

Sonoma County Regional Parks

invites your visit to over 5200 acres of diverse habitats and inspirational landscapes. Home to hundreds of species of native plants and animals, our 41 parks feature rugged mountains, rolling meadows and sandy beaches. Whatever the outdoor activities you like to do - boating, fishing, swimming, picnicking, hiking, camping and much more - our 41 regional parks are yours to enjoy!



SONOMA COUNTY BOARD OF SUPERVISORS

3rd Tim Smith

2nd Mike Kerns

4th Paul Kelley

1st Valerie Brown

5th Mike Reilly

SONOMA COUNTY PARKS & RECREATION ADVISORY COMMISSION

3rd Yancey Forest-Knowles

2nd John Mills

4th Arthur Wick

1st Karen Collins

5th Bill Wheeler



SONOMA COUNTY REGIONAL PARKS

2300 County Center Drive, #120A

Santa Rosa, CA 95403

(707) 565-2041

www.sonoma-county.org/parks

Rev. 10/05

Helen Putnam Regional Park



Welcome to Helen Putnam Regional Park

Helen Putnam Regional Park was originally acquired in 1978 by the County of Sonoma. This 216 acre park offers panoramic views of southern Sonoma County and northern Marin County. The park has trails for hiking, bicycling and horseback riding. A gazebo, picnic area, and children's playground are located at the trailhead. There is a large pond for fishing (primarily bluegill).

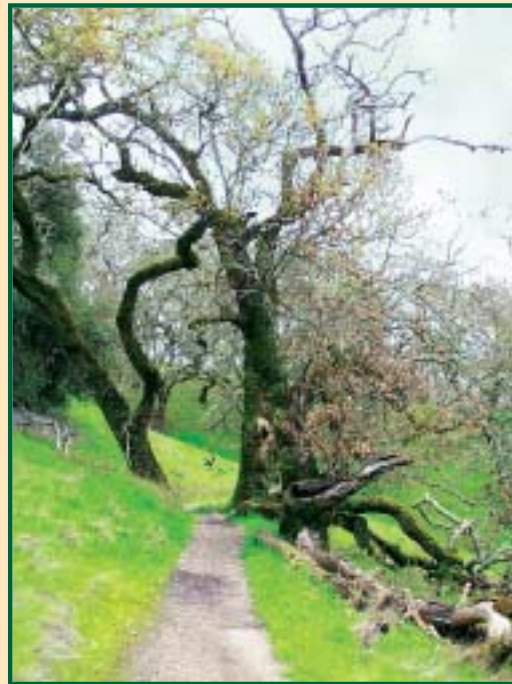


Helen Putnam Regional Park is named after Helen Putnam, who was mayor of Petaluma (1965-79) and County Supervisor for southern Sonoma County (1979-84). The park was officially dedicated in 1985.

The park terrain consists of moderately steep rolling hills, ranging from 280 to 558 feet in elevation. The park has a generally east-west trending ridge, with the steepest portion of the park at the northeastern edge. A small stock pond has been created approximately half-way up the southern slope. Over half of the park consists of woodland predominantly on northern exposures and in draws. There are at

least five species of oaks. The dominants are coast live oak and valley oak, but scattered individuals of California black oak and interior live oak are present. An apparent hybrid between these latter two, oracle oak, is also present. While most of the woodland occurs with a fairly dense canopy, a substantial herbaceous groundcover is present beneath the woodland canopy. This consists of typical shade-tolerant grassland species, including thistles, buttercups, hedge-nettle, miner's lettuce, and geranium.

Grassland within the park contains a mixture of wild oat, yarrow, soft chess, ripgut, filarees, owl's clover, butter-and-eggs, sheep sorrel, and checker. The grassland is a typical annual type, but locally contains a relatively high proportion of the native perennial bunchgrass, nodding needlegrass, and California oatgrass. There is also a high portion of native wildflowers. The northwest area of grassland



is more productive because of its protected northern exposure and less intense past grazing practices. Species composition varies greatly within the park, ranging from a nearly pristine mix of native grasses and herbs in the west-central portion, to typical cismontane annual grassland atop the park's main east-west trending ridge. The park's grassland exhibits a relatively healthy and luxuriant herbaceous cover.


Sonoma County Regional Parks Foundation

The Foundation was established on May 20, 1997 by the Sonoma County Board of Supervisors for the purpose of raising funds to support projects and activities that benefit our County parks, programs and Veterans buildings. The Foundation is a way in which the public can become involved in helping to expand, preserve and support our actively growing county park system, which serves over 3.5 million visitors annually. For additional information on Foundation programs and services, please call 565-2041.

For more information visit:
www.sonoma-county.org/parks


Helen Putnam Regional Park

MAP LEGEND

 DIRT TRAIL
(Equestrian, Hiking, Bicycle)

 SEASONAL DIRT TRAIL

 PUBLIC ROADS

 PAVED TRAIL
OVERLOOK

 MILE MARKER


 PICNIC TABLES

 RESTROOMS

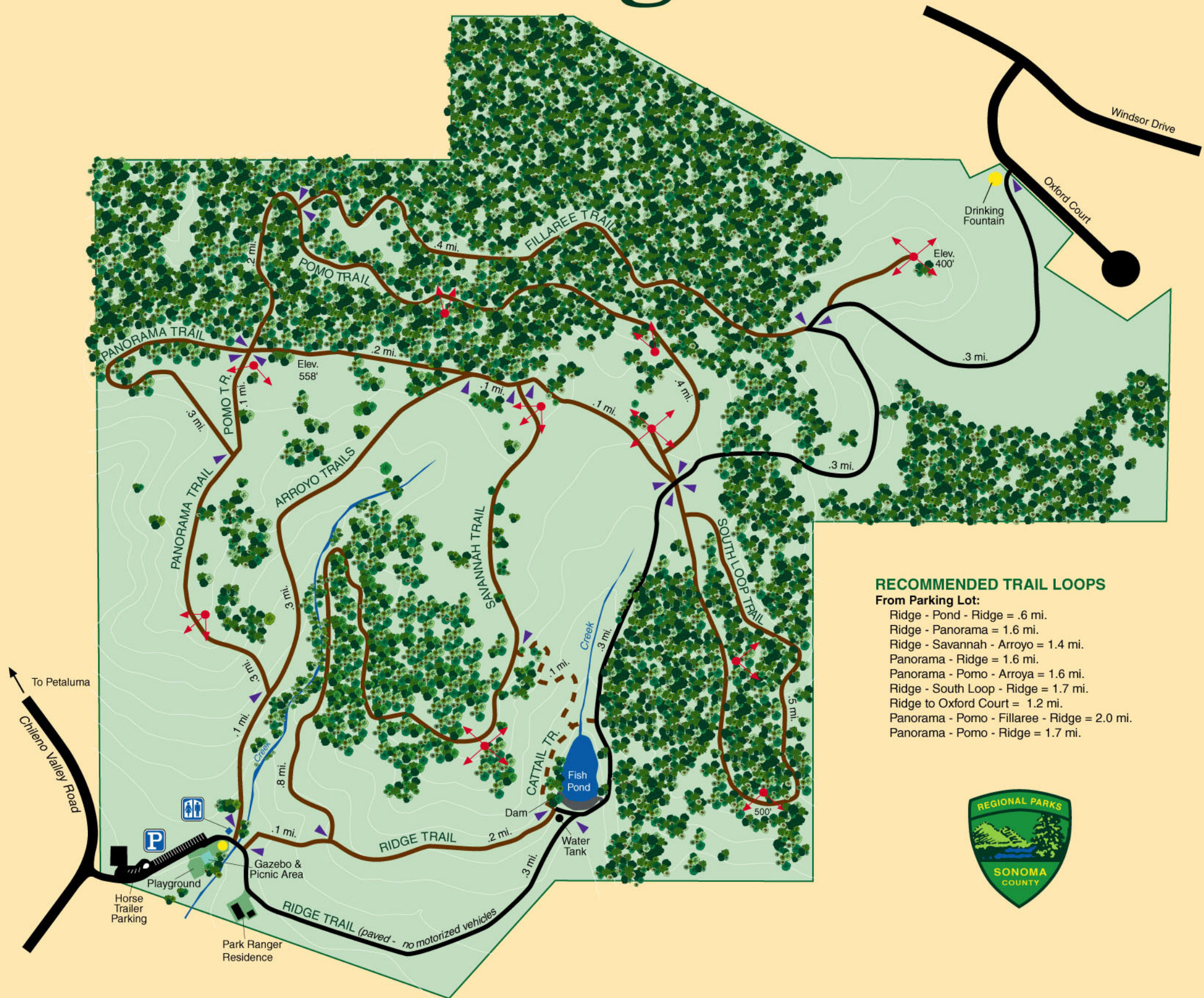
 DISABLED ACCESS

 PARKING

 DRINKING FOUNTAIN

0 .05 .1


SCALE IN MILES



RECOMMENDED TRAIL LOOPS

From Parking Lot:

- Ridge - Pond - Ridge = .6 mi.
- Ridge - Panorama = 1.6 mi.
- Ridge - Savannah - Arroyo = 1.4 mi.
- Panorama - Ridge = 1.6 mi.
- Panorama - Pomo - Arroya = 1.6 mi.
- Ridge - South Loop - Ridge = 1.7 mi.
- Ridge to Oxford Court = 1.2 mi.
- Panorama - Pomo - Fillaree - Ridge = 2.0 mi.
- Panorama - Pomo - Ridge = 1.7 mi.

