



april 2006

Gold and Black

an alumni publication

50th Anniversary Planning Underway

By Adam McGuire

You know what they say — time flies when you're having fun!

The University of Waterloo is turning 50 years old, and *Gold and Black* will be there every step of the way, helping to reunite a half-century of former Warriors and Athenas.

Over the course of the next year, the *Gold and Black* will be taking you on a trip throughout the history of athletics at the University of Waterloo.

Beginning with the next edition this summer, the *Gold and Black* will provide you with a timeline of events for the first decade of rich sporting history at the University of Waterloo, spanning from 1957-1966. In each subsequent issue, a new decade's timeline will be unveiled, concluding with a timeline from 1997-2006, detailing the most recent additions to the history of Warrior athletics.

From our humble beginnings as the Waterloo College Mules, to the national championships of the 1970s, and to the big-time athletes of the new millennium, the *Gold and Black* will be your gracious host to



fifty years of athletics at the University of Waterloo.

The events and timelines leading up to the anniversary will culminate in a grand gala all-sports reunion on June 23, 2007 at the University of Waterloo. In addition, several teams and clubs will be hosting their own specific reunions that weekend, celebrating the first fifty years of Warrior tradition.

Also slated to take place that weekend is the unveiling of the University of Waterloo's first published history book of the department of athletics. The book will take fans, administration and

Warriors past and present down the road from struggling student service to one of the most inclusive interuniversity and campus recreation departments in the nation. Follow along as this comprehensive history details such events as the addition of a women's program, the Mike-Moser led men's basketball juggernaut and the construction of the then state-of-the-art Physical Activities Complex. It will be a must-have for anyone who bleeds Black and Gold.

Keep watching this newsletter for further updates on reunions and events, as well as release and purchasing information for the history book. And remember to catch the 1957-1966 timeline in the next edition.

Inside this issue:

- › 50th anniversary information
- › Alumni Profiles:
Dan Shea & Judith Leroy
- › Heather Moyses's Olympic journey
- › 2005 - 06 Season recaps
- › 2005 - 06 Warrior All-Stars and award winners



Directors Desk



A great deal of this issue is dedicated to announcing the plans for the 50th celebration in Athletics. We are very excited and when we meet with the alumni, they too are getting excited.

From the very first teams of the Warriors and Athenas, through several reiterations of the different Ontario conferences, through the name and logo changes, thousands of competitions later, thousands of Warrior student athletes, hundreds of coaches and many, many stories

to tell, we are celebrating on the weekend of June 22-24th, 2007.

Mark your calendar, call an old team mate and come join us.

This weekend will be many things to many people. The weekend will have several single sport reunions that we have asked local alumni in that sport to host. The responses have been super! On the Saturday evening, in the main PAC gym, we will host a walk back down memory lane, revisiting our collective Warrior/Athena roots. A GALA

event that all are welcome.

From this issue forward, there will be information, contacts and readiness for this event. Registration for events will eventually be done on the Athletics web site. **STAY TUNED!**

Many alumni are scouring their photo albums, some are trying to squeeze into their old uniforms and team wear, and many are getting fit for the weekend. What ever is your pleasure, be sure to join us.

Judy McCrae, Director

Burns adds Learning Object method for athletic taping

By Adam McGuire

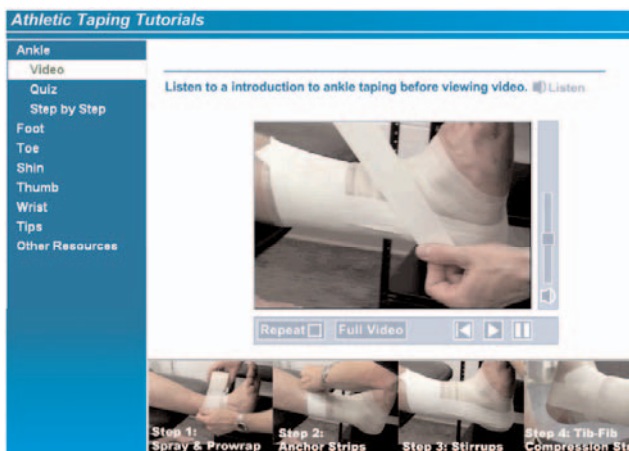
UW head athletic therapist Rob Burns is taking his teaching to the next level.

Burns, who teaches KIN 140 – Sports Injuries Management Lab, is the most recent instructor to make use of technology in the classroom in the form of a Learning Object.

After taking an instructional course through UW's centre for Learning and Teaching Through Technology (LT3), Burns decided that his students would benefit from an interactive video Learning Object to more effectively teach the art of athletic taping. This is an integral skill for those enrolled in the lab, as many of the KIN 140 students become student trainers for varsity athletics teams.

After producing a Learning Object for ankle taping, Burns plans to continue to add to his Learning Object method. Next up for KIN 140 is Learning Objects for athletic taping for other joints and body parts, as well as different examples of various methods used by professional athletic therapists and trainers.

The Learning Object method, pioneered by UW LT3 Centre, allows students to learn through interactive media interfaces on computers rather than through the traditional method of lectures and textbooks. They currently have 6 tape jobs completed and are collaborating with Sheridan College on expanding the project to include anatomical diagrams.



Kim Saunders enjoys co-op placement with CFL

By Adam McGuire

UW student Kim Saunders recently enjoyed a co-op placement she will not soon forget.

Saunders, a Recreation and Business student and league coordinator for Campus Recreation, served as Coordinator of Partnership Marketing at the Toronto offices of the Canadian Football League last fall. And while a job in professional sport is exciting on its own, Saunders was even more fortunate to be with the CFL during its premiere event — the 93rd Grey Cup in Vancouver last November.

"It was incredible," said Saunders of working with the CFL and during Grey Cup festivities. "It was definitely more than I expected. They were great in letting me learn on the job."

In addition to working directly with the league's corporate partners and sponsors, Saunders was also responsible for the coordination of two VIP sponsorship events on Grey Cup week — one on the Friday preceding the game, and one on Grey Cup Sunday.

"We did a lot of entertaining," Saunders said. "But we worked hard too!"

Saunders said her co-workers at the CFL offices were a tight-knit group, as the 22-person offices housed everyone from marketing co-op students to senior Vice Presidents to Commissioner Tom Wright.

Throughout her co-op placement and in the weeks leading up to the Grey Cup, Saunders was able to meet a number of prominent figures in the league, including Calgary head coach Tom Higgins, Toronto head coach Mike "Pinball" Clemons and quarterbacks Danny McManus and Damon Allen. As an added bonus, Saunders was also able to meet the Black Eyed Peas, who performed the halftime show at the Grey Cup.



Kim Saunders (right) hard at work at a CFL playoff game last fall in Calgary

Black and Gold 50th Celebration Information

2007 marks the 50th year of the University of Waterloo and Warrior/Athena Athletics. To commemorate this benchmark, Athletics is preparing for the biggest celebration, to date, of all the programs and athletic accomplishments over this time.

June 22-23-24, 2007, will be a weekend of endless story telling, a GALA all-

comers dinner, an evening of memories and old acquaintances, and photos to die for! There is so much to celebrate and so many friendships to rekindle among coaches and athletes.

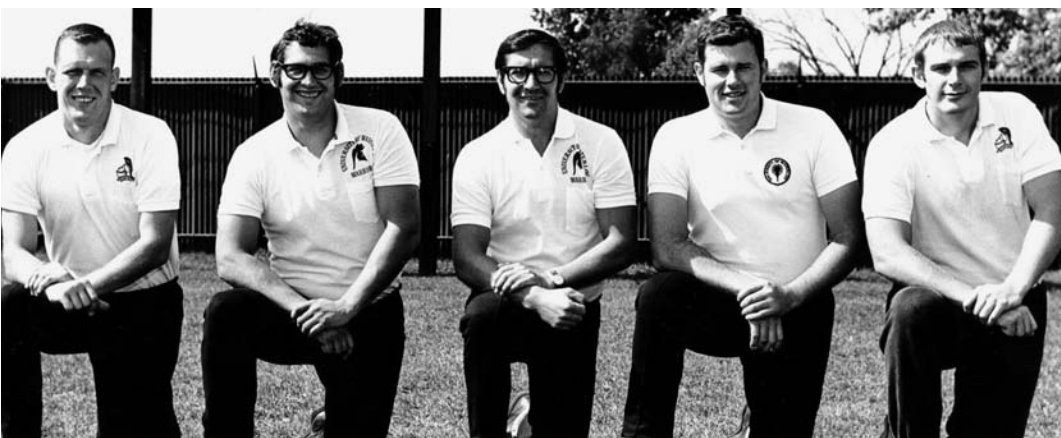
Saturday evening, June 23rd, there will be a huge dinner and evening in the PAC main gym for all those athletes and friends of Athletics. During the Friday through Sunday time period, there will

be several single sport reunions. These reunions are being hosted by local athletic alumni. These are your team mates and they are very excited.

To date, the following sports have planned reunions and their reunion contacts are listed. These individuals are acting as the source of information for their committee. There will be additional reunions but these are the

ones that are underway with their planning at the time of this writing. If you have further questions, please write one of these people or myself.

Plan to attend. Call a friend from the past. Registration will be on line through the Athletics web site but not until nearer the date. We promise to add to this information each and every newsletter.



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Alumni Spotlight: Dan Shea

By Adam McGuire

Hockey alumnus finds success on big screen

The life of a CIAU athlete in the world's fastest sport just wasn't thrilling enough for former Warrior hockey player Dan Shea. So naturally, he became a television stunt performer. Shea, who played for the Warriors men's hockey team in the 1970s, has been living and working as a stunt performer in Vancouver for over 15 years. He is currently on the TV series *Stargate SG-1*, as a performer and the series' stunt co-ordinator.

As a graduate from UW's renowned kinesiology program and a varsity hockey player, Shea said his student-athlete background is constantly making its way into his life as a stuntman.

"It all ties in," said Shea, 51. "With Kinesiology, it's the lever system, how you fall and muscle awareness. And it's also the focus one has in hockey. There's stuff going on all around you, there's all this chaos and you have to have total focus just like in hockey in the old days." Shea, who still coaches hockey in Vancouver, left

Waterloo with aspirations of playing professional hockey in Europe. But after an eye injury ended his career, he moved to Vancouver and began auditioning for commercials. Soon after, he got his first stunt job subbing for Richard Dean Anderson in the TV series *MacGyver*. The rest, says Shea, is history.

Stargate SG-1 is by far the most extensive project Shea has been involved in over the years, as he serves as a stunt man and stunt coordinator on the series, as well as playing the regular role of Sergeant Siler opposite Anderson. However, when

asked to choose a few highlights of his illustrious career in the entertainment industry, Shea said the moments are too numerous to select.

"Doubling for Richard Dean is cool," Shea said. "And working on features is cool too. Doubling for Steve Martin in *Pink Panther*, that's definitely a highlight. But there are a million highlights." In addition to his work on television, Shea has also worked in many movies, including *Pink Panther*, *I Robot* and *Paycheck*. Shea also sites the work of his two daughters Joey and Stephanie in both entertainment and sports as highlights of his time in Vancouver.

Stephanie seems aligned to carry on the Shea tradition at the University of Waterloo, as she plans to begin her studies in kinesiology in the fall. She has also worked out with UW women's basketball coach Mano Watsa with eyes towards a tryout with the varsity women's basketball team.

Football

Warriors Announce 2006 Recruiting Class



The University of Waterloo Warrior Football Program is pleased to announce the early commitments of the following outstanding football players. These players have all committed early because they feel that the Warrior Football Program is the right place for them to be. They want to be a part of restoring the tradition of the late 90's "Back in Black" clubs that won the Yates Cup 2 out of 4 years. Special thanks must be given to All Star Football (Ron Dias) and Weir's Ontario High School Football Magazine (Heath

Weir) for the scouting and ranking services they provide to all Universities across North America. Here's an overview of these athletes:

- 2 of the 5 were chosen as the top overall football players in the province of Ontario regardless of position played. (from Weir's Magazine article on the provincial "fantastic five" football players)
- 2 are quarterbacks. These two are rated in the top 7 nationally as the best High School Quarterbacks to graduate this year (2006). (All Star Football)

- One is Canada's highest rated High School Wide Receiver (All Star Football)
- Two are rated in Canada's top 10 for high school running backs (All Star Football)
- Two are rated as one of the top 10 Defensive Backs in Ontario (Weir's Magazine)
- Two are rated in the top 10 for Defensive Lineman in Ontario (Weir's Magazine)
- Two are rated in the top 15 for Linebackers in Ontario (Weir's Magazine)

President's Golf Tournament 2006 set for Cambridge Golf Club



The University of Waterloo President's Golf Tournament will take place on Monday, June 5, 2006 at the Cambridge Golf Club. The sixth annual golf tournament is a collaborative effort between the Office of Alumni Affairs, the President's Office and Department of Athletics.

This premier event supports the University of Waterloo Athletics Excellence Fund, which has served

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This event has become the largest annual fundraising initiative for the UW Athletic Department. Over the past five years the tournament has raised over \$250,000.



Warrior brings volleyball experience to Thailand

By Adam McGuire

UW women's volleyball player Lana Vanderlee made sure she didn't waste her first summer as a varsity athlete. Vanderlee, the Warriors' setter and second-year kinesiology major, traveled with her mother and grandmother to Thailand in the summer of 2005 to help teach at a school in the small town of Hwai Yot. And according to Vanderlee, the trip was certainly worth while.

"Thailand was an experience that I will never, ever forget," said Vanderlee. "It was undoubtedly one of my most life-changing experiences." Vanderlee and her family arrived in Thailand in early July and, after touring in Bangkok,

reached their school of about 900 students. And while Vanderlee said the language barriers were difficult to overcome, she said the students were extremely appreciative of their Canadian visitors. "It was difficult teaching, because they really have very little understanding, and without knowing any Thai, it proved to be challenging and difficult," said Vanderlee. "(But) they were all very eager to learn, and very excited that we were in their school."

Vanderlee added that, to her surprise, volleyball was also very popular among the students in her school. This enabled her to stay fit and maintain her sharpness through her summer overseas.

"They had a volleyball team, and every day after school I coached them," said Vanderlee. "They had two boys and two girls, and they played beach style on a cement court in their gym, which was outdoors but had a roof. The kids loved to play, and loved to see me play. We did a fun game of staff versus students, which was an experience. The whole school watched, and cheered and screamed. They loved it."

Vanderlee added that the entire experience has aided her in both her studies and her athletic career, and she hopes to participate in a similar trip this summer to another part of the world.

Heather Moyle finds Olympic glory in Torino

By Adam McGuire

When Heather Moyle was the top female athlete at the University of Waterloo, the last thing on her mind was becoming an Olympic Athlete. But that is exactly what Moyle was this past February as the former Warrior multi-sport star turned breakman finished fourth along with driver Helen Upperton in the women's bobsleigh at the 2006 Olympic Winter Games in Torino, Italy. And although the experience may not have been a long time coming, Moyle said the grandeur of the event has yet to hit her.

"I honestly don't feel like I've really been there yet," said Moyle. "A lot of athletes dream of being an Olympian, but I don't think I ever dreamed of being an Olympian (because) rugby isn't an Olympic sport." Moyle, 27, is a UW Hall-of-Famer and a regular on the Canadian national rugby team. While at Waterloo, she also played

soccer and ran track. Moyle credits her busy life as a multi-sport student-athlete for preparing her mentally for such events like the Olympics.

"Being a CIS athlete, I've learned how to focus my attention in short slots of time, because I've had to," she said. "I just learned how to do the work, focus my energy and focus on exactly what needed to get done. "The fourth-place finish for Moyle and Upperton capped off what was a whirlwind season for the native of Summerside, Prince Edward Island as this was the first season Moyle was a member of the national bobsleigh team. In fact, before narrowly missing the podium in Italy, Moyle had only five months of experience as a breakman.

"The thing that drew me into

bobsleigh was not because I wanted to be an Olympian," Moyle said. "The challenge was so incredible. Can I learn a new sport? Can I learn to do it well? Can I learn it in five months? The Olympics were like a deadline."

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It is safe to say Moyle met that deadline, as the natural athlete translated her combination of

power and speed from the rugby field to the bobsleigh track seamlessly. In only one season, Moyle has already become among the fastest breakmen in the world. Upperton and Moyle have won four medals on the World Cup circuit this year, including a gold in St. Moritz, Switzerland in January.

And while Moyle said she and Upperton were disappointed not to have reached the podium in Torino, she was quick to praise the effort of her teammate and did not rule out competing in the next games in Vancouver in 2010. "It's hit me since then, how close we were (to a medal)," said Moyle. "And a lot can happen in four years. But the idea and potential of what can happen (in Vancouver) is so exciting."

For now, Moyle will turn her attention to completing her Master's degree at the University of Toronto, as well as gearing up for yet another major international athletic competition - Moyle and her Canadian teammates will host the Rugby World Cup in Edmonton from August 31 to September 17.



Curler Steve Utz honoured for volunteerism



by Barbara Elve, Communications & Public Affairs

WATERLOO, Ont., Jan. 10 - University of Waterloo students not only attend classes, write essays and study for exams, they manage to find time as volunteers to help out local youth, immigrants, seniors - even urban wildlife.

The 2005 President's Circle Awards for Volunteerism honoured 10 of those students whose work has made the

campus, the local community and the world a better place to live.

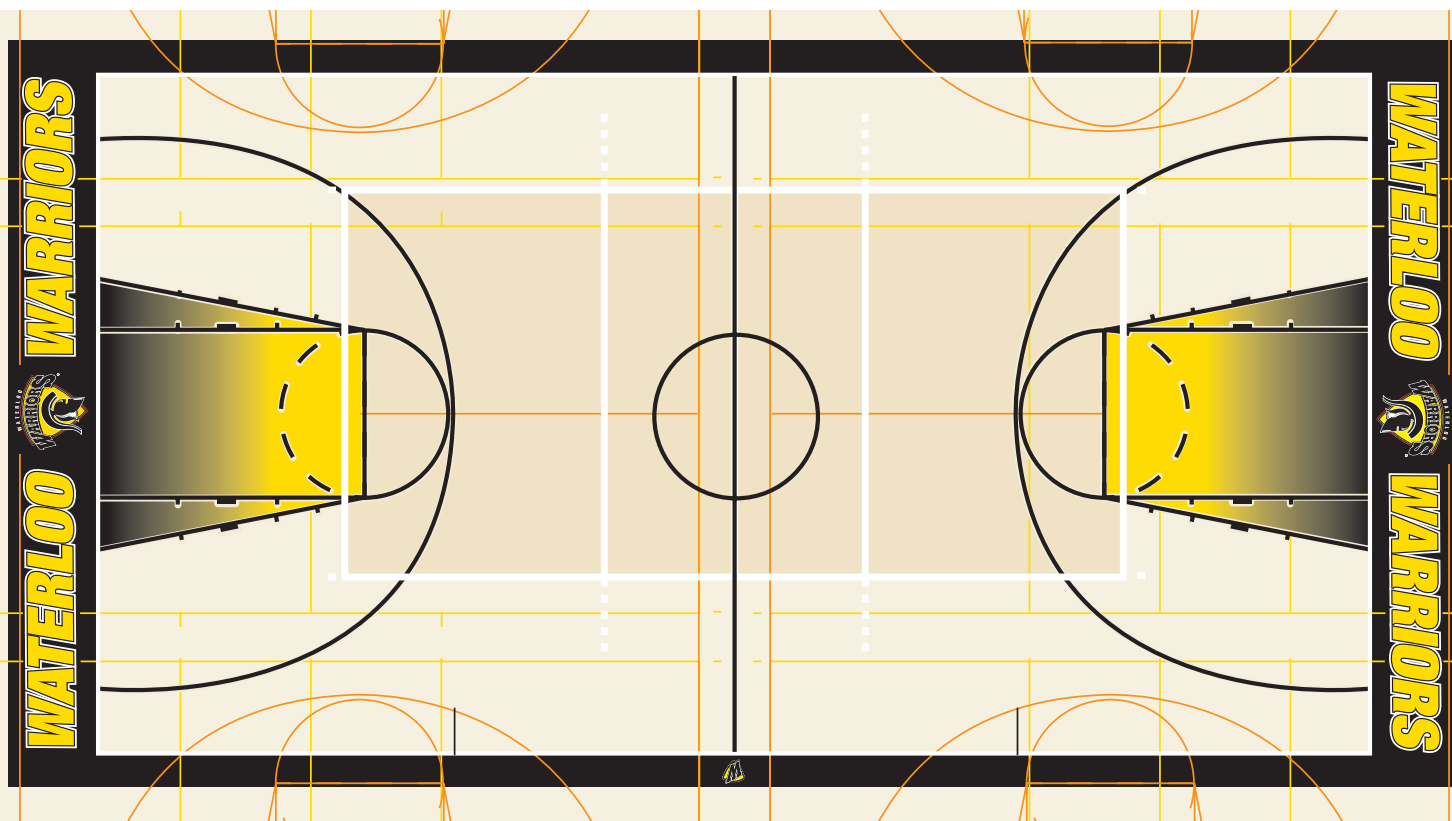
Established in 1997, the annual awards recognize the significant contributions of full - or part-time students, who find the time to squeeze volunteer jobs into their busy academic schedules.

Steve Utz, a fifth year a master's student in Planning from Fonthill, Ontario, has worked with the student newspaper Imprint, the Environmental Studies Coffee Shop and the Curling Club.

PAC Floor receives facelift

After 35 years the Physical Activities Complex gymnasium floor will receive a new paint job and a new look. The traditional UW logo will no longer don mid court. Instead, a cleaner outline of the volleyball and basketball court will be unveiled with our Warrior colours and logo being featured at each end.

"In an ongoing effort to refurbish all the facilities, and, with the passage of time, we are renewing the PAC gym floor," stated Athletic Director Judy McCrae. "The lines of the different sports have changed over the years allowing us to become state of the art ready. We are changing the graphics that all will see providing a more modern and more upbeat look."



Webcast project a success

Over the course of 2005-2006, the Athletic Department broadcasted over 25 games over the internet. "The numbers have shown that there is an interest in Waterloo sports," commented Marketing Manager Jim Hagen. With the success of program, Warrior fans can expect to hear more live games next season.

Curler Amber Gebhardt part of Ontario Championship

Amber, a third year Recreation student from Listowel, Ontario, played lead for the Lisa Farnell team from Peterborough that captured Gold at the Ontario Junior Provincial Curling Championships that took place in January 2006.



Keith Rivers (left) and Chris Gilbert call a game from the Columbia Icefield

Hall of Fame to Honour Three New Inductees

On April 29, 2006 three new members will join the University of Waterloo Athletics Hall of Fame. The 23rd annual induction ceremony will pay tribute to Don McKee (Coach: Hockey, 1985-1997), RobTown (Athlete: Track & Field, 1976- 1982), and Paul Marchildon (Campus Recreation, 1984-1987).

The 2006 Induction Dinner will once again be hosted at the South Campus Hall in the Festival Room starting at 6:00pm on Saturday, April 29.

Paul Marchildon

By the time Paul graduated from the University of Waterloo with his B.A. in Recreation and Leisure studies in 1987, he had become a mainstay at the Warriors campus recreation offices.

Paul got his first taste of the Campus Recreation department in 1984 when he became an instructional coordinator in the fall term.

During his time as instructional coordinator, Paul organized, staffed and budgeted fourteen instructional programs and oversaw the actions of sixty-plus instructors

Paul served as the instructional coordinator again during the spring 1985 term, as well as becoming a fitness instructor at the same time. He continued teaching fitness classes while holding numerous positions with the department, including a term as coordinator of conveners and a term as basketball convener in 1986. By the time he was nearing the completion of his degree, Paul had taken on the task of creating a photo database for campus recreation, as well as becoming a media liaison and fundraiser for the department.

During his time as instructional coordinator, Paul organized, staffed and budgeted fourteen instructional programs and oversaw the actions of sixty-plus instructors. In addition, Paul still managed to hold a chair on the Feds council from 1985-1987 and was awarded with the Federation of Students Outstanding Student Leader award in 1987.

Paul received his B.A. in 1987. In addition to Paul's extensive work with Campus Recreation, he graduated as a four-year member of the Dean's Honour Roll.

Rob Town

The University of Waterloo has never seen another track athlete quite like Rob Town.

Town, a Warrior from 1976-1982, was a true renaissance man of track and field, competing — successfully — in nearly every discipline of the sport. His best showings were usually in the power events, where Rob won most of his 10 career OUAA gold medals in the javelin, shot put and discus. However, Rob was also a threat in the events of endurance and athleticism, as he was among the province's top pole vaulters and relay runners during his time as a Warrior.

Rob had made a special request to take a year's sabbatical for the 1979-80 school year in order to prepare himself for the Canadian trials for the Moscow Olympic Games in the summer of 1980. However, the trials were cancelled and the Canadian team boycotted. Town never got another chance to compete for an Olympic berth.

However, Town managed to become one of the most decorated Canadian track and field athletes of his era. He was the 1978 Canadian indoor

Town managed to become one of the most decorated Canadian track and field athletes of his era. He was the 1978 Canadian indoor decathlon champion, the 1982 Canadian outdoor decathlon champion and he earned a sixth-place finish in the decathlon at the 1978 Commonwealth Games

decathlon champion, the 1982 Canadian outdoor decathlon champion and he earned a sixth-place finish in the decathlon at the 1978 Commonwealth Games. His UW shot put record stood for an incredible 19 years, being broken this season by Justin Lutchin.

Rob graduated from the faculty of optometry in 1982. He is currently an optometrist in Orillia, Ontario.

Don McKee

There aren't a lot of UW hockey players that haven't been affected by Don McKee.

McKee, a mainstay in the local coaching community for over 25 years, will enter the UW athletics Hall of Fame with virtually every Warrior hockey coaching record to his name.

McKee coached the Warriors for thirteen seasons from 1985-86 to 1997-98, compiling an unbelievable regular season record of 201-84-29. In addition to coaching more games than any other Warriors coach (314), McKee also holds the record for most wins (201), most consecutive playoff appearances (13) and most points in a season (44). His career winning percentage is an

McKee coached the Warriors for thirteen seasons from 1985-86 to 1997-98, compiling an unbelievable regular season record of 201-84-29. In addition to coaching more games than any other Warriors coach (314).

astounding .705, as a McKee-led team never finished below .500 in any of his 13 seasons.

A former coach of the Kitchener Rangers and Guelph Platers of the OHL, McKee took over the Warrior program in 1985 and reformed it from the bottom up. Under McKee, the Warriors finished second at the CIAU national championships in 1991 and 1996. In 1989, McKee became the only UW coach to win the Father Kehoe Memorial Trophy as CIAU coach of the year.

Since leaving Waterloo, McKee, a lifelong teacher of the game, has coached a number of teams throughout the World. In addition to leading the Sheffield Steelers to a British Superleague title in 1999, McKee was an assistant coach with Team Canada's Spengler Cup gold medal-winning team in 1997.

Since 2000, McKee has been the head coach of the Odessa Jackalopes of the Central Hockey League. In his time in Texas, McKee has won a Coach of the Year award (2000) as well as leading his team to a Governor's Cup trophy as regular season league champions in 2002.

UW Shop Prepares for 50th

"In preparations for the University's 50th anniversary in 2007, the UW Shop closed from January 23 through to March 5," writes Susy Kustra of retail services. The last major renovation at South Campus Hall took place in 1994. Check the new look with 50th Anniversary and Warrior Wear merchandise at South Campus Hall or visit <http://www.uwshop.uwaterloo.ca/warrior.html> for details.



Waterloo ranks #1 in Maclean's

Release no. 245
-- November 6, 2005

WATERLOO, Ont. -- The University of Waterloo has retained its position as the #1 "Comprehensive University" in the country, and #1 "Best Overall" ranking by reputation in the nation in Maclean's magazine's annual universities issue.

Waterloo also captured a number of other firsts. It was named "most innovative" in the national reputation survey, and it swept all the reputation categories -- No. 1 Highest Quality, No. 1 Leaders of Tomorrow, No. 1 Most Innovative, and No. 1 Best Overall -- among Comprehensive Universities.

"The University of Waterloo community is very pleased with this wonderful news," said UW President David Johnston. "This is testimony to our people -- our students, faculty, staff and alumni around the world. We couldn't be more proud of them."



<http://www.uwaterloo.ca/macleans/>

UW 50th anniversary leaders named - UW Daily Bulletin March 10

A retired dean and a retired staff member have been named co-chairs of the organizing committee for UW's 50th anniversary, which falls on July 1, 2007, and is expected to involve a full year of celebrations.

The new leaders are Bob Norman, dean of applied health sciences 1991-97 and now a distinguished professor emeritus in the kinesiology department, and Shirley Thomson, retired after a UW career in which she served as executive assistant to the provost and later to the dean of mathematics.

"Both were very active members of the UW community and continue to be as retirees," says a memo from UW president David Johnston, telling members of the 50th anniversary committee and its subcommittees that "I know you will give both Bob and Shirley your enthusiastic support."

K-W welcomes medical students

From Daily Bulletin - Friday, February 10, 2006

Ontario will create four "new campuses" at which existing medical schools will train more doctors, government officials announced yesterday, and one of the four will be housed at UW's health sciences campus in downtown Kitchener.

"Ontario must train more doctors, and we're meeting that need by creating 104 additional first-year medical spaces," said Chris Bentley, Minister of Training, Colleges and Universities. "As part of this expansion, medical school education will be offered in four additional communities. This will increase opportunities for students to study closer to home."

UW Campus and western Ontario phone numbers to change this summer - UW Daily Bulletin March 6

There will be more digits to dial on just about all phone calls starting this summer, with changes to UW's extension numbers and to Bell Canada's dialing system for western Ontario. Here's what's happening:

Bell is introducing "ten-digit local dialing" throughout the 519 area code, which includes Waterloo Region. That means every time you make a local call, you'll have to dial something like 519-888-4567 (for the UW switchboard).

Back on campus, meanwhile, the Telephone Services unit of IST is reporting that it's running out of four-digit phone extensions. "The solution is to move to five-digit dialing," Telephone Services unit of IST is reporting. That change will be effective on the evening of August 8, the day after the Civic Holiday. Most existing extensions will add a 3 in front of what's there now.

Men's Hockey

Warriors bow out in round two



The Warriors fell to the Laurier Golden Hawks in three games in the OUA quarterfinal. After taking game one 6-2 at the Columbia Icefield, the Warriors lost two straight to the Hawks (5-2 in game 2) and 6-4 in final and deciding game.

The Warriors defeated the Brock Badgers 2 games to 1 in round one of the OUA playoffs.

Waterloo had their best regular season since the 2000-2001 season compiling a 15-6-3 mark for 33 points and ranked them 3rd in the OUA heading into the postseason. The year was highlighted by an eleven game unbeaten streak just prior to the Christmas break.

Goaltender Curtis Darling was named an OUA first team all star and the MVP of the OUA West conference. Curtis was the workhorse for Waterloo in the nets. He was 13-6-3 with a 3.41 GAA. Forward Kevin Hurley was also recognized receiving a second team all-star honour.

Men's Basketball

Season ends on buzzer beater

Waterloo was upset in the OUA quarterfinal playoff as Windsor's Ryan Steer hit an improbable 3-pointer at the buzzer to stun the Warriors 61-58.

Waterloo was down 33-19 at half but fought back to tie with 17 seconds on the clock. However the Lancers ended any hopes of Waterloo returning to the final 10 in Halifax.

The Warriors finished the regular season with a 13-9 overall record and were the fourth seed heading into the postseason.

Graham Jarman was named an OUA first team all-star and first year guard David Burnett was named to All-Rookie team.



Swimming

Chernukhin claims 4 bronze at OUA's

Oleg Chernukhin led the Men Warriors to a 5th place finish (306 points) at the OUA Championships held at Laurentian University on February 10-12. Chernukhin claimed bronze in the 50m and 100m back along with leading off the bronze medal winning 4x50m and 4 x100m medley relays.

At the CIS Championships, a talented foursome of Warriors represented Waterloo including Chernukhin, Alex Watson, Brandon Crawford, and Kader El-Fityani. Chernukhin cracked the top ten (9) in the Men's Senior 50 Back while Watson finished in the top ten (9) in the Men's Senior 200m Fly event. All four Warriors competed in three relays (400m Free, 800m Free, 400m Medley) and finished 9th, 11th, and 11th respectively.

The Women finished in 11th spot (43 points at OUA's) highlighted by Caroline Amyot who had the meet of her swimming career. She finished 13th in both the 200m and 400m IM after initially being ranked 27th and 26th respectively on the psych sheets. The 43 points accumulated by Waterloo easily surpassed last year's point total of 16.



Women's Volleyball

Waterloo had their best season since 1996-1997 with a 9-10 record placing them 5th in the tough OUA West division. Middle-blocker Sarah Watters and leftside Gaby Lesniak were both named as 2nd Team All-Stars for the OUA West Division. This is Watters' first all-star selection, while it is the 2nd for Lesniak.



Cross Country

Arnald competes in World University Games in Algeria

Scott Arnald, a fifth year Environmental/Business student from Waterloo, Ontario represented Waterloo and Team Canada last month at the University Games in Algeria, March 24. Arnald finished 34th overall in a time of 29.59 for the 10km course. He was the first Canadian runner to finish. Team Canada finished in 7th place.

"I was excited to run for the Warriors and Canada at my first International competition," Scott mentioned.



Scott Arnald (#18) poses with Team Canada

Track and Field

12-Year Best for Track & Field Men

Ten of UW's elite athletes travelled to the University of Saskatchewan early last week to compete in the 2006 CIS Track and Field Championships. These championships showcase the best athletes in the country with only the top 12 competitors in each event qualifying for the championships.

Overall, the team score was an extremely impressive result for the UW men's squad. The team earned a total of 15 points which was enough for the 8th place (including ties). This was the best finish for the men's team in the past 12 year's. Previous team best (on record) was in 1995 with a 10th place finish and in 1996 the team scored 11 points.

For all the results please visit: <http://www.warriortrackandfield.uwaterloo.ca>

Figure Skating

Five Skaters earn OUA-All-star status

The Warriors finished in fourth place this year at the OUA Championships hosted by Brock on February 24-25. Waterloo was in third place by the end of day one, but unfortunately they were unable to hang on and dropped to fourth place by the end the event. However, there were a number personal best skates and the Warriors should be very proud of their accomplishments.

Daniela Cotesta - 1st Place - Open Ladies Freeskate

Sheridan Hinnegan - 1st place - Gold Dance

Katie Benkovich - 1st place - Pairs Fours

Cara McMahon - 1st place - Pairs Fours

Daniela Cotesta - 1st place - Pairs Fours

Dorothy Skoneiczka - 1st place - Pairs Fours

Nordic Skiing

Athlete of the Year to Represent Canada

Andrea Dupont placed 4th at Nationals and earned a spot at World University Games Team to compete in Torino, Italy in 2007.



Football

Three Warriors selected to CIS Football All-Star Game

Tobin Pyear, Steve Campbell and Travis Gellatly have been selected to participate in the fourth annual East-West Bowl. The game will be held at PEPS Stadium of Laval University in Montreal on May 13.

Launched in 2003, the East-west bowl serves as a showcase for athletes entering their CFL draft year. 30 of the 48 invitees to this year's CFL evaluation camp played in the 2005 East-Bowl Game. This event, organized in partnership with the CFL and NFL, will bring 96 of the top University football players in the country for a week of practices, evaluation and activities, culminating in the East-West Bowl game at 1:00 pm on Saturday, May 13, at PEPS Stadium of Université Laval.



Steve Campbell



Travis Gellatly



Tobin Pyear

Swimming

Hall of Famer breaks masters world record



Alumnus and Hall of Famer Lynn Marshall (BMath – CS '83) recently broke a Masters swim record at the University of Ottawa's Pool, by swimming the 200 meter backstroke in a time of 2:31.5. This is a new world record for the age

category of 45 to 49 years old for Women. The previous record was 2:34.50. The swim also shattered the old Canadian Record of 2:40.78 and Ontario record of 2:40.78. She is the current head coach the Carleton Ravens and Carleton University Masters Club. Marshall was named Waterloo's Female Athlete of the Year and inducted into the Waterloo Hall of Fame in 1983.

Soccer

Former Soccer All-Canadian Steven Flatt wins Math Award

Steven Flatt (BMath'05 AM/CS) recently won the K.D. Fryer Medal for high academic standing in mathematics together with good student citizenship.



Winter OUA All Stars and Awards



Women's Volleyball

Sarah Watters – M (2nd Team)
Gabriella Lesniak – L (2nd Team)

Men's Basketball (OUA West)

Graham Jarman (1st Team)
David Burnett (All-Rookie Team)

Nordic Skiing

Bryon Hughson
Harry Seaton
Andrea Dupont

Squash

Eric Dingle (1st Team)

Swimming

Oleg Chernukhin

Figure Skating

Daniela Cotesta - 1st Place - Open Ladies Freeskate
Daniela Cotesta - 1st place - Pairs Fours
Sheridan Hinnegan - 1st place - Gold Dance
Katie Benkovich - 1st place - Pairs Fours
Cara McMahon - 1st place - Pairs Fours
Dorothy Skoneiczka - 1st place - Pairs Fours

Men's Hockey

Curtis Darling (1st Team All-Star and OUA West MVP)
Kevin Hurley (2nd Team All-Star)

Track & Field

Scott Arnauld – OUA All Star and CIS All-Canadian

Men's Hockey

Warriors raise \$630 for Sebastien Savage Fund

Through the second half of the season the Warriors sold bracelets and collected donations in support of Sebastien Savage.

Sébastien Savage, 24 years old, from St-Albert, Ontario was the victim of a tragic fall during a hockey game while playing for Université de Moncton, on October 22, 2005. This accident has left Sébastien a quadriplegic. As a key member of the Université de Moncton Aigles Bleus hockey team, Sébastien's teammates created the Sébastien Savage Foundation to assist him and his family in offsetting costs related to this major life change.

Former Coach Taylor Named to ECHL All-Star Game Coaching Staff

Karl Taylor, former Warrior head coach and current Director of Hockey Operations and Head Coach of the Reading Royals of the East Coast Hockey League served as head coach in the annual ECHL All-Star Game on January 24 at the Save Mart Center in Fresno, California. Taylor was chosen by virtue of his club's conference-high win percentage through January 3.

Taylor was the head coach of the Warriors from 2003-2005.



Women's Hockey

Geraldine Heaney's #91 retired by Aeros

The Toronto Aeros of the National Women's Hockey League (NWHL) retired Geraldine Heaney's #91 in a ceremony at Seneca College on February 21st when the Toronto Aeros and Brampton Thunder met in what was truly memorable night. Heaney has won pretty much every award and tournament worth winning and has been a stellar proponent of Women's hockey world-wide. Heaney has been the coach of the Women Warriors since summer 2005.



Basketball

Former Warrior wins Raptor Jersey

Kenneth Haggert ('80-'83) was the lucky winner of a Chris Bosh Raptors jersey at an alumni event early this year on February 13, 2006 at the Air Canada Centre in Toronto. The 7'1" Haggert posed with UW President David Johnston and football alumnus Bob Hunter (BSc - KIN '76) to receive his prize. Hunter is currently the Senior Vice President and General Manager of the Air Canada Centre. He manages the day-to-day operations of all Air Canada Centre and has a prominent role with Maple Leaf Sports and Entertainment Ltd., including new business developments underway. The picture was taken at the Air Canada Club Restaurant. Over 460 alumni attend.





2005 - 2006 Athletes of the Year

Andrea Dupont: Nordic Skiing

Andrea is a graduate student in the field of biochemistry from Timmins, Ontario. She has been a Nordic team member for the past six years while both an undergrad and grad student.

Her career stats are outstanding. She has been an OUA All Star in her sport 5 of her 6 years and then only missed that 6th year as she was very sick on that weekend. She has been an All Canadian for the past 3 years by finishing in the top 6 of her events.

At the national championships, Andrea has competed against Olympic skiers whose name you will

recognize- Becky Scott, Sara Renner and Chandra Crawford- all Olympic medalists.

Andrea's performance this winter at the nationals has earned her a berth on the World Student Games Nordic Championship Team in Italy in 2007.

Andrea is known for her athletic talent particularly her ability to adapt on race day to whatever the conditions and whatever the needed strategy. Known for her power and pure speed, Andrea is always viewed as a target on the race course.

Scott Arnald: Cross Country and Track

Scott, a 5th year Environmental Studies and Business student from Waterloo, Ontario has captured the Totzke Trophy for the University of Waterloo male athlete of the year. Scott competes in both Track and Cross Country for the Warriors and there are several accolades over his career worthy of this award.

Scott has been the leader in the track events of the 1500m and the 3000m for the past five years. Scott's performances in cross country have steadily improved to culminate this year at the CIS championship where he won All Canadian status thus qualifying for the World Student Games Cross Country Championship in Algeria.

Scott has just returned from this international meet and was the first Canadian to cross the finish line in a very strong international running field, finishing 34th overall.

In total performance records, Scott has won 7 OUA medals and 4 CIS individual medals, in both sports. Scott holds the 2nd best All Time Warrior record in the 3000m and the 3rd best All Time Warrior record in the 1500m. He has been the MVP of the Cross Country team for the past three years and the track MVP in 2005. In addition to his athletics accomplishments, Scott has been an Academic All Canadian for 3 years.

Female Rookie of the Year

Brett Savin: Women's Golf

Brett Savin, a first year Math student from Salt Spring Island, B.C., has won the 2005-2006 University of Waterloo Female Rookie of the Year award. She was a major part of the Warriors success this past season. Brett played in all tournaments for the Warriors. She played a key role in helping the women's team to two silver medals and two bronze medals (including bronze at the OUA Championships) this past season. In six events, she finished top ten in five of those tournaments.

Male Rookie of the Year

Jimmy Latta: Men's Golf

Jimmy Latta, a first year Arts/Business student from St. Clements, Ontario has won the 2005-2006 University of Waterloo Male Rookie of the Year award. Jimmy was an integral member of the Warriors success and Gold Medal victory at the OUA Championships last Fall. He was named a 2nd team OUA All-Star for his outstanding play throughout the season.



2005 - 2006 Rookies of the Year



Alumni Spotlight: Judith LeRoy

By Adam McGuire

Former Warrior long-distance runner Judith LeRoy receives a first-hand lesson in both life and sport



LeRoy, a UW athletics Hall-of-Fame inductee in the class of 1996 (Athlete of the Year), recently returned from volunteering in Kenya where she was part of an optometry program (TWECS) to lend eye care and other medical attention to the poverty-stricken parts of the African nation. Third World

Eye Care Society (TWECS) is a non-profit, non-religious group started up by an Optometrist in Vancouver. And although Kenya is also a nation rich in marathon and long-distance running history, LeRoy has obviously gained the most from her medical volunteer experience.

"The days are filled with so many mini miracles and heartaches," said LeRoy via an email from overseas. "It's unbelievable. We were seeing about four hundred patients a day. We saw over 4000 patients total and we brought over 10 thousand pairs of glasses with us. It was my second mission, the first being 2 yrs ago to Cambodia."

Even though LeRoy and her fellow volunteers manage such high numbers throughout their examination clinics each day, she is quick to add that hundreds have to be turned away. And while the hours are long, LeRoy said the difference her and her coworkers are making is worth the long days.

"The amount of hugs, tears of gratitude, joy and laughter has been overwhelming," she said. "I wouldn't want to be anywhere else in the world right now. The Kenyan people have been so kind and the

children are so beautiful. I'd love to bring them all home with me"

From an athletic perspective, LeRoy said she has learned a lot from the marathon-mad Kenyans.

"I've been able to go out for a couple of little runs," she said. "The guards that patrol over our campus school zone have taken me under their wing. They laugh and cheer me on. They've also been kind enough to share their training secrets with me. If I want to be like a Kenyan runner I must run every day, and every day run longer and harder than the day before."

LeRoy is now back in Canada, and has resumed training and running in her hometown of Victoria, B.C.

2005 - 2006 Warrior Athletics Award Winners

Coach of the Year

Dave Hollinger, Golf

Director's Award

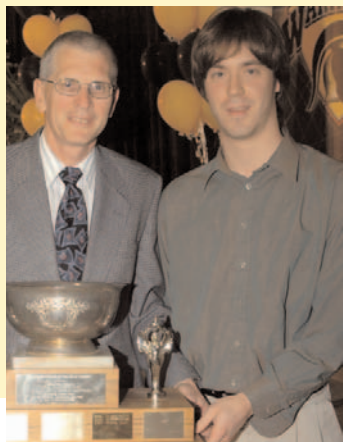
co winners, Sara Snable & Katie Benkovich

J.O. Hemphill Award

Matt Iannetta

Brian Farrance Therapy Award

AJ Saravanmuthu



Warrior Summer Camps

Volleyball

Warrior Women's Volleyball Camp

For girls born 1990-1992

Date: July 4-8, 2006

Location: UW Physical Activities Complex

Cost: \$185.00 (Accommodations Available)

You will receive instruction from the Warriors coaching staff and varsity athletes. Advanced technical skill, position specific drills, and alternative team systems will be the focus throughout the camp.

For more information, call Jason Grieve at (519) 888-4567 ext. 5692 or visit <http://www.warriorwomensvolleyball.uwaterloo.ca/>

Men's Hockey

Third Annual Shooting to Score Individual Hockey Skills Development Camp

For boys and girls ages 6-13

Date: August 21-25, 2006

Cost: \$175.00

Location: University of Waterloo Columbia Icefield Arena

This unique camp will provide each participant the opportunity to develop individual hockey skills in a challenging, fun environment. Each participant will receive over 12 hours of on-ice instruction over 5 days.

For more information, please call Brian Bourque at (519) 888-4567 ext 2635 or visit <http://www.warrioricehockey.uwaterloo.ca/> to download registration form.

Field Hockey

Warrior Field Hockey Camp – Creating Next Season's Champs

Date: August 23-25, 2006

Cost: \$100.00

For more information, please contact Ozias D'Souza at (519) 894-0576 or email ozias@golden.net

Deadline for applications: August 9, 2006

Women's Hockey

Future Warriors – University of Waterloo Girls

Hockey School (Ages 6-15)

Date: August 14-18, 2006

Cost: \$275

Location: University of Waterloo Columbia Icefield Arena. All off-ice activities will be held in the surrounding university recreational facilities.

For more information, please contact Geraldine Heaney at (519) 888-4567 ext 5526 or email gheaney@uwaterloo.ca. Or visit <http://www.warriorwomenhockey.uwaterloo.ca/>.

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