

## **Cardiac Catheterization Patient Instructions**

- Prepare a list of medications with dosages to bring with you on the day of your procedure. These will also be reviewed with you during your pre-procedure phone call.
- Tell the nurse if you are taking Coumadin/Warfarin or any diabetic medications. Coumadin is often discontinued prior to your procedure.
- Blood work is required at least 24 hours prior to your procedure.
- Call 273-3542 one **business day** prior to your procedure between 4 and 5:30 p.m. for arrival time.
- Do not eat or drink after midnight.
- Ask the nurse which medications you can take the morning of your procedure.
- Do not bring any valuables with you.
- **No cell phones** are allowed.
- No visitors under the age of 16 are allowed.
- Please limit visitors; we recommend 3 or fewer.

### **Directions to the Cardiac Cath Lab**

1. Enter hospital on the 1<sup>st</sup> floor/lobby.
2. Follow signs for the Green elevator.
3. Take the Green elevator to the ground floor.
4. Follow signs for Cardiac Catheterization Lab.

### **Important Information to Know After Your Procedure**

- You will be given written instructions prior to discharge.
- You **must** arrange for a ride home.
- After most procedures, you should not drive for at least 2 days.
- Once home you **must** have a responsible adult with you for 3 hours.
- No alcohol for 24 hours.
- You may shower the next day.
- No lifting, pushing, or pulling for at least 72 hours after procedure.
- No tub baths, swimming, or hot tubs for one week.