually boiling.
3. For the largest pot (too big to be dipped) boil water in it, then fill it to the brim with more water. Later, pour boiling water on the outsides and handles.
4. Remove handles of pots and pans before boiling (if possible) and boil separately.

Of course, it is, in many ways, easier to use a separate set of kitchenware and dishes for Passover. But this is not necessary.

For questions on specific items, feel free to call.

**VIII. What foods can I buy?**

An updated guide to Passover products is available at the Temple. Come by to pick up your copy. But please beware. Many foods are marked up for profit to take advantage of the consumer who is unaware that not all items need rabbinic supervision. If you buy the following before Passover and leave it unopened, no rabbinic supervision is needed:



- Coffee
- Tea
- Sugar
- Pepper (Pure herbs & spices e.g. not garlic salt)
- Dried fruit (with no preservatives)
- Honey
- Hard cheese (preferably sealed in the factory)
- Butter
- Fruit Juice (no additives, sweeteners or preservatives)
- Kosher meat, chicken, fresh or frozen (not breaded or in sauce)
- Detergents (may also be bought on Passover)
- Fresh milk
- Eggs
- Vegetables, fresh or frozen
- Nuts in their shells
- Pure olive oil (no additives); also safflower & peanut oils
- Tuna and other types of fish, frozen or fresh, (kosher types of fish and unbreaded, of course)
- Paper and plastic goods
- Aluminum products
- All prescribed medicines in cases of medical necessity

**ITEMS WHICH MUST HAVE PASSOVER SUPERVISION:**

- Matzah and Matzah products
- Cake, cake mixes
- Soups
- Pudding
- Gelatin
- Canned foods
- Mayonnaise
- Ketchup
- Mustard
- Soft drinks
- Seasoned salt
- Wine
- Margarine
- Liquors
- Ice Cream
- Pickles
- Candy & Chewing Gum
- Chocolate
- Cocoa
- Gefilte Fish
- Prepared Horseradish
- Processed meats
- Baking Powder
- Cider Vinegar

\*\*This list does not claim to be exhaustive.

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## IX. Above all, what does all this come down to?

Common sense. When you heat an oven or boil a pot, strict safety measures should be employed. Remove all soft plastics from the area.

## X. Miscellaneous Issues:



The situation regarding cheese requires a fuller explanation. The Conservative Movement allows for the consumption of hard cheese that is not supervised, while Orthodox practice is to require supervision, whether on Passover or not. This has to do with the dispute over the nature of rennet, an animal by-product used in the formation of cheese. When buying food before Passover begins, don't feel compelled to buy only Miller's Kosher cheese, unless you happen to like Miller's cheese and it is your custom to eat only supervised cheese on the holiday.

Vodka may or may not be kosher for Passover; you must check the label. Usually, vodka is made from potatoes. Most Israeli wines and brandies are produced kosher-for-Passover the year around, for simplicity's sake. But some liqueurs may not be Pesach-friendly, so, again, label reading is a must.

A perennial question is whether one can use ordinary alcohol-based perfumes, aftershaves and other scents, which might contain grain alcohol. There are two distinct schools of thought on this subject. The stricter school says that only approved-for-Passover cosmetics of any type may be used. The more lenient school holds that since these products are inedible, the source of the alcohol does not matter. Anything "not fit for a dog to eat" is classed as an inedible. Both views are valid ones.

## XI. Conclusion:

In the end, Passover is purely a personal experience. For some it is a game, as exemplified by the Search for Leaven, a favorite of children, which takes place the evening before the Seder. For others, it is a dreaded chore. And others have long since given up preparing for it so elaborately. What I've presented here are, for the most part, the strictest requirements of Jewish law. Many people go way beyond these requirements, others are more selective. On this festival of freedom, we are free to question tradition, but just as powerful is our freedom to enrich our lives by turning just another April evening into a night different from all other nights.



## WHEN PESACH BEGINS ON SATURDAY NIGHT

Although it is an infrequent occurrence, it does happen from time to time that Pesach begins on Saturday night. This alters somewhat the way in which we prepare for Pesach. The following procedure is endorsed by the Committee on Jewish Law and Standards of the Rabbinical Assembly:

- ✧ The Fast of the First Born, normally observed on *Erev Pesach*, is observed two days earlier on **Thursday, April 21<sup>st</sup>**. A Siyyum (conclusion of the study of a portion of Rabbinic literature) will be held at the conclusion of the morning minyan (7:30 a.m.) followed by a *Seudah shel Mitzvah* so that the first born may eat.
- ✧ *Bedikat Hametz* (the search for hametz) is carried out on **Thursday night, April 21<sup>st</sup>**.
- ✧ **Friday, April 22<sup>nd</sup>**, should be treated as if it were an ordinary Erev Pesach. The hametz should be burned by noon. The stove should be kashered for Pesach and all the cooking done in Pesach pots and utensils. Food required for Shabbat (Friday dinner and Saturday lunch) should be cooked at this time. For all intent and purposes, everything from this point on will be Pesachdik as if Friday night were actually the beginning of Pesach.
- ✧ **Since it is customary that matzah not be eaten on the day before Pesach so that the eating of matzah at the seder will be a fresh experience, matzah should not be used for *HaMotzi* on Friday night and Saturday lunch.** Use egg matzah (*matzah ashira*) instead. Egg matzah cannot be used at the seder since the addition of eggs and apple cider make it bread of the rich and we are required to eat *lechem oni* (bread of the poor). However, it can be used for *HaMotzi* on Friday and Saturday lunch because, even though we are eating all Pesachdik foods, technically Pesach has not yet begun. Alternately, instead of egg matzah, one can carefully segregate real hallot (for the two main Shabbat meals), over which to make *HaMotzi*, and take care to eat all of it or dispose the leftovers very carefully (e.g. in a toilet), before noon on Saturday.

### SALE OF HAMETZ FORM

I, \_\_\_\_\_, hereby authorize Rabbi Joshua Hammerman to act as my Shaliach (representative) and empower him (or any agent operating on his behalf) to sell all hametz owned by me, or in which I have a share, whether it is in my possession, being shipped to me, or stored elsewhere, as of **10:00 a.m. April 22, 2005**. This includes any stocks or shares in corporations or businesses that buy or sell hametz. (The term, "hametz," is understood according to the Rabbinic definition of leavened food and is to include all types of such food or liquids in pure or mixed forms). Since the buyer must have free access to the hametz he purchases, I also agree to authorize him to rent those premises in which these foods are stored and agree to keep these items separated and to seal them off. This sale is to be concluded in accordance with all the requirements of Jewish law and the terms of the general authorization contract used by the Rabbi for this purpose. Stores engaged in the sale of Hametz during Passover are excluded.

Estimated value of my hametz foodstuffs and liquids \_\_\_\_\_.

My signature below legally grants Rabbi Hammerman, or his agent, the power to act on my behalf in this matter in accordance with both halachic regulations and the laws of Connecticut and other states. I agree to abide in good faith by the results of this sale without any reservations, either expressed or implied.

**WITNESS** my hand this \_\_\_\_\_ day of \_\_\_\_\_, 2005.

**NAME** \_\_\_\_\_

**HOME ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_

**BUSINESS ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_

**SUMMER HOME** \_\_\_\_\_ **CITY** \_\_\_\_\_

**OTHER ADDRESSES** \_\_\_\_\_

**IMPORTANT: TO BE VALID THIS LETTER MUST BE RECEIVED BY APRIL 22, 2005.**  
**MAIL TO: RABBI JOSHUA HAMMERMAN, 350 ROXBURY ROAD, STAMFORD, CT 06902**  
**YOU MAY FAX YOUR FORM TO (203) 322-0532.**

**"Hot Button Halacha"**

Meets monthly on the second  
Wednesday of the month



**April 13, 2005 12:30 - 1:30 p.m.**

**ON THE 20<sup>TH</sup> ANNIVERSARY OF WOMEN'S ORDINATION:  
LOOKING BACK AT A LANDMARK DECISION**

What does Jewish law teach us about today's most controversial issues, including Gay Marriage, Tattooing and Body Piercing, Stem Cell Research, Assisted Suicide, Domestic Violence, Surrogate Parenting and Smoking in Public Places? Recent opinions of the Conservative Movement's Committee of Law and Jewish Standards will be discussed.

Meets at: Benjamin & Gold, P.C., 350 Bedford Street 4<sup>th</sup> floor.

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**Larry Bloch, Rhoda Dember, Phyllis Gofstein,  
Madge Kelleck, Sam Kravitz, Minerva Kweskin,  
Robin Minkoff, Frank Rosner, Abby Ross,  
Carol Sander and Gerdine & Nathan Snyder**  
for helping in our office and with our  
Temple mailings.

**A special *Todah Rabah* to Carol Sander for her  
assistance in calling weekly yahrtzeit observers.**

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Roslyn & Merritt Nesin

**IN APPRECIATION OF RABBI HAMMERMAN & CANTOR JACOBSON  
FOR OFFICIATING AT THE BRIT MILAH OF OUR SON, ANDREW  
DAVID**

Devra Jaffe-Berkowitz & Parry Berkowitz

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**Answers to Pesach quiz from page 16:**

- 1) a) 1934
- 2) c) the roasted egg
- 3) **False. Only fermented grain products are forbidden. Other fermented consumables (such as wine) are permitted.**
- 4) **False. If the only Seder participants are a husband and wife, the wife asks the questions. Even if a person has a Seder alone, he or she asks the questions.**
- 5) d) garlic.
- 6) **True. One is forbidden to derive any benefit from hametz during Pesach.**
- 7) **Karpas. It was introduced in the first century, before the destruction of the temple. The egg was introduced after the destruction of the temple.**
- 8) a) Zeroah (the roasted shank bone).
- 9) c) 18
- 10) **Sorry, no leftovers.**
- 11) a) Thursday night
- 12) **So that the blessing would not be recited in vain.**
- 13) **So that no person is contaminated by touching a crumb of leaven.**
- 14) b) the Jewish people
- 15) **False**
- 16) b) Spain
- 17) c) the Song of Songs
- 18) a) china
- 19) b) Adir Hu
- 20) c) 9:30

*Yahrzeits Recalled for the Following Week*

*F.Y.I.*

**April 1**

Ruth Arbeiter  
Richard Aronson  
Isadore Cherniack  
Hede Goldsmith  
Morris Golin  
Edward Kaplin  
Samuel Klein  
Raymond Koch  
Frieda Kravitz  
Irene Linde  
Francis Marcus  
Mollie Seigel  
Morris Shapiro  
Abraham Silver  
Anchel Wallach  
Esther Winthrop

**April 8**

Adolph Angerman  
Sadye Baum  
Joseph Bienstock  
Irving Brandt  
Ann Cohen  
Edith Coplin  
Max Epstein  
Emery Frank  
Daniel Goldstein  
Harry Haims  
Jennie Johnson  
Morris Kweskin  
Meyer Locker  
Ernest Marsel  
Morris Munowitz  
Isaac Nazarian  
Emanuel Oberhand  
Mary Pearce  
Jacob Regelson  
Frances Rich  
Clara Rothchild  
Julia Sachs  
Pearl Schwartz  
Lena Sigler

Elizabeth Silver  
Morris Snofsky  
Hyman Sosnowitz  
S. Zachary Swidler  
Melvin Trencher  
Katherine Yudbarovsky

**April 15**

Morris Beck  
Solomon Feinberg  
Hyman Ferber  
Ethel Greenberg  
Herman Gross  
Ida Hoffman  
Leo Hoffman  
Nathan Holtzman  
George Kahn  
Victor Lapidus  
Hilda Lerner  
Albert Meltzer  
Joseph Rose  
Leatrice Sanders  
Sol Savransky  
Yetta Schwartz  
Irving Siegartel  
Irving Silver  
Joan Sobel  
Lillian Taub  
Anne Walters  
Joseph Walters

**April 22**

Gerald Baum  
Isidor Baum  
Clara Bloch  
Louis Bralower  
Martin Ehrlanger  
Eleanor Geissler  
Luisa Goldstein  
Stephen Greenberg  
Mervin Grushkin  
Robert Helzick  
Alice Horlick

Israel Kahn  
Betty Koch  
Kurt Konigsbacher  
Fannie Lapine  
Beckie Leviss  
Louis Libo  
Bessie Lubin  
William Manela  
Aaron Marvin  
Rose Rosenberg  
Carol Rothke  
Sanford Rubin  
Murray Schneider  
Rose Schoke  
Marsha Solomon  
Celia Solove  
Alan Taksel  
Lily Vail  
Lena Wiener

**April 29**

Sol Atkins  
Florence David  
David Dember  
Florence Friedman  
Frances Gilbert  
David Graubard  
Helen Gross  
Marc Heller  
Rahim Hendizadeh  
Roland Jacobson  
Hy Kopel  
Leon Marlowe  
Gertrude Matzner  
Arthur Nussdorf  
Anne Passes  
Israel Rubinovitz  
Mitchell Schoenberg  
Dorothy Smith  
Daniel Supon  
Hannah Weinberg  
Eva Zelermyer  
Herma Zelermyer

**Join the JCC RETIRED MEN'S CLUB**  
at the Jewish Community Center of Stamford

Meets Monday mornings from 10:00 a.m. to 12:00 noon

We welcome new members for fellowship, humor and vibrant discussions on current events. During the second hour, 11:00 A.M. to noon, the stimulating hour talk by an invited speaker is open to all.

Just come on down or call Len Lesensky, Membership Chairman at 358-0044 or e-mail: [lenles@optonline.net](mailto:lenles@optonline.net)

**PLEASE BE AWARE...**

Because of new strict confidentiality regulations, Stamford Hospital has significantly limited the access that clergy have to patient population lists.

Please help us to help you and your loved ones by contacting the rabbi directly, by voice mail (322-6901 X307) or email ([rabbi@tbe.org](mailto:rabbi@tbe.org)) when you know of someone in the hospital.



**MEMORIAL PLAQUES**

The name of your loved ones can be inscribed on a plaque for our Chapel wall along with a light to commemorate their *yahrzeit* and *yizkor* observances throughout the year.



Please contact Roberta Aronovitch at ext. 304 for further information.

**AN EVENING WITH JFS**  
**SUNDAY MAY 15 – 5:00 PM**

Join JFS as it confers its "Mitzvah Award on outstanding community leaders Saul Cohen, Leonard Cohn and Judy Pomper. This 26<sup>th</sup> annual event will take place at Congregation Agudath Sholom. Details will be forthcoming in the press and mail. For information and an invitation, please call the JFS office at 921-4161.

Honorary chairpersons for this celebration are CT Attorney General Richard Blumenthal and Grecia and Ron Gross. Connie Cirillo Freeman serves as the event chair. A buffet dinner is planned, preceded by a cocktail hour. Details will be forthcoming in the press and mail. For information and an invitation, please call the JFS office at 921-4161.

**CONDOLENCES**

*We mourn the passing of:*

**DOROTHY BRENNER**, mother of Susan Josephson

**CYRILLE FLAX**, mother of Joan Fields

**FLORENCE ROSE**, mother of Jerry Rose

**MOLLY GOLDMAN**, wife of David Goldman,  
mother of Jill Lash

**PHILIP GREENBLATT**, father of Marcia Zlotnick

**ESTHER TEMLOCK**, mother-in-law  
of Caroline Temlock Teichman

**FRIENDLY VISITORS**

Volunteers are needed to conduct 45 minute Friday afternoon "services" at assisted living facilities. The services consist primarily of a few songs, lighting candles, blessings over the challah, and grape juice. Tape recorder, Yiddish tapes and all materials are provided. Two people conduct each service, one an experienced person. Volunteers can do this once a month or on a substitute basis. Children may accompany their parents. If you are able to help, contact Ellie Mirne, Temple Beth El representative to Jewish Family Services, at 356-1887.





**JEWISH FAMILY SERVICE APRIL 2005 PROGRAMS**

**SENIOR SPOUSE BEREAVEMENT AND SUPPORT GROUP 1:30 – 3:00 PM** Facilitated by Judy Spindel-Brown, MSW, LCSW, JFS Jewish Family Life Education Coordinator. Group meets at the *Stamford JCC*. This program is provided at no cost to older adults. Donations accepted. Please call Judy Spindel-Brown at 203-921-4161.

**“WHAT’S WRONG WITH ME?” APRIL 4 – 7:00-9:00 PM**  
Workshop on teen depression for teens and their parents featuring “The Looking Glass Players”, an improvisational and interactive troupe of the Northern Westchester Center for the Arts. Location is the *Westport Public Library, 20 Jessup Rd.* Call Jewish Family Service for more information and to make reservations: Stamford, 203-921-4161 and Westport 203-454-4992.

**ADDICTION RECOVERY APRIL 4, 11, 18 – 8:30 PM**  
Pathways to Life: A support group for Jews in recovery from addiction; those who are currently seeking recovery from addiction, and family members and significant others of those who are in recovery or battling addiction issues. Call Netta Stern at JFS – 921-4161, ext. 125 for more information and to confirm exact dates and times. No charge. Donations welcomed.

**SHEMA FOR MOMS APRIL 4 & 11 - 9:15-10:15 AM**  
Meets weekly. This is an ongoing course on Jewish parenting for moms and their babies, birth to age two. For further information, registration, fees, and location, call Sara Jamison at 921-4161, ext. 102.

**IS THERE LIFE AFTER DIVORCE? APRIL 5, 12, 19 - 7:30-9:00 PM**  
Develop strategies for success as you learn ways to move on and re-create your own life as well as help your children navigate through new circumstances. Ongoing short-term group. Four week minimum commitment necessary. For more information, and to register, contact Netta Stern at JFS, 921-4161, ext. 125.

**OVERVIEW OF SEXUALITY APRIL 6 – 1:00-3:00 PM**  
Workshop for psychotherapists working with adolescents and/or adults led by Arthur Mostel, M.D. and Certified Sex Therapist. Workshop fee is \$25. For reservations and more information, call JFS at 203-921-4161, ext. 122 or 203-454-4992, ext 122.

**COLLEGE AHEAD! APRIL 7 (Stamford) – 7:30 PM** Informative programs for college bound teens and their parents to “walk through” the college admissions process. All are welcome. No charge. For further information, call JFS College Consultant Claire Friedlander at 921-4161(Stamford) or 454-4992 (Westport).

**PARENT EDUCATION PROGRAM (PEP) APRIL 10 & 17- 9:00 AM -12 NOON** “Putting Children First” is a Parenting Education Program (PEP) designed for parents who are in court with divorce, child support and custody proceedings, as well as other family matters involving minor children. The fee is \$125 per person. Contact Family Centers in Stamford at 203-324-3167 for further information and to register.

**LEONARD FEIN AND RABBI AVI WEISS TO DIALOGUE AT ZALMAN CHAIM BERNSTEIN LEGACY LECTURE SERIES**

at the Young Israel of Stamford  
Thursday, April 7<sup>th</sup>, at 8:00 p.m.

“The Jews and ‘The Other’:  
How Far Do the Circles of Responsibility Extend?”

Admission is free, and refreshments will be served after the lecture.

The Zalman Chaim Bernstein Legacy Lecture is an annual lecture sponsored by Claude and Melody Bernstein in memory of Zalman Chaim Bernstein.

**The Center for Judaic & Middle Eastern Studies at UCONN, Stamford**

On **April 10**, the Center will co-sponsor a symposium with the Connecticut Region of Hadassah on “Celebrating 350 Years of the Jewish American Woman.”

For information, call the Center’s office at UConn, Stamford, 203-251-9525.

**ISRAEL: BUILDING THE MODERN STATE**

A Six Week “Lunch and Learn” Series  
at the Jewish Community Center (JCC)  
presented by

The Israel Task Force Education Committee of the UJF of Greater Stamford, New Canaan and Darien  
**Beginning April 19<sup>th</sup> at 12:00 noon**

Each session begins with a presentation followed by a discussion, and includes maps, resource lists, historical photos, and more.

The series is designed to help participants expand their knowledge of Israel’s history and to discover Israel’s people, culture, and outstanding achievements. Based on historical facts and perspective, the series provides evidence of Israel’s continual efforts for peace; and highlights Israel’s relationship with Palestinian Arabs from 1900 to the present.

For more information please call UJF’s Community Project Manager: Dana Horowitz, 203.321.1373 x108.

To register please call the JCC: 203.322.7900

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**MEMBERSHIP DIRECTORY**

Thank you for promptly responding to our request to update your records, in detail, in our database and for participating in the Temple Beth El Membership Directory 2004.

Please send in your forms along with your donation for this very worthy project. If you did not receive a printed copy of your information as it appears in our database, please contact Mindy in the Temple office at office@tbe.org or 322-6901, ext. 301.



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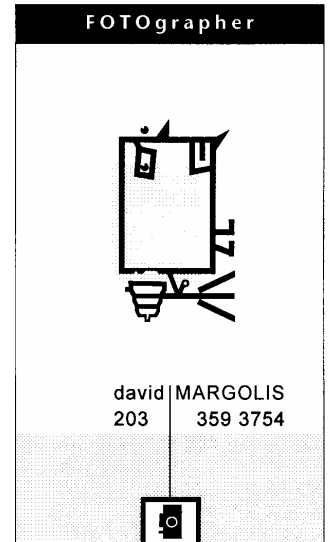
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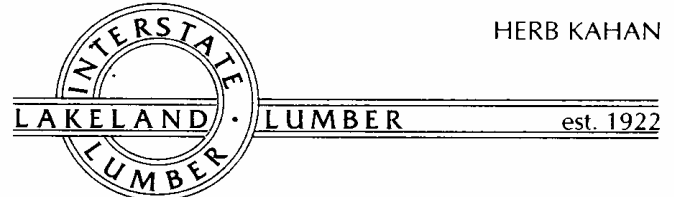
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