



1999

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IN MEMORIAM

Dr Tracey Mawby (Girton College, Cambridge 1989-1992).

It is with great sadness that I write of the tragic premature death of Tracey Mawby in August 1998 while out running. Enquiries after her death discovered that Tracey unknowingly suffered from a hereditary heart disorder, Arrhythmogenic Right Ventricular Dysplasia (ARVD), which causes a progressive fatty degeneration of the heart muscle.

Tracey was an active member of CUAC, and of CU Hare and Hounds, which she captained in 1990. As a junior, Tracey finished in the top ten in the English National Cross-country, and had she been able to continue at this level, she would undoubtedly have been one of our top British middle distance runners. Unfortunately, most of her athletics career from University onwards was ruined by a serious long term foot injury, so she never fulfilled her true potential.



Tracey's sporting career was characterised by grit and determination, rising at five for early morning runs before her father went to work as he shone the car lights down unlit country lanes. Even when unable to run, she was often seen running in the pool, cycling for miles on her clanky old bicycle and doing sit-ups for hours in the Gym.

As a person, Tracey was a curious mixture of totally dedicated and very laid back. She was truly unconventional, and described by her friends as a 'free spirit'. She was one of the most loyal friends with strong ties to her family. She always put herself out to help family and friends, regularly cycling for miles out of Cambridge to visit her ill Grandmother and other people. I remember her most of all for her wicked and cheeky sense of humour, illustrated in the regular cards and drawings she sent to us from various places such as libraries, holidays, temporary jobs, wherever!

I could not have asked for a better friend than Tracey, and many others will say the same. She has left a hole which will never be filled, but we all have plenty of wonderful and amusing memories of her. Other than a whole list of friends, she leaves behind her partner Tim, her four brothers and sisters and both parents. I am sure that on behalf of the members of Achilles I can express our sincere condolences to them.

Tracey has recently been awarded her PhD ('The Health Risks of Lyme Disease in the Breckland, UK') which was due to be submitted at the time of her death.

- Rachel Jordan



Rev. J.A. Tyndale-Biscoe (Fitzwilliam House, Cambridge, 1930-33)

died on 10th December 1998.

John Tyndale-Biscoe competed at cross-country and middle distance.

A.J. Blackmore (Magdalene College, Cambridge, 1968-71)

died in October 1995.

Anthony Blackmore competed in the 440y hurdles in the 1969 Varsity Match.

Dr A.W.S. Hamilton MRCP (Queen's College, Oxford, 1939-44)

died in September 1998.

Bill Hamilton was an energetic proponent of athletics at Oxford during the war years. Primarily a high jumper, he won the javelin at the unofficial Varsity Match of 1942.

W.M.F. Hudson QC (Trinity Hall, Cambridge, 1935-8) died in about 1997.

William ('Barry') Hudson placed second in the Varsity Match half mile in of 1937, in which year, like Michael Melford, he understudied Godfrey Brown in Oxford and Cambridge's victorious tour of America. He also competed in the mile in the 1938 Varsity Match, and in the 1936 and 1937 Varsity Cross-Country Matches.



M.A. Melford (Christ Church, Oxford 1935-38) died on 18th April 1999.

Michael Melford competed in the half mile in the 1937 Varsity Sports. He was a Blue at cricket, and became for many years the cricket correspondent of the Daily Telegraph. Nevertheless his gloriously self-deprecating account of the 1937 tour to America and the great Godfrey Brown is a classic of athletics literature.

Michael Melford's portrait of Godfrey Brown was published in the Daily Telegraph compilation of great sporting moments 'I Was There': it can be found in the 1995 Achilles Annual Report.

V.B.V. Powell, OBE (Caius College, Cambridge, 1923-27).

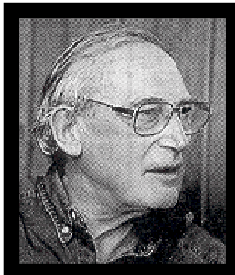
Villiers Powell won the long jump at the Varsity Sports of 1927, having competed in the same event the previous 3 years plus the 100y in 1924. He was President of CUAC in 1926, having served as Hon. Sec. the year before, and his name is commemorated by the trophy which he presented for the Oxford v Cambridge Relays Match.



I.S. Ivanovic (Peterhouse, Cambridge, 1930-33) died in April 1999.

Vane Ivanovic competed in the high hurdles in the Varsity Matches of 1931 and 1932, and was second in the low hurdles in 1932 behind CF Stanwood. He was a friend and near contemporary of those other great Cambridge hurdlers, Lord Burghley and Bob Tisdall, Olympic 400m hurdles champions in 1928 and 1932 respectively, and John Thornton, 5th in the Olympic 110m hurdles in 1936. Vane himself always maintained that he was too slow on the flat to be world class, yet he could beat Thornton over 220y hurdles, and in 1936 he reached the Olympic semi-final at 110m hurdles, representing Yugoslavia. That same year he was a member of the Achilles Club team which won the AAA 4 x 440y title, and set a Yugoslav record for 400m hurdles which lasted 17 years. Perhaps his last appearance for Achilles was in the shot at the 1949 Sward Trophy meeting, but he maintained his love of the sport throughout his life: his only concession to age was to cut back, in his 80's, his runs around Hyde Park to alternate days. In 1995 he spoke on behalf of CUAC at the Centenary celebrations of the Oxford & Cambridge v. Harvard & Yale match.

A recording of Vane Ivanovic's speech, including reminiscences of Paavo Nurmi and Lord Burghley, is on the web at <http://www.achilles.org/archives/audio/vane.rm>



D.M. Dixon, CVO (New College, Oxford, 1944-45, Lincoln College, Oxford, 1948-50) died on 30th May 1999.

David Dixon competed in the high hurdles in the Varsity matches of 1948-50, winning in 1949. He was Hon. Sec. of OUAC in 1949, and President the following year. His great love of sport stayed with him all his life, and the day before his death he was still dictating letters as Hon. Secretary of the Commonwealth Games Federation, a post he took over from Sandy Duncan in 1982 and held with great distinction.

G.B. O'Rorke (Pembroke College, Cambridge, 1944-47) died in July 1998.

Bryan O'Rorke competed in the mile in the 1946 Varsity Match.

B.T. Travers OBE (New College, Oxford, 1946-48) died on 18th December 1998.

Basil Travers won Blues for Cricket and Rugby, placed 2nd in the shot at the 1947 Varsity Match, and was capped at Rugby for England.

J.T. Ainslie (Pembroke College, Cambridge 1937-40).

Tom Ainslie was elected to the Club in 1939.



J. Banes (Caius College, Cambridge 1949-53) died on 19th March 1996.

John Banes competed in the shot for four consecutive Varsity matches, winning in 1952: the following year he was CUAC President.

L.G.D. Croft, OBE (Jesus College, Cambridge, 1923-27) died on 7th August 1996.
Leslie Croft was elected in 1926.

M.E.E. Denney (Emmanuel College, Cambridge, 1949-53) died on 4th April 1997.
Michael Denney was elected in 1952.

Professor R.M. Barrer, ScD, FRS (Clare College, Cambridge 1932-39) died in late 1996.

Richard Barrer won the Varsity Cross-Country in 1934, and also competed in 1933 and 1935: in 1934 and 1935 he ran in the 3 miles at the Varsity Sports.

D.C. Grimes (Clare College, Cambridge, 1948-50) has died.

David Grimes came up to Cambridge from Yale, and won the 120y hurdles at the Varsity Match of 1950, narrowly beating Peter Hildreth, having placed second to David Dixon in 1949.

Sir Dawson Bates, Bt., MC (Balliol College, Oxford 1946-48) died on 12th July 1998.

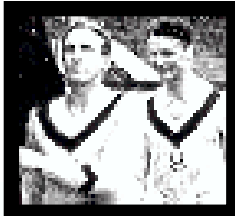
Dawson Bates was OUAC Cross Country Secretary.

G.A. Haig, OBE (Trinity College, Oxford, 1927-31) died circa 1983.

Geoffrey Haig competed in the mile in the Varsity Sports of 1931.

F.V. Scopes (Brasenose College, Oxford, 1936-39) died on 18th November 1995.

Frederick Scopes was Hon. Sec. of OUAC in 1939, and placed 2nd in the high hurdles at the Varsity Sports of both 1937 and 1938. He was bronze medallist at the AAA Indoor Championships of 1937 at 70y hurdles, and toured the USA with Oxford and Cambridge that year.



T.L. Langton-Lockton (Hertford College, Oxford, 1935-39) died in November 1996.

Tom Lockton was an accomplished all-rounder, winning the AAA decathlon title in 1938. He competed in the Varsity Sports of 1937, 1938 and 1939, variously in the long jump, 220y hurdles and 120y hurdles, which he won in 1939. His best high hurdles time, 14.6 in 1939, ranked 4th on the UK all-time list.

Ronald J. Martin (St Catharine's College, Cambridge, 1933-36) died on 3rd January 1998.



W. Poole (Brasenose College, Oxford, 1930-33) died in about 1995. William Poole competed in the 4 x 220y in the 1932 Relays Match.

A.S. Walford (Oriental College, Oxford, 1923-26) died on 4th November 1992.

Arthur Walford competed in the Varsity Cross Country Matches of 1924 and 1925.

Lt-Col.W.H. Olivier, TD DL JP (Trinity College, Oxford, 1923-26) died in June 1992. William Olivier competed in the 4x120yH and 4x220yH in the 1926 Relays Match.

Alexander E. Murray (Christ Church, Oxford, 1931-33) died on 24th August 1994.

L.S. Powell (St Catherine's College, Oxford, 1929-34) died in about 1996.

Lawrence Powell ran in the 1932 Varsity Cross Country match.

William W. McCurdy (Harvard University) died in March 1999, aged 82. Bill McCurdy had been coaching Harvard teams since 1950, and was respected by generations of Achilles members who competed in matches against Harvard and Yale.

NOTICE

The Annual General Meeting of the Achilles Club will be held on Saturday May 20th 2000, AT 11.30 AM, immediately BEFORE the Varsity Match, in the Iffley Road pavilion, Oxford.



UK NATIONAL RANKINGS

Congratulations to the following members who were placed in the UK Top 50 in 1999. The Club's strongest events are presently the women's 5000m and the men's steeplechase and pole vault (4 ranked in each). 29 members are listed (24 in 1998).

1st	Chris Cheeseman (V40)	50k Walk	4:07.49
4th	Andrew Hennessy	3000m s/c	8:39.71
4th	Chris Cheeseman (V40)	20k Walk	1:26.53
5th	Pierre Faber	Shot	17.81
6th	Katie Skorupska	5000m	15:55.64
6th	James Brierley	High Jump	2.17
7th	Richard Nerurkar	10000m	29:06.69
10th	Tom Richards	Pole Vault	5.25
11th	Steve Garland	Decathlon	6676w
12th	Emma Coleman	10000m	35:21.75
12th	Davina Manship-Jones	Half Marathon	76:41
13th	Ewan Malloch	3000m s/c	8:54.70
13th	Matt Weaver	Pole Vault	5.00
16th	Nick Talbot	3000m s/c	8:55.59
16th	Clare Ridgley	Pole Vault	3.40
17th	Jon Hilton	Triple Jump	15.38w
21st	Richard Nerurkar	5000m	13:55.30
24th	Kelley Wilder	5000m	16:28.20
24th	Pierre Faber	Discus	47.82
30th	Simon Wurr	3000m s/c	9:06.84
32nd	Emma Brooker	5000m	16:59.5
33rd	Maggie McCutcheon	Hammer	44.94
33rd	Dan Leggate	10000m	31:28.8
34th	Ruth Irving	Long Jump	5.77
36th	John Moreland (V40)	Discus	46.36
37th	Emma Coleman	5000m	17:14.78
39th	Janet Corlett (V35)	Hammer	43.63
39th	Andy Beevers	3000m s/c	9:11.3
39th	Seb Rosato	110m hurdles	15.0
39th	Katie Skorupska	1500m	4:25.70
40th	Stephen Rogers	Pole Vault	4.40
40th	Matt Buck	Pole Vault	4.40
41st	Rachel Jordan	1500m	4:25.88i
43rd	Judy Payne	High Jump	1.70
43rd	Andrew Hennessy	1500m	3:46.32



ACHILLES TOUR TO BEIJING AND TOKYO

Ever since Mr S Nishida, then President of the Japanese Athletics Federation, double Olympic Silver Medallist, and veteran of the Waseda team which competed with such distinction against Achilles in 1928, re-established contact with us about 10 years ago, it had been hoped that a return match could at last be organised, and finally this year plans came to fruition. To make the long trip even more worthwhile, through **Robert Stinson's** friendship with Mr Lou Dapeng another fixture was set up in Beijing, and the scene was set for an outstanding tour. Sadly, Although Achilles were not able to field as strong a team as we would have liked (generous sponsorship raised by **Jo Cripps** and **Tommy Macpherson** from Mewburn Ellis, Nomura and HSBC, which put the cost of the trip well within reach, came too late for many to change their plans), we were able to take all the mem-

bers who wanted to come, and they were treated to an experience the memories of which will last long after the photos (some of which are on the web at www.paulwillcox.freeserve.co.uk) have faded.

We had planned to be a touring party of 40, but last minute injuries reduced this to 36, supplemented by **Yoshi Fujishima** who competed for us in Tokyo. We were particularly sad to lose **Deborah Kay** and **Paul Rowbotham**, who had done a lot of work for individual members, and **Dan Duke**, who although already injured had to abort plans to come nevertheless when his passport went missing. **Paul Willcox** made all the arrangements, aided by **Dei Roberts** and **Jo Cripps** who team managed, with Jo also doing slightly reluctant duty in the sprints.

We were treated with enormous hospitality and respect by Tsinghua University, and our whole stay was programmed with great attentiveness. Accommodation, meals, training and sightseeing (the Great Wall, the Forbidden City) were all laid on, with a large body of volunteers always on hand to guide and assist us. The match itself was very high profile, with much media interest, and the Tsinghua authorities were keen to learn at first hand from our team managers the structure of sport at Oxford and Cambridge. It was an outstanding cultural experience for all of us: one of the enduring memories is the gentle incongruity of the local tea dancing which continued long into the evening

Hi, Charlie:

I am a girl studying in the automation department in Tsinghua University, Beijing, China. I happened to be the interpreter when you were interviewed by reporters from University Weekly. I said I would e-mail you the article after it was published, now that I am sending it to you together with two photos I've taken during the University Match Between Cambridge, Oxford and Tsinghua, Peking. I am very sorry I haven't sent you in time, because we have had a very busy beginning this semester. Yesterday is our National day, now I can keep my promise using my holiday time. Even though several weeks have passed, I can still remember the match and your athletes vividly, because you have given us a very deep and unforgettable impression. This match has promoted friendship and understandings between the youth of our two countries. Do you still have training these days, Charlie? In fact, I myself is fond of middle and long distance running very much, yesterday I ran 8000 meters in one stretch. Wish you will become an excellent scientist in future. (Time is up, the lab will be closed in two minutes, I'm afraid I can only send you the mail and the photos now, in the evening I will send you the article.)

Friendly yours: Zhang Buyue

Charlie Boddam-Whetham made a big impression in China!



and recommenced early each morning in the park opposite the campus hotel.

ACHILLES V. BEIJING AND TSINGHUA UNIVERSITIES

It was unfortunate that the programme was arranged in such a way that our weaker events were during the morning session, as a fine first and second by **Katie Skorupska** and **Kelley Wilder** in the 1500m, and similar placings in the hammer by **Karen Noonan** and **Cassie Beasley** but without any Chinese opposition, were not enough to hide the fact that we were generally out-classed. **Nick Hamilton** ran a gutsy 400m but emerged 3rd in a blanket finish, and the only other early event in which Achilles did not fill the last 2 places was the high jump, where an injured **James Brierley** could not do himself justice but placed second.

The afternoon session opened with a storming 400m hurdles victory by **Rebecca Wright**, closely followed by an aggressive piece of running from **Jon Parker** in the men's event: he led all the way into the home straight only to hit the final hurdle and be edged out on the run-in. He was shortly followed by an equally committed **Charlie Boddam-Whetham** in the 800: Charlie never runs for second place, and hung on to the winner's fierce pace for as long as he could before succumbing. Achilles was in the ascendant, and Katie dropped plans of saving herself for the IAAF meeting in Tokyo to contribute another win in the 5000m, supported courageously by Kelley who in the fierce heat (water stations were requested and copiously used) hung on to complete a double 1-2 by two hundredths of a second. **Nick Mapp** continued the resurgence in the men's event, running strongly and only being beaten into second on the last lap. The sprinters were not to be outdone, and **Alan**



Achilles at the Great Wall of China

Nwokoro, Hamilton, Buck, Bob Goodwin, Searles, Parker, Scase, Vicki Goodwin, Sleeman

James and **Andy French** snatched 2nd and 3rd over 200m.

Andy Hodge, Clare Ridgley and **Steve Booth** were busy throughout the day, and the strength of the Tsinghua and Peking team (the winner of the 110m hurdles for example had recently placed 2nd at the Asian Championships, and the women's team included a 60m javelin thrower and a 13.60m triple jumper) obscured the efforts of all the rest of the team, most of whom had to perform double or triple duties in the unfamiliar conditions. **Matt Searles** ran a good 400m. **Mark Hughes** and **Adrian Thiemicke** endured the heat to do double duty in distance events. **Liz Bayne, Mark Hypolite** and **Kal Assress** had baptisms of fire at this level of



competition. **Jo Cripps** started her comeback in the relay. **Susie Gardner** and **Adam Ireland** supported well in the horizontal jumps. **Clare Martin**, injured all season, was not able to show her true form over 800m. **Vicki Goodwin**, in pain after the 400m, came back again for the 400m hurdles. **Alastair Pagnamenta** and **Liz Riordan** did all they could in the javelin: Liz was called up as first string sprinter, too, complemented by **Bob Goodwin**. **Chin Nwokoro** ran close to his pb over the high hurdles in spite of some rusty clearances. But **Matt Scase** was unfortunate to be injured in warming up for 100, and could not run again on tour.

However, the best was yet to come in the final two events. **Steve Rogers** and **Matt Buck** took first and third in the vault on borrowed poles (it had proved impossible to arrange for transport of poles from

England). And when the first 3 members of the 4x400 team, **Andy French**, **Chris Sleeman** and **Charlie Boddam Whetham**, sent **Nick Hamilton** off with just a few metres deficit, the Achilles contingent shouted till they were hoarse as he clawed his way past in the final straight. The team left with pride and confidence restored. A magnificent runners up trophy presented by our hosts will be re-awarded annually for an aspect of intervarsity athletics, and a commemorative plaque is to be displayed in the Wilberforce Road pavilion.



4 x 400m victors: Sleeman, Hamilton, Boddam-Whetham and French



MEN 100M			
1	10.75	Qin xi	T&P
2	10.80	Chen Jian Guo	T&P
3	11.70	Alan James	Achilles
	dns	Matt Scase	Achilles
	(Wind): +0.5		

MEN 200M			
1	23.41	Cao Xue Zheng	T&P
2	24.26	James	Achilles
3	24.38	Andy French	Achilles
4	24.74	Gao Fan	T&P
	(Wind): -3.9		

MEN 400M			
1	49.85	He Zheng	T&P
2	50.01	Sun Qiang	T&P
3	50.05	Nick Hamilton	Achilles
4	51.00	Matt Searles	Achilles

MEN 800M			
1	1:52.57	Li Guang Ming	T&P
2	1:56.33	Charlie Bodham-Whetham	Achilles
3	2:10.86	Mark Hughes	Achilles

MEN 1500M			
1	3:52.57	Zhang Li Jun	T&P
2	4:06.22	Mark Hughes	Achilles
3	4:37.46	Li Ming Xin	T&P
4	ntt	Adrian Thiemicke	Achilles

MEN 5000M			
1	14:54.74	Qu Lei Jie	T&P
2	15:00.74	Nick Mapp	Achilles
3	15:19.15	Liang Xiao	T&P
4	17:21.10	Thiemicke	Achilles

MEN 110M HURDLES			
1	14.20	Qi Zhen	T&P
2	14.93	Zhang Qing Yue	T&P
3	15.95	Steve Booth	Achilles
4	16.14	Chin Nwokoro	Achilles
	(Wind): +0.0		

MEN 400M HURDLES			
1	54.48	Lu Jie	T&P
2	54.89	Jon Parker	Achilles
3	56.59	Li Hui	T&P
4	57.28	Chris Sleeman	Achilles

MEN 3000M SC Exhibition			
1	9.08.06	Zhou Yu Bo	T&P
2	9.16.16	Liang Xiao	T&P

MEN 4x100M RELAY			
1	42.38		T&P
	Chen Jian Guo/Qin Xi/Cao Xue Zheng/ Gao Fan		
2	45.12		Achilles
	Nwokoro/James/ Sleeman/French		

MEN 4x400M RELAY			
1	3:25.43		Achilles
	French/Sleeman/Boddam-Whetham/Hamilton		
2	3:25.60		T&P
	Sun Qiang/He Zheng/Gao Fan/Qi Zhen		

MEN HIGH JUMP			
1	2.05	Liang Tong	T&P
2	2.00	James Brierley	Achilles
3	1.95	Kong Fan Jin	T&P
4	1.90	Andy Hodge	Achilles

MEN LONG JUMP			
1	7.36	Zhao Ran	T&P
2	6.89	Sun Tian Li	T&P
3	6.38	Hodge	Achilles
	5.94	Adam Ireland	Achilles
4	5.73	Mark Hypolite	Achilles

MEN TRIPLE JUMP			
1	15.13	Liu Tao	T&P
2	15.10	Wang Dong	T&P
3	13.30	Hodge	Achilles
4	13.19	Ireland	Achilles

MEN POLE VAULT			
1	4.30	Stephen Rogers	Achilles
2	4.20	Zhao Guang Gang	T&P
3	4.00	Matt Buck	Achilles
4	4.00	Wang Kong Sheng	T&P

MEN SHOT-PUT			
1	14.08	Zhang Chao	T&P
2	12.22	Zhu Nuo Wei	T&P
3	11.17	Rogers	Achilles
4		Booth	Achilles

MEN DISCUS			
1	45.71	Zuo Ming Wang	T&P
2	36.64	Ggao Jian	T&P
3	34.70	Rogers	Achilles
4	29.02	Booth	Achilles

MEN JAVELIN THROW			
1	60.74	Yang Chuan Li	T&P

2	50.47	Cao Yuan fei	T&P
3	50.39	Rodgers	Achilles
4	48.81	Pagnamenta	Achilles

MEN HAMMER THROW Exhibition			
1	44.16	Cui Jian	T&P

WITH A DELIGHTED HEART, GO TO WATCH OUR UNIVERSITY MATCH!

Chatting with Charlie Boddam-Whetham is quite interesting. This easy-going young man comes from Cambridge. He studies physics and is fond of doing sports in his spare time. In his home town he has an unpaid coach, while in Cambridge he trains himself. This is quite different from here, because we have specialized teachers to train student athletes. Charlie has prepared for one and a half month for this match: if it had not been for an injury he would have trained for the entire summer just as the other athletes. This afternoon he will participate in two events---men's 800 meter and the 4x400 relay race. Charlie is the champion of 800m in Cambridge with a very good record time of 1'52". When asked whether he was nervous and eager to win, Charlie looked optimistic and earnest, " I am getting excited about my events, but I'm not nervous. Yes, I have the confidence..." Pointing to the name of Li Guang Ming on the athlete list he said:" Do you know who this guy is ? See, his record time is 1'50". There will be hot competition in the men's 800m." Speaking of impressions of BeiJing, Charlie said he only know big events about BeiJing and there is not much news about China in their newspaper, On contrast, our newspaper always contains plentiful and the most updated world news. Also, another practical difference is that freshmen here are required to take part in one month's military training without exception, while in their universities, they can decide to have it or not by their own will. It seems that we have more disciplines here, while they



have more freedom there. Either way has its own advantages, today's University Match certainly provide a valuable opportunity for students coming from such different cultures to communicate and understand each other better. This is what we deem much more important than the winning or losing of a match. Charlie, welcome to BeiJing! Wish you and your friends can enjoy your short visit and, don't forget to take with your friendships when coming back to your country.

University Weekly, Beijing
Reporter: Gao Ying
Translated by ZhangBuyue

WOMEN 100M

1	12.21	Zhu Shan Shan	T&P
2	12.58	Zhan Cong	T&P
3	13.85	Liz Riordan	Achilles
4	13.92	Bob Goodwin	Achilles
(Wind): +0.0			

WOMEN 200M

1	25.70	Zhu Shan Shan	T&P
2	26.57	Cheng Yu Hong	T&P
3	29.69	Bob Goodwin	Achilles
4	31.76	Liz Bayne	Achilles
(Wind): -2.0			

WOMEN 400M

1	56.98	Cheng Yu Hong	T&P
2	59.41	Chen Jia	T&P
3	60.81	Rebecca Wright	Achilles
4	66.66	Vicki Goodwin	Achilles

WOMEN 800M

1	2:22.03	Shi Sheng Da	T&P
2	2:24.61	Liu Shao Yan	T&P

3	2:26.78	Clare Martin	Achilles
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WOMEN 1500M

1	4:37.39	Katie Skorupska	Achilles
2	4:40.30	Kelley Wilder	Achilles
3	4:42.90	Geng Li Ping	T&P
4	4:48.69	Liu Chang	T&P

WOMEN 5000M

1	17:31.57	Skorupska	Achilles
2	17:47.44	Wilder	Achilles
3	17:47.46	Zhang Xi	T&P
4	7:48.17	Wu Shan Hong	T&P

WOMEN 100M HURDLES

1	15.04	Liu Yan	T&P
2	15.50	Zhang Min	T&P
3	15.79	Wright	Achilles
4	17.29	Clare Ridgley	Achilles
(Wind): +0.0			

WOMEN 400M HURDLES

1	66.98	Wright	Achilles
2	67.71	Ren Yan	T&P
3	76.09	V Goodwin	Achilles

WOMEN 4x100M RELAY

1	51.96	T&P	
Wang Rong/Zhu Shan Shan / Zhan Cong/Cheng Yu Hong			
2	52.89	Achilles	
Ridgley/B Goodwin/ Cripps/Riordan			

WOMEN 4x400M RELAY

1	4:15.76	T&P	
Cheng Yu Hong / Chen Jia /Shi Sheng Da/Ren Yan			
2	4:29.43	Achilles	
Skorupska/Wilder/Bob Goodwin/Martin			

WOMEN HIGH JUMP Exhibition

1	1.62	Meng Xiao Nuo	T&P
2	1.59	Gu Miao	T&P

WOMEN LONG JUMP

1	6.06	Zhao Fan	T&P
2	5.45	Zhang Xin	T&P
3	5.01	Ridgley	Achilles
4	4.34	Susie Gardner	Achilles

WOMEN TRIPLE JUMP

1	12.61	Zhao Fan	T&P
2	11.87	Zhang Xin	T&P
3	10.50	Ridgley	Achilles
4	9.47	Gardner	Achilles

WOMEN SHOT-PUT

1	13.00	Cao Rui	T&P
2	12.70	Zhao Wei Zhi	T&P
3	7.61	Cassie Beasley	Achilles
4	6.85	Karen Noonan	Achilles

WOMEN DISCUS

1	40.66	Dai Ying	T&P
2	28.67	Beasley	Achilles
3	23.58	Noonan	Achilles

WOMEN JAVELIN THROW

1	52.87	Liang Li Li	T&P
2	47.81	Cao Rui	T&P
3	34.02	Riordan	Achilles
4	7.52	Cripps	Achilles

WOMEN HAMMER THROW Exhibition

1	23.73	Noonan Achilles
2	21.49	Beasley Achilles

Tsinghua and Peking: Men 117, Women 96: Total 213

Achilles: Men 62, Women 60:Total 122

ACHILLES v WASEDA v KEIO 18TH SEPTEMBER 1999, OI STADIUM, TOKYO

If, culturally, there was a gap between our amateur approach to sport and Chinese desire for national and international recognition, there was no such gulf to be overcome in Japan, where we found our hosts totally in tune with Oxbridge attitudes. Our match against Waseda and Keio was therefore a very much more relaxed, though no less earnest, affair, in the best Corinthian tradition.

Skorupska and Wilder continued to shine : but as the longest events on offer in Tokyo were the 400 and 800m, they had to be content with first and second in those: Katie even picked up points over 100m, while Kelley long and high jumped! CUAC President, Rebecca Wright, in the absence



of her specialist event, achieved 3 pb's winning the high jump, and scoring in the 200m, 100m hurdles and shot. Even busier, however, was last year's OUAC President, Clare Ridgley, who after clearing a season's best 3.40 in the pole vault, scored in the shot, javelin, 100m hurdles, high jump and long jump. James Brierley bravely limped to a win in the high jump, with Andy Hodge in second. Nick Mapp had another pleasing run for a pb at 1500m, and Liz Riordan won the javelin. The limited programme also gave us interesting opportunities to see for example Charlie Boddam Whetham over 1500m, Jon Parker over 400m flat, etc.: and team manager Jo Cripps, in what she claimed may be her last race, was first Achilles scorer over 100m.

The teams had marched past to the music from 'Chariots of Fire', and so it was appropriate that the dinner reception that evening was rounded off by a rousing Achilles rendition of 'Jerusalem'.

Men's 100m

1 Shigeyuki Kojima	10.58
2 Kaji	10.70
3 Shin	10.74
4 Mukayama	10.89
5 Kojima	11.05
6 Takagi	11.19
7 Chris Sleeman	11.42
8 Alan James	11.77

Men's 200m (Non Scoring)

... Matt Searles	23.47
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Men's 400m

1 Atushi Wada	48.40
2 Sato	48.55
3 Okimura	48.73
4 Ikeda	48.99
5 Nick Hamilton	50.35
6 Tada	50.39
7 John Parker	50.71
8 Shimoyamada	51.73

Men's 1500m

1 Syoji Ozaki	3:53.85
2 Nick Mapp	3:56.10
3 Maeda	3:57.50
4 Kamoda	3:59.55
5 Charlie Boddam-Whetham	4:00.99
6 Masuhara	4:02.05
7 Nishimura	4:02.19
8 Mark Hughes	4:03.87
9 Kisi	4:09.10

Men's 5000m (Non Scoring)

... Adrian Thiemicke	17:06.83
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Women's 100m

1 Akiko Yasui	12.52
2 Kaori Takano	12.53
3 Okamoto	12.55
4 Joanna Cripps	13.86
5 Elizabeth Riordan	13.97
6 Katie Skorupska	14.63
7 Karen Noonan	15.23

Women's 200m

1 Sakie Nobuoka	25.25
2 Yasui	25.93
3 Okamoto	26.37
4 Rebecca Wright	26.63

Men's 110mH

1 Yuki Moriyama	14.58
2 Kubo	15.09
3 Kobayashi	15.15
4 Nagato	15.41
5 Komori	16.13
6 Steve Booth	16.24
7 Chin Nwokoro	16.26

Men's High Jump

1 James Brierley	1m95
2= Andrew Hodge	1m90
2= Fujimori	1m90
4 Kobayashi	1m90
5 Nakamatsu	1m85
6 Uchima	1m80
7 Adam Ireland	1m75
8 Alastair Pagnamenta	1m75
9 Nishikawa	1m70

Men's Long Jump

1 Takahiko Suzuki	7m37
2 Sakaguti	6m94
3 Kobayashi	6m67
4 Makamatsu	6m65
5 Andrew Hodge	6m51
6 Harada	6m43
7 Stephen Rogers	6m42
8 Kaji	6m09
9 Adam Ireland	5m86
10 Mark Hypolite	5m62

Men's Discus Throw

1 Yuki Otuka	44m44
2 Nagata	38m80
3 Steve Booth	33m27
4 Hoshikawa	33m16
5 Andrew Hodge	31m16
6 Nakamura	26m87

5 Hatta	26.75
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6 Bob Goodwin	28.13
7 Joanna Cripps	29.63

Women's 400m (Non Scoring)

1 Katie Skorupska	62.57
2 Kelley Wilder	64.79

Women's 800m

1 Katie Skorupska	2:13.98
2 Kelley Wilder	2:18.80
3 Kobayashi	2:23.20
4 Clare Martin	2:23.98

7 Yoshi Fujishima 25m91

Men's Javelin Throw

1 Hataru Nakamura	64m38
2 Kitamura	63m79
3 Stephen Rogers	56m49
4 Alastair Pagnamenta	50m89
5 Otuka	48m49
6 Andrew Hodge	48m27
7 Shibaiki	45m84
8 Moriyama	41m75
9 Yoshi Fujishima	37m92
10 Kal Assress	37m18
11 Kobayashi	33m94

Men's Pole Vault

1 Kohei Yano	5m00
2 Uchima	4m70
3 Kobayashi	4m60
4 Stephen Rogers	4m20
5 Matthew Buck	4m00
Kaneda	no ht
Yokota	no ht
Steve Booth	no ht

Men's 4X200 Relay

1 Waseda	1:24.76
2 Keio	1:25.47
3 Achilles A	1:31.71
Sleeman, Parker, Searles, Hamilton	
4 Achilles B	1:35.12
James, Hodge, Booth, Nwokoro	
5 Achilles C	1:40.04
Hypolite, Boddam- Whetham, x, x.	

5 Vicki Goodwin	2:24.33
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6 Takahata	2:25.42
7 Yamakawa	2:35.91

Women's 100mH

1 Miyako Shimizu	15.05
2 Nishikori	15.19
3 Okamoto	15.33
4 Rebecca Wright	15.75
5 Clare Ridgley	17.34
6 Vicki Goodwin	20.38
7 Clare Martin	21.00

**Women's High Jump**

1 Rebecca Wright	1m45
2 Clare Ridgley	1m40
3 Nishikori	1m40
4 Takahata	1m35
5 Susie Gardner	1m35
6 Honda	1m30
7 Yasui	1m30
8 Kelley Wilder	1m25

Women's Long Jump

1 Ikuko Nishikori	5m19
2 Kobayashi	5m02
3 Clare Ridgley	5m02
4 Honda	4m99
5 Fujiwara	4m87
6 Susie Gardner	4m40
7 Bob Goodwin	4m30
8 Kelley Wilder	3m97

Women's Shot Put

1 Miyako Shimizu	8m79
2 Clare Ridgley	8m39
3 Cassie Beasley	8m12
4 Hatta	7m63
5 Fujiwara	7m38
6 Fukushima	7m33
7 Karen Noonan	6m76
8 Rebecca Wright	6m59

Women's Javelin Throw

1 Elizabeth Riordan	33m74
2 Takahata	25m12
3 Clare Ridgley	22m60
4 Fukushima	22m51
5 Yamamoto	20m20
6 Hatta	16m98
7 Karen Noonan	15m85
8 Cassie Beasley	14m74

Women's Pole Vault

Invitation (Non Scoring)	
1 Akane Eguchi	3.90
2 Kondo	3.80
3 Clare Ridgley	3.40
4 Ujino	3.00

Women's 4x100m Relay

1 Waseda/Keio	46.82
2 Achilles A	53.47
3 Achilles B	57.53

MATCH RESULTS

Men: Waseda 76.5, Keio 72, Achilles 52.5

Women: Waseda/Keio 105, Achilles 73

**Our Waseda friends' email:**

Dear Paul san

Our dream come true. Our member, athletes, graduate member, staff, competition referee, all happy to hold great match with your team. Thank you for sending your team.

We discuss about visit England near future. I hope 2002

Thank you again: see you next meeting .

Akira Kazama
'Achilles Club Tokyo Branch'



INTERNATIONAL NEWS

Andrew Hennessy, now at Oklahoma State University, broke through to 8:48.08 for 3000m steeplechase at the Penn Relays, and then went even better, knocking **Chris Brasher's** former Olympic Record off the top of the Achilles All-Time list with 8:39.71

Rachel Jordan, after her triumph in the 1999 AAA Indoor Championship 1500m, was poised for further big breakthroughs. Instead she has suffered a miserable year, struck down the very next day by illness problems which still trouble her.

Katie Skorupska was very disappointed to have been tripped with less than 2 laps to go in the European Under 23 Championships. Nevertheless, she had a great season at 5000m, breaking through to a new best of 15:55.

Chris Cheeseman was delighted to shave 3 minutes off his pb in placing second in the National Championships at 20k Walk. In spite of vowing never to attempt 50k again after the gruelling Commonwealth Games race in Kuala Lumpur, he accepted selection for the World Cup in France, and finished top Briton in 57th place, removing 3 minutes from his best at that distance, too. **Tim Berrett** was 47th in the 20k race, for Canada, and was the only member to be competing at the World Championships at Seville, where he suffered disqualification in the 50k walk.

Steff Cook won gold at the World Modern Pentathlon Championships: she made up a 20 second deficit in the 3000m cross country to clinch the team title for Great Britain. Also successful in another sport is **Naomi Siddall**, omitted from our account of the 1998 Commonwealth Games, who returned from Kuala Lumpur with a netball bronze medal.

AAA CHAMPIONSHIPS

Chris Cheeseman just gets better and better with age, and at 40 added to pb's this year at 50k and 20k on the road with a silver medal in the AAA 10k track walk. **Ewan Malloch** placed a fine 5th in the Steeplechase, with 8:54.7 (**Andy Hennessy** sat out the championships preferring to concentrate on the European Under 23's). **Matt Weaver** equalled the Achilles and King Edward's Old Boys pole vault records at 5.00m, placing 8th, only to watch **Tom Richards** move both marks up to a magnificent 5.20m a few minutes later, and claim 6th place. **James Bri-erley** continued his return to form placing 5th in the high jump at 2.17m. **Emma Coleman** placed 7th in 10,000m.

VETERANS

At the World Veterans Championships, **Steve James** took the silver medal in the M60 10,000m, and was 8th at 1500m, **Janet Corlett** won bronze in the W35 hammer, **Hazel Barker** placed 4th in the W35 heptathlon, and 7th in the 100m hurdles, **Chris Melliush** 4th in the M55 hammer, **Carole Morris** 4th in the W40 javelin, **John Moreland** 4th in the M40 discus, and **Max Jones** 8th in the M70 10,000m. Several other members participated including **Joan Lasenby** and **Lynn Davis**.

At the British Veterans Championships, Achilles throwers were much in evidence. **John Moreland** won three M40 titles at discus, shot and hammer. **Carole Morris**, whose pb 44.30 dates back to 1980 (when it ranked 19th in the UK, below Sanderson and Whitbread), retained her W40 javelin title. **Chris Melliush** set a Championship Best in winning the M55 Hammer. **Hazel Barker** had a busy weekend: 2nd in W35 shot, 2nd in the high jump, 3rd in the javelin, 3rd in the 100m hurdles and 8th in the 100m. And **Janet Corlett** was 2nd in the W35 hammer.

BUSA CHAMPIONSHIPS

It was a lean year in terms of gold medals, although **Pierre Faber** set a mighty new Championship Best in the shot, only to be overtaken in the following round.