



MEDIA RELEASE

City hosts Christmas lights walk

To celebrate the joy and excitement of Christmas, the City of Joondalup is holding a free Christmas lights walk on Sunday 17 December 2006 at 8pm.

The walk will showcase some of the stunning Christmas lights displayed in the suburb of Connolly. Last year over 80 people came along to the event, ranging in age from 12 to 70 years old.

“City of Joondalup residents take a lot of pride in their Christmas light displays – and the results are really spectacular,” said Mayor Troy Pickard, “This walk is a tour of some of the best”.

The Christmas Lights Walk is part of the Be Active Joondalup Walking Program, which provides members of the community with opportunities to participate in physical activity in a safe and motivating environment.

The proportion of people who are participating in sufficient physical activity has declined from 58 per cent in 1999 to 55 per cent in 2002. Sufficient physical activity is defined as 30 minutes of moderate activity on most, if not all, days of the week.

“The Be Active Joondalup Christmas Lights Walk is a great opportunity for new members and existing participants of the program. The City of Joondalup encourages adults and children of all ages to come along and join in on this exciting evening of fun and enjoyment” Mayor Pickard said.

Participants are asked to meet at Bonnie Doon Park, Bonnie Doon Gardens, Connolly, and to wear comfortable walking shoes and bring along their own refreshment.

For further information, please call the City's Recreation Officer on 9400 4920.