



VELOCITY

v e l o c i t é

www.luge.ca

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A MESSAGE FROM EXECUTIVE DIRECTOR – TIM FARSTAD

On behalf of the Canadian National Luge Team, I am pleased to bring you the first edition of the Canadian Luge Association's monthly newsletter – Velocity. The 2006 season is well upon us, and we are committed to keeping our members informed of what is happening in the luge community.

Moving forward to Vancouver 2010, we will be unwavering in our attempt to build a standard of excellence both on and off the ice. We have the resources in place for our athletes to start reaching the podium, and with that in mind, it is time to bring the business of our sport to the same standard of professionalism and success.

Over the summer months, our athletes were hard at work preparing for another season of competing against the world's best lugers. For the first time ever we are welcoming back our complete Olympic team for the World Cup, and that is a significant competitive advantage in developing a team that will compete for the podium. For many of our team members, Torino was their first Olympic Winter Games, and we are looking to build on that experience over the next four years so we are fully prepared, and ready to contend for a medal in Vancouver.

The Olympic coaching squad will also return to guide the Canadian team throughout the World Cup season this year. Head coach Walter Corey, a veteran of the sport who worked his way through the Canadian luge system, has controlled the reins of the national team since 2004. Corey also welcomes back to the Canadian program, assistant coach Robert Fegg, who raced five years with the German National Team.

Our junior team is ready for their international debut on the Junior World Cup circuit. The eight athletes named to the Canadian Junior Luge Team include five young Canucks returning for their second stint on the national team, and three rookies looking to make their mark against the world's best junior lugers.

Leading up to the Games in 2010, we fully intend to be a world leader in luge racing. Working with our sport partners, it is our commitment to provide our athletes with the resources to achieve our goal of winning Canada's first Olympic medal in luge. This success starts at the grassroots level, and we are heading in the right direction.

We are excited for the upcoming Viessmann World Cup in Calgary, December 4-10, 2006. The staff and volunteers have been hard at work to ensure it will be an event to remember. Please come out and cheer on the Canadian National Luge Team as they take on the world.

Here's to a successful 2006 season and beyond.

Tim Farstad
Executive Director



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BITTERSWEET DAY FOR CANADIAN LUGE ATHLETES IN WORLD CUP OPENER ON OLYMPIC TRACK

Cesana Pariol, ITA— Just nine months after the Winter Games, Canada's young women's singles and men's doubles luge teams headed back to the Olympic Track in Cesana Pariol, Italy for the opening event on the World Cup circuit Saturday.

With Canadian hopes for a strong performance laying on the sleds of 19-year-old Alex Gough in women's singles and Chris and Mike Moffat in men's doubles, the Canadians were unable to conquer the Olympic beast despite a terrific opening run for Gough, and strong starts by the Moffat brothers.

Calgary's Gough, who is the youngest member of the Canadian squad, stamped some early-season authority on the result sheet loaded with names of the top athletes in the world - many of them nearly twice her age, after posting the seventh fastest time (48.55 seconds) in the opening heat of the two-run race. However, the Canadian teen ran into some troubles early in her second run, and was never able to recover on the challenging lower portion of the track, and crashed in the final corner.

In men's doubles, the Moffat brothers continued to



explode out of the start house, but struggled on the top part of the track in both runs, and couldn't carry high speeds into the lower end of the track. The Moffats, who finished ninth at the 2006 Games, settled for 11th spot on Saturday with a two-run time of one minute 36.849 seconds.

Complete Results: www.fil-luge.com

WOMEN'S TOP-FIVE RESULTS

1. Silke Kraushaar-Pielach, GER, 1:36.444; 2. Anke Wischnewski, GER, 1:36.465; 3. Tatjana Hüfner, GER, 1:36.591; 4. Sylke Otto, GER, 1:36.859; 5. Ewelina Staszulonek, POL, 1:36.859.

CANADIAN RESULT

DNF. Alex Gough, Calgary

DOUBLES TOP-FIVE RESULTS

1. Oberstozl/Gruber, ITA, 1:36.275; 2. Leitner/Resch, GER, 1:36.295; 3. Plankensteiner/Haselrieder, ITA, 1:36.431; 4. Linger/Linger, AUT, 1:36.456; 5. Schiegl/Schiegl, AUT, 1:36.544.

CANADIAN DOUBLES RESULTS

11. Chris and Mike Moffat, Calgary, 1:36.849.

CANADA'S SAM EDNEY SETTLES FOR TOP-20 FINISH DESPITE FAST OPENING HEAT

Cesana Pariol, ITA - For the second consecutive day, a young Canadian luge athlete was on track to posting a career-best result, but was unable to find the fast line to the finish in the second run on the Olympic Track in Cesana Pariol, Italy.

On Sunday, it was Calgary's Sam Edney who put down the seventh fastest time in the opening heat of the two-run race after completing each of the 19 curves at the 2006 Olympic venue in a time of 53.29 seconds. But like his teammate, Alex Gough in women's singles Saturday, the 22-year-old Edney stumbled out of the start in the second heat and fell out of contention, settling for 19th spot and a combined time of one minute 47.252 seconds.

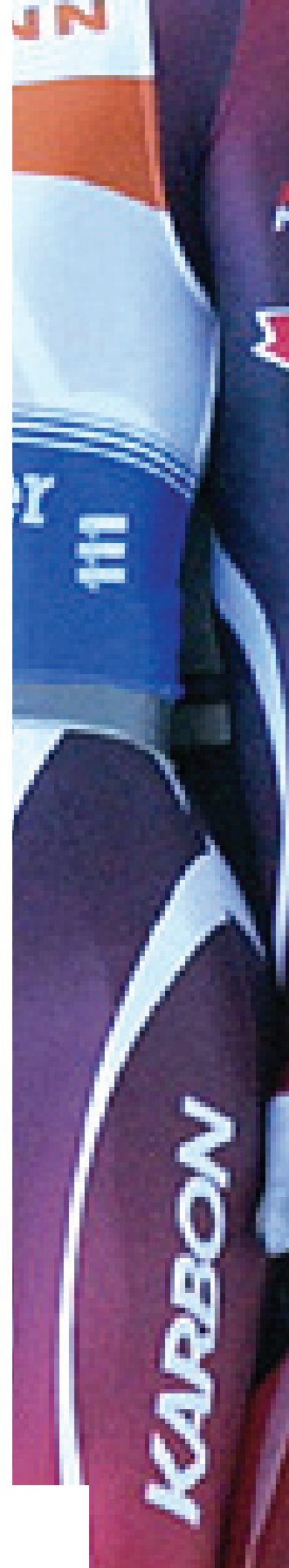
MEN'S TOP-FIVE RESULTS

1. Armin Zöggeler, ITA, 1:46.061; 2. Albert Demchenko, RUS, 1:46.449; 3. Rainhold Rainer, ITA, 1:46.530; 4. David Möller, GER, 1:46.557; 5. Wilfred Huber, ITA, 1:46.630.

CANADIAN RESULT

19. Sam Edney, Calgary, 1:47.252; 24. Ian Cockerline, Calgary, 1:47.470; 25. Jeff Christie, Calgary, 1:47.584.

Calgary's Ian Cockerline and Jeff Christie rounded out the men's team, finishing 24th and 25th respectively, resulting in a disappointing day for the young Canadian men's team poised to threaten for the podium and climb into the top-10 consistently against the world's best luge athletes.





ENTIRE CANADIAN OLYMPIC LUGE TEAM RETURNS FOR 2006-07 WORLD CUP SEASON

Calgary - Canada's complete Olympic Luge Team will return for the World Cup campaign, and ultimately continue racing for the national program until the next Olympics at home in Vancouver 2010, the Canadian Luge Association announced on Wednesday.

Three men, three women and two doubles teams will wear the maple leaf onto the icy luge tracks around the world this year, led by two-time Olympians Regan Lauscher and Grant Albrecht of Red Deer, Alta., Eric Pothier of Airdrie, Alta., and Chris and Mike Moffat of Calgary.

"For the first time ever we are welcoming back our complete Olympic team for the World Cup, and that is a significant competitive advantage in developing a team that will compete for the podium," said Tim Farstad, executive director, Canadian Luge Association. "For many of our team members, Torino was their first Olympic Games, and we are looking to build on that experience over the next four years so we are fully prepared, and ready to contend for a medal in Vancouver."

The women's team will be led by 26-year-old Regan Lauscher, who won Canada's first ever World Cup silver medal, and finished 10th at the Torino Olympics. Lauscher will race a condensed schedule prior to the holiday break this season, competing only in the North American events, but will opt out of the team's trip to Italy and Japan. Lauscher, whose first event will be the Calgary World Cup, December 9-10, will race full-time after the holidays when the top international luge circuit travels to Europe.



Lauscher will be joined on the women's squad by 19-year-old Alex Gough of Calgary, and 20-year-old Meaghan Simister of Regina, who both made their Olympic debut last year, finishing 20th and 24th respectively. Both athletes have been steadily improving on the international circuit.

Canada will also suit up its most talented men's team ever with Calgary's Jeff Christie leading the way. The 23-year-old slider, who finished 14th at his first Olympics in Torino, has consistently been Canada's men's singles leader on the World Cup over the last two seasons. Christie will be joined by 22-year-old Calgary natives, Sam Edney and Ian Cockerline.

It's in the doubles discipline where the Canadian Luge Team continues to boast a wealth of veteran savvy. Leading the charge for the Canadian doubles contingent are Calgary brothers Chris and Mike Moffat. The sibling duo, who finished ninth at the 2006 Games, posted stellar World Cup results last year after returning from a three-year hiatus from the sport. Eric Pothier, 27, a native of Airdrie, Alta., will continue to chase his first World Cup medal with 25-year-old doubles partner, Grant Albrecht.

The Olympic coaching squad will also return to guide the Canadian team throughout the World Cup season this year. Head coach Walter Corey, a veteran of the sport who worked his way through the Canadian luge system, has controlled the reins of the national team since 2004. Corey also welcomes back to the Canadian program, assistant coach Robert Fegg, who raced five years with the German National Team.

WINTER SCHEDULE 2006 JUNIOR NATIONAL LUGE TEAM

World Cup #1 Winterberg
World Cup #2 Winterberg
World Cup #3 Oberhof
World Cup #4 Igls

November 28-29
December 1-2
December 8-9
December 15-16

WINTER SCHEDULE 2006 NATIONAL LUGE TEAM

World Cup #1 Turin
World Cup #2 Salt Lake
World Cup #3 Calgary
World Cup #4 Nagano

November 13 - 19
November 27 - Dec 3
December 4 - 10
December 11 - 17



CANADA'S JUNIOR LUGE TEAM PUTS NATIONAL PROGRAM ON TRACK TOWARDS BRIGHT FUTURE

Calgary - Hot off one Canada's most successful years on the Junior World Cup circuit, the Canadian Luge Association named its next generation of high-performance junior luge athletes on Friday that are in Europe this weekend for final a final training session before the competitive season starts.

The eight athletes named to the Canadian Junior Luge Team include five young Canucks returning for their second stint on the national team, and three rookies looking to make their mark against the world's best junior lugers.

"Our program has significantly improved at the senior level including winning two World Cup medals since 2002, and that has played a key role recruiting new young Canadians to the sport," said Tim Farstad, executive director, Canadian Luge Association, who adds the program is deeper and more talented than ever. "It is our goal to continue to develop our athletes, at both the junior and senior level, in anticipation of winning the nations first ever Olympic medal in luge. This success starts with strong grassroots programming and recruitment, and we are optimistic that Canada will continue to compete for the international podium well into the future with the athletes we have in the system now."

Leading the junior women's team is the 2006 Junior Canadian champion Andrea Petersen. The 17-year-old native of Calgary exploded onto the circuit in 2005-2006, clinching two top-five finishes on the Junior World Cup, including a bronze medal in La Plagne, France. She will be joined by rookie team members Denae Delcourt, 17, in the junior women's division and Arianne Jones in the youth A women's division.

Returning to the men's team for his second year is 15-year-old Stefan Rath. As one of the youngest members of the team, Rath produced outstanding results in the youth A men's division, bringing home five top-10 finishes and a silver medal in La Plagne, France. A Grade 11 student at the National Sport School, which is a joint initiative with

the Calgary Board of Education and CODA, Rath has enjoyed success both on and off the ice, achieving top academic awards while competing and traveling internationally with the luge team.



"Andrea and Stefan both exceeded expectations in their rookie season last year, and we are looking forward to watching them build on that early success into the future," said Farstad. "We are encouraged by their potential, and they will be a core component to one of the strongest junior contingent's Canada has sent on the circuit for years."

Rounding out the men's team are junior doubles partners David Adair and Cameron Gunn, who completed their first season together with three top-10 finishes on the Junior World Cup. Adair and Gunn are hoping to follow in the footsteps of Canada's senior men's doubles teams who have successfully competed against the world's best. Brendan Hauptman, 19, who is part of the B.C. Sport initiative to recruit athletes within the province, and new addition Tristan Walker, 15, complete the men's team.

Canada's junior luge athletes make their international debut November 27 - December 2, 2006 at the Junior World Cup in Winterberg, Germany.



3RD VIESSMANN WORLD CUP IN CALGARY, ALBERTA DECEMBER 4-10, 2006

This year's Viessmann World Cup in Calgary is shaping up to be a memorable occasion. The Festival Tent at Canada Olympic Park will be hopping with three live bands schedule to take the stage throughout the event. You can enter to win a Sony Playstation 3 or take the Sony Playstation Torino '06 Challenge and have a chance to win cash and prizes. Come out to cheer on the Canadian National Luge Team and have a great time too!

December 8th
 Doubles @ 5 p.m.
 Ladies @ 7 p.m.
 Plaid Tongues Devils in the tent @ 8 p.m.

December 9th
 Men's @ 3 p.m.
 Team @ 7 p.m.
 Black Coffee Cowboys in the tent @ 5:30 p.m.
 Bluesmyth in the tent @ 8 p.m.