



Burn Institute®

N E W S L E T T E R

Fire & Burn Prevention • Burn Survivor Support • Burn Research Vol. XXXIV, No. 2 July 2003

Make Burn Run/FIRE EXPO Part of Your 2003 Summer Fun!



**Saturday, July 19 In Conjunction with
FIRE FIGHTER'S NIGHT AT THE PADRES. . . . See Page 2**

13th Annual Burn Run/FIRE EXPO

Cover Story

If you're looking for some family fun this summer, then you won't want to miss Burn Run/FIRE EXPO 2003 on **Saturday, July 19** from 1- 7 p.m. at Qualcomm Stadium. Admission is FREE.

Burn Run

The Burn Run of fire apparatus begins at 8 a.m. and travels throughout San Diego and Imperial counties. At 2 p.m., the parade arrives at parking area "J" at Qualcomm Stadium for the arrival ceremonies. For a complete list of all the Burn Run stops, visit our website and look for Burn Run/FIRE EXPO in the News Section.

FIRE EXPO

This fun event has something for the entire family. Come out and enjoy live firefighting demonstrations, fire engine rides, firefighter clowns, a kiddie karnival, a community pavilion, rock climbing wall, live music, food and more. Commemorative t-shirts and fire fighter antenna balls will also be for sale.



Fire Fighter's Night At The Padres

At 7:05 p.m., the Padres will host the Arizona Diamondbacks. Special pre-game ceremonies honoring the fire service begin at 6:30 p.m. To purchase tickets for this, the final Fire Fighter's Night at the "Q," contact the Burn Institute. A portion of the ticket proceeds sold by Burn Institute volunteers will benefit the Burn Institute.

Presented by Sycuan, Burn Run/FIRE EXPO is an event of the the San Diego - Imperial County Fire Fighters Advisory Council to the Burn Institute. Other sponsors include KUSI-TV, KSON 97.3 FM, Radio Disney AM 1240, Smooth Jazz 98.1, and FM 94.9. FIRE EXPO is funded in part by a grant from the San Diego City Commission for Arts and Culture.

A special thanks to Scott Marshall and Center Plate for hosting this year's co-chair luncheon at the "Q"



Burn Run/FIRE EXPO co-chairs pictured above. (Left to Right) John Jerome, Rancho Santa Fe, Ron Larson, Federal, Jim Cranfield, San Diego, Ron Hollander, Federal, Mitch Sanders, Federal, Chris Weber, San Diego, Bobby Allen, San Diego, Tim Kanaski, Federal.



Opportunity drawing tickets are available for a chance to win a Suzuki JR80 dirt bike, donated by San Diego House of Motorcycles. Winner will be announced during FIRE EXPO.

Burn Institute Newsletter© is a publication of the Burn Institute and is published three times a year.

Editor: Rosella Aplin

Burn Institute - San Diego
3702 Ruffin Road, #101
San Diego, CA 92123
(858) 541-2277

Burn Institute - Imperial Valley
612 "J" Street, #4
Imperial, CA 92251
(760) 355-3175

www.burninstitute.org

On the Cover...

(Top left to right) Padres Bench Coach Tony Muser, Kimberly Hunt, KUSI-TV, (Middle) Honorary Chair Jeremy Castro-Jouvet, (Bottom left to right) Burn Run/FIRE EXPO Event Chair Captain Ron Hollander, Federal Fire Department, Padre Third Baseman Sean Burroughs.

Color cover photo generously donated by Graphics Ink

How to Make Sure Your Summer Travel Plans Don't Include a Trip to the **EMERGENCY ROOM**

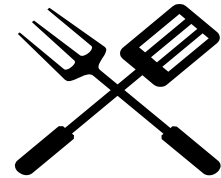
Summer is here and with it comes a wide array of fun outdoor activities like family barbecues, trips to the beach, and campfires, just to name a few. The Burn Institute urges people to think about fire and burn safety this summer. Following some of the tips listed below may keep you from visiting an emergency room.

Tents



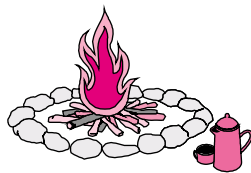
- Make sure your tent is made of flame-retardant material.
- Never use an open flame inside a tent. Use a flashlight or battery-powered lantern instead.
- Heat or flame producing appliances should never be used inside a tent.
- Pitch your tent at least fifteen feet upwind from barbecue grills and fire pits.
- Maintain at least a three-foot clearance around your tent, free of leaves, dry grass, pine needles, etc.

BBQ



- Keep children away from barbecue grills.
- Hot coals should always be disposed of in designated fire receptacles.
- Never bury hot coals. They can retain intense heat for up to 24 hours and may cause a serious burn injury to an unsuspecting passerby who may step on them.

Campfires



- Always use a designated fire pit.
- Children should never build a fire.
- Never use a flammable liquid, such as gasoline to start a fire or hot coals. Explosions can result.
- Strictly observe all fire laws, ordinances and regulations when building a fire.
- When cooking or roasting marshmallows over an open flame always wear appropriate footwear - no sandals or open-toe shoes.
- Never leave a fire unattended. Always make sure the fire is properly extinguished and doused with water.

Emergency



- Stop the burning process! Remove the victim from the heat source. **Stop, Drop, & Roll** to smother clothing fires. **Cool** the burn with tap water and **call 9-1-1**.
- Quickly remove any clothing that could hold in heat and cause the skin to keep burning. Do not remove clothing that is sticking to the skin.
- Do not apply ice to a burn injury. This may cause further skin damage.
- Do not apply butter, Vaseline, or other ointments which may hold in heat.
- For burns to head, hands, and feet, call trained medical help immediately. For large burns, cover the victim with a clean dry cloth to reduce shock and conserve body heat.

Fourth Annual Fire Ball

Honors 13 Imperial Valley Firefighters

More than 100 people attended the Burn Institute's Fourth Annual Fire Ball on April 12, 2003 at the Barbara Worth Resort in Holtville.

Perette Godwin, Anchor/Reporter for KYMA News Channel 11, served as the mistress of ceremonies and was assisted by Cheryl Walker, Council Member for the City of El Centro. Together they presented the Burn Institute Exceptional Service Award to 13 Imperial Valley firefighters. The coveted Distinguished Service Award went to Fire Ball Event Chair, Christine Oczkowski.

A very special thank you to Fire Ball major sponsors: Imperial Irrigation District, Rogers & Rogers Nissan & Toyota and The Clinicas de Salud del Pueblo, Inc.



(Left to right) James Floros, Executive Director Burn Institute, Victor Jaime, Ph.D, President of the Burn Institute Imperial Valley Advisory Board and Christine Oczkowski, Fire Ball event chair and 2003 recipient of the Burn Institute's Distinguished Service Award.

Watch The Thunderboat Regatta And Support The Burn Institute!



The Burn Institute has been chosen as one of the beneficiaries of the 38th Annual San Diego Thunderboat Regatta.

The races run from September 19 through September 21 at

Mission Bay Park. There are several great places along the bay to watch these spectacular races, but the best place will be from the corporate hospitality village area on East Vacation Isle. This private, beach-front chalet will host many corporate VIP tents including a special Burn Institute VIP hospitality area.

For \$100 per ticket you will receive a two-day admission pass, food, beverages, access to private corporate displays, interactive rides, games and much, much more... And better yet, you'll be supporting the important work of the Burn Institute. *(Tickets normally sell for \$250 and more.)*

HURRY! There are only 200 tickets and they will be sold on a first come, first serve basis. To purchase tickets call the Burn Institute at (858) 541-2277.

"DRAWN TO THE FLAMES" November 3 - 5, 2003

The Burn Institute, SOS FIRES and Firestoppers of Washington have teamed up to offer an international conference on youth firesetting, "Drawn to the Flames."

Professionals who will encounter and ultimately work with children who have engaged in firesetting behavior will find this conference to be a necessary experience. It will provide a unique insight into understanding the nature of firesetting behavior among children.

The three-day conference will be held in San Diego at the Coronado Island Marriott Resort. Registration is \$225 per person.

For information, or to help sponsor this event, contact Burn Institute Director of Program Services Fernando Felix at (858) 541-2277 or by e-mail at programs@burninstitute.org



Spirit of Courage Celebrates 30 Years of Heroes



Hosted by San Diego City Fire Fighters Local 145

Presented by Sycuan Band of the Kumeyaay Nation

In 1973, a gallon of gas cost 40 cents, a new car cost an average of \$3,950, Xerox introduced the first color copier machine and the Burn Institute held its first Spirit of Courage Awards Banquet.

On May 22, the Burn Institute celebrated its 30th Annual Spirit of Courage Awards Banquet honoring 32 individuals for risking their lives in an effort to save another from burn injury or death by fire.

Carol LeBeau, from KGTV News 10, served as the evening's mistress of ceremonies at the Sheraton San Diego Hotel & Marina. In addition to honoring heroes, the evening also paid a special tribute to the UCSD Regional Burn Center for celebrating 30 years of dedicated service to our community.

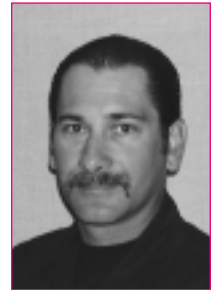
Carol was joined on stage by former colleague and friend, Adrienne Alpert. In an uncanny coincidence, Adrienne shared with everyone that May 22 was the third anniversary of her burn injury. Adrienne was severely burned when the antenna of her KABC-TV News van came too close to an overhead power line.

In keeping with tradition, the Institute presented the Pamela R. Kelly Volunteer of the Year Award to Captain Mike Nuanes from the San Diego - Fire Rescue Department.

A special thank you to San Diego City Fire Fighters Local 145, and Sycuan for their tremendous support.



Kevin J. Thomas
Nominated by
California Highway Patrol



Alain J. Maes
Nominated by
National City Police Dept.



Dennis Tong
Nominated by
San Diego Fire-Rescue Dept.



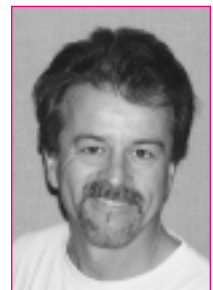
James P. Goebel Jr.
Nominated by
Boy Scouts of America
Desert Pacific Council



The banquet included a special tribute to the UCSD Regional Burn Center for celebrating 30 years of service to the community. Daniel Lozano, M.D. (left) accepts a beautiful etched mirror award from Burn Institute Board Chairman Jerry Davee (right)



Bruce Rogers
Nominated by
El Cajon Fire Dept.



Erick Guittard
Nominated by
Solana Beach Fire Dept.

Spirit of Courage Awards, Continued



Kelvin Branom



Kevin Harris



Sergio Cantu-Reyna



Frederick Rueckert



Rufus Saucedo

Nominated by The San Diego Fire-Rescue Dept.



Carl G. Cable



Stephan Neumann



Esteban Ojeda



Martijn Ponten

Nominated by California Highway Patrol - El Cajon

*Nominated by
The California Highway Patrol*



Damon Blakenbaker



Gary Crowley



Ronald Halstead



Daniel Perkins



Randy Wilkinson

Nominated by The San Diego County Sheriff's Dept.



Christopher M. Frey



Gonzalo C. Gerardo



Jacques Rodriquez



Enrique J. Romo

Nominated by The Calexico Police Dept. and the California Highway Patrol

(Melvyn Polite is not pictured)



Deborah Burger

Nominated by The San Diego Police Dept.



Dick Ward



Frank L. Curley

*Nominated by
San Diego Fire-Rescue Dept.*



Stephen G. Bucher



Jerry Castor



Raymond Rapue

*Nominated by The
California Department of Forestry*

Thank You

Presenting Sponsors

San Diego City Fire Fighters Local 145
Sycuan Band of the Kumeyaay Nation

Major Sponsors

The San Diego Foundation Dr. Seuss Fund
at the recommendation of Audrey Geisel
San Diego Gas & Electric/
Southern California Gas Company

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Grossmont Healthcare District
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Terrence L. Butler

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El Cajon Firefighters Association
El Cajon Fire Fighters Political Action Committee
Encinitas Firefighters Association
Kramer Design
Lakeside Fire Protection District
Mr. & Mrs Gerald S. Davee (2 tables)
NASSCO - *National Steel & Shipbuilding Company*
Otay Water District
Paul Nieto - Project Design Consultants
San Diego - Imperial County Fire Fighters Advisory
Council to the Burn Institute
San Diego Medical Services Enterprises
San Diego Padres
San Diego Police Officers Association
San Diego Transit Maintenance Contrib Club/I.B.E.W. Local 465
San Miguel Fire Protection District
San Miguel Firefighters Local 1434
Santee Firefighters Association
Santee Firefighters Association - PEC
Vista Fire Protection District

Change A Life Foundation and the Burn Institute Team up to Help Burn Survivors

“Assisting individuals in need, through short-term life-changing grants.” This is the Change A Life Foundation’s mission and for burn survivor and double amputee, Karen Boswell, that’s just what occurred when the foundation’s recent grant made it possible for Karen to purchase a new motorized wheelchair (pictured at right).

Before the Change A Life Foundation’s grant, Karen struggled with a chair pieced together from used parts that would break down at the most inconvenient times. Now, Karen’s new chair allows her to be independent and volunteer for the Burn Institute.



Twenty-four year-old Cari Torres was very severely burned in a boating accident and not only lost her fiance, but lost 75 percent of her hearing as a result of the antibiotic treatment. Thanks to a generous grant from the Change A Life Foundation, Cari received special hearing aids, which allowed her to remain employed and self-sufficient and continue on the road to recovery. Cari is now looking forward to volunteering for the Burn Institute to, in her words, “give back to other burn survivors.”

A special “Thank You” to the Change A Life Foundation.

In Memory of Stephen Edward Brucker

September 18, 1951 - April 14, 2003

The Burn Institute was saddened to lose staunch supporter Stephen Edward Brucker. The Burn Institute and the Brucker family would like to thank the following donors for their thoughtful memorial gifts in Steve’s honor:

Ad-Lib Video Productions, Inc.
Gloria W. Bach
Olive & Joseph L. Bauer
Bill & Alison Benton Family
Dan & Mary Bridge
Lyle W. Butler
Charlie’s Hub-Caps & Wheels
The Conrad Family
Marijeanne Crabtree
Bill & Kay Curran
Ben & Sally Dameron
Dewain & Sharon (Borneman) Davis
John R. Ehrich
Marion B. Flood
Jerry Goss
Image On Track - Kevin & Debbie Clark
Nona & Remington Jackson
Friends of Women’s Fitness World --
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Laura Kwiatkowski

Johnny M. Lindsay
Dana Moore Racing
Lisa Pittarelli
Alison A. Royle
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Dan, Laura & Amelia Sperry
Mr. & Mrs. George Sperry
Elaine Stodelle Clabaugh
Kayce Stodelle Novak
Stephen Stodelle
Connie, Jay & Holly Tilko
Gretta Upp
Cindy Vowles & Family
Mr. & Mrs. Donald Wright

MORE TRIBUTE GIFTS

Kiwanis Club of Lake Murray
In Honor of Klaus Schryen

Larry & Marie Armstrong
In Memory of Ellen Riding

Juanita Little
In Memory of "Butch" Littell

Zachary Carrillo of Firehog Innovations
In Memory of Robert "Bruce" Brouard

FMC Extracorporeal Alliance
In Memory of the grandparents of
employee Tamara Manson

Bruce & Rebecca Halgren
In Memory of Robert "Bud" Larimer

Vista Sunrise Kiwanis Club Sponsor "NEW" Spring Family Day For Burn Survivors

On Saturday, April 19, the Vista Sunrise Kiwanis Club sponsored the First Annual Spring Family Day for burn survivors and their families. Held at beautiful Green Oaks Ranch in Vista, the day began bright and early at 9 a.m. and lasted until 3 p.m.

This "new" special family day gave burn survivors and their families the opportunity to meet other burn survivors and enjoy a day filled with fun activities, friendships and happy memories.

Some activities included rock climbing walls, an on-site animal rescue zoo, archery, Easter themed activities and a barbecue lunch.

The Burn Institute would like to thank the Vista Sunrise Kiwanis Club for their generous donation, Green Oaks Ranch for their support and all the Kiwanians who came out.



Burn survivors and their family enjoyed the First Annual Spring Family Day.

Golfing Never Tasted So Good !



THE BRIGANTINE
FAMILY OF RESTAURANTS
Brigantine • Miguel's Cocina • Azul • Zocalo Grill

On June 2, The Brigantine Family of Restaurants held its Second Annual Charity Golf Tournament and raised \$6,000 to benefit vital Burn

Institute programs and services.

The day was filled with good golf, good friends and great food from Azul of La Jolla, Miguel's Cocina, Zocalo Grill and of course, The Brigantine. Each golfer received many great items including a Brigantine golf shirt and a dining gift certificate for The Brigantine Restaurant.

Many thanks to Brigantine owner Mike Morton, Patrick Walsh, General Manager, Azul La Jolla, and Ed Pecus, General Manger, Point Loma Brigantine for this special gift and continued friendship.



The Burn Institute shows its appreciation to the Brigantine for its continued support. (Left to right) James Floros, Burn Institute Executive Director, Mike Morton, Owner, Brigantine Seafood Restaurants, Jim Lockwood, Retired El Cajon Firefighter and long-time Burn Institute volunteer.

CONTRIBUTIONS

The Burn Institute's programs and services are made possible by the donations from individuals like you, local companies, foundations, community groups, service clubs and organizations. A warm Thank You is extended to the following for their support and generosity.

(Gifts of \$250 or more from February 21 - June 12, 2003)

(Spirit of Courage donors are listed on Page 7)

A-1 Fire Protection, Inc.
Alpine Outlaws
Mr. & Mrs. R.W. Arendsee
Arrowhead Regional Medical Center Fund
Aztec Paving, Inc.
Barona Anti-Drug Committee
Barona Band of Mission Indians
Barona Valley Ranch & Casino
BFG Rohr Employees Will-Share Club
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Pocket Products LLC
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San Diego Firefighters Federal Credit Union
San Diego Fire and Rescue - Station 30
The San Diego Foundation's Weingart-Price Fund
Sanfilippo's Pizza

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Wal-Mart Santee
Western Fire Protection Inc.
Western Heavy Equipment Rentals
Ms. Connie Wolfe
Yale Properties

Support the Burn Institute through the United Way/CHAD and CFC Campaigns

Did you know that you can support the Burn Institute through your local United Way/CHAD and CFC Campaign's, which begin in the fall?

When you predesignate your donated dollars, the Burn Institute receives 100% of your donation. Donating is simple. All you have to do is write down these numbers on your United Way/CHAD or CFC forms.

San Diego County #5581

Imperial County #7024



The Hot Line

Thank You

The Burn Institute would like to thank the Bomberos de San Diego for hosting their **5th Annual Bomberos Charity Golf Tournament**. A portion of the proceeds were donated to the Burn Institute. Thank you to Ernie Garcia, Joe Cage, tournament chair Alex Robles and all who volunteered their time and donated items for the event.

Mark Your Calendars

- **“Give Burns The Boot”**
Countywide Firefighter Boot Drive
Tuesday, July 15 from 6-10 a.m.
- **Burn Run/FIRE EXPO 2003**
Saturday, July 19 - Qualcomm Stadium
1-7 p.m. FREE ADMISSION
2 pm Burn Run Parade Arrives
- **Camp Beyond The Scars**
August, 4-10, Camp Cuyamaca
- **San Diego County Fire Chiefs’ Golf Tournament**
Monday, September 8
Lomas Santa Fe Country Club
- **Thunderboat Regatta**
September, 19-21, Mission Bay
VIP tickets on sale now!
- **Hearts of Fire Hot Rods Car Show**
Saturday, October 4
El Monte Park, El Cajon

For more information on any of these events call (858) 541-2277 or visit us online at www.burninstitute.org

PROGRAMS & SERVICES

FIRE AND BURN PREVENTION EDUCATION

- “Burni the Dragon’s Preschool Fire & Burn Prevention Program”
- “Let’s Stay Safe From Fires and Burns”
- “Stop Fires and Burns”
- “Burns are Serious Business”
- “Juvenile Firesetter Program”
- Child Care Burn Prevention
- Senior Fire Safety & Smoke Detector Program
- Fire Safety Training Program *(Nominal Fee)*
- Wildfire Program
- First Responder Smoke Detector Program

BURN SURVIVOR SUPPORT

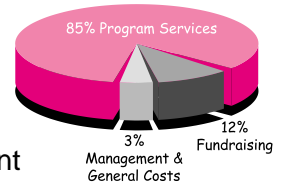
- Camp Beyond the Scars for Burn-Injured Children
- Holiday Party for Burn Survivors
- Retreat For Adult Burn Survivors
- Burn Survivor Emergency Needs Fund
- School Re-Entry Program
- Special Assistance Fund
- Monthly Outings

BURN RESEARCH

- Funding Vital Burn Research and Treatment

COMMUNITY SERVICE

- Spirit of Courage Awards Banquet
- Public Service Announcements
- Fire and Burn Prevention Literature
- Speakers Bureau



Where Your Dollars Go
2002 Audited Figures

Yes! I want to become more involved with the Burn Institute.

- Send me information on Planned Giving
- Send me more information on your programs and services.
- Please contact me about becoming a Burn Institute volunteer
- I would like to become an Auxiliary member - enclosed is my \$25 annual membership fee made payable to the Burn Institute Auxiliary.
- I would like to support the important work of the Burn Institute.

Enclosed is my tax-deductible gift of \$_____.

Credit Card # /exp.date _____

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

Send to:
Burn Institute
3702 Ruffin Road, Suite 101
San Diego, CA 92123
(858) 541-2277



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The Burn Institute is a nonprofit health agency dedicated to reducing the number of burn injuries and deaths in San Diego and Imperial counties through fire and burn prevention education, burn care research and treatment, and burn survivor support services.

STAFF

James A. Floros	Executive Director
Rosella Aplin	Director of Communications
Fernando Felix	Director of Program Services
Kathleen Frampton	Executive Assistant
Gilbert Guerrero	Community Outreach Specialist
Vicki Schoonderwoerd	Office Manager
Liz Sorenson	Support Services/Volunteer Coordinator
Darlene Snow	Special Events Coordinator
Donna Zimmerly	Director of Development

Member Agency of Combined Health Agencies (San Diego County);
United Way (Imperial County); Combined Federal Campaign
(San Diego/#5581 and Imperial counties/#7024)

Save the Date! September 8, 2003



SAN DIEGO COUNTY FIRE CHIEFS' ASSOCIATION ANNUAL GOLF TOURNAMENT

12th Annual Golf Tournament to benefit the Burn Institute

Shotgun Start: 12 p.m.
Lomas Santa Fe, Solana Beach
For more information call
(858) 541-2277

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