

Coastal walk – Tintagel, North Cornwall coast

Short description: Take a walk along the dramatic coastline of Tintagel's headlands and cliffs. Start at The Old Post Office and as you make your way along the path, make sure you look out for Barras Nose. This area of coastline was the first stretch of coastline the National Trust purchased in 1897 two years after the National Trust was founded in 1895.

Getting there:

Road: Take B3263 to Tintagel and park in one of the public car parks. (No National Trust car park)

Foot: South West Coast Path within 2/3ml

Bus: (B=bus stop) Western Greyhound 524 Bude-Wadebridge, 594 Bude-Truro (with connections on 555 at Wadebridge from Bodmin Parkway). For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 200 gr SX 051 888, Explorer 111

Facilities available: Public toilets and numerous refreshment facilities available in village

Terrain: Moderate walking conditions

Distance: 5 miles

Accessibility: Cliff edges can be dangerous. Stay on path and know the state of the tides. Height gain of 100m

Points of interest: Follow the main road from the Old Post Office towards Tintagel Castle and follow signs to the coast path. Once on the coast path look out for the following features:

1. Slate Quarries and Rock fissures along Glebe cliff line
2. Old castle
3. Barras Nose
4. Rocky Valley which includes 161 species of mosses
5. Maze Carvings

You can return on the same path along the cliffs or follow the road through to Tintagel

Property contact details: Tel 01840 770024 (The Old Post Office)

National Trust property nearby: Boscastle and other coastal properties

