

Athletics Results

All Athletics Entries:

Event	Competitor	Island
100m Men	(0059) Andree Eriksson	Åland
100m Men	(0060) Tomas Karlsson	Åland
100m Men	(0271) Matthew Diamond	Alderney
100m Men	(0268) Graeme Neal	Alderney
100m Men	(0706) Neville Morgan	Cayman Islands
100m Men	(0702) Rhymich Rockett	Cayman Islands
100m Men	(1051) Heini Hátún	Faroe Islands
100m Men	(1357) Gian Nacimiento	Gibraltar
100m Men	(1371) Christopher Wall	Gibraltar
100m Men	(1590) Petter Hemph	Gotland
100m Men	(2172) Ryan de Haaff	Guernsey
100m Men	(2164) Simon Sebire	Guernsey
100m Men	(2607) Christopher Stobart	Isle of Man
100m Men	(3073) Stephen Davis	Isle of Wight
100m Men	(2963) Ian Rock	Isle of Wight
100m Men	(3001) Johann Venter	Isle of Wight
100m Men	(3339) Kieran Palmer	Jersey
100m Men	(3353) Stephen Prosser	Jersey
100m Men	(3551) Nigel Thomson	Orkney
100m Men	(3943) Nektarios Giallourakis	Rhodes
100m Men	(3944) Ilias Kelis	Rhodes
100m Men	(4434) Benjamin Kerr	Shetland Islands
100m Men	(4418) Martin Leyland	Shetland Islands
100m Men	(4419) Karl Robertson	Shetland Islands
100m Men	(4603) Matthew Benjamin	St Helena
100m Men	(4602) Amon Bennett	St Helena
100m Men	(4688) Andrew Owen	Ynys Môn
100m Women	(0045) Tove Andersson	Åland
100m Women	(0055) Sara Wiss	Åland
100m Women	(1579) Ida Gillerfors	Gotland
100m Women	(2167) Emma Batiste	Guernsey
100m Women	(2145) Danielle Troke	Guernsey
100m Women	(2611) Sarah Dowling	Isle of Man
100m Women	(2594) Zoe Kennish	Isle of Man
100m Women	(2948) Claire Jones	Isle of Wight
100m Women	(2960) Emily Young	Isle of Wight
100m Women	(3356) Ciara Ahern	Jersey
100m Women	(3345) Tara Murphy	Jersey
100m Women	(3954) Georgia Koumnaki	Rhodes
100m Women	(4049) Maria Koza	Rhodes
100m Women	(4422) Stephanie Harper	Shetland Islands
100m Women	(4421) Gayle Henry	Shetland Islands
100m Women	(4426) Kristan Robertson	Shetland Islands
100m Women	(4604) Tessa Roberts	St Helena
100m Women	(4683) Sheena Brookwell	Ynys Môn
100m Women	(4686) Emma Jones	Ynys Môn
200m Men	(0059) Andree Eriksson	Åland

200m Men	(0060) Tomas Karlsson	Åland
200m Men	(0268) Graeme Neal	Alderney
200m Men	(0708) Nicholas Peralta	Cayman Islands
200m Men	(0713) Jermain Seymour	Cayman Islands
200m Men	(1051) Heini Hátún	Faroe Islands
200m Men	(1362) Liam Byrne	Gibraltar
200m Men	(1371) Christopher Wall	Gibraltar
200m Men	(1590) Petter Hemph	Gotland
200m Men	(2172) Ryan de Haaff	Guernsey
200m Men	(2165) Nathan Stevens	Guernsey
200m Men	(2607) Christopher Stobart	Isle of Man
200m Men	(2961) Andrew Ball	Isle of Wight
200m Men	(2954) Andrew French	Isle of Wight
200m Men	(3001) Johann Venter	Isle of Wight
200m Men	(3339) Kieran Palmer	Jersey
200m Men	(3342) Matt Turner	Jersey
200m Men	(3551) Nigel Thomson	Orkney
200m Men	(3944) Ilias Kelis	Rhodes
200m Men	(3946) Petros Nikitaras	Rhodes
200m Men	(4418) Martin Leyland	Shetland Islands
200m Men	(4419) Karl Robertson	Shetland Islands
200m Men	(4603) Matthew Benjamin	St Helena
200m Men	(4602) Amon Bennett	St Helena
200m Men	(4688) Andrew Owen	Ynys Môn
200m Women	(0045) Tove Andersson	Åland
200m Women	(0007) Jenny Eriksson	Åland
200m Women	(1366) Elicia Bravo	Gibraltar
200m Women	(1579) Ida Gillerfors	Gotland
200m Women	(2167) Emma Batiste	Guernsey
200m Women	(2159) Stephanie Ozanne	Guernsey
200m Women	(2611) Sarah Dowling	Isle of Man
200m Women	(2594) Zoe Kennish	Isle of Man
200m Women	(2956) Helen Davis	Isle of Wight
200m Women	(2955) Katie Taylor	Isle of Wight
200m Women	(3331) Gemma Poignand	Jersey
200m Women	(3954) Georgia Koumnaki	Rhodes
200m Women	(3955) Christina Petra	Rhodes
200m Women	(4421) Gayle Henry	Shetland Islands
200m Women	(4426) Kristan Robertson	Shetland Islands
200m Women	(4425) Marie Stemp	Shetland Islands
200m Women	(4604) Tessa Roberts	St Helena
200m Women	(4686) Emma Jones	Ynys Môn
400m Men	(0716) Duet Berry	Cayman Islands
400m Men	(0713) Jermain Seymour	Cayman Islands
400m Men	(0891) Kyle Biggs	Falkland Islands
400m Men	(1051) Heini Hátún	Faroe Islands
400m Men	(1360) Jonathon Lavers	Gibraltar
400m Men	(1358) Lee Taylor	Gibraltar
400m Men	(1678) Joakim Daun	Gotland
400m Men	(2174) Thomas Druce	Guernsey
400m Men	(2175) Dale Garland	Guernsey
400m Men	(2165) Nathan Stevens	Guernsey

400m Men	(2605) Keiron Murray	Isle of Man
400m Men	(2590) Chris Whitlow	Isle of Man
400m Men	(2954) Andrew French	Isle of Wight
400m Men	(2999) Peter Watson	Isle of Wight
400m Men	(3382) Jordan Lisle	Jersey
400m Men	(3339) Kieran Palmer	Jersey
400m Men	(3351) John Scriven	Jersey
400m Men	(3551) Nigel Thomson	Orkney
400m Men	(3944) Ilias Kelis	Rhodes
400m Men	(4199) Indrek Tustit	Saaremaa
400m Men	(4434) Benjamin Kerr	Shetland Islands
400m Men	(4418) Martin Leyland	Shetland Islands
400m Men	(4457) Lee Williamson	Shetland Islands
400m Men	(4691) Barry Edwards	Ynys Môn
400m Men	(4801) Gethin Thomas	Ynys Môn
400m Women	(0045) Tove Andersson	Åland
400m Women	(0007) Jenny Eriksson	Åland
400m Women	(1366) Elicia Bravo	Gibraltar
400m Women	(1579) Ida Gillerfors	Gotland
400m Women	(1595) Lilly Wizen	Gotland
400m Women	(2166) Sadie Addelesee	Guernsey
400m Women	(2154) Kimberley Goodall	Guernsey
400m Women	(2614) Hollie Bass	Isle of Man
400m Women	(2956) Helen Davis	Isle of Wight
400m Women	(3334) Verity Beck	Jersey
400m Women	(3958) Maria Ouranidou	Rhodes
400m Women	(4427) Emily Garrick	Shetland Islands
400m Women	(4421) Gayle Henry	Shetland Islands
400m Women	(4686) Emma Jones	Ynys Môn
800m Men	(0707) Junio Hurlston	Cayman Islands
800m Men	(0705) Andrew Ibeh	Cayman Islands
800m Men	(0891) Kyle Biggs	Falkland Islands
800m Men	(1048) Evald við Garð	Faroe Islands
800m Men	(1359) Dominic Carroll	Gibraltar
800m Men	(1364) Daryl Vassallo	Gibraltar
800m Men	(1678) Joakim Daun	Gotland
800m Men	(1867) Kim Godtfredsen	Greenland
800m Men	(1892) Jørgen Henriksen	Greenland
800m Men	(2174) Thomas Druce	Guernsey
800m Men	(2147) Nick Marley	Guernsey
800m Men	(2160) Lee Merrien	Guernsey
800m Men	(2605) Keiron Murray	Isle of Man
800m Men	(3346) James Carter	Jersey
800m Men	(4418) Martin Leyland	Shetland Islands
800m Men	(4457) Lee Williamson	Shetland Islands
800m Men	(4802) Gwyndaf Rowlands	Ynys Môn
800m Women	(1365) Sharon Soussi	Gibraltar
800m Women	(1595) Lilly Wizen	Gotland
800m Women	(2154) Kimberley Goodall	Guernsey
800m Women	(2144) Helen Tolcher	Guernsey
800m Women	(2618) Rachael Kelly	Isle of Man
800m Women	(2953) Claire Kiely	Isle of Wight

800m Women	(3334) Verity Beck	Jersey
800m Women	(4427) Emily Garrick	Shetland Islands
800m Women	(4424) Claire Wilson	Shetland Islands
800m Women	(4800) Aimee Holloway	Ynys Môn
800m Women	(4687) Sarah McCrobie	Ynys Môn
1,500m Men	(0062) Eduardas Volikas	Åland
1,500m Men	(0707) Junio Hurlston	Cayman Islands
1,500m Men	(0705) Andrew Ibeh	Cayman Islands
1,500m Men	(1048) Evald við Garð	Faroe Islands
1,500m Men	(1093) Bogi Lenvig	Faroe Islands
1,500m Men	(1358) Lee Taylor	Gibraltar
1,500m Men	(1364) Daryl Vassallo	Gibraltar
1,500m Men	(1678) Joakim Daun	Gotland
1,500m Men	(1587) Daniel Hejdström	Gotland
1,500m Men	(1609) Andreas Persson	Gotland
1,500m Men	(1867) Kim Godtfredsen	Greenland
1,500m Men	(1877) Martin Møller	Greenland
1,500m Men	(2176) Lee Garland	Guernsey
1,500m Men	(2160) Lee Merrien	Guernsey
1,500m Men	(2548) Keith Gerrard	Isle of Man
1,500m Men	(2957) Jonathan Blackledge	Isle of Wight
1,500m Men	(2999) Peter Watson	Isle of Wight
1,500m Men	(3333) Ian Carter	Jersey
1,500m Men	(3337) Christian Folliot	Jersey
1,500m Men	(4802) Gwyndaf Rowlands	Ynys Môn
1,500m Women	(0882) Roxanne Morrison	Falkland Islands
1,500m Women	(1365) Sharon Soussi	Gibraltar
1,500m Women	(1595) Lilly Wizen	Gotland
1,500m Women	(2152) Deborah Doherty	Guernsey
1,500m Women	(2155) Sarah Hume	Guernsey
1,500m Women	(2612) Jackie Ashman	Isle of Man
1,500m Women	(2953) Claire Kiely	Isle of Wight
1,500m Women	(3349) Glenda Illing	Jersey
1,500m Women	(3310) Melissa Messervy	Jersey
1,500m Women	(4197) Taimi Kangur	Saaremaa
1,500m Women	(4427) Emily Garrick	Shetland Islands
1,500m Women	(4424) Claire Wilson	Shetland Islands
1,500m Women	(4800) Aimee Holloway	Ynys Môn
1,500m Women	(4687) Sarah McCrobie	Ynys Môn
5,000m Men	(0062) Eduardas Volikas	Åland
5,000m Men	(0715) Mark Hydes	Cayman Islands
5,000m Men	(0899) Marty Barnes	Falkland Islands
5,000m Men	(0883) David Fyfe	Falkland Islands
5,000m Men	(1050) Hallur Holm	Faroe Islands
5,000m Men	(1093) Bogi Lenvig	Faroe Islands
5,000m Men	(1372) Richard Muscat	Gibraltar
5,000m Men	(1361) Michael Sanchez	Gibraltar
5,000m Men	(1587) Daniel Hejdström	Gotland
5,000m Men	(1609) Andreas Persson	Gotland
5,000m Men	(1867) Kim Godtfredsen	Greenland
5,000m Men	(1877) Martin Møller	Greenland
5,000m Men	(2171) Stephen Dawes	Guernsey

5,000m Men	(2162) Jonathan Robbins	Guernsey
5,000m Men	(2609) Gianni Epifani	Isle of Man
5,000m Men	(2548) Keith Gerrard	Isle of Man
5,000m Men	(2957) Jonathan Blackledge	Isle of Wight
5,000m Men	(2959) Paul Cameron	Isle of Wight
5,000m Men	(2999) Peter Watson	Isle of Wight
5,000m Men	(3333) Ian Carter	Jersey
5,000m Men	(3337) Christian Folliot	Jersey
5,000m Men	(4684) Andrew Jackson	Ynys Môn
5,000m Women	(0267) Nikki Neal	Alderney
5,000m Women	(1365) Sharon Soussi	Gibraltar
5,000m Women	(1594) Viktoria Sporre	Gotland
5,000m Women	(1595) Lilly Wizen	Gotland
5,000m Women	(2612) Jackie Ashman	Isle of Man
5,000m Women	(2600) Diane Lawrence	Isle of Man
5,000m Women	(2878) Christine Jackson	Isle of Wight
5,000m Women	(2953) Claire Kiely	Isle of Wight
5,000m Women	(3311) Norma Illing	Jersey
5,000m Women	(3310) Melissa Messervy	Jersey
5,000m Women	(4745) Tracey Williams	Ynys Môn
10,000m Men	(0062) Eduardas Volikas	Åland
10,000m Men	(0715) Mark Hydes	Cayman Islands
10,000m Men	(0899) Marty Barnes	Falkland Islands
10,000m Men	(0883) David Fyfe	Falkland Islands
10,000m Men	(1050) Hallur Holm	Faroe Islands
10,000m Men	(1356) Mark Brown	Gibraltar
10,000m Men	(1372) Richard Muscat	Gibraltar
10,000m Men	(1361) Michael Sanchez	Gibraltar
10,000m Men	(1609) Andreas Persson	Gotland
10,000m Men	(1597) Olof Thunegard	Gotland
10,000m Men	(1867) Kim Godtfredsen	Greenland
10,000m Men	(1878) Piitaaraq Skifte	Greenland
10,000m Men	(2168) Chris Giles	Guernsey
10,000m Men	(2170) Francis Kehoe	Guernsey
10,000m Men	(2604) Paul Clarke	Isle of Man
10,000m Men	(2608) Chris Quine	Isle of Man
10,000m Men	(2999) Peter Watson	Isle of Wight
10,000m Men	(3948) Tsambikos Papadimitriou	Rhodes
10,000m Men	(4108) Martti Kiisa	Saaremaa
10,000m Men	(4106) Innar Sepp	Saaremaa
10,000m Men	(4310) Michael Doyle	Sark
10,000m Women	(0267) Nikki Neal	Alderney
10,000m Women	(0878) Sarah Allan	Falkland Islands
10,000m Women	(0895) Anne Johnston	Falkland Islands
10,000m Women	(1054) Borgarhjørt Holm	Faroe Islands
10,000m Women	(1053) Rigmor Napoleonsdóttir	Faroe Islands
10,000m Women	(1594) Viktoria Sporre	Gotland
10,000m Women	(2151) Penny Buckingham	Guernsey
10,000m Women	(2143) Val Sexton	Guernsey
10,000m Women	(2612) Jackie Ashman	Isle of Man
10,000m Women	(2600) Diane Lawrence	Isle of Man
10,000m Women	(2936) Liz Dunlop	Isle of Wight

10,000m Women	(3352) Sarah Bruce	Jersey
10,000m Women	(3343) Jo McGarry	Jersey
10,000m Women	(4197) Taimi Kangur	Saaremaa
10,000m Women	(4105) Liia Toom	Saaremaa
110m Hurdles Men	(1589) Erik Larsson	Gotland
110m Hurdles Men	(2175) Dale Garland	Guernsey
110m Hurdles Men	(2590) Chris Whitlow	Isle of Man
110m Hurdles Men	(2961) Andrew Ball	Isle of Wight
110m Hurdles Men	(3336) Peter Irving	Jersey
110m Hurdles Men	(3950) Kostas Hatzihristodoulou	Rhodes
110m Hurdles Men	(3949) Nikitas Skoumbros	Rhodes
110m Hurdles Men	(4113) Villu Sepp	Saaremaa
110m Hurdles Men	(4107) Neeme Truumees	Saaremaa
110m Hurdles Men	(4434) Benjamin Kerr	Shetland Islands
100m Hurdles Women	(0054) Sonja Kidron	Åland
100m Hurdles Women	(2167) Emma Batiste	Guernsey
100m Hurdles Women	(2145) Danielle Troke	Guernsey
100m Hurdles Women	(2616) Hannah Riley	Isle of Man
100m Hurdles Women	(2948) Claire Jones	Isle of Wight
100m Hurdles Women	(2960) Emily Young	Isle of Wight
100m Hurdles Women	(3340) Claire Lidster	Jersey
100m Hurdles Women	(3332) Kamilla Monks	Jersey
100m Hurdles Women	(3956) Daphne Migli	Rhodes
100m Hurdles Women	(4102) Kaia Paat	Saaremaa
100m Hurdles Women	(4428) Josie Jamieson	Shetland Islands
100m Hurdles Women	(4426) Kristan Robertson	Shetland Islands
400m Hurdles Men	(0719) Ronald Forbes	Cayman Islands
400m Hurdles Men	(1591) Niklas Hellgren	Gotland
400m Hurdles Men	(2175) Dale Garland	Guernsey
400m Hurdles Men	(2590) Chris Whitlow	Isle of Man
400m Hurdles Men	(3336) Peter Irving	Jersey
400m Hurdles Men	(4199) Indrek Tustit	Saaremaa
400m Hurdles Men	(4434) Benjamin Kerr	Shetland Islands
400m Hurdles Men	(4457) Lee Williamson	Shetland Islands
400m Hurdles Men	(4690) Euron Roberts	Ynys Môn
400m Hurdles Women	(0045) Tove Andersson	Åland
400m Hurdles Women	(1579) Ida Gillerfors	Gotland
400m Hurdles Women	(2167) Emma Batiste	Guernsey
400m Hurdles Women	(2159) Stephanie Ozanne	Guernsey
400m Hurdles Women	(2618) Rachael Kelly	Isle of Man
400m Hurdles Women	(2616) Hannah Riley	Isle of Man
400m Hurdles Women	(3340) Claire Lidster	Jersey
400m Hurdles Women	(3332) Kamilla Monks	Jersey
400m Hurdles Women	(3958) Maria Ouranidou	Rhodes
400m Hurdles Women	(4427) Emily Garrick	Shetland Islands
400m Hurdles Women	(4425) Marie Stemp	Shetland Islands
3000m SteepleChase Men	(0707) Junio Hurlston	Cayman Islands
3000m SteepleChase Men	(1050) Hallur Holm	Faroe Islands
3000m SteepleChase Men	(1587) Daniel Hejdström	Gotland
3000m SteepleChase Men	(1892) Jørgen Henriksen	Greenland
3000m SteepleChase Men	(1877) Martin Møller	Greenland
3000m SteepleChase Men	(1878) Piitaaraq Skifte	Greenland

3000m SteepleChase Men	(2171) Stephen Dawes	Guernsey
3000m SteepleChase Men	(2176) Lee Garland	Guernsey
3000m SteepleChase Men	(2621) Andy Fox	Isle of Man
3000m SteepleChase Men	(2599) Darren Gray	Isle of Man
3000m SteepleChase Men	(2959) Paul Cameron	Isle of Wight
3000m SteepleChase Men	(4689) David Owens	Ynys Môn
4 x 100m Relay Men	(0690) Cayman Islands	Cayman Islands
4 x 100m Relay Men	(2221) Guernsey	Guernsey
4 x 100m Relay Men	(3059) Isle of Wight	Isle of Wight
4 x 100m Relay Men	(3427) Jersey	Jersey
4 x 100m Relay Men	(3941) Rhodes	Rhodes
4 x 100m Relay Men	(4519) Shetland Islands	Shetland Islands
4 x 100m Relay Men	(4824) Ynys Mon	Ynys Môn
4 x 100m Relay Women	(0077) Åland	Åland
4 x 100m Relay Women	(2222) Guernsey	Guernsey
4 x 100m Relay Women	(2721) Isle of Man	Isle of Man
4 x 100m Relay Women	(3060) Isle of Wight	Isle of Wight
4 x 100m Relay Women	(3428) Jersey	Jersey
4 x 100m Relay Women	(3942) Rhodes	Rhodes
4 x 100m Relay Women	(4520) Shetland Islands	Shetland Islands
4 x 100m Relay Women	(4825) Ynys Mon	Ynys Môn
4 x 400m Relay Men	(0696) Cayman Islands	Cayman Islands
4 x 400m Relay Men	(1511) Gibraltar	Gibraltar
4 x 400m Relay Men	(2223) Guernsey	Guernsey
4 x 400m Relay Men	(2722) Isle of Man	Isle of Man
4 x 400m Relay Men	(3061) Isle of Wight	Isle of Wight
4 x 400m Relay Men	(3429) Jersey	Jersey
4 x 400m Relay Men	(4521) Shetland Islands	Shetland Islands
4 x 400m Relay Men	(4826) Ynys Mon	Ynys Môn
4 x 400m Relay Women	(2224) Guernsey	Guernsey
4 x 400m Relay Women	(2723) Isle of Man	Isle of Man
4 x 400m Relay Women	(3062) Isle of Wight	Isle of Wight
4 x 400m Relay Women	(3430) Jersey	Jersey
4 x 400m Relay Women	(4522) Shetland Islands	Shetland Islands
4 x 400m Relay Women	(4827) Ynys Mon	Ynys Môn
Half Marathon Men	(0062) Eduardas Volikas	Åland
Half Marathon Men	(0715) Mark Hydes	Cayman Islands
Half Marathon Men	(0899) Marty Barnes	Falkland Islands
Half Marathon Men	(0883) David Fyfe	Falkland Islands
Half Marathon Men	(1050) Hallur Holm	Faroe Islands
Half Marathon Men	(1093) Bogi Lenvig	Faroe Islands
Half Marathon Men	(1049) Guttorm Sørensen	Faroe Islands
Half Marathon Men	(1356) Mark Brown	Gibraltar
Half Marathon Men	(1372) Richard Muscat	Gibraltar
Half Marathon Men	(1361) Michael Sanchez	Gibraltar
Half Marathon Men	(1587) Daniel Hejdström	Gotland
Half Marathon Men	(1609) Andreas Persson	Gotland
Half Marathon Men	(1597) Olof Thunegard	Gotland
Half Marathon Men	(1892) Jørgen Henriksen	Greenland
Half Marathon Men	(1877) Martin Møller	Greenland
Half Marathon Men	(1878) Piitaaraq Skifte	Greenland
Half Marathon Men	(2173) Nicholas Despres	Guernsey

Half Marathon Men	(2169) Paul Ingrouille	Guernsey
Half Marathon Men	(2163) Alan Rowe	Guernsey
Half Marathon Men	(2604) Paul Clarke	Isle of Man
Half Marathon Men	(2621) Andy Fox	Isle of Man
Half Marathon Men	(2608) Chris Quine	Isle of Man
Half Marathon Men	(2959) Paul Cameron	Isle of Wight
Half Marathon Men	(3000) Paul Rumsey	Isle of Wight
Half Marathon Men	(2999) Peter Watson	Isle of Wight
Half Marathon Men	(3330) Jon Coote	Jersey
Half Marathon Men	(3348) Mark Griffiths	Jersey
Half Marathon Men	(3355) Phil Morris	Jersey
Half Marathon Men	(3948) Tsambikos Papadimitriou	Rhodes
Half Marathon Men	(4108) Martti Kiisa	Saaremaa
Half Marathon Men	(4106) Innar Sepp	Saaremaa
Half Marathon Men	(4310) Michael Doyle	Sark
Half Marathon Men	(4442) Ian Williamson	Shetland Islands
Half Marathon Women	(0267) Nikki Neal	Alderney
Half Marathon Women	(0878) Sarah Allan	Falkland Islands
Half Marathon Women	(0895) Anne Johnston	Falkland Islands
Half Marathon Women	(1054) Borgarhjørt Holm	Faroe Islands
Half Marathon Women	(1053) Rigmor Napoleonsdóttir	Faroe Islands
Half Marathon Women	(2151) Penny Buckingham	Guernsey
Half Marathon Women	(2193) Gail Merrien	Guernsey
Half Marathon Women	(2146) Caroline Wickham	Guernsey
Half Marathon Women	(2612) Jackie Ashman	Isle of Man
Half Marathon Women	(2600) Diane Lawrence	Isle of Man
Half Marathon Women	(2588) Kara Shepherd	Isle of Man
Half Marathon Women	(2602) Maggie Watkins	Isle of Man
Half Marathon Women	(2878) Christine Jackson	Isle of Wight
Half Marathon Women	(3352) Sarah Bruce	Jersey
Half Marathon Women	(3349) Glenda Illing	Jersey
Half Marathon Women	(3343) Jo McGarry	Jersey
Half Marathon Women	(3338) Sylvia Thompson	Jersey
Half Marathon Women	(4197) Taimi Kangur	Saaremaa
Half Marathon Women	(4105) Liia Toom	Saaremaa
Half Marathon Women	(4475) Dianne Garrick	Shetland Islands
Half Marathon Women	(4420) Louise Robertson	Shetland Islands
Pole Vault Men	(1584) Bo Jacobsson	Gotland
Pole Vault Men	(2175) Dale Garland	Guernsey
Pole Vault Men	(3943) Nektarios Giallourakis	Rhodes
Pole Vault Men	(4113) Villu Sepp	Saaremaa
Pole Vault Men	(4107) Neeme Truumees	Saaremaa
Pole Vault Men	(4434) Benjamin Kerr	Shetland Islands
High Jump Men	(1023) Heini Hanussarson Joensen	Faroe Islands
High Jump Men	(1589) Erik Larsson	Gotland
High Jump Men	(1586) Gustav Melen	Gotland
High Jump Men	(2161) Adam Page	Guernsey
High Jump Men	(2603) Martin Aram	Isle of Man
High Jump Men	(3354) Simon Phelan	Jersey
High Jump Men	(3951) Athanasios Tsoukos	Rhodes
High Jump Men	(4114) Urmas Treiel	Saaremaa
High Jump Men	(4434) Benjamin Kerr	Shetland Islands

High Jump Men	(4457) Lee Williamson	Shetland Islands
High Jump Women	(0054) Sonja Kidron	Åland
High Jump Women	(1578) Tina Thörnhammar	Gotland
High Jump Women	(2149) Erica Bodman	Guernsey
High Jump Women	(2150) Frances Brennand Roper	Guernsey
High Jump Women	(2614) Hollie Bass	Isle of Man
High Jump Women	(2611) Sarah Dowling	Isle of Man
High Jump Women	(3956) Daphne Migli	Rhodes
High Jump Women	(4101) Kaire Paat	Saaremaa
High Jump Women	(4421) Gayle Henry	Shetland Islands
High Jump Women	(4428) Josie Jamieson	Shetland Islands
High Jump Women	(4692) Sian Roberts	Ynys Môn
Long Jump Men	(0059) Andree Eriksson	Åland
Long Jump Men	(0706) Neville Morgan	Cayman Islands
Long Jump Men	(1589) Erik Larsson	Gotland
Long Jump Men	(2175) Dale Garland	Guernsey
Long Jump Men	(2161) Adam Page	Guernsey
Long Jump Men	(2591) Phil Riley	Isle of Man
Long Jump Men	(2590) Chris Whitlow	Isle of Man
Long Jump Men	(3002) Matt Barton	Isle of Wight
Long Jump Men	(3354) Simon Phelan	Jersey
Long Jump Men	(3943) Nektarios Giallourakis	Rhodes
Long Jump Men	(3952) Napoleon Miaris	Rhodes
Long Jump Men	(3951) Athanasios Tsoukos	Rhodes
Long Jump Men	(4434) Benjamin Kerr	Shetland Islands
Long Jump Men	(4419) Karl Robertson	Shetland Islands
Long Jump Men	(4458) Jamie Wilson	Shetland Islands
Long Jump Women	(0054) Sonja Kidron	Åland
Long Jump Women	(0055) Sara Wiss	Åland
Long Jump Women	(1579) Ida Gillerfors	Gotland
Long Jump Women	(2154) Kimberley Goodall	Guernsey
Long Jump Women	(2159) Stephanie Ozanne	Guernsey
Long Jump Women	(2619) Rachel Croft	Isle of Man
Long Jump Women	(2948) Claire Jones	Isle of Wight
Long Jump Women	(3345) Tara Murphy	Jersey
Long Jump Women	(4049) Maria Koza	Rhodes
Long Jump Women	(3955) Christina Petra	Rhodes
Long Jump Women	(3957) Maria Stavridou	Rhodes
Long Jump Women	(4101) Kaire Paat	Saaremaa
Long Jump Women	(4102) Kaia Paat	Saaremaa
Long Jump Women	(4421) Gayle Henry	Shetland Islands
Long Jump Women	(4426) Kristan Robertson	Shetland Islands
Long Jump Women	(4683) Sheena Brookwell	Ynys Môn
Long Jump Women	(4694) Catrin Wain- Hobson	Ynys Môn
Triple Jump Men	(0059) Andree Eriksson	Åland
Triple Jump Men	(0726) Jay Welcome	Cayman Islands
Triple Jump Men	(2175) Dale Garland	Guernsey
Triple Jump Men	(2591) Phil Riley	Isle of Man
Triple Jump Men	(3002) Matt Barton	Isle of Wight
Triple Jump Men	(3354) Simon Phelan	Jersey
Triple Jump Men	(3351) John Scriven	Jersey
Triple Jump Men	(3952) Napoleon Miaris	Rhodes

Triple Jump Men	(3951) Athanasios Tsoukos	Rhodes
Triple Jump Men	(4434) Benjamin Kerr	Shetland Islands
Triple Jump Men	(4457) Lee Williamson	Shetland Islands
Triple Jump Men	(4458) Jamie Wilson	Shetland Islands
Triple Jump Women	(0054) Sonja Kidron	Åland
Triple Jump Women	(0055) Sara Wiss	Åland
Triple Jump Women	(1579) Ida Gillerfors	Gotland
Triple Jump Women	(3340) Claire Lidster	Jersey
Triple Jump Women	(3332) Kamilla Monks	Jersey
Triple Jump Women	(3331) Gemma Poignand	Jersey
Triple Jump Women	(3957) Maria Stavridou	Rhodes
Triple Jump Women	(4102) Kaia Paat	Saaremaa
Triple Jump Women	(4101) Kaire Paat	Saaremaa
Triple Jump Women	(4427) Emily Garrick	Shetland Islands
Triple Jump Women	(4428) Josie Jamieson	Shetland Islands
Triple Jump Women	(4426) Kristan Robertson	Shetland Islands
Shot Putt Men	(0061) Rasmus Donner	Åland
Shot Putt Men	(1600) David Gustafsson	Gotland
Shot Putt Men	(1589) Erik Larsson	Gotland
Shot Putt Men	(2603) Martin Aram	Isle of Man
Shot Putt Men	(2592) Paul Skillen	Isle of Man
Shot Putt Men	(2950) Andy Frost	Isle of Wight
Shot Putt Men	(3341) Paul Derrien	Jersey
Shot Putt Men	(4111) Andres Aavik	Saaremaa
Shot Putt Men	(4110) Juri Kuusk	Saaremaa
Shot Putt Women	(0265) Josepha Wheeler	Alderney
Shot Putt Women	(1056) Ingibjörg Poulsen	Faroe Islands
Shot Putt Women	(1592) Annie Henriksson	Gotland
Shot Putt Women	(1588) Åsa Larsson	Gotland
Shot Putt Women	(1593) Christina Larsson	Gotland
Shot Putt Women	(2156) Emma King	Guernsey
Shot Putt Women	(2597) Kirree Kermode	Isle of Man
Shot Putt Women	(2657) Louise Kneen	Isle of Man
Shot Putt Women	(2998) Natalie Badham	Isle of Wight
Shot Putt Women	(2949) Amy Church	Isle of Wight
Shot Putt Women	(3335) Lauren Therin	Jersey
Shot Putt Women	(3618) Linda Low	Orkney
Shot Putt Women	(4103) Virge Treiel	Saaremaa
Shot Putt Women	(4112) Kai Vahter	Saaremaa
Shot Putt Women	(4422) Stephanie Harper	Shetland Islands
Shot Putt Women	(4423) Elaine Park	Shetland Islands
Discus Men	(0061) Rasmus Donner	Åland
Discus Men	(0714) Michael Letterlough	Cayman Islands
Discus Men	(1052) Heri Ziska	Faroe Islands
Discus Men	(1589) Erik Larsson	Gotland
Discus Men	(2153) Shaun Lacey	Guernsey
Discus Men	(2595) Glyn Hoosen-Owen	Isle of Man
Discus Men	(2592) Paul Skillen	Isle of Man
Discus Men	(2958) Paul Farley	Isle of Wight
Discus Men	(3341) Paul Derrien	Jersey
Discus Men	(3953) Anastasios Gimoukis	Rhodes
Discus Men	(4111) Andres Aavik	Saaremaa

Discus Men	(4110) Juri Kuusk	Saaremaa
Discus Women	(0265) Josepha Wheeler	Alderney
Discus Women	(1056) Ingibjörg Poulsen	Faroe Islands
Discus Women	(1588) Åsa Larsson	Gotland
Discus Women	(1593) Christina Larsson	Gotland
Discus Women	(2156) Emma King	Guernsey
Discus Women	(2597) Kirree Kermode	Isle of Man
Discus Women	(2657) Louise Kneen	Isle of Man
Discus Women	(2998) Natalie Badham	Isle of Wight
Discus Women	(2949) Amy Church	Isle of Wight
Discus Women	(2962) Catherine Marvin	Isle of Wight
Discus Women	(3335) Lauren Therin	Jersey
Discus Women	(4103) Virge Treiel	Saaremaa
Discus Women	(4115) Anu Vares	Saaremaa
Discus Women	(4428) Josie Jamieson	Shetland Islands
Discus Women	(4423) Elaine Park	Shetland Islands
Discus Women	(4693) Rachel Jackson	Ynys Môn
Discus Women	(4742) Laura Pritchard	Ynys Môn
Javelin Men	(0061) Rasmus Donner	Åland
Javelin Men	(1023) Heini Hanussarson Joensen	Faroe Islands
Javelin Men	(1589) Erik Larsson	Gotland
Javelin Men	(1586) Gustav Melen	Gotland
Javelin Men	(2603) Martin Aram	Isle of Man
Javelin Men	(2592) Paul Skillen	Isle of Man
Javelin Men	(3341) Paul Derrien	Jersey
Javelin Men	(3443) Russell Price	Jersey
Javelin Men	(3574) Jeremy Smyth	Orkney
Javelin Men	(3904) George Kontakis	Rhodes
Javelin Men	(4113) Villu Sepp	Saaremaa
Javelin Men	(4107) Neeme Truumees	Saaremaa
Javelin Women	(0265) Josepha Wheeler	Alderney
Javelin Women	(1055) Randi Kúrberg	Faroe Islands
Javelin Women	(1592) Annie Henriksson	Gotland
Javelin Women	(1593) Christina Larsson	Gotland
Javelin Women	(1588) Åsa Larsson	Gotland
Javelin Women	(2152) Deborah Doherty	Guernsey
Javelin Women	(2598) Helen Sheen	Isle of Man
Javelin Women	(2956) Helen Davis	Isle of Wight
Javelin Women	(3335) Lauren Therin	Jersey
Javelin Women	(3618) Linda Low	Orkney
Javelin Women	(4104) Siisike Laide	Saaremaa
Javelin Women	(4112) Kai Vahter	Saaremaa
Javelin Women	(4428) Josie Jamieson	Shetland Islands
Javelin Women	(4423) Elaine Park	Shetland Islands
Hammer Throw Men	(0061) Rasmus Donrør	Åland
Hammer Throw Men	(0714) Michael Letterlough	Cayman Islands
Hammer Throw Men	(1052) Heri Ziska	Faroe Islands
Hammer Throw Men	(1600) David Gustafsson	Gotland
Hammer Throw Men	(1596) Tore Olofsson	Gotland
Hammer Throw Men	(2686) Trevor Christian	Isle of Man
Hammer Throw Men	(2595) Glyn Hoosen-Owen	Isle of Man
Hammer Throw Men	(2958) Paul Farley	Isle of Wight

Hammer Throw Men	(2950) Andy Frost	Isle of Wight
Hammer Throw Men	(3341) Paul Derrien	Jersey
Hammer Throw Men	(4109) Aare Lohmus	Saaremaa
Hammer Throw Women	(1055) Randi Kúrberg	Faroe Islands
Hammer Throw Women	(1056) Ingibjörg Poulsen	Faroe Islands
Hammer Throw Women	(1592) Annie Henriksson	Gotland
Hammer Throw Women	(1593) Christina Larsson	Gotland
Hammer Throw Women	(2156) Emma King	Guernsey
Hammer Throw Women	(2657) Louise Kneen	Isle of Man
Hammer Throw Women	(2949) Amy Church	Isle of Wight
Hammer Throw Women	(2962) Catherine Marvin	Isle of Wight
Hammer Throw Women	(3335) Lauren Therin	Jersey
Hammer Throw Women	(3618) Linda Low	Orkney
Hammer Throw Women	(4422) Stephanie Harper	Shetland Islands
Hammer Throw Women	(4423) Elaine Park	Shetland Islands
Hammer Throw Women	(4693) Rachel Jackson	Ynys Môn
Half Marathon Team Men	(0910) Falkland Islands	Falkland Islands
Half Marathon Team Men	(1143) Faroe Islands	Faroe Islands
Half Marathon Team Men	(1512) Gibraltar	Gibraltar
Half Marathon Team Men	(1679) Gotland	Gotland
Half Marathon Team Men	(1900) Greenland	Greenland
Half Marathon Team Men	(2225) Guernsey	Guernsey
Half Marathon Team Men	(2724) Isle of Man	Isle of Man
Half Marathon Team Men	(3063) Isle of Wight	Isle of Wight
Half Marathon Team Men	(3431) Jersey	Jersey
Half Marathon Team Men	(4118) Saaremaa	Saaremaa
Half Marathon Team Women	(0876) Falkland Islands	Falkland Islands
Half Marathon Team Women	(1144) Faroe Islands	Faroe Islands
Half Marathon Team Women	(2226) Guernsey	Guernsey
Half Marathon Team Women	(2725) Isle of Man	Isle of Man
Half Marathon Team Women	(3432) Jersey	Jersey
Half Marathon Team Women	(4198) Saaremaa	Saaremaa
Half Marathon Team Women	(4523) Shetland Islands	Shetland Islands

100m Men - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 13:55 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	(2172) Ryan de Haaff	Guernsey	11.19	 Gold
2nd	2	(0059) Andree Eriksson	Åland	11.39	 Silver
3rd	5	(2607) Christopher Stobart	Isle of Man	11.39	 Bronze
4th	8	(3353) Stephen Prosser	Jersey	11.46	
5th	7	(2164) Simon Sebire	Guernsey	11.50	
6th	4	(3944) Ilias Kelis	Rhodes	11.61	
7th	6	(3339) Kieran Palmer	Jersey	11.73	
8th	1	(1590) Petter Hemph	Gotland	11.74	

100m Men - Heat 1

Result:

Heat: Heat 1 Date: Thursday 3rd July 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	7	(2607) Christopher Stobart	Isle of Man	11.27
2nd	1	(0059) Andree Eriksson	Åland	11.31
3rd	2	(2164) Simon Sebire	Guernsey	11.41
4th	6	(0702) Rhymich Rockett	Cayman Islands	11.58
5th	4	(2963) Ian Rock	Isle of Wight	11.87
6th	5	(1371) Christopher Wall	Gibraltar	12.20
7th	3	(4603) Matthew Benjamin	St Helena	12.29

100m Men - Heat 2

Result:

Heat: Heat 2 Date: Thursday 3rd July 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(3339) Kieran Palmer	Jersey	11.38
2nd	6	(1590) Petter Hemph	Gotland	11.52
3rd	1	(0706) Neville Morgan	Cayman Islands	11.54
4th	8	(4419) Karl Robertson	Shetland Islands	11.57
5th	2	(0060) Tomas Karlsson	Åland	11.88
6th	4	(0271) Matthew Diamond	Alderney	12.12
7th	3	(3073) Stephen Davis	Isle of Wight	12.27
DNS	7	(3551) Nigel Thomson	Orkney	

100m Men - Heat 3

Result:

Heat: Heat 3 Date: Thursday 3rd July 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	7	(2172) Ryan de Haaff	Guernsey	11.00
2nd	5	(3944) Ilias Kelis	Rhodes	11.20
3rd	3	(3353) Stephen Prosser	Jersey	11.31
4th	8	(4688) Andrew Owen	Ynys Môn	11.89
5th	6	(1357) Gian Nacimiento	Gibraltar	11.92
6th	1	(0268) Graeme Neal	Alderney	12.77
7th	2	(4602) Amon Bennett	St Helena	12.78
DNF	4	(4418) Martin Leyland	Shetland Islands	

100m Women - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 20:50 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	(0055) Sara Wiss	Åland	12.87	 Gold
2nd	3	(2611) Sarah Dowling	Isle of Man	13.01	 Silver
3rd	1	(4049) Maria Koza	Rhodes	13.04	 Bronze
4th	8	(2960) Emily Young	Isle of Wight	13.08	
5th	4	(1579) Ida Gillerfors	Gotland	13.10	
6th	5	(2145) Danielle Troke	Guernsey	13.14	
7th	7	(3345) Tara Murphy	Jersey	13.15	
8th	2	(2167) Emma Batiste	Guernsey	13.27	

100m Women - Heat 1

Result:

Heat: Heat 1 Date: Sunday 29th June 2003 Time: 18:10 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	6	(0055) Sara Wiss	Åland	12.77
2nd	3	(1579) Ida Gillerfors	Gotland	12.82
3rd	1	(2167) Emma Batiste	Guernsey	12.98
4th	4	(2948) Claire Jones	Isle of Wight	13.43
5th	5	(3356) Ciara Ahern	Jersey	13.46
6th	2	(4686) Emma Jones	Ynys Môn	14.02

100m Women - Heat 2

Result:

Heat: Heat 2 Date: Sunday 29th June 2003 Time: 18:15 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(2145) Danielle Troke	Guernsey	12.96
2nd	2	(3345) Tara Murphy	Jersey	13.05
3rd	3	(2594) Zoe Kennish	Isle of Man	13.21
4th		(4422) Stephanie Harper	Shetland Islands	14.72
DNS	1	(3954) Georgia Koumnaki	Rhodes	

100m Women - Heat 3

Result:

Heat: Heat 3 Date: Sunday 29th June 2003 Time: 18:20 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	4	(2611) Sarah Dowling	Isle of Man	13.06
2nd	3	(2960) Emily Young	Isle of Wight	13.08
3rd	2	(4049) Maria Koza	Rhodes	13.09
4th	5	(4426) Kristan Robertson	Shetland Islands	13.74
5th	1	(4604) Tessa Roberts	St Helena	14.02

200m Men - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 20:15 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(3944) Ilias Kelis	Rhodes	22.25	 Gold
2nd	3	(2172) Ryan de Haaff	Guernsey	22.34	 Silver
3rd	4	(3339) Kieran Palmer	Jersey	22.58	 Bronze
4th	2	(2165) Nathan Stevens	Guernsey	22.86	
5th	1	(0713) Jermain Seymour	Cayman Islands	22.92	
6th	6	(0708) Nicholas Peralta	Cayman Islands	23.32	

200m Men - Semi-final 1

Result:

Heat: Semi-final 1 Date: Monday 30th June 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	4	(3944) Ilias Kelis	Rhodes	22.69
2nd	3	(3339) Kieran Palmer	Jersey	22.80
3rd	5	(0713) Jermain Seymour	Cayman Islands	23.19
4th	1	(3342) Matt Turner	Jersey	23.63
5th	2	(2954) Andrew French	Isle of Wight	23.93
6th	6	(4419) Karl Robertson	Shetland Islands	24.71

200m Men - Semi-final 2

Result:

Heat: Semi-final 2 Date: Monday 30th June 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(2172) Ryan de Haaff	Guernsey	22.69
2nd	2	(2165) Nathan Stevens	Guernsey	23.12
3rd	5	(0708) Nicholas Peralta	Cayman Islands	23.29
4th	4	(2607) Christopher Stobart	Isle of Man	23.36
4th	6	(0059) Andree Eriksson	Åland	23.36
6th	1	(4418) Martin Leyland	Shetland Islands	24.28

200m Men - Heat 1

Result:

Heat: Heat 1 Date: Sunday 29th June 2003 Time: 18:40 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(3944) Ilias Kelis	Rhodes	22.65
2nd	3	(0713) Jermain Seymour	Cayman Islands	22.86
3rd	6	(0060) Tomas Karlsson	Åland	24.19
4th	1	(4688) Andrew Owen	Ynys Môn	24.27
5th	2	(1371) Christopher Wall	Gibraltar	24.63
DNS	4	(3551) Nigel Thomson	Orkney	

200m Men - Heat 2

Result:

Heat: Heat 2 Date: Sunday 29th June 2003 Time: 18:40 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(3339) Kieran Palmer	Jersey	22.98
2nd	3	(2165) Nathan Stevens	Guernsey	23.11
3rd	1	(0059) Andree Eriksson	Åland	23.66
4th	2	(2961) Andrew Ball	Isle of Wight	24.40
5th	4	(4602) Amon Bennett	St Helena	26.95
DNS	6	(3946) Petros Nikitaras	Rhodes	

200m Men - Heat 3

Result:

Heat: Heat 3 Date: Sunday 29th June 2003 Time: 18:40 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	2	(2172) Ryan de Haaff	Guernsey	22.82
2nd	4	(3342) Matt Turner	Jersey	23.5
3rd	3	(4418) Martin Leyland	Shetland Islands	24.04
4th	5	(1362) Liam Byrne	Gibraltar	24.34
5th	1	(4603) Matthew Benjamin	St Helena	26.05

200m Men - Heat 4

Result:

Heat: Heat 4 Date: Sunday 29th June 2003 Time: 18:40 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	2	(2607) Christopher Stobart	Isle of Man	22.84
2nd	1	(0708) Nicholas Peralta	Cayman Islands	23.01
3rd	5	(2954) Andrew French	Isle of Wight	23.36
4th	3	(4419) Karl Robertson	Shetland Islands	24.11
5th	4	(0268) Graeme Neal	Alderney	25.89

200m Women - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 13:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(2611) Sarah Dowling	Isle of Man	26.45	 Gold
2nd	4	(1579) Ida Gillerfors	Gotland	26.64	 Silver
3rd	3	(0045) Tove Andersson	Åland	26.81	 Bronze
4th	1	(2594) Zoe Kennish	Isle of Man	26.93	
5th	2	(1366) Elicia Bravo	Gibraltar	27.13	
6th	6	(2159) Stephanie Ozanne	Guernsey	27.36	

200m Women - Heat 1

Result:

Heat: Heat 1 Date: Thursday 3rd July 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	4	(2611) Sarah Dowling	Isle of Man	26.43
2nd	3	(2159) Stephanie Ozanne	Guernsey	26.75
3rd	5	(4421) Gayle Henry	Shetland Islands	27.68
4th	1	(4604) Tessa Roberts	St Helena	27.97
5th	2	(4686) Emma Jones	Ynys Môn	29.26

200m Women - Heat 2

Result:

Heat: Heat 2 Date: Thursday 3rd July 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(1579) Ida Gillerfors	Gotland	26.56
2nd	1	(1366) Elicia Bravo	Gibraltar	26.95
3rd	2	(0007) Jenny Eriksson	Åland	28.15
4th	4	(2955) Katie Taylor	Isle of Wight	28.83

200m Women - Heat 3

Result:

Heat: Heat 3 Date: Thursday 3rd July 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	1	(0045) Tove Andersson	Åland	26.63
2nd	5	(2594) Zoe Kennish	Isle of Man	27.11
3rd	2	(2167) Emma Batiste	Guernsey	27.24
4th	4	(4425) Marie Stemp	Shetland Islands	28.61
DNF	3	(2956) Helen Davis	Isle of Wight	

400m Men - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 19:35 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(2175) Dale Garland	Guernsey	47.79	 Gold
2nd	5	(4199) Indrek Tustit	Saaremaa	48.74	 Silver
3rd	3	(2165) Nathan Stevens	Guernsey	50.20	 Bronze
4th	2	(4801) Gethin Thomas	Ynys Môn	50.57	
5th	6	(2954) Andrew French	Isle of Wight	51.66	
6th	1	(1358) Lee Taylor	Gibraltar	52.29	

400m Men - Semi-final 1

Result:

Heat: Semi-final 1 Date: Tuesday 1st July 2003 Time: 18:20 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(2175) Dale Garland	Guernsey	50.28
2nd	5	(4801) Gethin Thomas	Ynys Môn	50.76
3rd	4	(1358) Lee Taylor	Gibraltar	51.59
4th	2	(0713) Jermain Seymour	Cayman Islands	52.61
5th	1	(3351) John Scriven	Jersey	53.47
6th	6	(3551) Nigel Thomson	Orkney	57.12

400m Men - Semi-final 2

Result:

Heat: Semi-final 2 Date: Tuesday 1st July 2003 Time: 18:25 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	2	(4199) Indrek Tustit	Saaremaa	49.18
2nd	3	(2165) Nathan Stevens	Guernsey	50.67
3rd	5	(2954) Andrew French	Isle of Wight	51.33
4th	4	(3382) Jordan Lisb	Jersey	51.66
5th	1	(0716) Duet Berry	Cayman Islands	53.91
6th	6	(4691) Barry Edwards	Ynys Môn	55.30

400m Men - Heat 1

Result:

Heat: Heat 1 Date: Tuesday 1st July 2003 Time: 12:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(1358) Lee Taylor	Gibraltar	52.36
2nd	2	(4199) Indrek Tustit	Saaremaa	52.58
3rd	3	(4418) Martin Leyland	Shetland Islands	55.40
4th	4	(0891) Kyle Biggs	Falkland Islands	59.44

400m Men - Heat 2

Result:

Heat: Heat 2 Date: Tuesday 1st July 2003 Time: 12:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(2165) Nathan Stevens	Guernsey	51.89
2nd	2	(3382) Jordan Lisle	Jersey	52.09
3rd	4	(0716) Duet Berry	Cayman Islands	52.47
4th	3	(1360) Jonathon Lavers	Gibraltar	55.20
5th	6	(4457) Lee Williamson	Shetland Islands	58.33

400m Men - Heat 3

Result:

Heat: Heat 3 Date: Tuesday 1st July 2003 Time: 12:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(2954) Andrew French	Isle of Wight	51.36
2nd	5	(3351) John Scriven	Jersey	52.63
3rd	4	(4691) Barry Edwards	Ynys Môn	54.21
4th	2	(3551) Nigel Thomson	Orkney	54.76

400m Men - Heat 4

Result:




Heat: Heat 4 Date: Tuesday 1st July 2003 Time: 12:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(4801) Gethin Thomas	Ynys Môn	51.10
2nd	4	(2175) Dale Garland	Guernsey	51.15
3rd	3	(0713) Jermain Seymour	Cayman Islands	52.24
4th	2	(2590) Chris Whitlow	Isle of Man	54.83

400m Women - Final

Result:

Heat: Final Date: Tuesday 1st July 2003 Time: 18:05 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(2154) Kimberley Goodall	Guernsey	57.71	 Gold
2nd	3	(0045) Tove Andersson	Åland	59.01	 Silver
3rd	1	(2956) Helen Davis	Isle of Wight	59.41	 Bronze
4th	4	(1579) Ida Gillerfors	Gotland	59.59	
5th	6	(1366) Elicia Bravo	Gibraltar	1:01.57	
6th	2	(2614) Hollie Bass	Isle of Man	1:02.26	

400m Women - Heat 1

Result:

Heat: Heat 1 Date: Monday 30th June 2003 Time: 12:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(2154) Kimberley Goodall	Guernsey	58.29
2nd	5	(0045) Tove Andersson	Åland	58.75
3rd	4	(1366) Elicia Bravo	Gibraltar	1:00.00
4th	2	(2614) Hollie Bass	Isle of Man	1:01.34
5th	6	(4421) Gayle Henry	Shetland Islands	1:04.02
6th	1	(1595) Lilly Wizen	Gotland	1:05.31

400m Women - Heat 2

Result:

Heat: Heat 2 Date: Monday 30th June 2003 Time: 12:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	3	(1579) Ida Gillerfors	Gotland	59.86
2nd	4	(2956) Helen Davis	Isle of Wight	1:00.54
3rd	5	(3334) Verity Beck	Jersey	1:01.53
4th	2	(2166) Sadie Addlesee	Guernsey	1:02.89
5th	1	(4427) Emily Garrick	Shetland Islands	1:03.35
6th	6	(0007) Jenny Eriksson	Åland	1:06.59

800m Men - Final

Result:

Heat: Final Date: Tuesday 1st July 2003 Time: 20:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(1678) Joakim Daun	Gotland	1:52.74	 Gold
2nd	2	(2160) Lee Merrien	Guernsey	1:53.79	 Silver
3rd	5	(1364) Daryl Vassallo	Gibraltar	1:55.07	 Bronze
4th	1	(4802) Gwyndaf Rowlands	Ynys Môn	1:57.19	
5th	6	(2174) Thomas Druce	Guernsey	1:58.98	
6th	8	(1359) Dominic Carroll	Gibraltar	2:03.54	
7th	7	(1048) Evald við Garð	Faroe Islands	2:09.67	
DNF	3	(1867) Kim Godtfredsen	Greenland		

800m Men - Heat 1

Result:

Heat: Heat 1 Date: Monday 30th June 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(1678) Joakim Daun	Gotland	1:53.72
2nd	3	(2160) Lee Merrien	Guernsey	1:54.04
3rd	2	(4802) Gwyndaf Rowlands	Ynys Môn	1:57.75
4th	4	(0891) Kyle Biggs	Falkland Islands	2:20.60
DNF	1	(2605) Keiron Murray	Isle of Man	

800m Men - Heat 2

Result:

Heat: Heat 2 Date: Monday 30th June 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	5	(1867) Kim Godtfredsen	Greenland	1:59.11
2nd	2	(2174) Thomas Druce	Guernsey	1:59.79
3rd	1	(1359) Dominic Carroll	Gibraltar	2:01.39
4th	3	(1048) Evald við Garð	Faroe Islands	2:02.46
5th	4	(0705) Andrew Ibeh	Cayman Islands	2:04.12

800m Men - Heat 3

Result:




Heat: Heat 3 Date: Monday 30th June 2003 Time: 12:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	2	(1364) Daryl Vassallo	Gibraltar	2:06.65
2nd	4	(1892) Jørgen Henriksen	Greenland	2:09.09
3rd	3	(3346) James Carter	Jersey	2:10.16
4th	1	(0707) Junio Hurlston	Cayman Islands	2:10.17

800m Women - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 12:50 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	(2154) Kimberley Goodall	Guernsey	2:17.21	 Gold
2nd	4	(2144) Helen Tolcher	Guernsey	2:17.84	 Silver
3rd	1	(4424) Claire Wilson	Shetland Islands	2:18.02	 Bronze
4th	5	(1365) Sharon Soussi	Gibraltar	2:20.69	
5th	8	(4800) Aimee Holloway	Ynys Môn	2:27.03	
6th	2	(2953) Claire Kiely	Isle of Wight	2:28.82	
7th	6	(4427) Emily Garrick	Shetland Islands	2:29.53	
8th	7	(4687) Sarah McCrobie	Ynys Môn	2:29.71	
9th	9	(1595) Lilly Wizen	Gotland	2:30.20	

1,500m Men - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 12:35 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(2160) Lee Merrien	Guernsey	3:51.38	 Gold
2nd	3	(1678) Joakim Daun	Gotland	3:51.73	 Silver
3rd	7	(2957) Jonathan Blackledge	Isle of Wight	3:53.39	 Bronze
4th	5	(1867) Kim Godtfredsen	Greenland	3:57.83	
5th	8	(3333) Ian Carter	Jersey	4:04.57	
6th	6	(1093) Bogi Lenvig	Faroe Islands	4:12.10	
7th	2	(2548) Keith Gerrard	Isle of Man	4:12.49	
DNS	1	(1609) Andreas Persson	Gotland		

1,500m Men - Heat 1

Result:

Heat: Heat 1 Date: Thursday 3rd July 2003 Time: 12:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	7	(2160) Lee Merrien	Guernsey	4:01.07
2nd	2	(1867) Kim Godtfredsen	Greenland	4:01.08
3rd	5	(2957) Jonathan Blackledge	Isle of Wight	4:01.16
4th	1	(3333) Ian Carter	Jersey	4:03.33
5th	8	(1609) Andreas Persson	Gotland	4:09.12
6th	4	(2548) Keith Gerrard	Isle of Man	4:12.45
7th	6	(0705) Andrew Ibeh	Cayman Islands	4:26.77
DNS	3	(1048) Evald við Garð	Faroe Islands	

1,500m Men - Heat 2

Result:



Heat: Heat 2 Date: Thursday 3rd July 2003 Time: 12:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	1	(1678) Joakim Daun	Gotland	4:12.48
2nd	7	(4802) Gwyndaf Rowlands	Ynys Môn	4:12.83
3rd	3	(1093) Bogi Lenvig	Faroe Islands	4:12.86
4th	4	(2176) Lee Garland	Guernsey	4:13.57
5th	5	(3337) Christian Folliot	Jersey	4:14.74
6th	6	(1877) Martin Møller	Greenland	4:19.20
7th	2	(0707) Junio Hurlston	Cayman Islands	4:45.95

1,500m Women - Final

Result:

Heat: Final Date: Tuesday 1st July 2003 Time: 19:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	10	(4424) Claire Wilson	Shetland Islands	4:48.50	 Gold
2nd	2	(2953) Claire Kiely	Isle of Wight	4:49.62	 Silver
3rd	5	(2155) Sarah Hume	Guernsey	4:50.86	 Bronze
4th	8	(1365) Sharon Soussi	Gibraltar	4:55.65	
5th	4	(4800) Aimee Holloway	Ynys Môn	5:03.70	
6th	1	(4427) Emily Garrick	Shetland Islands	5:04.74	
7th	7	(4687) Sarah McCrobie	Ynys Môn	5:05.85	
8th	11	(2152) Deborah Doherty	Guernsey	5:15.07	
9th	6	(1595) Lilly Wizen	Gotland	5:19.29	
10th	9	(4197) Taimi Kangur	Saaremaa	5:37.77	
11th	3	(0882) Roxanne Morrison	Falkland Islands	6:03.55	

5,000m Men - Final

Result:



Heat: Final Date: Tuesday 1st July 2003 Time: 18:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	21	(1867) Kim Godtfredsen	Greenland	15:00.62	 Gold
2nd	20	(2957) Jonathan Blackledge	Isle of Wight	15:05.12	 Silver
3rd	7	(1093) Bogi Lenvig	Faroe Islands	15:06.25	 Bronze
4th	8	(1609) Andreas Persson	Gotland	15:06.39	
5th	13	(0062) Eduardas Volikas	Åland	15:41.67	
6th	15	(1361) Michael Sanchez	Gibraltar	15:49.52	
7th	2	(1587) Daniel Hejdström	Gotland	15:50.16	
8th	16	(2548) Keith Gerrard	Isle of Man	15:59.97	
9th	12	(1372) Richard Muscat	Gibraltar	16:12.20	
10th	5	(3337) Christian Folliot	Jersey	16:24.39	
11th	19	(2171) Stephen Dawes	Guernsey	16:50.79	
12th	18	(2162) Jonathan Robbins	Guernsey	16:53.71	
13th	1	(0883) David Fyfe	Falkland Islands	19:01.82	
14th	3	(4684) Andrew Jackson	Ynys Môn	19:38.80	
DNF		(2959) Paul Cameron	Isle of Wight		
DNS	10	(0899) Marty Barnes	Falkland Islands		
DNS	11	(0715) Mark Hydes	Cayman Islands		
DNS	14	(2609) Gianni Epifani	Isle of Man		
DNS	17	(3333) Ian Carter	Jersey		
DNS	4	(1050) Hallur Holm	Faroe Islands		
DNS	6	(2999) Peter Watson	Isle of Wight		
DNF	9	(1877) Martin Møller	Greenland		

5,000m Women - Final

Result:




Heat: Final Date: Thursday 3rd July 2003 Time: 19:05 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(2612) Jackie Ashman	Isle of Man	18:08.92	 Gold
2nd	2	(3310) Melissa Messervy	Jersey	18:30.49	 Silver
3rd	1	(2953) Claire Kiely	Isle of Wight	18:40.96	 Bronze
4th	4	(3311) Norma Illing	Jersey	18:43.19	
5th	8	(0267) Nikki Neal	Alderney	18:45.51	
6th	3	(1594) Viktoria Sporre	Gotland	19:59.08	
DNS	6	(1595) Lilly Wizen	Gotland		
DNF	7	(4745) Tracey Williams	Ynys Môn		

10,000m Men - Final

Result:

Heat: Final Date: Sunday 29th June 2003 Time: 19:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	(1867) Kim Godtfredsen	Greenland	31:30.9	 Gold
2nd	9	(0062) Eduardas Volikas	Åland	32:29	 Silver
3rd	6	(1597) Olof Thunegard	Gotland	32:36.4	 Bronze
4th	13	(2604) Paul Clarke	Isle of Man	32:54	
5th	11	(1356) Mark Brown	Gibraltar	33:30	
6th	4	(2608) Chris Quine	Isle of Man	34:34.8	
7th	5	(2170) Francis Kehoe	Guernsey	34:39.1	
8th	15	(4310) Michael Doyle	Sark	35:10	
9th	8	(4106) Innar Sepp	Saaremaa	35:10.4	
10th	14	(3948) Tsambikos Papadimitriou	Rhodes	35:22.4	
11th	12	(2168) Chris Giles	Guernsey	35:29.1	
12th	2	(0715) Mark Hydes	Cayman Islands	37:41.2	
13th	16	(1878) Piitaaraq Skifte	Greenland	38:11.6	
14th	1	(2999) Peter Watson	Isle of Wight	38:59	
15th	7	(0883) David Fyfe	Falkland Islands	40:06.4	
DNS	10	(4108) Martti Kiisa	Saaremaa		

10,000m Women - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 18:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	7	(3343) Jo McGarry	Jersey	37:34.4	 Gold
2nd	4	(2151) Penny Buckingham	Guernsey	37:37.2	 Silver
3rd	6	(2612) Jackie Ashman	Isle of Man	37:48.2	 Bronze
4th	5	(0267) Nikki Neal	Alderney	38:57.7	
5th	2	(1054) Borgarhjørt Holm	Faroe Islands	39:01.6	
6th	1	(4105) Liia Toom	Saaremaa	41:13.8	
7th	8	(4197) Taimi Kangur	Saaremaa	41:16.3	
8th	3	(2143) Val Sexton	Guernsey	44:55.7	

110m Hurdles Men - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 18:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	(2175) Dale Garland	Guernsey	15.05	 Gold
2nd	5	(4113) Villu Sepp	Saaremaa	15.34	 Silver
3rd	7	(3336) Peter Irving	Jersey	15.35	 Bronze
4th	4	(3949) Nikitas Skoumbros	Rhodes	16.09	
5th	1	(4434) Benjamin Kerr	Shetland Islands	16.65	
6th	6	(4107) Neeme Truumees	Saaremaa	16.80	
7th	3	(2961) Andrew Ball	Isle of Wight	22.20	

100m Hurdles Women - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 19:55 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(3340) Claire Lidster	Jersey	15.30	 Gold
2nd	7	(2616) Hannah Riley	Isle of Man	15.36	 Silver
3rd	2	(2145) Danielle Troke	Guernsey	16.03	 Bronze
4th	3	(3332) Kamilla Monks	Jersey	16.59	
5th	6	(2167) Emma Batiste	Guernsey	17.25	
6th	4	(4428) Josie Jamieson	Shetland Islands	18.55	

400m Hurdles Men - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 18:05 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	(2175) Dale Garland	Guernsey	51.27	 Gold
2nd	5	(4199) Indrek Tustit	Saaremaa	52.14	 Silver
3rd	4	(3336) Peter Irving	Jersey	53.93	 Bronze
4th	6	(0719) Ronald Forbes	Cayman Islands	53.98	
5th	2	(4690) Euron Roberts	Ynys Môn	58.93	
6th	1	(4434) Benjamin Kerr	Shetland Islands	1:01.67	

400m Hurdles Men - Heat 1

Result:

Heat: Heat 1 Date: Sunday 29th June 2003 Time: 20:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	1	(4199) Indrek Tustit	Saaremaa	52.79
2nd	3	(2175) Dale Garland	Guernsey	55.55
3rd	2	(2590) Chris Whitlow	Isle of Man	1:03.74

400m Hurdles Men - Heat 2

Result:



Heat: Heat 2 Date: Sunday 29th June 2003 Time: 20:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result
1st	2	(3336) Peter Irving	Jersey	56.01
2nd	1	(0719) Ronald Forbes	Cayman Islands	56.11
3rd	4	(4690) Euron Roberts	Ynys Môn	1:00.31
4th	3	(4434) Benjamin Kerr	Shetland Islands	1:03.03

400m Hurdles Women - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 20:20 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	(3340) Claire Lidster	Jersey	1:03.79	 Gold
2nd	1	(0045) Tove Andersson	Åland	1:03.85	 Silver
3rd	3	(1579) Ida Gillerfors	Gotland	1:04.77	 Bronze
4th	6	(2616) Hannah Riley	Isle of Man	1:08.59	
5th	4	(2618) Rachael Kelly	Isle of Man	1:10.24	
6th	5	(2159) Stephanie Ozame	Guernsey	1:11.25	

3000m SteepleChase Men - Final

Result:



Heat: Final Date: Sunday 29th June 2003 Time: 17:45 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	(2176) Lee Garland	Guernsey	9:42.48	 Gold
2nd	3	(1587) Daniel Hejdström	Gotland	9:51.93	 Silver
3rd	7	(2621) Andy Fox	Isle of Man	9:55.02	 Bronze
4th	5	(2599) Darren Gray	Isle of Man	10:07.91	
5th	2	(2171) Stephen Dawes	Guernsey	10:14.91	
6th	9	(1877) Martin Møller	Greenland	10:26.42	
7th	8	(2959) Paul Cameron	Isle of Wight	10:36.20	
8th	1	(4689) David Owens	Ynys Môn	11:09.61	
9th	4	(0707) Junio Hurlston	Cayman Islands	12:12.29	

4 x 100m Relay Men - Final

Result:


Heat: Final Date: Thursday 3rd July 2003 Time: 20:50 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st	3	(2221) Guernsey	Guernsey	42.00	 Gold
2nd	2	(0690) Cayman Islands	Cayman Islands	42.65	 Silver
3rd	5	(3427) Jersey	Jersey	43.33	
4th	6	(3059) Isle of Wight	Isle of Wight	45.11	
DNS	1	(4519) Shetland Islands	Shetland Islands		
DNS	4	(3941) Rhodes	Rhodes		

4 x 100m Relay Women - Final

Result:




Heat: Final Date: Thursday 3rd July 2003 Time: 21:15 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st	3	(2721) Isle of Man	Isle of Man	50.08	 Gold
2nd	5	(2222) Guernsey	Guernsey	50.39	 Silver
3rd	2	(3428) Jersey	Jersey	50.54	 Bronze
4th	6	(4520) Shetland Islands	Shetland Islands	52.27	
5th	1	(3060) Isle of Wight	Isle of Wight	52.54	
6th	4	(0077) Åland	Åland	56.15	

4 x 400m Relay Men - Final

Result:




Heat: Final Date: Friday 4th July 2003 Time: 15:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st	5	(2223) Guernsey	Guernsey	3:19.61	 Gold
2nd	3	(3429) Jersey	Jersey	3:23.36	 Silver
3rd	1	(0696) Cayman Islands	Cayman Islands	3:24.55	 Bronze
4th	6	(1511) Gibraltar	Gibraltar	3:27.12	
5th	2	(4521) Shetland Islands	Shetland Islands	3:46.72	
DNS	4	(3061) Isle of Wight	Isle of Wight		

4 x 400m Relay Women - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 14:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st	3	(2224) Guernsey	Guernsey	3:59.64	 Gold
2nd	1	(2723) Isle of Man	Isle of Man	4:06.97	 Silver
3rd	2	(4522) Shetland Islands	Shetland Islands	4:07.66	 Bronze
4th	4	(3430) Jersey	Jersey	4:11.97	
5th	5	(4827) Ynys Mon	Ynys Môn	4:26.73	

Half Marathon Men - Final

Result:


Heat: Final Date: Friday 4th July 2003 Time: 09:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st		(2163) Alan Rowe	Guernsey	1:10:03	 Gold
2nd		(4442) Ian Williamson	Shetland Islands	1:10:14	 Silver
3rd		(1361) Michael Sanchez	Gibraltar	1:10:30	 Bronze
4th		(1609) Andreas Persson	Gotland	1:11:48	
5th		(0062) Eduardas Volikas	Åland	1:11:55	
6th		(1356) Mark Brown	Gibraltar	1:12:50	
7th		(2173) Nicholas Despres	Guernsey	1:12:59	
8th		(2604) Paul Clarke	Isle of Man	1:13:21	
9th		(1372) Richard Muscat	Gibraltar	1:13:39	
10th		(1597) Olof Thunegard	Gotland	1:13:51	
11th		(2169) Paul Ingrouille	Guernsey	1:15:52	
12th		(2621) Andy Fox	Isle of Man	1:16:16	
13th		(4108) Martti Kiisa	Saaremaa	1:16:30	
14th		(1877) Martin Møller	Greenland	1:17:34	
15th		(3948) Tsambikos Papadimitriou	Rhodes	1:18:13	
16th		(2608) Chris Quine	Isle of Man	1:18:29	
17th		(1587) Daniel Hejdström	Gotland	1:18:38	
18th		(2959) Paul Cameron	Isle of Wight	1:20:52	
19th		(3348) Mark Griffiths	Jersey	1:20:59	
20th		(3355) Phil Morris	Jersey	1:21:06	
21st		(3330) Jon Coote	Jersey	1:21:41	
22nd		(4106) Innar Sepp	Saaremaa	1:21:50	
23rd		(3000) Paul Rumsey	Isle of Wight	1:22:38	
24th		(2999) Peter Watson	Isle of Wight	1:25:02	
25th		(0715) Mark Hydes	Cayman Islands	1:28:19	
26th		(0883) David Fyfe	Falkland Islands	1:34:03	
27th		(1892) Jørgen Henriksen	Greenland	1:38:33	
DNS		(0899) Marty Barnes	Falkland Islands		
DNS		(4310) Michael Doyle	Sark		
DNS		(1050) Hallur Holm	Faroe Islands		
DNS		(1093) Bogi Lenvig	Faroe Islands		
DNS		(1878) Piitaaraq Skifte	Greenland		
DNS		(1049) Guttorm Sørensen	Faroe Islands		

Half Marathon Women - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 09:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st		(2151) Penny Buckingham	Guernsey	1:25:45	 Gold
2nd		(3343) Jo McGarry	Jersey	1:26:34	 Silver
3rd		(2612) Jackie Ashman	Isle of Man	1:26:41	 Bronze
4th		(1054) Borgarhjørt Holm	Faroe Islands	1:26:46	
5th		(1053) Rigmor Napoleonsdóttir	Faroe Islands	1:29:01	
6th		(2193) Gail Merrien	Guernsey	1:29:30	
7th		(2588) Kara Shepherd	Isle of Man	1:30:19	
8th		(3352) Sarah Bruce	Jersey	1:31:03	
9th		(4197) Taimi Kangur	Saaremaa	1:32:56	
10th		(2878) Christine Jackson	Isle of Wight	1:33:41	
11th		(0878) Sarah Allan	Falkland Islands	1:37:16	
12th		(2146) Caroline Wickham	Guernsey	1:38:14	
13th		(3338) Sylvia Thompson	Jersey	1:41:09	
14th		(2602) Maggie Watkins	Isle of Man	1:41:26	
15th		(4105) Liia Toom	Saaremaa	1:44:53	
16th		(4475) Dianne Garrick	Shetland Islands	1:47:50	
17th		(4420) Louise Robertson	Shetland Islands	1:58:12	
DNS		(3349) Glenda Illing	Jersey		
DNS		(0895) Anne Johnston	Falkland Islands		
DNS		(2600) Diane Lawrence	Isle of Man		

Pole Vault Men - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(1584) Bo Jacobsson	Gotland	4.25	 Gold
2nd	2	(4113) Villu Sepp	Saaremaa	4.20	 Silver
3rd	6	(4107) Neeme Truumees	Saaremaa	4.00	 Bronze
4th	1	(4434) Benjamin Kerr	Shetland Islands	3.00	
DNF		(2175) Dale Garland	Guernsey		
DNS	5	(3943) Nektarios Giallourakis	Rhodes		

High Jump Men - Final

Result:

Heat: Final Date: Sunday 29th June 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(2603) Martin Aram	Isle of Man	2.13	 Gold
2nd	5	(3951) Athanasios Tsoukos	Rhodes	2.05	 Silver
3rd	1	(3354) Simon Phelan	Jersey	1.96	 Bronze
4th	8	(1586) Gustav Melen	Gotland	1.93	
5th	2	(4434) Benjamin Kerr	Shetland Islands	1.90	
6th	3	(1589) Erik Larsson	Gotland	1.90	
7th	6	(4114) Urmas Treiel	Saaremaa	1.90	
8th	7	(2161) Adam Page	Guernsey	1.80	

High Jump Women - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	(2149) Erica Bodman	Guernsey	1.67	 Gold
2nd	8	(0054) Sonja Kidron	Åland	1.58	 Silver
3rd	4	(4101) Kaire Paat	Saaremaa	1.55	 Bronze
3rd	7	(1578) Tina Thörnhammar	Gotland	1.55	 Bronze
5th	5	(2614) Hollie Bass	Isle of Man	1.55	
6th	1	(4421) Gayle Henry	Shetland Islands	1.50	
6th	6	(2150) Frances Brennand Roper	Guernsey	1.50	
7th	2	(4692) Sian Roberts	Ynys Môn	1.35	

Long Jump Men - Final

Result:

Heat: Final Date: Tuesday 1st July 2003 Time: 17:15 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	11	(2175) Dale Garland	Guemsey	7.30	 Gold
2nd	13	(1589) Erik Larsson	Gotland	6.84	 Silver
3rd	7	(2161) Adam Page	Guernsey	6.75	 Bronze
4th	2	(2591) Phil Riley	Isle of Man	6.75	
5th	3	(0706) Neville Morgan	Cayman Islands	6.67	
6th		(2590) Chris Whitlow	Isle of Man	6.45	
7th	9	(3002) Matt Barton	Isle of Wight	6.30	
8th		(3951) Athanasios Tsoukos	Rhodes	6.23	
9th	8	(0059) Andree Eriksson	Åland	6.14	
10th	1	(4434) Benjamin Kerr	Shetland Islands	6.12	
11th	10	(3354) Simon Phelan	Jersey	5.91	
12th		(4458) Jamie Wilson	Shetland Islands	5.29	
DNS	12	(3952) Napoleon Miaris	Rhodes		
DNS	5	(3943) Nektarios Giallourakis	Rhodes		
DNS	6	(4419) Karl Robertson	Shetland Islands		

Long Jump Women - Final

Result:

Heat: Final Date: Thursday 3rd July 2003 Time: 19:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	(2154) Kimberley Goodall	Guernsey	5.40	 Gold
2nd	10	(0055) Sara Wiss	Åland	5.37	 Silver
3rd		(3957) Maria Stavridou	Rhodes	5.13	 Bronze
4th		(4049) Maria Koza	Rhodes	5.02	
5th	15	(4101) Kaire Paat	Saaremaa	5.00	
6th	4	(2948) Claire Jones	Isle of Wight	4.92	
7th	2	(4102) Kaia Paat	Saaremaa	4.90	
8th	11	(4694) Catrin Wain- Hobson	Ynys Môn	4.86	
9th	8	(3345) Tara Murphy	Jersey	4.76	
10th	12	(2619) Rachel Croft	Isle of Man	4.73	
11th	9	(4683) Sheena Brookwell	Ynys Môn	4.71	
12th	14	(2159) Stephanie Ozanne	Guernsey	4.63	
13th	13	(4426) Kristan Robertson	Shetland Islands	4.42	
14th	6	(4421) Gayle Henry	Shetland Islands	4.22	

Triple Jump Men - Final

Result:


Heat: Final Date: Friday 4th July 2003 Time: 11:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	(0726) Jay Welcome	Cayman Islands	14.33	 Gold
2nd	3	(3002) Matt Barton	Isle of Wight	14.24	 Silver
3rd	11	(3952) Napoleon M iaris	Rhodes	13.89	 Bronze
4th	8	(3351) John Scriven	Jersey	12.91	
5th	10	(2175) Dale Garland	Guernsey	12.43	
6th	4	(4458) Jamie Wilson	Shetland Islands	12.07	
7th	9	(2591) Phil Riley	Isle of Man	12.04	
8th		(4457) Lee Williamson	Shetland Islands	11.91	
9th		(3354) Simon Phelan	Jersey	11.76	
DNS	7	(4434) Benjamin Kerr	Shetland Islands		

Triple Jump Women - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	8	(4101) Kaire Paat	Saaremaa	11.79	 Gold
2nd	5	(3957) Maria Stavridou	Rhodes	11.46	 Silver
3rd	3	(4102) Kaia Paat	Saaremaa	11.07	 Bronze
4th	7	(3332) Kamilla Monks	Jersey	10.86	
5th	2	(0055) Sara Wiss	Åland	10.32	
6th	4	(3331) Gemma Poignand	Jersey	9.97	
7th	6	(4426) Kristan Robertson	Shetland Islands	9.52	
8th	1	(4428) Josie Jamieson	Shetland Islands	8.92	

Shot Putt Men - Final

Result:

Heat: Final Date: Sunday 29th June 2003 Time: 19:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	9	(1589) Erik Larsson	Gotland	14.80	 Gold
2nd	1	(2950) Andy Frost	Isle of Wight	13.65	 Silver
3rd	5	(4110) Juri Kuusk	Saaremaa	13.51	 Bronze
4th	6	(4111) Andres Aavik	Saaremaa	12.81	
5th	8	(1600) David Gustafsson	Gotland	12.43	
6th	2	(2592) Paul Skillen	Isle of Man	11.61	
7th	3	(3341) Paul Derrien	Jersey	10.94	
8th	7	(0061) Rasmus Donner	Åland	8.63	
DNS	4	(2603) Martin Aram	Isle of Man		

Shot Putt Women - Final

Result:

Heat: Final Date: Monday 30th June 2003 Time: 19:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	12	(1593) Christina Larsson	Gotland	12.34	 Gold
2nd	9	(4103) Virge Treiel	Saaremaa	11.89	 Silver
3rd	10	(3335) Lauren Therin	Jersey	11.18	 Bronze
4th	3	(2657) Louise Kneen	Isle of Man	10.65	
5th	2	(1056) Ingibjörg Poulsen	Faroe Islands	10.38	
6th	5	(2156) Emma King	Guernsey	10.04	
7th	15	(4112) Kai Vahter	Saaremaa	9.89	
8th	13	(2998) Natalie Badham	Isle of Wight	9.84	
9th	14	(3618) Linda Low	Orkney	9.72	
10th	4	(4423) Elaine Park	Shetland Islands	9.32	
11th	16	(1592) Annie Henriksson	Gotland	8.99	
12th	1	(2597) Kirree Kermode	Isle of Man	7.79	
13th	11	(0265) Josepha Wheeler	Alderney	4.41	
DNS	6	(2949) Amy Church	Isle of Wight		
DNS	7	(4422) Stephanie Harper	Shetland Islands		
DNS	8	(1588) Åsa Larsson	Gotland		

Discus Men - Final

Result:




Heat: Final Date: Thursday 3rd July 2003 Time: 19:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	(1052) Heri Ziska	Faroe Islands	45.28	 Gold
2nd	3	(3953) Anastasios Gimoukis	Rhodes	44.94	 Silver
3rd	9	(4111) Andres Aavik	Saaremaa	42.63	 Bronze
4th	1	(0714) Michael Letterlough	Cayman Islands	39.02	
5th	7	(2595) Glyn Hoosen-Owen	Isle of Man	37.26	
6th	8	(2958) Paul Farley	Isle of Wight	34.36	
7th	2	(2592) Paul Skillen	Isle of Man	32.61	
8th	10	(0061) Rasmus Donner	Åland	30.19	
9th	4	(2153) Shaun Lacey	Guernsey	28.69	

Discus Women - Final

Result:


Heat: Final Date: Friday 4th July 2003 Time: 11:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	8	(4115) Anu Vares	Saaremaa	41.54	 Gold
2nd	10	(2998) Natalie Badham	Isle of Wight	34.24	 Silver
3rd	11	(4103) Virge Treiel	Saaremaa	33.67	 Bronze
4th	4	(2657) Louise Kneen	Isle of Man	32.98	
5th	9	(4742) Laura Pritchard	Ynys Môn	31.33	
6th	3	(2597) Kirree Kermode	Isle of Man	30.13	
7th	12	(1056) Ingibjörg Poulsen	Faroe Islands	29.72	
8th	5	(2156) Emma King	Guernsey	26.60	
9th	2	(1593) Christina Larsson	Gotland	26.15	
10th	6	(4693) Rachel Jackson	Ynys Môn	25.55	
11th	1	(1588) Åsa Larsson	Gotland	25.46	
12th	13	(4428) Josie Jamieson	Shetland Islands	24.68	
13th	14	(2962) Catherine Marvin	Isle of Wight	20.65	
14th	7	(0265) Josepha Wheeler	Alderney	12.37	

Javelin Men - Final

Result:




Heat: Final Date: Friday 4th July 2003 Time: 13:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	7	(1586) Gustav Melen	Gotland	60.37	 Gold
2nd	10	(3443) Russell Price	Jersey	55.00	 Silver
3rd	6	(1023) Heini Hanussarson Joensen	Faroe Islands	54.42	 Bronze
4th	5	(3574) Jeremy Smyth	Orkney	52.43	
5th	9	(4113) Villu Sepp	Saaremaa	51.98	
6th	3	(3904) George Kontakis	Rhodes	48.40	
7th	2	(4107) Neeme Truumees	Saaremaa	47.97	
8th	4	(2603) Martin Aram	Isle of Man	45.73	
9th	8	(0061) Rasmus Donner	Åland	38.46	
DNS	1	(2592) Paul Skillen	Isle of Man		

Javelin Women - Final

Result:

Heat: Final Date: Sunday 29th June 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	(4104) Siisike Laide	Saaremaa	41.18	 Gold
2nd	11	(3335) Lauren Therin	Jersey	40.93	 Silver
3rd	1	(2956) Helen Davis	Isle of Wight	35.82	 Bronze
4th	5	(4428) Josie Jamieson	Shetland Islands	34.43	
5th	10	(4112) Kai Vahter	Saaremaa	33.20	
6th	9	(2598) Helen Sheen	Isle of Man	30.75	
7th	8	(1055) Randi Kúrberg	Faroe Islands	29.90	
8th	4	(1593) Christina Larsson	Gotland	29.49	
9th	6	(2152) Deborah Doherty	Guernsey	24.04	
10th	3	(1588) Åsa Larsson	Gotland	20.49	
11th	7	(0265) Josepha Wheeler	Alderney	6.29	

Hammer Throw Men - Final

Result:



Heat: Final Date: Monday 30th June 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	(2950) Andy Frost	Isle of Wight	65.82	 Gold
2nd	1	(2958) Paul Farley	Isle of Wight	50.22	 Silver
3rd	5	(1600) David Gustafsson	Gotland	48.01	 Bronze
4th	4	(1052) Heri Ziska	Faroe Islands	46.67	
5th	10	(2686) Trevor Christian	Isle of Man	42.00	
6th	6	(1596) Tore Olofsson	Gotland	41.98	
7th	8	(3341) Paul Derrien	Jersey	39.54	
8th	9	(4109) Aare Lohmus	Saaremaa	38.57	
9th	7	(0714) Michael Letterlough	Cayman Islands	37.82	
10th	3	(2595) Glyn Hoosen-Owen	Isle of Man	28.39	
11th	11	(0061) Rasmus Donner	Åland	28.16	

Hammer Throw Women - Final

Result:

Heat: Final Date: Tuesday 1st July 2003 Time: 17:00 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	(2962) Catherine Marvin	Isle of Wight	39.74	 Gold
2nd	2	(2949) Amy Church	Isle of Wight	39.62	 Silver
3rd	1	(2156) Emma King	Guernsey	38.69	 Bronze
4th	7	(1593) Christina Larsson	Gotland	37.23	
5th	12	(3618) Linda Low	Orkney	36.00	
6th	3	(1056) Ingibjörg Poulsen	Faroe Islands	34.64	
7th	10	(4693) Rachel Jackson	Ynys Môn	30.69	
8th	5	(3335) Lauren Therin	Jersey	29.75	
9th	9	(1592) Annie Henriksson	Gotland	29.57	
10th	8	(4423) Elaine Park	Shetland Islands	28.02	
11th	6	(4422) Stephanie Harper	Shetland Islands	18.22	
DNS	11	(1055) Randi Kúrberg	Faroe Islands		
DNS	13	(2657) Louise Kneen	Isle of Man		

Half Marathon Team Men - Final

Result:




Heat: Final Date: Friday 4th July 2003 Time: 09:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st		(2225) Guernsey	Guernsey	8	 Gold
2nd		(1512) Gibraltar	Gibraltar	9	 Silver
3rd		(1679) Gotland	Gotland	14	 Bronze
4th		(2724) Isle of Man	Isle of Man	20	
5th		(4118) Saaremaa	Saaremaa	35	
6th		(3431) Jersey	Jersey	39	
7th		(3063) Isle of Wight	Isle of Wight	41	
8th		(1900) Greenland	Greenland	41	
DNS		(0910) Falkland Islands	Falkland Islands		
DNS		(1143) Faroe Islands	Faroe Islands		

Half Marathon Team Women - Final

Result:

Heat: Final Date: Friday 4th July 2003 Time: 09:30 Venue/s: Garenne Stand: Footes Lane

Position	Lane/Order	Team	Island	Result	Medal
1st		(2226) Guernsey	Guernsey	7	 Gold
2nd		(1144) Faroe Islands	Faroe Islands	9	 Silver
3rd		(2725) Isle of Man	Isle of Man	10	 Bronze
4th		(3432) Jersey	Jersey	10	
5th		(4198) Saaremaa	Saaremaa	24	
6th		(4523) Shetland Islands	Shetland Islands	33	
DNS		(0876) Falkland Islands	Falkland Islands		