

NHS HEALTH NEWS

Greater Glasgow

FEBRUARY/MARCH 2006

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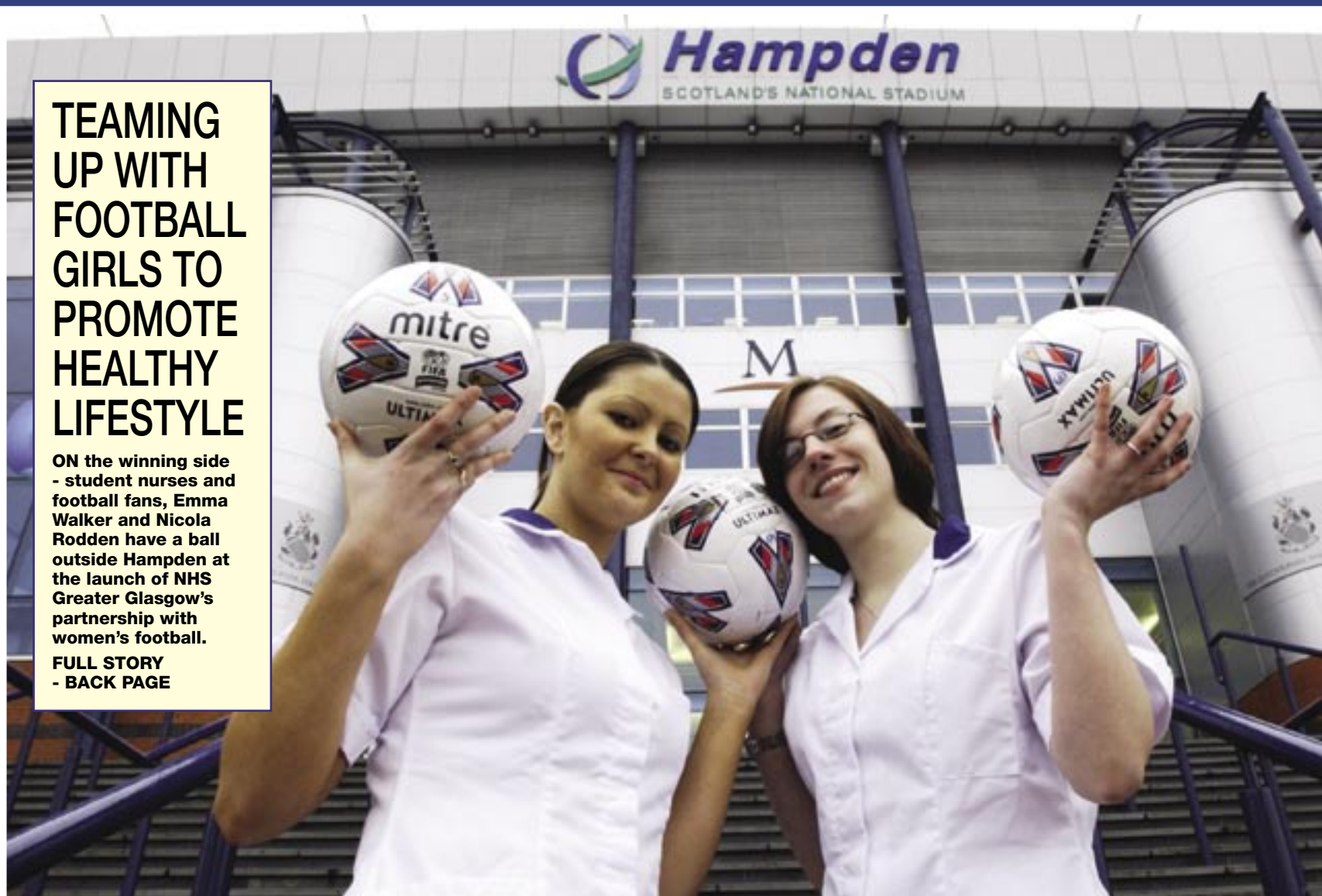
Countdown to
ban on smoking

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TEAMING UP WITH FOOTBALL GIRLS TO PROMOTE HEALTHY LIFESTYLE

ON the winning side - student nurses and football fans, Emma Walker and Nicola Rodden have a ball outside Hampden at the launch of NHS Greater Glasgow's partnership with women's football.

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For more information about NHS Greater Glasgow ... log on to our website at www.nhsgg.org.uk

£690,000 radiology boost for Stobhill

Our new flagship heart-lung centre

HEALTH Minister, Andy Kerr has given the green light to plans to create a flagship heart and lung centre at the Golden Jubilee Hospital in Clydebank.

Concentrating clinical expertise, the latest techniques and equipment on one site, the new service will deliver complex procedures to even higher standards.

Supported by other services already at the Golden Jubilee, this will create one of the largest specialist units in the UK. Services will be delivered on a West of Scotland basis, but the heart transplant service will be Scotland-wide.

Alan Faichney, the Cardiothoracic surgeon who has taken the clinical lead role in developing plans for the new West of Scotland centre, said: "The possibility of offering heart and lung patients a dedicated facility on a single site some five years earlier than originally planned is very welcome.

"The relocation of existing services to the Golden Jubilee National Hospital as a regional centre offers a real opportunity to review how we treat heart and lung patients - both in a specialist centre and in local hospitals.

"The close co-operation between existing units and the new regional facility will ensure that patients from throughout the West of Scotland will receive prompt, high quality treatment from specialists, in modern, comfortable surroundings."

The benefits to patients and NHS staff will include:

- Access to the latest diagnostic and treatment techniques
- Clinicians able to specialise in complex and diverse areas of work due to the larger number of patients treated
- Concentrating teaching and other academic activities on a single site will offer better training opportunities for junior doctors
- Better planned patient care and the ability to cut waiting times because the Golden Jubilee is free from additional pressures created by emergency medical admissions
- More specialised nursing staff
- More efficient use of expensive specialist equipment and facilities

The next stage of the project is the submission of the Full Business Case to the Scottish Executive, which will allow the building work to be completed in time for a Spring 2007 opening.



HEALTH Minister Andy Kerr and the family of Dr Gina McCreath at the opening of the new Gina McCreath CT Suite named in her honour.

McCreath family's proud day

AT the request of colleagues, Stobhill's CT Suite has been named after NHS Greater Glasgow's much-respected Consultant Radiologist, Dr Gina McCreath, who died in 2003.

Sir John Arbuthnott, Chairman of NHS Greater Glasgow, said: "Dr McCreath was highly regarded amongst colleagues. It is testimony, not only to her clinical skills, but also to her team spirit and support for others, that the new CT Suite is being named in her honour."



ANDY KERR at the official launch of the new CT scanner at Stobhill Hospital.

Major benefits of high speed scans

A new state-of-the-art CT scanner is providing faster, more accurate scanning and helping to reduce waiting times for Stobhill patients.

Based within the hospital's Radiology Department, the £690,000 multi-slice imaging scanner is the most advanced piece of equipment of its kind in Scotland and is one of two recently installed in Glasgow's hospitals. The second has been installed at the Western Infirmary.

Recently launched by Health Minister, Andy Kerr, the new scanner is already improving services for patients: not only does it produce three-dimensional images, making it easier for doctors to diagnose a variety of conditions, but it enables staff to carry out new techniques, which allow investigations into hard-to-scan parts of the body.

The CT scanner also allows radiologists to scan much larger areas of the body for more accurate diagnosis.

And, because it works at a

IT'S ALL HAPPENING AT STOBHILL

OVER the next five years, more than £135million is being invested to transform the Stobhill site.

In the coming months, a number of changes will take place on the site including:

- Improvements to Belmont Road to provide a more direct and safe route for patients and staff
- New footpaths, more street lighting and better road crossings throughout the site
- Improvements to existing car parks, including more disabled spaces as close to the main entrance as possible
- Additional temporary car parks to replace parking spaces that will be lost during the

building of new Stobhill Hospital

- Demolition of Wards 2, 3 & 4 from early March to clear the site for the new hospital
- The start of building work for the new 24-bed West of Scotland Adolescent Inpatient Service.

Construction of the new Local Forensic Psychiatric Unit, which will be known as Rowanbank Clinic, is also now underway and will continue throughout 2006.

We will be hosting a series of staff and community events in February/March 2006 on these changes. For more details on the events: www.nhsgg.org.uk.

higher speed than previous scanners, it takes less time for scans to take place, meaning patients are less inconvenienced.

The new CT scanner will transfer to the new Stobhill Hospital when it opens in 2008.

Mr Kerr said: "The new facility is more comfortable for patients. The speed of the new scanner helps patients who have difficulty in holding their breath. The new suite also provides a more relaxing

environment for patients and improved facilities for staff. It will help us deliver our target that no patient should wait more than nine weeks for a CT scan by the end of 2007."

Professor Sir John Arbuthnott, Chairman of NHS Greater Glasgow, said: "Once again, NHS Greater Glasgow is at the forefront of bringing the most advanced technologies to benefit our patients. This new piece of equipment is part of

NHS Greater Glasgow's major investment in the Stobhill site and will bring huge benefits to patients in terms of top quality diagnosis, treatment and reduced waiting times."

The new high tech equipment is not the only investment in CT scanning at Stobhill Hospital. A further £50,000 has been spent upgrading Stobhill's Gina McCreath CT Suite, where the new scanner is housed, providing a more relaxing environment for patients.

Glasgow responds to waiting times challenge

GLASGOW'S doctors and nurses have been praised for their achievement in treating 25,000 outpatients and 2000 inpatients and day cases, who had been waiting for more than 26 weeks for treatment.

And thanks to their efforts, national waiting times targets were met by the December target date.

Now, anyone joining waiting lists for outpatient, day or inpatient care will now wait no more than 26 weeks for treatment.

Chair of NHS Greater Glasgow Professor Sir John Arbuthnott said staff had pulled out all the stops to treat the patients, and they should be praised for their efforts and hard work in reaching the December target.

"The scale of the challenge in Glasgow should not be underestimated. It was greater than in any other part of the country. Our staff have risen to that significant challenge and patients have seen the benefit of this."

NHS Greater Glasgow has invested heavily in a wide range of services to ensure the waiting times targets were achieved by the end of December.

Sir John added: "We committed a major financial investment into reaching the December 2005 target but without the staff we could not have done it. I would like to take this opportunity to thank them for all their hard work."

"We can now work to reduce the 26-week wait even further - to no patients waiting more than 18 weeks for an outpatient appointment - by December 2007."

Total ban in Glasgow's hospitals

You are now entering a smoke free zone!

SMOKERS be aware - from next month you will no longer be allowed to smoke in any of Glasgow's hospitals, health centres or healthcare sites.

From March 26, patients, staff and visitors will NOT be allowed to smoke anywhere in NHS Greater Glasgow's buildings and outside spaces.

That means, for patients, there will be no jaunts to the smoking rooms for a fag.

For patients, staff and visitors, there will be NO standing at entrances and doorways of buildings for a puff.

And staff will NOT be allowed to take patients outside for a cigarette.

Until the start of next year, you will only be allowed to smoke in existing smoking shelters on healthcare sites or in designated areas outside. This privilege will be phased out over the coming year until March 2007 when smoking will be completely banned on all NHS Greater Glasgow sites ... even in car parks and open spaces!

NEED HELP TO STOP?

IF YOU'RE a smoker and are keen to quit, there's lots of support you can tap into within Greater Glasgow.

Starting Fresh is available in more than 160 pharmacies throughout Glasgow, where trained staff can offer one-to-one support with Nicotine Replacement Therapy (NRT), on a drop in basis, once a week for up to 12 weeks.

For more information about participating pharmacies, tel: 0800 389 3210

Stop Smoking groups also meet in most areas of Glasgow once a week, offering one of the most effective ways to quit. Details about these groups are available, tel: **0141 201 9825**, or log onto www.nhsgg.org.uk and click on smoking.



COUNTDOWN TO THE BAN

MARCH 26, 2006 - national ban on smoking in public places begins.

MARCH 26, 2006 - smoking banned from all NHS Greater Glasgow buildings and entrances, including hospitals, health centres and other healthcare sites.

BEGINNING OF 2007 - smoking shelters dismantled and designated smoking areas taken away.

BY MARCH 2007 - complete ban on smoking anywhere on NHS Greater Glasgow premises, including car parks and outside spaces.

This hard line on smoking is being taken to protect patients, staff and visitors from the damaging effects of passive smoking.

It echoes the Scottish Executive's own ban on smoking in public places which also begins on March 26.

You will also be asked not to smoke while receiving treatment from our staff in your home and to clear the room of smoke (e.g. by opening a window) before they come to visit you.

If you are a smoker and need to stay over in hospital, but are unable to get outside to the

For patients, staff and visitors there will be NO standing at the entrances of buildings for a puff

designated smoking areas, you can ask for Nicotine Replacement Therapy (NRT) patches from staff.

There will be exceptions to our ban, however, and these include residential care homes and long stay psychiatric facilities, which are, in effect, a patient's home.

Senior Health Promotion Officer Lisa Buck said: "From March 26, every one of NHS Greater Glasgow's buildings and entrances will be smoke free.

"Smokers will still be allowed to smoke in smoking shelters and designated areas, but these will be dismantled or scrapped by March next year ... making NHS Greater Glasgow a completely smoke-free environment."

Protecting vulnerable children

NHS Greater Glasgow is spearheading a major new initiative to assist health staff who suspect a child in their care is being abused.

A brand new Child Protection Unit has been set up at Glasgow's Royal Hospital for Sick Children to provide training, support and advice to health staff to ensure they are aware of child protection issues and know exactly what to do if they encounter a child at risk.

Staffed by a team of dedicated child protection advisers and trainers, the unit provides a 24-hour, seven-days-a-week service, not only to health staff,

but to other professionals such as police officers who may need advice on child protection issues or examinations.

Health staff will also work closely with social work, education and the police to make sure there is a joined up approach to collecting and sharing vital information on children who may be at risk.

Marie Valente, Head of Children Protection Development for NHS Greater Glasgow, explained: "Although child protection has always been a key priority we recognise that we can further improve the support we provide to staff.

"For example, in the past some health staff may not have known exactly what to do if they were worried about a child or they may not have had the confidence to raise their concerns with colleagues or other agencies.

"Now all staff will have access to a dedicated child protection team to provide them with training, support and advice."

New systems and procedures are also being introduced to help flag up potential cases at an early stage and ensure these are investigated as soon as possible.

This includes a scheme that is currently being piloted to help A&E staff identify and report

cases where children attend the department with suspicious injuries.

As many babies and young children encounter abuse at an early stage, new procedures are being developed to help health staff identify and report suspicious head injuries in children under the age of two. This will ensure that, in certain circumstances, cases would be automatically referred for further case discussion.

Specialist training has also been developed for staff who work with disabled children and those who may be involved in identifying or reporting cases of sexual abuse.



Events and issues making the news

State-of-the-art sterilisation unit opened

GLASGOW'S hospitals are now serviced by one of the most advanced equipment sterilisation units in Europe.

Once fully up-and-running, the new £9 million centre at Cowlares Industrial Estate in Springburn is expected to decontaminate and sterilise 12 million pieces of re-usable surgical instruments annually.

Boasting a wide range of unique decontamination and sterilisation equipment designed specifically for the new unit, the facility is one of the most advanced and environmentally friendly of its type in Europe and has attracted interest from across the world.

So impressive is the new unit, that it has won four prestigious national awards, including one for design and one for being environmentally friendly.

The unit was officially opened by Health Minister, Andy Kerr.



HEALTH Minister, Andy Kerr (left) is shown around the new facility.

PICTURE COURTESY: [The Scottish Press Association](#)



MAKING THE NEWS... how the national papers reported the Board's policy on aggression in the workplace.

Getting tough on violent patients

NHs Greater Glasgow has taken a zero tolerance approach to violence and aggression against its staff.

A new citywide policy now allows staff to refuse treatment to those who verbally or physically assault them in the course of their work.

Viewed mainly as a deterrent and only to be used in the most extreme situations, the introduction of the new policy comes as the number of attacks on NHS Greater Glasgow staff continues to rise.

Last year, staff suffered nearly 10,000 incidents of violence and aggression: there were 3895 incidents of actual physical assault; 2056 incidents of verbal abuse; 3257 incidents of other physical violence; and 376 incidents of

other types of violence and aggression including threatening behaviour, threat of physical violence, sexual harassment and racial harassment.

NHS Greater Glasgow's Chairman Professor Sir John Arbuthnott said: "Unfortunately evidence shows that violent and aggressive abuse is a serious factor for healthcare workers in our hospitals and communities. This is clearly unacceptable.

"We must do all we can to protect the delivery of healthcare 24-hours-a-day, seven-days-a-week and enable staff to fulfil their duties. Clearly withholding treatment will only ever be a last resort and stringent safeguards have been put in place to ensure that the new procedure is managed closely. But there are circumstances where the protection of staff must take precedence."

The new policy incorporates a

yellow and red card system. Following unacceptable violence or aggression, a formal written warning 'Yellow Card' is issued to the perpetrator. Should the behaviour continue, a 'Red Card' is then issued which excludes the patient from receiving treatment on that particular occasion.

The new 'card' system is welcomed by A&E Consultant, Dr Phil Munro who is based at the Southern General Hospital.

He said: "My colleagues and I are all too aware, from personal experience, what it is like to deal with an aggressive situation. NHS staff work incredibly hard to provide the best possible care to all patients regardless of the circumstances. In return, they deserve basic courtesy and respect, and to be able to work without fear of intimidation, abuse or violence."

Giving life after death

EVER thought about helping others when you die? How do you feel about carrying an organ donor card?

NHS Greater Glasgow's West of Scotland Donor Transplant Coordinator team are keen to encourage more of us to sign up to be organ donors.

Based at the Western, the six-strong team work to educate staff and the public about becoming an organ donor.

William Murray, one of the coordinators, said: "Transplants save lives and it's part of our job to educate staff and the public about organ donation."

He revealed that there are a range of different organs that can be transplanted in Scotland. These include: kidneys, heart, liver, lungs, pancreas and small bowel. Corneas, tendons and heart valves may also be donated for tissue transplantation.

He added: "There are more than 8000 people across the UK at the moment who are in need of an organ transplant and we're appealing to the public to sign up to the donor register so that, in the event of your death, your organs can be used to give life to someone else."



Transplant coordinator William Murray.

Signing up is easy. All you have to do is register on to the NHS Organ Donor Register by logging on to: www.uktransplant.org.uk or telephoning the Organ Donor Line on 0845 60 60 400. Just as important, however, is ensuring your family know your wishes, as they will be approached if donation is being considered.

For more information, contact the West of Scotland Donor Transplant Coordinator team through their secretary Isabell Blair, tel: 0141 211 2164 or log on to: www.uktransplant.org.uk

TRANSPLANT FACTS

- The first cornea transplant took place in 1905
- The oldest corneal donor was aged 101
- The first successful kidney transplant took place in 1954
- The first heart transplant took place in 1967
- One in ten people waiting for a heart transplant will die before the transplant can take place
- More than 400 in the UK died last year whilst waiting for a transplant



CONSTRUCTION TEAM RIGHT ON TARGET

GLASGOW'S FRESH WATER PROJECT ON FAST FLOW!

CONSTRUCTION of the £120million replacement water treatment works to supply 700,000 customers in Greater Glasgow is now past the half-way mark.

Work has continued at such a pace that water from the new plant will be available to some 200,000 customers in the west end of Glasgow

Professor Alan Alexander, Chairman of Scottish Water, was delighted with the fast pace of progress when he visited the Milngavie site recently and saw the vital parts of what is effectively a giant engineering jigsaw come together.

He said: "Although one of the biggest challenges Scottish Water has ever faced, this flagship development has progressed extremely well indeed.

"The project team have overcome numerous technical and other obstacles to design and establish the necessary facilities, all of which have required innovation and a tremendous amount of co-operation.

"Naturally, everyone at Scottish Water is delighted that the project is not only on schedule for completion according to plan, but will deliver

a higher quality supply to a huge section of the distribution network much earlier than originally anticipated.

"To most people the provision of high-quality drinking water means a safe, fresh tasting supply from the tap - and that's exactly what our customers will get.

"As a result of the latest technology incorporated in the filtration process at the

treatment plant they'll get quality of the highest standard and in quantity directed to their homes and businesses."

The areas that are due to receive the new, improved quality drinking water are: Hillhead, Hyndland, Partick, Jordanhill, Yoker and Glasgow city centre. These districts have been earmarked for the upgraded supply as a result of the earlier-than-expected completion of the first giant reservoir and significant other progress accomplished in the overall construction work.

Gus Watt, Manager of the Katrine Water Project, said: "Despite the difficulties with the weather, we have managed to maintain

the programme for the completion of the service reservoir.

"I am therefore delighted that we will be able to supply parts of Glasgow ahead of the overall completion."



GREAT SITE: Professor Alexander, Chairman of Scottish Water, Kenny Naylor, Public Affairs Manager, and Gus Watt discuss construction progress during the site visit.



A CLASS ACT: Wellhouse pupils with Geoff Aitkenhead, Gus Watt, Head Teacher Mrs Brenda Rothead, Principal ICT Teacher Lorna Campbell and George Black.

GLASGOW City Council is pleased to see the progress to the replacement water treatment plant which will provide an upgraded supply for 700,000 residents in the area.

After touring Scottish Water's £120million works under construction at Milngavie, Council Chief Executive George Black responded positively to the massive project, the largest of its type in Scotland.

Mr Black said: "It's crucial that we have facilities in place to ensure that water in the west of Scotland is of the highest quality, so I'm pleased to be witnessing the progress at the construction site of this new treatment plant.

"Water supply and standards play a key role in growing Glasgow's economy. If we are to continue the city's economic success - creating the jobs and building the homes to ensure everyone shares in this - we need good water facilities across the area.

"This plant and investment is exactly the sort we need to bring real change to Glasgow."

Mr Black was shown round the site by Geoff Aitkenhead, Scottish Water's Asset Management Director, Alan Thomson, Strategic Liaison Manager, and Gus Watt, Manager of the Katrine Water Project, which is charged with delivering the new scheme.

The project, which will replace the original works sanctioned by the City Fathers 150 years ago,

Council chief praises work at £120m water works

is not only on schedule for overall completion in December 2007, but will deliver, 18 months earlier than expected, a higher quality supply of tap water to a huge section of the Greater Glasgow area in March.

Geoff Aitkenhead said: "As a result of the progress made by our principal construction partner, MJ Gleeson, we were able to re-examine the entire sequence of the building programme and identified areas that could benefit by further concentrated attention.

"Therefore, we were able to concentrate on specific aspects of construction and this will enable better quality drinking water to reach some customers earlier than initially expected."

After the visit, Mr Black presented certificates to pupils from Wellhouse Primary School to mark their involvement in the development.

Mr Black said: "I'm delighted that Glasgow schools and the local

community are being educated and informed as part of the process."

The Wellhouse pupils are no strangers to the site, having previously toured Mugdock and Craigmaddie feeder reservoirs and the huge new service reservoir.

Wellhouse Head Teacher Mrs Brenda Rothead said: "It's a privilege for our school to continue participation in the project as the children learn about the construction programme and will be able to pass this information on to future generations."

Gus Watt said: "The school visit was another example of our commitment to inform and educate on the huge range of interesting features of this unique project.

"We would like to thank the primary 6/7 class for designing such a creative education page for our website."

The children's work can be seen at www.katrinewaterproject.com

See Lord Provost Liz Cameron's visit on Page 4

keeping it clear
investing in quality

BANKELL RESERVOIR MILESTONE



Landscaping to top off giant water tank project

WORK on one of the two giant reservoirs - believed to be the biggest water storage facilities in Scotland - to service Greater Glasgow is now complete.

Following testing, disinfection and other procedures, Bankell Reservoir will slowly be filled with water treated at the Balmore works nearby.

Big enough to accommodate 615 double decker buses, the huge underground tank will contain 80 million litres of water.

When combined with a sister reservoir currently being constructed adjacent to the new treatment works at nearby Barrachan, the twin capacity will amount to a staggering 160 million litres - amongst the largest storage of treated water in the world.

Waterproofing of the Bankell reservoir roof is complete and the electrical fitting to the valve chambers was finished last month.

The concrete roof will be covered over and grassed so that it will eventually blend with the surrounding landscape, which is mainly in pasture. Bankell is designed with earth moulding and further planting to ensure integration.

Final landscaping of the wider area around the massive structure will be completed during the late spring.

Wetland areas will be extended and surveys taken to monitor the success of the restoration of any part of the environment that may have been disturbed during the construction process. Goat Willow and Alder planting will take place at the south side of the service reservoir.

The Barrachan tank, which has a near-similar capacity, will supply the high-level areas within Glasgow. It will also feed Bankell Reservoir, the service reservoir, that supplies the low-level zone, mainly within the centre of the city.

Construction of the 125-metre by 115-metre by seven-metre deep service reservoir, which is of reinforced concrete, faced some significant challenges, including the logistics of placing 1,500 cubic metres of concrete on average per month.

The clearwater tank is a similar structure to the service reservoir and measures 200 metres by 75 metres and is also seven-metres deep.

Completion of Bankell Reservoir was one of the milestones to be reached in the project's construction programme.

The next important event will occur later this month when twin, heavy gauge plastic pipes will be welded together and start to be winched across the surface of Craigmaddie Reservoir.

Filled with air, they will remain on the surface until May when the level of the reservoir will be lowered to enable 'tunnel tigers' to drive a shaft through to penetrate the exposed embankment, which will eventually draw water to the new treatment works.

The plastic pipes, which will eventually be linked to the Glasgow supply network, will be lowered to the bed of the reservoir after the tunnel has been completed and the water level raised.



SKY'S THE LIMIT : An aerial view of the clear water tank and treatment works which form part of the Bankell scheme.



PUPILS from Milngavie's Clobber Primary School notched up a 'first' by being among the last visitors to the vast interior of the new service reservoir (above). Erin McGill appears to be in awe at the size of the structure.



BALANCE OF NATURE: Despite the massive scale of the Bankell Reservoir scheme, every effort has been made, successfully, to minimise the effect on the local wildlife.



IT'S A FACT

- The 390 million litre daily throughput of the new works would fill 2,516,129 baths.
- More than 4,400 kilometres of reinforcing steel bar will be used - sufficient to stretch from Glasgow to Halifax, Nova Scotia.
- The footprint of the treatment works measures 8,600 square metres - approximately 1.5 football pitches.
- The total amount of concrete will amount to about 110,000 tonnes - more than the weight of 22,000 elephants.



'Tunnel Tigers' build 240metre underground link from reservoirs

ONE of the tunnels which will draw 'raw' water from Mugdock Reservoir for processing is now complete.

Tunnelling operations underway on a similar shaft to the adjacent Craigmaddie Reservoir are due to finish at the end of the summer.

This will complete one of the most challenging aspects of the three-year project to construct a replacement water treatment works for the Greater Glasgow area.

Eventually, both tunnels will be linked to a complicated formation of pipework, intake structures and pumping station to ensure that sufficient quantities of water are available at all times for processing.

Tunnellers had to blast and drill a 15-metre shaft down through 30 metres of rock, sandstone and clay and then work sideways for 150 metres to pierce the Mugdock embankment below the waterline.

Previously, the level of the reservoir was slowly reduced to enable the tunnellers - nicknamed 'Tunnel Tigers' because of the gruelling nature of the task - to work in safety when they reached the inlet area.

The drawdown of Mugdock, which began last April, began after engineers prepared contingency plans to ensure that customers continued to be supplied with clean water.

Unlike other reservoirs that fill and drawdown regularly, Mugdock has never been lowered in its 150-year history. Therefore, a significant amount of planning went into the preparations to make sure the operation did not adversely impact on the environment or the reservoirs - or the water supply.

The task was made all the more difficult because the work was required to continue within the reservoirs whilst the operation of the existing treatment works, which supplies Glasgow with 240 million litres of water a day, remains unaffected.

Mark Allan, Contracts Manager for MJ Gleeson Group, the main contractor, said: "Each of the two tunnels required has an intake structure constructed within the existing reservoirs, while the embankments and surrounding infrastructure are all of Listed building status."

"Therefore, client, contractor, sub-contractor and designers had to liaise very closely to meet the challenges of delivering this technically-difficult element of work within such demanding constraints."

When in operation, the pumping station will draw water from both reservoirs and deliver it to the new treatment works, some 500 metres away, via a 1,400mm diameter steel pipe.

The station's hydraulic performance has already been modelled to determine the most efficient design arrangements for four massive pumps located at the base of the shaft.

Mugdock was lowered by 10 metres, by as little as 15 centimetres a day. This removed 3,000 million litres of water from Mugdock leaving an estimated 500 million litres.

The contract calls for Gleeson to build a service reservoir, clearwater tank, transfer systems and, of course, the treatment works - all of which must be constructed, commissioned and in operation by the end of December 2007.

Mr Allan said: "From the outset, it was



TUNNEL VISION: Tunnel Tigers at work inside one of the structures.

appreciated that developing the new works within the residential and highly-sensitive Milngavie area would require careful planning, co-ordination and consultation with the local community, one of our key objectives being to minimise the impact of construction activities on the local area."

The treatment plant, 40 per cent of which is underground, was purposely designed to hug the curve of a hillside to blend with the surroundings and not break the perimeter tree line.

The Loch Katrine water will be treated through a direct filtration plant, the choice of process being confirmed following a year-long pilot plant trial at Milngavie. The process selection was also confirmed as appropriate by the independent research and water consultant, WRC plc.

The raw water is fed by gravity from Loch Katrine, directed through 26 miles of aqueducts to the existing treatment works, a scheme completed more than 150 years ago when the quality of water available to Glasgow was far from satisfactory, the only sources being a few private and public wells located in principal streets.

Although a magnificent innovation at the time, the now outdated Victorian works is being replaced by a state-of-the art facility capable of removing the stomach bug Cryptosporidium, which forced Glaswegians to boil tap water in 2002.

IT'S A FACT

- A campaign is underway to halt fire hydrant vandalism which causes a loss of vital water resources.
- A total of 240 metres of tunnel with a 2.3 metre diameter are involved - long enough and wide enough to house 80 BMW Minis.
- More than £1 million will be spent on landscaping the area.

Wood you believe it!

TREES that are more at home in Nepal and Kashmir have been established in Milngavie.

Representatives of the Katrine Water Project arranged for 20 Himalayan Whitebarked Birches to be planted at Dougalston Avenue to fulfil a promise made to local residents.

The pledge was given in December 2004 when a stand of existing trees had to be removed to enable essential pipe-laying to proceed.

Project Manager Gus Watt said: "We indicated at the time that we would replace those trees that had to be removed and that is what has now been carried out."

The rare trees, which have the whitest bark of any birch, grow naturally in the western

Himalayas. Although relatively new to Scottish gardens, the species popularity is growing fast.

The honour of officially planting the first of the six-metre-high trees went to Councillor Duncan Cumming, who represents the area for East Dunbartonshire Council.

After the ceremony he said: "Representatives of the Katrine Water Project have honoured the promise given last year and are to be congratulated for this.

"The replacement trees appear to be fine, strong specimens and will be a welcome addition for appreciation by the community for many years to come."

Dougalston Avenue residents who gathered to watch the replacement planting praised workers with Gleeson, the project's main contractor, for

the courtesy and co-operation extended towards them.

Milngavie Civic Trust member Ian Ferguson said: "It is great to see a start to the planting of the new trees as it will make such a difference to have our tree-lined road back again.

"We have all suffered a lot from the disruption, noise and mess, especially those living in Dougalston Avenue. When the trees come to life in the Spring on a base of new grass we will all, hopefully, get back to normal life again.

"This has been an enormous task and I would compliment Scottish Water and their employees for their handling of this project to date."

The choice of replacement was discussed with residents and a request was made for Himalayan Birch.



TREES COMPANY: Watched by residents, Project Manager Gus Watt and Councillor Duncan Cumming organise the re-planting.

“The new Milngavie Water Treatment Works...a clear investment in Glasgow’s water supply.”

St Mary's pupils go straight to the heart of the story

A GROUP of children from West Dunbartonshire visited the construction site in October and developed their skills in journalism.

The pupils from St Mary's Primary in Duntocher carried out video interviews with various site managers regarding their respective roles. This allowed the children to appreciate

the many different disciplines that are involved in the construction of the new treatment works.

Photographs of the visit were used at the school assembly along with the video interviews, to show classmates their efforts on the day.

Finally, the children prepared a school newsletter recording their exciting day at the Katrine Water Project.

STRAIGHT TALKING: Senior Engineer Louise Adamson is interviewed by some of the children.



VIP VISITORS: Lord Provost Liz Cameron with Gus Watt, Gordon Masterton, new president of the Institution of Civil Engineers, and Jolyon La Trobe-Bateman.

Lord Provost Liz bridges health eras

WHEN Glasgow Lord Provost Liz Cameron helped to unveil a plaque in commemoration of the engineer responsible for the city's first water supply it virtually bridged the gap between the city's health past and present.

The Victorian system of treating drinking water is being seamlessly transferred to a state-of-the-art process which will provide a top quality supply.

The plaque marked the passage of the Glasgow Corporation Water Works Act more than 150 years ago, giving the "green light" to the Loch Katrine Water Supply Scheme, which for the first time directed unpolluted water to the city.

Mounted on a boulder removed during the excavation of the new treatment works, it was dedicated to the memory of John Frederic Bateman, the engineer who was responsible for the engineering marvel.

Providing a further appropriate link between past and present was Jolyon La Trobe-Bateman, great-great grandson of the man whose expertise helped to improve the health and well being of countless numbers of Glaswegians. In a remarkable

twist, Mr La Trobe-Bateman, a specialist in fluid mechanics and thermodynamics, worked on the Katrine Water Project, which is delivering the new scheme.

Lord Provost Cameron was "delighted" to celebrate both the vision of her illustrious predecessor, Lord Provost Robert Stewart, and the great engineering skills of John Frederic Bateman and his workforce.

"Lord Provost Stewart had a vision of a Glasgow supplied with clean water and the political will and authority to have that vision realised," she said.

"Their achievement has benefited Glasgow's citizens for 150 years, a truly magnificent legacy."

Project Manager Gus Watt said: "We were proud to host the visit and to give our visitors the chance to see the fantastic legacy which Bateman and the Glasgow City Fathers left to us.

"At the same time we were able to demonstrate the progress made on the 21st century improvements by building on the Victorian foundations which have served Glasgow so well."

TALKS BEGIN ON FUNDING RESTORATION

LET'S GIVE STEWART FOUNTAIN A FACELIFT!

EFFORTS are being made to restore the once magnificent Stewart Memorial Fountain - named after the Glasgow Lord Provost who was the driving force behind the ambitious plan to bring the first clean water to the city - to its former glory.

Tripartite talks are going on between representatives of Scottish Water, Glasgow City Council and MJ Gleeson, the contractor for the Katrine Water Project, to try to determine a method of funding for the restoration.

Gus Watt, Manager of the Katrine Water Project, said: "Because the fountain and the Katrine Water Project are historically linked, it was felt that it would be appropriate to explore possible funding of the restoration."

Mark Allan, Gleeson Contracts Manager, said: "MJ Gleeson, being the lead contractor, is delighted to be associated with efforts to restore this splendid structure. In addition to our direct support we are also engaging our supply chain to help with equipment and expertise in this restoration project."

Glasgow Lord Provost Liz Cameron said: "The Stewart Memorial Fountain remains one of the best known sights in the city. Its restoration would allow everyone, citizen and tourist alike, to once again appreciate and admire such an important and iconic Glasgow landmark."

The fountain commemorates Lord Provost Robert Stewart, who lived between 1811 and 1866, and his greatest contribution to the city and its health - the Loch Katrine Water Supply Scheme.

The result was the virtual eradication of typhoid and cholera, diseases which were widespread at the time, from the city.

The large and ornate fountain stands in a prominent position in Kelvingrove Park and is one of the city's finest monuments - a fitting



MAKING WAVES: The Stewart Memorial Fountain in its glory days.

tribute to the inauguration of Glasgow's water supply.

Sadly, the fountain was turned off some 11 years ago after being damaged by vandals.

It is topped by a tall bronze statue of The Lady of the Lake, the subject of the poem by Sir Walter Scott. The author's poem and other works set on the Loch Katrine, the source of the Glasgow water supply, and the surrounding Trossachs area helped make it a 'must see' destination for tourists.

Below the statue are lions and unicorns holding shields and there are roundels featuring the signs of the zodiac. Various plaques and coats-of-arms form the other main decorations.

Joint approach to improve public health



Antenatal HIV screening is saving babies

ONE of Glasgow's most successful screening programmes has been the introduction of antenatal HIV screening. This has already saved the lives of ten babies in the city who were born to mothers unaware of their HIV status before screening.

Thanks to screening, these women and their babies were appropriately managed to reduce the transmission of infection from mother to baby.



Public Health Consultant Dr Syed Ahmed said: "These cases highlight the importance of screening of all women for the HIV infection during pregnancy. The women we found by routine screening, were unaware that they had the infection and that they could have potentially passed it on to their unborn infant. By identifying them through the screening programme, we were able to offer them appropriate treatment which reduced the risk of this life-threatening disease from affecting their babies."

Smear screening is saving lives

DON'T put your life at risk... attend your smear appointment. That's the plea from NHS Greater Glasgow's Breast and Cervical Screening Co-ordinator Dr Mar Soler-Lopez.

She said: "Cervical screening saves lives. It is most important that women attend screening when requested."

The Cervical Cancer Screening Programme is highly successful in Glasgow, with a large number of women (82%) already regularly attending for screening.

However, Dr Soler-Lopez is concerned about the small number of women who do not attend their cervical screening appointments, also known as a smear test.

New director faces greatest challenge

NHS Greater Glasgow is about to appoint a uniquely powerful Director of Public Health with a renewed remit to work in partnership with Glasgow City Council.

The search is on for the right person prepared to take on the role to tackle high levels of poverty and ill health in the city.

NHS Greater Glasgow's Chairman, Professor Sir John Arbutnott, said: "In my opinion, this post is the most challenging and important public health role appointment in the UK."

The joint working between NHS Greater Glasgow and the City Council makes this role one of the most unique in the UK: this is the first time that an NHS director will also become a full member of the Corporate Management Team within the local authority.

Scotland's reputation as the "sick man of Europe" is nowhere truer than in Glasgow.

The city continually features in the top ten lists for coronary heart disease, stroke, obesity, as well as a range of other



CHAIRMAN SIR JOHN ARBUTHNOTT ... most challenging role.

smoking and alcohol-related diseases.

These illnesses are being tackled in a range of initiatives across the City with positive results: figures for smoking-related illnesses are falling, cardiac health is improving and life expectancy is extending decade on decade.

However, both NHS Greater Glasgow and the City Council are concerned that these improvements are not happening quickly enough and are determined to improve

the health and well-being of those living in the Glasgow and Clyde area even further.

Sir John said: "Both organisations recognise that ill-health is indisputably linked to poverty, social deprivation and economic hardship. Any Director of Public Health needs to take all these factors into account, and work within the organisations best placed to inform, influence and direct policy to change and improve the city's health for people now and for future generations.

"NHS Greater Glasgow and the Council will work together to tackle the high levels of poverty and ill-health in Glasgow and both see the appointment of the new Director of Public Health as a major step in this direction."

One of the first challenges the new Director will face is narrowing the health gap between those who live in more socially deprived areas and those who live in the more affluent areas of the city. While health in Glasgow is improving generally, the health differences between the two still remain a cause for concern.

Chief Executive of NHS Greater Glasgow Tom Divers said: "NHS Greater Glasgow is already upping the ante on

improving health in Greater Glasgow. The new Director of Public Health will work in partnership with the City Council to ensure health in Glasgow improves as fast as the rest of Scotland."

Councillor Steven Purcell from Glasgow City Council added: "This is an important post and I look forward to working with the new Director of Public Health as we move forward in partnership to tackle poverty and ill-health in this city. Agencies across Glasgow are already working together to help transform the fortunes of our city and we are forging even closer ties with NHS Greater Glasgow. The appointment of the new Director will only help to strengthen this."

The new Director will further strengthen the determined efforts of the Glasgow's Centre for Population Health (a partnership looking at health inequalities) to drive a new dynamic approach to improve health. Working collaboratively with the Centre, the Director will apply the very latest thinking on health improvements and inequalities with leading academics from Glasgow University and the World Health Organisation.

UN award for breastfeeding

LYNDSAY Holleran and her daughter Sophie Anne are just one of the success stories from a Glasgow Health Centre now bidding to become the first in Scotland to win a special accolade from the United Nations.

The Certificate of Commitment from the United Nations Children's Fund (UNICEF) recognises encouragement of breastfeeding. But now Bridgeton Health Centre is well on the road to obtaining Baby Friendly status - in other words, permanent recognition from UNICEF.

Baby Friendly is an international programme trying to improve rates of breastfeeding - which in Bridgeton have traditionally been very poor - with only around one-in-six mums there breastfeeding beyond the first two weeks of their baby's life.

Specially trained health visitors go into mums' homes and give them practical advice and help, while volunteer mums who have breastfed already, also visit to offer emotional support.



LYNDSAY Hollerin and daughter, Sophie Anne... one of the success stories. Picture courtesy: Lenny Warren/Evening Times.

SCOTTISH WATER CUSTOMER HELPLINE - 0845 601 8855
www.katrinewaterproject.com

Hidden history in the Western Chapel

THERE'S a wee architectural gem that's hidden in the west end that not a lot of people know about.

If you've been a patient or a member of staff at the Western Infirmary, you may already be aware of the charms of the Alexander Elder Memorial Chapel.

Adjoining the original Infirmary building, the little chapel was built following a donation by the Elder shipbuilding family and opened in November 1925.

Designed by renowned Scottish architect, Sir John Burnet, the chapel is one of the very few in the world dedicated to the memory of doctors and nurses who died in both World Wars.

Sir John, who also designed many other Glasgow buildings, including Charing Cross Mansions and the building that is now the Tron Theatre, also donated the beautiful communion table in memory of his father, John Burnet, another well-known architect.

Some of the most striking features of the chapel are the beautiful stained glass windows. Designed by Robert Anning Bell, the windows were created on the theme of healing, and feature scenes from the bible.

Three of the windows are dedicated to Lieutenant Donald Mackintosh VC, son of the Western's then Medical Superintendent, Colonel Donald Mackintosh.

Lieutenant Mackintosh was killed at the Battle of Arras during the First World War and received a posthumous Victoria Cross for his bravery under fire. Two of the windows dedicated in his name were donated by the Western's Nurses' League as an acknowledgement of the work carried out for the nursing profession by Colonel Mackintosh.

Lieutenant Mackintosh's nephew, Donald Blair, still visits the chapel every Armistice Sunday to remember his uncle.

He said: "This is a stunning memorial to all the doctors and nurses who died during the First World War and subsequent wars



Tales of courage

THERE are some amazing stories of true heroism linked to doctors and nurses from the Western. Among the many brave souls who died include:

● **SISTER Hilda Hawley**, who trained at the Western, was decorated by the Bulgarians, then fighting on the side of the Germans, for her tireless work tending the wounded of Allied and enemy soldiers during the First World War. She had been captured and held prisoner for two years and was eventually freed on the orders of the Queen of Bulgaria.

● **STAFF Nurse Margaret Smith Dewar** died in March, 1917 after refusing to leave her patients when her field hospital was bombed.

● **A PLAQUE** at the chapel also commemorates the deaths of 22 Western Infirmary doctors and surgeons who were killed during the First World War.

● **TWO** Western Infirmary Sisters, Agnes Sim and Grace Logan escaped on one of the last British ships out of Singapore in 1942, the SS Kuala. The ship was bombed by Japanese planes and Sister Logan managed to make it to shore, dying later that day. Sister Sim's last resting place is recorded as the SS Kuala - it is believed she went down with the ship.

Lest we forget



DONALD BLAIR ... still visits the chapel.



HOSPITAL CHAPLAIN Keith Saunders.

following. There are a number of amazing stories of heroism of doctors and nurses connected to the Western. I'm immensely proud of my family connection to the hospital, through the work of my grandfather, and the heroism of my uncle, who made the ultimate sacrifice."

The Alexander Elder Memorial Chapel is open to all faiths and is regularly

used as a place of peace and solitude by patients and staff.

Hospital Chaplain, Reverend Keith Saunders, the full-time Chaplain for the Western, Gartnavel General, Blawarthill, the Homoeopathic and Drumchapel Hospitals, said: "The chapel is very fondly thought of by patients and staff. Many of them come here to have some thinking time away from the buzz

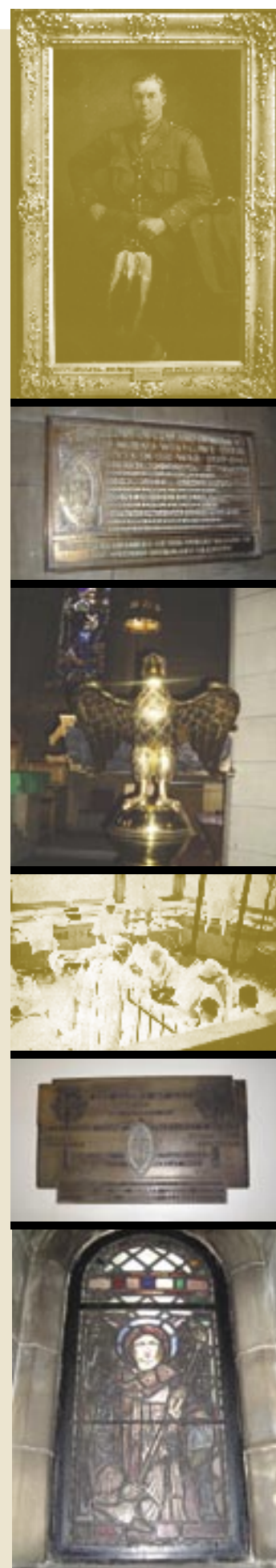
and business of the hospital. Families come here to reflect and pray. It's very well regarded."

Apart from Sunday service, the chapel has also hosted weddings of staff and patients, including a country and western wedding and memorial services.

When the Western closes as part of NHS Greater Glasgow's modernisation plans and services move to the Gartnavel site, the chapel will close.

However, the Board is hoping to retain as much of the original building as possible.

NHS Greater Glasgow has promised to work very closely with the architects to try, whenever possible, to incorporate the chapel into the new site. This will depend on its structure and what can be removed in terms of artefacts. NHS Greater Glasgow is aware of the public interest in the chapel and its historical significance and will do its best to preserve it.



FROM TOP: A portrait of Lieutenant Donald Mackintosh; a plaque commemorating those who fell during World War II; a gold eagle decorates the chapel interior; a scene from the Western in 1926; a plaque commemorating those who fell in the Great War; one of the fabulous stained glass windows.

Radical changes to local health services

Your chance to have your say

LOCAL health services are undergoing radical changes and we want to hear what you think about them.

Have you got questions you'd like to put to health chiefs about changes to your local GP or pharmacy services? Want to find out more about the changes?

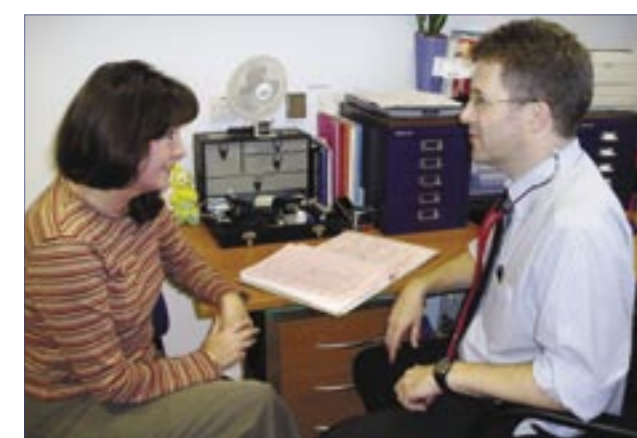
Then why not join us at Glasgow Royal Concert Hall on March 23, 2006 for NHS Greater Glasgow's fourth 'Our Health' event.

Entitled 'The Changing Face of GP and Pharmacy Services', this FREE event gives you the opportunity to put your views across about current service provision, ask questions and help shape services for the future.

Subjects you might like to raise include: emergency out-of-hours GP services; opening hours; care for older people; chronic disease management; smoking advice; prescribing policies; methadone; contraception; and nurse-led services.

Starting with registration at 9.45am, the event will be opened by Professor Phil Hanlon, Professor of Public Health at the University of Glasgow. He will be followed by presentations from a GP, Pharmacist and a Practice Development Manager who will be talking about the types of developments taking place within community health services.

Workshop sessions will follow which will feature a panel of front-line staff responsible for delivering GP and Pharmacy services.



GP and Pharmacist services are on the agenda at next Our Health event.

They will respond to your questions and concerns in a 'Question Time' style debate.

The event will close with lunch being served between 12.45 and 1pm.

To register for this free

event, Write to: Our Health 4, FREEPOST GW 4296.

Tel: 0141 300 4902

Email: ourhealth@promo-solution.com

Fax: 0141 950 2726

Making sure you get involved

HERE at NHS Greater Glasgow, we like to think we're good at asking you for your views on how we run your health services.

In fact, as we speak, a report, which outlines how we do this, is currently with the Scottish Health Council (whose job it is to make sure we're doing it correctly).

The report, known as the 'Performance Assessment Framework' (PAF) submission, sets out some of the examples of work we've carried out to make sure patients and the public are more involved in the healthcare.

Some of that work included:

● A survey in four health centres in the east end of Glasgow to find out patients' and staff views on proposals to redesign treatment rooms - as a result, receptionists and an appointments system were introduced, reducing time patients spent in the waiting area

● We involved teenagers with cancer in the redesign of cancer services for

teenagers - this led to the creation of single rooms with refurbished showers, fridges in rooms and TV, with the teenagers choosing the fixtures and fittings

● NHS Greater Glasgow was given funding by relatives of a patient for use within the Rheumatology Department - following discussions with the relatives who donated the money, existing patients and their relatives, a Rheumatology Day Unit was created allowing patients to come in on a day basis for treatment, rather than having to stay over in hospital.

These are just some examples of how we're listening to you and designing services with your involvement.

You don't have to be involved with a ward or department or project to get your views across to us. We're always keen to hear from you and find out what you think about a range of subjects concerning the services we provide.

To help us do this, we've set up NHS

Greater Glasgow's Involving People Network - an association of people and organisations who care about healthcare.

There are lots of ways you can become involved within the Network.

The Network gives the public more say in how services are developed and, the more people who join the network, the greater the opportunities for patients and communities to influence services.

Another way you can become involved is by joining your local Community Health Partnership's Public Partnership Forum. Consisting of members of the public as well as representatives from the NHS and local authorities, the PPF has a direct say on the way local services are supported and run.

Community Health Partnerships are responsible for managing a wide range of community health and other care services.

For more information on CHPs or the Network, tel. 0141 201 4558.

PUBLIC NOTICE

PROPOSED NAME CHANGE FOR NHS GREATER GLASGOW

NHS Greater Glasgow has launched a consultation into a change of name following the dissolution of NHS Argyll & Clyde, with effect from April 1, 2006.

A number of areas previously within the NHS Argyll & Clyde boundary will now come under NHS Greater Glasgow, including Renfrewshire

and Inverclyde. To reflect the expanded NHS Greater Glasgow boundary, we are to undergo a name change.

The name NHS Greater Glasgow and Clyde has been put forward as a possibility. However, we would like to hear your views and suggestions before a final name can be chosen.

If you support the proposed name change or have any views, write to: John C Hamilton, Head of Board Administration, NHS Greater Glasgow, Dalian House, 350 St Vincent Street, Glasgow G3 8YZ or email: namechange@nhs.org.uk by March 3.

HOW TO FIND HELP

Men's health clinics

GET yourself a free health check at one of the city's new Wellman clinics! Open to men living and working in Glasgow, the Wellman service gives men the opportunity to access out-of-hours health advice and screening on a self-referral, invitation or drop-in basis.

In addition to giving health advice and screening, Wellman offers men the opportunity and time to discuss any health matters they may have concerns about.

Castlemilk Health Centre

Tel. 0141 531 8500

East Glasgow Clinics (East End Healthy Living Centre, Shettleston Health Centre and Easterhouse Health Centre)

Tel. 0141 531 6289

Townhead Health centre

Tel. 0141 531 8900

Springburn Health Centre

Tel. 0141 531 6700

Community Centre for Health / Partick

Tel. 0141 211 1400

The Wedge

Tel. 0141 892 0638

BEREAVEMENT

Family Bereavement Service

A SUPPORT and Counselling Service, based at NHS Greater Glasgow's Yorkhill site, for families affected by the death of a child and support for bereaved children and young people.

Telephone 0141 201 9257

Email: yfbs@yorkhill.scot.nhs.uk

SEXUAL HEALTH

THE Sandyford Initiative provides a wide range of sexual and reproductive health services.

Contact: The Sandyford Initiative, 2 Sandyford Place, Sauchiehall Street, Glasgow G3 7NB.

Tel. 0141 211 8600

Web: www.sandyford.org

DATES FOR THE DIARY

What's happening on the Stobhill Hospital site? To find out, come along to our public meetings on Tuesday, March 28 in Bishopbriggs High School, South Crosshill Road, Bishopbriggs and Thursday, March 30 in Springburn Academy, 151 Edgefauld Road, Springburn from 6-8.30pm. For information, Tel. 0141 201 4558.

Public Symposium on Diabetes Research in Scotland, Strathclyde Suite, Glasgow Royal Concert Hall (entry free but by ticket only) - March 20, 2006. Tickets available, Tel: 0131 244 2244.

RNID Scotland's 'Making an Impact Conference and Exhibition', Our Dynamic Earth Edinburgh - March 23, 2006.

NHS Greater Glasgow Sport

EXCLUSIVE

"This initiative, highlighting the benefits of healthy living and an active lifestyle, will play a big part in developing the sport."

- WALTER SMITH



A HEALTHY SQUAD - student nurses Nicola Rodden and Emma Walker join Hamilton Accies' Ladies' team members Lisa-Marie Boyd and Lorna Brownlie for the partnership launch at Hampden.

GREAT GOAL!

SCOTLAND'S national sport is often seen as a predominantly male only sport.

However, NHS Greater Glasgow is championing girls' football through a new partnership.

We've teamed up with Scottish Women's Football (SWF) to encourage young girls and women to take part in the beautiful game... and stay fit and healthy.

We're supporting the West Region Girls' Football League, a league of eight teams of girls and young women all under the age of 17.

Every week, the young women take part in their teams' regular training sessions and, just as with boys' football, the individual teams play each other for trophies such as the League Cup or the Scottish Cup. Local West of Scotland teams include: Hamilton Accies, Baillieston, Paisley Saints and East Kilbride.

NHS Greater Glasgow's Chief Executive, Tom Divers, said: "NHS

NHS football deal targets girls' health



Greater Glasgow is delighted to be supporting Scottish Women's Football. Anything that encourages young girls to be more involved in this glorious game and introduce more physical activity into their life, is a good thing."

Women's football is one of the fastest growing sports both here and abroad, with around 4000 girls playing football in Scotland alone!

National Coach, Walter Smith said: "I'm delighted to hear about this partnership. Girls' football is increasingly popular and an initiative such as this, highlighting the benefits

of healthy living and an active lifestyle, will play a big part in developing the sport."

To launch the new partnership, student nurses, Emma Walker and Nicola Rodden, popped down to Hampden for a kickabout with Hamilton Accies' Ladies' team members, Lorna Brownlie and Lisa-Marie Boyd.

Talented young players, both Lorna and Lisa-Marie play in the Thomson Solicitors Premier League and have played in the Scottish National Squad.

Lorna (16) said: "I've loved football since I was very young. It's a great sport and I love playing. I would encourage all girls and young women to take part. Not only is it great for health, but you make a lot of friends through playing and it's got a good social life attached to it."

If you're interested in taking part in women's football, including joining a team in the West of Scotland Youth League, contact: Maureen McGonigle at swf@scottish-football.com or visit the website: www.scottishwomensfootball.com

One fifth of girls smoke

THE tables are turning and girls are fast falling behind boys in the healthy living stakes.

Currently 19.2% of girls in Scotland, aged 15, smoke cigarettes in comparison to boys, who come in at 13%.

Boys are still racing ahead in keeping fit: 46.3% of 13-year-old boys and 38.4% of 15-year-old boys regularly take part in physical exercise compared to 28.2% of 13-year-old girls and 22.8% of 15-year-old girls.

There is staggering numbers of girls and boys aged 15 drinking alcohol. Almost half of all 15-year-olds in Scotland are drinking alcoholic drinks on a weekly basis.



THESE girls are benefitting from an active lifestyle.

DISABILITY DRIVE IS FAIR FOR ALL

THE Fair For All - Disability initiative has been set up to help improve disabled people's experiences of the NHS and to ensure that disabled people have the equal access to health services to which they are legally entitled.

To help NHS staff, the Fair For All - Disability team has developed two draft guidance documents to help them understand their duties under the Disability Discrimination Act 1995.

They are keen to find out what service users think of the guidance and would love to hear your views. To see the guidance, go to: www.fairforalldisability.org

To contact them, write to: Fair for All, 1st Floor, Riverside House, 502 Gorgie Road, Edinburgh EH11 3AF. Tel: 0131 527 4041; text phone: 0131 527 4002.

Email: fairforall-disability@drc-gb.org or fax 0131 527 4001.

SUPPORT CITY'S 2014 GAMES BID

SUPPORT Glasgow's bid to host the 2014 Commonwealth Games. Pledge your support on: www.glasgow2014.com; text: 'GOLD' to 61611; or look out for postcards that you can sign and send on.

OUR PARTNERS -

NHS Greater Glasgow works with a number of partner local authorities, charities and other organisations such as Strathclyde Police and NHS 24. Our main partners are:

