

Name:									
Assessment No:	Assessment Date:								
Please indicate how much you have experienced each of the following symptoms in <b>the last month</b> by ticking the appropriate boxes.									
	Not At All	Very Little	A Little	Quite a Lot	Very Much				
1.Rash									
2.Difficulty staying awake during the day									
3.Runny nose									
4.increased dreaming									
5.Headaches									
6.Dry mouth									
7.Swollen or tender chest									
8.Chilblains									
9.Difficulty in concentrating									
10.Constipation									
11.Hair loss									
12.Urine darker than usual									
13.Period problems									
14.Tension									
15.Dizziness									
16.Feeling sick									

	Not At All	Very Little	A Little	Quite a Lot	Very Much
17.Increased sex drive					
18.Tiredness					
19.Muscle stiffness					
20.Palpitations					
21.Difficulty remembering things					
22.Losing weight					
23.Lack of emotions					
24.Difficulty achieving climax					
25.Weak fingernails					
26.Depression					
27.Increased sweating					
28.Mouth ulcers					
29.Slowing of movements					
30.Greasy skin					
31.Sleeping too much					
32.Difficulty passing water					
33.Flushing of face					
34.Muscle spasms					
35.Sensitivity to sun					
36.Diarrhoea					
37.Over-wet drooling mouth					
38.Blurred vision					

	Not At All	Very Little	A Little	Quite a Lot	Very Much
39.Putting on weight					
40.Restlessness					
41. Difficulty getting to sleep					
42.Neck muscles aching					
43.Shakiness					
44. Pins and needles					
45.Painful joints					
46.Reduced sex drive					
47.New or unusual skin marks					
48. Parts of body moving of own accord. For example foot moving up and down.					
49. Itchy skin					
50.Periods less frequent					
51.Passing a lot of water					