



# WORLD FEDERATION FOR MENTAL HEALTH

## *Fédération Mondiale pour la Santé Mentale*

### NEWSLETTER

Secretariat / 2001 North Beauregard Street, Suite 950 / Alexandria, Virginia 22311 USA / Tel: 703 838 7543 / Fax: 703 519 7648

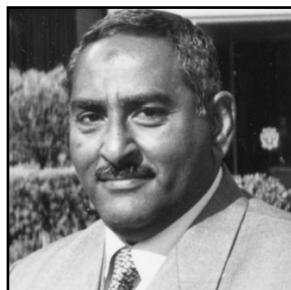
## *Rees Hemingway, Mead, Albee Lecturers Selected*

# Preparations Move Along for the WFMH World Congress

## Cairo, Egypt, 4-8 September 2005

### Theme: Equity and Mental Health

The 2005 WFMH World Congress takes place on 4-8 September 2005 at the Grand Hyatt Hotel, Cairo,



*Ahmed El Azayem, M.D.*

Egypt. Former WFMH President Ahmed El Azayem, M.D., is the Congress Chairman. The "call for abstracts" deadline is

31 May. The abstract form can be filled out online at the conference web sites, [www.wfmh2005.com](http://www.wfmh2005.com) (for high speed internet connections) and [www.medical-design.net/mentalhealth2005](http://www.medical-design.net/mentalhealth2005) (for regular internet connections). The registration form is also available online, and a list of hotels and hotel rates. Registration and hotel bookings made before 31 May qualify for "early bird" rates.

### **Rees Hemingway Lecture**

Highlights of the program include the special lectures that are a traditional part of the WFMH Congresses. *Norman Sartorius, M.D., Ph.D., FRCPsych.*, will give the Rees Hemingway lecture. Dr. Sartorius

joined the World Health Organization in 1967 and was Director of its Division of Mental Health from 1977 to 1993. He was President Elect and then President of the World Psychiatric Association in 1993-1999, and a professor at the University of Geneva from 1994-2000. He currently holds professorial appointments at several universities. Professor Sartorius has been invited to speak on the topic of the continuing impact of stigma and discrimination as a barrier to improving the global climate for mental health services, promotion and prevention.

The lecture was established in honor of Dr. Mary Rees Hemingway, one of the early women psychiatrists in Britain, and among the first staff members at the Tavistock Clinic when it was founded in 1920. She was one of the founders of WFMH (her husband Dr. John R. Rees was the first President and first Director). She had a passionate interest in positive mental health and the harmonizing of modern psychology, spiritual values and faith. After she died in 1954, soon after returning from a WFMH Congress in Canada, the Federation decided to recognize her work with a Congress lecture. The Trustee for the Hemingway Rees Lecture is MIND/UK.

### **Mead Lecture**

The Margaret Mead Lecture this year will be given by *Numan S. Ali, M.D.* (Iraq). Dr. Ali is a consulting psychiatrist at the Ibn Rushd Psychiatric Hospital in Baghdad, Secretary of the Iraqi Society of Psychiatrists, and a member of WFMH. His address will explore the topic of "the mental health implications of war, trauma and conflict in Iraq." He is a graduate of the College of Medicine at the University of Baghdad, and holds a Diploma of Psycho-

### New Postal Address for WFMH

The Federation is phasing out use of its post box. Please use the street address for all mail:

World Federation for  
Mental Health

2001 North Beauregard Street,  
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*(continued on page 3)*

## Message from the President

Dear Friends,

**M**ore than 60 million people worldwide have been affected by the HIV/AIDS pandemic. Of those infected approximately 20 million have already died (World Bank, 2005). It is the fourth leading cause of death globally and in some parts of the world it ranks as the leading cause of death. Despite efforts in prevention and treatment, the spread of the virus is rapidly growing in many parts of the world.

Sub-Saharan Africa (SAA) continues to be the region most severely affected by the disease. Approximately 29.5 million people in SAA are living with HIV/AIDS. More than 30 percent of the population is HIV positive and in some areas AIDS has reduced life expectancy by as much as 50%. According to Peter Piot, Executive Director of UNAIDS, "the epidemic is still in its early stages" and predictions indicate that there could be another 45 million from low and middle income countries infected by 2010 (UNAIDS, 2004).

I recently participated in the 2005 AIDS Impact Conference held in Cape Town, South Africa. This excellent meeting provided an international forum for delegates to share new ideas, information on innovative prevention programs and current research. Professor Brian Robertson, Director of WFMH's Collaborating Center on psychiatry and mental health in Africa, organized a symposium entitled "Mental Health Interventions in Developing Countries." President-Elect Shona Sturgeon and I were among the symposium participants.

We learned that despite the devastating personal, social and economic impact of the disease there has been relatively little attention given to the mental health needs of individuals, families and communities. Some of



the major mental health issues identified were depression, dementia, personality disorders, substance abuse and psychosis. Additionally, the complex nature of the disease can have a devastating effect on caregivers and on children. The AIDS pandemic has resulted in millions of children being deprived of normative family supports. They experience great economic hardships, abuse, and added vulnerability to opportunistic infections.

One of the overarching themes of this conference was the insidious role of stigma and discrimination on those affected by the disease and their families. Fear of social rejection, violence and being marginalized in their communities were some of the reasons given for people not finding out their HIV status or not seeking treatment when identified as HIV positive. The stigma and discrimination associated with HIV/AIDS causes profound pain and suffering and often leads to self-imposed isolation at a time when people are most in need of support.

According to Professor Melvyn Freeman of the Human Sciences Research Council of South Africa, an advisor to the World Health Organization, the lack of attention to mental health concerns in the HIV/AIDS pandemic is a serious omission that may have far-reaching consequences. Professor Freeman outlined a number of areas for WFMH's advocacy efforts:

- Creating an awareness and acceptance that mental health problems are both direct and indirect consequences of HIV/AIDS for a significant portion of people
- Encouraging a greater openness to seeking and using help for psychological/psychiatric problems
- Lobbying for mental health services to be included as part of care, support and treatment programs, and for resources to be allocated accordingly
- Encouraging the development of a system of care that includes community support programs to assist the many people whose mental health is directly and indirectly affected.

He also spoke about the need for mental health to be incorporated into overall policy and strategic plans for HIV/AIDS responses on local, national and international levels.

Our organization is in a unique position to be responsive to this challenge. We know the devastating effects of stigma and discrimination on people suffering from illness. We have a long history of creating a climate that fosters the political will for change and we believe there is no health without mental health.

In the coming months, under the leadership of Professor Brian Robertson, WFMH will be exploring the possibilities for addressing some of these important issues. I ask you to begin by including mental health concerns in the discussions of HIV/AIDS programs and policies in your Region. The time is now for WFMH's global family to join in the fight against this devastating pandemic.

L. Patt Franciosi, Ph.D.

*continued from page 1*

logical Medicine (DPM) from the Royal College of Surgeons in Ireland.

This lecture honors the distinguished anthropologist who was actively involved in the founding of the Federation in 1948, and served as President in 1956-57. Margaret Mead continued to play a role in the Federation for many years afterwards. She was listed as a keynote speaker at the 1979 Salzburg World Congress, and when she died before the conference the organizing committee established the Mead Lecture as a memorial, with the intent of reminding WFMH members of the cross-cultural nature of the Federation's interests.

### **Albee Lecture**

*Beverly Long*, former President of WFMH, will give the Albee Lecture. She has been a visionary in the global mental health prevention sector for more than 30 years, drawing attention internationally to the need for measures to include scientifically-based prevention in public health, and to assign appropriate budget support for it. She was President of the US National Mental Health Association in 1979-80, and of WFMH in 1995-97.

The lecture honors Professor George Albee. He has been a pioneer in advocating primary prevention as the only way to reduce mental disorders, arguing that there will always be insufficient manpower to provide one-on-one treatment for those who need care. He is Professor Emeritus of Psychology at the University of Vermont, USA, and Courtesy Professor at the Florida Mental Health Institute. Since his retirement in 1992 Prof. Albee has written extensively about the relation of social justice to prevention.

### **Gamal Mady Abou El Azayem Lecture**

A new named lecture will be added to the 2005 program to honor Dr. Gamal Mady Abou El Azayem. Dr. El Azayem, a highly esteemed psychiatrist in the region, was WFMH President in 1987-89 and headed the organizing committee of the 1987 World Congress in

Cairo. He is still warmly remembered by Federation members who knew him. His particular interests were in the prevention and treatment of substance dependence, which remain interests of his son, Dr. Ahmed Gamal Abou El Azayem, the organizer of this year's conference.

### **Special Symposia**

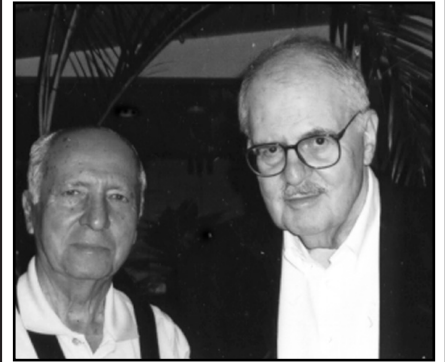
A special symposium on consumer/caregiver issues is in the program, in recognition of the importance of involving consumers and caregivers in treatment and in continuing care. The Center for Mental Health Services in the United States is arranging scholarships for a number of American consumers to attend.

Emeritus Professor Brian Robertson, M.D., is organizing a special symposium on the mental health consequences of HIV/AIDS. Prof. Robertson recently stepped down as chair of the Department of Psychiatry and Mental Health at the University of Cape Town, South Africa, where he specialized in child and adolescent psychiatry.

### **Membership Assembly**

The WFMH Member Assembly will be held on Wednesday, 7 September. The slate of officers and directors for the 2005-2007 Board of Directors will be presented by the Nominating Committee at this convocation of representatives from WFMH's voting member organizations. Other agenda items for the meeting will include reports from the WFMH President, Dr. L. Patt Franciosi, and the Secretary-General/CEO, Preston J. Garrison, as well as any Resolutions received from Voting Member Organizations. Several proposals to revise specific provisions of the WFMH policies and procedures manual are currently under review by an Organization Development Task Force for possible submission to the Voting Member Assembly. The agenda for the meeting, along with review documents, will be sent in mid-July to organizations eligible to vote at the Assembly

## Latin America



*René González, M.D. (left) and Eugene B. Brody, M.D. in Costa Rica*

René González, M.D., former mental health advisor to the Pan American Health Organization (PAHO), reviewed mental health developments in the Latin American region with WFMH Senior Consultant Professor Eugene B. Brody, M.D., in San José, Costa Rica in January 2005. Dr. Brody, WFMH President and Secretary General from 1981 to 1999, has a longstanding interest in the region. When he was a visiting lecturer in Brazil in 1962 he became a consultant to PAHO and its then senior mental health advisor, Jorge Velasco Alzaga, M.D., of Mexico. Subsequent Latin American connections included Costa Rica, and in 1982 he brought the late Alvaro Gallegos Chacón, M.D., of that country into the Federation as Regional Vice President. Dr. Gallegos, Professor of Psychiatry at the University of Costa Rica and advisor to his country's social security system, was a frequent colleague of Dr. González as a consultant to PAHO and WHO.

Since then the Federation has maintained close contacts with later PAHO mental health advisors, including Itzak Levav, M.D., and José Miguel Caldas de Almeida, M.D.



# Thank You To Our 2004 Donors

## MAJOR CONTRIBUTORS IN 2004

***Each year the Federation benefits from grants given by major donors to support its work, enabling it to undertake international projects and advocacy. We appreciate the recognition these grants represent, and are very grateful to the donors concerned.***

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WFMH thanks those who responded to appeals last year. Your generous donations help the Federation to fulfill its mission and are greatly appreciated. Donors to the Disaster Response Initiative are listed separately in the supplement to this newsletter.

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### **New Life Members in 2004**

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# UN Commission on the Status of Women

The ten-year review of the **Beijing Platform for Action** took place at the 49th Session of the Commission on the Status of Women at UN Headquarters, New York, from 28 February to 11 March 2005. The two-week session was an opportunity for governments to review the progress made since the landmark **1995 World Conference on Women in Beijing**, and underscored the need for them to do more to reach gender equality and to support the empowerment of women. The official meetings were attended by 80 ministers, over 1,800 other government delegates from 165 Member States, and seven First Ladies.

The Session was also an important NGO event. WFMH UN representatives, along with thousands of women from around the world, were engaged in what could be described as the very essence of global advocacy. More than 2,600 non-governmental representatives attended from all regions of the world.

## Declaration

The most significant outcome of the meetings was a Declaration adopted on 4 March reaffirming the governments' commitment to the Beijing Platform for Action. "This concise and powerful declaration is an unqualified and unconditional reaffirmation of the Beijing Declaration and Platform for Action and a pledge of further action for full and accelerated implementation of Beijing," said Kyung-wha Kang, Chairperson of the Commission on the Status of Women.

During the first week, the United States government had created controversy by objecting to parts of the Declaration. It interjected amendments that would have introduced anti-abortion language and reinterpreted international human rights positions within the Platform. The effort failed during a week of intensive negotiations, and the Declaration was eventually adopted by consensus.



*Drafting a statement at the Commission on the Status of Women: Nancy Wallace (left) and Ricki Kantrowitz at the computer, with Susan Feldman, Chueh Chang and Dick Donahue standing behind them.*

## WFMH Participation

Since 1991, WFMH UN representatives have been attending the annual sessions of CSW, contributing to discussions in regard to women and mental health. In 1995 a large WFMH delegation, headed by then President Beverly Long, attended the World Conference on Women in Beijing where the Platform for Action was adopted. Since then, as the Commission has reviewed various critical issues related to the Beijing Platform each year, the Federation's representatives have participated in direct advocacy. Along with an increasing number of other NGOs committed to mental health issues, they have organized expert panels and dialogues, initiated resolutions, and produced written and oral statements that have become a part of the permanent record of the UN Commission meetings.

At the 2005 CSW Session the WFMH delegation was headed by Nancy Wallace, the Federation's UN Main Representative and Chair of the UN NGO Committee on Mental Health (CMH). WFMH UN representative Ricki Kantrowitz, Co-Convenor of the CMH Working Group on Gender Perspectives and Professor at Westfield State College, USA, also played a leading role. Other WFMH representatives present were Chueh Chang, WFMH Board Member-at-Large and Professor, College of Public Health, Population and Gender Studies, National Taiwan University; Susan Feldman, one of the

original WFMH delegates in Beijing and Director, Alma Unit for Women and Ageing, a research and teaching unit at Victoria University, Australia; and Donna E. Stewart, Chair of Women's Health, University Health Network (a WFMH Collaborating Center) at the University of Toronto, Canada, and President of the International Association of Women's Mental Health. Two WFMH UN representatives, Dick Donahue, Co-Convenor of the CMH Working Group on Children, Youth and Mental Health, and Gary Belkin, Co-Convenor of the CMH Working Group on Human Rights and Mental Health and Deputy Director of Psychiatry, New York University School of Medicine, also attended. A group of Asian WFMH members participated in many events.

## WFMH Panel Presentations

On behalf of WFMH, the delegates organized two separate panels of experts on 1 March. In the first program, *Promoting Mental Well-Being for Asian Women*, the panel discussed best practices in mental health that promote healthy lifestyles. WFMH presenters included Shu-Yu Lyu, Secretary General, Healthy Life Alliance; Yen-Chi Ting, Board of Directors, Taiwan Society of Mental Health Social Work; Shu-Ying Wen, Social Worker, Garden of Hope; and Jane Chen, Board Member-at-Large for End Child Prostitution in Asian Tourism. The session was moderated by Professor Chang.

In the second program, *Mainstreaming Mental Health as Integral Strategy for the Advancement and Empowerment of Women and Girls*, the speakers focused on the promotion of psychosocial well-being and the improvement of mental health as a strategy for addressing a broad range of women's concerns. The panel was moderated by Nancy Wallace, and included Ricki Kantrowitz, who provided the background to the current CSW session; Chueh Chang, who set the scene in a health promotion context; and Susan Feldman, who discussed intergenerational relationships and how they provide support and a place for women within broader family relationships.

Also on the panel was Janice Wood Wetzel, Professor Emerita of Social Work, Adelphi University (USA), UN Main Representative for the International Association of Schools of Social Work, and Vice-Chair, UN NGO Committee on Mental Health. Professor Wetzel discussed diagnostic issues affecting women, including depression, eating disorders and substance abuse.

The final speaker was Professor Donna E. Stewart from Canada. Speaking as President of the International Association of Women's Mental Health, she discussed the recent development of an International Consensus Statement on Women's Mental Health, drawing together much of the previous discussion within a framework of women's mental health overall. Susan Feldman commented that "those attending this session would have been able to leave with a strong idea of the mental health issues facing women."

WFMH also joined with the International Association of Schools of Social Work to present an open dialogue on *The Tsunami and the Psychosocial Needs of Women*. Panel members, many of them from the tsunami region, spoke about the situation of women following the disaster. They noted that sexual violence was widespread and seldom acknowledged by officials. They reported that women wanted to take control of their own lives, to have their expertise recognized, and to be part of the reconstruction effort. They

did not want psychiatric interventions, or to be told what to do by outsiders. Nancy Wallace commented that if their psychosocial needs were met, some of their symptoms of shock, fear, sadness and grief might abate. This session was co-convened by Ms. Wallace and Dr. Wetzel.

### NGO Committee Presentation

On 10 March Ricki Kantrowitz organized one of the most heavily attended programs with co-convenor Karen Siegel (UN representative, Zonta International), under the auspices of the NGO Committee on Mental Health. The panelists speaking on *Critical Issues in Women's Mental Health* included Eileen Pittaway and Linda Bartolomei from the School of Social Work, University of New South Wales, Australia, where Dr. Pittaway directs the Centre for Refugee Research. Both spoke about the drastic circumstances that prevail in many camps for refugees and displaced persons, with particular mention of the Kakuma camp in Kenya. Their research revealed that lack of safety for women living in such camps make them anything but a place of refuge. Pamela Y. Collins, an Assistant Professor at the Mailman School of Public Health, Columbia University, New York, spoke on "Women and HIV: Global Challenges for Mental Health." Jane Lowicki, Advisor for Youth Protection and Development at the International Rescue Committee, discussed "Strengthening IRC's Work with Youth through Psychosocial Interventions." The final speaker, Maha Muna from the UN agency UNIFEM, spoke about "Integrating Mental Health into the UNIFEM Development Agenda."

In addition to the panels, WFMH representatives were responsible for drafting and coordinating a written statement on women and mental health submitted as part of the official documentation of the CSW. The statement was co-sponsored by 14 separate NGOs. The delegates also worked on incorporating mental health and psychosocial response into two resolutions adopted by the CSW, one on Gender Issues and the Tsunami Recovery Process and the other on Trafficking.



Outside the UN: (left) Chueh Chang, Nancy Wallace and Ricki Kantrowitz

At the 2005 session of the CSW, the number of programs on mental health increased significantly. Of particular note was a panel presented by the International Federation of Social Workers, on *Trafficking: The Problems Of Women And Girls Amidst Disasters*. Another program on *The Effects of Racism on the Advancement of Women* was co-sponsored by 11 organizations including the American Psychological Association, a WFMH member. The session on Strategies for Decreasing Domestic Violence was sponsored by the International Psychoanalytical Association.

### Useful Websites:

<http://www.un.org/womenwatch>

<http://www.un.org/womenwatch/daw/Review/english/news.htm>

<http://www.un.org/womenwatch/daw/Review/>

Declaration adopted by the Commission on the Status of Women at its forty-ninth session as orally amended on 4 March 2005 (pdf file):

<http://www.un.org/womenwatch/daw/Review/documents/Declaration%20issued%20by%20the%20CSW%20as%20revised.pdf>

### Official Documents:

<http://www.un.org/womenwatch/daw/csw/csw49/documents.html>

If you would like more information, please contact Nancy Wallace, WFMH UN Main Representative, [newallace@earthlink.net](mailto:newallace@earthlink.net)



## International Call to Action for Improved ADHD Care Launched

The World Federation for Mental Health has opened a new stage of its campaign to improve the diagnosis and treatment of children with attention deficit/hyperactivity disorder. Research has shown that the prevalence of ADHD is consistent across countries, affecting 3%-7% of school-aged children.

The initiative coincides with publication of a report by WFMH, *"Without Boundaries – Challenges and Hopes for Living with ADHD,"* that presents results from a survey of 938 parents of children with the disorder in Australia, Canada, Germany, Italy, Mexico, the Netherlands, Spain, the United Kingdom and the United States.

The survey showed that on average children with ADHD wait just under two years for diagnosis (although there are significant discrepancies among the countries surveyed). Among parents, 88% said they experienced stress or worry about their children's disorder, and 57% of the parents said their children had been excluded from activities by peers. Two-thirds (69%) of the parents surveyed recognized the symptoms in themselves. Research shows that ADHD is a highly hereditary disorder.

Professor Russell Barkley, Professor of Psychiatry at the Medical University of South Carolina, US, who has been closely involved in the development of the report, commented: "ADHD can have a pervasive, adverse impact on major life activities, affecting every facet of a child's life at home, at school and at play. If not diagnosed and treated effectively, it can limit an individual's potential into adulthood."

According to recent research, individuals with ADHD are more likely to hold less skilled jobs, with 75%-95% never completing college. Evidence shows that they are also involved in 3-to-4 times more car crashes than those who do not have the disorder.

Research also shows that many adolescents with ADHD are involved in teen pregnancy.

### Pledge Campaign

The cornerstone of the Federation's new initiative is a pledge campaign to bring parents and physicians together in a unified approach to increase education about the disorder and knowledge about treatment. "We ask all parents and physicians who are concerned about the potentially serious consequences of ADHD, for both children and their families, to make a pledge to take a few simple actions to address some unmet needs of ADHD diagnosis, as identified in the parent survey," urged Preston J. Garrison, WFMH's Secretary General and Chief Executive Officer. They are asked to consider the following steps:

- *I will learn all I can about ADHD to support my child and our entire family.*
- *I will meet regularly with my child's physician and teachers to make certain my child receives comprehensive treatment to help manage his or her ADHD symptoms – both at home and at school.*
- *I recognize that there are places where I can go to, such as parent and patient groups, for the support and help that I need.*
- *I will seek to become an advocate for my child, and for other families diagnosed with ADHD.*

WFMH hopes that the pledge initiative, together with the new report, will encourage physicians, educators, the media and parent support organizations to work together to ensure that the necessary assistance is in place for children with ADHD and their families.

*Details of the pledge initiative and copies of the full report are available on the WFMH website at [www.wfmh.org](http://www.wfmh.org), and results of the initiative will be released later this year.*

## WHO World Health Day 2005

The World Health Organization chose "healthy mothers and children" as the theme for World Health Day (7 April 2005). This is also the subject of this year's World Health Report, which for the first time was launched on World Health Day.

The slogan for World Health Day 2005 is "Make every mother and child count." WHO says that this "reflects the reality that today, the health of women and children is not a high enough priority for many governments and the international community." The campaign draws special attention to safe pregnancy and childbirth, and to the health of young children. Half a million women die during pregnancy and childbirth each year, and nearly 11 million children die before their fifth birthday.

The WHO web site at [www.who.int/world-health-day/2005/en/](http://www.who.int/world-health-day/2005/en/) carries information about women's and children's health. Chapters from the World Health Report can be downloaded, and an order for a printed copy can be placed at [who.int/whr/en/](http://who.int/whr/en/) (other languages are available as well as English).

10 October 2005

## WORLD MENTAL HEALTH DAY

### Announcing WFMH's 2005 Campaign Theme

The WFMH Board of Directors decided to continue last year's topic, the relationship between physical and mental health, for the 2005 World Mental Health Day education campaign.

Different aspects of the topic will be examined under the theme "Mental and Physical Health Across the Life Span." Through new materials prepared for this campaign, we will be exploring the following sub-themes: *A Healthy Start to Life; Growing Up Well; Health in Adulthood; and a Wellness Approach to Mental and Physical Wellbeing.*

If you wish to receive a copy of the World Mental Health Day 2005 Campaign packet, please submit a reservation form - located on our website, [www.wfmh.org](http://www.wfmh.org). The 2005 campaign material packet should be available by June 30.

## Fourth International Conference on Promotion and Prevention, 2006

OSLO, NORWAY SELECTED TO HOST THE FOURTH WORLD CONFERENCE ON THE PROMOTION OF MENTAL HEALTH AND PREVENTION OF MENTAL AND BEHAVIORAL DISORDERS

The Executive Committee of the Global Consortium for the Advancement of Promotion and Prevention in Mental Health (GCAPP) has selected Oslo, Norway, as the venue for the Fourth World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioral Disorders. The conference dates are 11-13 October 2006.

**Voksne for Barn** (Adults for Children), a non-governmental organization that has been active since 1960 and whose main objective has been to work for child and adult needs and interests related to mental health, will serve as the conference's Host

Organization. Its Secretary-General is Randi Talseth. It has been the National Partner in two European Union projects concerning children's mental health, and its programs cover both mental health information and support activities.

In making the selection for the venue and host organization, the GCAPP Executive Committee was impressed by the reputation of *Voksne for Barn*, the attractiveness of Norway for holding an international conference, and by the strong emphasis that the Norwegian government is placing on prevention of negative health factors and the promotion of individual and societal well-being. The committee believes that the country's goals outlined in "Mental Health Services in Norway: Prevention, Treatment, Care" reflect a strong national commitment that is in concert with the objectives of both GCAPP and the biennial world conference series.

Additional details about the conference will appear on the GCAPP website [www.gcappmentalhealth.org](http://www.gcappmentalhealth.org) as planning progresses.

## Are You a WFMH Member?

This number of the Newsletter is going to many friends of the Federation. If you wish to continue receiving it please be sure that your membership is up-to-date. If you are not yet a member, join us now! We need you and you need an NGO (non-governmental organization) accredited as a mental health consultant to the U.N. Fees for individual membership: developed countries, \$35; OECD developing countries, \$15; life member \$500; and library \$35 (U.S.). Your inquiries or check should go to WFMH, 2001 North Beauregard Street, Alexandria, VA 22311, USA. Telephone (703) 838-7525. Fax: (703) 519-7648. Email: [info@wfmh.com](mailto:info@wfmh.com) Website: [www.wfmh.org](http://www.wfmh.org)

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