

## Abingdon

705 Thompson Drive / Abingdon, VA 24210-2355

**Email:** jnoe@wcs.k12.va.us / deanb@wcs.k12.va.us

**Principal:** Jeff Noe

**Assistant Principal:** Chad Wallace

**Athletic/Activities Director:** Skip Bailey (Interim)

**Superintendent:** Dr. Alan T. Lee (Washington)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Falcons

Ath Trainer  
Band Gary Holley  
Baseball Mark Francisco  
Basket, b B.J. Lasley  
Basket, g Milke Leonard  
Cheer Kitty McCormick  
Cr Writing Mary Jennings  
Crew, b  
Crew, g  
CrossC, b Don Cumbow  
CrossC, g Don Cumbow  
Debate  
F Hockey

Football John Bowles  
Forensics Melanie Arrington  
Golf Rick Ornduff  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine Cari Craighead  
Newspaper Merry Jennings  
Out Track, b Curtis Price  
Out Track, g Amy Pless

**Students** 975

**Gym Cap.** 1800

**Stad. Cap.** 6500

**Group:** AA

**Region:** IV

**District:** Southwest

Scholastic  
Soccer, b Milke Leonard  
Soccer, g Jimi Meyers  
Softball Jason Delp  
Swim, b Lora Kiser  
Swim, g Lora Kiser  
Tennis, b Adam Smith  
Tennis, g Mary Beverly  
Theatre Melanie Arrington  
Volley, b  
Volley, g Sarah Beth Mathesius  
Wrestling Clayton Scott  
Yearbook Pam Necessary

**Div.:** 4

**School Phone:** 276-739-3200

**Athletics Office:** 276-739-3217

**School Fax:** 276-628-1897

## Albemarle

2775 Hydraulic Road / Charlottesville, VA 22901

**Email:** mhaas@k12albemarle.org / dtyson@k12albemarle.org

**Principal:** Matthew Haas

**Assistant Principal:** Raynell Stokes, Carl Kiehn, Tim Driver, Jesse Turner

**Athletic/Activities Director:** Deb Tyson (CAA)

**Superintendent:** Dr. Pamela R. Moran (Albemarle)

**Assistant AD:** Rick Vrhovac

**Colors:** Blue/Red

**Mascot:** Patriots

Ath Trainer J. Kepple, L. Lubbe  
Band Greg Thomas  
Baseball Greg Maynard  
Basket, b Greg Maynard  
Basket, g Anita Jenkins  
Cheer Jen Kreitzman  
Cr Writing Charlotte Shifflett  
Crew, b  
Crew, g  
CrossC, b Buzz Male  
CrossC, g Lance Weisend  
Debate Not Filled  
F Hockey Courtney Remington

Football Rick Vrhovac  
Forensics Fay Cunningham  
Golf Greg Maynard  
Gymnast, b  
Gymnast, g  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Patrick McAdams  
Lacrosse, g David Sloan  
Magazine Charlotte Shifflett  
Newspaper Lori Reaser  
Out Track, b Tony Franklin  
Out Track, g Tony Franklin

**Students** 1700

**Gym Cap.** 1600

**Stad. Cap.** 3500

**Group:** AAA

**Region:** Northwest

**District:** Commonwealth

Scholastic  
Soccer, b Scott Jackson  
Soccer, g Jon Hall  
Softball Bill Hutchinson  
Swim, b Kyle Wilson  
Swim, g Kyle Wilson  
Tennis, b Chip Grobmyer  
Tennis, g Rich Lindsay  
Theatre Fay Cunningham  
Volley, b  
Volley, g Mark Ragland  
Wrestling Donnell Hopkins  
Yearbook Kim Aust

**Div.:** 5

**School Phone:** 434-975-9300

**Athletics Office:** 434-974-4308

**School Fax:** 434-974-4335

## Alleghany

210 Mountaineer Drive / Covington, VA 24426-9641

**Email:** rkennethhiggins@yahoo.com / crazyhokie74@yahoo.com

**Principal:** Kenny Higgins

**Assistant Principal:** John Hutchison, Dwayne Ross, Valerie Foutz

**Athletic/Activities Director:** John Hutchison

**Superintendent:** Dr. Robert P. Grimesey, Jr. (Alleghany)

**Assistant AD:** Jimmy Smith, Mark Keith

**Colors:** Col. Blue/Red/White

**Mascot:** Mountaineers

Ath Trainer Corey M. Bowles  
Band Scott Humphries  
Baseball Gary W. Rice  
Basket, b Charles Leitch  
Basket, g Danny Keene  
Cheer G. Haynes, A. Drew  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Howard Nicely  
CrossC, g Howard Nicely  
Debate  
F Hockey

Football Jack Baker  
Forensics Karen Swartzel  
Golf Marty Wood  
Gymnast, b  
Gymnast, g  
Ind Track, b Bob Umstead  
Ind Track, g Bob Umstead  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Bob Umstead  
Out Track, g Bob Umstead

**Students** 830

**Gym Cap.** 800

**Stad. Cap.** 3000

**Group:** AA

**Region:** III

**District:** Blue Ridge

Scholastic Charles Hopkins  
Soccer, b Gary Shepard  
Soccer, g Marlene Chapman  
Softball Not Filled  
Swim, b  
Swim, g  
Tennis, b Seth Cranford  
Tennis, g Jackie Almarode  
Theatre Karen Swartzel  
Volley, b  
Volley, g Jackie Almarode  
Wrestling Dale Burdette  
Yearbook Anita Proffitt

**Div.:** 3

**School Phone:** 540-863-1700

**Athletics Office:** 540-863-7118

**School Fax:** 540-863-1705

## Altavista

904 Bedford Avenue / Altavista, VA 24517

**Email:** cstanley@campbell.k12.va.us / dhubbard@campbell.k12.va.us

**Principal:** Clayton Stanley

**Assistant Principal:** Linda Eubanks, Ty Gafford

**Athletic/Activities Director:** Dean Hubbard

**Superintendent:** Dr. George E. Nolley (Campbell)

**Assistant AD:** Tim Fenn, Janet Grzenda

**Colors:** Orange/Black

**Mascot:** Colonels

|             |                 |              |               |
|-------------|-----------------|--------------|---------------|
| Ath Trainer | Angela Emerson  | Football     | Mike Sharnus  |
| Band        | Anthony Capone  | Forensics    | Donna Roberts |
| Baseball    | Jason Kilbourne | Golf         | Tim Fenn      |
| Basket, b   | Mike Cartolaro  | Gymnast, b   |               |
| Basket, g   | Deborah Spencer | Gymnast, g   |               |
| Cheer       | Lily Pressley   | Ind Track, b | Clifton Lee   |
| Cr Writing  |                 | Ind Track, g | Clifton Lee   |
| Crew, b     |                 | Lacrosse, b  |               |
| Crew, g     |                 | Lacrosse, g  |               |
| CrossC, b   | Darryl Smith    | Magazine     |               |
| CrossC, g   | Darryl Smith    | Newspaper    |               |
| Debate      |                 | Out Track, b | Clifton Lee   |
| F Hockey    |                 | Out Track, g | Clifton Lee   |

**Students** 442

**Gym Cap.** 1200

**Stad. Cap.** 3500

**Group:** A

**Region:** B

**District:** Dogwood

**Div.:** 1

|            |                   |
|------------|-------------------|
| Scholastic |                   |
| Soccer, b  | George Grzenda    |
| Soccer, g  |                   |
| Softball   | Mark Slusher      |
| Swim, b    |                   |
| Swim, g    |                   |
| Tennis, b  |                   |
| Tennis, g  | Chris Brumfield   |
| Theatre    |                   |
| Volley, b  |                   |
| Volley, g  | Deborah Spencer   |
| Wrestling  |                   |
| Yearbook   | Elizabeth Linehan |

## Amelia County

8500 Otterburn Road / Amelia, VA 23002

**Email:** kleap@ameliaschools.com / moont@ameliaschools.com

**Principal:** Karl Leap

**Assistant Principal:** Shirley Booker

**Athletic/Activities Director:** Tommy Moon

**Superintendent:** Dr. David M. Gangel (Amelia)

**Assistant AD:**

**Colors:** Green/Gold

**Mascot:** Raiders

|             |                  |              |                |
|-------------|------------------|--------------|----------------|
| Ath Trainer |                  | Football     | Phil Gross     |
| Band        | Michael Neller   | Forensics    |                |
| Baseball    | Allen Swearengin | Golf         | Joe McLaughlin |
| Basket, b   | Everett Watkins  | Gymnast, b   |                |
| Basket, g   | Robin Gary       | Gymnast, g   |                |
| Cheer       | Christi Gross    | Ind Track, b | Phil Gross     |
| Cr Writing  |                  | Ind Track, g | Phil Gross     |
| Crew, b     |                  | Lacrosse, b  |                |
| Crew, g     |                  | Lacrosse, g  |                |
| CrossC, b   | Gresham Crane    | Magazine     |                |
| CrossC, g   | Gresham Crane    | Newspaper    | Carolyn Poore  |
| Debate      |                  | Out Track, b | Phil Gross     |
| F Hockey    |                  | Out Track, g | Scott Elder    |

**Students** 575

**Gym Cap.** 1000

**Stad. Cap.** 1000

**Group:** A

**Region:** B

**District:** James River

**Div.:** 1

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Not Filled         |
| Soccer, g  |                    |
| Softball   | Robin Gary         |
| Swim, b    |                    |
| Swim, g    |                    |
| Tennis, b  |                    |
| Tennis, g  | Elizabeth Ahlfield |
| Theatre    | Carolyn Poore      |
| Volley, b  |                    |
| Volley, g  | Jonathan Krause    |
| Wrestling  | Sherri Green       |
| Yearbook   | Joe McLaughlin     |

**School Phone:** 804-561-2101

**Athletics Office:**

**School Fax:** 804-561-4567

## Amherst County

139 Lancer Lane / Amherst, VA 24521

**Email:** eguill@amherst.k12.va.us / wgouldthorpe@amherst.k12.va.us

**Principal:** Ernie Guill

**Assistant Principal:** William Wells, Travis Hundt, Tim Hoden

**Athletic/Activities Director:** William Gouldthorpe (CAA)

**Superintendent:** Dr. John C. Walker (Amherst)

**Assistant AD:** Scott Abell

**Colors:** Maroon/Silver Gray

**Mascot:** Lancers

|             |                |              |                 |
|-------------|----------------|--------------|-----------------|
| Ath Trainer | Robert Curd    | Football     | Scott Abell     |
| Band        | Mark Campbell  | Forensics    | Rita Hartless   |
| Baseball    | Mike Padgett   | Golf         | Steve Roberts   |
| Basket, b   | Eddie Carter   | Gymnast, b   |                 |
| Basket, g   | Erin Johannas  | Gymnast, g   |                 |
| Cheer       | Robyn Whorley  | Ind Track, b | Lance Carter    |
| Cr Writing  | Erin Woodworth | Ind Track, g | Lance Carter    |
| Crew, b     |                | Lacrosse, b  |                 |
| Crew, g     |                | Lacrosse, g  |                 |
| CrossC, b   | Bill Chavis    | Magazine     | Eileen Robinson |
| CrossC, g   | Terri Grey     | Newspaper    | Sandy Jones     |
| Debate      |                | Out Track, b | Lance Carter    |
| F Hockey    |                | Out Track, g | Lance Carter    |

**Students** 1439

**Gym Cap.** 1800

**Stad. Cap.** 5000

**Group:** AA

**Region:** III

**District:** Seminole

**Div.:** 4

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Tom McBride      |
| Soccer, g  | Ronda Heeman     |
| Softball   | Larry Thomas     |
| Swim, b    | David McDonald   |
| Swim, g    | Kim Kelly        |
| Tennis, b  | Luke Saechao     |
| Tennis, g  | Pricillia Jones  |
| Theatre    | Patsy Chamberlin |
| Volley, b  |                  |
| Volley, g  | Jennifer Fielder |
| Wrestling  | Brandon Stanbery |
| Yearbook   | Wanda Burley     |

**School Phone:** 434-946-2898

**Athletics Office:** 434-946-2898

**School Fax:** 434-946-2263

## Annandale

4700 Medford Drive / Annandale, VA 22003-5497

**Email:** ahilios@fcps.edu / ahilios@comcast.net

**Principal:** John Ponton

**Assistant Principal:** Pamela McKnight, Fay Mpras, Jamie Carayiannis, Brandon Cooley, Vince Randazzo

**Athletic/Activities Director:** Angelo Hiliros (CMAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Dick Adams

**Colors:** Red/White

**Mascot:** Atoms

Ath Trainer Kathy Ayers

Band Jack Elgin

Baseball Ron Abrigo

Basket, b Anthony Harper

Basket, g Cleveland Williamson

Cheer April Wells

Cr Writing Alan Weintraut

Crew, b

Crew, g

CrossC, b Phil Harris

CrossC, g Jessica Raynor

Debate Not Filled

F Hockey Cindy Hook

**Students** 2425

**Gym Cap.** 2000

**Stad. Cap.** 6500

Football Dick Adams

Forensics Not Filled

Golf Cleveland Williamson

Gymnast, b

Gymnast, g Not Filled

Ind Track, b Sean Miller

Ind Track, g Phil Harris

Lacrosse, b Bill Maglisceau

Lacrosse, g Cindy Hook

Magazine

Newspaper Alan Weintraut

Out Track, b Sean Miller

Out Track, g Phil Harris

**School Phone:** 703-642-4100

**Athletics Office:** 703-642-4171

**School Fax:** 703-642-4186

**Group:** AAA

**Div.:** 6

**Region:** Northern

**District:** Patriot

Scholastic

Soccer, b Antonio Rivadeneira

Soccer, g Janeen Westphal

Softball Tom Grant

Swim, b Bruce Fisher

Swim, g Bruce Fisher

Tennis, b Mike Scott

Tennis, g Mike Kishiyama

Theatre Vicki Farish

Volley, b

Volley, g Sam Tooke

Wrestling Keith Sholders

Yearbook Nikki Holmes

## Appalachia

205 Lee Street / Appalachia, VA 24216

**Email:** bakridge@wise.k12.va.us / csaboites@wise.k12.va.us

**Principal:** Buz Akridge

**Assistant Principal:** Brian Crutchfield

**Athletic/Activities Director:** Carol Saboites

**Superintendent:** Dr. Gregory Killough (Wise)

**Assistant AD:** Carol Saboites

**Colors:** Blue/Gold

**Mascot:** Bulldogs

Ath Trainer Ricky Mumpower

Band Kim Sturgill

Baseball Micheal Rhodes

Basket, b Pat Jervis

Basket, g Angela Honeycutt

Cheer Kim Wells

Cr Writing Pam Hutchinson

Crew, b

Crew, g

CrossC, b Pat Jervis

CrossC, g Pat Jervis

Debate

F Hockey

**Students** 241

**Gym Cap.** 1500

**Stad. Cap.** 2000

Football Roger Austin

Forensics Miracle Coffey

Golf Johnny Black

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Rick Mumpower

Out Track, g Pam Hutchinson

**Group:** A

**Div.:** 1

**Region:** D

**District:** Lonesome Pine

Scholastic

Soccer, b

Soccer, g

Softball Travis Turner

Swim, b

Swim, g

Tennis, b T. Nunley, C. Saboites

Tennis, g Ashley Ring

Theatre

Volley, b

Volley, g Crystal Mosier

Wrestling Luke Owens

Yearbook Jami Crabtree

**School Phone:** 276-565-0214

**Athletics Office:**

**School Fax:** 276-565-0922

## Appomattox County

198 Evergreen Avenue / Appomattox, VA 24522-9734

**Email:** gawheeler@appomattox.k12.va.us / rmhudson@appomattox.k12.va.us

**Principal:** Greg Wheeler

**Assistant Principal:** David Read, Francis Moreno

**Athletic/Activities Director:** Bob Hudson

**Superintendent:** Dr. Walter F. Krug (Appomattox)

**Assistant AD:**

**Colors:** Blue/Gray/Red

**Mascot:** Raiders

Ath Trainer Katie Bowman

Band Camille Rabon

Baseball Joe Caruso

Basket, b Brantley Shields

Basket, g Gary Ferguson

Cheer Gwen Burley

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Lisa Richardson

CrossC, g Lisa Richardson

Debate Amy Stump

F Hockey

**Students** 685

**Gym Cap.** 1200

**Stad. Cap.** 3000

Football Jeremy Haymore

Forensics Not Filled

Golf Doug Marshall

Gymnast, b

Gymnast, g

Ind Track, b Kevin Walker

Ind Track, g Kevin Walker

Lacrosse, b

Lacrosse, g

Magazine Jackie Johnson

Newspaper Jeremy Haymore

Out Track, b Kevin Walker

Out Track, g Kevin Walker

**Group:** A

**Div.:** 3

**Region:** B

**District:** Dogwood

Scholastic

Soccer, b Clint Dodson

Soccer, g Brian Robinson

Softball Gary Ferguson

Swim, b

Swim, g

Tennis, b Doug Marshall

Tennis, g J. Lisa, B. Warren

Theatre Not Filled

Volley, b

Volley, g Mark Drinkard

Wrestling Chris Conkwright

Yearbook Jackie Johnson

**School Phone:** 434-352-7146

**Athletics Office:**

**School Fax:** 434-352-0822

## Appomattox Regional Governor's School

512 West Washington Street / Petersburg, VA 23803

**Email:** jruffa@args.k12.va.us / mwwhitley@args.k12.va.us

**Principal:** James Ruffa

**Assistant Principal:** Veronica Kouassi, Larry Joyner

**Athletic/Activities Director:** Michael Whitley

**Superintendent:** Mr. James L. Ruffa (Independent)

**Assistant AD:** Burgundy/Green/Gold  
**Colors:** Burgundy/Green/Gold  
**Mascot:** Dragons

|             |                  |
|-------------|------------------|
| Ath Trainer | Football         |
| Band        | Forensics        |
| Baseball    | Golf             |
| Basket, b   | Dagan Rowe       |
| Basket, g   | Rodney Gore      |
| Cheer       | Princess Jackson |
| Cr Writing  | Ind Track, b     |
| Crew, b     | Ind Track, g     |
| Crew, g     | Lacrosse, b      |
| CrossC, b   | Lacrosse, g      |
| CrossC, g   | Magazine         |
| Debate      | Newspaper        |
| F Hockey    | Out Track, b     |
|             | Out Track, g     |

**Students** 343  
**Gym Cap.** 486  
**Stad. Cap.** 0

**Group:** A  
**Region:** A  
**District:** Tri-Rivers/Central

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | John England   |
| Soccer, g  | John England   |
| Softball   |                |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  | Dagan Rowe     |
| Tennis, g  | John Merrill   |
| Theatre    | Brandon Becker |
| Volley, b  |                |
| Volley, g  | Not Filled     |
| Wrestling  |                |
| Yearbook   | David Bartlett |

## Arcadia

8210 Lankford Hwy., P. O. Box 69 / Oak Hall, VA 23416-2114

**Email:** abrim@ahs.accmack.k12.va.us / bprince@ahs.accmack.k12.va.us

**Principal:** Alma Brim

**Assistant Principal:** David Nelson, Rose Taylor

**Athletic/Activities Director:** Bill Prince

**Superintendent:** Mr. Richard W. Bull, Jr. (Accomack)

**Assistant AD:** Red/Gold/Black  
**Colors:** Red/Gold/Black  
**Mascot:** Firebirds

|             |              |                |
|-------------|--------------|----------------|
| Ath Trainer | Football     | Bill Prince    |
| Band        | Forensics    | Melanie Walker |
| Baseball    | Golf         |                |
| Basket, b   | Gymnast, b   |                |
| Basket, g   | Gymnast, g   |                |
| Cheer       | Ind Track, b |                |
| Cr Writing  | Ind Track, g |                |
| Crew, b     | Lacrosse, b  |                |
| Crew, g     | Lacrosse, g  |                |
| CrossC, b   | Magazine     |                |
| CrossC, g   | Newspaper    | Leslie Taylor  |
| Debate      | Out Track, b | George Parker  |
| F Hockey    | Out Track, g | Veronica Byrd  |

**Group:** A  
**Region:** A  
**District:** Eastern Shore-A

|            |                       |
|------------|-----------------------|
| Scholastic |                       |
| Soccer, b  | Steve Katsetos        |
| Soccer, g  | Not Filled            |
| Softball   | Not Filled            |
| Swim, b    |                       |
| Swim, g    |                       |
| Tennis, b  |                       |
| Tennis, g  |                       |
| Theatre    | Mary Margaret Burnley |
| Volley, b  |                       |
| Volley, g  | M. Harmon, C. Thomas  |
| Wrestling  | Bill Prince           |
| Yearbook   | Shantee Moore         |

**School Phone:** 757-824-5613

**Athletics Office:**

**School Fax:** 757-824-0767

## Armstrong

2300 Cool Lane / Richmond, VA 23223-4196

**Email:** drosebor@richmond.k12.va.us / rashe@richmond.k12.va.us

**Principal:** Dimitric Roseboro

**Assistant Principal:** Not Filled, Joann Henry, Angela Mosley

**Athletic/Activities Director:** Randy Ashe

**Superintendent:** Dr. Deborah Jewell-Sherman (Richmond City)

**Assistant AD:** Orange/Blue  
**Colors:** Orange/Blue  
**Mascot:** Wildcats

|             |                 |              |                 |
|-------------|-----------------|--------------|-----------------|
| Ath Trainer | Shanae Carrie   | Football     | Mark Robinson   |
| Band        | David Hamilton  | Forensics    |                 |
| Baseball    | Lamont Davis    | Golf         |                 |
| Basket, b   | Darryl Watts    | Gymnast, b   |                 |
| Basket, g   | Latoya Daniels  | Gymnast, g   |                 |
| Cheer       | Keisha Shelton  | Ind Track, b | Timothy Crossin |
| Cr Writing  |                 | Ind Track, g | Timothy Crossin |
| Crew, b     |                 | Lacrosse, b  |                 |
| Crew, g     |                 | Lacrosse, g  |                 |
| CrossC, b   | Timothy Crossin | Magazine     |                 |
| CrossC, g   | Timothy Crossin | Newspaper    | Donovan Colding |
| Debate      |                 | Out Track, b | Timothy Crossin |
| F Hockey    |                 | Out Track, g | Timothy Crossin |

**Group:** AAA  
**Region:** Central  
**District:** Capital

|            |                   |
|------------|-------------------|
| Scholastic |                   |
| Soccer, b  |                   |
| Soccer, g  |                   |
| Softball   | Latoya Daniels    |
| Swim, b    |                   |
| Swim, g    |                   |
| Tennis, b  | George Banks      |
| Tennis, g  |                   |
| Theatre    |                   |
| Volley, b  | Darryl Watts      |
| Volley, g  | Latoya Daniels    |
| Wrestling  | Keith Ingram      |
| Yearbook   | Christian Koshock |

**School Phone:** 804-780-4449

**Athletics Office:** 804-780-4011

**School Fax:** 804-780-4485

## Atlee

9414 Atlee Station Road / Mechanicsville, VA 23116-2600

**Email:** vdagostino@hanover.k12.va.us / dkannewurf@hcps.us

**Principal:** Vincent D'Agostino

**Assistant Principal:** Glen Gardner, Randy Stokes, Leslie Gordon

**Athletic/Activities Director:** David Kannewurf (RAA)

**Superintendent:** Dr. Stewart D. Roberson (Hanover)

**Assistant AD:** David Balderson

**Colors:** Royal Blue/Black/Silver

**Mascot:** Raiders

**Ath Trainer:** Sally Marks

**Band:** Jim Pennington

**Baseball:** Tommy Harrison

**Basket, b:** Phil Reynolds

**Basket, g:** Not Filled

**Cheer:** Ann Melton

**Cr Writing:** Julie Givler

**Crew, b:**

**Crew, g:**

**CrossC, b:** Jim Triempler

**CrossC, g:** Jim Triempler

**Debate:** Brian Carr

**F Hockey:** Alyssa Farling

**Students:** 1400

**Gym Cap.:** 2050

**Stad. Cap.:** 3800

**Football:** Roscoe Johnson

**Forensics:** Bonnie McLaughlin

**Golf:** Jason Clipp

**Gymnast, b:**

**Gymnast, g:** Donna Koehler

**Ind Track, b:** Jim Triempler

**Ind Track, g:** Jim Triempler

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:** Julie Givler

**Newspaper:** Heidi Craft

**Out Track, b:** Jim Triempler

**Out Track, g:** Jim Triempler

**School Phone:** 804-723-2100

**Athletics Office:** 804-723-2128

**School Fax:** 804-723-2131

**Group:** AAA

**Region:** Central

**District:** Capital

**Scholastic:**

**Soccer, b:** Randy Scott

**Soccer, g:** Bruce Lovelace

**Softball:** John Earley

**Swim, b:** Karen Seeber

**Swim, g:** Karen Seeber

**Tennis, b:** Not Filled

**Tennis, g:** Duke Price

**Theatre:** Charles Wax

**Volley, b:** Clayton Forehand

**Volley, g:** Curtis Carpenter

**Wrestling:** Rick Palmer

**Yearbook:** Heidi Craft

**Div.:** 5

## Auburn

4163 Riner Road / Riner, VA 24149

**Email:** cpauli@mail.mcps.org / rbailey@mail.mcps.org

**Principal:** Carl Pauli

**Assistant Principal:** Tim Baynum

**Athletic/Activities Director:** Randy Bailey

**Superintendent:** Dr. Tiffany Anderson (Montgomery)

**Assistant AD:**

**Colors:** Royal Blue/White

**Mascot:** Eagles

**Ath Trainer:** John Otey

**Band:** Sharon Anderson

**Baseball:** Eric Altizer

**Basket, b:** Shawn Good

**Basket, g:** Terry Millirons

**Cheer:** Chari McCann

**Cr Writing:** Pat Brown

**Crew, b:**

**Crew, g:**

**CrossC, b:** Mark Love

**CrossC, g:** Mark Love

**Debate:** Stephen Bull

**F Hockey:**

**Football:** Phil Collett

**Forensics:**

**Golf:** Jeff Gandee

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Mark Love

**Ind Track, g:** Mark Love

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Pat Brown

**Out Track, b:** Mark Love

**Out Track, g:** Steve Wright

**Group:** A

**Region:** C

**District:** Three Rivers

**Scholastic:**

**Soccer, b:** Kyle Hodge

**Soccer, g:**

**Softball:** David Hurd

**Swim, b:** Alison Goforth

**Swim, g:** Alison Goforth

**Tennis, b:**

**Tennis, g:**

**Theatre:** Tonya Bowyer

**Volley, b:**

**Volley, g:** Sherry Millirons

**Wrestling:**

**Yearbook:** Jerry Sauter

**Div.:** 2

**School Phone:** 540-382-5160

**Athletics Office:** 540-381-6121

**School Fax:** 540-381-6110

## Bassett

85 Riverside Drive / Bassett, VA 24055-9307

**Email:** drandall@henry.k12.va.us / jwood@henry.k12.va.us

**Principal:** Dean Randall

**Assistant Principal:** Ben Gravley, Jim Grandinetti, Tiffany Martin

**Athletic/Activities Director:** Jason Wood

**Superintendent:** Dr. Sharon D. Dodson (Henry)

**Assistant AD:**

**Colors:** Royal Blue/Orange/White

**Mascot:** Bengals

**Ath Trainer:**

**Band:** Trey Harris

**Baseball:** Bill Parks

**Basket, b:** Tom Hering

**Basket, g:** Melissa Blair

**Cheer:** Annie Brock

**Cr Writing:** David Scott

**Crew, b:**

**Crew, g:**

**CrossC, b:** Adam Haynes

**CrossC, g:** Tom Hering

**Debate:** Kip Wallace

**F Hockey:**

**Football:** Jay Gilbert

**Forensics:** Sarah Kenny

**Golf:** Mark Jones

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Jay Gilbert

**Ind Track, g:** Mark Jones

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Mary Compson

**Out Track, b:** Jay Gilbert

**Out Track, g:** Mark Jones

**Group:** AA

**Region:** IV

**District:** Piedmont

**Scholastic:**

**Soccer, b:** Joe Favero

**Soccer, g:** Lindsey Favero

**Softball:** Terry Triplett

**Swim, b:** Amy Elliott

**Swim, g:** Amy Elliott

**Tennis, b:** Brad Whiting

**Tennis, g:** Jennifer Witt

**Theatre:** Penny Decker

**Volley, b:**

**Volley, g:** Diane Russmiser

**Wrestling:** Andy Adkins

**Yearbook:** Brook Hankins

**Div.:** 4

**School Phone:** 276-629-1731

**Athletics Office:**

**School Fax:** 276-629-8221

## Bath County

464 Charger Lane / Hot Springs, VA 24445-9602

**Email:** wayned@bath.k12.va.us / petep@bath.k12.va.us

**Principal:** Pete Pitard

**Assistant Principal:** Not Filled

**Athletic/Activities Director:** Wayne Dent

**Superintendent:** Dr. K. David Smith (Bath)

**Assistant AD:** Not Filled

**Colors:** Orange/Black/White

**Mascot:** Chargers

Ath Trainer Not Filled

Band Melinda Hooker

Baseball John Fertig

Basket, b David Herscher

Basket, g Lisa Hamilton

Cheer Pat Whitson

Cr Writing

Crew, b

Crew, g

CrossC, b Not Filled

CrossC, g Not Filled

Debate

F Hockey

**Students** 334

**Gym Cap.** 1200

**Stad. Cap.** 2000

Football Will Fields

Forensics

Golf Terry Bradley

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Not Filled

Out Track, g Not Filled

**School Phone:** 540-839-2431

**Athletics Office:** 540-839-3478

**School Fax:** 540-839-3290

**Group:** A

**Region:** C

**District:** Pioneer

Scholastic

Soccer, b Urs Mueller

Soccer, g Ed Walters

Softball Lisa Hamilton

Swim, b

Swim, g

Tennis, b

Tennis, g Terry Bradley

Theatre

Volley, b

Volley, g David McGee

Wrestling Jason Miller

Yearbook Not Filled

**Div.:** 1

## John S. Battle

21264 Battle Hill Drive / Bristol, VA 24202-4340

**Email:** jhawkins@wcs.k12.va.us / lcannon@wcs.k12.va.us

**Principal:** Jeff Hawkins

**Assistant Principal:** Randy Poole

**Athletic/Activities Director:** Larry Cannon

**Superintendent:** Dr. Alan T. Lee (Washington)

**Assistant AD:**

**Colors:** Green/White

**Mascot:** Trojans

Ath Trainer

Band Mark Collins

Baseball Danny Cullop

Basket, b Not Filled

Basket, g Kevin Perrigan

Cheer Tammy Gillen

Cr Writing Bill Phelps

Crew, b

Crew, g

CrossC, b Elizabeth Fairbanks

CrossC, g Elizabeth Fairbanks

Debate Bill Phelps

F Hockey

**Students** 479

**Gym Cap.** 1500

**Stad. Cap.** 4500

Football Dan Strong

Forensics Tammy Harosky

Golf Jim Mink

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Tammy Harosky

Out Track, b Elizabeth Campbell

Out Track, g Chad Wallace

**Group:** A

**Region:** D

**District:** Clinch Mountain

Scholastic

Soccer, b Mike Posey

Soccer, g

Softball Steve Lester

Swim, b

Swim, g

Tennis, b

Tennis, g Tim Sholes

Theatre Bill Phelps

Volley, b

Volley, g Jenny Williams

Wrestling Chad Wallace

Yearbook Tammy Hutchinson

**Div.:** 2

**School Phone:** 276-642-5300

**Athletics Office:** 276-642-5320

**School Fax:** 276-645-2386

## Battlefield

15000 Graduation Drive / Haymarket, VA 20169

**Email:** ethridas@pwcs.edu

**Principal:** Amy Ethridge-Conti

**Assistant Principal:** Major Warner, Jr., Chris McMillan, L. Edward Stephenson

**Athletic/Activities Director:** Benjamin Stutler (CMAA)

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Mark Cox

**Colors:** Purple/Black/Silver

**Mascot:** Bobcats

Ath Trainer Christine McCord

Band Matt Brodt

Baseball Matt Caudle

Basket, b Al Ford

Basket, g Eric McCaslin

Cheer Stacy Hart

Cr Writing Not Filled

Crew, b Tom Moulen

Crew, g Tom Moulen

CrossC, b Joe Huddle

CrossC, g Paul Mobley

Debate Kristin Hamilton

F Hockey Melissa Wright

**Students** 2250

**Gym Cap.** 2200

**Stad. Cap.** 5000

Football Mark Cox

Forensics Kimberley Wright

Golf John Tillman

Gymnast, b

Gymnast, g Chevonne White

Ind Track, b Not Filled

Ind Track, g Paul Mobley

Lacrosse, b Kevin Marsh

Lacrosse, g Anthony Kilgore

Magazine Not Filled

Newspaper John Marshall

Out Track, b Not Filled

Out Track, g Paul Mobley

**Group:** AAA

**Region:** Northwest

**District:** Cedar Run

Scholastic

Soccer, b Not Filled

Soccer, g Wes Homan

Softball Joe Schelzo

Swim, b Karri Guiliani

Swim, g Karri Guiliani

Tennis, b Steve Davis

Tennis, g Lisa Rucker

Theatre Not Filled

Volley, b

Volley, g Chris Lem

Wrestling Tommy O'Neill

Yearbook Sean Fitzgerald

**Div.:** 5

**School Phone:** 571-261-4400

**Athletics Office:** 571-261-4416

**School Fax:** 571-261-4411

## Bayside

4960 Haygood Road / Virginia Beach, VA 23455-5299

**Email:** kithomas@vbschools.com / lisa.corprew@vbschools.com

**Principal:** Kay Thomas

**Assistant Principal:** Brad Barbour, Cheryl Woodhouse, Brian Jones, Christen Colden

**Athletic/Activities Director:** Lisa Corprew

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** Darryl Barraclough

**Colors:** Scarlet/Gold

**Mascot:** Marlins

Ath Trainer S. Hamilton, K. Kussart

Band Jay Allsbrook

Baseball Jason Hatcher

Basket, b Martin Russ

Basket, g Ben Spady

Cheer Amy Trigueiro

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Roland Doan

CrossC, g Diana Scofield

Debate Micheal Uenking

F Hockey Elizabeth Werbiskis

Football Darnell Moore

Forensics Latisha Burks

Golf Jason Hatcher

Gymnast, b

Gymnast, g Diane Johnson

Ind Track, b Roland Doan

Ind Track, g Jonathan Caldwell

Lacrosse, b

Lacrosse, g

Magazine Rachel Stofocik

Newspaper Not Filled

Out Track, b Roland Doan

Out Track, g Jonathan Caldwell

**Students** 2003

**Gym Cap.** 1500

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Div.:** 6

Scholastic

Soccer, b Stephen Belechak

Soccer, g Not Filled

Softball Heidi Cavallo

Swim, b Neil Conner

Swim, g Russlyn Wilkie

Tennis, b Arnold Pate

Tennis, g Kara Wagner

Theatre James Whiting

Volley, b Daniel Keros

Volley, g Jonathan Caldwell

Wrestling John Stukes

Yearbook Troy Walton

**School Phone:** 757-473-5050

**Athletics Office:** 757-473-5050

**School Fax:** 757-473-5123

## Bethel

1067 Big Bethel Road / Hampton, VA 23666

**Email:** jabailey@sbo.hampton.k12.va.us / rsmith@sbo.hampton.k12.va.us

**Principal:** John Bailey

**Assistant Principal:** Tim Cason, John Karatsikis, Jessica Ellison

**Athletic/Activities Director:** Ray Smith

**Superintendent:** Dr. Patrick Russo (Hampton)

**Assistant AD:**

**Colors:** Forest Green/Gold

**Mascot:** Bruins

Ath Trainer Not Filled

Band Chris Murray

Baseball Brett Wheeler

Basket, b Craig Brehon

Basket, g Michael Hagens

Cheer Laura Wyatt

Cr Writing Tracey Rice-Weber

Crew, b

Crew, g

CrossC, b Rhonda Venable

CrossC, g Rick Hartung

Debate Barry Davis

F Hockey Robert Bradsher

Football Jeff Nelson

Forensics Christine Bodden

Golf Not Filled

Gymnast, b

Gymnast, g

Ind Track, b Kim Tedder-Riley

Ind Track, g Eddie Williams

Lacrosse, b

Lacrosse, g

Magazine Tracey Rice-Weber

Newspaper Beth Hoer

Out Track, b Eddie Williams

Out Track, g Ara Towns

**Students** 2030

**Gym Cap.** 1100

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Eastern

**District:** Peninsula

**Div.:** 6

Scholastic

Soccer, b Jake Carel

Soccer, g Jen Mangus

Softball Larry Estep

Swim, b Not Filled

Swim, g Lisa Gray

Tennis, b Not Filled

Tennis, g James Ruffin

Theatre Tracy Scott

Volley, b

Volley, g

Wrestling Dan Richards

Yearbook Jane Cason

**School Phone:** 757-825-4400

**Athletics Office:** 757-896-7638

**School Fax:** 757-896-5746

## Lloyd C. Bird

10301 Courthouse Road / Chesterfield, VA 23832

**Email:** beth\_teigen@ccpsnet.net / ron\_paquette@ccpsnet.net

**Principal:** Beth Teigen

**Assistant Principal:** Thomas Ferrell, Teresa Hathaway, Jim Glass, Angela Bragaw, Robin Yohe

**Athletic/Activities Director:** Ron Paquette

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Scott Preskitt

**Colors:** Navy/Blue/White

**Mascot:** Skyhawks

Ath Trainer Not Filled

Band Emily Marek

Baseball Scott Spencer

Basket, b Chuck Tester

Basket, g Chevette Waller

Cheer Clark Andrs

Cr Writing Pat Nance

Crew, b

Crew, g

CrossC, b Seth Kistner

CrossC, g Beth Harding

Debate Sylvia Brooks

F Hockey Cindy Wariner

Football David Bedwell

Forensics Nick Ligatti

Golf Allen Poston

Gymnast, b

Gymnast, g

Ind Track, b Jeff Brown

Ind Track, g Beth Harding

Lacrosse, b

Lacrosse, g

Magazine Pat Nance

Newspaper Suzy Bolton

Out Track, b Jeff Brown

Out Track, g Beth Harding

**Students** 1850

**Gym Cap.** 1500

**Stad. Cap.** 4000

**Group:** AAA

**Region:** Central

**District:** Dominion

**Div.:** 6

Scholastic

Soccer, b Seth Kistner

Soccer, g Paul Wilmoth

Softball Crystal Barker

Swim, b

Swim, g

Tennis, b Cory Neal

Tennis, g Laura Hickman

Theatre Maggie Szydolwiskit

Volley, b Dave Holicky

Volley, g Vonnie Roach

Wrestling Tony Yonta

Yearbook Jennifer Hipps

**School Phone:** 804-768-6110

**Athletics Office:** 804-768-6121

**School Fax:** 804-768-6117

## Blacksburg

520 Patrick Henry Drive / Blacksburg, VA 24060

**Email:** mhurst@mail.mcps.org / jhencke@mail.mcps.org

**Principal:** Michael Hurst

**Assistant Principal:** Dave Dickinson, Mary Fain, Greg Stick

**Athletic/Activities Director:** Jack Hencke

**Superintendent:** Dr. Tiffany Anderson (Montgomery)

**Assistant AD:** Blue/Gold  
**Colors:** Blue/Gold  
**Mascot:** Bruins  
Ath Trainer Maureen Smith  
Band Darrell Pearman  
Baseball Jim Shockley  
Basket, b Doug Day  
Basket, g Mickey McGuigan  
Cheer K. McCall, K. Gearheart  
Cr Writing Carrie Mayer  
Crew, b  
Crew, g  
CrossC, b James DeMarco  
CrossC, g James DeMarco  
Debate  
F Hockey

**Students** 1180  
**Gym Cap.** 2000  
**Stad. Cap.** 3000  
Football David Crist  
Forensics Shelley Ferraraccio  
Golf Rick Mattox  
Gymnast, b  
Gymnast, g  
Ind Track, b Gray Wilkins  
Ind Track, g James DeMarco  
Lacrosse, b  
Lacrosse, g  
Magazine Carrie Mayer  
Newspaper Donna Duff  
Out Track, b James DeMarco  
Out Track, g James DeMarco

**Group:** AA  
**Region:** IV  
**District:** River Ridge  
Scholastic  
Soccer, b Not Filled  
Soccer, g Not Filled  
Softball John Shockley  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b Not Filled  
Tennis, g Not Filled  
Theatre Terryee Chisholm  
Volley, b  
Volley, g Karl Lipa  
Wrestling Kevin Humbert  
Yearbook Felicia Spencer

## Bland

31 Rocket Drive / Bland, VA 24315

**Email:** ksiers@bland.k12.va.us / dgrindstaff@bland.k12.va.us

**Principal:** Kevin Siers

**Assistant Principal:**

**Athletic/Activities Director:** Dennis Grindstaff

**Superintendent:** Mr. Donald Hodock (Bland)

**Assistant AD:** Navy/Orange  
**Colors:** Navy/Orange  
**Mascot:** Bears  
Ath Trainer  
Band Ryan Altizer  
Baseball Mike Miller  
Basket, b Rich Hankins  
Basket, g Jason Lambert  
Cheer Iris Strock  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Brian Porter  
CrossC, g Brian Porter  
Debate  
F Hockey

**Students** 180  
**Gym Cap.** 750  
**Stad. Cap.** 0  
Football Harris Hart  
Forensics Tiffany Carter  
Golf Roger Thompson  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Christine Fizer  
Out Track, b Harris Hart  
Out Track, g Harris Hart

**Group:** A  
**Region:** C  
**District:** Mtn. Empire  
Scholastic  
Soccer, b  
Soccer, g  
Softball Rich Hankins  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g Becky Umbarger  
Theatre Tiffany Carter  
Volley, b  
Volley, g Julie Miller  
Wrestling  
Yearbook Joellen Harless

**School Phone:** 276-688-3621

**Athletics Office:**

**School Fax:** 276-688-4451

## Bluestone

6825 Skipwith Road / Skipwith, VA 23968-9756

**Email:** lpalmer@meck.k12.va.us / ecrowder@meck.k12.va.us

**Principal:** Lindell Palmer

**Assistant Principal:** Faye Bruce, Penny Gilmer

**Athletic/Activities Director:** Ed Crowder

**Superintendent:** Dr. Frank J. Polakiewicz (Mecklenburg)

**Assistant AD:** Blue/Gold  
**Colors:** Blue/Gold  
**Mascot:** Barons  
Ath Trainer  
Band Ricky Allgood  
Baseball Daniel Powell  
Basket, b Isaac Marks, Jr.  
Basket, g Micky Icenhour  
Cheer Geraldine Wallace  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b  
CrossC, g  
Debate  
F Hockey

**Students** 580  
**Gym Cap.** 1400  
**Stad. Cap.** 3500  
Football Steven Packett  
Forensics  
Golf David Allgood  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Tom Swoap  
Out Track, g Dora Garner

**Group:** AA  
**Region:** I  
**District:** Southside  
Scholastic  
Soccer, b Mike Chase  
Soccer, g  
Softball Alvin Johnson  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre  
Volley, b  
Volley, g  
Wrestling  
Yearbook

**School Phone:** 434-372-5177

**Athletics Office:** 434-372-5179

**School Fax:** 434-372-5217



## Brentsville District

12109 Aden Road / Nokesville, VA 20181-2340

**Email:** scottrm@pwcs.edu / earmanmj@pwcs.edu

**Principal:** Robert M. Scott

**Assistant Principal:** Stanley B. Jones, Madre M. Mack

**Athletic/Activities Director:** Jane Earman

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Orange/Black  
**Colors:** Tigers  
**Mascot:** Rick Scavongelli  
Ath Trainer Anthony Agee  
Band Brian Knight  
Baseball Chris Southcott  
Basket, b Eugene Baltimore  
Basket, g Taryn Witt  
Cheer Not Filled  
Cr Writing Not Filled  
Crew, b Not Filled  
Crew, g Rob Dulin  
CrossC, b Rob Dulin  
CrossC, g Helen Thorpe  
Debate Not Filled  
F Hockey Not Filled

**Students** 1582  
**Gym Cap.** 1200  
**Stad. Cap.** 2300

Football Dean Reedy  
Forensics Not Filled  
Golf Dale Felten  
Gymnast, b Not Filled  
Gymnast, g Not Filled  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Chris Anderson  
Lacrosse, g Shelley Kozain  
Magazine Kathy Smaltz  
Newspaper Not Filled  
Out Track, b Rob Dulin  
Out Track, g Not Filled

**Group:** AA  
**Region:** II  
**District:** Northwestern

**Div.:** 3

Scholastic  
Soccer, b Chip Rohr  
Soccer, g Julie O'Neill  
Softball Amy Beard  
Swim, b Julie DeNard  
Swim, g Julie DeNard  
Tennis, b Helena Thorpe  
Tennis, g Holly Tousha  
Theatre Emily Surrena  
Volley, b Bill Lynn  
Volley, g Mark Smaltz  
Wrestling Mark Smaltz  
Yearbook Artis Gill

## Briar Woods

22525 Belmont Ridge Road / Ashburn, VA 20148

**Email:** jbreinig@loudoun.k12.va.us / estarzen@loudoun.k12.va.us

**Principal:** Edward Starzenski

**Assistant Principal:** Michelle Havener, Michael Byers

**Athletic/Activities Director:** Joe Breinig, Sr. (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Elmer Fox  
**Colors:** Navy Blue/Burnt Orange  
**Mascot:** Falcons  
Ath Trainer Marco Mastrangelo  
Band Duane Minnick  
Baseball Josh Mosser  
Basket, b Mike Benson  
Basket, g Ben Thompson  
Cheer Monica Phillips  
Cr Writing Not Filled  
Crew, b Not Filled  
Crew, g Not Filled  
CrossC, b Eric Callender  
CrossC, g Eric Callender  
Debate Not Filled  
F Hockey Not Filled

**Students** 480  
**Gym Cap.** 1600  
**Stad. Cap.** 3000

Football Charlie Pierce  
Forensics Not Filled  
Golf Bob Vitti  
Gymnast, b Not Filled  
Gymnast, g Not Filled  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Steve Sheetz  
Lacrosse, g Laura Lyndon  
Magazine Gene Legg  
Newspaper Kim Berger  
Out Track, b Duanne Colebank  
Out Track, g Duanne Colebank

**Group:** AA  
**Region:** II  
**District:** Dulles

**Div.:** 3

Scholastic  
Soccer, b Francois Bernard  
Soccer, g Ann Vierkorn  
Softball Jennifer Potts  
Swim, b Renia Mason  
Swim, g Reina Mason  
Tennis, b Jim Noland  
Tennis, g Jennifer Noland  
Theatre Marilyn Gilligan  
Volley, b Not Filled  
Volley, g Rich Bennett  
Wrestling Ryan Rogers  
Yearbook Jennifer Mosser

## Broad Run

21670 Ashburn Road / Ashburn, VA 20147-2361

**Email:** emarkley@loudoun.k12.va.us / jkirby@loudoun.k12.va.us

**Principal:** Edgar Markley

**Assistant Principal:** Doug Anderson, Pam Jacobs, Chris O'Rourke

**Athletic/Activities Director:** Jack Kirby (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Ryan Young  
**Colors:** Maroon/Gold  
**Mascot:** Spartans  
Ath Trainer Craig Veazie  
Band Lisa Napoli  
Baseball Pat Cassidy  
Basket, b Larry Boomer  
Basket, g Mike O'Hara  
Cheer Jenny Short  
Cr Writing Amy Buckley  
Crew, b Not Filled  
Crew, g Not Filled  
CrossC, b Leila Melhem  
CrossC, g Leila Melhem  
Debate Ron Richards  
F Hockey Not Filled

**Students** 1300  
**Gym Cap.** 1000  
**Stad. Cap.** 2500

Football Michael Burnett  
Forensics Ron Richards  
Golf John Costello  
Gymnast, b Not Filled  
Gymnast, g Mike Hitzges  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Phil Truiett  
Lacrosse, g Jennifer Melhuish  
Magazine Caroline Pelton  
Newspaper Sally Toner  
Out Track, b Mike Hitzges  
Out Track, g Leila Melham

**Group:** AA  
**Region:** II  
**District:** Dulles

**Div.:** 4

Scholastic  
Soccer, b Jonathan Hicks  
Soccer, g Claire Collins  
Softball Ed Steele  
Swim, b Beverley Kelley  
Swim, g Beverley Kelley  
Tennis, b Chris Pasternak  
Tennis, g Dan McNeil  
Theatre Tim Willmot  
Volley, b Susan Dezzutti  
Volley, g John Puterio  
Wrestling Beth Pearson  
Yearbook Beth Pearson

## Broadway

269 Gobbler Drive / Broadway, VA 22815-9475

**Email:** sleaman@rockingham.k12.va.us / crobinson@rockingham.k12.va.us

**Principal:** Stephen Leaman

**Assistant Principal:** Tammy Dishner, Tim Good, Kelly Troxell

**Athletic/Activities Director:** Chris Robinson

**Superintendent:** Dr. Carol Fenn (Rockingham)

|                      |                         |                        |                              |                            |
|----------------------|-------------------------|------------------------|------------------------------|----------------------------|
| <b>Assistant AD:</b> |                         | <b>Students</b> 1076   | <b>Group:</b> AA             | <b>Div.:</b> 4             |
| <b>Colors:</b>       | Green/White             | <b>Gym Cap.</b> 1700   | <b>Region:</b> III           |                            |
| <b>Mascot:</b>       | Gobblers                | <b>Stad. Cap.</b> 3500 | <b>District:</b> Massanutten |                            |
| Ath Trainer          | Not Filled (CAA)        | Football               | Frank Sorrells               | Scholastic                 |
| Band                 | Phil Bravo              | Forensics              | Tracee Radford-McDonald      | Soccer, b Not Filled (CAA) |
| Baseball             | Yates Hall              | Golf                   | Brian Ratliff                | Soccer, g Danielle Martin  |
| Basket, b            | Dwight Walton           | Gymnast, b             |                              | Softball Sharon Sipe       |
| Basket, g            | Brian Alger             | Gymnast, g             |                              | Swim, b Sarah Moore        |
| Cheer                | Devin Skelly            | Ind Track, b           | Tim Harris                   | Swim, g Sarah Moore        |
| Cr Writing           | Carrie Campbell         | Ind Track, g           | Tim Harris                   | Tennis, b Derrick Trumbo   |
| Crew, b              |                         | Lacrosse, b            |                              | Tennis, g Neil Summers     |
| Crew, g              |                         | Lacrosse, g            |                              | Theatre Tim Reger          |
| CrossC, b            | Brian Phillips          | Magazine               | Carrie Campbell              | Volley, b                  |
| CrossC, g            | Danielle Martin         | Newspaper              | Jennifer Nelson              | Volley, g Shirley Chenault |
| Debate               | Tracee Radford-McDonald | Out Track, b           | Tim Harris                   | Wrestling Not Filled (CAA) |
| F Hockey             |                         | Out Track, g           | Jennifer Ennis               | Yearbook Karen Harden      |

**School Phone:** 540-896-7081

**Athletics Office:** 540-896-8210

**School Fax:** 540-896-2640

## Brooke Point

1700 Courthouse Road / Stafford, VA 22554-5409

**Email:** margheimga@staffordschools.net

**Principal:** Cynthia Holder

**Assistant Principal:** Mary Brandon, Greg Margheim, Doug Schuck, Scott McClennen

**Athletic/Activities Director:** Greg Margheim

**Superintendent:** Dr. David Sawyer (Stafford)

|                      |                     |                        |                               |                             |
|----------------------|---------------------|------------------------|-------------------------------|-----------------------------|
| <b>Assistant AD:</b> | Mike Cullen         | <b>Students</b> 1700   | <b>Group:</b> AAA             | <b>Div.:</b> 5              |
| <b>Colors:</b>       | Scarlet/Black/White | <b>Gym Cap.</b> 2000   | <b>Region:</b> Northwest      |                             |
| <b>Mascot:</b>       | Black Hawks         | <b>Stad. Cap.</b> 5000 | <b>District:</b> Commonwealth |                             |
| Ath Trainer          | Brian Irvin         | Football               | Jeff Berry                    | Scholastic Not Filled       |
| Band                 | Eric Rodriguez      | Forensics              | Scott Hegland                 | Soccer, b Danny Huerta      |
| Baseball             | Brian Mays          | Golf                   | Brian Mays                    | Soccer, g Walt Lenar        |
| Basket, b            | Joe Kania           | Gymnast, b             |                               | Softball Kristina Leischner |
| Basket, g            | Rick Butler         | Gymnast, g             | Not Filled                    | Swim, b Jill Kawala         |
| Cheer                | Nicole LaBier       | Ind Track, b           | Joe Ocheltree                 | Swim, g Jill Kawala         |
| Cr Writing           |                     | Ind Track, g           | Tresa Jones                   | Tennis, b John Montez       |
| Crew, b              |                     | Lacrosse, b            | Billy Mills                   | Tennis, g Vanessa Austin    |
| Crew, g              |                     | Lacrosse, g            |                               | Theatre Eva Wehrle          |
| CrossC, b            | Joe Ocheltree       | Magazine               | Julie Stemple                 | Volley, b                   |
| CrossC, g            | Tresa Jones         | Newspaper              | Nicole Eshelman               | Volley, g Amy Vardaro       |
| Debate               | Susan Easter        | Out Track, b           | Joe Ocheltree                 | Wrestling Mike Smoot        |
| F Hockey             | Kristina Leischner  | Out Track, g           | Tresa Jones                   | Yearbook Eric Chrisman      |

**School Phone:** 540-658-6080

**Athletics Office:**

**School Fax:** 540-658-6072

## Brookville

100 Laxton Road / Lynchburg, VA 24502-2696

**Email:** jwhorley@campbell.k12.va.us / jvasvary@campbell.k12.va.us

**Principal:** Jim Whorley

**Assistant Principal:** Tom Cole, Debra Guthrie, John Vasvary

**Athletic/Activities Director:** John Vasvary

**Superintendent:** Dr. George E. Nolley (Campbell)

|                      |                |                        |                           |                              |
|----------------------|----------------|------------------------|---------------------------|------------------------------|
| <b>Assistant AD:</b> | Robert Beard   | <b>Students</b> 875    | <b>Group:</b> AA          | <b>Div.:</b> 3               |
| <b>Colors:</b>       | Maroon/Gold    | <b>Gym Cap.</b> 2200   | <b>Region:</b> III        |                              |
| <b>Mascot:</b>       | Bees           | <b>Stad. Cap.</b> 3500 | <b>District:</b> Seminole |                              |
| Ath Trainer          | Brandon Davis  | Football               | Jeff Woody                | Scholastic Dianne Cornelison |
| Band                 | Bryan Ralls    | Forensics              | Not Filled                | Soccer, b Ricky Theodore     |
| Baseball             | Jim White      | Golf                   | Warner Dyke               | Soccer, g Webster Leith      |
| Basket, b            | Chris Young    | Gymnast, b             |                           | Softball Larry Kidd          |
| Basket, g            | Warner Dyke    | Gymnast, g             |                           | Swim, b Hank Read            |
| Cheer                | Amanda Dean    | Ind Track, b           | Ramsey Moore              | Swim, g Hank Read            |
| Cr Writing           | Spring Zuidema | Ind Track, g           | Ramsey Moore              | Tennis, b Maria Masci        |
| Crew, b              |                | Lacrosse, b            |                           | Tennis, g Areli Nunez        |
| Crew, g              |                | Lacrosse, g            |                           | Theatre Don Tordoff          |
| CrossC, b            | Cory Morris    | Magazine               | Spring Zuidema            | Volley, b                    |
| CrossC, g            | Cory Morris    | Newspaper              | Spring Zuidema            | Volley, g Athena Aronson     |
| Debate               | Aaron Scott    | Out Track, b           | Ramsey Moore              | Wrestling Don Shuler         |
| F Hockey             |                | Out Track, g           | Ramsey Moore              | Yearbook Mike George         |

**School Phone:** 434-239-2636

**Athletics Office:**

**School Fax:** 434-239-6706

## Brunswick

2171 Lawrenceville Plank Road / Lawrenceville, VA 23868-9703

**Email:** gerald.burke@brun.k12.va.us / pam.hartnett@brun.k12.va.us

**Principal:** Gerald Burke

**Assistant Principal:** Pam Hartnett, Lawrence Whiting

**Athletic/Activities Director:** Pam Hartnett

**Superintendent:** Mr. Dale W. Baird (Brunswick)

**Assistant AD:** Lawrence Whiting

**Colors:** Royal Blue/White

**Mascot:** Bulldogs

**Ath Trainer:** Matt Williams

**Band:** Allen Green

**Baseball:** Tim Price

**Basket, b:** Mike Barmoy

**Basket, g:** Deborah Dawson

**Cheer:** Phyllis Walker

**Cr Writing:** Rob Jones

**Crew, b:**

**Crew, g:**

**CrossC, b:**

**CrossC, g:**

**Debate:**

**F Hockey:**

**Students:** 650

**Gym Cap.:** 2000

**Stad. Cap.:** 2000

**Football:** Harold Williams

**Forensics:** Sharon Propst

**Golf:** Jay Burke

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Darrell Owens

**Ind Track, g:** Martin Astrop

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Joshua Brown

**Out Track, b:** Darrell Owens

**Out Track, g:** Martin Astrop

**Group:** AA

**Region:** I

**District:** Southside

**Scholastic:**

**Soccer, b:** Not Filled

**Soccer, g:** Not Filled

**Softball:** Allen Johnson

**Swim, b:**

**Swim, g:**

**Tennis, b:** David Harrison

**Tennis, g:** Bernie Coleman

**Theatre:** Sharon Propst

**Volley, b:**

**Volley, g:** Juliana Freeman

**Wrestling:**

**Yearbook:** R. Jones

**Div.:** 3

**School Phone:** 757-220-4050

**Athletics Office:** 757-220-4066

**School Fax:** 757-220-4090

## Bruton

185 East Rochambeau Drive / Williamsburg, VA 23188-2198

**Email:** cjones@ycsd.york.va.us / jashley@ycsd.york.va.us

**Principal:** Catherine Jones

**Assistant Principal:** Vicky Corlett, Aaron Butler

**Athletic/Activities Director:** John Ashley (CAA)

**Superintendent:** Dr. Steven R. Staples (York)

**Assistant AD:** Jay Rada

**Colors:** Green/Gold/White

**Mascot:** Panthers

**Ath Trainer:** Scott Allyn

**Band:** Cara Townsend

**Baseball:** Ron Montgomery

**Basket, b:** Scott Joyner

**Basket, g:** Wayne Burnette

**Cheer:** Alicia Carter

**Cr Writing:** Alex Layman

**Crew, b:**

**Crew, g:**

**CrossC, b:** Barbara Biasi

**CrossC, g:** Barbara Biasi

**Debate:** Michelle French

**F Hockey:** Kelly Skinner

**Students:** 700

**Gym Cap.:** 1200

**Stad. Cap.:** 5000

**Football:** Kyle Neve

**Forensics:** Jim Murphy

**Golf:** Richard Onesty

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Allen Overton

**Ind Track, g:** Allen Overton

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:** Alex Layman

**Newspaper:** Darleen Hart

**Out Track, b:** Allen Overton

**Out Track, g:** Allen Overton

**Group:** AA

**Region:** I

**District:** Bay Rivers

**Scholastic:**

**Soccer, b:** Will Spear

**Soccer, g:** Catherine Clawson

**Softball:** Dave Falin

**Swim, b:** Crystal Shutt

**Swim, g:** Crystal Shutt

**Tennis, b:** James Barr

**Tennis, g:** Chris Groman

**Theatre:** Amy Insley

**Volley, b:**

**Volley, g:** Alex Layman

**Wrestling:** Chris Groman

**Yearbook:** Blanqui Valledor

**Div.:** 3

**School Phone:** 757-220-4050

**Athletics Office:** 757-220-4066

**School Fax:** 757-220-4090

## Buckingham County

78 Knights Road / Buckingham, VA 23921-9655

**Email:** Rchristian@bchs.k12.va.us

**Principal:** Claude Morris

**Assistant Principal:** Jennifer Knight

**Athletic/Activities Director:** Randy Christian

**Superintendent:** Mr. Larry A. Massie (Buckingham)

**Assistant AD:**

**Colors:** Forest Green/Gold

**Mascot:** Knights

**Ath Trainer:** Mike Shetley

**Band:**

**Baseball:** Mike Jones

**Basket, b:** Brian Wilson

**Basket, g:** Ethan Abruzzo

**Cheer:** Lenita Lawing-Jones

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Michael Kimble

**CrossC, g:** Michael Kimble

**Debate:**

**F Hockey:**

**Students:** 600

**Gym Cap.:** 1200

**Stad. Cap.:** 2000

**Football:** Craig Gill

**Forensics:**

**Golf:** David Owens

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:**

**Ind Track, g:**

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:**

**Out Track, b:** Craig Gill

**Out Track, g:** Linda Amos

**Group:** A

**Region:** B

**District:** James River

**Scholastic:**

**Soccer, b:** Geoff Hermance

**Soccer, g:**

**Softball:** Randy Christian

**Swim, b:**

**Swim, g:**

**Tennis, b:** Peyton Anderson

**Tennis, g:** Sarah Anderson

**Theatre:**

**Volley, b:**

**Volley, g:** Ethan Abruzzo

**Wrestling:**

**Yearbook:** Sandy Wier

**Div.:** 2

**School Phone:** 434-969-6160

**Athletics Office:** 434-969-6160

**School Fax:** 434-969-3209

## Buffalo Gap

1800 Buffalo Gap Highway / Swoope, VA 24479-9722

**Email:** wrdeardorf@augusta.k12.va.us / tramsey@augusta.k12.va.us

**Principal:** William Deardorff

**Assistant Principal:** Wendy Chandler, Tony Ramsey

**Athletic/Activities Director:** Tony Ramsey

**Superintendent:** Dr. Gary D. McQuain (Augusta)

**Assistant AD:**

**Colors:** Gold/Black

**Mascot:** Bison

Ath Trainer Michelle Beery

Band Chuck Biller

Baseball Chad Coffey

Basket, b James Carter

Basket, g Chad Coffey

Cheer Tammy Ingram

Cr Writing

Crew, b

Crew, g

CrossC, b Mike Harmon

CrossC, g Wayne Paxton

Debate

F Hockey

**Students** 560

**Gym Cap.** 1200

**Stad. Cap.** 2000

Football Rob Maxwell

Forensics

Golf Christopher Cleary

Gymnast, b

Gymnast, g

Ind Track, b Jeff Keyser

Ind Track, g Jeff Keyser

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Jessica Holloway

Out Track, b Jeff Keyser

Out Track, g Nick Nycum

**Group:** A

**Region:** B

**District:** Shenandoah

Scholastic

Soccer, b Jeff May

Soccer, g Al Zeller

Softball Not Filled

Swim, b

Swim, g

Tennis, b Not Filled

Tennis, g Ronnie Young

Theatre Molly Dewan

Volley, b

Volley, g Sara Botkin

Wrestling Chris Robinson

Yearbook Jessica Holloway

**Div.:** 1

**School Phone:** 540-337-6021

**Athletics Office:**

**School Fax:** 540-337-6236

## John I. Burton

109 Eleventh Street / Norton, VA 24273-2499

**Email:** skeith@nortoncityschools.org / richardstanwilson@yahoo.com

**Principal:** Scott Keith

**Assistant Principal:** Rocky Baker

**Athletic/Activities Director:** Stan Wilson (CAA)

**Superintendent:** Not Filled (Norton)

**Assistant AD:**

**Colors:** Orange/Black/White

**Mascot:** Raiders

Ath Trainer

Band Bud Stewart

Baseball Mack Shupe

Basket, b Stan Wilson (CAA)

Basket, g Michael Goforth

Cheer Stephanie Adams

Cr Writing Lisa Davis

Crew, b

Crew, g

CrossC, b Angela Robinette

CrossC, g Angela Robinette

Debate

F Hockey

Football James Adams

Forensics Angela Robinette

Golf Wayne Mahan

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b James Adams

Out Track, g James Adams

**Group:** A

**Region:** D

**District:** Lonesome Pine

Scholastic

Soccer, b

Soccer, g

Softball Jon Bright

Swim, b

Swim, g

Tennis, b Hank Hankins

Tennis, g Donna Morris

Theatre Lisa Davis

Volley, b

Volley, g Jon Bright

Wrestling

Yearbook Stephanie Adams

**Div.:** 1

**School Phone:** 276-679-2554

**Athletics Office:** 276-679-2554

**School Fax:** 276-679-2664

## William Byrd

2902 Washington Avenue / Vinton, VA 24179-1314

**Email:** rturner@rcs.k12.va.us / cworley@rcs.k12.va.us

**Principal:** Richard Turner

**Assistant Principal:** Otis Dowdy, Marlena Jones, Amy Duff

**Athletic/Activities Director:** Crystal Worley

**Superintendent:** Loraine Lange (Roanoke)

**Assistant AD:**

**Colors:** Orange/Maroon

**Mascot:** Terriers

Ath Trainer

Band Dan Plybon

Baseball Steve Sizemore

Basket, b Dave Culicerto

Basket, g Fran Recchia

Cheer Jessica West

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Eric Royal

CrossC, g Gene Riggs

Debate

F Hockey

Football Jeff Highfill

Forensics Marc Hinkle

Golf Kevin Tuck

Gymnast, b

Gymnast, g

Ind Track, b Dionne Nichols

Ind Track, g Dionne Nichols

Lacrosse, b

Lacrosse, g

Magazine Not Filled

Newspaper

Out Track, b Joe Hubble

Out Track, g Dionne Nichols

**Group:** AA

**Region:** III

**District:** Blue Ridge

Scholastic

Soccer, b Jeff Highfill

Soccer, g Russell Dishman

Softball Mike Mitchell

Swim, b Not Filled

Swim, g Not Filled

Tennis, b Matt Uselton

Tennis, g Not Filled

Theatre Carol Webster

Volley, b

Volley, g Sharon Hensley

Wrestling Reed Carpenter

Yearbook

**Div.:** 4

**School Phone:** 540-562-3900

**Athletics Office:** Ext. 24020

**School Fax:** 540-890-7568

## William Campbell

474 William Campbell Dr., P.O. Box 7 / Naruna, VA 24576-0007

**Email:** ramold@campbell.k12.va.us / rpurcell@campbell.k12.va.us

**Principal:** Robert Arnold

**Assistant Principal:** James Rinella

**Athletic/Activities Director:** Rick Purcell

**Superintendent:** Dr. George E. Nolley (Campbell)

**Assistant AD:** Brad Braley

**Colors:** Blue/Gray

**Mascot:** Generals

Ath Trainer Jorena Simpkins

Band Not Filled

Baseball Andy Haga

Basket, b Mike Cheek

Basket, g Brad Harper

Cheer Dabney Hanson

Cr Writing

Crew, b

Crew, g

CrossC, b Clint Turner

CrossC, g Clint Turner

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 350

**Gym Cap.** 1200

**Stad. Cap.** 2500

Brad Bradley

Nannette Haga

Todd Moats

**Group:** A

**Region:** B

**District:** Dogwood

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 1

Chris Smith

Eric Davis

Clint Turner

Kendra Turner

Nannette Haga

Brad Harper

Dabney Hanson

**School Phone:** 434-376-2015

**Athletics Office:** Ext. 105

**School Fax:** 434-376-5859

## Caroline

19155 Rogers-Clark Boulevard / Milford, VA 22514-2000

**Email:** jwick@caroline.k12.va.us / jblanton@caroline.k12.va.us

**Principal:** Jeffrey A. Wick

**Assistant Principal:** Cathy Burke, Rylene Mickleberry

**Athletic/Activities Director:** James Blanton

**Superintendent:** Mr. Stanley O. Jones (Caroline)

**Assistant AD:** Sam Frye

**Colors:** Red/White/Blue

**Mascot:** Cavaliers

Ath Trainer

Band Courtney Vowell

Baseball Frank Dow

Basket, b Broderick Roye

Basket, g Ken Wakefield

Cheer Pat Douglas

Cr Writing

Crew, b

Crew, g

CrossC, b Amanda Dickey

CrossC, g Amanda Dickey

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 1200

**Gym Cap.** 1200

**Stad. Cap.** 4000

Bobby Jenkins

Scott Wallace

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

Sansberry Harvey

**Group:** AA

**Region:** I

**District:** Battlefield

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 4

James Eads

Shelly Nevi

Not Filled

Ben Sanford

Suzi Johnson

Nancy Elliott

Katie English

Karri Zellerino

**School Phone:** 804-633-9886

**Athletics Office:** 804-633-7392

**School Fax:** 804-633-2435

## Carroll County

100 Cavs Lane / Hillsville, VA 24343

**Email:** rtpatton@ccpsd.k12.va.us / jdmatthe@ccpsd.k12.va.us

**Principal:** Robbie Patton

**Assistant Principal:** William Austin, Roland Hall

**Athletic/Activities Director:** Darrin Matthews

**Superintendent:** Dr. Oliver A. McBride (Carroll)

**Assistant AD:** Navy/Silver

**Colors:** Navy/Silver

**Mascot:** Cavaliers

Ath Trainer

Band Jeffery Klieber

Baseball Joe Tompkins

Basket, b Jason Smith

Basket, g Marc Motley

Cheer Nicole Lyons

Cr Writing

Crew, b

Crew, g

CrossC, b Pat Sharp

CrossC, g Pat Sharp

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 876

**Gym Cap.** 1800

**Stad. Cap.** 5000

Tom Hale

Beth Smith

Jacob Beamer

**Group:** AA

**Region:** IV

**District:** Southwest

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 4

Marion Harris

Wayne Edmonds

Terry Warf

Taylor Snow

Heather Morehead

Bryon Stanbery

Cindy Edwards

Jason Morris

Shannon Dalton

**School Phone:** 276-728-2125

**Athletics Office:**

**School Fax:** 276-730-9932

## Castlewood

Route 3, Highway 58 / Castlewood, VA 24224-9998

**Email:** sfletcher@russell.k12.va.us / tallen@russell.k12.va.us

**Principal:** Scotty Fletcher

**Assistant Principal:** Kenneth Musick

**Athletic/Activities Director:** Tom Allen

**Superintendent:** Dr. Lorraine C. Turner (Russell)

**Assistant AD:**

**Colors:** Royal Blue/White

**Mascot:** Blue Devils

|             |                 |              |               |
|-------------|-----------------|--------------|---------------|
| Ath Trainer |                 | Football     | David Scammel |
| Band        | Rick Burns      | Forensics    | Miranda McCoy |
| Baseball    | J.W. Salyers    | Golf         | Tom Allen     |
| Basket, b   | Aaron Williams  | Gymnast, b   |               |
| Basket, g   | Barry Ruff      | Gymnast, g   |               |
| Cheer       | Peggy Castle    | Ind Track, b |               |
| Cr Writing  |                 | Ind Track, g |               |
| Crew, b     |                 | Lacrosse, b  |               |
| Crew, g     |                 | Lacrosse, g  |               |
| CrossC, b   | Connie Crabtree | Magazine     |               |
| CrossC, g   | Connie Crabtree | Newspaper    |               |
| Debate      |                 | Out Track, b | Todd Tiller   |
| F Hockey    |                 | Out Track, g | Tom Allen     |

**Group:** A **Div.:** 2

**Region:** D

**District:** Cumberland

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  |                  |
| Soccer, g  |                  |
| Softball   | Shannon Casteel  |
| Swim, b    |                  |
| Swim, g    |                  |
| Tennis, b  |                  |
| Tennis, g  |                  |
| Theatre    | Miranda McCoy    |
| Volley, b  |                  |
| Volley, g  | Mike Roberson    |
| Wrestling  | Matthew Hamilton |
| Yearbook   | Melanie Monk     |

## Cave Spring

3712 Chaparral Drive, SW / Roanoke, VA 24018-4839

**Email:** jhartness@rcs.k12.va.us

**Principal:** Steve Spangler

**Assistant Principal:** Paul Lineberg, Diane Herchenrider

**Athletic/Activities Director:** Jon Hartness

**Superintendent:** Loraine Lange (Roanoke)

**Assistant AD:**

**Colors:** Scarlet/Black/White

**Mascot:** Knights

|             |                  |              |                 |
|-------------|------------------|--------------|-----------------|
| Ath Trainer | John Swartz      | Football     | Tim Fulton      |
| Band        | Brian Quakenbush | Forensics    | Tim Sauls       |
| Baseball    | David Dunstan    | Golf         | Mike Duncan     |
| Basket, b   | Billy Hicks      | Gymnast, b   |                 |
| Basket, g   | Jessica Ficcaro  | Gymnast, g   |                 |
| Cheer       | Ashley Sadler    | Ind Track, b | Tommy Maguire   |
| Cr Writing  |                  | Ind Track, g | Laurence Loesel |
| Crew, b     |                  | Lacrosse, b  |                 |
| Crew, g     |                  | Lacrosse, g  |                 |
| CrossC, b   | Tommy Maguire    | Magazine     |                 |
| CrossC, g   | Laurence Loesel  | Newspaper    | Sandy Gotschal  |
| Debate      | Bob Powers       | Out Track, b | Laurence Loesel |
| F Hockey    |                  | Out Track, g | Tommy Maguire   |

**Group:** AA **Div.:** 3

**Region:** III

**District:** River Ridge

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Will Simpson     |
| Soccer, g  | Esteban Martinez |
| Softball   | Not Filled       |
| Swim, b    | Andy Huray       |
| Swim, g    | Harrilyn Mills   |
| Tennis, b  | Ross Harvey      |
| Tennis, g  | Karen Rucker     |
| Theatre    | Sandy Gotschal   |
| Volley, b  |                  |
| Volley, g  | Tamalyn Tanis    |
| Wrestling  | Not Filled       |
| Yearbook   | Sandy Gotschal   |

**School Phone:** 540-772-7550

**Athletics Office:** 540-772-7551

**School Fax:** 540-772-2107

## Central (Woodstock)

1147 Susan Avenue / Woodstock, VA 22664-1019

**Email:** mtmccormick@shenandoah.k12.va.us / sdfleming@shenandoah.k12.va.us

**Principal:** Michael McCormick

**Assistant Principal:** Chris Cook, Holly Massie

**Athletic/Activities Director:** Susan Fleming

**Superintendent:** Dr. B. Keith Rowland (Shenandoah)

**Assistant AD:** Roger Wilkins

**Colors:** Blue/Gold

**Mascot:** Falcons

|             |                   |              |                |
|-------------|-------------------|--------------|----------------|
| Ath Trainer | Teresa Martilik   | Football     | Mike Yew       |
| Band        | Tommy Doss        | Forensics    | Jessica Wright |
| Baseball    | Donn Foltz        | Golf         | Jeff Walters   |
| Basket, b   | Rogers Wilkins    | Gymnast, b   |                |
| Basket, g   | Stephanie Mathews | Gymnast, g   |                |
| Cheer       | Jaycee Bova       | Ind Track, b | Rick Lytton    |
| Cr Writing  |                   | Ind Track, g | Rick Lytton    |
| Crew, b     |                   | Lacrosse, b  |                |
| Crew, g     |                   | Lacrosse, g  |                |
| CrossC, b   | Melissa Wright    | Magazine     |                |
| CrossC, g   | Melissa Wright    | Newspaper    |                |
| Debate      | Kate Blackman     | Out Track, b | Rick Lytton    |
| F Hockey    |                   | Out Track, g | Rick Lytton    |

**Group:** AA **Div.:** 3

**Region:** II

**District:** Northwestern

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Ben Frenchak       |
| Soccer, g  | Clayton Rice       |
| Softball   | Jill Yew           |
| Swim, b    | Katie Rice         |
| Swim, g    | Katie Rice         |
| Tennis, b  | Jeff Walters       |
| Tennis, g  | Jennifer Bracken   |
| Theatre    | Not Filled         |
| Volley, b  |                    |
| Volley, g  | Meredith Bauserman |
| Wrestling  | John Cardamone     |
| Yearbook   | Tara Lawson        |

**School Phone:** 540-459-2161

**Athletics Office:** 540-459-7009

**School Fax:** 540-459-5932

## Central Senior

131 K-V Road / Victoria, VA 23974-9517

**Email:** sarahbnicholas@hotmail.com / chgrtrk@hotmail.com

**Principal:** Sarah Nicholas

**Assistant Principal:** Kathleen Rainey

**Athletic/Activities Director:** Wallace Owen

**Superintendent:** Mr. Wayne L. Staples (Lunenburg)

**Assistant AD:** Chip Chappell

**Colors:** Purple/Gold/White

**Mascot:** Chargers

**Ath Trainer**

Band Latonya Ingram

Baseball Mark Bailey

Basket, b Lyn Blackwood

Basket, g Scott Wilson

Cheer Jean Kunath

Cr Writing Susan Lenhart

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 573

**Gym Cap.** 800

**Stad. Cap.** 1600

Chip Chappell

April Hawkes

Tom Hoefer

**Group:** A

**Region:** B

**District:** James River

Scholastic

Soccer, b

Soccer, g

Softball Angie Hall

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Martha Wilson

Volley, b

Volley, g Anna Bolling

Wrestling

Yearbook

**Div.:** 1

## Centreville

6001 Union Mill Road / Clifton, VA 20124-1128

**Email:** mike.campbell@fcps.edu / jimmy.sanabria@fcps.edu

**Principal:** Mike Campbell

**Assistant Principal:** Kathy Benner, William Bates, Sharon Tompkins, Karla Butler

**Athletic/Activities Director:** Jimmy Sanabria

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Greg Hamilton, Brian Doyle

**Colors:** Col. Blue/Black/Silver

**Mascot:** Wildcats

**Ath Trainer** Mike Strobl, Eric Castor

Band Beth Boivin

Baseball Morgan Spencer

Basket, b Brian Doyle

Basket, g Wally Horton

Cheer Tootie Rivera

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Eric Post

CrossC, g Eric Post

Debate Not Filled

F Hockey Meghan Doran

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 2298

**Gym Cap.** 2400

**Stad. Cap.** 7000

Gerry Pannoni

Bryan Borah

Geordie Bigus

Alicia McCurley

Roy Ferri

Mike Brown

Jed Williams

Meghan Dorani

Ann Bailey

Chris Guarraia

Roy Ferri

Roy Ferri

**Group:** AAA

**Region:** Northern

**District:** Concorde

Scholastic

Soccer, b Jac Cicala

Soccer, g Warren Williams

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 6

**School Phone:** 703-802-5400

**Athletics Office:** 703-802-5416

**School Fax:** 703-802-5597

## Chancellor

6300 Harrison Road / Fredericksburg, VA 22407-6363

**Email:** jbass@hs.spotsylvania.k12.va.us / bherndon@hs.spotsylvania.k12.va.us

**Principal:** Jacqueline Bass-Fortune

**Assistant Principal:** Kim Lauderdale, Brian Gebhardt

**Athletic/Activities Director:** Ben Herndon

**Superintendent:** Dr. Jerry W. Hill (Spotsylvania)

**Assistant AD:**

**Colors:** Burgundy/Gray

**Mascot:** Chargers

**Ath Trainer** Pat Sheehan

Band Ken Lipscomb

Baseball Bob Oliver

Basket, b Stan Clements

Basket, g Rod Crooks

Cheer Katy Biesboer

Cr Writing

Crew, b

Crew, g

CrossC, b Dennis Bane

CrossC, g Dennis Bane

Debate Not Filled

F Hockey Jim Larkin

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 1350

**Gym Cap.** 1600

**Stad. Cap.** 4000

Bob Oliver

Not Filled

Weldon Higgs

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

Charles Rudolph

**Group:** AA

**Region:** I

**District:** Battlefield

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 4

**School Phone:** 540-786-2606

**Athletics Office:** 540-548-3616

**School Fax:** 540-786-1176

## Chantilly

4201 Stringfellow Road / Chantilly, VA 20151-2600

**Email:** James.Kacur@fcps.edu / Terry.Brown@fcps.edu

**Principal:** Jim Kacur

**Assistant Principal:** Katie Lynch, Debbie Santmyer, Doug Wright,  
Lee Holt, Dennis Worek, Mike Burch

**Athletic/Activities Director:** Terry Brown

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** B. Rechin, B. Stoy, J. Smith

**Colors:** Purple/White

**Mascot:** Chargers

|             |                          |              |                   |
|-------------|--------------------------|--------------|-------------------|
| Ath Trainer | Amanda Marvin, Dan Jones | Football     | Mike Lalli        |
| Band        | Keith Taylor             | Forensics    | Michalea Northrop |
| Baseball    | Kevin Ford               | Golf         | Not Filled        |
| Basket, b   | Jim Smith                | Gymnast, b   |                   |
| Basket, g   | John Kelly               | Gymnast, g   | Maureen Nauquin   |
| Cheer       | Jim Kelly                | Ind Track, b | Matt Gilchrist    |
| Cr Writing  | Mary Downes              | Ind Track, g | Jason Franks      |
| Crew, b     |                          | Lacrosse, b  | Kevin Broderick   |
| Crew, g     |                          | Lacrosse, g  | Michelle Gates    |
| CrossC, b   | Matthew McGuire          | Magazine     |                   |
| CrossC, g   | Matt Gilchrist           | Newspaper    | Brett Zinger      |
| Debate      | Michaela Northrop        | Out Track, b | Matt Gilchrist    |
| F Hockey    | Ralph Chapman            | Out Track, g | Matt McGuire      |

**Students** 2600

**Gym Cap.** 2500

**Stad. Cap.** 6000

**Group:** AAA

**Region:** Northern

**District:** Concorde

**Div.:** 6

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Tracy Birrell   |
| Soccer, g  | Mike Astudillo  |
| Softball   | Suzy Willemssen |
| Swim, b    | Niels Moore     |
| Swim, g    | Niels Moore     |
| Tennis, b  | Kim Dillard     |
| Tennis, g  | Karen Kegerrris |
| Theatre    | Ed Monk         |
| Volley, b  |                 |
| Volley, g  | Charles Ezigbo  |
| Wrestling  | Phil Cronin     |
| Yearbook   | Mary Downs      |

## Charles City County

10039 Courthouse Road / Charles City, VA 23030

**Email:** plboyd@ccps.net / tmconroy@ccps.net

**Principal:** Pamela Boyd

**Assistant Principal:** Parcilla Salley

**Athletic/Activities Director:** Theresa Conroy

**Superintendent:** Dr. Janet C. Crawley (Charles City)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Panthers

|             |                |              |                |
|-------------|----------------|--------------|----------------|
| Ath Trainer |                | Football     | Steward Greene |
| Band        | Theresa Conroy | Forensics    |                |
| Baseball    | Irving Bradby  | Golf         |                |
| Basket, b   | Justin Hayes   | Gymnast, b   |                |
| Basket, g   | Andre Jones    | Gymnast, g   |                |
| Cheer       | Not Filled     | Ind Track, b |                |
| Cr Writing  |                | Ind Track, g |                |
| Crew, b     |                | Lacrosse, b  |                |
| Crew, g     |                | Lacrosse, g  |                |
| CrossC, b   |                | Magazine     |                |
| CrossC, g   |                | Newspaper    | Brenda Hawkins |
| Debate      |                | Out Track, b | John Christian |
| F Hockey    |                | Out Track, g | John Christian |

**Students** 262

**Gym Cap.** 500

**Stad. Cap.** 1500

**Group:** A

**Region:** A

**District:** Tri-Rivers

**Div.:** 1

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  |                |
| Soccer, g  |                |
| Softball   | Kristen Massie |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  |                |
| Tennis, g  |                |
| Theatre    |                |
| Volley, b  |                |
| Volley, g  | Not Filled     |
| Wrestling  |                |
| Yearbook   | Brenda Hawkins |

**School Phone:** 804-829-9249

**Athletics Office:**

**School Fax:** 804-829-2644

## Charlottesville

1400 Melbourne Road / Charlottesville, VA 22901-3199

**Email:** kenneth.leatherwood@ccs.k12.va.us / richard.lilly@ccs.k12.va.us

**Principal:** Kenneth Leatherwood

**Assistant Principal:** Gretchen Henning, Lawrence Clarke, Not Filled

**Athletic/Activities Director:** Richard Lilly (RAA)

**Superintendent:** Rosa Atkins (Charlottesville)

**Assistant AD:**

**Colors:** Orange/Black/White

**Mascot:** Black Knights

|             |                  |              |                  |
|-------------|------------------|--------------|------------------|
| Ath Trainer | Ian Rogol        | Football     | Garwin Deberry   |
| Band        | Vincent Tornello | Forensics    | Mike Evans       |
| Baseball    | Ritchie Williams | Golf         | Dick Engel       |
| Basket, b   | Mitch Minor      | Gymnast, b   |                  |
| Basket, g   | Harry Terrell    | Gymnast, g   |                  |
| Cheer       | Pam Brown        | Ind Track, b | Curtis Elder     |
| Cr Writing  | Mike Irani       | Ind Track, g | Curtis Elder     |
| Crew, b     |                  | Lacrosse, b  | David Zentmyer   |
| Crew, g     |                  | Lacrosse, g  | Kathryn Zentgraf |
| CrossC, b   | Amy Pritchard    | Magazine     |                  |
| CrossC, g   | Amy Pritchard    | Newspaper    |                  |
| Debate      | Dorothy Carney   | Out Track, b | Curtis Elder     |
| F Hockey    | Not Filled       | Out Track, g | Ron Green        |

**Students** 1300

**Gym Cap.** 1600

**Stad. Cap.** 5000

**Group:** AA

**Region:** II

**District:** Jefferson

**Div.:** 4

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | Kevin Madigan  |
| Soccer, g  | Not Filled     |
| Softball   | Ricas Williams |
| Swim, b    | Ron Price      |
| Swim, g    | Ron Price      |
| Tennis, b  |                |
| Tennis, g  | John Morris    |
| Theatre    | David Small    |
| Volley, b  |                |
| Volley, g  | Angela Amis    |
| Wrestling  | Chuck Wood     |
| Yearbook   | Alan Hickerson |

**School Phone:** 434-245-2410

**Athletics Office:** 434-245-2621

**School Fax:** 434-245-2610



## Chatham

100 Cavalier Circle / Chatham, VA 24531-9644

**Email:** steve.welch@pcs.k12.va.us / randy.foster@pcs.k12.va.us

**Principal:** Steve Welch

**Assistant Principal:** Randy Foster, Barbara Brown

**Athletic/Activities Director:** Randy Foster

**Superintendent:** Mr. James McDaniel (Pittsylvania)

|                      |                 |                   |                |                  |                   |              |   |
|----------------------|-----------------|-------------------|----------------|------------------|-------------------|--------------|---|
| <b>Assistant AD:</b> |                 | <b>Students</b>   | 720            | <b>Group:</b>    | A                 | <b>Div.:</b> | 2 |
| <b>Colors:</b>       | Red/White       | <b>Gym Cap.</b>   | 900            | <b>Region:</b>   | B                 |              |   |
| <b>Mascot:</b>       | Cavaliers       | <b>Stad. Cap.</b> | 2800           | <b>District:</b> | Dogwood           |              |   |
| <b>Ath Trainer</b>   |                 | Football          | Malon Dalton   | Scholastic       |                   |              |   |
| Band                 | Charles Minter  | Forensics         |                | Soccer, b        | Steve Reynolds    |              |   |
| Baseball             | Chad Anderson   | Golf              | Don Yard       | Soccer, g        |                   |              |   |
| Basket, b            | Barry Mayo      | Gymnast, b        |                | Softball         | Joe Lee           |              |   |
| Basket, g            | Mike Richardson | Gymnast, g        |                | Swim, b          |                   |              |   |
| Cheer                | Kim Ferrell     | Ind Track, b      | Trip Emerson   | Swim, g          |                   |              |   |
| Cr Writing           |                 | Ind Track, g      | Trip Emerson   | Tennis, b        |                   |              |   |
| Crew, b              |                 | Lacrosse, b       |                | Tennis, g        |                   |              |   |
| Crew, g              |                 | Lacrosse, g       |                | Theatre          |                   |              |   |
| CrossC, b            | Trip Emerson    | Magazine          |                | Volley, b        |                   |              |   |
| CrossC, g            | Trip Emerson    | Newspaper         | Shannon Crews  | Volley, g        | Keith Richardson  |              |   |
| Debate               |                 | Out Track, b      | Neil Clarridge | Wrestling        | Karle Byrd        |              |   |
| F Hockey             |                 | Out Track, g      | Trip Emerson   | Yearbook         | Amanda Smotherman |              |   |

**School Phone:** 434-432-8305

**Athletics Office:**

**School Fax:** 434-432-8351

## Chesterfield Community

12400 Branders Bridge Road / Chester, VA 23831

**Email:** jamie\_accashain@ccpsnet.net / toby\_campbell@ccpsnet.net

**Principal:** Jamie Accashain

**Assistant Principal:** Anita Storino

**Athletic/Activities Director:** Toby Campbell

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

|                      |                        |                   |                |                  |                    |              |   |
|----------------------|------------------------|-------------------|----------------|------------------|--------------------|--------------|---|
| <b>Assistant AD:</b> | Jim Porach             | <b>Students</b>   | 275            | <b>Group:</b>    | A                  | <b>Div.:</b> | 1 |
| <b>Colors:</b>       | Red/White/Blue         | <b>Gym Cap.</b>   | 250            | <b>Region:</b>   | A                  |              |   |
| <b>Mascot:</b>       | Eagles                 | <b>Stad. Cap.</b> | 0              | <b>District:</b> | Tri-Rivers         |              |   |
| <b>Ath Trainer</b>   | Portia Miller          | Football          |                | Scholastic       |                    |              |   |
| Band                 |                        | Forensics         |                | Soccer, b        |                    |              |   |
| Baseball             |                        | Golf              |                | Soccer, g        |                    |              |   |
| Basket, b            | T. Campbell, W. Carter | Gymnast, b        |                | Softball         |                    |              |   |
| Basket, g            | Nicole Jones           | Gymnast, g        |                | Swim, b          |                    |              |   |
| Cheer                |                        | Ind Track, b      |                | Swim, g          |                    |              |   |
| Cr Writing           |                        | Ind Track, g      |                | Tennis, b        |                    |              |   |
| Crew, b              |                        | Lacrosse, b       |                | Tennis, g        |                    |              |   |
| Crew, g              |                        | Lacrosse, g       |                | Theatre          |                    |              |   |
| CrossC, b            | Toby Campbell          | Magazine          |                | Volley, b        |                    |              |   |
| CrossC, g            | Toby Campbell          | Newspaper         | Patricia Moore | Volley, g        |                    |              |   |
| Debate               |                        | Out Track, b      |                | Wrestling        |                    |              |   |
| F Hockey             |                        | Out Track, g      |                | Yearbook         | Jennifer Gunderson |              |   |

**School Phone:** 804-768-6156

**Athletics Office:** Ext. 27

**School Fax:** 804-768-6171

## Chilhowie

P. O. Box 2280 / Chilhowie, VA 24319

**Email:** mikesturgill@scsb.org / markhalsey@scsb.org

**Principal:** Mike Sturgill

**Assistant Principal:** Sam Blevins

**Athletic/Activities Director:** Mark Halsey

**Superintendent:** Dr. Michael Robinson (Smyth)

|                      |                     |                   |                  |                  |                    |              |   |
|----------------------|---------------------|-------------------|------------------|------------------|--------------------|--------------|---|
| <b>Assistant AD:</b> |                     | <b>Students</b>   | 400              | <b>Group:</b>    | A                  | <b>Div.:</b> | 2 |
| <b>Colors:</b>       | Orange/Black        | <b>Gym Cap.</b>   | 1100             | <b>Region:</b>   | C                  |              |   |
| <b>Mascot:</b>       | Warriors            | <b>Stad. Cap.</b> | 5000             | <b>District:</b> | Hogoheegee         |              |   |
| <b>Ath Trainer</b>   |                     | Football          | Larry Russell    | Scholastic       |                    |              |   |
| Band                 | Dan Wilner          | Forensics         | Jessica Sizemore | Soccer, b        |                    |              |   |
| Baseball             | Jeff Robinson       | Golf              | Mark Halsey      | Soccer, g        |                    |              |   |
| Basket, b            | John Sabo           | Gymnast, b        |                  | Softball         | John Sabo          |              |   |
| Basket, g            | Mark Halsey         | Gymnast, g        |                  | Swim, b          |                    |              |   |
| Cheer                | Christie McAllister | Ind Track, b      |                  | Swim, g          |                    |              |   |
| Cr Writing           |                     | Ind Track, g      |                  | Tennis, b        |                    |              |   |
| Crew, b              |                     | Lacrosse, b       |                  | Tennis, g        |                    |              |   |
| Crew, g              |                     | Lacrosse, g       |                  | Theatre          | Jessica Sizemore   |              |   |
| CrossC, b            |                     | Magazine          |                  | Volley, b        |                    |              |   |
| CrossC, g            |                     | Newspaper         |                  | Volley, g        | Laura Robinson     |              |   |
| Debate               |                     | Out Track, b      | Billy Dungan     | Wrestling        | Michael Henderlite |              |   |
| F Hockey             |                     | Out Track, g      | Billy Dungan     | Yearbook         | Judy Lewis         |              |   |

**School Phone:** 276-646-8966

**Athletics Office:** 276-646-8967

**School Fax:** 276-646-5951

## Chincoteague

4586 Main Street / Chincoteague, VA 23336-2820

**Email:** cholland@chs.accomack.k12.va.us

**Principal:** Chris Holland

**Assistant Principal:** Cynthia S. Downing

**Athletic/Activities Director:** Not Filled

**Superintendent:** Mr. Richard W. Bull, Jr. (Accomack)

**Assistant AD:** Navy Blue/Gold  
**Colors:** Ponies  
**Mascot:** Football Not Filled  
Ath Trainer Andre Jefferson Forensics Maury Enright  
Band Fred Richardson Golf Fred Richardson  
Baseball Not Filled Gymnast, b Not Filled  
Basket, b Kim Richardson Gymnast, g Sheila Rose  
Basket, g Peggy Jeffries Ind Track, b  
Cheer Peggy Jeffries Ind Track, g  
Cr Writing Lacrosse, b  
Crew, b Lacrosse, g  
Crew, g Magazine  
CrossC, b Newspaper  
CrossC, g Out Track, b  
Debate Out Track, g  
F Hockey Out Track, g

**Students** 150  
**Gym Cap.** 500  
**Stad. Cap.** 800

**Group:** A  
**Region:** A  
**District:** Eastern Shore-A  
Scholastic  
Soccer, b George Katsetos  
Soccer, g  
Softball Peggy Jeffries  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre Fred Richardson  
Volley, b  
Volley, g Kim Richardson  
Wrestling Fred Gers  
Yearbook Barbara Luehning

## Christiansburg

100 Independence Boulevard / Christiansburg, VA 24073-1462

**Email:** rpoindexter@mail.mcps.org / klitton@mail.mcps.org

**Principal:** Rhonda Poindexter

**Assistant Principal:** Darnell Carter, Mike Stanley

**Athletic/Activities Director:** Kirk Litton (RAA)

**Superintendent:** Dr. Tiffany Anderson (Montgomery)

**Assistant AD:** Blue/Gold  
**Colors:** Demons  
**Mascot:** Football Tim Cromer  
Ath Trainer Amy Johnson Forensics  
Band David Miller Golf Phil Pendergrass  
Baseball Tim Dunkleman Gymnast, b  
Basket, b Doug Hylton Gymnast, g  
Basket, g Irvin White Ind Track, b Shane Guynn  
Cheer Amanda Cooper Ind Track, g Shane Guynn  
Cr Writing Lacrosse, b  
Crew, b Lacrosse, g  
Crew, g Magazine  
CrossC, b Shane Guynn Newspaper Kim Gross  
CrossC, g Shane Guynn Out Track, b Shane Guynn  
Debate Out Track, g Shane Guynn  
F Hockey Out Track, g Shane Guynn

**Students** 1025  
**Gym Cap.** 2500  
**Stad. Cap.** 3500

**Group:** AA  
**Region:** III  
**District:** River Ridge  
Scholastic  
Soccer, b Pete Johnson  
Soccer, g Not Filled  
Softball Harold Osborne  
Swim, b Amy Brehl  
Swim, g Amy Brehl  
Tennis, b Eric McGuire  
Tennis, g Not Filled  
Theatre Kirsten Radford  
Volley, b  
Volley, g Brian Smith  
Wrestling Daryl Weber  
Yearbook Liz Hollie

**School Phone:** 540-382-5178

**Athletics Office:** 540-382-5187

**School Fax:** 540-381-6525

## Churchland

4301 Cedar Lane / Portsmouth, VA 23703-2074

**Email:** Susan.Bechtolt@pps.k12.va.us / David.Moss@pps.k12.va.us

**Principal:** Susan Bechtolt

**Assistant Principal:** Wayne Hylton, Horace Lambert, Sandra Knight

**Athletic/Activities Director:** David Moss (RAA)

**Superintendent:** Dr. David C. Stuckwisch (Portsmouth)

**Assistant AD:** Black/Orange  
**Colors:** Truckers  
**Mascot:** Football Credic Cradle  
Ath Trainer Wendy Elbe Forensics Jonnette Jarman  
Band Jeffrey Warren Golf William Kline  
Baseball William Kline Gymnast, b  
Basket, b Arthur Zeno Gymnast, g  
Basket, g Sandra Rudolph Ind Track, b Cedric Cradle  
Cheer Nakeya McCroly Ind Track, g Henry Broady  
Cr Writing Lacrosse, b  
Crew, b Lacrosse, g  
Crew, g Magazine  
CrossC, b Larry Wylie Newspaper William Blake  
CrossC, g Vernoica Favero Out Track, b Cedric Cradle  
Debate Out Track, g Henry Broady  
F Hockey Diane Dennis Out Track, g Henry Broady

**Students** 1710  
**Gym Cap.** 4200  
**Stad. Cap.** 3500

**Group:** AAA  
**Region:** Eastern  
**District:** Eastern  
Scholastic  
Soccer, b Larry Wylie  
Soccer, g Veronica Favero  
Softball Angie Archer  
Swim, b Marcy Pronovost  
Swim, g Marcy Pronovost  
Tennis, b Keith Parker  
Tennis, g Mary Schutz  
Theatre Jonnette Jarman  
Volley, b Edwin Chandler  
Volley, g Angie Archer  
Wrestling Gino Mizusawa  
Yearbook Tricia McGewen

**School Phone:** 757-686-2500

**Athletics Office:** 757-686-2553

**School Fax:** 757-686-2504

## Clarke County

240 Westwood Road / Berryville, VA 22611-9609

**E-Mail:** ballf@clarke.k12.va.us / singhasj@clarke.k12.va.us

**Principal:** Francie Ball

**Assistant Principal:** Stacy Sefton, Jennifer Knox

**Athletic/Activities Director:** Jim Singhas

**Superintendent:** Dr. Eleanor Flora Smalley (Clarke)

**Assistant AD:** Laurie Harrell

**Colors:** Burnt Orange/Navy Blue

**Mascot:** Eagles

|             |                  |              |                 |
|-------------|------------------|--------------|-----------------|
| Ath Trainer | Not Filled       | Football     | Chris Parker    |
| Band        | Mark Curry       | Forensics    | Heather Jenkins |
| Baseball    | Casey Childs     | Golf         | Clay Farnsworth |
| Basket, b   | Brent Emmart     | Gymnast, b   |                 |
| Basket, g   | Tim Lawrence     | Gymnast, g   |                 |
| Cheer       | Anne Gorman      | Ind Track, b | Dustin Sweeney  |
| Cr Writing  | Clark Hansbarger | Ind Track, g | Dustin Sweeney  |
| Crew, b     |                  | Lacrosse, b  |                 |
| Crew, g     |                  | Lacrosse, g  |                 |
| CrossC, b   | Nancy Specht     | Magazine     | Tekoa Simpkins  |
| CrossC, g   | Nancy Specht     | Newspaper    | Molly McDonald  |
| Debate      | Ann Hermis       | Out Track, b | Andre' Kidrick  |
| F Hockey    |                  | Out Track, g | Andre' Kidrick  |

**Group:** A **Div.:** 2

**Region:** B

**District:** Bull Run

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Not Filled       |
| Soccer, g  | Laurie Harrell   |
| Softball   | Susan Grubbs     |
| Swim, b    | Carol Marshall   |
| Swim, g    | Carol Marshall   |
| Tennis, b  | Not Filled       |
| Tennis, g  | Not Filled       |
| Theatre    | Christine Brewer |
| Volley, b  |                  |
| Volley, g  | Tony LaVerde     |
| Wrestling  | John Vansice     |
| Yearbook   | Kathy Campbell   |

## Clintwood

P. O. Box 577, West Main Street / Clintwood, VA 24228-0577

**E-Mail:** bcastle@dickenson.k12.va.us / dbarnett@dickenson.k12.va.us

**Principal:** Bill Castle

**Assistant Principal:**

**Athletic/Activities Director:** Debb Barnett

**Superintendent:** Judy Compton (Dickenson)

**Assistant AD:**

**Colors:** Green/White

**Mascot:** Greenwave

|             |                |              |              |
|-------------|----------------|--------------|--------------|
| Ath Trainer |                | Football     | Rick Mullins |
| Band        |                | Forensics    |              |
| Baseball    | Chris Robinson | Golf         |              |
| Basket, b   | David Vanover  | Gymnast, b   |              |
| Basket, g   | Keith Dotson   | Gymnast, g   |              |
| Cheer       | Melissa Gumm   | Ind Track, b |              |
| Cr Writing  |                | Ind Track, g |              |
| Crew, b     |                | Lacrosse, b  |              |
| Crew, g     |                | Lacrosse, g  |              |
| CrossC, b   | Brian Mills    | Magazine     |              |
| CrossC, g   | Brian Mills    | Newspaper    |              |
| Debate      |                | Out Track, b | Brian Mills  |
| F Hockey    |                | Out Track, g | Brian Mills  |

**Group:** A **Div.:** 2

**Region:** D

**District:** Lonesome Pine

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  |                |
| Soccer, g  |                |
| Softball   | David Vanover  |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  | Wayne Newberry |
| Tennis, g  | Tonya Grant    |
| Theatre    | Diane Meade    |
| Volley, b  |                |
| Volley, g  | Vicki Blevins  |
| Wrestling  |                |
| Yearbook   | Lydia Deel     |

**School Phone:** 276-926-8400

**Athletics Office:** 276-926-8725

**School Fax:** 276-926-6154

## Clover Hill

13900 Hull Street Road / Midlothian, VA 23112-2013

**E-Mail:** Deborah\_Marks@ccpsnet.net / Wayne\_Mehrer@ccpsnet.net

**Principal:** Deborah Marks

**Assistant Principal:** Sylvia Wade, Sloan Burns, Patricia Brown

**Athletic/Activities Director:** Wayne Mehrer

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Tim Llewellyn

**Colors:** Green/Gold/White

**Mascot:** Cavaliers

|             |                 |              |               |
|-------------|-----------------|--------------|---------------|
| Ath Trainer | Danielle Ross   | Football     | Sean O'Hare   |
| Band        | Steve Conley    | Forensics    | Katie Hunter  |
| Baseball    | David Zygclocke | Golf         | Tim Llewellyn |
| Basket, b   | George Cason    | Gymnast, b   |               |
| Basket, g   | Jim Wahrman     | Gymnast, g   |               |
| Cheer       | Meagan Baker    | Ind Track, b | Rickey Brown  |
| Cr Writing  | Lisa Williams   | Ind Track, g | Rickey Brown  |
| Crew, b     |                 | Lacrosse, b  |               |
| Crew, g     |                 | Lacrosse, g  |               |
| CrossC, b   | Jim Wahrman     | Magazine     | Lisa Williams |
| CrossC, g   | Jim Wahrman     | Newspaper    | Denise Haley  |
| Debate      | Hunter Clarke   | Out Track, b | Jim Wahrman   |
| F Hockey    | Christine Russo | Out Track, g | Jim Wahrman   |

**Group:** AAA **Div.:** 6

**Region:** Central

**District:** Dominion

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Jonathan Gates  |
| Soccer, g  | Shawn Martin    |
| Softball   | Glenn Corbin    |
| Swim, b    |                 |
| Swim, g    |                 |
| Tennis, b  | Joel Higham     |
| Tennis, g  | Jennifer Watson |
| Theatre    | Ginger Gobble   |
| Volley, b  | Not Filled      |
| Volley, g  | Erin Pebbles    |
| Wrestling  | Chris Giles     |
| Yearbook   | Kellyn Jones    |

**School Phone:** 804-739-6230

**Athletics Office:** 804-739-6236

**School Fax:** 804-739-6239

## Coeburn

314 Schoolhouse Hill Drive, P. O. Box 2036 / Coeburn, VA 24230-20

**Email:** dlee@wise.k12.va.us / gjessee@wise.k12.va.us

**Principal:** Dante Lee

**Assistant Principal:** Susan Mullins

**Athletic/Activities Director:** Greg Jessee

**Superintendent:** Dr. Gregory Killough (Wise)

**Assistant AD:**

**Colors:** Silver/Blue/White

**Mascot:** Blue Knights

**Ath Trainer**

**Band** Dustin McCollum

**Baseball** Steve Hubbard Jr.

**Basket, b** Jeff Adkins

**Basket, g** Steve Collins

**Cheer** Davenne Wyatt

**Cr Writing** Karen Peters

**Crew, b**

**Crew, g**

**CrossC, b** Jeff Adkins

**CrossC, g** Jeff Adkins

**Debate**

**F Hockey**

**Students** 412

**Gym Cap.** 900

**Stad. Cap.** 3500

**Football** Greg Mullins

**Forensics** Karen Peters

**Golf** David Long

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper** Not Filled

**Out Track, b** Greg Mullins

**Out Track, g** Shane Adkins

**School Phone:** 276-395-3389

**Athletics Office:** 276-395-6741

**School Fax:** 276-395-5167

**Group:** A

**Region:** D

**District:** Cumberland

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball** Susie Atwood

**Swim, b**

**Swim, g**

**Tennis, b** Jeff Adkins

**Tennis, g** Bobbie Jones

**Theatre** Dawn Fields

**Volley, b**

**Volley, g** Brianne Casteel

**Wrestling** Shane Adkins

**Yearbook** Lynn Ramey

**Div.:** 2

## Colonial Beach

100 First Street / Colonial Beach, VA 22443-1801

**Email:** dbridges@cbschools.net / wkennedy@cbschools.net

**Principal:** David Bridges

**Assistant Principal:**

**Athletic/Activities Director:** C. Kennedy

**Superintendent:** Dr. Alice H. Howard (Colonial Beach)

**Assistant AD:**

**Colors:** Black/Gold

**Mascot:** Drifters

**Ath Trainer**

**Band**

**Baseball** Steve Swope

**Basket, b** Steve Swope

**Basket, g** Joyce Robey

**Cheer** Gail Tinsely

**Cr Writing** Veronica Reynolds

**Crew, b**

**Crew, g**

**CrossC, b**

**CrossC, g**

**Debate**

**F Hockey**

**Football** Jeremy Jack

**Forensics**

**Golf**

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper** David Reams

**Out Track, b**

**Out Track, g**

**Group:** A

**Region:** A

**District:** Tidewater

**Scholastic** Danny McNamara

**Soccer, b**

**Soccer, g**

**Softball** Fred Dodge

**Swim, b**

**Swim, g**

**Tennis, b**

**Tennis, g**

**Theatre** Danny McNamara

**Volley, b**

**Volley, g** Larry Roberson

**Wrestling**

**Yearbook** Robert Hunter

**Div.:** 1

**School Phone:** 804-224-7166

**Athletics Office:** 804-224-7166

**School Fax:** 804-224-7465

## Colonial Forge

550 Courthouse Road / Stafford, VA 22554

**Email:** lmartin@staffordschools.net / bcollier@staffordschools.net

**Principal:** Lisa L. Martin, Ph.D.

**Assistant Principal:** Rodney Jones, Nicholas Mammarella, Harry Johnston

**Athletic/Activities Director:** Brian Collier

**Superintendent:** Dr. David Sawyer (Stafford)

**Assistant AD:**

**Colors:** Forest Green/Navy/Silver

**Mascot:** Eagles

**Ath Trainer** Scott Shumanski

**Band** Andrew Loft

**Baseball** Shawn Szakelyhidi

**Basket, b** Bryan Zardezed

**Basket, g** Michele Darley

**Cheer** Angelica Lattimore

**Cr Writing** Aaron Spicer

**Crew, b**

**Crew, g**

**CrossC, b** Gary Gottschalk

**CrossC, g** Tori Arther

**Debate**

**F Hockey** Tania Baltes

**Students** 1750

**Gym Cap.** 2000

**Stad. Cap.** 5000

**Football** Tim Coleman

**Forensics** Valli Hamed

**Golf** Shane Oldenburg

**Gymnast, b**

**Gymnast, g** Not Filled

**Ind Track, b** Aaron Spicer

**Ind Track, g** Tori Arther

**Lacrosse, b** Blair Penny

**Lacrosse, g**

**Magazine** Aaron Spicer

**Newspaper** Michael Snead

**Out Track, b** Aaron Spicer

**Out Track, g** Tori Arther

**Group:** AAA

**Region:** Northwest

**District:** Commonwealth

**Scholastic**

**Soccer, b** BJ Tucker

**Soccer, g** Melissa Backus

**Softball** Celina Parker

**Swim, b** Konrad Heller

**Swim, g** Julie Bates

**Tennis, b** Andy Wolfenbarger

**Tennis, g** Robbie Thomas

**Theatre** Deborah Hansen

**Volley, b**

**Volley, g** Keith Mesa

**Wrestling** Bill Swink

**Yearbook** Aaron Spicer

**Div.:** 5

**School Phone:** 540-658-6115

**Athletics Office:** 540-658-6128

**School Fax:** 540-658-6120

## Colonial Heights

3600 Conduit Road / Colonial Heights, VA 23834-2699

**E-Mail:** John\_Keeler@colonialhths.net / Robert\_Rose@colonialhths.net

**Principal:** Dr. John R. Keeler

**Assistant Principal:** John Thomas

**Athletic/Activities Director:** Robert A. Rose (CAA)

**Superintendent:** Dr. Joseph O. Cox, Jr. (Colonial Heights)

**Assistant AD:** Students 975  
**Colors:** Red/Blue Gym Cap. 1400  
**Mascot:** Colonials Stad. Cap. 3000  
Ath Trainer Not Filled Football John C. Thomas  
Band Kyle Flohre Forensics Ruth Wareham  
Baseball Bobby Goulder Golf Jim Crinkley  
Basket, b John Thomas, Jr. Gymnast, b  
Basket, g Jim Crinkley Gymnast, g  
Cheer Dana Barefoot Ind Track, b Travis Ridley  
Cr Writing Ind Track, g Damon Talley  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Tim Ralph Magazine  
CrossC, g Damon Talley Newspaper Cynthia Goforth  
Debate Out Track, b Travis Ridley  
F Hockey Parham Weaver Out Track, g Damon Talley

**Group:** AAA Div.: 5  
**Region:** Central  
**District:** Central  
Scholastic David Flickinger  
Soccer, b J.P. McNulty  
Soccer, g Leo Brenes  
Softball Toni Martin  
Swim, b  
Swim, g  
Tennis, b Mike Smielecki  
Tennis, g Darius Uzzell  
Theatre Ruth Wareham  
Volley, b Mark Lee  
Volley, g Toni Martin  
Wrestling Kevin Turner  
Yearbook Tabitha Strickler

## Cosby

14300 Fox Club Parkway / Midlothian, VA 23112

**E-Mail:** Brenda\_Mayo@ccpsnet.net / Ted\_Salmon@ccpsnet.net

**Principal:** Dr. Brenda Mayo

**Assistant Principal:** Michael Bishop, Mike Gill

**Athletic/Activities Director:** Ted Salmon (CAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Tim Lowery, Ron Carr Students 1200  
**Colors:** Columbia Blue/Silver Gym Cap. 2000  
**Mascot:** Titans Stad. Cap. 4000  
Ath Trainer Ed Metzger Football Pete Mutascio  
Band Earl Shaffer Forensics Jeanine Grabham  
Baseball Tim Lowery Golf Warren Kempf  
Basket, b Ron Carr Gymnast, b  
Basket, g Rachel Mead Gymnast, g  
Cheer Catharine Walters Ind Track, b Bryan Still  
Cr Writing Not Filled Ind Track, g Bryan Still  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Chris Averill Magazine Natalia Carson  
CrossC, g Chris Averill Newspaper Not Filled  
Debate Mary Page-Edwards Out Track, b Bryan Still  
F Hockey Rachel Mead Out Track, g Bryan Still

**Group:** AAA Div.: 5  
**Region:** Central  
**District:** Dominion  
Scholastic Marcia Borden  
Soccer, b Mike Anderson  
Soccer, g Not Filled  
Softball Ray Jeter  
Swim, b  
Swim, g  
Tennis, b Joe Westerman  
Tennis, g Courtney Lee  
Theatre Kerry Fretwell  
Volley, b Frankie Jenkins  
Volley, g Kim Mason  
Wrestling Mike Stefanko  
Yearbook Ritamarie Hensley

## Council

HC 4, Box 230 / Council, VA 24260-9300

**E-Mail:** ktaylor@buc.k12.va.us

**Principal:** Karen Taylor

**Assistant Principal:**

**Athletic/Activities Director:** David Rasnake

**Superintendent:** Mr. Tommy P. Justus (Buchanan)

**Assistant AD:** Students 142  
**Colors:** Col. Blue/Navy/White Gym Cap. 1500  
**Mascot:** Cobras Stad. Cap. 0  
Ath Trainer Football  
Band Forensics Not Filled  
Baseball David Rasnake Golf Edgar Childress  
Basket, b Neil Rasnake Gymnast, b  
Basket, g David Rasnake Gymnast, g  
Cheer Wanda Hess Ind Track, b  
Cr Writing Ind Track, g  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Neil Rasnake Magazine  
CrossC, g Valerie Sutherland Newspaper  
Debate Out Track, b Harry Presley  
F Hockey Out Track, g Valerie Sutherland

**Group:** A Div.: 1  
**Region:** D  
**District:** Black Diamond  
Scholastic  
Soccer, b  
Soccer, g  
Softball Edgar Childress  
Swim, b  
Swim, g  
Tennis, b Neil Rasnake  
Tennis, g Wanda Hess  
Theatre  
Volley, b  
Volley, g Danny Rasnake  
Wrestling  
Yearbook Melanie Keene

**School Phone:** 804-639-8340

**Athletics Office:** 804-639-8345

**School Fax:** 804-639-8357

**School Phone:** 276-859-2627

**Athletics Office:** 276-859-2558

**School Fax:** 276-859-0145

## Courtland

6701 Smith Station Road / Spotsylvania, VA 22553-1803

**Email:** mbedwell@hs.spotsylvania.k12.va.us / rlowman@hs.spotsylvania.k12.va.us

**Principal:** Michael Bedwell

**Assistant Principal:** Mary Speight, Steve Hall, Robert Marchetti

**Athletic/Activities Director:** Ronnie Lowman

**Superintendent:** Dr. Jerry W. Hill (Spotsylvania)

**Assistant AD:** Mike Moon

**Colors:** Royal Blue/Silver

**Mascot:** Cougars

|             |                    |              |               |
|-------------|--------------------|--------------|---------------|
| Ath Trainer | Laura Gast         | Football     | J.C. Hall     |
| Band        | Kathleen Schoelwer | Forensics    | Kim Cope      |
| Baseball    | Not Filled         | Golf         | Not Filled    |
| Basket, b   | J.T. Nino          | Gymnast, b   |               |
| Basket, g   | Gene Flamm         | Gymnast, g   |               |
| Cheer       | Ashley Howard      | Ind Track, b | Jesse Johnson |
| Cr Writing  | Not Filled         | Ind Track, g | Jesse Johnson |
| Crew, b     |                    | Lacrosse, b  |               |
| Crew, g     |                    | Lacrosse, g  |               |
| CrossC, b   | Jesse Johnson      | Magazine     |               |
| CrossC, g   | Jesse Johnson      | Newspaper    | Melissa Bates |
| Debate      | Kim Cope           | Out Track, b | Jesse Johnson |
| F Hockey    | Amy Anderson       | Out Track, g | Jesse Johnson |

**Students** 1276

**Gym Cap.** 1382

**Stad. Cap.** 5000

**Group:** AA

**Region:** I

**District:** Battlefield

**Div.:** 4

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

J.T. Nino

Dennis Berry

Jim Burnopp

Rita Aspen

Rita Aspen

Matt Malobicky

Jimmie Williams

Charlene Toombs

Bob Hott

Chris Leggett

Mindy Liebeau

**School Phone:** 540-965-1410

**Athletics Office:** 540-965-1417

**School Fax:** 540-965-5870

## Covington

530 S. Lexington Avenue / Covington, VA 24426-1999

**Email:** rffuhrman@covington.k12.va.us / tmorris@covington.k12.va.us

**Principal:** Ruth Fuhrman

**Assistant Principal:** Tim Morris

**Athletic/Activities Director:** Tim Morris

**Superintendent:** Mr. Edward Graham (Covington)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Cougars

|             |                   |              |                |
|-------------|-------------------|--------------|----------------|
| Ath Trainer | Charity Hale      | Football     | Steve Dressler |
| Band        | Joe Austin        | Forensics    |                |
| Baseball    | Mick Strand       | Golf         | Rob Bennett    |
| Basket, b   | Garland Jefferson | Gymnast, b   |                |
| Basket, g   | Nathan Hale       | Gymnast, g   |                |
| Cheer       | Kim Holloway      | Ind Track, b |                |
| Cr Writing  |                   | Ind Track, g |                |
| Crew, b     |                   | Lacrosse, b  |                |
| Crew, g     |                   | Lacrosse, g  |                |
| CrossC, b   | Ray Sullins       | Magazine     |                |
| CrossC, g   | Ray Sullins       | Newspaper    |                |
| Debate      |                   | Out Track, b | Jason Akers    |
| F Hockey    |                   | Out Track, g | Jason Akers    |

**Students** 215

**Gym Cap.** 440

**Stad. Cap.** 5000

**Group:** A

**Region:** C

**District:** Pioneer

**Div.:** 1

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Brenda Tate

Leigh Ann Woodward

Shannon Fuhrman

Ray Sullins

Leigh Ann Woodward

**School Phone:** 757-496-6767

**Athletics Office:** Ext. 58223

**School Fax:** 757-496-6731

## Frank W. Cox

2425 Shorehaven Drive / Virginia Beach, VA 23454-1749

**Email:** bmatney@vbschools.com / jamesb.long@vbschools.com

**Principal:** Brian Matney

**Assistant Principal:** Mary Wiggins, James Pohl, Not Filled

**Athletic/Activities Director:** Jim Long (RAA)

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** Rixey Wilcher

**Colors:** Green/Gold

**Mascot:** Falcons

|             |                       |              |                          |
|-------------|-----------------------|--------------|--------------------------|
| Ath Trainer | B. Hinkle, R. Kollock | Football     | Steve Allosso            |
| Band        | Mike Lane             | Forensics    | Colleen Paine, T'na Bell |
| Baseball    | Bill Conroy           | Golf         | Mike Weirich             |
| Basket, b   | Bobby Wolfe           | Gymnast, b   |                          |
| Basket, g   | Shannon Drury         | Gymnast, g   | Melody Hartranft         |
| Cheer       | Beth Ann Bell         | Ind Track, b | Jonathan White           |
| Cr Writing  | LeighAnn Self         | Ind Track, g | Not Filled               |
| Crew, b     | Steve Kremers         | Lacrosse, b  |                          |
| Crew, g     |                       | Lacrosse, g  |                          |
| CrossC, b   | Raena Weimer          | Magazine     | LeighAnn Self            |
| CrossC, g   | Leslie Fedon          | Newspaper    | Julie Singleton          |
| Debate      | Sid Baumann           | Out Track, b | Jonathan White           |
| F Hockey    | Julie Swain           | Out Track, g | Leslie Fedon             |

**Students** 2100

**Gym Cap.** 1800

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Div.:** 6

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

Jim Snodgrass

Michele Clark

Eric Bodenstein

Ryan Quinn

Joe Gentry

George Schwenk

George Schwenk

Not Filled

Jason Zuidema

Claire LeBlanc

Corey Williams

Ginny James

## Craig County

Route 3, Box 1007 / New Castle, VA 24127-9542

**Email:** wraines@craig.k12.va.us

**Principal:** Walt Raines (Interim)

**Assistant Principal:** Not Filled

**Athletic/Activities Director:** Walt Raines

**Superintendent:** Dr. Kitty Rodgers (Craig)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Rockets

Ath Trainer

Band

Baseball Not Filled

Basket, b Walt Raines

Basket, g Sherry Crowder

Cheer Alexis Battacchi

Cr Writing

Crew, b

Crew, g

CrossC, b Kim Knically

CrossC, g Kim Knically

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Jeannie Guthrie

Out Track, b Allan Saunders

Out Track, g Allan Saunders

**Students** 217

**Gym Cap.** 600

**Stad. Cap.** 750

Mark McPherson

**Group:** A

**Region:** C

**District:** Pioneer

Scholastic

Soccer, b

Soccer, g

Softball Mark McPherson

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g Geoff Boyer

Wrestling

Yearbook Kim Hendrick

**Div.:** 1

**School Phone:** 540-864-5185

**Athletics Office:**

**School Fax:** 540-864-5636

## Culpeper County

14240 Achievement Drive / Culpeper, VA 22701

**Email:** jdietz@culpeperschools.org / bthornhi@culpeperschools.org

**Principal:** Jeff Dietz

**Assistant Principal:** Barbara Brown, Chuck Toler, Randi Richards-Lutz, Gwen Brown, Mark Settle, Kelley Fabish, Kelley Fabish

**Athletic/Activities Director:** Billy Thornhill

**Superintendent:** Dr. David A. Cox (Culpeper)

**Assistant AD:**

**Colors:** Navy Blue/Gold

**Mascot:** Blue Devils

Ath Trainer Henry Wolfe

Band Duane Clore

Baseball Danny Nobbs

Basket, b

Basket, g

Cheer Lynda Blume

Cr Writing

Crew, b

Crew, g

CrossC, b Kim Williams

CrossC, g Paul Lutz

Debate

F Hockey Peggy Allen

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Kim Williams

Out Track, g Libby Ouellette

**Students** 1960

**Gym Cap.** 3250

**Stad. Cap.** 2500

Greg Martz

Michelle Edwards

Shirley Gray

**Group:** AAA

**Region:** Northwest

**District:** Cedar Run

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 6

**School Phone:** 540-825-8310

**Athletics Office:**

**School Fax:** 540-829-6615

## Cumberland

15 School Road, Box 140 / Cumberland, VA 23040

**Email:** wljones@cupcs.k12.va.us / mshores@cupcs.k12.va.us

**Principal:** Wendy Lyle Jones

**Assistant Principal:** Missy Shores

**Athletic/Activities Director:** James Fowlkes

**Superintendent:** Mr. James Thornton (Cumberland)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Dukes

Ath Trainer

Band Robert Shipp

Baseball Shell Daniels

Basket, b Tyrone Mosby

Basket, g Claudia Blauvelt

Cheer Eurika Tyree

Cr Writing

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g Howard Paras

**Students** 357

**Gym Cap.** 500

**Stad. Cap.** 1000

Alfonso Bell

**Group:** A

**Region:** B

**District:** James River

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 1

**School Phone:** 804-492-4808

**Athletics Office:** 804-492-4134

**School Fax:** 804-492-3138

## Thomas Dale

3626 W. Hundred Road / Chester, VA 23831-1999

**Email:** robert\_stansberry@ccpsnet.net / lee\_batten@ccpsnet.net

**Principal:** Robert Stansberry

**Assistant Principal:** Pam Lumsden, Gene Brown, Michelle Lewis, Mark Fowler

**School Phone:** 804-768-6245

**Athletics Office:** Ext. 687

**School Fax:** 804-768-6256

### Athletic/Activities Director:

Lee Batten

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Dick Anthony, Mike Knight

**Students** 2500

**Colors:** Maroon/Gray

**Gym Cap.** 1900

**Mascot:** Knights

**Stad. Cap.** 4000

Ath Trainer Adam Linens

Football Vic Williams

Band David Holley

Forensics

Baseball Chris Marshall

Golf Jonathan Williams

Basket, b Eddie Goss

Gymnast, b

Basket, g Kevin Coffey

Gymnast, g

Cheer Lindsey Kistner

Ind Track, b Bob Gulley

Cr Writing Peter Barringer

Ind Track, g Doug Sable

Crew, b

Lacrosse, b

CrossC, b Bob Gulley

Magazine Peter Barringer

CrossC, g Doug Sable

Newspaper DeAnn Devore

Debate

Out Track, b Doug Sable

F Hockey Beth Jaeckle

Out Track, g Dick Anthony

**Group:** AAA

**Div.:** 6

**Region:** Central

**District:** Central

Scholastic

Soccer, b Mark Fowler

Soccer, g John Kabler

Softball Dennis Jones

Swim, b

Swim, g

Tennis, b Not Filled

Tennis, g Lindsey Hamner

Theatre Carol Halbert

Volley, b Mike Walker

Volley, g Scott Hueston

Wrestling Chris Persing

Yearbook Scott Young

## Dan River

100 Dan River Wildcat Circle / Ringgold, VA 24586-9505

**Email:** martin.ringstaff@pcs.k12.va.us / nathan.lumpkins@pcs.k12.va.us

**Principal:** Martin Ringstaff

**Assistant Principal:** Glenda Clark, Nathan Lumpkins

**School Phone:** 434-822-7081

**Athletics Office:** 434-822-7661

**School Fax:** 434-822-7347

### Athletic/Activities Director:

Nathan Lumpkins

**Superintendent:** Mr. James McDaniel (Pittsylvania)

**Assistant AD:** Jacob Gruse

**Students** 640

**Colors:** Royal Blue/Red/White

**Gym Cap.** 600

**Mascot:** Wildcats

**Stad. Cap.** 3500

Ath Trainer

Football Ryan Scolpini

Band Lucas Sackett

Forensics Heather Morris

Baseball Sam McCormick

Golf John Franklin

Basket, b Jacob Gruse

Gymnast, b

Basket, g Not Filled

Gymnast, g

Cheer Wendy Barts

Ind Track, b

Cr Writing

Ind Track, g

Crew, b

Lacrosse, b

Crew, g

Lacrosse, g

CrossC, b L.C. Moore

Magazine

CrossC, g L.C. Moore

Newspaper Joe Birkhead

Debate

Out Track, b Howard Crump

F Hockey

Out Track, g Thomas Pounds

**Group:** A

**Div.:** 5

**Region:** B

**District:** Dogwood

Scholastic

Soccer, b Craig Saunders

Soccer, g Jurgen Fockler

Softball Melanie Gilbert

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Heather Morris

Volley, b

Volley, g Melanie Gilbert

Wrestling

Yearbook Joe Birkhead

## Deep Creek

2900 Margaret Booker Drive / Chesapeake, VA 23323-3912

**Email:** hardenth@cps.k12.va.us / polktbe@cps.k12.va.us

**Principal:** Nathan Hardee

**Assistant Principal:** J. Bagley, Jackie Milteer, Larry Johnson, Randolph Sykes

**School Phone:** 757-558-5302

**Athletics Office:** 757-494-8076

**School Fax:** 757-558-5305

### Athletic/Activities Director:

Benny Polk

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

**Assistant AD:**

**Students** 1500

**Colors:** Purple/White

**Gym Cap.** 1400

**Mascot:** Hornets

**Stad. Cap.** 9000

Ath Trainer Tad Nickerson

Football David Cox

Band Debbie Beck

Forensics Darlene Requizo

Baseball Bill Partain

Golf Cam Pollock

Basket, b Leroy Ricks

Gymnast, b

Basket, g Anthony Edmonds

Gymnast, g

Cheer Tristan Bradshaw

Ind Track, b David Waddell

Cr Writing

Ind Track, g Chris Brumm

Crew, b

Lacrosse, b

Crew, g

Lacrosse, g

CrossC, b Karen Schultz

Magazine

CrossC, g Karen Schultz

Newspaper Pam Acklin

Debate Stephanie Rayfield

Out Track, b David Waddell

F Hockey Joey Robuns

Out Track, g Chris Brumm

**Group:** AAA

**Div.:** 5

**Region:** Eastern

**District:** Southeastern

Scholastic

Soccer, b Chris Giddis

Soccer, g Wendy Kotwas

Softball Dave Noblin

Swim, b

Swim, g

Tennis, b Jan Capua

Tennis, g Ann Pitt

Theatre Nikki Robins

Volley, b Gene Lietz

Volley, g Dave Noblin

Wrestling Steve Gwaltney

Yearbook Pam Acklin



## Deep Run

4801 Twin Hickory Road / Glen Allen, VA 23059

**Email:** acspence@henrico.k12.va.us / drjenkin@henrico.k12.va.us

**Principal:** Aaron Spence

**Assistant Principal:** Rodney Berry, Rebecca Miller, Tanya Smith, Lenny Pritchard

**Athletic/Activities Director:** Darrell Jenkins (CAA)

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:**

**Colors:** Black/Royal Blue

**Mascot:** Wildcats

Ath Trainer Sakisa Kinchen

Band Jaraun Ransome

Baseball Grant Odell

Basket, b Nat Draper

Basket, g Shawna Duda

Cheer Lindsey Christopher

Cr Writing Tim Towslee

Crew, b

Crew, g

CrossC, b Lake Stockdreher

CrossC, g Lake Stockdreher

Debate Mike Dunavant

F Hockey Katie Niemeier

**Students** 1800

**Gym Cap.** 1560

**Stad. Cap.** 2000

Football Greg Kendall

Forensics Dottie Carpenter

Golf Josh Aldrich

Gymnast, b

Gymnast, g Karen Wright

Ind Track, b Lake Stockdreher

Ind Track, g Lake Stockdreher

Lacrosse, b

Lacrosse, g

Magazine Tim Towslee

Newspaper Patricia Lyons

Out Track, b Lake Stockdreher

Out Track, g Lake Stockdreher

**School Phone:** 804-364-8000

**Athletics Office:** 804-364-8030

**School Fax:** 804-364-0887

**Group:** AAA

**Region:** Central

**District:** Colonial

Scholastic

Soccer, b Steve Chapman

Soccer, g Not Filled

Softball Stu Brown

Swim, b

Swim, g

Tennis, b Salman Parvaiz

Tennis, g Not Filled

Theatre Sheryl Gibson

Volley, b Kevin Pond

Volley, g Terra Balla

Wrestling Dan Leale

Yearbook Patricia Lyons

**Div.:** 6

## Denbigh

259 Denbigh Boulevard / Newport News, VA 23608-3399

**Email:** michael.cromartie@nn.k12.va.us / dale.roe@nn.k12.va.us

**Principal:** Michael Cromartie

**Assistant Principal:** Horace Underwood, Marilyn Sinclair-White, Stefan Henderson,

David Flowers, Audrey Mitchell

Dale Roe

**Athletic/Activities Director:**

**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Patriots

Ath Trainer

Band Tim Rossetini

Baseball Rusty Ingram

Basket, b Bryan Weaver

Basket, g James Smith

Cheer

Cr Writing Ivy Lee

Crew, b

Crew, g

CrossC, b David Cutler

CrossC, g Wanda Marinke

Debate Kristy Matthews

F Hockey Lindsay Olson

Football Tracy Harrod

Forensics Elizabeth Reynolds

Golf Rusty Ingram

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Not Filled

Out Track, g Not Filled

**Group:** AAA

**Region:** Eastern

**District:** Peninsula

Scholastic

Soccer, b Bill Dittmar

Soccer, g Not Filled

Softball Not Filled

Swim, b Pamela Guerette

Swim, g Pameal Guerette

Tennis, b

Tennis, g

Theatre Steve Hart

Volley, b Bryan Weaver

Volley, g Dale Weaver

Wrestling Chris Blazek

Yearbook Melissa Rhoades

**Div.:** 5

**School Phone:** 757-886-7700

**Athletics Office:** 757-886-7700

**School Fax:** 757-872-6542

## Dinwiddie

11608 Courthouse Road / Dinwiddie, VA 23841

**Email:** bpittman@dcpsnet.org / c.knowles@dcpsnet.org

**Principal:** Barbara Pittman

**Assistant Principal:** Tireese Lewis, Randy Johnson, Becky Tilson

**Athletic/Activities Director:** Chad Knowles (CAA)

**Superintendent:** Dr. Charles Maranzano (Dinwiddie)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Generals

Ath Trainer

Band Ryan Gregory

Baseball JP Culbreath

Basket, b Jeff Walters

Basket, g J. Ross

Cheer Kae Parton

Cr Writing

Crew, b

Crew, g

CrossC, b Bob Weaver

CrossC, g Bob Weaver

Debate

F Hockey

**Students** 1300

**Gym Cap.** 1000

**Stad. Cap.** 4000

Football Billy Mills

Forensics E. Ambrosino

Golf Jeff Walters

Gymnast, b

Gymnast, g

Ind Track, b Bob Weaver

Ind Track, g Bob Weaver

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Sharrane Johnson

Out Track, b Bob Weaver

Out Track, g Bob Weaver

**Group:** AAA

**Region:** Central

**District:** Central

Scholastic

Soccer, b Melvin Anderson

Soccer, g Tracey Dick

Softball Sharron Cousins

Swim, b

Swim, g

Tennis, b Tom Wicks

Tennis, g Otis Lilley

Theatre Judy Nobinger

Volley, b Drew Walker

Volley, g

Wrestling Chad Hall

Yearbook J. Hewison

**Div.:** 5

**School Phone:** 804-469-4280

**Athletics Office:** 804-469-4298

**School Fax:** 804-469-4285

## Dominion

21326 August Drive / Sterling, VA 20164

**Email:** john.brewer@loudoun.k12.va.us / jfleming@loudoun.k12.va.us

**Principal:** W. Brewer

**Assistant Principal:** Carol McDonald, Michelle Quirin, Jamie Baxton

**Athletic/Activities Director:** Joseph Fleming

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

|                                 |                             |
|---------------------------------|-----------------------------|
| <b>Assistant AD:</b> Kevin Shea | <b>Students</b> 1200        |
| <b>Colors:</b> Black/Silver     | <b>Gym Cap.</b> 1600        |
| <b>Mascot:</b> Titans           | <b>Stad. Cap.</b> 3000      |
| Ath Trainer Ed Renehan          | Football Mike Dougherty     |
| Band Sean Hartmetz              | Forensics Sheryl Gusman     |
| Baseball Jay Raines             | Golf Not Filled             |
| Basket, b Doug Fulton           | Gymnast, b                  |
| Basket, g Anne Gasser           | Gymnast, g Jeri Lloyd       |
| Cheer Courtney Petralia         | Ind Track, b                |
| Cr Writing                      | Ind Track, g                |
| Crew, b                         | Lacrosse, b Pete Lenotti    |
| Crew, g                         | Lacrosse, g Don Gasser      |
| CrossC, b Brian Schmidt         | Magazine Sarah Yochim       |
| CrossC, g Brian Schmidt         | Newspaper Mitchell Schwartz |
| Debate Sheryl Gusman            | Out Track, b Brian Schmidt  |
| F Hockey                        | Out Track, g Terri Williams |

|                         |                   |
|-------------------------|-------------------|
| <b>Group:</b> AA        | <b>Div.:</b> 3    |
| <b>Region:</b> II       |                   |
| <b>District:</b> Dulles |                   |
| Scholastic              |                   |
| Soccer, b               | Andrew Sharer     |
| Soccer, g               | Kelly Beauchamp   |
| Softball                | Chris Tully       |
| Swim, b                 | Shannon Freeman   |
| Swim, g                 | Shannon Freeman   |
| Tennis, b               | Ken Whitaker      |
| Tennis, g               | Cynthia Ladner    |
| Theatre                 | Anne DeVaughn     |
| Volley, b               |                   |
| Volley, g               | Cameron Meyer     |
| Wrestling               | Billy Young       |
| Yearbook                | Mitchell Schwartz |

## Eastern Montgomery

4695 Crozier Road / Elliston, VA 24087

**Email:** nsimpkin@mail.mcps.org / pburns@mail.mcps.org

**Principal:** Nelson Simpkins

**Assistant Principal:** John Wheeler

**Athletic/Activities Director:** Pat Burns

**Superintendent:** Dr. Tiffany Anderson (Montgomery)

|                                   |                         |
|-----------------------------------|-------------------------|
| <b>Assistant AD:</b>              | <b>Students</b> 290     |
| <b>Colors:</b> Maroon/White/Black | <b>Gym Cap.</b> 1500    |
| <b>Mascot:</b> Mustangs           | <b>Stad. Cap.</b> 1500  |
| Ath Trainer Kelly Sutphin         | Football Mark Poston    |
| Band Stanley Bragg                | Forensics Marcia Murphy |
| Baseball Mark Rutman              | Golf Tom Cerva          |
| Basket, b Gerald Thompson         | Gymnast, b              |
| Basket, g Kelley Sutphin          | Gymnast, g              |
| Cheer Tina Yaw                    | Ind Track, b            |
| Cr Writing                        | Ind Track, g            |
| Crew, b                           | Lacrosse, b             |
| Crew, g                           | Lacrosse, g             |
| CrossC, b Aaron Saft              | Magazine                |
| CrossC, g Marvin Ballard          | Newspaper Marcia Murphy |
| Debate Not Filled                 | Out Track, b Aaron Saft |
| F Hockey                          | Out Track, g Aaron Saft |

|                               |                |
|-------------------------------|----------------|
| <b>Group:</b> A               | <b>Div.:</b> 1 |
| <b>Region:</b> C              |                |
| <b>District:</b> Three Rivers |                |
| Scholastic                    |                |
| Soccer, b                     |                |
| Soccer, g                     |                |
| Softball                      | Suzanne Crist  |
| Swim, b                       |                |
| Swim, g                       |                |
| Tennis, b                     |                |
| Tennis, g                     | Kelley Sutphin |
| Theatre                       | Marcia Murphy  |
| Volley, b                     |                |
| Volley, g                     | Melanie Kirby  |
| Wrestling                     | Not Filled     |
| Yearbook                      | Marcia Murphy  |

**School Phone:** 540-268-3010

**Athletics Office:**

**School Fax:** 540-268-3012

## Thomas Edison

5801 Franconia Road / Alexandria, VA 22310-2722

**Email:** Martin.Grimm@fcps.edu

**Principal:** Gregory Croghan

**Assistant Principal:** Mark Holbrook, Brad Rickel, Maria Gomez, Kristen Boehme

**Athletic/Activities Director:** Martin Grimm

**Superintendent:** Dr. Jack Dale (Fairfax)

|                                    |                            |
|------------------------------------|----------------------------|
| <b>Assistant AD:</b> Jim Wild      | <b>Students</b> 1775       |
| <b>Colors:</b> Red/White/Navy Blue | <b>Gym Cap.</b> 850        |
| <b>Mascot:</b> Eagles              | <b>Stad. Cap.</b> 4500     |
| Ath Trainer J. Greco, D. Epperson  | Football Vaughn Lewis      |
| Band Erik Richards                 | Forensics Melissa Mustard  |
| Baseball Steve Palese              | Golf Peddro Crump          |
| Basket, b Franklin Macmillian      | Gymnast, b                 |
| Basket, g Dianne Lewis             | Gymnast, g Pete Novgrod    |
| Cheer Cari Merson                  | Ind Track, b Ivan Chirinos |
| Cr Writing                         | Ind Track, g Ivan Chirinos |
| Crew, b                            | Lacrosse, b Jason Jeffries |
| Crew, g                            | Lacrosse, g Lauren Hedden  |
| CrossC, b Ivan Chirinos            | Magazine Alison Douglass   |
| CrossC, g Ivan Chirinos            | Newspaper Kris Rosenblat   |
| Debate Melissa Mustard             | Out Track, b Ivan Chirinos |
| F Hockey Ginger White              | Out Track, g Ivan Chirinos |

|                           |                |
|---------------------------|----------------|
| <b>Group:</b> AAA         | <b>Div.:</b> 5 |
| <b>Region:</b> Northern   |                |
| <b>District:</b> National |                |
| Scholastic                |                |
| Soccer, b                 | Scott Racek    |
| Soccer, g                 | TJ Hawkins     |
| Softball                  | John Dooley    |
| Swim, b                   | Lisa Bieryla   |
| Swim, g                   | Lisa Bieryla   |
| Tennis, b                 | Not Filled     |
| Tennis, g                 | Not Filled     |
| Theatre                   | Alyssa Passey  |
| Volley, b                 |                |
| Volley, g                 | Matt Merante   |
| Wrestling                 | Scott Racek    |
| Yearbook                  | Kristen Leedom |

**School Phone:** 703-924-8000

**Athletics Office:** 703-924-8090

**School Fax:** 703-924-8195

## Ervinton

Route 1, Box 76 / Nora, VA 24272-0406

**Email:** rcompton@dickenson.k12.va.us

**Principal:** Rodney Compton

**Assistant Principal:**

**Athletic/Activities Director:** David Robinette

**Superintendent:** Judy Compton (Dickenson)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Rebels

Ath Trainer

Band

Baseball Chad McCoy

Basket, b David Robinette

Basket, g Regina Powers

Cheer Renee Lyall

Cr Writing Letina Dockery

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Tommy Thomas

Out Track, b Chris Crabtree

Out Track, g Karen Martin

**Students** 200

**Gym Cap.** 500

**Stad. Cap.** 1200

Chris Crabtree

Letina Dockery

**Group:** A

**Region:** D

**District:** Cumberland

Scholastic

Soccer, b

Soccer, g

Softball Trish Sutherland

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook Tommy Thomas

**Div.:** 1

**School Phone:** 276-835-8604

**Athletics Office:**

**School Fax:** 276-835-1242

## Essex

833 Airport Road, P. O Box 1006 / Tappahannock, VA 22560-1006

**Email:** llenz@essex.k12.va.us / tjones@essex.k12.va.us

**Principal:** Larry Lenz

**Assistant Principal:** Jeffrey Oberg

**Athletic/Activities Director:** Todd Jones

**Superintendent:** Mr. Thomas M. Saville (Essex)

**Assistant AD:** Kenneth Newsome

**Colors:** Purple/Gold

**Mascot:** Trojans

Ath Trainer

Band Perry Wormley

Baseball Ken Blackley

Basket, b Scott Garber

Basket, g Darlene Boone

Cheer Nicole Syster

Cr Writing

Crew, b

Crew, g

CrossC, b Ryan Patterson

CrossC, g Cid Guridy

Debate Robert Lukacevic

F Hockey David Vogel

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Scott Syster

Out Track, g Devon Parks

**Students** 563

**Gym Cap.** 750

**Stad. Cap.** 800

Todd Jones

Troy Thorne

**Group:** A

**Region:** A

**District:** Northern Neck

Scholastic

Soccer, b Sterling Harris

Soccer, g

Softball Milton Simmons

Swim, b

Swim, g

Tennis, b Robert Lukacevic

Tennis, g Michele Urban

Theatre

Volley, b

Volley, g Angela Gross

Wrestling Not Filled

Yearbook Cathy Sershen

**Div.:** 2

**School Phone:** 804-443-4301

**Athletics Office:** 804-443-4355

**School Fax:** 804-443-4272

## Fairfax

3500 Old Lee Highway / Fairfax, VA 22030-1888

**Email:** Scott.Braband@fcps.edu / Timothy.Gordon@fcps.edu

**Principal:** Scott Braband

**Assistant Principal:** Matt Eline, Cindy Waddell, Steve Singman, Gloria Allen

**Athletic/Activities Director:** Tim Gordon

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** C. Horacek, C. Haddock, N. M

**Colors:** Blue/Gray

**Mascot:** Rebel Pride

Ath Trainer B. Gustman, E. Kelly

Band Brian Thomas

Baseball Kevin Simonds

Basket, b P.J. Kelly

Basket, g Nancy Melnick

Cheer Wes Vaughan

Cr Writing

Crew, b Nathan Madden

Crew, g Nathan Madden

CrossC, b Mark Whalley

CrossC, g Mark Whalley

Debate Emily White

F Hockey Amber Beaudoin

Football

Forensics

Golf

Gymnast, b

Gymnast, g Mike Cooper

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b Marty Joyner

Lacrosse, g Ando Springer

Magazine Not Filled

Newspaper Not Filled

Out Track, b Not Filled

Out Track, g Not Filled

**Students** 2050

**Gym Cap.** 4000

**Stad. Cap.** 7500

Chris Haddock

Emily White

Steve Woolwine

**Group:** AAA

**Region:** Northern

**District:** Concorde

Scholastic

Soccer, b Kyle Morrisey

Soccer, g Geoff Mulholland

Softball Linda Young

Swim, b Matt Salerno

Swim, g Matt Salerno

Tennis, b Dave Bauer

Tennis, g Nancy Wadden

Theatre Wendy Flora

Volley, b

Volley, g Christine Zanellato

Wrestling Mitch Sutterfield

Yearbook Not Filled

**Div.:** 6

**School Phone:** 703-219-2200

**Athletics Office:** 703-219-2201

**School Fax:** 703-219-2397

## Falls Church

7521 Jaguar Trail / Falls Church, VA 22042-7597

**E-Mail:** janice.lloyd@fcps.edu / jeanne.kelly@fcps.edu

**Principal:** Janice Lloyd

**Assistant Principal:** Cheryl Allen, Daniel Ebeling, Conrad Hollingsworth, Dave Tremaine

**Athletic/Activities Director:** Jeanne Kelly (CAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** C. Lally, A. Parker

**Colors:** Green/White

**Mascot:** Jaguars

Ath Trainer Not Filled  
Band John Davenport  
Baseball Greg Edwards  
Basket, b TC Papageorge  
Basket, g Nadine Hetman  
Cheer Susanna Emerson  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Rebecca Larson  
CrossC, g Rebecca Larson  
Debate Janice Napoliello  
F Hockey Emily Stone

Football Anthony Parker  
Forensics Janice Napoliello  
Golf Mike Power  
Gymnast, b  
Gymnast, g Mike Cooper  
Ind Track, b Matt Dyson  
Ind Track, g Rebecca Larson  
Lacrosse, b Geoff Young  
Lacrosse, g Sabrina Yarie  
Magazine Susanna Emerson  
Newspaper Katie Ingwersen  
Out Track, b Matt Dyson  
Out Track, g Rebecca Larson

**Students** 1320

**Gym Cap.** 1000

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Northern

**District:** National

**Div.:** 5

Scholastic  
Soccer, b Randall Bolanos  
Soccer, g David Dougherty  
Softball Colleen Lally  
Swim, b Christina Kwon  
Swim, g Christina Kwon  
Tennis, b Will Shaffer  
Tennis, g Alison Beasley  
Theatre Reid Machefski  
Volley, b  
Volley, g Robert Lombardi  
Wrestling Not Filled  
Yearbook Kathy Lagassey

## Fauquier

705 Waterloo Road / Warrenton, VA 20186

**E-Mail:** rsites@fcps1.org / acreasy@fcps1.org

**Principal:** Roger Sites

**Assistant Principal:** James Raines, Elaine Yuille, Kraig Kelican

**Athletic/Activities Director:** Allen Creasy (CAA)

**Superintendent:** Dr. J. David Martin (Fauquier)

**Assistant AD:** Sam Johnson

**Colors:** Red/Gray

**Mascot:** Falcons

Ath Trainer Steve Downs  
Band Andrew Paul  
Baseball Paul Koch  
Basket, b Wayne Brizzi  
Basket, g Reed Gillespie  
Cheer Angela Ashby  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Quentin Jones  
CrossC, g Quentin Jones  
Debate  
F Hockey Sarah Tolomie

Football Greg Hatfield  
Forensics  
Golf Mark Ott  
Gymnast, b  
Gymnast, g  
Ind Track, b Quentin Jones  
Ind Track, g Quentin Jones  
Lacrosse, b Reed Gillespie  
Lacrosse, g Paul Stuart  
Magazine  
Newspaper Marie Miller  
Out Track, b Quentin Jones  
Out Track, g Quentin Jones

**Students** 1750

**Gym Cap.** 2200

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Northwest

**District:** Cedar Run

**Div.:** 5

Scholastic  
Soccer, b Phillip Roper  
Soccer, g Guy Bauer  
Softball Mark Ott  
Swim, b Mary Chrisinger  
Swim, g Mary Chrisinger  
Tennis, b Jan Ashby  
Tennis, g Derrick Maloney  
Theatre Kevin Mettinger  
Volley, b  
Volley, g Diana Story  
Wrestling Brian Hurst  
Yearbook Rebecca Dayton

**School Phone:** 540-347-6100

**Athletics Office:** 540-347-6118

**School Fax:** 540-347-0089

## First Colonial

1272 Mill Dam Road / Virginia Beach, VA 23454-2322

**E-Mail:** dale.holt@vbschools.com / hmphelps@vbschools.com

**Principal:** Dale Holt

**Assistant Principal:** Evangeline Muldon, Debbie Shelton, Lionel Jackson, Carlton Hill

**Athletic/Activities Director:** Hollie Godfrey

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** Ryan Schubart

**Colors:** Blue/White/Gold

**Mascot:** Patriots

Ath Trainer M. Bayonla, C. Dellapenna  
Band Andrew Hummer  
Baseball Scott Stubbe  
Basket, b Mark Butts  
Basket, g Larry Bowman  
Cheer Christy Brumley  
Cr Writing Adam Roth  
Crew, b  
Crew, g  
CrossC, b Mike Sauer  
CrossC, g Glenn Barr  
Debate James Godfrey  
F Hockey Wendy Gulden

Football Jae Clark  
Forensics Angeliqye Phillips  
Golf Leo Anthony  
Gymnast, b  
Gymnast, g Gina Jackson  
Ind Track, b Ja'ton Hines  
Ind Track, g Benjamin Kaminski  
Lacrosse, b  
Lacrosse, g  
Magazine Adam Roth  
Newspaper Will Stravino  
Out Track, b Jatton Hines  
Out Track, g Leslie Benjamin

**Students** 1820

**Gym Cap.** 1500

**Stad. Cap.** 7000

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Div.:** 6

Scholastic  
Soccer, b Matt Wallace  
Soccer, g Joe Tucei  
Softball Steve Butler  
Swim, b Kim McCanna  
Swim, g Kim McCanna  
Tennis, b Diane Deaton  
Tennis, g Diane Deaton  
Theatre Nancy Curtis  
Volley, b Gary Hodges  
Volley, g Edie Magula  
Wrestling Will Stravino  
Yearbook Wendy Bone

**School Phone:** 757-496-6711

**Athletics Office:** 757-496-6711

**School Fax:** 757-496-6719

## William Fleming

3649 Ferncliff Avenue, NW / Roanoke, VA 24017-1499

**Email:** swillis@rcps.info / rwway@rcps.info

**Principal:** Susan Willis

**Assistant Principal:** Ruth Claytor, William Downie, Susan Morris,  
Roland Lovelace, Harry Morgan III

**Athletic/Activities Director:** Robert Wray

**Superintendent:** Not Filled (Roanoke City)

**Assistant AD:**  
**Colors:** Blue/Gold  
**Mascot:** Colonels  
Ath Trainer Not Filled  
Band John Wright  
Baseball Al Holland Jr.  
Basket, b Mickey Hardy  
Basket, g Troy Manns  
Cheer Sara Lee  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Rudy Dillard  
CrossC, g Sherwood Kasey  
Debate  
F Hockey

Football Rob Senseney  
Forensics Larry Van Deventer  
Golf Orren Prunty  
Gymnast, b  
Gymnast, g  
Ind Track, b Rudolph Dillard  
Ind Track, g Robert Vineyard  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Penny Stevens  
Out Track, b Rudolph Dillard  
Out Track, g Robert Vineyard

**School Phone:** 540-853-2781

**Athletics Office:** 540-853-2887

**School Fax:** 540-563-1984

**Group:** AAA  
**Region:** Northwest  
**District:** Western Valley

**Div.:** 5

Scholastic  
Soccer, b James Moore  
Soccer, g  
Softball Bruce Palmer  
Swim, b Brooke Lee  
Swim, g Brooke Lee  
Tennis, b David Spangler  
Tennis, g Not Filled  
Theatre Larry Van Deventer  
Volley, b  
Volley, g Cynthia Brown  
Wrestling Matt Kesler  
Yearbook Melissa Poff

## Floyd County

721 Baker Street / Floyd, VA 24091-2345

**Email:** hollandsworth@floyd.k12.va.us / moranc@floyd.k12.va.us

**Principal:** Barry Hollandsworth

**Assistant Principal:** Greg Payne, Sony Matheney

**Athletic/Activities Director:** Clay Moran

**Superintendent:** Dr. Terry E. Arbogast (Floyd)

**Assistant AD:**  
**Colors:** Black/Gold  
**Mascot:** Buffaloes  
Ath Trainer Stacy Clift  
Band Denise Aspell  
Baseball Clay Moran  
Basket, b Brian Harman  
Basket, g Alan Cantrell  
Cheer  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Dawn Weeks  
CrossC, g Dawn Weeks  
Debate  
F Hockey

Football Winfred Beale  
Forensics Janet Keith  
Golf Skip Bishop  
Gymnast, b  
Gymnast, g  
Ind Track, b Bea Hubbard  
Ind Track, g Bea Hubbard  
Lacrosse, b  
Lacrosse, g  
Magazine Emily Williams  
Newspaper Emily Williams  
Out Track, b Winfred Beale  
Out Track, g Winfred Beale

**School Phone:** 540-745-9450

**Athletics Office:** 540-745-9472

**School Fax:** 540-745-9481

**Group:** A  
**Region:** C  
**District:** Three Rivers

**Div.:** 2

Scholastic  
Soccer, b Joe Kline  
Soccer, g  
Softball Wes Starkey  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g Sue Hollandsworth  
Theatre  
Volley, b  
Volley, g Annette Hubbard  
Wrestling Mike Murphy  
Yearbook Emily Williams

## Fluvanna County

3717 Central Plains Road / Palmyra, VA 22963-9715

**Email:** jbarlow@mail.fluco.org / scmorris@mail.fluco.org

**Principal:** James Barlow, Jr.

**Assistant Principal:** Jeff Scales, Wanda Elliott, Margo Bruce, Patricia Mason

**Athletic/Activities Director:** Scott Morris

**Superintendent:** Dr. Thomas W. D. Smith, Jr. (Fluvanna)

**Assistant AD:** John Smith  
**Colors:** Blue/Gold  
**Mascot:** Flying Flucos  
Ath Trainer Mark Davis  
Band John Burns  
Baseball Mike Sheridan  
Basket, b Munro Rateau  
Basket, g Chad White  
Cheer Darlene Holland  
Cr Writing Anne Beckenstein  
Crew, b  
Crew, g  
CrossC, b Tom Castol  
CrossC, g Rose Brogan  
Debate  
F Hockey

Football Joel Gray  
Forensics Not Filled  
Golf Munro Rateau  
Gymnast, b  
Gymnast, g  
Ind Track, b Tom Casto  
Ind Track, g Rose Brogan  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper John Benck  
Out Track, b David Blaha  
Out Track, g Tom Casto

**School Phone:** 434-589-3666

**Athletics Office:** 434-589-1736

**School Fax:** 434-589-1736

**Group:** AA  
**Region:** II  
**District:** Jefferson

**Div.:** 3

Scholastic Jimmy Small  
Soccer, b Patrick Dieter  
Soccer, g Tara Garcia  
Softball John Smith  
Swim, b Jimmy Small  
Swim, g Connie Banton  
Tennis, b Jason Davis  
Tennis, g Tammy Lyons  
Theatre Craig Edgerton  
Volley, b  
Volley, g Christi Harlowe  
Wrestling Craig Conner  
Yearbook John Benck

## Forest Park

15721 Forest Park Drive / Woodbridge, VA 22193

**Email:** mobleyjj@pwcs.edu

**Principal:** Eric Brent

**Assistant Principal:** Susan Elliott, Christi Feemster, Melanie Daniel, Eddie Campbell

**Athletic/Activities Director:** Jerry Mobley

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** **Students** 2400

**Colors:** Royal Blue/Kelly Green/Silver **Gym Cap.** 2100

**Mascot:** Bruins **Stad. Cap.** 5100

|             |                   |              |                  |
|-------------|-------------------|--------------|------------------|
| Ath Trainer | Jessie Shanks     | Football     | Charlie Chandler |
| Band        | Don Magee         | Forensics    | Ralph Eickhoff   |
| Baseball    | John Colantuoni   | Golf         | John Colantuoni  |
| Basket, b   | Kirby Overman     | Gymnast, b   |                  |
| Basket, g   | Christina Kelly   | Gymnast, g   |                  |
| Cheer       | Kelly Craft       | Ind Track, b | John Rock        |
| Cr Writing  | Laura Dowling     | Ind Track, g | John Rock        |
| Crew, b     | Not Filled        | Lacrosse, b  | Bud Sichler      |
| Crew, g     | Gretchen Thompson | Lacrosse, g  | William Clark    |
| CrossC, b   | John Rock         | Magazine     | Laura Dowling    |
| CrossC, g   | John Rock         | Newspaper    | Terri Loveland   |
| Debate      | Lianne Rackham    | Out Track, b | John Rock        |
| F Hockey    | Edith Pybus       | Out Track, g | John Rock        |

**Group:** AAA **Div.:** 6

**Region:** Northwest

**District:** Cardinal

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | Ken Krieger    |
| Soccer, g  | Dave Cresswell |
| Softball   | Ray Carter     |
| Swim, b    | Not Filled     |
| Swim, g    | Not Filled     |
| Tennis, b  | Louis Blount   |
| Tennis, g  | Rae Costello   |
| Theatre    | Lori Spitzer   |
| Volley, b  |                |
| Volley, g  | Dan Jones      |
| Wrestling  | Seth Cameron   |
| Yearbook   | Kristin Henry  |

## Fort Chiswell

#1 Pioneer Trail / Max Meadows, VA 24360-9515

**Email:** bbooper@wythe.k12.va.us

**Principal:** Brett Booper

**Assistant Principal:** Dyer Jackson

**Athletic/Activities Director:** Danny Jonas (RAA)

**Superintendent:** Dr. Albert S. Armentrout (Wythe)

**Assistant AD:** **Students** 505

**Colors:** Black/Gold **Gym Cap.** 1200

**Mascot:** Pioneers **Stad. Cap.** 2000

|             |                 |              |                 |
|-------------|-----------------|--------------|-----------------|
| Ath Trainer |                 | Football     | Stephen James   |
| Band        | Franklin Pugh   | Forensics    | Not Filled      |
| Baseball    | Derrick Jackson | Golf         | Dewayne Belcher |
| Basket, b   | Derrick Jackson | Gymnast, b   |                 |
| Basket, g   | Kristen Harmon  | Gymnast, g   |                 |
| Cheer       | Pam Shumate     | Ind Track, b |                 |
| Cr Writing  |                 | Ind Track, g |                 |
| Crew, b     |                 | Lacrosse, b  |                 |
| Crew, g     |                 | Lacrosse, g  |                 |
| CrossC, b   | Laura Waller    | Magazine     |                 |
| CrossC, g   | Not Filled      | Newspaper    |                 |
| Debate      |                 | Out Track, b | Ed Clyburn      |
| F Hockey    |                 | Out Track, g | Eleanor Hamm    |

**Group:** A **Div.:** 2

**Region:** C

**District:** Mtn. Empire

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Not Filled       |
| Soccer, g  |                  |
| Softball   | Jeff Molinary    |
| Swim, b    |                  |
| Swim, g    |                  |
| Tennis, b  | Paul Moore       |
| Tennis, g  | Not Filled       |
| Theatre    |                  |
| Volley, b  |                  |
| Volley, g  | Kristina Ference |
| Wrestling  | Daniel Dolewski  |
| Yearbook   | Melissa Cope     |

**School Phone:** 276-637-3437

**Athletics Office:** 276-637-3711

**School Fax:** 276-637-6316

## Fort Defiance

195 Fort Defiance Road / Fort Defiance, VA 24437-0038

**Email:** llandes@augusta.k12.va.us / jtucker@augusta.k12.va.us

**Principal:** Larry Landes

**Assistant Principal:** Donna Abernathy, Gordon Johnston, Jack Tucker

**Athletic/Activities Director:** Jack Tucker

**Superintendent:** Dr. Gary D. McQuain (Augusta)

**Assistant AD:** **Students** 902

**Colors:** Royal Blue/White **Gym Cap.** 1565

**Mascot:** Indians **Stad. Cap.** 2550

|             |                  |              |               |
|-------------|------------------|--------------|---------------|
| Ath Trainer | Becky Anhold     | Football     | Dale Spitzer  |
| Band        | Alan Shull       | Forensics    | Susan Miller  |
| Baseball    | Vic Spotts       | Golf         | Judy Bonin    |
| Basket, b   | Larry Leonard    | Gymnast, b   |               |
| Basket, g   | Laura Bowman     | Gymnast, g   |               |
| Cheer       | Natalie Campbell | Ind Track, b | Bill Converse |
| Cr Writing  |                  | Ind Track, g | David Stewart |
| Crew, b     |                  | Lacrosse, b  |               |
| Crew, g     |                  | Lacrosse, g  |               |
| CrossC, b   | Ron Witherow     | Magazine     |               |
| CrossC, g   | David Stewart    | Newspaper    |               |
| Debate      | Heather Tyler    | Out Track, b | Bill Converse |
| F Hockey    |                  | Out Track, g | David Stewart |

**Group:** AA **Div.:** 3

**Region:** III

**District:** Southern Valley

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Brent Hull       |
| Soccer, g  | Jon McClure      |
| Softball   | Max Hill         |
| Swim, b    |                  |
| Swim, g    |                  |
| Tennis, b  | Bonnie Ball      |
| Tennis, g  | John Edgecomb    |
| Theatre    | Amy Skretta      |
| Volley, b  |                  |
| Volley, g  | Lynn Alexander   |
| Wrestling  | Terry Waters     |
| Yearbook   | Stephanie Reeves |

**School Phone:** 540-245-5050

**Athletics Office:** 540-245-5051

**School Fax:** 540-245-5054

## Franklin

310 Crescent Drive / Franklin, VA 23851

**Email:** sjones@ci.franklin.va.us / dparker@ci.franklin.va.us

**Principal:** Samuel Jones

**Assistant Principal:** William Lawrence, Karl Robertson

**Athletic/Activities Director:** Darren Parker

**Superintendent:** Mr. William Pruett (Franklin City)

**Assistant AD:** Mona Sumblin

**Colors:** Navy/Gold

**Mascot:** Broncos

|             |               |              |               |
|-------------|---------------|--------------|---------------|
| Ath Trainer |               | Football     | Darren Parker |
| Band        | Blaine Britt  | Forensics    |               |
| Baseball    | Walt Flythe   | Golf         | Dave Lease    |
| Basket, b   | Daniel Dillon | Gymnast, b   |               |
| Basket, g   | Mona Sumblin  | Gymnast, g   |               |
| Cheer       | Katie Holland | Ind Track, b |               |
| Cr Writing  |               | Ind Track, g |               |
| Crew, b     |               | Lacrosse, b  |               |
| Crew, g     |               | Lacrosse, g  |               |
| CrossC, b   | Jay McKinney  | Magazine     |               |
| CrossC, g   | Not Filled    | Newspaper    | Not Filled    |
| Debate      |               | Out Track, b | Gary Evans    |
| F Hockey    |               | Out Track, g | Gary Evans    |

**Group:** A **Div.:** 1

**Region:** A

**District:** Tri-Rivers

|            |                  |
|------------|------------------|
| Scholastic | Marguerite Cross |
| Soccer, b  | Frank Padilla    |
| Soccer, g  |                  |
| Softball   | Natalie Robbins  |
| Swim, b    |                  |
| Swim, g    |                  |
| Tennis, b  | Frank Davis      |
| Tennis, g  | Calvin Sing      |
| Theatre    |                  |
| Volley, b  |                  |
| Volley, g  | Natalie Robbins  |
| Wrestling  | Daniel Johnson   |
| Yearbook   | Natalie Robbins  |

## Franklin County

700 Tanyard Road / Rocky Mount, VA 24151

**Email:** debora.decker@frco.k12.va.us / tj.shepardson@frco.k12.va.us

**Principal:** Debora Decker

**Assistant Principal:** Edwina Prunty, Mark Church, Robbie Dooley, Jon Crutchfield, William Adkins, Greg Cuddy, Larry Moore

**Athletic/Activities Director:** TJ Shepardson

**Superintendent:** Dr. Charles H. Lackey (Franklin)

**Assistant AD:**

**Colors:** Scarlet/White

**Mascot:** Eagles

|             |                        |              |                  |
|-------------|------------------------|--------------|------------------|
| Ath Trainer | S. Crawford, A. Huffer | Football     | Ben Boyd         |
| Band        | Carlton Wilkes         | Forensics    |                  |
| Baseball    | FL Slough              | Golf         | Derek Bryant     |
| Basket, b   | Doug Conklin           | Gymnast, b   |                  |
| Basket, g   | Anne Crutchfield       | Gymnast, g   |                  |
| Cheer       | Marsha Lopez           | Ind Track, b | Jeff Johnson     |
| Cr Writing  |                        | Ind Track, g | Jeff Johnson     |
| Crew, b     |                        | Lacrosse, b  |                  |
| Crew, g     |                        | Lacrosse, g  |                  |
| CrossC, b   | Jeremy Woods           | Magazine     |                  |
| CrossC, g   | Jeremy Woods           | Newspaper    | Bettina Sinclair |
| Debate      |                        | Out Track, b | Jeff Johnson     |
| F Hockey    |                        | Out Track, g | Jeff Johnson     |

**Group:** AAA **Div.:** 6

**Region:** Northwest

**District:** Western Valley

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Mike Crossan     |
| Soccer, g  | Moe Potter       |
| Softball   | Bruce Hess       |
| Swim, b    | John Girani      |
| Swim, g    | John Girani      |
| Tennis, b  | Mike Amos        |
| Tennis, g  | Pam McDaniel     |
| Theatre    |                  |
| Volley, b  |                  |
| Volley, g  | Amil Davis       |
| Wrestling  | Emanuel Brown    |
| Yearbook   | Bettina Sinclair |

**School Phone:** 540-483-0221

**Athletics Office:** 540-483-5332

**School Fax:** 540-483-3715

## Freedom (South Riding)

25450 Riding Center Drive / South Riding, VA 20152

**Email:** christine.forester@loudoun.k12.va.us / theodore.lowery@loudoun.k12.va.us

**Principal:** Christine Forester

**Assistant Principal:** Ting-Yi Oei, William LeMaster

**Athletic/Activities Director:** Rusty Lowery

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Matt Oblas

**Colors:** Black/Vegas Gold

**Mascot:** Eagles

|             |                |              |                |
|-------------|----------------|--------------|----------------|
| Ath Trainer | Andrew Lee     | Football     | Tom McIntyre   |
| Band        | Joel Gallway   | Forensics    | Not Filled     |
| Baseball    | Chris Bourassa | Golf         | Ryan Price     |
| Basket, b   | Kevin Weeren   | Gymnast, b   |                |
| Basket, g   | Jason Eldredge | Gymnast, g   | Mike Daugherty |
| Cheer       | Donna Draisey  | Ind Track, b |                |
| Cr Writing  | Not Filled     | Ind Track, g |                |
| Crew, b     |                | Lacrosse, b  | Eric Olsen     |
| Crew, g     |                | Lacrosse, g  |                |
| CrossC, b   | Eric Olsen     | Magazine     | Not Filled     |
| CrossC, g   | Eric Olsen     | Newspaper    | Not Filled     |
| Debate      | Not Filled     | Out Track, b | Not Filled     |
| F Hockey    |                | Out Track, g | Not Filled     |

**Group:** AA **Div.:** 3

**Region:** II

**District:** Dulles

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Ken Christopher  |
| Soccer, g  | Sara Gustafson   |
| Softball   | Donna Draisey    |
| Swim, b    | Not Filled       |
| Swim, g    | Not Filled       |
| Tennis, b  | Not Filled       |
| Tennis, g  | Eric Heare       |
| Theatre    | Not Filled       |
| Volley, b  |                  |
| Volley, g  | Steve Norman     |
| Wrestling  | Patrick McNanley |
| Yearbook   | Susan Abdelrazaq |

**School Phone:** 703-957-4300

**Athletics Office:** 703-957-4308

**School Fax:** 703-542-2086

## Freedom (Woodbridge)

15201 Neabsco Mills Road / Woodbridge, VA 22191

**Email:** quallsbj@pwcs.edu

**Principal:** Inez Bryant

**Assistant Principal:**

**Athletic/Activities Director:** Brad Qualls

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Melissa Dowell **Students** 1600

**Colors:** Black/Vegas Gold **Gym Cap.** 2500

**Mascot:** Eagles **Stad. Cap.** 6000

|             |                       |              |                |
|-------------|-----------------------|--------------|----------------|
| Ath Trainer | Carey Fike            | Football     | John Robinette |
| Band        | Chris Mallory         | Forensics    | Albert Smith   |
| Baseball    | Mark Coleman          | Golf         |                |
| Basket, b   | Ahmad Dorsett         | Gymnast, b   |                |
| Basket, g   | Blair Smith           | Gymnast, g   |                |
| Cheer       | S. Miano, C. Williams | Ind Track, b | Leroy Worley   |
| Cr Writing  |                       | Ind Track, g | Leroy Worley   |
| Crew, b     |                       | Lacrosse, b  | Joe Campagna   |
| Crew, g     |                       | Lacrosse, g  | Not Filled     |
| CrossC, b   | Leroy Worley          | Magazine     |                |
| CrossC, g   | Leroy Worley          | Newspaper    | Kait Arrington |
| Debate      |                       | Out Track, b | Leroy Worley   |
| F Hockey    |                       | Out Track, g | Leroy Worley   |

**Group:** AAA **Div.:** 5

**Region:** Northwest

**District:** Cardinal

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Adam Soos        |
| Soccer, g  | Not Filled       |
| Softball   | Not Filled       |
| Swim, b    | Lindsey Brauzer  |
| Swim, g    | Lindsey Brauzer  |
| Tennis, b  |                  |
| Tennis, g  | Reuben Adams     |
| Theatre    | Albert Smith     |
| Volley, b  |                  |
| Volley, g  | Erin VanGorder   |
| Wrestling  | Cornell Williams |
| Yearbook   | Kait Arrington   |

## Douglas S. Freeman

8701 Three Chopt Road / Richmond, VA 23229-4709

**Email:** alpoates@henrico.k12.va.us / jasangst@henrico.k12.va.us

**Principal:** Anne L. Poates

**Assistant Principal:** Joi Alexander-Lowery, Jamie Arkin, Bill Broyles, Warren Ahrens

**Athletic/Activities Director:** Jim Sangston (CAA)

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:** **Students** 1655

**Colors:** Navy Blue/Silver Gray **Gym Cap.** 2400

**Mascot:** Rebels **Stad. Cap.** 3500

|             |                       |              |                |
|-------------|-----------------------|--------------|----------------|
| Ath Trainer | D. Spurrier, B. Simon | Football     | Bob Brinkley   |
| Band        | Rob Blankenship       | Forensics    | Sherri Arnold  |
| Baseball    | Ken Moore             | Golf         | Drew Bright    |
| Basket, b   | Larry Parpart         | Gymnast, b   |                |
| Basket, g   | Mandy Hester          | Gymnast, g   | Sharon Kelly   |
| Cheer       | Tiffany Clarke        | Ind Track, b | Not Filled     |
| Cr Writing  | Sharon Boyles         | Ind Track, g | Sherry Edwards |
| Crew, b     |                       | Lacrosse, b  |                |
| Crew, g     |                       | Lacrosse, g  |                |
| CrossC, b   | Not Filled            | Magazine     | Sharon Boyles  |
| CrossC, g   | Brian Reutinger       | Newspaper    | Lauren Dean    |
| Debate      | Carolyn Schmid        | Out Track, b | Sherry Edwards |
| F Hockey    | Terry Donohue         | Out Track, g | Sherry Edwards |

**Group:** AAA **Div.:** 5

**Region:** Central

**District:** Colonial

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | John Kertis     |
| Soccer, g  | Kent Dohrman    |
| Softball   | Ted Grivetti    |
| Swim, b    |                 |
| Swim, g    |                 |
| Tennis, b  | Jeff Given      |
| Tennis, g  | Larry Parpart   |
| Theatre    | Mary Spears     |
| Volley, b  | Matt Colwell    |
| Volley, g  | Joe Sullivan    |
| Wrestling  | Mark Faglioni   |
| Yearbook   | Steven Zannetti |

**School Phone:** 804-673-3700

**Athletics Office:** 804-282-3994

**School Fax:** 804-673-3713

## Galax

200 Maroon Tide Drive / Galax, VA 24333-4299

**Email:** billsturgill@gcps.k12.va.us / billsutherland@gcps.k12.va.us

**Principal:** Bill Sturgill

**Assistant Principal:** Bill Sutherland

**Athletic/Activities Director:** Yerrick Stoneman

**Superintendent:** Mr. Samuel S. Cook (Galax)

**Assistant AD:** **Students** 267

**Colors:** Maroon/White **Gym Cap.** 1800

**Mascot:** Maroon Tide **Stad. Cap.** 3500

|             |                  |              |                   |
|-------------|------------------|--------------|-------------------|
| Ath Trainer |                  | Football     | Jarrett Van Acker |
| Band        | Chris Sklar      | Forensics    | B.J. Carroll      |
| Baseball    | Ronald Mankins   | Golf         | John Patterson    |
| Basket, b   | Verl Brown       | Gymnast, b   |                   |
| Basket, g   | Jamie Keatley    | Gymnast, g   |                   |
| Cheer       | Angela Mankins   | Ind Track, b |                   |
| Cr Writing  |                  | Ind Track, g |                   |
| Crew, b     |                  | Lacrosse, b  |                   |
| Crew, g     |                  | Lacrosse, g  |                   |
| CrossC, b   | Tony Quesenberry | Magazine     |                   |
| CrossC, g   | Tony Quesenberry | Newspaper    |                   |
| Debate      |                  | Out Track, b | Tony Quesenberry  |
| F Hockey    |                  | Out Track, g | Rose Houk         |

**Group:** A **Div.:** 1

**Region:** C

**District:** Mtn. Empire

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | Stew Frazier   |
| Soccer, g  |                |
| Softball   | Verl Brown     |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  | John Patterson |
| Tennis, g  | Jerry Liles    |
| Theatre    | B.J. Carroll   |
| Volley, b  |                |
| Volley, g  | Rose Houk      |
| Wrestling  | Darin Byrd     |
| Yearbook   | Dieon Tucker   |

**School Phone:** 276-236-2991

**Athletics Office:**

**School Fax:** 276-236-8011



## Galileo Magnet

230 S. Ridge Street / Danville, VA 24541

**E-Mail:** wlawrence@mail.dps.k12.va.us

**Principal:** Bill Lawrence

**Assistant Principal:**

**Athletic/Activities Director:**

**Superintendent:** Dr. Sue Davis (Danville)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Falcons

|             |              |                   |     |
|-------------|--------------|-------------------|-----|
| Ath Trainer | Football     | Students          | 260 |
| Band        | Forensics    | <b>Gym Cap.</b>   | 0   |
| Baseball    | Golf         | <b>Stad. Cap.</b> | 0   |
| Basket, b   | Gymnast, b   |                   |     |
| Basket, g   | Gymnast, g   |                   |     |
| Cheer       | Ind Track, b |                   |     |
| Cr Writing  | Ind Track, g |                   |     |
| Crew, b     | Lacrosse, b  |                   |     |
| Crew, g     | Lacrosse, g  |                   |     |
| CrossC, b   | Magazine     |                   |     |
| CrossC, g   | Newspaper    |                   |     |
| Debate      | Out Track, b |                   |     |
| F Hockey    | Out Track, g |                   |     |

**School Phone:** 434-773-8186

**Athletics Office:**

**School Fax:** 434-773-8188

|                  |            |              |                |
|------------------|------------|--------------|----------------|
| <b>Group:</b>    | A          | <b>Div.:</b> | 0              |
| <b>Region:</b>   | B          |              |                |
| <b>District:</b> | Dogwood    |              |                |
|                  | Scholastic |              |                |
|                  | Soccer, b  |              | Not Filled     |
|                  | Soccer, g  |              |                |
|                  | Softball   |              |                |
|                  | Swim, b    |              |                |
|                  | Swim, g    |              |                |
|                  | Tennis, b  |              |                |
|                  | Tennis, g  |              |                |
|                  | Theatre    |              | Rhonda Joanson |
|                  | Volley, b  |              |                |
|                  | Volley, g  |              |                |
|                  | Wrestling  |              |                |
|                  | Yearbook   |              | Lynne Hoffman  |

## Gar-Field

14000 Smoketown Road / Dale City, VA 22192-4704

**E-Mail:** zimmermn@pwcs.edu

**Principal:** Brenda Aiken

**Assistant Principal:** Regina Nash, Myca Gray, Barbara Cavalier

**Athletic/Activities Director:** Rudy Zimmermann

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Jennifer Jones

**Colors:** Red/White/Blue

**Mascot:** Indians

|             |                     |              |                   |                   |      |
|-------------|---------------------|--------------|-------------------|-------------------|------|
| Ath Trainer | Not Filled          | Football     | Joe Mangano       | <b>Students</b>   | 2499 |
| Band        | Mark Carder         | Forensics    | Brenda Echols     | <b>Gym Cap.</b>   | 2500 |
| Baseball    | Steve Denard        | Golf         | Michelle McDonald | <b>Stad. Cap.</b> | 7500 |
| Basket, b   | Andy Gray           | Gymnast, b   |                   |                   |      |
| Basket, g   | Sandra Goulet       | Gymnast, g   | Tracy Cloninger   |                   |      |
| Cheer       | Nikia Hovey         | Ind Track, b | Jeff Custer       |                   |      |
| Cr Writing  |                     | Ind Track, g | Jeff Custer       |                   |      |
| Crew, b     | Jeanetta Warbritton | Lacrosse, b  | Mike Ward         |                   |      |
| Crew, g     | Heather Megnia      | Lacrosse, g  | Not Filled        |                   |      |
| CrossC, b   | Jeff Custer         | Magazine     | Celeste Jacques   |                   |      |
| CrossC, g   | Jeff Custer         | Newspaper    | Bethany Tormay    |                   |      |
| Debate      | Ed Pell             | Out Track, b | Jeff Custer       |                   |      |
| F Hockey    | Joyce Young         | Out Track, g | Jeff Custer       |                   |      |

|                  |            |              |                 |
|------------------|------------|--------------|-----------------|
| <b>Group:</b>    | AAA        | <b>Div.:</b> | 6               |
| <b>Region:</b>   | Northwest  |              |                 |
| <b>District:</b> | Cardinal   |              |                 |
|                  | Scholastic |              |                 |
|                  | Soccer, b  |              | Mark Markiewicz |
|                  | Soccer, g  |              | Jim Frazee      |
|                  | Softball   |              | Tom Brown       |
|                  | Swim, b    |              | Kristan Wiesner |
|                  | Swim, g    |              | Kristan Wiesner |
|                  | Tennis, b  |              | Jasen Viggiani  |
|                  | Tennis, g  |              | Chris Beemer    |
|                  | Theatre    |              | Sarah Horn      |
|                  | Volley, b  |              |                 |
|                  | Volley, g  |              | Chris Proch     |
|                  | Wrestling  |              | Rick Seipp      |
|                  | Yearbook   |              | Celeste Jacques |

**School Phone:** 703-730-7000

**Athletics Office:** 703-730-7112

**School Fax:** 703-730-7197

## Gate City

178 Harry Fry Drive / Gate City, VA 24251-3620

**E-Mail:** gchprinc@scott.k12.va.us

**Principal:** Greg Ervin

**Assistant Principal:** Nick Colobro, Brent Roberts

**Athletic/Activities Director:** Nick Colobro

**Superintendent:** Mr. James B. Scott (Scott)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Blue Devils

|             |                    |              |                  |                   |      |
|-------------|--------------------|--------------|------------------|-------------------|------|
| Ath Trainer |                    | Football     | Nick Colobro     | <b>Students</b>   | 665  |
| Band        | Rick Lake          | Forensics    | Jennifer Mullins | <b>Gym Cap.</b>   | 2000 |
| Baseball    | Shannon Carter     | Golf         | Nick A. Colobro  | <b>Stad. Cap.</b> | 5000 |
| Basket, b   | Scottie Vermillion | Gymnast, b   |                  |                   |      |
| Basket, g   | Kelly Houseright   | Gymnast, g   |                  |                   |      |
| Cheer       | Patty Sampson      | Ind Track, b |                  |                   |      |
| Cr Writing  |                    | Ind Track, g |                  |                   |      |
| Crew, b     |                    | Lacrosse, b  |                  |                   |      |
| Crew, g     |                    | Lacrosse, g  |                  |                   |      |
| CrossC, b   | Janet Hill         | Magazine     |                  |                   |      |
| CrossC, g   | Janet Hill         | Newspaper    |                  |                   |      |
| Debate      |                    | Out Track, b | Barry Jones      |                   |      |
| F Hockey    |                    | Out Track, g | Amy Reed         |                   |      |

|                  |                 |              |                |
|------------------|-----------------|--------------|----------------|
| <b>Group:</b>    | A               | <b>Div.:</b> | 2              |
| <b>Region:</b>   | D               |              |                |
| <b>District:</b> | Clinch Mountain |              |                |
|                  | Scholastic      |              |                |
|                  | Soccer, b       |              |                |
|                  | Soccer, g       |              |                |
|                  | Softball        |              | Amy Bledsoe    |
|                  | Swim, b         |              |                |
|                  | Swim, g         |              |                |
|                  | Tennis, b       |              | Steve Shockley |
|                  | Tennis, g       |              | Delonda Spivey |
|                  | Theatre         |              | Jessica Seaton |
|                  | Volley, b       |              |                |
|                  | Volley, g       |              | Amy Reed       |
|                  | Wrestling       |              |                |
|                  | Yearbook        |              | Pam Jones      |

**School Phone:** 276-386-7522

**Athletics Office:** 276-386-9846

**School Fax:** 276-386-2695

## Giles

1825 Wenonah Avenue / Pearisburg, VA 24134-0706

**Email:** gbrown@gilesk12.org / ewiddoes@gilesk12.org

**Principal:** Greg Brown

**Assistant Principal:** Jason Mills

**Athletic/Activities Director:** Eric Widdoes

**Superintendent:** Dr. Terry E. Arbogast II (Giles)

**Assistant AD:** Rusty Kelley

**Colors:** Red/White/Col. Blue

**Mascot:** Spartans

**Ath Trainer**

Band Kevin White

Baseball Bruce Frazier

Basket, b Mitch Reed

Basket, g Not Filled

Cheer Laura Epperely

Cr Writing

Crew, b

Crew, g

CrossC, b Mark Hubbard

CrossC, g Mark Hubbard

Debate

F Hockey

Football

Forensics

Golf W.R. Johnston

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Michael Etzler

Out Track, b Jeff Williams

Out Track, g Rusty Kelley

**Students** 585

**Gym Cap.** 1200

**Stad. Cap.** 6000

Steve Ragsdale

**Group:** A

**Region:** C

**District:** Three Rivers

Scholastic

Soccer, b

Soccer, g Neil Schmidt

Softball Steve Wilson

Swim, b

Swim, g

Tennis, b Byron Hurley

Tennis, g Curt Gervich

Theatre Larry Marion

Volley, b

Volley, g Erin Burton

Wrestling

Yearbook Cecelia McFaden

**Div.:** 2

**School Phone:** 540-921-1711

**Athletics Office:** 540-921-1712

**School Fax:** 540-921-3861

## E. C. Glass

2111 Memorial Avenue / Lynchburg, VA 24501

**Email:** morrison@lcsedu.net / berrycw@lcsedu.net

**Principal:** Susan Morrison

**Assistant Principal:** Kevin Latham, Rose Flaughter, Bedford Luck, Howard Brown

**Athletic/Activities Director:** Chip Berry

**Superintendent:** Dr. Paul McKendrick (Lynchburg)

**Assistant AD:**

**Colors:** Royal Blue/White

**Mascot:** Hilltoppers

**Ath Trainer** Rayna Moorer

Band Larry Seipp

Baseball Marcus Maringola

Basket, b Roy Roberson

Basket, g Mark Smith

Cheer J. Bibb, P. Thompson

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Danny Boyers

CrossC, g Danny Boyers

Debate Not Filled

F Hockey

Football

Forensics

Golf Richard Trent

Gymnast, b

Gymnast, g

Ind Track, b Rodney Smith

Ind Track, g Rodney Smith

Lacrosse, b Brad Barth

Lacrosse, g Not Filled

Magazine

Newspaper Heather McCormick

Out Track, b Rodney Smith

Out Track, g Rodney Smith

**Students** 1620

**Gym Cap.** 2000

**Stad. Cap.** 14000

Aaron Reid

Mike Anthony

**Group:** AAA

**Region:** Northwest

**District:** Western Valley

Scholastic

Soccer, b Chip Berry

Soccer, g Darien McClurg

Softball Deidre Wesley

Swim, b Aaron Mabery

Swim, g Aaron Mabery

Tennis, b Ed Dawson

Tennis, g Jill Murray

Theatre Jim Ackley

Volley, b

Volley, g David Cardwell

Wrestling Chris Lukanich

Yearbook Carrie Dodge

**Div.:** 5

**School Phone:** 434-522-3712

**Athletics Office:** 434-522-3726

**School Fax:** 434-522-3793

## Glenvar

4549 Malus Drive / Salem, VA 24153-7921

**Email:** jhafey@rcs.k12.va.us / rmcclwee@rcs.k12.va.us

**Principal:** Joe Hafey

**Assistant Principal:** Sonya Cline, Not Filled

**Athletic/Activities Director:** Richard McElwee

**Superintendent:** Dr. Lorraine Lang (Salem)

**Assistant AD:**

**Colors:** Kelly Green/Gold

**Mascot:** Highlanders

**Ath Trainer** Andy Chapman

Band Matt Yates

Baseball Brian Crockett

Basket, b Rick Crofts

Basket, g Billy Wells

Cheer Meredith Georges

Cr Writing Chris Taibbi

Crew, b

Crew, g

CrossC, b Jamie Soltis

CrossC, g Richard Myers

Debate

F Hockey

Football

Forensics

Golf Kevin Clifford

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine Tara Rowland

Newspaper Martha Johnson

Out Track, b Neil Swanson

Out Track, g Not Filled

**Students** 630

**Gym Cap.** 1200

**Stad. Cap.** 4000

Not Filled

Rick Crofts

**Group:** A

**Region:** C

**District:** Three Rivers

Scholastic

Soccer, b Larry Page

Soccer, g Veron Goode

Softball Fenton Harrison

Swim, b

Swim, g

Tennis, b Mark Rohrback

Tennis, g Jennifer Rohrback

Theatre Steve Franco

Volley, b

Volley, g Mark Rohrback

Wrestling Jamie Soltis

Yearbook Tara Rowland

**Div.:** 2

**School Phone:** 540-387-6536

**Athletics Office:**

**School Fax:** 540-387-6347

## Gloucester

6680 Short Lane / Gloucester, VA 23061-4410

**Email:** tbeverage@gc.k12.va.us / jhatch@gc.k12.va.us

**Principal:** Layton Beverage

**Assistant Principal:** Albert Green, Frances Dukes, Travis Burns, Nat Elliott

**Athletic/Activities Director:** Jon Hatch

**Superintendent:** Dr. Howard B. Kiser (Gloucester)

**Assistant AD:** Students 1897  
**Colors:** Scarlet/White/Gold Gym Cap. 1800  
**Mascot:** Dukes Stad. Cap. 6000  
Ath Trainer Kristy Hunter, ATC Football Tommy Reamon  
Band Tom Emory Forensics Katherine Mehr  
Baseball Derek Kibler Golf Gerald Morgan  
Basket, b John Vigliotta Gymnast, b  
Basket, g Jay Jones Gymnast, g Megan Giunti  
Cheer Tonya Colston Ind Track, b Not Filled  
Cr Writing Ind Track, g Not Filled  
Crew, b William Foster Lacrosse, b  
Crew, g William Foster Lacrosse, g  
CrossC, b Heidi Overbay Magazine  
CrossC, g Heidi Overbay Newspaper Deb Riley  
Debate Susan Sharp Out Track, b Not Filled  
F Hockey Janet Pohle Out Track, g Not Filled

**Group:** AAA Div.: 6  
**Region:** Eastern  
**District:** Peninsula  
Scholastic  
Soccer, b James Sowers  
Soccer, g Bob Fisher  
Softball David Lindsay  
Swim, b Amy Conard  
Swim, g Amy Conard  
Tennis, b Not Filled  
Tennis, g Robie Thompson  
Theatre Clint Alexander  
Volley, b Barry Childress  
Volley, g Not Filled  
Wrestling Ricky Pierce  
Yearbook Patricia Shepherd

## Mills E. Godwin

2101 Pump Road / Richmond, VA 23233-3505

**Email:** damyers@henrico.k12.va.us / wtbrown@henrico.k12.va.us

**Principal:** Dave Myers

**Assistant Principal:** Brian Fellows, Sandy Justice-Dennis, William Broyles, Elizabeth Armbruster

**Athletic/Activities Director:** Bill Browning

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:** Students 1980  
**Colors:** Scarlet/White Gym Cap. 1800  
**Mascot:** Eagles Stad. Cap. 4500  
Ath Trainer Chris Brill Football Ron Axselle  
Band Leon Auman Forensics Jen Wickham  
Baseball John Marano Golf Tom Hoy  
Basket, b Hunter Thomas Gymnast, b  
Basket, g Mandy Hester Gymnast, g Marla Cummings  
Cheer Dana Embrey Ind Track, b Dan Rolfe  
Cr Writing Not Filled Ind Track, g Dan Rolfe  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Frank Wagner Magazine Gerlinde Edwards  
CrossC, g Kemper Towler Newspaper Chip Carter  
Debate Kirsten Bradley Out Track, b Dan Rolfe  
F Hockey Out Track, g Kelly Pace

**Group:** AAA Div.: 6  
**Region:** Central  
**District:** Colonial  
Scholastic  
Soccer, b Robert Lotze  
Soccer, g Rob White  
Softball Walter Pettus  
Swim, b  
Swim, g  
Tennis, b Tom Hoy  
Tennis, g Mark Seidenberg  
Theatre Mac Damron  
Volley, b Not Filled  
Volley, g Tracie Weston  
Wrestling Steve Crocker  
Yearbook Mary Mordica

## Goochland

3250 River Road, West / Goochland, VA 23063

**Email:** jbennett@gind.k12.va.us / bgordon@gind.k12.va.us

**Principal:** Jon Bennett

**Assistant Principal:** Bryan Gordon, Karen Kelly

**Athletic/Activities Director:** Bryan Gordon

**Superintendent:** Dr. Frank E. Morgan (Goochland)

**Assistant AD:** Students 700  
**Colors:** Scarlet/Gold Gym Cap. 1000  
**Mascot:** Bulldogs Stad. Cap. 3000  
Ath Trainer Melissa Black Football Joe Fowler  
Band Kent Gall Forensics Liz Kolbush  
Baseball Wes Farkas Golf Louis Martin  
Basket, b Oliver Courtney Gymnast, b  
Basket, g Bryan Creech Gymnast, g Sherry Rosen  
Cheer Sonia Ruqus Ind Track, b  
Cr Writing Ind Track, g  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Andy Meiller Magazine  
CrossC, g Andy Meiller Newspaper Bruce Montgomery  
Debate Out Track, b Henry Jones  
F Hockey Out Track, g Henry Jones

**Group:** A Div.: 2  
**Region:** B  
**District:** James River  
Scholastic  
Soccer, b Not Filled  
Soccer, g David Whitley  
Softball Amy Henneberger  
Swim, b Darby Richie  
Swim, g Darby Richie  
Tennis, b Margie Yurick  
Tennis, g John Dacey  
Theatre Hunter Parker  
Volley, b  
Volley, g Bert Stanley  
Wrestling  
Yearbook Bruce Montgomery

**School Phone:** 804-750-2600

**Athletics Office:** 804-741-4080

**School Fax:** 804-750-2611

**School Phone:** 804-556-5322

**Athletics Office:** 804-556-5326

**School Fax:** 804-556-6485

## Grafton

403 Grafton Drive / Yorktown, VA 23692-2173

**Email:** sguy@ycsd.york.va.us / pkirby@ycsd.york.va.us

**Principal:** Stephanie Guy

**Assistant Principal:** Jeff Jackson, Craig Reed

**Athletic/Activities Director:** Paul Kirby

**Superintendent:** Dr. Steven R. Staples (York)

**Assistant AD:** Laura Sutton

**Colors:** Red/Navy/Silver

**Mascot:** Clippers

**Ath Trainer**

Band Darren Kirsch

Baseball John Hammons

Basket, b Mike Lee

Basket, g Chris Harper

Cheer Angie Dailey

Cr Writing

Crew, b

Crew, g

CrossC, b Rob Pierce

CrossC, g Norma Sims

Debate Melissa Green

F Hockey Don Samuels

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 1290

**Gym Cap.** 900

**Stad. Cap.** 6000

Kevin Montini

Matt Ellis, Megan Foard

Matt Basilone

**Group:** AA

**Region:** I

**District:** Bay Rivers

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 4

Stephen Butler

Don Samuels

Vanessa Young

Lisa Wylam

Leslie Callender

Adam Seltzer

Latasha Randon

Cindy Kreicar

Dena Montini

Not Filled

Kathleen Eanes

**School Phone:** 276-326-1235

**Athletics Office:** 276-326-1255

**School Fax:** 276-326-1128

## Graham

210 Valleydale / Bluefield, VA 24605-9400

**Email:** joneal@tazewell.k12.va.us / dmarrs@tazewell.k12.va.us

**Principal:** John O'Neal

**Assistant Principal:** Beth Roe

**Athletic/Activities Director:** Doug Marrs

**Superintendent:** Dr. Brenda B. Lawson (Tazewell)

**Assistant AD:**

**Colors:** Cardinal/Gold/White

**Mascot:** G-Men

**Ath Trainer**

Band Michael Brown

Baseball Morgan Campbell

Basket, b Glynn Carlock, Jr.

Basket, g Tracy Wyatt

Cheer Debbie Brewster

Cr Writing Debbie Brewster

Crew, b

Crew, g

CrossC, b Marcia Munsey

CrossC, g Marcia Munsey

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 550

**Gym Cap.** 2300

**Stad. Cap.** 10000

Doug Marrs

Jenny Johnson

Ed Shaffrey

**Group:** AA

**Region:** IV

**District:** Southwest

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 3

Hank Furry

Roger Mercke

Beverly Proffitt

Swim, b

Swim, g

Roscoe Warner

Mark Sarver

J. Helton

Volley, b

Beverly Proffitt

Tim Woodward

Deborah Hart

**School Phone:** 757-451-4110

**Athletics Office:** 757-451-4121

**School Fax:** 757-451-4118

## Granby

7101 Granby Street / Norfolk, VA 23505

**Email:** tdaughtrey@nps.k12.va.us / mbechtol@nps.k12.va.us

**Principal:** Ted Daughtrey

**Assistant Principal:** Mark Makoves, Mindy Williams, John Hatcher, Vicki Jones

**Athletic/Activities Director:** Marty Bechtol

**Superintendent:** Dr. Stephen C. Jones (Norfolk)

**Assistant AD:**

**Colors:** Silver/Gold/Blue

**Mascot:** Comets

**Ath Trainer** John Campose

Band Steve Clendenin

Baseball Robert Butler

Basket, b L. Blow, T. Matthews

Basket, g Sekou Wilson

Cheer Cassandra Payton

Cr Writing

Crew, b Rodger Spruill

Crew, g Katie Dolph

CrossC, b

CrossC, g

Debate Stuart Jones

F Hockey Dawn Anderson

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b

Out Track, g

**Students** 1750

**Gym Cap.** 1600

**Stad. Cap.** 2800

Dave Hudak

Cristina Flores

Stuart Jones

**Group:** AAA

**Region:** Eastern

**District:** Eastern

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 6

Jay Freeman

Soccer, g

Kristy Colli

Ron McCubins

Rachael Rosenthal

Tennis, b

William Lloyd

Bruce Hanson

Larry White

Tim Maynard

Kenny Whitley

Camille Yorke

## Grassfield

2007 Grizzly Trail / Chesapeake, VA 23323

**E-Mail:** haughbge@cps.k12.va.us

**Principal:** Carolyn Bernard

**Assistant Principal:**

**Athletic/Activities Director:** Brian Haughinberry (RAA)

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

|                      |                     |                   |                  |
|----------------------|---------------------|-------------------|------------------|
| <b>Assistant AD:</b> |                     | <b>Students</b>   | 1650             |
| <b>Colors:</b>       | Red/White/Navy Blue | <b>Gym Cap.</b>   | 2000             |
| <b>Mascot:</b>       | Grizzlies           | <b>Stad. Cap.</b> | 7000             |
| Ath Trainer          | Anne McKim          | Football          | Marty Asprey     |
| Band                 | Zachary Rooksby     | Forensics         | Not Filled       |
| Baseball             | Shawn Todd          | Golf              | Bret Lieberman   |
| Basket, b            | Andy Schwertler     | Gymnast, b        |                  |
| Basket, g            | Mike Hyman          | Gymnast, g        | Caroline Gilmore |
| Cheer                | Dusti Harrell       | Ind Track, b      | Ernie Jones      |
| Cr Writing           |                     | Ind Track, g      | Pat Banks        |
| Crew, b              |                     | Lacrosse, b       |                  |
| Crew, g              |                     | Lacrosse, g       |                  |
| CrossC, b            | Pat Banks           | Magazine          |                  |
| CrossC, g            | Pat Banks           | Newspaper         | Kelly Stoneman   |
| Debate               | Steve Earnhart      | Out Track, b      | Ernie Jones      |
| F Hockey             | Emily Townsend      | Out Track, g      | Pat Banks        |

|                  |                         |              |   |
|------------------|-------------------------|--------------|---|
| <b>Group:</b>    | AAA                     | <b>Div.:</b> | 5 |
| <b>Region:</b>   | Eastern                 |              |   |
| <b>District:</b> | Southeastern            |              |   |
| Scholastic       | Not Filled              |              |   |
| Soccer, b        | Robbie Gobble           |              |   |
| Soccer, g        | Kevin Ellis             |              |   |
| Softball         | Leroy Bohn              |              |   |
| Swim, b          | Brenna Anderson         |              |   |
| Swim, g          | Brenna Anderson         |              |   |
| Tennis, b        | Matt Graham             |              |   |
| Tennis, g        | M. Graham, K. McInerney |              |   |
| Theatre          | William R. Staggs       |              |   |
| Volley, b        | David Russell           |              |   |
| Volley, g        | Sarelda James-Green     |              |   |
| Wrestling        | Matt Small              |              |   |
| Yearbook         | Rachel Harris           |              |   |

**School Phone:** 757-558-4749

**Athletics Office:**

**School Fax:** 757-558-9240

## Grayson County

110 Blue Devil Drive, P.O. Box 828 / Independence, VA 24348

**E-Mail:** dhaynes@grayson.k12.va.us / aspars@grayson.k12.va.us

**Principal:** Diane Haynes

**Assistant Principal:** Jamey Hale

**Athletic/Activities Director:** Adam Sparks

**Superintendent:** Mrs. Elizabeth Thomas (Grayson)

|                      |                 |                   |                 |
|----------------------|-----------------|-------------------|-----------------|
| <b>Assistant AD:</b> |                 | <b>Students</b>   | 655             |
| <b>Colors:</b>       | Blue/White/Gold | <b>Gym Cap.</b>   | 1000            |
| <b>Mascot:</b>       | Blue Devils     | <b>Stad. Cap.</b> | 3000            |
| Ath Trainer          |                 | Football          | Brett McPherson |
| Band                 | Rick Munsey     | Forensics         | Sonya Redd      |
| Baseball             | Mike Worrell    | Golf              | James Davis     |
| Basket, b            | Not Filled      | Gymnast, b        |                 |
| Basket, g            | Not Filled      | Gymnast, g        |                 |
| Cheer                | Jessica Sumner  | Ind Track, b      |                 |
| Cr Writing           |                 | Ind Track, g      |                 |
| Crew, b              |                 | Lacrosse, b       |                 |
| Crew, g              |                 | Lacrosse, g       |                 |
| CrossC, b            | Lucas Austin    | Magazine          |                 |
| CrossC, g            | Tommie Hopkins  | Newspaper         |                 |
| Debate               |                 | Out Track, b      | Lucas Austin    |
| F Hockey             |                 | Out Track, g      | Not Filled      |

|                  |                  |              |   |
|------------------|------------------|--------------|---|
| <b>Group:</b>    | A                | <b>Div.:</b> | 2 |
| <b>Region:</b>   | C                |              |   |
| <b>District:</b> | Mtn. Empire      |              |   |
| Scholastic       |                  |              |   |
| Soccer, b        | Brad Mawyer      |              |   |
| Soccer, g        |                  |              |   |
| Softball         | Tommie Hopkins   |              |   |
| Swim, b          |                  |              |   |
| Swim, g          |                  |              |   |
| Tennis, b        | Mark Clampett    |              |   |
| Tennis, g        | Betty Butler     |              |   |
| Theatre          | Sonya Redd       |              |   |
| Volley, b        |                  |              |   |
| Volley, g        | Charles Campbell |              |   |
| Wrestling        | Bucky Pritchard  |              |   |
| Yearbook         | Tera Casey       |              |   |

**School Phone:** 276-773-2131

**Athletics Office:**

**School Fax:** 276-773-2682

## Great Bridge

301 West Hanbury Road / Chesapeake, VA 23322-4228

**E-Mail:** andrejma@cps.k12.va.us / jennigwo@cps.k12.va.us

**Principal:** Janet M. Andrejco

**Assistant Principal:** Herman Mizell, Al Alexander, Wesley Earnest, Jim Cleavenger, Joyce Dugan

**Athletic/Activities Director:** Greg Jennings

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

|                      |                  |                   |                |
|----------------------|------------------|-------------------|----------------|
| <b>Assistant AD:</b> |                  | <b>Students</b>   | 1800           |
| <b>Colors:</b>       | Green/Gold       | <b>Gym Cap.</b>   | 1500           |
| <b>Mascot:</b>       | Wildcats         | <b>Stad. Cap.</b> | 5000           |
| Ath Trainer          | Sharon Ivey      | Football          | Pete Gale      |
| Band                 | Rob Carroll      | Forensics         | Monica Wheaton |
| Baseball             | Wiley Lee        | Golf              | Chris Smith    |
| Basket, b            | Gary Obenour     | Gymnast, b        |                |
| Basket, g            | LaShelle Elliott | Gymnast, g        | Ginny Petree   |
| Cheer                | Ginny Brown      | Ind Track, b      | Bill Volkman   |
| Cr Writing           |                  | Ind Track, g      | Not Filled     |
| Crew, b              | Bryan Stambaugh  | Lacrosse, b       |                |
| Crew, g              | Bryan Stambaugh  | Lacrosse, g       |                |
| CrossC, b            | Bill Volkman     | Magazine          |                |
| CrossC, g            | Bill Volkman     | Newspaper         | Cathy Lucas    |
| Debate               | Reecie McGovern  | Out Track, b      | Gabe Wetmore   |
| F Hockey             | Meredith Prince  | Out Track, g      | Bill Volkman   |

|                  |                     |              |   |
|------------------|---------------------|--------------|---|
| <b>Group:</b>    | AAA                 | <b>Div.:</b> | 5 |
| <b>Region:</b>   | Eastern             |              |   |
| <b>District:</b> | Southeastern        |              |   |
| Scholastic       | Linda Dill-Robinson |              |   |
| Soccer, b        | Paul Duval          |              |   |
| Soccer, g        | Jennifer Hilborn    |              |   |
| Softball         | Kirk Clayton        |              |   |
| Swim, b          | Manon Romash        |              |   |
| Swim, g          | Manon Romash        |              |   |
| Tennis, b        | Not Filled          |              |   |
| Tennis, g        | Linda Johnson       |              |   |
| Theatre          | John Carter         |              |   |
| Volley, b        | David Albaugh       |              |   |
| Volley, g        | Chris Lessick       |              |   |
| Wrestling        | Norman Smith        |              |   |
| Yearbook         | Cathy Lucas         |              |   |

**School Phone:** 757-482-5191

**Athletics Office:** 757-546-8478

**School Fax:** 757-482-5559

## Green Run

1700 Dahlia Drive / Virginia Beach, VA 23453-2199

**Email:** gparker@vbcps.k12.va.us / rpomeara@vbschools.com

**Principal:** George Parker III

**Assistant Principal:** Dolores Phipps, Donna Elliott, Andre Vickers, Heidi Mealy

**Athletic/Activities Director:** Ryan O'Meara

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** M. Faulkner, B. McEachern

**Colors:** Green/Blue/White

**Mascot:** Stallions

|             |                 |              |                    |
|-------------|-----------------|--------------|--------------------|
| Ath Trainer | Football        | Shawn Wilson |                    |
| Band        | David Hopson    | Forensics    | Marc Dyer          |
| Baseball    | David Abbott    | Golf         | Willie Maull       |
| Basket, b   | Danny Erb       | Gymnast, b   |                    |
| Basket, g   | Ebony Cherry    | Gymnast, g   | Megan Faulkner     |
| Cheer       | Beth Cox        | Ind Track, b | Willie Maull       |
| Cr Writing  |                 | Ind Track, g | Willie Maull       |
| Crew, b     |                 | Lacrosse, b  |                    |
| Crew, g     |                 | Lacrosse, g  |                    |
| CrossC, b   | Billy Torbush   | Magazine     |                    |
| CrossC, g   | Billy Torbush   | Newspaper    | Rebecca Burnsworth |
| Debate      | Jennifer Mooney | Out Track, b | Willie Maull       |
| F Hockey    | Tanya Barone    | Out Track, g | Willie Maull       |

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Div.:** 5

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Jeff Warnock       |
| Soccer, g  | Christine Heath    |
| Softball   | Dale DeSarro       |
| Swim, b    | Tanya Barone       |
| Swim, g    | Ashley Kelley      |
| Tennis, b  | Oliver Galon       |
| Tennis, g  | Christina Cancelli |
| Theatre    | Marc Dyer          |
| Volley, b  | Not Filled         |
| Volley, g  | Mike Jablonski     |
| Wrestling  |                    |
| Yearbook   | Rebecca Burnsworth |

## Greensville County

403 Harding Street / Emporia, VA 23847

**Email:** wscott@greensville.k12.va.us / rallen@gcps1.com

**Principal:** Wayne D. Scott

**Assistant Principal:** Larry Adams, Rachel Young, Jerry Winningham

**Athletic/Activities Director:** Ruby Allen

**Superintendent:** Dr. Phillip L. Worrell (Greensville/Emporia)

**Assistant AD:**

**Colors:** Kelly Green/Gold

**Mascot:** Eagles

|             |                |              |                |
|-------------|----------------|--------------|----------------|
| Ath Trainer | Football       | Mario Walton |                |
| Band        | Shawn Batten   | Forensics    | Kenya Grant    |
| Baseball    | Mario Walton   | Golf         | James Callahan |
| Basket, b   |                | Gymnast, b   |                |
| Basket, g   | Ruby Allen     | Gymnast, g   |                |
| Cheer       | Karen Taylor   | Ind Track, b | Mitchell Smith |
| Cr Writing  |                | Ind Track, g | Mitchell Smith |
| Crew, b     |                | Lacrosse, b  |                |
| Crew, g     |                | Lacrosse, g  |                |
| CrossC, b   | Mitchell Smith | Magazine     |                |
| CrossC, g   | Mitchell Smith | Newspaper    |                |
| Debate      |                | Out Track, b | Mitchell Smith |
| F Hockey    |                | Out Track, g | Mitchell Smith |

**Group:** AA

**Region:** I

**District:** Southside

**Div.:** 3

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  | Elliott Petry |
| Soccer, g  |               |
| Softball   | Barbara Wyatt |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  | Carl Anderson |
| Tennis, g  | Sarah Lumer   |
| Theatre    |               |
| Volley, b  |               |
| Volley, g  | Ester Small   |
| Wrestling  |               |
| Yearbook   | Doris Bennett |

**School Phone:** 434-634-2195

**Athletics Office:** 434-634-6749

**School Fax:** 434-634-8624

## Gretna

100 Gretna Hawk Circle / Gretna, VA 24557-0398

**Email:** deborah.powell@pcs.k12.va.us / steve.scruggs@pcs.k12.va.us

**Principal:** Deborah Powell

**Assistant Principal:** Steve Scruggs, Kenyon Scott

**Athletic/Activities Director:** Steve Scruggs

**Superintendent:** Mr. James McDaniel (Pittsylvania)

**Assistant AD:** C. Takata, D. Reebals, J. Sp

**Colors:** Gold/Blue/White

**Mascot:** Hawks

|             |                  |               |                 |
|-------------|------------------|---------------|-----------------|
| Ath Trainer | Football         | Chris Thurman |                 |
| Band        | Angela Matthews  | Forensics     | Amanda Hamlette |
| Baseball    | Calvin Takata    | Golf          | Billy Shields   |
| Basket, b   | Robert Locust    | Gymnast, b    |                 |
| Basket, g   | Herbert Daniel   | Gymnast, g    |                 |
| Cheer       | Lisa Strader     | Ind Track, b  |                 |
| Cr Writing  |                  | Ind Track, g  |                 |
| Crew, b     |                  | Lacrosse, b   |                 |
| Crew, g     |                  | Lacrosse, g   |                 |
| CrossC, b   | Mickey Orrell    | Magazine      |                 |
| CrossC, g   | Carolyn Paschall | Newspaper     |                 |
| Debate      |                  | Out Track, b  | Jason Short     |
| F Hockey    |                  | Out Track, g  | Chris Thurman   |

**Group:** A

**Region:** B

**District:** Dogwood

**Div.:** 2

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  |               |
| Soccer, g  |               |
| Softball   | Ketina Brooks |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  |               |
| Tennis, g  |               |
| Theatre    | Mark dePaulo  |
| Volley, b  |               |
| Volley, g  | Jason Short   |
| Wrestling  |               |
| Yearbook   | Not Filled    |

**School Phone:** 434-656-2246

**Athletics Office:**

**School Fax:** 434-656-3045

## Grundy

Route 5, Box 23 / Grundy, VA 24614

**E-Mail:** grundhigh@hotmail.com / lhorne@buc.k12.va.us

**Principal:** Leslie K. Horne

**Assistant Principal:** Deborah Lester

**Athletic/Activities Director:** Greg Rowe

**Superintendent:** Mr. Tommy P. Justus (Buchanan)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Golden Wave

**Ath Trainer**

Band Pete Marcum

Baseball Scottie Bostic

Basket, b Greg Rife

Basket, g Bill Christian

Cheer M. Thompson

Cr Writing

Crew, b

Crew, g

CrossC, b Craig Stiltner

CrossC, g

Debate Not Filled

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine Not Filled

Newspaper Becky Elswick

Out Track, b Jack Compton

Out Track, g Craig Pymal

**Students** 530

**Gym Cap.** 1200

**Stad. Cap.** 6500

**Group:** AA

**Region:** IV

**District:** Southwest

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**School Phone:** 276-935-2106

**Athletics Office:** 276-935-6302

**School Fax:** 276-935-8602

**Div.:** 3

D. Raines, R. Colley

Robin Justus

Russell Street

Not Filled

Travis Fiser

Becky Elswick

## Halifax County

High School Circle, P. O. Box 310 / South Boston, VA 24592-0310

**E-Mail:** arandolph@halifax.k12.va.us / alawter@halifax.k12.va.us

**Principal:** Albert Randolph

**Assistant Principal:** Linder Martin, Pedro Zamora, Martha Chandler, Charles Lowery, Deborah Griles

**Athletic/Activities Director:** Allen Lawter

**Superintendent:** Mr. Paul D. Stapleton (Halifax)

**Assistant AD:**

**Colors:** Columbia Blue/White

**Mascot:** Comets

**Ath Trainer** Michael Leake

Band Ferdinand Cooper

Baseball Kelvin Davis

Basket, b Lynn Ramage

Basket, g Ray Reaves

Cheer Jennifer Crenshaw

Cr Writing

Crew, b

Crew, g

CrossC, b David Riddle

CrossC, g Brady Taylor

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Mary Douglas

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Pam Clark

Out Track, b Not Filled

Out Track, g Mary Douglas

**Students** 1616

**Gym Cap.** 3500

**Stad. Cap.** 2500

**Group:** AAA

**Region:** Northwest

**District:** Western Valley

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**School Phone:** 434-572-4977

**Athletics Office:** 434-575-2011

**School Fax:** 434-575-1554

**Div.:** 5

Frank Shealy

Sid Young

Melanie Saunders

Spencer Ferguson

Spencer Ferguson

David Riddle

Greg Donner

Rebecca Donner

Steve Mattoxr

Brady Taylor

Willa Smith

## Hampton

1491 West Queen Street / Hampton, VA 23669-3769

**E-Mail:** machambers@sbo.hampton.k12.va.us / kholley@sbo.hampton.k12.va.us

**Principal:** Myra Chambers

**Assistant Principal:** Bryce Johnson, Oriel Robinson-Taylor, Barbara Villarreal

**Athletic/Activities Director:** Karen Holley

**Superintendent:** Dr. Patrick Russo (Hampton)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Crabbers

**Ath Trainer** Stephen Barrett

Band Tory Smart

Baseball Danny Mitchell

Basket, b Walter Brower, Sr.

Basket, g David Six

Cheer Katrina Miller

Cr Writing

Crew, b

Crew, g

CrossC, b Gaylon Ryan

CrossC, g Gaylon Ryan

Debate Kashauna Spratley

F Hockey Judy Lucas

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b Fred Hamilton

Ind Track, g Ron Bayton

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Fred Hamilton

Out Track, g Ron Bayton

**Students** 1500

**Gym Cap.** 1600

**Stad. Cap.** 10000

**Group:** AAA

**Region:** Eastern

**District:** Peninsula

Scholastic

Soccer, b

Soccer, g

Softball

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**School Phone:** 757-825-4430

**Athletics Office:** 757-825-4441

**School Fax:** 757-825-4711

**Div.:** 5

Ronald McRae, Jr.

Keith Welch

Judy Lucas

Martha Wood

Martha Wood

Not Filled

Joyce Corriere

Ronald McRae, Jr

Kashauna Spratley

## John Handley

P. O. Box 910, Handley Boulevard / Winchester, VA 22604-0910

**Email:** joyner.doug@wps.k12.va.us / stewart.bill@wps.k12.va.us

**Principal:** Doug Joyner

**Assistant Principal:** Mike Madden, Brenda Neal, Ellen Wheeler

**Athletic/Activities Director:** Bill Stewart

**Superintendent:** Mr. Dennis W. Kellison (Winchester)

**Assistant AD:** Not Filled  
**Colors:** Maroon/White  
**Mascot:** Judges  
Ath Trainer Bart Stewart  
Band Doug Harrison  
Baseball Eddie Simmons  
Basket, b Tommy Dixon  
Basket, g Marvin Scott  
Cheer Shawna Kern  
Cr Writing Ray Frantz  
Crew, b  
Crew, g  
CrossC, b Mark Stickley  
CrossC, g Mike McKiernan  
Debate  
F Hockey

**Students** 1200  
**Gym Cap.** 2000  
**Stad. Cap.** 4500

Football Tony Rayburn  
Forensics Kelly Stallard  
Golf Tom Arthur  
Gymnast, b  
Gymnast, g  
Ind Track, b Sam Finley  
Ind Track, g Sam Finley  
Lacrosse, b  
Lacrosse, g  
Magazine Cosmo Balio  
Newspaper Ray Frantz  
Out Track, b Derek Dowrey  
Out Track, g Derek Dowrey

**Group:** AA  
**Region:** II  
**District:** Northwestern

**Div.:** 3

Scholastic  
Soccer, b Cosmo Balio  
Soccer, g Luke Mason  
Softball Frank Paige  
Swim, b Tag Grove  
Swim, g Tag Grove  
Tennis, b Jimmy Robertson  
Tennis, g Terry Ewell  
Theatre Larry Lovelady  
Volley, b  
Volley, g Vaughan Kusko  
Wrestling Not Filled  
Yearbook Jane Troup

## Hanover

10307 Chamberlayne Road / Mechanicsville, VA 23116

**Email:** gsadler@hanover.k12.va.us / rstratton@hanover.k12.va.us

**Principal:** George Sadler

**Assistant Principal:** Stan Waskiewicz, Wanda Bibb, Stephanie Shea

**Athletic/Activities Director:** Bob Stratton (CAA)

**Superintendent:** Dr. Stewart D. Roberson (Hanover)

**Assistant AD:**  
**Colors:** Forest Green/Col. Blue/White  
**Mascot:** Hawks  
Ath Trainer Julie Kostan  
Band Amy Birdsong  
Baseball Charlie Dragum  
Basket, b Mike Rohr  
Basket, g Not Filled  
Cheer Erin Martin  
Cr Writing Victoria Hutto  
Crew, b  
Crew, g  
CrossC, b Cameron Hopper  
CrossC, g Cameron Hopper  
Debate Carla Owen  
F Hockey Not Filled

**Students** 1300  
**Gym Cap.** 3000  
**Stad. Cap.** 4000

Football Josh Just  
Forensics Shelby Edmonds  
Golf Charlie Dragum  
Gymnast, b  
Gymnast, g Jessica Moore  
Ind Track, b Tom Connally  
Ind Track, g Not Filled  
Lacrosse, b  
Lacrosse, g  
Magazine Victoria Hutto  
Newspaper Michael Stuart  
Out Track, b Josh Just  
Out Track, g Tom Connally

**Group:** AAA  
**Region:** Central  
**District:** Capital

**Div.:** 5

Scholastic  
Soccer, b Joe Broscius  
Soccer, g Steve D'Adamo  
Softball Chris Pace  
Swim, b Ann Ramage  
Swim, g Ann Ramage  
Tennis, b Aaron Bradley  
Tennis, g Not Filled  
Theatre Keri Crosby  
Volley, b Mike Rohr  
Volley, g Wendy Wadsworth  
Wrestling Aaron Bradley  
Yearbook Kara Eller

## Harrisonburg

1001 Garbers Church Road / Harrisonburg, VA 22801-1999

**Email:** ireynolds@harrisonburg.k12.va.us / jcarico@harrisonburg.k12.va.us

**Principal:** Irene Reynolds

**Assistant Principal:** Jay Supko, Mike Eye, Jeremy Knapp

**Athletic/Activities Director:** Joe Carico

**Superintendent:** Dr. Donald J. Ford (Harrisonburg)

**Assistant AD:**  
**Colors:** Navy Blue/White  
**Mascot:** Blue Streaks  
Ath Trainer Garrie Storie  
Band J.R. Snow  
Baseball Jay Hook  
Basket, b Tim Meyers  
Basket, g Bobby Mongold  
Cheer Clayton Rathbun  
Cr Writing Jim Nipe  
Crew, b  
Crew, g  
CrossC, b Ross Bair  
CrossC, g David Loughran  
Debate  
F Hockey

**Students** 1250  
**Gym Cap.** 1900  
**Stad. Cap.** 5000

Football Tim Sarver  
Forensics Bradley Walton  
Golf Mike Ruckman  
Gymnast, b  
Gymnast, g Michael King  
Ind Track, b David Loughran  
Ind Track, g David Loughran  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Valerie Penton  
Out Track, b David Loughran  
Out Track, g David Loughran

**Group:** AA  
**Region:** III  
**District:** Massanutten

**Div.:** 4

Scholastic  
Soccer, b Ted Erickson  
Soccer, g Amy Cerelli  
Softball Not Filled  
Swim, b Kathryn McAbee  
Swim, g Kathryn McAbee  
Tennis, b Mike Patterson  
Tennis, g Lawrence Miller  
Theatre Stanley Swartz  
Volley, b  
Volley, g Valerie Penton  
Wrestling Mike Dickerson  
Yearbook Mary Strickler



## Hayfield

7630 Telegraph Road / Alexandria, VA 22315-3898

**Email:** william.oehrlein@fcps.edu / stephen.kewer@fcps.edu

**Principal:** William Oehrlein

**Assistant Principal:** Jean Bell

**Athletic/Activities Director:** Steve Kewer (RAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Robert Bowman

**Colors:** Orange/White

**Mascot:** Hawks

|             |                 |              |               |
|-------------|-----------------|--------------|---------------|
| Ath Trainer | Tay Ellis       | Football     | Billy Pugh    |
| Band        | Pat Burke       | Forensics    | Meghan Nugent |
| Baseball    | Scott Broyles   | Golf         | James Purdham |
| Basket, b   | Ron Palmer      | Gymnast, b   |               |
| Basket, g   | Richard Carlock | Gymnast, g   |               |
| Cheer       | Lynn Hendricks  | Ind Track, b | T.D. Holsclaw |
| Cr Writing  |                 | Ind Track, g | T.D. Holsclaw |
| Crew, b     |                 | Lacrosse, b  | Jack Kendall  |
| Crew, g     |                 | Lacrosse, g  | Sarah Cohen   |
| CrossC, b   | T.D. Holsclaw   | Magazine     | Mary Prunchak |
| CrossC, g   | T.D. Holsclaw   | Newspaper    | Marge Craig   |
| Debate      | Not Filled      | Out Track, b | T.D. Holsclaw |
| F Hockey    | Jihoon Shin     | Out Track, g | T.D. Holsclaw |

**Students** 1550

**Gym Cap.** 5000

**Stad. Cap.** 6000

**Group:** AAA

**Region:** Northern

**District:** Patriot

**Div.:** 5

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Dan Drickey     |
| Soccer, g  | John Abramson   |
| Softball   | Ron Giovannucci |
| Swim, b    | Lisa Broadhead  |
| Swim, g    | Lisa Broadhead  |
| Tennis, b  | Not Filled      |
| Tennis, g  | Freddy Cintron  |
| Theatre    | Rebecca Wilburn |
| Volley, b  |                 |
| Volley, g  | Amy Trimble     |
| Wrestling  | Roy Hill        |
| Yearbook   | Theresa Poquis  |

## Haysi

196 Tiger Circle, Drawer G / Haysi, VA 24256-0147

**Email:** lcompton@dickenson.k12.va.us

**Principal:** Larry Compton

**Assistant Principal:**

**Athletic/Activities Director:** Larry Compton

**Superintendent:** Judy Compton (Dickenson)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Tigers

|             |                |              |                |
|-------------|----------------|--------------|----------------|
| Ath Trainer |                | Football     | James Colley   |
| Band        |                | Forensics    | Rod Boyd       |
| Baseball    | Dwayne Stanley | Golf         | Gary Sullivan  |
| Basket, b   | Larry Compton  | Gymnast, b   |                |
| Basket, g   | Jessica Owens  | Gymnast, g   |                |
| Cheer       |                | Ind Track, b |                |
| Cr Writing  | Robin Charles  | Ind Track, g |                |
| Crew, b     |                | Lacrosse, b  |                |
| Crew, g     |                | Lacrosse, g  |                |
| CrossC, b   | Ronnie Compton | Magazine     |                |
| CrossC, g   | Ronnie Compton | Newspaper    | Diana Puckett  |
| Debate      |                | Out Track, b | James Colley   |
| F Hockey    |                | Out Track, g | Ben Sutherland |

**Students** 280

**Gym Cap.** 900

**Stad. Cap.** 4000

**Group:** A

**Region:** D

**District:** Black Diamond

**Div.:** 1

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  |                |
| Soccer, g  |                |
| Softball   | Daroll Poston  |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  | Brent Deel     |
| Tennis, g  | Ronnie Compton |
| Theatre    | Rod Boyd       |
| Volley, b  |                |
| Volley, g  | Karen Fleming  |
| Wrestling  |                |
| Yearbook   | Diana Puckett  |

**School Phone:** 276-865-5126

**Athletics Office:** 276-865-5525

**School Fax:** 276-865-5240

## Henrico

302 Azalea Avenue / Richmond, VA 23227-3618

**Email:** rsrodriguez@henrico.k12.va.us / twjeremi@henrico.k12.va.us

**Principal:** Ron Rodriguez

**Assistant Principal:** Tracey Kroll, David Falls, Mary Noel, Tim Lewis

**Athletic/Activities Director:** Tom Jeremiah

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:**

**Colors:** Green/Gold/White

**Mascot:** Warriors

|             |                    |              |                  |
|-------------|--------------------|--------------|------------------|
| Ath Trainer | Not Filled         | Football     | Jesse Chavis     |
| Band        | John Scott         | Forensics    | Keith Hollowell  |
| Baseball    | Ken Schrad         | Golf         | Ellen Bohon      |
| Basket, b   | Vance Harmon       | Gymnast, b   |                  |
| Basket, g   | Jean Adkins        | Gymnast, g   | Tanya Wood       |
| Cheer       | Kenya Ellis        | Ind Track, b | Jesse Chavis     |
| Cr Writing  | Not Filled         | Ind Track, g | Thomas Hill      |
| Crew, b     |                    | Lacrosse, b  |                  |
| Crew, g     |                    | Lacrosse, g  |                  |
| CrossC, b   | Thomas Hill        | Magazine     | Alice Anne Ellis |
| CrossC, g   | Alexsis Mansisidor | Newspaper    | Mickey Peters    |
| Debate      | John Zeigler       | Out Track, b | Jesse Chavis     |
| F Hockey    | Jessica Cooney     | Out Track, g | Thomas Hill      |

**Students** 1780

**Gym Cap.** 1200

**Stad. Cap.** 4500

**Group:** AAA

**Region:** Central

**District:** Capital

**Div.:** 6

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | Scott Sherrill |
| Soccer, g  | Jeremy Seward  |
| Softball   | Ty Owens       |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  | Ellen Bohon    |
| Tennis, g  | Olaniyi Lucas  |
| Theatre    | Todd Ritter    |
| Volley, b  | Todd Rigler    |
| Volley, g  | Jennifer King  |
| Wrestling  | Ty Owens       |
| Yearbook   | Mickey Peters  |

**School Phone:** 804-228-2700

**Athletics Office:** 804-228-2703

**School Fax:** 804-228-2715

## Patrick Henry (Ashland)

12449 West Patrick Henry Road / Ashland, VA 23005-3152

**Email:** jcrook@hanover.k12.va.us / dminton@hanover.k12.va.us

**Principal:** Jeff Crook

**Assistant Principal:** Kevin Hutton, William Noel, Estelle Derricott

**Athletic/Activities Director:** Dennis Minton

**Superintendent:** Dr. Stewart D. Roberson (Hanover)

**Assistant AD:** Harold Henry  
**Colors:** Red/White/Blue  
**Mascot:** Patriots  
Ath Trainer Chris Garrett  
Band Amand Peters  
Baseball Sam Hart  
Basket, b Dave Wyatt  
Basket, g Matt Bobbitt  
Cheer Kara Greenwood  
Cr Writing Kris Forehand  
Crew, b  
Crew, g  
CrossC, b Jeremy Dobinski  
CrossC, g Jeremy Dobinski  
Debate Rebecca Dovi  
F Hockey Patti Beach

**Students** 1350  
**Gym Cap.** 2000  
**Stad. Cap.** 4000  
Football Ray Long  
Forensics Charmaine Monds  
Golf Jason Byrd  
Gymnast, b  
Gymnast, g Carol Beazley  
Ind Track, b Scott Brown  
Ind Track, g Scott Brown  
Lacrosse, b  
Lacrosse, g  
Magazine Kris Forehand  
Newspaper Nicholas Liberante  
Out Track, b Scott Brown  
Out Track, g Jeremy Dobinski

**Group:** AAA  
**Region:** Central  
**District:** Colonial  
Scholastic  
Soccer, b Not Filled  
Soccer, g Wallace Farmer  
Softball Matt Crowder  
Swim, b Kevin Trent  
Swim, g Kevin Trent  
Tennis, b Pat McGinnis  
Tennis, g John Bland  
Theatre Beth Cooper  
Volley, b David Wyatt  
Volley, g Beth Denton  
Wrestling  
Yearbook Nicholas Liberante

**School Phone:** 804-365-8000

**Athletics Office:** 804-365-8055

**School Fax:** 804-365-8027

## Patrick Henry (Glade Spring)

31437 Hillman Highway / Glade Spring, VA 24340-5003

**Email:** kperriga@wcs.k12.va.us / jonc@wcs.k12.va.us / tjohnson@wcs.k12.va.us

**Principal:** Keith Perrigan

**Assistant Principal:** Kendra Honaker

**Athletic/Activities Director:** Jon Caywood

**Superintendent:** Dr. Alan T. Lee (Washington)

**Assistant AD:**  
**Colors:** Columbia/Navy Blue  
**Mascot:** Rebels  
Ath Trainer Beth Funkhouser  
Band David Semones  
Baseball Tim Duncan  
Basket, b Jon Caywood  
Basket, g Not Filled  
Cheer Melissa Overbay  
Cr Writing Sonja Seymore  
Crew, b  
Crew, g  
CrossC, b Stephanie Duncan  
CrossC, g Stephanie Duncan  
Debate  
F Hockey

**Students** 387  
**Gym Cap.** 1200  
**Stad. Cap.** 6000  
Football Tim Johnson  
Forensics Sonja Seymore  
Golf John Odum  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Not Filled  
Out Track, b Brandon Blankenship  
Out Track, g Stephanie Duncan

**Group:** A  
**Region:** C  
**District:** Hogoheegee  
Scholastic  
Soccer, b Not Filled  
Soccer, g  
Softball Tami Counts  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b  
Tennis, g  
Theatre Not Filled  
Volley, b  
Volley, g Beth Matlock  
Wrestling Kevin Addair  
Yearbook Mary Cumbo

**School Phone:** 276-739-3700

**Athletics Office:** 276-739-3720

**School Fax:** 276-944-2125

## Patrick Henry (Roanoke)

2102 Grandin Road, SW / Roanoke, VA 24015-3579

**Email:** rwest@rcps.info

**Principal:** Connie Ratcliffe

**Assistant Principal:** Rachael Wheaton, Chris McClellan, Rita Willis, Will Allison

**Athletic/Activities Director:** Randy West

**Superintendent:** Not Filled (Roanoke City)

**Assistant AD:**  
**Colors:** Purple/White/Gold  
**Mascot:** Patriots  
Ath Trainer Jeanne Brown  
Band Sharon Johnson  
Baseball Aaron Haigler  
Basket, b Jack Esworthy  
Basket, g Toree Moris  
Cheer Taren Taylor  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Chad Cox  
CrossC, g Toree Moris  
Debate Not Filled  
F Hockey

**Students** 1300  
**Gym Cap.** 800  
**Stad. Cap.** 20000  
Football Robert Gray  
Forensics Not Filled  
Golf Chris Dowdy  
Gymnast, b  
Gymnast, g  
Ind Track, b Chad Cox  
Ind Track, g Chad Cox  
Lacrosse, b Josh Wilkinson  
Lacrosse, g Margaret Cook  
Magazine  
Newspaper  
Out Track, b Chad Cox  
Out Track, g Chad Cox

**Group:** AAA  
**Region:** Northwest  
**District:** Western Valley  
Scholastic  
Soccer, b Chris Dowdy  
Soccer, g Whitney Wright  
Softball Jeff Shupe  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b Not Filled  
Tennis, g Not Filled  
Theatre Steve Rittenhouse  
Volley, b  
Volley, g Pat Sheedy  
Wrestling Michael Duncan  
Yearbook Not Filled

**School Phone:** 540-853-2255

**Athletics Office:** 540-853-1190

**School Fax:** 540-853-1575

## Heritage (Leesburg)

520 Evergreen Mill Road, SE / Leesburg, VA 20175

**Email:** mhuckaby@loudoun.k12.va.us / rpetrell@co.loudoun.va.us

**Principal:** Margaret Huckaby

**Assistant Principal:** Ross Armstrong, Adrian Powell, Kim Turner

**Athletic/Activities Director:** Ron Petrella (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Randy Trenary

**Colors:** Red/Black

**Mascot:** Pride

**Ath Trainer:** Lee Ann Skinner

**Band:** George Herrmann

**Baseball:** Ryan Price

**Basket, b:** Mark Mallisham

**Basket, g:** Anthony Long

**Cheer:** Whitney Loy

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Doug Gilbert

**CrossC, g:** Doug Gilbert

**Debate:** Not Filled

**F Hockey:**

**Students:** 1400

**Gym Cap.:** 1600

**Stad. Cap.:** 3000

**Football:** Wes Driskill

**Forensics:** Felisa Cupps

**Golf:** John Dugger

**Gymnast, b:**

**Gymnast, g:** Jenny Aubel

**Ind Track, b:**

**Ind Track, g:**

**Lacrosse, b:** Jason Burke

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Scott Cissel

**Out Track, b:** Kate Cassidy

**Out Track, g:** Katie Boring

**School Phone:** 571-252-2800

**Athletics Office:** 571-252-2810

**School Fax:** 571-252-2801

**Group:** AA

**Region:** II

**District:** Dulles

**Scholastic:**

**Soccer, b:** Steve Williams

**Soccer, g:** Casey van Harssel

**Softball:**

**Swim, b:**

**Swim, g:**

**Tennis, b:**

**Tennis, g:** Carmel Keilty

**Theatre:** Barbara Wilson

**Volley, b:**

**Volley, g:** Carmel Keilty

**Wrestling:** Brian Hanselman

**Yearbook:** Tim York

**Div.:** 4

## Heritage (Lynchburg)

3020 Wards Ferry Road / Lynchburg, VA 24502-2499

**Email:** miearml@lcsedu.net / stormmr@lcsedu.net

**Principal:** Mark Mear

**Assistant Principal:** Tim Beatty, Charles King, Not Filled

**Athletic/Activities Director:** Mark Storm (CAA)

**Superintendent:** Dr. Paul McKendrick (Lynchburg)

**Assistant AD:**

**Colors:** Navy/Orange

**Mascot:** Pioneers

**Ath Trainer:** Tony Tucker

**Band:** Mike Hand

**Baseball:** Paul Johnson

**Basket, b:** Dan Stephens

**Basket, g:** Tracie Hayes

**Cheer:** Demetria Cheatham

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Matt Day

**CrossC, g:** Matt Day

**Debate:**

**F Hockey:**

**Students:** 754

**Gym Cap.:** 3000

**Stad. Cap.:** 12000

**Football:** Chris Jones

**Forensics:** Sharon Wright

**Golf:** Jason Clark

**Gymnast, b:**

**Gymnast, g:** Theodore Mclvor

**Ind Track, b:** Theodore Mclvor

**Ind Track, g:** Theodore Mclvor

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Rich Glover

**Out Track, b:** Theodore Mclvor

**Out Track, g:** Theodore Mclvor

**Group:** AA

**Region:** III

**District:** Seminole

**Scholastic:**

**Soccer, b:** Tom Marshall

**Soccer, g:** Guillermo Sarlo

**Softball:** Not Filled

**Swim, b:** Greg Hofmann

**Swim, g:** Greg Hofmann

**Tennis, b:** Jason Page

**Tennis, g:** Melisa Lasken

**Theatre:** Larry Hart

**Volley, b:**

**Volley, g:** Kelly Bryant

**Wrestling:** John Glaister

**Yearbook:** Betsy Brittingham

**Div.:** 4

## Heritage (Newport News)

5800 Marshall Avenue / Newport News, VA 23605-2420

**Email:** michael.nichols@nn.k12.va.us

**Principal:** Michael Nichols

**Assistant Principal:** Felicia Dyke, Not Filled

**Athletic/Activities Director:** Not Filled

**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

**Assistant AD:** Tuffy Leemon

**Colors:** Maroon/Silver

**Mascot:** Hurricanes

**Ath Trainer:** Cortney Smith

**Band:** Erma Price

**Baseball:** Not Filled

**Basket, b:** Dennis Koutoufas

**Basket, g:** Michael Gardner

**Cheer:** Jacqueline East

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Ray Pollard

**CrossC, g:** Jacqueline Bateman

**Debate:** Not Filled

**F Hockey:** Airris Madden

**Students:** 1400

**Gym Cap.:** 2000

**Stad. Cap.:** 8000

**Football:** Jason Robinson

**Forensics:**

**Golf:** Chris Trotter

**Gymnast, b:**

**Gymnast, g:** Caron Lowe

**Ind Track, b:** Ray Pollard

**Ind Track, g:** Jacqueline Bateman

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:** Not Filled

**Newspaper:** Not Filled

**Out Track, b:** Ray Pollard

**Out Track, g:** Jacqueline Bateman

**Group:** AAA

**Region:** Eastern

**District:** Peninsula

**Scholastic:**

**Soccer, b:** Brian Kershasky

**Soccer, g:** Airris Madden

**Softball:** Danielle Torres

**Swim, b:** Not Filled

**Swim, g:** Not Filled

**Tennis, b:** John Atiomo

**Tennis, g:** Ed Bunch

**Theatre:** Laura Lloyd

**Volley, b:** Eric Scott

**Volley, g:** Roberta Conrad

**Wrestling:** Chris Pearson

**Yearbook:** Kim Bates

**Div.:** 5

## Hermitage

8301 Hungary Spring Road / Richmond, VA 23228-1984

**Email:** rbtyson@henrico.k12.va.us / bwbowen@henrico.k12.va.us

**Principal:** Robert Tyson

**Assistant Principal:** Dan Dunham, Diane Saunders, Carolyn Young, Cheryl Montgomery

**Athletic/Activities Director:** Bruce Bowen (CMAA)

**Superintendent:** Mr. Fred Morton (Henrico)

|                                     |                             |                           |                |
|-------------------------------------|-----------------------------|---------------------------|----------------|
| <b>Assistant AD:</b> Chris Rollison | <b>Students</b> 2000        | <b>Group:</b> AAA         | <b>Div.:</b> 6 |
| <b>Colors:</b> Red/Blue             | <b>Gym Cap.</b> 1800        | <b>Region:</b> Central    |                |
| <b>Mascot:</b> Panthers             | <b>Stad. Cap.</b> 7000      | <b>District:</b> Colonial |                |
| Ath Trainer Kevin Arp               | Football Patrick Kane       | Scholastic                |                |
| Band John Sarvay                    | Forensics Theresa Steele    | Soccer, b Not Filled      |                |
| Baseball Ray Pauley                 | Golf Jeff Staton            | Soccer, g Bennett Baber   |                |
| Basket, b Joe Coulter               | Gymnast, b                  | Softball Layne Thorpe     |                |
| Basket, g Allyn Hawkes              | Gymnast, g                  | Swim, b                   |                |
| Cheer Stephanie Gooss               | Ind Track, b Walter Spain   | Swim, g                   |                |
| Cr Writing Letitia Coffin           | Ind Track, g Walter Spain   | Tennis, b Not Filled      |                |
| Crew, b                             | Lacrosse, b                 | Tennis, g McKinley Tucker |                |
| Crew, g                             | Lacrosse, g                 | Theatre Theresa Steele    |                |
| CrossC, b Joe Pardue                | Magazine Letitia Coffin     | Volley, b Not Filled      |                |
| CrossC, g Craig Hedley              | Newspaper Shannon Lindbloom | Volley, g Alexis Tompkins |                |
| Debate Julie Irvin                  | Out Track, b Walter Spain   | Wrestling Dalton Head     |                |
| F Hockey                            | Out Track, g Walter Spain   | Yearbook Sara Eastman     |                |

## Herndon

700 Bennett Street / Herndon, VA 20170-3330

**Email:** frances.ivey@fcps.edu / mike.mahoney@fcps.edu

**Principal:** Frances Ivey

**Assistant Principal:** Jim Hannon, Sheila Colbert, Prosperanta Calhoun, Peggy Perry, Turnell Sims

**Athletic/Activities Director:** Michael Mahoney

**Superintendent:** Dr. Jack Dale (Fairfax)

|   |                                |                           |                |
|---|--------------------------------|---------------------------|----------------|
| <b>Assistant AD:</b> Not Filled, Bonnie O'Hearn | <b>Students</b> 2150           | <b>Group:</b> AAA         | <b>Div.:</b> 6 |
| <b>Colors:</b> Red/White/Black                  | <b>Gym Cap.</b> 1000           | <b>Region:</b> Northern   |                |
| <b>Mascot:</b> Hornets                          | <b>Stad. Cap.</b> 4500         | <b>District:</b> Concorde |                |
| Ath Trainer Renee Beerman                       | Football Joe Sheaffer          | Scholastic                |                |
| Band Richard Bergman                            | Forensics Kristina Rudolph     | Soccer, b Scott Simpson   |                |
| Baseball Al McCulloch                           | Golf D. Liess, J. Lombardozzi  | Soccer, g Nick Stames     |                |
| Basket, b Chris Whelan                          | Gymnast, b                     | Softball Bonnie O'Hearn   |                |
| Basket, g Reggie Barnes                         | Gymnast, g Keith Naquin        | Swim, b Kathy McLaughlin  |                |
| Cheer Marc Brooks                               | Ind Track, b Pete Sherry       | Swim, g Kathy McLaughlin  |                |
| Cr Writing                                      | Ind Track, g Patrice Humpherys | Tennis, b David Bristow   |                |
| Crew, b   | Lacrosse, b Bill Will          | Tennis, g Nate Herendeen  |                |
| Crew, g   | Lacrosse, g Lindsey Welch      | Theatre Sara Bever        |                |
| CrossC, b Pete Sherry                           | Magazine Connie Casserly       | Volley, b Gary Bolt       |                |
| CrossC, g Pete Sherry                           | Newspaper Connie Casserly      | Volley, g Patricia Smith  |                |
| Debate Kristina Rudolph                         | Out Track, b Patrice Humpherys | Wrestling Mike Gonzales   |                |
| F Hockey Phyllis Pearce                         | Out Track, g Joe Shaeffer      | Yearbook Lauren Eckert    |                |

## Hickory

1996 Hawk Boulevard / Chesapeake, VA 23322

**Email:** kooncwoj@cps.k12.va.us / olivetma@cps.k12.va.us

**Principal:** Woodley J. Koonce III, Ed.D.

**Assistant Principal:** Derrell Joppy, Alfredua Turner, David Judge, Pierre Anderson, John Wecht

**Athletic/Activities Director:** Martin Oliver

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

|  |                            |                               |                |
|--|----------------------------|-------------------------------|----------------|
| <b>Assistant AD:</b>                   | <b>Students</b> 2300       | <b>Group:</b> AAA             | <b>Div.:</b> 6 |
| <b>Colors:</b> Teal/Black/White/Silver | <b>Gym Cap.</b> 1300       | <b>Region:</b> Eastern        |                |
| <b>Mascot:</b> Hawks                   | <b>Stad. Cap.</b> 7800     | <b>District:</b> Southeastern |                |
| Ath Trainer Kelly Guth                 | Football Jeff Beard        | Scholastic                    |                |
| Band David Enloe                       | Forensics Jill Branch      | Soccer, b Eric Blackmore      |                |
| Baseball Steve Gedro                   | Golf John Holmes           | Soccer, g David Richels       |                |
| Basket, b Shane Smith                  | Gymnast, b                 | Softball Ryan Wieck           |                |
| Basket, g Dubois Scott                 | Gymnast, g Sean Rayner     | Swim, b Kristin Kirkman       |                |
| Cheer Linda Laumann                    | Ind Track, b Patrick Troia | Swim, g Kristin Kirkman       |                |
| Cr Writing Diane Hammerstein           | Ind Track, g Denise Newnam | Tennis, b Not Filled          |                |
| Crew, b                                | Lacrosse, b                | Tennis, g Christopher Shute   |                |
| Crew, g                                | Lacrosse, g                | Theatre Marla Wood            |                |
| CrossC, b Jud Sarver                   | Magazine Diane Hammerstein | Volley, b Cliff Macklin       |                |
| CrossC, g Jud Sarver                   | Newspaper Not Filled       | Volley, g Eric Cigich         |                |
| Debate Kari Lomanno                    | Out Track, b Pat Troia     | Wrestling Theodore Evans      |                |
| F Hockey Hannah Jones                  | Out Track, g Denise Newnam | Yearbook Jessica Ruddick      |                |

## Hidden Valley

5000 Titan Trail / Roanoke, VA 24018

**E-Mail:** rstegall@rcs.k12.va.us / dwlayman@rcs.k12.va.us

**Principal:** Rhonda Stegall

**Assistant Principal:** Tina Turner, Josh Whitlow

**Athletic/Activities Director:** Dennis Layman

**Superintendent:** Loraine Lange (Roanoke)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Titans

Ath Trainer James Hargenrader

Band Glen Gray

Baseball Jason Taylor

Basket, b Chris Morris

Basket, g Mike McGuire

Cheer Holland Long

Cr Writing

Crew, b

Crew, g

CrossC, b Daniel King

CrossC, g Daniel King

Debate

F Hockey

**Students** 725

**Gym Cap.** 1000

**Stad. Cap.** 4500

Football J.R. Edwards

Forensics

Golf Tommy Joyce

Gymnast, b

Gymnast, g

Ind Track, b Daniel King

Ind Track, g Daniel King

Lacrosse, b

Lacrosse, g

Magazine Sandi D'Alansandro

Newspaper CArol Brown

Out Track, b Daniel King

Out Track, g Daniel King

**School Phone:** 540-776-7320

**Athletics Office:**

**School Fax:** 540-776-7322

**Group:** AA

**Region:** III

**District:** River Ridge

Scholastic

Soccer, b Sean Pratt

Soccer, g Roy Lax

Softball Katrina Jeter

Swim, b

Swim, g

Tennis, b Ryan Teague

Tennis, g Tommy George

Theatre Sally Miller

Volley, b

Volley, g

Wrestling Ray Broughman

Yearbook Angie Brenton

**Div.:** 3

## Highland

P.O. Box 430, Moon Myers Road / Monterey, VA 24465-0430

**E-Mail:** rthooke2000@yahoo.com / mswanger@highland.k12.va.us

**Principal:** Randy Hooke

**Assistant Principal:**

**Athletic/Activities Director:** Margie Swanger

**Superintendent:** Dr. Nancie B. Lightner (Highland)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Rams

Ath Trainer

Band Hiroko Akaike

Baseball Mike Warf

Basket, b J. Neil, C. Gutshall

Basket, g G. Honaker, W. O'Conner

Cheer Lisa Roberson

Cr Writing

Crew, b

Crew, g

CrossC, b Mike Warf

CrossC, g Mike Warf

Debate

F Hockey

**Students** 118

**Gym Cap.** 500

**Stad. Cap.** 300

Football Julia Blanchard

Forensics Bucky Reynolds

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Not Filled

Out Track, g Not Filled

**Group:** A

**Region:** C

**District:** Pioneer

Scholastic

Soccer, b

Soccer, g

Softball Caroline Botkin

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g Cindy Wood

Wrestling

Yearbook Gwen Cauley

**Div.:**

**School Phone:** 540-468-2129

**Athletics Office:**

**School Fax:** 540-468-2106

## Highland Springs

15 S. Oak Avenue / Highland Springs, VA 23075-1709

**E-Mail:** rforward@henrico.k12.va.us

**Principal:** Michael Wright

**Assistant Principal:** Laura Matthews, Sherol Southerland, Jeff Duncan, Tamera Mines

**Athletic/Activities Director:** Rudy Ward

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:**

**Colors:** Black/Gold

**Mascot:** Springers

Ath Trainer Rick Thomas

Band Davon Yonkers

Baseball BJ Crowder

Basket, b George Lancaster

Basket, g Damean Barfield

Cheer Cathy Parker

Cr Writing

Crew, b

Crew, g

CrossC, b Kerry Gray

CrossC, g Matt Gifford

Debate

F Hockey

**Students** 1800

**Gym Cap.** 2000

**Stad. Cap.** 5000

Football Scott Burton

Forensics

Golf Jason Stanley

Gymnast, b

Gymnast, g

Ind Track, b Kerry Gray

Ind Track, g Matt Gifford

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Kerry Gray

Out Track, g Scott Barton

**Group:** AAA

**Region:** Central

**District:** Capital

Scholastic Kim Bartle

Soccer, b Connie Boehling

Soccer, g Aimee Ball

Softball Connie Wishon

Swim, b

Swim, g

Tennis, b Charlie Crittenden

Tennis, g Cindy Harp

Theatre Not Filled

Volley, b Richard Starr

Volley, g

Wrestling Jeff Miller

Yearbook Stephanie Slatner

**Div.:** 6

**School Phone:** 804-328-4000

**Athletics Office:** 804-737-5761

**School Fax:** 804-328-4013

## Holston

21308 Monroe Road / Damascus, VA 24236-2900

**Email:** jking@wcs.k12.va.us / blackburn@wcs.k12.va.us

**Principal:** Jimmy King

**Assistant Principal:** David Lambert, Scott Cole

**Athletic/Activities Director:** Don Blackburn

**Superintendent:** Dr. Alan T. Lee (Washington)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Cavaliers

Ath Trainer Brad Bussey

Band Uley Daniels

Baseball Adam Moore

Basket, b Travis Gray

Basket, g James Sullivan

Cheer Gina Thomas

Cr Writing

Crew, b

Crew, g

CrossC, b Not Filled

CrossC, g Not Filled

Debate

F Hockey

**Students** 320

**Gym Cap.** 1000

**Stad. Cap.** 3000

Football Jason Matlock

Forensics Pam Atwell

Golf Adam Moore

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Linda Waldron

Out Track, b Not Filled

Out Track, g Not Filled

**Group:** A

**Region:** C

**District:** Hogoheegee

Scholastic Shirley Snead

Soccer, b

Soccer, g

Softball Lisa Blackburn

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Jill Jessee

Volley, b

Volley, g Stacy Prater

Wrestling Phil Lineberry

Yearbook Crystal Hurd

**Div.:** 1

## Honaker

1795 Thompson Creek Rd, P. O. Box 764 / Honaker, VA 24260-076

**Email:** tbush@russell.k12.va.us / tcoleman85@yahoo.com

**Principal:** Anthony Bush

**Assistant Principal:** Brenda Campbell

**Athletic/Activities Director:** Trevor Coleman

**Superintendent:** Dr. Lorraine C. Turner (Russell)

**Assistant AD:**

**Colors:** Orange/Black/White

**Mascot:** Tigers

Ath Trainer

Band Joseph Whitt

Baseball Tom Harding

Basket, b Waylon Hart

Basket, g Nathan Breeding

Cheer Tracy Cordle

Cr Writing

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

**Students** 402

**Gym Cap.** 1600

**Stad. Cap.** 4000

Football Doug Hubbard

Forensics Tiffany Hurt

Golf Josh Miotke

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Doug Hubbard

Out Track, g Jane Meade

**Group:** A

**Region:** D

**District:** Black Diamond

Scholastic

Soccer, b

Soccer, g

Softball Donovan Helton

Swim, b

Swim, g

Tennis, b

Tennis, g Vanessa Lester

Theatre

Volley, b

Volley, g Kim Compton

Wrestling

Yearbook Robin Boyd

**Div.:** 2

## Hopewell

400 S. Mesa Drive / Hopewell, VA 23860-4100

**Email:** gkeith@hopewell.k12.va.us / wittle@hopewell.k12.va.us

**Principal:** Gayle Keith

**Assistant Principal:** Melanie Knowles, Rebecca Slagle, Betty Ware

**Athletic/Activities Director:** William Littlepage

**Superintendent:** Dr. Winston O. Odom (Hopewell)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Blue Devils

Ath Trainer Not Filled

Band Not Filled

Baseball Richard Irby

Basket, b William Littlepage

Basket, g Walter Broner

Cheer Michele Hancock

Cr Writing Don McMillan

Crew, b

Crew, g

CrossC, b Frank Whipp

CrossC, g Frank Whipp

Debate Mike Hayes

F Hockey Jane Cashion

**Students** 1012

**Gym Cap.** 2200

**Stad. Cap.** 6000

Football Marshall Parker

Forensics Mary Katherine Owen

Golf Robert Witherow

Gymnast, b

Gymnast, g

Ind Track, b Frank Cancino

Ind Track, g Frank Cancino

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Not Filled

Out Track, b Frank Cancino

Out Track, g Frank Cancino

**Group:** AAA

**Region:** Central

**District:** Central

Scholastic Ed Kaufman

Soccer, b John Kertis

Soccer, g Rae Parker

Softball Scott Martin

Swim, b

Swim, g

Tennis, b Matt Weston

Tennis, g Christine Weston

Theatre Julie Smith

Volley, b

Volley, g

Wrestling Clay Bennett

Yearbook Stacey Hips

**Div.:** 5

## Huguenot

7945 Forest Hill Avenue / Richmond, VA 23225-1998

**Email:** cgentry@richmond.k12.va.us / sknight@richmond.k12.va.us

**Principal:** Cynthia Gentry

**Assistant Principal:** Raymond Johnson, Sr., Elizabeth Shields, Ron Payne

**Athletic/Activities Director:** Shawn L. Knight

**Superintendent:** Dr. Deborah Jewell-Sherman (Richmond City)

**Assistant AD:** Green/Gold  
**Colors:** Green/Gold  
**Mascot:** Falcons  
Ath Trainer Not Filled  
Band William Prentiss  
Baseball William Stokes  
Basket, b Antone Exum  
Basket, g Leroy Jones  
Cheer Tiffany Garland  
Cr Writing Katherine Gareau  
Crew, b  
Crew, g  
CrossC, b Robert Evans  
CrossC, g Ronald Gundry  
Debate Ruth Johnson-Mason  
F Hockey

**Students** 1290  
**Gym Cap.** 500  
**Stad. Cap.** 3800  
Football Richard McFee  
Forensics Ruth Johnson-Mason  
Golf  
Gymnast, b  
Gymnast, g  
Ind Track, b Robert Evans  
Ind Track, g Ronald Gundry  
Lacrosse, b  
Lacrosse, g  
Magazine Not Filled  
Newspaper Not Filled  
Out Track, b Robert Evans  
Out Track, g Ronald Gundry

**Group:** AAA  
**Region:** Central  
**District:** Dominion  
Scholastic  
Soccer, b Ponce Ferguson  
Soccer, g Leonard Jefferson  
Softball Keith Lorenz  
Swim, b  
Swim, g  
Tennis, b George Powell  
Tennis, g Leroy Jones  
Theatre Jennifer Howard  
Volley, b Kelly Gardner  
Volley, g Kelly Gardner  
Wrestling Wayne Booker  
Yearbook Adrienne Harris

## Hurley

Route 1, Box 249, P.O. Box 249 / Hurley, VA 24620-9519

**Email:** tblankenship@buc.k12.va.us / vdillow@buc.k12.va.us

**Principal:** Tommy Blankenship

**Assistant Principal:**

**Athletic/Activities Director:** Vivian Dillow

**Superintendent:** Mr. Tommy P. Justus (Buchanan)

**Assistant AD:** Red/Blue/Gray  
**Colors:** Red/Blue/Gray  
**Mascot:** Rebels  
Ath Trainer  
Band  
Baseball Wayne Hall  
Basket, b Harold Horne  
Basket, g Nathan Justus  
Cheer Vivian Dillow  
Cr Writing Sister Rosemarie Miller  
Crew, b  
Crew, g  
CrossC, b  
CrossC, g  
Debate  
F Hockey

**Students** 280  
**Gym Cap.** 2000  
**Stad. Cap.** 2200  
Football Wayne Hall  
Forensics Renee Mcavoy  
Golf  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Brian Davis  
Out Track, g Mark Cooper

**Group:** A  
**Region:** D  
**District:** Black Diamond  
Scholastic  
Soccer, b  
Soccer, g  
Softball  
Swim, b  
Swim, g  
Tennis, b Joey Blankenship  
Tennis, g Angie Rife  
Theatre  
Volley, b  
Volley, g Brian Davis  
Wrestling  
Yearbook Donna Blankenship

**School Phone:** 276-566-7642

**Athletics Office:**

**School Fax:** 276-566-7127

## C. D. Hylton

14051 Spriggs Road / Woodbridge, VA 22193-3605

**Email:** custarcm@pwcs.edu / dewittab@pwcs.edu

**Principal:** Carolyn Custard

**Assistant Principal:** Brenda Byrd, Meg Holt, Michael Dewitt, Amy Weiler, Tony Switzer

**Athletic/Activities Director:** Al DeWitt (CMAA)

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Karen Mays  
**Colors:** Navy/White/Gold  
**Mascot:** Bulldogs  
Ath Trainer Erica Eberwein  
Band Dennis Brown  
Baseball Craig Flesher  
Basket, b Barry Smith  
Basket, g Mike Payne  
Cheer Mike Shane  
Cr Writing Kellie Solheim  
Crew, b Jason Boynton  
Crew, g Brian Tassi  
CrossC, b Andy Tramel  
CrossC, g Heidi Sondermann  
Debate Britt Brewer  
F Hockey Felicia Mascarenas

**Students** 2322  
**Gym Cap.** 2200  
**Stad. Cap.** 6000  
Football Lou Sorrentino  
Forensics Not Filled  
Golf P.J. Pcsolinski  
Gymnast, b  
Gymnast, g  
Ind Track, b Mike Thorton  
Ind Track, g Mike Thorton  
Lacrosse, b Josh Holman  
Lacrosse, g Felicia Mascarenas  
Magazine Kellie Solheim  
Newspaper Evynn Blaher  
Out Track, b Mike Thorton  
Out Track, g Mike Thorton

**Group:** AAA  
**Region:** Northwest  
**District:** Cardinal  
Scholastic  
Soccer, b Kerry Reid  
Soccer, g Lauren Brundage  
Softball Harry Bell  
Swim, b Anthony Pedersen  
Swim, g Anthony Pedersen  
Tennis, b Melvin Smith  
Tennis, g Denise Allen  
Theatre Jennifer Haas  
Volley, b  
Volley, g Mike Hanlin  
Wrestling P.J. Pcsolinski  
Yearbook Jennifer Cradlin

**School Phone:** 703-580-4000

**Athletics Office:** 703-580-4076

**School Fax:** 703-580-4299

## Indian River

1969 Braves Trail / Chesapeake, VA 23325

**Email:** spellefr@cps.k12.va.us / irh@cps.k12.va.us

**Principal:** James L. Frye

**Assistant Principal:** Bentley Harrell, Lenny Vaughan, Bryan Carter, Chris Babb, Shaqueef Ameen

**Athletic/Activities Director:** Freddie Spellman

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

**Assistant AD:** Students 1681  
**Colors:** C. Blue/N. Blue/White Gym Cap. 1500  
**Mascot:** The Fighting Braves Stad. Cap. 7500

|                              |              |                |
|------------------------------|--------------|----------------|
| Ath Trainer                  | Football     | Elisha Harris  |
| Band Jay Larkin              | Forensics    | Yardan Shabazz |
| Baseball Steve West          | Golf         | Steve West     |
| Basket, b Not Filled         | Gymnast, b   |                |
| Basket, g Gavin Harris       | Gymnast, g   | Stacy Hobbs    |
| Cheer Tiffany Gannes         | Ind Track, b | Shawn Vaughan  |
| Cr Writing                   | Ind Track, g | Cathy Yost     |
| Crew, b                      | Lacrosse, b  |                |
| Crew, g                      | Lacrosse, g  |                |
| CrossC, b Calvin Freeman     | Magazine     |                |
| CrossC, g Calvin Freeman     | Newspaper    | Shawn Edmonds  |
| Debate Not Filled            | Out Track, b | Shawn Vaughan  |
| F Hockey Wendi Belmont-Evans | Out Track, g | Calvin Freeman |

**Group:** AAA Div.: 5  
**Region:** Eastern  
**District:** Southeastern

|            |                  |
|------------|------------------|
| Scholastic | Linda Bull       |
| Soccer, b  | Keith Freeman    |
| Soccer, g  | Kevin Ellis      |
| Softball   | Steve Delima     |
| Swim, b    | Debbie Pearsall  |
| Swim, g    | Debbie Pearsall  |
| Tennis, b  | Chavez Mabry     |
| Tennis, g  | Cheryl Johnson   |
| Theatre    | Jeanette Schuler |
| Volley, b  | Paris Winfield   |
| Volley, g  | Kirt Overton     |
| Wrestling  | Martin Asprey    |
| Yearbook   | Shawn Edmonds    |

## Stonewall Jackson (Manassas)

8820 Rixlew Lane / Manassas, VA 20109

**Email:** nicholdr@pwcs.edu / degroom@pwcs.edu

**Principal:** Richard Nichols

**Assistant Principal:** Not Filled, Rhonda Early, Cheryl Shell

**Athletic/Activities Director:** Ira DeGroot

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Students 2200  
**Colors:** Cardinal/Gold/White Gym Cap. 3000  
**Mascot:** Raiders Stad. Cap. 5500

|                           |              |                 |
|---------------------------|--------------|-----------------|
| Ath Trainer Theresa Dean  | Football     | Loren Johnson   |
| Band Greg Kolar           | Forensics    | Gayla Meyer     |
| Baseball Kevin Smith      | Golf         | Hilton Martin   |
| Basket, b Marcus Lawrence | Gymnast, b   | Not Filled      |
| Basket, g Nsonji White    | Gymnast, g   | Amy Romberger   |
| Cheer Amy Romberger       | Ind Track, b | Deon Taylor     |
| Cr Writing Greg Hyde      | Ind Track, g | Julie Nothnagel |
| Crew, b                   | Lacrosse, b  | Tony Lepore     |
| Crew, g                   | Lacrosse, g  | Aaron Chandler  |
| CrossC, b Tom Costis      | Magazine     | Greg Hyde       |
| CrossC, g Richard Smith   | Newspaper    | Greg Hyde       |
| Debate                    | Out Track, b | Julie Nothnagel |
| F Hockey Aaron Chandler   | Out Track, g | Deon Taylor     |

**Group:** AAA Div.: 6  
**Region:** Northwest  
**District:** Cedar Run

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Hans Etienne     |
| Soccer, g  | Pierre Slaiby    |
| Softball   | Not Filled       |
| Swim, b    | Not Filled       |
| Swim, g    | Not Filled       |
| Tennis, b  | Not Filled       |
| Tennis, g  | Fred Bouchet     |
| Theatre    | Gayla Meyer      |
| Volley, b  |                  |
| Volley, g  | Matt Heyman      |
| Wrestling  | Scott LaRochelle |
| Yearbook   | Greg Hyde        |

## Stonewall Jackson (Quicksburg)

150 Stonewall Lane / Quicksburg, VA 22847-1492

**Email:** kswhetzel@shenandoah.k12.va.us / mtfannin@shenandoah.k12.va.us

**Principal:** Karen Whetzel

**Assistant Principal:** Deborah Litten

**Athletic/Activities Director:** Todd Fannin

**Superintendent:** Dr. B. Keith Rowland (Shenandoah)

**Assistant AD:** David Rush Students 483  
**Colors:** Red/White Gym Cap. 1200  
**Mascot:** Generals Stad. Cap. 1500

|                                 |              |                   |
|---------------------------------|--------------|-------------------|
| Ath Trainer                     | Football     | Richard Krol      |
| Band Not Filled                 | Forensics    | Not Filled        |
| Baseball Bill Harlow Jr.        | Golf         | Scott Wymer       |
| Basket, b Sophie Stout          | Gymnast, b   |                   |
| Basket, g Jeff Burner           | Gymnast, g   |                   |
| Cheer Jacqueline Sullivan-Smoot | Ind Track, b |                   |
| Cr Writing Trish Diachenko      | Ind Track, g |                   |
| Crew, b                         | Lacrosse, b  |                   |
| Crew, g                         | Lacrosse, g  |                   |
| CrossC, b Mary Long             | Magazine     | Annemarie Kennedy |
| CrossC, g Mary Long             | Newspaper    |                   |
| Debate Alisa Sims               | Out Track, b | Dick Krol         |
| F Hockey                        | Out Track, g | Debbie Ritchie    |

**Group:** A Div.: 1  
**Region:** B  
**District:** Shenandoah

|            |                          |
|------------|--------------------------|
| Scholastic | M. Fansler, A. McInturff |
| Soccer, b  | Nate Hissong             |
| Soccer, g  | Jason Poole              |
| Softball   | Michael Hunt             |
| Swim, b    | Donald Sobanko           |
| Swim, g    | Donald Sobanko           |
| Tennis, b  |                          |
| Tennis, g  | Cindy Wilkins            |
| Theatre    | Trish Diachenko          |
| Volley, b  |                          |
| Volley, g  | Sophie Stout             |
| Wrestling  | David Sherwood           |
| Yearbook   | Cindy Wilkins            |



## James River (Buchanan)

9906 Springwood Road / Buchanan, VA 24066

**E-Mail:** jtalbott@bcps.k12.va.us / sproffit@bcps.k12.va.us

**Principal:** Jamie Talbott

**Assistant Principal:** Dreama McMillan

**Athletic/Activities Director:** Sheila Proffit (RAA)

**Superintendent:** Dr. Anthony Brads (Botetourt)

**Assistant AD:** Students 500  
**Colors:** Scarlet/Black/White Gym Cap. 1560  
**Mascot:** Knights Stad. Cap. 1765  
Ath Trainer Kimberley Kirk Football Philip King  
Band Will Divers Forensics  
Baseball Gehrig Ferguson Golf John Shotwell  
Basket, b Mike Goad Gymnast, b  
Basket, g Julie Simmons Gymnast, g  
Cheer Donna Cox Ind Track, b  
Cr Writing Rebekah Woodie Ind Track, g  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Bill Divers Magazine Rebekah Woodie  
CrossC, g Jim McLeese Newspaper  
Debate Out Track, b Bill Divers  
F Hockey Out Track, g Greg Dyer

**School Phone:** 540-254-1121

**Athletics Office:** 540-254-3149

**School Fax:** 540-254-2765

**Group:** A Div.: 2  
**Region:** C  
**District:** Pioneer  
Scholastic  
Soccer, b Chad Neighbors  
Soccer, g Ty Dobbs  
Softball John Shotwell  
Swim, b John Higginbotham  
Swim, g John Higginbotham  
Tennis, b  
Tennis, g  
Theatre Cathy Henderson  
Volley, b  
Volley, g Julie Simmons  
Wrestling Tim Jennings  
Yearbook Carlos Spellman

## James River (Midlothian)

3700 James River Road / Midlothian, VA 23113-3717

**E-Mail:** John\_Titus@ccpsnet.net / Douglas\_Bachman@ccpsnet.net

**Principal:** John Titus

**Assistant Principal:** Jennifer Coleman, Tinkhani Hargrove, Jason Sears, Amanda Voelker, Michael Fennessey, Kitty Catina, Kitty Catina

**Athletic/Activities Director:** Douglas Bachman (RAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** C. Roarty, D. Soderholm Students 2000  
**Colors:** D. Green/White/Purple Gym Cap. 2500  
**Mascot:** Rapids Stad. Cap. 3500  
Ath Trainer Jim Stegner Football Greg DeFrancesco  
Band Jim Stegner Forensics Laura Stewart  
Baseball Peter Schumacher Golf Jim McLean  
Basket, b Not Filled Gymnast, b  
Basket, g Brent Vandel Gymnast, g  
Cheer Autum Nabors Ind Track, b Vatel Dixon  
Cr Writing Amy Azano Ind Track, g Vatel Dixon  
Crew, b Anne Wingen Lacrosse, b Ed Bosh  
Crew, g Anne Wingen Lacrosse, g Katherine Martin  
CrossC, b Brenda Averette Magazine Amy Azano  
CrossC, g Brenda Averette Newspaper Elizabeth Morris  
Debate Melissa Atkinson Out Track, b Vatel Dixon  
F Hockey Slade Gormus Out Track, g Vatel Dixon

**Group:** AAA Div.: 6  
**Region:** Central  
**District:** Dominion  
Scholastic  
Soccer, b Eric Schlueter  
Soccer, g Anna Tsironis  
Softball Rich Johann  
Swim, b  
Swim, g  
Tennis, b Not Filled  
Tennis, g Nancy Hayes  
Theatre Melissa Atkinson  
Volley, b Ned Flemming  
Volley, g Micah White  
Wrestling Mark Helberg  
Yearbook Elizabeth Morris

**School Phone:** 804-378-2420

**Athletics Office:** 804-378-2429

**School Fax:** 804-379-2695

## Jamestown

3751 John Tyler Highway / Williamsburg, VA 23185

**E-Mail:** wagnerc@wjcc.k12.va.us / brinsfieldj@wjcc.k12.va.us

**Principal:** Chuck Wagner

**Assistant Principal:** Jan Boykin, Pascal Barreau

**Athletic/Activities Director:** Judy Brinsfield (CAA)

**Superintendent:** Dr. Gary Matthews (Williamsburg/James City)

**Assistant AD:** Students 1250  
**Colors:** Green/Black/White Gym Cap. 1000  
**Mascot:** Eagles Stad. Cap. 3000  
Ath Trainer Amanda Ricchezza Football Jerry Varacallo  
Band Steve Turner Forensics  
Baseball Barry Miller Golf Doug Meredith  
Basket, b Lee Underwood Gymnast, b  
Basket, g Jason Asbell Gymnast, g  
Cheer Jessica Clements Ind Track, b Howard Townsend  
Cr Writing Ind Track, g Howard Townsend  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Howard Townsend Magazine  
CrossC, g Howard Townsend Newspaper Jeanne Hobbs  
Debate Out Track, b Howard Townsend  
F Hockey Shannon Freeman Out Track, g Howard Townsend

**Group:** AA Div.: 4  
**Region:** I  
**District:** Bay Rivers  
Scholastic  
Soccer, b Charles Sneddon  
Soccer, g Sam Eure  
Softball  
Swim, b Molly Sandling  
Swim, g Molly Sandling  
Tennis, b Bob Artis  
Tennis, g Peter Schweitzer  
Theatre Bill Snyder  
Volley, b  
Volley, g Tom Stephenson  
Wrestling Scott Lish  
Yearbook Nancy Lincoln-Graves

**School Phone:** 757-259-3600

**Athletics Office:** 757-259-3622

**School Fax:** 757-259-3711

## Jefferson Forest

1 Cavalier Circle / Forest, VA 24551

**Email:** tfrancis@bedford.k12.va.us / nclaudio@bedford.k12.va.us

**Principal:** Anthony Francis

**Assistant Principal:** Lee Calvert, Tracy Richardson, Troy Doss

**Athletic/Activities Director:** Nancy Claudio

**Superintendent:** Dr. James G. Blevins (Bedford)

**Assistant AD:** Red/Black/White  
**Colors:** Cavaliers  
**Mascot:** Steve MacCord  
Ath Trainer David Webb  
Band James Thacker  
Baseball Paul Smith  
Basket, b Tom Brown  
Basket, g Sarah Garbee  
Cr Writing Jerome Loy  
Crew, b Jerome Loy  
Crew, g Dana Tickle  
CrossC, b Dana Tickle  
CrossC, g Jerome Loy  
Debate Dana Tickle  
F Hockey

**Students** 1350  
**Gym Cap.** 1800  
**Stad. Cap.** 3500

Football Don Rice  
Forensics Myra Pisarek  
Golf Ray Davidson  
Gymnast, b Robert Butler  
Gymnast, g Robert Butler  
Ind Track, b Robert Butler  
Ind Track, g Robert Butler  
Lacrosse, b Robert Butler  
Lacrosse, g Robert Butler  
Magazine Jessica Barger  
Newspaper Wendy Singleton  
Out Track, b Robert Butler  
Out Track, g Robert Butler

**Group:** AA  
**Region:** III  
**District:** Seminole

**Div.:** 4

Scholastic  
Soccer, b Jed Zaring  
Soccer, g Stan Golon  
Softball Gary Harris  
Swim, b Jann Brown  
Swim, g Jann Brown  
Tennis, b Susan Ranowsky  
Tennis, g Missy Stallard  
Theatre Dana Tickle  
Volley, b Steve Mills  
Volley, g Bill Hutchinson  
Wrestling Bill Hutchinson  
Yearbook Wendy Singleton

## Thomas Jefferson (Richmond)

4100 West Grace Street / Richmond, VA 23230-3802

**Email:** bulbschi@richmond.k12.va.us / jjohnson2@richmond.k12.va.us

**Principal:** Barbara Ulschmid

**Assistant Principal:** Sheron Carter-Gunter, Archer Collier

**Athletic/Activities Director:** James T. Johnson

**Superintendent:** Dr. Deborah Jewell-Sherman (Richmond City)

**Assistant AD:** Colleen Fripps  
**Colors:** Red/White  
**Mascot:** Vikings  
Ath Trainer Cherish Nash  
Band Latonya Ingram  
Baseball Harold Henry  
Basket, b Ron Thomas  
Basket, g Andrew Hobbs  
Cheer Kim Korsah  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Chris Wilder  
CrossC, g Chris Wilder  
Debate Not Filled  
F Hockey Not Filled

**Students** 800  
**Gym Cap.** 700  
**Stad. Cap.** 800

Football C. Hataway, H. Henry  
Forensics Nancy Samuels  
Golf  
Gymnast, b  
Gymnast, g  
Ind Track, b Chris Wilder  
Ind Track, g Chris Wilder  
Lacrosse, b  
Lacrosse, g  
Magazine Ray Martin  
Newspaper Not Filled  
Out Track, b Chris Wilder  
Out Track, g Chris Wilder

**Group:** AAA  
**Region:** Central  
**District:** Colonial

**Div.:** 5

Scholastic  
Soccer, b Mike Epps  
Soccer, g Aric Melton  
Softball Not Filled  
Swim, b  
Swim, g  
Tennis, b Will Dupree  
Tennis, g Will Dupree  
Theatre  
Volley, b Adam Wallach  
Volley, g Mike Epps  
Wrestling  
Yearbook Susan Walsh

## Thomas Jefferson Science & Technology

6560 Braddock Road / Alexandria, VA 22312-2206

**Email:** Evan.Glazer@fcps.edu / Melody.Modell@fcps.edu

**Principal:** Evan Glazer

**Assistant Principal:** Brandon Kosatka, Maryann Bosley, Heather Sondel, Not Filled

**Athletic/Activities Director:** Melody Modell (CAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Rusty Hodges  
**Colors:** Red/White/Navy  
**Mascot:** Colonials  
Ath Trainer Heather Murphy  
Band Mary Ulrey  
Baseball David Gardziel  
Basket, b Ed Grimm  
Basket, g Mike Weber  
Cheer Not Filled  
Cr Writing  
Crew, b Jim Granger  
Crew, g Matt Schoop  
CrossC, b Matt Ryan  
CrossC, g Matt Ryan  
Debate Sherwood Williams  
F Hockey Teri Davis

**Students** 1750  
**Gym Cap.** 736  
**Stad. Cap.** 5500

Football Tim Puvogel  
Forensics  
Golf George Malenich  
Gymnast, b  
Gymnast, g Pete Novgrod  
Ind Track, b Jeff James  
Ind Track, g Matt Ryan  
Lacrosse, b Not Filled  
Lacrosse, g Victor Chen  
Magazine Emily Orser  
Newspaper Jennifer Seavey  
Out Track, b Jeff James  
Out Track, g Matt Ryan

**Group:** AAA  
**Region:** Northern  
**District:** Liberty

**Div.:** 5

Scholastic  
Soccer, b Sean Burke  
Soccer, g Not Filled  
Softball John Zook  
Swim, b John Struck  
Swim, g John Struck  
Tennis, b Joseph Awadalla  
Tennis, g Not Filled  
Theatre Vinny Pollet  
Volley, b  
Volley, g Charlee Johnson  
Wrestling Steve East  
Yearbook Betty Stegall

## Kecoughtan

522 Woodland Road / Hampton, VA 23669

**Email:** abaker@sbo.hampton.k12.va.us / wmartin@sbo.hampton.k12.va.us

**Principal:** Arnold Baker

**Assistant Principal:** Mike Barroso, Dorothy Garrity, Tiffany Sanzo, Shameka Pollard

**Athletic/Activities Director:** William Martin

**Superintendent:** Dr. Patrick Russo (Hampton)

|                      |               |                   |                    |                  |                   |              |   |
|----------------------|---------------|-------------------|--------------------|------------------|-------------------|--------------|---|
| <b>Assistant AD:</b> |               | <b>Students</b>   | 1860               | <b>Group:</b>    | AAA               | <b>Div.:</b> | 5 |
| <b>Colors:</b>       | Green/White   | <b>Gym Cap.</b>   | 900                | <b>Region:</b>   | Eastern           |              |   |
| <b>Mascot:</b>       | Warriors      | <b>Stad. Cap.</b> | 8000               | <b>District:</b> | Peninsula         |              |   |
| <b>Ath Trainer</b>   |               | Football          | Glenn Tidwell      | Scholastic       |                   |              |   |
| Band                 | Kelly Dee     | Forensics         | Not Filled         | Soccer, b        | Franklin Hughes   |              |   |
| Baseball             | John Greene   | Golf              | Brian Hebert       | Soccer, g        | Jenni MacIntosh   |              |   |
| Basket, b            | Carey Forrest | Gymnast, b        |                    | Softball         | Mark Christman    |              |   |
| Basket, g            | Lester Sapp   | Gymnast, g        |                    | Swim, b          | Joey Stickle      |              |   |
| Cheer                | Rebecca Davis | Ind Track, b      | Albert Marrow      | Swim, g          | Joey Stickle      |              |   |
| Cr Writing           |               | Ind Track, g      | William Washington | Tennis, b        | Jody Sanzo        |              |   |
| Crew, b              |               | Lacrosse, b       |                    | Tennis, g        | Lester Sapp       |              |   |
| Crew, g              |               | Lacrosse, g       |                    | Theatre          | Carol Fiest       |              |   |
| CrossC, b            | Ed Rietscha   | Magazine          |                    | Volley, b        |                   |              |   |
| CrossC, g            | Ed Rietscha   | Newspaper         | Danielle Wilson    | Volley, g        |                   |              |   |
| Debate               | Not Filled    | Out Track, b      | Albert Marrow      | Wrestling        | Sam Jones         |              |   |
| F Hockey             | Scotty Tyson  | Out Track, g      | William Washington | Yearbook         | Melissa Duckworth |              |   |

## Floyd E. Kellam

2323 Holland Road / Virginia Beach, VA 23453-3599

**Email:** bbiehl@vbschools.com / jbmoxey@vbschools.com

**Principal:** Bruce Biehl

**Assistant Principal:** Paul Meadors, Carolyn Keen, Mike Porter, Nancy Farrell

**Athletic/Activities Director:** James Moxey

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

|                      |                    |                   |                  |                  |                |              |   |
|----------------------|--------------------|-------------------|------------------|------------------|----------------|--------------|---|
| <b>Assistant AD:</b> | Jo Blackmon        | <b>Students</b>   | 2240             | <b>Group:</b>    | AAA            | <b>Div.:</b> | 6 |
| <b>Colors:</b>       | Black/Gold/White   | <b>Gym Cap.</b>   | 1100             | <b>Region:</b>   | Eastern        |              |   |
| <b>Mascot:</b>       | Knights            | <b>Stad. Cap.</b> | 7500             | <b>District:</b> | Beach          |              |   |
| <b>Ath Trainer</b>   | C. Drago, K. Baker | Football          | Chris DeWitt     | Scholastic       |                |              |   |
| Band                 | Cameron Baker      | Forensics         | Angie Evans      | Soccer, b        | Craig Powers   |              |   |
| Baseball             | St. Clair Jones    | Golf              | Jason Copeland   | Soccer, g        | Mario Hurdle   |              |   |
| Basket, b            | Norm Hassell       | Gymnast, b        |                  | Softball         | Theresa Jones  |              |   |
| Basket, g            | Teresa Jones       | Gymnast, g        | Debi Strausbaugh | Swim, b          | Abbie McGee    |              |   |
| Cheer                | Angela Bertram     | Ind Track, b      | Bill Bernard     | Swim, g          | Abbie McGee    |              |   |
| Cr Writing           | Angie Evans        | Ind Track, g      | Bill Bernard     | Tennis, b        | Tom Drabczyk   |              |   |
| Crew, b              |                    | Lacrosse, b       |                  | Tennis, g        | Tom Drabczyk   |              |   |
| Crew, g              |                    | Lacrosse, g       |                  | Theatre          | Tamara Smith   |              |   |
| CrossC, b            | Bill Bernard       | Magazine          | Laura Peters     | Volley, b        | John Swanson   |              |   |
| CrossC, g            | Bill Bernard       | Newspaper         | Amy Wellens      | Volley, g        | Janice Johnson |              |   |
| Debate               | Eileen Walsh       | Out Track, b      | Bill Bernard     | Wrestling        | Mike Benzel    |              |   |
| F Hockey             | Katie McDonald     | Out Track, g      | Bill Bernard     | Yearbook         | Amy Wellens    |              |   |

## J. J. Kelly

P. O. Box 796, Birchfield Road / Wise, VA 24293

**Email:** ccollins@wise.k12.va.us

**Principal:** Charles Collins

**Assistant Principal:** David Stanley

**Athletic/Activities Director:** Robin Dotson

**Superintendent:** Dr. Gregory Killough (Wise)

|                      |                |                   |                |                  |                |              |   |
|----------------------|----------------|-------------------|----------------|------------------|----------------|--------------|---|
| <b>Assistant AD:</b> | John Giles     | <b>Students</b>   | 500            | <b>Group:</b>    | A              | <b>Div.:</b> | 2 |
| <b>Colors:</b>       | Red/White      | <b>Gym Cap.</b>   | 725            | <b>Region:</b>   | D              |              |   |
| <b>Mascot:</b>       | Indians        | <b>Stad. Cap.</b> | 5000           | <b>District:</b> | Lonesome Pine  |              |   |
| <b>Ath Trainer</b>   |                | Football          | B.I. Salyers   | Scholastic       |                |              |   |
| Band                 | Aaron Myers    | Forensics         | Jan Thompson   | Soccer, b        |                |              |   |
| Baseball             | David Wyrick   | Golf              | Lana Prater    | Soccer, g        |                |              |   |
| Basket, b            | T.J. McAnnis   | Gymnast, b        |                | Softball         | Not Filled     |              |   |
| Basket, g            | Robin Dotson   | Gymnast, g        |                | Swim, b          |                |              |   |
| Cheer                | Pam Houchins   | Ind Track, b      |                | Swim, g          |                |              |   |
| Cr Writing           | Janice Bolling | Ind Track, g      |                | Tennis, b        | Cathy South    |              |   |
| Crew, b              |                | Lacrosse, b       |                | Tennis, g        |                |              |   |
| Crew, g              |                | Lacrosse, g       |                | Theatre          | Jan Thompson   |              |   |
| CrossC, b            | Cathy South    | Magazine          |                | Volley, b        |                |              |   |
| CrossC, g            | Cathy South    | Newspaper         |                | Volley, g        | Allison Shortt |              |   |
| Debate               |                | Out Track, b      | Johnny Giles   | Wrestling        | Steve Bates    |              |   |
| F Hockey             |                | Out Track, g      | Andrew Kilgore | Yearbook         | Jan Thompson   |              |   |

## Kempsville

5194 Chief Trail / Virginia Beach, VA 23464-2796

**Email:** shea.paisley@vbschools.com / carol.chory@vbschools.com

**Principal:** Shea Paisley

**Assistant Principal:** Michael Vanterpool, Carey Manugo, George Korte, Becky Porter

**Athletic/Activities Director:** Carol Chory (CMAA)

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** T. Wolf (CAA), L. Tucei

**Colors:** Royal Blue/Red/Silver

**Mascot:** Chiefs

**Ath Trainer:** M. Mansfield, S. Hensley

**Band:** Bryan Wills

**Baseball:** Paul Shows

**Basket, b:** Taft Hickman

**Basket, g:** Greg Dunn

**Cheer:** Cassidy Edwards

**Cr Writing:** Not Filled

**Crew, b:**

**Crew, g:**

**CrossC, b:** Kendall Tata

**CrossC, g:** Kendall Tata

**Debate:** John Cowan

**F Hockey:** Tammy Leonard

**Students:** 2000

**Gym Cap.:** 1400

**Stad. Cap.:** 4000

**Football:** Clark Harrell

**Forensics:** Priscilla Stephens

**Golf:** Mike Polychroni

**Gymnast, b:**

**Gymnast, g:** Laurie Knott

**Ind Track, b:** Tim Wolf

**Ind Track, g:** Jim Nixon

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:** Jim Bulleit

**Newspaper:** Meri Smith

**Out Track, b:** Tim Wolf

**Out Track, g:** Kendall Tata

**School Phone:** 757-474-8400

**Athletics Office:** Ext. 58023

**School Fax:** 757-474-8404

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Scholastic:**

**Soccer, b:** Adam Schultz

**Soccer, g:** Lauren Tucei

**Softball:** Dean Spruill

**Swim, b:** Not Filled

**Swim, g:** Kristen Knott

**Tennis, b:** Paul Behson

**Tennis, g:** John Curtis

**Theatre:** Missy Sullivan

**Volley, b:** Bill Reeves

**Volley, g:** Rob Hale

**Wrestling:** Sean Early

**Yearbook:** Yahaira Marquez

**Div.:** 6

## King and Queen Central

17024 The Trail / King & Queen Courthouse, VA 23085

**Email:** vsimms@kqps.net / emoody@kqps.net

**Principal:** Veronica Simms

**Assistant Principal:** Angela Phenicie

**Athletic/Activities Director:** Everette Moody (RAA)

**Superintendent:** Dr. Richard Layman (King & Queen)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Royal Tigers

**Ath Trainer:**

**Band:** Not Filled

**Baseball:** Everette Moody (RAA)

**Basket, b:** Barren Holmes

**Basket, g:** Mark Saltz

**Cheer:** Not Filled

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:**

**CrossC, g:**

**Debate:**

**F Hockey:**

**Football:** Jamaal Artis

**Forensics:**

**Golf:**

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:**

**Ind Track, g:**

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:**

**Out Track, b:** Kenneth Briddell

**Out Track, g:** Kenneth Briddell

**Group:** A

**Region:** A

**District:** Tidewater

**Scholastic:**

**Soccer, b:**

**Soccer, g:**

**Softball:** Elizabeth Carey

**Swim, b:**

**Swim, g:**

**Tennis, b:**

**Tennis, g:**

**Theatre:**

**Volley, b:**

**Volley, g:** Mark Saltz

**Wrestling:**

**Yearbook:** Julie Carter

**Div.:** 1

**School Phone:** 804-785-6102

**Athletics Office:** 804-785-6102

**School Fax:** 804-785-5129

## King George

8246 Dahlgren Road / King George, VA 22485-3500

**Email:** wsatterwhite@kgcs.k12.va.us / jspiak@kgcs.k12.va.us

**Principal:** Todd Satterwhite

**Assistant Principal:** Holly Wargo, John Carter

**Athletic/Activities Director:** John Spiak

**Superintendent:** Dr. Candace F. Brown (King George)

**Assistant AD:**

**Colors:** Royal Blue/Gold

**Mascot:** Foxes

**Ath Trainer:** David Smith

**Band:** Aaron Noe

**Baseball:** Thomas Stimaker

**Basket, b:** Jeff Smith

**Basket, g:** Jessica Forsythe

**Cheer:** Donna Fitzgerald

**Cr Writing:** Jesse Ault

**Crew, b:**

**Crew, g:**

**CrossC, b:** Jim Moyer

**CrossC, g:** Jim Moyer

**Debate:** Jessie Reter-Choate

**F Hockey:** Not Filled

**Football:** Bill Dignan

**Forensics:** Heather Vickers

**Golf:** Irving Taylor

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Rudolph Pekarek

**Ind Track, g:** Rudolph Pekarek

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:**

**Out Track, b:** Rudolph Pekarek

**Out Track, g:** Rudolph Pekarek

**Group:** AA

**Region:** I

**District:** Battlefield

**Scholastic:**

**Soccer, b:** David Priser

**Soccer, g:** Dustin Pifer

**Softball:** Billie Jo Derrow

**Swim, b:** Not Filled

**Swim, g:** Debra Bernardes

**Tennis, b:** Eric Linton

**Tennis, g:** Martin Wolowicz

**Theatre:** David Richards

**Volley, b:**

**Volley, g:** Phil Salmari

**Wrestling:** Josh Rudolph

**Yearbook:** Tiffany Kopcak

**Div.:** 4

**School Phone:** 540-775-3535

**Athletics Office:** 540-775-3535

**School Fax:** 540-775-5345

## King William

80 Cavalier Drive / King William, VA 23086-9773

**Email:** tryland@kwcps.k12.va.us / djones@kwcps.k12.va.us

**Principal:** Tinya Ryland

**Assistant Principal:** Tinya Ryland, W. Andrews

**Athletic/Activities Director:** Daniel K. Jones

**Superintendent:** Dr. Mark Jones (King William)

**Assistant AD:** Jeff Huffman, Joel Snyder

**Colors:** Black/Gold

**Mascot:** Cavaliers

Ath Trainer Rob Welch

Band Calvin Sorrell

Baseball

Basket, b Joe Harper

Basket, g

Cheer Jennifer Longest

Cr Writing Gina Wolfe

Crew, b

Crew, g

CrossC, b Tommy Tupponce

CrossC, g

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine Debra Herrington

Newspaper Debra Herrington

Out Track, b Malcolm Tupponce

Out Track, g Malcolm Tupponce

**Students** 620

**Gym Cap.** 1600

**Stad. Cap.** 2500

Roger Brookes

Bill Ballard

Jay Blanton

**Group:** A

**Region:** A

**District:** Tidewater

Scholastic

Soccer, b

Soccer, g

Softball Joe Harper

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Bill Ballard

Volley, b

Volley, g

Wrestling John Pankey

Yearbook Gina Wolfe

**Div.:** 2

**School Phone:** 757-923-5240

**Athletics Office:** 757-923-5240

**School Fax:** 757-923-5242

## King's Fork

351 King's Fork Road / Suffolk, VA 23434

**Email:** danielward@spsk12.net

**Principal:** Daniel Ward III

**Assistant Principal:** Chris Quattlebaum, Horatio Douglas, Tawana Ford

**Athletic/Activities Director:** Randy Jessee

**Superintendent:** Dr. Milton R. Liverman (Suffolk)

**Assistant AD:**

**Colors:** Maroon/Vegas Gold

**Mascot:** Bulldogs

Ath Trainer Monica Mueller

Band Brian Webb

Baseball Jennings Varney

Basket, b Joshua Worrell

Basket, g Garry Murphy

Cheer Kelly Annon

Cr Writing

Crew, b

Crew, g

CrossC, b Ernest Williams

CrossC, g Ernest Williams

Debate

F Hockey Jessica Neblett

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Monica Herron

Out Track, b Cecil Phillips

Out Track, g Tony Johnson

**Students** 1500

**Gym Cap.** 2200

**Stad. Cap.** 5000

Cecil Phillips

Heather Cadorette

Calvin Mitchell

**Group:** AAA

**Region:** Eastern

**District:** Southeastern

Scholastic

Soccer, b Mark Parsons

Soccer, g Gina Herr

Softball Richard Fromel

Swim, b

Swim, g

Tennis, b Not Filled

Tennis, g Ernest Williams

Theatre Jennifer Miguel

Volley, b Not Filled

Volley, g Sarah Whitfield

Wrestling Barry Potter

Yearbook Wendy Booder

**Div.:** 5

**School Phone:** 757-565-0373

**Athletics Office:** 757-565-0440

**School Fax:** 757-565-4268

## Lafayette

4460 Longhill Road / Williamsburg, VA 23188-1535

**Email:** swintona@wjcc.k12.va.us / barnerd@wjcc.k12.va.us

**Principal:** Anita Swinton

**Assistant Principal:** Mia Pollard, Jeff Bond

**Athletic/Activities Director:** Dan Barner

**Superintendent:** Dr. Gary Matthews (Williamsburg/James City)

**Assistant AD:** Jackie Henry

**Colors:** Navy Blue/Gold

**Mascot:** Rams

Ath Trainer Dan Gotthardt

Band Chris Smith

Baseball Joe Henzel

Basket, b Tony Clark

Basket, g Charles Brown

Cheer Lisa Garwood

Cr Writing Judy Salzman

Crew, b

Crew, g

CrossC, b Craig Wortman

CrossC, g Craig Wortman

Debate Not Filled

F Hockey Pat Thompson

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b Mel Jones

Ind Track, g Mel Jones

Lacrosse, b

Lacrosse, g

Magazine Judy Salzman

Newspaper Not Filled

Out Track, b Mel Jones

Out Track, g Mel Jones

**Students** 1300

**Gym Cap.** 1300

**Stad. Cap.** 3000

Paul Wheeler

Not Filled

Clyde Keller

**Group:** AA

**Region:** I

**District:** Bay Rivers

Scholastic

Soccer, b Brian Sorrell

Soccer, g Shaheem Abrahams

Softball Tom Bunn

Swim, b Harold Baker

Swim, g Harold Baker

Tennis, b Richard Goode

Tennis, g Pat Thompson

Theatre Not Filled

Volley, b

Volley, g Caroline Bowman

Wrestling Bruce Shumaker

Yearbook Jan Barrett

**Div.:** 4

## Lake Braddock

9200 Burke Lake Road / Burke, VA 22015-1682

**Email:** linda.burke@fcps.edu / mark.martino@fcps.edu

**Principal:** Linda Burke

**Assistant Principal:** L. Jackson, L. Robertson, J. Watson, D. Thomas, C. Prieto, M. Bresser, C. Cipperly, J. Benson, S. Turner

**Athletic/Activities Director:** Mark Martino (RAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Dan Griel, Mike Clark

**Colors:** Purple/Gold

**Mascot:** Bruins

Ath Trainer A. Harris, M. Sheeron

Band Roy Holder

Baseball Jody Rutherford

Basket, b Brian Metress

Basket, g Carl Harris

Cheer Rebecca Redman

Cr Writing Mike Mariani

Crew, b

Crew, g Megan Sullivan

CrossC, b Mike Mangan

CrossC, g Mike Mangan

Debate Brian Mason

F Hockey Diane Miller

**Students** 1850

**Gym Cap.** 3000

**Stad. Cap.** 6000

Football Jim Poythress

Forensics Patty Rice

Golf Karl Kerns

Gymnast, b

Gymnast, g Ellen Hagen-Bowerman

Ind Track, b Mike Mangan

Ind Track, g Mike Mangan

Lacrosse, b Steve Price

Lacrosse, g Kelly Miller

Magazine Dirk Schultz

Newspaper Kathy Helmke

Out Track, b Mike Mangan

Out Track, g Mike Mangan

**School Phone:** 703-426-1000

**Athletics Office:** 703-426-1001

**School Fax:** 703-426-1172

**Group:** AAA

**Region:** Northern

**District:** Patriot

Scholastic

Soccer, b Joe Soos

Soccer, g Liz Pike

Softball John Schneeberger

Swim, b Miriam Lynch

Swim, g Miriam Lynch

Tennis, b John Myers

Tennis, g David Cole

Theatre R. Mirabal

Volley, b

Volley, g Jessica DiPaolo

Wrestling Scott Matheny

Yearbook Ashley Yuckenberg

**Div.:** 6

## Lake Taylor

1384 Kempsville Road / Norfolk, VA 23502-2299

**Email:** charris@nps.k12.va.us / rpannenb@nps.k12.va.us

**Principal:** Clifton Harrison

**Assistant Principal:** Irene Narlis, Jerome Wiiiilms, Richard Kyle

**Athletic/Activities Director:** Bobby Pannenbacker

**Superintendent:** Dr. Stephen C. Jones (Norfolk)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Titans

Ath Trainer Robbie Ingel

Band Elton Fitzgerald

Baseball Vince Zebro

Basket, b Kenny Brown

Basket, g Sandra Sawyer

Cheer Wanda Wortham

Cr Writing

Crew, b

Crew, g

CrossC, b Keith Goff

CrossC, g Keith Goff

Debate Otmar Guzman

F Hockey Kim Barnes

**Students** 1259

**Gym Cap.** 2000

**Stad. Cap.** 2500

Football Hank Sawyer

Forensics Otmar Guzman

Golf Billy Morrow

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine Bill Herter

Newspaper Bill Herter

Out Track, b Hank Sawyer

Out Track, g Lashundra Carter

**Group:** AAA

**Region:** Eastern

**District:** Eastern

Scholastic Stephan Caja

Soccer, b Greg Foote

Soccer, g Gino Garrett

Softball Rick Thomas

Swim, b Scott Evans

Swim, g Ashleigh James-Clark

Tennis, b Stephan Caja

Tennis, g Ashleigh James-Clark

Theatre Suzanne Chavoustie

Volley, b Adrian Burney

Volley, g Vince Zebro

Wrestling Keith Goff

Yearbook Chris Joyner

**Div.:** 5

**School Phone:** 757-892-3200

**Athletics Office:** 757-892-3203

**School Fax:** 757-892-3210

## Lakeland

214 Kenyon Road / Suffolk, VA 23434

**Email:** thomaswhitley@sps.k12.net / ronrobertson@spsk12.net

**Principal:** Thomas Whitley

**Assistant Principal:** Brenda Ingram, Kevin Monroe, Douglas Wagoner

**Athletic/Activities Director:** Ron Robertson

**Superintendent:** Dr. Milton R. Liverman (Suffolk)

**Assistant AD:**

**Colors:** Navy/Carolina Blue

**Mascot:** Cavaliers

Ath Trainer Kara Kent

Band Alvin Wilson

Baseball Daniel Waller

Basket, b James Jones

Basket, g Alan Jones

Cheer Sheri Davis

Cr Writing

Crew, b

Crew, g

CrossC, b Cortney Parker

CrossC, g Cortney Parker

Debate

F Hockey Tara Worley

**Students** 1450

**Gym Cap.** 1700

**Stad. Cap.** 4000

Football Tommy Austin

Forensics

Golf Ron Robertson

Gymnast, b

Gymnast, g

Ind Track, b Greg Rountree

Ind Track, g Greg Rountree

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Greg Rountree

Out Track, g Greg Rountree

**Group:** AAA

**Region:** Eastern

**District:** Southeastern

Scholastic

Soccer, b Vicky Burrell

Soccer, g Anita Fisher

Softball Lori White

Swim, b

Swim, g

Tennis, b Matt Boehringer

Tennis, g Randolph Holland

Theatre

Volley, b Daniel Waller

Volley, g Paula Neri

Wrestling

Yearbook Kellie Rickerson

**Div.:** 5

**School Phone:** 757-925-5790

**Athletics Office:**

**School Fax:** 757-925-5599

## Lancaster

P. O. Box 790, 8815 Mary Ball Road / Lancaster, VA 22503

**E-Mail:** [sspears@lcs.k12.va.us](mailto:sspears@lcs.k12.va.us) / [dethomas@lcs.k12.va.us](mailto:dethomas@lcs.k12.va.us)

**Principal:** Sandy Spears

**Assistant Principal:** Deborah Thomas

**Athletic/Activities Director:** Billy Jarvis

**Superintendent:** Dr. Susan Sciabbarasi (Lancaster)

**Assistant AD:** Red/White  
**Colors:** Red/White  
**Mascot:** Red Devils  
Ath Trainer Robert Spiers  
Band Robert Spiers  
Baseball Welby Saunders  
Basket, b Tim Rice  
Basket, g JoAnne Webb-Fary  
Cheer  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b JoAnne Webb-Fary  
CrossC, g JoAnne Webb-Fary  
Debate  
F Hockey

Football Billy Jarvis  
Forensics  
Golf Fred Swaffin  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b JoAnne Webb-Fary  
Out Track, g JoAnne Webb-Fary

**School Phone:** 804-462-5177

**Athletics Office:** 804-462-5177

**School Fax:** 804-462-5174

**Group:** A  
**Region:** A  
**District:** Northern Neck  
Scholastic  
Soccer, b  
Soccer, g  
Softball Dave Zieler  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre  
Volley, b  
Volley, g Dave Zieler  
Wrestling Craig Oren  
Yearbook Sharon Robinson

## Landstown

2001 Concert Drive / Virginia Beach, VA 23456

**E-Mail:** [brian.baxter@vbschools.com](mailto:brian.baxter@vbschools.com) / [david.siock@vbschools.com](mailto:david.siock@vbschools.com)

**Principal:** Brian Baxter

**Assistant Principal:** James Miller, Mary Dees, Paula Johnson, Thomas Taylor, Lisette Richardson

**Athletic/Activities Director:** David Siock

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** Tom Anderson, Mike Mungin  
**Colors:** Royal/Black/Silver/White  
**Mascot:** Eagles  
Ath Trainer Y. Kimura-Koenig, A. Dorfm  
Band Elwood Gelbert  
Baseball Michael Mungin  
Basket, b Dwight Robinson  
Basket, g Vernon King  
Cheer Danielle Scott  
Cr Writing Frances Fok  
Crew, b  
Crew, g  
CrossC, b Dave Coulter  
CrossC, g Dave Coulter  
Debate  
F Hockey Meaghan Barry

Football Steve Canter  
Forensics  
Golf Ed Holcomb  
Gymnast, b  
Gymnast, g Cynthia Bogdan  
Ind Track, b Tom Anderson  
Ind Track, g Dave Coulter  
Lacrosse, b  
Lacrosse, g  
Magazine Frances Fok  
Newspaper Krissy Sanderlin  
Out Track, b Tom Anderson  
Out Track, g Dave Coulter

**School Phone:** 757-468-3800

**Athletics Office:** Ext. 1123

**School Fax:** 757-468-1860

**Group:** AAA  
**Region:** Eastern  
**District:** Beach  
Scholastic  
Soccer, b Andrew Blackmore  
Soccer, g Scott Cray  
Softball Angela Smith  
Swim, b Amy Mack  
Swim, g Amy Mack  
Tennis, b Shawn Bolling  
Tennis, g Mark Zumbrum  
Theatre Terri Burch-Gayer  
Volley, b S. Grumney, S. Cambra  
Volley, g Cheryl Smith  
Wrestling John Sendzik  
Yearbook T. Still, B. Phelps

## Langley

6520 Georgetown Pike / McLean, VA 22101

**E-Mail:** [Corey.Bowerman@fcps.edu](mailto:Corey.Bowerman@fcps.edu)

**Principal:** William Clendaniel

**Assistant Principal:** Fred Amico, Michelle Norell, Rob Sanders

**Athletic/Activities Director:** Corey Bowerman

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** J. Ferrell, S. Shifflett  
**Colors:** Dark Green/Gold  
**Mascot:** Saxons  
Ath Trainer E. Dixon, N. Welever  
Band Andrew Gekowskie  
Baseball Jeff Ferrell  
Basket, b Travis Hess  
Basket, g Cheryl Buffo  
Cheer Leah Puhlick  
Cr Writing Anna Cohen  
Crew, b Brett Rini  
Crew, g Claire Stackhouse  
CrossC, b Astrid Howell  
CrossC, g Astrid Howell  
Debate Marissa Brodsky  
F Hockey Kate Coccia

Football John Howerton  
Forensics Lawrence Brooks  
Golf Al Berg  
Gymnast, b  
Gymnast, g Lauren John  
Ind Track, b Dave Nolte  
Ind Track, g Dave Nolte  
Lacrosse, b Earl Brewer  
Lacrosse, g Richard DeSomma  
Magazine Anna Cohen  
Newspaper Mary Dolson  
Out Track, b Dave Nolte  
Out Track, g Dave Nolte

**School Phone:** 703-287-2700

**Athletics Office:** 703-287-2750

**School Fax:** 703-287-2764

**Group:** AAA  
**Region:** Northern  
**District:** Liberty  
Scholastic  
Soccer, b Michael Elfman  
Soccer, g Melissa Bibbee  
Softball Bob Morrow  
Swim, b Ryan Jackson  
Swim, g Ryan Jackson  
Tennis, b Kirk Taylor  
Tennis, g Jennifer Osborne  
Theatre Phyliss Jaffee  
Volley, b Victor Troyan  
Volley, g Sue Shifflett  
Wrestling John Belyea  
Yearbook Kim Compton

## Lebanon

P.O. Box 217, Pioneer Drive / Lebanon, VA 24266-0217

**Email:** tdodi@russell.k12.va.us / sadams@russell.k12.va.us

**Principal:** Tony Dodi

**Assistant Principal:** Laymon Kiser

**Athletic/Activities Director:** Shelia Adams (RAA)

**Superintendent:** Dr. Lorraine C. Turner (Russell)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Pioneers

**Ath Trainer**

**Band** Charles Wallace

**Baseball** Charles Adams

**Basket, b** Thad Lambert

**Basket, g** Rex Parker

**Cheer** Ida Ashbrook

**Cr Writing**

**Crew, b**

**Crew, g**

**CrossC, b** Travis Hooker

**CrossC, g** Travis Hooker

**Debate**

**F Hockey**

**Football**

**Forensics**

**Golf**

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Jason Meyers

**Out Track, g** Dean Smith

**Students** 575

**Gym Cap.** 2400

**Stad. Cap.** 4000

**John Adams**

**Angie Amos**

**Thad Lambert**

**Group:** A

**Region:** D

**District:** Clinch Mountain

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball**

**Swim, b**

**Swim, g**

**Tennis, b** Travis Hooker

**Tennis, g** Sharon Owens

**Theatre** Angie Amos

**Volley, b**

**Volley, g** Sharon Owens

**Wrestling** Michael Webb

**Yearbook** Stephanie Buchanan

**Div.:** 2

**School Phone:** 276-889-6539

**Athletics Office:** 276-889-6537

**School Fax:** 276-889-0622

## Lee

Route 2, Box 3145, Alt. 58 Highway / Jonesville, VA 24263-9417

**Email:** rearley@leectysch.com / rstapleton@leectysch.com

**Principal:** Ronald Earley

**Assistant Principal:** Ron Earley, Alan Ingle, Virginia Spence, Lisa Brewer

**Athletic/Activities Director:** Richard Stapleton (CAA)

**Superintendent:** Mr. Fred Marion (Lee)

**Assistant AD:**

**Colors:** Red/Gold/White

**Mascot:** Generals

**Ath Trainer**

**Band** Mike Twigg

**Baseball** Not Filled

**Basket, b** Not Filled

**Basket, g** S. Ward, R. McDavid

**Cheer** C. Marshall, L. Willis

**Cr Writing** Lisa Phipps

**Crew, b**

**Crew, g**

**CrossC, b** Mike Elkins

**CrossC, g** Mike Elkins

**Debate**

**F Hockey**

**Football**

**Forensics**

**Golf**

**Gymnast, b**

**Gymnast, g**

**Ind Track, b** Mike Elkins

**Ind Track, g** Gary Wolfe

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Mike Elkins

**Out Track, g** Gary Wolfe

**Students** 750

**Gym Cap.** 2500

**Stad. Cap.** 4500

**G. Wolfe, E. Satterfield**

**Brenda Mullins**

**R. Robbins, G. Pendergraft**

**Group:** A

**Region:** D

**District:** Clinch Mountain

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball**

**Swim, b**

**Swim, g**

**Tennis, b**

**Tennis, g** Bill Turley

**Theatre** Brenda Mullins

**Volley, b**

**Volley, g** A. Thomas, B. Dean

**Wrestling** Not Filled

**Yearbook** A. Thomas, J. McKnight

**Div.:** 4

**School Phone:** 276-346-0173

**Athletics Office:** 276-346-0173

**School Fax:** 276-346-4032

## Robert E. Lee (Springfield)

6540 Franconia Road / Springfield, VA 22150-1413

**Email:** donald.thurston@fcps.edu / neil.kyle@fcps.edu

**Principal:** Donald Thurston

**Assistant Principal:** Dudley Johnson, Evelyn Russell, Denise Katz

**Athletic/Activities Director:** Neil Kyle (RAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Megan Brown

**Colors:** Royal Blue/Gold

**Mascot:** Lancers

**Ath Trainer** Diana Caruso

**Band** Kelly May

**Baseball** Not Filled

**Basket, b** Michael Harris

**Basket, g** Rudy Coffield

**Cheer** Eileen Seltzer

**Cr Writing**

**Crew, b**

**Crew, g**

**CrossC, b** Barry Mensh

**CrossC, g** Barry Mensh

**Debate**

**F Hockey** Sherrie Cranston

**Football**

**Forensics**

**Golf**

**Gymnast, b**

**Gymnast, g**

**Ind Track, b** Gary Powell

**Ind Track, g** Jim Miller

**Lacrosse, b** Not Filled

**Lacrosse, g** Kristin Keller

**Magazine**

**Newspaper** Bob Soule

**Out Track, b** Gary Powell

**Out Track, g** Jim Miller

**Students** 1800

**Gym Cap.** 1200

**Stad. Cap.** 3500

**Rob Everett**

**Group:** AAA

**Region:** Northern

**District:** Patriot

**Scholastic**

**Soccer, b** Not Filled

**Soccer, g** Brent Leiba

**Softball** Keith Tasaka

**Swim, b** Jeff Firman

**Swim, g** Jeff Firman

**Tennis, b** Lee Bruner

**Tennis, g** Shannon Christensen

**Theatre** Allen Brooks

**Volley, b**

**Volley, g** Rebecca Waters

**Wrestling** Brandon Rushing

**Yearbook** Erinn Harris

**Div.:** 5

**School Phone:** 703-924-8300

**Athletics Office:** 703-924-8352

**School Fax:** 703-924-8495



## Robert E. Lee (Staunton)

1200 North Coalter Street / Staunton, VA 24401-2598

**Email:** cchandler@staunton.k12.va.us / kroberts@staunton.k12.va.us

**Principal:** J. Clay Chandler

**Assistant Principal:** Mark Rowicki, Cynthia Gray

**Athletic/Activities Director:** Kaye Roberts

**Superintendent:** Dr. Steven Nichols (Staunton)

**Assistant AD:** Royal Blue/White  
**Colors:** Fighting Leemen  
**Mascot:** Dan Kegerreis  
Ath Trainer: Doug Lane  
Band: Bobby Humphrey  
Baseball: Paul Hatcher  
Basket, b: Jeremy Hartman  
Basket, g: M. Huggard, M. Chambers  
Cr Writing: Andrew Frye  
Crew, b: Resa Aikens  
Crew, g: Andrew Frye  
CrossC, b: Resa Aikens  
CrossC, g: Resa Aikens  
Debate: Andrew Frye  
F Hockey: Resa Aikens

**Students:** 820  
**Gym Cap.:** 1200  
**Stad. Cap.:** 3000

Football: David Tibbs  
Forensics: J. Hatcher  
Golf: J. Hatcher  
Gymnast, b: David Tibbs  
Gymnast, g: David Tibbs  
Ind Track, b: David Tibbs  
Ind Track, g: David Tibbs  
Lacrosse, b: David Tibbs  
Lacrosse, g: David Tibbs  
Magazine: David Tibbs  
Newspaper: David Tibbs  
Out Track, b: David Tibbs  
Out Track, g: David Tibbs

**School Phone:** 540-332-3926

**Athletics Office:**

**School Fax:** 540-332-3994

**Group:** AA  
**Region:** III  
**District:** Southern Valley

**Div.:** 3

Scholastic  
Soccer, b: Not Filled  
Soccer, g: Andrew Green  
Softball: Jim Hartman  
Swim, b:  
Swim, g:  
Tennis, b: Not Filled  
Tennis, g: Michelle Jones  
Theatre: M. Maynard  
Volley, b:  
Volley, g: Tiffany Eimers  
Wrestling: Joe Boone  
Yearbook

## Lee-Davis

7052 Mechanicsville Pike / Mechanicsville, VA 23111-6453

**Email:** sbjones@hanover.k12.va.us / dauthier@hcps.us

**Principal:** Stanley Jones

**Assistant Principal:** Rob Sargeant, Jennifer Cohodas, Melissa Hilderbrand, Ginny Matthews

**Athletic/Activities Director:** Della Authier (RAA)

**Superintendent:** Dr. Stewart D. Roberson (Hanover)

**Assistant AD:** Jackie Davis, David Wilton  
**Colors:** Orange/Navy/Gray  
**Mascot:** Confederates

Ath Trainer: Tom O'Brien  
Band: Duane Coston  
Baseball: Kenny Lewis  
Basket, b: Tripp Metzger  
Basket, g: Russell Williams  
Cheer: Karen Cook  
Cr Writing: Carol Cuneo  
Crew, b:  
Crew, g:  
CrossC, b: Neil Mathews  
CrossC, g: Neil Mathews  
Debate: Scott Joyner  
F Hockey: Courtney Jones

**Students:** 1628  
**Gym Cap.:** 2000  
**Stad. Cap.:** 4000

Football: Charlie League  
Forensics: Debbie Munchel  
Golf: Kenny Lewis  
Gymnast, b:  
Gymnast, g: Cy Witherow  
Ind Track, b: Neil Mathews  
Ind Track, g: Neil Mathews  
Lacrosse, b:  
Lacrosse, g:  
Magazine: Carol Cuneo  
Newspaper: Charles Stevens  
Out Track, b: Neil Mathews  
Out Track, g: Neil Mathews

**School Phone:** 804-723-2200

**Athletics Office:** 804-723-2203

**School Fax:** 804-723-2293

**Group:** AAA  
**Region:** Central  
**District:** Capital

**Div.:** 6

Scholastic  
Soccer, b: Ed Kidder  
Soccer, g: Brad Dalton  
Softball: Jackie Davis  
Swim, b: Matt Barker  
Swim, g: Matt Barker  
Tennis, b: Jason Butler  
Tennis, g: Rebecca Hendricks  
Theatre: Pam Beatty  
Volley, b: Scott Harrison  
Volley, g: Charlotte Lenart  
Wrestling: Tom Riley  
Yearbook: Charles Stevens

## Liberty (Bealeton)

6300 Independence Avenue / Bealeton, VA 22712-6843

**Email:** rlee@fcps1.org / jcarter@fcps1.org

**Principal:** Roger Lee

**Assistant Principal:** Linda Neiderer, Sam Cox, Rob Ewing

**Athletic/Activities Director:** Jerry Carter (CAA)

**Superintendent:** Dr. J. David Martin (Fauquier)

**Assistant AD:** Paul Frye  
**Colors:** Navy, Red, White  
**Mascot:** Eagles

Ath Trainer: Emily Rappold, ATC  
Band: Pat Neidich  
Baseball: Ted Currie  
Basket, b: Pat Frazer  
Basket, g: Ellen Allen  
Cheer: Amy Acors  
Cr Writing:  
Crew, b:  
Crew, g:  
CrossC, b: Dan Thompson  
CrossC, g: Dee Thompson  
Debate:  
F Hockey: Mary Colvin

**Students:** 1795  
**Gym Cap.:** 2000  
**Stad. Cap.:** 4000

Football: Tom Buzzo  
Forensics:  
Golf: Mark Holmes  
Gymnast, b:  
Gymnast, g:  
Ind Track, b: Dan Thompson  
Ind Track, g: Dee Thompson  
Lacrosse, b: Rich Klares  
Lacrosse, g: Joanie DeGoosh  
Magazine: Cherish Smith  
Newspaper: Shelly Norden  
Out Track, b: Dan Thompson  
Out Track, g: Dee Thompson

**School Phone:** 540-439-6300

**Athletics Office:** 540-439-4202

**School Fax:** 540-439-3397

**Group:** AAA  
**Region:** Northwest  
**District:** Cedar Run

**Div.:** 5

Scholastic  
Soccer, b: Tom Ritchie  
Soccer, g: Bob Ruhland  
Softball: Not Filled  
Swim, b: Jo Scott  
Swim, g: Jo Scott  
Tennis, b: Kyle McGlotten  
Tennis, g: Ellen Allen  
Theatre: Jeanne Dillon  
Volley, b:  
Volley, g: Tom Ritchie  
Wrestling: Dean Spahr  
Yearbook: Lisa Miller

## Liberty (Bedford)

100 Liberty Minuteman Lane / Bedford, VA 24523

**Email:** cwhitehurst@bedford.k12.va.us / scraig@bedford.k12.va.us

**Principal:** Cherie Whitehurst

**Assistant Principal:** Tim Hahn, Kathy Dills, Tim Overstreet

**Athletic/Activities Director:** Scott Craig

**Superintendent:** Dr. James G. Blevins (Bedford)

**Assistant AD:**  
**Colors:** Red/White/Blue  
**Mascot:** Minutemen  
Ath Trainer Brian Sennettl  
Band Dan Wilner  
Baseball Stewart Grant  
Basket, b Jeff Monroe  
Basket, g Andrew Kelso  
Cheer Krissy Alphin  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Sara Krycinski  
CrossC, g Sara Krycinski  
Debate  
F Hockey

**Students** 1037  
**Gym Cap.** 1100  
**Stad. Cap.** 2000  
Football Chris Watts  
Forensics  
Golf Mark Petersen  
Gymnast, b  
Gymnast, g  
Ind Track, b Ben Wiese  
Ind Track, g Sherry Elliott  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Ben Wiese  
Out Track, g Sherry Elliott

**School Phone:** 540-586-2541

**Athletics Office:**

**School Fax:** 540-586-7720

**Group:** AA  
**Region:** III  
**District:** Seminole  
Scholastic  
Soccer, b  
Soccer, g Jeff Steele  
Softball Sherry Catron  
Swim, b Jeff Steele  
Swim, g Jeff Steele  
Tennis, b Kyle Harris  
Tennis, g Kelly Skirvin  
Theatre Ellen Deane  
Volley, b  
Volley, g Lori Mattson  
Wrestling Darryl Updike  
Yearbook Kris Wingfield

## Lord Botetourt

1435 Roanoke Road / Daleville, VA 24083

**Email:** abrenner@bcps.k12.va.us / cpound@bcps.k12.va.us

**Principal:** Alan Brenner

**Assistant Principal:** Tim Bane, Mike Ketron

**Athletic/Activities Director:** Chuck Pound

**Superintendent:** Dr. Anthony Brads (Botetourt)

**Assistant AD:** T. Rudisill  
**Colors:** Scarlet/Silver  
**Mascot:** Cavaliers  
Ath Trainer Tracey Driscoll  
Band Chris Caldwell  
Baseball Todd Smith  
Basket, b Jon Cook  
Basket, g Chuck Pound  
Cheer Kristin Barbour  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Jerry Wertz  
CrossC, g Jerry Wertz  
Debate  
F Hockey

**Students** 1055  
**Gym Cap.** 1626  
**Stad. Cap.** 3500  
Football Roy Benson  
Forensics Not Filled  
Golf Todd Smith  
Gymnast, b  
Gymnast, g  
Ind Track, b Emily Pitts  
Ind Track, g Emily Pitts  
Lacrosse, b  
Lacrosse, g  
Magazine Dee Sheffer  
Newspaper Jackie Newman  
Out Track, b Chris Caldwell  
Out Track, g Emily Pitts

**Group:** AA  
**Region:** III  
**District:** Blue Ridge  
Scholastic  
Soccer, b Glenn Hayman  
Soccer, g Jamie Bednarek  
Softball Christina Porter  
Swim, b Ashley Stoneham  
Swim, g Ashley Stoneham  
Tennis, b Dave Sloop  
Tennis, g Greg Hupp  
Theatre Not Filled  
Volley, b  
Volley, g Nicci Johnson  
Wrestling Matt Hall  
Yearbook Jackie Newman

**School Phone:** 540-992-1261

**Athletics Office:** 540-992-5170

**School Fax:** 540-992-8381

## Loudoun County

415 Dry Mill Road, SW / Leesburg, VA 20175

**Email:** kenneth.wright@loudoun.k12.va.us

**Principal:** William Oblas

**Assistant Principal:** Muriel Heanue, Rick Brown, Tammy Brock

**Athletic/Activities Director:** Ken Wright (RAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Derek Farrey  
**Colors:** Navy Blue/Lt. Gold  
**Mascot:** Raiders  
Ath Trainer Chris Furr  
Band Darron Young  
Baseball Tom Lucero  
Basket, b Brian Blubaugh  
Basket, g Kevin Reed  
Cheer Robin Ellison  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Cortney Campbell  
CrossC, g Cortney Campbell  
Debate  
F Hockey

**Students** 1200  
**Gym Cap.** 1350  
**Stad. Cap.** 3500  
Football Todd Hill  
Forensics John Wells  
Golf John Laycock  
Gymnast, b  
Gymnast, g Not Filled  
Ind Track, b  
Ind Track, g  
Lacrosse, b Adam Wilburn  
Lacrosse, g Laurie Cornelius  
Magazine Andy Hawk  
Newspaper Andy Hawk  
Out Track, b Courtney Campbell  
Out Track, g Amber Spiering

**Group:** AA  
**Region:** II  
**District:** Dulles  
Scholastic  
Soccer, b Kris Goodwin  
Soccer, g Kirk Smith  
Softball Ryan Vance  
Swim, b Nic Grzeda  
Swim, g Nic Grzeda  
Tennis, b Randy Hanger  
Tennis, g Greg Selby  
Theatre John Wells  
Volley, b  
Volley, g Jenica Matthias  
Wrestling Ron Torrance  
Yearbook

**School Phone:** 571-252-2000

**Athletics Office:** 571-252-2010

**School Fax:** 571-252-2001

## Loudoun Valley

340 N. Maple Avenue / Purcellville, VA 20132-3199

**Email:** janeen.schutte@loudoun.k12.va.us

**Principal:** Sue Ross

**Assistant Principal:** Vicki Holstead, Sam Gross, Stephanie Silvis

**Athletic/Activities Director:** Janeen Schutte (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Kris Kelican

**Colors:** Green/White/Gold

**Mascot:** Vikings

|             |                |              |                 |
|-------------|----------------|--------------|-----------------|
| Ath Trainer | Andy Gordon    | Football     | Bruce Sheppard  |
| Band        | Richard Reaves | Forensics    | David Hoffman   |
| Baseball    | Wayne Todd     | Golf         | Gary McKay      |
| Basket, b   | Chad Dawson    | Gymnast, b   |                 |
| Basket, g   | Kevin Barr     | Gymnast, g   | Jennifer Cooper |
| Cheer       | Joyce Phillips | Ind Track, b |                 |
| Cr Writing  |                | Ind Track, g |                 |
| Crew, b     |                | Lacrosse, b  | Bill Schoeb     |
| Crew, g     |                | Lacrosse, g  | Jay Harkey      |
| CrossC, b   | Not Filled     | Magazine     | Dean Drewyer    |
| CrossC, g   | Not Filled     | Newspaper    | Tammy Pyle      |
| Debate      |                | Out Track, b | Bruce Sheppard  |
| F Hockey    |                | Out Track, g | Kent Staneart   |

**Group:** AAA

**Region:** Northwest

**District:** Cedar Run

**Div.:** 6

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Scott Hackett   |
| Soccer, g  | Kerry Davidson  |
| Softball   | Joe Spicer      |
| Swim, b    | John Verdin     |
| Swim, g    | John Verdin     |
| Tennis, b  | Not Filled      |
| Tennis, g  | Brooke Brown    |
| Theatre    | Ike Stoneberger |
| Volley, b  |                 |
| Volley, g  | Laird Johnson   |
| Wrestling  | Troy Mezzatesta |
| Yearbook   | Martha Akers    |

## Louisa County

P. O. Box 328, 757 Davis Highway / Mineral, VA 23117-9328

**Email:** willsms@lcps.k12.va.us / stralejd@lcps.k12.va.us

**Principal:** Michael Wills

**Assistant Principal:** Kimberly Bazemore, Todd Weidow, Deborah Coles, Tom Smith

**Athletic/Activities Director:** Doug Straley (RAA)

**Superintendent:** Dr. David G. Melton (Louisa)

**Assistant AD:** Terry Marks

**Colors:** Forest Green/Vegas Gold

**Mascot:** Lions

|             |                  |              |                |
|-------------|------------------|--------------|----------------|
| Ath Trainer | Charles Carter   | Football     | Mark Fischer   |
| Band        | Dale Hedrick     | Forensics    |                |
| Baseball    | Kevin Fisher     | Golf         | Mike Parsons   |
| Basket, b   | Preston Gordon   | Gymnast, b   |                |
| Basket, g   | Leslie Alexander | Gymnast, g   |                |
| Cheer       | Connie Meeks     | Ind Track, b | Jerry Cutright |
| Cr Writing  |                  | Ind Track, g | Jerry Cutright |
| Crew, b     |                  | Lacrosse, b  |                |
| Crew, g     |                  | Lacrosse, g  |                |
| CrossC, b   | Jerry Cutright   | Magazine     |                |
| CrossC, g   | Jerry Cutright   | Newspaper    | Allison Reese  |
| Debate      |                  | Out Track, b | Jerry Cutright |
| F Hockey    |                  | Out Track, g | Jerry Cutright |

**Group:** AA

**Region:** II

**District:** Jefferson

**Div.:** 4

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  | Joel Abe      |
| Soccer, g  | Jason Mehan   |
| Softball   | Susan Sharpe  |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  | Greg Palmer   |
| Tennis, g  | Daries Morris |
| Theatre    | Peggy Sadler  |
| Volley, b  |               |
| Volley, g  | Dave Boardway |
| Wrestling  | Chris Whitlow |
| Yearbook   | Not Filled    |

## Luray

14 Luray Avenue / Luray, VA 22835-1396

**Email:** dp@pagecounty.k12.va.us / dehlrs@pagecounty.k12.va.us

**Principal:** Dave Ponn

**Assistant Principal:** Chad Hensley

**Athletic/Activities Director:** Don Ehlers

**Superintendent:** Dr. Randall W. Thomas (Page)

**Assistant AD:** Maroon/White

**Colors:** Maroon/White

**Mascot:** Bulldogs

|             |                |              |                |
|-------------|----------------|--------------|----------------|
| Ath Trainer |                | Football     | Travis Osborne |
| Band        |                | Forensics    |                |
| Baseball    | Steve Griffith | Golf         | Chris Mercer   |
| Basket, b   | Jim Sanders    | Gymnast, b   |                |
| Basket, g   | Johnny Painter | Gymnast, g   |                |
| Cheer       | Patty Boyd     | Ind Track, b |                |
| Cr Writing  |                | Ind Track, g |                |
| Crew, b     |                | Lacrosse, b  |                |
| Crew, g     |                | Lacrosse, g  |                |
| CrossC, b   | Mike Chrisman  | Magazine     |                |
| CrossC, g   | Tara Huffman   | Newspaper    |                |
| Debate      |                | Out Track, b | Mike Chrisman  |
| F Hockey    |                | Out Track, g | Tara Huffman   |

**Group:** A

**Region:** B

**District:** Shenandoah

**Div.:** 1

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  |               |
| Soccer, g  |               |
| Softball   | Cara Colbert  |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  |               |
| Tennis, g  |               |
| Theatre    |               |
| Volley, b  |               |
| Volley, g  | Julie Rothgeb |
| Wrestling  |               |
| Yearbook   | Steve Johnson |

## Madison County

68 Mountaineer Lane / Madison, VA 22727-9705

**Email:** msisler@madisonschools.k12.va.us / pwarren@madisonschools.k12.va.us

**Principal:** Mike Sisler

**Assistant Principal:** Josh Walton

**Athletic/Activities Director:** Phil Warren

**Superintendent:** Dr. Brenda Tanner (Madison)

**Assistant AD:**

**Colors:** Royal Blue/White

**Mascot:** Mountaineers

|             |                   |              |                 |
|-------------|-------------------|--------------|-----------------|
| Ath Trainer | Carrie Sacra      | Football     | Stuart Dean     |
| Band        | Keith Cottrill    | Forensics    | Donald Hitt     |
| Baseball    | Tom Butterworth   | Golf         | Gary Honaker    |
| Basket, b   | Tim Taylor        | Gymnast, b   |                 |
| Basket, g   | Katherine Johnson | Gymnast, g   |                 |
| Cheer       | Lisa Taylor       | Ind Track, b |                 |
| Cr Writing  | Donald Hitt       | Ind Track, g |                 |
| Crew, b     |                   | Lacrosse, b  |                 |
| Crew, g     |                   | Lacrosse, g  |                 |
| CrossC, b   | Jennifer Rehm     | Magazine     |                 |
| CrossC, g   | Jennifer Rehm     | Newspaper    | Colleen Morris  |
| Debate      | Donald Hitt       | Out Track, b | Maurice Weaver  |
| F Hockey    |                   | Out Track, g | Carol Nowakoski |

**Students** 650

**Gym Cap.** 1800

**Stad. Cap.** 2000

**Group:** A

**Region:** B

**District:** Bull Run

**Div.:** 2

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  | Steve Shilan  |
| Soccer, g  | Not Filled    |
| Softball   | B.J. Scott    |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  |               |
| Tennis, g  |               |
| Theatre    | Donald Hitt   |
| Volley, b  |               |
| Volley, g  | B.J. Scott    |
| Wrestling  | Michael Sacra |
| Yearbook   | Barbara Fehn  |

## James Madison

2500 James Madison Drive / Vienna, VA 22181-5599

**Email:** mark.merrell@fcps.edu / john.lingenfelter@fcps.edu

**Principal:** Mark Merrell

**Assistant Principal:** Kristin Dougherty, Susan Robeson, Mike Yohe

**Athletic/Activities Director:** John Lingenfelter

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** David Cale

**Colors:** Red/White/Black

**Mascot:** Warhawks

|             |                   |              |                   |
|-------------|-------------------|--------------|-------------------|
| Ath Trainer | Karen Tosti       | Football     | Gordon Leib       |
| Band        | Michael Hackbarth | Forensics    | Not Filled        |
| Baseball    | Mark Gjormand     | Golf         | Ted Savia         |
| Basket, b   | Chris Kuhblank    | Gymnast, b   |                   |
| Basket, g   | Denise Weing      | Gymnast, g   | Danielle Morrison |
| Cheer       | Suzanne Mansfield | Ind Track, b | Craig Chasse      |
| Cr Writing  | Lori Roper        | Ind Track, g | Craig Chasse      |
| Crew, b     |                   | Lacrosse, b  | Nate Dewey        |
| Crew, g     |                   | Lacrosse, g  | Amanda Counts     |
| CrossC, b   | Craig Chasse      | Magazine     | Jenna Reeder      |
| CrossC, g   | Craig Chasse      | Newspaper    | Cathy Ferrick     |
| Debate      |                   | Out Track, b | Craig Chasse      |
| F Hockey    | Meghan Punaro     | Out Track, g | Craig Chasse      |

**Students** 1901

**Gym Cap.** 1500

**Stad. Cap.** 6000

**Group:** AAA

**Region:** Northern

**District:** Liberty

**Div.:** 5

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Steve Alabi        |
| Soccer, g  | Kurt Kuykendall    |
| Softball   | Wayne Martin       |
| Swim, b    | Michael Hardy      |
| Swim, g    | Michael Hardy      |
| Tennis, b  | Glen Adams         |
| Tennis, g  | Diane Baird        |
| Theatre    | Marshall Henderson |
| Volley, b  |                    |
| Volley, g  | Carrie Hall        |
| Wrestling  | Shawn Hutchison    |
| Yearbook   | Gina Glassman      |

**School Phone:** 703-319-2300

**Athletics Office:** 703-319-2360

**School Fax:** 703-319-2384

## Magna Vista

701 Magna Vista School Road / Ridgeway, VA 24148

**Email:** gagnew@henry.k12.va.us / mdminter@henry.k12.va.us

**Principal:** Gracie Agnew

**Assistant Principal:** Pam Randall, Duane Whittaker, Craig Curtis

**Athletic/Activities Director:** Michael Minter, Jr.

**Superintendent:** Dr. Sharon D. Dodson (Henry)

**Assistant AD:**

**Colors:** Navy/Silver/Red

**Mascot:** Warriors

|             |                   |              |                |
|-------------|-------------------|--------------|----------------|
| Ath Trainer |                   | Football     | John Curia     |
| Band        | Bonnell Young     | Forensics    | Damien Berger  |
| Baseball    | Ricky Ramey       | Golf         | Scott Gardner  |
| Basket, b   | Kevin Johnson     | Gymnast, b   |                |
| Basket, g   | Jackie Green      | Gymnast, g   |                |
| Cheer       | Amber King        | Ind Track, b |                |
| Cr Writing  | Samantha Corder   | Ind Track, g | Annette Carter |
| Crew, b     |                   | Lacrosse, b  |                |
| Crew, g     |                   | Lacrosse, g  |                |
| CrossC, b   | Richard Obenshain | Magazine     |                |
| CrossC, g   | Annette Carter    | Newspaper    | Dorothy Carter |
| Debate      |                   | Out Track, b |                |
| F Hockey    |                   | Out Track, g | Keyode Rogers  |

**Students** 1207

**Gym Cap.** 3000

**Stad. Cap.** 5000

**Group:** AA

**Region:** IV

**District:** Piedmont

**Div.:** 4

|            |                  |
|------------|------------------|
| Scholastic |                  |
| Soccer, b  | Michael Portlock |
| Soccer, g  | Eric Flick       |
| Softball   | Brian Brinegar   |
| Swim, b    |                  |
| Swim, g    |                  |
| Tennis, b  | Kevin Johnson    |
| Tennis, g  |                  |
| Theatre    | Damien Berger    |
| Volley, b  |                  |
| Volley, g  | Renee Beason     |
| Wrestling  | Zeke Castle      |
| Yearbook   | Dorothy Carter   |

**School Phone:** 276-956-3147

**Athletics Office:** 276-956-8243

**School Fax:** 276-956-1401

## Manassas Park

8200 Euclid Avenue / Manassas Park, VA 20111-2394

**E-Mail:** michael.peters@mpark.net / tracy.shaver@mpark.net

**Principal:** Tracy Shaver

**Assistant Principal:** Laura Cross

**Athletic/Activities Director:** Mike Peters

**Superintendent:** Dr. Thomas H. DeBolt (Manassas Park)

**Assistant AD:** Black/Vegas Gold  
**Colors:** Cougars  
**Mascot:** Ath Trainer Lisa Eckstein  
Band Mark Rendell  
Baseball Verdell Robinson  
Basket, b Not Filled  
Basket, g Alicia Sowers  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Curtis Yenyo  
CrossC, g Curtis Yenyo  
Debate Ray Morelli  
F Hockey

**Students** 610  
**Gym Cap.** 1100  
**Stad. Cap.** 2500

Football Jeff Lloyd  
Forensics Rachel Bradshaw  
Golf Gerry Campbell  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Jenn Rawley  
Out Track, b Joe McElfish  
Out Track, g Joe McElfish

**Group:** A  
**Region:** B  
**District:** Bull Run

**Div.:** 1

Scholastic  
Soccer, b Michael Martinez  
Soccer, g Richard Spagnolo  
Softball Gerry Campbell  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre Amy McCracken  
Volley, b  
Volley, g Teresa Rayhel  
Wrestling Ward Hugh  
Yearbook Pam Taylor

## Manchester

12601 Bailey Bridge Road / Midlothian, VA 23112-1805

**E-Mail:** peter\_koste@ccpsnet.net / roger\_cassem@ccpsnet.net

**Principal:** Pete Koste

**Assistant Principal:** Louis Millhouse, Don Gallier, Diane O'Connor

**Athletic/Activities Director:** Roger Cassem (CAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Kara Chaconas  
**Colors:** Blue/Orange  
**Mascot:** Lancers  
Ath Trainer Christopher Mahan  
Band Chris McCarney  
Baseball Ricky Saunders  
Basket, b Chad Long  
Basket, g Jerry Gibbs  
Cheer Amanda Merica  
Cr Writing Kevin Mooney  
Crew, b  
Crew, g  
CrossC, b Paul Kline  
CrossC, g Deb Romig  
Debate Christy Ellis  
F Hockey Melissa Esser

**Students** 2150  
**Gym Cap.** 2200  
**Stad. Cap.** 3500

Football Tom Hall  
Forensics Rob Ellis  
Golf Bobby Kidder  
Gymnast, b  
Gymnast, g  
Ind Track, b Gene Bowen  
Ind Track, g Allen Bayuk  
Lacrosse, b  
Lacrosse, g  
Magazine Kevin Mooney  
Newspaper Kathy Geranios  
Out Track, b Gene Bowen  
Out Track, g Allen Bayuk

**Group:** AAA  
**Region:** Central  
**District:** Dominion

**Div.:** 6

Scholastic  
Soccer, b  
Soccer, g Martin Dell  
Softball Not Filled  
Swim, b  
Swim, g  
Tennis, b Rich Munroe  
Tennis, g Heather Davis  
Theatre Cary Nothnagel  
Volley, b Charlie Krausse  
Volley, g Kristen Lockhart  
Wrestling Paul Richardson  
Yearbook Tracy O'Miller

## Marion Senior

848 Stage Street / Marion, VA 24354-4004

**E-Mail:** dannynewman@scsb.org / stevewright@scsb.org

**Principal:** Danny Newman

**Assistant Principal:** Damon Mazoff, Troy Pollard

**Athletic/Activities Director:** Steve Wright

**Superintendent:** Dr. Michael Robinson (Smyth)

**Assistant AD:** Scarlet/White  
**Colors:** Scarlet Hurricanes  
**Mascot:** Ath Trainer Gabe Long  
Band Eric Boggs  
Baseball Adam Burchett  
Basket, b Matt Hanshew  
Basket, g Sallie Moss  
Cheer Bev Wymer  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Jessi Dancy  
CrossC, g Jessi Dancy  
Debate  
F Hockey

**Students** 790  
**Gym Cap.** 2500  
**Stad. Cap.** 4000

Football Steve Wright  
Forensics Not Filled  
Golf Matt Hanshew  
Gymnast, b  
Gymnast, g  
Ind Track, b Joey Carroll  
Ind Track, g Joey Carroll  
Lacrosse, b  
Lacrosse, g  
Magazine Marci Bumett  
Newspaper Jane-Erie Shrestha  
Out Track, b Joey Carroll  
Out Track, g Jessi Dancy

**Group:** AA  
**Region:** IV  
**District:** Southwest

**Div.:** 3

Scholastic Fred Newcomb  
Soccer, b Eric Albano  
Soccer, g Not Filled  
Softball Crystal Kestner  
Swim, b Meg O'Donnell  
Swim, g Meg O'Donnell  
Tennis, b Gabe Long  
Tennis, g Stacey Kelley  
Theatre Todd Necessary  
Volley, b  
Volley, g Amanda Hanshew  
Wrestling Hunter Trivette  
Yearbook Amanda Hobbs

## George C. Marshall

7731 Leesburg Pike / Falls Church, VA 22043-2405

**Email:** jay.pearson@fcps.edu / william.curran@fcps.edu

**Principal:** Jay Pearson

**Assistant Principal:** Dan Daus, Jeanene Sims, Marlyn Hutton, Jeff McFarland

**Athletic/Activities Director:** William Curran

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Joe Swarm

**Colors:** Columbia Blue/Scarlet/White

**Mascot:** Statesmen

Ath Trainer J. Reynolds, D. Hotchkiss

Band Bryan Baldwin

Baseball Jim Jullien

Basket, b Not Filled

Basket, g Noel Klippenstein

Cheer Kelly Bresnahan

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Darryl General

CrossC, g Darryl General

Debate Not Filled

F Hockey Christina Carroll

**Students** 1350

**Gym Cap.** 800

**Stad. Cap.** 6000

Football JT Biddison

Forensics Not Filled

Golf Frank Jenkins

Gymnast, b

Gymnast, g Carrie Reynolds

Ind Track, b Cliff Wong

Ind Track, g Cliff Wong

Lacrosse, b Adam Vasquez

Lacrosse, g Andrew Freeman

Magazine Kathryn Weber

Newspaper Eston Melton

Out Track, b Cliff Wong

Out Track, g Cliff Wong

**School Phone:** 703-714-5400

**Athletics Office:** 703-714-5409

**School Fax:** 703-714-5497

**Group:** AAA

**Region:** Northern

**District:** Liberty

Scholastic

Soccer, b Ricardo Silva

Soccer, g Erin Byrne

Softball Jennifer Stoneburg

Swim, b Not Filled

Swim, g Not Filled

Tennis, b Stephen Moody

Tennis, g Ben Pierson

Theatre Mark Krikstan

Volley, b

Volley, g Ericka Rockwood

Wrestling Jason Planakis

Yearbook Eston Melton

**Div.:** 5

## John Marshall

4225 Old Brook Road / Richmond, VA 23227

**Email:** bbritt@richmond.k12.va.us / kadams@richmond.k12.va.us

**Principal:** Beverly L. Britt

**Assistant Principal:** Kimberly Lowe-Moore

**Athletic/Activities Director:** Kevin G. Adams (CAA)

**Superintendent:** Dr. Deborah Jewell-Sherman (Richmond City)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Justices

Ath Trainer Ty Cobbs

Band Dominique Reynolds

Baseball Robert Hancock

Basket, b Frank Threatts, Jr.

Basket, g Cheryl Perkins

Cheer Kelly Carter

Cr Writing

Crew, b

Crew, g

CrossC, b Kelvin Aiken

CrossC, g Kelvin Aiken

Debate

F Hockey

**Students** 960

**Gym Cap.** 800

**Stad. Cap.** 1000

Football Marvin Bridges, Sr.

Forensics Not Filled

Golf

Gymnast, b

Gymnast, g Kelvin Aiken

Ind Track, b Lamont Bowles

Ind Track, g Lamont Bowles

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Erica Schlawer

Out Track, b Kelvin Aiken

Out Track, g Lamont Bowles

**Group:** AAA

**Region:** Central

**District:** Colonial

Scholastic

Soccer, b

Soccer, g

Softball Cheryl Perkins

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g Stefanie Ramsey

Wrestling Stefanie Ramsey

Yearbook Stefanie Ramsey

**Div.:** 5

**School Phone:** 804-780-6052

**Athletics Office:** 804-780-6052

**School Fax:** 804-321-8523

## Martinsville

351 Commonwealth Boulevard / Martinsville, VA 24112-1979

**Email:** tfitzgibbons@martinsville.k12.va.us / bschieb@martinsville.k12.va.us

**Principal:** Tom Fitzgibbons

**Assistant Principal:** Pat Walmsley, Earl Flynn, Bobby Dalton

**Athletic/Activities Director:** Bill Scheib

**Superintendent:** Dr. Scott Kizner (Martinsville)

**Assistant AD:** Tommy Golding

**Colors:** Red/White

**Mascot:** Bulldogs

Ath Trainer Not Filled

Band Kevin Lewis

Baseball Barry Powell

Basket, b Troy Wells

Basket, g David Draper

Cheer C. Fulton, L. Teegen

Cr Writing

Crew, b

Crew, g

CrossC, b Gregg Dean

CrossC, g Gregg Dean

Debate

F Hockey

**Students** 850

**Gym Cap.** 2000

**Stad. Cap.** 3500

Football Matt Foust

Forensics Tonya Snyder

Golf David Draper

Gymnast, b

Gymnast, g Andre Kidd

Ind Track, b Gregg Dean

Ind Track, g Gregg Dean

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Not Filled

Out Track, b Andre Kidd

Out Track, g Kelvin Jackson

**Group:** AA

**Region:** IV

**District:** Piedmont

Scholastic

Soccer, b Pete Scouras

Soccer, g Stacy Hamilton

Softball John Catoe

Swim, b Tom Fitzgibbons

Swim, g Tom Fitzgibbons

Tennis, b Mike Turner

Tennis, g Kim Lawson

Theatre Ann Gardner

Volley, b

Volley, g Racheal Shifflett

Wrestling Patrick Shuler

Yearbook Mari Varn

**Div.:** 4

**School Phone:** 276-632-9755

**Athletics Office:** 276-403-5765

**School Fax:** 276-632-1516

## George Mason

7124 Leesburg Pike / Falls Church, VA 22043

**EMail:** hornt@fcps.org

**Principal:** Robert Snee

**Assistant Principal:** Tim Guy, Ken Siekman, Mary McDowell

**Athletic/Activities Director:** Tom Horn

**Superintendent:** Dr. Lois Berlin (Falls Church)

**Assistant AD:** Julie Bravin

**Colors:** Red/White/Black

**Mascot:** Mustangs

|             |                 |              |                |
|-------------|-----------------|--------------|----------------|
| Ath Trainer | Vicki Galliher  | Football     | Tom Horn       |
| Band        | MaryJo Webster  | Forensics    |                |
| Baseball    | Adam Amerine    | Golf         | Bill Broderick |
| Basket, b   | Chris Capannola | Gymnast, b   |                |
| Basket, g   | Bill Broderick  | Gymnast, g   |                |
| Cheer       | Lance Logan     | Ind Track, b | Julie Bravin   |
| Cr Writing  |                 | Ind Track, g | Julie Bravin   |
| Crew, b     |                 | Lacrosse, b  | Rich Costello  |
| Crew, g     |                 | Lacrosse, g  | Kara Hanover   |
| CrossC, b   | Julie Bravin    | Magazine     | Alissa Mears   |
| CrossC, g   | Julie Bravin    | Newspaper    | Not Filled     |
| Debate      |                 | Out Track, b | Julie Bravin   |
| F Hockey    |                 | Out Track, g | Julie Bravin   |

**Students** 600

**Gym Cap.** 1000

**Stad. Cap.** 1500

**Group:** A

**Region:** B

**District:** Bull Run

**Div.:** 2

|            |                   |
|------------|-------------------|
| Scholastic |                   |
| Soccer, b  | Art Iwanicki      |
| Soccer, g  | Jennifer Parsons  |
| Softball   | Jonny Kelly       |
| Swim, b    | Jon-Michael Lemon |
| Swim, g    | Jon-Michael Lemon |
| Tennis, b  | Not Filled        |
| Tennis, g  | Chris Madison     |
| Theatre    | Pam Ricker        |
| Volley, b  |                   |
| Volley, g  | Rwaida Alshagra   |
| Wrestling  | John Pitas        |
| Yearbook   | Hilary Thornton   |

## Massaponax

8201 Jefferson Davis Highway / Fredericksburg, VA 22407

**EMail:** jrodkey@hs.scs.k12.va.us / jmanches@hs.scs.k12.va.us

**Principal:** Joe Rodkey

**Assistant Principal:** Troy Wright, Angela Cody-Point, Gary Wintersgill

**Athletic/Activities Director:** Jim Manchester (RAA)

**Superintendent:** Dr. Jerry W. Hill (Spotsylvania)

**Assistant AD:**

**Colors:** Black/Silver/Teal

**Mascot:** Panthers

|             |                     |              |                    |
|-------------|---------------------|--------------|--------------------|
| Ath Trainer | Christy Bagby       | Football     | Eric Ludden        |
| Band        | Corey Koch          | Forensics    | Kimberly Kemp      |
| Baseball    | Keith Kline         | Golf         | Dave Coppage       |
| Basket, b   | Not Filled          | Gymnast, b   |                    |
| Basket, g   | Dave Coppage        | Gymnast, g   | Tracey Payne       |
| Cheer       | Jessica Taliatferro | Ind Track, b | Eric Sherry        |
| Cr Writing  | Breanna Means       | Ind Track, g | Eric Sherry        |
| Crew, b     |                     | Lacrosse, b  |                    |
| Crew, g     |                     | Lacrosse, g  |                    |
| CrossC, b   | Michael Bathgate    | Magazine     | Breanna Means      |
| CrossC, g   | Marie Strobel       | Newspaper    | Audrey Christopher |
| Debate      | Lorraine Delgrasso  | Out Track, b | Michael Bathgate   |
| F Hockey    | Peni Perkins        | Out Track, g | Jaci Pfeiffer      |

**Students** 1800

**Gym Cap.** 2000

**Stad. Cap.** 4000

**Group:** AAA

**Region:** Northwest

**District:** Commonwealth

**Div.:** 6

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Chris Farrell      |
| Soccer, g  | Jackie Gebhart     |
| Softball   | Ric Dugan          |
| Swim, b    | Stacy Butler       |
| Swim, g    | Stacy Butler       |
| Tennis, b  | John Shinberger    |
| Tennis, g  | Not Filled         |
| Theatre    | Kim Kemp           |
| Volley, b  |                    |
| Volley, g  | Beth Downing       |
| Wrestling  | Rob Prebish        |
| Yearbook   | Audrey Christopher |

**School Phone:** 540-710-0419

**Athletics Office:** Ext. 1138

**School Fax:** 540-710-1596

## Mathews

P. O. Box 38, 9889 Buckley Hall Road / Mathews, VA 23109-0038

**EMail:** dmalechek@mathews.k12.va.us / adewitt@mathews.k12.va.us

**Principal:** David Malechek

**Assistant Principal:** Michael Comer

**Athletic/Activities Director:** Not Filled

**Superintendent:** Dr. David Holleran (Mathews)

**Assistant AD:** Anthony Carlson

**Colors:** Blue/Gold

**Mascot:** Blue Devils

|             |               |              |                 |
|-------------|---------------|--------------|-----------------|
| Ath Trainer |               | Football     | Doug Allison    |
| Band        |               | Forensics    |                 |
| Baseball    | Tom Dutton    | Golf         | George McKnight |
| Basket, b   |               | Gymnast, b   |                 |
| Basket, g   | Robert Thomas | Gymnast, g   |                 |
| Cheer       | Theresa Soles | Ind Track, b |                 |
| Cr Writing  |               | Ind Track, g |                 |
| Crew, b     | Tim Ulsaker   | Lacrosse, b  |                 |
| Crew, g     | Tim Ulsaker   | Lacrosse, g  |                 |
| CrossC, b   | Drew Greve    | Magazine     |                 |
| CrossC, g   | Drew Greve    | Newspaper    |                 |
| Debate      |               | Out Track, b | Tony Forrest    |
| F Hockey    |               | Out Track, g | Tony Foorest    |

**Students** 421

**Gym Cap.** 900

**Stad. Cap.** 2500

**Group:** A

**Region:** A

**District:** Tidewater

**Div.:** 1

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Jimmy Newell    |
| Soccer, g  |                 |
| Softball   | Robert Thomas   |
| Swim, b    |                 |
| Swim, g    |                 |
| Tennis, b  |                 |
| Tennis, g  | LaDonna Collins |
| Theatre    | Cynthia Hayes   |
| Volley, b  |                 |
| Volley, g  | Pat Moughon     |
| Wrestling  | Tom Holaday     |
| Yearbook   | Anna Inge       |

**School Phone:** 804-725-3702

**Athletics Office:** 804-725-3702

**School Fax:** 804-725-5778

## Matoaca

17700 Longhouse Lane / Chesterfield, VA 23838

**E-Mail:** steve\_cunningham@ccpsnet.net / larry\_stewart@ccpsnet.net

**Principal:** Stephen Cunningham

**Assistant Principal:** Gail Ledbetter, Stephanie LaSmith, Scott Birmingham

**Athletic/Activities Director:** Larry Stewart (RAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** N. Burchett, S. Driskill, C.

**Colors:** Red/White

**Mascot:** Warriors

|             |                  |              |                 |
|-------------|------------------|--------------|-----------------|
| Ath Trainer | Carrie Cheeley   | Football     | Patrick Manuel  |
| Band        | Don Davis        | Forensics    | Not Filled      |
| Baseball    | Fred Stoots, Jr. | Golf         | Matthew Lesniak |
| Basket, b   | Charles Payton   | Gymnast, b   |                 |
| Basket, g   | Jonathan Tilley  | Gymnast, g   |                 |
| Cheer       | Nita Burchett    | Ind Track, b | Jerry Price     |
| Cr Writing  | David Duncan     | Ind Track, g | Jerry Price     |
| Crew, b     |                  | Lacrosse, b  |                 |
| Crew, g     |                  | Lacrosse, g  |                 |
| CrossC, b   | Nolan Shigley    | Magazine     | David Duncan    |
| CrossC, g   | John Hall        | Newspaper    | Craig Nixon     |
| Debate      | Not Filled       | Out Track, b | Jerry Price     |
| F Hockey    | Emily Seay       | Out Track, g | Jamie Moore     |

**Group:** AAA

**Region:** Central

**District:** Central

|            |                     |
|------------|---------------------|
| Scholastic |                     |
| Soccer, b  | Corey McConville    |
| Soccer, g  | Lennie Smith        |
| Softball   | Scott Driskill      |
| Swim, b    |                     |
| Swim, g    |                     |
| Tennis, b  | Richard Stegemerten |
| Tennis, g  | Lauren deTreville   |
| Theatre    | Martha Wall         |
| Volley, b  | Thomas Scott        |
| Volley, g  | Stephen Chesher     |
| Wrestling  | Michael Moore       |
| Yearbook   | Robin Rose          |

## Maury

322 Shirley Avenue / Norfolk, VA 23517-2263

**E-Mail:** mcaprio@nps.k12.va.us / eboyd13@nps.k12.va.us

**Principal:** Michael Caprio

**Assistant Principal:** Denise Alberti, Debra Rocke, Lewis Hudgins, Holly Murphy

**Athletic/Activities Director:** Edward Boyd

**Superintendent:** Dr. Stephen C. Jones (Norfolk)

**Assistant AD:**

**Colors:** Burnt Orange/N. Blue

**Mascot:** Commodores

|             |                        |              |                   |
|-------------|------------------------|--------------|-------------------|
| Ath Trainer | S. Suttmiller, J. Biss | Football     | Delton Cotton     |
| Band        | Maurice Williams       | Forensics    | Nichole O'Connor  |
| Baseball    | Jack Baker             | Golf         | Jack Baker        |
| Basket, b   | Jack Baker             | Gymnast, b   |                   |
| Basket, g   | Angela Allen           | Gymnast, g   |                   |
| Cheer       | Patsy Chavis           | Ind Track, b | Maurice Franks    |
| Cr Writing  | Toni Kershasky         | Ind Track, g | Dana Newcomer     |
| Crew, b     | James Thompson         | Lacrosse, b  | Woody Woodson     |
| Crew, g     | James Thompson         | Lacrosse, g  | Drew DePeter      |
| CrossC, b   | Nichole Dewey          | Magazine     | Toni Kershasky    |
| CrossC, g   | Nichole Dewey          | Newspaper    | Rhonda Richardson |
| Debate      | Arianna Clark          | Out Track, b | Maurice Franks    |
| F Hockey    | Beanie Schleicher      | Out Track, g | Dana Newcomer     |

**Group:** AAA

**Region:** Eastern

**District:** Eastern

|            |                      |
|------------|----------------------|
| Scholastic |                      |
| Soccer, b  | Mohsin Bouziane      |
| Soccer, g  | Christine Bouziane   |
| Softball   | Jerry Archer         |
| Swim, b    | Not Filled           |
| Swim, g    | Cheryl Jennison      |
| Tennis, b  | James Lidington      |
| Tennis, g  | Andrea Machesney     |
| Theatre    | Sharon Davidson-Cook |
| Volley, b  | Andrea Machesney     |
| Volley, g  | Andrew Stevenson     |
| Wrestling  | Felton Woodson       |
| Yearbook   | Susan Tolbert        |

**School Phone:** 757-628-3344

**Athletics Office:** 757-628-3357

**School Fax:** 757-628-3359

## Parry McCluer

100 Bradford Drive / Buena Vista, VA 24416-2699

**E-Mail:** haywood.hand@bvcp.org / grafton.young@bvcp.org

**Principal:** Haywood Hand

**Assistant Principal:** Shelby Martin

**Athletic/Activities Director:** Grafton Young

**Superintendent:** Dr. Rebecca Gates (Buena Vista)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Fighting Blues

|             |                 |              |               |
|-------------|-----------------|--------------|---------------|
| Ath Trainer | Not Filled      | Football     | Rad Patterson |
| Band        | Jeff Mason      | Forensics    | Stephen Sika  |
| Baseball    | Mike Burch      | Golf         | Nelson Fox    |
| Basket, b   | Nelson Fox      | Gymnast, b   |               |
| Basket, g   | John Armstrong  | Gymnast, g   |               |
| Cheer       | Shannon Garrett | Ind Track, b |               |
| Cr Writing  |                 | Ind Track, g |               |
| Crew, b     |                 | Lacrosse, b  |               |
| Crew, g     |                 | Lacrosse, g  |               |
| CrossC, b   | Preston Evans   | Magazine     |               |
| CrossC, g   | Jason Mazingo   | Newspaper    |               |
| Debate      |                 | Out Track, b | Ron Loy       |
| F Hockey    |                 | Out Track, g | Not Filled    |

**Group:** A

**Region:** C

**District:** Pioneer

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Paul Wright     |
| Soccer, g  |                 |
| Softball   | Lindsey Coleman |
| Swim, b    |                 |
| Swim, g    |                 |
| Tennis, b  | Jerry Tutt      |
| Tennis, g  | Lois Yancy      |
| Theatre    |                 |
| Volley, b  |                 |
| Volley, g  | Lindsey Coleman |
| Wrestling  | Ron Loy         |
| Yearbook   | Donna Frazier   |

**School Phone:** 540-261-2127

**Athletics Office:**

**School Fax:** 540-261-1828



## McLean

1633 Davidson Road / McLean, VA 22101

**Email:** debbie.jackson@fcps.edu / tom.herman@fcps.edu

**Principal:** Deborah Jackson

**Assistant Principal:** Stephen Wojciechowski, Kimberly Carney, Abe Jeffers

**Athletic/Activities Director:** Tom Herman (RAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Demby Banbury

**Colors:** Red/Silver

**Mascot:** Highlanders

Ath Trainer D. Lee, C. Guckenberger

Band James Kirchenbauer

Baseball John Thomas

Basket, b Drew Murphy

Basket, g Mike O'Brien

Cheer Emma Demagalhaes

Cr Writing Joel Kane

Crew, b Bobby Meeks

Crew, g Chris Gordon

CrossC, b Cassandra DeVaughn

CrossC, g Cassandra DeVaughn

Debate Amy Poe

F Hockey Malia Fischer

**Students** 1750

**Gym Cap.** 1400

**Stad. Cap.** 3000

Football Rick Rivera

Forensics Amy Poe

Golf Rick Eyerly

Gymnast, b

Gymnast, g Not Filled

Ind Track, b John Jones

Ind Track, g John Jones

Lacrosse, b Not Filled

Lacrosse, g Emily Kight

Magazine Joel Kane

Newspaper Nicole Cimino

Out Track, b John Jones

Out Track, g John Jones

**School Phone:** 703-714-5700

**Athletics Office:** 703-714-5861

**School Fax:** 703-714-5797

**Group:** AAA

**Region:** Northern

**District:** Liberty

Scholastic

Soccer, b Andy Wagner

Soccer, g Tina Shkreli

Softball Maurice Tawil

Swim, b Eliza Brown

Swim, g Eliza Brown

Tennis, b Mike Huddleston

Tennis, g Nancy Brough

Theatre Denise Perrino

Volley, b

Volley, g Steve Stotler

Wrestling John Allman

Yearbook Meghan Percival

**Div.:** 5

## Meadowbrook

4901 Cogbill Road / Richmond, VA 23234

**Email:** Joey\_Richeson@ccpsnet.net / jowvu@aol.com

**Principal:** C.W. Fletcher

**Assistant Principal:** Micheal Wright, Kathrynne Kirk, Michael Jones

**Athletic/Activities Director:** Joey Richeson

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** Peter Conrad

**Colors:** Blue/Gold

**Mascot:** Monarchs

Ath Trainer Raquel Martin

Band Jim Neiner

Baseball John Grubb

Basket, b John Gordon

Basket, g Micheal Knight

Cheer Vickie Williams

Cr Writing

Crew, b

Crew, g

CrossC, b George Richardson

CrossC, g George Richardson

Debate Not Filled

F Hockey Not Filled

Football Bill Bowles

Forensics Jessica Dictor

Golf John Mathers

Gymnast, b

Gymnast, g

Ind Track, b John Allen

Ind Track, g John Allen

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Dewey Windham

Out Track, g John Allen

**Group:** AAA

**Region:** Central

**District:** Central

Scholastic

Soccer, b Not Filled

Soccer, g Gary Ragen

Softball Crystal Hensley

Swim, b

Swim, g

Tennis, b Bill Gray

Tennis, g Victor Smith

Theatre Charmaine Crowell-White

Volley, b Jolinda Norris

Volley, g Kim Aldous

Wrestling Jim Reilly

Yearbook Shannon Burgess

**Div.:** 6

**School Phone:** 804-743-3675

**Athletics Office:** 804-743-3682

**School Fax:** 804-743-3686

## Menchville

275 Menchville Road / Newport News, VA 23602-6805

**Email:** james.surry@nn.k12.va.us / greg.henderson@nn.k12.va.us

**Principal:** James Surry

**Assistant Principal:** Joseph Edwards, Arva Davidson, Jerry Scicchitano, Robert Parsons, Kelly Smith

**Athletic/Activities Director:** Greg Henderson

**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

**Assistant AD:**

**Colors:** Purple/Gold

**Mascot:** Monarchs

Ath Trainer Not Filled

Band Deborah Sarvay

Baseball Phil Forbes

Basket, b Erick Mays

Basket, g Arron Webb

Cheer Jennifer Howard

Cr Writing

Crew, b

Crew, g

CrossC, b David Baer

CrossC, g Chris Chappell

Debate Leslie VanDeren

F Hockey Melanie Haas

**Students** 1975

**Gym Cap.** 900

**Stad. Cap.** 8000

Football John Byron

Forensics Christina Majewicz

Golf Peter Hardin

Gymnast, b

Gymnast, g Jami Edwards

Ind Track, b Daniel Thompson

Ind Track, g Daniel Thompson

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Elizabeth Cox

Out Track, b Daniel Thompson

Out Track, g Daniel Thompson

**Group:** AAA

**Region:** Eastern

**District:** Peninsula

Scholastic

Soccer, b Daniel Liebler

Soccer, g Dave Guinti

Softball Lisa Molineaux

Swim, b Not Filled

Swim, g Not Filled

Tennis, b Steven Sipe

Tennis, g Marvin Hedgepeth

Theatre June Chapman

Volley, b Not Filled

Volley, g Lisa Molineaux

Wrestling Chris Wiatt

Yearbook Elizabeth Cox

**Div.:** 6

**School Phone:** 757-886-7722

**Athletics Office:** Ext. 1150

**School Fax:** 757-875-0648

## Middlesex

454 General Puller Highway / Saluda, VA 23149-0206

**Email:** cvaldrighi@mhs.mcps.k12.va.us / bnorris@mhs.mcps.k12.va.us

**Principal:** Chris Valdrighi

**Assistant Principal:** William Beverley

**Athletic/Activities Director:** Brad Norris

**Superintendent:** Dr. Oliver Spencer (Middlesex)

**Assistant AD:** William Griffin

**Colors:** Blue/White

**Mascot:** Chargers

**Ath Trainer**

Band Jim Kulpa

Baseball Tim Blake

Basket, b Neil Bailey

Basket, g William Griffin

Cheer Not Filled

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Brandon Smith

CrossC, g Not Filled

Debate Rebecca Holman

F Hockey

Football Mark White

Forensics Rebecca Holman

Golf Greg Harrow

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Carl McWhorter

Out Track, b Mark White

Out Track, g Teresa Bean

**School Phone:** 804-758-2132

**Athletics Office:** 804-758-2132

**School Fax:** 804-758-2873

**Group:** A

**Region:** A

**District:** Tidewater

Scholastic Not Filled

Soccer, b Not Filled

Soccer, g

Softball Wade Traynham

Swim, b

Swim, g

Tennis, b

Tennis, g Stacy Sterne

Theatre

Volley, b

Volley, g Tom Stephenson

Wrestling Tom Mangan

Yearbook Rebecca Holman

**Div.:** 1

## Midlothian

401 Charter Colony Parkway / Midlothian, VA 23114

**Email:** Christine\_Wilson@ccpsnet.net / Dick\_Overton@ccpsnet.net

**Principal:** Christine E. Wilson

**Assistant Principal:** Shawn Abel, Kathryn Whitlow, Wilbur Evans, Jeri Baskerville

**Athletic/Activities Director:** Dick Overton (CMAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

**Assistant AD:** David Terry, David Cooper

**Colors:** Blue/Gold

**Mascot:** Trojans

**Ath Trainer** Laura Sirrione

Band Gordon Rawls

Baseball Scott Hueston

Basket, b Chip McCoull

Basket, g Doug Garrett

Cheer Mary Gale

Cr Writing Veronica Williams

Crew, b

Crew, g

CrossC, b Stan Morgan

CrossC, g Stan Morgan

Debate Not Filled

F Hockey Marjorie Brooks

Football David Cooper

Forensics David Wilson

Golf Donald Wade

Gymnast, b

Gymnast, g

Ind Track, b Stan Morgan

Ind Track, g Stan Morgan

Lacrosse, b

Lacrosse, g

Magazine Veronica Williams

Newspaper Mark Spewak

Out Track, b Stan Morgan

Out Track, g Stan Morgan

**Group:** AAA

**Region:** Central

**District:** Dominion

Scholastic

Soccer, b Ted Jones

Soccer, g Cammie Ward

Softball Denise Manuel

Swim, b

Swim, g

Tennis, b Melissa Rickey

Tennis, g Doug Garrett

Theatre Katherine Baugher

Volley, b Matt Smith

Volley, g Mary Allen

Wrestling Jimmy Cox

Yearbook Ian Godwin

**Div.:** 5

**School Phone:** 804-378-2440

**Athletics Office:** 804-378-2447

**School Fax:** 804-378-2450

## Millbrook

251 First Woods Drive / Winchester, VA 22603

**Email:** butlerc@frederick.k12.va.us / garberc@frederick.k12.va.us

**Principal:** Carolyn S. Butler

**Assistant Principal:** Kevin Copley, Bob Liero, Carleen Puglisi

**Athletic/Activities Director:** Chris Garber

**Superintendent:** Ms. Patricia Taylor (Frederick)

**Assistant AD:** Terry Hartman

**Colors:** Navy/Carolina Blue/White

**Mascot:** Pioneers

**Ath Trainer** Travis Barnes

Band Mike Ward

Baseball Bo Bundrick

Basket, b Scott Markins

Basket, g Debby Sanders

Cheer Rachel Day

Cr Writing

Crew, b

Crew, g

CrossC, b Greg West

CrossC, g Greg West

Debate Shea Finrock

F Hockey

Football Reed Prosser

Forensics Shea Finrock

Golf Nate Hill

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine Sarah Hutson

Newspaper Not Filled

Out Track, b Not Filled

Out Track, g Not Filled

**Group:** AA

**Region:** II

**District:** Northwestern

Scholastic

Soccer, b Neil Hammond

Soccer, g

Softball Michelle Long

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 3

**School Phone:** 540-545-2800

**Athletics Office:** 540-545-2800

**School Fax:** 540-545-8489

## Monacan

11501 Smoketree Drive / Richmond, VA 23236-2598

**Email:** pat\_ferguson@ccpsnet.net

**Principal:** David Sovine

**Assistant Principal:** Carol Moore, Bill Carloni

**Athletic/Activities Director:** Patrick Ferguson (RAA)

**Superintendent:** Dr. Marcus Newsome (Chesterfield)

|                                    |                            |
|------------------------------------|----------------------------|
| <b>Assistant AD:</b> Natalie White | <b>Students</b> 1561       |
| <b>Colors:</b> Orange/Brown/White  | <b>Gym Cap.</b> 1200       |
| <b>Mascot:</b> Chiefs              | <b>Stad. Cap.</b> 3500     |
| Ath Trainer Kristin Sampson        | Football Danny Parsons     |
| Band Jenny Ryan                    | Forensics Devon Amos       |
| Baseball Andy Daniel               | Golf Scott Thackston       |
| Basket, b Scott Thackston          | Gymnast, b                 |
| Basket, g Larry Starr              | Gymnast, g                 |
| Cheer Jen Stocks                   | Ind Track, b Cameron Fiske |
| Cr Writing                         | Ind Track, g Cameron Fiske |
| Crew, b                            | Lacrosse, b                |
| Crew, g                            | Lacrosse, g                |
| CrossC, b Cameron Fiske            | Magazine                   |
| CrossC, g Cameron Fiske            | Newspaper Bonnie Natale    |
| Debate Devon Amos                  | Out Track, b Danny Parsons |
| F Hockey Kathy Burgess             | Out Track, g Danny Parsons |

|                           |                  |
|---------------------------|------------------|
| <b>Group:</b> AAA         | <b>Div.:</b> 6   |
| <b>Region:</b> Central    |                  |
| <b>District:</b> Dominion |                  |
| Scholastic                |                  |
| Soccer, b                 | Sean Hollingshed |
| Soccer, g                 | Anne Rieser      |
| Softball                  | Billy Lewis      |
| Swim, b                   |                  |
| Swim, g                   |                  |
| Tennis, b                 | Ron Tuzzo        |
| Tennis, g                 |                  |
| Theatre                   | Robbie Fuhrman   |
| Volley, b                 | Hilary Clark     |
| Volley, g                 | Melinda Carson   |
| Wrestling                 | Steve Bolt       |
| Yearbook                  | Bonnie Natalie   |

## James Monroe

2300 Washington Avenue / Fredericksburg, VA 22401

**Email:** dchesley@cityschools.com / rserbay@cityschools.com

**Principal:** Daryl Chesley

**Assistant Principal:** Rita Cavataio, Taneshia Rachal

**Athletic/Activities Director:** Richard Serbay

**Superintendent:** Dr. David Melton (Fredericksburg)

|                                   |                               |
|-----------------------------------|-------------------------------|
| <b>Assistant AD:</b> Mary Crismon | <b>Students</b> 800           |
| <b>Colors:</b> Black & Orange     | <b>Gym Cap.</b> 1800          |
| <b>Mascot:</b> Yellow Jackets     | <b>Stad. Cap.</b> 2500        |
| Ath Trainer Tammy Clark           | Football Richard Serbay       |
| Band Ryan Addair                  | Forensics Tia Smith           |
| Baseball Brian Kiernan            | Golf Jimmy Yager              |
| Basket, b Antonio Coghill         | Gymnast, b                    |
| Basket, g Julian Bumbry           | Gymnast, g                    |
| Cheer Traci Davis                 | Ind Track, b Anthony Bramlett |
| Cr Writing Not Filled             | Ind Track, g Anthony Bramlett |
| Crew, b                           | Lacrosse, b Jay Snyder        |
| Crew, g                           | Lacrosse, g                   |
| CrossC, b David Lovegrove         | Magazine Katie Oliver         |
| CrossC, g David Lovegrove         | Newspaper Katie Oliver        |
| Debate                            | Out Track, b Anthony Bramlett |
| F Hockey Jamie Tierney            | Out Track, g Tammy Clark      |

|                              |                 |
|------------------------------|-----------------|
| <b>Group:</b> AA             | <b>Div.:</b> 3  |
| <b>Region:</b> I             |                 |
| <b>District:</b> Battlefield |                 |
| Scholastic                   |                 |
| Soccer, b                    | Tim Tryon       |
| Soccer, g                    | Keith Marine    |
| Softball                     | Dennis Brown    |
| Swim, b                      | Laura Pinkerton |
| Swim, g                      | Laura Pinkerton |
| Tennis, b                    | John Byrum      |
| Tennis, g                    | Peggy Langdon   |
| Theatre                      | Mark Wright     |
| Volley, b                    |                 |
| Volley, g                    | Jaclyn Scott    |
| Wrestling                    |                 |
| Yearbook                     | Katie Oliver    |

**School Phone:** 540-372-1100

**Athletics Office:** 540-372-1100

**School Fax:** 540-373-8643

## William Monroe

254 Monroe Drive / Stanardsville, VA 22973

**Email:** kbrunelle@greenecountyschools.com / kt132001us@yahoo.com

**Principal:** Mike Jamerson

**Assistant Principal:** Brad Berry, Seth Muraskin

**Athletic/Activities Director:** Katie Brunelle (RAA)

**Superintendent:** Mr. Raymond C. Dingledine, III (Greene)

|                            |                           |
|----------------------------|---------------------------|
| <b>Assistant AD:</b>       | <b>Students</b> 523       |
| <b>Colors:</b> Green/White | <b>Gym Cap.</b> 1200      |
| <b>Mascot:</b> Dragons     | <b>Stad. Cap.</b> 3000    |
| Ath Trainer Andrew Kelly   | Football Tom Hoffman      |
| Band Not Filled            | Forensics Cherish Alberts |
| Baseball Eric Snoddy       | Golf Ronnie Morris        |
| Basket, b Mike Maynard     | Gymnast, b                |
| Basket, g Phillip Lamb     | Gymnast, g                |
| Cheer Toni Allen           | Ind Track, b Not Filled   |
| Cr Writing Not Filled      | Ind Track, g Not Filled   |
| Crew, b                    | Lacrosse, b               |
| Crew, g                    | Lacrosse, g               |
| CrossC, b Peter Miller     | Magazine                  |
| CrossC, g Craig Luther     | Newspaper                 |
| Debate Not Filled          | Out Track, b Not Filled   |
| F Hockey                   | Out Track, g Not Filled   |

|                            |                 |
|----------------------------|-----------------|
| <b>Group:</b> AA           | <b>Div.:</b> 3  |
| <b>Region:</b> II          |                 |
| <b>District:</b> Jefferson |                 |
| Scholastic                 |                 |
| Soccer, b                  | Roy Farnier     |
| Soccer, g                  | Not Filled      |
| Softball                   | Salita Sullivan |
| Swim, b                    | Martha Taylor   |
| Swim, g                    | Martha Taylor   |
| Tennis, b                  |                 |
| Tennis, g                  |                 |
| Theatre                    | Not Filled      |
| Volley, b                  |                 |
| Volley, g                  | Denise Hoffman  |
| Wrestling                  | Not Filled      |
| Yearbook                   | Laura Light     |

**School Phone:** 434-985-5273

**Athletics Office:** 434-985-1397

**School Fax:** 434-985-1461

## Monticello

1400 Independence Way / Charlottesville, VA 22902

**E-Mail:** bhaun@k12albemarle.org / fbarnes@k12albemarle.org

**Principal:** Billy Haun

**Assistant Principal:** Hank Atkins, Jim Asher, Melissa McBride

**Athletic/Activities Director:** Fitzgerald Barnes

**Superintendent:** Dr. Pamela R. Moran (Albemarle)

**Assistant AD:** Jon McDaniel **Students** 1100

**Colors:** Black/Vegas Gold **Gym Cap.** 2500

**Mascot:** Mustangs **Stad. Cap.** 3500

Ath Trainer Sarah Miles Football Brud Bicknell  
Band Susan Nothnagle Forensics  
Baseball Dick Hartranft Golf Pam Bradley  
Basket, b Kareem Martin Gymnast, b  
Basket, g Mike Eley Gymnast, g  
Cheer Veronica Thomas Ind Track, b Steve Ivory  
Cr Writing Jodie Denny Ind Track, g Steve Ivory  
Crew, b Lacrosse, b Matt Kinney  
Crew, g Lacrosse, g Elaine Kirby  
CrossC, b Ray Ackenbom Magazine  
CrossC, g Doug Bloom Newspaper Andrea Trank  
Debate Out Track, b Steve Ivory  
F Hockey Katie Haskins Out Track, g Steve Ivory

**Group:** AA **Div.:** 4

**Region:** II

**District:** Jefferson

Scholastic  
Soccer, b Justin Bell  
Soccer, g Jessie Lynn  
Softball Beth Humphries  
Swim, b T.D. Payne  
Swim, g T.D. Payne  
Tennis, b Andrew Wyrmer  
Tennis, g Mark Ehlers  
Theatre Helen Lockwood  
Volley, b  
Volley, g Janelle Suttiff  
Wrestling Ed Dikel  
Yearbook Jennifer Wilson

## Mount Rogers

11337 Highlands Parkway / Whitetop, VA 24292

**E-Mail:** jmoser@grayson.k12.va.us

**Principal:** Judy Greear

**Assistant Principal:**

**Athletic/Activities Director:** Judy Moser

**Superintendent:** Mrs. Elizabeth Thomas (Grayson)

**Assistant AD:** **Students** 28

**Colors:** Green/White **Gym Cap.** 350

**Mascot:** Rockets **Stad. Cap.** 0

Ath Trainer Football  
Band Emily Spencer Forensics Elizabeth Young  
Baseball Golf  
Basket, b Gymnast, b  
Basket, g Not Filled Gymnast, g  
Cheer Ind Track, b  
Cr Writing Ind Track, g  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Not Filled Magazine  
CrossC, g Not Filled Newspaper  
Debate Out Track, b  
F Hockey Out Track, g

**Group:** A **Div.:** 1

**Region:** C

**District:** Mtn. Empire

Scholastic  
Soccer, b  
Soccer, g  
Softball  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre  
Volley, b  
Volley, g  
Wrestling  
Yearbook Jerry Young

**School Phone:** 276-388-3489

**Athletics Office:** 276-388-3967

**School Fax:** 276-388-3103

## Mount Vernon

8515 Old Mt. Vernon Road / Alexandria, VA 22309-2015

**E-Mail:** bernie.forte@fcps.edu

**Principal:** Nardos King

**Assistant Principal:** Esther Manns, Mark Sewell, Johnny Pope

**Athletic/Activities Director:** Bernie Forte

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Not Filled **Students** 1700

**Colors:** Maroon/White/Gray **Gym Cap.** 4400

**Mascot:** Majors **Stad. Cap.** 5000

Ath Trainer Dan Reynolds Football Thomas Glynn  
Band Richard Bacz Forensics Ken Mussen  
Baseball Bill Dempkowski Golf Jard Shoemaker  
Basket, b Alfonso Smith Gymnast, b  
Basket, g Dwight Trimmer Gymnast, g Linda Fischer  
Cheer Charlene Aldridge Ind Track, b David Jackson  
Cr Writing Ind Track, g  
Crew, b Ryan Ward Lacrosse, b Dale Nalls  
Crew, g Ryan Ward Lacrosse, g Meaghan Cromwell  
CrossC, b Willie Medley Magazine Danielle DeArment  
CrossC, g Willie Medley Newspaper Terence Donohue  
Debate Ken Mussen Out Track, b David Jackson  
F Hockey Lindsay Speir Out Track, g David Jackson

**Group:** AAA **Div.:** 5

**Region:** Northern

**District:** National

Scholastic  
Soccer, b Robert Garza  
Soccer, g Not Filled  
Softball Not Filled  
Swim, b Tom Verdin  
Swim, g Tom Verdin  
Tennis, b Gerald Musarra  
Tennis, g Brandon Morehead  
Theatre Larry McCormick  
Volley, b  
Volley, g LIsa Aleshire  
Wrestling Anthony McDuffie  
Yearbook Catherine Allen

**School Phone:** 703-619-3100

**Athletics Office:** 703-619-3141

**School Fax:** 703-619-3147

## Mountain View

2135 Mountain View Road / Stafford, VA 22554

**Email:** ccourtney@staffordschools.net

**Principal:** Dr. James Stemple

**Assistant Principal:** Mark Smith, John Connor, Tammy Houk

**Athletic/Activities Director:** Chris Courtney (CAA)

**Superintendent:** Dr. David Sawyer (Stafford)

**Assistant AD:** C. Sullivan, M. Cullen

**Colors:** Maroon/Orange/White

**Mascot:** Wildcats

|             |                |              |                   |
|-------------|----------------|--------------|-------------------|
| Ath Trainer | Chad Cooke     | Football     | Eric Cooke        |
| Band        | Doug Armstrong | Forensics    | Not Filled        |
| Baseball    | Craig Lopez    | Golf         | Jason John        |
| Basket, b   | Kevin Brown    | Gymnast, b   |                   |
| Basket, g   | Cessy Sullivan | Gymnast, g   | Not Filled        |
| Cheer       | Katie Werner   | Ind Track, b | Dave Davis        |
| Cr Writing  | Lisa Renard    | Ind Track, g | Dave Davis        |
| Crew, b     |                | Lacrosse, b  | Ted Ferreria      |
| Crew, g     |                | Lacrosse, g  |                   |
| CrossC, b   | Dave Davis     | Magazine     | Lisa Renard       |
| CrossC, g   | Dave Davis     | Newspaper    | Nikki Eshelman    |
| Debate      |                | Out Track, b | Dave Davis        |
| F Hockey    | Patti Sullivan | Out Track, g | Andrea La Fornara |

**Students** 1775

**Gym Cap.** 2300

**Stad. Cap.** 6000

**Group:** AAA

**Region:** Northwest

**District:** Commonwealth

**Div.:** 6

|            |                |
|------------|----------------|
| Scholastic |                |
| Soccer, b  | Fernando Ramos |
| Soccer, g  | Lauren Henn    |
| Softball   | Patty Sullivan |
| Swim, b    | Becky Fortlage |
| Swim, g    | Becky Fortlage |
| Tennis, b  | Mile Cullern   |
| Tennis, g  | Meghan Johnson |
| Theatre    | Tom Clark      |
| Volley, b  |                |
| Volley, g  | Stacey Marsh   |
| Wrestling  | Nate Jacklyn   |
| Yearbook   | Mark Hughes    |

## Nandua

26350 Lankford Highway / Onley, VA 23418-3013

**Email:** bpatterson@nhs.accomack.k12.va.us / hholmes@nhs.accomack.k12.va.us

**Principal:** Brian Patterson

**Assistant Principal:** Mark Sherkey

**Athletic/Activities Director:** Harold Holmes

**Superintendent:** Mr. Richard W. Bull, Jr. (Accomack)

**Assistant AD:**

**Colors:** Maroon/Gray

**Mascot:** Warriors

|             |                 |              |                   |
|-------------|-----------------|--------------|-------------------|
| Ath Trainer |                 | Football     | Kevin Haxter      |
| Band        | Kendra Ayresman | Forensics    | Carla Wells       |
| Baseball    | James Brankley  | Golf         | Jerry Brooks      |
| Basket, b   | George Boggs    | Gymnast, b   |                   |
| Basket, g   | Dennis Custis   | Gymnast, g   |                   |
| Cheer       | Polly Stern     | Ind Track, b |                   |
| Cr Writing  |                 | Ind Track, g |                   |
| Crew, b     |                 | Lacrosse, b  |                   |
| Crew, g     |                 | Lacrosse, g  |                   |
| CrossC, b   | Not Filled      | Magazine     |                   |
| CrossC, g   | Not Filled      | Newspaper    |                   |
| Debate      |                 | Out Track, b | Kevin Haxter      |
| F Hockey    |                 | Out Track, g | Janelle Geisinger |

**Students** 700

**Gym Cap.** 1150

**Stad. Cap.** 2000

**Group:** A

**Region:** A

**District:** Eastern Shore-A

**Div.:** 2

|            |                   |
|------------|-------------------|
| Scholastic | Ulrike Nealon     |
| Soccer, b  | Paul Noltz        |
| Soccer, g  |                   |
| Softball   | Lynn Williams     |
| Swim, b    |                   |
| Swim, g    |                   |
| Tennis, b  | Curtis Taylor     |
| Tennis, g  | Andrea Ferraro    |
| Theatre    | Andrea Ferraro    |
| Volley, b  |                   |
| Volley, g  | Janelle Geisinger |
| Wrestling  | Kevin Haxter      |
| Yearbook   | Paula Thornton    |

**School Phone:** 757-787-4514

**Athletics Office:**

**School Fax:** 757-787-2194

## Nansemond River

3301 Nansemond Parkway / Suffolk, VA 23435-2000

**Email:** thomasmclemore@spsk12.net

**Principal:** Thomas W. McLemore Jr.

**Assistant Principal:** James Carnegie, Janice Bibbo, Michael Milteer

**Athletic/Activities Director:** Nancy Richey

**Superintendent:** Dr. Milton R. Liverman (Suffolk)

**Assistant AD:**

**Colors:** Red/Black

**Mascot:** Warriors

|             |               |              |              |
|-------------|---------------|--------------|--------------|
| Ath Trainer | Sarah Smith   | Football     | Tracy Parker |
| Band        | Edward Woodis | Forensics    | Not Filled   |
| Baseball    | Mark Stuffle  | Golf         | Don Horne    |
| Basket, b   | Ed Young      | Gymnast, b   |              |
| Basket, g   | Calvin Mason  | Gymnast, g   |              |
| Cheer       | Vicki Stewart | Ind Track, b | Franco Britt |
| Cr Writing  | Not Filled    | Ind Track, g | Don Horne    |
| Crew, b     |               | Lacrosse, b  |              |
| Crew, g     |               | Lacrosse, g  |              |
| CrossC, b   | David Lawson  | Magazine     |              |
| CrossC, g   | David Lawson  | Newspaper    | Not Filled   |
| Debate      | Not Filled    | Out Track, b | Franco Britt |
| F Hockey    | Darryl Yandle | Out Track, g | Don Horne    |

**Students** 1350

**Gym Cap.** 1400

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Eastern

**District:** Southeastern

**Div.:** 5

|            |                    |
|------------|--------------------|
| Scholastic |                    |
| Soccer, b  | Francisco Sanin    |
| Soccer, g  | Darryl Yandle      |
| Softball   | Susan Frank        |
| Swim, b    | David Lawson       |
| Swim, g    | David Lawson       |
| Tennis, b  | Wayne Godette      |
| Tennis, g  | Dawn Rountree      |
| Theatre    | Joline Miller      |
| Volley, b  | Not Filled         |
| Volley, g  | Christine Brobston |
| Wrestling  | Not Filled         |
| Yearbook   | Dawn Rountree      |

**School Phone:** 757-923-4101

**Athletics Office:** 757-923-4101

**School Fax:** 757-538-5430

## Narrows

#1 Green Wave Lane / Narrows, VA 24124

**E-Mail:** rstump@gilesk12.org / sbrady@gilesk12.org

**Principal:** Robert Stump

**Assistant Principal:** Steve Brady

**Athletic/Activities Director:** Don Lowe

**Superintendent:** Dr. Terry E. Arbogast II (Giles)

**Assistant AD:** Not Filled  
**Colors:** Green/Gold  
**Mascot:** Green Wave  
Ath Trainer Kelly Lowe  
Band John Maddy  
Baseball Bryan Patteson  
Basket, b Todd Lusk  
Basket, g Wayne Gautier  
Cheer Debbie Lusk  
Cr Writing Betsy Wood  
Crew, b  
Crew, g  
CrossC, b Anna Swenty  
CrossC, g Anna Swenty  
Debate  
F Hockey

**Students** 332  
**Gym Cap.** 1000  
**Stad. Cap.** 5000  
Football Kelly Lowe  
Forensics  
Golf Todd Lusk  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Jimmy McCroskey  
Out Track, g Jimmy McCroskey

**Group:** A  
**Region:** C  
**District:** Mtn. Empire  
Scholastic  
Soccer, b Dennis Kidd  
Soccer, g  
Softball Not Filled  
Swim, b  
Swim, g  
Tennis, b Todd Lusk  
Tennis, g Marilyn Mustard  
Theatre  
Volley, b  
Volley, g Alleta Morrison  
Wrestling  
Yearbook Faye Nicholson

**School Phone:** 540-726-2384

**Athletics Office:** 540-726-7258

**School Fax:** 540-726-2775

## Nelson County

6919 Thomas Nelson Highway / Lovingston, VA 22949

**E-Mail:** ewardlaw@nelson.k12.va.us

**Principal:** Emma Wardlaw

**Assistant Principal:** Ed Grumbach, Bill League-Dean of Students

**Athletic/Activities Director:** Charles Bennett

**Superintendent:** Dr. Roger Collins (Nelson)

**Assistant AD:**  
**Colors:** Green/Gold  
**Mascot:** Governors  
Ath Trainer John Coots  
Band Scott Belcher  
Baseball Scott McGarry  
Basket, b Brandon Garrett  
Basket, g Lloyd Gray  
Cheer Frances VanLear  
Cr Writing Delores Smith  
Crew, b  
Crew, g  
CrossC, b Tim Bennett  
CrossC, g Tim Bennett  
Debate  
F Hockey

**Students** 600  
**Gym Cap.** 1200  
**Stad. Cap.** 2000  
Football Tim Crawford  
Forensics  
Golf Randy Berkey  
Gymnast, b  
Gymnast, g  
Ind Track, b Tim Bennett  
Ind Track, g Tim Bennett  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Delores Smith  
Out Track, b Tim Bennett  
Out Track, g Tim Bennett

**Group:** A  
**Region:** B  
**District:** Dogwood  
Scholastic  
Soccer, b Pete Hauschner  
Soccer, g Phillip Kerl  
Softball Toni Donigan  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g Weston Mathews  
Theatre Diana Driver  
Volley, b  
Volley, g Vicki Crawford  
Wrestling  
Yearbook Anne Barkley

**School Phone:** 434-263-8317

**Athletics Office:** 434-263-8317

**School Fax:** 434-263-5987

## New Kent

P.O. Box 130, 7501 Egypt Road / New Kent, VA 23124

**E-Mail:** yjones@nkcp.k12.va.us / eallen@nkcp.k12.va.us

**Principal:** Yvonne Jones

**Assistant Principal:** Todd Miller, David Baum

**Athletic/Activities Director:** Ed Allen

**Superintendent:** Dr. J. Roy Geiger, II (New Kent)

**Assistant AD:**  
**Colors:** Royal Blue/White  
**Mascot:** Trojans  
Ath Trainer Todd Pickens  
Band Jean Flaherty  
Baseball Ronnie Cox  
Basket, b Ed Allen  
Basket, g Not Filled  
Cheer Whitney Curle  
Cr Writing Micki Curle  
Crew, b  
Crew, g  
CrossC, b Carlos Morales  
CrossC, g Joan Lawter  
Debate  
F Hockey Julie Ellis

**Students** 871  
**Gym Cap.** 1000  
**Stad. Cap.** 2500  
Football Fred Birchett  
Forensics Kim Brittingham  
Golf Carl Gardner  
Gymnast, b  
Gymnast, g  
Ind Track, b Carlos Morales  
Ind Track, g Alicia Williams  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Mort Linkmawyer  
Out Track, g Jamie Peterson

**Group:** AA  
**Region:** I  
**District:** Bay Rivers  
Scholastic Matt Duckworth  
Soccer, b Craig Aliff  
Soccer, g Chad Honeycutt  
Softball Betsy Lane  
Swim, b Kristen Honeycutt  
Swim, g Kristen Honeycutt  
Tennis, b Fred Birchett  
Tennis, g Matt Duckworth  
Theatre Johnetta Cook  
Volley, b  
Volley, g Cindy Burnett  
Wrestling Mike Faus  
Yearbook Jane Gregory

**School Phone:** 804-966-9671

**Athletics Office:** 804-966-9672

**School Fax:** 804-966-2773

## I. C. Norcom

1801 London Boulevard / Portsmouth, VA 23704

**Email:** lynn.briley@pps.k12.va.us / oronde.andrews@pps.k12.va.us

**Principal:** Lynn Briley

**Assistant Principal:** William Saunders, Erskine Morganl, Danny Smith

**Athletic/Activities Director:** Oronde Andrews

**Superintendent:** Dr. David C. Stuckwisch (Portsmouth)

**Assistant AD:** **Students** 1450

**Colors:** Maroon/Grey **Gym Cap.** 2000

**Mascot:** Greyhounds **Stad. Cap.** 5000

Ath Trainer Nicole Spruill Football William Archie, Jr.

Band Juliet Boykins Forensics

Baseball Clifton Jones Golf Wayne White

Basket, b Leon Goolsby Gymnast, b

Basket, g Danny Hill Gymnast, g

Cheer Crystal Woodard Ind Track, b Bryan McNeal

Cr Writing Ind Track, g Michelle Cooke

Crew, b Lacrosse, b

Crew, g Lacrosse, g

CrossC, b Lawrence Glover Magazine

CrossC, g Lawrence Glover Newspaper Dorothy Dray

Debate Out Track, b Bryan McNeal

F Hockey Cassie Garrett Out Track, g Michelle Cooke

**School Phone:** 757-393-5442

**Athletics Office:** 757-393-5480

**School Fax:** 757-393-5449

**Group:** AAA **Div.:** 5

**Region:** Eastern

**District:** Eastern

Scholastic

Soccer, b Omari Adderly

Soccer, g Angela Bell

Softball Wayne White

Swim, b Christine Thompson

Swim, g Christine Thompson

Tennis, b LeRoy Williams

Tennis, g Pamela Green

Theatre

Volley, b Chris Spellman

Volley, g Chris Spellman

Wrestling Wesley Hoklmes

Yearbook Dorothy Dray

## North Stafford

839 Garrisonville Road / Stafford, VA 22554

**Email:** tnichols@staffordschools.net / mlowry@staffordschools.net

**Principal:** Thomas Nichols

**Assistant Principal:** Mark Strickler, Ann Bueche, Rosina Raines, Anthony Copeland, Margaret Lowry

**Athletic/Activities Director:** Margaret Lowry

**Superintendent:** Dr. David Sawyer (Stafford)

**Assistant AD:** **Students** 1650

**Colors:** Col. Blue/Orange/Navvy **Gym Cap.** 2500

**Mascot:** Wolverines **Stad. Cap.** 5000

Ath Trainer Scott Kozlowski Football Thomas Pace

Band Joe Tomello Forensics Alicia Synan-Terpstra

Baseball James Labrusciano, Jr. Golf Steve Cassidy

Basket, b Mike Darnell Gymnast, b

Basket, g Patricia Oliver Gymnast, g Liz Potente

Cheer Nicole Arocho Ind Track, b Harry Booth

Cr Writing Not Filled Ind Track, g Harry Booth

Crew, b Lacrosse, b Bill Ayres

Crew, g Lacrosse, g

CrossC, b Nicole Zack Magazine Not Filled

CrossC, g Betty Quinn Newspaper Not Filled

Debate Joan Darby Out Track, b Harry Booth

F Hockey Laura Cwick Out Track, g Harry Booth

**School Phone:** 540-658-6150

**Athletics Office:** Ext. 1234

**School Fax:** 540-658-6158

**Group:** AAA **Div.:** 5

**Region:** Northwest

**District:** Commonwealth

Scholastic

Soccer, b Iric Bressler, Sr.

Soccer, g Joanne Szymanski

Softball Pam Kantor

Swim, b Laura Cwick

Swim, g Traci Abramson

Tennis, b Trent Billups

Tennis, g Benjamin Webb

Theatre Katie Snead

Volley, b

Volley, g Teri Clark

Wrestling Craig Melendez

Yearbook Jennifer Robinson

## Northampton

16041 Courthouse Road / Eastville, VA 23347-0038

**Email:** dunnash@ncps.k12.va.us / tjohnson@ncps.k12.va.us

**Principal:** Dr. Daryl Unnash

**Assistant Principal:** Lisa Floyd, Toriano Giddens

**Athletic/Activities Director:** Thomas Johnson

**Superintendent:** Dr. Mary K. English (Northampton)

**Assistant AD:** **Students** 669

**Colors:** Blue/Gold **Gym Cap.** 1200

**Mascot:** Yellow Jackets **Stad. Cap.** 1200

Ath Trainer Michelle Webb Football Garry Giddens

Band Gary West, J.P. Atkinson Forensics Shelly Newsom

Baseball Michael Brickhouse Golf David Price

Basket, b Joe Gibson Gymnast, b

Basket, g Eric Mason Gymnast, g

Cheer Chris Cowling Ind Track, b

Cr Writing Chris Cowling Ind Track, g

Crew, b Lacrosse, b

Crew, g Lacrosse, g

CrossC, b Richard Wilfong Magazine

CrossC, g Helen Putre Newspaper

Debate Tom Bonniwell Out Track, b Oliver Bennett

F Hockey Tom Bonniwell Out Track, g Vivian Dent

**School Phone:** 757-678-8040

**Athletics Office:** 757-678-8042

**School Fax:** 757-678-5244

**Group:** A **Div.:** 2

**Region:** A

**District:** Eastern Shore-A

Scholastic Not Filled

Soccer, b John Gorman

Soccer, g

Softball Butch Travis

Swim, b

Swim, g

Tennis, b Terran Campbell

Tennis, g Terrance Flynn

Theatre Peter Surran

Volley, b

Volley, g Cathy Doughty

Wrestling Brian Harman

Yearbook

## Northside

6758 Northside High School Road / Roanoke, VA 24019-2828

**Email:** fdent@rcs.k12.va.us / edeeds@rcs.k12.va.us

**Principal:** Frank Dent

**Assistant Principal:** Tracey Williams, Corie Franklin

**Athletic/Activities Director:** Edward Deeds

**Superintendent:** Loraine Lange (Roanoke)

**Assistant AD:**

**Colors:** Green/White/Gold

**Mascot:** Vikings

Ath Trainer Chris Dake

Band Tim Galyen

Baseball Ed Culicerto

Basket, b Bill Pope

Basket, g Trayce Coe

Cheer Heather Hale

Cr Writing

Crew, b

Crew, g

CrossC, b Page Fairchilds

CrossC, g Page Fairchilds

Debate Jennifer Snyder

F Hockey

**Students** 1030

**Gym Cap.** 2300

**Stad. Cap.** 6000

Football Burt Torrence

Forensics Jennifer Snyder

Golf James Wolfe

Gymnast, b

Gymnast, g

Ind Track, b Derrick Hollins

Ind Track, g Derrick Hollins

Lacrosse, b

Lacrosse, g

Magazine Alitia McClure

Newspaper Crystal Shawn

Out Track, b Derrick Hollins

Out Track, g Tracey Coe

**Group:** AA

**Region:** III

**District:** Blue Ridge

Scholastic

Soccer, b Joey Draper

Soccer, g Sean Duff

Softball Lynn Richmond

Swim, b Mich Peters

Swim, g Mich Peters

Tennis, b Scott Reighard

Tennis, g Sam Foster

Theatre Karen Arthur

Volley, b

Volley, g Amy Crawford

Wrestling Mark Agner

Yearbook Crystal Shawn

**Div.:** 3

**School Phone:** 540-561-8155

**Athletics Office:**

**School Fax:** 540-561-8160

## Northumberland

6234 Northumberland Highway / Heathsville, VA 22473-3200

**Email:** lshumaker@nucps.net / mmyers@nucps.net

**Principal:** Larry Shumaker

**Assistant Principal:** Not Filled

**Athletic/Activities Director:** Mike Myers

**Superintendent:** Mr. David Clint Stables, III (Northumberland)

**Assistant AD:** E. Barnes, G. Davenport

**Colors:** Green/Gold

**Mascot:** Indians

Ath Trainer Not Filled

Band Walt Mallorie

Baseball Not Filled

Basket, b Michael Stevenson

Basket, g Darrell Long

Cheer Not Filled

Cr Writing

Crew, b

Crew, g

CrossC, b Eddie Barnes

CrossC, g Eddie Barnes

Debate

F Hockey Mark Fridenstine

Football John Poindexter

Forensics Patty Dawson

Golf Not Filled

Gymnast, b

Gymnast, g

Ind Track, b Eddie Barnes

Ind Track, g Eddie Barnes

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Eddie Barnes

Out Track, g Eddie Barnes

**Group:** A

**Region:** A

**District:** Northern Neck

Scholastic

Soccer, b Rick DeVivi

Soccer, g Mark Fridenstine

Softball Patty Dawson

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Patty Dawson

Volley, b

Volley, g Bonnie Swann

Wrestling Martin Magerko

Yearbook Linda Parks

**Div.:** 1

**School Phone:** 804-580-5192

**Athletics Office:** 804-580-5232

**School Fax:** 804-580-7101

## Northwood

Box Y / Saltville, VA 24370-3040

**Email:** standunham@scsb.org / jeangillespie@scsb.org

**Principal:** Stan Dunham

**Assistant Principal:**

**Athletic/Activities Director:** Jean Gillespie

**Superintendent:** Dr. Michael Robinson (Smyth)

**Assistant AD:**

**Colors:** Navy/Silver

**Mascot:** Panthers

Ath Trainer

Band Jamie Davidson

Baseball BJ Buchanan

Basket, b Chad Bailey

Basket, g Tammy Gillespie

Cheer Kathy Wright

Cr Writing

Crew, b

Crew, g

CrossC, b Walter Vencill

CrossC, g Walter Vencill

Debate

F Hockey

Football William Wyatt

Forensics David Burns

Golf Gary Arnold

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Rebecca Peery

Out Track, b Walter Vencill

Out Track, g Not Filled

**Group:** A

**Region:** C

**District:** Hogoheegee

Scholastic

Soccer, b

Soccer, g

Softball Mark Roberts

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre David Burns

Volley, b

Volley, g Jean Gillespie

Wrestling Walter Vencill

Yearbook Randy Sturgill

**Div.:** 1

**School Phone:** 276-496-7751

**Athletics Office:** 276-496-4951

**School Fax:** 276-496-3216



## Norview

6501 Chesapeake Blvd. / Norfolk, VA 23513

**E-Mail:** mstealey@nps.k12.va.us / tstaples@nps.k12.va.us

**Principal:** Marjorie Stealey

**Assistant Principal:** Adrian Day, Richard Fraley, Louise D'Angelo

**Athletic/Activities Director:** Tommy Staples

**Superintendent:** Dr. Stephen C. Jones (Norfolk)

**Assistant AD:**

**Colors:** Royal Blue/White

**Mascot:** Pilots

Ath Trainer Regina O'Hara

Band Mike McDonald

Baseball Not Filled

Basket, b Eric Williams

Basket, g Leanne Eyler

Cheer N. Halsey, K. Woodlee

Cr Writing

Crew, b

Crew, g

CrossC, b John Rainey

CrossC, g John Rainey

Debate Not Filled

F Hockey Kristen Allen

**Students** 1850

**Gym Cap.** 1962

**Stad. Cap.** 4000

Football Robert Toran

Forensics Joe Kurt

Golf Mike Hockensmith

Gymnast, b

Gymnast, g

Ind Track, b John Quinerly

Ind Track, g Lytonya Echols-Payton

Lacrosse, b

Lacrosse, g

Magazine Not Filled

Newspaper Theresa Street

Out Track, b John Quinerly

Out Track, g Lytonya Echols-Payton

**School Phone:** 757-852-4500

**Athletics Office:** Ext. 3030

**School Fax:** 757-852-4511

**Group:** AAA

**Region:** Eastern

**District:** Eastern

Scholastic Regina Sweeney

Soccer, b Adam Smith

Soccer, g Rob O'Connor

Softball Kristen Allen

Swim, b Tim Vohar

Swim, g Kristen Allen

Tennis, b John Rainey

Tennis, g Kelly Woodlee

Theatre Not Filled

Volley, b Not Filled

Volley, g Dana Fishinger

Wrestling Robert Toran

Yearbook Robin Nipper

**Div.:** 5

## Nottoway

5267 Old Nottoway Road / Crewe, VA 23930

**E-Mail:** annes@meckcom.net / jmaynhs@hotmail.com

**Principal:** Ann Stinson

**Assistant Principal:** Joe May, Reggie Wilson

**Athletic/Activities Director:** Joe May

**Superintendent:** Dr. Gwen E. Edwards (Nottoway)

**Assistant AD:**

**Colors:** Maroon/Gold

**Mascot:** Cougars

Ath Trainer

Band Donald Linn

Baseball Dicky Ingram

Basket, b Clive Pettis

Basket, g Glen Pettis

Cheer Melissa Chamberlain

Cr Writing

Crew, b

Crew, g

CrossC, b Kevin Studer

CrossC, g Kevin Studer

Debate

F Hockey

Football Joe May

Forensics Not Filled

Golf Mike Cary

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Not Filled

Out Track, b Glen Pettis

Out Track, g Shirley Cousin

**Group:** AA

**Region:** I

**District:** Southside

Scholastic

Soccer, b Noel Patino

Soccer, g Marco Ortega

Softball Travis Andrews

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Not Filled

Volley, b

Volley, g Travis Andrews

Wrestling Grayson Throckmorton

Yearbook Patricia Johnson

**Div.:** 3

**School Phone:** 434-292-5373

**Athletics Office:** 434-292-5373

**School Fax:** 434-292-3021

## Oakton

2900 Sutton Road / Vienna, VA 22181-6199

**E-Mail:** john.banbury@fcps.edu / philip.levine@fcps.edu

**Principal:** John Banbury

**Assistant Principal:** Chip Comstock, Dianne Goins, Mark Penn, Manson Tillman, Pam McMillie, Ellen Reilly

**Athletic/Activities Director:** Phil Levine

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Pat Full, Joe Thompson

**Colors:** Burgundy/Gold

**Mascot:** Cougars

Ath Trainer Paul Rupp, Andy Cowdery

Band Cheryl Newton

Baseball Scott Rowland

Basket, b Chuck McDaniel

Basket, g Fred Priester

Cheer Jamie Breme

Cr Writing Ian Wright

Crew, b Tim Callahan

Crew, g Tim Callahan

CrossC, b Phil Tiller

CrossC, g Phil Tiller

Debate J. Prime, C. Davis

F Hockey Lizzie McManus

**Students** 2400

**Gym Cap.** 1340

**Stad. Cap.** 4500

Football Joe Thompson

Forensics Not Filled

Golf Danielle Rust

Gymnast, b Not Filled

Gymnast, g Mike Cooper

Ind Track, b Mike Kiernan

Ind Track, g Mike Kiernan

Lacrosse, b Tony Gray

Lacrosse, g Jean Counts

Magazine Ian Wright

Newspaper Chad Rummel

Out Track, b Mike Kiernan

Out Track, g Mike Kiernan

**Group:** AAA

**Region:** Northern

**District:** Concorde

Scholastic George Hubac

Soccer, b T. White

Soccer, g Edward Brown

Softball Pat Purcell

Swim, b Greg York

Swim, g Greg York

Tennis, b Stephan Schlagenhauff

Tennis, g Coleen Mihalko

Theatre Skip Bromley

Volley, b Chris Babb

Volley, g Vasili Ikonomidis

Wrestling John Gluck

Yearbook Chad Rummel

**Div.:** 6

**School Phone:** 703-319-2700

**Athletics Office:** 703-319-2760

**School Fax:** 703-319-2761

## Ocean Lakes

885 Schumann Drive / Virginia Beach, VA 23454

**EMail:** Cheryl.Askew@vbschools.com / John.Williams@vbschools.com

**Principal:** Cheryl Askew

**Assistant Principal:** Cecil Mainor, Richard Trumble, C. Tarkenton, Norm Benwitz,  
Ann Zingraff-Newton, Amy Hunley

**Athletic/Activities Director:** John Williams (CAA)

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** G. Piccillo, L. Turnbull

**Colors:** Navy/Gold/Silver/White

**Mascot:** Dolphins

**Ath Trainer:** D. Lehan, H. Mack

**Band:** Leah Greber

**Baseball:** Gary Spedden

**Basket, b:** Mike Head

**Basket, g:** Ed Lowery

**Cheer:** Carol Seacrist

**Cr Writing:** Michelle Nery

**Crew, b:**

**Crew, g:**

**CrossC, b:** Mike Nestor

**CrossC, g:** Mike Nestor

**Debate:** Chuck Thomas

**F Hockey:** Elizabeth Sharpe

**Students:** 2600

**Gym Cap.:** 2200

**Stad. Cap.:** 5000

**Football:** Jim Prince

**Forensics:** Kim Abraham

**Golf:** Gary Spedden

**Gymnast, b:**

**Gymnast, g:** Jennifer Grinnell

**Ind Track, b:** Tom Wetzel

**Ind Track, g:** Mike Nestor

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:** Michelle Nery

**Newspaper:** Fara Wiles

**Out Track, b:** Ed Lowery

**Out Track, g:** Mike Nestor

**Group:** AAA

**Region:** Eastern

**District:** Beach

**Scholastic:**

**Soccer, b:** Don Hart

**Soccer, g:** Christine Thornton

**Softball:** Jack Wheeler

**Swim, b:** David Bostic

**Swim, g:** Laura Eldredge

**Tennis, b:** Tom Wetzel

**Tennis, g:** David Hales

**Theatre:** Christina Jones

**Volley, b:** Heath Boomer

**Volley, g:** Jack Wheeler

**Wrestling:** Jack Harcourt

**Yearbook:** Claude Blanchard

**Div.:** 6

## Orange County

201 Selma Road / Orange, VA 22960-1899

**EMail:** ekotulka@ocss-va.org / mcole@ocss-va.org

**Principal:** Gene Kotulka

**Assistant Principal:** Ruth White, Kirk Miller, Frank Leech

**Athletic/Activities Director:** Marc Cole

**Superintendent:** Dr. William Crawford (Orange)

**Assistant AD:** Trish Grabeel

**Colors:** Orange/Blue

**Mascot:** Hornets

**Ath Trainer:** Sara Whiteside

**Band:** Jeff Tuluki

**Baseball:** Not Filled

**Basket, b:** Tim Taylor

**Basket, g:** Lauren Luck

**Cheer:** Laurie Jamerson

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Renee Almond

**CrossC, g:** Renee Almond

**Debate:**

**F Hockey:** Steve Grabeel

**Football:** John Kayajanian

**Forensics:**

**Golf:** Dwight Paschall

**Gymnast, b:**

**Gymnast, g:** Not Filled

**Ind Track, b:** Renee Almond

**Ind Track, g:** Renee Almond

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:**

**Out Track, b:** Renee Almond

**Out Track, g:** Renee Almond

**Group:** AA

**Region:** II

**District:** Jefferson

**Scholastic:** Not Filled

**Soccer, b:** Not Filled

**Soccer, g:** Jaime Dykes

**Softball:** John Ryder

**Swim, b:** Not Filled

**Swim, g:** Not Filled

**Tennis, b:** Sarah Haney

**Tennis, g:** Jay Allen

**Theatre:** Not Filled

**Volley, b:**

**Volley, g:** Jennifer Orr

**Wrestling:** John Kayajanian

**Yearbook:** Donna Hutcherson

**Div.:** 4

**School Phone:** 540-661-4300

**Athletics Office:** 540-661-4284

**School Fax:** 540-661-4460

## Osborn

9005 Tudor Lane / Manassas, VA 20110-5756

**EMail:** jconti@manassas.k12.va.us / wgyder@manassas.k12.va.us

**Principal:** John Conti

**Assistant Principal:** Wayne Gryder, Zella Jones, Betsy Whitaker, Eric Barna

**Athletic/Activities Director:** Wayne Gryder

**Superintendent:** Dr. Gail Pope (Manassas)

**Assistant AD:** M. Dufrene, S. Schultze

**Colors:** Navy Blue/Silver Gray

**Mascot:** Eagles

**Ath Trainer:** Ashley Harper

**Band:** Ted Johnson

**Baseball:** Keith Howell

**Basket, b:** Mike Dufrene

**Basket, g:** Lauren Milburn

**Cheer:** Ashley Hitner

**Cr Writing:** Kim Schell

**Crew, b:**

**Crew, g:**

**CrossC, b:** Rhys Frank

**CrossC, g:** S. Johnston, J. Suarez

**Debate:**

**F Hockey:**

**Students:** 1896

**Gym Cap.:** 2000

**Stad. Cap.:** 3500

**Football:** Steve Schultze

**Forensics:** Not Filled

**Golf:** J. Salony, C. Sarmento

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:** Darryl Austin

**Ind Track, g:** Sarah Johnston

**Lacrosse, b:** Todd Cooke

**Lacrosse, g:** Mike Riley

**Magazine:** Kim Schell

**Newspaper:** Anne Pearson

**Out Track, b:** Rhys Frank

**Out Track, g:** Darryl Austin

**Group:** AAA

**Region:** Northwest

**District:** Cedar Run

**Scholastic:**

**Soccer, b:** David Larson

**Soccer, g:** Jodi Kranich

**Softball:** Renee Leake

**Swim, b:** Don Regenbogen

**Swim, g:** Liz Belch

**Tennis, b:** Glen Strickland

**Tennis, g:** Debbie Krawczyk

**Theatre:** Lanny Warkentein

**Volley, b:**

**Volley, g:** Bret Machovec

**Wrestling:** Tim Weaver

**Yearbook:** Ruth Lindenfelser

**Div.:** 6

**School Phone:** 703-257-8500

**Athletics Office:** 703-257-8540

**School Fax:** 703-257-8515

## Osbourn Park

8909 Euclid Avenue / Manassas, VA 20111-2404

**E-Mail:** healey@pwcs.edu / evansd@pwcs.edu

**Principal:** Tim Healey

**Assistant Principal:** Neil Beech, Josie Stevenson, Karen Riddle

**Athletic/Activities Director:** Dan Evans

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** **Students** 2500

**Colors:** Blue/Gold **Gym Cap.** 2500

**Mascot:** Yellow Jackets **Stad. Cap.** 7000

|             |                  |              |                |
|-------------|------------------|--------------|----------------|
| Ath Trainer | Kim Gray         | Football     | Brian Beaty    |
| Band        | Don Carnohan     | Forensics    | Heather Davids |
| Baseball    | Rod Hodgson      | Golf         | Mike Foley     |
| Basket, b   | Bob Lake         | Gymnast, b   |                |
| Basket, g   | Not Filled       | Gymnast, g   | Monica Brown   |
| Cheer       | Jessica Burns    | Ind Track, b | Mike Feldman   |
| Cr Writing  | Carla Drew       | Ind Track, g | Mike Feldman   |
| Crew, b     |                  | Lacrosse, b  | Rodney Cornell |
| Crew, g     |                  | Lacrosse, g  | Kate Thomas    |
| CrossC, b   | Michael Schuster | Magazine     | Carla Drew     |
| CrossC, g   | Michael Schuster | Newspaper    | Beth Skaggs    |
| Debate      | Heather Davids   | Out Track, b | Mike Feldman   |
| F Hockey    | Kate Thomas      | Out Track, g | Mike Feldman   |

**Group:** AAA **Div.:** 6

**Region:** Northwest

**District:** Cedar Run

|            |                 |
|------------|-----------------|
| Scholastic |                 |
| Soccer, b  | Larry Nemerow   |
| Soccer, g  | Rob Watters     |
| Softball   | Talia Lake      |
| Swim, b    | Kate Thomas     |
| Swim, g    | Kate Thomas     |
| Tennis, b  | Mac Deshazer    |
| Tennis, g  | Scott Baldwin   |
| Theatre    | Kristina Nelson |
| Volley, b  |                 |
| Volley, g  | Kate Southcott  |
| Wrestling  | Mike Spudic     |
| Yearbook   | Beth Skaggs     |

## Page County

198 Panther Drive / Shenandoah, VA 22849-9726

**E-Mail:** pagechs@shentel.net

**Principal:** Morgan S. Phenix

**Assistant Principal:** Paul Johnson

**Athletic/Activities Director:** Keith Cabbage (CAA)

**Superintendent:** Dr. Randall W. Thomas (Page)

**Assistant AD:** **Students** 413

**Colors:** Columbia Blue/White **Gym Cap.** 800

**Mascot:** Panthers **Stad. Cap.** 1500

|             |                       |              |              |
|-------------|-----------------------|--------------|--------------|
| Ath Trainer |                       | Football     | Frank Comer  |
| Band        | Kelly Lawton          | Forensics    |              |
| Baseball    | Jim Burke             | Golf         | Roy Campbell |
| Basket, b   | Mike Purdham          | Gymnast, b   |              |
| Basket, g   | Chad Price            | Gymnast, g   |              |
| Cheer       | J. Roberts, T. Shuler | Ind Track, b |              |
| Cr Writing  | Not Filled            | Ind Track, g |              |
| Crew, b     |                       | Lacrosse, b  |              |
| Crew, g     |                       | Lacrosse, g  |              |
| CrossC, b   | Stan Price            | Magazine     |              |
| CrossC, g   | Deborah Norton        | Newspaper    |              |
| Debate      |                       | Out Track, b | Buddy Comer  |
| F Hockey    |                       | Out Track, g | Buddy Comer  |

**Group:** A **Div.:** 1

**Region:** B

**District:** Shenandoah

|            |               |
|------------|---------------|
| Scholastic |               |
| Soccer, b  |               |
| Soccer, g  |               |
| Softball   | Alan Knight   |
| Swim, b    |               |
| Swim, g    |               |
| Tennis, b  |               |
| Tennis, g  |               |
| Theatre    |               |
| Volley, b  |               |
| Volley, g  | Alan Knight   |
| Wrestling  |               |
| Yearbook   | Jonathon Kite |

**School Phone:** 540-652-8712

**Athletics Office:** 540-652-3411

**School Fax:** 540-652-8308

## Park View (South Hill)

205 Park View Circle / South Hill, VA 23970

**E-Mail:** parkview@msinets.com

**Principal:** Ben Taylor

**Assistant Principal:** Joan Covington, Pauline Keeton

**Athletic/Activities Director:** Terry Larch

**Superintendent:** Dr. Frank J. Polakiewicz (Mecklenburg)

**Assistant AD:** **Students** 578

**Colors:** Green/White **Gym Cap.** 1200

**Mascot:** Dragons **Stad. Cap.** 1200

|             |               |              |                 |
|-------------|---------------|--------------|-----------------|
| Ath Trainer |               | Football     | Waverly Jackson |
| Band        | Not Filled    | Forensics    | Mary Soles      |
| Baseball    | Mike Greene   | Golf         | Julia McInturf  |
| Basket, b   | Terry Hill    | Gymnast, b   |                 |
| Basket, g   | Mike Greene   | Gymnast, g   |                 |
| Cheer       | Sara Trumbull | Ind Track, b |                 |
| Cr Writing  |               | Ind Track, g |                 |
| Crew, b     |               | Lacrosse, b  |                 |
| Crew, g     |               | Lacrosse, g  |                 |
| CrossC, b   |               | Magazine     |                 |
| CrossC, g   |               | Newspaper    |                 |
| Debate      |               | Out Track, b | Waverly Jackson |
| F Hockey    |               | Out Track, g | Edwina Gill     |

**Group:** AA **Div.:** 3

**Region:** I

**District:** Southside

|            |                |
|------------|----------------|
| Scholastic | Julia McInturf |
| Soccer, b  | Trudy Gentry   |
| Soccer, g  |                |
| Softball   | John Manning   |
| Swim, b    |                |
| Swim, g    |                |
| Tennis, b  |                |
| Tennis, g  |                |
| Theatre    |                |
| Volley, b  |                |
| Volley, g  | Michele Griles |
| Wrestling  |                |
| Yearbook   | Kathy Cochelin |

**School Phone:** 434-447-3435

**Athletics Office:**

**School Fax:** 434-447-7876

## Park View (Sterling)

400 W. Laurel Avenue / Sterling, VA 20164-3799

**Email:** virginia.minshew@loudoun.k12.va.us / joseph.e.breinig@loudoun.k12.va.us

**Principal:** Virginia Minshew

**Assistant Principal:** Jeff Adam, John Gabriel, Daryl Cummings

**Athletic/Activities Director:** Joe Breinig Jr. (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Meredith Polen

**Colors:** Red/White/Blue

**Mascot:** Patriots

**Ath Trainer:** Lida Pitsch

**Band:** Jonathon Phillip

**Baseball:** Mickey Leap

**Basket, b:** Jeff Schneider

**Basket, g:** Kim Grigley

**Cheer:** Kristin Sheetz

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Christina Holt

**CrossC, g:** Christina Holt

**Debate:** Jonathan Breslow

**F Hockey:**

**Students:** 1350

**Gym Cap.:** 1500

**Stad. Cap.:** 4000

**Football:** Andy Hill

**Forensics:** Wendy Yacoub

**Golf:**

**Gymnast, b:**

**Gymnast, g:** Chelsea Vu

**Ind Track, b:**

**Ind Track, g:**

**Lacrosse, b:**

**Lacrosse, g:** Allison Boyle

**Magazine:**

**Newspaper:** George Barton

**Out Track, b:** Jim Nosal

**Out Track, g:**

**School Phone:** 703-444-7500

**Athletics Office:** 703-444-7508

**School Fax:** 703-444-7520

**Group:** AA

**Div.:** 4

**Region:** II

**District:** Dulles

**Scholastic:**

**Soccer, b:** Andy Fertick

**Soccer, g:** Arturo Jimenez

**Softball:** Ed Abner

**Swim, b:** Emily Felker

**Swim, g:** Emily Felker

**Tennis, b:** Jen Zecher

**Tennis, g:** Kathy Hackney

**Theatre:** Kevin Curtin

**Volley, b:**

**Volley, g:** Kathy Koscinski

**Wrestling:** Greg Mitchell

**Yearbook:**

## Patrick County

215 Cougar Lane / Stuart, VA 24171

**Email:** hs-pal@patrick-county.org / hs-sport@patrick-county.org

**Principal:** E. G. Bradshaw Jr.

**Assistant Principal:** Tammy Waldron, Perry Hughes, Robin Ferguson

**Athletic/Activities Director:** Sandra Rakes

**Superintendent:** Dr. Roger Morris (Patrick)

**Assistant AD:** David Clement

**Colors:** Green/Gold

**Mascot:** Cougars

**Ath Trainer:**

**Band:** Lynn Stegall

**Baseball:** Terry Harris

**Basket, b:** Keith Gunter

**Basket, g:** Glenn Burnett

**Cheer:** Tammy Bradshaw

**Cr Writing:**

**Crew, b:**

**Crew, g:**

**CrossC, b:** Keith Gunter

**CrossC, g:** Keith Gunter

**Debate:**

**F Hockey:**

**Football:** Brad Dalton

**Forensics:** Janice Miles

**Golf:** Philip Steagall

**Gymnast, b:**

**Gymnast, g:**

**Ind Track, b:**

**Ind Track, g:**

**Lacrosse, b:**

**Lacrosse, g:**

**Magazine:**

**Newspaper:** Steve Henderson

**Out Track, b:** Dana Snyder

**Out Track, g:** Dana Snyder

**Group:** AA

**Div.:** 3

**Region:** IV

**District:** Piedmont

**Scholastic:**

**Soccer, b:** James Wagner

**Soccer, g:** Sandra Rakes

**Softball:** Gerald Culler

**Swim, b:**

**Swim, g:**

**Tennis, b:** Stephen Henderson

**Tennis, g:** Rebecca Gibson

**Theatre:**

**Volley, b:**

**Volley, g:** Heidi Moore

**Wrestling:** Jason Rotvedt

**Yearbook:** Beth Witt

**School Phone:** 276-694-7137

**Athletics Office:**

**School Fax:** 276-694-6997

## Petersburg

3101 Johnson Road / Petersburg, VA 23805-2399

**Email:** habradley@petersburg.k12.va.us / jesimmons@petersburg.k12.va.us

**Principal:** Thomas Whittle

**Assistant Principal:** James Barksdale, Alicia Fields, Johnny Mickens

**Athletic/Activities Director:** Harry Bradley

**Superintendent:** Lloyd Hamlin (Petersburg)

**Assistant AD:**

**Colors:** Crimson/Gold

**Mascot:** Crimson Wave

**Ath Trainer:** Rochelle Benjamin

**Band:** David Chambliss

**Baseball:** Herbert Wheat, Jr.

**Basket, b:** William Lawson, III

**Basket, g:** Robert Claiborne

**Cheer:** Stephanie Harvell

**Cr Writing:** Not Filled

**Crew, b:** Not Filled

**Crew, g:** Not Filled

**CrossC, b:** Ben Dyer

**CrossC, g:** Ben Dyer

**Debate:** Not Filled

**F Hockey:** Not Filled

**Students:** 1540

**Gym Cap.:** 3000

**Stad. Cap.:** 3000

**Football:** Remus James

**Forensics:** Not Filled

**Golf:** Nathaniel Frost

**Gymnast, b:** Not Filled

**Gymnast, g:** Not Filled

**Ind Track, b:** Brian Gwaltney

**Ind Track, g:** Renita Dingle

**Lacrosse, b:** Not Filled

**Lacrosse, g:** Not Filled

**Magazine:** Not Filled

**Newspaper:** Ann Ellison

**Out Track, b:** Brian Gwaltney

**Out Track, g:** Renita Dingle

**Group:** AAA

**Div.:** 5

**Region:** Central

**District:** Central

**Scholastic:**

**Soccer, b:** Zine-Eddine Tergou

**Soccer, g:** Tytrail White

**Softball:** Keil Dawson

**Swim, b:** Not Filled

**Swim, g:** Not Filled

**Tennis, b:** Steve Wallace

**Tennis, g:** Angela Dance

**Theatre:** Alvin Gilchrist

**Volley, b:** William Lawson, III

**Volley, g:** Keil Dawson

**Wrestling:** Hal Miles

**Yearbook:** Patquin Walker

**School Phone:** 804-861-4884

**Athletics Office:** 804-862-7144

**School Fax:** 804-733-5897

## Phoebus

100 Ireland Street / Hampton, VA 23663-2199

**Email:** rjohnson@sbo.hampton.k12.va.us / bdee@sbo.hampton.k12.va.us

**Principal:** Robert Johnson

**Assistant Principal:** Bruce Godwin, Kevin Davis, Not Filled

**Athletic/Activities Director:** Gerry Gentry, Bill Dee

**Superintendent:** Dr. Patrick Russo (Hampton)

**Assistant AD:**  
**Colors:** Blue/Gold  
**Mascot:** Phantoms  
Ath Trainer  
Band James Stanley  
Baseball Scott Snyder  
Basket, b James Daniel  
Basket, g Barbara Burgess  
Cheer Tenika Lewis  
Cr Writing Liz Buckingham  
Crew, b  
Crew, g  
CrossC, b Brian Rountree  
CrossC, g Brian Rountree  
Debate Emma Flood  
F Hockey

**Students** 1450  
**Gym Cap.** 2000  
**Stad. Cap.** 8500  
Football William Dee  
Forensics Mahla Swinford  
Golf Not Filled  
Gymnast, b Not Filled  
Gymnast, g Not Filled  
Ind Track, b Brian Rountree  
Ind Track, g Not Filled  
Lacrosse, b  
Lacrosse, g  
Magazine Liz Buckingham  
Newspaper Margaret Dee  
Out Track, b Brian Rountree  
Out Track, g Not Filled

**Group:** AAA  
**Region:** Eastern  
**District:** Peninsula  
Scholastic  
Soccer, b Not Filled  
Soccer, g Jack Zamora  
Softball Deonna Brown  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b Kevin Wilder  
Tennis, g Not Filled  
Theatre Not Filled  
Volley, b  
Volley, g  
Wrestling Maurice Ward  
Yearbook Pam Gregory

## Pocahontas

P. O. Box 308, Route 644 / Pocahontas, VA 24635-0308

**Email:** cstacy@tazewell.k12.va.us / vaustin@mail2.tazewell.k12.va.us

**Principal:** Christopher Stacy

**Assistant Principal:**

**Athletic/Activities Director:** Vera Austin

**Superintendent:** Dr. Brenda B. Lawson (Tazewell)

**Assistant AD:**  
**Colors:** Orange/Black/White  
**Mascot:** Indians  
Ath Trainer  
Band Randy Butcher  
Baseball  
Basket, b Scott Louthan  
Basket, g Gary Williams  
Cheer Mary Cockerham  
Cr Writing Bob McGraw  
Crew, b  
Crew, g  
CrossC, b  
CrossC, g  
Debate Bob McGraw  
F Hockey

**Students** 131  
**Gym Cap.** 600  
**Stad. Cap.** 1500  
Football Matt Quesenberry  
Forensics  
Golf  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Bob McGraw  
Out Track, g Gilla Bradshaw

**Group:** A  
**Region:** C  
**District:** Mtn. Empire  
Scholastic  
Soccer, b  
Soccer, g  
Softball Mona Smith  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g Vera Austin  
Theatre  
Volley, b  
Volley, g Yvonne Suehs  
Wrestling  
Yearbook Mary Greer

**School Phone:** 540-945-5988

**Athletics Office:** 540-945-5989

**School Fax:** 540-945-2722

## Poquoson

51 Odd Road / Poquoson, VA 23662-2099

**Email:** bwright@pqs.poquoson.k12.va.us / lhartley@pqs.poquoson.k12.va.us

**Principal:** Bernie Wright

**Assistant Principal:** George Yeager, Whitney Cataldo, Donna Buzonas

**Athletic/Activities Director:** Lee Ann Hartley

**Superintendent:** Dr. Jonathan L. Lewis (Poquoson)

**Assistant AD:**  
**Colors:** Maroon/Old Gold  
**Mascot:** Islanders  
Ath Trainer Not Filled  
Band Doug Spruill  
Baseball Kenny Bennett  
Basket, b Todd Bowden  
Basket, g Jeff Gross  
Cheer Julie Pitman  
Cr Writing John Forrest  
Crew, b  
Crew, g  
CrossC, b Joe Garrity  
CrossC, g Joe Garrity  
Debate Ryan Welborn  
F Hockey Debbie Bunting

**Students** 900  
**Gym Cap.** 1000  
**Stad. Cap.** 2500  
Football Elliott Duty  
Forensics John Forrest  
Golf Ed Spain  
Gymnast, b  
Gymnast, g  
Ind Track, b Joe Garrity  
Ind Track, g Joe Garrity  
Lacrosse, b  
Lacrosse, g  
Magazine John Forrest  
Newspaper Dory Holder  
Out Track, b Jeff Gross  
Out Track, g Jeff Gross

**Group:** AA  
**Region:** I  
**District:** Bay Rivers  
Scholastic  
Soccer, b Charles Sneddon  
Soccer, g Bob Gemmill  
Softball Todd Bowden  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b Pax Goodson  
Tennis, g Gloria Insley  
Theatre Karen Shepherd  
Volley, b  
Volley, g Colleen Duman  
Wrestling Mark Strickland  
Yearbook Marie Warltner

**School Phone:** 757-868-7123

**Athletics Office:** 757-868-7184

**School Fax:** 757-868-3141

## Potomac Falls

46400 Algonkian Parkway / Potomac Falls, VA 20165

**Email:** david.spage@loudoun.k12.va.us / michael.sipe@loudoun.k12.va.us

**Principal:** David Spage

**Assistant Principal:** Chad Runfola, John Duellman, Melissa Sargeant

**Athletic/Activities Director:** Mike Sipe (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Chris Tully  
**Colors:** Black/Purple/White  
**Mascot:** Panthers  
Ath Trainer Paul Peterson  
Band Tim Niebergall  
Baseball Joe Terango  
Basket, b Jeff Hawes  
Basket, g Lynn Ewald  
Cheer Carollann Krische  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Dolph Null  
CrossC, g Dolph Null  
Debate Alice Foltz  
F Hockey

**Students** 1519  
**Gym Cap.** 1500  
**Stad. Cap.** 2500

Football Scott Woodlief  
Forensics Jeannie Jens  
Golf Dave Quirin  
Gymnast, b  
Gymnast, g Carollann Krische  
Ind Track, b  
Ind Track, g  
Lacrosse, b Not Filled  
Lacrosse, g Allan Dacanay  
Magazine  
Newspaper  
Out Track, b Courtney Cornwall  
Out Track, g Carollann Krische

**Group:** AA  
**Region:** II  
**District:** Dulles

**Div.:** 4

Scholastic  
Soccer, b Dave Gryder  
Soccer, g Mitch Schwartz  
Softball Joe Pettit  
Swim, b Holly Ward  
Swim, g Holly Ward  
Tennis, b Not Filled  
Tennis, g Dave Quirin  
Theatre Renee Haynes  
Volley, b  
Volley, g Linda Lachy-Helms  
Wrestling Rob Puterio  
Yearbook Tracy Sauer

## Potomac Senior

3401 Four Year Trail / Dumfries, VA 22026

**Email:** malonem@pwcs.edu / steamb@pwcs.edu

**Principal:** Marc Maloney

**Assistant Principal:** Lorraine Sadler, Ernette Martin

**Athletic/Activities Director:** Bill Stearns

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Sal Colangelo  
**Colors:** Col. Blue/Navy/White  
**Mascot:** Panthers  
Ath Trainer Rick Stewart  
Band Dave Van Gelder  
Baseball Mike Covington  
Basket, b Keith Honore  
Basket, g Mike Wilson  
Cheer Hilary Hartt  
Cr Writing Kathleen O'Connor  
Crew, b Peter Haberkost  
Crew, g Peter Haberkost  
CrossC, b Steve Petrosky  
CrossC, g Steve Petrosky  
Debate PJ Regan  
F Hockey

**Students** 1500  
**Gym Cap.** 1937  
**Stad. Cap.** 4000

Football Tony Lilly  
Forensics Izora Everson  
Golf Mike Matta  
Gymnast, b  
Gymnast, g  
Ind Track, b Steve Petrosky  
Ind Track, g Steve Petrosky  
Lacrosse, b Frank Dunn  
Lacrosse, g Linda Blakemore  
Magazine Kathleen O'Connor  
Newspaper Kathleen O'Connor  
Out Track, b Steve Petrosky  
Out Track, g Steve Petrosky

**Group:** AAA  
**Region:** Northwest  
**District:** Cardinal

**Div.:** 5

Scholastic  
Soccer, b Melvin Klugh  
Soccer, g Al Borges  
Softball Mike Adkins  
Swim, b Tommy Quimby  
Swim, g Tommy Quimby  
Tennis, b Laura Whitman  
Tennis, g  
Theatre  
Volley, b  
Volley, g Audrey Shutte  
Wrestling Thomas Alo  
Yearbook Greg Hayden

## Pound

11531 Wildcat Drive / Pound, VA 24279-0768

**Email:** mshortt@wise.k12.va.us / droop@wise.k12.va.us

**Principal:** Marcia Shortt

**Assistant Principal:** Danny Roop

**Athletic/Activities Director:** Debbi Hale

**Superintendent:** Dr. Gregory Killough (Wise)

**Assistant AD:**  
**Colors:** Red/Black/White  
**Mascot:** Wildcats  
Ath Trainer  
Band Aaron Meyers  
Baseball Chris Wilson  
Basket, b Jack Hamilton  
Basket, g Not Filled  
Cheer S. Bentley, A. Boggs  
Cr Writing Brenda Baker  
Crew, b  
Crew, g  
CrossC, b Brian Dotson  
CrossC, g Sallie Hubbard  
Debate  
F Hockey

**Students** 280  
**Gym Cap.** 1200  
**Stad. Cap.** 3255

Football Chris Crabtree  
Forensics P. Gilmer, D. Taylor  
Golf Brian Sturgill  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Not Filled  
Out Track, g Sallie Hubbard

**Group:** A  
**Region:** D  
**District:** Lonesome Pine

**Div.:** 2

Scholastic  
Soccer, b  
Soccer, g  
Softball Randy Shortt  
Swim, b  
Swim, g  
Tennis, b Brian Dotson  
Tennis, g Brenda Baker  
Theatre Pamela Gilmer  
Volley, b  
Volley, g Kristen Phillips  
Wrestling  
Yearbook Vonda Sturgill

## Powell Valley

1 Avenue of Champions / Big Stone Gap, VA 24219

**Email:** delee@wise.k12.va.us

**Principal:** David Lee

**Assistant Principal:** Fay Garrison

**Athletic/Activities Director:** Phil Robbins (CMAA)

**Superintendent:** Dr. Gregory Killough (Wise)

**Assistant AD:**

**Colors:** Columbia Blue/Red/White

**Mascot:** Vikings

**Ath Trainer**

**Band** Bryan Wharton

**Baseball** Jim Kelly

**Basket, b** Zachary Moore

**Basket, g** Mike Day

**Cheer** Vickie Day

**Cr Writing** Joan Short

**Crew, b**

**Crew, g**

**CrossC, b** Mark Cassell

**CrossC, g** Mark Cassell

**Debate**

**F Hockey**

**Students** 510

**Gym Cap.** 1800

**Stad. Cap.** 3500

**Football** Phil Robbins (CMAA)

**Forensics** Heather Sykes

**Golf** Paul Clendenon

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper** Kim Mabe

**Out Track, b** Phil Robbins (CMAA)

**Out Track, g** Tim Thomas

**Group:** A

**Region:** D

**District:** Lonesome Pine

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball** Paul Clendenon

**Swim, b**

**Swim, g**

**Tennis, b** Jim Huff

**Tennis, g** Brandi Bostic

**Theatre** Heather Sykes

**Volley, b**

**Volley, g** Kim Moore

**Wrestling** Robbie Collins

**Yearbook** Kim Mabe

**Div.:** 2

**School Phone:** 276-523-1290

**Athletics Office:**

**School Fax:** 276-523-6804

## Powhatan

1800 Judes Ferry Road / Powhatan, VA 23139-5746

**Email:** rcole@powhatan.k12.va.us / jim.woodson@powhatan.k12.va.us

**Principal:** Rick Cole

**Assistant Principal:** Bob Carden, Beverly Funn, Kathryn Garrett

**Athletic/Activities Director:** James Woodson

**Superintendent:** Dr. Margaret S. Meara (Powhatan)

**Assistant AD:** Mike Seals

**Colors:** Black/Orange

**Mascot:** Indians

**Ath Trainer** Faith Rosselot

**Band** Scott Gordon

**Baseball** Gregg Conner

**Basket, b** Charles White

**Basket, g** Paulette Bowman

**Cheer** Mark Robertson

**Cr Writing** Kathy Liesfield

**Crew, b**

**Crew, g**

**CrossC, b** Bill Wasosky

**CrossC, g** Bill Wasosky

**Debate**

**F Hockey** Sara Franklin

**Football** James Woodson

**Forensics** Wendy Rogers

**Golf** Justin Stock

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine** Dave Noechel

**Newspaper** Dave Noechel

**Out Track, b** Ernie Henderson

**Out Track, g** Paulette Bowman

**Group:** AA

**Region:** I

**District:** Southside

**Scholastic**

**Soccer, b** Not Filled

**Soccer, g** Pam Spotts

**Softball** Marie Crump

**Swim, b**

**Swim, g**

**Tennis, b** Charles White

**Tennis, g** Rob Williams

**Theatre** Woody Czelusta

**Volley, b**

**Volley, g** Debbie Menger

**Wrestling** Lee Richardson

**Yearbook** Melissa Goda

**Div.:** 4

**School Phone:** 804-598-5710

**Athletics Office:** 804-598-5704

**School Fax:** 804-598-0298

## Prince Edward County

35 Eagle Drive / Farmville, VA 23901-9011

**Email:** odessa.pride@pecps.k12.va.us / shirby.scott-brown@pecps.k12.va.us

**Principal:** Odessa Pride

**Assistant Principal:** Allie Yarbrough, Erenest Miller, Rodney Kane

**Athletic/Activities Director:** Shirby Scott-Brown

**Superintendent:** Dr. Patricia Watkins (Prince Edward)

**Assistant AD:**

**Colors:** Purple/Gold

**Mascot:** Eagles

**Ath Trainer** Kenneth Ashley

**Band** Anders Pierce

**Baseball** Michael Weaver

**Basket, b** James Scott

**Basket, g** Chris McCormick

**Cheer** Lisa Simon

**Cr Writing** Rachel Overstreet

**Crew, b**

**Crew, g**

**CrossC, b** Bruce Bogese

**CrossC, g** Not Filled

**Debate**

**F Hockey**

**Football** Terrence Edmonds

**Forensics** Deborah Rush

**Golf** Michael Weaver

**Gymnast, b**

**Gymnast, g**

**Ind Track, b** James Baker

**Ind Track, g** James Baker

**Lacrosse, b**

**Lacrosse, g**

**Magazine** Not Filled

**Newspaper** Not Filled

**Out Track, b** James Baker

**Out Track, g** James Baker

**Group:** AA

**Region:** I

**District:** Southside

**Scholastic**

**Soccer, b** Chris McCormick

**Soccer, g** Not Filled

**Softball** Marvin Meadows

**Swim, b**

**Swim, g**

**Tennis, b** Bruce Bogese

**Tennis, g** James Scott

**Theatre** Deborah Rush

**Volley, b**

**Volley, g** Marvin Meadows

**Wrestling**

**Yearbook** Kathryn Orth

**Div.:** 3

**School Phone:** 434-315-2130

**Athletics Office:** 434-315-2102

**School Fax:** 434-392-1901

## Prince George

7801 Laurel Spring Road / Prince George, VA 23875-3399

**Email:** tsmallwood@pgs.k12.va.us / wrussell@pgs.k12.va.us.

**Principal:** Tracey Smallwood

**Assistant Principal:** Tracey Smallwood, Joe McDaniels, Chris Romig

**Athletic/Activities Director:** Bill Russell

**Superintendent:** Dr. R. Francis Moore (Prince George)

**Assistant AD:** Green/Gold/White  
**Colors:** Royals  
**Mascot:** Ath Trainer Jason Chandler  
Band Michael Warnock  
Baseball Mickey Roberts  
Basket, b Bill Russell  
Basket, g Billy Gray  
Cheer Donna Jones  
Cr Writing Chris Waugaman  
Crew, b  
Crew, g  
CrossC, b Bruce Harding  
CrossC, g Bruce Harding  
Debate  
F Hockey Roy York

**Students** 1329  
**Gym Cap.** 1900  
**Stad. Cap.** 4000

Football Mark Tomlin  
Forensics  
Golf Earle Burton  
Gymnast, b  
Gymnast, g  
Ind Track, b Dan Rivera  
Ind Track, g Dan Rivera  
Lacrosse, b  
Lacrosse, g  
Magazine Beth Andersen  
Newspaper Chris Waugaman  
Out Track, b Bruce Harding  
Out Track, g Dan Rivera

**Group:** AAA  
**Region:** Central  
**District:** Central

**Div.:** 6

Scholastic  
Soccer, b Tommy Harrison  
Soccer, g Kendall Warren  
Softball Pat Waguespack  
Swim, b  
Swim, g  
Tennis, b Paul Cash  
Tennis, g Paul Cash  
Theatre Daryl Phillips  
Volley, b Chris Waugaman  
Volley, g Wanda Gilbert  
Wrestling Dave Emory  
Yearbook Allison Heath

## Princess Anne

4400 Virginia Beach Boulevard / Virginia Beach, VA 23462-3198

**Email:** pat.griffin@vbschools.com / alyson.myers@vbschools.com

**Principal:** Patricia Griffin

**Assistant Principal:** Ann Bissel, Ernie Sawyer, Iris Nimmo, Wayne Varney, Tom Gustafson, Helen Cox

**Athletic/Activities Director:** Alyson Myers

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** Pat McGloine  
**Colors:** Red/White/Blue  
**Mascot:** Cavaliers

Ath Trainer Andrew Hansel  
Band John Boyd  
Baseball Jimmy Hunt  
Basket, b David Sneed  
Basket, g Damell Dozier  
Cheer T. Copeland, J. Trujillo  
Cr Writing Not Filled  
Crew, b  
Crew, g  
CrossC, b Joe Panchik  
CrossC, g BK Brinkley  
Debate Andrew Jackson  
F Hockey Denise O'Connell

**Students** 2200  
**Gym Cap.** 1200  
**Stad. Cap.** 4000

Football Juan Jackson  
Forensics Rachel Grubb  
Golf Hutch Hammond  
Gymnast, b  
Gymnast, g Lauren Knott  
Ind Track, b Joe Panchik  
Ind Track, g Jeff Kinser  
Lacrosse, b  
Lacrosse, g  
Magazine E. Blair Thurman  
Newspaper E. Blair Thurman  
Out Track, b Brian Triolet  
Out Track, g Darnell Dozier

**Group:** AAA  
**Region:** Eastern  
**District:** Beach

**Div.:** 6

Scholastic  
Soccer, b BK Brinkley  
Soccer, g Jen Denkler  
Softball Dennis Nixon  
Swim, b Jay Smith  
Swim, g Brian Triolet  
Tennis, b Hutch Hammond  
Tennis, g Rick Zano  
Theatre Nancy Dodd  
Volley, b Jeff Kinser  
Volley, g Craig Dooren  
Wrestling Chuck Johnson  
Yearbook Adrienne James

## Pulaski County

5414 Cougar Trail Drive / Dublin, VA 24084

**Email:** rreedy@pcva.us / mgoff@pcva.us

**Principal:** Rod Reedy

**Assistant Principal:** Elaine Woolwine, Richard McMillian, Mary Rash, Phil Vickers, Peter Anderson

**Athletic/Activities Director:** Mike Goff

**Superintendent:** Dr. Donald E. Stowers (Pulaski)

**Assistant AD:** Cardinal/Gold/White  
**Colors:** Cougars  
**Mascot:** Ath Trainer Amy Crawford  
Band Patrick Butler  
Baseball Doug Dunavant  
Basket, b Mark Hanks  
Basket, g Brenda King  
Cheer Angie Harrell  
Cr Writing Misty Melton  
Crew, b  
Crew, g  
CrossC, b Jamie McCarty  
CrossC, g Jamie McCarty  
Debate  
F Hockey

**Students** 1482  
**Gym Cap.** 2600  
**Stad. Cap.** 10000

Football Jack Turner  
Forensics Jeff McCoy  
Golf Drew Layne  
Gymnast, b  
Gymnast, g  
Ind Track, b Jamie McCarty  
Ind Track, g Jamie McCarty  
Lacrosse, b  
Lacrosse, g  
Magazine Misty Melton  
Newspaper Virginia Mammi  
Out Track, b Jamie McCarty  
Out Track, g Jamie McCarty

**Group:** AA  
**Region:** IV  
**District:** River Ridge

**Div.:** 4

Scholastic Misty Melton  
Soccer, b Mike Price  
Soccer, g Chris Blackburn  
Softball Gina Miano  
Swim, b Carl Hanks, Jr.  
Swim, g Anne Hager  
Tennis, b Gerald Danner  
Tennis, g Gene Hurst  
Theatre Jeff McCoy  
Volley, b  
Volley, g Gene Hurst  
Wrestling Dan Butler  
Yearbook Paige Cash



## Radford

50 Dalton Drive / Radford, VA 24141-1599

**Email:** mlineburg@rcps.org / gwade@rcps.org

**Principal:** Mark Lineburg

**Assistant Principal:** Rex Gearheart

**Athletic/Activities Director:** Gregory Wade (RAA)

**Superintendent:** Dr. Chuck Bishop (Radford)

**Assistant AD:**

**Colors:** Black/White/Old Gold

**Mascot:** Bobcats

Ath Trainer Not Filled

Band Daniel Frankenberger

Baseball W. Pridgen, D. Freeman

Basket, b Ricky Cormany

Basket, g Deb Reedy

Cheer Lori Whitehead

Cr Writing Cathy Gallo

Crew, b

Crew, g

CrossC, b Mike Carrow

CrossC, g Mike Carrow

Debate

F Hockey

**Students** 488

**Gym Cap.** 1200

**Stad. Cap.** 6000

Football Matthew Saunders

Forensics Not Filled

Golf Darden Freeman

Gymnast, b

Gymnast, g

Ind Track, b Keith Palmer

Ind Track, g Keith Palmer

Lacrosse, b

Lacrosse, g

Magazine Rusty Swope

Newspaper Barbara Shifflett

Out Track, b Chris Vicars

Out Track, g Chris Vicars

**Group:** A

**Region:** C

**District:** Three Rivers

Scholastic

Soccer, b Greg Wade

Soccer, g Lee Boehling

Softball David Morris

Swim, b Heather Rowland

Swim, g Heather Rowland

Tennis, b Not Filled

Tennis, g Suzanne Graham

Theatre Tina Tapp

Volley, b

Volley, g Toni Wright

Wrestling Chris Vicars

Yearbook Donna Irvin

**Div.:** 2

**School Phone:** 540-731-3649

**Athletics Office:** 540-731-3650

**School Fax:** 540-731-4427

## Randolph-Henry

755 David Bruce Avenue / Charlotte Court House, VA 23923-0668

**Email:** talbottg@ccps.k12.va.us / freelandjc@ccps.k12.va.us

**Principal:** Gloria Talbott

**Assistant Principal:** Scott Crittzer, Robbie Mason

**Athletic/Activities Director:** Joe Freeland

**Superintendent:** Mrs. Melody D. Hackney (Charlotte)

**Assistant AD:**

**Colors:** Blue/White

**Mascot:** Statesmen

Ath Trainer

Band Dave Mowery

Baseball Billy Catron

Basket, b Not Filled

Basket, g Rob Mason

Cheer Deborah Laine

Cr Writing

Crew, b

Crew, g

CrossC, b Kristi Martin

CrossC, g Kristi Martin

Debate

F Hockey

**Students** 750

**Gym Cap.** 1000

**Stad. Cap.** 1500

Football Joe Freeland

Forensics Deborah Ketchum

Golf Kelly Powell

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Claudia McMillan

Out Track, b Joe Freeland

Out Track, g Kristi Martin

**Group:** A

**Region:** B

**District:** James River

Scholastic

Soccer, b Shawn Reyburn

Soccer, g

Softball Deborah Laine

Swim, b

Swim, g

Tennis, b Kenny Howard

Tennis, g Lorraine Johnson

Theatre Deborah Ketchum

Volley, b

Volley, g Meredith Pack

Wrestling Brette Arbogast

Yearbook Claudia McMillan

**Div.:** 2

**School Phone:** 434-542-4111

**Athletics Office:**

**School Fax:** 434-542-4114

## Rappahannock

6914 Richmond Road, P.O. Box 550 / Warsaw, VA 22572

**Email:** jcooley@richmond-county.k12.va.us / jparrish@richmond-county.k12.va.us

**Principal:** Jack Cooley

**Assistant Principal:** Jesse Boyd

**Athletic/Activities Director:** Jerry Parrish

**Superintendent:** Mr. Robert G. Luttrell (Richmond County)

**Assistant AD:** Larry Barker

**Colors:** Red/Gray

**Mascot:** Raiders

Ath Trainer

Band William Fields

Baseball Larry Barker

Basket, b Jason Frye

Basket, g Ellen Gaines

Cheer Rachel Previs

Cr Writing

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

**Students** 375

**Gym Cap.** 500

**Stad. Cap.** 1200

Football William West

Forensics

Golf Paul Yackel

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b William West

Out Track, g Robin Cramp

**Group:** A

**Region:** A

**District:** Northern Neck

Scholastic

Soccer, b Virginia Smith

Soccer, g Brent Brown

Softball Ellen Gaines

Swim, b

Swim, g

Tennis, b Jackie Morris

Tennis, g Mary Pierandozzi

Theatre

Volley, b

Volley, g Dori Sanders

Wrestling

Yearbook Cindy Packett

**Div.:** 1

**School Phone:** 804-333-3551

**Athletics Office:** 804-333-4227

**School Fax:** 804-333-5186

## Rappahannock County

12576 Lee Highway / Washington, VA 22747

**Email:** robynpuryear@rappahannock.k12.va.us / bobczekaj@rappahannock.k12.va.us

**Principal:** Robyn Puryear

**Assistant Principal:** Not Filled

**Athletic/Activities Director:** Bob Czekaj (CAA)

**Superintendent:** Dr. Robert Chappell (Rappahannock County)

**Assistant AD:** Navy/Gold  
**Colors:** Panthers  
**Mascot:** Ath Trainer  
Band Matt Yonkey  
Baseball Jeff Jenkins  
Basket, b Bob Czekaj (CAA)  
Basket, g Scott Wilde  
Cheer Not Filled  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b David Gillis  
CrossC, g David Gillis  
Debate  
F Hockey

**Students** 330  
**Gym Cap.** 625  
**Stad. Cap.** 0

Football Mike Williams  
Forensics  
Golf Jason Gochenour  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Scott Stephens  
Out Track, g Scott Stephens

**Group:** A  
**Region:** B  
**District:** Bull Run

Scholastic  
Soccer, b Shay Bell  
Soccer, g David Gillis  
Softball Richie Burke  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre Caroline Gaddy  
Volley, b  
Volley, g Scott Wilde  
Wrestling Eric Brown  
Yearbook Joy Sours

## Richlands

Tornado Alley / Richlands, VA 24641-3097

**Email:** kwebb@tazewell.k12.va.us / rvencill@tazewell.k12.va.us

**Principal:** Karen Webb

**Assistant Principal:** Brenda Ayers

**Athletic/Activities Director:** Rickie Vencill

**Superintendent:** Dr. Brenda B. Lawson (Tazewell)

**Assistant AD:** Blue/Silver/White  
**Colors:** Blue Tornado  
**Mascot:** Ath Trainer  
Band Danny Swartz  
Baseball Brad Strong  
Basket, b James McGee  
Basket, g James Cochran  
Cheer Jennifer McGee  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Dennis Carr  
CrossC, g Carla Richardson  
Debate  
F Hockey

**Students** 750  
**Gym Cap.** 2300  
**Stad. Cap.** 5000

Football Greg Mance  
Forensics Judith Edgell  
Golf Matt Dixon  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Cheryl Ramsey  
Out Track, b Greg Mance  
Out Track, g D. Palmer

**Group:** AA  
**Region:** IV  
**District:** Southwest

Scholastic  
Soccer, b Dennis Carr  
Soccer, g LaRhonda Lindsey  
Softball Rhonda Blevins  
Swim, b Sherry White  
Swim, g Sherry White  
Tennis, b Jeffrey Tarter  
Tennis, g Christina Allsion  
Theatre  
Volley, b  
Volley, g Ronnie Sparks  
Wrestling Ronnie Sparks  
Yearbook Terri Mosley

**School Phone:** 276-964-4602

**Athletics Office:** 276-964-5543

**School Fax:** 276-963-1049

## Riverbend

12301 Spotswood Furnace Road / Fredericksburg, VA 22407

**Email:** sfitch@hs.spotsylvania.k12.va.us / dlancast@hs.spotsylvania.k12.va.us

**Principal:** Steve Fitch

**Assistant Principal:** Larry Marks, Brandon Hess, Christine Clark, Terecia Gill

**Athletic/Activities Director:** David Lancaster (CAA)

**Superintendent:** Dr. Jerry W. Hill (Spotsylvania)

**Assistant AD:** Royal Blue Emerald Green White  
**Colors:** Bears  
**Mascot:** Ath Trainer Scott Gravatt  
Band Laura Cole  
Baseball Tim Stimmel  
Basket, b Wayne Via  
Basket, g Claude Tyler  
Cheer Lynn Cobb  
Cr Writing Dan Walker  
Crew, b  
Crew, g  
CrossC, b Jeff Arnold  
CrossC, g Jeff Arnold  
Debate Not Filled  
F Hockey Regina Baker

**Students** 1860  
**Gym Cap.** 2500  
**Stad. Cap.** 6000

Football Drew Seaman  
Forensics Not Filled  
Golf Andrew Hence  
Gymnast, b  
Gymnast, g  
Ind Track, b Dustin Yudowitch  
Ind Track, g Dustin Yudowitch  
Lacrosse, b  
Lacrosse, g  
Magazine Dan Walker  
Newspaper Amy Gabriel  
Out Track, b Dustin Yudowitch  
Out Track, g Tony DeMarco

**Group:** AAA  
**Region:** Northwest  
**District:** Commonwealth

Scholastic  
Soccer, b Bob Stack  
Soccer, g Becca Berry  
Softball Molly Dempsey  
Swim, b Maggie Lancaster  
Swim, g Maggie Lancaster  
Tennis, b Randy Garr  
Tennis, g Fred Espinel  
Theatre Kelly Pere  
Volley, b  
Volley, g Lou Wondree  
Wrestling Josh Johnson  
Yearbook Andrea Shipp

**School Phone:** 540-548-4051

**Athletics Office:** 540-548-4051

**School Fax:** 540-548-2964

## Riverheads

19 Howardsville Road / Staunton, VA 24401-9499

**Email:** stbarnett@augusta.k12.va.us / mstevens@augusta.k12.va.us

**Principal:** P. Steve Barnett

**Assistant Principal:** Max Lowe, Matt Stevens

**Athletic/Activities Director:** Matt Stevens

**Superintendent:** Dr. Gary D. McQuain (Augusta)

**Assistant AD:**

**Colors:** Red/White/Black

**Mascot:** Gladiators

Ath Trainer Laura Wilkerson

Band Tracy Pyles

Baseball Rodney Painter

Basket, b John Corbett

Basket, g Richard Bell

Cheer Cherie LaPorte

Cr Writing

Crew, b

Crew, g

CrossC, b Doris Scott

CrossC, g Breanne Weisenburger

Debate

F Hockey

**Students** 525

**Gym Cap.** 1200

**Stad. Cap.** 2500

Football Robert Casto

Forensics Virginia Gano

Golf Scott Cassell

Gymnast, b

Gymnast, g

Ind Track, b Gene Wassick

Ind Track, g Gene Wassick

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Ron Wilkerson

Out Track, g Gene Wassick

**Group:** A

**Region:** B

**District:** Shenandoah

Scholastic Jo-EI Nelson

Soccer, b Richard Bell

Soccer, g Homes Tehrani

Softball Jenn Shnyder

Swim, b

Swim, g

Tennis, b Doris Scott

Tennis, g Steve Anson

Theatre Elizabeth Kelly

Volley, b

Volley, g Gretchen Schindler

Wrestling Eric Spath

Yearbook Cherie Taylor

**Div.:** 1

## James W. Robinson

5035 Sideburn Road / Fairfax, VA 22032-2637

**Email:** dan.meier@fcps.edu / michael.mcgurk@fcps.edu

**Principal:** Dan Meier

**Assistant Principal:** Terrance Yarborough, Keith Hall, Vicki Kagan, Terry Meade, Bill Evers, Deb Duncan, Deb Duncan, Joanne Leone, Rick Mondloch

**Athletic/Activities Director:** Mike McGurk (CAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Marty Riddle, Geoff Noto

**Colors:** Royal Blue/Gold

**Mascot:** Rams

Ath Trainer D. Cassidy, J. Perry

Band Denton Stokes

Baseball J.D. Detwiler

Basket, b Matt McKeag

Basket, g T.J. Dade

Cheer Jocelyn Swiger

Cr Writing Not Filled

Crew, b Rob Wazaloski

Crew, g Katie Wazaloski

CrossC, b Jeremy Workman

CrossC, g Jeremy Workman

Debate Not Filled

F Hockey Sheri Masich

**Students** 2750

**Gym Cap.** 5000

**Stad. Cap.** 7000

Football Mark Bendorf

Forensics Not Filled

Golf Chuck Humphries

Gymnast, b

Gymnast, g Not Filled

Ind Track, b Mark Gleason

Ind Track, g Mark Gleason

Lacrosse, b Justin Fitzgerald

Lacrosse, g Alison Cobb

Magazine Tim Harris

Newspaper Stephannie Axelrod

Out Track, b Jeremy Workman

Out Track, g Jeremy Workman

**Group:** AAA

**Region:** Northern

**District:** Concorde

Scholastic

Soccer, b Ryan Cox

Soccer, g Jim Rike

Softball Barry Gorodnick

Swim, b Rich Gordon

Swim, g Rich Gordon

Tennis, b Paul Fisher

Tennis, g Jim Fox

Theatre Chip Rome

Volley, b

Volley, g Jill Pearson

Wrestling Bryan Hazard

Yearbook Linda Hughes

**Div.:** 6

## Rockbridge County

143 Greenhouse Road / Lexington, VA 24450-8806

**Email:** jennifer\_weaver@rockbridge.k12.va.us / david\_miller@rockbridge.k12.va.us

**Principal:** Jennifer Weaver

**Assistant Principal:** Rick Lollis, Matthew Crossman, Joseph Gates

**Athletic/Activities Director:** David Miller

**Superintendent:** Dr. John T. Reynolds (Rockbridge)

**Assistant AD:**

**Colors:** Blue/Silver

**Mascot:** Wildcats

Ath Trainer Michele Dillon

Band Frank Sampson

Baseball Paige Owens

Basket, b Jason Buzzard

Basket, g David Downs

Cheer Emiline DeCristo

Cr Writing

Crew, b

Crew, g

CrossC, b Cynthia Spangler

CrossC, g Chris Bowring

Debate

F Hockey

**Students** 811

**Gym Cap.** 1400

**Stad. Cap.** 2500

Football Jason White

Forensics Amanda Merrill

Golf David Downs

Gymnast, b

Gymnast, g

Ind Track, b Bryant Mason

Ind Track, g Cynthia Spangler

Lacrosse, b Seth Goodhart

Lacrosse, g Jacky Foster

Magazine Davina Copsy

Newspaper Laura Shull

Out Track, b Jennifer Showalter

Out Track, g Jennifer Showalter

**Group:** AA

**Region:** III

**District:** Southern Valley

Scholastic

Soccer, b Not Filled

Soccer, g Emily Barker

Softball Bill Kessinger

Swim, b Leslie Ayers

Swim, g Leslie Ayers

Tennis, b Not Filled

Tennis, g Lisa Burks

Theatre Linda Gorman

Volley, b

Volley, g Shawn Laurendine

Wrestling Steve Kingery

Yearbook Greer Stene

**Div.:** 4

**School Phone:** 540-337-1921

**Athletics Office:** 540-337-3808

**School Fax:** 540-337-0258

**School Phone:** 703-426-2100

**Athletics Office:** 703-426-2125

**School Fax:** 703-426-2299

**School Phone:** 540-463-5555

**Athletics Office:** 540-463-4488

**School Fax:** 540-463-6152

## Rocky Gap

#2 Flying Eagle Boulevard, Box #9 / Rocky Gap, VA 24366

**Email:** gbrown@bland.k12.va.us

**Principal:** George Brown

**Assistant Principal:** Vicki Spurgeon

**Athletic/Activities Director:** Rich Hankins

**Superintendent:** Mr. Donald Hodock (Bland)

**Assistant AD:**

**Colors:** Navy/Orange/White

**Mascot:** Bears

**Ath Trainer**

**Band** Jimmy Jones

**Baseball** Mike Miller

**Basket, b** Rich Hankins

**Basket, g** Not Filled

**Cheer** Candace Longworth

**Cr Writing**

**Crew, b**

**Crew, g**

**CrossC, b** Brian Porter

**CrossC, g** Brian Porter

**Debate**

**F Hockey**

**Students** 121

**Gym Cap.** 600

**Stad. Cap.** 2000

**Football** Harris Hart

**Forensics**

**Golf** Guy Boone

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper** John Dodson

**Out Track, b** Harris Hart

**Out Track, g** Brian Porter

**Group:** A

**Region:** C

**District:** Mtn. Empire

**Scholastic** John Dodson

**Soccer, b**

**Soccer, g**

**Softball** Rich Hankins

**Swim, b**

**Swim, g**

**Tennis, b** Robbie Morehead

**Tennis, g** Detroit Lyons

**Theatre**

**Volley, b**

**Volley, g** Delores Gregory

**Wrestling**

**Yearbook** Marlene Belcher

**Div.:** 1

**School Phone:** 276-928-1100

**Athletics Office:** 276-928-1250

**School Fax:** 276-928-1988

## Rural Retreat

321 East Buck Avenue / Rural Retreat, VA 24368

**Email:** mlineal@wythe.k12.va.us / adrhea@wythe.k12.va.us

**Principal:** Michael Neal

**Assistant Principal:** Quinton Hensley

**Athletic/Activities Director:** Dean Rhea

**Superintendent:** Dr. Albert S. Armentrout (Wythe)

**Assistant AD:**

**Colors:** Orange/Black

**Mascot:** Indians

**Ath Trainer**

**Band** Chad Brooks

**Baseball** Jammie Hughes

**Basket, b** Michael Brown

**Basket, g** Russel Kelly

**Cheer** Kara Hunt

**Cr Writing**

**Crew, b**

**Crew, g**

**CrossC, b** Martin Hadaway

**CrossC, g** Martin Hadaway

**Debate**

**F Hockey**

**Football** Quinton Hensley

**Forensics** DeAnna Bradberry

**Golf** Doug Humphreys

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Michael Brown

**Out Track, g** Not Filled

**Group:** A

**Region:** C

**District:** Hogoheegee

**Scholastic**

**Soccer, b** Brian Alexander

**Soccer, g** Brian Alexander

**Softball** Mareen Nisch

**Swim, b**

**Swim, g**

**Tennis, b**

**Tennis, g**

**Theatre** Susan Sowers

**Volley, b**

**Volley, g** Angela McMillion

**Wrestling** Rick Boyd

**Yearbook** Marren Nisch

**Div.:** 1

**School Phone:** 276-686-4143

**Athletics Office:**

**School Fax:** 276-686-4601

## Rustburg

P. O. Box 830, 1671 Village Highway / Rustburg, VA 24588-0830

**Email:** dentonsisk@campbell.k12.va.us / pnazigian@campbell.k12.va.us

**Principal:** Denton Sisk

**Assistant Principal:** John Gloss, Paul Nazigian, Traci Lipscomb

**Athletic/Activities Director:** Paul Nazigian

**Superintendent:** Dr. George E. Nolley (Campbell)

**Assistant AD:**

**Colors:** Red/White

**Mascot:** Devils

**Ath Trainer** Not Filled

**Band** Mike Straw

**Baseball** Barry Godsey

**Basket, b** Matt Hildebrand

**Basket, g** Kim Trent

**Cheer** Stephanie Ragland

**Cr Writing** Denise Moran

**Crew, b**

**Crew, g**

**CrossC, b** Phillip Reynolds

**CrossC, g** Phillip Reynolds

**Debate**

**F Hockey**

**Football** Mark Ainsley

**Forensics** Jamie Banton

**Golf** David Dinwiddie

**Gymnast, b**

**Gymnast, g**

**Ind Track, b** Gerald Mosley

**Ind Track, g** Gerald Mosley

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Gerald Mosley

**Out Track, g** Gerald Mosley

**Group:** AA

**Region:** III

**District:** Seminole

**Scholastic**

**Soccer, b** John Grubba

**Soccer, g** Not Filled

**Softball** Michele Riddle

**Swim, b**

**Swim, g**

**Tennis, b** Danny Williams

**Tennis, g** Nikki Hughes

**Theatre** Erin Rierson

**Volley, b**

**Volley, g** Kristen Hardie

**Wrestling** Phillip Reynolds

**Yearbook** Nikki Hughes

**Div.:** 3

**School Phone:** 434-332-5171

**Athletics Office:**

**School Fax:** 434-332-1187

## Rye Cove

164 Eagles Nest Lane / Duffield, VA 24244

**Email:** rchprinc@scott.k12.va.us

**Principal:** James Meade

**Assistant Principal:** Reagan Mullins

**Athletic/Activities Director:** Jamie Carter

**Superintendent:** Mr. James B. Scott (Scott)

**Assistant AD:**

**Colors:** Navy Blue/Gold

**Mascot:** Eagles

**Ath Trainer**

**Band** Shelia King

**Baseball** Terry Fields

**Basket, b** Justin Seavers

**Basket, g** Jamie Carter

**Cheer** Tammy Cassell

**Cr Writing**

**Crew, b**

**Crew, g**

**CrossC, b**

**CrossC, g**

**Debate**

**F Hockey**

**Students** 242

**Gym Cap.** 900

**Stad. Cap.** 1200

**Football** Tom Callaway

**Forensics** Christy Head

**Golf** Mat Bays

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Adam Tony

**Out Track, g** Ashley Hall

**Group:** A

**Region:** D

**District:** Cumberland

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball** Alisha McClain

**Swim, b**

**Swim, g**

**Tennis, b**

**Tennis, g**

**Theatre** Joy Davidson

**Volley, b**

**Volley, g** Greg Gilliam

**Wrestling**

**Yearbook** Joy Davidson

**Div.: 1**

**School Phone:** 276-940-2701

**Athletics Office:** 276-940-2796

**School Fax:** 276-940-2277

## Saint Paul

3207 Deacon Drive, P. O. Box 976 / St. Paul, VA 24283-0966

**Email:** wpadgett@wise.k12.va.us / pdamron@wise.k12.va.us

**Principal:** Wait Padgett

**Assistant Principal:** Rick Thompson

**Athletic/Activities Director:** Patrick Damron

**Superintendent:** Dr. Gregory Killough (Wise)

**Assistant AD:**

**Colors:** Purple/Gold

**Mascot:** Deacons

**Ath Trainer**

**Band** Not Filled

**Baseball** Chris Clay

**Basket, b** Patrick Damron

**Basket, g** Not Filled

**Cheer** Twila Waldron

**Cr Writing** Frances Wall

**Crew, b**

**Crew, g**

**CrossC, b** Patrick Damron

**CrossC, g** Patrick Damron

**Debate**

**F Hockey**

**Students** 111

**Gym Cap.** 1200

**Stad. Cap.** 2500

**Football** Mark Palmer

**Forensics** Not Filled

**Golf** Rick Thompson

**Gymnast, b**

**Gymnast, g**

**Ind Track, b**

**Ind Track, g**

**Lacrosse, b**

**Lacrosse, g**

**Magazine**

**Newspaper**

**Out Track, b** Larry Waldron

**Out Track, g** Johnnie Davis

**Group:** A

**Region:** D

**District:** Cumberland

**Scholastic**

**Soccer, b**

**Soccer, g**

**Softball** Matt Meade

**Swim, b**

**Swim, g**

**Tennis, b**

**Tennis, g**

**Theatre** Susan Collins

**Volley, b**

**Volley, g**

**Wrestling** Kip Parsons

**Yearbook** Susan Collins

**Div.: 1**

**School Phone:** 276-762-2172

**Athletics Office:**

**School Fax:** 276-762-5580

## Salem (Salem)

400 Spartan Drive / Salem, VA 24153-3296

**Email:** jhall@salem.k12.va.us / shadaway@salem.k12.va.us

**Principal:** John Hall

**Assistant Principal:** Sandy Hadaway (CMAA), William Gerrol, Scott Habeeb

**Athletic/Activities Director:** Sandy Hadaway (CMAA)

**Superintendent:** Dr. Lorraine Lang (Salem)

**Assistant AD:** Charles Ward, Chris King

**Colors:** Maroon/Silver

**Mascot:** Spartans

**Ath Trainer** T. Driscoll, J. Hickerson

**Band** James Paxton

**Baseball** Jim Stepp

**Basket, b** Kevin Garst

**Basket, g** Dwayne Harrell

**Cheer** Laura Bolton

**Cr Writing** Fred Campbell

**Crew, b**

**Crew, g**

**CrossC, b** Tom Roth

**CrossC, g** Shelley Sayers

**Debate**

**F Hockey**

**Students** 1320

**Gym Cap.** 1500

**Stad. Cap.** 10000

**Football** Steve Magenbauer

**Forensics** Mark Ingerson

**Golf** Thad Snyder

**Gymnast, b**

**Gymnast, g**

**Ind Track, b** Larry Humphreys

**Ind Track, g** Tom Roth

**Lacrosse, b** David Turk

**Lacrosse, g** Susan Jolley

**Magazine** Fred Campbell

**Newspaper** Cheryl Cecere

**Out Track, b** Larry Humphreys

**Out Track, g** Tom Roth

**Group:** AA

**Region:** III

**District:** River Ridge

**Scholastic** Fred Campbell

**Soccer, b** Dean Jones

**Soccer, g** Josh Jones

**Softball** Not Filled

**Swim, b** Howard Butts

**Swim, g** Michelle Kovac

**Tennis, b** Michael Gibson

**Tennis, g** Not Filled

**Theatre** Rachel Sailer

**Volley, b**

**Volley, g** David Turk

**Wrestling** Randall Sell

**Yearbook** Katie Reed

**Div.: 4**

**School Phone:** 540-387-2437

**Athletics Office:**

**School Fax:** 540-387-2543

## Salem (Virginia Beach)

1993 SunDevil Drive / Virginia Beach, VA 23464-8522

**Email:** donald.robertson@vbschools.com / mark.harrison@vbschools.com

**Principal:** Donald Robertson

**Assistant Principal:** Kurt Kreassig, Ann Shows, Tony Anderson, Reba Jacobs-Miller

**Athletic/Activities Director:** Mark Harrison

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** S. Scarborough, J. Byzewski

**Students** 1800

**Colors:** Scarlet/Black/Silver/White

**Gym Cap.** 3000

**Mascot:** Sun Devils

**Stad. Cap.** 4000

**Ath Trainer** B. Isner, M. Mosciano

**Football** Robert Jackson

**Band** Simone Garza

**Forensics** Cosette Livas

**Baseball** Pete Zell

**Golf** Sue Rusnock

**Basket, b** Bill Cochrane

**Gymnast, b**

**Basket, g** Tim Carr

**Gymnast, g** Wendy Cauthen

**Cheer** Nyah Hamlett

**Ind Track, b** Vincent Pugh

**Cr Writing** Ray Obispo

**Ind Track, g** George Porter

**Crew, b**

**Lacrosse, b**

**Crew, g**

**Lacrosse, g**

**CrossC, b** Krista Lewis

**Magazine** Ray Obispo

**CrossC, g** Krista Lewis

**Newspaper** Heather Carasella

**Debate** Not Filled

**Out Track, b** Vincent Pugh

**F Hockey** Sandy Szilassy

**Out Track, g** George Porter

**Group:** AAA

**Div.:** 6

**Region:** Eastern

**District:** Beach

**Scholastic**

**Soccer, b** Not Filled

**Soccer, g** John Byzewski

**Softball** Jason Barefoot

**Swim, b** Abbey Cook

**Swim, g** Abbey Cook

**Tennis, b** George Thurman

**Tennis, g** Linda Cascio

**Theatre** Martha Baker

**Volley, b** Jerry Rodriguez

**Volley, g** Elizabeth Kress

**Wrestling** Steve Marable

**Yearbook** Maria T. Ripoll

## Sherando

185 South Warrior Drive / Stephens City, VA 22655-3251

**Email:** nelsonj@frederick.k12.va.us / barbej@frederick.k12.va.us

**Principal:** John Nelson

**Assistant Principal:** Gary Tisinger, Kathy Fout, Kathy Konopa

**Athletic/Activities Director:** Jason Barbe (CAA)

**Superintendent:** Ms. Patricia Taylor (Frederick)

**Assistant AD:** William Andrews

**Students** 1400

**Colors:** Scarlet/Black/White

**Gym Cap.** 1200

**Mascot:** Warriors

**Stad. Cap.** 4000

**Ath Trainer** Tim Duval

**Football** Bill Hall

**Band** Ryan Dempsey

**Forensics** Archie Painter

**Baseball** Pepper Martin

**Golf** Rob Wright

**Basket, b** Garland Williams

**Gymnast, b**

**Basket, g** Tim Davis

**Gymnast, g**

**Cheer** Jody Frye

**Ind Track, b** Tom Grim

**Cr Writing** Trevor Johnson

**Ind Track, g** Tom Grim

**Crew, b**

**Lacrosse, b**

**Crew, g**

**Lacrosse, g**

**CrossC, b** Tim Ritter

**Magazine** Trevor Johnson

**CrossC, g** Tim Ritter

**Newspaper** John Partington

**Debate** Archie Painter

**Out Track, b** Tom Grim

**F Hockey**

**Out Track, g** Tom Grim

**Group:** AA

**Div.:** 4

**Region:** II

**District:** Northwestern

**Scholastic**

**Soccer, b** Pat Anderson

**Soccer, g** Rob Kilmer

**Softball** Erin Bundrick

**Swim, b** Joe Knight

**Swim, g** Joe Knight

**Tennis, b** Steve Jennings

**Tennis, g** James Minney

**Theatre** Archie Painter

**Volley, b**

**Volley, g** James Minney

**Wrestling** Pepper Martin

**Yearbook** Trevor Johnson

## Skyline

151 Skyline Vista Drive / Front Royal, VA 22630

**Email:** akeller@wcps.k12.va.us / mpatierno@wcps.k12.va.us

**Principal:** Andrew Keller

**Assistant Principal:** Jody Lee, Susanne Cline, Michael Smith, Josh Mosher

**Athletic/Activities Director:** Michael Patierno

**Superintendent:** Mrs. Pamela M. McClinnis (Warren)

**Assistant AD:** Blue/Green/Gold

**Students** 0

**Colors:** Blue/Green/Gold

**Gym Cap.** 1400

**Mascot:** Hawks

**Stad. Cap.** 2500

**Ath Trainer** Amy Derflinger

**Football** Heath Gilbert

**Band** Kim Kiec

**Forensics** Richard Follett

**Baseball** Not Filled

**Golf** Frank Moxie

**Basket, b** Leonard (Sonny) Dyke

**Gymnast, b**

**Basket, g** Andrew Lacey

**Gymnast, g**

**Cheer** Christy Baylis

**Ind Track, b** Not Filled

**Cr Writing** Stephanie Tharpe

**Ind Track, g** Not Filled

**Crew, b**

**Lacrosse, b**

**Crew, g**

**Lacrosse, g**

**CrossC, b** Mike Tanner

**Magazine**

**CrossC, g** Mary Catherine Funk

**Newspaper**

**Debate** Richard Follett

**Out Track, b** Not Filled

**F Hockey**

**Out Track, g** Not Filled

**Group:** AA

**Div.:** 3

**Region:** II

**District:** Northwestern

**Scholastic** Marilyn Corker

**Soccer, b** Not Filled

**Soccer, g** John Moore

**Softball** Not Filled

**Swim, b**

**Swim, g**

**Tennis, b** John Natalie

**Tennis, g** Christy Baylis

**Theatre** Richard Follett

**Volley, b**

**Volley, g** Mirsad Mehic

**Wrestling** Matt Keel

**Yearbook**

**School Phone:** 540-869-0060

**Athletics Office:** Ext. 275

**School Fax:** 540-869-5183

**School Phone:** 540-631-0366

**Athletics Office:** Ext. 31114

**School Fax:** 540-635-4026

## Oscar Smith

1994 Tiger Drive / Chesapeake, VA 23320

**Email:** andrejma@cps.k12.va.us / parktpa@cps.k12.va.us

**Principal:** Jan Andrejco

**Assistant Principal:** Sarah Rhodes, Phil Webb, Kamar Khoshaba, Joe Denson, Charles Stukes

**Athletic/Activities Director:** Todd Parker (RAA)

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

**Assistant AD:** Blue/White/Gold  
**Colors:** Tigers  
**Mascot:** Ath Trainer Erica Borgia  
Band James Wilson  
Baseball Mike Tarbox  
Basket, b LaVar Griffin  
Basket, g Not Filled  
Cheer Becky Gordillo  
Cr Writing John Kraemer  
Crew, b  
Crew, g  
CrossC, b Rob Kirkman  
CrossC, g Rob Kirkman  
Debate Beth Craig  
F Hockey John Kraemer

**Students** 2300  
**Gym Cap.** 3840  
**Stad. Cap.** 8000

Football Richard Morgan  
Forensics Kathy Jamerson  
Golf Steve Buonviri  
Gymnast, b  
Gymnast, g Elisabeth Coker  
Ind Track, b Chris Lolagne  
Ind Track, g David Craig  
Lacrosse, b  
Lacrosse, g  
Magazine Julie Bailey  
Newspaper Marianne McMillin  
Out Track, b Chris Lolagne  
Out Track, g Chris Brumm

**Group:** AAA  
**Region:** Eastern  
**District:** Southeastern

**Div.:** 6

Scholastic  
Soccer, b Brandon Spontak  
Soccer, g Stacey Gause  
Softball Pete Thompson  
Swim, b Jenn Holbach  
Swim, g Jenn Holbach  
Tennis, b Sandy Williams  
Tennis, g George Sheperty  
Theatre M. Naccarato  
Volley, b Ray Collins  
Volley, g Karen Hill  
Wrestling Sidney Savoy  
Yearbook Lisa Arrington

## Smithfield

14171 Turner Drive / Smithfield, VA 23430-6675

**Email:** rmercer@iwcs.k12.va.us / mblount@iwcs.k12.va.us

**Principal:** Rebecca Mercer

**Assistant Principal:** Cecilia Wilson, Howard Freeman

**Athletic/Activities Director:** Miles Blount II

**Superintendent:** Dr. Michael W. McPherson (Isle of Wight)

**Assistant AD:** Royal Blue/Vegas Gold  
**Colors:** Packers  
**Mascot:** Ath Trainer Physical Works  
Band Curtis Brown  
Baseball Brian Thrift  
Basket, b Steve Artis  
Basket, g Richard Pullen  
Cheer Kim Summerlin  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Christy Rich  
CrossC, g Christy Rich  
Debate  
F Hockey

**Students** 1150  
**Gym Cap.** 2200  
**Stad. Cap.** 3100

Football Chris Fraser  
Forensics  
Golf Jodi Stambaugh  
Gymnast, b  
Gymnast, g  
Ind Track, b Bill Bowser  
Ind Track, g Bill Bowser  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Not Filled  
Out Track, b Chris Fraser  
Out Track, g Bill Bowser

**Group:** AA  
**Region:** I  
**District:** Bay Rivers

**Div.:** 4

Scholastic  
Soccer, b Justin Dickinson  
Soccer, g Carola Riegner  
Softball Cathy Riddick  
Swim, b Cathy Riddick  
Swim, g Cathy Riddick  
Tennis, b Thomas Sauber  
Tennis, g Greg Ruffin  
Theatre Thomas Sauber  
Volley, b  
Volley, g Kim Pierce  
Wrestling Tyler Mosley  
Yearbook Sue Ardelji

## South County

8501 Silverbrook Road / Lorton, VA 22079

**Email:** Dale.Rumberger@fcps.edu / Robert.McKeag@fcps.edu

**Principal:** Jane Lipp, Associate Principal, Dale Rumberger, Principal, Kaaren Lowder, Admin. Principal

**Assistant Principal:** Gary Morris, Paula Di Salvo, Mary McAduy

**Athletic/Activities Director:** Bob McKeag

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** B. Mahony, M. Pflugrath, P.  
**Colors:** F. Green/Silver/N. Blue  
**Mascot:** Stallions  
Ath Trainer J. Thompson, B. Clark  
Band Alan Johnson  
Baseball Mark Luther  
Basket, b Mike Pflugrath  
Basket, g Jason Grubb  
Cheer Ashley Lintott  
Cr Writing Troy Ketch  
Crew, b Christopher Miller  
Crew, g Christopher Miller  
CrossC, b Robert Christie  
CrossC, g Robert Christie  
Debate Not Filled  
F Hockey Leah Conte

**Students** 1950  
**Gym Cap.** 2600  
**Stad. Cap.** 5000

Football Pete Bendorf  
Forensics Not Filled  
Golf John Caulfield  
Gymnast, b  
Gymnast, g Not Filled  
Ind Track, b Greg Rowe  
Ind Track, g Greg Rowe  
Lacrosse, b David Baggetta  
Lacrosse, g Barbara Mahony  
Magazine Troy Ketch  
Newspaper Not Filled  
Out Track, b Greg Rowe  
Out Track, g Greg Rowe

**Group:** AAA  
**Region:** Northern  
**District:** Patriot

**Div.:** 6

Scholastic  
Soccer, b Erich Gunderman  
Soccer, g Maureen Saale  
Softball Al Thompson  
Swim, b Robert Jones  
Swim, g Jen McFeely  
Tennis, b Lou Gates  
Tennis, g Tom Demharter  
Theatre Sherry Johnson  
Volley, b  
Volley, g David Prah  
Wrestling Andy Jimmo  
Yearbook Leana Jensen

## South Lakes

11400 South Lakes Drive / Reston, VA 20191-4199

**Email:** bruce.butler@fcps.edu / linda.jones@fcps.edu

**Principal:** Bruce Butler

**Assistant Principal:** Kim Retzer, Not Filled, Tim Arrington, Not Filled, Ronnie Altobelli

**Athletic/Activities Director:** Linda Jones

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** L. Trout, J. Ellenberger

**Colors:** Kelly Green/Royal Blue

**Mascot:** Seahawks

Ath Trainer K. Hulnick, B. Koble

Band Grayson Fore

Baseball Galvin Morris

Basket, b Darryl Branch

Basket, g Christy Scott

Cheer Becky Slaight

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Maurice Weaver

CrossC, g Kevin Donovan

Debate L. Greb, U. Kirschner

F Hockey Not Filled

**Students** 1460

**Gym Cap.** 3000

**Stad. Cap.** 6000

Football John Ellenberger

Forensics Maria Harris

Golf Jeff Elliott

Gymnast, b

Gymnast, g Becky Slaight

Ind Track, b Maurice Weaver

Ind Track, g Not Filled

Lacrosse, b Matt Blamey

Lacrosse, g Not Filled

Magazine

Newspaper Andrea Harding

Out Track, b Maurice Weaver

Out Track, g Not Filled

**School Phone:** 703-715-4500

**Athletics Office:** 703-715-4517

**School Fax:** 703-715-4597

**Group:** AAA

**Region:** Northern

**District:** Liberty

Scholastic

Soccer, b Corrie Adams

Soccer, g Joanie Murphy

Softball Not Filled

Swim, b Scott Brown

Swim, g Scott Brown

Tennis, b Jason Nam

Tennis, g Don Pinto

Theatre Maria Harris

Volley, b

Volley, g Sam Farrar

Wrestling Not Filled

Yearbook Anne Sykes

**Div.:** 5

## Southampton

23350 Southampton Parkway / Courtland, VA 23837-2377

**Email:** aatkins21@yahoo.com / aatkinson@southampton.k12.va.us

**Principal:** Allene Atkinson

**Assistant Principal:** Littleton Parker, John Hogan

**Athletic/Activities Director:** Littleton Parker

**Superintendent:** Mr. Charles E. Turner (Southampton)

**Assistant AD:** Aronda Bell

**Colors:** Red/White

**Mascot:** Indians

Ath Trainer

Band Stafford Claud

Baseball Wes Griffith

Basket, b Martin Astrop

Basket, g Aronda Bell

Cheer Michelle Faison

Cr Writing

Crew, b

Crew, g

CrossC, b Ronnie Smithwick

CrossC, g Ronnie Smithwick

Debate Todd Kessler

F Hockey William Whitehurst

Football Littleton Parker

Forensics Todd Kessler

Golf Bob Woulf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Shannon Gray

Out Track, b Martin Astrop

Out Track, g Michelle Faison

**Group:** AA

**Region:** I

**District:** Bay Rivers

Scholastic

Soccer, b Scott Edwards

Soccer, g

Softball Not Filled

Swim, b

Swim, g

Tennis, b Larry Rose

Tennis, g Diane Seward

Theatre Renee Elliott

Volley, b

Volley, g Diane Seward

Wrestling Jason Brittle

Yearbook Shannon Gray

**Div.:** 3

**School Phone:** 757-653-2751

**Athletics Office:**

**School Fax:** 757-653-0414

## Spotswood

368 Blazer Drive / Penn Laird, VA 22846

**Email:** twoodward@rockingham.k12.va.us / mdonnellan@rockingham.k12.va.us

**Principal:** Tim Woodward

**Assistant Principal:** Joe Taylor, Alicia Corral-Clark, Robert Dansey

**Athletic/Activities Director:** Mary Donnellan (CAA)

**Superintendent:** Dr. Carol Fenn (Rockingham)

**Assistant AD:**

**Colors:** Royal Blue/Gray

**Mascot:** Trailblazers

Ath Trainer John Roberts

Band Greg Oaks

Baseball Mike Thompson

Basket, b Chad Edwards

Basket, g Chris Dodson

Cheer Brandy Strickler

Cr Writing Barbara Blansett

Crew, b

Crew, g

CrossC, b Sue Rinker

CrossC, g Chip Long

Debate Emmett Sheahan

F Hockey

Football Eric Phillips

Forensics Not Filled

Golf Linda Failes

Gymnast, b

Gymnast, g

Ind Track, b Chip Long

Ind Track, g Sue Rinker

Lacrosse, b

Lacrosse, g

Magazine Barbara Blansett

Newspaper

Out Track, b Chip Long

Out Track, g Sue Rinker

**Group:** AA

**Region:** III

**District:** Massanutten

Scholastic

Soccer, b Steve Rittenhouse

Soccer, g Not Filled

Softball Bob Lewellen

Swim, b Barbara Palmer

Swim, g Barbara Palmer

Tennis, b Aaron Good

Tennis, g Linda Failes

Theatre Kathlyn Milligan

Volley, b

Volley, g Jim Roth

Wrestling Not Filled

Yearbook Debra Pugh

**Div.:** 4

**School Phone:** 540-289-3100

**Athletics Office:** 540-289-3100

**School Fax:** 540-289-3301



## Spotsylvania

6975 Courthouse Road / Spotsylvania, VA 22553-3322

**Email:** rdavis@hs.spotsylvania.k12.va.us / mherndon@hs.spotsylvania.k12.va.us

**Principal:** Russell Davis

**Assistant Principal:** Veronne Davis, Lisa Andrus

**Athletic/Activities Director:** Buddy Herndon

**Superintendent:** Dr. Jerry W. Hill (Spotsylvania)

**Assistant AD:** Johnnie Ellis

**Colors:** Red/White/Navy Blue

**Mascot:** Knights

|                            |                                    |
|----------------------------|------------------------------------|
| Ath Trainer Daniela Revels | Football Myron Mythias             |
| Band Robert Pomerleau      | Forensics Bonnie Woodhouse         |
| Baseball Brad Kocher       | Golf Daniel Schaffer               |
| Basket, b Alan Dunn        | Gymnast, b                         |
| Basket, g Warren Tyler     | Gymnast, g                         |
| Cheer Carrie Lowery        | Ind Track, b Erica Worthen         |
| Cr Writing David Sellers   | Ind Track, g Erica Worthen         |
| Crew, b                    | Lacrosse, b                        |
| Crew, g                    | Lacrosse, g                        |
| CrossC, b Erica Worthen    | Magazine David Sellers             |
| CrossC, g Erica Worthen    | Newspaper Not Filled               |
| Debate Bonnie Woodhouse    | Out Track, b Matthew Rothlisberger |
| F Hockey Christine Farrar  | Out Track, g Erica Worthen         |

**Students** 1200

**Gym Cap.** 2000

**Stad. Cap.** 4500

**Group:** AA

**Region:** I

**District:** Battlefield

**Div.:** 4

Scholastic

Soccer, b Kevin Berry

Soccer, g Daniel Schaffer

Softball Danny Brooks

Swim, b Stacy Laine

Swim, g Stacy Laine

Tennis, b Not Filled

Tennis, g Not Filled

Theatre Scott Quinn

Volley, b

Volley, g Not Filled

Wrestling Joseph Wood

Yearbook Bonnie Woodhouse

## Stafford

33 Stafford Indian Lane / Fredericksburg, VA 22405-5308

**Email:** cholder@staffordschools.net / indians79@hotmail.com

**Principal:** Tricia S. Jacobs

**Assistant Principal:** Jon Conner, Mary Frances George

**Athletic/Activities Director:** Wes Bergazzi (CAA)

**Superintendent:** Dr. David Sawyer (Stafford)

**Assistant AD:**

**Colors:** Blue/Gold

**Mascot:** Indians

|                           |                          |
|---------------------------|--------------------------|
| Ath Trainer Ben Colwell   | Football Roger Pierce    |
| Band Chuck Hite           | Forensics Jeff Clevenger |
| Baseball Dan Beverly      | Golf Dale Portner        |
| Basket, b Steve Spicer    | Gymnast, b               |
| Basket, g June Hinckley   | Gymnast, g Shawn Engle   |
| Cheer Kristi Proudfoot    | Ind Track, b Not Filled  |
| Cr Writing Joyce Schaller | Ind Track, g Not Filled  |
| Crew, b                   | Lacrosse, b Brian Fuller |
| Crew, g                   | Lacrosse, g              |
| CrossC, b Nick Candela    | Magazine                 |
| CrossC, g Angela Candela  | Newspaper Sue Gill       |
| Debate Eric Powell        | Out Track, b Not Filled  |
| F Hockey Robin Woodie     | Out Track, g Not Filled  |

**Students** 1800

**Gym Cap.** 2000

**Stad. Cap.** 6000

**Group:** AAA

**Region:** Northwest

**District:** Commonwealth

**Div.:** 6

Scholastic Barbara Rankin

Soccer, b David Sweazey

Soccer, g Liz Stevens

Softball John Spiak

Swim, b Maggie Lancaster

Swim, g Maggie Lancaster

Tennis, b Chris Hylton

Tennis, g Patrick Miller

Theatre Jeff Clevenger

Volley, b

Volley, g Demaris Brown

Wrestling John Spiak

Yearbook Not Filled

**School Phone:** 540-371-7200

**Athletics Office:**

**School Fax:** 540-371-2389

## Staunton River

1095 Golden Eagle Drive / Moneta, VA 24121

**Email:** mkelly@bedford.k12.va.us / rfalls@bedford.k12.va.us

**Principal:** Michael Kelly

**Assistant Principal:** Scott Simmons, Lawanda Lowry

**Athletic/Activities Director:** Ricky Falls

**Superintendent:** Dr. James G. Blevins (Bedford)

**Assistant AD:**

**Colors:** Gold/White/Black

**Mascot:** Golden Eagles

|                            |                            |
|----------------------------|----------------------------|
| Ath Trainer Alicia McClure | Football David Rocco       |
| Band Kevin Reamy           | Forensics Kristen Oni      |
| Baseball Brian Divers      | Golf Rob Sowder            |
| Basket, b Chris Carr       | Gymnast, b                 |
| Basket, g Kim Jones        | Gymnast, g                 |
| Cheer Annette Jenkins      | Ind Track, b Joe Curcio    |
| Cr Writing                 | Ind Track, g Kenny Waldron |
| Crew, b                    | Lacrosse, b                |
| Crew, g                    | Lacrosse, g                |
| CrossC, b Joe Hubble       | Magazine Sue Hubble        |
| CrossC, g Joe Hubble       | Newspaper                  |
| Debate Shawn Tickle        | Out Track, b Joe Curcio    |
| F Hockey                   | Out Track, g Kenny Waldron |

**Students** 1100

**Gym Cap.** 1500

**Stad. Cap.** 2000

**Group:** AA

**Region:** III

**District:** Seminole

**Div.:** 4

Scholastic

Soccer, b Paul Martin

Soccer, g Kenneth Young

Softball Hoyt Dellis

Swim, b Lori Gibson

Swim, g Lori Gibson

Tennis, b Todd Johnson

Tennis, g

Theatre Sheri Given

Volley, b

Volley, g Rich Northrup

Wrestling Ronnie Long

Yearbook

**School Phone:** 540-297-7151

**Athletics Office:** 540-297-7151

**School Fax:** 540-297-4514

## Stone Bridge

43100 Hay Road / Ashburn, VA 20147

**Email:** james.person@loudoun.k12.va.us / dave.hembach@loudoun.k12.va.us

**Principal:** James Person

**Assistant Principal:** Matt Wilburn, Jan Whitfield, Not Filled

**Athletic/Activities Director:** Dave Hembach (CAA)

**Superintendent:** Dr. Edgar B. Hatrick, III (Loudoun)

**Assistant AD:** Jerry Smith

**Colors:** N. Blue/Silver/C. Blue/White

**Mascot:** Bulldogs

Ath Trainer Mark Wagner

Band David Keller

Baseball Sam Plank

Basket, b Sonny Green

Basket, g Brian Parke

Cheer Not Filled

Cr Writing Mike Faul

Crew, b

Crew, g

CrossC, b Jen Oblas

CrossC, g Jen Oblas

Debate Anthony Whitten

F Hockey

**Students** 1600

**Gym Cap.** 1600

**Stad. Cap.** 3000

Football Mickey Thompson

Forensics

Golf

Gymnast, b

Gymnast, g Kelly Harasek

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g Not Filled

Magazine Dana Drever

Newspaper Thomas Clawson

Out Track, b Cassandra Donahue

Out Track, g Matt Henry

**Group:** AAA

**Region:** Northern

**District:** Liberty

Scholastic

Soccer, b Randall May

Soccer, g Rae-Ann Taylor

Softball Stephanie Tidwell

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Rachel Scribner

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 5

## Strasburg

250 Ram Drive / Strasburg, VA 22657-2246

**Email:** mjdorman@shenandoah.k12.va.us / mrhiserman@shenandoah.k12.va.us

**Principal:** Mike Dorman

**Assistant Principal:** Morgan Saeler

**Athletic/Activities Director:** Matt Hiserman

**Superintendent:** Dr. B. Keith Rowland (Shenandoah)

**Assistant AD:** Millson French

**Colors:** Purple/White

**Mascot:** Rams

Ath Trainer Abbie Hansberger

Band Joel Hartshorn

Baseball Jeff Smoot

Basket, b Millson French

Basket, g Joel Morgan

Cheer Anne Gorman

Cr Writing Erin Hubbard

Crew, b

Crew, g

CrossC, b Jeff Rudy

CrossC, g Jeff Rudy

Debate

F Hockey

**Students** 630

**Gym Cap.** 1250

**Stad. Cap.** 2500

Football Glenn Proctor

Forensics Erin Hubbard

Golf Bert Martin

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Glenn Proctor

Out Track, g Glenn Proctor

**Group:** A

**Region:** B

**District:** Bull Run

Scholastic

Soccer, b John Davis

Soccer, g

Softball Suzanne Mathias

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre

Volley, b

Volley, g

Wrestling

Yearbook

**Div.:** 2

## J.E.B. Stuart

3301 Peace Valley Lane / Falls Church, VA 22044-1508

**Email:** Pamela.Jones@fcps.edu / E.W.Nowland@fcps.edu

**Principal:** Pamela Jones

**Assistant Principal:** Shawn DeRose, Frank Brady, Michelle Whalen

**Athletic/Activities Director:** E. W. Nowland III

**Superintendent:** Dr. Lois Berlin (Falls Church)

**Assistant AD:** B. Garvey, S. Ponton

**Colors:** Red/White/Navy Blue

**Mascot:** Raiders

Ath Trainer K. Berg, M. Baquilod

Band Doug Martin

Baseball Todd Burger

Basket, b Antonio Harris

Basket, g Ron Wilson

Cheer Debbie O'Rourke

Cr Writing

Crew, b Reid Voss

Crew, g Reid Voss

CrossC, b Ron Wilson/Ron Kronlage

CrossC, g Ron Wilson, Ron Kronlage

Debate Molly Lord

F Hockey Bonnie O'Day

**Students** 1490

**Gym Cap.** 1200

**Stad. Cap.** 4500

Football Baha Ahmed

Forensics Molly Lord

Golf Eric Welch

Gymnast, b

Gymnast, g

Ind Track, b Erik Beall

Ind Track, g Erik Beall

Lacrosse, b Hendrick Booz

Lacrosse, g Jennifer Leslie

Magazine Jennifer Simons

Newspaper Amelia Townsend

Out Track, b Erik Beall

Out Track, g Erik Beall

**Group:** AAA

**Region:** Northern

**District:** National

Scholastic

Soccer, b James Rodden

Soccer, g Carl Horsham

Softball MK Jennings

Swim, b Lindsay Foelber

Swim, g Lindsay Foelber

Tennis, b Matt Hills

Tennis, g Tracy Cronin

Theatre Cheryl Binkley

Volley, b

Volley, g Sharon Ponton

Wrestling Shawn Hutchison

Yearbook Matt Thompson

**Div.:** 5

**School Phone:** 540-465-5195

**Athletics Office:** 540-465-8669

**School Fax:** 540-465-5461

**School Phone:** 703-824-3900

**Athletics Office:** 703-824-3960

**School Fax:** 703-824-8968

## Stuarts Draft

1028 Augusta Farms Road / Stuarts Draft, VA 24477-9718

**Email:** tncollins@augusta.k12.va.us / shartley@augusta.k12.va.us

**Principal:** Nate Collins

**Assistant Principal:** Sara Quinn, Craig Martin

**Athletic/Activities Director:** Steve Hartley (RAA)

**Superintendent:** Dr. Gary D. McQuain (Augusta)

**Assistant AD:**

**Colors:** Maroon/White

**Mascot:** Cougars

Ath Trainer Katie Roberts

Band James Taylor

Baseball Josh Podgorski

Basket, b Mike Gale

Basket, g Marc Sweigert

Cheer Kim Culler

Cr Writing Judy Hevener

Crew, b

Crew, g

CrossC, b Allen Clifton

CrossC, g Steve Bridge

Debate

F Hockey

**Students** 775

**Gym Cap.** 1200

**Stad. Cap.** 2000

Football Rod Bowers

Forensics Sonya Craig

Golf Kevin Helmick

Gymnast, b

Gymnast, g

Ind Track, b Allen Clifton

Ind Track, g Allen Clifton

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Shawn Baska

Out Track, g Allen Clifton

**Group:** AA

**Region:** III

**District:** Southern Valley

Scholastic

Soccer, b Chris Loomis

Soccer, g Jill Laufer

Softball Michelle Campbell

Swim, b

Swim, g

Tennis, b Al Hite

Tennis, g Tom Goforth

Theatre Jonathan Kern

Volley, b

Volley, g Kami Meeteer

Wrestling Chip Campbell

Yearbook Kimberly Wise

**Div.:** 3

## Surry County

1675 Hollybush Road / Dendron, VA 23839-2201

**Email:** Rita\_Holmes@surryschools.net / Patrick\_Barnes@surryschools.net

**Principal:** Rita Holmes

**Assistant Principal:** Todd Neal

**Athletic/Activities Director:** T. Patrick Barnes

**Superintendent:** Mr. Lloyd Hamlin (Surry)

**Assistant AD:**

**Colors:** Royal Blue/Gold

**Mascot:** Cougars

Ath Trainer

Band Ronald Watson

Baseball James Pike

Basket, b Landon Pittman

Basket, g Jarrod Pierce

Cheer Shanda Poole

Cr Writing

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

Football Ervin Jones

Forensics

Golf James Pike

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Ervin Jones

Out Track, g Detric Smith

**Group:** A

**Region:** A

**District:** Tri-Rivers

Scholastic

Soccer, b Jackie Johnson

Soccer, g

Softball Jarrod Pierce

Swim, b

Swim, g

Tennis, b Lisa Allmond

Tennis, g Not Filled

Theatre Adrian Taylor

Volley, b

Volley, g Lisa Allmond

Wrestling

Yearbook

**Div.:** 1

**School Phone:** 757-267-2211

**Athletics Office:** 757-267-2212

**School Fax:** 757-267-2978

## Sussex Central

21394 Sussex Drive, P. O. Box 1307 / Sussex, VA 23884-0307

**Email:** ajarrett@sussex.k12.va.us / slatham@sussex.k12.va.us

**Principal:** Arthur Jarrett, Jr.

**Assistant Principal:** Sarah Mason

**Athletic/Activities Director:** Stan Latham

**Superintendent:** Dr. Charles H. Harris, III (Sussex)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Tigers

Ath Trainer

Band Louis Simmons

Baseball David Trombley

Basket, b Ricket Barefoot

Basket, g Devonia Nixon

Cheer Lakeisha Ellis

Cr Writing Don Mudrick

Crew, b

Crew, g

CrossC, b William Ricks

CrossC, g William Ricks

Debate

F Hockey

Football Curtis Jefferson

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b William Ricks

Out Track, g Eugene Roberts

**Group:** A

**Region:** A

**District:** Tri-Rivers

Scholastic

Soccer, b

Soccer, g

Softball Donald Mudrick

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Deborah Madewell

Volley, b

Volley, g Tahesha Harrison

Wrestling Adrian Foster

Yearbook

**Div.:** 1

**School Phone:** 434-246-6051

**Athletics Office:** 434-246-9250

**School Fax:** 434-246-5503

## Tabb

4431 Big Bethel Road / Yorktown, VA 23693-3124

**Email:** label@ycsd.york.va.us / cminnick@ycsd.york.va.us

**Principal:** Laura Abel

**Assistant Principal:** Douglas Hartley, Serbrenia Sims

**Athletic/Activities Director:** Connie Minnick (RAA)

**Superintendent:** Dr. Steven R. Staples (York)

**Assistant AD:** Mike Dow, Joe Levi

**Colors:** Orange/White/Black

**Mascot:** Tigers

Ath Trainer Julie Rhue  
Band Adam Waller  
Baseball Doug Baggett  
Basket, b Doug Baggett  
Basket, g Kay Aultman  
Cheer Shelley Pagan  
Cr Writing Elizabeth Milne  
Crew, b  
Crew, g  
CrossC, b George Coulter  
CrossC, g George Coulter  
Debate Brenda Oswald  
F Hockey Wendy Wilson

Football Matt Lawson  
Forensics Elizabeth Milne  
Golf Bob Brownschidle  
Gymnast, b  
Gymnast, g  
Ind Track, b George Coulter  
Ind Track, g George Coulter  
Lacrosse, b  
Lacrosse, g  
Magazine Elizabeth Milne  
Newspaper Jessica Austin  
Out Track, b Lucas Brown  
Out Track, g George Coulter

**Students** 1287

**Gym Cap.** 1000

**Stad. Cap.** 4000

**Group:** AA

**Region:** I

**District:** Bay Rivers

Scholastic

Soccer, b Scott Kuhnle

Soccer, g Nathan Sharp

Softball Kay Aultman

Swim, b Sarah Miller

Swim, g

Tennis, b Joe Levi

Tennis, g Gary Williams

Theatre Jack Poland

Volley, b

Volley, g Lee Thornhill

Wrestling Doug Roper

Yearbook Melinda Schenkkan

**Div.:** 4

## Tallwood

1668 Kempsville Road / Virginia Beach, VA 23464-7102

**Email:** jobyina.caldwell@vbschools.com / cjanders@vbschools.com

**Principal:** Jobyina Caldwell

**Assistant Principal:** Patrick Wroton, Daniel Keiver, Robin Reese, Sharon Mims

**Athletic/Activities Director:** Christine Anderson (CAA)

**Superintendent:** Dr. James G. Merrill (Virginia Beach)

**Assistant AD:** A. Hendricks, M. Denmark

**Colors:** Purple/Gold/White

**Mascot:** Lions

Ath Trainer Lori Morris  
Band Not Filled  
Baseball Monty Hilliard  
Basket, b Tom Gunsalus  
Basket, g Rod Jernigan  
Cheer Andrea Fisher  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Caitlin Stravino  
CrossC, g Caitlin Stravino  
Debate Not Filled  
F Hockey Theresa Platte

Football Thad Harold  
Forensics Earl DeMott  
Golf Tom Bacalis  
Gymnast, b  
Gymnast, g Not Filled  
Ind Track, b Thad Harold  
Ind Track, g Caitlin Stravino  
Lacrosse, b  
Lacrosse, g  
Magazine Junius Gradney  
Newspaper John Waagen  
Out Track, b Thad Harold  
Out Track, g Caitlin Stravino

**Students** 1995

**Gym Cap.** 2100

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Eastern

**District:** Beach

Scholastic

Soccer, b Not Filled

Soccer, g Colleen Bradley

Softball Mike Denmark

Swim, b Melanie Weaver

Swim, g Melanie Weaver

Tennis, b Pedro Cujardo

Tennis, g Not Filled

Theatre Not Filled

Volley, b Not Filled

Volley, g Kristen Roberts

Wrestling Jim Lambert

Yearbook Norma Peters

**Div.:** 6

**School Phone:** 757-474-8555

**Athletics Office:** 757-474-8555

**School Fax:** 757-479-5534

## Tazewell

627 East Fincastle / Tazewell, VA 24651-9715

**Email:** khovis@tazewell.k12.va.us

**Principal:** Keith Hovis

**Assistant Principal:** Eric Workman

**Athletic/Activities Director:** Thomas Keene III

**Superintendent:** Dr. Brenda B. Lawson (Tazewell)

**Assistant AD:**

**Colors:** Kelly Green/White

**Mascot:** Bulldogs

Ath Trainer  
Band Brandon Morgan  
Baseball Lou Peery  
Basket, b Lee Walker  
Basket, g Bill Mitchell  
Cheer Natalie Blankenship  
Cr Writing Gail Webb  
Crew, b  
Crew, g  
CrossC, b Tom Keene  
CrossC, g Ann Keene  
Debate  
F Hockey

Football Bobby Wyatt  
Forensics Melett Smith  
Golf Casey Cure  
Gymnast, b  
Gymnast, g  
Ind Track, b Tom Keene  
Ind Track, g Tom Keene  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Larry Hypes  
Out Track, b Dan Tibbs  
Out Track, g Randy Sparks

**Students** 598

**Gym Cap.** 3200

**Stad. Cap.** 5000

**Group:** AA

**Region:** IV

**District:** Southwest

Scholastic

Soccer, b Tim Rasnick

Soccer, g Patti Cecil

Softball Tom Keene

Swim, b Amanda Lester

Swim, g Amanda Lester

Tennis, b William Lester

Tennis, g Beth Whitt

Theatre Melett Smith

Volley, b

Volley, g Robbin Elkins

Wrestling Charles Burton

Yearbook Melett Smith

**Div.:** 3

**School Phone:** 276-988-6502

**Athletics Office:** 276-988-0896

**School Fax:** 276-988-3263

## John Randolph Tucker

2910 Parham Road / Richmond, VA 23294

**Email:** gemiller@henrico.k12.va.us / jpcarro@henrico.k12.va.us

**Principal:** Gwen Miller

**Assistant Principal:** Andrew Mey, Rick Butler, Reggie Davenport, Sharon Payne

**Athletic/Activities Director:** John Carroll (RAA)

**Superintendent:** Mr. Fred Morton (Henrico)

|                      |                   |                     |                  |                   |              |              |   |
|----------------------|-------------------|---------------------|------------------|-------------------|--------------|--------------|---|
| <b>Assistant AD:</b> |                   | <b>Students</b>     | 1631             | <b>Group:</b>     | AAA          | <b>Div.:</b> | 6 |
| <b>Colors:</b>       | Royal Blue/Orange | <b>Gym Cap.</b>     | 1800             | <b>Region:</b>    | Central      |              |   |
| <b>Mascot:</b>       | Tigers            | <b>Stad. Cap.</b>   | 3100             | <b>District:</b>  | Colonial     |              |   |
| <b>Ath Trainer</b>   | Bobbi Southard    | <b>Football</b>     | Chris Didlake    | <b>Scholastic</b> |              |              |   |
| <b>Band</b>          | Allen Hall        | <b>Forensics</b>    | Jacqueline Capar | <b>Soccer, b</b>  | Jim Dorton   |              |   |
| <b>Baseball</b>      | Not Filled        | <b>Golf</b>         | Jim Thompson     | <b>Soccer, g</b>  | Sara Vogt    |              |   |
| <b>Basket, b</b>     | Corey Bradt       | <b>Gymnast, b</b>   |                  | <b>Softball</b>   | Pat McGuire  |              |   |
| <b>Basket, g</b>     | Mollie Pawlowski  | <b>Gymnast, g</b>   | Not Filled       | <b>Swim, b</b>    |              |              |   |
| <b>Cheer</b>         | Kelly Jessup      | <b>Ind Track, b</b> | John Amoroso     | <b>Swim, g</b>    |              |              |   |
| <b>Cr Writing</b>    |                   | <b>Ind Track, g</b> | John Amoroso     | <b>Tennis, b</b>  | Jane Selden  |              |   |
| <b>Crew, b</b>       |                   | <b>Lacrosse, b</b>  |                  | <b>Tennis, g</b>  | Chris Brown  |              |   |
| <b>Crew, g</b>       |                   | <b>Lacrosse, g</b>  |                  | <b>Theatre</b>    | Lisa Dyer    |              |   |
| <b>CrossC, b</b>     | Jane Selden       | <b>Magazine</b>     | Charter Woodruff | <b>Volley, b</b>  | Kevin Hoy    |              |   |
| <b>CrossC, g</b>     | Julie Norris      | <b>Newspaper</b>    | Donna Wine       | <b>Volley, g</b>  | Kate Puschak |              |   |
| <b>Debate</b>        | Lee Knapp         | <b>Out Track, b</b> | Joe Mack         | <b>Wrestling</b>  | Kevin Mable  |              |   |
| <b>F Hockey</b>      | Erin Mable        | <b>Out Track, g</b> | Joe Mack         | <b>Yearbook</b>   | Paige Tucker |              |   |

## Tunstall

100 Trojan Circle / Dry Fork, VA 24549-2300

**Email:** hattie.hairston@pcs.k12.va.us / elizabeth.craig@pcs.k12.va.us

**Principal:** Hattie Hairston

**Assistant Principal:** Edwin Newnam, Elizabeth Craig

**Athletic/Activities Director:** Elizabeth Craig

**Superintendent:** Mr. James McDaniel (Pittsylvania)

|                      |                      |                     |               |                   |                 |              |   |
|----------------------|----------------------|---------------------|---------------|-------------------|-----------------|--------------|---|
| <b>Assistant AD:</b> | Jackie Hardy         | <b>Students</b>     | 850           | <b>Group:</b>     | AA              | <b>Div.:</b> | 4 |
| <b>Colors:</b>       | Scarlet/Silver/White | <b>Gym Cap.</b>     | 809           | <b>Region:</b>    | IV              |              |   |
| <b>Mascot:</b>       | Trojans              | <b>Stad. Cap.</b>   | 2500          | <b>District:</b>  | Piedmont        |              |   |
| <b>Ath Trainer</b>   |                      | <b>Football</b>     | Averett Brown | <b>Scholastic</b> |                 |              |   |
| <b>Band</b>          | Debra Bray           | <b>Forensics</b>    | Leslie Barger | <b>Soccer, b</b>  | Eddy Lloyd      |              |   |
| <b>Baseball</b>      | Barry Shelton        | <b>Golf</b>         | Adam Lovelace | <b>Soccer, g</b>  | Marc Parrish    |              |   |
| <b>Basket, b</b>     | Eddy Lloyd           | <b>Gymnast, b</b>   |               | <b>Softball</b>   | Roger Cook      |              |   |
| <b>Basket, g</b>     | Anthony Parrish      | <b>Gymnast, g</b>   |               | <b>Swim, b</b>    |                 |              |   |
| <b>Cheer</b>         | Karen Canody         | <b>Ind Track, b</b> |               | <b>Swim, g</b>    |                 |              |   |
| <b>Cr Writing</b>    |                      | <b>Ind Track, g</b> |               | <b>Tennis, b</b>  |                 |              |   |
| <b>Crew, b</b>       |                      | <b>Lacrosse, b</b>  |               | <b>Tennis, g</b>  |                 |              |   |
| <b>Crew, g</b>       |                      | <b>Lacrosse, g</b>  |               | <b>Theatre</b>    | Leslie Barger   |              |   |
| <b>CrossC, b</b>     | David Pavord         | <b>Magazine</b>     |               | <b>Volley, b</b>  |                 |              |   |
| <b>CrossC, g</b>     | David Pavord         | <b>Newspaper</b>    | Patsy Poteat  | <b>Volley, g</b>  | Jackie Hardy    |              |   |
| <b>Debate</b>        |                      | <b>Out Track, b</b> | Averett Brown | <b>Wrestling</b>  | Randy Hunsicker |              |   |
| <b>F Hockey</b>      |                      | <b>Out Track, g</b> | David Pavord  | <b>Yearbook</b>   | Janet Robertson |              |   |

## Turner Ashby

800 North Main Street / Bridgewater, VA 22812-1696

**Email:** swalk@rockingham.k12.va.us / jwoodrum@rockingham.k12.va.us

**Principal:** Steve Walk

**Assistant Principal:** Eric Baylor, Phil Judd, Lisa Milliken

**Athletic/Activities Director:** John Woodrum

**Superintendent:** Dr. Carol Fenn (Rockingham)

|                      |                              |                     |                  |                   |                |              |   |
|----------------------|------------------------------|---------------------|------------------|-------------------|----------------|--------------|---|
| <b>Assistant AD:</b> | B. Kyger, D. Coleman, J. Chi | <b>Students</b>     | 1085             | <b>Group:</b>     | AA             | <b>Div.:</b> | 4 |
| <b>Colors:</b>       | Black/White                  | <b>Gym Cap.</b>     | 1800             | <b>Region:</b>    | III            |              |   |
| <b>Mascot:</b>       | Knights                      | <b>Stad. Cap.</b>   | 5500             | <b>District:</b>  | Massanutten    |              |   |
| <b>Ath Trainer</b>   | Heather Fincham              | <b>Football</b>     | Charles Newman   | <b>Scholastic</b> |                |              |   |
| <b>Band</b>          | Robert Nash                  | <b>Forensics</b>    | Dee Grimm        | <b>Soccer, b</b>  | Phil Landes    |              |   |
| <b>Baseball</b>      | Richie Anderson              | <b>Golf</b>         | Corey Hutchinson | <b>Soccer, g</b>  | Mike VanHorn   |              |   |
| <b>Basket, b</b>     | Jamie Eberly                 | <b>Gymnast, b</b>   |                  | <b>Softball</b>   | Craig Miller   |              |   |
| <b>Basket, g</b>     | Rob Lovell                   | <b>Gymnast, g</b>   | Kristin Brown    | <b>Swim, b</b>    | Kim Floyd      |              |   |
| <b>Cheer</b>         | Ashley Crowe                 | <b>Ind Track, b</b> | Terry Anderson   | <b>Swim, g</b>    | Kim Floyd      |              |   |
| <b>Cr Writing</b>    | Leslie Stevens               | <b>Ind Track, g</b> | Terry Anderson   | <b>Tennis, b</b>  | Howard Davis   |              |   |
| <b>Crew, b</b>       |                              | <b>Lacrosse, b</b>  |                  | <b>Tennis, g</b>  | Cindy Ferek    |              |   |
| <b>Crew, g</b>       |                              | <b>Lacrosse, g</b>  |                  | <b>Theatre</b>    | Stephen Dias   |              |   |
| <b>CrossC, b</b>     | Dwight Denlinger             | <b>Magazine</b>     | Leslie Stevens   | <b>Volley, b</b>  |                |              |   |
| <b>CrossC, g</b>     | Dwight Denlinger             | <b>Newspaper</b>    | Leslie Stevens   | <b>Volley, g</b>  | Gina Troyer    |              |   |
| <b>Debate</b>        | Bill Wonneberger             | <b>Out Track, b</b> | John Childs      | <b>Wrestling</b>  | Will Crockett  |              |   |
| <b>F Hockey</b>      |                              | <b>Out Track, g</b> | Denise Shiffet   | <b>Yearbook</b>   | Leslie Stevens |              |   |

## Twin Springs

Route 1, Box 114 / Nickelsville, VA 24271-9799

**E-Mail:** tshprinc@scott.k12.va.us / tshsec@scott.k12.va.us

**Principal:** Mike Lane

**Assistant Principal:** Bill Houseright

**Athletic/Activities Director:** Bill Houseright

**Superintendent:** Mr. James B. Scott (Scott)

**Assistant AD:**

**Colors:** Red/White/Blue

**Mascot:** Titans

Ath Trainer Mike Larkins

Band Beth Justice

Baseball Mike Castle

Basket, b John McCrary

Basket, g Jordan Mullins

Cheer Lana Culbertson

Cr Writing Joey Shipley

Crew, b

Crew, g

CrossC, b

CrossC, g

Debate

F Hockey

Football Jody Wolfe

Forensics Joey Shipley

Golf Joey Shipley

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Bill Houseright

Out Track, g Jenny Houseright

**Students** 237

**Gym Cap.** 1600

**Stad. Cap.** 1600

**Group:** A

**Region:** D

**District:** Cumberland

Scholastic

Soccer, b

Soccer, g

Softball Lisa Dean

Swim, b

Swim, g

Tennis, b

Tennis, g

Theatre Jason McCarty

Volley, b

Volley, g Lisa Dean

Wrestling

Yearbook Mary Culbertson

**School Phone:** 276-479-2185

**Athletics Office:** 276-479-3200

**School Fax:** 276-479-3103

## Twin Valley

P.O. Box 190 / Pilgrims Knob, VA 24634

**E-Mail:** jwest@buc.k12.va.us / rgoodman@buc.k12.va.us

**Principal:** Janie West

**Assistant Principal:**

**Athletic/Activities Director:** Rick Goodman

**Superintendent:** Mr. Tommy P. Justus (Buchanan)

**Assistant AD:**

**Colors:** Black/Purple/Silver/White

**Mascot:** Panthers

Ath Trainer

Band Tom Burniston

Baseball Steve Hamro III

Basket, b Brian Moore

Basket, g Rick Goodman

Cheer Karen VanDyke

Cr Writing Tammy Case

Crew, b

Crew, g

CrossC, b Dominique Traverse

CrossC, g Dominique Traverse

Debate

F Hockey

Football Charlie VanDyke

Forensics Tammy Case

Golf Robert Simpson

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine Lonnie White

Newspaper Lonnie White

Out Track, b Rick Goodman

Out Track, g Dominique Traverse

**Students** 275

**Gym Cap.** 1600

**Stad. Cap.** 3000

**Group:** A

**Region:** D

**District:** Black Diamond

Scholastic

Soccer, b

Soccer, g

Softball Jeff Lester

Swim, b

Swim, g

Tennis, b

Tennis, g Brian Moore

Theatre Tammy Case

Volley, b

Volley, g Melisa Goodman

Wrestling

Yearbook Lonnie White

**School Phone:** 276-259-7741

**Athletics Office:**

**School Fax:** 276-259-7713

## Varina

7053 Messer Road / Richmond, VA 23231-5509

**E-Mail:** tqmohun@henrico.k12.va.us / jrobinson3@henrico.k12.va.us

**Principal:** Tracie Omohundro

**Assistant Principal:** Kim Lee, Virgil Mosley, Katy Noah, Andy Armstrong

**Athletic/Activities Director:** Chris Robinson (RAA)

**Superintendent:** Mr. Fred Morton (Henrico)

**Assistant AD:** Paige Lasky

**Colors:** Navy Blue/Vegas Gold

**Mascot:** Blue Devils

Ath Trainer Jessica Meade

Band Paul Rozecki

Baseball Jeff Marr

Basket, b Steve Hudson

Basket, g Katie Benjamin

Cheer Erin Latimer

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Kenny Perrault

CrossC, g Kenny Perrault

Debate

F Hockey Kate Duffy

Football Gary Chilcoat

Forensics Rebecca Still

Golf Tony Sorbello

Gymnast, b

Gymnast, g Dayna DeShazo

Ind Track, b Kenny Perrault

Ind Track, g Kenny Perrault

Lacrosse, b

Lacrosse, g

Magazine Elizabeth Watkins

Newspaper E. Latimer, L. St. James

Out Track, b Gary Chilcoat

Out Track, g Kenny Perrault

**Students** 1975

**Gym Cap.** 2000

**Stad. Cap.** 5000

**Group:** AAA

**Region:** Central

**District:** Capital

Scholastic

Soccer, b Keith Stainker

Soccer, g Jennifer Burke

Softball Randall Clary

Swim, b

Swim, g

Tennis, b Not Filled

Tennis, g Ashley Reyher

Theatre Mosca Maurophiipos

Volley, b Matt Anzivino

Volley, g Ashley Reyher

Wrestling John Marshall

Yearbook Kim Hodges

**School Phone:** 804-226-8700

**Athletics Office:** 804-222-3043

**School Fax:** 804-226-8706

## Virginia

Long Crescent Drive / Bristol, VA 24201-2752

**E-Mail:** breed@bristolvaschools.org

**Principal:** Ina Danko

**Assistant Principal:** Brenda Carroll, Ronnie Collins

**Athletic/Activities Director:** Barry Reed

**Superintendent:** Dr. Doug Arnold (Bristol)

**Assistant AD:**

**Colors:** Orange/Black

**Mascot:** Bearcats

Ath Trainer Randy Hodge

Band Tom Hopson

Baseball Mark Daniels

Basket, b Doug Mitchell

Basket, g Barry Reed

Cheer Bonnie Parks

Cr Writing

Crew, b

Crew, g

CrossC, b Lester Byington

CrossC, g Lester Byington

Debate

F Hockey

Football Terry Smith

Forensics Kristin Palmer

Golf Carlos Lee

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Lester Byington

Out Track, g Lester Byington

**Students** 606

**Gym Cap.** 2500

**Stad. Cap.** 5400

**Group:** A

**Region:** D

**District:** Clinch Mountain

Scholastic Joan Minnick

Soccer, b Not Filled

Soccer, g Jerry Goodpasture

Softball Barry Reed

Swim, b Leslie Byington

Swim, g Leslie Byington

Tennis, b Bill Harness

Tennis, g Scott Debusk

Theatre Kristen Palmer

Volley, b

Volley, g Holly Rolan

Wrestling Ed Cressel

Yearbook Kristen Palmer

**Div.:** 3

**School Phone:** 276-821-5858

**Athletics Office:** 276-821-5880

**School Fax:** 276-821-5851

## Wakefield

4901 S. Chesterfield Road / Arlington, VA 22206-1097

**E-Mail:** djackson@arlington.k12.va.us / ndeskins@arlington.k12.va.us

**Principal:** Doris Jackson

**Assistant Principal:** Christian Willmore, Betty Sanders, Not Filled

**Athletic/Activities Director:** Noel Deskins

**Superintendent:** Dr. Robert G. Smith (Arlington)

**Assistant AD:** Robert Strauss

**Colors:** Kelly Green/White

**Mascot:** Warriors

Ath Trainer Becky Kigin

Band Denny d'Alelio

Baseball George Baker

Basket, b Tony Bentley

Basket, g DeV Vaughn Drayton

Cheer Tia Johnson

Cr Writing

Crew, b Alex Ramirez

Crew, g Andy Rabus

CrossC, b Bob Strauss

CrossC, g Bob Strauss

Debate

F Hockey Michelle Benko

Football Keith Powell

Forensics Not Filled

Golf Don Tomb

Gymnast, b

Gymnast, g Joe Demidio

Ind Track, b Will Harber

Ind Track, g Bob Strauss

Lacrosse, b Andre Dobbins

Lacrosse, g Courtney Graves

Magazine

Newspaper Maureen Stotland

Out Track, b Bob Strauss

Out Track, g Bob Strauss

**Students** 1500

**Gym Cap.** 1500

**Stad. Cap.** 7500

**Group:** AAA

**Region:** Northern

**District:** National

Scholastic

Soccer, b Fernando Castro

Soccer, g Paul Maniscalco

Softball George Long

Swim, b Sean Carey

Swim, g Sean Carey

Tennis, b Don Tomb

Tennis, g Barbara Hoepfer

Theatre Chris Gillespie

Volley, b

Volley, g Jennifer Shortenhaus

Wrestling Jeff Humphries

Yearbook Maureen Naughton

**Div.:** 5

**School Phone:** 703-228-6700

**Athletics Office:** 703-228-6733

**School Fax:** 703-575-8832

## Maggie L. Walker Governor's School

1000 North Lombardy Street / Richmond, VA 23220

**E-Mail:** dhunt@gsgis.k12.va.us / phawkins@gsgis.k12.va.us

**Principal:** Douglas Hunt

**Assistant Principal:** Patti Chappell, Phil Tharp, Pat Taylor

**Athletic/Activities Director:** Paige Hawkins (RAA), Jim Holdren (CAA)

**Superintendent:** Dr. Frank E. Morgan (Goochland)

**Assistant AD:**

**Colors:** Green/White

**Mascot:** Dragons

Ath Trainer M. Brown, M. Corcoran

Band Ed McCellan

Baseball Richard Schultz

Basket, b Guy Davis

Basket, g Speedy Baughman

Cheer

Cr Writing Hal Waller

Crew, b

Crew, g

CrossC, b Jim Holdren

CrossC, g Jim Holdren

Debate Dan Brown

F Hockey Paige Hawkins

Football

Forensics Hal Waller

Golf Mike Brown

Gymnast, b

Gymnast, g

Ind Track, b Jim Holdren

Ind Track, g Jim Holdren

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Mike White

Out Track, b Jim Holdren

Out Track, g Jim Holdren

**Students** 648

**Gym Cap.** 500

**Stad. Cap.** 0

**Group:** AAA

**Region:** Central

**District:** Colonial

Scholastic

Soccer, b David Park

Soccer, g Patty Glenn

Softball Jeff Elliott

Swim, b Robb Sultzer

Swim, g Robb Sultzer

Tennis, b Lee Kelley

Tennis, g Beth Weigen

Theatre Grant Mudge

Volley, b Theresa Armstrong

Volley, g Tony Dee

Wrestling Don Blanton

Yearbook Michael White

**Div.:** 5

**School Phone:** 804-354-6800

**Athletics Office:** 804-358-6961

**School Fax:** 804-354-6939

## Thomas Walker

Old Highway 58, P.O. Box 39 / Ewing, VA 24248-0039

**E-Mail:** twelch@leectysch.com / blee@leectysch.com

**Principal:** Terry Welch

**Assistant Principal:** Shannon Grabeel

**Athletic/Activities Director:** Brian Lee

**Superintendent:** Mr. Fred Marion (Lee)

**Assistant AD:**

**Colors:** Blue/Gray

**Mascot:** Pioneers

Ath Trainer Not Filled  
Band Francis DiVirgilio  
Baseball Tim McElyea  
Basket, b Chris Sutphin  
Basket, g Janet Nelson  
Cheer Not Filled  
Cr Writing Not Filled  
Crew, b  
Crew, g  
CrossC, b Tim McElyea  
CrossC, g Tim McElyea  
Debate Melissa McDonald  
F Hockey Not Filled

**Students** 273  
**Gym Cap.** 900  
**Stad. Cap.** 1300  
Football Brian Lee  
Forensics Crystal Holman  
Golf Tim Lock  
Gymnast, b Not Filled  
Gymnast, g Not Filled  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Not Filled  
Lacrosse, g Not Filled  
Magazine Carol Skeen  
Newspaper Vicki Snodgrass  
Out Track, b Chris Sutphin  
Out Track, g Steve Gardner

**Group:** A  
**Region:** D  
**District:** Cumberland  
Scholastic Vicki Snodgrass  
Soccer, b  
Soccer, g  
Softball Myra Brooks  
Swim, b  
Swim, g  
Tennis, b Not Filled  
Tennis, g Janet Nelson  
Theatre Crystal Holman  
Volley, b  
Volley, g Janet Nelson  
Wrestling  
Yearbook Vicki Snodgrass

**School Phone:** 276-445-4111

**Athletics Office:** 276-445-4161

**School Fax:** 276-445-5584

## Warhill

4615 Opportunity Way / Williamsburg, VA 23188

**E-Mail:** koletk@wjcc.k12.va.us / mullend@wjcc.k12.va.us

**Principal:** Dr. Karen Kolet

**Assistant Principal:** Dan Fields

**Athletic/Activities Director:** Dan Mullen

**Superintendent:** Dr. Gary Matthews (Williamsburg/James City)

**Assistant AD:**

**Colors:** Carolina Blue/Black/Silver

**Mascot:** Lions

Ath Trainer Todd Korabek  
Band Jonathan Hargis  
Baseball Thad Reviello  
Basket, b Justin Hayes  
Basket, g Norm Brungot  
Cheer Cassie Hudgins  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Lindsay Newell  
CrossC, g Lindsay Newell  
Debate Heather Scully  
F Hockey Leslie Souliere

**Students** 850  
**Gym Cap.** 1500  
**Stad. Cap.** 3000  
Football Mat Lemm  
Forensics Heather Scully  
Golf Fielding Crawford  
Gymnast, b  
Gymnast, g  
Ind Track, b Not Filled  
Ind Track, g Leslie Souliere  
Lacrosse, b  
Lacrosse, g  
Magazine Dorothy Stolba  
Newspaper Joan Turner  
Out Track, b Justin Hayes  
Out Track, g Justin Hayes

**Group:** AA  
**Region:** I  
**District:** Bay Rivers  
Scholastic  
Soccer, b Brian Schwab  
Soccer, g Christine Connelly  
Softball Not Filled  
Swim, b John Rasky  
Swim, g John Rasky  
Tennis, b Not Filled  
Tennis, g Not Filled  
Theatre Rob Cannon  
Volley, b  
Volley, g Sandra Mays  
Wrestling Matt Pardekooper  
Yearbook Dorothy Stolba

**School Phone:** 757-565-4615

**Athletics Office:** 757-565-4615

**School Fax:** 757-565-9101

## Warren County

155 Westminster Drive / Front Royal, VA 22630

**E-Mail:** ejordan@wcps.k12.va.us / jgrooms@wcps.k12.va.us

**Principal:** Ernestine Jordan

**Assistant Principal:** Ken Knesh, Jim Sykes, Mary Bukva, Not Filled

**Athletic/Activities Director:** Jim Grooms

**Superintendent:** Mrs. Pamela M. McInnis (Warren)

**Assistant AD:** Bill Cupp

**Colors:** Maroon/White/Gray

**Mascot:** Wildcats

Ath Trainer Jeff Crawford  
Band David Digess  
Baseball Vernon Mathews  
Basket, b Not Filled  
Basket, g Brandie Dodson  
Cheer Alex Amos  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Jeremy Burnworth  
CrossC, g Jeremy Burnworth  
Debate Not Filled  
F Hockey

**Students** 900  
**Gym Cap.** 1400  
**Stad. Cap.** 3500  
Football Tony Tallent  
Forensics Not Filled  
Golf Matt Wadas  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Katie Sullivan  
Out Track, b Kennon Yeck  
Out Track, g Kennon Yeck

**Group:** AA  
**Region:** II  
**District:** Northwestern  
Scholastic  
Soccer, b Gail Sanchez  
Soccer, g Michael Carpenter  
Softball Jamie Harris  
Swim, b  
Swim, g  
Tennis, b Michael Waurio  
Tennis, g Jeanie Tallent  
Theatre Christopher Whitney  
Volley, b  
Volley, g Cathy Brill  
Wrestling Matt Wadas  
Yearbook Katie Sullivan

**School Phone:** 540-635-4144

**Athletics Office:** 540-635-1160

**School Fax:** 540-635-1037



## Warwick

51 Copeland Lane / Newport News, VA 23601-2399

**Email:** varinda.robinson@nn.k12.va.us / marilyn.watkins@nn.k12.va.us

**Principal:** Varinda Robinson

**Assistant Principal:** Bermina Nickerson, Chris Colvin, Kevin Badie, Wendy Sifen, Sharon Williams

**Athletic/Activities Director:** Marilyn Watkins

**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

**Assistant AD:** Maroon/Gold  
**Colors:** Raiders  
**Mascot:** Laura Nelson  
Ath Trainer  
Band Kim Baugh  
Baseball Todd Barker  
Basket, b Ben Moore  
Basket, g Vanessa Starks  
Cheer Tikiva Taswell  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Mickel Davis  
CrossC, g Wendell Holmes  
Debate Deon Garner  
F Hockey Chanel Stith

**Students** 1600  
**Gym Cap.** 1600  
**Stad. Cap.** 8000

Football Stan Sexton  
Forensics Deon Gardner  
Golf Dwayne Peters  
Gymnast, b  
Gymnast, g Valerie Faunterloy  
Ind Track, b Wendell Holmes  
Ind Track, g Wendell Holmes  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper Bridget Davenport  
Out Track, b Wendell Holmes  
Out Track, g Wendell Holmes

**Group:** AAA  
**Region:** Eastern  
**District:** Peninsula

**Div.:** 5

Scholastic  
Soccer, b Not Filled  
Soccer, g Justin Chezem  
Softball James Dawson  
Swim, b Todd Barker  
Swim, g Todd Barker  
Tennis, b Thomas Lomax  
Tennis, g Allison Slaterry  
Theatre Paul Phillips  
Volley, b Rick Jarvis  
Volley, g Bill Bowman  
Wrestling James Graves  
Yearbook Blythe Johnson

## Washington & Lee

16380 Kings Highway / Montross, VA 22520-0366

**Email:** pisanija@wmlcps.org

**Principal:** Joseph Pisani

**Assistant Principal:** Joan Weldon, Roger Coleman

**Athletic/Activities Director:** Malcolm Lewis

**Superintendent:** Ms. A. Elaine Fogliani (Westmoreland)

**Assistant AD:** Matthew Pearman  
**Colors:** Carolina Blue/Gold/Navy  
**Mascot:** Eagles

Ath Trainer  
Band Heather Carlson  
Baseball Shawn Collins  
Basket, b Roger Coleman  
Basket, g Tyrell Veney  
Cheer Christina Hill  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Cindy Flickinger  
CrossC, g Cindy Flickinger  
Debate  
F Hockey

**Students** 620  
**Gym Cap.** 1000  
**Stad. Cap.** 1200

Football Malcolm Lewis  
Forensics Allison Ondivcik  
Golf Eddie Bowen  
Gymnast, b  
Gymnast, g  
Ind Track, b  
Ind Track, g  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Mario Moreno  
Out Track, g Dashan Turner

**Group:** A  
**Region:** A  
**District:** Northern Neck

**Div.:** 2

Scholastic  
Soccer, b Not Filled  
Soccer, g Heather Carlson  
Softball Frankie Swann  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g  
Theatre Allison Ondovcik  
Volley, b  
Volley, g Michael Breunig  
Wrestling David Wilkerson  
Yearbook Not Filled

## B. T. Washington

1111 Park Avenue / Norfolk, VA 23504

**Email:** cwatson@nps.k12.va.us / thaynes@nps.k12.va.us

**Principal:** Cynthia Watson

**Assistant Principal:** Melvin White, Margie Stallings

**Athletic/Activities Director:** Tim Haynes

**Superintendent:** Dr. Stephen C. Jones (Norfolk)

**Assistant AD:** Maroon/White  
**Colors:** Mighty Bookers  
**Mascot:** Dean McDowell

Ath Trainer  
Band Not Filled  
Baseball Darren Sanderlin  
Basket, b Michael Fariss  
Basket, g Not Filled  
Cheer Not Filled  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Yolanda Penn  
CrossC, g Yolanda Penn  
Debate Ronald Richardson  
F Hockey Shonda Tabb

**Students** 1550  
**Gym Cap.** 1800  
**Stad. Cap.** 2000

Football Not Filled  
Forensics Andrea Disney  
Golf Don Lloyd  
Gymnast, b  
Gymnast, g  
Ind Track, b Che Jacobs  
Ind Track, g Yolanda Penn  
Lacrosse, b  
Lacrosse, g  
Magazine Not Filled  
Newspaper  
Out Track, b Che Jacobs  
Out Track, g Yolanda Penn

**Group:** AAA  
**Region:** Eastern  
**District:** Eastern

**Div.:** 5

Scholastic  
Soccer, b Janita Hess  
Soccer, g Mike Fariss  
Softball Not Filled  
Swim, b Not Filled  
Swim, g Not Filled  
Tennis, b Tom Ruffin  
Tennis, g Victoria Horton  
Theatre Samuel Roundtree  
Volley, b Jessika Rodriguez  
Volley, g Robin Williams  
Wrestling Gaskins Reynolds  
Yearbook Not Filled

**School Phone:** 804-493-8015

**Athletics Office:** 804-493-8016

**School Fax:** 804-493-0243

**School Phone:** 757-628-3575

**Athletics Office:** 757-628-3587

**School Fax:** 757-628-3566

## George Washington

701 Broad Street / Danville, VA 24541-2627

**Email:** cacarter@mail.dps.k12.va.us / ctaylor@mail.dps.k12.va.us

**Principal:** Chris Carter

**Assistant Principal:** Kenny Lewis, Christy Dawson, Ron Sieber, Curtis Gore, Chris Carter

**Athletic/Activities Director:** Reid Taylor (CAA)

**Superintendent:** Dr. Sue Davis (Danville)

|                      |                  |                   |                 |                  |                   |              |   |
|----------------------|------------------|-------------------|-----------------|------------------|-------------------|--------------|---|
| <b>Assistant AD:</b> |                  | <b>Students</b>   | 1800            | <b>Group:</b>    | AAA               | <b>Div.:</b> | 6 |
| <b>Colors:</b>       | Silver/Navy Blue | <b>Gym Cap.</b>   | 1200            | <b>Region:</b>   | Northwest         |              |   |
| <b>Mascot:</b>       | Eagles           | <b>Stad. Cap.</b> | 8000            | <b>District:</b> | Western Valley    |              |   |
| <b>Ath Trainer</b>   | Tim Torborg      | Football          | Dan Newell      | Scholastic       |                   |              |   |
| <b>Band</b>          | Reginald Purvis  | Forensics         | Not Filled      | Soccer, b        | Rusty Dishman     |              |   |
| <b>Baseball</b>      | William Dunn     | Golf              | Bob Jones       | Soccer, g        | Cary Wright       |              |   |
| <b>Basket, b</b>     | Bobby Martin     | Gymnast, b        |                 | Softball         | Amber Lowery      |              |   |
| <b>Basket, g</b>     | Wayne Shelton    | Gymnast, g        |                 | Swim, b          |                   |              |   |
| <b>Cheer</b>         | Ashley Lackey    | Ind Track, b      | Veronica Harris | Swim, g          |                   |              |   |
| <b>Cr Writing</b>    | Sharon Moore     | Ind Track, g      | Keith Douglas   | Tennis, b        | Chris Akers       |              |   |
| <b>Crew, b</b>       |                  | Lacrosse, b       |                 | Tennis, g        | Pierce Turbiville |              |   |
| <b>Crew, g</b>       |                  | Lacrosse, g       |                 | Theatre          |                   |              |   |
| <b>CrossC, b</b>     | Mary Satoski     | Magazine          | Jo Hill         | Volley, b        |                   |              |   |
| <b>CrossC, g</b>     | Mary Satoski     | Newspaper         | Jo Hill         | Volley, g        | Tori Jackson      |              |   |
| <b>Debate</b>        | Not Filled       | Out Track, b      | Veronica Harris | Wrestling        | Rodney James      |              |   |
| <b>F Hockey</b>      |                  | Out Track, g      | Keith Douglas   | Yearbook         | Deborah Slayton   |              |   |

## Washington-Lee

1300 N. Quincy Street / Arlington, VA 22201-4698

**Email:** ccallawa@arlington.k12.va.us

**Principal:** Gregg Robertson

**Assistant Principal:** Paul Jamelske, Tyrone Byrd, Margarita Cruz

**Athletic/Activities Director:** Carol Callaway

**Superintendent:** Dr. Robert G. Smith (Arlington)

|                      |                  |                   |                 |                  |                    |              |   |
|----------------------|------------------|-------------------|-----------------|------------------|--------------------|--------------|---|
| <b>Assistant AD:</b> | Not Filled       | <b>Students</b>   | 995             | <b>Group:</b>    | AAA                | <b>Div.:</b> | 5 |
| <b>Colors:</b>       | Blue/Gray        | <b>Gym Cap.</b>   | 2350            | <b>Region:</b>   | Northern           |              |   |
| <b>Mascot:</b>       | Generals         | <b>Stad. Cap.</b> | 10000           | <b>District:</b> | National           |              |   |
| <b>Ath Trainer</b>   | Andrea Paight    | Football          | Joshua Shapiro  | Scholastic       |                    |              |   |
| <b>Band</b>          | Alex Robinson    | Forensics         |                 | Soccer, b        | Jimmy Carrasquillo |              |   |
| <b>Baseball</b>      | Doug Grove       | Golf              | Doug Grove      | Soccer, g        | Not Filled         |              |   |
| <b>Basket, b</b>     | Robert Dobson    | Gymnast, b        |                 | Softball         | Not Filled         |              |   |
| <b>Basket, g</b>     | Michelle Miller  | Gymnast, g        | Joe D'Emidio    | Swim, b          | Kristina Dorville  |              |   |
| <b>Cheer</b>         | Libby Hardy      | Ind Track, b      | Bill Findler    | Swim, g          | Kristina Dorville  |              |   |
| <b>Cr Writing</b>    | Sarah Harrick    | Ind Track, g      | Warren Gillus   | Tennis, b        | Rick Kakareka      |              |   |
| <b>Crew, b</b>       | Derek Parsons    | Lacrosse, b       | Chris Corey     | Tennis, g        | Loranzo Alexander  |              |   |
| <b>Crew, g</b>       | Paul Holland     | Lacrosse, g       | Jennifer Cutler | Theatre          | Not Filled         |              |   |
| <b>CrossC, b</b>     | Bill Findler     | Magazine          |                 | Volley, b        |                    |              |   |
| <b>CrossC, g</b>     | Matthew Przydial | Newspaper         | Clair Moir      | Volley, g        | Orrin Hassel       |              |   |
| <b>Debate</b>        | Ron Revere       | Out Track, b      | Warren Gillus   | Wrestling        | James Mon          |              |   |
| <b>F Hockey</b>      | Beth Prange      | Out Track, g      | Not Filled      | Yearbook         | Sarah Reese        |              |   |

## Waynesboro

1200 West Main Street / Waynesboro, VA 22980-4393

**Email:** sjwright@waynesboro.k12.va.us / mmorris@waynesboro.k12.va.us

**Principal:** Sue Wright

**Assistant Principal:** Mel Morris, Tim Teachey, Tom Higginbotham

**Athletic/Activities Director:** Mel Morris

**Superintendent:** Dr. Robin Crowder (Waynesboro)

|                      |                 |                   |                 |                  |                 |              |   |
|----------------------|-----------------|-------------------|-----------------|------------------|-----------------|--------------|---|
| <b>Assistant AD:</b> | Candace Kimmett | <b>Students</b>   | 840             | <b>Group:</b>    | AA              | <b>Div.:</b> | 3 |
| <b>Colors:</b>       | Purple/Gold     | <b>Gym Cap.</b>   | 1200            | <b>Region:</b>   | II              |              |   |
| <b>Mascot:</b>       | Little Giants   | <b>Stad. Cap.</b> | 3000            | <b>District:</b> | Southern Valley |              |   |
| <b>Ath Trainer</b>   | Rita Nelson     | Football          | Steve Isaacs    | Scholastic       |                 |              |   |
| <b>Band</b>          | Mike Wagner     | Forensics         | Becky Gettelman | Soccer, b        | Bill Meicke     |              |   |
| <b>Baseball</b>      | Jim Critzer     | Golf              | Charlie Cox     | Soccer, g        | Robin Hersey    |              |   |
| <b>Basket, b</b>     | C.J. Dewitt     | Gymnast, b        |                 | Softball         | Jason Aleshire  |              |   |
| <b>Basket, g</b>     | Not Filled      | Gymnast, g        |                 | Swim, b          | Dan Bledsoe     |              |   |
| <b>Cheer</b>         | Cyndi Farrar    | Ind Track, b      | Ed Driskill     | Swim, g          | Dan Bledsoe     |              |   |
| <b>Cr Writing</b>    |                 | Ind Track, g      | Ed Driskill     | Tennis, b        | C. J Dewitt     |              |   |
| <b>Crew, b</b>       |                 | Lacrosse, b       |                 | Tennis, g        | Wray Sherman    |              |   |
| <b>Crew, g</b>       |                 | Lacrosse, g       |                 | Theatre          | Diane Wade      |              |   |
| <b>CrossC, b</b>     | Ed Driskill     | Magazine          |                 | Volley, b        |                 |              |   |
| <b>CrossC, g</b>     | Ed Driskill     | Newspaper         | Laura Riggan    | Volley, g        | Lori Aleshire   |              |   |
| <b>Debate</b>        | Tara Heck       | Out Track, b      | Ed Driskill     | Wrestling        | Richard Palmer  |              |   |
| <b>F Hockey</b>      |                 | Out Track, g      | Ed Driskill     | Yearbook         | Wendy Teeter    |              |   |

## West Point

2700 Mattaponi Avenue / West Point, VA 23181-9304

**Email:** mdorsey@wpps.k12.va.us / mredden@wpps.k12.va.us

**Principal:** Mark Dorsey

**Assistant Principal:** Suzy Aunspach

**Athletic/Activities Director:** Mark Redden

**Superintendent:** Dr. Kathryn Jane Massey-Wilson (West Point)

|                      |                 |                   |                        |
|----------------------|-----------------|-------------------|------------------------|
| <b>Assistant AD:</b> |                 | <b>Students</b>   | 170                    |
| <b>Colors:</b>       | Orange/Blue     | <b>Gym Cap.</b>   | 950                    |
| <b>Mascot:</b>       | Pointers        | <b>Stad. Cap.</b> | 1500                   |
| Ath Trainer          | Not Filled      | Football          | John Fulks             |
| Band                 | Robert Sydnor   | Forensics         | JoAnna Blevins         |
| Baseball             | J.D. Simmons    | Golf              | Roberta Racioppi       |
| Basket, b            | Mark Redden     | Gymnast, b        |                        |
| Basket, g            | Mark Ware       | Gymnast, g        |                        |
| Cheer                | Zakia Gilchrist | Ind Track, b      |                        |
| Cr Writing           | George Johnson  | Ind Track, g      |                        |
| Crew, b              |                 | Lacrosse, b       |                        |
| Crew, g              |                 | Lacrosse, g       |                        |
| CrossC, b            | Stan Carpenter  | Magazine          |                        |
| CrossC, g            | Stan Carpenter  | Newspaper         |                        |
| Debate               |                 | Out Track, b      | R. Marquez, N. Bradley |
| F Hockey             |                 | Out Track, g      | R. Marquez, N. Bradley |

|                  |                  |              |   |
|------------------|------------------|--------------|---|
| <b>Group:</b>    | A                | <b>Div.:</b> | 1 |
| <b>Region:</b>   | A                |              |   |
| <b>District:</b> | Tidewater        |              |   |
| Scholastic       |                  |              |   |
| Soccer, b        | Matt Rehim       |              |   |
| Soccer, g        |                  |              |   |
| Softball         | Not Filled       |              |   |
| Swim, b          |                  |              |   |
| Swim, g          |                  |              |   |
| Tennis, b        | Roberta Racioppi |              |   |
| Tennis, g        | Tina Gulley      |              |   |
| Theatre          | Bev Hammond      |              |   |
| Volley, b        |                  |              |   |
| Volley, g        | Not Filled       |              |   |
| Wrestling        |                  |              |   |
| Yearbook         | Mary Borinsky    |              |   |

## West Potomac

6500 Quander Road / Alexandria, VA 22307

**Email:** rima.vesilind@fcps.edu / jeffrey.dietze@fcps.edu

**Principal:** Rima Vesilind

**Assistant Principal:** Nancy Kreloff, Ivan Johnson, Bruce Jankowitz, Janice Monroe

**Athletic/Activities Director:** Jeff Dietze (CMAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

|                      |                            |                   |                 |
|----------------------|----------------------------|-------------------|-----------------|
| <b>Assistant AD:</b> | Aaron Helmick              | <b>Students</b>   | 1983            |
| <b>Colors:</b>       | Blue/Silver/White          | <b>Gym Cap.</b>   | 2000            |
| <b>Mascot:</b>       | Wolverines                 | <b>Stad. Cap.</b> | 5000            |
| Ath Trainer          | A. McDonald, J. Dixon-Hawk | Football          | Eric Henderson  |
| Band                 | Stephen Rice               | Forensics         | Julian Dotson   |
| Baseball             | Jim Sullivan               | Golf              | Chris Tippins   |
| Basket, b            | David Houston              | Gymnast, b        |                 |
| Basket, g            | Not Filled                 | Gymnast, g        | Pete Novgrod    |
| Cheer                | Traci Owens                | Ind Track, b      | Dan Lundin      |
| Cr Writing           | Paul Russell               | Ind Track, g      | Don Beeby       |
| Crew, b              | Jaime Rubini               | Lacrosse, b       | Patrick Carmack |
| Crew, g              | Jaime Rubini               | Lacrosse, g       | Candace Baumann |
| CrossC, b            | Dan Lundin                 | Magazine          | Paul Russell    |
| CrossC, g            | Don Beeby                  | Newspaper         | Kelcey Pierre   |
| Debate               | Julian Dotson              | Out Track, b      | Dan Lundin      |
| F Hockey             | Betty Sixsmith             | Out Track, g      | Don Beeby       |

|                  |                   |              |   |
|------------------|-------------------|--------------|---|
| <b>Group:</b>    | AAA               | <b>Div.:</b> | 6 |
| <b>Region:</b>   | Northern          |              |   |
| <b>District:</b> | Patriot           |              |   |
| Scholastic       |                   |              |   |
| Soccer, b        | Not Filled        |              |   |
| Soccer, g        | Jean Coder        |              |   |
| Softball         | Dennis Day        |              |   |
| Swim, b          | Bob Lombardi      |              |   |
| Swim, g          | Bob Lombardi      |              |   |
| Tennis, b        | Pete Ranney       |              |   |
| Tennis, g        | David Vennell     |              |   |
| Theatre          | Kathie McCormally |              |   |
| Volley, b        |                   |              |   |
| Volley, g        | Jean Coder        |              |   |
| Wrestling        | Casey Grubbs      |              |   |
| Yearbook         | Mel Mobley        |              |   |

**School Phone:** 703-718-2500

**Athletics Office:** 703-718-2560

**School Fax:** 703-718-2661

## West Springfield

6100 Rolling Road / Springfield, VA 22152

**Email:** paul.wardinski@fcps.edu / timothy.oreilly@fcps.edu

**Principal:** Paul Wardinski

**Assistant Principal:** Joan Galdi, Richard Griffin, Mike Mikai, Becky Brandt

**Athletic/Activities Director:** Tim O'Reilly (CAA)

**Superintendent:** Dr. Jack Dale (Fairfax)

|                      |                           |                   |                     |
|----------------------|---------------------------|-------------------|---------------------|
| <b>Assistant AD:</b> | Steve Fox                 | <b>Students</b>   | 2242                |
| <b>Colors:</b>       | Orange/Blue               | <b>Gym Cap.</b>   | 1200                |
| <b>Mascot:</b>       | Spartans                  | <b>Stad. Cap.</b> | 5000                |
| Ath Trainer          | D. Schneider, J. Sheppard | Football          | Bill Renner         |
| Band                 | Larry Einius              | Forensics         | Madeline Deliee     |
| Baseball             | John James                | Golf              | Sue Spatcher        |
| Basket, b            | Dick Wickline             | Gymnast, b        |                     |
| Basket, g            | Bill Gibson               | Gymnast, g        |                     |
| Cheer                | Betsy Fawsette            | Ind Track, b      | Chris Pelligrini    |
| Cr Writing           |                           | Ind Track, g      | Chris Pelligrini    |
| Crew, b              | Rick Ferguson             | Lacrosse, b       | Chris Brengel       |
| Crew, g              | Mark Hemphill             | Lacrosse, g       | Brian Puhlick       |
| CrossC, b            | Wolcott Baird             | Magazine          | Katherine Faircloth |
| CrossC, g            | Wolcott Baird             | Newspaper         | Brooke Nelson       |
| Debate               | Pat Hagy                  | Out Track, b      | Chris Pelligrini    |
| F Hockey             | Shannon Matheny           | Out Track, g      | Chris Pelligrini    |

|                  |                     |              |   |
|------------------|---------------------|--------------|---|
| <b>Group:</b>    | AAA                 | <b>Div.:</b> | 6 |
| <b>Region:</b>   | Northern            |              |   |
| <b>District:</b> | Patriot             |              |   |
| Scholastic       |                     |              |   |
| Soccer, b        | Andy Saffron        |              |   |
| Soccer, g        | Kellie Mastrodonato |              |   |
| Softball         | Margert Gibson      |              |   |
| Swim, b          | Karen Spooner       |              |   |
| Swim, g          | Karen Spooner       |              |   |
| Tennis, b        |                     |              |   |
| Tennis, g        | Courtney Jordan     |              |   |
| Theatre          | Mary Levesque       |              |   |
| Volley, b        |                     |              |   |
| Volley, g        | Marcus Robinson     |              |   |
| Wrestling        | Gary Embrey         |              |   |
| Yearbook         | Brooke Nelson       |              |   |

**School Phone:** 703-913-3800

**Athletics Office:** 703-913-3860

**School Fax:** 703-913-3897

## Western Albemarle

5941 Rockfish Gap Turnpike / Crozet, VA 22932-9734

**Email:** cdyer@k12albemarle.org / sheon@k12albemarle.org

**Principal:** Chris Dyer

**Assistant Principal:** Dave Francis, Greg Domecq, Bobbi Hughes

**Athletic/Activities Director:** Steve Heon (RAA)

**Superintendent:** Dr. Pamela R. Moran (Albemarle)

**Assistant AD:** Maria Fields  
**Colors:** Royal Blue/Gold  
**Mascot:** Warriors  
Ath Trainer Renee Smith  
Band Stephen Layman  
Baseball Skip Hudgins  
Basket, b Darren Maynard  
Basket, g Jason Barnett  
Cheer Myra Key  
Cr Writing  
Crew, b  
Crew, g  
CrossC, b Linden Bain  
CrossC, g Kate Pugh  
Debate  
F Hockey Julie Merchant

**Students** 1065  
**Gym Cap.** 1700  
**Stad. Cap.** 3500

Football Ed Pierce  
Forensics Jane Wihotte  
Golf Darren Maynard  
Gymnast, b  
Gymnast, g  
Ind Track, b Linden Bain  
Ind Track, g William Tillery  
Lacrosse, b Hunter Price  
Lacrosse, g Nancy Haws  
Magazine  
Newspaper Jill Williams  
Out Track, b Linden Bain  
Out Track, g Marie Whitten

**Group:** AA  
**Region:** II  
**District:** Jefferson

**Div.:** 3

Scholastic  
Soccer, b Paul Rittenhouse  
Soccer, g Kevin Murphy  
Softball Fred Weinberg  
Swim, b Marc Hagen  
Swim, g Marc Hagen  
Tennis, b Charles Ix  
Tennis, g Betsy Nugent  
Theatre  
Volley, b  
Volley, g Lance Rogers  
Wrestling Don Butterworth  
Yearbook Jennifer Sublette

## Western Branch

1968 Bruin Place / Chesapeake, VA 23321-4598

**Email:** brandave@cps.k12.va.us / wbhpagemaster@cps.k12.va.us

**Principal:** Arthur Brandriff Jr.

**Assistant Principal:** Deana Otwell, Michael Perez, Jeff Johnson, Jill Lee

**Athletic/Activities Director:** Mark Didawick

**Superintendent:** Dr. W. Randolph Nichols (Chesapeake)

**Assistant AD:**  
**Colors:** Navy Blue/Old Gold  
**Mascot:** Bruins  
Ath Trainer Amy Swistak  
Band Crystal Cox  
Baseball Roland Wright  
Basket, b Michael Donovan  
Basket, g Troy Terry  
Cheer Ashley Williamson  
Cr Writing Not Filled  
Crew, b  
Crew, g  
CrossC, b Claude Toukene  
CrossC, g Claude Toukene  
Debate Jake Yowell  
F Hockey Dawn Smith

**Students** 2300  
**Gym Cap.** 1400  
**Stad. Cap.** 8000

Football Scott Johnson  
Forensics Kay Sykes  
Golf Karl Quinn  
Gymnast, b  
Gymnast, g Anna Liesa Steele  
Ind Track, b Claude Toukene  
Ind Track, g Claude Toukene  
Lacrosse, b  
Lacrosse, g  
Magazine Sandy Jory  
Newspaper Becky Hinton  
Out Track, b Claude Toukene  
Out Track, g Claude Toukene

**Group:** AAA  
**Region:** Eastern  
**District:** Southeastern

**Div.:** 6

Scholastic Debbie Akers  
Soccer, b Ed Velazquez  
Soccer, g Becky Journigan  
Softball Sarah Wright  
Swim, b Mike Salpeter  
Swim, g Mike Salpeter  
Tennis, b Mary Beth Moore  
Tennis, g Mary Beth Moore  
Theatre Kay Sykes  
Volley, b Bob Arnette  
Volley, g Bett Lett  
Wrestling Bob Siman  
Yearbook Jennifer Bennett

## Westfield

4700 Stonecroft Blvd. / Chantilly, VA 20151

**Email:** francis.dall@fcps.edu

**Principal:** Tim Thomas

**Assistant Principal:** Brian Grajner, Kim Greer, Dave Jagels, Eric Johnson, Harry VanTrees, John Werner, Pat Williams, Rob Yarborough

**Athletic/Activities Director:** Francis Dall

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** T. Towle, A. Andersen, T. Ve  
**Colors:** Black/Gold  
**Mascot:** Bulldogs  
Ath Trainer R. Weise, K. Conboy  
Band Steve Panoff  
Baseball Chuck Welch  
Basket, b Doug Ewell  
Basket, g Pat Deegan  
Cheer Jamie Harvey  
Cr Writing Kimberly Watkins  
Crew, b Eric Nienaber  
Crew, g Eric Nienaber  
CrossC, b Kelly Deegan  
CrossC, g Kelly Deegan  
Debate Ted Penton  
F Hockey Terri Towle

**Students** 3100  
**Gym Cap.** 2400  
**Stad. Cap.** 5000

Football Tom Verbanic  
Forensics Ted Penton  
Golf Tim Vigotsky  
Gymnast, b  
Gymnast, g Holly Richbourg  
Ind Track, b Not Filled  
Ind Track, g Not Filled  
Lacrosse, b Gary Malm  
Lacrosse, g Jim Dwyer  
Magazine Greg Luongo  
Newspaper Pat McCarthy  
Out Track, b Not Filled  
Out Track, g Not Filled

**Group:** AAA  
**Region:** Northern  
**District:** Concorde

**Div.:** 6

Scholastic  
Soccer, b Tom Torres  
Soccer, g Chris Godart  
Softball Dean Ferington  
Swim, b Bruce Andersen  
Swim, g Bruce Andersen  
Tennis, b Sue Nidzgorski  
Tennis, g Steve Lombard  
Theatre Scott Pafumi  
Volley, b Doug Bishop  
Volley, g Jim Bour  
Wrestling Chuck Hoskins  
Yearbook Gary Bender

**School Phone:** 434-823-8700

**Athletics Office:** 434-823-8705

**School Fax:** 434-823-8712

**School Phone:** 757-638-7900

**Athletics Office:** 757-494-8072

**School Fax:** 757-638-7904

**School Phone:** 703-488-6300

**Athletics Office:** 703-488-6400

**School Fax:** 703-488-6405

## T. C. Williams

3330 King Street / Alexandria, VA 22302-3099

**Email:** mel.riddile@acps.k12.va.us / kerry.donley@acps.k12.va.us

**Principal:** Melvin Riddile

**Assistant Principal:** Steve Colantoni, Tammy Ignacio, Robert White,  
Ronald Cropper, Kristine Feroletto

**Athletic/Activities Director:** Kerry Donley (RAA)

**Superintendent:** Rebecca Perry (Alexandria)

**Assistant AD:** R. Eavenson, G. Porcha

**Colors:** Red/White/Blue

**Mascot:** Titans

Ath Trainer K. Chambers, L. Stone

Band Vaughn Ambrose

Baseball Scott Grossi

Basket, b Ivan Thomas

Basket, g George Porcha

Cheer Lucresha Murphy

Cr Writing Jeff Cunningham

Crew, b Peter Stramese

Crew, g Steve Weir

CrossC, b Mike Hughes

CrossC, g Mike Hughes

Debate Not Filled

F Hockey Bob Eavenson

**Students** 2100

**Gym Cap.** 2500

**Stad. Cap.** 4500

Football Dennis Randolph

Forensics Not Filled

Golf Larry Mitchell

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b Charles Juris

Lacrosse, g Jill Clacherty

Magazine

Newspaper Not Filled

Out Track, b Not Filled

Out Track, g Not Filled

**School Phone:** 703-824-6800

**Athletics Office:** 703-824-6860

**School Fax:** 703-824-6826

**Group:** AAA

**Region:** Northern

**District:** Patriot

Scholastic

Soccer, b Martin Nickley

Soccer, g Emily Porterfield

Softball Stacy Sloan

Swim, b Brett Eanes

Swim, g Brett Eanes

Tennis, b Mike Vitez

Tennis, g Katie Sloper

Theatre L. Jones, H. Bachman

Volley, b

Volley, g Rhea Butler

Wrestling Alan El Tagi

Yearbook Peter Reddington

**Div.:** 6

## Wilson Memorial

189 Hornet Road / Fishersville, VA 22939

**Email:** dshifflett@augusta.k12.va.us / gtroxell@augusta.k12.va.us

**Principal:** Doug Shifflett

**Assistant Principal:** Kay Menk, Tim Harrison

**Athletic/Activities Director:** Greg Troxell

**Superintendent:** Dr. Gary D. McQuain (Augusta)

**Assistant AD:**

**Colors:** Green/White

**Mascot:** Green Hornets

Ath Trainer Susanna Lerner

Band Matt Baraclough

Baseball Rodney Cullen

Basket, b Rodney Cullen

Basket, g Jackie Bryan

Cheer Bev Vaughan

Cr Writing Not Filled

Crew, b

Crew, g

CrossC, b Steve Geiman

CrossC, g Amelia Coltrane

Debate Stephen Singleton

F Hockey

**Students** 476

**Gym Cap.** 1000

**Stad. Cap.** 1200

Football Derek McDaniel

Forensics Carl Flippin

Golf Rob Hopkins

Gymnast, b

Gymnast, g

Ind Track, b Gary Kessler

Ind Track, g Gary Kessler

Lacrosse, b

Lacrosse, g

Magazine

Newspaper Eileen Jurand

Out Track, b Steve Geiman

Out Track, g Gary Kessler

**Group:** A

**Region:** B

**District:** Shenandoah

Scholastic

Soccer, b David Miller

Soccer, g Robert Hopkins

Softball Maura Stout

Swim, b

Swim, g

Tennis, b Ed Lovell

Tennis, g Angie Larner

Theatre Diana Beam

Volley, b

Volley, g Kim Claytor

Wrestling Steve Geiman

Yearbook Eileen Jurand

**Div.:** 2

**School Phone:** 540-886-4286

**Athletics Office:** 540-949-8643

**School Fax:** 540-886-4611

## Woodrow Wilson

1401 Elmhurst Lane / Portsmouth, VA 23701-1798

**Email:** jackie.kennedy@pps.k12.va.us / jackir\_kennedy26@yahoo.com

**Principal:** Timothy Johnson

**Assistant Principal:** Mike Hillinch, Dr. Damon Cary, Vivian J. Pharr

**Athletic/Activities Director:** Jack Kennedy (CAA)

**Superintendent:** Dr. David C. Stuckwisch (Portsmouth)

**Assistant AD:**

**Colors:** Royal/Orange/White

**Mascot:** Presidents

Ath Trainer Tonya Murry

Band John Jenkins

Baseball John Sangiovanni

Basket, b Donnell Hammonds

Basket, g Rodger Smith

Cheer Angela Baker

Cr Writing Delores Dudley

Crew, b

Crew, g

CrossC, b

CrossC, g Roger Smith

Debate Akilah Ellison-Jones

F Hockey Not Filled

**Students** 1142

**Gym Cap.** 2000

**Stad. Cap.** 2000

Football Carlton Thomas

Forensics Tamona Williams

Golf James Deans

Gymnast, b

Gymnast, g

Ind Track, b Not Filled

Ind Track, g Not Filled

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Not Filled

Out Track, g Not Filled

**Group:** AAA

**Region:** Eastern

**District:** Eastern

Scholastic John Brown

Soccer, b Gene Gasparini

Soccer, g Martin Hill

Softball Joe Silvasi

Swim, b Martin Hill

Swim, g Martin Hill

Tennis, b Roy White

Tennis, g James Deans

Theatre Carol Jackson

Volley, b William O'Donnell

Volley, g William O'Donnell

Wrestling Tony Reynolds

Yearbook Ross Creey

**Div.:** 5

**School Phone:** 757-465-2907

**Athletics Office:** 757-465-2966

**School Fax:** 757-465-2908

## Windsor

24 Church Street / Windsor, VA 23487

**Email:** wowen@iwcs.k12.va.us / cparrish@iwcs.k12.va.us

**Principal:** William N. Owen

**Assistant Principal:** Dr. Sandra Sessoms-Penny

**Athletic/Activities Director:** Charles Parrish

**Superintendent:** Dr. Michael W. McPherson (Isle of Wight)

**Assistant AD:** Students 490  
**Colors:** Blue/Gold Gym Cap. 500  
**Mascot:** Dukes Stad. Cap. 1200  
Ath Trainer Bruce Carroll  
Band Andrew Micciche Football Forensics  
Baseball Bruce Carroll Golf Rusty Bouton  
Basket, b Jeff Hampton Gymnast, b  
Basket, g Charles Parrish Gymnast, g  
Cheer Dawn Carroll Ind Track, b  
Cr Writing Lohrer Mise Ind Track, g  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Magazine  
CrossC, g Newspaper Lohrer Mise  
Debate Out Track, b Jeff Burchette  
F Hockey Out Track, g Jeff Burchette

**Group:** A Div.: 2  
**Region:** A  
**District:** Tri-Rivers  
Scholastic Debbie McManaway  
Soccer, b Matt Burgess  
Soccer, g  
Softball Charles Parrish  
Swim, b  
Swim, g  
Tennis, b Tom Michael  
Tennis, g Holly Goetz  
Theatre Ginger Beatty  
Volley, b  
Volley, g Jeff Burchette  
Wrestling  
Yearbook Cassie Presson

## James Wood

161 Apple Pie Ridge Road / Winchester, VA 22603-4118

**Email:** salyerj@frederick.k12.va.us

**Principal:** Joseph Salyer

**Assistant Principal:** Mary Jane Spore, Monty Loving, William Daniel

**Athletic/Activities Director:** Craig Woshner

**Superintendent:** Ms. Patricia Taylor (Frederick)

**Assistant AD:** Richard Moore Students 1350  
**Colors:** Navy/Vegas Gold Gym Cap. 2000  
**Mascot:** Colonels Stad. Cap. 6000  
Ath Trainer Jessica Myers Football Walter Barr  
Band Jeff Rutherford Forensics Not Filled  
Baseball Jared Mounts Golf Al Smith  
Basket, b Bruce Fowler Gymnast, b  
Basket, g James Carr Gymnast, g  
Cheer Ashley Boyd Ind Track, b Mike Onda  
Cr Writing Rhonda Lancaster Ind Track, g Mike Onda  
Crew, b Lacrosse, b  
Crew, g Lacrosse, g  
CrossC, b Mike Onda Magazine Rhonda Lancaster  
CrossC, g Mike Onda Newspaper Karen Contreras  
Debate Not Filled Out Track, b Matt Stegmaier  
F Hockey Out Track, g Matt Stegmaier

**Group:** AA Div.: 4  
**Region:** II  
**District:** Northwestern  
Scholastic  
Soccer, b Sean Welge  
Soccer, g Mark Pennypacker  
Softball Ted McDaniel  
Swim, b Mark Pennypacker  
Swim, g Mark Pennypacker  
Tennis, b Joey Dawson  
Tennis, g Rob Haskiell  
Theatre Jef Mueller  
Volley, b  
Volley, g Carla Milton  
Wrestling Greg Walker  
Yearbook David Collins

## Woodbridge Senior

3001 Old Bridge Road / Woodbridge, VA 22192-3299

**Email:** huckesdj@pwcs.edu / forgasdt@pwcs.edu

**Principal:** David Huckestein

**Assistant Principal:** Dot McCabe, Andrea Sparks-Brown, Virginia Kubiak, Ron Clarke

**Athletic/Activities Director:** Dan Forgas (RAA)

**Superintendent:** Dr. Steven L. Walts (Prince William)

**Assistant AD:** Students 2500  
**Colors:** Green/Gold/White Gym Cap. 2071  
**Mascot:** Vikings Stad. Cap. 4825  
Ath Trainer Toby McCullough Football Keith King  
Band Mark Crader Forensics Michelle Corey-Brown  
Baseball Jason Ritenour Golf Not Filled  
Basket, b Chad Anderson Gymnast, b Not Filled  
Basket, g George Washington Gymnast, g  
Cheer Julie Garretson Ind Track, b Adam Daniels  
Cr Writing Cathy Hailey Ind Track, g Adam Daniels  
Crew, b Mike Malak Lacrosse, b Steve Claiborne  
Crew, g John Meehan Lacrosse, g Casey Claiborne  
CrossC, b Adam Daniels Magazine Cathy Hailey  
CrossC, g Adam Daniels Newspaper Todd Kelly  
Debate Leon Reed Out Track, b Adam Daniels  
F Hockey B. King, T. Washington Out Track, g Adam Daniels

**Group:** AAA Div.: 6  
**Region:** Northwest  
**District:** Cardinal  
Scholastic  
Soccer, b Don Allen  
Soccer, g Scott Kerns  
Softball Colleen Kersey  
Swim, b Amanda Bonnett  
Swim, g Wayne White  
Tennis, b C. Green, B. Rowland  
Tennis, g Nate Pearson  
Theatre Caren Hearne  
Volley, b  
Volley, g Mary Kerski  
Wrestling Jim Dutrow  
Yearbook Megan McManus

**School Phone:** 757-242-6172

**Athletics Office:** 757-242-6172

**School Fax:** 757-242-4948

**School Phone:** 540-667-5226

**Athletics Office:** 540-667-2590

**School Fax:** 540-667-3154

**School Phone:** 703-497-8000

**Athletics Office:** 703-497-8106

**School Fax:** 703-497-8115

## Woodside

13450 Woodside Lane / Newport News, VA 23608-1364

**Email:** susan.tilley@nn.k12.va.us / albert.dorner@nn.k12.va.us

**Principal:** Susan Tilley

**Assistant Principal:** David Wright, Kim Hammond

**Athletic/Activities Director:** Al Dorner

**Superintendent:** Dr. Ashby C. Kilgore (Newport News)

**Assistant AD:** Teal/Purple  
**Colors:** Teal/Purple  
**Mascot:** Wolverines  
Ath Trainer Christine Berg  
Band Bryan Austin  
Baseball Kevin Hare  
Basket, b John Richardson  
Basket, g Mike Tallon  
Cheer Lanita Knight  
Cr Writing Not Filled  
Crew, b  
Crew, g  
CrossC, b Derrel Johnson  
CrossC, g Anthony Gordon  
Debate Not Filled  
F Hockey Susan Ragan

**Students** 1850  
**Gym Cap.** 2000  
**Stad. Cap.** 8000  
Football Danny Dodson  
Forensics Linda Vulcan  
Golf Mark Yewcic  
Gymnast, b  
Gymnast, g Not Filled  
Ind Track, b Derrel Johnson  
Ind Track, g Derrel Johnson  
Lacrosse, b  
Lacrosse, g  
Magazine Kim McHugh  
Newspaper Roland Noel  
Out Track, b Derrel Johnson  
Out Track, g Derrel Johnson

**Group:** AAA  
**Region:** Eastern  
**District:** Peninsula  
Scholastic Kate McGaw  
Soccer, b Roland Noel  
Soccer, g Judi Ragan  
Softball Mike Tallon  
Swim, b Carol Prentiss  
Swim, g Carol Prentiss  
Tennis, b James Brown  
Tennis, g Chris Montgomery  
Theatre Patricia Quinn  
Volley, b Kevin Hare  
Volley, g Becky O'Briant  
Wrestling Not Filled  
Yearbook Roland Noel

## W. T. Woodson

9525 Main Street / Fairfax, VA 22031-4099

**Email:** Robert.Elliott@fcps.edu / Daniel.Checkosky@fcps.edu

**Principal:** Robert Elliott

**Assistant Principal:** Virginia Chambers, Shashi Madan, Jeff Yost, Tom Maher, Leanne Kannapell, Barbara Lanzer

**Athletic/Activities Director:** Dan Checkosky

**Superintendent:** Dr. Jack Dale (Fairfax)

**Assistant AD:** Andy Muir, Gifford Krivak  
**Colors:** Blue/White  
**Mascot:** Cavaliers  
Ath Trainer K. Fickes, M. Kotelnicki  
Band Melinda Hall  
Baseball Chris Warren  
Basket, b Doug Craig  
Basket, g Pat Neri  
Cheer Betsy Nerdahl  
Cr Writing  
Crew, b Jim Fitzgerald  
Crew, g Jim Fitzgerald  
CrossC, b Ron Katz, Craig Davis  
CrossC, g Ron Katz, Craig Davis  
Debate Martha Carr  
F Hockey Becky Preston

**Students** 2100  
**Gym Cap.** 1200  
**Stad. Cap.** 12000  
Football Trey Taylor  
Forensics Martha Carr  
Golf J. Ezring, M. Hillburg  
Gymnast, b  
Gymnast, g Mike Cooper  
Ind Track, b Mike Fronckel  
Ind Track, g Mike Fronckel  
Lacrosse, b Jon Fitzgerald  
Lacrosse, g Jenn Karr  
Magazine Ron Shapiro  
Newspaper Andrew Springer  
Out Track, b Mike Fronckel  
Out Track, g Craig Davis

**Group:** AAA  
**Region:** Northern  
**District:** Liberty  
Scholastic  
Soccer, b Matt Leiva  
Soccer, g Sharon Androlot  
Softball Bob Coleman  
Swim, b Liz Keaney  
Swim, g Liz Keaney  
Tennis, b Not Filled  
Tennis, g Not Filled  
Theatre Terri Hobson  
Volley, b  
Volley, g Len Palaschak  
Wrestling Not Filled  
Yearbook Jacqueline Storm

**School Phone:** 703-503-4600

**Athletics Office:** 703-503-4681

**School Fax:** 703-503-4685

## George Wythe (Richmond)

4314 Crutchfield Street / Richmond, VA 23225-4767

**Email:** pland@richmond.k12.va.us / mrose@richmond.k12.va.us

**Principal:** Parke Land

**Assistant Principal:** Mel Rose, Kimberly Allen, Camona Woodford

**Athletic/Activities Director:** Rebba Green (Acting) (CAA)

**Superintendent:** Dr. Deborah Jewell-Sherman (Richmond City)

**Assistant AD:** Michael Hill  
**Colors:** Red/White/Navy Blue  
**Mascot:** Bulldogs  
Ath Trainer Not Filled  
Band Nathaniel Boyd  
Baseball Not Filled  
Basket, b Jack Epps (Acting)  
Basket, g Andrea Spurell-Robinson  
Cheer Valentina Thompson  
Cr Writing Edwina Tucker  
Crew, b  
Crew, g  
CrossC, b Not Filled  
CrossC, g Not Filled  
Debate  
F Hockey

**Students** 985  
**Gym Cap.** 1000  
**Stad. Cap.** 3000  
Football Michael Hill (Acting)  
Forensics  
Golf Greg Gilliam  
Gymnast, b  
Gymnast, g  
Ind Track, b Not Filled  
Ind Track, g Jimmy Hart  
Lacrosse, b  
Lacrosse, g  
Magazine  
Newspaper  
Out Track, b Not Filled  
Out Track, g Jimmy Hart

**Group:** AAA  
**Region:** Central  
**District:** Dominion  
Scholastic  
Soccer, b  
Soccer, g  
Softball Not Filled  
Swim, b  
Swim, g  
Tennis, b  
Tennis, g Not Filled  
Theatre Derome Smith  
Volley, b Not Filled  
Volley, g Danyelle Smith  
Wrestling Alvin Scott  
Yearbook Monica Glass

**School Phone:** 804-780-5037

**Athletics Office:** Ext. 149

**School Fax:** 804-780-5043

## George Wythe (Wytheville)

#1 Maroon Way / Wytheville, VA 24382-1598

**Email:** rskeens@wythe.k12.va.us / rbeamer@wythe.k12.va.us

**Principal:** Richard Skeens, Jr.

**Assistant Principal:** Rolland Cook

**Athletic/Activities Director:** Rusty Beamer

**Superintendent:** Dr. Albert S. Armentrout (Wythe)

**Assistant AD:**

**Colors:** Maroon/Gray

**Mascot:** Maroons

**Ath Trainer**

Band Derrick Spence

Baseball Not Filled

Basket, b Alfred Copenhaver, Jr.

Basket, g Arthur Johnson

Cheer Carla Corvin

Cr Writing Rhonda Simmerman

Crew, b

Crew, g

CrossC, b Pat Spradlin

CrossC, g Pat Spradlin

Debate

F Hockey

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b

Ind Track, g

Lacrosse, b

Lacrosse, g

Magazine

Newspaper

Out Track, b Danny Suthers

Out Track, g Tammy Suthers

**Students** 450

**Gym Cap.** 1800

**Stad. Cap.** 4000

Donnie Pruitt

Lorna King

Donnie Pattison

**Group:** A

**Region:** C

**District:** Hogoheegee

Scholastic

Soccer, b Stu Vaught

Soccer, g Scott Dove

Softball Ruth Lutrell

Swim, b

Swim, g

Tennis, b Robert Shelton

Tennis, g Candace Iroler

Theatre Lorna King

Volley, b

Volley, g

Wrestling Jason Otey

Yearbook Randy Matney

**Div.:** 2

## York

9300 George Washington Highway / Yorktown, VA 23692-4066

**Email:** rhart@ycsd.york.va.us / sjackson@ycsd.york.va.us

**Principal:** Royce Hart

**Assistant Principal:** Antonia Fox, Paul Hopkins

**Athletic/Activities Director:** Sam Jackson (RAA)

**Superintendent:** Dr. Steven R. Staples (York)

**Assistant AD:** Susan Wiker

**Colors:** Blue/Gray

**Mascot:** Falcons

**Ath Trainer** Not Filled

Band Richard Purvis

Baseball Robert Pearce

Basket, b Not Filled

Basket, g Timothy Knapp

Cheer Kimberly Newsom

Cr Writing Valerie Egger

Crew, b

Crew, g

CrossC, b Sam Jackson (RAA)

CrossC, g Sam Jackson (RAA)

Debate Paul Rice

F Hockey Susan Wiker

Football

Forensics

Golf

Gymnast, b

Gymnast, g

Ind Track, b John Seawell

Ind Track, g Sam Jackson (RAA)

Lacrosse, b

Lacrosse, g

Magazine Valerie Egger

Newspaper Jaime Miller

Out Track, b Jeff MacGuinness

Out Track, g Sam Jackson (RAA)

**Students** 1000

**Gym Cap.** 1200

**Stad. Cap.** 4000

Douglas Pereira

Jaime Miller

Jeff Ganoe

**Group:** AA

**Region:** I

**District:** Bay Rivers

Scholastic

Soccer, b Thomas Hipple

Soccer, g Not Filled

Softball Amy Hunter

Swim, b Not Filled

Swim, g Not Filled

Tennis, b Justin Keyes

Tennis, g Steve Fisher

Theatre Jessica Smith

Volley, b

Volley, g Sharon Grunthaner

Wrestling Todd Parrish

Yearbook Ashley Ellis

**Div.:** 3

## Yorktown

5201 28th Street, North / Arlington, VA 22207-1799

**Email:** mkrulfel@arlington.k12.va.us

**Principal:** Ray Pasi

**Assistant Principal:** Gail Ridley, John Doll, William Lomax

**Athletic/Activities Director:** Michael Krulfeld (CAA)

**Superintendent:** Dr. Robert G. Smith (Arlington)

**Assistant AD:** Stephanie Meadows

**Colors:** Columbia Blue/White

**Mascot:** Patriots

**Ath Trainer** Bruce Ferratt

Band Ben Williams

Baseball Mike Allen

Basket, b Rich Avila

Basket, g Chantal Gill

Cheer Nadia Conyers

Cr Writing

Crew, b Not Filled

Crew, g Not Filled

CrossC, b Mark Stripe

CrossC, g Mark Stripe

Debate Millie Solomon

F Hockey Rebecca Guy

Football

Forensics

Golf

Gymnast, b

Gymnast, g Joanne Price

Ind Track, b Mark Stripe

Ind Track, g Mark Stripe

Lacrosse, b Greg Beer

Lacrosse, g Robin Steinberg

Magazine Melanie McCabe

Newspaper Chrissy Wiedemann

Out Track, b Mark Stripe

Out Track, g Mark Stripe

**Students** 1650

**Gym Cap.** 1500

**Stad. Cap.** 2500

Bruce Hanson

Terry Eiserman

Christopher Williams

**Group:** AAA

**Region:** Northern

**District:** National

Scholastic

Soccer, b David Wood

Soccer, g Vicky Brunt

Softball Ron Huling

Swim, b Dave Lassiter

Swim, g Dave Lassiter

Tennis, b Maria Canadas

Tennis, g Natalie Roy

Theatre Carol Cadby

Volley, b

Volley, g Brittanie Stowell

Wrestling

Yearbook Millie Solomon

**Div.:** 5